

## ORIGINAL ARTICLE

# Wound healing activity of methanolic stem extract of *Musa paradisiaca* Linn. (Banana) in Wistar albino rats

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**Abstract**

This study is designed to explore the phytochemical, antibacterial and wound healing activity of methanolic stem extract of *Musa paradisiaca* Linn. (Banana). The phytochemical analysis was performed for the methanolic stem extract of *Musa paradisiaca* Linn. Results indicates that the *Musa paradisiaca* Linn. was rich in glucosides, tannins and alkaloids, saponins, flavonoids and phenols were present in moderate quantities. The extract shows antibacterial activity against *Pseudomonas aeruginosa* and *Staphylococcus aureus* with the zone of inhibition of *Pseudomonas aeruginosa* was 21 mm and *Staphylococcus aureus* was 19 mm at concentration of 500 µg/disc. The minimum inhibitory concentration (MIC) was also evaluated for the extract. Wistar albino rats were selected for wound healing activity. The burn wound was created by using red hot steel rod from above the hind limb region. The methanolic extract was applied on the wound and the progressive changes were monitored every day. The wound contraction rate was absorbed based on the histopathological examination. It was concluded that the methanolic extract of *Musa paradisiaca* Linn. showed greater healing activity compared to control in Wistar albino rats.

**Introduction**

*Musa paradisiaca* Linn. is a monoherbacious plant, belonging to family Musaceae, commonly known as plantain. Plantain refers in India to a coarse banana. Musa species are having a number of valuable pharmacological activities such as ulcer protective activity, antibacterial activity, wound healing activity, antioxidant activity and mutagenic effect (1). Pharmacological investigations showed that banana fruits, stem juice and flowers are screened for antimicrobial activity (2–7) and wound healing activity (8). *Musa paradisiaca* (plantain banana) was reported to have ulcer healing activity through its predominant effects on mucosal defensive factors promoting mucosal cell proliferation and enhanced DNA synthesis without any carcinogenic and mutagenic effect. (9) Based on these informations, the goal of the present study was to determine the phytochemical analysis, antibacterial activity and burn wound healing efficacy of methanolic stem extract of *Musa paradisiaca*.

**Materials and method****Collection of plant**

Fresh plant stem materials of *Musa paradisiaca* Linn. (Banana) were collected from Pallavaram (Chennai,

**Key Messages**

- *Musa paradisiaca* Linn. has number of secondary metabolites leads to its medicinal properties.
- the abundant presence of Tannins and Flavonoids in this plant extract facilitates its wound healing activity.
- it has antibacterial activity. Two groups (12) of Wistar albino rats were used for the burn wound healing experiments.
- methanolic stem extract of *Musa paradisiaca* Linn. (Banana) evaluated for burn wound healing property.

Tamil Nadu, India). The plant was confirmed and identified by Dr. G. Kathiravan, Associate Professor, Vels University, Pallavaram (Chennai, Tamil Nadu, India) and the voucher specimen number VUCC0002 (Vels University Culture Collection) was deposited for future reference.

### Preparation of plant extract

The *Musa paradisiaca* Linn. stem was washed with distilled water, and was sliced and mashed. Grounded plant materials (25 g) were extracted in soxhlet apparatus with 250 ml of methanol at 70°C till exhaustion solvent was recovered; extracts were concentrated and allowed to dry at room temperature.

### Phytochemical analysis

Methanolic extracts were then subjected to qualitative phytochemical screening for the identification of various phytoconstituents, using standard procedures (10).

### Antibacterial activity

Test bacterial cultures were obtained from King Institute of Preventive Medicine, Guindy, Chennai. They are *Pseudomonas aeruginosa* and *Staphylococcus aureus*. The organisms were periodically subcultured and maintained on nutrient agar slant at 4°C. The antibacterial activity of extracts was screened against bacteria by disc diffusion method (11). Twenty antibiotics were used as positive control and dimethyl sulfoxide (DMSO) was used for negative control. The zones of inhibition were measured in mm by using a millimetre scale. Twenty different types of antibiotics were used to compare the sensitivity of the methanolic stem extract of *Musa paradisiaca* Linn.

### Minimum inhibitory concentration

The minimum inhibitory concentration (MIC) was determined by the broth dilution method (12) using liquid nutrient media with different aliquots of the test materials. A total of 10 ml of sterilised double-strength nutrient media was poured into a sterilised test tube. From the stock solution (100 µg/ml in DMSO), different concentrations of methanolic stem extract of *Musa paradisiaca* Linn. were added to double-strength nutrient media, to all tubes and 0.1 ml of bacterial suspension was added and the tube was incubated. Methanolic extract was dissolved in DMSO. DMSO is highly polar water miscible organic liquid. The growth was observed for turbidity and inhibition was determined by absence of growth. MIC was determined by the lowest concentration of sample that inhibits the development of turbidity.

### Wound healing activity

#### Experimental animals

Healthy adult Wistar albino rats were obtained from Vels University animal house. They have been provided food and water *ad libitum* during the whole period of the experiment. An acute toxicity study was conducted according to the OECD guidelines 423 in Wistar albino rats. The study was undertaken after

obtaining the approval of institutional ethical committee clearance (registration no: 290/CPCSEA/12.12.2000). Wistar albino rats weighing 120–150 g were used for burn wound healing model experiments; they were physically active and were consuming food and water in a regular manner.

### Burn wound model

The Wistar albino rats were divided into two groups. The depleted burn wound of 8 mm diameter were created on the hind limb region of the rat by using red hot steel rod under ether anaesthesia. The wound was left undressed to the open environment and the animals were kept individually in separate cages (13).

The following treatment was given

Group I: Control (treated with vaseline)

Group II: Test (treated with methanolic stem extract of *Musa paradisiaca* Linn.)

The extract was applied once a day after cleaning the wound with surgical cotton wool.

### Histopathological examination

After day 15, the experiment was terminated and the wound area was removed from the surviving animals for histological examination. At the insisted area, in every skin section area just beneath the epidermis and also deep dermis randomly selected. Histopathological studies were performed and examined as described by Sourav Banerjee (14).

### Statistical analysis

Statistical comparison was performed using one-way analysis of variance (ANOVA) and for comparisons versus control group was carried out by Dunnett's test. All statistical analyses were performed using SPSS statistical version 16.0 (IBM, Chennai, Tamilnadu, India) software. A *P*-value of <0.05 was considered statistically significant.

## Results

### Phytochemical analysis

The result of phytochemical analysis of methanolic stem extract of *Musa paradisiaca* Linn. is shown in Table 1. The results show that the methanolic stem extract of *Musa paradisiaca* Linn. contains tannins and glycosides in abundance. Alkaloids, saponins, flavonoids and phenols were present in moderate quantities.

### Minimum inhibitory concentration

The MIC value determined by broth dilution method indicated that significant antibacterial activity of methanolic stem extract of *Musa paradisiaca* Linn. at 0.5–5 mg/ml against the tested bacterial strains was presented in Table 2. It was found from the data obtained that the methanolic stem extract of *Musa paradisiaca* Linn. required lesser quantity for arresting the growth of tested microorganisms.

**Table 1** Phytochemical screening of *Musa paradisiaca* Linn. methanolic stem extract

Chemical constituent	Score indication
Alkaloids	+
Glycosides	++
Saponins	+
Tannins	++
Flavonoids	+
Phenols	+

++, present in abundance; +, present.

**Table 2** Minimum inhibitory concentration of methanolic stem extract of *Musa paradisiaca* Linn. (mg/ml)

S. no	Test bacterial strains	Methanolic stem extract of <i>Musa paradisiaca</i> Linn. (mg/ml)
1	<i>Pseudomonas aeruginosa</i>	0.5
2	<i>Staphylococcus aureus</i>	1.0

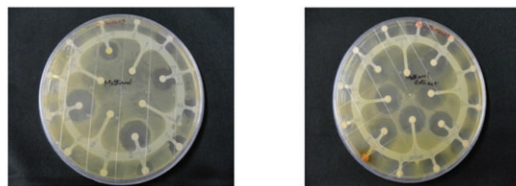
**Table 3** Zone of Inhibition vs *Pseudomonas aeruginosa* and *Staphylococcus aureus*

Antibiotics	Zone of inhibition in mm	
	<i>Pseudomonas aeruginosa</i>	<i>Staphylococcus aureus</i>
Cephalothin	20	17
Clindamycin	12	19
Erythromycin	13	11
CO-trimoxazole	18	15
Genatamicin	22	14
Ofloxacin	17	18
Pencilin	19	11
Vancomycin	12.9	14.5
Ampicilin	19	17.6
Chloromphenical	12	20
Oxacilin	13.5	17
Linezolid	14.6	12.5
Azithromycin	17	15
Amikacin	22	19
Clarithromycin	16	18
Teicoplanin	13.6	15
Methicilin	17	11
Amoxyclav	14.2	13
Novobiacin	12.4	20
Tetrayaine	15	18
Methanolic stem extract of <i>Musa paradisiaca</i> Linn.	21	19

### Antibacterial activity

The result of antibacterial activity of methanolic stem extract of *Musa paradisiaca* Linn. is shown in Table 3. The results indicate that the methanolic stem extract of *Musa paradisiaca* Linn. showed antibacterial activity against *pseudomonas aeruginosa* and *staphylococcus aureus* (Figure 1).

### Organism: *Staphylococcus aureus* *Pseudomonas aeruginosa*

**Figure 1** Zone of inhibition.

### Burn wound created on the skin of Wistar albino rats (Table 4)

The result of burn wound healing activity of methanolic stem extract of *Musa paradisiaca* Linn. is shown in (Figure 2). The results indicate that the control rats showed a time-dependent increase in percentage wound contraction and closure rate. Methanolic stem extract of *Musa paradisiaca* Linn.-treated rat showed significant increase in percentage of closure by enhanced epithelisation. Tissue regeneration was much quicker in the treated group compared to the control group. It may be due to the effect of methanolic stem extract of *Musa paradisiaca* Linn.

### Histopathological examination

#### Skin normal sample: perpendicular section viewed on 40× (Figure 3A)

Shows all normal Layersintac. Striatum cornea, rubidium visible clearly. Hair shaft follicles not seen. One sebaceous glands seen cubical cells with centrally located nucleus visible.

#### Skin injured specimen sample: Perpendicular section viewed on 40× (Figure 3B)

Hyper keratinisation seen; cytoplasm blebs with vacuoles seen. Cellular debris are high. Skin lost its stratification. Epidermis, dermis demarcation not clearly seen fibres visible with no cells.

#### Skin treated (cured) sample: horizontal section viewed on 40× (Figure 3C)

Striatum rubidium not clearly seen. Glands hyperactive. Hair shafts visible. Vacuoles normal in size. Collagen fibres moderately seen.

### Discussion

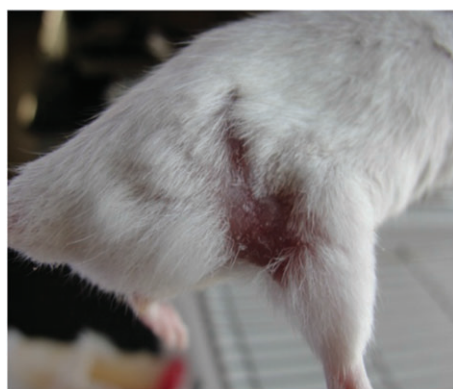
In the phytochemical analysis, the results indicate that the methanolic stem extract of *Musa paradisiaca* Linn. contains tannins and glycosides in abundance. Alkaloids, saponins, flavonoids and phenols were present in moderate quantities. Tannins in plants have been shown to confer anti-diarrhoeic and anti-haemorrhagic properties on plants (15). This is consistent with the traditional use of the *Musa paradisiaca* for the treatment of diarrhoea, fresh wounds, cuts and insect bites. Saponins have been reported to have antifungal properties (16). Alkaloids, flavonoids and tannins have been known to show

**Table 4** Burn wound model of control, test Wistar albino rats

Groups	Wound contraction mean $\pm$ SE day (mm) <sup>2</sup>				Epithelisation period mean $\pm$ SE (days)
	1st day	5th day	10th day	15th day	
Control	102.12 $\pm$ 5.42 (1)	81.59 $\pm$ 3.54 (11)	60.2 $\pm$ 2.9 (47)	39.76 $\pm$ 3.14 (55)	21.84 $\pm$ 0.30
Test	84.5 $\pm$ 3.56 <sub>a</sub> (1)	53.45 $\pm$ 2.09 <sub>b</sub> (45)	26.16 $\pm$ 1.39 (72)	9.63 $\pm$ 1.02 <sub>b</sub> (89)	18.00 $\pm$ 0.32

Each values are expressed as mean  $\pm$  SEM; one-way ANOVA followed by Dunnett's *t*-test; *t*-value denotes significance at <sup>a</sup>*P* < 0.05 and <sup>b</sup>*P* < 0.01. % wound contraction is given within parentheses.

### CONTROL



1<sup>st</sup> day



15<sup>th</sup> day

### TEST



1<sup>st</sup> day



15<sup>th</sup> day

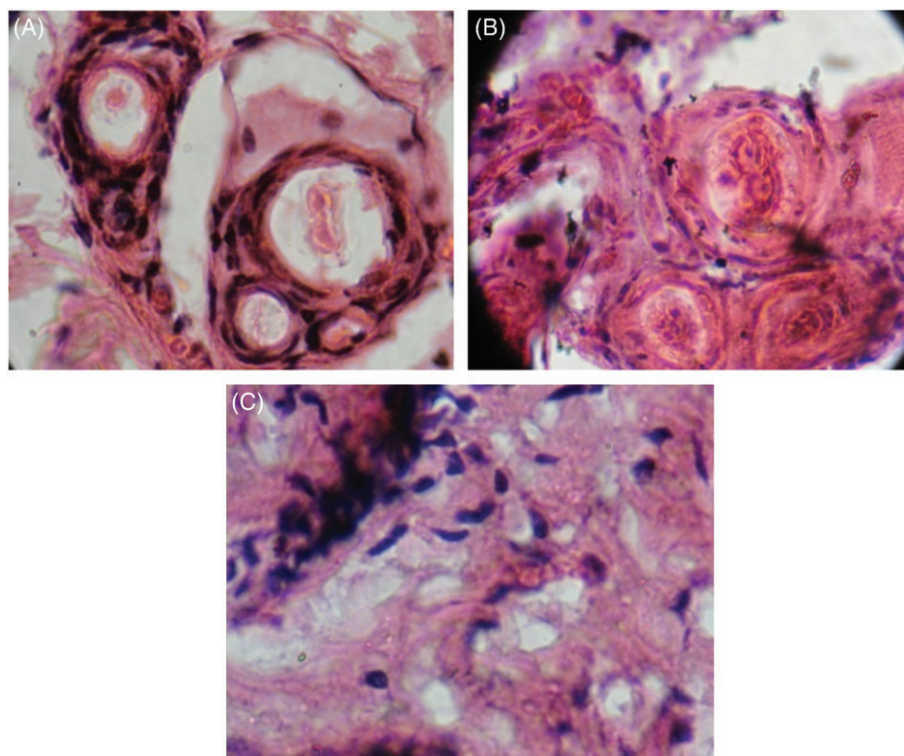
**Figure 2** Burn wound created on the skin of albino rats.

medicinal activity as well as exhibiting physiological activity (17). The presence of these phytochemicals in the *Musa paradisiaca* Linn. explains the medicinal use of the plant for different treatments. Padam *et al.* (18) investigated from *Musa paradisiaca* Linn. antibacterial and antioxidant activities. The MIC analysis of bacterial pathogens showed that the methanolic stem extract of *Musa paradisiaca* Linn. was highly active which inhibit the tested organisms at low concentration. In this study, the methanolic stem extract of *Musa paradisiaca* Linn. shows antibacterial activity against *Pseudomonas aeruginosa* and *Staphylococcus aureus*, which was about 21 and 19 mm at 500  $\mu$ g per disc concentration; this property proves its antibacterial content. Agarwal *et al.* (8) reported that *Musa paradisiaca* Linn. increases the viability of collagen fibrils by increasing the

strength collagen fibres. Flavonoids are also known to promote the wound-healing process mainly due to their antimicrobial property (19). Thus, the results of the present study show early wound contraction and increased rate of epithelialisation. This may be due the presence of phytoconstituents in the methanolic stem extract of *Musa paradisiaca* Linn.

### Conclusion

The methanolic stem extract of *Musa paradisiaca* Linn. phytochemical analysis showed the presence of effective biological compounds such as alkaloids, glycosides, flavonoids, tannins and phenols, and saponins. These derivatives could be potential control of clinical pathogenic bacteria. And the



**Figure 3** Histopathological studies – skin of Wistar albino rat. (A) Normal skin sample (40×). (B) Injured skin of Wistar albino rats (40×). (C) Cured skin of Wistar albino rats (treated with methanolic stem extract of *Musa paradisiaca* Linn.) (40×).

extract showed the broad spectrum of antibacterial activity against tested microorganisms. The burn wound healing activity showed significant wound healing activity in Wistar albino rats; it may be due to the presence of its active principles, which accelerate the healing process and confer tensile strength to the healed wound.

### Declaration of interest

No declaration of interest.

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