

## INVITED REVIEW

# Biological drug therapy for ocular angiogenesis: Anti-VEGF agents and novel strategies based on nanotechnology

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**Abstract**

Currently, biological drug therapy for ocular angiogenesis treatment is based on the administration of anti-VEGF agents via intravitreal route. The molecules approved with this purpose for ocular use include pegaptanib, ranibizumab, and aflibercept, whereas bevacizumab is commonly off-label used in the clinical practice. The schedule dosage involves repeated intravitreal injections of anti-VEGF agents to achieve and maintain effective concentrations in retina and choroids, which are administrated as solutions form. In this review article, we describe the features of different anti-VEGF agents, major challenges for their ocular delivery and the nanoparticles in development as delivery system of them. In this way, several polymeric and lipid nanoparticles are explored to load anti-VEGF agents with the aim of achieving sustained drug release and thus, minimize the number of intravitreal injections required. The main challenges were focused in the loading the molecules that maintain their bioactivity after their release from nanoparticulate system, followed the evaluation of them through studies of formulation stability, pharmacokinetic, and efficacy in in vitro and in vivo models. The analysis was based on the information published in peer-reviewed published papers relevant to anti-VEGF treatments and nanoparticles developed as ocular anti-VEGF delivery system.

**KEYWORDS**

anti-VEGF agent, biological drugs, nanoparticles, ocular neovascularization

## 1 | INTRODUCTION

Several ocular diseases are characterized for an excessive angiogenesis, which causes severe visual loss and ocular morbidity worldwide. The most common ones are age-related macular degeneration (AMD), diabetic retinopathy (DR) and retinal vein occlusion.<sup>1</sup> These diseases present ocular neovascularization triggered by a pathologic

angiogenesis process that involves degradation of the basement membrane, extracellular proteolysis and abnormal blood vessels growth.<sup>2,3</sup> AMD implies choroidal neovascularization as a consequence of hypoxia, ischemia, and inflammation, causing macular thickening and edema.<sup>4,5</sup> In DR, the hyperglycemia seems to have a structural and physiological effect: retinal capillaries become blocked and this results in early stages of the pathology where micro aneurism are formed.<sup>6,7</sup> Then, it usually progresses to hypoxia that stimulates

**Abbreviations:** AMD, Age-related macular degeneration; BD, Biological drugs; DME, Diabetic macular edema; DR, Diabetic retinopathy; FDA, Food and Drug Administration; mAb, Monoclonal antibodies; PEG, Polyethylene glycol; PGF, Placental growth factor; PLA, polylactic acid; PLGA, poly (lactic-co-glycolic acid); RFP, Recombinant fusion proteins; VEGF, Vascular endothelial growth factor.

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the generation of new blood vessels.<sup>7,8</sup> Diabetic macular edema (DME) is the most common cause of vision loss in patients with DR.<sup>1</sup>

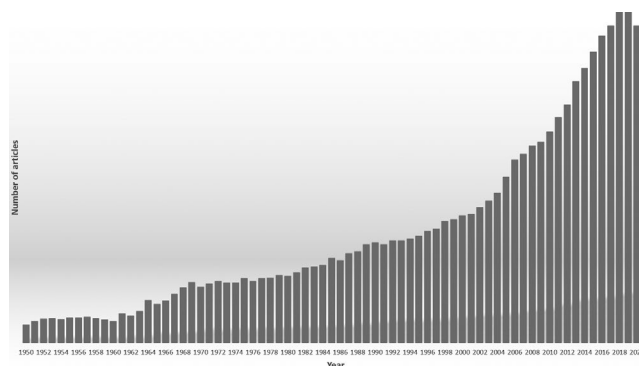
Based on these facts, the angiogenesis control is the main focus for these diseases therapy. One of the key aspects of the angiogenesis therapy is targeting of the vascular endothelial growth factor (VEGF) whose family consists in five related glycoproteins<sup>9</sup> that play critical roles in the development, progression, and regularization of new blood vessels both in normal physiological and pathological conditions.<sup>10-12</sup> VEGF binding to its receptors, **VEGFR1** and **VEGFR2**, on the surface of endothelial cells induces intracellular calcium increase and production of vasodilatory mediators like **nitric oxide**.<sup>9,13</sup> Thus, VEGF promotes endothelial cell proliferation, vascular leakage, and formation of new blood vessels.<sup>14</sup> Therefore, blockage of VEGF activity has become the main strategy in the treatment of neovascular ocular pathologies.<sup>12,15</sup>

Conventional therapies targeting VEGF are based on biological drugs (BD)<sup>16</sup> also known as biological medicine or biotherapeutic agent. Its definition has changed over time and it may differ from one author to another.<sup>17</sup> However, in a broad sense, they are described as drugs obtained from living natural resources.<sup>18</sup> Moreover, it is also referred as biotechnological drugs when BD are obtained through living-organism modification by taking advantage of the their biological mechanics; for example, using recombinant DNA techniques or the hybridoma technique.<sup>19,20</sup>

Conventional chemically synthesized, small-molecule drugs are subjected to safety and efficacy quality control by comparing them with a highly characterized material, known as a drug reference standard, which is usually the first drug to be patented.<sup>18,21-23</sup> However, this same comparison is not easily extrapolated for BD because they have little structural differences compared with the biological mechanics of the living organism used as source.<sup>18,21,22</sup> The BD spectrum of molecules can be quite broad: it can include therapies based on vaccines, antibiotics, interferons, recombinant fusion proteins (RFP), nucleic acids, and monoclonal antibodies (mAb), among others.<sup>24-27</sup>

BD have had an increasingly important impact in ocular therapies, involving mainly mAb, proteins, peptides, and, most recently, DNA- and RNA-based gene therapy.<sup>15,28-30</sup> Consequently, there has been a marked increase in the number of articles published about BD intended for ocular therapy in recent years (Figure 1).

In fact, anti-VEGF agents are BD used to treat ocular angiogenesis. They can inhibit activity of VEGF by different strategies such as binding or trapping. Thus, these agents prevent the interaction between VEGF and its receptors on the surface of endothelial cells and, thereby, angiogenesis.<sup>14</sup> The approved anti-VEGF agents for human use in the eyes include **pegaptanib**, **ranibizumab**, and **aflibercept**.<sup>31,32</sup> However, **bevacizumab** is also widely used "off-label" since there is no Food and Drug Administration (FDA) approval via intravitreal route for the treatment of wet AMD or DME.<sup>33</sup> These drugs present different structural features which impact in the pharmacokinetics, pharmacodynamics, and even in the clinical efficacy.<sup>34</sup> In addition to the continuous advancement of biotechnology, several strategies are under study to improve the performance of available anti-VEGF drugs. This review article is based on information from peer-reviewed published papers about BD used for treatment of



**FIGURE 1** Peer-reviewed published studies by year available on the PubMed database from advanced search of articles containing (((biological drugs) OR (biological medicine)) OR (biotherapeutic drug)) AND (((ocular) OR (eye)) OR (ophthalmic))

ocular angiogenesis and related pathologies, focusing on the recent developments to overcome limitations of anti-VEGF drugs as well as to minimize systemic exposure and adverse effects. Thus, different anti-VEGF drugs, a wide range of nanotechnological tools for delivery of anti-VEGF drugs, developing molecules, and novel therapies, are explored and described in the following sections.

## 2 | BIOLOGICAL DRUG FEATURES

The target specificity and the potential lower off-target toxicities could explain the success of BD as a therapy for several diseases and their continuous development in the pharmaceutical industry. Proteins represent the largest fraction of approved BD, which also include therapeutic proteins, growth factors, and mAb.<sup>35</sup>

The first drug regarded as BD was human insulin, which the FDA approved in 1982<sup>36</sup>; four years later, it also approved the first mAb used in clinical environments: "**Muromonab-CD3**," an immunosuppressant for organ transplantation.<sup>37</sup> The mAb are cloned immunoglobulins (Ig) of a single B lymphocyte, mostly produced by hybridoma technology.<sup>28,38</sup> They represent one of the oldest and most studied therapies to date in the BD therapeutic field: there is a wide spectrum of FDA-approved drugs already used in clinical settings.<sup>39-42</sup> Currently, humanized mAb are the most used form to avoid immune responses, which was achieved by combining murine and human gene sequences.<sup>39,40</sup>

In recent years, diverse classes of therapeutic proteins have gained traction as approved BD, including RFP and conjugated proteins.<sup>35</sup> RFP are the result of recombinant DNA expression (obtained by artificially combining preexisting DNA of different species)<sup>43</sup> where a mold DNA is used for the production of proteins through different vectors like plasmids, chromosomal integration, and viral vectors.<sup>43,44</sup> When two or more of these recombinant genes are translated together they express a RFP.<sup>45</sup> Finally, once proteins are expressed, post-translational modification is a key factor on their activity, which will be influenced by the host cell used to produce the protein such as mammalian cells,<sup>43,44</sup> plant cells, bacteria, and

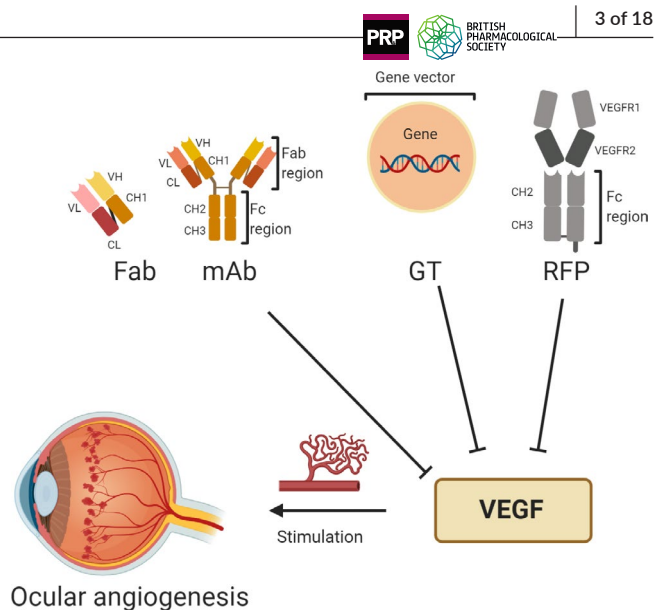
other microorganisms.<sup>25,46,47</sup> The most representative molecule of the RFP is aflibercept whose mechanism is similar to mAb,<sup>48-50</sup> but has a higher degree of VEGF binding.<sup>51</sup>

BD also include the small group of medicines based on nucleic acids (e.g., DNA, mRNA, and synthetic oligonucleotides) and they also include cell and gene-based therapeutics, the latest and fastest growing class of BD. The DNA- and RNA-based gene therapy can be administered by either viral or non-viral vectors and, more recently, by stem cells.<sup>35,52-55</sup> Gene therapy is based on the modification in genes associated with processes with therapeutic significance.<sup>55</sup> In this therapy, a modified gene sequence is introduced to a host cell to inherit the desired therapeutic effect using different vectors to accomplish this goal like viruses<sup>24</sup> or nanoparticles with lipid or polymer matrices.<sup>56</sup> These vectors must have good loading capacity and compatibility to incorporate the modified gene.<sup>57</sup> However, even with these BD tools in hand, an efficient ocular antiangiogenic therapy can be challenging, taking into account the anatomical features of human eye.<sup>58,59</sup>

Regarding pathologies that present ocular neovascularization, BD—like mAb and RFP—are effectively being used<sup>15,30</sup> as pharmacological treatment, leaving almost obsolete pioneer treatments like laser photocoagulation and photodynamic therapy.<sup>4</sup> Moreover, these therapies appeared as an alternative to laser surgery and chronic corticosteroid use, which can induce raise of the intraocular pressure and cataracts.<sup>60,61</sup> Currently, corticosteroids are widely used as co-treatment to antiangiogenic therapy for ocular angiogenesis disorders.<sup>27,62</sup>

In the design and the development of a BD product, different factors should be taken into account due to their large size, high structural complexity, and limited stability.<sup>35</sup> BD are susceptible to physical and chemical degradation, which directly impact their structure and function and, consequently, their efficacy. The physical degradation of a formulation based on BD implies events such as unfolding, aggregation, particulate formation, adsorption at interfaces or morphological instabilities. Meanwhile, chemical degradation implies modifications of the covalent bonds, including oxidation, deamidation, isomerization, and disulfide bond shuffling, among others. Thus, BD should be designed with appropriate formulation components that keep drug efficacy and prevents potential physical and chemical degradation. In addition, BD should be administered through an appropriate route and using an optimal dosage form that considers the molecular stability, material compatibility, desired dose, dosage schedule, route of administration, and even patient compliance. Generally, BD products are designed as solutions for parenteral administration, since they can present limitations—enzymatic degradation, poor permeation, and low bioavailability—if they are delivered via non-parenteral routes. Notwithstanding the therapeutic superiority of BD, all these factors should be considered when designing the optimal dosage form configuration.

In the following sections, we describe the BD developed as therapeutic approaches for neovascular ocular pathologies, including approved products, molecules in development, and different nanoparticulate systems studied to carry them.



**FIGURE 2** Representative molecular modalities of different anti-VEGF agents to treatment of ocular angiogenesis.

*Note:* Image created with BioRender.com. *Abbreviations:* Fab, Fragment antigen binding; Fc, Crystallizable fragment; GT, Gene therapy; mAb, monoclonal antibody; RFP, Recombinant fusion proteins; VEGF, Vascular endothelial growth factor

### 3 | ANTI-VEGF AGENTS FOR OCULAR NEOVASCULARIZATION

Anti-VEGF therapy revolutionized the treatment of retinal disorders related to angiogenesis by reducing vascular permeability and decreasing the growth and leakage of new vessels involved in choroidal and retinal neovascularization.<sup>63</sup> The different approved anti-VEGF agents are evidence of the continuous evolution of biotechnology. Anti-VEGF agents comprise a range of molecular modalities (aptamers, mAb, and RFP) (Figure 2) which are formulated as injectable solutions and obtained by innovative biotechnological processes.<sup>35</sup> The approved anti-VEGF agents are mainly applied by intravitreal route for ocular pathologies that present neovascularization as ADM and DR.

Pegaptanib (Macugen) was the first anti-VEGF drug approved by the FDA for the treatment of neovascular AMD.<sup>64</sup> This drug is a pegylated-aptamer that recognizes and selectively binds to the isoform 165 of VEGF.<sup>26,34,65</sup> Structurally, it is a 28-nucleotide ribonucleic acid with the VEGF-binding sequence covalently linked to two ~20-kDa polyethylene glycol (PEG) moieties to increase the half-life of the drug.<sup>65</sup> Pegaptanib (~49 kDa) was superseded by other anti-VEGF drugs that blocked all isoforms of VEGF as ranibizumab and bevacizumab that bind to all the VEGF-A isoforms, and aflibercept that is able to trap VEGF-A, VEGF-B, and placental growth factor (PGF).<sup>34</sup> These remaining drugs nowadays used for the management ocular angiogenesis are based on mAb or RFP.

For mAb, both ranibizumab and bevacizumab are used as anti-angiogenic therapy in ophthalmology.<sup>26,28</sup> Ranibizumab (Lucentis®) is a recombinant, humanized, IgG1κ-isotype, monoclonal antibody fragment (Fab, 48 kDa), whereas bevacizumab (Avastin®) is a fully humanized, IgG1-isotype, monoclonal antibody (149 kDa). Both agents

bind to VEGF-A and inhibit its activity. Ranibizumab was designed for intraocular use and approved by the FDA in 2006 for the treatment of patients with wet AMD.<sup>14,26</sup> As for bevacizumab, it was originally designed to be administered by intravenous infusion for the treatment of metastatic colon or rectal cancer, approved for FDA in 2004<sup>33,66</sup>; however, it is also widely used off-label by ophthalmologists to treat patients via ocular route for treatment of wet AMD or DR.

Although both molecules bind to VEGF and inhibit its action,<sup>28,29</sup> some authors mention that it could be a difference in affinity and potency between ranibizumab and bevacizumab,<sup>67</sup> whereas others researchers declared there is no enough statistical significance to prove it.<sup>68-71</sup> In turn, bevacizumab has demonstrated a comparable efficacy and a considerably lower cost than ranibizumab when both formulations are administered via intravitreal injections.<sup>66,72</sup>

Aflibercept (Eylea<sup>®</sup>) is a RFP (115 kDa) obtained by combining the Fc portion of a full monoclonal antibody and the two highest affinity domains of VEGFR1 and VEGFR2<sup>34</sup> that binds strongly to VEGF and PGF.<sup>73</sup> This RFP was approved in 2011 by the FDA. It works as a VEGF trap molecule: it acts as decoy receptor for VEGF-A isoforms that inhibits the binding and activation of the cognate VEGF receptors and, thereby, its pathway activation of new blood vessels formation.<sup>50,74</sup> Some in vitro studies showed that aflibercept has a greater blocking potency compared to that of either ranibizumab or bevacizumab,<sup>71</sup> whereas other studies showed very similar potencies between ranibizumab and aflibercept.<sup>75</sup>

Among novel investigational anti-VEGF agents in preclinical stage, there are conbercept (FP3/KH902), a soluble RFP derived from the extracellular domains of VEGFR1 and VEGFR2, and the Fc portion of human IgG1, which presents a very high affinity for all isoforms of VEGF-A, VEGF-B, **VEGF-C**, and PGF. This RFP has a similar structure to aflibercept and it showed excellent efficacy in initial clinic studies and great promise as a future treatment option for DME. Other anti-VEGF agents that are being pre-clinically studied are KSI-301, **brolicizumab**, and ziv-aflibercept. KSI-301 (Kodiak Sciences) is a novel anti-VEGF antibody biopolymer conjugate (950 kDa) developed for the treatment of retinal vascular diseases; it has a large molecular structure to prolong the estimated intraocular anti-VEGF effect. In contrast, brolicizumab (RTH258) is a single-chain antibody fragment (scFv) with a small molecular weight (26 kDa) in the line of anti-VEGF antibodies, which is capable of inhibiting all isoforms of VEGF-A.<sup>76</sup> Ziv-aflibercept (25 mg/mL, 1000 mOsm/kg) is an identical molecule to aflibercept, but formulated at a lower concentration and higher osmolarity than the human vitreous, resulting in hyperosmolarity. It was FDA-approved for intravenous administration for treatment of colorectal carcinoma and it has been studied as alternative intravitreal treatment for retinal disorders despite no being approved for ocular use.<sup>63</sup>

In addition, emerging therapies based on gene therapy are setting in as a novel, efficient, and specific antiangiogenic strategy treatment by inducing anti-VEGF endogenous factor expression.<sup>5,77</sup> With this background, BD are being used in AMD or DR,<sup>77,78</sup> and recent efforts are focused on the gene therapy which can be substantially more effective by targeting the disease in its genetic origin and acting at a

molecular level by introducing the therapeutic gene which stimulates or inhibits the expression of a protein of interest in the pathology.<sup>52,79</sup> These new therapies are described in following sections.

As it has been discussed, there are studies focusing on new and alternative therapies constantly in progress, as well as studies focusing on the effectiveness of approved anti-VEGF agents based on mAb and RFP, which is related to their binding capacity with VEGF and their capacity to hold back the angiogenesis resulting in vision improvement.<sup>4,26</sup>

## 4 | MAJOR CHALLENGES OF ANTI-VEGF DRUGS

The human eye is a globular structure divided in the anterior and posterior segments, according to their proximity to the outer part, and it possess specific biological barriers that protect it against foreign substances.<sup>80</sup> The anterior segment includes the cornea, iris, lenses, and aqueous humor, whereas the posterior segment is composed of vitreous, retina, choroids, and sclera. The cornea is the main biological barrier due to its anatomical structure made of several layers of epithelial cells and its charged surface that repels the majority of molecules.<sup>16,81,82</sup>

Topical instillation is the most accepted route administration for the eye. However, drugs almost never reach a therapeutic concentration due to the eye characteristics, requiring large doses which can result in undesired adverse effects.<sup>83</sup> Ocular injections are required for the administration of anti-VEGF agents intended to treat pathologies of the posterior segment of the eye such as AMD, DR, and DME,<sup>84</sup> being the intravitreal injection the most common route since can achieve therapeutic concentrations in retina and choroids. These pathologies are characterized by compromising vision in many patients, and both rapid establishment of treatment and maintenance of drug effective concentrations at the site of action for as long as possible are essential. To achieve the latter, the schedule dosage requires frequent injections of anti-VEGF agents which can lead to serious adverse effects such as intravitreal hemorrhage, endophthalmitis, retinal detachment, raise of the intraocular pressure, retinal detachment, and cataracts, among others.<sup>15,58,85</sup>

After an intravitreal drug injection and following its distribution in the vitreous humor the retina, the drug can egress into the systemic circulation via the choroidal vasculature and aqueous humor outflow. The exposure of the site of therapeutic action to anti-VEGF agents could be dependent on their pharmacokinetic performance, since these drugs are generally uniformly distributed from the retina to the vitreous.<sup>86</sup> The pharmacokinetic performance of anti-VEGF agents after intravitreal administration has been studied in experimental models as well as in patients with considerable variations with one another.<sup>87,88</sup> In rabbits, bevacizumab showed the longest vitreous half-life (6.99 days) compared with aflibercept (3.92 days) and ranibizumab (2.51 days). However, a comparable vitreous half-life for anti-VEGF has been observed in patients with different ocular angiogenesis; anatomical and biological changes related to the pathology could influence the drug performance.<sup>89,90</sup>

Animal pharmacokinetic studies of a variety of antibodies and antibody fragments showed that agents with a high molecular weight—like bevacizumab—could increase their ocular residence time when compared to agents with a lower molecular weight—such as ranibizumab.<sup>86</sup> On the other hand, agents containing a Fc have greater systemic exposures after intravitreal administration by binding to the neonatal Fc receptor (FcRn), expressed by endothelial cells in the blood retinal barrier; whereas agents devoid of Fc regions show a significant reduction in systemic exposures. Both molecular size and presence of the Fc function influence ocular residence time and also the systemic clearance. Agents with higher molecular size like complete mAb are not kidney-excreted through urine, instead they are recycled through a FcRn-mediated mechanism.<sup>91,92</sup> In line with this, different findings about pharmacokinetics of anti-VEGF intravitreal administration suggest that bevacizumab presents longer systemic exposure levels than aflibercept and ranibizumab. Although only small amounts of anti-VEGF are released from the eye into the systemic circulation, it should be taken into account due to the fact that it could suppress plasma-free VEGF and lead to possible adverse events.<sup>34,93</sup>

While approved anti-VEGF agents are currently efficacious, they present certain limitations such as frequently needed injections, high treatment cost, and uneven response to treatment.<sup>76</sup> These challenges have led to an active search for more novel agents that may be able to overcome these limitations. Thus, biotechnological tools are continuously applied to improve the efficacy and safety profile of current therapeutic mAb and Fab, either by designing novel, more potent or multispecific inhibitors. On the other hand, nanotechnological tools are also being studied to extend BD half-life in the vitreous and/or combine them with other drugs with different mechanisms of action with the aim of reduce the frequency of intravitreal injections and minimizing undesired systemic exposure.

Aflibercept shows better performance in pharmacokinetic and pharmacodynamics parameters than ranibizumab and bevacizumab thanks to advances in biotechnological tools. A comparison in terms of clinical efficacy between anti-VEGF therapies with these agents is very complex to analyze since treatment schedule, ocular disorder, doses, and costs should be considered. However, different studies seem to indicate similar long-term effects. Thus, no substantial difference between aflibercept and ranibizumab has been observed in patients with AMD<sup>94,95</sup> or even between bevacizumab and ranibizumab when both were administered with the same treatment schedule.<sup>96</sup> This leads us to think that the optimization of drug behavior after ocular administration could have a considerable impact on clinical efficacy. The use of strategies to agent control release, decreasing the intravitreal elimination rate or avoid the systemic absorption could lead to an improvement of therapeutic schedule. A less frequent treatment regimen may reduce treatment burden for patients and healthcare costs.<sup>34</sup>

It is noteworthy that in addition to the advancement of biotechnology, there is also a constant development of drug delivery systems to overcome limitations associated with BD. In this sense, nanotechnological tools are widely applied as drug delivery systems and they are being explored as a means to transport BD. It must be taken into account that BD require special attention regarding

the parameters used to obtain nanoparticles, such as temperature, pH, and that the excipients used must be compatible with the route of administration. With this on mind, the nanoparticulate systems developed in the field of preclinical anti-VEGF research as alternatives to approved injectable solutions are detailed in the following section.

Although this seems remote, the sum of these two technologies may become a powerful strategy for the optimization of BD therapies in the future, taking into account that there are already available formulations based on liposomes, liposomes-stealth, conjugates between drugs and mAb, and RPF conjugated to pegylated drugs, among others.

## 5 | NANOPARTICULATE SYSTEMS FOR BD DELIVERY INTENDED FOR OCULAR ANGIOGENESIS TREATMENT

In order to overcome ocular therapies limitations, the development of novel delivery systems is constantly under study. In this way, nanotechnology has been exploited in ocular therapy with overall good results.<sup>58,81,97</sup> Nanomedicine is the use of nanotechnology in medicine. It is the science and technology used in the design and evaluation of systems at nanometric scale, made up of at least the active principle or biologically active molecule and the system itself, which generates a special applicability related to diagnosis, monitoring, treating, or prevention of a disease at the expense of its physical, chemical, and biological properties.<sup>98-100</sup>

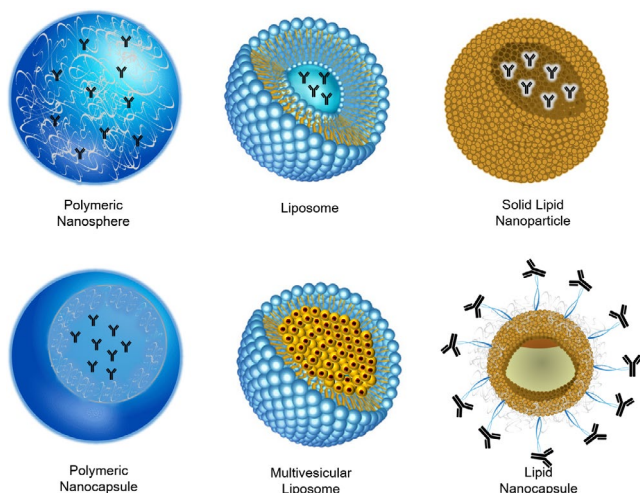
Nanoparticulate systems have sizes in the range of 1-1000 nm. In general, a bioactive molecule or a drug can be adsorbed, encapsulated, trapped or covalently bound to a matrix of nanoparticles<sup>98</sup> and, thus, its pharmacokinetics and pharmacodynamics can be modified. There is a wide variety of nanoparticulate systems with different properties, such as water-soluble macromolecules, polymeric nanoparticles, dendritic structures, micelles, solid lipid nanoparticles, nanostructured lipids, lipid nanocapsules, and liposomes, among others.<sup>99</sup> Nanotechnological tools could allow—an improvement in the drug solubility or permeation resulting in better bioavailability.<sup>101</sup> Moreover, drug encapsulation in nanoparticles could make the drug less obvious for the immunological system and it could provide sustained release.<sup>81,84,101,102</sup> In relation to BD, this strategy is being exploited mainly on mAb<sup>84,102</sup> which have been used in the clinic for some time.

Anti-VEGF agents are mainly administered through ocular injections. Therefore, improving injection parameters, for example, frequency and dose (that could result in a better pharmacological therapy), and even replacing injections with topical administration altogether are the main challenges to overcome. In this way, efforts are focused toward improving the pharmacokinetics of the drugs through nanotechnology. Several nanoparticle systems (Figure 3), both lipid and polymeric, have been studied for anti-VEGF ocular delivery<sup>30,103</sup> which are summarized in Tables 1 and 2 and described in the following sections.

## 5.1 | Nanoparticles based on polymers

Efforts have been mainly focused in the development of nanoparticles as carriers of bevacizumab, since it has demonstrated a similar efficacy and a notable lower cost than ranibizumab when both formulations are administered via intravitreal injections.<sup>72,104</sup> Among polymeric nanoparticles (Table 1), those based on poly (lactic-co-glycolic acid) (PLGA) have been widely explored to transport this molecule, with promising results for ocular administration. PLGA is composed of lactic acid and glycolic acid, and it is widely used in drug delivery systems due to its biodegradability and biocompatibility.<sup>105</sup> Generally, bevacizumab-loaded PLGA nanoparticles have a size around 200–300 nm<sup>103,106–108</sup> or even smaller<sup>109</sup> and they are prepared by different variants of double-emulsion solvent evaporation procedure.

It should be taken into account that the preparation process, the excipients, and the formation of aggregates could affect the activity of the antibody; therefore, stability of the nanoparticulate system and antibody structure is usually studied. A dramatic reduction in bevacizumab concentration and activity was observed after it was encapsulated in PLGA-nanoparticles through a modified double-emulsion solvent evaporation procedure. However, different additives were evaluated to protect bevacizumab performance. Albumin was the most successful one: it allowed to obtain a formulation without neither detectable bevacizumab aggregates or structural fractures that had a size of 197 nm, narrow size distribution, negative zeta potential, and high encapsulation efficiency of bevacizumab (82.4%).<sup>106</sup> In this way, it was observed that VEGF-165 binding activity of bevacizumab and its physical and chemical stability of bevacizumab were maintained at 37 °C during the 4-month study after bevacizumab-coated polylactic acid (PLA) nanoparticles (265 nm) were encapsulated inside the porous PLGA microparticles (11.61 µm). Moreover, no visible aggregates were present in released bevacizumab, until the end of the study.<sup>110</sup>



**FIGURE 3** Representative nanoparticulate systems developed for delivery of anti-VEGF agents.

*Note:* The figure schematizes nanoparticulate systems loaded with a mAb.

In other work, bevacizumab structure was studied after encapsulation in PLGA-nanoparticles and after release from PLGA-nanoparticles. The secondary structure of bevacizumab is dominated by  $\beta$ -sheet (characteristic of IgG) which could be caused by the lyophilization process used in the preparation methods of PLGA-nanoparticles, that still allows the formation of intermolecular  $\beta$ -sheets due to water removal. It has been observed that although there were bevacizumab conformational changes while encapsulated into PLGA-nanoparticles, a refolding of bevacizumab structure could occur after its release, as suggested by the circular dichroism spectrum of released bevacizumab, which is similar to the native bevacizumab spectrum.<sup>103</sup> In this way, the co-encapsulation of trehalose and bevacizumab was explored to achieve long-term bevacizumab stability in PLGA nanoparticles using lyophilization. The nanoparticles with an external 10% (w/v) of trehalose, allowed to maintain the physical-chemical characteristics of the nanoparticles and the secondary and tertiary structure of bevacizumab. In addition, the antiangiogenic activity of bevacizumab was kept over 6 months of storage.<sup>111</sup>

In relation to bevacizumab release, these nanoparticulate systems allowed a controlled release of the drug. An in vitro study showed a pH-dependent bevacizumab release profile during 168 hours,<sup>103</sup> with a bevacizumab sustained release at around 14% in a buffer, pH = 7.4. Other study showed that bevacizumab experienced an initial burst release with more than 40% of bevacizumab released from bevacizumab-encapsulated PLGA in the first 2 hours in phosphate-buffered saline, another sustained release (40%) in the next 7 days, followed by a slow drug release for up to 21 days.<sup>109</sup> Also, a very slow and consistent drug release was obtained with chitosan-coated PLGA nanoparticles of bevacizumab that did not achieve complete release until 72 hours (maximum 25%).<sup>108</sup> In diluted rabbit vitreous (ex vivo), bevacizumab-loaded PLGA nanoparticles showed an initial burst release of about 10.3% of the encapsulated dose and then, a slow rate of drug release.<sup>106</sup> Also, bevacizumab-coated PLA nanoparticles encapsulated inside the porous PLGA microparticles have showed a sustained release of bevacizumab in vitro with a cumulative total release between 67% and 81% at 4 months when prepared with bevacizumab PLA nanoparticles between 5% and 15% w/w.<sup>110</sup> Beyond the fact that aflibercept is the most recently used drug in clinic practice, PLGA nanoparticles have also been studied as a carrier system for this RFP. The obtained spherical nanoparticles showed high encapsulation efficiency (75%) and a sustained release of drug reaching 75% of drug release at 7 days, whereas an aflibercept solution released the full payload in 24 hours.<sup>112</sup>

The ocular performance efficacy of bevacizumab-loaded PLGA nanoparticles has also been studied. The maximum bevacizumab concentration in vitreous was obtained a week after the bevacizumab-loaded PLGA-nanoparticles injection, whereas the maximum bevacizumab concentration for Avastin<sup>®</sup> was observed immediately after the injection.<sup>113</sup> There was no evidence of ocular toxicity after the ocular administration of these nanoparticles, whereas the distribution in posterior segment tissues such as retina, choroid and sclera was observed, along with a concentration decrease 7–56 days after administration.<sup>113</sup> Similar results were observed with other nanoparticles in which the maximum concentration of bevacizumab in the

TABLE 1 Polymeric nanoparticles for delivery of anti-VEGF agents

Active molecule	Main polymer	Nanoparticulate system	Components	Mean particle size (nm)	Main results in ocular delivery	Preparation method	Refs.
Bevacizumab and dexamethasone	PLGA	PLGA-nanoparticles	PLGA and polyethylenimine PVA	190–222	<ul style="list-style-type: none"> <li>in vitro sustained release</li> <li>Enhanced efficacy inhibiting tube formation and VEGF secretion in HUVEC.</li> <li>Increased antiangiogenic efficacy of choroidal neovascularization in a rabbit model</li> </ul>	Emulsion-solvent evaporation	107
Bevacizumab	PLGA and Chitosan	Chitosan-coated PLGA nanoparticles	PLGA, chitosan and PLGA	222	<ul style="list-style-type: none"> <li>Increased drug transscleral permeation (ex vivo, goat)</li> <li>Enhanced bioadhesion in pig mucin suspension</li> </ul>	Emulsion-solvent evaporation	108
Bevacizumab	PLGA	PLGA-nanoparticles	PLGA, ethyl acetate and PVA	198	<ul style="list-style-type: none"> <li>pH-dependent bevacizumab release (in vitro)</li> </ul>	Double-emulsion solvent evaporation	103,111
Bevacizumab	PLGA	PLGA-albumin nanoparticles	PLGA, PVA and albumin		<ul style="list-style-type: none"> <li>Sustained release formulation of bevacizumab for about 2 months, after intravitreal injection in rabbits</li> <li>Increased half-life of drug in rabbit vitreous and aqueous humor</li> </ul>	Double-emulsion solvent evaporation	106,113
Bevacizumab	PLGA	PLGA-nanoparticles	PLGA, PVA and Tween® 80	133	<ul style="list-style-type: none"> <li>in vitro sustained drug release</li> <li>Increased half-life of drug in mice vitreous and aqueous humor</li> <li>Enhanced antiangiogenic properties in HUVEC</li> <li>Enhanced antiangiogenic efficacy in an oxygen-induced retinopathy mice model and a corneal neovascularization mice model</li> </ul>	Double-emulsion solvent evaporation	109
Bevacizumab	PLGA	Nanoparticles in porous microparticles	PLGA and PVA	265	<ul style="list-style-type: none"> <li>in vitro sustained release</li> <li>in vivo sustained release and high drug levels in vitreous humor at 2 months after intravitreal injection in a rat model</li> </ul>	Emulsion-solvent evaporation	110
Bevacizumab	Mesoporous silica	Mesoporous silica nanoparticles	Tetraethyl orthosilicate, cetyltrimethylammonium chloride, triethanolamine, 3-aminopropyltriethoxysilane (3-aminopropyl) triethoxysilane, and mPEG-succinimidyl carboxymethyl ester	140	<ul style="list-style-type: none"> <li>Prolonged drug residency in vitreous and aqueous humor</li> <li>Enhanced antiangiogenic properties in HUVEC</li> <li>Enhanced antiangiogenic efficacy in an alkaline burn-induced corneal neovascularization mice model and an oxygen-induced retinopathy model</li> </ul>	Nanocasting	114

(Continues)

TABLE 1 (Continued)

Active molecule	Main polymer	Nanoparticulate system	Components	Mean particle size (nm)	Main results in ocular delivery	Preparation method	Refs.
Ranibizumab	PLGA-PEG copolymer	PLGA-PEGylated magnetic nanoparticles	Iron oxide, PEG and PLGA	5–10	<ul style="list-style-type: none"> <li>Inhibition of the tube formation in HUVEC</li> </ul>	Ring opening polymerization, following addition of iron oxide nanoparticles	115
Bevacizumab	Chitosan	Chitosan grafted-polyethylene glycol methacrylate nanoparticles	Chitosan, polyethylene glycol methacrylate, Tween® 80 and Span® 80	200–900	<ul style="list-style-type: none"> <li>in vitro slow release rate</li> <li>Enhanced efficacy as antiangiogenic in a rabbit model of diabetes</li> </ul>	Double cross-linking (ionic and covalent) process in reverse emulsion	118
Bevacizumab	Chitosan	Chitosan nanoparticles	Chitosan and triphosphosphate	188	<ul style="list-style-type: none"> <li>in vitro sustained release</li> <li>High intravitreal drug concentration after subtenon injection in rabbit</li> </ul>	Ionic gelation	119
Bevacizumab	Chitosan	Chitosan nanoparticles	Unspecified	88.9	<ul style="list-style-type: none"> <li>in vivo sustained release after intravitreal injection in rats</li> <li>Inhibition of VEGF expression in retina after an intravitreal injection and longer duration of action in a diabetic retinopathy rat model</li> </ul>	Unspecified	120
Ranibizumab	PLGA and chitosan	PLGA microparticles entrapping chitosan nanoparticles	PLGA, chitosan, hyaluronic acid, among others.	17–350	<ul style="list-style-type: none"> <li>in vitro sustained release</li> <li>Enhanced antiangiogenic properties in HUVEC</li> </ul>	Chitosan crosslinking -modified double emulsion method	122
Bevacizumab	Human serum albumin	Human serum albumin nanoparticles	Human serum albumin and glutaraldehyde	310	<ul style="list-style-type: none"> <li>in vitro sustained release</li> <li>Formulation is remained in the eye for more than 4 hours post-topical administration</li> <li>Improved antiangiogenic efficacy in a rat corneal neovascularization model</li> </ul>	Desolvation followed by freeze-drying	123,124
Bevacizumab and suramin	Human serum albumin	Human serum albumin nanoparticles	Human serum albumin, glutaraldehyde and Gantrez® ES-425	158–210	<ul style="list-style-type: none"> <li>in vitro sustained release</li> </ul>	Desolvation	125

Abbreviations: HUVEC, Human umbilical vein endothelial cells; PEG, polyethylene glycol; PLGA, poly(lactide-co-glycolic acid); PVA, polyvinyl alcohol; VEGF, vascular endothelial growth factor.



TABLE 2 Nanoparticles based on lipids for delivery of anti-VEGF agents

Active molecule	Nanoparticulate system	Components	Mean particle size (nm)	Main results in ocular delivery	Preparation method	References
Bevacizumab	Liposomes	Phospholipids and lipids of different chain size	120–385	<ul style="list-style-type: none"> <li>• in vitro sustained release</li> <li>• Slow release and retained antibody activity after intravitreal administration in rabbits</li> </ul>	Lipid hydration and extrusion	126
Bevacizumab	Liposomes	Phospholipids and lipids of different chain size	Unspecified	<ul style="list-style-type: none"> <li>• Prolonged residency time of bevacizumab in the rabbit vitreous after intravitreal injection</li> </ul>	Dehydration-rehydration	127
Bevacizumab	Multivesicular liposomes	Phospholipids and lipids of different chain size, albumin and PVA	1190–4360	<ul style="list-style-type: none"> <li>• in vitro sustained release</li> <li>• Prolonged residency time in eye after intravitreal injection in a rabbit model</li> <li>• Enhanced antiangiogenic efficacy in a laser-induced choroidal neovascularization rat model</li> </ul>	Double emulsification	128
Bevacizumab	Solid lipid nanoparticles	Solid lipid mix and stabilizers	515–1213	<ul style="list-style-type: none"> <li>• Enhanced antiangiogenic properties in HUVEC</li> <li>• Enhanced in vitro permeability through a hCMEC/D3 cell monolayer</li> </ul>	Fatty-acid coacervation	129
Bevacizumab and triamcinolone	Lipid nanocapsules	Lipid mix and stabilizers	113–182	<ul style="list-style-type: none"> <li>• Enhanced antiangiogenic properties in HUVEC</li> </ul>	Phase inversion temperature	131

Abbreviations: hCMEC/D3, primary human brain microvascular endothelial cell line; HUVEC, Human umbilical vein endothelial cells.

vitreous body and aqueous humor was observed at about 6 days after bevacizumab-loaded PLGA-nanoparticles injection, which showed a significantly greater half-life than the bevacizumab solution.<sup>109</sup> Comparable results were observed for bevacizumab-loaded nanoparticles based on mesoporous silica, in which the maximum concentration of bevacizumab in the vitreous and aqueous humor was observed at about 7 days after the formulation injection.<sup>114</sup>

Also, a more sustained delivery of bevacizumab from bevacizumab-coated PLA nanoparticles encapsulated inside the porous PLGA was observed in rats after intravitreal injection of the system compared to bevacizumab solution, with a concentration of 21.1 µg/mL of bevacizumab in the vitreous on day 1 and 13.96 µg/mL on day 45. Moreover, bevacizumab was present in sclera, choroid-retinal pigment epithelium, vitreous, and lens tissue 2 months after dose administration, suggesting sustained release.<sup>110</sup>

in vitro studies have shown that endothelial cell proliferation significantly decreased after incubation with either bevacizumab-loaded PLGA-nanoparticles<sup>103</sup> or bevacizumab, whereas others studies showed that the nanoparticle formulation was more effective than the antibody solution in inhibiting VEGF-mediated endothelial cell proliferation, migration, and tube formation.<sup>109</sup> The latest bevacizumab-encapsulated PLGA had no significant cytotoxicity and tissue toxicity effect in vitro and in vivo. Also, in vivo studies showed that they enhanced the anti-angiogenic efficiency of bevacizumab in treating corneal neovascularization and retinal neovascularization in a model of oxygen-induced retinal angiogenesis. Thus, authors concluded that this formulation of bevacizumab-loaded PLGA nanoparticles could increase the bioavailability and decrease the toxicity of bevacizumab during ocular angiogenesis therapy. In the same way, the aforementioned nanoparticles based on mesoporous silica also presented high antiangiogenic effect in in vitro assays of VEGF-induced endothelial cell proliferation, migration, and tube formation and, also, showed sustained inhibitory effects on corneal neovascularization and retinal neovascularization in vivo.<sup>114</sup>

On the other hand, electrostatically conjugated bevacizumab in dexamethasone-loaded poly (D,L-lactide-co-glycolide)/polyethyleneimine nanoparticles showed a good anti-angiogenic effect in apoptosis, migration, invasion, and tube formation assays, greatly reducing the amount of blood vessels in in vivo chick embryo chorioallantoic membrane assay and decreasing the leakage area in laser-induced rabbit choroidal neovascularization model.<sup>107</sup>

Collectively, the encapsulation of bevacizumab in PLGA-nanoparticles seems to be a good alternative for ocular administration of this antibody. It allows a sustained release, increases the half-time of bevacizumab, and it might potentially offset some of the treatment drawbacks.

In addition to the advantages offered by PLGA-nanoparticles as an anti-VEGF delivery system, it has been explored combining them with other nanoparticles or materials. Thus, nanoparticles based on conjugated iron oxide (Fe<sub>3</sub>O<sub>4</sub>)/polyethylene glycol- poly lactide-co-glycolide (PEG-PLGA) have shown an efficient inhibition of the tube formation in the matrigel-based assay method by using human umbilical vein endothelial cells.<sup>115</sup> Besides, the surface of PLGA

nanoparticles can be modified to enhance its ocular performance. In fact, a formulation of chitosan-coated PLGA nanoparticles loaded with bevacizumab showed high mucoadhesive strength with pig mucin suspension, which resulted in an increase in scleral permeation. The nanometric size and chitosan-coating of the nanoparticles can explain the enhanced permeation due to the interaction of a positively charged amino group of chitosan with negatively charged scleral surface. In addition, these nanoparticles resulted non-irritant and well tolerated by the chorioallantoic membrane, suggesting that they may be used for ocular administration.<sup>108</sup>

Chitosan is considered to be a mucoadhesive cationic polymer as a result of the ability of its positively charged amino groups to develop molecular attraction forces by electrostatic interactions with the negative charges of the mucous layer. This polymer is a biocompatible and biodegradable material that does not present any risk of accumulation or retention in the body, therefore it could be very useful in the preparation of ocular nanoparticles.<sup>116,117</sup>

In addition to being used to coat nanoparticles, chitosan can form a matrix of polymeric nanoparticles. Accordingly, chitosan nanoparticles have been studied as bevacizumab carriers. Thus, polymeric nanocarriers based on the chitosan grafted poly (ethylene glycol) methacrylate with high water solubility were studied as a drug delivery system of bevacizumab. This system retained the maximum amount of drug (0.327 mg bevacizumab/mg nanoparticles) after 72 hours, with an encapsulation efficiency of 39%. It also showed a controlled drug release for several days, related to the swelling behavior in an aqueous environment. Moreover, it resulted practically non-toxic, hemocompatible and it had moderate efficacy in the treatment of inflammation induced by lipopolysaccharide and central retinal vein occlusion models in rabbits and high efficacy as an anti-angiogenic treatment in a model of diabetes in rabbits.<sup>118</sup>

In other study, bevacizumab-loaded chitosan nanoparticles with a diameter around 188 nm, showed an in vitro release for 3 weeks in the case of nanoparticles that had a 38% loading efficiency. Furthermore, this nanoparticulate system could penetrate through the sclera, did not produce any allergic or inflammatory reaction after ocular administration and reached high intravitreal concentrations of bevacizumab after subtenon injection.<sup>119</sup> In the same way, the effect of bevacizumab-chitosan nanoparticles of around 90 nm prepared by an emulsification-evaporation method, was evaluated regarding the pathological morphology of the retina, and the expression of VEGF protein and VEGF mRNA in the retina of diabetic rats. The results showed that the intravitreal injection of bevacizumab inhibits VEGF expression in retina, and bevacizumab-chitosan nanoparticles have a longer duration of action compared with a solution formulation.<sup>120</sup> In addition, the preparation of ocular biodegradable implants containing bevacizumab-loaded nanoparticles has been explored to design a sustained release formulation combining different polymers. Thus, bevacizumab-loaded chitosan nanoparticles of 78.5 nm and an entrapment-efficiency of 67.6%, prepared by ionic gelation method and inserted in a matrix of hyaluronic acid and zinc sulfate, showed an appropriate extended release of bevacizumab from the carrier over 60 days. These results can be associated with the cationic character

of chitosan that improves bioadhesion<sup>16</sup>; moreover, hyaluronic acid showed improvements in mucoadhesion and drug release.<sup>121</sup> In other study, different PLGA microparticles incorporating chitosan-based nanoparticles (17–350 nm) were explored as ranibizumab carrier. These systems presented a drug entrapment efficiency up to 69% and slow drug release in nanoparticles containing chitosan-N-acetyl-L-cysteine. Conversely, the incorporation of tripolyphosphate to this formulation increased the rate of protein release and reduced entrapment efficiency. Furthermore, ranibizumab released from all preparations maintained its structural integrity and in vitro activity.<sup>122</sup>

Additionally, nanoparticles based on human serum albumin were explored as a bevacizumab delivery system. Human serum albumin is the most abundant protein in human blood and is a natural and suitable material for the preparation of nanoparticles intended for drug delivery. Bevacizumab-loaded nanoparticles were prepared by a desolvation process followed by freeze-drying, without any chemical, physical or enzymatic cross-linkage. These nanoparticles showed a mean size of 310 nm, a high payload and a bevacizumab release profile characterized by an initial burst effect, proceeded by a continuous release of bevacizumab at a rate of 6 µg/hour. No alteration has been observed after their incubation with retinal pigment epithelium cells. Besides, they showed a significantly higher capability to inhibit the formation of new vessels than that of free bevacizumab in a rat model of corneal neovascularization after topical administration once a day. Reduced inflammation, fibroblast activity and edema were observed when animals were treated with this nanoparticulate system. Despite the bioadhesive properties of polymer PEG, the surface modification in these nanoparticles with this polymer ("pegylation") did not offer any improvement to the antiangiogenic effect of bevacizumab.<sup>123</sup> On the other hand, the preparation of human serum albumin nanoparticles to load bevacizumab with crosslinking agents as stabilizers, was explored. While human serum albumin nanoparticles crosslinked with glutaraldehyde did not result suitable to load bevacizumab due to the inactivation of the antibody after reacting with this crosslinking,<sup>124</sup> human serum albumin nanoparticles stabilized by Gantrez® ES-425 presented important payloads (97 µg/mg nanoparticle) of the active form of the antibody and a release profile characterized by a small burst effect followed by a sustained release rate.<sup>125</sup>

As it is well-known, polymeric nanoparticles represent a versatile and effective system for drug delivery. In turn, these nanoparticulate systems prove to be an auspicious carrier of anti-VEGF agents, which can lead to an optimized ocular therapy taking into account the results reported for these systems in relation with the improvements in permeation, controlled drug release, and efficacy.

## 5.2 | Nanoparticles based on lipids

Lipid-based nanoparticles as system carrier for anti-VEGF agents compared with polymeric nanoparticles have shown a lower degree of development. This can be explained by the fact that lipid components can limit the loading of hydrophilic molecules such as anti-VEGF agents. However, the advantages of lipid-based systems

are greater than the challenge and some progress has been possible. Thus, liposomes, solid lipid nanoparticles and lipid nanocapsules as bevacizumab nanocarriers have been developed.

Conventional liposomes with DPPC:DPPE:DPPG:cholesterol compositions of 60:10:0:30, 65:5:5:25, and 60:5:5:30, and stealth liposomes were developed as bevacizumab drug delivery systems. All formulations were able to extend the release time and prevent protein degradation until release. Accelerated stability studies showed that presence of adjuvants like trehalose and beta carotene seemed to maintain the stability of the antibody in a liposomal solution. Additionally, an *in vitro* cytotoxic assay with retinal pigment epithelium cells showed that the adjuvants maintained cell viability after incubation of liposomes encapsulating bevacizumab at varying concentrations, whereas cell viability decreased after incubation with a bevacizumab solution at the same concentrations. Also, *in vivo* studies showed that bevacizumab minimum therapeutic concentration in the vitreous was maintained up to 22 weeks after a single intravitreal administration of bevacizumab encapsulated within the liposomes, whereas bevacizumab solution was eliminated before 6 weeks. Thus, these liposomal formulations result interesting alternatives to reach a slow release of bevacizumab and to retain its anti-VEGF activity.<sup>126</sup> In line with this results, another bevacizumab-loaded liposomal formulation showed a higher drug concentration in vitreous (48 µg/mL) 28 days after the intravitreal injection in comparison to the concentration observed for an injection of bevacizumab solution (28 µg/mL) after the same time. Also, the clearance of bevacizumab in the vitreous from liposomal formulations was slower than that of the soluble form.<sup>127</sup>

On the other hand, multivesicular liposome formulation was developed to improve bevacizumab bioavailability by a double emulsification method. First, several additives were evaluated regarding their preservation of the bioactivity of bevacizumab during emulsification. It was found that the use of 10% of human serum albumin helped to preserve the antibody activity. Bevacizumab multivesicular liposomes achieved a high encapsulation efficiency (80%) of the antibody and showed a sustained release of bevacizumab in different mediums *in vitro*. Also, antibody structural integrity was retained after its release. *in vivo* imaging studies in rats after intravitreal formulations injection confirmed the sustained delivery properties of liposomal formulation due to a slower elimination rate of bevacizumab-loaded multivesicular liposomes compared to a bevacizumab solution (both labeled to a hydrophilic fluorescence dye ester). Moreover, a pharmacokinetics assessment showed higher concentrations and half-life of bevacizumab in the vitreous after a bevacizumab-loaded multivesicular liposomes injection in comparison to those observed after the administration of antibody solution. The area under the curve of bevacizumab-loaded multivesicular liposomes was twice greater than antibody solution. Finally, bevacizumab-loaded multivesicular liposomes could effectively inhibit the thickness of chorioidal neovascularization lesion in an animal model.<sup>128</sup>

In addition to liposomal formulations, other lipid-based nanoparticles have been studied as a bevacizumab nanocarrier, such as solid lipid nanoparticles. Thus, bevacizumab entrapped in solid lipid nanoparticles has been prepared by the fatty-acid coacervation technique using a hydrophobic ion pair between bevacizumab and sodium dioctyl sulfosuccinate to increase lipophilicity of antibody

and facilitate its incorporation into this nanoparticulate system, thanks to the hydrophilic molecule. The obtained formulation was homogeneous and presented a bevacizumab entrapment efficiency of around 30%. In physiologic pH conditions, no bevacizumab release from the solid lipid nanoparticles was observed at 48 hours, whereas the nanoparticulate system significantly inhibited cell migration of endothelial cells at concentrations that were 100–50 times lower than those of free bevacizumab. Also, they inhibit endothelial tube formation, being 100–200 times more active than the free drug. Although this nanoparticulate system was developed as therapeutic alternative to glioblastoma treatment, *in vitro* results may suggest that it could be evaluated for ocular angiogenesis treatment.<sup>129</sup>

Recently, a novel hybrid formulation based on lipid nanocapsules containing bevacizumab on the surface and triamcinolone acetonide in the inner core was developed to improve ocular therapy; taking into account the strong need to develop complementary and synergistic therapies to target other biomarkers involved in angiogenesis and the high efficacy presented by triamcinolone-loaded lipid nanocapsules in the endotoxin-induced uveitis rabbit model.<sup>130</sup> For this purpose, a phase inversion-insertion one-step method was developed for drug loading and surface modification in nanocapsules by post-inserting a bifunctional polymer, followed by antibody coupling using “click” chemistry. The novel hybrid lipid nanocapsule formulation presented nanometric size (102 nm), negative surface potential, and exhibited 56% of corticosteroid drug in the lipid core. Moreover, it tended to prevent endothelial cell migration and significantly prevented *in vitro* VEGF-induced capillary formation, proving that the antibody maintained its bioactivity after nanocapsule conjugation. Thus, it is a promising alternative to improve the therapy for eye disorders that occur with inflammation and/or neovascularization.<sup>131</sup>

As discussed earlier, lipid nanoparticles represent an efficient system for drug delivery considering their easy formulation and the possibility of post-formulation modifications that allow improves their characteristics. Also, the lipids used are generally recognized as safe and they have good biocompatibility. Despite the major challenge about hydrophilic molecules loading in lipid-based nanoparticles, an important progress has been observed in this research field with encouraging results about the *in vitro* and *in vivo* effect of bevacizumab loaded in them.

## 6 | DEVELOPING MOLECULES AND THERAPIES FOR TREATMENT OF OCULAR ANGIOGENESIS

Novel molecules are continually being developed as alternative to anti-VEGF agents for ocular angiogenesis treatment including, primarily, RFP and peptides that act directly on the VEGF signaling pathways<sup>132,133</sup> and also inhibit ocular angiogenesis by other mechanisms not VEGF-related, like fibroblast growth factor,<sup>134,135</sup> matrix metalloproteinases,<sup>136</sup> and certain genes expression cascade.<sup>137,138</sup>

Among this, it has been reported an insulin-like growth factor called CW-703, which showed suppression of endothelial cell

TABLE 3 Developing molecules and therapies for treatment of ocular angiogenesis

Active molecule	Molecular features	Target pathology	Main results	References
CW-703	Peptide from human insulin-like growth factor-2	Retinal angiogenesis	<ul style="list-style-type: none"> <li>Suppression of cell proliferation, migration and tube formation in HUVEC</li> <li>Prevention of angiogenesis in a chicken chorioallantoic membrane model and an oxygen-induced retinopathy mice model after intravitreal injection</li> </ul>	137
rAPN	Recombinant adiponectin	Choroidal neovascularization	<ul style="list-style-type: none"> <li>Inhibition of tubes induced by vitreous humor of patients with PDR and VEGF in both HUVEC and human retinal microvascular endothelial cells.</li> </ul>	133
RC-28-E	VEGF/bFGF dual decoy receptor (IgG1 Fc-fusion protein)	Choroidal neovascularization	<ul style="list-style-type: none"> <li>Reduction in choroidal neovascularization in a monkey model</li> <li>Increased half-life in vitreous and aqueous humor on a primate model after intravitreal injection</li> </ul>	134,135
DAVP2 and DAVP3	Recombinant fusion protein containing the ligand-binding domains of VEGFR1, VEGFR2 and PDGFR $\beta$	Ocular angiogenesis	<ul style="list-style-type: none"> <li>Suppression of the cell migration and proliferation in HUVEC, and abolishment of VEGFR2 and PDGFR<math>\beta</math> activation</li> <li>Inhibition of laser-induced choroidal neovascularization in a mouse model</li> </ul>	138
AXT 107	Mimetic peptide derived from collagen IV	Ocular angiogenesis	<ul style="list-style-type: none"> <li>Suppression and regression of choroidal neovascularization in a mice model</li> <li>Suppression of VEGF-induced subretinal neovascularization and ischemia-induced retinal neovascularization in a mice model</li> <li>Reduction in VEGF-induced leakage for at least 2 months in rabbit eyes</li> </ul>	139
PEDF 335, 8-mer and PEDF 336, 9-mer	Pigment epithelium-derived factor peptides	Choroidal angiogenesis	<ul style="list-style-type: none"> <li>Significant reduction in new vessels proliferation after intravitreal injections in a laser-induced choroidal neovascularization mouse model</li> </ul>	140
AGX51	Antagonist molecule of Id helix-loop-helix proteins	Ocular angiogenesis	<ul style="list-style-type: none"> <li>Antiangiogenic properties in HUVEC</li> <li>Reduction in angiogenesis in a laser-induced choroidal neovascularization mouse model</li> </ul>	147
SB100X/PEDF	Transposon SB100x as a vehicle for the human pigment epithelium-derived factor	Age-related macular degeneration	<ul style="list-style-type: none"> <li>Reduction in angiogenesis in laser-induced choroidal neovascularization in a rat model by ex vivo non-viral gene therapy</li> </ul>	148
Human retinal progenitor cells (hRPCs)	Pluripotent stem cells	Retinopathies	<ul style="list-style-type: none"> <li>Protection of photoreceptors and delaying of retinal degeneration in a retinal degeneration rat model, after that hRPCs were intravitreally transplanted</li> </ul>	149
RBM-007	Anti- bFGF aptamer	Retinopathies	<ul style="list-style-type: none"> <li>Inhibition of bFGF-induced angiogenesis (mouse model), laser-induced choroidal neovascularization (mouse model), and choroidal neovascularization, with fibrosis.</li> <li>Long-lasting profiles in rabbit vitreous</li> </ul>	151
AS1411	Nucleolin-binding DNA aptamer	Corneal angiogenesis	<ul style="list-style-type: none"> <li>Inhibition of angiogenesis in a murine corneal neovascularization after topical administration</li> </ul>	152

Abbreviations: bFGF, Basic fibroblast growth factor; hRPCs, Human retinal progenitor cells; HUVEC, Human umbilical vein endothelial cells; NVAMD, neovascular age-related macular degeneration; PDGFR $\beta$ , platelet-derived growth factor receptor beta; PDR, proliferative diabetic retinopathy; VEGF, vascular endothelial growth factor; VEGFR1, vascular endothelial growth factor receptor 1; VEGFR2, vascular endothelial growth factor receptor 2.

migration, tube formation and proliferation, both in *in vitro* and *in vivo* studies by a down-regulation process on VEGF.<sup>137</sup> A recombinant adinopectin (cytokine) had an inhibiting effect on basal tube formation and migration comparable to the effect of bevacizumab in different endothelial cells by down regulating VEGF.<sup>133</sup> Moreover, a novel molecule named RC-28-E, which works as a VEGF and basic fibroblast growth factor dual decoy receptor that inhibits not only the VEGF cascade but also **basic fibroblast growth factor** (bFGF, which stimulates VEGF expression), showed 3-day sustained release in *primate* models.<sup>134,135</sup>

In the same way, developed RFP (DAVP2 and DAVP3) showed suppression of endothelial cell migration and proliferation and, inhibition of angiogenesis in a laser-induced choroidal neovascularization mouse model after intravitreal injections by inhibiting not only VEGF but also platelet-derived growth factor through suppression of the phosphorylation activation processes in the metabolic cascade.<sup>138</sup> Also, a collagen IV-derived peptide that acted by coupling to receptors of VEGF and platelet-derived growth factor, named “AXT 107”, has been developed. It showed suppression of subretinal and retinal neovascularization in different *in vivo* models.<sup>139</sup> Other small peptides based on pigment epithelium-derived (endogenous inhibitor of angiogenesis) displayed a significant decrease in choroidal neovascularization in a mouse model, whereas a nanoparticle-conjugate prodrug of one peptide showed longer intraocular residence and extended efficacy.<sup>140</sup>

While the novel molecules based on RFP and peptides are developed for ocular angiogenesis treatment that not only targets VEGF, gene therapy seems to be also an interesting alternative. Most of the gene therapies act by regulating the expression of proangiogenic and antiangiogenic mediators and represent the most recent group of biological molecules being researched,<sup>141</sup> mainly because their variety of action and their adaptability according to the needs of patients.<sup>142</sup> Thus, there are DNA/RNA type molecules like a plasmidic DNA for uveitis treatment,<sup>143</sup> a small no coding RNA for retinopathies,<sup>144</sup> a small interference RNA for glaucoma,<sup>145</sup> and a supplemental DNA for retinopathies.<sup>146</sup> Furthermore, there have been molecules developed that act as antagonists for specific proteins related to phosphorylation processes or ocular angiogenesis<sup>147</sup> and also, a transposon inhibiting the human pigment epithelium-derived factor expression.<sup>148</sup>

On the other hand, there are pluripotent stem cells which act as a self-reparative stimuli for damaged eye tissues like human retinal progenitor cells for retinopathies treatment<sup>149</sup> and bone marrow-derived stem cells for AMD treatment<sup>150</sup> that are being studied. Finally, there are also aptamers that are single-stranded oligonucleotides capable of specifically binding the target with high affinity recognition such as those that acting by inhibition of bFGF<sup>151</sup> and nucleolin, an inside nucleus protein associated with corneal neovascularization.<sup>152</sup> In comparison with the other groups of molecular modalities, the gene-based therapies are new in the therapeutics field, so all efforts are toward new molecules development. The main molecules in development and therapies for the treatment of ocular angiogenesis are summarized in Table 3.

## 7 | CONCLUSION

In this review, we have summarized the different anti-VEGF agents approved by FDA, their major challenges for ocular administration and the nanoparticulate systems developed so far for improving their ocular performance. While novel anti-VEGF molecules are in continuous development to enhance the affinity and efficacy of binding to VEGF, nanotechnological tools are also applied to overcome the limitations of ocular administration of already approved agents.

Several nanoparticulate systems have been reported as carriers of ranibizumab, aflibercept and, mainly, bevacizumab. Polymeric nanoparticles are widely explored for this purpose, offering high loading and sustained release of anti-VEGF agents, and enhanced permeation after surface modification with a cationic polymer. In relation to lipid nanoparticles, the reported systems demonstrate that they could also be considered as an alternative for ocular controlled release of anti-VEGF agents. Finally, both nanoparticles based on polymers and those based on lipids have presented a small size, preserved antibody bioactivity and controlled drug release. In turn, higher concentrations of anti-VEGF agents have been observed after ocular administration of nanoparticulate systems in the long-term, in comparison with drug concentration from solution formulations of the same agents. The improvements on therapy offered by these nanoparticulate systems have also been evidenced in the greater antiangiogenic properties reported in *in vitro* and *in vivo* efficacy models.

Advancing research in this field could bring significant improvements in the clinical efficacy of VEGF agents. The use of nanoparticulate systems with a better pharmacokinetic performance of these molecules could lead to the modification in therapeutic schedules by minimizing intravitreal injections and thus, decreasing both patient morbidity and healthcare costs.

Furthermore, it is noteworthy that new biological molecules developed to inhibit ocular angiogenesis have shown promising results in *in vitro* and *in vivo* studies. In the same way, gene-based therapies began to show some advances in neovascular ocular pathologies. Collectively, the different fields of study related to BD for ocular angiogenesis are making significant progress and their complementarity may become a powerful strategy in the future.

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## CONFLICT OF INTEREST

The authors state that there are no conflicts of interest to disclose.

## NOMENCLATURE OF TARGETS AND LIGANDS

Key protein targets and ligands in this article are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>,

the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY,<sup>153</sup> and are permanently archived in the Concise Guide to PHARMACOLOGY 2019/20.<sup>154</sup>

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