

## MINI-SYMPOSIUM: ALPHA-SYNUCLEIN IN NEURODEGENERATION – A GOOD PROTEIN GOES BAD WHEN ON THE LOOSE

# Neuroinflammation in Synucleinopathies

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### Abstract

The causes of most neurodegenerative diseases are attributed to multiple genetic and environmental factors interacting with one another. Above all, inflammation in the nervous system has been implicated in many neurodegenerative diseases. Still, the roles of neuroinflammation in disease mechanisms and the triggers of inflammatory responses in disease-inflicted brain tissues seem to remain unclear. This review will examine previous studies that had been done from genetic, pathological and epidemiological perspectives. These studies assess the involvement of neuroinflammation in synucleinopathies, a group of neurodegenerative diseases that are characterized by deposition of  $\alpha$ -synuclein aggregates such as Parkinson's disease, dementia with Lewy bodies and multiple system atrophy. The review will also discuss the role of  $\alpha$ -synuclein aggregates in triggering inflammatory responses from glial cells. It is expected that a precise assessment of the roles and mechanisms of neuroinflammation in neurodegenerative diseases will pave the way for the development of disease-modifying drugs.

## INTRODUCTION

Neurodegenerative diseases are characterized by the deposition of specific proteins. A group of such diseases exhibit an aggregation of  $\alpha$ -synuclein, a neuronal protein whose function may involve the regulation of synaptic transmission (38). This group of diseases, collectively referred to as synucleinopathies, includes, Parkinson's disease (PD), dementia Lewy bodies (DLB), multiple system atrophy (MSA) and more than half the cases of Alzheimer's disease (AD).

Human genetics corroborated the importance of  $\alpha$ -synuclein in neurodegenerative diseases, particularly in PD. Thus far, five missense mutations and gene multiplication mutations have been linked to early onset, familial PD (2). More importantly, genome-wide association studies identified SNCA, the gene for  $\alpha$ -synuclein, as the factor most strongly associated with sporadic PD, in all the cohorts examined in the studies (46, 48).

$\alpha$ -synuclein aggregates accumulate in specific intracellular structures that characterize the diseases. In PD and DLB,  $\alpha$ -synuclein aggregates are deposited in the intraneuronal structures referred to as Lewy bodies (LBs) and Lewy neurites (LNs). In MSA, glial cytoplasmic inclusions in oligodendrocytes are the major pathological features of  $\alpha$ -synuclein aggregates (24). Moreover, LBs also occur in AD, although their roles in pathogenesis have been rarely investigated.

The role of  $\alpha$ -synuclein in neuronal dysfunction and neurodegeneration has been the major focus of the research. In addition to direct

effects of  $\alpha$ -synuclein on neurons, recent evidence suggests its importance in glial involvement of the pathogenesis in synucleinopathies. One of the glial functions that are considered relevant to pathogenesis is inflammatory response. Neuroinflammation is one of the common pathological characteristics of major neurodegenerative diseases such as AD and PD (26). Previously, neuroinflammation was simply regarded as a response to neurodegeneration in these diseases. However, recent studies reveal that neuroinflammation could be the trigger or the key player in the onset of diseases by creating a pathogenic microenvironment. For PD, specifically, post-mortem studies show that neuroinflammatory processes are large aspects of the disease. This chapter will review the recent advancement of findings on the role of  $\alpha$ -synuclein in the inflammatory glial activation.

## ROLE OF NEUROINFLAMMATION IN SYNUCLEINOPATHIES

### Immune cell activation

Brains from PD patients show extensive microglial activation and infiltration of blood-derived mononuclear phagocytes and lymphocytes (51). The activation of microglial cells, the cells that act as the first line defense of the central nervous system, is detected by their expression of MHC class II molecules in the parkinsonian nigra. Microglia are activated in response to neurological injuries. They can be activated as a response to a

direct stimulation by environmental or endogenous toxins, thereby undergoing a reactive microgliosis process. Although microglia possess neurotrophic and neuroprotective functions, it has also become clear that microglia exert neurotoxicity and develop neurodegenerative diseases as they become activated by pathogenic stimulations (22). These changes are identified by morphological and immunophenotypic changes. Once microglial cells are activated, they produce toxic oxygen-derived and nitrogen-derived products, as well as various cytokines, to contribute to neurodegeneration.

In addition to the activated microglia, cytokines increase in amount in PD (27). The induction of cytokines activates the inflammatory processes in the brain microenvironments. The neurotoxicity of inflammatory cytokines could be caused by a receptor binding on affected neurons or by glial-cell activation that amplifies the production of inflammatory factors.

### Epidemiology

Nonsteroidal anti-inflammatory drugs, or NSAIDs, are commonly used analgesics, specifically used to treat inflammatory responses. Studies have found that NSAIDs lower the risk of neurodegenerative diseases, such as AD and PD (reviewed in 27). Although certain types of NSAIDs like aspirin displayed controversial effects, ibuprofen seemed to show more consistent preventive effects on the risk of PD (4, 5). Eventually, a prospective study showed the protective effects only with ibuprofen, and not with aspirin, acetaminophen or other NSAIDs (18).

### Animal studies

Many experiments in regards to inflammatory responses in neurodegenerative diseases have been tested in rodent models. Some evidence of LPS-mediated neurotoxicity reveals that inflammatory responses from non-neuronal cells are ample enough to cause dopaminergic neuron loss. Systemic administration of LPS led to inflammatory responses in CNS of rats and mice, some with dopaminergic neurodegeneration (44) and others without signs of neurodegeneration (34). Low-dose intraperitoneal administration of LPS for prolonged periods elicited persistent neuroinflammation in both wild-type and parkin<sup>-/-</sup> mice (17). Inflammatory and oxidative stress responses to the LPS administration did not differ significantly between the two genotypes. However, only parkin<sup>-/-</sup> mice displayed subtle fine-motor deficits and selective loss of dopaminergic neurons in the substantia nigra (17). This study suggests that loss of parkin function increases the vulnerability of nigral dopaminergic neurons to inflammation-related degeneration.

### Studies with minocycline

Among many anti-inflammatory drugs, which have been tested on animal models and preclinical studies, minocycline is an antibiotic that possesses anti-inflammatory and antiapoptotic effects as well as neuroprotective effect during neurodegeneration in the animal models of several neurodegenerative diseases. In mice, minocycline attenuated 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-induced dopaminergic neuronal death, nitrotyrosine formation and microglial activation (54). This drug also exhibited beneficial effects in rodent models of AD (8, 45),

ALS (56, 57) and HD (6, 53). However, studies indicated that minocycline might actually worsen neurodegeneration if the wrong dose and a route are used to treat rodents or non-human primates (11, 12), and the results of clinical trials for PD and MSA with minocycline turned out to be either unsuccessful or uncertain (13, 31).

## MICROGLIA ACTIVATION IN SYNUCLEINOPATHIES

Microglial cells mainly engage in the immunity of the CNS; the establishment of innate immune system in the CNS is attributed to their prenatal invasion (50). The origin of microglia has been revealed to be the yolk sac macrophages during the early development of brain, and they are known to remain until adulthood (21). In terms of their normal phenotypes, microglia can display several different characteristics: resting, activated but nonphagocytic, activated phagocytic (22). Resting microglia branch out extensively, contact neuronal synapses and potentially undergo transformation in response to external stimuli such as injuries or neuronal death (52). Although their corresponding roles in diseases have not yet been revealed, morphological characteristics as well as transforming features demonstrate that microglia are similar to macrophages (37). Particularly in AD, the mixed phenotypes—neuroprotective and neuroinflammatory—of microglia have befuddled researchers in regards to understanding the exact disease mechanism and coming up with therapeutic measures (19).

In synucleinopathies, microglia are distinguishable from astrocytes in that they do not accumulate cytoplasmic  $\alpha$ -synuclein but rather degrade the internalized  $\alpha$ -synuclein rapidly and give rise to adequate morphological changes (42). Experimentally, however, microglia can be manipulated to slow down the degradation (42), which is likely to occur in aged and disease-inflicted brains. Another pathology observable in PD patients is the presence of internalized, nondegraded neuromelanin granules in the cell bodies of microglia (43). As these granules as well as  $\alpha$ -synuclein accumulate more and more in the extracellular space as neuronal loss progress, failure to clear them may occur as a result of some abnormality in microglia (24).

PD is characterized by extensive microglial activation in the brain regions, such as the striatum and the substantia nigra (30, 43). Compared to MSA, however, PD is associated with relatively limited signs of neuronal inflammation (20, 32). In PD, activated microglia have been identified in the SN in the vicinity of degenerating dopaminergic neurons, as supported by PET imaging from both human studies and animal models (9, 29). Alternatively, experimental suppression of such microglial activation turned out to reduce degeneration of dopaminergic neurons, which indicates that microglial immune responses may account for some aspects of neurodegeneration (54). Enzymes and cytokines expressed by the activated phagocytic microglia are in fact involved in inflammatory processes. Also, the brain autopsies performed on PD patients and animal models showed increased expression of such inflammatory factors (7, 28). Although the aforementioned roles of microglia have been identified, they are simultaneously being questioned by more recent reviews that suggest microglial dysfunction and degeneration in PD (22). For example, it has been postulated that chronic

microglial activation could lead to microglial over-reaction that could cause microglial degeneration.

## ACTIVATION OF MICROGLIA BY EXTRACELLULAR $\alpha$ -SYNUCLEIN

One of the critical questions regarding the mechanism of microglia activation in PD and other synucleinopathies is what triggers microglia to turn on the pro-inflammatory responses. Here, we provide evidence supporting the role of neuron-released  $\alpha$ -synuclein in microglia activation.

### Secretion of neuronal $\alpha$ -synuclein

Elucidation of the normal biology of  $\alpha$ -synuclein is critical to thorough understanding of synucleinopathies. Although the protein was once considered solely an intracellular component, further studies have shown the presence of  $\alpha$ -synuclein inside vesicles and the subsequent secretion via exocytosis (41). This section will examine different mechanisms of exocytosis, introduce pathways of  $\alpha$ -synuclein secretion from neuronal cells, and illustrate favorable conditions in which the secretion is promoted.

Unconventional exocytosis is a general term that refers to the exocytosis pathways that proceed through ER-Golgi-independent pathways. A small proportion of cellular  $\alpha$ -synuclein is secreted from neuronal cells through unconventional exocytosis as their normal life cycle (41). The precise mechanism of secretion remains unknown. A few groups of researchers have reported exosome-associated exocytosis, which is one type of unconventional exocytosis derived from the fusion of the plasma membrane and multivesicular bodies (1, 15). However, significance of such association with exosomes is yet to be determined. When it comes to  $\alpha$ -synuclein, exosome-associated exocytosis represents only a small fraction of the entire extracellular  $\alpha$ -synuclein. The exosome mechanism was later challenged by another group as the genetic ablation of VPS4, a gene involved in exosome formation, led to an increased amount of  $\alpha$ -synuclein secretion (25). Nevertheless, we cannot rule out the possibility that the exosome-associated  $\alpha$ -synuclein, though accounting for only a little proportion of the total secreted  $\alpha$ -synuclein, may play a critical function in the pathogenesis of synucleinopathies (10).

As an alternative mechanism of secretion, Ejlerskov *et al.* (14) suggested that exophagy might play a role in  $\alpha$ -synuclein secretion. Exophagy refers to a type of unconventional exocytosis mediated by the fusion of the plasma membrane and autophagosome (or amphisome). Similar to the exosome pathway, exophagy could also give rise to the release of small vesicles to the extracellular space. Therefore, it is not certain whether the vesicle-associated  $\alpha$ -synuclein in the culture medium should be attributed to the exosome or the exophagy pathway. Exophagy may not be the sole mechanism of  $\alpha$ -synuclein exocytosis, as the inhibition of the early step of autophagy increased  $\alpha$ -synuclein secretion (40).

While most studies on the secretion of  $\alpha$ -synuclein have focused on the unconventional exocytosis, a recent study suggests the role of the ER-Golgi-dependent classical pathway on activation of the cultured enteric neurons. (23).

$\alpha$ -Synuclein in its nature is not secreted in the same amount or in the same rate at all times. Instead, it has the tendency to be secreted more actively under certain conditions. One of such conditions is a situation in which protein-misfolding stress is induced. This has been demonstrated by the treatment of inhibitors that hinder proper maintenance of cellular proteostasis, which resulted in an increased vesicle translocation and secretion of  $\alpha$ -synuclein (33). In addition to different inhibitors, there are other specific molecules such as dopamine and 4-hydroxy-2-nonenal, which can promote chemical modifications and oligomerization of  $\alpha$ -synuclein and its secretion into extracellular space (3, 39). Moreover, physical stresses like application of heat shock have been reported to increase  $\alpha$ -synuclein secretion (15).

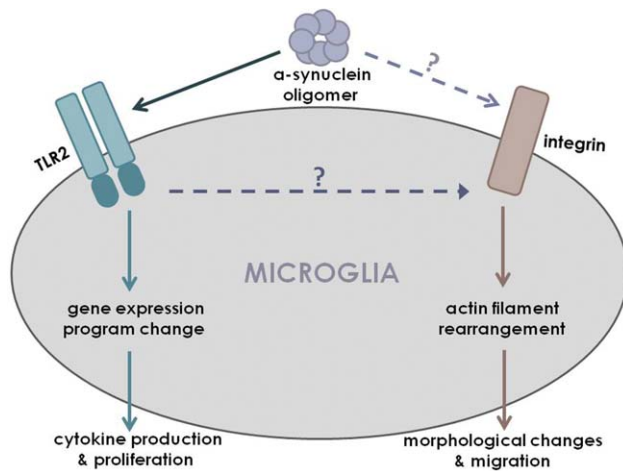
The conditions identified to increase the secretion of  $\alpha$ -synuclein so far led to the increase of misfolded proteins, either by interfering with the protein quality control system or by increasing chemical modifications of the protein. These results suggest that the secretion mechanism is sensitive to protein conformation, selecting misfolded and/or aggregated proteins for vesicular packaging and secretion. However, as we discussed in this section, the details of mechanism remain largely unknown.

### Activation of microglia by neuron-derived $\alpha$ -synuclein

$\alpha$ -Synuclein-mediated inflammatory responses have been demonstrated in rat primary microglia cultures, human microglia cultures and monocytic cell line THP-1, when treated with exogenous  $\alpha$ -synuclein. These studies show that  $\alpha$ -synuclein activates microglia to produce extra-cellular superoxide, increases microglial intracellular ROS concentrations (iROS) and induces morphological changes in microglia.  $\alpha$ -Synuclein is also shown to be phagocytized by microglia, and the production of microglial ROS in response to  $\alpha$ -synuclein is inhibited by cytochalasin D, implying that phagocytosis is a critical component of the mechanism of  $\alpha$ -synuclein-induced microglial activation. In the culture of dopaminergic neurons,  $\alpha$ -synuclein fails to show dopaminergic neurotoxicity at low concentrations, while the same concentration of  $\alpha$ -synuclein is strongly neurotoxic when dopaminergic neurons are cultured with glia. Therefore, in addition to the direct neurotoxicity of  $\alpha$ -synuclein, an indirect mechanism through the inflammatory responses from glial cells could account for  $\alpha$ -synuclein-induced neurodegeneration.

These observations with the recombinant proteins have recently been validated with neuron-derived  $\alpha$ -synuclein.  $\alpha$ -Synuclein preparations that are secreted from differentiated SH-SY5Y neuroblastoma cells activate microglia, exhibiting morphological changes, increase proliferation, iROS, and cytokine production and increase motility (36, 47).

For the activation of microglia, Toll-like receptor 2 (TLR2) acts as the receptor for neuron-secreted  $\alpha$ -synuclein (Figure 1). TLR2 mediates both the uptake of  $\alpha$ -synuclein and the signaling leading to inflammation. Interaction between  $\alpha$ -synuclein and TLR2 has been shown on the surface of microglia, and these proteins co-localized in the intracellular compartments after internalization. TLR2 is absolutely required for the activation of microglia; however, TLR2 depletion leads to about 70% reduction in  $\alpha$ -synuclein uptake. These suggest that TLR2 is the only receptor mediating the  $\alpha$ -synuclein-induced signaling,



**Figure 1.** Receptors for oligomeric  $\alpha$ -synuclein in microglia. Oligomeric  $\alpha$ -synuclein that is secreted from neuronal cells activate microglial cells through two receptor systems, TLR2 and  $\beta$ 1-integrin. Activation of TLR2 changes gene expression program and induces the production of inflammatory cytokines, while activation of  $\beta$ 1-integrin leads to actin cytoskeleton rearrangement resulting in morphological changes and increased motility. Whether  $\alpha$ -synuclein activates  $\beta$ 1-integrin through direct interaction or through an indirect mechanism via the TLR2 signaling is unclear.

but there might be other receptor molecules mediating the internalization of this protein. In fact, TLR4 has been suggested to be involved in  $\alpha$ -synuclein-dependent activation of microglia and astrocytes (16). This study suggested that TLR4 acts as a modulator of proinflammatory responses in glia and the production of reactive oxygen species induced by  $\alpha$ -synuclein. The same group also suggested that TLR4 plays an important role in  $\alpha$ -synuclein clearance in a mouse model of MSA (49). In addition, scavenger receptors and integrins might serve as receptors for  $\alpha$ -synuclein (35, 55). The precise functions of these cell surface proteins in the inflammatory activation of microglia and in  $\alpha$ -synuclein clearance remain to be determined.

Each of the cell surface receptors mentioned above may interact with specific forms of  $\alpha$ -synuclein (36). TLR2 is one of the pattern-recognition receptors, and is recognized by and responds only to certain forms of  $\alpha$ -synuclein. Only certain types of oligomers, not monomers or various types of aggregates including fibrils, could activate TLR2. The oligomers that can activate TLR2 are detected only in the secreted  $\alpha$ -synuclein, but not in the cytosolic fractions of neuronal cells.

Independent of TLR2, neuron-secreted  $\alpha$ -synuclein increases the motility of microglia through  $\beta$ 1-integrin (Figure 1) (47). However, the integrin pathway is not required for the cytokine production in response to  $\alpha$ -synuclein. Therefore, it appears that separate receptor/signaling systems are working together to trigger full spectrum of microglial activation in exposure to neuron-secreted  $\alpha$ -synuclein. The fact that separate signaling systems are responsible for different aspects of microglia activation opens up the possibility that microglia can be manipulated in such a way that beneficial clearance function is activated and detrimental inflammation is blocked.

## CONCLUSIONS

Neuroinflammation is a major component of pathological changes linked to many neurodegenerative diseases. Whether inflammation plays an important role in initiation and progression of the diseases is still unclear. However, mounting evidence suggests that the following might be the case: inflammatory responses of microglia might contribute to the pathogenesis of PD and other synucleinopathies as shown by recent studies in synucleinopathy models. In order for such inflammatory responses of microglia to occur, they can be activated by oligomeric forms of neuron-secreted  $\alpha$ -synuclein through specific receptor/signaling systems. Within those systems, at least two—TLR2 and  $\beta$ 1-integrin—pathways are involved in microglia activation in which the former is responsible for microglia proliferation and cytokine production, while the latter increases microglial motility (Figure 1). In conclusion, as the significance of microglia in the onset and progression of synucleinopathies have been highlighted over time, manipulation of microglia as means of inhibiting deleterious inflammatory responses while enhancing clearance function in the diseases may bring about positive disease-modifying effects.

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