RESEARCH ARTICLE

A clinical and histopathological study of malformations observed in fetuses infected by the Zika virus

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Keywords

ER stress, fetus, meningoencephalitis, micrencephaly, microcephaly, ZIKV infection.

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Abstract

Background: The recent outbreak of Zika virus (ZIKV) infection and the associated increased prevalence of microcephaly in Brazil underline the impact of viral infections on embryo-fetal development. The aim of the present study is to provide a detailed clinical and histopathological study of the fetal disruption caused by the ZIKV, with a special focus on the associated neuropathological findings.

Methods: A detailed feto-placental examination, as well as neuropathological and neurobiological studies were performed on three fetuses collected after pregnancy termination between 22 and 25 weeks of gestation (WG), because brain malformations associated with a maternal and fetal ZIKV infection was diagnosed.

Results: In all three cases, the maternal infection occurred during the first trimester of pregnancy. A small head was observed on the ultrasound examination of the second trimester of pregnancy and led to the diagnosis of ZIKV fetopathy and pregnancy termination. The fetal histopathological examination was unremarkable on the viscera but showed on the testis an interstitial lymphocytic infiltrate. The placenta contained a Hofbauer cells hyperplasia with signs of inflammation. Neuropathological findings included a meningoencephalitis and an ex vacuo hydrocephalus. Immunohistochemical studies showed the presence of T lymphocytic and histiocytic meningitis associated with an abundant cerebral astroglial and macrophagic reaction. In situ hybridization demonstrated, abundant ZIKV particles within the cerebral parenchyma mainly in the ventricular/subventricular zone and in the cortical plate. In addition massive cells death and endoplasmic reticulum damage were present. Conclusion: The present study reports on the clinical and histopathological findings observed in three fetuses infected by the ZIKV. It emphasizes the severity of brain damages and the minimal visceral and placental changes observed upon ZIKV infection. This confirms the selective neurotropism of ZIKV. Finally, it allows us to describe the cascade of multifactorial developmental defects leading to microcephaly.

INTRODUCTION

ZIKA virus (ZIKV) is an arbovirus belonging to the *Flavivirus* genus (*Flaviviridae* family) mainly transmitted by *Aedes aegypti* mosquitoes. It was originally isolated from a sentinel primate in Uganda in 1947 (5,12,22,24). Since 2007, ZIKV infection spreads to Micronesia (2007), French Polynesia

(2013) and more recently to South America, notably to Brazil (2015–2016) (3,5,12). In humans, ZIKV is known to cause a mild febrile disease, headache, arthralgia and myalgia, a maculopapular rash and Guillain-Barre syndrome. The recent emergence of ZIKV in Brazil has been associated with an acute and significant increased prevalence of

congenital microcephaly in the 2015–2016 period (5,6,22). Cauchemez *et al* estimated that the number of microcephaly cases associated with ZIKV was 95 per 10 000 women infected during the first trimester (9). In this context, WHO declared on 1st February 2016 that ZIKV infection was a public health emergency of international concern (39).

This large outbreak has revealed that, beside mosquito transmission, ZIKV is also transmitted through hematogenic and sexual routes (5,9,24). Unlike other mosquitoborne *Flaviviruses*, ZIKV persists in human fluids for up to 6 months (24). Fetal contamination is considered to be hematogenic. The diagnosis of fetal infection is based on ZIKV RNA detection in the amniotic fluid of pregnant women, having a positive result on blood testing (serologic and/or RT-PCR testing) (12).

Affected newborns present with a syndrome characterized by a small head (microcephaly) with joint deformities (arthrogryposis). Brain imaging usually detects a small brain (micrencephaly) with ventriculomegaly, a malformed cortex, an abnormal corpus callosum and diffuse calcifications in the subcortical parenchyma and the thalamus (18,22,31). Despite the extent of the ZIKV fetal epidemics and the WHO recommendation, postmortem studies are still scarce. Indeed, only a small number of postmortem studies have been reported in infants who may have suffered from additional stress due to delivery or resuscitation attempts (11,12,22). In unborn babies, description of visceral and brain anomalies is usually based on ultrasound findings alone, whereas histopathological and neurobiological examinations are instrumental to describe in details the spectrum of lesions associated with the ZIKV infection.

The aim of the present report is precisely to better characterize the spectrum of fetal disruption caused by the ZIKV infection, by providing autopsy results with detailed visceral histopathological, neuropathological and complementary studies including immunohistochemical and neurobiological investigations.

MATERIAL AND METHODS

Population

The study concerns three fetuses collected during the January–December 2016 period and autopsied in our laboratory after a pregnancy termination was performed because brain malformations were diagnosed in a context of ZIKV maternal infection.

ZIKV infection

The detection of the ZIKV was performed using RT-PCR (RealStar® Zika Virus RT PCR kit 1.0 Altona, Joué-les-Tours, France) following manufacturer instructions. RNA was extracted from 200 μL of maternal plasma, amniotic fluid and fetal blood or from fetal tissues and 8 placental biopsy samples using the NucliSens® EasyMag® kit following manufacturer instructions (BioMérieux, Marcy L'étoile, France). Elution of extracted RNA was done in 100 μL

of elution buffer. The kit did not include quantification standards but allowed to perform a semi-quantitative estimation of the results based on the cycle threshold value (CT) obtained for each sample. Samples with a CT value between 35 and 40, 30 to 34, 25 to 29 and <25 were graded respectively as low positive (+), moderately positive (+++), highly positive (++++) and very highly positive (+++++).

Fetal autopsy

Fetal autopsy was performed after parental consent, following the guidelines of the French Society of Foetopathology (SOFFOET). It included fetal photographs and X-rays, external macroscopic examination, complete autopsy with visceral sampling for histopathological studies. Macroscopic analysis and sampling of the placenta, membranes and cord were performed after formalin fixation. Complementary samplings for viral, electron microscopy, genetic, and neurobiological studies were performed on fresh central nervous system.

Biometrical parameters were compared with published normograms established according to the gestational age (17). In Case 1, cerebral hemispheres were separated, one frozen at -80° and the other fixed in formalin zinc solution. In Cases 2 and 3, brains were fixed *in toto* after samples from the frontal and occipital horns were frozen at -80°. For histopathological studies, specimens were taken from frontal, parietal, temporal and occipital lobes, deep brain nuclei, brainstem, cerebellum, spinal cord, eyes and muscles. Histological preparations were stained with H&E and immuno-stained according to standard protocols using a panel of antibodies to explore the inflammatory response (CD3, CD20, CD45, CD68), the endothelial cells (CD34) and brain reactive astrocytosis (GFAP).

Neurobiological study

Cryosectioning

Samples from cerebral hemispheres, fixed 2 weeks in zinc formalin solution were cryoprotected (30% sucrose in PBS o.n.) before embedding in NEG-50 Blue (Thermo Scientific) for cryosectioning (Leica) (20µm) onto slides (SuperFrost Plus, 326 VWR International).

RNA in situ hybridization (ISH)

Non-radioactive RNA *in situ* hybridizations using digoxigenin-labeled sense and antisense riboprobes for hCHOP and ZIKV mRNA were performed on frozen fresh cerebral hemispheric sections as described previously (8). The templates were: (i) a PCR fragment amplified from hCHOP complete sequence (cDNA clone MGC:4154, IMAGE:330545 from Source Bioscience LifeSciences) and cloned in a PCR-II TOPO vector (Thermo Fisher Scientific) according to manufacturer instructions; (ii) a PCR fragment amplified from the ZIKV genome (GCF_000882815.3). The following primers were used to amplify the 3'UTR region of hCHOP and ZIKV cDNAs:

Brain Pathology **29** (2019) 114–125

CHOP.FW 5'-AATCTTCACCACTCTTGACCCTGC -3', CHOP.REV 5'-CTTTTGTCTACTCCAAGCCTTCCC -3', ZIKV.FW 5'-AGGTGAAGCACGGAGATCTAGAAG -3', ZIKV.REV 5'-CCACTAACGTTCTTTTGCAGACAT -3'.

The riboprobes were synthetized using the DIG labeling mix (Roche) according to manufacturer instructions.

Transmission Electron Microscopy (TEM)

Samples were fixed for 24 hours at 4°C in 2.5% glutaraldehyde in Sorensen's buffer 0.1M. After several washes in Sorensen's buffer, samples were post-fixed at 4°C with 2% osmium tetroxide in Sorensen's buffer 0.1M for 60 min, then washed in deionized water, dehydrated at room temperature through a graded ethanol series (70%, 96% and 100%) and embedded in Epon for 48 hours at 60°C. Ultrathin 70 nm sections were obtained using an ultramicrotome (Reichert Ultracut E) equipped with a diamond knife (Diatome). The sections were mounted on copper grids coated with collodion and contrasted with uranyl acetate and lead citrate for 15 minutes each. The ultrathin sections were observed under a JEM-1400 transmission electron microscope (Jeol) at 80 kV and photographed with an 11 MegaPixel bottom-mounted TEM camera system (Quemesa, Olympus). The images were analyzed using RADIUS software (Olympus).

Immunofluoresence

This was performed as described previously (38). Briefly antigen retrieval (Dako Target Retrieval Solution,) was performed at 95°C for 15 minutes, prior to incubation with primary antibodies. The primary antibody was an anti-NSI from Dengue Virus conjugated with Alexa-546 (1:500, isolated by Marie Flamand). Nuclei were counterstained with Hoechst (1:5000, Thermo Fisher Scientific) and mounted in Mowiol (SIGMA) solution.

Imaging

Immunofluorescence pictures were visualized using the Nikon A1 confocal microscope or a Carl Zeiss LSM710 confocal microscope. *In-situ* hybridizations pictures were visualized using an Olympus AX70 PROVIS microscope.

Ethics

A parental consent was signed by the parents to participate to this research.

All procedures were approved by the ethics committee (Agence de BioMedecine, approval: PFS 15-009).

RESULTS

Here we report on the clinical and histopathological findings observed in three fetuses ascertained after pregnancy termination in the context of a maternal ZIKV infection acquired during the first trimester of pregnancy (Table 1).

Clinical data

In all three fetuses, the mother, living respectively in Martinique. Venezuela and Guadeloupe presented an episode of fever and a skin rash evocative of ZIKV infection during the first trimester of pregnancy (13 weeks of gestation (WG) in case 1; 9 WG in case 2 and 8 WG in case 3), In each case, the maternal ZIKV infection was confirmed by blood RT-PCR. The first trimester obstetrical ultrasound examination was unremarkable in all three cases. The second trimester ultrasound examination showed respectively in Case 1 at 22 WG, a moderate ventriculomegaly, calcified ventricular walls and hypoplasia of the corpus callosum; in Case 2, at 21 WG growth retardation and microcephaly with deformed lateral ventricles and in Case 3 at 20 WG hepatic calcifications and cerebral anomalies including microcephaly, a misplaced fourth ventricle, a corpus callosum agenesis, enlarged occipital ventricles with hyperechogenic walls. Amniotic fluid RT-PCR for ZIKV infection was highly positive (+++) in Cases 1 and 2 and moderately positive (++) in Case 3. RT-PCR test for ZIKV detection on fetal blood performed in Cases 2 and 3 showed a low positivity (+) in both cases. Termination of pregnancy was performed at 25 WG in Case 1 and at 22 WG in Cases 2 and 3.

Fetal examination

External macroscopic examination showed in Case 1 a female eutrophic fetus (weight: 831 g, 50th percentile for term), in Case 2 a male fetus with growth retardation (weight: 341 g, 5th percentile for term) and in Case 3 a male eutrophic fetus (weight: 374 g, 10th percentile for term). All fetuses presented a small head. None had joint deformity.

Visceral examination

Hepatomegaly (enlarged liver weight: 63 g, >95th percentile for term), splenomegaly (enlarged spleen weight: 11.6 g, >95th percentile for term) and thymus hypertrophy (thymus weight: 6 g, >95th percentile for term) were observed in Case 1. In Case 2, adrenal gland hypoplasia (adrenals weight: 0.4 g, <5th percentile for term) was observed. No internal anomaly was noted in Case 3. Microscopic examination showed no major visceral changes, except an interstitial lymphocytic infiltrate (confirmed by anti-CD45 immunohistochemistry) in the testis of both male fetuses (Fig. 1A and 1B).

Neuropathological examination

Gross examination showed small cerebral hemispheres with an hypoplastic brainstem and cerebellum, covered with congestive and thickened meninges, weighing below <5th percentile for age in Case 1 and 2 (47.3 g in Case 1, 39.8g in Case 2), and at the 10th percentile in Case 3 (47.5g). Coronal sections of cerebral hemispheres showed various degrees of ventricular dilatation and corpus callosum

 Table 1. Clinical, microbiological and histopathological data of fetuses infected by ZIKV.

Zika PCR in placenta (% positive biopsies)	(75%)	+ (35%)
Microscopic anomalies of the placenta	Acute chorioamnio- nitis Hyperplasia of Hofbauer cells Truncal vessels lesions	Chronic villitis Hyperplasia of Hofbauer cells Truncal vessels lesions Few neutrophils in intervillous space Hyperplasia of Hofbauer cells Truncal vessels lesions
Microscopic Macroscopic Microscopic anomalies of anomalies of other organs the placenta placenta	Hypotrophic (<5 ^π percentile)	Lymphocytic No infiltrate of testes Lymphocytic Hypotrophic infiltrate (<5"perof testes centile)
Microscopic anomalies of other organs	2	+++ Lymphocytic No infiltrate of testes of testes ++ Lymphocytic Hyr infiltrate (of testes c
PCR in fetal brain	+ + + +	+ + + + + +
Anti CD3 stain- j ing in fetal brain	† +	‡ ‡
Anti CD68 staining in fetal brain	+ + +	† † † † † † † † † † † † † † † † † † †
Microscopic anomalies of fetal brain	Arachnoiditis Ependymitis Vasculitis Necrosis Cerebral cortex alteration	Arachnoiditis Ependymitis Vasculitis Necrosis Cerebral cortex alteration Arachnoiditis Ependymitis Vasculitis Cerebral cortex alteration Microglia nodules
Macroscopic anomalies of fetal brain at TOP	Hepatomegaly Microcephaly (<5 th percentile) Splenomegaly Ventriculomegaly Thymic Thin corpus hypertrophy callosum	GR Microcepahly Arachnoio (<5th percentile) Ependymitile) Triventriculomegaly Vasculitis Hypotrophy of Necrosis corpus callosum Cerebral hypoplasia alteratic (<5th percentile) Ependymi (<5th percentile) Ependymi Atrophy of cerebral Vasculitis hemispheres Cerebral contex Triventriculomegaly alteratic Agenesis of the Microglia corpus callosum nodules
Macroscopic visceral anomalies	Hepatomegaly Microcephaly (<5 th percel Splenomegaly Ventriculomes Thymic Thin corpus hypertrophy callosum	IUGR (<5 th percentile) Adrenal hypoplasia No
WG at TOP Sex	ш	Σ Σ
	7 25	72 73 75 75 75 75 75 75 75 75 75 75 75 75 75
PCR in PCR fetal in AF blooc	+ + + +	+ + + + + + + + + + + + + + + + + + +
	<u>+</u>	÷
	+	+ +
WG at Amnio- Centesis/ or blood sampling	23	50 50
US features at amniocentesis	Moderate ventriculo- megaly Atrophy of corpus callosum	IUGR Dysmorphic lateral ventricule Wentricule Calcifications Microcephaly (<5t*) Colpocephaly Atrophy of corpus corpus
Case WG No at PI	<u>E</u>	σ
Case	-	N M

Zika PCR results are given in semi-quantitative ranges.
PI = Zika primary infection; WG = weeks of gestation; F = female, M = male, AF = amniotic fluid; US = ultrasounds; IUGR = Intra uterine growth retardation; NA = none applicable; ND = not done.

Brain Pathology **29** (2019) 114–125 © 2018 International Society of Neuropathology

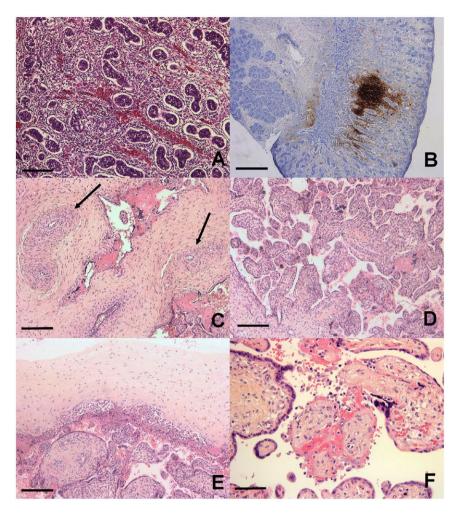


Figure 1. Testes and placental analysis. **A.** Histological section: interstitial lymphocytic infiltrate in testis. **B.** Anti CD20 immunohistochemistry: interstitial nodular lymphocytic infiltrate in testis. **C.** Fibromuscular hypertrophy of truncal vessels (arrows). **D.** Hofbauer cells hyperplasia. **E.** Acute chorioamnionitis. **F.** Chronic villitis. H&E, scale bar: 400 µm (**B**), 80 µm (**A, D, E**), 40 µm (**C, F**).

anomalies (thin in Case 1, short in Case 2 and absent in Case 3) (Fig. 2A, 2B and 2C). In Case 1, the cerebral mantle was reduced and contained a rim of subcortical mineralized material. Deep brain nuclei were small. In addition, Case 2 presented diffuse cortical hemorrhagic lesions. In Case 3, the cerebral mantle was well preserved, despite some hemorrhagic spots.

In all three cases, the histopathological study found a diffuse arachnoiditis with ependymitis and vasculitis (Fig. 2D, 2E and 2F). Arachnoiditis was characterized by thickened meninges, filled with numerous inflammatory cells, composed mainly of macrophages and T lymphocytes (CD3+) (Fig. 2J). Vasculitis was revealed by the presence of swollen endothelial cells surrounded by active microglia (macrophages) and astrocytes (Fig. 2G). An additional spectrum of parenchymal lesions was observed involving the whole hemispheric wall namely the cortical plate (CP), the intermediate and the ventricular zones (IZ, VZ). The CP lesions consisted in a loss of lamination with radial glia disruption, focal polymicrogyria, neuronal loss, chromatin fragmentation with numerous apoptotic residues and

mineralization (Fig. 2I). In Cases 1 and 2, these were associated with foci of parenchymal destruction (necrosis) often mineralized, mainly present in the subcortical zone at the interface between the CP and the IZ (Fig. 2H). In Case 1, necrotic zones were larger than in Case 2. In Case 3 no necrotic lesions were observed. In cases 1 and 2, the IZ contained an intense macrophagic and astrocytic reaction. The VZ displayed signs of ependymal abrasion and congestion of the ganglionic eminences. The subventricular region was filled with astrocytes and macrophages and numerous apoptotic residues as well as the deep brain nuclei. The number of callosal fibers and longitudinal tracts were severely reduced, mainly in Cases 1 and 2. The brainstem was small because the longitudinal and transversal tracts were poorly developed. In addition, it contained numerous damaged neurons. In the cerebellum, the width of the external and the internal granular layers were reduced. The neurons were shrunken and contained a fragmented chromatin (karyorrhexis). Macrophages and numerous hypertrophic astrocytes were present. In the spinal cord, the astrocytic and macrophagic reaction was mild and neurons were spared. The longitudinal tracts were missing.

In all three cases, the immunohistochemical study on fixed cerebral tissues showed various degrees of positive responses (Table 2). Anti-CD68 antibody confirmed the excess of a macrophagic response mainly in the IZ and

the VZ (Fig. 2K, 2M and 2N). Anti-CD3 immunostaining showed abundant T lymphocytes (Fig. 2O, 2P and 2K). A small number of B lymphocytes (marked by anti-CD20 antibody) was found in the arachnoid (Fig. 2R, 2S and 2T). The GFAP (Glial Fibrillary Acidic Protein) antibody confirmed the astroglial nature of the gliosis found mainly

119

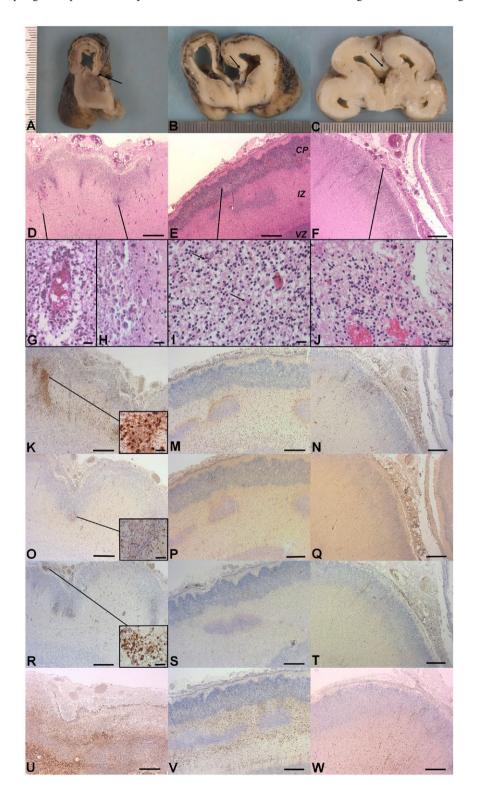


Figure 2. Neuropathological findings. Gross examination. A. Case 1: Coronal section of the right cerebral hemisphere showing: the lateral ventricle dilatation, the thin cerebral mantle, the cortical plate is separated from the underlying intermediate zone by a rim of mineralized tissue, thin corpus callosum (arrow), reduced deep brain nuclei. B. Case 2: Coronal section of cerebral hemispheres showing: triventricular dilatation, short corpus callosum (arrow), diffuse cortical hemorrhagic lesions. C. Case 3: Coronal section of cerebral hemispheres showing: triventricular dilatation and absent corpus callosum (arrow), focal cortical hemorrhagic lesion. Histological findings. D. Case 1: The cerebral mantle (H&E): Note diffuse inflammatory infiltrate in the arachnoid, associated to ependymal lesions and necrotic zones at the interface between the cortical plate (CP) and the intermediate zone (IZ). E. Case 2: The cerebral mantle (H&E): Note diffuse inflammatory infiltrate in the arachnoid, associated to ependymal lesions and necrotic zones at the interface between the CP and the IZ. CP: cortical plate, IZ: intermediate zone, VZ: ventricular zone. F. Case 3: The cerebral mantle (H&E): Note diffuse inflammatory infiltrate in the arachnoid, associated to ependymal lesions. G. Vasculitis in case 1 (high magnification, H&E). H. Calcified necrotic zone in case 1 (high magnification, H&E). I. Cerebral cortex case 2 (high magnification, H&E): Neuronal rarefaction, apoptotic bodies (arrow). J. Case 3: Inflammatory infiltrate in the arachnoid composed of numerous macrophages and lymphocytes (H&E). Immunohistochemistry. K. M. N. Anti CD68: macrophagic reaction in the wall of cerebral hemisphere, mainly around the necrotic zones in case 1 (magnified field) and 2. O. P. Q. Anti CD3: T lymphocytes are less numerous than macrophages but are also found in all cerebral areas and mainly around necrotic zones (magnified field). R. S. T. Anti CD20: few lymphocytes marked in the arachnoid (magnified field). U. V. W. Anti GFAP: hyperplastic and hypertrophic astrocytes in cerebral parenchyma. Scale bar: 400 µm (D, E, F, K, M, N, O, P, Q, R, S, T, U, V, W), 40 µm (G, H, I, J, magnified fields K, O and R).

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Table 2. Severity of neuropathological lesions on histological sections and intensity of astrocytosis, inflammation and viral infection in different brain territories in the three cases.

Case	Territories	NP lesions H&E	Astrocytosis IHC	Inflammation IHC	Viral infection ISH
1	Cortical plate	High	Mild	Mild	High
	Subcortical zone	High	High	High	Low
	Intermediary zone	High	High	High	Low
	Ventricular zone	Mild	Mild	Mild	High
	Brainstem/Cerebellum	Mild	Mild	Mild	NA
	Spinal cord	Very low	Low	Very low	NA
2	Cortical plate	High	Mild	Mild	High
	Subcortical zone	High	High	Mild	Low
	Intermediary zone	High	High	High	Low
	Ventricular zone	Mild	Mild	Mild	High
	Brainstem/Cerebellum	Low	Mild	Mild	NA
	Spinal cord	Low	Mild	Low	NA
3	Cortical plate	High	Low	Mild	High
	Subcortical zone	Mild	Mild	Mild	Low
	Intermediary zone	Mild	Mild	Mild	Low
	Ventricular zone	Low	Low	Mild	High
	Brainstem/Cerebellum	Mild	Mild	Mild	NA
	Spinal cord	Low	Mild	Low	NA

NP lesions: Neuropathological lesions; H&E: Hematein and Eosin; IHC: Immunohistochemistry; ISH: In situ Hybridization; NA = not applicable.

in the vicinity of necrotic regions in the subventricular and in the intermediate zones (Fig. 2U, 2V and 2W). Anti-CD34 immunostaining confirmed the endothelial nature of the turgescent cells in the vessels wall.

The severity of neuropathological lesions on histological sections and the intensity of astrocytosis, inflammation and viral infection in the different brain territories in the three cases are summarized in Table 2.

Brain ZIKV infection

A RT-PCR analysis performed on fresh brain tissues showed respectively high positivity (++++) in Cases 1 and 2 and moderate positivity (++) in Case 3. In addition the presence of the ZIKV infection was investigated using *in situ* hybridization (ISH). The study using an antisense riboprobe

against the mRNA of ZIKV (Case 1; Fig. 3A-H, supporting information figure S1) and hCHOP, which is a marker of ZIKV-induced stress in the endoplasmic reticulum of neurons and progenitor cells (15) (Table 2). It showed ZIKV-infected cells with a columnar organization in the cortical plate (Fig. 3A, 3B), as well as in the ventricular and subventricular zones (Fig. 3E-H-3I-3L). Moreover, nonstructural protein 1 of ZIKV was detected by immunolabeling of cortical cells in Case 1 (Fig. 3M-P). Interestingly, the ultrastructural analysis of ZIKV-infected VZ showed signs of endoplasmic reticulum (ER) stress. At the ultrastructural level, and as expected in cells undergoing ER stress (20,27) we observed that ZIKV-infected cells exhibited enlarged ER and several autophagosomes containing 50 nm electron-dense ZIKV particles (Fig. 3Q-S, supporting information figure S2).

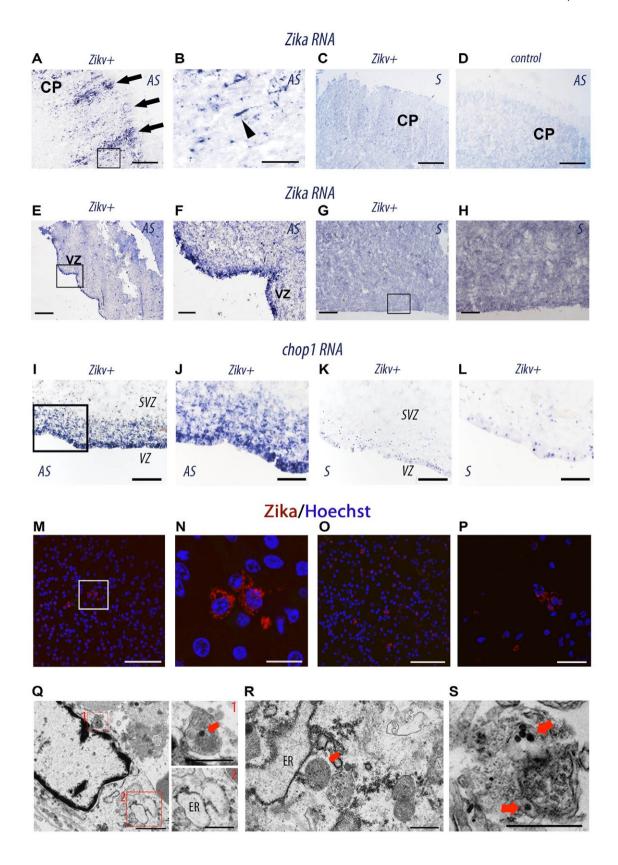


Figure 3. Histological and cellular analyses of ZIKV-infected brains. A-L, *in situ* hybridization on coronal sections from human fetus ZIKV-infected (*Zikv+*, case 1 A-C, E-H, and I-L) ZIKV-uninfected (**D**,control) with antisense (AS) and sense (S) RNA probes of *Zikv* (A-H) and *chop* (I-L). B, F and H are the magnifications of insets in A, E and G, respectively. CP, cortical plate; VZ, ventricular zone. The black arrowhead indicates a single infected bipolar neuron migrating to the CP. M-P Immunolabeling of coronal sections from (case 1) ZIKV-infected fetal brain with an antibody specific for NS1 (non-structural protein 1 expressed by flaviviruses). M, O, P represent different dorsal regions of the cerebral cortex of case1 ZIKV-infected fetal brain. N is a magnification of the insets in M. NS1 is in Red and nuclei are labeled by Hoechst (blue). Q-S, transmission electronic micrographs of frontal cortical sample from the brain of the (case 1) ZIKV-infected fetus showing a cell with an autophagosome with an electron-dense 50 nm ZIKV particle (red square 1) and enlarged ER (red square 2) (Q), another one with enlarged ER and autophagosomes with ZIKV particles (R, S). Red arrows point ZIKV particles. Scale bar: 150 μm (A, C, D), 40 μm (B), 250 μm (E, G, H), 50 μm (F, J, L, M, O), 100 μm (I, K), 10μm (N), 20μm (P), 1 μm (Q, left), 500 nm (Q, right; R; S).

Placental examination

Placental examination showed a normotrophic placenta in Case 2 (weight: 138 g, 25th percentile for term) and a hypotrophic placenta in Cases 1 and 3 (weight: 142 g in Case 1 and 62 g in Case 3, <5th percentile for term). In all three cases, truncal vessels presented fibromuscular hypertrophy causing a narrowing of the lumen (Fig. 1C) and an excess (hyperplasia) of Hofbauer cells (Fig. 1D), confirmed by CD68 expression. An inflammatory infiltrate was noted in all three cases: an acute chorioamnionitis and funisitis in Case 1 (Fig. 1E), a chronic villitis in Case 2 (Fig. 1F) and a small number of neutrophils in the intervillous space in Case 3. Immature chorionic villi were observed in Case 2 and fibrous chorionic villi were observed in Case 3. The RT-PCR test for ZIKV infection performed on placental tissue was moderately positive in 75% in Case 1, low positive in 35% in Case 2 and low positive in 100% in Case 3.

DISCUSSION

On February the 1st, 2016, WHO declared the ongoing ZIKV epidemics as a public health emergency of international concern (39). This stimulated numerous clinical and biological investigations which demonstrated the fetoplacental transmission of ZIKV infection and confirmed the existence of ZIKV-associated congenital brain malformations (18,22,31). However, despite the poor outcome and high mortality associated with ZIKV fetopathy and the WHO recommendation for post-mortem investigations, neuropathological studies remain scarce. The present study allowed evaluating the impact of ZIKV infection on unborn babies avoiding thus the additional pathological changes caused by delivery stress and/or by resuscitation attempts. Importantly, the present study highlights the severity of the brain damages in the absence of major visceral and placental lesions, underlining the selective neurotropism of ZIKV. In addition, it allowed the description of a yet unreported involvement of fetal testis in ZIKV infection. This may have long-term implications in adults infected in utero with ZIKV.

ZIKV induced Central Nervous System (CNS) anomalies

On brain imaging, CNS anomalies include microcephaly with ventriculomegaly and anomalies of the corpus

callosum (3,5,7,9,11,22,25,33). Microcephaly is usually reported as an isolated finding or in association with arthrogryposis (11). In the present series of ZIKV fetopathies examined after pregnancy termination for severe brain malformations diagnosed during the second trimester of pregnancy, spinal cord motor neurons were not affected and arthrogryposis was absent. Our neuropathological study allowed us to observe brain damages producing an ex vacuo hydrocephalus in addition to a diffuse neuronal loss resulting from an ER stress caused by the ZIKV infection.

Ex vacuo hydrocephalus

In all three, cases the present study founds a meningoencephalitis associated with diffuse arachnoiditis, ependymitis and vasculitis. These changes are not specific of ZIKV infection. They have been reported upon other viral infection such as the cytomegalovirus infection (13,22,36). Vasculitis was diffuse and characterized by endothelial cells swelling surrounded by active astrocytes and macrophages. Parenchymal damages involved the entire cerebral hemispheric wall including the CP, the IZ and the VZ. In the CP, major findings included a loss of radial lamination associated with disruption of the radial glia, the presence of focal polymicrogyria and a diffuse loss of neurons. In the IZ, necrotic lesions were found mainly in the subcortical region at the interface with the CP and in the vicinity of damaged vessels, as described previously (33). Astrocytosis (GFAP+) and a macrophagic reaction (CD68+) were observed throughout the cerebral hemispheres, namely in the subcortical and intermediary zones. The extent of parenchymal damages associated with the loss of callosal fibers and longitudinal tracts caused the cerebral atrophy and the ventricular enlargement leading to an ex-vacuo hydrocephalus, as observed in other congenital brain infections and in hypoxic-ischemic damages (13,29,36). The adrenal gland atrophy might result from the disruption of the hypothalamic and pituitary axis.

Deficit in cortical neurons

The prevailing view is to link ZIKV associated microcephaly to a deficit in cortical neurons (10,21,35). Several neurobiological studies did underline the increase of cells death and the impaired cell cycle leading to a decreased neural progenitor cell proliferation, causing a decrease in the number of cortical neurons leading to microcephaly.

In in utero experimentally infected mouse embryos, cortical progenitor cells are selectively targeted in vivo by the ZIKV. This infection leads to induction of an ER stress (15). Our neurobiological investigations using RT-PCR, immunohistochemistry (IHC), in situ hybridization (ISH), and transmission electron microscopy (TEM) allowed us to reveal the existence of these cellular damages and the presence of viral particles mainly in the ventricular, the sub-ventricular zones and in the cortical plate, where reside respectively the basal progenitor cells, the apical progenitor cells and the neurons (Table 2). Interestingly, in the present study, we detected the presence of ZIKV replicative RNA in the neurons, as described previously (4). In addition, we found an extensive neuronal loss as well as numerous ZIKV-infected neurons showing chromatin changes and surrounded by apoptotic residues. Finally, our description of ZIKV-associated ER stress leading to both decreased cortical progenitor cell proliferation and increased mature neuron cell death in the cerebral cortex is fully consistent with data documented previously in animal models (15,21,23,35). Interestingly, accumulation of *chop1* mRNAs was also detected in the subventricular zone, suggesting that ZIKV did infect intermediary cortical progenitor cells, causing apoptosis.

Thus, it appears that brain malformations observed in the fetal ZIKV infection result from a multifactorial cascade of pathological mechanisms involving the progenitor neural cells, the cortical neurons, and the endothelial cells (10,24,26,29,35).

Placental lesions

The histopathological study of the ZIKV-infected placental tissue has been poorly described although it has been shown that ZIKV infects specifically human placental macrophages and trophoblasts (1,29). As described previously by Rozenberg *et al* (30), we observed a hyperplasia of Hofbauer cells. But contrary to other studies, we showed in all three cases an inflammation: an acute chorioamniotis in Case 1, a chronic villitis in Case 2 and an acute intervillositis in Case 3 (30,37). Interestingly, the inflammation associated with the ZIKV infection appears to be less severe than the one observed upon cytomegalovirus infection (2).

In addition, in all three cases, we observed a fibromuscular hypertrophy of truncal vessels causing a lumen narrowing. This aspect has been described previously by Chimelli *et al* (11). It is also observed in rubella placental infection (14). Presumably lesions of truncal vessels could contribute to a generalized fetal hypoxia. The impact of the Hofbauer cells hyperplasia remains to be determined.

Visceral anomalies

Microscopic examination of viscera was unremarkable besides an interstitial lymphocytic infiltrate in the testis observed in both male fetuses. To our knowledge, no testis infiltrate has been reported in infected fetuses by the ZIKV.

Nevertheless, the presence of this infiltrate in testis is consistent with data observed previously in experimentally infected mice by ZIKV (34). Actually, ZIKV was detected in the testis and epididymis of male mice, and the infiltrating inflammatory cells associated with the infection may worsen the injury of these tissues (16). In humans, Joguet *et al* have shown that replication-competent ZIKV can be isolated from motile spermatozoa and that ZIKV infection causes semen alterations (19).

Microbiology

ZIKV RT-PCR was positive in the fetal brain of all three fetuses. It was highly positive (++++) in the two-first cases and only mildly positive (++) in the third one. Fetal brain lesions were not different except for the lack of necrosis in Case 3, where a lower viral replication was detected. Also, in Case 3, the concentration of ZIKV was lower in the amniotic fluid. This might result from either a milder ZIKV infection or an increased viral clearance in this fetus. Indeed, previous reports suggested that over time, ZIKV particles may be eliminated from the amniotic fluid or from the fetal blood, leading to RT-PCR negative results during the third trimester (28,32). The low sensitivity of ZIKV RT-PCR observed in placental tissues during the second trimester has been reported previously (32). In the present study, RT-PCR detected ZIKV mRNA in 35 to 100% out of the 8 different placental biopsy samples. Therefore, increasing the number of biopsy samples might enhance the sensitivity of ZIKV detection in the placenta.

CONCLUSION

The present study extends the clinical and histopathological description of the fetal disruption caused by the ZIKV infection. For example, it allowed us to report on a so far undescribed finding in infected humans namely the presence of a testis inflammation observed in both male fetuses. In addition, it underlined the severity of brain lesions and the minimal visceral and placental changes observed. Finally, it allowed us to discuss the cascade of multifactorial developmental defects leading to micrencephaly resulting from both a deficit of cortical neurons due to a progenitor cells loss caused by an ER stress and to an *ex vacuo* hydrocephalus due to perfusion failure.

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CONFLICT OF INTEREST

None.

Brain Pathology **29** (2019) 114–125

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SUPPORTING INFORMATION

Additional supporting information may be found in the online version of this article at the publisher's web site:

Figure S1. Magnification of a fetal ZIKV+ brain slice hybridized with ZIKV sense riboprobe (see Figure 3C).

Figure S2. Transmission electronic micrographs of a non-infected cell and of a ZIKV infected cell.

Brain Pathology **29** (2019) 114–125