MDR1-P-Glycoprotein (ABCB1) Mediates Transport of Alzheimer's Amyloid- β Peptides—Implications for the Mechanisms of A β Clearance at the Blood-Brain Barrier

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Amyloid- β (A β) is the major component of the insoluble amyloid plaques that accumulate intracerebrally in patients with Alzheimer's disease (AD). It has been suggested that MDR1-P-glycoprotein (ABCB1, P-gp) plays a substantial role in the elimination of A β from the brain. In the present study, *MDR1*-transfected LLC cells growing in a polarized cell layer were used to characterize the interaction of A β 1-40/1-42 with P-gp. In this system, P-gp-mediated transport can be followed by the efflux of the fluorescent dye rhodamine-123, or of A β itself from the cells into the apical extracellular space. A β significantly decreased the apical efflux of rhodamine-123, and the transcellular transport of A β 1-40 and A β 1-42 into the apical chamber could be demonstrated using both ELISA and fluorescence (FITC)-labeled peptides. This transport was inhibited by a P-gp modulator. Furthermore, ATP-dependent, P-gp-mediated transport of the fluorescence-labeled peptides could be demonstrated in isolated, inside-out membrane vesicles. Our data support the concept that P-gp is important for the clearance of A β from brain, and thus may represent a target protein for the prevention and/or treatment of neurodegenerative disorders such as AD.

INTRODUCTION

The accumulation of the amyloid- β peptide $(A\beta)$ is one of the characteristic pathological features of Alzheimer's disease (AD) (4, 21). Cerebral amyloid angiopathy (CAA), which varies in severity among AD cases (25), involves the aggregation of $A\beta$ in the walls of arteries, arterioles and, to a lesser extent, of capillaries and veins (18). A β is released by cells into the brain interstitial fluid, where it is eliminated by proteolytic degradation, passive bulk flow and active transport across the bloodbrain barrier (BBB) (31, 32). As the latter appears to be a significant pathway for elimination, efforts have been made to identify the mechanisms by which $A\beta$ is transported out of the brain. There is evidence that the low-density lipoprotein receptor-related protein (LRP1) is an Aβefflux transporter at the BBB (5, 22). Another candidate is MDR1-P-glycoprotein (P-gp; ABCB1), which is highly expressed at the luminal surface of brain capillary endothelial cells. P-gp constitutes a major component of the BBB by limiting penetration of various exogenous agents (1, 8, 19). In in vitro experiments, Lam et al provided the first evidence that $A\beta$ may be a substrate for P-gp (12). On the basis of this hypothesis, we examined the relationship between P-gp expression and the amount of A β deposition in the brains of non-demented, elderly humans, and found an inverse correlation between vascular Pgp and the quantity of A β -positive plaques, suggesting that P-gp might indeed play an important role in the pathogenesis of AD (26). In addition, we found an age-dependent decrease of P-gp expression in cases

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without CAA, and an upregulation of endothelial P-gp in unaffected vessels of cases with CAA (27). In a series of experiments in genetically modified mice, Cirrito et al recently provided further evidence that the lack of P-gp expression exacerbates A β deposition, and that the activity of this transporter can minimize the development of cerebral A β lesions (3).

In the present study, we used LLC cells, a porcine-derived proximal renal tube epithelial cell line, transfected with human MDR1 (ABCB1) cDNA and maintained in a polarized cell monolayer. This model was used to directly characterize the transcellular transport of the A β peptide, and the role of P-gp in this process. Furthermore, fluorescence-labeled peptides and isolated, inside-out membrane vesicles were used to demonstrate a direct, ATP-dependent transport of these peptides by P-gp. These in vitro findings indicate a critical function of P-gp in the regulation of brain A β levels, and support the view that dysfunction of this transport protein can promote the emergence of AB-linked proteopathies in humans.

MATERIALS AND METHODS

Chemicals. The 40- and 42-amino acid forms of A β (A β 1-40 and A β 1-42) and fluorescein (FITC)-conjugated A β 1-40/1-42 were purchased from rPeptide (Athens, GA, USA). Stock solutions of A β peptides were prepared according to the manufacturer's suggestions. FITC-conjugated A β 1-

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40 and A β 1-42 were dissolved in 2 mM NaOH to a final concentration of 200 μ M. All four peptide solutions were stored in aliquots at -20°C. The hAmyloid β 1-40/42 brain ELISA was obtained from the Genetics Company (Zurich, Switzerland).

[¹⁴C]Inulin carboxylic acid (82 MBq/g) was obtained from Biotrend Chemicals (Köln, Germany). Verapamil and rhodamine-123 (Rh123) were from Sigma (Deisenhofen, Germany). The Rh123 stock solution was prepared by dissolving in DMSO at a final concentration of 2 mM. Cyclosporine A was purchased from Alexis (Grünberg, Germany).

Antibodies. The monoclonal antibodies against human P-gp, C219 and JSB-1 were from Alexis (Grünberg, Germany). For immunohistochemistry and immunoblotting, antibodies against LRP were purchased from Calbiochem (Darmstadt, Germany). Alexa Fluor488-labeled goat anti-mouse IgG for immunofluorescence microscopy was obtained from Molecular Probes/MoBiTec (Göttingen, Germany).

Cell culture. LLC parental (LLC, clone LLC-PK1) and stably transfected (LLC-MDR1) cells were kindly provided by Dr P. Borst (The Netherlands Cancer Institute, Amsterdam), and were cultured in DMEM supplemented with 10% fetal bovine serum, 1% penicillin/streptomycin, 5% L-glutamine and 1% non-essential amino acids at 37°C, 95% humidity and 5% CO₂.

Preparation of membrane vesicles. Membrane vesicles from LLC and LLC-MDR1 cells were prepared by hypotonic lysis and differential centrifugation as described previously (11). Membrane vesicles were frozen and stored in liquid nitrogen.

Immunoblot analysis. Membrane vesicles were diluted with sample buffer and incubated at 95°C for 5 min before separation on 7.5% polyacrylamide gels with 50 μ g of protein loaded per lane. Immunoblotting was performed with a tank blotting system from BioRad (Munich, Germany) and enhanced chemiluminescence detection (Amersham Biosciences, Freiburg, Germany). P-gp was detected using the monoclonal antibody C219 at a dilution of 1:500 in Tris-buffered saline/ Tween 20 (250 mM Tris, 1.3 M NaCl, 27 mM KCl, 0.05% Tween 20, pH 7.4). The secondary antibody was a horseradish peroxidase-conjugated goat anti-mouse IgG (BioRad) used at a 1:2000 dilution. Immunoblotting for LRP was performed similarly using the monoclonal antibody for LRP at a dilution of 1:500.

Immunofluorescence and confocal laser scanning microscopy. For immunolocalization of P-gp, LLC- and LLC-MDR1 cells were grown on collagen-coated glass coverslips (BioCoat, BD Falcon, Heidelberg, Germany), fixed with ethanol for 15 minutes and permeabilized with 0.5% Triton X-100 in phosphate-buffered saline (PBS, 137 mM NaCl, 2.7 mM KCl, 8.0 mM Na₂HPO₄, 1.5 mM KH₂PO₄, pH 7.4) containing 5% fetal bovine serum for 10 minutes. Cells were incubated with monoclonal antibody C219 at a dilution of 1:50 in PBS at 4°C overnight to stain P-gp. After three washes with PBS, cells were reincubated with Alexa Fluor488labeled goat anti-mouse IgG (Molecular Probes/MoBiTec, Göttingen, Germany), diluted 1:100 in PBS at room temperature, for 1 h. Images were captured using a confocal scanning unit with a Nikon TE300 microscope and Coherent Innova 70C laser (Chromaphor, Duisburg, Germany). LRP immunofluorescence was performed similarly using an antibody dilution of 1:25.



Figure 1. *Expression, localization and function of human P-gp in* MDR1-*transfected LLC cells.* **A.** Immunoblot analysis: Membrane vesicles (50 µg protein) from *MDR1*-transfected (LLC-MDR1) and control (LLC) cells were separated by sodium dodecyl sulphate-polyacrylamide gel electrophoresis as described in the *Methods* section. Protein levels were analyzed with the C219 monoclonal antibody against P-gp. **B.** Confocal laser scanning immunofluorescence microscopy: P-gp (green fluorescence) was stained with the primary antibody C219 in *MDR1*-transfected (upper and middle panel) and control (lower panel) cells. The upper and lower panels show optical sections in the xy-plane, the middle panel a vertical section in the xz-plane. **C.** Transcellular transport (upper panel) and intracellular accumulation (lower panel) of Rh123: LLC (\Box) and LLC-MDR1 (**D**) cells were grown on Transwell membrane inserts. Upper panel: Rh123 (10 µM) was delivered either to the basal compartments (B→A) or to the apical compartments (A→B). After 60 minutes at 37°C, fluorescence in the opposite compartments was measured. Lower panel: Rh123 (10 µM) was delivered to the basal compartments. At the time points indicated, fluorescence inside the cells was determined. Data represent means ± SD (n = 6). *Significant difference between the two cell lines according to Student's *t*-test (*P* < 0.05).

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Transwell transport assays. For transport assays, LLC- and LLC-MDR1 cells were grown on Transwell polyester membrane inserts (12-mm diameter, 0.4 µm pore size, Corning Costar) at confluence for 3 days, and expression of the recombinant protein was enhanced by treatment with 5 mM sodium butyrate for 24 h. Cells were first washed with transport buffer (142 mM NaCl, 5 mM KCl, 1 mM KH₂PO₄, 1.2 mM MgSO₄, 1.5 mM CaCl₂, 5 mM glucose and 12.5 mM HEPES, pH 7.3); subsequently, rhodamine123 (10 μM) and Aβ1-40/1-42 $(5 \,\mu M)$ were added in transport buffer either to the apical or to the basal compartments. After the times indicated, the fluorescence in the opposite compartments was measured. The intracellular accumulation of fluorescence was determined by lysing the cells with 2 mL of 0.2% sodium dodecyl sulphate in water and measuring the fluorescence in cell lysates.

To study the transcellular transport of FITC-conjugated A β 1-40/1-42, cells were incubated with 5 μ M A β 1-40/1-42 in the basal compartments at 37°C for 1 h. The fluorescence of FITC-conjugated AB1-40/ 1-42 in the apical compartment was measured with a fluorescence photometer (Wallac, Freiburg, Germany) at an excitation wavelength of 485 nm and an emission wavelength of 535 nm. For quantitative determination of $A\beta$ peptides in the apical compartment, the hAmyloid β1-40/42 Brain ELISA was performed according to the manufacturer's instructions (The Genetics Company). Cells were incubated for 2 h with 100 nM, 316 nM, $1 \,\mu\text{M}$ or $5 \,\mu\text{M}$ A β 1-40/1-42 in the basal compartments, respectively. AB1-40 and AB1-42 were detected with rabbit anti-A β 1-40 and rabbit anti-A β 1-42 IgG, respectively. Sites of primary antibody binding were detected with peroxidaseconjugated donkey anti-rabbit IgG.

For inhibition studies, the inhibitors verapamil and cyclosporine A were added simultaneously with Rh123 into the basal compartment, and the fluorescence in the apical compartment was measured.

Transcellular leakage was determined by incubating cells with 50 μ M [¹⁴C]inulin carboxylic acid in the basal compartments and measuring the radioactivity in the apical compartments. For both LLC- and

LLC-MDR1 cells, the transcellular leakage was less than 1%/h.

Vesicle transport studies. Transport of 10 μ M rhodamine123 or 5 μ M FITC-conjugated A β 1-40/1-42 into membrane vesicles was measured by filtration through a gel matrix. Briefly, membrane vesicles (100 μ g of protein) were incubated in the presence of 4 mM ATP, 10 μ g/mL creatine kinase and RH123 or FITC-conjugated

A β 1-40/1-42 in an incubation buffer (250 mM sucrose, 10 mM Tris, pH 7.4) in a final volume of 55 μ L at 37°C. Aliquots (20 μ L) were taken at the indicated time points, diluted in 180 μ L ice-cold incubation buffer and immediately filtered through a Sephadex G50 matrix (Sigma, Deisenhofen, Germany) by centrifugation (450 g, 3 minutes, 4°C). The fluorescence in the flow-through was measured. In control experiments, ATP was replaced by



Figure 2. Determination of transcellular transport and fibril formation of Aβ peptides. **A.** LLC-MDR1 and LLC control cells were grown on Transwell membrane inserts. After incubation with different concentrations of Aβ1-40 in the basal compartments at 37°C for 2 h, Aβ peptides were determined in the apical compartments by ELISA. Data are presented as the ratio between LLC-MDR1 and LLC cells (means \pm SD for n = 3). *Significant difference between the two cell lines according to Student's *t*-test (*P* < 0.05). **B.** Aβ1-40 or Aβ1-42 fibril formation was followed using the thioflavin T assay. Aβ1-40 or Aβ1-42 peptides (5 µM) were dissolved either in the Transwell assay (TAB-40 or TAB-42) or the membrane vesicle (VAB-40 or VAB-42) buffer and incubated at 37°C with (for VAB) or without (for TAB) shaking at 37°C. After the indicated time, samples were mixed with thioflavin T (5 µM final concentration) and the normalized fluorescence intensity determined (excitation 460 nm, emission 485 nm). Data represent means \pm SD (n = 3).

an equal concentration of 5'-AMP. ATPdependent transport was calculated by subtracting values obtained in the presence of 5'-AMP from those obtained in the presence of ATP.

Thioflavin T (THT) fibrillogenesis assay. THT is a fluorescent dye exhibiting substantial enhancement in fluorescence intensity upon binding to β -sheet-rich (amyloid) fibrils. Because of the correlation between THT fluorescence and the amount of fibrils, a THT fibrillogenesis assay is widely used to follow fibril formation in vitro (14). Here, AB1-40 or AB1-42 peptides (5 μ M) were dissolved either in the Transwell assay buffer or the membrane vesicle buffer and incubated at 37°C with (for the membrane vesicle buffer) or without (for the Transwell assay buffer) shaking at 37°C. After 20, 60, 120, 240 and 360 minutes, samples were mixed with THT dissolved in the respective buffers (5 μ M final concentration) and assayed for fluorescence at an excitation wavelength of 460 nm, and an emission wavelength of 485 nm. The fluorescence intensity was normalized with the maximal fluorescence value obtained.

RESULTS

Characterization of the cellular model. The expression level of human MDR1 in the transfected and control LLC cells was analyzed by immunoblotting using the monoclonal anti-P-gp antibody C219 (Figure 1A). P-gp was detected in the fully glycosylated form at a molecular mass of about 170 kDa in membranes from LLC-MDR1 cells, whereas in control cells no signal was obtained.

The cellular localization of the recombinant transporter in the transfectants was studied by means of confocal laser scanning immunofluorescence microscopy. Using antibody C219, plasma membrane staining could be observed in LLC-MDR1 cells, and vertically oriented sections showed intense green fluorescence for P-gp on the apical membrane (Figure 1B). Under the same conditions, no specific staining was observed in non-transfected, parental LLC cells.

Regarding LRP expression, there were no differences between the LLC cells and the LLC-MDR1 cells (data not shown).

Transcellular transport of Rh123 is mediated by P-gp, and is inhibited by $A\beta$. The function of human P-gp in the transfected cells was studied by measurement of the transcellular transport of the fluorescent amphiphilic cation rhodamine-123 (Rh123), a substrate of human P-gp. LLC and LLC-MDR1 cells were grown in a confluent, polarized monolayer on Transwell membranes and incubated with Rh123 (10 μ M) in the apical or basal compartments. At different time points, the fluorescence that accumulated in the opposite compartment and in the cells was measured. As shown in Figure 1C, there was significant basal-to-apical Rh123 transport in LLC-MDR1 cells, which was markedly

higher than apical-to-basal transport as well as the basal-to-apical transport in the LLC control cells. Permeability of Rh123 in LLC cells was similar for both transport routes. The intracellular accumulation of Rh123 was significantly higher in the LLC cells than in the LLC-MDR1 cells.

In order to study the interference of A β 1-40/1-42 with P-gp-mediated transport of Rh123, LLC-MDR1 cells were incubated with Rh123 (10 μ M) in the basolateral compartments, alone (control) or in the presence of A β 1-40 or A β 1-42. A β significantly decreased the apical efflux of Rh123. At a concentration of 5 μ M, inhibition observed was similar for A β 1-40 (21.5 ± 4.88%) and A β 1-42 (21.4 ±



Figure 3. Transcellular Transport of fluorescein-(FITC-)-conjugated $A\beta$ 1-40 and $A\beta$ 1-42. LLC cells (\Box) and LLC-MDR1 cells (\blacksquare) were grown on Transwell membrane inserts. (**A**,**C**) FITC-A β 1-40 and FITC-A β 1-42 (5 μ M) were delivered either to the basal compartments (B \rightarrow A) or to the apical compartments (A \rightarrow B). After 60 minutes at 37°C, fluorescence in the opposite compartments was measured. (**B**,**D**) FITC-A β 1-40 and FITC-A β 1-42 (5 μ M) were delivered to the basal compartments in the absence or presence of 10 μ M cyclosporine A (+CsA). After 60 minutes at 37°C, fluorescence in the apical compartments was measured. Data represent means \pm SD (n = 4). *Significant difference, Student's *t*-test (P < 0.05).

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Figure 4. Transport of Rh123 into membrane vesicles from LLC cells and LLC-MDR1 cells and its inhibition by $A\beta$ peptides. **A.** Membrane vesicles were incubated with 10 μ M Rh123 in the presence of 4 mM ATP (\blacktriangle) or 4 mM 5'-AMP (\blacktriangledown). Vesicle-associated fluorescence was determined by size-exclusion centrifugation. **B.** Net ATP-dependent transport into the vesicles from LLC-MDR1 (\blacksquare) and from LLC (\Box) cells was calculated by subtracting values obtained in the presence of 5'-AMP from those in the presence of ATP. **C.** ATP-dependent transport (10 μ M Rh123) in the presence of 5 μ M A β 1-40 and A β 1-42 and 100 μ M verapamil, respectively. Data represent means \pm SD (n = 4). *Significant difference from control as determined by Student's t-test (P < 0.05).

7.35%, mean values \pm SD, n = 4), with a half-maximal inhibition for A β 1-42 at about 50 μ M.

Transcellular transport of $A\beta$ peptides. We further investigated whether transcellular transport of the A β peptide itself can be observed in LLC cells. To this end, we measured A β peptides by ELISA in the apical compartments in the inhibition experiments described above. We could detect both A β 1-40 and A β 1-42 at significantly higher levels in the apical compartments from LLC-MDR1 cells than from LLC control cells, indicating that the peptides were transported by P-gp.

For A β 1-40, the apical compartment concentrations were significantly higher in

LLC-MDR1 cells at 316 nM (24 ± 1 vs. 1.4 ± 0.7 pg/mL), $1 \mu M$ (708 ± 3 vs. $78 \pm 18 \text{ pg/mL}$) and $5 \mu M$ ($850 \pm 120 \text{ vs.}$ $300 \pm 50 \text{ pg/mL}$). The A β 1-40 level at 100 nM also was higher $(1.8 \pm 0.8 \text{ vs.})$ 0.6 ± 0.1) but failed to reveal statistical significance (Figure 2A). For A β 1-42, the A β levels in the apical compartment were below the detection limit for both LLC-MDR1 and LLC cells at concentrations of 100 nM and 316 nM. For the $1 \,\mu$ M and 5 µM concentrations, significantly higher levels of A β 1-42 could be detected in the apical compartment for LLC-MDR1 cells $[77 \pm 27 \text{ pg/mL} (5 \mu\text{M}) \text{ and } 8.2 \pm 0.1 \text{ pg/}$ mL $(1 \mu M)$], while the concentrations for the LLC cells remained below the detection limit.

In AD, soluble A β peptides are assumed to accumulate over time in the cerebral extracellular space and vascular walls and to polymerize into insoluble, β -sheet-rich fibrils. To determine if the A β peptides are transported mainly in the soluble form and not as high molecular weight, polymerized structures, we used a THT fibrillogenesis assay (14). Figure 2B shows the intensity of THT fluorescence over 6 h under the conditions of our Transwell assay and membrane vesicle transport assay. The data indicate that $A\beta 40$ and $A\beta 42$ form fibrils with a lag time of about 1-2 h. The extent of fibril formation was substantially higher and started earlier under the membrane vesicle assay conditions (incubation in 250 mM sucrose, 10 mM Tris, pH 7.4, shaking at 37°C) than under the Transwell assay conditions (142 mM NaCl, 5 mM KCl, 1 mM KH₂PO₄, 1.2 mM MgSO₄, 1.5 mM CaCl₂, 5 mM glucose and 12.5 mM HEPES, pH 7.3, without shaking). However, the maximal incubation times of 20 minutes and 60 minutes in the vesicle assay or Transwell assay, respectively, are within the fibril formation lag time (Figure 2B).

Furthermore, we used FITC-conjugated A β 1-40 and A β 1-42 to study the vectorial transport by LLC-MDR1 and control cells. As shown in Figure 3, cells were incubated with FITC-conjugated A β 1-40 and A β 1-42 at a concentration of 5 μ M in the apical and basal compartments. A significantly higher basal-to-apical transport was observed in the LLC-MDR1 cells for both peptides (compared with the apical-to-basal as well as both transport routes in the control cells). A β peptide permeability in LLC control cells was similar in both directions.

In addition, transcellular transport of FITC-conjugated A β 1-40 and A β 1-42 was suppressed to about 40%–50% of control transport in the presence of the P-gp inhibitor cyclosporine A (Figure 3B,D), further indicating that P-gp is involved in the basal-to-apical transport of A β peptides.

Transport studies with membrane vesicles. Inside-out membrane vesicles were prepared from LLC and LLC-MDR1 cells. As shown in Figure 4, Rh123 (10 μ M) was transported ATP dependently into membrane vesicles from LLC-MDR1 cells. Net ATP-dependent transport was calculated by subtracting transport in the presence of



Figure 5. Transport of fluorescein (FITC-)-conjugated $A\beta1-40$ and $A\beta1-42$ into membrane vesicles from LLC-MDR1 and control cells. (**A,C**) Membrane vesicles were incubated with 5 μ M FITC-A $\beta1-40$ (A) and A $\beta1-42$ (C) in the presence of 4 mM ATP (**A**) or 4 mM 5'-AMP (**V**). Vesicle-associated fluorescence was determined by size-exclusion centrifugation. (**B,D**) Net ATP-dependent transport into the vesicles from LLC-MDR1 (**II**) and from LLC (\Box) cells was calculated by subtracting values obtained in the presence of 5'-AMP from those obtained in the presence of ATP. Data represent means ± SD (n = 4).

5'-AMP from that measured in the presence of ATP. In the control cells, rates of ATP-dependent transport were about 20% of those determined with membrane vesicles from *MDR1*-transfected cells. As shown in Figure 4C, A β 1-40 and A β 1-42 were potent inhibitors of the ATP-dependent Rh123 transport mediated by P-gp. At a concentration of 5 μ M, both peptides inhibited Rh123 transport to about 25% of control levels, similar to 100 μ M verapamil.

The membrane vesicles also were used to study the transport of FITC-conjugated A β 1-40 and A β 1-42. Both peptides were transported ATP-dependently into LLC-MDR1 membrane vesicles (Figure 5). ATP-dependent transport was detectable in membrane vesicles from LLC control cells, but the transport rate was only about 30% of that measured with LLC-MDR1 vesicles. Inhibitors of P-gp markedly decreased the ATP-dependent uptake of FITC-conjugated A β 1-40 and A β 1-42. In the presence of 100 μ M verapamil and 10 μ M cyclosporine A, uptake was reduced to about 65% of the control levels.

DISCUSSION

Lam et al reported that synthetic A β can be transported by P-gp in vitro in an ATPdependent manner (12). Our results are in agreement with these data, and give further evidence for the active involvement of P-gp in the transmembrane transport of A β 1-40 and A β 1-42. We used human MDR1-transfected LLC cells, cultured in a polarized cell monolayer, as an in vitro model of the vascular endothelium at the BBB. This model was used to directly characterize the transcellular transport of the A β peptide. In these cells, P-gp is expressed in the apical membrane, and $A\beta$ transport can be followed by the efflux of the peptide from the cells into the apical compartment. Furthermore, we demonstrated direct ATP-dependent transport of these peptides by P-gp using fluorescence-labeled peptides and isolated, inside-out membrane vesicles. The THT fibrillogenesis assay indicates that the $A\beta$ peptides are transported mainly in soluble form, and not as polymerized fibrils.

Our results, and those of other laboratories, suggest that a decrease of P-gp expression at the BBB diminishes the clearance of $A\beta$ from brain into the blood, thereby promoting the accumulation of the peptide within the brain. The potential role of P-gp in neurodegeneration is intriguing, as the activity of this transport protein can be modulated by a range of pharmacologic agents (9, 10, 17, 30). Recently, it was reported that the treatment of AD patients with rifampin, one of the most potent inducers of P-gp, after a period of 3 months led to a notable improvement of cognitive function (15). The mechanism of this effect is unknown, but the possibility that it is mediated by increased, P-gp-mediated export of AB is worth investigating. In addition to the transport of $A\beta$ out of the brain, P-gp activity could impede neurodegenerative processes via other constitutive functions of this transport protein. P-gp generally protects the brain against toxic exogenous compounds. A disturbance of P-gp expression at the BBB has been hypothesized to be responsible for the enhanced influx of pesticides, leading to a Parkinsonian syndrome (6, 7). Furthermore, P-gp inhibits the activity of caspases that mediate neuronal apoptosis in neurodegenerative diseases such as AD and Creutzfeldt-Jakob disease (23, 24). In addition to its presence in brain endothelial cells, P-gp also can be found (to a lesser extent) in astrocytes (20) and microglia (13), and recently was shown to be induced in neurons by epileptic seizures (28, 29). Furthermore, the transporter has been detected in intracellular compartments (2, 16). These findings suggest that the functions of P-gp in the brain could be more complex than was previously realized, and strengthen the case for P-gp as a potential target for the development of therapeutic strategies in AD and other neurodegenerative disorders.

CONCLUSION

The present study supports the hypothesis that P-gp plays a key role in the clearance of A β from the brain via the BBB, and therefore might be causally involved in the pathogenesis of cerebral β -amyloidoses such as AD. As, to date, few data are available that address the relationship between P-gp and neurodegeneration, further studies are required to shed more light on this issue. This is of major importance, as the activity of P-gp can be modulated pharmacologically, and thus is a potential target for the prevention or disease-modifying treatment of CAA and AD.

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