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Prolonged, Controlled Daytime versus Delayed Eating Impacts Weight and Metabolism

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In the original version of the article's Highlights section, the range for the early eating condition was noted as $0800 \text{ h}{-}2100 \text{ h}$ instead of $0800 \text{ h}{-}1900 \text{ h}$. In addition, in Table 2 and in two places within the text, "DXA lean mass (%)" was noted mistakenly instead of "DXA lean mass index (kg/m²)." These errors have now been corrected online. The authors thank two astute readers for bringing these errors to their attention and apologize for the errors and any confusion they may have caused. Notably, these minor typographical changes do not affect the data values, their interpretation, or the study conclusions.

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