

HHS Public Access

Author manuscript Infect Control Hosp Epidemiol. Author manuscript; available in PMC 2021 April 29.

Published in final edited form as: Infect Control Hosp Epidemiol. 2014 January ; 35(1): 31–41. doi:10.1086/674385.

Mortality among Patients with Methicillin-Resistant Staphylococcus aureus USA300 versus Non-USA300 Invasive Infections: A Meta-Analysis

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Abstract

BACKGROUND.—Community-associated methicillin-resistant Staphylococcus aureus (CA-MRSA) has been found to be epidemiologically and microbiologically distinct from healthcareassociated MRSA. Most CA-MRSA infections are not invasive; however, fatal outcomes have been reported among healthy people with CA-MRSA invasive infections. Epidemiological studies have attributed a major burden of CA-MRSA infections in the United States to the predominant clone USA300. We investigated the association between USA300 invasive infections and mortality by conducting a systematic review and meta-analysis of studies that reported mortality rates associated with USA300 strains.

METHODS.—We searched PubMed, bibliographies of other publications, and gray literature between January 2001 and December 2013. Observational studies of patients with an invasive MRSA infection were included. The exposure of interest was presence of USA300 invasive infection. Studies were included only if they provided MRSA PFGE types and if corresponding mortality data were the measured outcome. We pooled crude odds ratios (cORs) using a randomeffects model. Woolf test of homogeneity and Q and \hat{P} statistics were assessed.

RESULTS.—Of 574 articles identified by the search strategy, 8 met the inclusion criteria. Risk of mortality was significantly lower among patients with USA300 MRSA infections (pooled cOR, 0.63 [95% confidence interval (CI)], 0.49–0.81). There was a moderate degree of heterogeneity among study results ($P = .29$; $\hat{P} = 18$ %). Results were observed to be heterogeneous due to study design, quality of studies, and definition of mortality.

CONCLUSIONS.—MRSA invasive infection with USA300 does not appear to be associated with higher mortality compared with infections due to non-USA300 strains. Nevertheless, larger well-designed studies are warranted to further evaluate this association.

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Potential conflicts of interest. All authors report no conflicts of interest relevant to this article. All authors submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest, and the conflicts that the editors consider relevant to this article are disclosed here.

Staphylococcus aureus is an opportunistic pathogen traditionally known to cause healthcareassociated (HCA) infections. Methicillin-resistant S. aureus (MRSA) was first identified among hospitalized patients and considered to be predominantly acquired nosocomially for almost 3 decades.¹ However, MRSA infections originating in the community have been reported to be a common occurrence after their first appearance in the United States in $1980.^{2–5}$

Community-associated (CA) MRSA strains are phylogenetically distinct from HCA-MRSA strains.⁶ CA-MRSA strains are known to exhibit increased virulence, a characteristic attributed to their ability to secrete a wide array of toxins and efficient host-to-host transmission.⁶ In the United States, the USA300 and USA400 strains are the most common cause of CA-MRSA infections in individuals with no known risk factors for S. aureus infection. The strain USA300 has become the most prevalent S. aureus clone to cause infections in community and healthcare settings in the United States, blurring the line defining the origin of infections.^{7,8} USA300 is 1 of the first 8 MRSA USA strain types reported in 2003.⁹ MRSA isolates with the spa motif MBQBLO and expressing the Panton-Valentine leukocidin (PVL) and the arginine catabolic mobile element (ACME) genes are classified as USA300.10 Pulsed-field gel electrophoresis (PFGE) is the most common method used to confirm S. aureus pulsed-field types, such as the USA300.^{9,11} Although USA300 is frequently associated with being a MRSA clone, USA300 methicillin-susceptible S. *aureus* (MSSA) has also been observed to cause invansive infections.^{12,13} There is evidence that patients with MRSA infection are at a higher risk for mortality compared with patients with MSSA infections.^{14,15} In addition, the USA300 MRSA acquires mobile genetic elements (MGEs) and has a volatile core genome, both of which encode and express genes for virulence factors, including PVL and ACME.16–19 These factors motivated us to better understand the effect of USA300 MRSA on the risk of mortality.

Epidemiological studies conducted to assess the impact of the USA300 strain on patient health outcomes have yielded inconsistent results. Studies have been limited by their sample size, inconsistent measures for mortality (eg, in-hospital, 90-day, or attributable), and variable use of molecular methods, such as the PFGE, to distinguish MRSA strains.²⁰ These limitations have resulted in an inability to establish a true association, if one exists, between USA300 MRSA and mortality.

It is crucial to evaluate this association given the wide reach of USA300 and its potential to cause noninvasive infections, such as skin and soft-tissue infections, as well as invasive infections, such as bacteremia, pneumonia, osteomyelitis, and endocarditis.⁵ In addition, the USA300 MRSA clone with its armamentarium of virulence factors, in conjunction with its ability to develop resistance to commonly used antibiotics, poses a potential challenge in the practice of infection control. For these reasons, we evaluated the association between USA300 MRSA invasive infections and mortality by conducting a systematic review and meta-analysis of studies that reported mortality rates associated with USA300 MRSA. Infections and mortality due to all other strain types were included in the non-USA300 comparison group.

METHODS

Literature Search Strategy

We searched PubMed/MEDLINE, EBSCOhost, and Cochrane Reviews to identify all studies of USA300 invasive infections published during the last 12 years (January 2001-December 2013). We chose to include the last 12 years because the prevalence of all MRSA infections and CA-MRSA infections (including USA300) increased dramatically during this time period.21 Before 2001, there were few reports of CA-MRSA infections.

Our search revealed 574 references using the terms "USA300" OR "community associated MRSA" AND "mortality;" "USA300" OR "community associated MRSA" AND "patient outcomes;" "USA300" OR "community associated MRSA" AND "outcomes;" and "USA300" AND "mortality" (Figure 1). References were also identified from bibliographies of reviewed literature. We extended our literature search to available abstracts presented at conferences such as the Society for Healthcare Epidemiology of America and the American Society for Microbiology between 2010 and 2011. A ProQuest search was also conducted to identify relevant articles from unpublished dissertation studies.

INCLUSION AND EXCLUSION CRITERIA

Criteria were established by the investigators before reviewing abstracts and articles. We included articles if they met the case definition of an invasive MRSA infection, as defined previously.⁵ Studies were included if (1) at least 1 of the clinical outcomes was mortality; (2) S. *aureus* infection isolates were typed by $PFGE⁹$ or polymerase chain reaction (PCR) assays for PVL, ACME, or staphylococcal protein A (spa) were used to distinguish between USA300 and non-USA300; (3) they were written in English; (4) they involved human subjects; and (5) they provided separate mortality counts or rates for patients with USA300 and non-USA300 invasive infections. In cases in which studies provided data on both MRSA and MSSA infections, we included only the outcome of mortality due to MRSA infections.22 We excluded 8 potentially important USA300 studies from the final analysis because of their inability to distinguish between mortality attributed to USA300 invasive infection and non-USA300 invasive infection (Table A1).

Reviews, editorials, commentaries, purely molecular studies, animal studies, multiple pathogen studies, case reports and/or case series, and cost-effectiveness studies were excluded from our analysis. No clinical trials were found to include data on PFGE typing of isolates. Bibliographies of excluded reviews were hand-searched to identify relevant articles. Studies were excluded if more than 1 manuscript was published using the same study population. In the latter case, the study with the larger sample size was included in the analysis. The study population included all age groups.

DATA EXTRACTION AND ANALYSES

The main objective of this study was to summarize the odds of mortality associated with USA300 MRSA invasive infection compared with non-USA300 MRSA invasive infection. We developed a data abstraction form and subjected it to a pilot test. The form was revised

as deemed necessary by investigators. Article abstracts were reviewed (R.N.) in accordance with the predefined inclusion criteria. Two of 3 independent researchers (R.N., M.L.S., and E.A.) reviewed each included article in full to extract data. Included articles were discussed and compared for agreement with a third reviewer (M.R.). Inconsistencies were reviewed and disagreements were resolved by consensus. Extracted data were entered in a Microsoft Excel (2007) database and the Cochrane Review Manager, version 5.2.5 for Windows (Nordic Cochrane Center, Cochrane Collaboration) to conduct statistical analysis. This

Data extracted from each study included study design, study period, diversity of population (single- vs multicenter), origin of study population (hospital, community, other), number of patients meeting exposure criteria, definition of mortality (30-day, 90-day, attributable, crude), cOR and adjusted OR (aOR; if provided), and 95% confidence intervals (CIs). Information was extracted on covariates adjusted for in each study. We assigned a quality score to included studies using the Newcastle-Ottawa quality assessment scale (NOS), as described in a previous meta-analysis.24 Subgroup analyses were conducted on the basis of data abstracted for a priori categories.

meta-analysis was conducted according to the Meta-analysis of Observational Studies in

STATISTICAL ANALYSIS

Epidemiology (MOOSE) checklist.²³

To evaluate the association between USA300 invasive infections and mortality, cORs and 95% CIs were abstracted from study data. If an included study reported a risk ratio other than the OR, we used the extracted raw data to calculate the natural log of the risk estimate and variance for each study, using the Woolf method. Calculations were performed using Microsoft Excel. We used the aOR for the association between USA300 and mortality if published in the study. We used a random-effects model to obtain pooled estimates of the ORs and 95% CIs.^{25,26} Heterogeneity was assessed using the Q statistic (large Q suggest heterogeneity and provide a P value to assess the presence of heterogeneity), the \hat{P} statistic (degree of heterogeneity), and results from stratified analyses based on a priori categories. We considered heterogeneity to be significant if the P value was less than .20. Possible publication bias was evaluated by visual inspection of a funnel plot.

RESULTS

Literature search results are illustrated in Figure 1. A total of 104 studies were reviewed in detail for this meta-analysis. Characteristics of the 8 included studies are reported in Table 1.

We used the NOS developed specifically for cohort studies, because all eligible studies were cohort by design. All included studies possessed equal quality of outcome assessment; all used record linkages for outcome ascertainment and had a sufficient follow-up period for occurrence of the outcome. The quality of included studies varied depending on selection of the study population and comparability of cohorts by design or analysis (Table 2). Overall, 4 studies were of high quality, defined as NOS greater than or equal to 8, and 4 studies were of low quality, defined as NOS less than 8.

The included studies described a total of 2,806 isolates from patients with MRSA invasive infections; of these, 1,016 (36.21%) had USA300 infection and 1,790 (63.79%) had non-USA300 infection as identified by PFGE and other typing methods. The primary analysis observed a lower risk of mortality associated with USA300 invasive infections compared with non-USA300 invasive infections with a pooled cOR (95% CI) of 0.63 (0.49–0.81) and marginal heterogeneity ($P = .29$) using the random effects model (Figure 2). We attempted to obtain adjusted risk estimates for all studies; however, this information was available only for the study by Kempker et al.²⁷ Inclusion of the adjusted hazard ratio from this study yielded a similar pooled OR as the pooled OR for crude risk estimates, although the association became non-significant (using adjusted rates, OR [95% CI], 0.64 [0.37–1.12]).

The cause of heterogeneity was explored within a priori categories by stratified analyses using cORs (Table 3). The summary OR was closer to the null and statistically significant for multicenter studies compared with single-center studies. The summary OR (95% CI) was 0.58 (0.39–0.87) for high-quality studies and 0.65 (0.44–0.95) for low-quality studies. We compared the ORs for studies using infection-related mortality (2 studies) as outcome with studies using non-infection-related mortality (6 studies). Studies included in the category of non-infection-related mortality measured the outcome as crude in-hospital mortality, 90-day mortality, and 28-day all-cause mortality. Although there were not enough studies using infection-related mortality to calculate a pooled OR, both studies found a lower risk of mortality in USA300 infections. The studies of non-infection-related mortality demonstrated a statistically significant lower risk of mortality (Table 3). Stratifying by study design yielded a significant pooled OR (95% CI) of 0.61 (0.43–0.85) for the 4 retrospective studies compared with OR (95% CI) of 0.60 (0.37–0.97) for the 4 prospective studies. All subgroup analyses except study center demonstrated an existing heterogeneity pattern within study groups even after stratification (Table 3).

Because of the small number of published studies available for this meta-analysis, we attempted to identify the study that most influenced the pooled cOR. We assessed this by excluding 1 study at a time to calculate the pooled OR and 95% CI. This evaluation identified the study by Kempker et al^{27} as having maximum influence on the overall estimate. Exclusion of this study further strengthened the observed statistically significant association (Table A2).

We assessed publication bias by visual inspection of a funnel plot (Figure 3). The funnel plot appears symmetrical among studies with low standard error. However, there is an asymmetrical distribution of studies with higher standard error, which suggests the possibility of a moderate publication bias.

DISCUSSION

Existing studies have observed inconsistent results for an association between USA300 invasive infections and risk of mortality. Our synthesis of published studies indicates that patients with USA300 MRSA invasive infections have a decreased risk of mortality compared with patients with non-USA300 MRSA invasive infections. The lower risk of mortality in USA300 invasive infections was apparent even in subgroup analyses.

Our findings that USA300 MRSA invasive infections are associated with decreased mortality are clinically plausible, because patients infected with USA300 MRSA strains tend to be healthier, with fewer comorbidities and better immune function, compared with patients infected with HCA-MRSA-associated PFGE types, such as USA100. Thus, patients infected with USA300 MRSA may be more likely to survive their infection. A study conducted by Eells et al³ found similar results and observed that patients with CA-MRSA infection were less likely to have treatment failure or die than were patients with infection due to typical HCA-MRSA strains.³ Our results are also consistent with a recent metaanalysis that found reduced crude in-hospital mortality among patients infected with PVLpositive strains (typically USA300) compared with PVL-negative strains.²⁸

Interestingly, a study by Moore et al^{29} observed that patients with HCA-MRSA USA300 infections had poorer outcomes than patients with CA-MRSA USA300 infections, which suggests that the location of origin of strain type USA300 may also contribute to clinical outcomes of hospitalized patients with MRSA invasive infections. Based on these results, studies conducted to investigate the association of USA300 infections with mortality should be adjusted for confounding factors, such as origin of infection (CA vs HCA) as well as patient comorbidities ascertained using validated severity of illness scales. All studies included in this meta-analysis categorized MRSA isolates as CA and HCA using previously published definitions.⁵ However, these studies did not provide data on the number of USA300 isolates that could be considered as CA- or HCA-MRSA.

There are several limitations to this meta-analysis. Studies provided different measures of risk, such as OR, relative risk, and hazard ratio, prompting us to calculate the OR for each study using the raw data to obtain the pooled OR. A major limitation was the unavailability of risk estimates adjusted for potential confounders. Only a single included study, published by Kempker et al,²⁷ provided an adjusted association between USA300 and mortality. We calculated a pooled OR with the unadjusted and the adjusted risk estimate reported in the Kempker et al^{27} study. We observed that the pooled OR was not statistically significant when the adjusted risk ratio for this study was included. It is also important to note that the Kempker et al^{27} study was observed to be the most influential in deciding the direction of the risk association, reinforcing the importance of reporting adjusted risk estimates for the association between USA300 infection and mortality (Table A2). Additionally, we could not account for information obtained in studies that did not include PFGE typing results on USA300 and non-USA300 infections. Included studies considered various invasive infections, such as bacteremia, pneumonia, and catheter-related bloodstream infections. However, we lacked information on disease severity and host response to the infection, both of which could potentially affect the study outcome, and were unable to conduct stratified analyses on these factors. The funnel plot of the main analysis reflects possible publication bias that could be due to a lack of published studies. Selection of study subjects, comparability between study cohorts, and nonadjustment for potential confounding variables may have contributed to the low quality of some included studies and could also affect our results.

Our finding of a decreased risk of mortality associated with USA300 MRSA infections is consistent with other epidemiological studies. $30,31$ However, these study findings could be

explained by the inability to directly attribute the risk of mortality to invasive infections and inadequate adjustment for confounding factors, such as patient age and comorbidities. Additional research is warranted with sufficiently powered studies and should use molecular methodologies, such as PFGE, to identify MRSA strain types, control for important confounders, and incorporate a clinically relevant, standardized definition of mortality.

ACKNOWLEDGMENTS

We thank Dr. Kristen Kreisel for her contribution to this work. We also thank the Iowa City VA Health Care System for its support.

Financial support.

M.L.S. is supported by a Veterans Affairs Health Services Research and Development Career Development grant (CDA 11–215). M.R. is supported by a National Institutes of Health Medical Scientist Training Program grant (GM007337).

APPENDIX

TABLE A1.

Potentially Relevant USA300 Studies Excluded from Final Analysis

NOTE. BSI, bloodstream infection; CO, community onset; MRSA, methicillin-resistant S. aureus; MSSA, methicillinsusceptible S. aureus; NA, not applicable; SSTI, skin and soft-tissue infection.

 a^a Only 801 of these isolates were used for final molecular analysis.

TABLE A2.

Exclusion Test to Assess Influence of Studies

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FIGURE 1.

Screening

Flow chart for systematic literature review. MRSA, methicillin-resistant Staphylococcus aureus; PFGE, pulsed-field gel electrophoresis.

FIGURE 2.

Forest plot for random effects meta-analysis comparing the odds of mortality in USA300 methicillin-resistant Staphylococcus aureus (MRSA) invasive infections with non-USA300 MRSA invasive infections. Vertical line indicates "no difference" point between the effects of USA300 MRSA on mortality; horizontal lines indicate the 95% confidence interval (CI). Black square, odds ratio; black diamond, pooled odds ratio for all studies; df, degrees of freedom.

FIGURE 3.

Funnel plot with pseudo 95% confidence limits to assess publication bias in review of mortality in USA300 methicillin-resistant Staphylococcus aureus (MRSA) invasive infections compared with non-USA300 MRSA invasive infections. Funnel plot created in Cochrane Review Manager, version 5.2.5 for Windows, using the fixed-effects model for illustrative purposes. Each circle represents a separate study for the indicated association. Vertical line represents the fixed-effect summary estimate (estimated using inverse variance); sloping lines represent the expected 95% confidence limit for a given SE, assuming no heterogeneity between the studies.

TABLE 1.

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NOTE. ACME, arginine catabolic mobile element; *agr*, accessory gene regulator; BSI, bloodstream infection; CLABSI, central line-associated bloodstream infection; HAP, hospital-associated pneumonia; NOTE. ACME, arginine catabolic mobile element; agr, accessory gene regulator; BSI, bloodstream infection; CLABSI, central line-associated bloodstream infection; HAP, hospital-associated pneumonia; PNEUMO, community-onset pneumonia; PVL, Panton-Valentine leukocidin; SA-CRB, S. aureus catheter-related bacteremia; SCC mec, staphylococcal cassette chromosome mecelement; VAP, ventilator-PNEUMO, community-onset pneumonia; PVL, Panton-Valentine leukocidin; SA-CRB, S. aureus catheter-related bacteremia; SCCmec, staphylococcal cassette chromosome mec element; VAP, ventilator-HCAP, healthcare-associated pneumonia; MLST, multilocus sequence typing; PCR, polymerase chain reaction; PFGE, pulsed-field gel electrophoresis; phenotyping, antibiotic susceptibility testing; HCAP, healthcare-associated pneumonia; MLST, multilocus sequence typing; PCR, polymerase chain reaction; PFGE, pulsed-field gel electrophoresis; phenotyping, antibiotic susceptibility testing; associated pneumonia. associated pneumonia.

 $\frac{a_{\textrm{Final}}}{a_{\textrm{Final}}}\,$ analysis included only 116 isolates. Final analysis included only 116 isolates.

 $b_{\rm final}$ analysis included 1,104 isolates typed by PFGE for USA300 vs non-USA300. Final analysis included 1,104 isolates typed by PFGE for USA300 vs non-USA300.

 $c_{\rm final}$ analysis included only 151 isolates. Final analysis included only 151 isolates.

 $a_{\rm Range,~0-2~stars.}$ Range, 0–2 stars.

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 $b_{\rm Range,\ 0-1\ star.}$ Range, 0–1 star.

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TABLE 2.

Risk of Bias Assessment

Risk of Bias Assessment

Stratified Analyses for Mortality in USA300 Methicillin-Resistant Staphylococcus aureus Invasive Infections Stratified Analyses for Mortality in USA300 Methicillin-Resistant Staphylococcus aureus Invasive Infections

 ${}^{4}\!{\rm There}$ were not enough single-center studies to pool the results. There were not enough single-center studies to pool the results.

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 $b_{\mbox{\footnotesize{There were not enough studies assessing attributable mortality to pool the results.}}$ There were not enough studies assessing attributable mortality to pool the results.