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# Machine Learning Applications in the Evaluation and Management of Psoriasis: A Systematic Review

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# Abstract

**Background:** Machine learning (ML), a subset of artificial intelligence (AI) that aims to teach machines to automatically learn tasks by inferring patterns from data, holds significant promise to aid psoriasis care. Applications include evaluation of skin images for screening and diagnosis as well as clinical management including treatment and complication prediction.

**Objective:** To summarize literature on ML applications to psoriasis evaluation and management and to discuss challenges and opportunities for future advances.

**Methods:** We searched MEDLINE, Google Scholar, ACM Digital Library, and IEEE Xplore for peer-reviewed publications published in English through December 1, 2019. Our search queries identified publications with any of the 10 computing-related keywords and "psoriasis" in the title and/or abstract.

**Results:** Thirty-three studies were identified. Articles were organized by topic and synthesized as evaluation- or management-focused articles covering 5 content categories: (A) Evaluation using skin images: (1) identification and differential diagnosis of psoriasis lesions, (2) lesion segmentation, and (3) lesion severity and area scoring; (B) clinical management: (1) prediction of complications and (2) treatment.

**Conclusion:** Machine learning has significant potential to aid psoriasis evaluation and management. Current topics popular in ML research on psoriasis are the evaluation of medical images, prediction of complications, and treatment discovery. For patients to derive the greatest benefit from ML advancements, it is helpful for dermatologists to have an understanding of ML and how it can effectively aid their assessments and decision-making.

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#### Keywords

psoriasis; dermatology/trends; machine learning; artificial intelligence; systematic review

### Introduction

Machine learning (ML) is a subset of artificial intelligence (AI) that aims to teach machines to automatically learn tasks by inferring patterns from data. With the advent of medical devices and electronic medical records, the amount of available medical data has grown exponentially, and with it, so has ML's potential to learn medical tasks. It is helpful for clinicians to gain an understanding of what ML is, what its clinical applications are, and how they can work with machine-assisted diagnoses and decisions in the future to provide patients with the best possible care.

As a visual field with a large patient base, dermatology has seen perhaps some of the most advanced progress in ML research, especially in the automatic interpretation of medical images.<sup>1–8</sup> Dermatological images are unique in which images of the skin can be taken in clinic or at home by a clinician, patient, or caregiver, providing relatively speedy access to valuable information on disease progression and patient outcomes. However, the unstandardized process of dermatological image capture also poses challenges, such as wide variability in quality metrics such as sharpness, exposure, color balance, and perspective.

Researchers have tackled medical image interpretation using a range of ML algorithms.<sup>1–12</sup> Deep neural networks (DNNs) are one popular approach.<sup>1–8</sup> Deep neural networks are powerful in which they are designed to learn patterns from large quantities of data without the need for user-provided domain knowledge of the task the DNN is trying to solve. Deep convolutional neural networks (DCNNs), a type of DNN especially well adapted for visual imagery, have been used to classify images of melanoma without being explicitly instructed to look for differences in asymmetry, borders, color, and diameter. Esteva et al used a DCNN trained on 129 450 clinical images consisting of 2032 different diseases to classify benign versus malignant skin lesions.<sup>1</sup> Their ML model achieved sensitivity and specificity on par (area under the curve > 0.91) with 21 board-certified dermatologists at classifying malignant carcinomas versus benign seborrheic keratoses and malignant melanomas versus benign nevi.

The large patient base of dermatology also lends the field to big data analysis by ML. Electronic health records and online patient forums such as Reddit are examples of large databases that have been mined using natural language processing methods in order to identify population-level trends in dermatology patient experiences and therapeutics, such as the use of home therapies outside of standard clinical practice.<sup>13</sup>

Psoriasis is a skin disease with profound impacts on quality of life and significant morbidities such as increased susceptibility to inflammatory (psoriatic) arthritis and major cardiometabolic comorbidity.<sup>14–18</sup> Given that the disease is largely evaluated and managed through visual inspection and that it has a significant prevalence estimated at 7.4 million adult Americans,<sup>19</sup> psoriasis diagnosis and care lends itself well to ML tasks like those

described above. We conducted a systematic review on studies applying ML to improve the clinical evaluation and management of psoriasis. We conclude with a discussion of ML's challenges, opportunities, and future directions for dermatologists in psoriasis care.

## Methods

We performed a literature search for peer-reviewed publications in 4 databases: MEDLINE, Google Scholar, ACM Digital Library, and IEEE Xplore. We chose these databases in order to cover medical (MEDLINE), computing (ACM Digital Library and IEEE Xplore), and general resources (Google Scholar). Peer-reviewed articles published in English up to December 1, 2019, were considered. We queried for studies with titles and/or abstracts containing any of the 10 ML-related keywords combined with "psoriasis" using the "AND" operator: "machine learning," "artificial intelligence," "segmentation," "computer vision," "neural networks," "deep learning," "supervised learning," "unsupervised learning," "natural language processing," and "reinforcement learning." An example query to demonstrate our search method is "psoriasis[Title/Abstract] AND machine learning[Title/Abstract]." The 10 keywords were chosen in order to cover a broad range of topics relevant to ML research on psoriasis.

Two reviewers (K.Y. and M.S.) independently evaluated citation titles and abstracts to assess study eligibility. Duplicates, non-peer-reviewed articles, non-English articles, and articles published only as an abstract were removed. Abstracts were assessed for relevance to ML research on psoriasis, and differences in opinion between the 2 reviewers were resolved through discussion. The remaining eligible publications were reviewed in full-text, summarized, grouped into topic categories, and qualitatively synthesized. Figure 1 reports our systematic review process using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses framework.<sup>20</sup>

# Results

Our search method identified 294 citations. After following the review protocol, 33 full-text articles were included for qualitative synthesis (Figure 1). These were divided into 2 broad categories each with 2 to 3 subcategories: (A) Evaluation using skin images: (1) identification and differential diagnosis of psoriasis lesions (8 articles), (2) lesion segmentation (8 articles), and (3) lesion severity and area scoring (12 articles); (B) clinical management: (1) prediction of complications (2 articles) and (2) treatment (3 articles). The 33 studies are summarized in Table 1 and are qualitatively synthesized in this review to describe the current state of advances in ML research on psoriasis, its limitations and challenges, and its future directions.

#### **Evaluation Using Skin Images**

Similar to the previous example of skin cancer, ML can aid in the evaluation and diagnosis of skin diseases through the automatic interpretation of skin images. This includes the ability to identify an image of a psoriasis lesion as psoriasis and to differentiate it from other skin diseases, to trace the outlines of a psoriasis lesion in an image, and to score the severity and area of psoriasis from an image.

Identification and differential diagnosis of psoriasis lesions.—We identified 8 articles that applied ML to identify an image of a psoriasis lesion as psoriasis and to differentiate it from other skin diseases.<sup>21–28</sup> Shrivastava et al have conducted a few studies to classify skin images from psoriasis patients as healthy versus diseased. After extracting feature information such as texture, color, and redness from images of psoriasis lesions, they used a support vector machine (SVM) model to classify 540 skin images from 30 psoriasis patients of Indian descent as healthy versus diseased, with a classification accuracy of approximately 99%.<sup>24–26</sup> Other groups have focused on identifying psoriasis from images representing several common skin disorders, including diseases commonly mistaken for psoriasis like atopic dermatitis.<sup>21–23,27,28</sup> For example, Zhao et al used convolutional neural networks to classify 8021 images of 9 common disorders-lichen planus, lupus erythematosus, basal cell carcinoma, squamous cell carcinoma, atopic dermatitis, pemphigus, psoriasis, and seborrheic keratosis-from patients at a Chinese hospital as psoriasis versus non-psoriasis.<sup>23</sup> When tested on 100 new images, their algorithm showed superior performance to 25 Chinese dermatologists, with a misdiagnosis rate of 3% compared to 27% by dermatologists. Meanwhile, Kim et al focused specifically on the differential diagnosis of seborrheic dermatitis versus psoriasis on the scalp using smartphone-based multispectral imaging, achieving a sensitivity of 65% to 75% and specificity of 70% to 80%.22

**Lesion segmentation.**—After an image has been identified as containing psoriasis, it is useful to identify the outlines of a psoriasis lesion in the image, a task called "segmentation." While this can be done manually, ML has the power to automate segmentation, enabling subsequent higher level tasks like automated body surface area (BSA) scoring. Fortunately, psoriasis plaques tend to be well-circumscribed, making it easier for a machine to segment a psoriasis lesion than for poorly circumscribed skin diseases.

We identified 8 studies tackling the task of psoriasis lesion segmentation.<sup>29–36</sup> For example, Dash et al built a DCNN to automatically segment psoriasis lesions in RGB color images, trained on 5241 skin images from 1026 psoriasis patients.<sup>29</sup> Their model achieved an accuracy of 94.8%, with 89.6% sensitivity and 97.6% specificity. Other groups have conducted similar work with a range of ML methods, including superpixel clustering,<sup>30</sup> SVM,<sup>31,32</sup> K-means clustering,<sup>33</sup> and subspace classification.<sup>35,36</sup> Besides skin images, ML is also being used to automatically segment psoriasis in skin biopsy images using DCNNs.<sup>34</sup>

**Lesion severity and area scoring.**—Segmentation of psoriasis lesions in a skin image from a psoriasis patient makes it possible to automate evaluation of psoriasis lesion severity and affected area. We identified 12 articles related to severity and area grading of psoriasis using skin images.<sup>37–48</sup>

Dermatologists grade psoriasis severity according to the Psoriasis Area and Severity Index (PASI) and Physician Global Assessment (PGA) systems.<sup>49</sup> These severity grading systems involve clinical assessment of lesion erythema, scaliness, and induration by a dermatologist. Machine learning methods have been applied to automatically score erythema<sup>37,38</sup> and scaliness<sup>39,40</sup> from an image and to detect change in scaliness across time for a times series of images taken over a week.<sup>46</sup> For erythema, automatic severity scoring method by George

et al achieved an F1 score (weighted average of precision and recall) of 0.71.<sup>37</sup> For scaliness, their method achieved an accuracy of 80.81%.<sup>39</sup> Automatic scoring of induration from 2-dimensional images remains a bigger challenge due to its 3-dimensional nature.

Body surface area is another quantitative metric that a dermatologist will assess when evaluating a psoriasis patient, traditionally done in the clinic through a full body skin exam. Body surface area and a severity assessment averaged across all lesions (eg, PGA) are combined (eg, PGA  $\times$  BSA or PASI) to evaluate psoriasis.<sup>49</sup> Machine learning researchers are working to automate estimation of involved BSA.<sup>41,47,48</sup> The DCNN of Meienberger et al achieved an accuracy of more than 90% in 77% of images, with automated area estimates differing from physicians' area estimates by 8.1% on average.<sup>41</sup> Additionally, total body imaging systems are being designed to generate more comprehensive images for automatic PASI and BSA measurements.<sup>42</sup> Together, the information from ML-automated severity and area grading can be used to automatically risk stratify psoriasis lesions.<sup>43–45</sup>

#### **Clinical Management**

**Prediction of complications.**—Psoriasis is associated with a number of comorbidities,<sup>18</sup> including psoriatic arthritis,<sup>14</sup> cardiovascular disease,<sup>15</sup> and diabetes.<sup>50</sup> Machine learning can be used to identify characteristics that correlate with a psoriasis patient's likelihood of developing complications. We identified 2 articles that used ML to assess the risk of complications of psoriasis. Patrick et al used genetic data to assess the risk of psoriatic arthritis.<sup>51</sup> Munger et al used patient records to identify top predictors of noncalcified coronary plaque burden in psoriasis, which included obesity, dyslipidemia, and inflammation factors.<sup>52</sup>

**Treatment.**—We found 3 articles that used ML to advance research on psoriasis treatment, such as identifying new drugs and predicting patient response to approved therapies.<sup>53–55</sup> Potential new drugs for psoriasis treatment can be identified using natural language processing (NLP) by mining medical literature databases such as MEDLINE in combination with clinical patient data. Patrick et al used NLP to predict drugs not currently prescribed for psoriasis that could be repurposed to treat psoriasis.<sup>53</sup> This approach would be a costeffective method to identify new psoriasis treatments, but the output may not be informative. For example, their highest scoring predictions for psoriasis treatment included budesonide not a new finding as systemic steroids improve psoriasis but with an unacceptable safety profile-and hydroxychloroquine-which has no evidence of benefit in psoriasis and is reported to trigger psoriasis flares.<sup>56</sup> Meanwhile, Zhang et al used NLP to uncover drugdrug interactions, such as potential for lisinopril (an antihypertensive) and sertraline (an antidepressant) to increase the likelihood and severity of psoriasis when used together.<sup>54</sup> Finally, Tomalin et al used ensemble ML methods that predicted, with 71% accuracy, psoriasis patients' long-term treatment response to tofacitinib and etanercept given blood quantification of 157 inflammatory and cardiovascular proteins.<sup>55</sup> Their model represents 266 patients and must be validated in larger, independent patient cohorts before it can be clinically applied.

## Discussion

#### Challenges

Bringing ML technologies into the dermatologist's office faces challenges both common to dermatology and specific to psoriasis. Common challenges center on quality and quantity of data. A machine's ability to learn is dependent on the quality of data it receives, an important limitation to emphasize for clinical researchers collecting the data that ML researchers use to train their algorithms. A big challenge is the standardization of data, especially for skin images that are oftentimes taken with no standardized protocol, leading to variation in color normalization, exposure, perspective, and other parameters that make it tough for ML algorithms to discriminate between true and artificial differences between captured lesions. The International Skin Imaging Collaboration has attempted to address this by producing a set of technique standards for skin lesion imaging.<sup>57</sup> but ensuring adoption of these standards across dermatological practices is difficult, particularly when images are patient-generated. A data set that is too small also has the potential to introduce bias and inaccuracies, especially for computationally expensive systems like DNNs, which require a large training set to produce generalizable output. An unrepresentative and small data set is especially problematic for ML algorithms like DNNs, which already operate as opaque "black boxes" lacking explainable reasoning for decisions. If the rationale of the algorithm is hard to interpret and the input data are unrepresentative, we may inadvertently use biased ML algorithms that increase health inequities without knowing it. For dermatology, a data set unrepresentative of diverse skin types may exacerbate already existing health disparities by generating ML models that are erroneous for underrepresented groups.<sup>58,59</sup> Finally, many algorithms developed for dermatology have not yet been tested in a clinical setting nor evaluated for important clinical metrics such as positive- and negative-predictive value. Thus, their clinical utility remains to be determined.

Other challenges are specific to features of psoriasis. For one, psoriasis can be present in many forms, including plaque, guttate, pustular, palmoplantar, and nail psoriasis. An ML algorithm trained on only the most common psoriasis manifestations would be unable to recognize rarer presentations as the same disease. Secondly, psoriasis can be present anywhere across the body and can vary in size and form within the same patient. Most photos capture only spots of psoriasis, precluding the calculation of an accurate BSA, and an ML algorithm may erroneously compare lesions on the extremities with those on the buttocks. Whole-body photography is one solution to this problem, but it is not available in most contexts including normal clinic visits and telemedicine. An ideal algorithm for psoriasis would be trained to sophisticatedly combine multiple images from a single patient to make a holistic assessment. Otherwise, an ML algorithm may inaccurately evaluate lesions in isolation, for example, deciding that lesions it sees as small are best spot-treated with topicals, while a dermatologist would be able to see that a patient with many small lesions dispersed across the body would be better treated with phototherapy. Savolainen et al attempted to build an algorithm that can conduct more sophisticated holistic assessments with a color segmentation method that estimated BSA in psoriasis patients across multiple images.<sup>48</sup> Human eye estimates differed from their image analysis in almost one-third of cases, especially in cases with BSA <30%. Their algorithm had particular difficulties with

cylindrical body parts like the limbs. They noted additionally that the process of photographing and processing multiple images was time-consuming and technically demanding. Fadzil et al also developed a method to assess the area of psoriasis lesions across images of multiple body regions (face, anterior and posterior trunk, and both left and right upper and lower limbs), with an accuracy of greater than 90% in 28 out of 30 cases.<sup>60</sup> The scalp, buttocks, genitals, hands, and soles were not included, and 2 of the 30 cases demonstrated a significantly lower accuracy, showcasing the difficulty of accurate psoriasis area estimation using 2D images. These examples show the challenge of whole-body analysis; on the other hand, it may be possible for ML to detect information from individual plaques that are informative about the entire body.

Even if we zoom in on individual psoriasis lesions, there are still characteristic features of psoriasis that pose challenges. The 3 key measures to score psoriasis lesion severity are erythema, scale, and induration. An accurate assessment of erythema would benefit from color normalization and controlled illumination conditions; otherwise, a bright red lesion could appear dark brown.<sup>61,62</sup> Interpreting scaliness requires complex texture analysis, and the silvery scale of psoriasis is complicated in how it reflects light. Finally, induration is challenging to assess accurately in 2 dimension.

Lastly, psoriasis sometimes causes post-inflammatory hyperpigmentation and hypopigmentation even after plaque clearance, especially in skin of color.<sup>59,63</sup> This could be a source of confusion for an ML model attempting to, say, calculate erythema, if it has not also been trained to distinguish posttreatment pigmentation abnormalities from active lesions.

#### **Future Directions and Relevance to Clinicians**

Machine learning holds substantial promise to improve psoriasis care, from diagnostic evaluation to management and treatment. As a diagnostic aid, ML can automate tasks such as identifying areas of psoriasis in a photo, differentiating images of psoriasis from other common skin disorders, and scoring the severity of disease and area affected. Automation of these tasks can expedite the ability of dermatologists to make clinical assessments, which are significant given the high-volume nature of many dermatological practices.

As a therapy and management aid, ML can help prevent disease complications. For example, a psoriasis patient predicted by ML to have characteristics putting them at greater risk of cardiovascular complications, as was studied by Munger et al,<sup>52</sup> could be targeted for preventative cardiology services.

Machine learning can also improve psoriasis treatment. Automated lesion-evaluation technologies could assist dermatologists in making treatment decisions and in monitoring patients. For example, a high PGA computed by ML could alert a dermatologist that a psoriasis patient may need more intensive systemic treatment or phototherapy over topicals. Long-term treatment response, drug-drug interactions, and potential new therapies for psoriasis can also be predicted using ML.<sup>53–55</sup>

Machine learning can not only provide information for dermatologist decision-making but also make joint decisions with dermatologists using an approach called reinforcement learning (RL). Reinforcement learning teaches a machine to make decisions in order to maximize some reward, with applications like using past decisions and their outcomes to inform future decisions. In sepsis management, RL has been used to identify optimal treatment decisions given the data on past decisions and outcomes from 17 083 hospital admissions.<sup>64</sup> For psoriasis, RL could use a patient's past positive and negative responses to particular treatments (eg, loss of treatment response to a particular biologic therapy) to systematically decide whether a patient should continue or switch treatment regimens. This could help dermatologists make care decisions earlier and with a more efficient and evidence-based approach.

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#### Figure 1.

Systematic review flowchart according to the PRISMA framework. PRISMA indicates Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

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# Table 1.

Summary of 33 Studies Reviewed on ML Applications to Psoriasis Evaluation and Management.

Application category	Study	Objectives and results	Methods	Data set	Dataset source and annotations
A. Evaluation us	sing skin images				
Identification and differential diagnosis of psoriasis lesions	Aggarwal (2019)	Demonstrated that data augmentation can improve machine learning image recognition of 5 dermatological diseases: acne, atopic dermatitis, impetigo, psoriasis, and rosacea. Each of the 5 diseases had an increase in AUC after data augmentation, with an average increase in AUC of 0.132 and SD of 0.033. The AUC with data augmentation was 0.87 for psoriasis	DCNNs with data augmentation	332, 92, 138, 280, and 96 skin images for acne, atopic dermatitis, impetigo, psoriasis, and rosacea, respectively	Open-source dermatological images captured through DermNet, Dermatology Atlas, Hellenic Dermatological Atlas, and Google Images
	Kim et al (2019)	Used smartphone-based multispectral imaging to discriminate between seborrheic dermatitis and psoriasis on the scalp. Demonstrated that machine learning-based methods for classification yielded better outcomes than conventional spectral classification methods, achieving a sensitivity of 65% to 75% and specificity of 70% to 80%	SVM. logistic regression (Logi), and multilayer perceptron (MLP)	18 000 spectral signatures obtained from seborrheic dermatitis and psoriasis lesions on the scalp for training and 2000 spectral signatures for testing: followed by model validation with images from 60 patients in a clinical trial	Images captured via smartphone-based multispectral imaging system with an external CMOS camera; annotations confirmed by 3 different medical doctors
	Verma et al (2019)	Developed an ensemble data mining and machine learning method to classify 6 skin diseases: psoriasis, seborrheic dermatitis, lichen planus, pityriasis rosea, chronic dermatitis, and pityriasis rubra. The multi- model ensemble method achieved an accuracy of 98.64%	Classification and regression trees (CART), SVM, DT, RF, gradient boosted decision trees (GBDT)	366 psoriasis histopathology images	Images from UC Irvine machine learning repository (Guvenir et al, 1998)
	Zhao et al (2019)	Developed a CNN to classify skin images of 9 common skin disorders (lichen planus, lupus erythematosus, basal cell carcinoma, squamous cell carcinoma, eczema, pemphigus, psoriasis, and carcinoma, eczema, pemphigus, psoriasis, and carcinoma, eczema, pemphigus, psoriasis, and diagnosis rate: 0.03, misdiagnosis rate: 0.04) than 25 Chinese dermatologists (missed diagnosis rate: 0.19, misdiagnosis rate: 0.10) in diagnosis of psoriasis on 100 clinical images	DCNN	8021 skin images of 9 common disorders including 900 psoriasis images	Images collected by dermatologists at Xiangya hospital; Annotated by 3 dermatologists with > 10 years experience at Xiangya Hospital according to the corresponding medical record and pathology results
	Shrivastava et al (2016)	Developed a computer-aided detection system to classify skin images from psoriasis patients as healthy versus diseased using higher order spectra, texture, and color features, with a classification accuracy of more than 99%	Principal component analysis (PCA), SVM	540 skin images (270 healthy and 270 discased) from 30 psoriasis patients of Indian ethnic origin	Images captured and annotated by a dermatologist at the Psoriasis Clinic and Research Centre, Psoriatreat, Pune, Maharashtra, India
	Shrivastava et al (2016)	Assessed the reliability of a method developed in a previous study to classify skin images from psoriasis patients as healthy versus diseased, with a mean reliability index of 98.71% for 11 distinct data sizes	PCA, SVM	540 skin images (270 healthy and 270 diseased) from 30 psoriasis patients of Indian ethnic origin	Images captured and annotated by a dermatologist at the Psoriasis Clinic and Research Centre, Psoriatreat, Pune, Maharashtra, India
	Shrivastava et al (2015)	Developed a computer-aided detection system to classify skin images from psoriasis patients as	PCA, SVM	540 skin images (270 healthy and 270 diseased) from 30	Images captured and annotated by a dermatologist at the Psoriasis Clinic and

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Application category	Study	Objectives and results	Methods	Data set	Dataset source and annotations
		healthy vs. diseased using grayscale, color, redness, and chaoticness features, with a classification accuracy of more than 99%		psoriasis patients of Indian ethnic origin	Research Centre, Psoriatreat, Pune, Maharashtra, India
	Mashaly et al (2011)	Evaluated 4 techniques to classify skin images of 6 common papulosquamous skin diseases: psoriasis, lichen planus, atopic dermatitis, seborrheic dermatitis, pityriasis rosea, and pityriasis nubra plaris. The rough sets method recorded the highest accumey (78% to 94%) and sensitivity (8.25 to 96%) of segmentation compared with other techniques	Rough sets, Topological derivative, K-means clustering, watershed	50 skin images from each of psoriasis, lichen planus, atopic dermatitis, seborrheic dermatitis, pityriasis rosea, and pityriasis rubra pilaris	Images from a dermatologic online image atlas, a dermatologic image database from the University of Iowa College of Medicine, and a dermatologic image atlas
Lesion segmentation	Dash et al (2019)	Developed an automated psoriasis lesion segmentation method based on a modified U-Net architecture, referred as PsLSNet, achieving an accuracy of 94.8% with 89.6% sensitivity and 97.6% specificity	DCNN with a modified U-Net architecture (PsLSNet)	5241 skin images of psoriasis lesions from 1026 psoriasis patients	Images captured and annotated by a dermatologist at the Psoriasis Clinic and Research Centre, Psoriatreat, Pune, Maharashtra, India
	Pal et al (2018)	Developed an automated method to segment psoriasis skin biopsy images into dernis, epidermis and non- tissue regions, with the fully CNN method achieving an accuracy (defined as Ratio of Correct Pixel Classification) of 88%	DCNN	90 psoriasis skin biopsy images	Psoriasis-affected tissue biopsies collected and clinically confirmed by a dermatologist of West Bengal, India, prior to imaging
	George et al (2017)	Developed an automated method for superpixel segmentation of psoriasis lesions in skin images, with a pixel accuracy of 86.99%	Multiscale superpixel clustering, K-means clustering	676 psoriasis skin images from 44 psoriasis patients	Images obtained by clinical photographers at the Royal Melbourne Hospital, Australia, over 3 years; Automatically annotated using pixel-based skin segmentation method (George et al 2016)
	Jarad et al (2017)	Developed an automated method for psoriasis lesion segmentation in skin images using color spacing algorithms, with an accuracy of 95%	K-means clustering based on CIE Lab L*a*b color spaces	80 psoriasis skin images (48 abnormal, 32 normal)	Images from database of psoriasis section of Ramadi Teaching Hospital, Ramadi, Anbar
	Shrivastava et al (2017)	Developed an automated method for segmentation of psoriasis lesions in skin images for accurate risk assessment using a Bayesian model, with a classification accuracy of 99.84%	SVM, DT, neural network	670 cropped images from 110 psoriasis patient images (218 healthy, 29 mild, 138 moderate, 164 severe, 121 very severe)	Images captured and annotated by a dermatologist at the Psoriasis Clinic and Research Centre, Psoriatreat, Pune, Maharashtra, India
	Lu et al (2013)	Developed an automated method for segmentation of scaling in psoriasis skin images to evaluate disease severity	SVM	103 psoriasis skin images	Images from University of Melbourne and St. Vincen s Hospital Melbourne Department of Dermatology
	Taur et al (2006)	Developed an automated method for segmentation of psoriasis lesions in skin images using a MSSC	MSSC	12 psoriasis skin images	Images from Taichung Veterans General Hospital, Taichung, Taiwan
	Taur (2003)	Developed an automated method for segmentation of psoriasis lesions in skin images into normal and	Neuro-fuzzy classifier	3 psoriasis skin images	Images from Taichung Veterans General Hospital, Taichung, Taiwan

Images obtained by clinical photographers at the Royal Melbourne Hospital (RMH), Australia, over four years; Annotated by 3 dermatologists of RMH (correlation of 0.47, 0.51, and 0.34 between each dermatologist-pair)

96 psoriasis skin images

Bag-of-visual-words (BoVWs), SVM, RF

Developed an automated method to score scale severity in psoriasis skin images using local descriptors, yielding a scale severity scoring accuracy of 80.81%

affected regions

George et al (2019)

Lesion severity and area scoring

Health Research	Dataset source and annotations	Frontal or dorsal photographs taken of Caucasian patients 18 to 80 years old with plaque psoriasis from University Hospital of Zurich Department of Dermatology in Switzerland; PASI assessed by physicians with more than 3 years of experience, supervised by a senior dermatologist	Total body imaging system created at University of Heidelberg Department of Dermatology, Germany; System's PASI calculations compared to physicians' assessments of 10 patients	Images obtained by clinical photographers at the Royal Melbourne Hospital, Australia, over 3 years	Images taken from patients of Seton clinics including the University Medical Center Brackenridge Dermatology Clinic, Seton Family of Doctors at Hays, and Trinity Clinic: Labeled according to median rating by each of five dermatologists, including 1 attending and 4 experienced dermatology residents (intraclass correlation coefficient = 0.7306)
Alliance Author Manu	Data set	259 plaque psoriasis skin images from Caucasian patients (203 for training/validation, 56 for testing)	10 psoriasis patients with 16 single body images per patient, captured using the authors' total body imaging system	676 psoriasis skin images from 44 psoriasis patients	80 psoriasis skin images from 20 psoriasis patients
Iscript	Methods	DCNNs	Total body imaging system designed by authors	Patch-based dictionary learning, random forest, SVM, boosting	Linear discriminant analysis classifier
Health Research Alliance A	Objectives and results	Developed an automated algorithm to score psoriasis affected area, achieving an accuracy of more than 90% in 77% of the images and differed on average 5.9% from manually marked areas. The algorithm area estimates differed from physcians' area estimates by 8.1% on average	Designed a total body imaging system that can also automate PASI measurements	Developed a semi-supervised computer-aided system for automatic erythema severity scoring in psoriasis skin images, with a Fl score of 0.71 for the random forest classifier	Developed an automated method to score erythema severity in psoriasis plaque images, with good agreement with subjective assessment of erythema severity (kappa = 0.4203)
Author Manus	Study	Meienberger et al (2019)	Fink et al (2018)	George et al (2018)	Raina et al (2016)
script	Application category				

University Hospital, Finland; Percent area

of psoriasis involvement assessed

Dermatology and Venereology, Oulu

26 psoriasis patients with chronic plaque psoriasis (14 male, 7 female)

Images taken at Department of

simultaneously from projected slides of photographs by 2 dermatologists, 2 residents of dermatology, 2 nurses, and 2

Images taken and annotated by dermatologists at Hospital Kuala Lumpar, Malaysia

patients (1351 training, 648 test) 1999 psoriasis lesion images from 204 Malaysian psoriasis

Images captured and annotated by a dermatologist at the Psoriasis Clinic and Research Centre, Psoriatreat, Pune, Maharashtra, India

848 skin images (383 healthy, 47 mild, 245 moderate, 145 severe, 28 very severe) from Indian

SVM, DT

Developed a psoriasis risk assessment system to risk stratify psoriasis severity from skin images

Shrivastava et al.

(2016)

dermatologist at the Psoriasis Clinic and

Maharashtra, India

N/A

N/A

Computer-aided

Reviewed technologies for psoriasis risk stratification

in current and existing literature

images using color feature patterns, with an accuracy

of ~99%

Shrivastava et al

Fadzil et al (2015)

(2013)

psoriasis severity from healthy and diseased skin Developed an automated method to risk stratify

Shrivastava et al

(2015)

diagnosis

3D surface roughness means clustering, measurement, K-

fuzzy c-means clustering

3D surface roughness with standard clustering techniques to objectively determine the PASI scaliness score for psoriasis lesions, with an accuracy of 94.12%

Developed an assessment method that incorporates

CIA

compared performance to human eye assessments Developed a color segmentation method to assess

involved surface area in psoriasis patients and

Savolainen et al

(1997)

Images captured and annotated by a Research Centre, Psoriatreat, Pune,

540 skin images (270 healthy

SVM, PCA

psoriasis patients

and 270 diseased) from 30 Indian psoriasis patients

Application category	Study	Objectives and results	Methods	Data set	Dataset source and annotations
					medical students; Other PASI parameters assessed by a dermatologist
	Savolainen et al (1998)	Compared surface area estimates by human eye versus computer image analysis using color segmentation. Human eye estimates were higher than computer estimates, tending to overestimate in cases where the PASI was under 15	CIA	15 psoriasis patients (14 male, 1 female)	Images taken at Department of Dermatology and Venereology, Oulu University Hospital, Finland; PASI and skin area assessed by by dermatologist
	Gomez et al (2007)	Compared available change detection techniques in the visualization and quantification of bi-temporal psoriasis images	Simple image subtraction, PCA, post-classification comparison, MAD transform	6 temporal series of psoniasis images (each consisting of 4 images collected in 1 week interval)	Images taken from Gentofte Hospital, Denmark: Lesion severity scored by dermatologists, and ground-truth change calculated by subtracting dermatologists' scores at 2 different time instants
B. Clinical mans	ıgement				
Prediction of complications	Munger et al (2019)	Used ML methods to determine top predictors of non-calcified coronary burden by Coronary Computed Tomography Angiography in psoriasis. These factors were related to obesity, dyslipidemia, and inflammation	RF	263 consecutive patient records (January 2013-January 2018) with 62 available variables measured at baseline from the Psoriasis Atherosclerosis Cardiometabolic Initiative	Data from Psoriasis Atherosclerosis Cardiometabolic Initiative: Annotations obtained from patient records
	Patrick et al (2018)	Used genetic data to assess the risk of psoriatic arthritis development in psoriasis patients. Identified 9 new loci for psoriasis or its subtypes and achieved 0.82 AUC in distinguishing PsA versus PsC when using 200 genetic markets	RF, conditional inference forest, shrinkage discriminant analysis, elastic net regression	Six cohorts with >7000 genotyped psoriatic arthritis and cutaneous-only psoriasis patients	5 GWAS datasets: CASP, Exomechip with with GWAS content, Genizon, Kiel, PsA GWAS; 1 Immunochip dataset: PAGE
Treatment	Patrick et al (2019)	Predicted drugs that can be repurposed to treat immune-mediated cutaneous diseases like psoriasis. The method confirmed drugs that are known to be effective for psoriasis and identified potential new drug candidates currently used to treat other diseases	NLP with word embeddings	353 drugs indicated as not being used to treat psoriasis but used to treat some other immune- mediated disease, evaluated using a database of 20 million MEDLINE abstracts (3.3 billion words)	Database of 20 million MEDLINE abstracts (3.3 billion words)
	Tomalin et al (2019)	Developed models to predict long-term treatment response to tofacitinib and etanercept though quantification of $157$ inflammatory and cardiovascular proteins in the blood of psoriasis patients. Their models accurately predict the 12-week clinical endpoint for psoriasis following tofactinib (auROC = 78%) or etanercept (auROC = 71%) treatment in a validation dataset	Prediction of Microarrays (PAM), Threshold Gradient Descent Regularization (TGDR), Generalized Linear Models (GLMnet), Partial Least Squares (PLS), Neural Networks (NNET), SVMs, RFs	157 disease proteins measured from the blood of 266 patients with moderate-to-severe psoriasis	ClinicalTrials.gov: NCT01241591 (Bachelez et al, 2015) comparing efficacy and safety of tofacituin and etanercept; PAS175 (outcome variable: patient labeled as a responder if PASI decreases by >75% after 12 weeks of treatment) determined by dermatologists
	Zhang et al (2014)	Used an NLP method to idenify known and unknown drug-drug interactions from MEDLINE and EHR data	NLP with semantic predications	224 unique drugs from 22 patients, evaluated using the SemMedDB database (21	SemMedDB database (21 million citations and 119 million sentences); Salient predications validated by physicians

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Dataset source and annotations	
Data set	million citations and 119 million sentences)
Methods	
Objectives and results	
Study	
Application category	

Abbreviations: AUC, area under the curve; CIA, computer image analysis; DT, decision tree; CNN, convolutional neural network; DCNN, deep convolutional neural network; MSSC, multiresolution-based signature subspace classifier; NLP, natural language processing; PCA, principal component analysis; RF, random forest; SVM, support vector machine.