

Keloid explant culture: a model for keloid fibroblasts isolation and cultivation based on the biological differences of its specific regions

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ABSTRACT

In vitro studies with keloid fibroblasts frequently present contradictory results. This may occur because keloids present distinct genotypic and phenotypic characteristics in its different regions, such as the peripheral region in relation to the central region. We suggest an explant model for keloid fibroblasts harvesting, standardising the initial processing of keloid samples to obtain fragments from different regions, considering its biological differences, for primary cell culture. The different keloid regions were delimited and fragments were obtained using a 3-mm diameter punch. To remove fragments from the periphery, the punch was placed in one longitudinal line extremity, respecting the lesion borders. For the central region, it was placed in the intersection of lines at the level of the largest longitudinal and transversal axes, the other fragments being removed centrifugally in relation to the first one. Primary fibroblast culture was carried out by explant. Flow cytometry analysis showed cell cycle differences between the groups, confirming its different origins and biological characteristics. In conclusion, our proposed model proved itself efficient for keloid fibroblast isolation from specific regions and cultivation. Its simplicity and ease of execution may turn it into an important tool for studying the characteristics of the different keloid-derived fibroblasts in culture.

Key words: Cell culture techniques • cultured cells • fibroblasts • keloid • in vitro

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Key Points

- cell culture is an important tool for the study of cellular physiology without interference of local or systemic factors present in the organism
- it allows detecting the mechanism of action of cellular regulators at gene expression and cell signalling levels
- when considering keloids, a benign fibroproliferative cicatricial neoplasia with unknown physiopatogenesis, and potential for autonomous growth and in vitro development, even in the absence of humoral factors, the use of in vitro models to understand their formation mechanisms becomes essential
- the importance of such models is corroborated by the fact that keloids occur exclusively in humans which makes research with animals very difficult
- clinical observations showed that different keloid regions exhibit different growth characteristics
- in vitro studies with keloid fibroblasts frequently present contradictory results

INTRODUCTION

Cell culture is an important tool for the study of cellular physiology without interference of local or systemic factors present in the organism. It allows detecting the mechanism of action of cellular regulators at gene expression and cell signalling levels (1,2).

Conventional cell culture provides a reductionist view of cells in a bi-dimensional arrangement in contrast to their normal multicellular, three-dimensional environment. This can be considered advantageous as it provides defined experimental parameters to investigate the phenotypic consequences of genetic alterations. In contrast to whole organisms, each particular cell line constitutes a phenotypically and genetically uniform population of individual cells derived from one tissue (2). On the other hand, when cells are cultured in vitro, several variables may affect the cellular phenotype, for example, contamination, confluence degree, cell-cell adhesion and seeding density (3).

When considering keloids, a benign fibroproliferative cicatricial neoplasia with unknown physiopatogenesis (4–6), and potential for autonomous growth and in vitro development, even in the absence of humoral factors (7–9), the use of in vitro models to understand their formation mechanisms becomes essential (10). The importance of such models is corroborated by the fact that keloids occur exclusively in humans (11,12) which makes research with animals very difficult (13,14). Recently, Butler *et al.* (15) developed an in vitro organotypic skin model to simulate keloid biology that can serve as a surrogate to study keloid formation without an animal model.

Clinical observations showed that different keloid regions exhibit different growth characteristics. Central regions are shrunken and soft in texture and have been generally termed by Ladin *et al.* (16) the 'older parts of the keloid'.

Alterations of apoptosis and cell proliferation have been implicated in keloid aetiology. Appleton *et al.* (17) observed a peculiar compartmentalisation of cell apoptosis, proliferation and necrosis in keloid tissue with scanty proliferating cells in the central area of keloid and the apoptotic phenomenon more evident in the peripheral areas, thus hypothesising maturation of keloids through this pathway of cellular clearance. Ladin *et al.* (16) investigated p53 and bcl-2, which referred both positivity in

keloids in the hypercellular peripheral lesional areas. An inverse distribution of fas expression was showed with staining being limited to the central, more hypocellular regions. This reversed phenotype in the older areas of the keloid may prevent malignant degeneration, thus favouring normal apoptosis as evidenced by prominent fas expression (16).

In vitro studies with keloid fibroblasts frequently present contradictory results (16,18–22). This may be because of the fact that keloids present distinct genotypic (18,23) and phenotypic (22,24) characteristics in different regions of the lesion itself, such as the peripheral region in relation to the central one, or the superficial portion in relation to the basal region, and also, if they were in clinical activity (growth, hyperaemia, pruritus and/or pain) at the moment of sample collection (10,22).

Ladin *et al.* also investigated keloid fibroblasts in culture and showed that cultured keloid fibroblasts between passages 3 and 6 were consistently p53+, bcl-2+, whereas normal human and neonatal foreskin fibroblasts were consistently p53-, bcl-2-. However, they did not specify the region of the keloid from which fibroblasts were derived, even though their work strongly suggests that they derived from the peripheral area (16).

Luo *et al.* isolated and cultivated fibroblasts from the superficial, central and basal regions of keloid lesions. They examined the growth behaviour of each fibroblast fraction in short-term and long-term cultures and calculated the percentage of apoptotic cells. Fibroblasts obtained from the superficial and basal regions of keloid tissue showed population doubling times and saturation densities similar to normal fibroblasts. In contrast, central keloid fibroblasts showed reduced doubling times and reached higher cell densities. In long-term culture, central keloid fibroblasts formed a stratified three-dimensional structure, contracted the self-produced extracellular matrix and gave rise to nodular cell aggregates, mimicking the formation of keloid tissue (25).

Giugliano *et al.* showed that fibroblasts derived from the central part of keloid lesions grow faster than peripheral and non keloid fibroblasts and, in long-term cultures, became stratified assuming a three-dimensional structure. Compared with peripheral and non keloid fibroblasts, central keloid fibroblasts presented

an increased production of both interleukin-6 and vascular endothelial growth factor (26).

Lu *et al.* showed that cultured fibroblasts derived from both central and peripheral parts of keloids displayed significant resistance to Fas-mediated apoptosis. Also, their analysis of cell cycle distribution indicated that the majority of fibroblasts derived from peripheral parts of keloids were in proliferative periods of the cell cycle (G_2 -S phase), whereas the majority of fibroblasts derived from keloid centres were in G_0 - G_1 phase. Fas and Bcl-2 expression did not differ significantly between the groups, but p53 expression was much higher in fibroblasts derived from central parts. These findings suggested that differences in cell cycle distribution and p53 protein expression may account for the different growth characteristics of keloid peripheries and centres (22).

Taken together, these studies illustrate the importance of specifying which part of the keloid is being used, so as to evaluate its clinical status. Some discrepancies found in cell culture studies involving keloid-derived fibroblasts (27–32) may be explained by this lack of information concerning the origin and clinical status of the keloid cells used.

Thus, to reduce biases in studies involving keloid fibroblasts culture, it is imperative to standardise the collection of these fibroblasts, and researchers should report the details of the collection method used, the region of the keloid from which cultured fibroblasts were derived and also if keloids were in clinical activity at the moment of collection. The present study suggests an explant model for keloid fibroblasts culture, with the standardisation of the initial process of keloid samples to obtain fragments from different regions, taking into consideration its biological differences, in order to perform primary culture of keloid fibroblasts.

METHODS

Collection of keloid fragments to obtain fibroblasts

This method applies to planar, non peduncular keloids. Fresh keloids obtained at the time of surgical excision were used following informed consent and with approval from Universidade Federal de Sao Paulo's Ethical Committee.

Four non Caucasian female patients from the Plastic Surgery Division of the Universidade Federal de Sao Paulo, aged 18–36 years who had a planar, non peduncular keloid on the trunk of at least 1-year evolution, in clinical activity (presenting one or more of the following characteristics: growth, hyperaemia, pruritus and/or pain), were surgically treated. The exclusion criteria were, briefly: keloids previously treated; patients with chronic dermatopathies, metabolic, collagen or degenerative/auto-immune diseases; malignant neoplasms or patients submitted to systemic or topic treatment with corticosteroids. For our research purposes, the keloids measured at least 3×2 cm at the longitudinal and transversal axes, respectively. Keloids were excised in monobloc, in subcutaneous plane by fusiform peri-keloidean incision, including a skin fragment in the extremities, which corresponds to the cutaneous exceeding tissue necessary for an adequate suture coaptation (Figure 1).

Keloid fragments used for primary fibroblast culture were obtained from the excised specimens by a circular punch of 3 mm diameter and 10 mm depth (Figure 2). Keloid adjacent skin fragments, used here for comparison purposes (control group), were obtained from the most distant point in relation to the keloid border, maintaining a minimum distance of 5 mm from the border (Figure 2A).

The central keloid region should be marked from the right angle intersection between two lines placed at the level of the largest longitudinal axis and the largest lesion transversal axis. The keloid peripheral region corresponds

Key Points

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Figure 1. Keloid excision in monobloc by fusiform peri-keloidean incision including a skin fragment in the extremities.

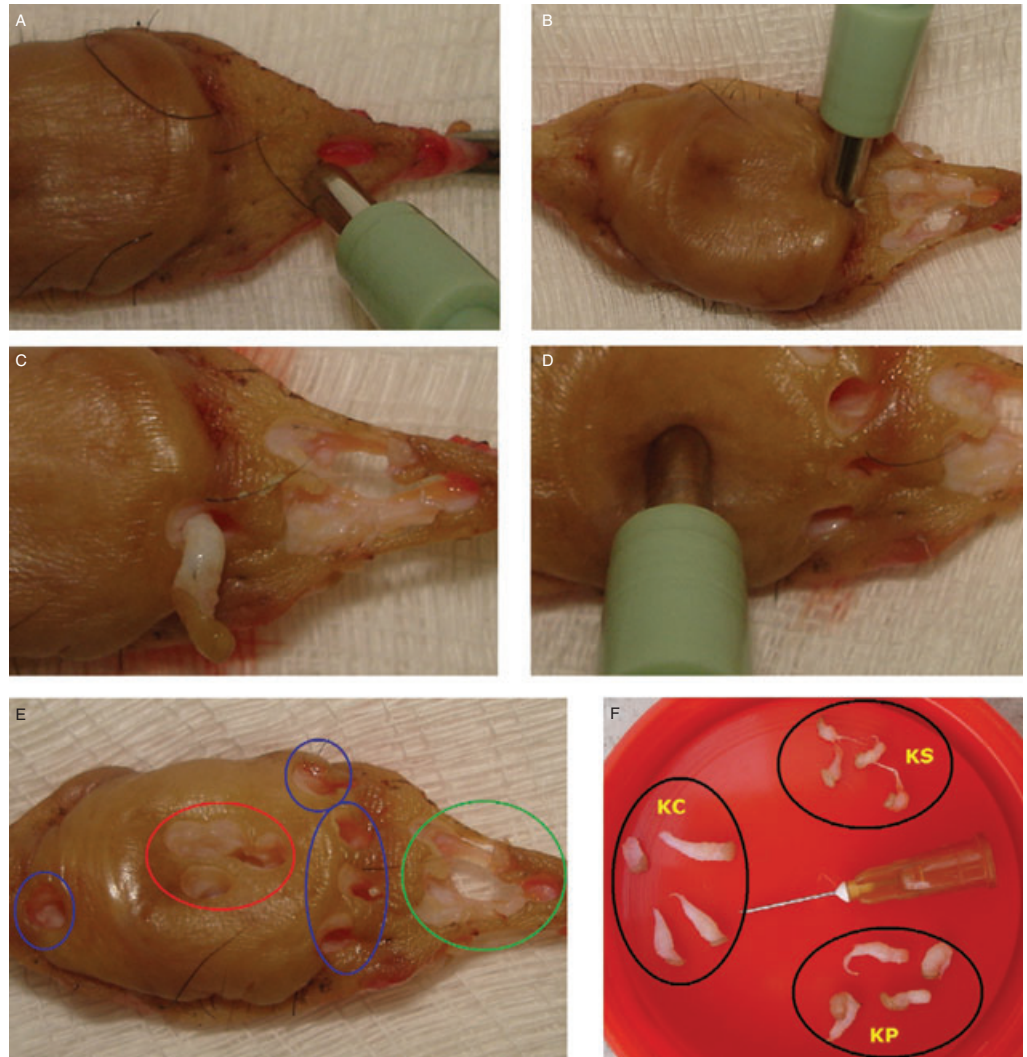


Figure 2. Removal of keloid fragments from its different regions using a 3-mm circular punch, 100 mm depth. (A) Removal of fragment from the keloid adjacent skin. (B) Removal of the first fragment from the peripheral region, the punch being placed in one of the longitudinal extremities. (C) Close-up showing the fragment obtained from the peripheral region. (D) Removal of the keloid fragment from the central region. (E) Final aspect of the surgical part showing the orifices after fragment removal. In red, fragment orifices from the keloid central region. In blue, from the peripheral region and in green, from the adjacent skin. (F) Fragments obtained from the keloid central region (KC), peripheral region (KP) and adjacent skin (KS).

to the most distant points of the central intersection within the internal limits of the lesion border.

To remove the fragments from the peripheral region, the punch was placed in one of the longitudinal line extremities (most distant point in relation to the centre) respecting the lesion border. The other fragments were removed in the same direction (clockwise) in relation to the first point (Figure 2B, C).

To remove the first fragment from the central region, the punch was positioned in the intersection of the two lines situated at the

level of the largest longitudinal axis and the largest transversal axis. The other fragments were removed centrifugally in relation to the first one, clockwise (Figure 2D, E).

The amount of fragments removed depends on the size of the keloid. At least four fragments should be obtained from each region (Figure 2F).

Fragments collected from the keloid surface reach a maximum of 10 mm depth. To collect fragments from deeper keloid portions (basal region), the surgical part should be cut longitudinally. The depth from where

the fragments are to be collected should be specified by the researcher.

Primary fibroblast culture and subculture

Fibroblast harvesting was carried out by explant using the method described by Keira *et al.* (33), with adaptations. Fragments were placed in 15 ml conic tubes and washed with 10 ml phosphate-buffered saline (PBS; Cultilab, SP, Brazil) containing penicillin (100 UI/ml; Gibco, Carlsbad, CA, USA) and streptomycin (100 µg/ml; Gibco) six times under vigorous agitation, changing tubes and PBS in each repetition. Fragments were incubated (37°C, 30 minutes) in 10 ml Dulbecco's modified Eagle's medium (DMEM; Cultilab). Then, fragments were transferred to 60 mm² Petri dishes, in square areas marked by perpendicular lines made with scalpel. Plates were left semi-opened in the laminar flow for 30 minutes, for the fragments to adhere to its surface. Then, 6 ml of DMEM 15% fetal bovine serum (FBS; Cultilab), penicillin (100 UI/ml; Gibco) and streptomycin (100 µg/ml; Gibco) were added to each plate. Plates were kept in humidified incubator (37°C, 95% O₂, 5% CO₂).

The culture medium was changed every 2 days, for this rate enables the maintenance of ideal pH conditions between 7.6 and 7.8 without non physiologic upheavals (34,35). This pH stability aims a balance between cellular proliferation and cellular biosynthesis activity of the fibroblasts (36). A few days after establishing the primary culture, we could observe spindle-like cells proliferating from the edges of the explanted tissue, regarded as culturing fibroblasts (37) (Figure 3), as reported by Ehrlich *et al.* (38). Fibroblast satisfactory proliferation is observed in approximately 7–14 days (35–38).

Subculturing (passage) was performed when cellular confluence reached approximately 80%. For this, the culture medium was aspirated and the keloid fragments discarded. The plate containing fibroblasts was washed with PBS, then quickly rinsed with Versene [PBS with 0.05 M ethylene diamine tetra acetic acid (EDTA); Sigma Chemical Co., Saint Louis, MO, USA] and 1 ml 0.25% trypsin with 0.02% EDTA was added. The plate was kept for 2 minutes in the incubator and taken to the microscope to confirm fibroblast detachment. Trypsin was neutralised with

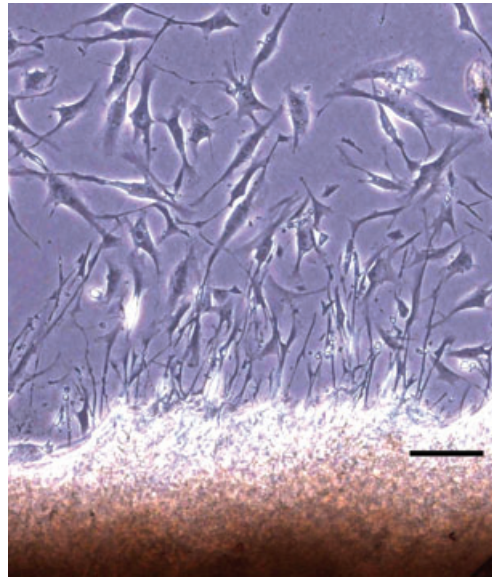


Figure 3. Fibroblasts proliferating from the edges of the explanted tissue to the Petri dish after 7 days in culture (42). Optical microscopy. Bar: 100 µm.

3.0 ml 10% DMEM FBS and the cellular suspension centrifuged (100 g, 6 minutes). The pellet was resuspended in 10% DMEM FBS and antibiotics, and 100 000 cells were seeded in each 75 cm² culture flask.

Cell cycle analysis by flow cytometry

Cell cycle distribution patterns of cultured fibroblasts from different keloid regions were analysed by flow cytometry at the third passage, and results are representative of four independent experiments. Cells were washed in PBS and fixed (formalin in PBS 0.4%; 30 minutes, 4°C). Thereafter, cells were washed two times in PBS and incubated in 500 µl PBS containing 0.1% saponin and 250 mg/l RNase at 37°C, for 30 minutes, and then stained with 50 µg/ml propidium iodide (ICN, Costa Mesa, CA). Cellular DNA was analysed by FACSCalibur System (BD Biosciences, San Jose, CA, USA), and WinMDI v.2.9 software was used to determine the percentage of cells in the G₀-G₁, G₂-M/S phases. A total of 10 000 events were analysed to determine the positivity percentage of cell markers and cell cycle.

Cell morphology analysis by confocal microscopy

Cells were grown to subconfluence in coverslips (in 12-well plates), in standard medium, washed in PBS and fixed in formaldehyde in

Key Points

- our analysis of the cell cycle distribution indicated that 60% of peripheral keloid fibroblasts were in the proliferative periods of the cell cycle, whereas the majority of adjacent skin and central keloid fibroblasts were distributed to the G₀-G₁ phase (\cong 58%)
- also, the adjacent skin fibroblasts showed a higher apoptotic index compared with those of both central and peripheral keloid fibroblasts
- this imbalance between proliferation and apoptosis may be responsible for keloid pathogenesis
- our data corroborate with the ones obtained by Lu *et al.*, which compared the cell cycle distribution of central and peripheral keloid fibroblasts

PBS (0.4%; 30 minutes), then exposed to glycine in PBS (0.1 M; 10 minutes) and twice to bovine serum albumin (BSA) in PBS (2%; 30 minutes), to reduce background interference. They were immunostained with 0.33 M AlexaFluor-488 (green) or AlexaFluor-594 (red) conjugated to phalloidin (Molecular Probes, Carlsbad, CA, USA), stained with DAPI (Sigma) and MitoTracker Green (Sigma) in PBS (2% BSA, 30 minutes). Thereafter, cells were washed three times in PBS for 10 minutes and mounted in slides, in solution 1:1 PBS/glycerol. Fluorescence was observed using a Zeiss Laser Scanning Confocal Microscope (LSM-500), with the appropriate filters. Cells were analysed at the third passage, and results are representative of six independent experiments.

Statistical analysis

The results obtained were analysed using a one-way analysis of variance followed by the Student–Newman–Keuls multiple range test. Data were analysed by GraphPad Prism v.3.0 software.

RESULTS

Analysis of cell cycle distribution

Cell cycle distribution was quantitatively measured by analysing DNA content using flow cytometry (Figure 4A). A comparison between the groups is shown as the percentage of cells in the G₀-G₁ (M2) and G₂-M/S (M3) phases in each group (Figure 4B, C). Concerning the mitotic index, our data showed approximately 60% of peripheral keloid fibroblasts distributed in G₂-M/S phases (M3), whereas only about 41% of adjacent skin and central keloid fibroblasts were in those proliferative phases, with no significant differences between the last two groups. In contrast, the majority of adjacent skin and central keloid fibroblasts were distributed to the G₀-G₁ phase (\cong 58%). Thus, there are significant differences in cell cycle distribution between peripheral keloid fibroblasts and both adjacent skin and central keloid fibroblasts ($P < 0.05$) (Figure 4B). On the other hand, the apoptotic index of the adjacent skin fibroblasts was significantly higher (\cong 2%) than those of central (\cong 0.9%) and peripheral (\cong 1%) keloid fibroblasts, with no significant differences between the last two groups (Figure 4C).

Fibroblasts morphological analysis

Morphological analysis by confocal microscopy of the fibroblasts from all three regions studied has shown preserved morphology, with absence of blebbings and homogeneous cytoskeleton distribution (Figure 5). We can observe actin filament distribution and mitochondria in the perinuclear region. The overlapped images show the organelles colocalisation and mitochondria around the nucleus (Figure 6). The organelles and cytoskeleton distribution presented normal morphology. Apoptosis classic features were not observed (Figures 5 and 6).

DISCUSSION AND CONCLUSION

The importance of specifying which part of the keloid lesion will be studied, so as its clinical status (active \times resting keloid), have been strongly emphasised because many biological differences between fibroblasts derived from different keloid regions had been already reported (10,16–18,24–28,39,40). Our analysis of the cell cycle distribution indicated that 60% of peripheral keloid fibroblasts were in the proliferative periods of the cell cycle, whereas the majority of adjacent skin and central keloid fibroblasts were distributed to the G₀-G₁ phase (\cong 58%) (Figure 4B). Also, the adjacent skin fibroblasts showed a higher apoptotic index compared with those of both central and peripheral keloid fibroblasts. This imbalance between proliferation and apoptosis may be responsible for keloid pathogenesis. Our data corroborate with the ones obtained by Lu *et al.* (22), which compared the cell cycle distribution of central and peripheral keloid fibroblasts.

Primary cell culture using explant techniques, when compared with techniques of enzymatic dissociation (using dispase and/or collagenase), provides an initial lower cell yield. Nevertheless, it allows better preservation of cell characteristics, avoiding significant cellular trauma, caused by the enzymatic attack, which may apply selective pressure in long-term culture because it has already been proved that vertebrate cells are severely stressed by enzymatic dispersion (41,42). Several chemical and mechanical isolation procedures have already been compared with optimise cell yield and minimise DNA damage by the method itself. If compared

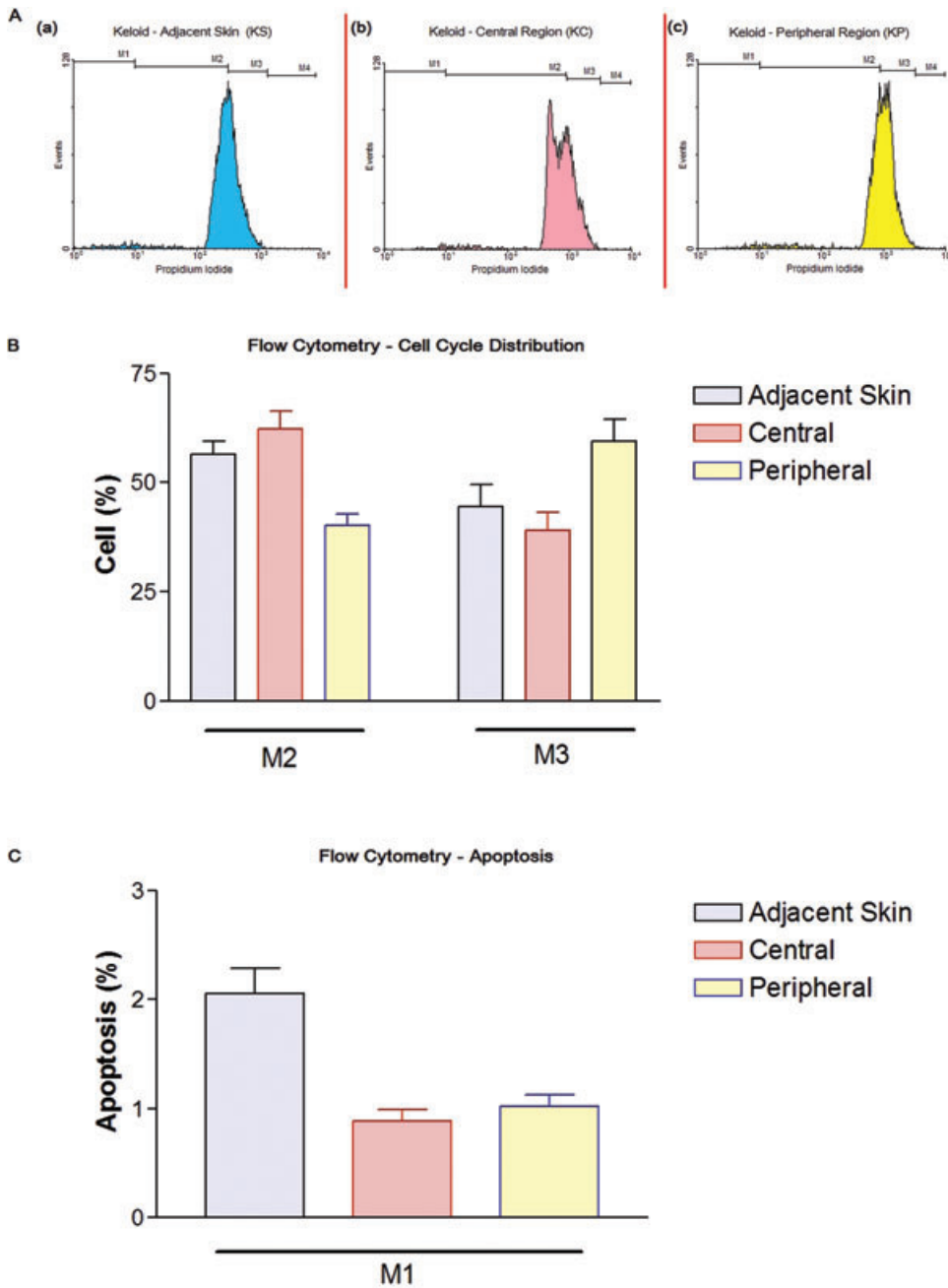


Figure 4. Flow cytometry. (A) Cell cycle analysis from one of the experiments showing the different profiles between the groups. M1: apoptotic cells; M2: G_0 - G_1 phase; M3: G_2 -M/S phases; M4: post- G_2 -M. Fibroblasts from: (a) adjacent skin; (b) central region; (c) peripheral region. (B) Cell cycle quantitative distribution. Data analysed with one-way analysis of variance (ANOVA) followed by Newman-Keuls (significance level $P < 0.05$). (C) Apoptotic cells. Data analysed with one-way ANOVA followed by Newman-Keuls (significance level $P < 0.05$). (B and C) Values represent the mean \pm SEM of at least four different experiments.

with collagenase isolation, mechanical cell dissociation gave less DNA damage (43). However, given the structural keloid characteristics (such as hardness), mechanical cell dissociation methods do not apply for keloid primary cell culture. Trypsinisation, used for subculturing

(passaging), resulted in low DNA damage, similar to those obtained by mechanical dissociation (43).

Because of the potentially prejudicial characteristics of enzymatic dissociation, many researchers prefer to be cautious, choosing

Key Points

- on the basis of our results, we present a simple, reliable and reproducible model which can also be adapted by the researcher to its specific conditions
- our proposed model proved itself efficient for fibroblast isolation from different keloid regions and its in vitro cultivation
- its simplicity and ease of execution may turn it into an important tool for studying and understanding the specific characteristics of the different keloid-derived fibroblasts in culture

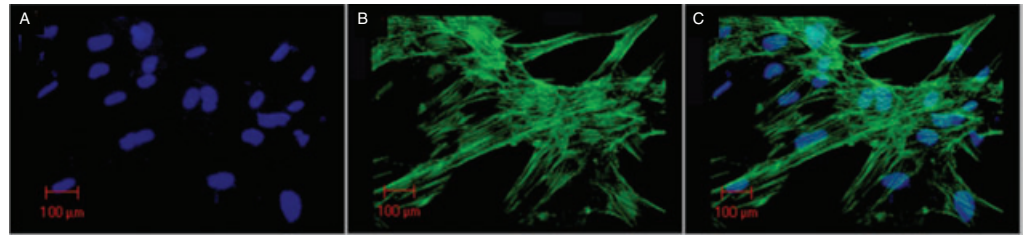


Figure 5. Confocal microscopy. Cultured fibroblasts from the adjacent skin. (A) Cell nuclei stained with DAPI (blue); (B) actin filaments immunostained with phalloidin/AlexaFluor-488 (green); (C) overlapped images.

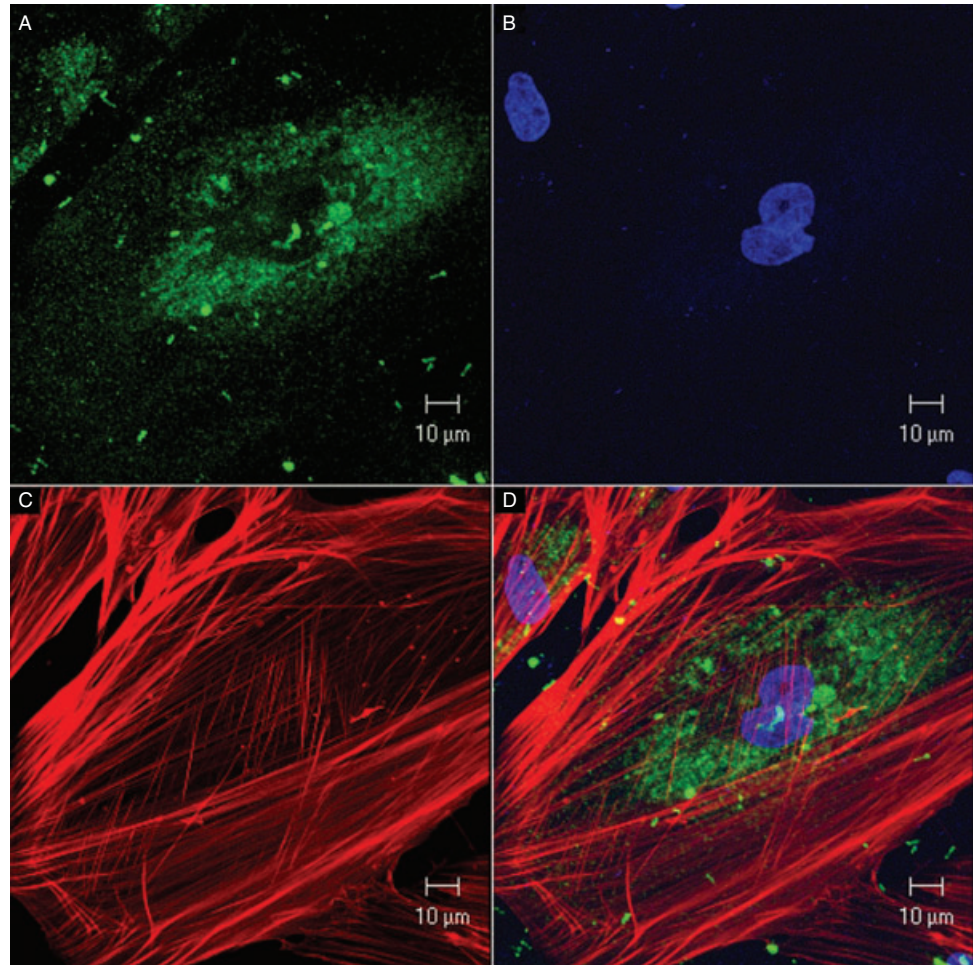


Figure 6. Confocal microscopy. Cultured fibroblasts from the adjacent skin. (A) Mitochondria stained with MitoTracker Green; (B) cell nuclei stained with DAPI (blue); (C) actin filaments immunostained with phalloidin/AlexaFluor-594 (red); (D) overlapped images.

more conservative methods, such as the one presented here.

On the basis of our results, we present a simple, reliable and reproducible model which can also be adapted by the researcher to its specific conditions. Our proposed model proved itself efficient for fibroblast isolation from different keloid regions and its in vitro cultivation. Its simplicity and ease of execution

may turn it into an important tool for studying and understanding the specific characteristics of the different keloid-derived fibroblasts in culture.

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