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Fabrication and characterization of tumor nano-lysates as a preventative vaccine for breast cancer

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Abstract

Breast cancer is the most common cancer among women in the United States, with late stages associated with the lowest survival rates. The latest stage, defined as metastasis, accounts for 90% of all cancer-related deaths. There is a strong need to develop anti-metastatic therapies. TRAIL, or TNF-related apoptosis inducing ligand, has been used as an anti-metastatic therapy in the past, and conjugating TRAIL to nanoscale liposomes has been shown to enhance its targeting efficacy. When circulating tumor cells (CTCs) released during metastasis are exposed to TRAIL-conjugated liposomes and physiologically-relevant fluid shear stress, this results in rapid cancer cell destruction into cell fragments. We sought to artificially recreate this phenomenon using probe sonication to mechanically disrupt cancer cells, and characterized the resulting cell fragments, termed "tumor nano-lysates", with respect to size, charge, morphology and composition. Furthermore, an in vivo pilot study was performed to investigate the efficacy of tumor nano-lysates as a preventative vaccine for breast cancer in an immunocompetent mouse model.

INTRODUCTION

1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime [1], [2], and breast cancer can also afflict men, although it is less common. Later stages of breast cancer, accompanied by the lowest 5-year survival rates, are defined as distant, or metastatic. Metastasis accounts for 90% of all cancer-related deaths [3]. While there has been improvement in the 5-year survival rate for breast cancer, there is still a significant disparity; in fact, while survival rates are 99% for patients diagnosed with local disease, they drop to 27% for metastatic breast cancer [4]. In the process of metastasis, a cancer cell derived from a primary tumor intravasates into the bloodstream as a circulating tumor cell (CTC). CTCs travel through the circulation with the potential to form a secondary tumor in a distant microenvironment [5]. Primarily, metastatic therapies focus on quality of life and prolonged survival for patients, given the severity of the stage of the disease [2], [6], [7]. However, some novel treatments for metastatic patients have emerged. Current therapies include virotherapy, and Chimeric Antigen Receptor (CAR) T and stem cell therapies [8], [9]. Additionally, there is a wide array of therapies that hold potential for anti-metastatic therapy, such as the delivery of engineered exosomes [10].

TRAIL therapy can also be used to target CTCs in the bloodstream to prevent the development of cancer metastasis [11]-[13]. TRAIL functions by binding to death receptors 4 and 5 on cancer cells to induce apoptosis while sparing healthy, noncancerous cells [14]. Conjugating TRAIL to nanoscale liposomes increases its targeting efficiency for CTCs both in vitro and in vivo [11]-[13]. Cone and plate flow devices were used to apply a physiologically-relevant shear stress to cancer cells in vitro to simulate the fluid shear stress of the circulation that CTCs traveling through the bloodstream experience. Through modeling blood flow, cone and plate flow devices are also able to apply a sustained shear rate that increases the sensitivity of cancer cells to [15], [16]. In images obtained following these experiments, it was shown that CTCs exposed to fluid shear stress (FSS) and TRAILconjugated liposomes were disrupted into cancer cell fragments [16]. Normal cells will not produce a similar product, since TRAIL produces apoptosis in cancer cells while sparing most normal cells, and FSS alone will not cause the same effects in such healthy cells [17]. As cancer cell fragments are released into the blood in vivo in response to liposomal TRAIL therapy, it is expected that these bodies are exposing the tumor associated antigens to cells in the immune system to potentially elicit an immune response.

Breast cancer treatments can be modeled and tested in vitro and in vivo with a variety of murine models that include cell line-derived xenografts (CDX), patient-derived xenografts (PDX), syngeneic models, genetically engineered mouse models (GEMM) and humanized models [18]. 4T1 breast cancer is a syngeneic mouse model of mammary carcinoma that is highly invasive and metastatic, and can be transplanted orthotopically into the mammary fat pad of a BALB/c mouse for in vivo studies [19], [20]. A strength of the 4T1 model is that it allows for the use of an immunocompetent mouse, which is extremely beneficial for studies involving host response and vaccines [21]–[23]. The metastatic predisposition of the 4T1 model has made it a significant model for circulating tumor cells and anti-metastatic therapies, and we have used it for our FSS and TRAIL therapies [12].

We have shown that TRAIL and FSS are able to kill 4T1 CTCs in vitro and in vivo with a variety of murine models that include cell line-derived xenografts (CDX), patient-derived xenografts (PDX), syngeneic models, genetically engineered mouse models (GEMM) and humanized models [11]–[13]. Surgical removal of the primary tumor is a common practice in breast cancer treatment. However, postsurgical metastasis poses an immense setback in cancer therapy. Considering that 90% of cancer-related deaths are due to metastasis, antimetastatic therapeutic strategies that can target disseminating tumor cells in the circulation before they can form secondary tumors hold preclinical and clinical potential for cancer patients. Our current work uses a liposomal formulation functionalized with the adhesion receptor E-selectin and the apoptosis-inducing ligand TNF (tumor necrosis factor)related apoptosis-inducing ligand (TRAIL) to reduce metastasis following tumor resection in an aggressive triple-negative breast cancer (TNBC) mouse model [11]-[13]. We demonstrate that minimal administration of E-selectin-TRAIL liposomes can target metastasis in a TNBC model, with primary tumor resection to mimic clinical settings. Our study indicates that TRAIL liposomes, alone or in combination with existing clinically approved therapies, may neutralize distant metastasis of a broad range of tumor types [11]-[13]. We have found that TRAIL and FSS are able to kill 4T1 CTCs in vitro [12]. With 3 doses of TRAILconjugated liposomes and removal of the primary tumor, we were able to target CTCs and

prevent metastases in vivo in the 4T1 model [12]. Since mice showed no signs of metastases following treatment, we believe that the cell fragments produced during the therapy may aid in immune memory and prevention of tumor development from any remaining CTCs. A downside of using these therapies to evoke immune memory is the potential for issues of resistance and harmful side effects, so finding a way to generate similar cell products without TRAIL treatment would be beneficial [24].

With the goal to recreate this phenomenon artificially, we used probe sonication to mechanically disrupt cancer cells. We characterized these nanoscale cancer cell fragments, which we have termed "tumor nano-lysates" (TNLs). The TNLs were characterized by size, charge, morphology and composition. We also performed an in vivo pilot study to investigate the efficacy of the tumor nano-lysates as a preventative vaccine for 4T1 breast cancer in a mouse model.

RESULTS

Preparation and characterization of TNLs

The fluid shear stress (FSS) of blood flow can be modeled using a cone and plate flow device [25]. Using this system, we have recapitulated the stresses that circulating tumor cells (CTCs) experience in the bloodstream in vivo and used this to test the efficacy of antimetastatic treatments for a variety of cancer types [11], [13]. Combining 4T1 cancer cells with TRAIL therapy and applying FSS via cone and plate flow device results in cancer cell fragments in vitro. With the ultimate goal to recreate the phenomenon of cancer cell fragmentation that results from the combination of FSS and exposure to TRAIL, we sought to lyse cancer cells artificially. Cells can be lysed by a variety of means, including chemical and mechanical methods of lysis [26], [27]. Lysing cells artificially would offer many advantages over the use of cell fragments derived from exposing 4T1 cells to TRAIL and FSS. These advantages include avoiding potential issues such as cell resistance to TRAIL, and negative side effects such as hepatotoxicity [24].

With the goal to mimic the exposure to forces applied by shear stress, and a desire to prevent further changes to the cells beyond lysis, we chose mechanical lysis via ultrasonic frequencies. In previous literature, when lysing cells via sonication, 40–50% amplitude was recommended, as were short pulses of sonication followed by time for cooling [28], [29]. The sonication process was optimized using different sonicating and cooling times as recommended by the literature [28], [30]–[33]. After sonication, samples were measured by polydispersity index (PDI) and size. Sonicating times that provided fragments larger than the desired size range of 175–275 nm or with a PDI larger than .75 were not selected. Since short pulses and cooling cycles were suggested, we selected a series of 2 and 10 s pulses, finding that they had similar size range and PDI. Three pulses of 10 s sonication and 10 s cooling, as suggested by the literature, resulted in the least amount of visible foaming, and provided ample cooling time, as it was not hot to the touch [29], [33], [34]. TNLs were kept on ice during sonication and cooling to keep the samples cooled. For the mechanical disruption of our cancer cells, 4T1 breast cancer cells suspended in PBS were mechanically disrupted via probe sonication for a combined total of 30 seconds of sonication at 50%

amplitude, with time for cooling, and kept on ice (Fig 1A). At these settings, we were able to minimize both sample foaming and heating.

Cancer cells disrupted by sonication are nanometer-sized and highly dispersed

The resulting sonicated cancer cells were characterized by size via Zetasizer and NanoSight, and then compared to cells fragmented after exposure to TRAIL and FSS. Zetasizer measurements revealed a high polydispersity (PDI) in sample size for both conditions, which was expected due to randomness of the lysis during the sonication process (Fig 1B). For 4T1 cells exposed to FSS and TRAIL, the average polydispersity index was 0.54, while the average polydispersity index for sonicated cells, or tumor nano-lysates (TNLs), was 0.50. PDI is defined as the weight average divided by the number average molecular weight, and characterizes the breadth of molecular weight distribution [35]. A high PDI lies close to 1.0, and indicates a highly dispersed size range of measured samples. Therefore, these results indicate that the samples were not monodispersed and that therefore a Zetasizer is not the optimal measurement tool for determining the average particle size. As a result, the NanoSight, with an ability to provide more accurate size range and concentrations of nanoparticles, was used to characterize the particle size distribution of each sample.

With the Zetasizer, TRAIL+FSS lysates were measured to be 200–230 nm in diameter, while TNLs were measured to be 185–275 nm. With the aid of the NanoSight, the sonicated cancer cells were measured to have a standard error of 19.7 nm, and have an average diameter of 205 ± 48.2 nm. Similarly, cancer cells exposed to FSS and TRAIL had a standard error of 17.9 nm and were measured to have an average diameter of 199 ± 35.6 nm (Fig 1C–E). From this information, we were able to conclude that we could closely recapitulate the size range of fragmented cancer cells resulting from the in vitro FSS modeled system.

The measured surface charge of sonicated cancer cells is slightly negative

The zeta potential was measured and compared for the sonicated cancer cells and cancer cells exposed to TRAIL and FSS. Using electrophoretic light scattering via Zetasizer, the surface charge was determined for each sample. It was observed that the zeta potential was slightly negative for both samples, although the standard deviation of each sample was relatively high (Fig 2A–B). The mean zeta potential for 4T1 cells exposed to TRAIL and fluid shear stress (FSS) was -3.7 ± 1.5 mV, and -4.1 ± 1.3 for 4T1 cells exposed to sonication (TNLs). The negative charge of cell fragments is unsurprising given that the surface charge of cells is also negative, and mechanical lysis should not alter that property [27], [36]. While the standard deviation for 4T1 cells exposed to either TRAIL + FSS or to sonication was high, interestingly, there was not a significant difference between the standard deviations of the zeta potentials.

Imaging of sonicated cancer cells reveal membrane-bound vesicles

The cell fragments derived from the sonication of cancer cells, or tumor nano-lysates (TNLs), were imaged using transmission electron microscopy (TEM). Using microscopy, we were able to visualize what appeared to be membrane-encapsulated vesicles among the tumor nano-lysates (Fig 3). TEM shows two of the smaller-sized TNLs, at around 100 nm in

size. The creation of these membranous features has been observed in the past when sonicating cells via probe sonication, with an ability to form liposome-like structures as a result of the disruption of the cell membrane and then spontaneous reformation of a bilayer due to electrostatic interactions [37].

Sonicated cancer cells contain protein contents similar to 4T1 cells lysed by RIPA buffer

The sonicated cancer cells were then characterized for composition and contents. Mass spectrometry was used to examine the protein contents, comparing the sonicated cancer cells to a sample of control 4T1 cells lysed with RIPA lysis buffer. Fragments derived from TRAIL+FSS treated cells were not used as a comparison group since there insufficient protein for accurate measurements via mass spectrometry. Among the most common proteins in the sample of sonicated cancer cells were albumin, cytoplasmic actin, α -enolase, elongation factor 1- α 1, galectin, mitochondrial HSP 60kDa, and vimentin (Fig 4A). The greatest percent deviations of protein concentrations of the TNLs from the RIPA buffer control were calculated from the 1317 analyzed proteins of each sample. The extremely low differences in concentration demonstrate that the tumor nano-lysates are not significantly different than the proteins found in the RIPA control. (Fig 4B). One of the most common proteins, Myosin-9, is expected as it is commonly upregulated in cancer cells as it is a protein responsible for growth and embryonic development and plays a role in aiding in cancer cell motility [38], [39]. The group of heat shock proteins (HSP mitochondrial, HSPA8, HSP90B) is also expected, as these are often diagnotic markers of cancer and implicated in a variety of cancer-promoting phenomenons [40].

Sonicated cancer cells do not affect the viability of healthy epithelial or primary tumor tissue in vitro

Apoptosis assays were performed to test the toxicity of the sonicated cancer cells and determine if the formulation would induce an unwanted effect of cell death. An Annexin V apoptosis assay compared the effects of cells treated with tumor nano-lysates (TNLs) to cells treated with a vehicle control (PBS). First, healthy mouse mammary epithelial tissue (EpH4-Ev) cells were exposed to TNLs suspended in PBS. At 1 mg TNL/10 mg live EpH4-Ev cells, EpH4-Ev cells exposed to TNLs showed an average cell viability of 75 \pm 5.3%, compared to 79 \pm 3.3% for the PBS-treated control, with standard errors 2.38% and 1.47%, respectively. At 2 mg TNL/5 mg live EpH4-Ev cells, cell viability was 75 \pm 4.0% for TNL-treated cells and 79 \pm 2.0% for PBS-treated cells. Standard errors were 1.79% and 0.89%, respectively. Both the higher and lower concentrations of TNLs revealed no significant increase in apoptosis or loss of cell viability when compared to PBS (Fig 5A). These TNL dosages are much higher than the dose used in the in vivo study, thus representing a conservative toxicity test.

In addition to healthy cells, we also investigated the apoptotic effects of TNLs on breast cancer cells in vitro. When 4T1 breast cancer cells were exposed to TNLs suspended in PBS, the resulting Annexin V apoptosis assay showed no significant toxic effects on these primary tumor cells compared to the PBS-treated control (Fig 5B). At 1 mg TNL/10 mg live 4T1 cells, TNL-treated 4T1 cells showed an average viability of $85 \pm 1.8\%$, compared to $86 \pm 2.0\%$ for the PBS control, with standard errors calculated to be 0.74% and 0.89%,

respectively. The higher 2 mg TNL/5 mg live 4T1 cells dose produced similar results, with an average cell viability of $84 \pm 3.6\%$ for TNL-treated cells and $83 \pm 6.2\%$ for PBS-treated cells. Standard errors were 1.45% and 2.55%, respectively. These results support the idea that this tumor nano-lysates may well act as a preventative method by exposing the immune system to tumor-associated antigens, rather than as a mechanism of directly targeting the primary tumor itself.

One dose of TNL vaccine prior to tumor inoculation reduces tumor growth, delays metastasis and increases survival for mice challenged with breast cancer xenograft

Having developed TNLs that physically mimic the naturally created apoptotic bodies resulting from TRAIL treatment in the presence of FSS, we proceeded to test their biological activity in vivo. We hypothesized that the tumor associated antigens from the 4T1 cells would induce an adaptive immune response. Prior to the animal trial, an immunological assay for T cell activation was performed to ensure that the TNLs would not put undue strain on the immune system of the mice. This study tested for the upregulation of CD25 and CD69 in lymphocytes, T cell markers for late and early activation, respectively. Spleenocytes harvested from BALB/c mice were exposed for 24 h to three different conditions: (1) PBS vehicle control, (2) 4T1 cells exposed to fluid shear stress and TRAIL (FSS + TRAIL) suspended in PBS, and (3) tumor nano-lysates suspended in PBS (TNLs). No significant difference was found between the three conditions, indicating that these treatments were sufficiently safe for the pilot study (Fig 6A).

Ten days before tumor inoculation with 4T1-Luc breast cancer cells, mice in the tumor nano-lysate group received one dose of TNLs suspended in PBS, while the remaining mice were untreated. Following tumor inoculation, mice were monitored via bioluminescence imaging (BLI) and tumor size was measured via calipers once palpable (Fig 6B). BLI data showed more rapid tumor growth for control mice that did not receive the injection of TNLs (Fig 6C). Results of the pilot study revealed significantly reduced tumor volume for mice that received a dose of tumor nano-lysates compared to control (Fig 6D). Metastasis from the primary tumor was also observed much earlier for untreated mice, delayed an average of 10 d for mice that received one dose of the vaccine (Fig 6E). The median overall survival was extended an average of 7 d for the vaccinated group and they did not require humane sacrifice as early as their untreated counterparts (Fig 6F). Although survival was delayed, eventually the mice in both groups required humane sacrifice. There were no visible changes to the appearance, behavior or health of the mice that would be evidence of adverse side effects. Thus, a single pre-treatment with TNLs can delay the onset of primary tumor development, delay metastasis, and prolong survival in mice.

DISCUSSION

We were able to successfully create nanoscale lysates derived from tumor cells using sonication. These TNLs were found to be have a negative zeta potential, with their size and charge similar to cancer cell particles created through the application of TRAIL and fluid shear stress via cone and plate flow device. Although the standard deviation of the zeta potential was high compared to the charge, this is to be expected. While the lipid bilayer

defining the TNL particle structures should resemble the negatively charged surface of the parent cell plasma membrane, the relatively high variance in zeta potential that was observed may reflect the variety of cytoplasmic contents that have associated with the TNL surface during the chaotic sonication process. As desired, we were able to closely recapitulate these characteristics of cell fragments resulting from exposing 4T1 cells to TRAIL and FSS. To further validate this study, performing a rechallenge experiment on mice given our TRAIL therapy would provide further insight to compare the two conditions. Nevertheless, our method does not require the use of TRAIL, limiting potential issues such as resistance and side effects that could result from the therapeutic.

Following sonication, the lysates were observed to form membrane-bound vesicles. The proteins present in the TNL sample, consistent with those found in 4T1 cells lysed with RIPA buffer, could prove effective for evoking a protective response once exposed to memory cells in the immune system. These characteristics likely make TNLs favorable to uptake by antigen presenting cells (APCs) or other immune cells, which may aid in adaptive immunity in vivo.

While little research has been dedicated to the characterization of cell lysates in the past, artificially developed apoptotic bodies are the closest resemblance TNLs and fragments derived from TRAIL+FSS [41], [42]. They have shown similar wide size ranges and morphologies as the cell fragments in this study, although microvesicles show nearly identical average size and morphology to our TNLs [42].

No evidence of toxicity was found when healthy breast tissue was exposed to lower or higher (1:10-2:5 mg TNL/mg EpH4-Ev) concentrations of tumor nano-lysates when compared to PBS control. Similarly, when 4T1 breast cancer cells were exposed to two different concentrations of TNLs derived from 4T1 cells subjected to sonication (1:10-2:5 mg TNL/mg EpH4-Ev), no toxic effects or decrease in cell viability was found. This evidence suggested that TNLs could proceed with in a preliminary in vivo study, and that any observed effect would likely occur through immune cell response rather than a direct effect on the primary tumor cells. While the success of our in vitro toxicity assays prompted an in vivo study, we plan on performing future mouse studies to analyze the in vivo effects of TNLs. These studies should investigate localized and systemic reactions that could take place upon exposure to TNLs. However, we do not expect that cell lysates would be toxic, since they are recreating the apoptosis resulting from TRAIL+FSS treatments; 50-70 billion cells undergo apoptosis each day in the adult human, which does not result in toxicity in patients [43]. Cell lysates and apoptotic bodies from a variety of cell types including T cells, stem cells, skin cells, brain cells, and peripheral blood mononuclear cells (PBMCs) have been injected in vivo in several recent studies, and none of the studies raised toxicity concerns [34], [43]–[45]

Although mice treated with a single dose of the TNL vaccine ultimately developed primary tumors and metastases, this study represents an important step forward and indicates that these mechanically produced cell fragments hold potential as a preventative vaccine for triple negative breast cancer.

It would be interesting to further explore the mechanisms behind the effectiveness of these tumor-derived lysates. These should consist of studies on immune cell activation in response to TNL exposure. Preliminary studies suggest that a B cell response drives the response (data not shown), and further investigations into this mechanism should be conducted." In addition, an analysis of immune cell infiltration to the tumor site may reveal discrepancies in the tumor microenvironments between mice in the control and vaccinated groups. A future study to test if sonicated normal cells would produce a similar preventative effect could act as a control to more conclusively elucidate whether TNLs are successful due to the specific presentation of tumor-specific antigens [46].

MATERIALS AND METHODS

Production of sonicated cancer cells

4T1 breast cancer cells (ATCC, CRL-2539TM) were cultured in RPMI 1640 growth media (Thermo Fisher Scientific) with 10% fetal bovine serum and 1% Penicillin-Streptomycin. The cells were plated, grown to 80% confluency, and lifted from the plate surface. Cells were centrifuged at 1200 RPM for 5 min, with the cell pellet re-suspended in phosphate buffered saline (PBS). Cells in the pellet were counted and diluted with PBS to achieve a final concentration of 1 million cells in 1 mL PBS. Using a Fisherbrand Sonic Dismembrator Model 50, cells were sonicated at ½ max sonication 3 times for 10 s each, for a total of 30 s of sonication time. Temperature rise of the sample in the test tube was attenuated using a beaker full of ice. Immediately after sonication, cells were placed on ice. The sonicated cancer cells, referred to as tumor nano-lysates (TNLs), were stored at –20°C

Size, dispersity and charge measurements

The Vanderbilt Institute of Nanoscale Science and Engineering (VINSE) Analytical Laboratory was used for size and dispersity measurements. Nanoparticle Tracking Analysis (NTA) for particle size and concentration was performed using a Malvern Panalytical NanoSight NS300. Samples were further diluted with PBS to 1:100. A DLS Malvern Nano ZS (Zetasizer Nano ZS) was used to measure sample size, dispersity and electrostatic charge. Size and dispersity measurements were obtained using Malvern Disposable micro cuvettes. A disposable folded capillary cell was used to take zeta potential measurements.

Morphology

An Osiris Transmission Electron Microscope (TEM) from the Vanderbilt Institute for Nanoscale Science and Engineering Advanced Imaging facility was used to analyze the morphology of the tumor nano-lysate material. Samples were prepared using negative staining, placing the sample on a Copper grid and adding phosphotungstic acid (PTA) solution [47]. This process surrounds the sample with electron dense materials, revealing the surface contrast between darker stain and lighter specimen.

Contents characterization

A complete mass spectrometry analysis was performed for all of the identified proteins in the control sample and the tumor nano-lysate sample. Mass spectrometry analysis was performed at the Vanderbilt Mass Spectrometry Research Center (MSRC) Core at the Vanderbilt University School of Medicine. Scaffold Proteome Software identified 1317 proteins. The top 20 proteins were analyzed and compared for this study. Albumin was identified as the highest concentration of protein, although that is due to the presence of cell culture medium. The full file containing all of the proteins identified will be provided on

Annexin V Assay

request.

EpH4-Ev (ATCC® CRL-3063) and 4T1 (ATCC® CRL-2539) cells were used to test the toxicity of tumor nano-lysates on normal epithelial and triple negative breast cancer cells, respectively. Annexin V assay was performed to test the apoptotic effects of TNLs on each cell type. 50,000 cells were plated and exposed to 1 mg TNL/10 mg live cells or 2 mg TNL/5 mg live cells, equivalent to 5 μ L and 20 μ L of TNL solution (1 million 4T1 cells/ 1 mL PBS), respectively. Cells in the control groups were exposed to 5 μ L or 20 μ L of PBS buffer. Cells were lifted and centrifuged at 1200 RPM for 5 min, and the pellet resuspended in 150 μ L of PBS with calcium and magnesium. 5 μ L of Annexin V, and PI controls. After 15 min of incubation in the dark at room temperature, 100 μ L of PBS was added to each of the samples, and then run through a Guava EasyCyte flow cytometer (Millipore, Billerica, MA, USA). Flow cytometry data analyses were performed using FlowJoTM Software.

Immune assay

Spleenocytes were isolated from the spleen of healthy BALB/c mice following an established protocol [48]. Cells were plated in 24-well plates at 50,000 cells per well. Three wells were dedicated to controls (unstained, FITC isotype, and APC isotype). Each sample was tested in triplicate. 5 μ L of PBS was added to six wells for vehicle controls for the two different markers (CD25, CD69). Similarly, 1:10 mg TNL/mg spleenocytes, equivalent to 5 μ L of TNLs (1 million sonicated 4T1 cells in 1 mL PBS), were incubated in six wells. Finally, 1:10 mg TRAIL+FSS lysates/mg spleenocytes were incubated in six wells of the plate. After 24 h, the cells were lifted and centrifuged at 1200 RPM for 5 min, and resuspended in 100 μ L of CD25 or CD69. Samples were processed through a Guava EasyCyte flow cytometer and data was analyzed using FlowJoTM Software.

In vivo pilot study

Eight week old female BALB/c mice were purchased from the Jackson Laboratory (Bar Harbor, ME) and were cared for by veterinary staff at the Department of Animal Care (DAC) at Vanderbilt University. Mice in the control group (n=3) and experimental group (n=3) experienced identical housing conditions and care regimens. This pilot study was approved by Institutional Review Board, protocol #M1700009–00. Mice were euthanized at humane endpoints. These endpoints were determined based on tumor size and recommendation by veterinary staff at the DAC.

4T1 orthotopic tumor model and TNL treatment

Mice were injected with one dose of TNLs (10^5 sonicated 4T1 cells in 100 µL PBS) via tail vein ten days prior to tumor inoculation. For tumor inoculation, 30,000 4T1 breast cancer cells transfected with luciferase were suspended in 50 µL in PBS, and injected into the anatomical right fourth mammary fat pad of each mouse. During the inoculation, mice were anesthetized for 5–10 min via continuous inhalation of isoflurane. Luciferase expression in the mice was monitored via bioluminescence imaging on an IVIS In Vivo Imaging System (IVIS Lumina III, PerkinElmer Inc.) twice per week, following a subcutaneous injection of 100 µL D-luciferin (150 mg/kg). Calipers were used to measure the length (l) and width (w) of the tumor, with tumor volume estimated as: $\frac{l \times w^2}{2}$. Metastases were considered as bioluminescent signals in locations other than the mammary fat pad. These indicate cancer

spread to distant organs. Days when mice were observed to begin showing signs of metastases were recorded and compared.

Data analysis

Data are presented as mean \pm standard deviation, and statistical significance determined in GraphPad Prism by two-tailed ANOVA, unless otherwise indicated. **p*<0.05, ***p*<0.01, ****p*<0.005.

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Figure 1. Preparation, polydispersity and size characterization of TNLs.

(A) Sonication process for producing cancer cell fragments, or tumor nano-lysates. (B) The polydispersity index (PDI) of 4T1 cells exposed to TRAIL+FSS and sonication (TNL) had a standard error of 0.04 and 0.06, respectively. The average PDI for the TRAIL+FSS group and TNL group were 0.54 ± 0.10 and 0.50 ± 0.18 , respectively. (C) Average particle size as measured by NanoSight, comparing TRAIL+FSS. (D) Representative figure of average TNL size as measured by NanoSight. (E) Representative figure of average size of cancer cell fragments following exposure to TRAIL+FSS. Statistical significance calculated using unpaired t test.



Figure 2. Zeta potential measurements for cells exposed to TRAIL + FSS and sonication.
(A) Table of values for mean zeta potential (mV) and standard deviation for zeta potential (mV) for 4T1 cells exposed to TRAIL and FSS, and 4T1 cells exposed to sonication (TNL). The standard error was 0.6 mV for the TRAIL+FSS group, and 0.5 mV for the TNL group.
(B) Quantification of Zeta Potential (mV) for 4T1 cells exposed to TRAIL and FSS, and 4T1 cells exposed to TRAIL and FSS, and 4T1 cells exposed to TRAIL and FSS.



Figure 3. Transmission electron microscopy image of 4T1 breast cancer cells after sonication. White arrows indicate the presence of membrane-bound vesicles in the sample of sonicated cells.





Figure 4. Content characterization of tumor nano-lysates via mass spectrometry.
(A) 25 highest protein concentrations for sonicated cancer cell sample. Albumin is present in large amounts because of the RPMI cell culture media. (B) Greatest percent differences between TNLs and control of 4T1 cells lysed by RIPA buffer. The low differences in concentration indicate that the tumor nano-lysates are not significantly different than the proteins found in the control.

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Figure 5. Apoptosis assay of healthy epithelial and tumor breast tissue.

(A) No significant difference in cell viability was observed between EpH4-Ev epithelial tissue exposed to either dosage of TNLs when compared to EpH4-Ev cells exposed to PBS buffer. (B) Similarly, there was no significant difference in cell viability for 4T1 breast cancer cells exposed to either concentration of TNL when compared to 4T1 cells exposed to PBS buffer. These experiments were performed in duplicate. Significance was determined using a two-way ANOVA in GraphPad Prism.

***p<0.005

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Figure 6. In vivo pilot study for vaccinated mice inoculated with 4T1 tumor.

(A) In vitro assay comparing T cell activation for PBS vs TNL-treated spleenocytes. (B) Timeline for in vivo study (C) IVIS imaging of mice using bioluminescent and Luc-expressing 4T1 cells (D) Tumor size over time for measurements taken via caliper (E) Days of metastasis observation post-tumor inoculation (F) Survival curve. Statistical significance determined by two-tailed ANOVA. *p<0.05, **p<0.01, ***p<0.005