

Novel Lytic Phages Protect Cells and Mice against *Pseudomonas aeruginosa* Infection

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Journal of

MICROBIOLOGY VICOLOGV

AMERICAN SOCIETY FOR

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ABSTRACT With the fast emergence of serious antibiotic resistance and the lagging discovery of novel antibacterial drugs, phage therapy for pathogenic bacterial infections has acquired great attention in clinics. However, the development of therapeutic phages also faces tough challenges such as the laborious screening and time to generate effective phage drugs since each phage may lyse only a narrow scope of bacterial strains. Identifying highly effective phages with broad host ranges is crucial for improving phage therapy. Here, we isolated and characterized several lytic phages from various environments specific for Pseudomonas aeruginosa by testing their growth, invasion, host ranges, and potential for killing targeted bacteria. Importantly, we identified several therapeutic phages (HX1, MYY9, and TH15) with broad host ranges to lyse laboratory strains and clinical isolates of P. aeruginosa with multidrug resistance (MDR) both in vitro and in mouse models. In addition, we analyzed critical genetic traits related to high-level broad-host-range coverages by genome sequencing and subsequent computational analysis against known phages. Collectively, our findings establish that these novel phages may have potential for further development as therapeutic options for patients who fail to respond to conventional treatments.

IMPORTANCE Novel lytic phages isolated from various environmental settings were systematically characterized for their critical genetic traits, morphology structures, host ranges against laboratory strains and clinical multidrug-resistant (MDR) *Pseudomonas aeruginosa* isolates, and antibacterial capacity both *in vitro* and in mouse models. First, we characterized the genetic traits and compared them with those of other existing phages. Furthermore, we utilized acute pneumonia induced by laboratory strain PAO1 and strain W₁₉, an MDR clinical isolate, and chronic pneumonia by agar beads laden with FRD1, a mucoid-phenotype strain isolated from the sputum of a cystic fibrosis (CF) patient. Consequently, we found that these phages not only suppress bacteria *in vitro* but also significantly reduce infection symptoms and disease progression *in vivo*, including lowered bug burdens, inflammatory responses, and lung injury in mice, suggesting that they may be further developed as therapeutic agents against MDR *P. aeruginosa*.

KEYWORDS bacteriophage, antibiotic resistance, *Pseudomonas aeruginosa*, acute and chronic pneumonia, antibacterial efficacy, phage therapy

Citation Chen F, Cheng X, Li J, Yuan X, Huang X, Lian M, Li W, Huang T, Xie Y, Liu J, Gao P, Wei X, Wang Z, Wu M. 2021. Novel lytic phages protect cells and mice against *Pseudomonas aeruginosa* infection. J Virol 95:e01832-20. https://doi.org/10.1128/JVI.01832-20.

Editor Julie K. Pfeiffer, University of Texas Southwestern Medical Center

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Address correspondence to Zhenling Wang, wangzhenling@scu.edu.cn, or Min Wu, min.wu@und.edu.

Received 17 September 2020 Accepted 4 January 2021

Accepted manuscript posted online 20 January 2021 Published 25 March 2021 P seudomonas aeruginosa, a significant Gram-negative pathogen, is commonly related to hospital-acquired pneumonia (HAP), particularly in individuals with cancer, cystic fibrosis (CF), ventilator-associated pneumonia, or other infectious diseases (1). A study described that *P. aeruginosa* was the second most common cause of HAP in the United States, accounting for 14% to 16% (2). Similarly, according to the China Antimicrobial Surveillance Network (CHINET) (http://www.chinets.com/), in 2019, *P. aeruginosa* was recorded as the third most common pathogen isolated from specimens of the airway tract and the fourth most common bacterium from skin infectious wounds in hospitals. In addition, *P. aeruginosa* is also the third main contributor to urinary tract infections in patients who had frequently received broad-spectrum antibiotics (3).

Critically, *P. aeruginosa*, especially multidrug-resistant (MDR) strains, defined as being resistant to \geq 3 agents of different antimicrobial classes, has become a life-threatening pathogen (4, 5). According to the U.S. Centers for Disease Control and Prevention (CDC) (https://www.cdc.gov/), at least 2.8 million Americans were infected with antibiotic-resistant (AR) bacteria or fungi, causing more than 35,000 deaths each year. Carbapenem antibiotics, including imipenem and meropenem, are the last resort for the treatment of severe Gram-negative bacterial infection. However, in 2019, clinically isolated *P. aeruginosa* from Chinese tertiary hospitals showed high-level resistance to imipenem (27.5%), next to *Acinetobacter* and *Klebsiella*, and meropenem (23.5%), ranking only second to *Acinetobacter*, in accordance with CHINET surveillance data (6, 7). Meanwhile, according to the CDC, the average incidence of carbapenem-resistant *P. aeruginosa* in the United States was 19.2%, which is also next to *Acinetobacter* (49.5%) among health care-associated infections (HAIs), in 2014 (8). Hence, it is of high urgency to develop novel effective drugs to control refractory infections caused by MDR *Pseudomonas*.

Bacteriophages (here phages) are viruses coexisting and coevolving with bacteria and other microorganisms, which are omnipresent and extraordinarily abundant in the microbial ecosystems of water, soil, and sediment, at $\sim 10^{31}$ individual particles (9, 10). Defined as natural predators of bacteria, fungi, or archaea, phages can specifically invade and destroy their hosts (7). At present, comparative genomic analysis of novel lytic phages is one of the key approaches for determining their potential for clinical applications. Being the most abundant biont on earth and owing to the ability to lyse host populations, phages have long been considered to have potential utility as favorable therapeutic agents. Consequently, phage therapy is deemed an innovative, alternative, and nonantibiotic treatment to control severe infections by MDR bacteria, against which the currently available antibiotics have lost their efficacy.

Although phage therapy was popular in eastern European countries before the 1940s, it has been forsaken for years in the Western world because of the advent of antibiotics and their inherent disadvantages, such as the lack of control of quality, narrow host ranges, and so on (1, 11). It has also been proven that phages can shape the microbial ecology and evolution of pathogens by the means of adaptive immune systems, CRISPR (clustered regularly interspaced short palindromic repeats)-Cas (CRISPR associated), and anti-CRISPR proteins (Acrs) that counteract CRISPR-Cas (12, 13). Recent accumulating research from academic communities and pharmaceutical companies has acclaimed phage therapy as a viable alternative treatment due to the limited side effects, low drug resistance, and effective pharmacodynamics in vitro and in vivo. For instance, a recent report revealed that a 15-year-old patient suffering from CF and an unmanageable Mycobacterium abscessus infection was challenged with a three-lyticphage cocktail after a bilateral lung transplantation operation, which showed great tolerance to phages and an inspiring improvement in clinical symptoms (14). Hence, phage therapy has regained great attention to treat serious infections caused by MDR pathogenic microorganisms due to the widespread improper application and abuse of antibiotics.

In order to search for effective and broad-target therapeutic phages, we set out to isolate and purify *P. aeruginosa* phages from community and hospital sewage as well



FIG 1 Positive targeting rate of phage detection and isolation from the different types of sampling locations using *P. aeruginosa* laboratory strains PAO1, ATCC 27853, and PA14 as the hosts. The data are presented as means \pm standard deviations (SD), and unpaired Student's *t* test was applied to compare differences between the two groups. "*" indicates a *P* value of <0.05.

as feces from farms using an efficient double-agar-layer method. In addition, aiming to further identify the characteristics of new lytic phages, we analyzed their genomes, morphology structures, and host ranges. We next identified the phage candidates that can effectively kill clinical isolates of MDR P. aeruginosa that cause refractory infection. Next, we employed acute and chronic bronchopulmonary infection mouse models through airway delivery of P. aeruginosa. Two strains were employed to establish acute pneumonia, including laboratory strain PAO1 and W₁₉, an MDR clinical isolate. The cell aggregates used for the development of chronic pneumonia are based on agar beads laden with clinical isolate FRD1, a mucoid-phenotype strain that was noted for its high mucus yield with a mucA mutation separated from a CF patient's sputum, which mimics the pathogenesis of human inflammatory disease (15-18). As expected, several highly effective phages that target relatively broad-range hosts were identified as potential killers of MDR bacterial strains. Indeed, we validated that these phages exhibit strong antibacterial effects on acute and chronic pneumonic mice infected with P. aeruginosa, which may have promise to treat clinical patients with severe infections as compassionate therapies.

RESULTS

Isolation of phages from different environments. Considering sites for collecting phages, sampling from hospital effluent was found to be optimal because of the characteristics of the ecological microenvironment in hospitals. Here, to increase the diversity of phage species, we extensively sampled from wild environments, not only in hospital sewage but also in poultry farms and stagnant pools in the community. By comparing phages sampled from different sources, we observed that the positive rate of phage detection and isolation from farms was lower than in hospitals (90.9%), despite remaining at high levels (up to 72.2%), as shown in Fig. 1.

Morphological and structural characteristics of phages. Using PAO1 and ATCC 27853 as host strains, we successfully isolated several phages, named HX1, MYY9, MYY16, and TH15. All of these phages are capable of forming clear plaques on a lawn of their host cells, indicating that they may be lytic phages. Table 1 summarizes details of all identified phages, including sources of isolation, host bacteria, plaque morphologies, plaque diameters, infectivities (percentages) of and laboratory strains clinical isolates of MDR *P. aeruginosa*, as well as transmission electron microscopy (TEM) images. Although MYY16 infected more strains (70.97%) than TH15 (58.06%), MYY16 exhibited weaker bactericidal effects and less clear plaques than TH15 and other phages.

Using TEM analysis, we observed that all phages had icosahedral heads. In addition,

Phage	Source of Isolation	Isolation <i>P.</i> <i>aeruginosa</i> Host	Infectivity (%) of Infected Strains	Plaque Morphology and Diameter (mm)	Images of TEM
HX1	Sewage Treatment System in Hospital	PAO1	87.10%	Diameter: 8.18±0.89	
МҮҮ9	Farms	PAO1	87.10%	Diameter: 7.83±1.02	
MYY16	Farms	PAO1	70.97%	Diameter: 4.49±1.4	Q
TH15	A Stagnant Pool	ATCC27853	58.06%	Diameter: 2.03±0.49	_00

TABLE 1 Host ranges	and morphologie	es of the four pha	ages identified in	this study ^a

^aPhages were isolated from various environments: sewage treatment systems in hospitals, feces of poultry, and stagnant pools. The infectivity (percent) of the phages was calculated based on the host ranges (Fig. 4). Phages exhibited clear plaque morphologies with different diameters in double-agar plates with the *P. aeruginosa* host. TEM images of phages that were negatively stained by 2% phosphotungstic acid are also shown. Bars at the bottom right, 50 nm.

TH15 had a contractile tail, suggesting that it belongs to the order *Caudovirales* and the family *Myoviridae*. Other phages, MYY9, HX1, and MYY16, possessed a short tail, belonging to the order *Caudovirales* and the family *Podoviridae* according to the International Committee on Taxonomy of Viruses (ICTV). In addition, TH15 had a capsid symmetry length of approximately 68.38 nm and contractile tails of approximately 99.7 nm in length. Furthermore, the intact HX1 particles also contained an ~51.5-nm-diameter icosahedral head and a short tail of ~15.0 nm in length, while MYY9 and MYY16 had ~54.7- and ~57.5-nm-diameter icosahedral heads, with short tails of 28.1 and 17.2 nm in length, respectively, as shown in Table 1. Finally, Table 2 summarizes the morphological features of phages from the TEM analysis.

Sequencing analysis of lytic phage genomes. To gain an understanding of the genetic traits of the new phages, we chose three of the four phages to perform genome sequencing analysis based on the infectivity of lysed cell types, levels of clear-plaque formation, and the capacity for modulating the growth status of their hosts. As

Phage	Host	Mean capsid diam (nm) ± SD	Mean tail length (nm) ± SD	Family	Order
HX1	PAO1	51.46 ± 2.89	15.00 ± 1.42	Podoviridae	Caudovirales
MYY9	PAO1	54.70 ± 2.17	$\textbf{28.10} \pm \textbf{0.98}$	Podoviridae	Caudovirales
MYY16	PAO1	57.50 ± 3.52	17.17 ± 1.57	Podoviridae	Caudovirales
TH15	ATCC 27853	68.38 ± 3.31	99.72 \pm 3.81 (contractile)	Myoviridae	Caudovirales

TABLE 2 Summarized information on phage morphological characteristics for the TEM images^a

^aThe diameter of each phage icosahedral head and the length of the tail were measured using ImageJ software. The orders and families to which the phages belong are indicated.

a result, HX1, MYY9, and TH15 qualified for additional assessments and showed a strong cleavage ability or a broader host range, making them potential therapeutic candidates. The whole genomes of phages were detected by Illumina NovaSeq (Tsingke, Beijing, China), and analysis results are summarized in Fig. 2 and Table 3.

Analysis of the features of phage HX1 and MYY9 genomes. We noted that MYY9 and HX1, belonging to the same family, *Podoviridae*, shared highly similar features: they had 97.84% identical sequences by primary amino acid sequencing analysis and were closely related to a lytic Pseudomonas phage, PAXYB1, a "phiKMV-like" phage by BLASTn analysis, which was isolated from wastewater samples (GenBank accession number NC_047952.1) (19). First, HX1 and MYY9 consisted of circular double-stranded DNA (dsDNA) molecules of 43,113 bp and 43,005 bp accompanied by GC contents of 62.24% and 62.21%, respectively. Second, eight different restriction endonucleases showed the ability to digest MYY9 DNA, while seven showed the ability to digest HX1. Bioinformatics analysis of the phage genomes identified 52 putative coding sequences (CDSs) in MYY9. Also, 51 of the CDSs were transcribed in a forward orientation, but 1 was transcribed in reverse, while 53 CDSs were identified in HX1, and all CDSs had a forward orientation. Third, in MYY9, 44 CDSs can start translation with an AUG start codon, 8 CDSs can start with GUG, and none can start with UUG, while 47 CDSs initiate with an AUG, 6 CDSs initiate with GUG, and none initiate with UUG in HX1 (Fig. 2 and Table 3).

According to the amino acid sequences and homology to functional domains aligned with known phages, we predicted the putative products of the CDSs and categorized them into four modules, including structural proteins (blue), such as tail fiber components/proteins and capsids and scaffold proteins; nucleotide synthesis proteins (turquoise), such as the coding DNA polymerase III alpha subunit, DNA helicase, and so on; putative lytic enzymes (red); and hypothetical proteins (brown), as shown in Fig. 2. Finally, none of the tRNA genes were detected in both genomes using the tRNAscan-SE program, indicating that the isolated phages possibly utilize the host tRNA machinery to synthesize proteins (20). No CDSs that are associated with drug resistance, human virulence genes, or lysogenization, such as site-specific integrases or repressors, were noticed, which may benefit drug development.

We considered that HX1 and MYY9 may be new members of the "phiKMV-like" phage genus using genomic analysis. Briefly, we compared HX1 and MYY9 sequences with those of two members of this genus, MPK7 and phiKMV, and found that all genomic architectures exhibited high similarity in base pair content and length, comprising a conservative colinear area, while the less conserved regions were located in the early middle cluster, sharing a few discrepancies (Fig. 3). Overall, these analyses supported that horizontal gene transfer (HGT) and host gene integration events might rarely occur in this genus, which is in line with previous studies (21, 22).

Features of the phage TH15 genome. TH15 was characterized as having a circular dsDNA molecule, and the genome had a size of 65,936 bp and a GC content of 55.57%. TH15 contained nine different restriction endonucleases. TH15 was found to be closely related to a lytic *Pseudomonas* phage, PB1-like lytic phage vB_PaeM_SCUT-S1, which was also assigned to the *Myoviridae* family (GenBank accession number NC_048745.1) (20). Next, a total of 93 CDSs were identified, 50 of which had a leftward orientation and 43 of which had a rightward orientation. Additionally, the majority of all CDSs can initiate translation with an AUG, 8 CDSs started with GUG, and only one started with



FIG 2 Functional gene maps of phages HX1 (a), MYY9 (b), and TH15 (c) prepared using SnapGene software. The different-colored arrows show the CDSs of the phages and their transcription direction. The putative products of each CDS were predicted and divided into four modules, including putative structural proteins, nucleotide metabolism proteins, putative lytic enzymes, and proteins with hypothetical function.

				No. of	No. of CDSs			
		Total	GC	restriction	Structure	Nucleotide	Lytic	Hypothetical
Phage	Host	length (bp)	content (%)	endonucleases	proteins	synthesis	enzymes	function
HX1	PAO1	43,113	62.24	7	7	11	3	32
MYY9	PAO1	43,005	62.21	8	7	11	3	31
TH15	ATCC 27853	65,936	55.57	9	11	9	1	72

TABLE 3 Summarized data on phage genome features and comparison of three phages^a

^aThe putative coding sequences (CDSs) were identified and divided into four modules using bioinformatics analysis. The numbers of CDSs in each module are listed.

UUG. The putative products predicted for each CDS are shown in Fig. 2. Finally, no tRNA genes or any risk genes were detected in its genome.

Identification of broad-host-range phages. We next evaluated these phages' host spectra by using spot plaque testing with an undiluted phage stock (approximately 10⁹ PFU/ml). The bacteria that were used include 24 clinically isolated *P. aeruginosa* strains that were resistant to meropenem and/or aztreonam and 7 laboratory strains belonging to different serotypes (see Table S1 in the supplemental material). The results are referred to as three categories: clear zones (red), turbid zones (orange), or no zones (gray) (Fig. 4). We defined clear and turbid zones as having effects on bacterial growth, indicating different levels of bacterial lysis. As a result, we measured the efficiency of each of the phages infected with the different bacteria that are listed in Table 1. We found that phages HX1 (87.10%), MYY9 (87.10%), and MYY16 (70.97%) have relatively broad host ranges and may have potential for future therapeutic applications.

Bactericidal effects of the phages in vitro. The bacteriolytic activities of three phages (HX1, MYY9, and MYY16) were evaluated using PAO1 and clinical isolates W₁₉ and FRD1 at different multiplicities of infection (MOIs) in vitro (Fig. 5). The infection assays of phages HX1, MYY9, and MYY16 (used as a negative control) against PAO1 that were used to isolate them from the environment were performed at 37°C (Fig. 5a to c). Our results showed that even at an MOI of 0.000001, both HX1 and MYY9 could effectively inhibit the growth of PAO1, keeping the optical density at 600 nm (OD_{600}) at approximately 0.3 within 10 h (Fig. 5a and b). In contrast, Fig. 5c indicates that when the MOI was \leq 1, MYY16 had no overt impact on the growth of PAO1. In addition, when the MOI was 0.01, there were no differences between the growth control (GC) group and the MYY16-treated group (Fig. 5c). Compared to MYY16, MYY9 and HX1 exhibited strong abilities to modulate PAO1 growth when the MOI was 1 (Fig. 5d). Next, the inhibitory effects of HX1 and MYY9 against W₁₉ (Fig. 5e and f) and FRD1 (Fig. 5g and h) revealed the strong potential to impede bacterial growth but to different extents. These data demonstrated that HX1 and MYY9 may be potential candidates for phage therapy of clinical diseases.



FIG 3 Comparative genome analysis reveals that HX1 and MYY9 are new members of the "phiKMV-like" genus. The analysis was performed using Mauve and genoPlotR software. The genomes of MPK7 and phiKMV were available in the GenBank database. The CDSs from HX1 are shown as boxes in parallel approximately to scale at the top. Colored bars indicated nucleotide syntenic blocks, while white spaces between colored bars are the missing regions. Gray shading indicates homologous regions.



FIG 4 Host ranges of each phage against laboratory and clinical *P. aeruginosa* strains (see Table S1 in the supplemental material). A spot test was performed with a 5- μ l undiluted phage stock (approximately 10⁹ PFU/ml). Results were evaluated as "not clear" when no inhibition zone was observed, while they were evaluated as "clear" and "turbid" when completely clear and turbid inhibition zones were observed, respectively. The experiment was performed at least three times.

Determination of endotoxins. Endotoxin, or lipopolysaccharide (LPS), is a component of the Gram-negative bacterial outer membrane and is widespread in crude phage lysates. Endotoxin may induce immune responses, in particular innate immunity (23). Here, we tested the pyrogen effects of the crude phages and found that the levels of endotoxin were exceptionally high, up to $1,370.3 \pm 130.0$ endotoxin units (EU)/10⁹ PFU. However, we made purifications of the phages, leading to a significant reduction of the LPS quantity, $\sim 71.5 \pm 20.2$ EU/10⁹ PFU (Fig. 6a). Hence, the level of pyrogen carried by the phages may not cause an obvious adverse response.

Phage therapy reduces bacterial loads in lungs of mice with acute pneumonia. Intratracheal instillation of *P. aeruginosa* was performed to induce mouse acute pneumonia. The challenge dose of PAO1, approximately 5×10^6 CFU, was proven to be an effective dose since high bacterial loads were normally achieved, and it caused systemic dissemination within 24 h. The phage-treated groups with intratracheal instillation exhibited significant decreases in bacterial counts by approximately 3.21 log units for MYY9 and HX1, whereas small decreases of approximately 1.25 log units for MYY9 and 0.57 log units for HX1 were observed in groups treated via tail vein injection. (Fig. 6b and c). To examine whether phage-mediated bacterial lysis may occur in the lung, we determined the phage titers (PFU per milliliter) in infected lungs (Fig. 6d and e). As expected, the phage loads obviously increased compared to those of controls without infection by PAO1. We successfully established acute pneumonia models utilizing clinical isolate W_{19} , whose effective dose was approximately 1×10^6 CFU, and observed that phage therapy also reduced the bacterial colonies in infected lungs (approximately 4.07 log units for MYY9 and HX1) (Fig. 6f).

Phage therapy alleviates bacterial loads and inflammatory responses in chronic pneumonia mouse models. The challenge dose that ensured an effective colony under the condition of no mortality was determined by repeated experimental exploration. Bacterial loads (CFU) were monitored over 7 days, as shown in Fig. 7a. While at 3 days postinfection (dpi), all mice were stably infected by FRD1, some mice cleared the bacteria, leading to a CFU decrease to 4.67 log units, but the majority developed a stable chronic infection after this time point. Moreover, bacterial loads increased (approximately 1.06 log units) at 4 dpi because of the possible influence of the anesthesia operation. After 3 dpi, compared to the controls, a statistically significant reduction in bacterial loads was observed in the phage-treated groups at all time points.



FIG 5 Infection assay of the phages against *P. aeruginosa in vitro*. (a to c) Bactericidal effects of HX1, MYY9, and MYY16 independently against their host strain PAO1 at different multiplicities of infection (MOIs). (d) Comparison of antibacterial activities of phages HX1, MYY9, and MYY16 against host strain PAO1 at an MOI of 1. (e to h) Inhibition of bacterial growth by HX1 and MYY9 against clinical isolates with the multidrug resistance *P. aeruginosa* strain W_{19} (e and f) and high-mucus-yield strain FRD1 (g and h). The experiment with the growth control (GC) group was conducted by adding equal volumes of SM buffer. The optical density (OD_{600}) was recorded every 10 min. Data are calculated as the means (±SD). The experiment was repeated three times.

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FIG 6 Antibacterial efficacy of phages HX1 and MYY9 against *P. aeruginosa* infections in mouse acute pneumonia models. (a) The levels of endotoxin were determined in crude phage lysates and preparations after the purification procedures. (b and c) Phage HX1 and MYY9 therapy via intratracheal instillation or tail vein injection reduced bacterial loads (CFU) in infected mouse lungs 24 h after challenging the host with strain PAO1. (d and e) The phage titers (PFU) in infected lungs of mice treated by intratracheal instillation (d) and tail vein injection (e) were enumerated. (f) Phage HX1 and MYY9 therapy via intratracheal instillation infected mouse lungs 24 h after challenge with the multidrug-resistant *P. aeruginosa* clinical isolate W_{19} . The lower limit of detection is 2 log₁₀ units. Each group contained at least three mice. The data are presented as means (±SD), and unpaired Student's *t* test was applied to compare differences between two groups. "*" indicates a *P* value of <0.05.

Specifically, the bacterial count in the treatment group decreased by 4.735 log units at 4 dpi and by 3.743 log units at 5 dpi. At 7 dpi, no bacteria were detected in the treatment group (Fig. 7a).

Curves of phage titers (PFU) in infected lungs over time in the treatment group revealed dynamic changes *in vivo*. The phage titer decreased after 24 h (4 dpi), which indicated that all of the phages entering the body could not be totally utilized. Moreover, PFU decreased with the elimination of bacteria at 5 dpi and 7 dpi (Fig. 7b).

Lung inflammation has been shown to be closely related to increased cytokine levels. The cytokine profile that we selected in bronchoalveolar lavage fluid (BALF) of FRD1-infected mice was enormously different from that of the uninfected controls (Fig. 7c). The levels of the proinflammatory cytokines tumor necrosis factor alpha (TNF- α) and interleukin-6 (IL-6) were significantly increased, by approximately 401.90 pg/ml and 906.25 pg/ml, respectively, in FRD1-infected mice compared to sham controls. It was found that TNF- α levels increased mildly in the group of uninfected animals treated with phages (sham plus phage) from 4 dpi to 7 dpi, while IL-6 levels increased at 4 dpi only, suggesting that TNF- α and IL-6 responses were slightly induced by phages. Furthermore, the synthesis and release of TNF- α and IL-6 were decreased at all of the time points in the phage-treated group (MYY9), indicating that phage therapy can alleviate inflammatory reactions due to the subdued infection (Fig. 7d and e).

Histopathological analysis of lungs in chronic and acute pneumonia. The histopathology of mouse lungs persistently infected with the FRD1 strain, as determined by light microscopy, showed that the infection is plurifocal. First, there was no obvious pathological damage in mice that received only phage therapy compared with normal

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FIG 7 Therapeutic efficacy of phage MYY9 against high-mucus-yield *P. aeruginosa* clinical isolate FRD1 infections in chronic pneumonia mouse models. (a) Curves of bacterial loads (CFU) in infected lungs over time in the model group (PBS) and the treatment group (MYY9) when the MOI is 1. (b) Curves of bacteriophage titers (PFU) in infected lungs over time in the treatment group (MYY9). (c) Cytokine concentrations in BALF in chronic pneumonia models. (d and e) Concentration dynamics of selected inflammatory biomarkers (TNF- α and IL-6) in BALF over time. "#" indicates the time point of phage treatment, while "*" indicates a *P* value of <0.05. The lower limit of detection is 2 log₁₀ units. Each group contained at least three mice. For each panel, data represent the means (\pm SD).

ones, suggesting that phages entering the body do not induce an overt immune response (Fig. 8a). However, an agar bead could be visualized in the bronchial lumen; microcolonies of the bacterium existed in it, which induced strong inflammatory cell responses, and the bead was filled with massive neutrophils (Fig. 8b). Figure 8c shows that FRD1 had a huge potential to stimulate a diffuse inflammatory cell infiltrate, which contained macrophages, lymphocytes, and neutrophils, at 3 dpi. The phage therapy group showed milder inflammatory responses with few cell infiltrations and weaker tissue damage signs whether in the lung mesenchyme or parenchyma at 24 h (4 dpi), 48 h (5 dpi), and 96 h (7 dpi) posttherapy (Fig. 8d to f).

As for acute pneumonia models, in normal lungs (instillation of phosphate-buffered saline [PBS]) as controls, mice infected with PAO1 suffered more serious lung damage, including diffuse inflammatory cell infiltration, edema, and severe hemorrhage, as well



FIG 8 Histopathological analyses (H&E staining) of inflammatory responses and lung injury following infection with FRD1. (a) The MYY9 group, which was challenged with the therapeutic dose of phage MYY9 alone and no bacterial infection, exhibited no differences compared with normal controls. (b) *P. aeruginosa* FRD1-laden agar beads colonized the respiratory tract, leading to massive inflammatory cell responses (blue arrow). (c) Phage-untreated group 3 days after infection by FRD1 (3 dpi). (d to f) Lung tissues from the phage-treated group at different time points: 4 dpi (after 24 h of phage therapy) (d), 5 dpi (after 48 h of therapy) (e), as well as 7 dpi (after 96 h of therapy) (f). Compared to the untreated group, the treatment group shown greatly attenuated inflammatory cell infiltration in the perivascular and peribronchial areas. All photos were taken at a magnification of ×200 by an optical microscope. Bars, $50 \,\mu$ m.

as integrity loss (Fig. 9a and b). However, tissue damage signs in the phage therapy groups improved significantly (Fig. 9c). Finally, to eliminate the interference of endotoxin, we set up a group that received only phages, which showed no difference from the normal lung tissue (Fig. 9d). The total pathology scores, representing individual grades of disease, were assessed in a double-blind manner, suggesting that bacterial infection induces significant tissue injury and that phage therapy effectively alleviated inflammation-induced tissue damage (Fig. 9e).

DISCUSSION

P. aeruginosa is an important antibiotic-resistant (AR) priority pathogen since it possesses three major mechanisms to counter antibiotic attack: intrinsic resistance, adaptive resistance, and immune evasion (5, 20, 24, 25). Importantly, nearly all acute or chronic hospital-acquired infections and pneumonias caused by *P. aeruginosa* are associated with AR (26). With emerging AR, an increasing number of researchers are refocusing on phage therapy against a "superbacterium." To this end, we isolated and characterized four lytic phages with broad host ranges targeting clinical isolates of MDR *P. aeruginosa* using the laboratory strains PAO1 and ATCC 27853 as the hosts.



FIG 9 Histopathological analyses of inflammatory responses and lung injury in mouse acute pneumonia models and therapeutic efficacy with phage MYY9 via airway administration. (a) Histological morphology in a normal mouse. (b) Representative mouse lung infected with PAO1 showing diffuse inflammatory cell infiltration (blue arrow), edema (green arrow), serious hemorrhage (black arrow), and integrity loss (red arrow). (c) Phage MYY9-treated mouse lung 2 h after infection with *P. aeruginosa* (MOI = 1). (d) Phage MYY9 alone was also used to test the effect of the endotoxin's potential tissue-damaging and inflammatory responses. (e) The total pathology scores were assessed in a double-blind manner by different researchers (0 to 4, mild pneumonia; 5 to 7, moderate pneumonia; 8 to 10, severe pneumonia). All of these photos were taken at a magnification of $\times 200$ by an optical microscope. Bars, 50 μ m.

Specifically, our study analyzed phage morphologies, genome architectures, host ranges, safety, and antibacterial capacity both *in vitro* and *in vivo*, which characterized several potential therapeutic phages for future development.

Traditionally, spot tests and plaque assays are viable approaches to isolate and purify phages from the biosphere (27, 28). In addition, virion structure observation via TEM is still the most widely used criterion for phage classification (29). The order *Caudovirales* containing the tailed phages is comprised of three families: *Myoviridae*, *Siphoviridae*, and *Podoviridae* (30). Thus far, characterized phages for *P. aeruginosa* have covered all families of the *Caudovirales*, and the families *Myoviridae* and

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Podoviridae were found to constitute the majority (1, 30). TEM analyses indicated that HX1, MYY9, and MYY16 belong to the *Podoviridae* family, whereas TH15 belongs to the *Myoviridae* family, consistent with previous studies.

To investigate whether these phages are bona fide therapeutic candidates with high efficacy, we performed genome sequencing and analyzed their genetic features. This ensured that there is no potential risk involving toxins, virulence factor-coding genes, lysogenic genes, AR genes, and the ability to integrate into the host genome. Indeed, analysis of genetic features revealed that all phages not only lacked these hazardous genes but also had putative lytic-enzyme-coding genes (31). Particularly, MYY9 and HX1 belonged to the "phiKMV-like" genus, which is dependent on functional type IV pili (TFP) for infections (32, 33). Moreover, this genus was highly inclined to develop phage drugs because of its broad host ranges, even across some other genera, and the generation of a lysis cassette and enzymes that interfere with targeted bacterial metabolism or regulate cell lysis potency (22, 34, 35).

Meropenem and aztreonam, belonging to the carbapenem and β -lactam antibiotic classes, respectively, are the most common drugs to treat Gram-negative MDR bacterial infection. Therefore, we employed clinical *Pseudomonas* strains resistant to these antibiotics isolated from infectious wounds, the urinary tract, sputum, and BALF to test phage host spectra since they exhibited different levels of toxins and adhesins associated with virulence, colonization ability, and biofilm formation. In addition, we tested laboratory strains that belong to the most prevalent serotypes seen in clinics since serotyping is a critical method for *P. aeruginosa* typing (36–38). As expected, all the phage candidates shared relatively broad host coverages and may be useful for therapeutic applications. We used spot tests rather than efficiency-of-plating (EOP) assays in this study because the ratios of EOP values were positively correlated with plaque clarity in spot tests, and both methods were suggested to be complementarily applied for testing bacterial coverage (39).

With respect to antibacterial efficacy *in vitro*, three phages showed a strong ability to prevent host growth in a dose-dependent manner. Moreover, we tested the inhibitory effects of HX1 and MYY9 on the W_{19} and FRD1 clinical strains that were intended to induce acute and chronic lung infections, respectively. Remarkably, these data indicated that both phages had significant inhibitory effects on the growth of W_{19} and FRD1 and may be tested as promising antimicrobial agents for *P. aeruginosa*.

Previous studies about the therapeutic potential of lytic phages often used mouse models with various pathogens, such as *Klebsiella pneumoniae, Staphylococcus aureus, Elizabethkingia anophelis*, and *Acinetobacter baumannii* (40–43). Moreover, the majority of these infection models are acute pneumonia, while relatively less is done in skin infection models, sepsis, and hemorrhagic pneumonia, etc. To date, there have been limited reports regarding phage application in experimental chronic infections such as chronic pneumonia (39, 43–45); however, *P. aeruginosa* is closely associated with hospital-acquired acute or chronic infectious diseases. Consequently, we conducted an analysis of bacterial loads in mouse models of acute pneumonia induced by PAO1 and W₁₉ and chronic pneumonia based on the FRD1 strain.

We performed intratracheal instillation to induce mouse acute pneumonia models. There are two methods of bacterial inoculation into the lung through the airway according to previous studies: intratracheal inoculation and intranasal administration. One advantage of intranasal administration is that airway integrity was not compromised, while one of the merits of intratracheal inoculation is its ability to cause illness with reproducible clinical characteristics and similar pathological features (46). Additionally, there are several routes for applying phages, such as intranasal, intraperitoneal, intramuscular, and intravenous administration, to achieve therapeutic goals. However, the mode of drug administration closely affects the phage dose that reaches the nidus, having the given indications and usage. For instance, intranasal inhalation, the most common form, is appropriate for acute or chronic respiratory tract infections or pneumonia, and intravenous administration applies to hematogenous infection or sepsis, while the oral delivery of phage has focused on acute gastrointestinal infections (4, 47–49). As a consequence, two routes of phage delivery, intravenous injection and intratracheal instillation, were chosen to evaluate *in vivo* anti-*P. aeruginosa* efficacy in this study. One reason why tail vein injection was adopted is that high bacterial loads achieved in infected mouse lungs may cause systemic dissemination within 24 h. Another consideration is that intravenous injection is one of the most efficient routes of administration for antibacterial drug delivery to the lung. Since intratracheal instillation reflects local drug delivery, it would be important to test its antibacterial efficacies to compare with other administration approaches in lung infection models. In this study, intratracheal administration was found to be superior to intravenous administration. A pivotal factor is that the phage titers in the lungs varied under the same therapeutic dose. Nevertheless, regardless of the routes, phages could decrease bacterial loads and reduce histological damage in infected lungs in our study.

Concerning chronic pneumonia, previous studies have been restricted to a few preclinical evaluations involving chronic infections of otitis and burn wounds (45). For this reason, we conducted an evaluation of MYY9 against chronic pneumonia caused by FRD1-laden agar beads that can result in comparatively low mortality, high bacterial colonies, severe lung lesions, and high chronic infection under the challenge dose. In addition, previous studies stated that the individual *P. aeruginosa* agar bead preparations are considered optimal when the average diameter of the bead is approximately $150 \,\mu$ m and its bacterial loads are about 2×10^7 CFU/ml (15). We explored a minimal lethal dose (MLD) of FRD1 (5×10^6 CFU/ml). Analyzing a combination of parameters, we studied the cytokine levels in BALF and performed histopathological analyses of inflammatory responses and lung injury. We observed strong protection in the phagetreated group, such as no death, overt decreases in bacterial burdens, and obvious improvement in histopathology.

Phages target bacteria via diversified host-associated receptors such as proteins, sugars, and other cell surface structures (36), but we did not study the host receptor that our phages can recognize, which may be a next topic. In addition, we focused on only the therapeutic efficacy of phage therapy using naturally isolated monophage, but recently, an increasing number of studies have concentrated on assessments of the combination of therapeutic phage application with antibiotics, phage enzymes, phage cocktails, or engineered phage and have proven that the combinations or genemodified phages are superior to natural or single phages (9, 10, 50). Therefore, potential combination therapy and gene modification may show an even better therapeutic efficacy, which warrants further investigation.

MATERIALS AND METHODS

Bacterial strains and culture conditions. All research protocols were performed according to standard guidelines. The *P. aeruginosa* strains used in our study, which were obtained from a lab in the State Key Laboratory of Biotherapy of Sichuan University and from patients in Chongqing General Hospital and Sichuan Provincial People's Hospital, China, are shown in Table S1 in the supplemental material. Tryptic soy broth (TSB) (Becton, Dickinson and Company, Franklin Lakes, NJ) and tryptic soy agar (TSA) (Becton, Dickinson and Company, Franklin Lakes, NJ) media were applied to culture *Pseudomonas* strains throughout this study. Double-concentration TSB (2× TSB) was prepared by weighing twice as much dry ingredients of single-concentration TSB in the procedure for phage separation. The double-layer plate for the procedure for purifying the bacteriophages was prepared with solid medium that contained TSA and soft-agar overlays, which contained 0.6% agar in TSB.

Animal maintenance. C57BL/6 mice (6 to 8 weeks of age) were purchased from Beijing HFK Bioscience Co. Ltd., Beijing, China. The mice were kept under specific-pathogen-free (SPF) and temperature- and light-controlled conditions and were fed with a standard laboratory diet during the entire experiment. All experimental procedures were approved by the Institutional Animal Care and Use Committee of Sichuan University.

Isolation and identification of phages by spot tests. *P. aeruginosa* phages were separated from the effluent of West China Hospital, Sichuan University, Chengdu; feces from farms in Mianyang City, Sichuan Province; and stagnant pools in Chengdu suburb areas, Sichuan Province, by using a traditional method described previously, with some modifications (1). In short, samples were collected into a 50-ml centrifuge tube and centrifuged at $3,000 \times g$ for 15 min to discard the precipitate. Next, the supernatant was filtered using Millipore filters (0.22- μ m pore size). The collected filtrate (3 ml) was mixed with 3 ml 2× TSB containing late-exponential/early-stationary-phase *P. aeruginosa* host strain ATCC 27853, PAO1, and PA14 bacteria. The mixture was incubated in a shaking incubator at 220 rpm at 37°C for 12 h or until it became clear.

After incubation, with the aim of removing bacteria and their debris, the cultures were centrifuged at $3,000 \times g$ for 2 min, and the supernatant was filtered using Millipore filters (0.22 μ m) and collected in a sterile 5-ml centrifuge tube. The bacterial lysate containing target phages was obtained.

The presence of the target phages was identified by a spot test. In brief, 5μ l of the bacterial lysate was spotted onto the individual host bacterial lawns and cultured at 37° C for 16 h.

Phage enumeration by single-plaque assays. In order to accurately calculate the concentrations of phages by single-plaque assays, in which the numbers of plaques were between 30 and 300, the solution was diluted with sodium chloride and magnesium sulfate (SM) buffer (100 mM NaCl, 8 mM MgSO₄, 2% gelatin, 50 mM Tris-HCl [pH 7.5]) in a series of 10-fold dilutions (i.e., 100 μ l phages plus 900 μ l SM buffer), and the optimal dilution multiples for performing single-plaque assays were ascertained.

Propagation and purification of phages. The procedures for the purification of the target phages were confirmed by a single-plaque assay. In brief, the mixture containing 90 μ l of late-exponential-phase bacteria (optical density [OD] = 1) and 30 μ l of the phage solution was incubated at 37°C for 15 min to ensure phage adsorption before vortexing. Next, the mixture was added to 4 ml soft-agar broth and promptly poured onto the bottom plate containing TSA medium. After solidification, the plate was placed at 37°C for culturing at a constant temperature for 16 h. After observing the formation of plaques, single plaques of different shapes were picked using 1 ml of a pipette nozzle and dissolved in 500 μ l SM buffer. These steps were repeated until the plaques formed with the same size on the plate (repeated at least 3 times in general).

The phage solution was treated with NaCl and polyethylene glycol 8000 (PEG 8000) (Sigma-Aldrich, St. Louis, MO) at final concentrations of 1 M and 10%, respectively, and incubated for 12 h. The concentrated phages were collected by ultracentrifugation at 14,000 \times *g* for 20 min at 4°C and resuspended with sterilized SM buffer (1 ml). The phage concentrations were measured using single-plaque assays (39).

A concentrated phage preparation was obtained by using a cesium chloride (CsCl) (Sigma-Aldrich, St. Louis, MO) gradient, which consists of three variable densities of 1.30, 1.50, and 1.7. The different concentrations were transferred into a 36.5-ml ultracentrifuge tube (Beckman Coulter, Seton Scientific, United Kingdom). After ultracentrifugation for 3 h (240,000 \times *g* at 4°C), the phage was collected. Next, these phage collections were dialyzed with 500 volumes of SM buffer at 4°C for 30 min to remove residual CsCl. This procedure was repeated at least 3 times (51).

Transmission electron microscopy. Purified phage solutions (approximately 10⁹ PFU/ml) were laid onto a carbon-coated copper grid and negatively stained with 2% (wt/vol) potassium phosphotungstate (pH 7.2) for 3 min. Prepared phage samples were viewed using a transmission electron microscope (JEM-2100 Plus; Japan) at 80 kV (52).

Determination of host ranges of the phages by spot tests. Host range determinations were similarly performed according to a previous publication (47). In brief, 5 μ l of phage droplets (approximately 10⁹ PFU/ml) was titrated on a fresh lawn containing the indicated bacteria, and the plate was incubated at 37°C for 12 h to evaluate the lytic spots. The clear plaques generated demonstrated high host sensitivity, turbid plaques indicated low host sensitivity, and no plaques indicated no host sensitivity. Details of bacterial strains used in the study are listed in Table S1. Antimicrobial susceptibility testing of bacteria was performed by measuring MICs in a 96-well plate. "R" stands for resistance, and "S" stands for sensitivity, while "I" stands for intermediate, between sensitivity and resistance.

DNA preparation and sequencing analysis of phage genomes. Bacteriophage DNA extraction was performed using the phenol-chloroform-isoamyl alcohol (25:24:1) extraction protocol after it was enriched with PEG 8000. Next, the DNA was precipitated by adding anhydrous ethanol as previously described, with some modifications (53).

Global genome sequencing was performed by Tsingke Biological Technology using Illumina NovaSeq. The genome sequences were assembled with the SPAde package (version 3.13.0; parameter -k127) by using 2G clean data (54). Sequence analysis and gene structure prediction were performed using GeneMarkS (version 4.28) (55). The map of the phage's genome was made with SnapGene3.2.1 (20, 56, 57). Potential coding sequences (CDSs) were predicted and analyzed by BLAST and GeneMarkS. Genes encoding tRNA were identified by tRNAscan-SE. Comparative genome analysis was performed using Mauve (version 2.2.5) and the genoPlotR package (21).

Bacteriolytic activity *in vitro*. The *in vitro* bacteriolytic activity of phages was determined by optical densitometry (OD_{600}) (40, 41). Briefly, the phages were added to bacterial cultures in the exponential growth phase at different MOIs (multiplicities of infection) (ratios of phages to bacteria) (SM buffer was added to the culture as a control) in a unique honeycomb in sterile plates using Bioscreen C (Bioscreen, Finland). The mixture was incubated with Bioscreen C at 37°C for 24 h. The OD_{600} values were measured at 10-min intervals.

Determination of endotoxins by an EndoLISA. Endotoxin levels were evaluated by an EndoLISA (enzyme-linked immunosorbent assay [ELISA]-based endotoxin detection assay; Hyglos, Germany) in accordance with the recommendations of the manufacturer. The fluorescent signal was detected immediately in a fluorescence microplate reader. The value was defined as endotoxin units per phage titer (EU/ PFU) (23). All experimental samples conformed to international standards (\leq 5 EU/kg of body weight).

In vivo anti-P. aeruginosa infection efficacy of phages MYY9 and HX1 in therapy of murine pneumonia models. Mice were randomly divided into six groups (five mice per group): bacteria only, MYY9 therapy, HX1 therapy, MYY9 only, HX1 only, and the normal control. To establish the acute infection models, P. aeruginosa PAO1 and W₁₉ strains were used to set up acute pneumonia by the intratracheal administration of approximately 1×10^8 and 2×10^7 CFU in 50 μ l, respectively, under anesthetized

conditions (58). After 2 h of bacterial infection, the phages were administered to achieve therapeutic aims by tail vein injection (system delivery) and intratracheal instillation (topical application) in mice (47, 48).

Making *P. aeruginosa* **FRD1-laden agar beads.** The procedures for making FRD1-laden agar beads were adapted from the protocol described previously by Marcella Facchini et al. (15). *P. aeruginosa* FRD1 was grown to log phase in a shaking incubator at 37°C. Next, the bacterial pellet was collected by centrifugation at 2,700 \times *g* for 15 min at 4°C and resuspended in 1 ml sterile phosphate-buffered saline (PBS). One milliliter of the bacterial suspension was mixed with 9 ml of liquid TSA (TSB plus 1.5% agar) preequilibrated at 50°C. The TSA-FRD1 mixture was added to heavy mineral oil that was prewarmed at 50°C, rapidly stirred for 6 min at room temperature, slowly stirred for 35 min at 4°C, and rested on ice over 10 min in turn. The agar beads were washed with sterile PBS 4 to 6 times to remove mineral oil by centrifugation at 2,700 \times *g* for 15 min at 4°C. Quantitative bacteriology was assessed after the aseptically homogenized agar beads were collected. The agar beads were stored overnight at 4°C.

P. aeruginosa FRD1 infection and MYY9 therapy in mice. To induce chronic pneumonia in mouse models, mice were challenged with agar beads that were embedded with 1×10^7 CFU of mucous strain FRD1 in 50 μ l directly by intratracheal instillation. The clinical symptoms and body weights of mice were observed and monitored every day. At day 3 after FRD1 administration, MYY9, at a concentration of 1×10^7 PFU/ml, was given via intratracheal instillation in a volume of 50 μ l (MOI = 1). Moreover, mice were sacrificed at six different time points.

Quantitative culture. At each time point, mouse lungs were removed aseptically, weighed, and homogenized in sterile PBS (pH 7.2). Serial dilutions of the homogenate were plated on TSA to evaluate bacterial loads (CFU counts) and phage titers (PFU counts) using an agar overlay technique as mentioned above (50).

Bronchoalveolar lavage fluid collection and determination of inflammatory biomarkers. The mouse lung and trachea were fully exposed under anesthetized conditions at a particular point. The trachea was excised and intubated with a catheter. The lavage fluid was collected via instilling and aspirating 1 ml of sterile PBS repeatedly (58). Concentrations of the inflammatory biomarkers interleukin-6 (IL-6) and tumor necrosis factor alpha (TNF- α) were measured via an ELISA kit (Neobioscreen, China) according to the recommendations of the manufacturer.

Histopathological analysis. After sacrifice, the lungs were placed in 4% (wt/vol) paraformaldehyde for 48 h and routinely processed in paraffin sections, involving sequential infiltration of increasing concentrations of ethanol and xylene. The fixed tissues were sectioned and stained with hematoxylin and eosin (H&E). The histopathological scores were recorded as previously described (46).

Statistical analysis. All statistical analyses, unless otherwise stated, were executed using GraphPad Prism 6 (GraphPad Software, Inc., La Jolla, CA). Error bars in graphs show the standard errors of the means. The unpaired *t* test or one-way analysis of variance (ANOVA) with Tukey's *post hoc* analysis was applied to compare differences between two groups. Most assays were performed three times in triplicate, and the data were expressed as means from three independent experiments. Statistical significance was considered a *P* value of <0.05.

Data availability. The relevant data sets in this study can be found under GenBank accession numbers MW406974 to MW406976.

SUPPLEMENTAL MATERIAL

Supplemental material is available online only. **SUPPLEMENTAL FILE 1**, XLSX file, 0.01 MB.

ACKNOWLEDGMENTS

This work is supported by the National Major Scientific and Technological Special Project for Significant New Drug Development (2019ZX09721001-004-004) as well as funds from Southwest Medical University and West China Hospital, Sichuan University, to Z.W. This work was also supported by National Institutes of Health grants R01 Al109317-01A1, R01 Al138203, P20 GM113123, and Al097532-01A1 to M.W.

We thank the farm staff for their support and assistance and are grateful to the staff of Chongqing General Hospital and Sichuan Provincial People's Hospital for providing bacterial strains.

F.C., Z.W., and M.W. conceived and designed experiments. F.C. performed most of the experiments with help from others (X.C., J.L., X.Y., X.H., M.L., W.L., T.H., Y.X., J.L., P.G., and X.W.). All authors analyzed the data and wrote and approved the manuscript.

We declare we have no conflict of interest.

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