BRIEF REPORT



Using an Ordinal Approach to Compare Outcomes Between Vancomycin Versus Ceftaroline or Daptomycin in MRSA Bloodstream Infection

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ABSTRACT

Introduction: Vancomycin remains first-line therapy for methicillin-resistant Staphylococcus aureus (MRSA) blood stream infections (BSI); however, its toxicity and reported clinical failures are well established. Binary efficacy endpoints evaluating alternative anti-MRSA therapies leave clinicians deciphering between segregated clinical and safety outcomes and do not provide a comprehensive patient-centered picture of comparative therapies. This study aimed to apply a novel methodology, desirability of outcomes ranking (DOOR), to compare anti-MRSA therapies.

Methods: This was a single-centered, retrospective, cohort of adult patients with MRSA BSI that received vancomycin, daptomycin, or ceftaroline. A previously developed DOOR for S. aureus BSI was adjusted and applied to this cohort to compare vancomycin-treated versus daptomycin/ceftaroline-treated patients. The DOOR had five mutually exclusive ranks: (1) alive without treatment failure, infectious complications, or grade 4 adverse events (AEs);

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E. L. Heil·K. C. Claeys University of Maryland School of Pharmacy, Baltimore, MD, USA (2) alive with any one of treatment failure, infectious complications, or grade 4 AE; (3) alive with two of treatment failure, infectious complications, or grade 4 AE; (4) alive with all three treatment failure, infectious complications, or grade 4 AE; or (5) deceased.

Results: A total of 43 vancomycin-treated and 13 daptomycin/ceftaroline-treated patients were included. Baseline clinical characteristics were similar, except for higher median serum creatinine in the daptomycin/ceftaroline cohort (0.76 [IQR 0.57, 1.11] vs 1.36 [IQR 1.09, 1.91] mg/dL, P = 0.03). Patients in the daptomycin/ceftaroline cohort had a 92% probability of better outcome using DOOR methodology. Patients treated with daptomycin/ceftaroline experienced less MRSA BSI persistence (0% vs 13.9%), MRSA BSI recurrence (7.8% vs 25.6%), grade 4 AEs (23.1% vs 46.5%), and in-hospital mortality (0% vs 9.3%).

Conclusions: Although limited by sample size, this study demonstrates the potential of DOOR to produce valuable, patient-centered results. Clinicians are encouraged to become familiar with appropriate use and interpretation of DOOR methodology as it will become an increasingly common endpoint in clinical trials.

Keywords: Daptomycin; Desirability of outcomes ranking; *S. aureus* bacteremia; Vancomycin

Key Summary Points

Vancomycin remains the mainstay therapy for methicillin-resistant *S. aureus* (MRSA) bloodstream infection (BSI), although daptomycin and ceftaroline may improve patient outcomes.

Study endpoints separate clinical outcomes and safety metrics and fail to provide comprehensive patient-centered comparisons of alternative therapies.

The desirability of outcomes ranking (DOOR) methodology ordinally ranks combinations of clinical and safety outcomes in mutually exclusive categories to determine overall probability of better outcome with one therapy versus another.

Infectious diseases experts have developed and validated a consensus-based DOOR for *S. aureus* BSI. This current study adjusted this DOOR for specific anti-MRSA therapies and applied it to a retrospective cohort of patients with MRSA BSI.

In this proof-in-concept cohort study, treatment of MRSA BSI with daptomycin or ceftaroline was associated with a 92% probability of overall better patient outcomes compared to treatment with vancomycin.

DIGITAL FEATURES

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INTRODUCTION

Bloodstream infections (BSI) caused by methicillin resistant *Staphylococcus aureus* (MRSA) are

associated with substantial morbidity and mortality [1]. Although vancomycin (VAN) remains the standard therapy for MRSA BSI, nephrotoxicity and risk of clinical failure with minimum inhibitory concentrations (MIC) greater than 1 mg/L represent practical limitations [1–5]. Alternative MRSA antibiotics, in particular daptomycin (DAP) and ceftaroline (CPT), can help overcome these shortcomings. Literature comparing VAN to these agents for MRSA BSI have demonstrated superior outcomes with DAP compared to VAN and comparable efficacy with CPT compared to VAN [2, 5, 6]. The use of binary efficacy endpoints, such as clinical cure versus failure, does not incorporate the balance of competing benefits and risks to the individual patient, however.

A novel statistical methodology, the desirability of outcomes ranking (DOOR), has been previously applied in infectious diseases literature to provide clinicians with an improved assessment of risks versus benefits of alternative antibiotic therapies [7]. The DOOR methodology uses rankings to construct patient-centered assessments of clinical outcomes and adverse events between two interventions or therapies to better inform clinical decision-making [7–9]. In brief, each ordinal ranking contains mutually exclusive categories of patient outcomes, combining both efficacy and safety metrics in each rank. The worst rank is often reserved for inpatient mortality, while the best rank is often a combination of clinical cure of infection withdevelopment of antibiotic-associated adverse drug events. These rankings can be used for a visual comparison of patient-centered outcomes or, through a series of pairwise comparisons, one can assess the probability of an overall better outcome with one therapy versus another. The primary goal of this proof-inconcept study was to apply a previously validated DOOR for S. aureus BSI (SAB) to a retrospective dataset of patents with MRSA BSI and compare outcomes between those patients that received VAN versus DAP or CPT.

METHODS

Study Design, Setting, and Population

A single-center retrospective cohort study conducted at University of Maryland Medical Center (UMMC) for patients at least 18 years old with confirmed MRSA BSI between November 15, 2015 and August 1, 2019. UMMC is a 757-bed tertiary academic medical center with specialties including shock trauma, solid organ transplant, and oncology. Inclusion criteria were patients with MRSA BSI, confirmed by at least one positive blood culture, treated with VAN, DAP, or CPT for 72 h or more. Exclusion criteria included those with bacterial pneumonia or central nervous system infection, death within 72 h of treatment initiation, polymicrobial infection, initial receipt of renal replacement therapy, alternative MRSA antibiotics for more than 72 h, or combination MRSA antibiotics for 72 h or more. All MRSA BSI requires an infectious diseases (ID) consult and both DAP and CPT were restricted to ID use only; therefore, all patients in this study were being followed by ID consults. This study was approved by the University of Maryland institutional review board with a waiver of informed consent.

Study Definitions

The SAB DOOR is a previously validated expertguided DOOR applied to S. aureus BSI [8]. The main components of the SAB DOOR include clinical resolution, lack of infectious complications, and lack of antibiotic-related adverse events (AE). With respect to clinical resolution of MRSA BSI, patients could not have any of the following: relapse or readmission attributable to MRSA BSI or persistent MRSA BSI of greater than Infectious complications included development of resistance to one or more study drugs or newly identified metastatic focus of infection. The AE criteria were modified to reflect grade 4 AE from VAN, DAP, or CPT. Grade 4 AE for VAN was defined as Kidney Disease Improving Global Outcomes stage 2 or 3 acute kidney injury (AKI), platelets 75×10^9 / μL or less, or absolute neutrophil count (ANC) less than 1500 cells/µL [10. For DAP descriptors of rhabdomyolysis (creatinine phosphokinase greater than 2000 units/L or five times the upper limit of normal with muscle symptoms) were assessed [11]. For CPT, severe hypersensitivity reactions, platelets $75 \times 10^9 \mu L$ or less, or ANC less than 1500 cells/µL was assessed [12]. The five possible ranks were (1) alive without treatment failure, infectious complications, or grade 4 AEs; (2) alive with any one of treatment failure, infectious complications, or grade 4 AE; (3) alive with any two of treatment failure. infectious complications, or grade 4 AE; (4) alive with all three of treatment failure, infectious complications, or grade 4 AE; or (5) deceased. Therefore, a higher DOOR ranking was associated with better clinical outcomes (Table 1). All data was collected from electronic medical records based on inpatient documentation only.

Statistical Analysis

Descriptive statistics included frequencies with proportions, and medians with interquartile ranges (IQRs). Binary comparisons between those that received VAN versus DAP or CPT were completed using chi-squared or Fisher's exact test for nominal variables and Mann Whitney *U* test for continuous variables. A *P* value less than 0.05 was considered statistically significant. In order to compute the probability of a better DOOR with one treatment over another, a series of pairwise comparisons

 Table 1 Explanation of DOOR endpoints and ordinal ranking scheme

Rank	Alive	Number of grade 4 adverse events, infectious complications experienced, or treatment failure
1	Yes	0 of 3
2	Yes	1 of 3
3	Yes	2 of 3
4	Yes	3 of 3
5	No	Any

Table 2 Baseline characteristics and clinical outcomes

	VAN (n = 43)	DAP $(n = 10)$ CPT $(n = 3)$	P value
Baseline characteristics			
Age, median (range)	53 (25, 89)	58 (29, 80)	0.34
Sex, male, <i>n</i> (%)	23 (53.5)	10 (77)	0.2
Body weight, kg, median (IQR)	68 (59, 86.3)	88 (72, 99)	0.06
Serum creatinine, mg/dL, median, (IQR)	0.76 (0.57, 1.11)	1.36 (1.09, 1.91)	0.03
Intensive care unit, n (%)	5 (11.6)	1 (7.7)	0.99
Source of MRSA BSI, n (%)			
Endocarditis	12 (27.9)	4 (30.8)	0.72
Skin and soft tissue	10 (23.3)	3 (23.1)	0.99
Intra-abdominal	2 (4.7)	1 (7.8)	0.53
Bone-joint	11 (25.6)	2 (15.4)	1.00
Central line	4 (9.3)	1 (7.8)	1.00
Unknown	4 (9.3)	2 (15.4)	0.61
Concomitant antibiotics, n (%)			
Piperacillin-tazobactam	14 (32.5)	5 (38.4)	1.00
Aminoglycoside	2 (4.7)	1 (7.8)	0.55
Cefepime	10 (25.6)	3 (23.1)	1.00
Ceftriaxone	5 (11.6)	0	0.58
Rifampin	5 (11.6)	1 (7.8)	1.00
Other	5 (11.6)	3 (23.1)	0.37
Days concomitant antibiotics, median (IQR)	2 (1.5, 3.5)	2 (1, 3)	0.26
Clinical outcomes			
Duration of hospitalization (days), median (IQR)	14 (7, 21.5)	18 (11, 26)	0.4
Inpatient DOT (days), median (IQR)	14 (6.5, 19)	12 (8, 14)	0.51
Total DOT, median (IQR)	30 (15, 43)	19 (13, 40)	0.97
AKI development, n (%)	20 (46.5)	3 (23.1)	0.2
Initiation of RRT, n (%)	7 (16.3)	0 (0)	0.18
CPK elevations, n (%)	N/A	1 (7.8)	N/A
Hematologic, n (%) ^a	7 (16.3)	0 (0)	0.18
MRSA BSI persistence, n (%) ^b	6 (13.9)	0 (0)	0.31
MRSA BSI recurrence, n (%) ^c	11 (25.6)	1 (7.8)	0.25
90-day MRSA readmission, n (%)	17 (39.5)	3 (23.1)	0.99
In-hospital mortality, n (%)	4 (9.3)	0 (0)	0.56

Table 2 continued

	VAN (n = 43)	DAP $(n = 10)$ CPT $(n = 3)$	P value
30-day all-cause mortality, n (%)	4 (9.3)	0 (0)	0.56

IQR interquartile range, MRSA methicillin resistant Staphylococcus aureus, BSI blood stream infection, DOT duration of treatment, AKI acute kidney injury, RRT renal replacement therapy, CPK creatinine phosphokinase, N/A not applicable

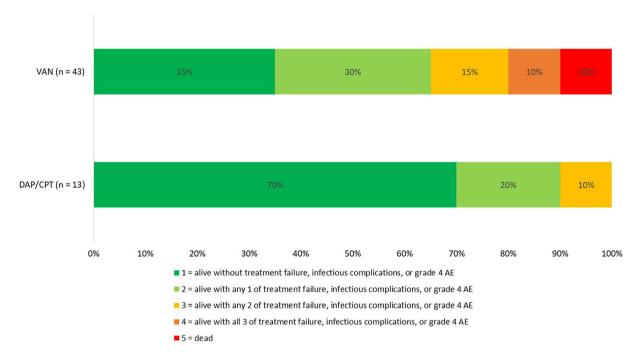


Fig. 1 Comparison of DOOR vancomycin vs ceftaroline/daptomycin

between treatment groups was completed [7]. All analysis was completed using Microsoft Excel.

RESULTS

A total of 125 patients were screened for study inclusion. Among these, 69 patients were excluded for the following reasons: age less than 18 years (n = 2), pneumonia source (n = 9), alternative MRSA therapy for more than 72 h (n = 15), received less than 48 h of inpatient

therapy (n = 27), polymicrobial infection (n = 9), and history of renal dialysis (n = 7). The final study population consisted of 43 patients in the VAN group compared to 13 patients in the DAP/CPT group (10 DAP and 3 CPT). Among the DAP/CPT patients the majority (n = 10) initially received VAN therapy for a median of 2 (IQR 1, 2.25) days. All patients in this study had complicated MRSA BSI. Differences in baseline characteristics are documented in Table 2. Patients in the DAP/CPT cohort had higher median baseline serum creatinine compared to the VAN cohort. The VAN

^a Hematologic defined as a composite of thrombocytopenia or neutropenia

^b MRSA BSI persistence defined as positive blood cultures for ≥ 5 days

^c MRSA recurrence defined as positive MRSA blood culture ≥ 48 h after negative blood culture

MIC was < 1 mg/dL for all patients in the VAN cohort versus 92.3% in the DAP/CPT cohort. The median VAN trough and AUC/MIC at 48 h were 15.4 (IQR 13.4, 18.3) mg/dL and 516 (IQR 452, 554), respectively. Median DAP doses were 6 (IQR 6, 8) mg/kg and CPT was dosed at 600 mg every 8 h (n = 2) or every 12 h (n = 1). Upon discharge many VAN patients were continued on outpatient therapy (n = 29, 67%), primarily on VAN (n = 15) or DAP (n = 11). Among DAP/ CPT patients, eight (61.5%) were discharged on outpatient antibiotics, with DAP being the most common agent (n = 7). Those in the DAP/CPT cohort had a lower DOOR compared to VAN (Fig. 1); DAP/CPT patients had a 92% probability of better outcome compared to those that received VAN. This difference in overall outcomes was driven by higher rates of MRSA BSI persistence (13.9% vs 0%) and MRSA BSI recurrence (25.6% vs 7.8%) observed with VAN compared to DAP/CPT. Overall adverse events were higher in the VAN cohort compared to the DAP/CPT cohort; primarily nephrotoxicity (46.5% versus 23.1%) and requirement for receipt of renal replacement therapy (16.3% versus 0%). Lastly, in-hospital mortality was higher in the VAN cohort compared to the DAP/ CPT cohort (9.3% versus 0%).

DISCUSSION

With the application of a modified SAB DOOR, we observed improved clinical outcomes without the competing risk of increased toxicity among the DAP/CPT cohort compared to the VAN cohort. Results from Murray et al. of DAP versus VAN in MRSA BSI with elevated VAN MIC align with our findings, showing lower 30-day mortality (3.5% vs 12.9%; P = 0.047) and less persistent bacteremia (18.8% versus 42.4% P = 0.001) in those treated with DAP [5]. Claevs et al. demonstrated higher rates of clinical failure (45.0% versus 29.0%; P = 0.007) and all-cause 30-day mortality (15.3% versus 6.1%; P = 0.024) with VAN compared to DAP, regardless of MIC [2]. Despite a higher baseline creatinine clearance in the current DAP/CPT cohort, higher rates of nephrotoxicity and need for renal replacement therapy were observed in the VAN cohort. This is consistent with previous data for gram-positive infections where VAN was associated with higher rates nephrotoxicity compared to DAP (23.3% vs 6.3%, P = 0.006) and receipt of VAN was an independent risk factor for nephrotoxicity [13].

A major strength of this study was the incorporation of a validated DOOR that was generated by expert consensus [8]. With the recognition that providers place significant value on patient-centered outcomes beyond simple binaries of clinical cure, the DOOR methodology helps fulfill this unmet need. The current study is hypothesis-generating given the limitations of being single-centered and retrospective in nature. Additionally, a major limitation is the small sample size and inability to calculate an a priori sample size requirement. Although we used a previously validated DOOR, the application of the ranking in a retrospective fashion limits the strength of the results as confounding by indication is still possible. The baseline imbalance in initial serum creatinine between groups and insufficient description of other nephrotoxic therapies group may have contributed to differences in nephrotoxicity. Despite these limitations, nephrotoxicity has been a reproducible and established concern with VAN. Within our institution, VAN is first line for MRSA BSI with transition to DAP or CPT only on suspicion of clinical failure or development of nephrotoxicity. This led to difficultly in identifying a large DAP/CPT cohort that was not treated with an extended duration of VAN prior. Among the DAP/CPT cohort, the majority were initiated on VAN. Although VAN was given for less than 72 h, this initial receipt could additionally lead to confounding of the outcome. Additionally, our institution transitioned to VAN AUC/MIC monitoring in 2017 which may have influenced the rates of VAN nephrotoxicity. Finally, the three patients with persistent MRSA BSI had endocarditis which could reflect a failure of source control rather than antibiotic failure. Results of this study should be interpreted with caution, given the limited sample size; however, they provide proof-inconcept regarding the value of DOOR methodology.

CONCLUSION

Application of DOOR methodology has the potential to produce valuable, patient-centered outcomes. The SAB DOOR should be applied in future trials to better assess the risk/benefit trade-off of treatment of MRSA BSI from a patient perspective. Clinicians are encouraged to become familiar with appropriate use and interpretation of DOOR methodology as it will likely become an increasingly common endpoint among infectious diseases research and clinical trials.

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Compliance with Ethics Guidelines. This study was approved by the University of Maryland institutional review board with a waiver of informed consent.

Data Availability. The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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