



# Effect of Entecavir on the Intestinal Microflora in Patients with Chronic Hepatitis B: A Controlled Cross-Sectional and Longitudinal Real-World Study

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## ABSTRACT

**Introduction:** This study aimed to analyze the diversity of intestinal flora in patients with chronic hepatitis B (CHB) and investigate the effect of entecavir on the intestinal flora in these patients.

**Methods:** Thirty patients with CHB and 30 healthy controls were recruited from the Department of Infectious Diseases and Department of Gastroenterology of Shanghai Tongji Hospital between January 2017 and December

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2018. Stool samples were collected for the detection of intestinal flora by high-throughput sequencing. Patients with CHB received anti-virus therapy with entecavir for 8 weeks. The biochemical and virological responses were assessed and the intestinal flora were compared.

**Results:** After entecavir treatment, the blood levels of alanine aminotransferase (ALT), interleukin-6 (IL-6), IL-8, tumor necrosis factor (TNF), and hepatitis B virus (HBV) DNA reduced significantly in patients with CHB and the species abundance of intestinal flora increased markedly. In patients with CHB, the unique genera included *Butyrivibrio*, *Phaseolus acutifolius*, and *Prevotellaceae* NK3B31 group before treatment and *Howardella*, *Candidatus Stoquefichus*, *Citrobacter*, *Dysgonomonas*, *Faecalicoccus*, *Methanobrevibacter*, *Mitsuokella*, *Mobilitalea*, *Succinivibrio*, *Gluconobacter*, and *Plesiomonas* after treatment. The abundance of the following genera increased significantly after entecavir treatment in patients with CHB: *Clostridium sensu stricto* 1, *Erysipelotrichaceae* UCG-007, and *Intestinibacter*. The abundance of *Streptococcus*, *Atopobium*, and *Murdochiella* reduced markedly after entecavir treatment in patients with CHB.

**Conclusion:** After 8-week entecavir treatment, the blood biochemical, immunological, and virological responses improved significantly, the species abundance of intestinal flora increased markedly, and there were unique genera in patients with CHB before and after treatment.

**Keywords:** Chronic hepatitis B; Entecavir; Intestinal flora

### Key Summary Points

The blood biochemistry, immunity, and viral load of patients with CHB were improved after entecavir treatment.

The healthy control group had the highest abundance of species of the intestinal flora, followed by the CHB group after entecavir treatment, and the patients with CHB before treatment had the lowest abundance of species.

The four bacterial families with significant difference before and after entecavir treatment were Caulobacteraceae, Methanobacteriaceae, Streptococcaceae, and Succinivibrionaceae.

## DIGITAL FEATURES

This article is published with digital features, including a summary slide, to facilitate understanding of the article. To view digital features for this article go to <https://doi.org/10.6084/m9.figshare.13056197>.

## INTRODUCTION

Chronic hepatitis B (CHB) is a chronic progressive disease caused by hepatitis B virus (HBV) infection. Without timely and effective antiviral treatment, CHB will progress slowly and the risk of CHB eventually progressing into cirrhosis, liver failure, or hepatocellular carcinoma is about 15–40%. Thus, CHB has been a worldwide public health burden. Anti-HBV treatment has been recognized as the key to the management of CHB [1, 2]. Increasing numbers of studies have shown that the pathogenesis of CHB is related to intestinal flora disorder. In this study, the diversity of intestinal flora was analyzed in patients with CHB who were treated with

entecavir and in healthy controls, and the effects of entecavir on the intestinal flora were further investigated in patients with CHB. Our findings may provide evidence to aid the development of drugs targeting the intestinal flora in patients with CHB.

## METHODS

### Subjects

Han Chinese patients and controls were recruited into the present study. Stool samples were collected from 30 patients with CHB in the Department of Infectious Diseases and Department of Gastroenterology of Shanghai Tongji Hospital between January 2017 and December 2018 before and after treatment with entecavir. In addition, 30 healthy volunteers were recruited as controls. Approval was obtained from the ethics committee of the Tongji Hospital, Tongji University School of Medicine. The procedures used in this study adhere to the tenets of the Declaration of Helsinki and informed consent was signed by each patient.

### Inclusion Criteria

A total of 30 patients with CHB in immune clearance phase and reactivation phase were included in the present study. Patients were aged 18–65 years; CHB was diagnosed according to the diagnostic criteria from the “Guideline for the Prevention and Treatment of Chronic Hepatitis” (updated in 2015) developed by the Hepatology Branch and the Infectious Diseases Branch of Chinese Medical Association [3]. According to the serum alanine aminotransferase (ALT), HBV DNA level, severity of liver disease, age, and family history, the risk for disease progression was evaluated. Patients who were eligible for the antiviral treatment were recruited into the present study.

### Exclusion and Inclusion Criteria

Exclusion criteria were as follows: (1) Pregnant women and breast-feeding women; (2) patients with psychosis; (3) patients with a tumor; (4) patients with hepatic cirrhosis; (5) patients with

other liver diseases or infectious diseases; (6) patients with concomitant severe diseases of the heart, lung, kidney, central nervous system, gastrointestinal tract, and other systems; (7) patients having prior antiviral treatment or being treated with antiviral drugs; (8) patients who used antibiotics and microecological drugs 1 month before study; (9) patients having poor compliance due to various reasons, or unable to cooperate with treatment and follow-up.

Inclusion criteria for healthy controls were as follows: subjects were aged 18–65 years old; results of routine physical examination were normal; virus carriers were excluded after clinical examinations; subjects were not treated with antibiotics or microecological drugs 1 month before study.

All the patients and controls were from Shanghai. There was no dietary change in the study period. The staples of the diet were rice and wheat. The supplementary food included vegetables, fruits, meat, fish, and shrimps. They did not take antibiotics or microecological drugs, had regular moderate exercise, and had no dietary supplements and drugs affecting the gastrointestinal flora. There was no history of drinking or smoking.

In 30 patients with CHB, venous blood was collected before and after treatment, and the liver function, cytokines (interleukin-6 (IL-6), IL-8, and tumor necrosis factor (TNF)), and HBV DNA were detected. The liver function was measured with an automatic biochemical analyzer (AU5800; Beckman Coulter). The normal range of ALT is 9–40 U/l. The contents of IL-6, IL-8, and TNF were measured with a chemiluminescence immunoassay system (Immulinite1000; Siemens). Normally, the concentrations of IL-6, IL-8, and TNF are lower than 5.9 pg/ml, 62 pg/ml, and 8.1 pg/ml, respectively. HBV DNA was detected with real-time fluorescence PCR in a thermal cycler (ABI 7300). The kit for HBV DNA detection was from Shanghai Zhijiang Biotech Co., Ltd, and the lower limit of HBV DNA is 100 IU/ml. In addition, stool samples were collected from patients with CHB before and after treatment and from healthy controls for the detection of intestinal flora by high-throughput sequencing. FloraPrep™ sampling tube and primers were from

Admera Health Medical Technology Co., Ltd (Suzhou, China).

### **Treatment**

Patients with CHB received routine antiviral therapy for 8 weeks with entecavir (0.5 mg, qd, oral) (Zhengda Tianqing Pharmaceutical Group Co., Ltd., No. H20100019, 0.5 mg/tablet).

### **Stool Collection**

Stool samples were collected into FloraPrep™ tubes (Suzhou Admerahealth Medical Technology Co., Ltd.), stored at 4 °C, and subjected to high-throughput sequencing within 2 weeks.

### **Fecal Detection**

16S rDNA amplicon sequencing was done to detect the diversity of intestinal flora. In brief, DNA was extracted from the stool samples, followed quality assessment. The amplification of the 16S rDNA variable region was done by PCR, and the products were purified. Then, the DNA library was established and detected, followed by high-throughput sequencing. After quality control, the volume of the DNA library was adjusted according to the target data, and several libraries were mixed for Illumina MiSeq sequencing.

### **Statistical Analysis**

Statistical analysis was performed with SPSS version 20.0. The quantitative data with normal distribution are expressed as the means  $\pm$  standard deviation ( $X \pm SD$ ); the quantitative data with abnormal distribution are expressed as median and quartile (P25, P75). The gender was compared between two groups with the chi-square test. The differences in the parameters before and after treatment with normal distribution were compared with the *t* test, and those with abnormal distribution with the Wilcoxon rank test. Data with normal distribution and homogeneity of variance were compared between two groups with the *t* test and those with abnormal distribution and/or heterogeneity of variance were compared with the Mann–Whitney test.

## RESULTS

### General Characteristics

There were 30 patients with CHB and 30 healthy controls in the present study. Of patients with CHB, 17 were positive for HBeAg and 13 negative for HBeAg. They had no hepatic fibrosis, cirrhosis, and hepatocellular carcinoma. Table 1 shows the baseline characteristics of patients and controls. Results showed that there were no marked differences in the age and gender between patients with CHB and controls ( $P > 0.05$ ).

### Blood Biochemical, Immunological, and Virological Responses After Treatment in Patients with CHB

The liver function, cytokines (IL-6, IL-8, TNF), and HBV DNA level were detected before and after treatment in patients with CHB. As shown in Table 2, the blood levels of ALT, IL-6, IL-8, TNF, and HBV DNA reduced significantly after 8-week antiviral therapy in patients with CHB ( $P < 0.001$ ).

### Changes of Intestinal Microflora in Patients with CHB After Entecavir Treatment

After de-linking and low-quality filtering of the original data of each sequence were performed, the chimera sequences were removed and valid sequences were obtained for clustering analysis. Each cluster was assigned an operational taxonomic unit (OTU). At a similarity level of 97%, all sequences were classified according to the OTUs, followed by bioinformatics analysis. On the basis of the OTU clustering analysis, the

shared and unique OTUs were analyzed in patients with CHB before and after treatment and in healthy controls. A Venn diagram is shown in Fig. 1. Results showed that 600 OTUs were shared in patients with CHB before and after treatment and healthy controls. There were 20 unique OTUs in patients with CHB before treatment, 224 unique OTUs in patients with CHB after treatment, and 56 unique OTUs in healthy controls. This indicates that entecavir treatment increases the abundance of OTU (994) in patients with CHB.

The top 10 unique OTUs in patients with CHB before treatment were (high to low abundance) OTU413 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Bacteroidales S24-7 group), OTU411 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Bacteroidaceae; g\_Bacteroides), OTU92 (p\_Firmicutes; c\_Clostridia; o\_Clostridiales; f\_Ruminococcaceae; g\_[Eubacterium] coprostanoligenes group), OTU188 (p\_Firmicutes; c\_Clostridia; o\_Clostridiales; f\_Lachnospiraceae; g\_Butyrvibrio), OTU171 (Unassigned), OTU221 (p\_Proteobacteria; c\_Gammaproteobacteria; o\_Pasteurellales; f\_Pasteurellaceae; g\_Haemophilus), OTU331 (p\_Proteobacteria; c\_Betaproteobacteria; o\_Burkholderiales; f\_Alcaligenaceae; g\_Sutterella), OTU314 (p\_Firmicutes; c\_Clostridia; o\_Clostridiales; f\_Peptococcaceae; g\_Peptococcus), OTU419 (p\_Tenericutes; c\_Mollicutes; o\_NB1n), and OTU350 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Bacteroidaceae; g\_Bacteroides).

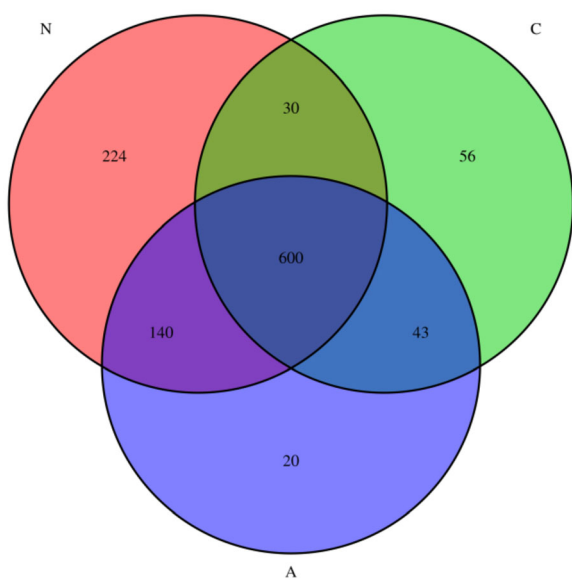
The top 10 unique OTUs in patients with CHB after treatment were (high to low abundance) OTU893 (p\_Actinobacteria; c\_Actinobacteria; o\_Bifidobacteriales; f\_Bifidobacteriaceae; g\_Bifidobacterium), OTU823 (p\_Actinobacteria; c\_Actinobacteria; o\_Bifidobacteriales; f\_Bifidobacteriaceae;

**Table 1** General characteristics of patients and controls

Variables	CHB group ( $n = 30$ )	Control group ( $n = 30$ )	Statistics	$P$
Gender (M/F)	17/13	18/12	0.046	0.857
Age (year)	42.30 ± 11.35	41.70 ± 11.46	0.113	0.884

**Table 2** Blood biochemical, immunological, and virological responses after treatment in patients with CHB

Variables	Before treatment (n = 30)	After treatment (n = 30)	Statistics	P
ALT (U/l)	211.00 (152.00, 319.00)	90.50 (57.25, 125.25)	7.927	< 0.001
IL-6 (pg/ml)	3.34 (2.00, 6.32)	2.00 (2.00, 4.74)	− 3.622	< 0.001
IL-8 (pg/ml)	45.62 (13.21, 132.55)	22.23 (10.46, 57.30)	− 4.453	< 0.001
TNF (pg/ml)	12.19 (8.30, 17.87)	7.69 (6.44, 12.51)	− 4.703	< 0.001
HBV DNA (IU/ml)	5.11 × 10 <sup>7</sup> (5.09 × 10 <sup>6</sup> , 1.00 × 10 <sup>8</sup> )	1.54 × 10 <sup>3</sup> (1.00 × 10 <sup>2</sup> , 5.32 × 10 <sup>4</sup> )	− 4.783	< 0.001



**Fig. 1** Venn diagram of OTU in different groups (A: CHB patients before treatment; N: CHB patients after treatment; C: healthy controls)

*g\_Bifidobacterium*), OTU963 (p\_Firmicutes; c\_Clostridia; o\_Clostridiales; f\_Clostridiaceae 1; *g\_Clostridium* sensu stricto), OTU997 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Prevotellaceae; *g\_Prevotella* 9), OTU956 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Porphyrimonadaceae; *g\_Parabacteroides*), OTU962 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Bacteroidaceae; *g\_Bacteroides*), OTU793 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales;

*f\_Rikenellaceae*; *g\_Alistipes*), OTU981 (p\_Proteobacteria; c\_Betaproteobacteria; o\_Burkholderiales; f\_Alcaligenaceae; *g\_Parasutterella*), OTU1020 (p\_Firmicutes; c\_Clostridia; o\_Clostridiales; f\_Lachnospiraceae; *g\_Coproccoccus* 2), and OTU993 (p\_Bacteroidetes; c\_Bacteroidia; o\_Bacteroidales; f\_Prevotellaceae; *g\_Alloprevotella*).

The numbers of OTUs in different groups are shown in Table 3 and Fig. 2. Analysis of similarities (ANOSIM) showed that, although the abundance of species was different between groups, there was no marked difference in the intestinal flora between two groups before and after treatment ( $P = 0.422$ ,  $R = 0.002$ ) (Table 3, Fig. 2).

**Changes of Diversity of Intestinal Flora in Patients with CHB After Entecavir Treatment**

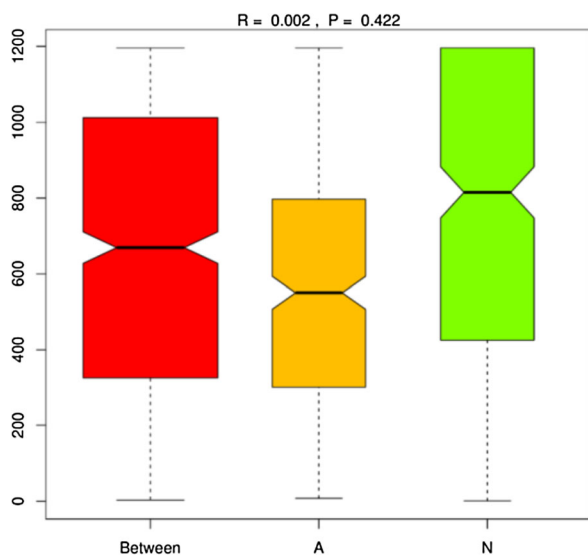
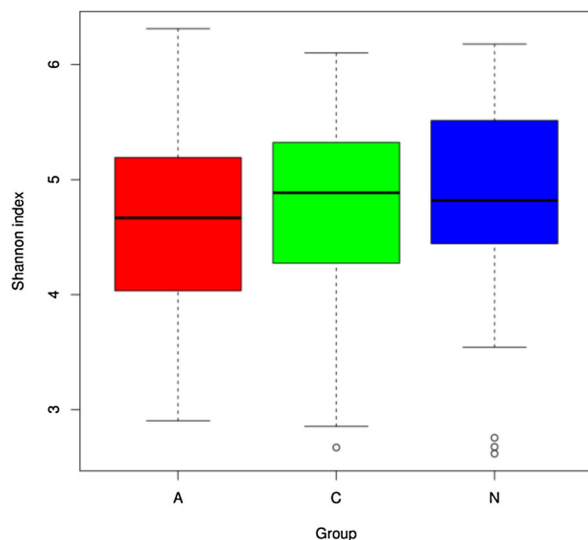
In order to understand the effect of nucleoside treatment on the diversity of intestinal microflora of patients with CHB, stool samples were collected from patients with CHB before and after entecavir treatment, and from healthy controls. The Shannon index was used to analyze the diversity of intestinal flora in each sample (Fig. 3).

As shown in Fig. 3, the median Shannon index in patients with CHB was 4.668 before treatment and 4.819 after treatment, and it was 4.886 in healthy controls. This finding suggests that the abundance of intestinal flora is the highest in healthy controls, followed by the



**Table 3** OTU distribution in control group and CHB group

	Patients with CHB before treatment	Patients with CHB after treatment	Control group
OTU (number)	216.81 ± 70.91	204.04 ± 9.72	230 ± 57.08

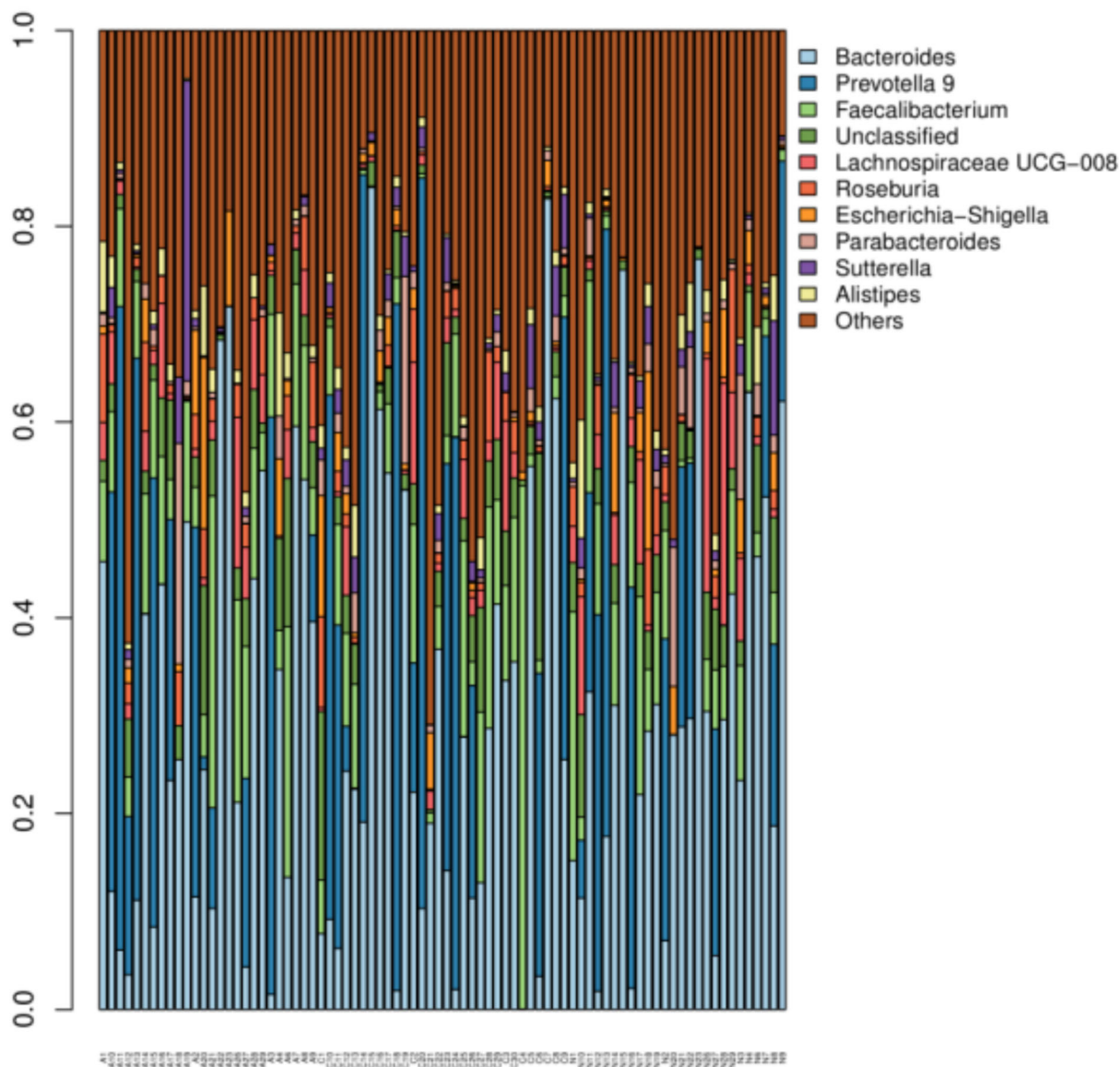
**Fig. 2** ANOSIM of OTU in patients with CHB before and after treatment (A: CHB patients before treatment; N: CHB patients after treatment; C: healthy controls)**Fig. 3** Shannon index analysis of intestinal flora in different groups (A: CHB patients before treatment; N: CHB patients after treatment; C: healthy controls)

patients with CHB after treatment, but it is the lowest in patients with CHB before treatment.

### Intestinal Microflora in Patients with CHB Before and After Entecavir Treatment

In order to understand the effect of antiviral drug entecavir on the composition of intestinal flora in patients with CHB, the intestinal flora was further analyzed at the level of genus in patients with CHB and healthy controls. The top 30 species were classified, the relative abundance of each sample was determined, and a histogram (Fig. 4) was drawn to display the proportions of different species in each sample. The abscissa shows the sample name, the ordinate shows the relative abundance of different species, the legend is the name of species at the genus level, and “Others” means the sum of relative abundance of all the species except for the top 30 species.

Further analysis showed that, at the genus level, the distribution of species was different between groups. In patients with CHB before treatment, the unique genera included *Butyrivibrio*, *Phaseolus acutifolius*, and *Prevotellaceae* NK3B31 group. After entecavir treatment, the unique genera included *Howardella*, *Candidatus Stoquefichus*, *Citrobacter*, *Dysgonomonas*, *Faecalicoccus*, *Methanobrevibacter*, *Mitsuokella*, *Mobilitalia*, *Succinivibrio*, *Gluconobacter*, and *Plesiomonas*. In patients with CHB, the abundances of *Clostridium sensu stricto* 1, *Erysipelotrichaceae* UCG-007, and *Intestinibacter* after treatment were significantly higher than those before treatment ( $P < 0.05$ ). In patients with CHB, the abundances of *Streptococcus*, *Atopobium*, and *Murdochiella* before treatment were markedly higher than those after treatment ( $P < 0.05$ ).



**Fig. 4** Top 30 species with high abundance in different groups

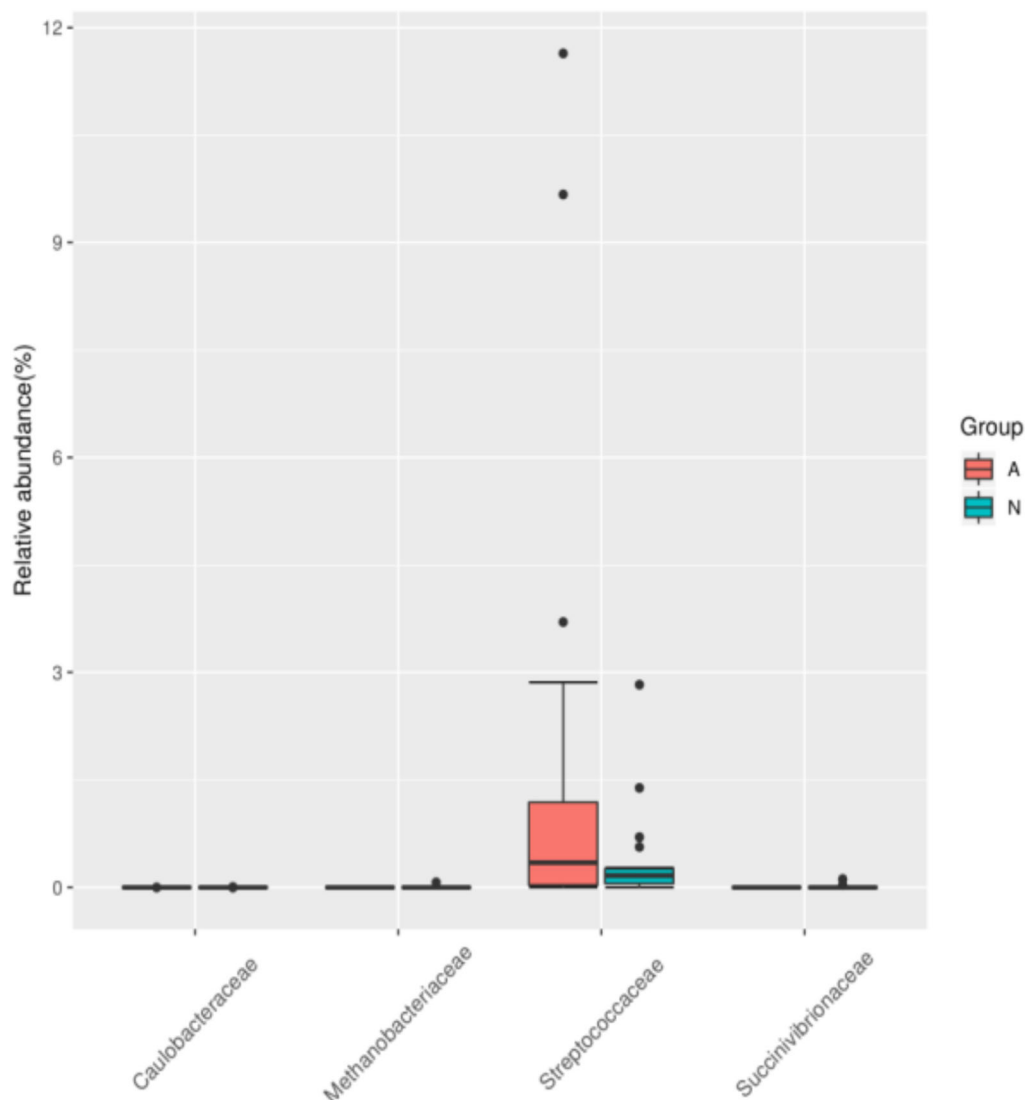
**Different Intestinal Flora in Patients with CHB**

The intestinal flora was compared with Metastats analysis at family level in patients with CHB before and after treatment (Fig. 5). At family level, there were significant differences in the abundances of Caulobacteraceae, Methanobacteriaceae, Streptococcaceae, and Succinivibrionaceae in patients with CHB before and after treatment, and the abundance of

Streptococcaceae before treatment was dramatically higher than that after treatment.

**DISCUSSION**

The liver is the largest solid visceral organ in the human body. The intestine and liver share an embryonic origin—the foregut. The intestinal lymphocytes originate from the developing liver, and when they are mature, they may interact with the liver through the portal vein



**Fig. 5** Metastats analysis of intestinal flora in patients with CHB before and after treatment (A: CHB patients before treatment; N: CHB patients after treatment; C: healthy controls)

and biliary system. Almost all the blood leaving from the stomach and intestines will eventually enter the liver. A variety of studies have shown that the liver and intestine have a functional relationship at anatomical and biological levels. Marshall [4] proposed the concept of the “gut–liver axis” for the first time in 1998. The human gut contains a large amount of microorganisms, which play important roles in the regulation of metabolism and immunity of the host. Moreover, the intestinal flora also

affects the development and physiology of the host. The latest literature has summarized the role of intestinal flora in the regulation of host physiological and pathological processes by focusing on the gut–liver axis [5, 6].

Some investigators [7] have evaluated the gut microbiota of patients infected with HBV. By using quantitative PCR and immunological techniques, studies have shown that *Faecalibacterium prausnitzii*, *Enterococcus faecalis*, *Enterobacteriaceae*, *Bifidobacterium*, and



*Bacterium acidi lactici* (*Lactobacillus*, *Pediococcus*, *Leuconostoc*, and *Weissella*) in the intestine of patients with hepatic cirrhosis secondary to hepatitis B display significant variations. The ratio of *Bifidobacterium* to Enterobacteriaceae (B/E) can reflect the colonization resistance of intestinal flora. This ratio significantly reduced from  $1.15 \pm 0.11$  in healthy controls to  $0.99 \pm 0.09$  in asymptomatic carriers,  $0.76 \pm 0.08$  in patients with CHB, and  $0.64 \pm 0.09$  in decompensated hepatic cirrhosis ( $P < 0.01$ ). This indicates that the B/E ratio can reflect the imbalance of intestinal microecology during the progression of liver diseases. The levels of fecal SIgA and TNF in patients with decompensated hepatic cirrhosis secondary to hepatitis B were higher than in other groups, indicating that the human body attempts to achieve a new intestinal microecological balance through a complex self-regulating system.

The different clinical outcomes of patients with CHB are related to the interactions among virus, host, and environment, and are the result of multiple factors. Host factors include age on viral infection, gender, personal behaviors, genetic factors (gene polymorphism), and intestinal microecology [8]. The immune mechanism underlying the HBV initiating and maintaining acute or chronic infections (and even the hepatic cirrhosis and hepatocellular carcinoma) has not yet been determined. Increasing numbers of studies [9–15] have shown that the intestinal microecology is closely related to the occurrence and development of CHB. The intestinal flora can regulate the immune balance in the body, thereby protecting the immunity from the damage caused by hepatitis virus infection. The potential of intestinal flora to regulate the HBV infection-related immunity provides a new insight into the pathogenesis of HBV infection, and also presents a potential therapeutic target for HBV.

Antiviral therapy is a key component in the management of CHB. For patients with CHB receiving initial therapy with nucleoside (acid) drugs, current guidelines for the prevention and treatment of CHB recommend drugs (such as entecavir) with potent effectiveness and low resistance. Some studies [16–21] have shown that entecavir can effectively reduce HBV load,

suppress liver inflammation, and help clear HBsAg and HBeAg, which may achieve functional cure of CHB and therefore inhibit the disease progression (such as hepatic cirrhosis and liver cancer). However, little is known about the effect of antiviral therapy with entecavir on the intestinal microecology of patients with CHB.

Li et al. [22] established a recombinant adeno-associated virus serotype 8 (rAAV8)-mediated continuous HBV infection mouse model. Results showed that entecavir could significantly reduce HBV DNA in the serum and liver. In further investigation, mice were divided into rAAV8-mediated CHB mice, the entecavir-treated CHB mice, and healthy controls. The 16S rDNA amplicon sequencing was done to detect the intestinal flora of the cecal contents, and the diversity of intestinal flora was analyzed. The results suggested that the alpha diversity of intestinal flora reduced significantly in rAAV8-mediated CHB mice, and after 4-week entecavir treatment, the alpha diversity of intestinal flora increased markedly. In the rAAV8-mediated CHB mice, the abundances of *Blautia* and *Clostridium* spp. significantly decreased, and were negatively related to the HBsAg and HBeAg levels. On the contrary, the abundances of *Butyricoccus* and *Prevotellaceae* NK3B31 were positively related to the HBsAg and HBeAg levels. In addition, the abundance of *Akkermansia* (known bacteria associated with intestinal barrier protection) significantly reduced in CHB mice, but returned to normal in the entecavir-treated mice and remained normal in the healthy control group. Moreover, the abundance of *Akkermansia* was negatively related to the serum and liver HBV DNA levels. This study shows that CHB mice have intestinal flora disorder, and entecavir can effectively reverse the intestinal flora disorder, revealing the role of intestinal flora in the CHB and antiviral therapy.

In the present study, patients with CHB and healthy controls were recruited, and patients with CHB were treated with antiviral entecavir for 8 weeks. Our results showed that the blood levels of ALT, IL-6, IL-8, TNF, and HBV DNA in patients with CHB reduced dramatically after antiviral treatment ( $P < 0.001$ ). It indicates that

the blood biochemical, immunological, and virological responses are significantly improved in patients with CHB after entecavir treatment.

Furthermore, 16S rDNA amplicon sequencing technology was performed for high-throughput sequencing of fecal samples from patients with CHB and healthy controls. Our results showed that patients with CHB had 20 unique OTUs before treatment, patients with CHB had 224 unique OTUs after treatment, and controls had 56 unique OTUs. This indicates that entecavir treatment increases the OTUs of intestinal flora of patients with CHB. ANOSIM showed that, although the abundance of species was different among groups, there was no significant difference in the intestinal flora of patients with CHB before and after treatment and between two groups ( $P = 0.422$ ,  $R = 0.002$ ). Shannon index analysis showed that the abundance of species was the highest in the healthy controls, followed by the patients with CHB after entecavir treatment, and the abundance of species was the lowest in patients with CHB before treatment. There were unique OTUs in different groups and there was significant difference in the intestinal flora at different levels among groups ( $P < 0.05$ ). The abundances of Caulobacteraceae, Methanobacteriaceae, Streptococcaceae, and Succinivibrionaceae were significantly different, and the abundance of Streptococcaceae in patients with CHB reduced markedly after treatment. Our study suggests that entecavir not only inhibits the replication of HBV but also regulates the intestinal microecology. The antiviral therapy may alter the intestinal flora via the following ways: antiviral therapy may reduce the HBV load and inhibit the expression of related antigens, which may further change the types and number of immune cells in the hepatic microenvironment; the antigens from intestinal flora may enter the circulation via enterohepatic circulation and interact with immune cells in the liver. Thus, antiviral therapy may indirectly affect the immune microenvironment in the liver to affect the intestinal flora. More studies with large sample size and long-term follow-up are needed to confirm our findings. This was also a limitation in the present study.

Currently, CHB is difficult to cure and requires long-term antiviral therapy and follow-up. A variety of studies have shown that the occurrence and development of CHB are closely related to changes in the intestinal microecology. Studies on the interaction of CHB and antiviral drugs with intestinal microecology will provide potentially effective targets for the functional cure of CHB.

## CONCLUSION

After 8 weeks of antiviral treatment with entecavir, the serum parameters related to biochemistry, immunity, and virology improved in patients with CHB. The intestinal flora had the highest abundance in species in the healthy control group, followed by the CHB group after entecavir treatment, and the patients with CHB had the worst abundance in the intestinal flora before treatment. In addition, the intestinal flora in patients with CHB before and after entecavir treatment had its own unique bacterial species and different bacteria.

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**Authorship.** All authors meet the International Committee of Medical Journal Editors (ICMJE) criteria for authorship for this article, take responsibility for the integrity of the work as a whole, and have given their approval for this version to be published.

**Disclosures.** Yu-Xia Lu, Cheng-Zhi He, Ying-Xin Wang, Zi-Sheng Ai, Ping Liang, and Chang-Qing Yang declare that they have no conflict of interest.

**Compliance with Ethics Guidelines.** Approval was obtained from the ethics committee of the Tongji Hospital, Tongji University School of Medicine. The procedures used in this study adhere to the tenets of the Declaration of Helsinki and informed consent was signed by each patient.

**Data Availability.** The datasets generated during and analyzed during the current study are available from the corresponding author on reasonable request.

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