

# Drug Susceptibility Distributions of Mycobacterium chimaera and Other Nontuberculous Mycobacteria

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ABSTRACT Recent outbreaks of cardiac surgery-associated Mycobacterium chimaera infections have highlighted the importance of species differentiation within the Mycobacterium avium complex and pointed to a lack of antibiotic susceptibility data for M. chimaera. Using the MGIT 960/EpiCenter TB eXiST platform, we have determined antibiotic susceptibility patterns of 48 clinical M. chimaera isolates and 139 other nontuberculous mycobacteria, including 119 members of the M. avium complex and 20 Mycobacterium kansasii isolates toward clofazimine and other drugs used to treat infections with slow-growing nontuberculous mycobacteria (NTM). MIC<sub>50</sub>, MIC<sub>90</sub>, and tentative epidemiological cutoff (ECOFF) values for clofazimine were 0.5 mg/liter, 1 mg/liter, and 2 mg/liter, respectively, for M. chimaera. Comparable values were observed for other M. avium complex members, whereas lower MIC<sub>50</sub> ( $\leq$ 0.25 mg/liter),  $MIC<sub>90</sub>$  (0.5 mg/liter), and ECOFF (1 mg/liter) values were found for *M. kansasii.* Susceptibility to clarithromycin, ethambutol, rifampin, rifabutin, amikacin, moxifloxacin, and linezolid was in general similar for M. chimaera and other members of the M. avium complex, but increased for M. kansasii. The herein determined MIC distributions,  $MIC<sub>90</sub>$  and ECOFF values of clofazimine for *M. chimaera* and other NTM provide the basis for the definition of clinical breakpoints. Further studies are needed to establish correlation of in vitro susceptibility and clinical outcome.

KEYWORDS Mycobacterium chimaera, Mycobacterium avium complex, drug susceptibility testing, clofazimine, resistance, antibiotic resistance

ycobacterium chimaera is a slow-growing nontuberculous mycobacterium (NTM) that was established in 2004 as a new species within the Mycobacterium avium complex ([1](#page-7-0)). In the past, the number of infections with M. chimaera was underestimated, as commercial mycobacterial identification systems such as line probe assays failed to identify M. chimaera to species level and thus classified M. chimaera as M. avium complex, M. avium, or Mycobacterium intracellulare [\(1,](#page-7-0) [2\)](#page-7-1). M. chimaera is differentiated from other members of the M. avium complex by a unique 16S rRNA gene sequence and internal transcribed spacer (ITS) region [\(1](#page-7-0)). Recently, a global outbreak of cardiac surgery-associated M. chimaera infections highlighted the importance of species identification within the  $M$ . avium complex  $(3, 4)$  $(3, 4)$  $(3, 4)$  $(3, 4)$ . The outbreak was linked to contaminated water reservoirs of heater-cooler devices that spread M. chimaera by aerosols during open chest surgery ([5](#page-8-0), [6\)](#page-8-1). Severe, disseminated M. chimaera infections with a high case fatality rate were observed [\(7\)](#page-8-2).

Due to the limited ability of commercial identification methods to adequately identify M. chimaera, few studies have reported drug susceptibility data on M. chimaera. Recent studies analyzed antimicrobial susceptibility of M. chimaera using a commercial microdilution system, the SLOWMYCO Sensititre panel from Trek Diagnostic Systems, and reported similar susceptibility patterns for M. chimaera as for other members of the M. avium complex ([8](#page-8-3)–[11](#page-8-4)). Recommended treatment options for disseminated M.

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Species <sup>a</sup>	No. (%) of respiratory isolates	No. (%) of nonrespiratory isolates	No. (%) of isolates with unknown origin	<b>Total</b>
M. avium (MAC)	55 (69)	8(10)	17 (21)	80
M. intracellulare (MAC)	30(97)	0(0)	(3)	31
M. chimaera (MAC)	34 (71)	13(27)	(2)	48
Other MAC	6(75)	l (12.5)	(12.5)	
M. kansasii	12 (60)	5(25)	3(15)	20

<span id="page-1-0"></span>TABLE 1 Number and origin of NTM isolates included in this study

<sup>a</sup>MAC, M. avium complex.

chimaera infections include combination therapy with macrolides, rifamycins, ethambutol, amikacin, and clofazimine ([7](#page-8-2)). Clofazimine is not yet included in the SLOWMYCO Sensititre antibiotic panel and consequently clofazimine MIC data for M. chimaera are scarce. We have previously established automated quantitative drug susceptibility testing (DST) for slow-growing NTM using the MGIT 960/EpiCenter TB eXiST platform ([12,](#page-8-5) [13](#page-8-6)). We here report on MIC distributions of clofazimine and other drugs used to treat NTM infections for 48 clinical M. chimaera isolates and 139 other nontuberculous mycobacteria, including 119 members of the M. avium complex and 20 Mycobacterium kansasii isolates.

### **RESULTS**

M. chimaera clofazimine MIC distribution. MICs of clofazimine were determined for 48 clinical, nonduplicate M. chimaera isolates using the MGIT 960/EpiCenter TB eXiST system (Becton Dickinson, Sparks, MD). A clofazimine concentration range of 0.25 mg/liter to 4 mg/liter was tested in 2-fold serial dilutions. Out of 48 M. chimaera isolates, 34 (71%) were of respiratory origin and 13 (27%) isolates were of nonrespiratory origin [\(Table 1\)](#page-1-0). For one isolate, the source was unknown. Clofazimine MIC values for *M. chimaera* ranged from  $\leq$ 0.25 mg/liter to 2 mg/liter [\(Fig. 1A,](#page-2-0) [Table 2\)](#page-3-0). MIC<sub>50</sub> and  $MIC<sub>90</sub>$  values of 0.5 mg/liter and 1 mg/liter were determined. A tentative epidemiological cutoff (ECOFF) was set at 2 mg/liter by visual inspection of the MIC distribution ([Fig.](#page-2-0) [1\)](#page-2-0). The clofazimine MIC distribution of M. chimaera was compared to MIC distributions of 119 M. avium complex isolates, including M. avium ( $n = 80$ ), M. intracellulare ( $n = 31$ ), Mycobacterium yongonense  $(n = 3)$ , Mycobacterium timonense  $(n = 2)$ , Mycobacterium bouchedurhonense ( $n = 1$ ), Mycobacterium colombiense ( $n = 1$ ), and Mycobacterium vul-neris (n = 1) [\(Fig. 1B](#page-2-0) to [E](#page-2-0), [Table 2\)](#page-3-0). The MIC range, MIC<sub>50</sub>, MIC<sub>90</sub>, and tentative ECOFF values of M. chimaera and other M. avium complex isolates were comparable. The clofazimine MIC distribution of M. kansasii, a slow-growing nontuberculous mycobacterium not related to the M. avium complex, showed lower MIC<sub>50</sub> ( $\leq 0.25$  mg/liter), MIC<sub>90</sub> (0.5 mg/liter), and tentative ECOFF value (1 mg/liter) compared to M. chimaera and other M. avium complex species ([Fig. 1F](#page-2-0)).

Susceptibility distributions of additional drugs used for the treatment of M. chimaera infections. Susceptibility patterns of additional drugs used for the treatment of M. chimaera infections, such as clarithromycin, ethambutol, rifampin, rifabutin, amikacin, moxifloxacin, and linezolid, are shown in [Fig. 2](#page-6-0) and [Table 2](#page-3-0) for M. chimaera, M. avium complex species, and M. kansasii. Susceptibility to these drugs was in general comparable for M. chimaera and other members of the M. avium complex. Lower MIC values were observed for M. kansasii toward amikacin, linezolid, moxifloxacin, rifampin, and rifabutin compared to M. chimaera and the M. avium complex.

Macrolide and amikacin resistance. For two M. avium isolates and one isolate each of M. chimaera and M. intracellulare, MIC values of  $\geq$ 32 mg/liter were observed for clarithromycin, which indicates macrolide resistance according to CLSI guidelines ([14\)](#page-8-7). Sequence analysis of the 23S rRNA gene of both M. avium isolates and M. intracellulare revealed mutations at nucleotide position A2059G (E. coli numbering), thereby providing a genotypic confirmation of the high-level macrolide-resistance phenotype. However, for the M. chimaera isolate, no mutation could be detected at nucleotide positions A2058/A2059. Repeated clarithromycin testing confirmed the decreased in vitro macrolide susceptibility of this isolate that was observed after prolonged macrolide treatment. Two M. avium and two M. intracellulare isolates exhibited MIC values of



<span id="page-2-0"></span>FIG 1 MIC distributions of clofazimine for M. chimaera ( $n = 48$ ) (A), M. avium ( $n = 80$ ) (B), M. intracellulare  $(n=31)$  (C), other MAC (n = 8) (D), M. avium complex overall (n = 167) (E), and M. kansasii (n = 20) (F). Tentative ECOFF (arrow), MIC<sub>50</sub> (solid line), and MIC<sub>90</sub> (dashed line) are indicated. The clofazimine MIC values of the type strains M. avium ATCC 19421 and M. chimaera DSM 44623 are indicated (\*).

 $\geq$ 20 mg/liter for amikacin. One *M. intracellulare* isolate exhibited an A1408G mutation in the 16S rRNA gene (E. coli numbering), which is known to confer high-level aminoglycoside resistance ([15,](#page-8-8) [16](#page-8-9)). In contrast, the second M. intracellulare isolate and the two M. avium isolates carried a wild-type 16S rRNA allele. Therefore, the molecular mechanisms underlying decreased susceptibility in these strains remain elusive.

## **DISCUSSION**

Treatment of M. chimaera and M. avium complex infections is complicated and requires multidrug regimens. Treatment options are limited, especially for macrolideresistant isolates [\(7\)](#page-8-2). Clofazimine, a drug traditionally used in leprosy therapy and recently recommended by the World Health Organization (WHO) for the treatment of multidrug-resistant tuberculosis (MDR-TB), is also increasingly used to treat severe M. avium complex infections [\(17,](#page-8-10) [18\)](#page-8-11). Elevated MICs for clofazimine have been reported for *M. avium* and *M. intracellulare* and suggest the occurrence of resistant isolates [\(19\)](#page-8-12). Whereas for Mycobacterium tuberculosis complex the WHO has released guidelines on clofazimine susceptibility testing and defined clinical breakpoints, i.e., critical concentrations, to separate resistant from susceptible isolates, such guidelines are lacking for NTM [\(20\)](#page-8-13). Determination of MIC distributions and ECOFFs is a prerequisite for the assignment of clinical breakpoints.

Clofazimine MIC distribution data have to our knowledge not yet been reported for M. chimaera. Pang et al. reported a MIC of 0.5 mg/liter for clofazimine for the type strain M. chimaera DSM 44623 [\(21\)](#page-8-14). We determined the MIC<sub>50</sub>, MIC<sub>90</sub>, and ECOFF values to be 0.5 mg/liter, 1 mg/liter, and 2 mg/liter, respectively, based on the MIC distribution of 48 clinical isolates of M. chimaera using the MGIT 960/EpiCenter TB eXiST platform and showed that these values are comparable to clofazimine  $MIC_{50}$ ,  $MIC_{90}$ , and ECOFF values of other members of the M. avium complex, including M. avium sensu stricto and M. intracellulare. Our data are in agreement with different reports of clofazimine susceptibility data for M. avium complex [\(19](#page-8-12), [22](#page-8-15)-[24\)](#page-8-17). A MIC<sub>50</sub> of 1 mg/liter for M. avium complex was found by van Ingen et al. [\(24](#page-8-17)), and MIC<sub>90</sub> values of 4 mg/liter and 1 mg/liter were described by Huang et al. for *M. avium and M. intracellulare*, respectively [\(23\)](#page-8-16). Luo et al. determined a clofazimine ECOFF of 2 mg/liter for M. avium and M. intracellulare ([19](#page-8-12)). The clofazimine MIC distribution of M. kansasii was shifted toward lower MICs



# <span id="page-3-0"></span>TABLE 2 Assignment of NTM isolates to susceptibility categories in the MGIT 960 system

(Continued on next page)

# TABLE 2 (Continued)



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# TABLE 2 (Continued)



<sup>a</sup>MAC, M. avium complex.

 $b$ The categories susceptible (S), intermediate (I), and resistant (R) are used in this study to describe presence or absence of in vitro growth at a defined drug concentration and neither represent clinical breakpoints nor predicted clinical outcome. Intermediate growth inhibition represents significant (>99%) but not complete inhibition and was categorized susceptible (S) for calculating MIC values and depicting distributions at the population level.

compared to members of the M. avium complex in our study. This is in line with findings that M. kansasii is in general more susceptible to NTM drugs than the M. avium complex and reports of a clofazimine ECOFF of 0.5 mg/liter for M. kansasii by Luo et al. [\(19\)](#page-8-12).

Clofazimine resistance in NTM has been associated with mutations in the TetR family of regulators of adjacent MmpS5-MmpL5 efflux pumps: mmpT5 in M. intracellulare ([25\)](#page-8-18) and MAB\_2299 in Mycobacterium abscessus ([26\)](#page-8-19). The NTM isolates characterized in this study were therapy naive regarding clofazimine, and no elevated MICs were observed. Exploratory investigations into 10 randomly selected M. chimaera isolates did not reveal genetic diversity within the putative homologs RS13290 (mmpt5; 100% amino acid [aa] sequence identity) and RS24730 (MAB\_2299; 70% aa sequence identity) of M. chimaera strain DSM 44623<sup>T</sup> [\(CP015278.1\)](https://www.ncbi.nlm.nih.gov/nuccore/CP015278.1) (data not shown). In M. tuberculosis, mutations in the Rv0678 (mmpR5) locus are associated with clofazimine and bedaquiline resistance ([27](#page-8-20), [28](#page-8-21)). The closest homologs of Rv0678 were RS18640 (35% aa identity), RS15530 (35% aa identity), and RS06670 (24% aa identity) of M. chimaera DSM 44623<sup>T</sup> (data not shown). These findings confirm reports of others that there is no ortholog of Rv0678 (MmpR5) in the M. avium complex ([25](#page-8-18)). Furthermore, unlike RS13290 and RS24730, the latter three genes are not located in the proximity of mmpL genes.

The MGIT 960/EpiCenter TB eXiST platform (Becton Dickinson) is recommended by the WHO for drug susceptibility testing of M. tuberculosis, including the testing of clofazimine, and therefore available in many mycobacteria laboratories worldwide ([20\)](#page-8-13). We have previously adapted MGIT 960 testing for automated quantitative drug susceptibility testing of slow-growing NTM and expanded this method for the testing of clofazimine within this study [\(12](#page-8-5), [13](#page-8-6)). Commercial microdilution systems that lack clofazimine testing, e. g., the SLOWMYCO Sensititre panel from Trek Diagnostic Systems, are broadly used for drug



<span id="page-6-0"></span>FIG 2 Susceptibility distributions for different drugs and NTM species based on quantitative drug susceptibility testing data using MGIT TB eXiST. Approximated MIC<sub>90</sub> values are indicated (dashed line). MIC values of the type strains M. avium ATCC 19421 and M. chimaera DSM 44623 are indicated (\*).

susceptibility testing of slow-growing NTM [\(8](#page-8-3)–[11\)](#page-8-4). MGIT 960 testing of clofazimine, a method established in many laboratories worldwide for M. tuberculosis complex, could complement commercial microdilution testing for slow-growing NTM in these laboratories. Our data support the addition of clofazimine to future commercial microdilution panels for NTM.

 $MIC<sub>90</sub>$  values of *M. chimaera* for drugs other than clofazimine, such as amikacin, clarithromycin, ethambutol, moxifloxacin, linezolid, and rifampin, are in agreement with the findings of previous studies for M. chimaera and comparable to values reported for the M. avium complex [\(1,](#page-7-0) [8](#page-8-3)–[11](#page-8-4), [22\)](#page-8-15).

In conclusion, we provide MIC distribution, MIC<sub>90</sub>, and ECOFF values of clofazimine for M. chimaera and demonstrate comparable values for other members of the M. avium complex. Further studies are needed to correlate in vitro susceptibility with clinical outcome.

### MATERIALS AND METHODS

Mycobacterial strains and culture conditions. Drug susceptibility was measured for 48 nonduplicate clinical isolates of M. chimaera and 139 additional slow-growing NTM from respiratory and nonrespiratory origin, including the M. avium complex isolates M. avium  $(n=80)$ , M. intracellulare  $(n=31)$ , M. yongonense  $(n= 3)$ , M. timonense  $(n= 2)$ , M. bouchedurhonense  $(n= 1)$ , M. colombiense  $(n= 1)$ , and M. vulneris  $(n= 1)$ , together with M. kansasii (n = 20) isolates, that were submitted to or isolated at our mycobacteriological labora-tory from 2014 to 2018 [\(Table 1\)](#page-1-0). In addition, the type strains M. avium ATCC 19421 and M. chimaera DSM 44623 were analyzed. The isolates were identified by partial 16S rRNA gene sequence analysis as described previously ([29](#page-8-22)). M. kansasii was differentiated by sequence analysis of the hsp65 gene ([30\)](#page-8-23). Mycobacteria were grown in mycobacterium growth indicator tube (MGIT) medium supplemented with oleic acid albumin dextrose catalase (OADC) (Becton Dickinson, Sparks, MD) at 37°C.

Drug susceptibility testing. Drug susceptibility distributions of NTM were determined by automated, quantitative DST using the MGIT 960 system and the Epicenter TB eXIST system (Becton Dickinson) as previously described [\(12,](#page-8-5) [13](#page-8-6)). The antibiotics amikacin (1, 4, and 20 mg/liter), clarithromycin (4, 16, 32, and 64 mg/ liter), clofazimine (0.25, 0.5, 1, 2, and 4 mg/liter), ethambutol (5, 12.5, and 50mg/liter), linezolid (1, 4, and 16 mg/liter), moxiflocaxin (0.5, 2.5, and 10 mg/liter), rifabutin (0.1, 0.4, and 2 mg/liter), and rifampin (1, 4, and 20 mg/liter) were analyzed. Clofazimine was purchased from Sigma-Aldrich (Buchs, Switzerland) and dissolved in 100% dimethyl sulfoxide (DMSO). The terms susceptible (S), intermediate (I), and resistant (R) are used in this study to describe presence or absence of in vitro growth at a defined drug concentration and neither represent clinical breakpoints nor predicted clinical outcome. Intermediate growth inhibition represents significant (>99%) but not complete inhibition and was categorized susceptible (S) for calculating MIC values and depicting distributions at the population level.

Clarithromycin and amikacin resistance analysis. Phenotypic clarithromycin and amikacin resistance was confirmed by sequence analysis of the 23S rRNA gene and 16S rRNA gene, respectively, as described elsewhere [\(31](#page-8-24), [32\)](#page-8-25). Mutations at nucleotide positions A2058 and A2059 (E. coli equivalent) of the 23S rRNA gene were considered resistance markers for macrolides, and mutations at nucleotide position A1408 and C1409 (E. coli equivalent) of the 16S rRNA gene were considered amikacin resistance markers.

Determination of ECOFF,  $MIC_{50}$ , and  $MIC_{90}$  values. MIC distributions were generated from the quantitative DST results. ECOFF values were determined by visual inspection of the MIC distributions [\(33\)](#page-8-26). MIC<sub>50</sub> and MIC<sub>90</sub> were defined as drug concentrations that inhibit growth of 50% and 90%, respectively, of the population of a given species.

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