Neuronal Intranuclear and Neuropil Inclusions for Pathological Assessment of Huntington's Disease

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To evaluate the usefulness of neuronal intranuclear inclusions and neuropil inclusions for the pathological assessment of Huntington's disease (HD), their presence in neocortex was assessed by ubiquitin and N-terminal huntingtin immunohistochemistry in a consecutive series of 195 autopsy brains of individuals with a positive or tentative clinical diagnosis of, or at risk for, HD. The findings were correlated with striatal pathology (n = **190), CAG repeat length (n** = **85) and original pathological diagnosis (n** = **186). The antibodies detected both these inclusions in 181 patients with HD pathology** ≥ **Vonsattel et al's grade I, five patients lacking striatal tissue for review, and two at-risk individuals with grade 0 and grade I HD pathology, respectively. One patient with HD-like pathology and two patients and four at-risk individuals without HD pathology lacked HD inclusions. In the genetically analyzed cases, the inclusions were exclusively and consistently observed in association with repeat expansion [(CAG)n** ≥ **39, n** = **81]. Thirteen inclusion-positive cases, including the grade 0 at-risk individual, had a false negative original pathological diagnosis of HD and four had an unjustly questionable diagnosis. A false positive diagnosis was made in the inclusionnegative case with HD-like pathology. These results indicate that immunohistochemical analysis for HD inclusions facilitates the pathological evaluation of HD and enhances its accuracy.**

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INTRODUCTION

Huntington's disease (HD) is an autosomal dominant progressive neurodegenerative disorder characterized by involuntary movements, cognitive decline and behavioral disturbances.

CAG repeat analysis is the gold standard of the diagnosis of HD. If genetic analysis is not feasible, the diagnosis needs to be based on clinical features, family history and pathological confirmation (41, 46).

Brain samples of a consecutive series of 203 subjects autopsied for pathological assessment of HD are available in the Leiden HD pathology archives. DNA analysis could be performed in 85 of these cases and revealed discrepant genetic and pathological diagnoses in four. Such diagnostic discrepancies have also been reported by others (35, 36, 51). Evidently, the pathological evaluation of HD is not invariably straightforward.

Recently, neuronal intranuclear inclusions (NII) and inclusions in neuronal processes (neuropil inclusions) (NI) have been observed in the brains of HD transgenic (Tg) mice and in human HD brain. These inclusions are detectable by immunohistochemistry using antibodies to the Nterminus of huntingtin, that is, the HD gene product, or ubiquitin (9, 10, 13, 21, 38). HD inclusions involve the neocortex of the human HD brain and are also present in other regions, such as the caudate, putamen and allocortex (3, 13, 26). Neocortical NII density correlates with CAG repeat length (3, 13).

The aim of this study was to evaluate the usefulness of HD inclusions for the pathological assessment of HD. Therefore, the presence of NII and NI was assessed in the neocortex of 195 cases of our archives using ubiquitin and N-terminal huntingtin immunohistochemistry. The findings

were correlated with striatal pathology graded according to the scheme of Vonsattel et al (33, 49) in 190 cases. CAG repeat lengths were available in 85 cases, and an original pathological diagnosis was on record in 186 cases.

MATERIAL AND METHODS

Between 1954 and April 2004, brain samples of 203 individuals either with a positive or tentative clinical diagnosis of, or at risk for, HD were collected in the Leiden HD pathology archives. This number comprises the majority of the subjects autopsied for pathological assessment of HD in the Netherlands during that time. Informed consent to brain autopsy and use of the tissues for research purposes was obtained from the patients and/or their relatives. Clinical data and data on the family history were recorded from the medical histories made available to the Leiden HD pathology archives. A family history was considered positive when at least one other pathologically or genetically established patient with HD was known in the family. A family history was considered negative when no other siblings had any signs or symptoms of HD, and both parents were alive and healthy or lived without neurological or psychiatric disorders over the age of 65 years. A family history was considered suspect when one parent had an ambiguous history or had died before the age of 65 years, or when the family history disclosed a neurological (parkinsonism) or psychiatric disorder, or suicide. If no information could not be obtained, the family history was considered unknown (41).

The brain samples were fixed in 10% buffered formalin and/or frozen. Fixation duration varied from hours to years. Fixed

brain samples were cut according to protocol and tissue blocks were embedded in paraffin. Hematoxylin and eosin and Luxol fast blue staining were performed routinely. For immunohistochemistry, 5-µm-thick tissue sections of neocortex were incubated overnight with the primary antibodies, including a monoclonal antibody to ubiquitin (Chemicon, Temecula, CA) (1:2000) and antiserum H7 (26) (1:1000) and monoclonal antibody 5374 (Chemicon) (1:50), both directed to the N-terminus of huntingtin, followed by either biotinylated rabbit antimouse or swine antirabbit immunoglobulin (Dako, Glostrup, Denmark), Vectastain ABC Elite kit (Vector, Burlingame, CA) and 3,3′-diaminobenzi $dine/H₂O₂$ solution. For immunostaining with the N-terminal huntingtin antibodies, sections were pretreated by boiling in citrate buffer (pH 6.0) for 20 minutes. If tissue specimens were not available, immunohistochemistry was performed on archival hematoxylin and eosin-stained sections decolorized in 4% HCL and 96% alcohol. In two selected cases, sections of the striatum, including the tail of the caudate, were also processed for ubiquitin and N-terminal huntingtin immunohistochemistry.

If relevant, the pathological assessment also involved brain areas other than the neocortex and striatum and included as well modified Bielschowsky staining and/or immunohistochemistry as described above using monoclonal antibody AT8 against phosphorylated Ser-202 and Threonin-205 of tau protein (Innogenetics, Ghent, Belgium) (1:50), monoclonal antibody TAU-2 (Sigma, St Louis, MO) (1:1000), monoclonal antibody 6F/3D against amyloid β protein (DAKO) (1:10) after pretreatment with trypsin for 30 minutes followed by formic acid 85% for 60 minutes and/or a monoclonal antibody against α-synuclein (Zymed, San Francisco, CA) (1:100) after pretreatment as described above for the Nterminal huntingtin antibodies.

Assessment of the presence of NII and NI and neuropathological examination, including grading of disease severity according to the scheme of Vonsattel et al (49), revised in 1994 to include at-risk cases in addition to symptomatic cases (33), were undertaken by one of us (MM-S). The cases were assessed as grades 0–IV or as ungraded, the latter allowing for a confident pathological diagnosis of HD, but

with macroscopic descriptions and/or tissue sampling insufficient to reliably grade disease severity. In all cases, tissue assessments were carried out blind to the clinical and family history, genetic status and original neuropathological diagnosis. Grading and assessment of the presence of neocortical NII and NI were performed independently of each other.

For CAG repeat analysis, DNA was isolated from stored antemortal peripheral blood samples using the PUREGENETM nucleic acid purification chemistries and the AUTOPURETM Instrument (Gentra Systems, Minneapolis, MN) or from frozen or formalin-fixed (one case) brain tissue using the QIAamp® DNA Mini Kit (QIAGEN, Venlo, the Netherlands) according to the manufacturer's instructions. Formalin-fixed brain tissue (25 mg samples) was prewashed with phosphate buffer solution. Polymerase chain reaction (PCR) amplification of the CAG repeat was performed according to standard procedures. The following primers were used: HD1-FAM: 5′-ATGAAGGCCTTCGAG TCCCTCAAGTCCTTC-3′; HD2: 5′-AA ACTCACGGTCGGTGCAGCGGCTC CTCAG-3′; HD3: 5′-GGCGGTGGC GGCTGTTG CTGCTGC-3′. HD1 and HD2 were used to amplify the CAG repeat including the CCG repeat, and HD1 and HD3 to amplify the CAG repeat alone. PCR products were electrophoresed on the ABI PRISMTM 310 Genetic Analyzer (Applied Biosystems, Foster City, CA) in the GeneScan Analysis mode. Data were processed with GeneScan AnalysisTM software (Applied Biosystems) and downstream analysis was performed in Genotyper Fragment AnalysisTM software (Applied Biosystems). The repeat contains 6–26 CAGs in normal, stable alleles; 27– 35 CAGs in large normal, but expandable alleles; 36–39 CAGs in expanded alleles with reduced penetrance; and ≥40 CAGs in fully penetrant alleles (45).

RESULTS

HD NII/NI $(n = 195)$. Tissue specimens and/or archival paraffin sections of the neocortex were available from 195/203 subjects. The antibody against ubiquitin and both N-terminal huntingtin antibodies detected NII as well as NI in 188 of these 195 cases (Figure 1). HD inclusions

were tau- and α-synuclein-negative. Neither HD NII nor NI were observed on the remaining seven brains (Table 1).

HD inclusions and clinical diagnosis $(n = 195)$. A positive or tentative clinical diagnosis of HD was made in 186/188 inclusion-positive cases, supported in the vast majority of cases by a positive or suspect family history. The remaining two cases with HD inclusions were at risk. Of the seven inclusion-negative cases, three had a tentative clinical diagnosis of HD and four were at risk of inheriting the disease (Table 1).

HD inclusions and retrospective HD pathology assessment (n = *190/195).* In 190 cases, including 183 with and seven without neocortical HD inclusions, striatal tissue was available for review. Pathological changes of $HD \geq grade I$ were observed in 182/183 inclusion-positive cases. The remaining case did not show HD pathology (grade 0). Of the seven inclusionnegative cases, six were free of HD pathology, whereas one case showed HDlike pathology (Table 2).

CAG repeat length and HD inclusions (n = *85/195)/retrospective HD pathology assessment (n* = *84/190).* In 81 inclusionpositive and four inclusion-negative cases, CAG repeat analysis could be performed. All of the 81 inclusion-positive cases had expanded repeats [five (CAG) _n 39; 65 $(CAG)_{n}$ 40–49; nine $(CAG)_{n}$ 50–59; two (CAG) _n 80–89] [range (CAG) _n 39–86]. HD pathology assessment was possible in 80 of these cases and revealed pathological changes of the disease \ge grade II. The repeats of the four inclusion-negative cases were within the normal range. These cases did not show HD pathology (Table 2).

Retrospective and original pathological diagnosis (n = *184/190).* A record of the original pathological assessment was available in 184/190 cases retrospectively evaluated for HD pathology. Of these, 177 cases were inclusion-positive and seven were inclusion-negative.

Discrepant retrospective and original pathological diagnosis (n = *18/184)*

Inclusion-positive cases. Thirteen of 177 inclusion-positive cases, including one of

Figure 1. Neuronal intranuclear inclusions (**A–C**) and neuropil inclusions (**D–F**) in the neocortex of the brains of two at-risk individuals with grade I (**A,B,D,E**) and grade 0 (**C,F**) HD pathology, respectively. Immunostaining was performed with an antibody against ubiquitin (**A,D**) and antiserum H7 (**B,E**) and antibody 5374 (**C,F**) both directed to the N-terminus of huntingtin. Scale bar (**A–F**) 10 µm.

†ubiquitinated N-terminal huntingtin-positive neuronal intranuclear and neuropil inclusions; + = positive; − = negative; S = suspect; U = unknown; NR = not reported; ND = not determined. ‡102 males and 86 females, age at death 11–88 years (mean 57.4 years).

§Years after autopsy, DNA was obtained from the parents of one of these cases (case 9, Table 3). The father appeared to have an intermediate CAG repeat length.

¶Two males and five females, age at death 55–90 years (mean 67.8 years).

Table 1. Clinical and genetic data of 195 cases with immunohistochemical analysis for Huntington's disease (HD) inclusions.

		Pathological diagnosis of HD							
		Retrospective diagnosis				Original diagnosis			
HD inclusionst		\div		HD-like	NP	$\boldsymbol{+}$	$+2$		NR
Positive	188	183‡	Ω	0	5	162	4	13	9
Negative		$\mathbf{0}$	6	1 ₅	Ω	$1\overline{S}$	Ω	6	Ω
t ubiquitinated N-terminal huntingtin-positive neuronal intranuclear and neuropil inclusions; $t =$ positive; $-$ = negative; +? = questionable; NP = not possible; NR = not reported. #Vonsattel et al's grade (33, 49): 0 (1), I (4), II (36), III (93), IV (36), ungraded (13). §Same case.									

Table 2. Retrospective and original pathological diagnosis of Huntington's disease (HD) in 195 cases with immunohistochemical analysis for HD inclusions.

the two at-risk individuals with HD inclusions, had received an original pathological diagnosis negative for HD (Table 3). The latter individual was the only inclusionpositive case of our series not showing HD pathology on review. She had a genetically

confirmed family history of HD and died suddenly from pulmonary embolism at age 39. NI were readily detectable in the neocortex of her brain, but NII were scarce. The caudate, including the tail, and the putamen showed NII and occasional NI

(Figures 1 and 2). Attempts to extract DNA for CAG repeat analysis from formalin-fixed brain tissue of this case failed repeatedly both in our hands and elsewhere (D. Geschwind, pers. comm.). In another four inclusion-positive cases, the original diagnosis was questionable of HD (Table 3).

Inclusion-negative cases. One of the seven cases without HD inclusions had an original pathological diagnosis positive for HD. On review, a diagnosis of autosomal recessive chorea-acanthocytosis (ChAc) was made. This subject was the product of a consanguineous marriage and developed involuntary smacking movements of the tongue, difficulties in swallowing and a tendency to fall because of stretch spasms of one leg at age 38. In addition, the clinical history recorded choreiform movements, dysarthria, behavioral disturbances, intellectual decline and elevated serum creatine kinase levels. No mention was made of acanthocytes in the peripheral blood smear. She died at age 45. Her brain showed HD-like pathology with almost complete loss of small neurons and fierce astrocytic gliosis in the neostriatum. These changes were relatively less severe rostroventrally and in the dorsolateral part of the caudal putamen and the caudate tail. Oli-

†Reviewed by J-P Vonsattel (NY, USA).

‡Years after this patient's death, his father was shown to have an intermediate CAG repeat length.

§CERAD infrequent, Braak I/II (47).

¶CERAD infrequent, Braak III/IV (47).

††Considered related to an arteriovenous malformation.

‡‡Creutzfeldt-Jakob disease excluded by G Janssen (Utrecht, The Netherlands).

Abbreviations and symbols: NII/NI = ubiquitinated N-terminal huntingtin-positive neuronal intranuclear inclusions/neuropil inclusions; Grade = grade according to Vonsattel et al (33, 49); Chorea = choreiform movements (indicated if relevant); F = female; − = negative; + = positive; M = male; +? = questionable; Lac = lacunar; Str ascl = striatal arteriosclerosis; Men-enc = old meningo-encephalitis; S = suspect; U = unknown; AD = Alzheimer's disease; ChAc = chorea-acanthocytosis; CERAD = Consortium to Establish a Registry for AD; ND = not determined.

Table 3. Pathological, genetic, and clinical data of 18 cases with discrepant retrospective and original pathological diagnoses of Huntington's disease (HD).

godendrocytes were more numerous than may be usual in high-grade HD neostriatum (49). Immunohistochemical analysis for prion disease was negative. Recently, one of her children was found to have a heterozygous CHAC gene mutation, very likely causing aberrant protein production. The pathological, genetic and clinical data of the inclusion-negative cases are summarized in Table 4.

No original pathological diagnosis on record and/or no striatal tissue for HD pathology review $(n = 11)$ *.* A record of the initial evaluation was not available in 6/ 182 inclusion-positive cases showing histopathological changes of HD on review. One of these was the other of the two atrisk individuals with HD inclusions. The family history of this individual was suspect at the time of autopsy and confirmed both pathologically and genetically afterward. He did not show involuntary movements until the time of his death from pneumonia at age 49, but he did have "the psychic disturbances" of the disease according to his family. His brain showed grade I HD pathology. NII and NI were readily detectable in the neocortex (Figure 1) and neostriatum, including the tail of the caudate.

Striatal tissue for HD pathology review was not available in 5/195 inclusionpositive cases. Two of these were patients with an original pathological diagnosis of HD and three were patients without a record of the initial assessment. DNA analysis could be performed in one of the latter and revealed an HD CAG repeat of 50.

Other findings. Arteriosclerosis-related ischemic changes were observed in the striatum in 5/17 cases with a false negative or unjustly questionable original pathological diagnosis of HD. Two cases, including one of the latter, displayed pathological

changes of Alzheimer's disease. Evidence of an old meningo-encephalitis was observed in another case. Two brains harbored cerebral infarctions, also affecting the caudate in one case, and one brain had remnants of a cerebral contusion encroaching on the neostriatum (Table 3).

DISCUSSION

This study shows the sensitivity of HD inclusions in the confirmation of the diagnosis of HD. Both NII and NI were observed in the neocortex of the brains of 81/81 symptomatic subjects with expanded repeats. Some studies have reported a lack of either NI or NII or both in the neocortex of genetically established patients with HD (3, 7). However, our analysis concerns a large number of patients and the finding of a consistent association of HD inclusions and repeat expansion in these cases is in line with the results of several other reports (13, 17, 19,

†Partial agenesis of the corpus callosum [reviewed by H Vinters (LA, USA)].

‡CERAD moderate, Braak III/IV (47).

§CERAD moderate, Braak V/VI (47).

¶Differential diagnosis of Parkinson's disease symbol (25).

††Differential diagnosis of PSP.

‡‡Creutzfeldt-Jakob disease excluded by G Janssen (Utrecht, The Netherlands).

Abbreviations and symbols: Chorea = choreiform movements (indicated if relevant); F = female; M = male; - = negative; Hem = hemorrhage; S = suspect; Cong = congenital; + = positive; AD = Alzheimer's disease; +? = questionable; PSP = progressive supranuclear palsy; U = unknown; ChAc = chorea-acanthocytosis; CERAD = Consortium to Establish

a Registry for AD.

Table 4. Pathological, genetic and clinical data of seven cases without Huntington's disease (HD) neuronal intranuclear and neuropil inclusions.

Figure 2. Neuronal intranuclear inclusion (**A**) and neuropil inclusion (**B**) in the tail of the caudate of the brain of the at-risk individual with grade 0 HD pathology. Immunostaining was performed with antibody 5374 directed to the N-terminus of huntingtin. Scale bar (**A,B**) 10 µm.

40). None of the above studies included patients with grade 0 HD pathology.

HD inclusions have also been found in the brains of asymptomatic HD gene carriers (13, 16, 19, 37). Two such individuals were reported to harbor NII as well as NI in the neocortex. They had 42 and 48 repeats, respectively, and were 32 years old. Both had grade I HD pathology (13, 19, 37). The caudate tail was examined in another three cases and contained NII but not NI. One of these cases was a 44-yearold individual with 37 repeats, who died more than 30 years before the expected clinical onset (16). Both NII and NI were observed in the neocortex as well as the caudate tail of two at-risk cases of the present series. The brain of one of these individuals did not show histopathological changes of HD, but the presence of HD inclusions identified her as a possible HD gene carrier.

In HD Tg mice, the appearance of HD inclusions precedes both the onset of disease symptoms and the development of neurodegeneration (9, 10, 48). This sequence of events seems to be the case in human HD brain as well (13, 16, 19, 37, this study). However, when or where HD NII and NI, respectively, first appear in a particular brain remains a question. In addition, although clinical disease has not been reported in individuals with less than 36 CAG repeats, the repeat threshold for immunohistochemically detectable inclusion formation is not known. So far, the smallest repeat size reported to be associated with HD inclusions was found in an asymptomatic subject and amounted to 37 repeats (16). All other findings have concerned patients or asymptomatic individuals with CAG repeat sizes of 39 or over (3, 13, 16, 17, 19, 40, this study). Thus, the relation of HD inclusions and CAG repeat length needs further elucidation.

Seventeen inclusion-positive cases of this series had received an original pathological diagnosis either negative for, or questionable of, HD (Table 3). One of these cases was at risk of inheriting HD. The absence of HD pathology in this individual's brain precluded a correct diagnosis on conventional examination. Each one of the remaining 16 cases appeared to show pathological changes of the disease on review. However, factors liable to affect the accuracy of the histopathological evaluation of HD, that is, mild pathology, coincidental other neuropathology and atypical clinical features (51), were frequent among these cases (Table 3) and may have influenced the initial assessments. The usefulness of HD inclusion detection in such instances is obvious.

A growing number of neurodegenerative diseases, among others the triplet repeat disorders Huntington's disease-like 2 (HDL2), spinocerebellar ataxia (SCA) types 1–3, 7, and 17, and dentatorubralpallidoluysian atrophy (DRPLA), is associated with ubiquitinated NII (14, 18, 22, 24, 27, 28, 39, 44). HDL2 is nearly identical to HD both clinically and pathologically, including the presence of ubiquitin-positive NII in the neocortex. The disease is generally rare but almost as common as HD in black South Africans (28). The SCAs and DRPLA may overlap clinically with HD. Of these, particularly SCA17 and DRPLA may be associated with neostriatal neuronal loss and/or glio-

sis and also show ubiquitinated NII in the neocortex (1–3, 5, 15, 20, 42). N-terminal huntingtin immunohistochemistry may serve to distinguish HD NII from NII associated with other disorders. This also holds for the differentiation of neocortical HD NI from ubiquitin-positive, tau-negative neurites accumulating in this region in other conditions (4, 6, 11, 12, 27, 29, 32, 34). Charles et al (8) have demonstrated α synuclein immunoreactivity of NII and NI in HD patients and Tg mice. Observations by others in a cell culture system support this finding (50). However, HD inclusions did not immunostain for α-synuclein in the present study.

One case in the present study had an original pathological diagnosis positive for HD but no HD inclusions. On review, the diagnosis was amended to recessive ChAc. This condition shares clinical and pathological features with HD, including neostriatal neuronal loss and gliosis of the striatum (30, 36, 43). The absence of ubiquitinated NII and NI also distinguishes an HD phenocopy with HD-like pathology, proposed as HDL4, from HD (35). This disorder does not have a specific gene or mutation identified, nor does another HD phenocopy, HDL3. Bilateral caudate atrophy is seen on brain imaging in the latter, but there are no reports on the neuropathology of HDL3 (23). HD-like pathology is also a feature of the phenocopy HDL1. The association of HDL1 with an insertional mutation in the prion protein gene further illustrates the genetic heterogeneity of clinically diagnosed HD (31).

In summary, immunohistochemistry for the detection of HD inclusions may serve to support a pathological diagnosis of HD irrespective of the family history, clinical symptoms or the presence of histopathological changes of the disease. The absence of HD inclusions should caution the pathologist to make a diagnosis of HD. The pathological evaluation of HD should include immunohistochemical analysis for HD inclusions, which is of particular importance in the case DNA analysis is not feasible.

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