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Research Note

Investigation of an outbreak of symptomatic SARS-CoV-2 VOC 202012/01-lineage B.1.1.7 infection in healthcare workers, Italy

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ABSTRACT

Objectives: In December 2020, Italy began a national immunization campaign using the BNT162b2 coronavirus disease 2019 (COVID-19) mRNA vaccine, prioritizing healthcare workers (HCWs). Immune serum from vaccinated subjects seems (largely) to retain titres of neutralizing antibodies, even against severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) VOC 202012/01-lineage B.1.1.7. Here, we describe an outbreak of SARS-CoV-2 lineage B.1.1.7 infection in three HCWs in a hospital setting; two of the HCWs were fully vaccinated (i.e. had received two doses).

Methods: Two physicians and one nurse working on the same shift on 20th February 2021 were involved in the outbreak. Real-time PCR, antigen tests, and serological tests for the IgG anti-spike protein of SARS-CoV-2 were performed, along with whole-genome sequencing (WGS).

Results: SARS-CoV-2 infection was confirmed in all three HCWs; all presented with mild symptoms of COVID-19. The two physicians were fully vaccinated with BNT162b2 vaccine, with the second dose administered 1 month before symptom onset. Both had high titres of IgG anti-spike antibodies at the time of diagnosis. WGS confirmed that all virus strains were VOC 202012/01-lineage B.1.1.7, suggesting a common source of exposure. Epidemiological investigation revealed that the suspected source was a SARS-CoV-2-positive patient who required endotracheal intubation due to severe COVID-19. All procedures were carried out using a full suite of personal protective equipment (PPE).

Conclusions: This mini-outbreak highlights some important issues about the efficacy of vaccines against transmission of SARS-CoV-2 variants, the high risk of exposure among HCWs, and the need for optimized implementation of PPE in hospitals. The wide circulation of VOC 202012/01 in Europe and Italy highlights the need to improve surveillance and genetic sequencing. **Daniela Loconsole, Clin Microbiol Infect 2021;27:1174.e1–1174.e4**

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Introduction

In December 2020, Italy began a national immunization campaign, prioritizing healthcare workers (HCWs) [1]. Initially, the campaign used the BNT162b2 coronavirus disease 2019 (COVID-19)

mRNA vaccine. Clinical trial data demonstrate that two doses of the BNT162b2 vaccine confer 95% protection against COVID-19 caused by wild-type severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [2]. A recent study showed that immune serum from subjects vaccinated with BNT162b2 largely retains titres of neutralizing antibodies against SARS-CoV-2 VOC 202012/01-lineage B.1.1.7 [3], despite a lack of specific effectiveness estimates for the B.1.1.7 variant. SARS-CoV-2 VOC 202012/01 has been circulating in Italy since December 2020 [4]. A flash survey conducted in Italy in February 2021 suggested that the prevalence of this variant

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was 54.0%, i.e., three-fold higher than that reported 2 weeks previously (17.8%) [5].

Here, we describe an outbreak of SARS-CoV-2 VOC 202012/01-lineage B.1.1.7 infection in three HCWs in a hospital setting in Italy; two of these HCWs were fully vaccinated and working in the intensive care unit of a COVID-19 hospital.

Patients and methods

Two physicians and one nurse working on the same shift on 20th February 2021 were involved in the outbreak. The clinical presentation of the HCWs was classified according to the National Institute of Health (NIH) clinical staging of COVID-19 disease [6]. Nasopharyngeal swabs were collected from the three HCWs after symptom onset and were processed at the Laboratory of Molecular Epidemiology and Public Health of the Hygiene Unit (A.O.U.C. Policlinico Bari), which is the coordinator of the Regional Laboratory Network for SARS-CoV-2 diagnosis in the Apulia region. Samples were subjected to molecular test using a three-target commercial multiplex real-time PCR assay targeting the N, ORF1ab, and S genes (TaqPath RT-PCR COVID-19 Assay; Thermo Fisher Scientific). An antigen test was also performed using the Lumipulse SARS-CoV-2 Ag kit (Fujirebio, Tokyo, Japan). Moreover, to assess responses to vaccination, serological tests for IgG antibodies specific for the spike (S) protein of SARS-CoV-2 were performed (SARS-CoV-2 IgG II Quant assay; Abbott Architect iSystem, Abbott Diagnostics, Chicago, USA). Whole-genome sequencing (WGS) was performed using the Ion Torrent platform (Thermo Fisher Scientific). The aligned reads were used for both reference-guided assembly and variant calling. Assembly was performed using the Iterative Refinement Meta-Assembler (IRMA) v.1.3.0.2.

Ethical approval

Approval by a research ethics committee was not required since the activities described here were conducted as part of the national and regional COVID-19 surveillance effort. All procedures were carried out in accordance with the Declaration of Helsinki, as revised in 2013, for research on human subjects. Informed written consent for publication was obtained from the subjects who provided samples.

Results

The first case was a healthy 41-year-old male physician. The date of symptom onset (conjunctivitis) was 23rd February 2021. On 25th February he presented with strong asthenia, low-grade fever (T_{\max} 37.2°C), and coryza. On the following day, he developed anosmia and ageusia. A molecular test of a nasopharyngeal swab collected on 27th February was positive for SARS-CoV-2. The second case was a healthy 34-year-old female physician who presented with a cough on 28th February. The diagnosis was confirmed by a

molecular test on a nasopharyngeal swab collected on 2nd March. Serological tests were performed on both patients on the day of diagnosis. Antibody titres in the male and female patients were 1774 AU/mL and 2500 AU/mL, respectively. The third case was a 51-year-old male nurse who developed a fever (T_{\max} 38°C) on 25th February; there were no respiratory symptoms. The diagnosis was confirmed on 27th February. This case showed high-grade fever for 8 days from symptom onset. The clinical presentation of the three cases was classified as mild (Table 1).

The two physicians had been fully vaccinated with the BNT162b2 COVID-19 mRNA vaccine, having received two doses; the second dose was administered 21 days after the first, in accordance with the recommended schedule. The second dose was administered 1 month before symptom onset (Table 1). The nurse refused the vaccination. The multiplex real-time PCR assay performed on nasopharyngeal swabs from all three HCWs identified an S gene dropout, a good proxy for VOC 202012/01 (Table 1). All three samples tested positive in the antigen test. WGS confirmed that all strains were VOC 202012/01-lineage B.1.1.7, suggesting a common source of exposure (Fig. 1). Epidemiological investigation revealed that it is likely that the three HCWs were infected by exposure to aerosols while conducting an invasive procedure on a patient with COVID-19. No other risk factors or exposure to SARS-CoV-2 were reported. The suspected source was a 50-year-old male patient with a confirmed diagnosis of SARS-CoV-2 infection who presented at the emergency department with respiratory failure and pulmonary oedema; the severity of his condition required endotracheal intubation. The patient died 2 h later. No post-mortem samples were available for molecular characterization of SARS-CoV-2. All procedures were carried out using a full set of personal protective equipment (PPE): particulate filter respirators (P3), two pairs of gloves, face shields, and a single-use coverall. No eye glasses were used under the face shields.

Discussion

This mini outbreak highlights some important issues about the efficacy of vaccines against transmission of SARS-CoV-2 variants, the higher risk of exposure among HCWs, and the need for optimized implementation of PPE in hospitals. Data on the efficacy of BNT162b2 were confirmed after a mass vaccination campaign in Israel, in which the estimated efficacy at ≥ 7 days after the second dose was 92% for preventing documented infection, and 94% for preventing symptomatic COVID-19 infection; these data were robust, despite wide circulation of VOC 202012/01 [7]. However, our findings suggest that the increased transmissibility of this variant raises concerns about such strains causing possible symptomatic post-vaccination infections. It is hypothesized that SARS-CoV-2 variants are capable of at least partially evading vaccine-induced immunity, and that they replicate more efficiently [8]; in fact, all vaccinated cases described herein had a high viral load (Ct < 21). This is

Table 1

Laboratory and vaccination data of the healthcare workers involved in the outbreak

Case	Date of sample collection	Clinical presentation	Antigenic test (pg/mL)	Real-time PCR (Ct)			Vaccine (BNT162b2 mRNA COVID-19 vaccine)	
				N gene	ORF1ab gene	S gene	Dose I	Dose II
1	27th Feb 2021	Mild	>5000	+ (17)	+ (17)	—	12/31/2020	01/24/2021
2	2nd Mar 2021	Mild	>5000	+ (21)	+ (22)	—	01/01/2021	01/24/2021
3	27th Feb 2021	Mild	>5000	+ (15)	+ (16)	—	—	—

Ct, cycle threshold.

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