

Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.

# Chronic Respiratory Diseases and the Outcomes of COVID-19: A Nationwide Retrospective Cohort Study of 39,420 Cases



Wei-jie Guan, PhD<sup>a,\*</sup>, Wen-hua Liang, PhD<sup>a,b,\*</sup>, Ying Shi, BMS<sup>c,\*</sup>, Lan-xia Gan, BE<sup>c,\*</sup>, Hai-bo Wang, MBBS, MSc<sup>d</sup>, Jian-xing He, MD, PhD, FACS, FRCS<sup>a,b</sup>, and Nan-shan Zhong, MD<sup>a</sup> *Guangzhou and Shenzhen, China* 

What is already known on this topic? The impact of chronic respiratory diseases (CRD) on severe coronavirus disease 2019 (COVID-19) and the risk of death remains controversial.

What does this article add to our knowledge? Patients with chronic obstructive pulmonary disease (COPD) and asthma were more likely to reach the composite endpoint (needing invasive ventilation, admission to intensive care unit, or death within 30 days after hospitalization) compared with those without, after adjusting for age, sex, and other systemic comorbidities. However, patients with CRD did not have an increased risk of death compared with those without.

*How does this study impact current management guidelines?* Both COPD and asthma are important risk factors of poor clinical outcomes but not death in patients with COVID-19.

BACKGROUND: Chronic respiratory diseases (CRD) are common among patients with coronavirus disease 2019 (COVID-19).

OBJECTIVES: We sought to determine the association between CRD (including disease overlap) and the clinical outcomes of COVID-19.

METHODS: Data of diagnoses, comorbidities, medications, laboratory results, and clinical outcomes were extracted from the national COVID-19 reporting system. CRD was diagnosed based on International Classification of Diseases-10 codes. The primary endpoint was the composite outcome of needing invasive ventilation, admission to intensive care unit, or death within 30 days after hospitalization. The secondary endpoint was death within 30 days after hospitalization.

RESULTS: We included 39,420 laboratory-confirmed patients from the electronic medical records as of May 6, 2020. Any CRD and CRD overlap was present in 2.8% and 0.2% of patients, respectively. Chronic obstructive pulmonary disease (COPD) was most common (56.6%), followed by bronchiectasis (27.9%) and asthma (21.7%). COPD-bronchiectasis overlap was the most

<sup>b</sup>Department of Thoracic Oncology and Surgery, State Key Laboratory of Respiratory Disease, National Clinical Research Center for Respiratory Disease, The First Affiliated Hospital of Guangzhou Medical University, Guangzhou, China

<sup>c</sup>China Standard Medical Information Research Center, Shenzhen, China <sup>d</sup>Clinical Trial Unit, First Affiliated Hospital of Sun Yat-Sen University, Guangzhou,

\* These authors contributed equally to this work.

common combination (50.7%), followed by COPD-asthma (36.2%) and asthma-bronchiectasis overlap (15.9%). After adjustment for age, sex, and other systemic comorbidities, patients with COPD (odds ratio [OR]: 1.71, 95% confidence interval [CI]: 1.44-2.03) and asthma (OR: 1.45, 95% CI: 1.05-1.98), but not bronchiectasis, were more likely to reach to the composite endpoint compared with those without at day 30 after hospitalization. Patients with CRD were not associated with a greater likelihood of dying from COVID-19 compared with those without. Patients with CRD overlap did not have a greater risk of reaching the composite endpoint compared with the risk of reaching the composite endpoint, but not death, of COVID-19. © 2021 American Academy of Allergy, Asthma & Immunology (J Allergy Clin Immunol Pract 2021;9:2645-55)

*Key words:* Asthma; Chronic obstructive pulmonary disease; Bronchiectasis; Death; Composite endpoint

Conflicts of interest: The authors declare that they have no relevant conflicts of interest.

Received for publication December 14, 2020; revised January 25, 2021; accepted for publication February 17, 2021.

Available online March 6, 2021.

<sup>&</sup>lt;sup>a</sup>State Key Laboratory of Respiratory Disease & National Clinical Research Center for Respiratory Disease, The First Affiliated Hospital of Guangzhou Medical University, Guangzhou Medical University, Guangzhou, China

China China

This study is supported by National Health Commission (NSZ) and the National Natural Science Foundation of China (No.: U1611261) (HBW). Guangzhou Institute for Respiratory Health Open Project (funded by China Evergrande Group) Project No. 2020GIRHHMS09 and 2020GIRHHMS19 (WJG). The sponsors had no role in the data acquisition, analysis, and interpretation and writing of the report.

Corresponding authors: Jian-xing He, MD, PhD, FACS, FRCS, Department of Thoracic Surgery, The First Affiliated Hospital of Guangzhou Medical University and China State Key Laboratory of Respiratory Disease & National Clinical Research Center for Respiratory Disease, Guangzhou, China. or Hai-bo Wang, MBBS, MSc, Clinical Trial Unit, First Affiliated Hospital of Sun Yat-Sen University, Guangzhou, Guangdong, China. (E-mail: drjianxing.he@gmail.com or Haibo@mail.harvard.edu.)

<sup>2213-2198</sup> 

<sup>© 2021</sup> American Academy of Allergy, Asthma & Immunology

https://doi.org/10.1016/j.jaip.2021.02.041

Abbreviations used
CI- Confidence interval
COPD- Chronic obstructive pulmonary disease
COVID-19- Coronavirus disease 2019
CRD- Chronic respiratory disease
EMR-Electronic medical records
OR-Odds ratio

Coronavirus disease 2019 (COVID-19) is a severe acute respiratory disease that occurs globally, resulting in more than 53,000,000 laboratory-confirmed cases and 1,300,000 deaths as of early November, according to the World Health Organization.<sup>1</sup> COVID-19 is a highly heterogeneous disease that ranges from mild diseases that could be asymptomatic to a critical illness that might rapidly progress to death.<sup>2,3</sup> Early identification of the risk factors that predispose to poor clinical outcomes of COVID-19 may help early triage of patients and improve the prognosis.<sup>4</sup>

An important predictor of the risk of progression to severe or critical illness has been the presence, category, and number of comorbidities.<sup>5-8</sup> Comorbidities were reportedly common among patients with COVID-19 and correlated significantly with the clinical outcomes.<sup>5-8</sup> According to a modeling study, approximately 20% of the world's population could have an increased risk of developing severe COVID-19, with the presence of at least 1 comorbidity being an important contributing factor.<sup>9</sup> Although the impact of major cardiovascular and metabolic diseases such as hypertension and diabetes on the clinical outcomes of COVID-19 has been mostly consistent, the findings regarding respiratory comorbidities remain less clear. A recent study documented a contrasting impact of asthma and chronic obstructive pulmonary disease (COPD) on the risk of death in 961 hospitalized patients with COVID-19.<sup>6</sup> A meta-analysis also documented a substantial variability of the prevalence of asthma among patients with COVID-19 and a lower risk of death in patients with asthma compared with those without.<sup>10</sup> Furthermore, the studies reporting chronic respiratory diseases (CRD), including asthma, COPD, and bronchiectasis, in patients with COVID-19 have been limited by the small sample sizes and single disease entity.<sup>5,11,12</sup>

We hypothesized that CRD would confer an adverse impact on the clinical outcomes of COVID-19. On the basis of a nationwide database, we sought to explore the association between CRD and the clinical outcomes of COVID-19.

## STUDY DESIGN AND METHODS Study patients

In this retrospective cohort study, data were derived from the national COVID-19 reporting system, a platform of in-patient electronic medical records (EMR) authorized by National Health Commission. Since the initial outbreak, submission of the EMR from individual hospitals designated for admitting patients with COVID-19 was requested by the National Health Commission. We extracted the data of the clinical diagnoses, comorbidities, medications, laboratory results, and clinical outcomes from the EMR. As of May 6, 2020 (the data cutoff date for our study), the database consisted of 42,218 in-patient EMR records, covering 558 designated hospitals. To be eligible for data inclusion in our analysis, all hospitalized patients had to have a diagnosis of laboratory-confirmed COVID-19. All patients had established CRD before admission. We excluded patients without any information on the comorbidities and

the clinical outcomes (dead or alive, receipt of mechanical ventilation, and admission to intensive care unit). This study was approved by the ethics committee of the First Affiliated Hospital of Guangzhou Medical University (Institutional Review Board: 202092). Written informed consent form was waived because of the anonymized data extraction of the EMR.

### Study design and data extraction

This was a retrospective cohort study that was conducted between December 2019 and May 6, 2020. All hospitalized patients were prospectively followed up until 30 days after hospitalization. Within the EMR, each standardized in-patient discharge summary consisted of the following items: (1) demographics (ie, gender, date of birth, occupation, and geographic location); (2) the primary and secondary discharge description, coded based on the International Classification of Diseases-10; (3) the main treatment description and discharge records; (4) in-hospital outcomes (ie, death and length of hospital stay); and (5) discharge or death summary (ie, medications and discharge outcomes).

In this study, CRD consisted of asthma, COPD, and bronchiectasis. The physician diagnosis of COPD, asthma, and bronchiectasis (radiological with or without clinical bronchiectasis) at hospital admission or discharge from hospital was extracted with the computer software based on the International Classification of Disease-10 codes from the EMR. All diagnoses of CRD were made based on either the past history that was documented in the patient's clinical charts, or the clinical manifestations consistent with the global guidelines (such as the Global Initiatives for Obstructive Lung Disease and Global Initiatives for Asthma).

At the request of the National Health Commission, all medical records were stored centrally in the Tianhe-2 supercomputer, the data processing center in Guangzhou. A team of experienced computing scientists and bioinformatics data managers formulated the clinical data and electronically extracted the data with a customized operating system from the clinical charts and the portable document format files. Data were exported into a computerized database for further cross-check.

### Study definitions

Chronic respiratory disease overlap denoted at least 2 coexisting CRD. At hospital admission, patients were stratified into having nonsevere (common type), or severe (respiratory rate  $\geq$ 30/min, dyspnea, oxygenation index <300) or critical illness of COVID-19 (needing intensive care), based on the criteria established by The Diagnosis and Treatment Protocol for COVID-19 (Trial Version 5).<sup>13</sup> The primary endpoint, the composite outcome, was defined as needing invasive ventilation, admission to the intensive care unit, or death within 30 days after hospitalization.<sup>5</sup> The secondary endpoint was death within 30 days after hospitalization.

### Statistical analysis

In this study, we took a stepwise approach for examining the completeness of the core data sets. Specifically, we initially verified the completeness of data pertaining to the age and sex, followed by the discharge status, and the date of hospital admission. Continuous variables were presented as the medians and interquartile ranges or ranges as appropriate, and the categorical variables were displayed as the counts and percentages. Patients were categorized according to the presence or absence of any CRD. The risks of death or reaching to composite outcomes were analyzed using the Cox proportional hazards model, with the adjustment for the age, female sex, and the presence of any other systemic comorbidity. The odds ratio (OR)



FIGURE 1. Study flowchart. COPD, Chronic obstructive pulmonary disease; COVID-19, coronavirus disease 2019; EMR, electronic medical records.

TABLE I.	Characteristics	of the	patients	who	were	included	in 1	the	final	analysis	and	those	excluded	l
----------	-----------------	--------	----------	-----	------	----------	------	-----	-------	----------	-----	-------	----------	---

Variables	Included cases (n = $39,420$ )	Excluded cases (n = $2798$ )	P value
Mean age (y)	55.7	55.4	.434
Females, n (%)	19,765 (50.1)	1415 (50.6)	.659
Mortality, n (%)	2053 (5.2)	139 (5.0)	.580
Reaching the composite endpoint*, n (%)	5559 (14.1)	225 (8.0)	<.001

\*Events that took place within 30 days after hospitalization.

and 95% confidence interval (95% CI) were calculated for the comparison of the difference in the survival risk. We have further adjusted for these potential confounding factors (including age, sex, and other systemic comorbidities) with the multivariate model to determine how they correlated with the study endpoints. No imputation was applied for missing data. Analyses were conducted with R software version 3.6.0 (packages: survival, survminer, dplyr, data.table). A P value of .05 or lower was deemed statistically significant for the regression analysis.

## RESULTS

### **Data inclusion**

We included 39,420 laboratory-confirmed patients of 42,218 (93.4%) patients after excluding patients with missing data (age or sex [n = 456], discharge records [n = 1647], and admission date [n = 695]) (Figure 1). A total of 2053 (5.21%) deaths were recorded. Patients who were included in our analysis had comparable demographic characteristics compared with those who were not (Table I).

### **Baseline characteristics**

Any CRD and CRD overlap was present in 2.8% (n = 1123) and 0.2% (n = 69) of all patients, respectively. COPD was the most common CRD (n = 636, 56.6%), followed by bronchiectasis (n = 313, 27.9%) and asthma (n = 244, 21.7%). For CRD overlap, COPD-bronchiectasis overlap was the most

common combination (n = 35, 50.7%), followed by COPDasthma overlap (n = 25, 36.2%) and asthma-bronchiectasis overlap (n = 11, 15.9%).

## The composite endpoint and systemic comorbidities

Of the 1123 patients who had at least 1 CRD, 564 (50.2%) had severe or critical illness at hospital admission and 305 (27.2%) reached the composite endpoint within 30 days after hospitalization. Of the 69 patients with CRD overlap, 37 (53.6%) had severe or critical illness at hospital admission and 16 (23.2%) reached the composite endpoint within 30 days after hospitalization. Patients with CRD accounted for 4.5% (564 of 12,396) of patients with severe or critical illness at hospital admission and 5.5% (305 of 5559) of patients reaching the composite endpoint. Patients with CRD more frequently had systemic comorbidities (except for hepatitis B) and progressed to death compared with cases without CRD (all P < .01, Table II).

# Chronic respiratory diseases and the composite endpoint

Of the 12,396 patients with severe COVID-19, 564 patients had at least 1 CRD. Among the 5559 patients who reached the composite endpoint within day 30 after hospital admission, 305 patients had at least 1 CRD. Patients with CRD had an overall higher prevalence of other systemic comorbidities and more frequently required treatment for COVID-19 compared with those without CRD (Table II).

	S	evere cases		Reaching t	o composite en	dpoint		Survived			Died	
Clinical characteristics, treatments, and outcomes	No CRD (n = 11,832)	Having CRD $(n = 564)$	<i>P</i> value	No CRD (n = 5254)	Having CRD $(n = 305)$	<i>P</i> value	No CRD (n = 36,355)	Having CRD $(n = 1012)$	<i>P</i> value	No CRD (n = 1942)	Having CRD (n = 111)	<i>P</i> value
Mean age (y)	60.3	70.7	<.001	62.6	71.6	<.001	54.6	67.6	<.001	70.5	75.6	<.001
Females, n (%)	5587 (47.2)	164 (29.1)	<.001	2378 (45.3)	88 (28.9)	<.001	18,664 (51.3)	342 (33.8)	<.001	729 (37.5)	30 (27.0)	.026
Respiratory symptoms, n (%)												
Fever at any time	9361 (79.1)	427 (75.7)	.052	4097 (78.0)	234 (76.7)	.607	24,642 (67.8)	698 (69.0)	.424	1520 (78.3)	89 (80.2)	.634
Nasal congestion	1265 (10.7)	68 (12.1)	.306	621 (11.8)	40 (13.1)	.497	2782 (7.7)	86 (8.5)	.319	211 (10.9)	11 (9.9)	.753
Headache	2403 (20.3)	99 (17.6)	.111	924 (17.6)	56 (18.4)	.730	5639 (15.5)	158 (15.6)	.930	363 (18.7)	22 (19.8)	.767
Cough	9896 (83.6)	481 (85.3)	.301	4105 (78.1)	244 (80.0)	.442	27,138 (74.6)	818 (80.8)	<.001	1460 (75.2)	86 (77.5)	.585
Sore throat	1223 (10.3)	61 (10.8)	.715	466 (8.9)	28 (9.2)	.853	3685 (10.1)	95 (9.4)	.436	172 (8.9)	10 (9.0)	.956
Sputum production	9897 (83.6)	509 (90.2)	<.001	4306 (82.0)	272 (89.2)	.001	25,584 (70.4)	826 (81.6)	<.001	1575 (81.1)	102 (91.9)	.004
Fatigue	6752 (57.1)	326 (57.8)	.730	2681 (51.0)	166 (54.4)	.248	17,482 (48.1)	530 (52.4)	.007	973 (50.1)	65 (58.6)	.083
Shortness of breath	6248 (52.8)	384 (68.1)	<.001	2856 (54.4)	205 (67.2)	<.001	12,600 (34.7)	523 (51.7)	<.001	1291 (66.5)	89 (80.2)	.003
Other systemic comorbidities, n (%)												
Any	6048 (51.1)	409 (72.5)	<.001	2971 (56.5)	238 (78.0)	<.001	13,127 (36.1)	634 (62.6)	<.001	1343 (69.2)	86 (77.5)	.064
Diabetes	2536 (21.4)	140 (24.8)	.056	1355 (25.8)	86 (28.2)	.351	4768 (13.1)	193 (19.1)	<.001	566 (29.1)	24 (21.6)	.088
Hypertension	4278 (36.2)	278 (49.3)	<.001	2186 (41.6)	169 (55.4)	<.001	8913 (24.5)	419 (41.4)	<.001	997 (51.3)	57 (51.4)	.998
Coronary heart disease	1159 (9.8)	126 (22.3)	<.001	675 (12.8)	80 (26.2)	<.001	1893 (5.2)	165 (16.3)	<.001	338 (17.4)	39 (35.1)	<.001
Cerebrovascular diseases	874 (7.4)	95 (16.8)	<.001	549 (10.4)	62 (20.3)	<.001	1318 (3.6)	109 (10.8)	<.001	287 (14.8)	26 (23.4)	.014
Hepatitis B	515 (4.4)	19 (3.4)	.261	143 (2.7)	9 (3.0)	.811	1407 (3.9)	46 (4.5)	.273	46 (2.4)	4 (3.6)	.412
Malignancy	543 (4.6)	49 (8.7)	<.001	275 (5.2)	25 (8.2)	.026	1087 (3.0)	74 (7.3)	<.001	121 (6.2)	7 (6.3)	.974
Chronic renal diseases	595 (5.0)	124 (22.0)	<.001	368 (7.0)	80 (26.2)	<.001	975 (2.7)	175 (17.3)	<.001	204 (10.5)	28 (25.2)	<.001
Immunodeficiency	203 (1.7)	13 (2.3)	.296	85 (1.6)	6 (2.0)	.640	395 (1.1)	20 (2.0)	.008	45 (2.3)	5 (4.5)	.146
Complications during hospitalization, n (%)												
Septic shock	167 (1.4)	19 (3.4)	<.001	160 (3.0)	19 (6.2)	.002	36 (0.1)	9 (0.9)	<.001	134 (6.9)	11 (9.9)	.229
Acute kidney injury	103 (0.9)	5 (0.9)	.968	99 (1.9)	4 (1.3)	.471	18 (0.0)	3 (0.3)	.001	90 (4.6)	2 (1.8)	.161
Treatments received during hospitalization, n (%)												
Intravenous antibiotics	7484 (63.3)	400 (70.9)	<.001	3433 (65.3)	232 (76.1)	<.001	18,700 (51.4)	592 (58.5)	<.001	1317 (67.8)	81 (73.0)	.257
Antiviral therapy	7395 (62.5)	341 (60.5)	.329	3187 (60.7)	183 (60.0)	.819	21,819 (60.0)	555 (54.8)	<.001	1121 (57.7)	63 (56.8)	.841
Inhaled corticosteroids	1334 (11.3)	152 (27.0)	<.001	834 (15.9)	91 (29.8)	<.001	2049 (5.6)	193 (19.1)	<.001	249 (12.8)	19 (17.1)	.191
Systemic corticosteroids	4532 (38.3)	279 (49.5)	<.001	2301 (43.8)	173 (56.7)	<.001	7394 (20.3)	303 (29.9)	<.001	1051 (54.1)	71 (64.0)	.043
Invasive ventilation	1400 (11.8)	113 (20.0)	<.001	1400 (26.6)	113 (37.0)	<.001	807 (2.2)	70 (6.9)	<.001	593 (30.5)	43 (38.7)	.069
Noninvasive ventilation	1979 (16.7)	154 (27.3)	<.001	1477 (28.1)	113 (37.0)	<.001	1257 (3.5)	104 (10.3)	<.001	873 (45.0)	54 (48.6)	.447
Extracorporeal membrane	149 (1.3)	10 (1.8)	.289	135 (2.6)	9 (3.0)	.684	116 (0.3)	7 (0.7)	.041	69 (3.6)	4 (3.6)	.978

## TABLE II. Clinical characteristics of patients with COVID-19 on admission and clinical outcomes

oxygenation

Median hospital stay (interquartile range) (d)	17 (11, 24)	17 (10, 27)	.004	14 (8, 23)	16 (8, 28)	<.001	15 (10, 22)	16 (11, 24)	<.001	10 (5, 16)	10 (4, 18)	.978
Intensive care unit admission*, n (%)	3332 (28.2)	187 (33.2)	.010	3332 (63.4)	187 (61.3)	.458	2732 (7.5)	155 (15.3)	<.001	600 (30.9)	32 (28.8)	.646
Clinical outcomes <sup>*</sup> , n (%)												
Discharge from hospital	10,096 (85.3)	461 (81.7)	.019	3312 (63.0)	194 (63.6)	.841	I	I	I	I	I	I
Death	1736 (14.7)	103 (18.3)	<b>019</b>	1942 (37.0)	111 (36.4)	.841	I	I	I	I	I	I
Bold values are statistical significal The denominators being lower than Antiviral therapy consisted of lopir <i>COVID-19</i> , Coronavirus disease S0 *Events that took place within 30 c	nce. t the total patient coun lavir/ritonavir, remdes 19, <i>CRD</i> , chronic res lays after hospitalizati	it suggested missing ivir, chloroquine, hy piratory disease. ion.	data. drochloroq	uine, interferon-bet	ta, arbidol, and fav	ipinavir.						

Within 30 days after hospitalization, patients with CRD had a markedly higher risk of reaching the composite endpoint compared with those without CRD (OR: 2.34, 95% CI: 2.05-2.68). Patients with COPD (OR: 3.22, 95% CI: 2.73-3.80) and asthma (OR: 1.66, 95% CI: 1.22-2.26), but not bronchiectasis, had a greater likelihood of reaching the composite endpoint compared with those without in the unadjusted analysis. Patients with COPD-asthma overlap (OR: 2.37, 95% CI: 0.99-5.68), but not COPD-bronchiectasis overlap (OR: 1.52, 95% CI: 0.66-3.48) nor asthma-bronchiectasis overlap (OR: 1.35, 95% CI: 0.29-6.25), were more likely to reach the composite endpoint compared with those without CRD overlap (Figure E1, available in this article's Online Repository at www.jaci-inpractice.org).

We have further adjusted the regression analysis with age, sex, and the presence of any other systemic comorbidities. Within 30 days after hospitalization, patients with CRD were associated with a significantly increased risk of reaching the composite endpoint compared with patients without CRD (OR: 1.49, 95% CI: 1.29-1.71). The strength of association between the CRD and the outcomes of COVID-19 remained significant albeit being slightly tempered compared with the unadjusted analysis. Table III shows the impact of the potential confounding factors on our analysis. Age, sex, and the presence of other systemic comorbidities were associated significantly with the risk of reaching the composite endpoint in patients with any CRD, COPD, and asthma (all P < .05).

Furthermore, patients with COPD (OR: 1.71, 95% CI: 1.44-2.03) and asthma (OR: 1.45, 95% CI: 1.05-1.98), but not bronchiectasis, were more likely to reach the composite endpoint compared with those without. However, the adjusted analysis did not seem to suggest that patients with CRD overlap had a greater risk of reaching the composite endpoint compared with those without CRD overlap (Figure 2).

# Chronic respiratory diseases and death associated with COVID-19

Within day 30 after hospital admission, 2053 patients died and 37,367 patients survived. Among the survivors at day 30, 1012 (2.7%) had at least 1 CRD. Among the survivors, patients with CRD had a significantly greater symptom burden, had higher rates of other systemic comorbidities, and required more treatments compared with those without (all P < .05). However, among the nonsurvivors, few differences in demographic characteristics, symptom burden, and treatments were identified (Table II).

At day 30 after hospitalization, patients with CRD had an increased risk of dying from COVID-19 than those without CRD in the unadjusted analysis (OR: 2.05, 95% CI: 1.68-2.51). As shown in Table III, age, sex, and the presence of other systemic comorbidities were significantly associated with the risk of death in patients with any CRD, COPD, and asthma (all P < .05).

Moreover, patients with COPD (OR: 3.26, 95% CI: 2.61-4.08), but not asthma (OR: 1.11, 95% CI: 0.65-1.91) or bronchiectasis (OR: 0.66, 95% CI: 0.36-1.21), had a greater unadjusted risk of dying from COVID-19 (Figure E2, available in this article's Online Repository at www.jaci-inpractice.org).

In the adjusted model, however, having CRD was not associated with a greater likelihood of dying from COVID-19 compared with those without CRD. Moreover, neither COPD nor asthma was significantly associated with the risk of death within 30 days after hospitalization. Bronchiectasis, however,

	Composite endpoint				Death	
	OR	95% CI	<i>P</i> value	OR	95% CI	P value
Chronic respiratory diseases						
Presence of chronic respiratory diseases*	1.49	1.29, 1.71	<.001	0.84	0.68, 1.04	.106
Any other systemic comorbidity†	1.75	1.64, 1.86	<.001	1.88	1.70, 2.08	<.001
Female sex <sup>‡</sup>	1.30	1.23, 1.38	<.001	1.87	1.70, 2.05	<.001
Age§	1.03	1.02, 1.03	<.001	1.07	1.07, 1.08	<.001
COPD						
Presence of COPD*	1.71	1.44, 2.03	<.001	1.01	0.80, 1.27	.956
Any other systemic comorbidity†	1.75	1.64, 1.86	<.001	1.88	1.69, 2.08	<.001
Female sex <sup>‡</sup>	1.30	1.22, 1.38	<.001	1.85	1.68, 2.04	<.001
Age§	1.03	1.02, 1.03	<.001	1.07	1.07, 1.08	<.001
Asthma						
Presence of asthma*	1.45	1.05, 1.98	.022	0.84	0.48, 1.48	.544
Any other systemic comorbidity†	1.76	1.65, 1.87	<.001	1.88	1.69, 2.08	<.001
Female sex <sup>‡</sup>	1.32	1.24, 1.40	<.001	1.85	1.69, 2.04	<.001
Age§	1.03	1.02, 1.03	<.001	1.07	1.07, 1.08	<.001
Bronchiectasis						
Presence of bronchiectasis*	0.91	0.67, 0.23	.534	0.38	0.21, 0.70	.002
Any other systemic comorbidity†	1.76	1.65, 1.87	<.001	1.88	1.70, 2.08	<.001
Female sex <sup>‡</sup>	1.32	1.24, 1.40	<.001	1.86	1.69, 2.04	<.001
Age§	1.03	1.02, 1.03	<.001	1.07	1.07, 1.08	<.001

CI, Confidence interval; COPD, chronic obstructive pulmonary disease; OR, odds ratio.

\*Adjusted with the presence of any other systemic comorbidities, female sex, and age.

\*Adjusted with the presence of any chronic respiratory disease/COPD/asthma/bronchiectasis, female sex, and age.

‡Adjusted with any chronic respiratory disease/COPD/asthma/bronchiectasis, any other systemic comorbidities, and age.

§Adjusted with any chronic respiratory disease/COPD/asthma/bronchiectasis, any other systemic comorbidities, and female sex.

seemed to confer a protective effect on the risk of death from COVID-19 in the adjusted analysis (OR: 0.38, 95% CI: 0.21-0.70). Finally, CRD overlap did not confer a higher risk of mortality within 30 days after hospitalization when taking into account the age, sex, and the presence of other systemic comorbidities (Figure 3).

# Chronic respiratory diseases and intensive care unit admission and invasive ventilation associated with COVID-19

Two other important metrics, the admission to the intensive care unit and the need to receive invasive mechanical ventilation within 30 days after hospitalization, have also been further evaluated. The baseline characteristics of patients when stratified by the status of intensive care unit admission and invasive mechanical ventilation are shown in Tables E1 and E2 (available in this article's Online Repository at www.jaci-inpractice.org), respectively.

The risk of being admitted to the intensive care unit was higher in patients with CRD compared with those without CRD in both the unadjusted (Figure E3, available in this article's Online Repository at www.jaci-inpractice.org) and adjusted analysis (Figure E4, available in this article's Online Repository at www.jaci-inpractice.org). Although in the unadjusted analysis patients with CRD had an increased risk of needing invasive mechanical ventilation compared with those without CRD (Figure E5, available in this article's Online Repository at www. jaci-inpractice.org), this association no longer held after adjustment for age, sex, and other systemic comorbidities (Figure E6, available in this article's Online Repository at www.jaciinpractice.org).

#### DISCUSSION

By using the nationwide database that consisted of approximately 40,000 records, this study demonstrated a prevalence of 2.8% for any of the CRD among patients with COVID-19. The presence of any CRD correlated significantly with the risk of reaching the composite endpoint, but not death, of COVID-19 in both unadjusted and adjusted analysis. However, CRD were neither associated with the risk of reaching the composite endpoint nor death of COVID-19 after adjusting for the important confounding factors such as age, sex, and the presence of other systemic comorbidities.

Our findings pertaining to the mortality risk of COVID-19 were consistent with the observations by Lovinsky-Desir et al,<sup>14</sup> who did not identify poorer clinical outcomes in patients with COVID-19 with asthma in a large cohort of patients without COPD. Moreover, García-Pachón et al<sup>15</sup> did not identify an increased risk of being admitted to the hospital among asthmatic patients as compared with patients with COPD. By contrast, Zhu et al<sup>16</sup> reported an elevated risk of developing severe COVID-19 among patients with asthma (mostly nonallergic) in a large cohort. COPD was associated with poorer outcomes in patients with COVID-19, which was consistent with our previous report despite the smaller sample size.<sup>5</sup> A possible explanation for the difference in outcomes in asthma versus COPD was the difference in angiotensinconverting enzyme II expression (upregulated in COPD and downregulated in asthma).<sup>6</sup> However, this point was not



**FIGURE 2.** CRD and the composite outcomes of COVID-19 in the adjusted model. (**A**) The cumulative rate of reaching to the composite endpoints among patients with or without CRD based on the Cox proportional hazards model. (**B**) The cumulative rate of reaching to the composite endpoints among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the Cox proportional hazards model. (**C**) The cumulative rate of reaching to the composite endpoints among patients with asthma-chronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthma-bronchiectasis overlap based on the Cox proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and clinical outcomes. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. **E**, Risk factors predicting the composite endpoints in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had reached to the composite endpoint during the study and of patients who had not reached to the composite endpoint. All models have been adjusted with female sex, age, and the presence of any other systemic comorbidities. *CI*, Confidence interval; *COPD*, chronic obstructive pulmonary disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.

reaffirmed in another separate study that documented increased expression of angiotensin-converting enzyme II and transmembrane protease serines 2 in asthmatic patients,<sup>17</sup> which has added complexity to the mechanisms. On the other hand, it has also been documented that inhaled corticosteroids attenuated angiotensin-converting enzyme II expression.<sup>18</sup> Therefore, the more frequent use of inhaled corticosteroids in patients with asthma might help explain these findings. Nevertheless, the regular use of inhaled corticosteroids might have a negligible effect on the protection against COVID-19—related death among asthmatic patients and patients with COPD.<sup>19</sup> Further mechanistic studies are warranted to decipher the link among CRD, use of inhaled corticosteroids, and the outcomes of COVID-19.



	Disease Present	Disease Absent		Adjusted Odds Ratio(95%	CI) P value
Any CRD	305/1123(27.2%)	5254/38297(13.7%)	-#-	1.49(1.29-1.71)	p<0.001
COPD	216/636(34.0%)	5343/38784(13.8%)	-	1.71(1.44-2.03)	p<0.001
Asthma	52/244(21.3%)	5507/39176(14.1%)		1.45(1.05-1.98)	0.022
Bronchiectasis	53/313(16.9%)	5506/39107(14.1%)	-	0.91(0.67-1.23)	0.534
COPD+Asthma	7/25(28.0%)	5552/39395(14.1%)		1.25(0.51-3.04)	0.622
COPD+Bronchiectasis	7/35(20.0%)	5552/39385(14.1%)		0.87(0.37-2.01)	0.738
Asthma+Bronchiectasis	2/11(18.2%)	5557/39409(14.1%)		0.93(0.2-4.38)	0.923
			0.2 1 2 4	.5	



The findings related to the impact of comorbid bronchiectasis on the risk of death or reaching to the composite endpoint of COVID-19 were unexpected. No existing evidence pointing to the role of comorbid bronchiectasis on COVID-19 has been published. Although neutrophilic inflammation has been a dominant type of airway inflammatory response in both COPD and bronchiectasis, and patients with bronchiectasis might have elevated risks of developing viral-bacterial coinfection,<sup>20</sup> bronchiectasis did not seem to confer adverse effects on the outcomes of COVID-19 in our study. We cannot conclude whether neutrophilic inflammation would predispose to a poorer outcome in patients with COVID-19 with bronchiectasis because of the lack of data pertaining to the airway inflammatory cell count in our study. It would be helpful to have lung function data that are currently lacking in our database.

Patients with CRD overlap did not seem to have poorer outcomes compared with those with individual CRD. However, the small number of patients with CRD overlap might have limited the statistical power to reach to a definitive conclusion. Hence, any conclusion on the impact of CRD overlap on the risk of reaching to the composite endpoint or death from COVID-19 might be premature. To this end, no further adjusted analysis was performed in our study and these exploratory findings should be interpreted with caution.

Age, sex, and the presence of other systemic comorbidities have also been associated with the clinical outcomes of



**FIGURE 3.** CRD and the risk of death COVID-19 in the adjusted model. (A) The cumulative rate of mortality among patients with or without CRD based on the Cox proportional hazards model. (B) The cumulative rate of mortality among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the Cox proportional hazards model. (C) The cumulative rate of mortality among patients with asthma-chronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthma-bronchiectasis overlap based on the Cox proportional hazards model. (D) Association between the severity of COVID-19, CRD, and mortality. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (E) Risk factors predicting mortality in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had reached to the composite endpoint during the study and of patients who had not reached to the composite endpoint. All models have been adjusted with female sex, age, and the presence of any other systemic comorbidities. *CI*, Confidence interval; *COPD*, chronic obstructive pulmonary disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.

COVID-19, which was consistent with the findings reported previously.<sup>5,7,9</sup> Considering that these factors might have confounded our analysis, we have performed the regression analysis that mutually adjusted for these variables in our study. The models have reaffirmed the significant association of these variables with the clinical outcomes of COVID-19. Importantly, the strength of association for the risk of reaching the composite endpoint remained statistically significant after adjustment for these variables. Moreover, despite the lack of association between the risk of death and the CRD (except for bronchiectasis that might be a chance finding), each of these variables was significantly associated with the risk of death from COVID-19 in the multivariate regression model.

To our knowledge, this is the first nationwide study that explored the strength of association between CRD and their overlap and the clinical outcomes of COVID-19. A main strength of the study was the application of data analysis based on a nationwide database with a large sample size. Findings



	Disease Present	Disease Absent	ŀ	Adjusted Odds Ratio(95%CI	)P value
Any CRD	111/1123(9.9%)	1942/38297(5.1%)	-	0.84(0.68-1.04)	0.106
COPD	94/636(14.8%)	1959/38784(5.1%)	-	1.01-(0.8-1.27)	0.956
Asthma	14/244(5.7%)	2039/39176(5.2%)		0.84(0.48-1.48)	0.544
Bronchiectasis	11/313(3.5%)	2042/39107(5.2%)	•	0.38(0.21-0.7)	0.002
COPD+Asthma	4/25(16.0%)	2049/39395(5.2%)		1.06(0.34-3.34)	0.918
COPD+Bronchiectasis	3/35(8.6%)	2050/39385(5.2%)	-	0.66(0.2-2.22)	0.505
Asthma+Bronchiectasis	1/11(9.1%)	2052/39409(5.2%)	-	0.94(0.11-7.75)	0.95
E			0.1 2 4 8		



pertaining to bronchiectasis alone or in combination with asthma or COPD have not been reported previously. Our findings may have clinical implications to the triage and management of patients with COVID-19 who had underlying CRD.

However, our study has the major limitation of being a retrospective cohort study with other potential unmeasured confounding factors, despite the inclusion of age, sex, and the presence of other systemic comorbidities in the regression model. In conjunction with our earlier report<sup>1</sup> and another study that specifically focused on the critically ill patients with COVID-19,<sup>11</sup> the proportion of patients with CRD was relatively low compared with that in several other studies, probably due to the bias of self-report and a lack of documentation of CRD as the

past history in the clinical charts, on which the extraction of medical records would depend in many regions of mainland China. In fact, an incomplete documentation of the comorbid diseases has been a notable challenge that constrains the acquisition of important medical history from the clinical charts in our real-world practice. Although we believe that the development of a nationwide electronic medical chart system would help alleviate the under-reporting of CRD, our findings were comparable with another separate study from mainland China.<sup>6</sup> Because of the implementation of stringent nosocomial infection control measures, no lung function tests were performed provided that convalescence has not yet been achieved. The previous lung function records could not be traced because the current EMR

was not linked to other existing databases. Several other important metrics reflecting the disease severity (ie, previous hospitalizations, medication prescription) also suffered from the incompleteness of documentation within the EMR. Therefore, we were unable to assess the association between the severity of CRD and the outcomes of COVID-19. The strength of association differed between the analysis on the composite endpoint and death, probably because of the limited number of death events as of data cutoff. Mechanistic investigations are needed to further decipher the association between CRD (especially COPD) and COVID-19. Furthermore, because of a high rate of incompleteness of information pertaining to the smoking status, we cannot comment whether the smoking status could have impacted on the study outcomes.

### CONCLUSION

Our study has provided the evidence that CRD were significantly associated with the poor clinical outcomes of COVID-19 even after adjusting for the age, sex, and other systemic comorbidities. There was no additive effect of CRD overlap on the clinical outcomes of COVID-19 compared with the individual CRD, possibly because of the limited sample size for these subgroup analyses. Further exploration of the association between the severity of CRD and the outcomes of COVID-19 as well as the mechanistic underpinnings of these observations is needed.

#### Acknowledgments

We appreciate the approval and support from the National Health Commission for the utilization of the national database of COVID-19. We are grateful to Professor Yu-tong Lu, Yue-dong Yang, and Zhi-guang Chen of the National Supercomputer Center in Guangzhou (Tianhe-2 Supercomputer) for the support on data collection and storage. We thank Drs Yan-zhen Wang, Zhi-ye Zhou, and Er-song Shang of the China Standard Medical Information Research Center for their work on the data collection and data analysis.

WJG, WHL, JXH, HBW, and NSZ contributed to concept and design. YS, LXG, and HBW acquired, analyzed, or interpreted the data. WJG, WHL, and JXH drafted the manuscript. WJG, WHL, JXH, and HBW critically revised the manuscript for important intellectual content. YS and LXG performed statistical analysis. JXH, HBW, and NSZ provided administrative, technical, or material support. JXH, HBW, and NSZ contributed to supervision. JXH and HBW are the guarantors of the study. They had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

#### REFERENCES

 World Health Organizaion. Weekly operational update on COVID-19—13 November 2020. Available from: https://www.who.int/publications/m/item/ weekly-operational-update-on-covid-19—13-november-2020. Accessed March 15, 2021.

- Gandhi RT, Lynch JB, Del Rio C. Mild or moderate Covid-19. N Engl J Med 2020;383:1757-66.
- Berlin DA, Gulick RM, Martinez FJ. Severe Covid-19. N Engl J Med 2020;383: 2451-60.
- Liang W, Yao J, Chen A, Lv Q, Zanin M, Liu J, et al. Early triage of critically ill COVID-19 patients using deep learning. Nat Commun 2020;11:3543.
- Guan WJ, Liang WH, Zhao Y, Liang HR, Chen ZS, Li YM, et al. Comorbidity and its impact on 1590 patients with COVID-19 in China: a nationwide analysis. Eur Respir J 2020;55:200054.
- Song J, Zeng M, Wang H, Qin C, Hou HY, Sun ZY, et al. Distinct effects of asthma and COPD comorbidity on disease expression and outcome in patients with COVID-19. Allergy 2021;76:483-96.
- Christensen DM, Strange JE, Gislason G, Torp-Pedersen C, Gerds T, Fosbøl E, et al. Charlson Comorbidity Index score and risk of severe outcome and death in Danish COVID-19 patients. J Gen Intern Med 2020;35:2801-3.
- Wang B, Li R, Lu Z, Huang Y. Does comorbidity increase the risk of patients with COVID-19: evidence from meta-analysis. Aging (Albany NY) 2020;12: 6049-57.
- Clark A, Jit M, Warren-Gash C, Guthrie B, Wang HHX, MercerSW, et al. Global, regional, and national estimates of the population at increased risk of severe COVID-19 due to underlying health conditions in 2020: a modelling study. Lancet Glob Health 2020;8:e1003-17.
- Liu S, Cao Y, Du T, Zhi Y. Prevalence of comorbid asthma and related outcomes in COVID-19: a systematic review and meta-analysis. J Allergy Clin Immunol Pract 2021;9:693-701.
- Avdeev S, Moiseev S, Brovko M, Yavorovskiy A, Umbetova K, Akulkina L, et al. Low prevalence of bronchial asthma and chronic obstructive lung disease among intensive care unit patients with COVID-19. Allergy 2020;75:2703-4.
- Wang L, Foer D, Bates DW, Boyce JA, Zhou L. Risk factors for hospitalization, intensive care and mortality among patients with asthma and COVID-19. J Allergy Clin Immunol 2020;146:808-12.
- National Health Commission. The diagnosis and treatment protocol for COVID-19 (Trial Version 5). Available from: http://www.nhc.gov.cn/xcs/zhengcwj/ 202002/d4b895337e19445f8d728fcaf1e3e13a.shtml. Accessed January 20, 2021.
- 14. Lovinsky-Desir S, Deshpande DR, De A, Murray L, Stingone JA, Chan A, et al. Asthma among hospitalized patients with COVID-19 and related outcomes. J Allergy Clin Immunol 2020;146:1027-1034.e4.
- García-Pachón E, Zamora-Molina L, Soler-Sempere MJ, Baeza-Martínez C, Grau-Delgado J, Padilla-Navas I, et al. Asthma and COPD in hospitalized COVID-19 patients. Arch Bronconeumol 2020;56:604-6.
- Zhu Z, Hasegawa K, Ma B, Fujiogi M, Camargo CA Jr, Liang L. Association of asthma and its genetic predisposition with the risk of severe COVID-19. J Allergy Clin Immunol 2020;146:327-329.e4.
- Radzikowska U, Ding M, Tan G, Zhakparov D, Peng Y, Wawrzyiak P, et al. Distribution of ACE2, CD147, CD26, and other SARS-CoV-2 associated molecules in tissues and immune cells in health and in asthma, COPD, obesity, hypertension, and COVID-19 risk factors. Allergy 2020;75:2829-45.
- Finney LJ, Glanville N, Farne H, Aniscenko J, Fenwick P, Kemp SV, et al. Inhaled corticosteroids downregulate the SARS-CoV-2 receptor ACE2 in COPD through suppression of type I interferon. J Allergy Clin Immunol 2021; 147:510-519.e5.
- Schultze A, Walker AJ, MacKenna B, Morton CE, Bhaskaran K, Brown JP, et al. Risk of COVID-19-related death among patients with chronic obstructive pulmonary disease or asthma prescribed inhaled corticosteroids: an observational cohort study using the OpenSAFELY platform. Lancet Respir Med 2020; 8:1106-20.
- Chen CL, Huang Y, Yuan JJ, Li HM, Han XR, Martinez-Garcia MA, et al. The roles of bacteria and viruses in bronchiectasis exacerbation: a prospective study. Arch Bronconeumol 2020;56:621-9.

# **ONLINE REPOSITORY**

TABLE E1. Clinical characteristics of patients with COVID-19 on admission and clinical outcomes when stratified based on the status of intensive care unit admission

	Not adm	nitted to the ICU		Adm	itted to the ICU	
Clinical characteristics, treatments, and outcomes	No lower airway diseases (n = $34,965$ )	Having lower airway diseases (n = 936)	<i>P</i> value	No lower airway diseases (n = 3332)	Having lower airway diseases (n = 187)	P value
Age (y)	55.0	68.2	<.001	59.5	69.5	<.001
Females, n (%)	17,798 (50.9)	313 (33.4)	<.001	1595 (47.9)	59 (31.6)	<.001
Respiratory symptoms, n (%)						
Fever at any time	23,558 (67.4)	647 (69.1)	.260	2604 (78.2)	140 (74.9)	.292
Nasal congestion	2605 (7.5)	66 (7.1)	.646	388 (11.6)	31 (16.6)	.043
Headache	5446 (15.6)	149 (15.9)	.775	556 (16.7)	31 (16.6)	.969
Cough	25,960 (74.2)	755 (80.7)	<.001	2638 (79.2)	149 (79.7)	.868
Sore throat	3608 (10.3)	89 (9.5)	.421	249 (7.5)	16 (8.6)	.585
Sputum production	24,383 (69.7)	763 (81.5)	<.001	2776 (83.3)	165 (88.2)	.077
Fatigue	16,764 (47.9)	494 (52.8)	.004	1691 (50.8)	101 (54.0)	.385
Shortness of breath	12,235 (35.0)	497 (53.1)	<.001	1656 (49.7)	115 (61.5)	.002
Coexisting disorders, n (%)						
Any	12,718 (36.4)	574 (61.3)	<.001	1752 (52.6)	146 (78.1)	<.001
Diabetes	4500 (12.9)	158 (16.9)	<.001	834 (25.0)	59 (31.6)	.046
Hypertension	8609 (24.6)	371 (39.6)	<.001	1301 (39.0)	105 (56.1)	<.001
Coronary heart disease	1874 (5.4)	159 (17.0)	<.001	357 (10.7)	45 (24.1)	<.001
Cerebrovascular diseases	1316 (3.8)	93 (9.9)	<.001	289 (8.7)	42 (22.5)	<.001
Hepatitis B	1365 (3.9)	43 (4.6)	.283	88 (2.6)	7 (3.7)	.365
Malignancy	1076 (3.1)	63 (6.7)	<.001	132 (4.0)	18 (9.6)	<.001
Chronic renal diseases	979 (2.8)	153 (16.3)	<.001	200 (6.0)	50 (26.7)	<.001
Immunodeficiency	398 (1.1)	25 (2.7)	<.001	42 (1.3)	0 (0.0)	.122
Complications during hospitalization, n (%)						
Septic shock	80 (0.2)	7 (0.7)	.001	90 (2.7)	13 (7.0)	<.001
Acute kidney injury	52 (0.1)	2 (0.2)	.613	56 (1.7)	3 (1.6)	.937
Treatments received during hospitalization, n (%)						
Intravenous antibiotics	17,843 (51.0)	529 (56.5)	<.001	2174 (65.2)	144 (77.0)	<.001
Antiviral therapy	20,888 (59.7)	497 (53.1)	<.001	2052 (61.6)	121 (64.7)	.393
Inhaled corticosteroids	1608 (4.6)	142 (15.2)	<.001	690 (20.7)	70 (37.4)	<.001
Systemic corticosteroids	7098 (20.3)	277 (29.6)	<.001	1347 (40.4)	97 (51.9)	.002
Invasive ventilation	839 (2.4)	62 (6.6)	<.001	561 (16.8)	51 (27.3)	<.001
Noninvasive ventilation	1366 (3.9)	95 (10.1)	<.001	764 (22.9)	63 (33.7)	<.001
Extracorporeal membrane oxygenation	105 (0.3)	7 (0.7)	.015	80 (2.4)	4 (2.1)	.819
Median hospital stay (interquartile range) (d)	15 (10, 21)	15 (9, 22)	.000	16 (9, 25)	19 (11, 32)	<.001
Clinical outcomes*, n (%)						
Discharge from hospital	33,623 (96.2)	857 (91.6)	<.001	2732 (82.0)	155 (82.9)	.756
Death	1342 (3.8)	79 (8.4)	<.001	600 (18.0)	32 (17.1)	.756

COVID-19, Coronavirus disease 2019; ICU, intensive care unit.

\*Outcomes that took place within 30 days after hospitalization.

**TABLE E2.** Clinical characteristics of patients with COVID-19 on admission and clinical outcomes when stratified based on the need to receive invasive mechanical ventilation during hospitalization

	Nonve	entilated cases	Ventilated cases				
Clinical characteristics, treatments, and outcomes	No lower airway diseases (n = 36,897)	Having lower airway diseases (n = 1010)	P value	No lower airway diseases (n = 1400)	Having lower airway diseases (n = 113)	<i>P</i> value	
Age (y)	55.0	68.0	<.001	64.9	72.4	<.001	
Females, n (%)	18,818 (51.0)	350 (34.7)	<.001	575 (41.1)	22 (19.5)	<.001	
Respiratory symptoms, n (%)							
Fever at any time	25,003 (67.8)	696 (68.9)	.442	1159 (82.8)	91 (80.5)	.543	
Nasal congestion	2840 (7.7)	79 (7.8)	.883	153 (10.9)	18 (15.9)	.106	
Headache	5701 (15.5)	154 (15.2)	.860	301 (21.5)	26 (23.0)	.708	
Cough	27,414 (74.3)	805 (79.7)	<.001	1184 (84.6)	99 (87.6)	.387	
Sore throat	3720 (10.1)	96 (9.5)	.548	137 (9.8)	9 (8.0)	.528	
Sputum production	25,854 (70.1)	818 (81.0)	<.001	1305 (93.2)	110 (97.3)	.086	
Fatigue	17,646 (47.8)	530 (52.5)	.004	809 (57.8)	65 (57.5)	.956	
Shortness of breath	12,914 (35.0)	522 (51.7)	<.001	977 (69.8)	90 (79.6)	.027	
Coexisting disorders, n (%)							
Any	13,579 (36.8)	635 (62.9)	<.001	891 (63.6)	85 (75.2)	.013	
Diabetes	4922 (13.3)	189 (18.7)	<.001	412 (29.4)	28 (24.8)	.295	
Hypertension	9250 (25.1)	416 (41.2)	<.001	660 (47.1)	60 (53.1)	.223	
Coronary heart disease	2012 (5.5)	176 (17.4)	<.001	219 (15.6)	28 (24.8)	.011	
Cerebrovascular diseases	1418 (3.8)	119 (11.8)	<.001	187 (13.4)	16 (14.2)	.810	
Hepatitis B	1412 (3.8)	47 (4.7)	.178	41 (2.9)	3 (2.7)	.868	
Malignancy	1125 (3.0)	72 (7.1)	<.001	83 (5.9)	9 (8.0)	.384	
Chronic renal diseases	1105 (3.0)	174 (17.2)	<.001	74 (5.3)	29 (25.7)	<.001	
Immunodeficiency	415 (1.1)	23 (2.3)	<.001	25 (1.8)	2 (1.8)	.990	
Complications during hospitalization, n (%)					× /		
Septic shock	71 (0.2)	3 (0.3)	.457	99 (7.1)	17 (15.0)	.002	
Acute kidney injury	50 (0.1)	2 (0.2)	.596	58 (4.1)	3 (2.7)	.439	
Treatments received during hospitalization, n (%)							
Intravenous antibiotics	18,861 (51.1)	566 (56.0)	.002	1156 (82.6)	107 (94.7)	<.001	
Antiviral therapy	21,839 (59.2)	528 (52.3)	<.001	1101 (78.6)	90 (79.6)	.802	
Inhaled corticosteroids	1942 (5.3)	167 (16.5)	<.001	356 (25.4)	45 (39.8)	<.001	
Systemic corticosteroids	7495 (20.3)	284 (28.1)	<.001	950 (67.9)	90 (79.6)	.009	
Noninvasive ventilation	1441 (3.9)	85 (8.4)	<.001	689 (49.2)	73 (64.6)	.002	
Extracorporeal membrane oxygenation	73 (0.2)	2 (0.2)	.999	112 (8.0)	9 (8.0)	.989	
Median hospital stay (interquartile range) (d)	15 (10, 21)	16 (10, 23)	<.001	17 (10, 25)	16 (9, 31)	.989	
Intensive care unit admission, n (%)	2771 (7.5)	136 (13.5)	<.001	561 (40.1)	51 (45.1)	.292	
Clinical outcomes*, n (%)							
Discharge from hospital	35,548 (96.3)	942 (93.3)	.000	807 (57.6)	70 (61.9)	.373	
Death	1349 (3.7)	68 (6.7)	<.001	593 (42.4)	43 (38.1)	.373	

COVID-19, Coronavirus disease 2019.

\*Outcomes that took place within 30 days after hospitalization.



**FIGURE E1.** CRD and the composite outcomes of COVID-19 in the unadjusted model. (**A**) The cumulative rate of reaching to the composite endpoints among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of reaching to the composite endpoints among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of reaching to the composite endpoints among patients with asthma-chronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthma-bronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and clinical outcomes. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting the composite endpoints in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had reached the composite endpoint during the study and of patients who had not reached the composite endpoint. *CI*, Confidence interval; *COPD*, chronic obstructive pulmonary disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.



D

	Disease Present	Disease Absent	Odds Ratio(95%	CI)
Any CRD	305/1123(27.2%)	5254/38297(13.7%)	- 2.34(2.05-2.	68)
COPD	216/636(34.0%)	5343/38784(13.8%)	■	80)
Asthma	52/244(21.3%)	5507/39176(14.1%)		26)
Bronchiectasis	53/313(16.9%)	5506/39107(14.1%)	1.24(0.92-1.0	67)
COPD+Asthma	7/25(28.0%)	5552/39395(14.1%)	2.37(0.99-5.	68)
COPD+Bronchiectasis	7/35(20.0%)	5552/39385(14.1%) —	■ 1.52(0.66-3.4	48)
Asthma+Bronchiectasis	2/11(18.2%)	5557/39409(14.1%)	1.35(0.29-6	25)
E		0.2	1 2 4 6.5	

FIGURE E1. Continued.



**FIGURE E2.** CRD and the risk of death COVID-19 in the unadjusted model. (**A**) The cumulative rate of mortality among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of mortality among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of mortality among patients with asthma-chronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthma-bronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and mortality. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting mortality in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had reached the composite endpoint during the study and of patients who had not reached the composite endpoint. *CI*, Confidence interval; *COPD*, chronic obstructive pulmonary disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.

Unknown (n=182,16.2%)	Death (n=111,9.9%) Bronchiectasis (n=313,27.9%)
Non-severe Covid-19 (n=377,33.6%)	Asthma (n=244,21.7%)
	Survival (n=1012,90.1%)
Severe Covid-19 (n=564,50.2%)	COPD (n=636,56.6%)
	Unknown (n=182,16.2%) Non-severe Covid-19 (n=377,33.6%) Severe Covid-19 (n=564,50.2%)

	Disease Present	Disease Absent		Odds Ratio(95%CI)
Any CRD	111/1123(9.9%)	1942/38297(5.1%)	· <b>B</b> ·	2.05(1.68-2.51)
COPD	94/636(14.8%)	1959/38784(5.1%)		3.26(2.61-4.08)
Asthma	14/244(5.7%)	2039/39176(5.2%)	<b>e</b> -	1.11(0.65-1.91)
Bronchiectasis	11/313(3.5%)	2042/39107(5.2%)	<b>B</b> -	0.66(0.36-1.21)
COPD+Asthma	4/25(16.0%)	2049/39395(5.2%)		3.47(1.19-10.12)
COPD+Bronchiectasis	3/35(8.6%)	2050/39385(5.2%)		1.71(0.52-5.59)
Asthma+Bronchiectasis	1/11(9.1%)	2052/39409(5.2%) —	-	1.82(0.23-14.22)
E		0.2	2 4	14.5

FIGURE E2. Continued.



**FIGURE E3.** CRD and the risk of intensive care unit admission in the unadjusted model. (**A**) The cumulative rate of admission to the intensive care unit among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of admission to the intensive care unit among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of admission to the intensive care unit among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of admission to the intensive care unit among patients with asthma-chronic obstructive pulmonary disease overlap, and asthma-bronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and admission to the intensive care unit. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting the risk of admission to the intensive care unit in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had been admitted to the intensive care unit during the study and of patients who had not been admitted to the intensive care unit. *CAID*, chronic airway inflammatory disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.

	Unknown (n=182,16.2%)	ICU (n=187,16.7%) Asthma (n=244,21.7%)
Any CRD (n=1123,100.0%)	Non-severe Covid-19 (n=377,33.6%)	Bronchiectasis (n=313,27.9%)
		Non-ICU(n=936,83.3%)
	Severe Covid-19 (n=564,50.2%)	COPD (n=636,56.6%)
D		

	Disease Present	Disease Absent		Odds Ratio(95%CI)
Any CAID	187/1123(16.7%)	3332/38297(8.7%)	-#-	2.10(1.79-2.47)
COPD	115/636(18.1%)	3404/38784(8.8%)		2.29(1.87-2.81)
Asthma	41/244(16.8%)	5507/39176(8.9%)		2.07(1.48-2.90)
Bronchiectasis	40/313(12.8%)	3479/39107(8.9%)		1.50(1.07-2.09)
COPD+Asthma	3/25(12.0%)	3516/39395(8.9%)		1.39(0.42-4.65)
COPD+Bronchiectasis	5/35(14.3%)	3514/39385(8.9%)		1.70(0.66-4.38)
Asthma+Bronchiectasis	1/11(9.1%)	3518/39409(8.9%)		1.02(0.13-7.97)
E			0.1 1 2 4	8.5

FIGURE E3. Continued.



**FIGURE E4.** CRD and the risk of intensive care unit admission in the adjusted model. (**A**) The cumulative rate of admission to the intensive care unit among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of admission to the intensive care unit among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of admission to the intensive care unit among patients with asthma-chronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthma-bronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and admission to the intensive care unit. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting the risk of admission to the intensive care unit in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who had been admitted to the intensive care unit during the study and of patients who had not been admitted to the intensive care unit. *CAID*, chronic airway inflammatory disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.

	Unknown (n=182,16.2%)	ICU (n=187,16.7%) Asthma (n=244,21.7%)
Any CRD (n=1123,100.0%)	Non-severe Covid-19 (n=377,33.6%)	Bronchiectasis (n=313,27.9%)
		Non-ICU(n=936,83.3%)
	Severe Covid-19 (n=564,50.2%)	COPD (n=636,56.6%)
D		

	Disease Present	Disease Absent		Adjusted Odds Ratio(95%C	I) P value
Any CAID	187/1123(16.7%)	3332/38297(8.7%)	-	1.61(1.37-1.9)	p<0.001
COPD	115/636(18.1%)	3404/38784(8.8%)	-	1.59(1.29-1.96)	p<0.001
Asthma	41/244(16.8%)	5507/39176(8.9%)	-8	1.89(1.34-2.66)	p<0.001
Bronchiectasis	40/313(12.8%)	3479/39107(8.9%)	-∎-	1.25(0.89-1.75)	0.196
COPD+Asthma	3/25(12.0%)	3516/39395(8.9%)		0.94(0.28-3.16)	0.921
COPD+Bronchiectasis	5/35(14.3%)	3514/39385(8.9%)		1.2(0.46-3.11)	0.706
Asthma+Bronchiectasis	1/11(9.1%)	3518/39409(8.9%)	-	— 0.81(0.1-6.36)	0.839
L			0 1 2	6.5	

FIGURE E4. Continued.



**FIGURE E5.** CRD and the risk of needing invasive ventilation in the unadjusted model. (**A**) The cumulative rate of needing invasive mechanical ventilation among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of needing invasive mechanical ventilation among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of needing invasive mechanical ventilation among patients with asthmachronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthmabronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and the use of invasive mechanical ventilation. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting the risk of needing invasive mechanical ventilation in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who needed invasive mechanical ventilation during the study and of patients who did not need invasive mechanical ventilation. *CAID*, chronic airway inflammatory disease; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.



D

	Disease Present	Disease Absent		Odds Ratio(95%CI)
Any CAID	113/1123(10.1%)	1400/38297(3.7%)		2.95(2.41-3.61)
COPD	96/636(15.1%)	1417/38784(3.7%)		4.69(3.75-5.86)
Asthma	7/244(2.9%)	1506/39176(3.8%)		0.74(0.35-1.57)
Bronchiectasis	12/313(3.8%)	1501/39107(3.8%)		1.00(0.56-1.78)
COPD+Asthma	1/25(4.0%)	1512/39395(3.8%)		1.04(0.14-7.69)
COPD+Bronchiectasis	1/35(2.9%)	1512/39385(3.8%)		0.74(0.10-5.41)
Asthma+Bronchiectasis	0/11(0.0%)	1513/39409(3.8%)	•	0.00(0-0)
E			0 1 2 4	8

FIGURE E5. Continued.



**FIGURE E6.** CRD and the risk of needing invasive ventilation in the adjusted model. (**A**) The cumulative rate of needing invasive mechanical ventilation among patients with or without CRD based on the proportional hazards model. (**B**) The cumulative rate of needing invasive mechanical ventilation among patients with or without asthma, chronic obstructive pulmonary disease, or bronchiectasis based on the proportional hazards model. (**C**) The cumulative rate of needing invasive mechanical ventilation among patients with asthmachronic obstructive pulmonary disease overlap, chronic obstructive pulmonary disease-bronchiectasis overlap, and asthmabronchiectasis overlap based on the proportional hazards model. (**D**) Association between the severity of COVID-19, CRD, and the use of invasive mechanical ventilation. The vertical colored bars represented the patient cohort, which was further categorized into different subgroups. The association between the different subgroups was presented with the gray bars, with greater width representing a greater magnitude of overlap. (**E**) Risk factors predicting the risk of needing invasive mechanical ventilation in patients with COVID-19. Shown are the numbers and percentages of patients with each of the category of disease who needed invasive mechanical ventilation during the study and of patients who did not need invasive mechanical ventilation. *CAID*, chronic airway inflammatory diseases; *COVID-19*, coronavirus disease 2019; *CRD*, chronic respiratory disease; *OR*, odds ratio.



D

	Disease Present	Disease Absent		Adjusted Odds Ratio(95%C	I) P value
Any CAID	113/1123(10.1%)	1400/38297(3.7%)		1.68(1.37-2.07)	p<0.001
COPD	96/636(15.1%)	1417/38784(3.7%)		2.21(1.75-2.78)	p<0.001
Asthma	7/244(2.9%)	1506/39176(3.8%) -	<b>-</b>	0.61(0.29-1.3)	0.200
Bronchiectasis	12/313(3.8%)	1501/39107(3.8%) -	•	0.69(0.39-1.24)	0.217
COPD+Asthma	1/25(4.0%)	1512/39395(3.8%) —		0.47(0.06-3.52)	0.462
COPD+Bronchiectasis	1/35(2.9%)	1512/39385(3.8%)		0.38(0.05-2.75)	0.335
Asthma+Bronchiectasis	0/11(0.0%)	1513/39409(3.8%)		0(0-0)	0.946
E		0	1 2 3.7		

FIGURE E6. Continued.