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Contribution of Podocyte Inflammatory Exosome Release to Glomerular Inflammation and Sclerosis during Hyperhomocysteinemia

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Abstract

The nucleotide-binding oligomerization domain-like receptor containing pyrin domain 3 (NLRP3) inflammasome has been implicated in podocyte injury and glomerular sclerosis in response to hyperhomocysteinemia (hHcy). However, it remains unknown how the products of NLRP3 inflammasome in cytoplasm are secreted out of podocytes. In the present study, we tested whether exosome release serves as a critical mechanism to mediate the action of NLRP3 inflammasome activation in hHcy-induced glomerular injury. By various approaches, we found that hHcy induced NLRP3 inflammasome activation and neutrophil infiltration in glomeruli of WT/WT mice. Lysosome-MVB interaction in glomeruli remarkably decreased in WT/WT mice fed with FF diet, leading to elevation of urinary exosome excretion of these mice. Podocyte-derived exosomes containing pro-inflammatory cytokines increased in urine of WT/WT mice in response to hHcy. The release of inflammatory exosomes from podocytes was prevented by *Smpd1* gene deletion but enhanced by podocyte-specific *Smpd1* gene overexpression (*Smpd1* encodes Asm in mice). Pathologically, hHcy-induced podocyte injury and glomerular sclerosis were blocked by *Smpd1* gene knockout but amplified by podocyte-specific *Smpd1* gene overexpression. Taken together, our results suggest that Asm-ceramide signaling pathway contributes to NLRP3 inflammasome activation and robust release of inflammatory exosomes in podocytes during hHcy, which together trigger local glomerular inflammation and sclerosis.

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Declaration of interest statement

None of the authors have conflict of interest.

Keywords

exosome; acid sphingomyelinase; NLRP3 inflammasome; podocyte; glomerular inflammation; hyperhomocysteinemia

1. Introduction

The nucleotide-binding oligomerization domain-like receptor containing pyrin domain 3 (NLRP3) inflammasome activation in podocytes has been demonstrated to be an important pathogenic mechanism mediating hyperhomocysteinemia (hHcy)-induced glomerular injury and ultimate end stage renal disease (ESRD) [1]. However, NLRP3 inflammasomes are activated mainly in the cytosol and their products therefore appear not to be secreted out of podocytes via a classical, Golgi apparatus-mediated delivery pathway. It is imperative to understand how the NLRP3 inflammasome activation-derived products such as IL-1 β , IL-18, and high mobility group protein B1 (HMGB1) are released out of podocytes to trigger the inflammatory response in glomeruli, leading to glomerular sclerosis. One possibility is that these pro-inflammatory products of NLRP3 inflammasome activation are secreted from podocytes in the form of exosomes, extracellular vesicles (EVs) released into the extracellular space [2, 3]. Exosomes are considered to be an important mediator of cell-to-cell communication, regulating both physiologic and pathophysiologic processes through their delivery of mRNAs, miRNAs, proteins, and other constituents to acceptor cells [4, 5]. In regard to glomerular diseases, increased exosome release has been recognized as a biomarker of glomerular diseases and is implicated as a pathogenic factor in kidney disease [6–11]. The idea that exosomes may also facilitate the secretion of pro-inflammatory products is supported by studies reporting that IL-1 β can be a constituent of exosomes and may be released from cells in this form [12]. These studies raise the possibility that exosomes may deliver NLRP3 inflammasome products out of podocytes, leading to glomerular inflammation and sclerosis. However, the precise mechanism mediating inflammatory exosome release and thereby activating the local inflammatory response in glomeruli has not been determined.

With respect to the molecular mechanism of exosome release, it is considered to occur when multivesicular bodies (MVBs) fuse with the plasma membrane, releasing their contained exosomes into the extracellular space. A potential regulatory control point involves lysosome-mediated degradation of the MVBs, thereby controlling the fate of MVBs prior to secretion of exosomes [13–18]. Ceramide, the product of acid sphingomyelinase (Asm), and its metabolite, sphingosine-1-phosphate (S1P) may regulate exosome release at any of several potential control points, including exosome biogenesis, sorting of intraluminal vesicles (ILVs) into MVBs, MVB fusion and exosome budding [19–21]. In particular, ceramide and associated sphingolipids as a key regulator of lysosome trafficking and fusion with other vesicles are shown in different cell types [8, 22–27]. In previous studies, it has been demonstrated that ceramide contributes to the activation of NLRP3 inflammasomes in podocytes, glomerular inflammation, and consequent glomerular sclerosis during hHcy [28–30]. We considered that the Asm-ceramide signaling pathway may also be involved in inflammatory exosome release under this pathological condition. The present study tested

the hypothesis that lysosomal Asm-ceramide signaling pathway may not only mediate NLRP3 inflammasome activation but also promote robust release of inflammatory exosomes to deliver inflammasome products from podocytes during hHcy, together triggering local glomerular inflammation and sclerosis.

2. Materials and Methods

2.1. Animals

Podocyte-specific Cre recombinase (Podo^{Cre}) mice were obtained from the Jackson Laboratory [Bar Harbor, ME; B6.Cg-Tg(NPHS2-Cre)295Lbh/J; stock number 008205]. Smpd1^{trg} mice are with the floxed STOP cassette inserted between the beta-actin fusion promoter and mouse cDNA, which were obtained from Erich Gulbins (University of Duisburg-Essen, Essen, Germany). Smpd1^{-/-} breeding pairs were obtained from Dr. Phillip Hylemon's laboratory at the VCU [31]. The Smpd1^{trg}/Podo^{Cre} mice and their littermates were on a C57/Bl6 background. Eight-week-old male WT/WT, Smpd1^{-/-}, and Smpd1^{trg}/Podo^{Cre} mice were used in the present study. To speed up the damaging effects of hHcy on glomeruli, all mice were uninephrectomized, as we described previously [32]. This model has been demonstrated to induce glomerular damage unrelated to the uninephrectomy and arterial blood pressure, but specific to hHcy. After allowing 1 week for surgery recovery, mice were fed either normal chow or folate-free (FF) diet (Dyets Inc., Bethlahem, PA) for 8 weeks. All protocols were approved by the Institutional Animal Care and Use Committee of the Virginia Commonwealth University.

2.2. Mouse genotyping

Each mouse used in the in vivo studies was genotyped for the Smpd1^{trg} gene and Cre recombinase gene to confirm podocyte-specific gene overexpression of acid sphingomyelinase before use in experiments. Briefly, genomic DNA extracted from the tail was subjected to PCR amplification using taq DNA polymerase (Invitrogen, Inc., Grand Island, NY). Using a Bio-Rad iCycler, PCR was performed using a validated protocol provided by Jackson Laboratories: denaturing the DNA at 94°C for 3 minutes, followed by a first round of 12 cycles: 94°C for 20 seconds, 64°C for 30 seconds (-0.5°C per cycle), 72°C for 35 seconds, and then a second round of 25 cycles: 94°C for 20 seconds, 58°C for 30 seconds, 72°C for 35 seconds, and a final extension step at 72°C for 2 minutes. Smpd1 gene deletion was confirmed by PCR using primers, 5'-GGCTACCCGTGATATTGC-3' (forward) and 5'-AGCCGTGTCCTCTTCCTTAC-3' (reverse) [33]. The Smpd1^{wt} and Smpd1^{trg} genes were detected using primers of 5'-TGAGGCAGGAGAATCGCTTGAACC-3' (forward) and 5'-GCCTCCCAGATGCTAATAGTTGTGG-3' (reverse). The internal control gene was detected using primers of 5'-CTAGGCCACAGAATTGAAAGATCT-3' (forward) and 5'-GTAGGTGGAAATTCTAGCATCATCC-3' (reverse). The Cre recombinase gene was detected using primers of 5'-GCGGTCTGGCAGTAAAACTATC-3' (forward) and 5'-GTGAAACAGCATTGCTGTCACTT-3' (reverse). The PCR products were separated by gel electrophoresis on a 3% agarose gel, visualized by ethidium bromide fluorescence, and compared with a 100-bp DNA ladder (New England Biosystems, Ipswich, MA).

2.3. Immunofluorescent staining

Frozen slides with mouse kidney tissue were fixed in acetone, blocked, then incubated with primary antibodies, including anti-podocin antibody (1:100; Sigma-Aldrich, St. Louis, MO), anti-desmin antibody (1:100; Invitrogen, Carlsbad, CA), anti-Asm antibody (1:100; LSBio, Seattle, WA), anti-Cre antibody (1:100; Millipore, Temecula, CA), anti-ceramide antibody (1:100; ALEXIS, Farmingdale, NY), anti-NLRP3 antibody (1:50; Abcam, Cambridge, MA), anti-ASC antibody (1:50; Santa Cruz Biotechnology, Dallas, TX), anti-Ly6G antibody (1:50; Abcam, Cambridge, MA), anti-VPS16 antibody (1:50; proteintech, Rosemont, IL), and anti-Lamp-1 antibody (1:50; Abcam, Cambridge, MA), overnight at 4°C. Immunofluorescent staining was accomplished by incubating slides with Alexa-488 or Alexa-594-labeled secondary antibodies (Invitrogen, Carlsbad, CA) for 1 hour at room temperature [34]. Slides were washed, mounted, and observed by a confocal laser scanning microscope (FluoView FV1000, Olympus, Tokyo, Japan). Image Pro Plus 6.0 (Media Cybernetics, Bethesda, MD) was used to analyze colocalization which was expressed as Pearson correlation coefficient (PCC).

2.4. Immunohistochemistry

Kidneys were embedded with paraffin, 5 µm sections were cut and mounted onto microscope slides. After heat-induced antigen retrieval, washing with 3% hydrogen peroxide, and 30 min blocking with fetal bovine serum, slides were incubated with anti-IL-1β antibody (Abcam, Cambridge, MA), and then diluted in PBS with 4% fetal bovine serum overnight. The sections were washed with PBS and incubated with biotinylated IgG (1:200) for 1 h at room temperature, then with streptavidin-HRP for 30 min. Each kidney section was then stained with DAB for 1 min followed by counterstaining with hematoxyline for 5 min. The slides were mounted and observed under a microscope [34].

2.5. Nanoparticle tracking analysis

Nanoparticle tracking analysis (NTA) measurements were performed with a NanoSight NTA3.2 Dev Build 3.2.16 (Malvern Instruments Ltd., UK), equipped with a sample chamber with a 638-nm laser and a Viton fluoroelastomer O-ring. The samples were injected in the sample chamber with sterile syringes (BD, New Jersey, USA) until the liquid reached the tip of the nozzle. All measurements were performed at room temperature. The screen gain and camera level were 10 and 13, respectively. Each sample was measured at standard measurement, 30 s with manual shutter and gain adjustments. Three measurements of each sample were performed. 3D figures were exported from the software. Particles sized between 50 and 140 nm were calculated [35]. At the end of the 8-week treatment, mice were placed in metabolic cages for 24 hours to collect urine samples. After NTA, we compared urinary exosome excretion of different groups of mice in 24 hours ((urinary exosome concentration × urine volume)/mouse body weight) vs. WT/WT-ND.

2.6. Purification and concentration of urinary exosomes

At the end of the 8-week treatment, mice were placed in metabolic cages for 24 hours to collect urine samples. Exosome purification and concentration system (ExoJuice, Columbus, OH, USA) was used to purify and concentrate urine samples for analysis. After

normalization of the volume of urine samples, the centrifugation at 12,000 g for 30 min was performed to remove cell debris from urine samples. The supernatant was put into an ultracentrifuge tube and 200 μ L of Exojuce reagent was added to the bottom of the centrifuge tube. After using the centrifuge at 100,000 g for 70 min, the bottom 500 μ L of liquid was collected. When using the SW28 rotor for this step, about 230 mL of the culture supernatant was concentrated to 3 mL in one run. 3 ml of crudely extracted exosomes was mixed to 2.5 mL of sterile PBS (pH 7.2, filtered through a 0.2 μ m filter) and added to a centrifuge tube. Then, 500 μ L of Exojuce was added to the bottom of this tube. After using the centrifuge at 100,000 g for another 70 min, the centrifuge tube was took out and 300 μ L of liquid (1) was discarded. 200 μ L of liquid (2) was collected for a higher purity exosomes. Dialysis was performed to remove Exojuce reagent from the purified exosomes with dialysis membrane with 1KD cutoff. 200 μ L of exosome extract was added to the dialysis bag against 100 mL of 1 \times PBS buffer for 2 hr. Then, purified urinary exosomes were collected in the dialysis bag for analysis.

2.7. Western blot analysis

Western blot analysis was performed as described previously [36]. After boiling for 5 min at 95°C in a 4 \times loading buffer, purified urinary exosomes were subjected to SDS-PAGE, transferred onto a PVDF membrane and blocked by solution with dry milk. Then, the membrane was probed with anti-CD63 antibody (1:1000; Abcam, Cambridge, MA) overnight at 4 °C followed by incubation with horseradish peroxidase-labeled IgG (1:5000). The immunoreactive bands were detected by chemiluminescence methods and visualized on Kodak Omat X-ray films. Densitometric analysis of the images obtained from X-ray films was performed using the Image J software (NIH, Bethesda, MD, USA).

2.8. Transmission electron microscopy

For transmission electron microscopy (TEM) analysis of ultrastructural changes in podocytes, mouse kidneys were perfused with a fixative containing 3% glutaraldehyde and 4% paraformaldehyde in 0.1 mol/L phosphate buffer. After fixation and dehydration with ethanol, the samples were embedded in Durcupan resin for ultrathin sectioning by the Virginia Commonwealth University microscopy core facility [34]. One glomerulus was randomly chosen from each sample for analysis. The proportion of the podocyte slits, where the linear image of the slit diaphragm was detectable, was counted [37].

2.9. Glomerular morphological examination

Fixed kidney tissues were paraffin-embedded, sectioned, and stained with periodic acid–Schiff (PAS). Fifty glomeruli per slide were counted under a light microscope and scored as 0–4 (0: no lesion, 1: sclerosis <25%, 2: sclerosis of 25% to 50%, 3: sclerosis of 50% to 75%, 4: sclerosis >75%) by an observer who was blind to treatment groups. Glomerular sclerosis was expressed as glomerular damage index (GDI), which was calculated by the formula $((N1 \times 1) + (N2 \times 2) + (N3 \times 3) + (N4 \times 4))/n$. N1, N2, N3, and N4 represent the numbers of glomerular damage grades 1, 2, 3, and 4, respectively, and n represents the total scored number of glomeruli [38].

2.10. Urinary protein and albumin measurements

Total urinary protein was determined spectrophotometrically by the Bradford assay (Sigma-Aldrich). Urinary albumin concentration was measured by a commercially available mouse albumin ELISA kit (Bethyl Laboratories, Montgomery, TX) [34].

2.11. Statistical analysis

SigmaPlot 14.0 was used for statistical analysis of data. All values are expressed as mean \pm SEM. Significant differences among multiple groups were examined using ANOVA followed by a Student-Newman-Keuls test. $P < 0.05$ was considered statistically significant.

3. Results

3.1. Characterization of podocyte-specific overexpression of Smpd1 gene in Smpd1^{trg}/Podo^{cre} mice

To examine the pathological relevance of Asm-ceramide signaling pathway in podocytes for glomerular sclerosis during hHcy, a podocyte-specific Smpd1 gene overexpression (Smpd1^{trg}/Podo^{cre}) mouse strain was generated. These mice and their littermates were characterized using several genetic, molecular, and biochemical approaches. As shown in Fig. 1A, PCR analysis of DNA from Smpd1^{trg}/Podo^{cre} mice demonstrated the presence of all three tested targets: the Smpd1^{trg} gene (360 bp), the internal control gene (324 bp), and the Cre recombinase gene (100 bp). In contrast, Smpd1^{trg}/Podo^{wt} mice showed only the Smpd1^{trg} gene and the internal control gene, whereas WT/WT mice tested positive for only the internal control gene. Confocal microscopy showed enhanced colocalization of podocin, a marker for podocytes, and Asm in glomeruli of Smpd1^{trg}/Podo^{cre} mice, compared with WT/WT and Smpd1^{trg}/Podo^{wt} mice (Fig. 1B). Correspondingly, the colocalization of podocin and Asm product, ceramide, was remarkably increased by podocyte-specific Smpd1 gene overexpression (Fig. 1C). To further confirm the tissue-specific Smpd1 gene overexpression in podocytes, Smpd1^{trg}/Podo^{cre} mice were mated with ROSA mice to produce Smpd1^{trg}/Podo^{cre}/ROSA mice. Although the green fluorescence emitted by enhanced green fluorescence protein (EGFP) was undetectable in either Smpd1^{trg}/Podo^{cre} or ROSA mice, the colocalization of EGFP and podocin in glomeruli of the Smpd1^{trg}/Podo^{cre}/ROSA mice was remarkable (Fig. 1D). This is explained by selective activation of EGFP in the cross-bred strain. Altogether, these results demonstrate podocyte-specific overexpression of Smpd1 gene in Smpd1^{trg}/Podo^{cre} mice.

3.2. Smpd1 gene deletion abolished hHcy-induced inflammasome activation and consequent inflammatory response in glomeruli

To determine whether Asm activity in podocytes plays an important role in NLRP3 inflammasome activation and consequent inflammatory response in glomeruli of mice during hHcy, we fed WT/WT, Smpd1^{-/-}, and Smpd1^{trg}/Podo^{cre} mice with normal diet (ND) or folate free (FF) diet for 8 weeks. As shown in Fig. 2A, the glomeruli of WT/WT mice on the FF diet had remarkably elevated colocalization of NLRP3 with ASC compared with ND-fed WT/WT mice. The formation of NLRP3 inflammasome in glomeruli was prevented by Smpd1 gene deletion. On the contrary, podocyte-specific Smpd1 gene overexpression

significantly enhanced the assembly of NLRP3 inflammasome in glomeruli of Smpd1^{trg}/Podo^{cre} mice compared with WT/WT mice on both diets. Consistently, IL-1 β production was significantly increased in glomeruli of WT/WT mice on the FF diet compared with the ND, but this change was blocked by Smpd1 gene knockout in Smpd1^{-/-} mice. However, podocyte-specific Smpd1 gene overexpression markedly aggravated glomerular IL-1 β production in Smpd1^{trg}/Podo^{cre} mice compared with WT/WT mice on both diets. Immunofluorescent staining of Ly6G, a neutrophil marker, revealed more infiltration of neutrophil in glomeruli of WT/WT mice on FF diet compared with WT/WT mice on ND. The infiltration of neutrophil in glomeruli was significantly enhanced by podocyte-specific Smpd1 gene overexpression in Smpd1^{trg}/Podo^{cre} mice on either diet. Nevertheless, elevation of Ly6G staining in glomeruli was not observed in Smpd1^{-/-} mice during hHcy (Fig. 2C). These findings confirm that Asm activity in podocytes contributes to NLRP3 inflammasome formation and activation, leading to infiltration of neutrophil in glomeruli of mice during hHcy.

3.3. Decreased glomerular lysosome-MVB interaction during hHcy

To explore the mechanism by which inflammasome products are released out of podocytes to induce inflammatory response in glomeruli during hHcy, we tested whether exosomes mediate the secretion of inflammatory cytokines produced by activated NLRP3 inflammasomes in podocytes. As shown in Fig. 3A, VPS16, an MVB marker, and Lamp-1, a lysosome marker, showed colocalization in glomeruli of WT/WT mice, indicating an interaction of MVBs and lysosomes under normal conditions. Interestingly, induction of hHcy by the FF diet resulted in a decrease in this interaction compared to WT/WT mice fed the ND. The decrease in lysosome-MVB interaction in glomeruli during hHcy was prevented by Smpd1 gene knockout in Smpd1^{-/-} mice. Podocyte-specific Smpd1 gene overexpression, however, significantly reduced the colocalization of VPS16 and Lamp-1 in Smpd1^{trg}/Podo^{cre} mice on both diets. Using nanoparticle tracking analysis (NTA), we found that hHcy largely increased urinary exosomes in WT/WT mice, but not in Smpd1^{-/-} mice. Compared with WT/WT mice, podocyte-specific Smpd1 gene overexpression significantly enhanced urinary exosome excretion in Smpd1^{trg}/Podo^{cre} mice on both diets (Fig. 3B). To confirm the origin of exosomes detected in mouse urine by NTA, we detected CD63, an exosome marker, and podocin, a podocyte marker, in urine of mice. Western blot analysis was performed to detect the levels of CD63 in purified urinary exosomes. Mouse podocin ELISA kit (Biomatik, Cambridge, Canada) was used to detect the levels of podocin in purified urinary exosomes. It was found that WT/WT mice fed with FF diet had remarkably higher levels of CD63 and podocin in their urine compared with WT/WT mice on ND, which was blocked by Smpd1 gene knockout in Smpd1^{-/-} mice. However, Smpd1 gene overexpression in podocytes significantly enhanced the elevation of CD63 and podocin in urine of Smpd1^{trg}/Podo^{cre} mice on both diets compared with WT/WT mice (Fig. 3C and 3D). These results demonstrate that exosome release from podocytes is enhanced during hHcy, which is attributed to Asm activity in these cells.

3.4. Enhanced release of inflammatory exosomes during hHcy

Using confocal microscopy, we next examined colocalization of IL-1 β and a marker for MVBs, VPS16, to assess the potential for NLRP3 inflammasome products to be secreted

from podocytes in the form of exosomes during hHcy. In the WT/WT mice fed the ND diet, there was evidence of basal colocalization of IL-1 β and VPS16, which was significantly enhanced in the mice with hHcy (Fig. 4A). Compared with WT/WT mice, the Smpd1^{trg}/Podo^{cre} mice exhibited higher degrees of colocalization of IL-1 β and VPS16 in glomeruli after both the ND and FF diet. However, the effect of FF diet on the colocalization of IL-1 β and VPS16 was blocked by Smpd1 gene knockout in Smpd1^{-/-} mice. Using an alternative approach, the NLRP3 inflammasome-derived cytokines, IL-1 β and IL-18, were measured in exosomes isolated from urines of different groups of mice (Figs. 4B and 4C for IL-1 β and IL-18, respectively). Consistent with the colocalization results in Fig. 4A, both IL-1 β and IL-18 were increased significantly by the FF diet in both WT/WT and Smpd1^{trg}/Podo^{cre} mice and overall, the levels of both cytokines in urinary exosomes were enhanced significantly regardless of the diet in the Smpd1^{trg}/Podo^{cre} mice compared to their respective WT/WT groups. In contrast, this enhancing effect of hHcy on the levels of IL-1 β and IL-18 in the urinary exosomes was absent in Smpd1^{-/-} mice.

3.5. Role of Asm in podocyte injury and foot process effacement during hHcy

As shown in Fig. 5A and 5B, the WT/WT mice with hHcy showed remarkable decrease in podocin and obvious increase in desmin compared with the WT/WT mice fed with ND. These responses were also evident in the Smpd1^{trg}/Podo^{cre} mice. The overexpression of Smpd1 in podocytes decreased podocin expression and increased desmin expression even in Smpd1^{trg}/Podo^{cre} mice on the ND diet and these effects were further enhanced by the FF diet. However, hHcy-induced changes in podocin and desmin were not observed in Smpd1^{-/-} mice. TEM analysis was performed to investigate the ultrastructural changes in podocytes in different groups of mice. Whereas podocytes of WT/WT mice on the ND showed intact foot processes of podocytes, marked foot process effacement was observed in the FF diet-treated WT/WT mice. Podocytes of Smpd1^{-/-} mice on the FF diet had relatively normal ultrastructure. Foot process effacement of podocytes was observed in the Smpd1^{trg}/Podo^{cre} mice on ND. Podocyte-specific Smpd1 gene overexpression amplified podocyte foot process effacement induced by hHcy (Fig. 5C).

3.6. Smpd1 gene knockout prevented proteinuria and glomerular sclerosis during hHcy

As shown in Fig. 6A, WT/WT mice on FF diet exhibited severe proteinuria compared to WT/WT mice on ND. Proteinuria in response to the FF diet was prevented by Smpd1 gene knockout in Smpd1^{-/-} mice. Podocyte-specific Smpd1 gene overexpression, however, significantly aggravated proteinuria in mice, both after the ND and FF diets. By PAS staining, morphological examinations showed sclerotic changes in glomeruli of WT/WT mice on the FF diet (Fig. 6B). Correspondingly, the glomerular damage index increased significantly in mice fed the FF diet. Smpd1 gene knockout totally blocked the glomerular damage induced by the FF diet. On the contrary, overexpression of Smpd1 gene in podocytes significantly enhanced glomerular damage in mice on both diets.

4. Discussion

The major goal of the present study was to determine whether Asm-ceramide signaling pathway contributes to NLRP3 inflammasome activation and inflammatory exosome release

in podocytes and thereby lead to podocyte injury and subsequent glomerular sclerosis during hHcy. Our results demonstrated that hHcy induced inflammatory exosome release from podocytes, which was attributed to NLRP3 inflammasome activation and inhibited lysosome-MVB interaction in these cells. The inflammatory exosome release was accompanied by neutrophil infiltration in glomeruli. Also, podocyte damage, proteinuria, and glomerular sclerosis were found in mice with hHcy. These pathological changes were enhanced by podocyte-specific *Smpd1* gene overexpression but blocked by *Smpd1* gene knockout. Our findings indicate that increased exosome release due to reduced lysosome-MVB interaction may be a mechanism mediating the secretion of NLRP3 inflammasome products in podocytes, leading to glomerular inflammation and sclerosis during hHcy. Asm-ceramide signaling pathway may control NLRP3 inflammasome activation and lysosome-MVB interaction and thereby determine the release of inflammatory exosomes in podocytes during hHcy.

It has been shown that chronic injury in glomeruli during hHcy is attributed to the activation of NLRP3 inflammasome, which is composed of three major proteins, including a NOD-like receptor NLRP3, an adaptor protein apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC), and caspase-1 [1]. NLRP3 acts as the sensor to recognize both endogenous and exogenous danger signals [39–41], which leads to recruitment and aggregation of ASC and caspase-1 to form a protein complex, where caspase-1 is activated. The active caspase-1 not only proteolytically cleaves IL-1 β and IL-18 into their biologically active form, but also produces other danger molecules like damage-associated molecular patterns (DAMPs). Both will act to turn on inflammatory response and induce cell dysfunction or death via pyroptosis [42–45]. NLRP3 inflammasome activation has been shown to be a crucial mechanism mediating hHcy-induced glomerular injury and ultimate ESRD, which are associated with podocyte injury, glomerular inflammation, and ultimate sclerosis [46–48]. As mentioned above, however, NLRP3 inflammasomes are activated mainly in the cytosol and their products may not be secreted out of podocytes via a classical and Golgi apparatus-mediated delivery pathway, it is imperative to study how NLRP3 inflammasome activation-derived products such as IL-1 β , IL-18, and high mobility group protein B1 (HMGB1) are released out of podocytes to trigger the inflammatory response and ultimate glomerular injury. Given the important role of Asm and its product ceramide in glomerular injury induced by hHcy [28–30] and in lysosome trafficking and fusion with other vesicles [8, 22–27], the present study tested whether lysosomal Asm-ceramide contributes to NLRP3 inflammasome activation and robust release of inflammatory exosomes in podocytes during hHcy, which trigger glomerular inflammation and sclerosis.

By various approaches, enhancement of NLRP3 inflammasome activation and subsequent neutrophil infiltration was found in glomeruli of WT/WT mice fed with FF diet. The enhanced NLRP3 inflammasome activation and inflammatory response were even seen in glomeruli of *Smpd1*^{tg}/*Podo*^{cre} mice on ND and exaggerated in these mice on FF diet. However, in *Smpd1*^{-/-} mice these pathological changes were blocked. These results clearly suggest that Asm-ceramide signaling pathway contributes to hHcy-induced NLRP3 inflammasome activation in podocytes and glomerular inflammation. In this regard, there are some reports that Asm and its product ceramide are involved in NLRP3 inflammasome

activation and glomerular injury during hHcy [28–30]. The role of ceramide in glomerular injury induced by hHcy was found to be associated with the production of $O_2\cdot^-$ and activation of NLRP3 inflammasomes in podocytes and consequent glomerular inflammation [30, 49, 50]. However, it remains unclear which types of glomerular cells determine the pathological role of Asm-ceramide signaling pathway in glomerular injury induced by hHcy. To our knowledge, the results from the present study provide the first experimental evidence that hHcy-induced NLRP3 inflammasome activation in glomeruli is attributed to Asm-ceramide signaling pathway in podocytes, which may be an important pathogenic mechanism responsible for glomerular injury during hHcy.

Another interesting finding of the present study is that hHcy inhibited lysosome-MVB interaction in glomeruli and enhanced urinary exosome excretion in mice. The MVBs in glomeruli and exosomes in urine were found to contain increased inflammatory cytokines in mice fed with FF diet. These pathological changes were blocked in *Smpd1*^{-/-} mice but exaggerated in *Smpd1*^{trg}/*Podo*^{cre} mice. These results imply that increased release of exosomes may be one of the mechanisms mediating the secretion of inflammatory cytokines as the products of NLRP3 inflammasome in podocytes during hHcy. In addition to enhancement of NLRP3 inflammasome activation, Asm-ceramide signaling pathway contributes to hHcy-induced glomerular inflammation and sclerosis through regulation of lysosome-MVB interaction and inflammatory exosome release in podocytes. Consistent with our findings, previous studies have demonstrated that ceramide and its metabolites, Sph-1-phosphate (S1P) participate in exosome biogenesis, sorting ILVs into MVBs, budding of exosome or MVB fusion to membrane for release of exosomes [19–21]. In particular, ceramide and associated sphingolipids as a key regulator of lysosome trafficking and fusion with other vesicles are shown in different cell types [8, 22–27]. Although a recent study has shown that exosome may mediate the secretion of inflammatory cytokines in glomeruli during D-ribose stimulation [51], the results from the present study provide the first experimental evidence that hHcy damages lysosome-MVB interaction in glomeruli and amplifies urinary excretion of exosomes containing inflammatory cytokines, which are regulated by Asm-ceramide signaling pathway in podocytes. In previous studies, it has been shown that translocation of lysosomal Asm to plasma membrane and consequent lipid raft clustering contribute to NADPH oxidase aggregation and activation, leading to elevated reactive oxygen species (ROS) production in response to different pathological stimuli, such as Hcy, visfatin, and Fas ligand [52–55]. Also, we have reported that NADPH oxidase-derived ROS triggers NLRP3 inflammasome activation in podocytes during hHcy [47]. It is possible that Hcy-induced Asm activation enhances ROS production by NADPH oxidase and thereby inhibits lysosome-MVB interaction, leading to elevated inflammatory exosome secretion from podocytes. Our further experiments confirmed that inflammatory exosome release was associated with podocyte injury, glomerular sclerosis, and proteinuria during hHcy. It was found that podocyte-specific *Smpd1* gene overexpression enhanced these pathological changes. On the contrary, *Smpd1* gene deletion protected podocytes and glomeruli from hHcys-induced injury. These findings provide evidence that targeting the inflammatory exosome release may be a novel strategy to prevent the development of podocyte injury and glomerular sclerosis during hHcy. To further confirm the involvement of Asm-ceramide signaling pathway in hHcy-induced glomerular inflammation and sclerosis,

we treated four-week-old male WT/WT, *Smpd1*^{-/-}, and *Smpd1*^{trg}/*Podo*^{cre} mice with ND or FF diet for 2 weeks. Then, mouse kidneys were harvested for sectioning. Since uninephrectomy was not performed on these mice and the treatment of FF diet was short, podocyte injury was not detected in these mice. Our results showed that expression of *Asm* in podocytes was significantly elevated by hHcy (Supplementary Fig. 1). Moreover, glomerular ceramide accumulation was found in mice with hHcy (Supplementary Fig. 2). These results suggest that hHcy-induced upregulation of *Asm* expression in podocytes leads to elevation of glomerular ceramide in mice. Glomerular ceramide accumulation may contribute to NLRP3 inflammasome activation and robust release of inflammatory exosomes in podocytes during hHcy, which together trigger local glomerular inflammation and sclerosis.

Previous studies have shown that active caspase-1 cleaves GSDMD to release GSDMD-N, leading to the formation of GSDMD pores on the plasma membrane. The GSDMD pores mediate the release of inflammatory cytokines [56]. A recent study has demonstrated that caspase-11/4 and GSDMD-mediated pyroptosis is activated and involved in podocyte loss under hyperglycemia condition and the development of diabetic nephropathy [57]. However, it remains unknown whether hHcy induces the formation of GSDMD pores on the plasma membrane of podocytes. Moreover, inhibition of microRNA-15a has been found to increase the levels of *Asm* and GSDMD in endothelial cells [58]. Nevertheless, there is no evidence of any interaction between *Asm* and GSDMD. In our future study, it would be interesting to test whether *Asm*-ceramide signaling pathway affects GSDMD and thereby determines the secretion of inflammatory cytokines from podocytes during hHcy. Another remaining question is whether *Asm*-ceramide signaling pathway altered exosome release through regulation of NLRP3 inflammasome activation. In this regard, canonical activators of NLRP3 inflammasome, such as ATP, monosodium urate, β -glucan, and nigericin, have been found to induce secretion of EVs [59]. It has been demonstrated that calcium influx can induce both NLRP3 inflammasome and EV secretion [59]. As a well-established inducer of NLRP3 inflammasome, cathepsin has been shown to be involved in the secretion of EVs [60]. It has been reported that NLRP3 and ASC are required for exosome release in response to stimulation of P2X7 receptor, although the results are arguable [61]. Our findings in this study may not determine whether exosome release was affected by NLRP3 inflammasome in podocytes during hHcy. In our future study, it would be interesting to test whether the inhibition of NLRP3 inflammasome activation can block the enhancement of exosome release from podocytes during hHcy.

In summary, the present study demonstrated that hHcy stimulated release of inflammatory exosomes containing the products of NLRP3 inflammasome from podocytes, which initiated glomerular inflammation, leading to more serious glomerular injury and ultimate sclerosis. *Asm*-ceramide signaling pathway contributed to glomerular pathology induced by hHcy through enhancement of NLRP3 inflammasome activation and inhibition of lysosome-MVB interaction. These results may establish a new concept that exosomes mediate the secretion of NLRP3 inflammasome products and thereby recruit immune cells in glomeruli, leading to podocyte injury and glomerular sclerosis during hHcy.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgement

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Highlights

- Exosomes mediate the secretion of NLRP3 inflammasome products from podocyte.
- Smpd1 gene overexpression enhances inflammatory exosome release from podocytes.
- Smpd1 gene knockout inhibits inflammatory exosome release from podocytes.
- Asm contributes to exosome release via inhibition of lysosome-MVB interaction.

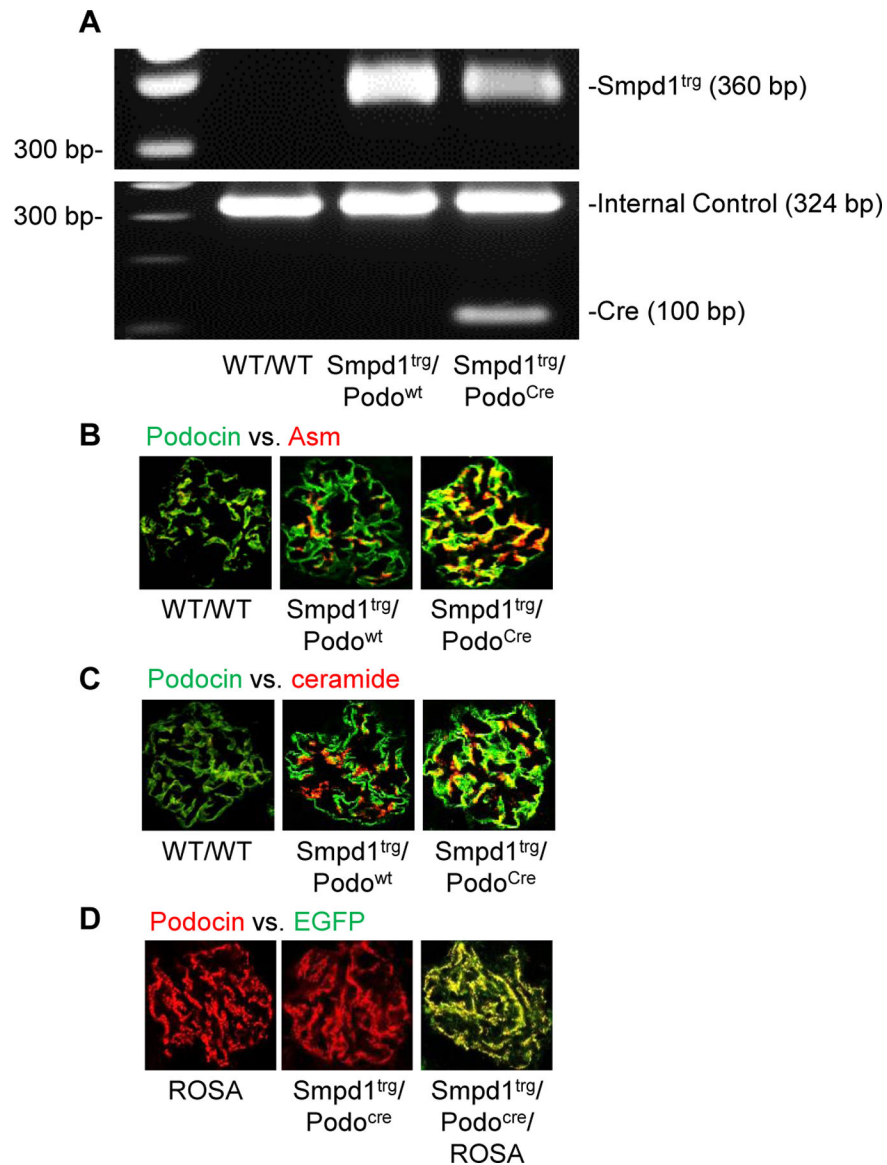
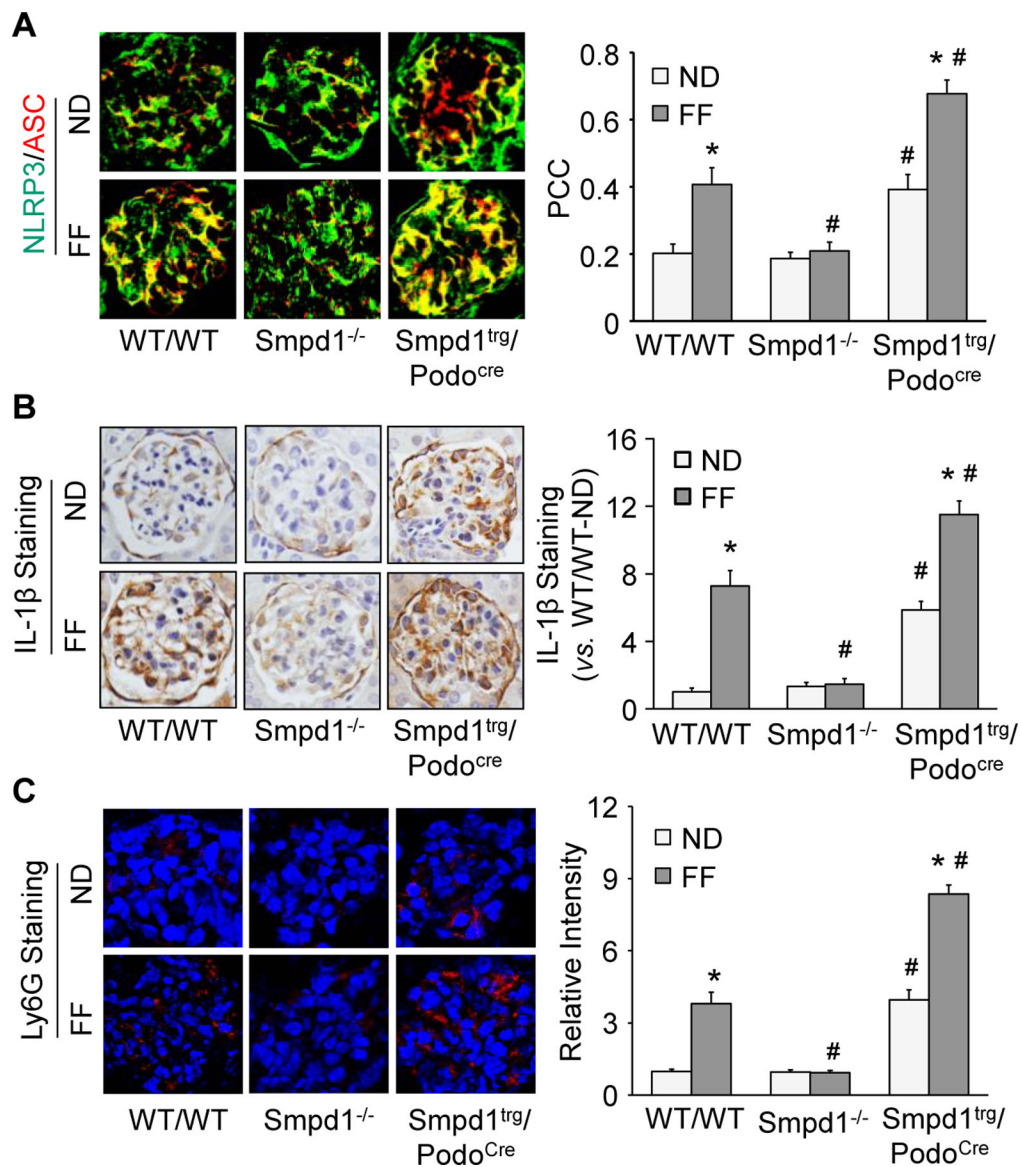
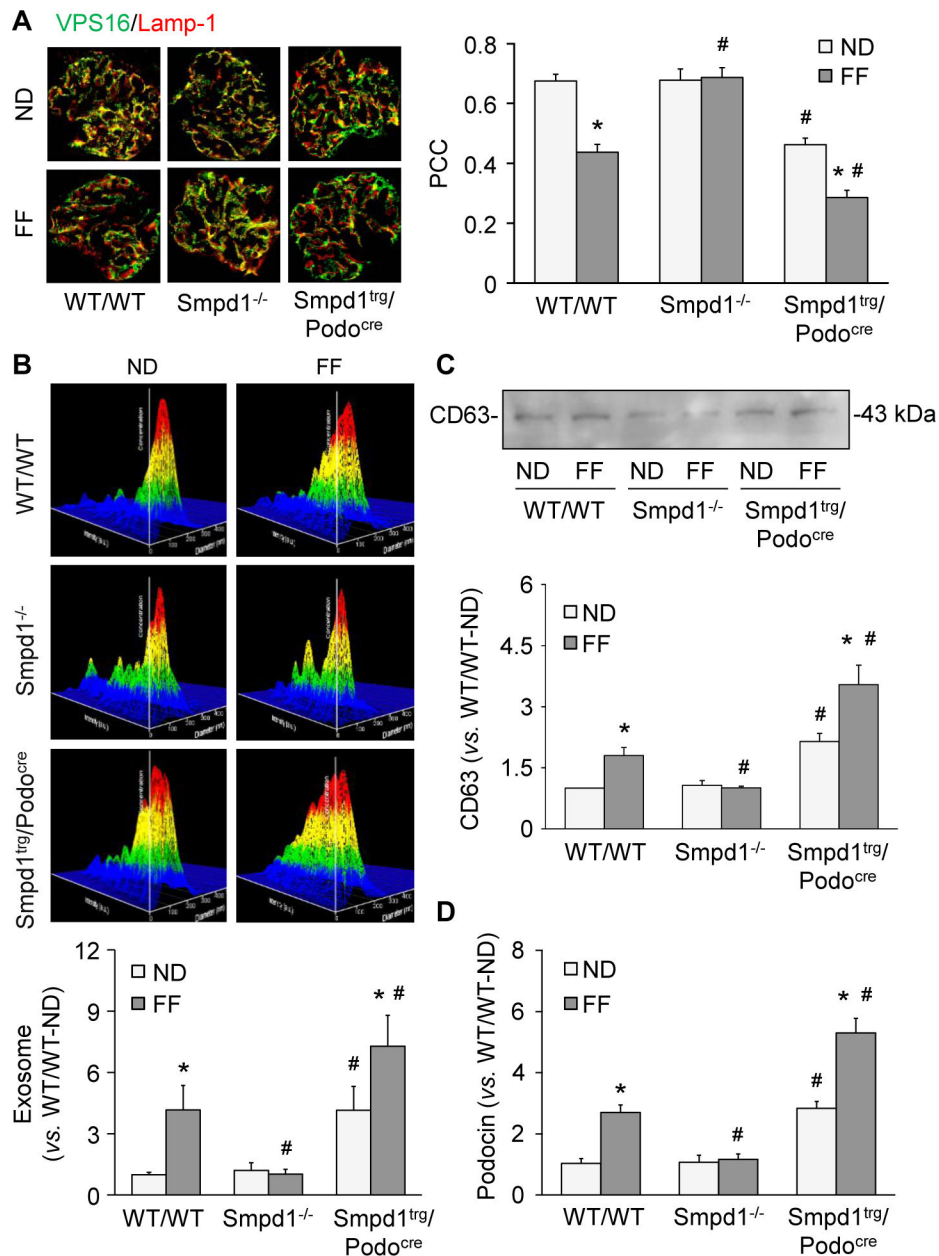


Figure 1.

Characterization of Smpd1^{trg}/Podo^{Cre} mice. A. Representative gel showing detection of Smpd1 transgene and Cre recombinase gene by PCR Genotyping. B. Representative images showing the colocalization of podocin (green fluorescence) and Asm (red fluorescence) in glomeruli of different groups of mice (n=6). C. Representative images showing the colocalization of podocin (green fluorescence) and ceramide (red fluorescence) in glomeruli of different groups of mice (n=6). D. Representative images showing the colocalization of EGFP (green fluorescence) and podocin (red fluorescence) in glomeruli of different groups of mice (n=4).

**Figure 2.**

Podocyte-specific *Smpd1* gene overexpression enhanced glomerular NLRP3 inflammasome activation and inflammation in mice during hHcy. A. Representative images and summarized data showing the colocalization of NLRP3 (green fluorescence) and ASC (red fluorescence) in glomeruli of different groups of mice (n=3–8). B. Representative images and summarized data showing the immunohistochemical staining of IL-1 β in glomeruli of different groups of mice (n=5–6). C. Representative images and summarized data showing the immunofluorescent staining of Ly6G in glomeruli of different groups of mice (n=4). * P<0.05 vs. ND group. # P<0.05 vs. WT/WT group.

**Figure 3.**

Decreased glomerular lysosome-MVB interaction during hHcy. **A.** Representative images and summarized data showing the colocalization of VPS16 (green fluorescence) and Lamp-1 (red fluorescence) in glomeruli of different groups of mice (n=5–8). **B.** Representative images and summarized data showing the urinary exosome excretion in different groups of mice (n=7–13). **C.** Representative Western blot images and summarized data showing the urinary levels of CD63 in different groups of mice (n=5–6). **D.** Urinary levels of podocin in different groups of mice (n=6). * P<0.05 vs. ND group. # P<0.05 vs. WT/WT group.

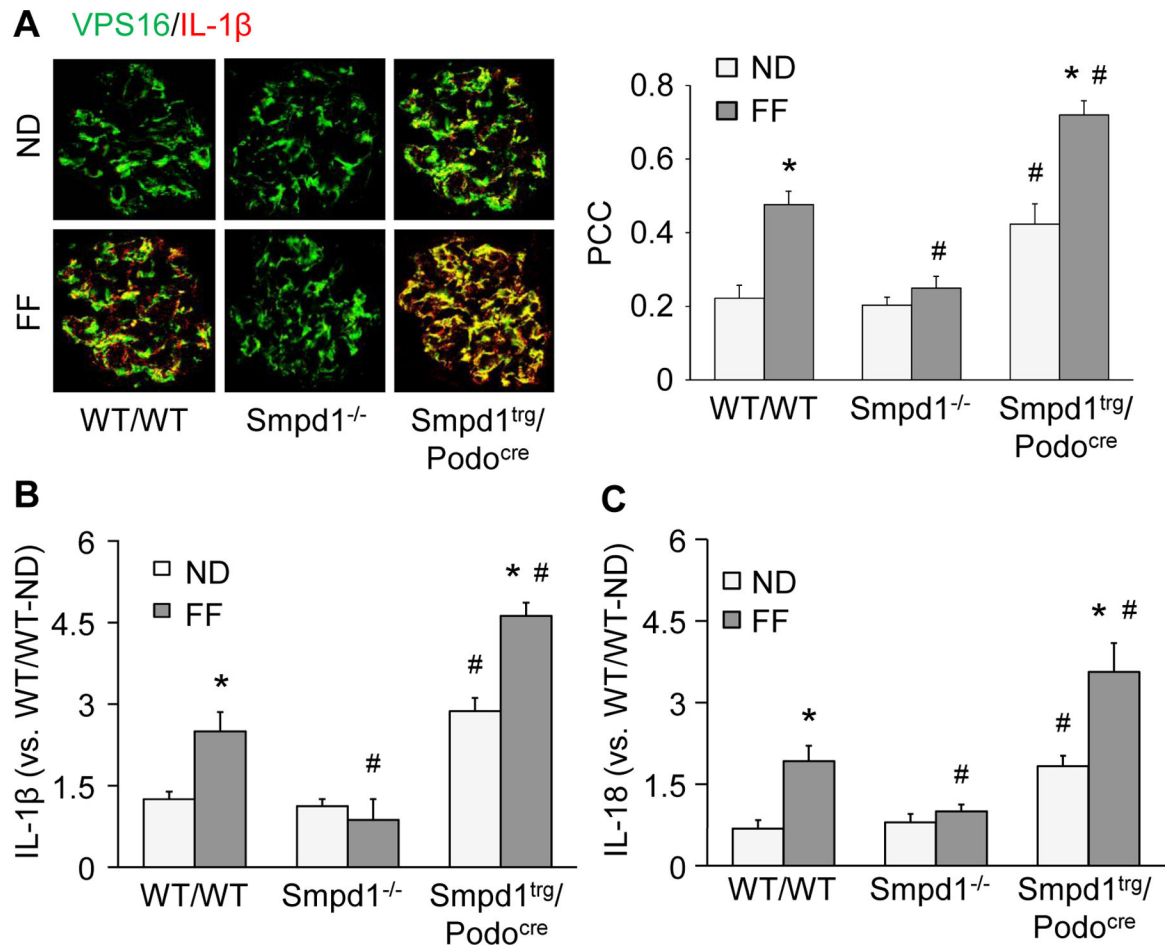


Figure 4.

Enhanced release of inflammatory exosomes during hHcy. A. Representative images and summarized data showing the colocalization of VPS16 (green fluorescence) and IL-1 β (red fluorescence) in glomeruli of different groups of mice (n=8). B. Urinary levels of IL-1 β in different groups of mice (n=4). C. Urinary levels of IL-18 in different groups of mice (n=5–8). * P<0.05 vs. ND group. # P<0.05 vs. WT/WT group.

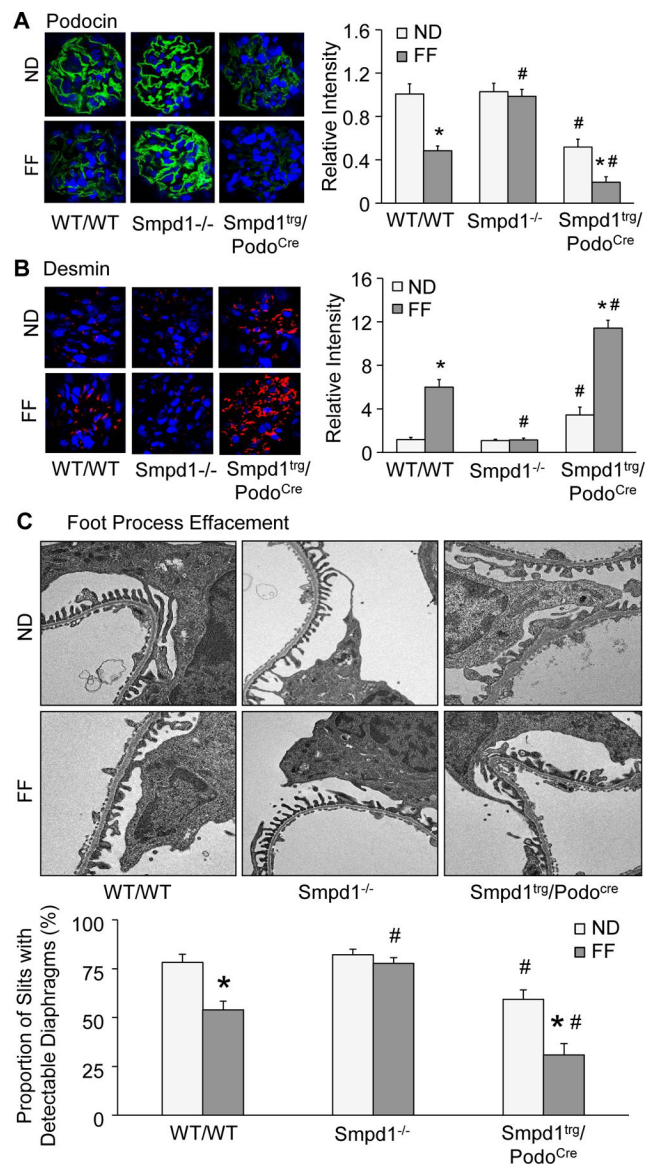


Figure 5.

Podocyte-specific *Smpd1* gene overexpression enhanced podocyte injury and glomerular sclerosis in mice during hHcy. A. Representative images and summarized data showing the immunofluorescent staining of podocin in glomeruli of different groups of mice (n=6). B. Representative images and summarized data showing the immunofluorescent staining of desmin in glomeruli of different groups of mice (n=6). C. Representative electron microscopic images and summarized data showing foot processes in podocytes of different groups of mice (n=4). * P<0.05 vs. ND group. # P<0.05 vs. WT/WT group.

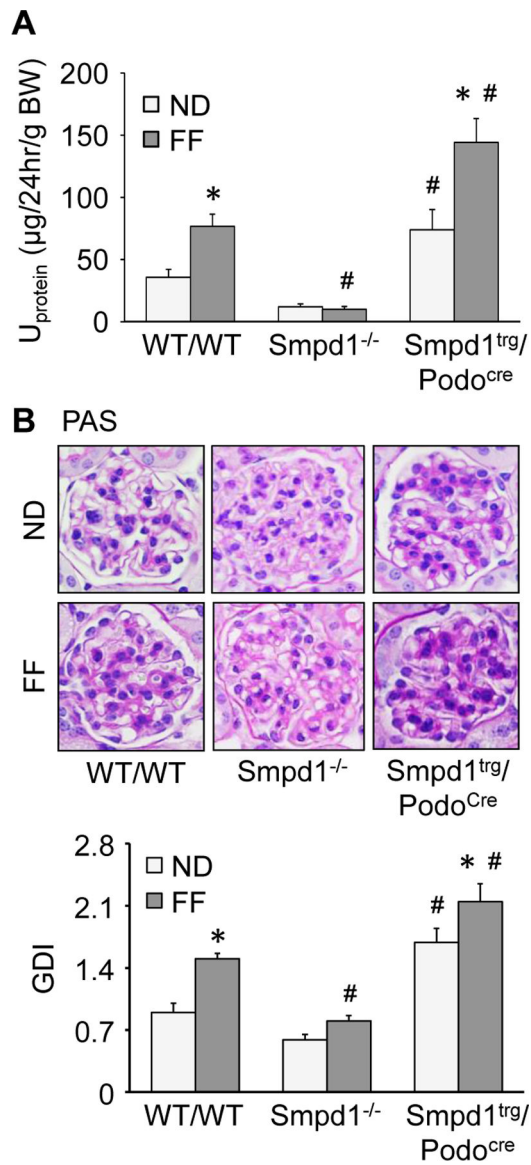


Figure 6. Smpd1 gene knockout prevented proteinuria and glomerular sclerosis during hHcy. A. Urinary protein excretion of different groups of mice (n=8–13). B. Representative images and summarized data showing the glomerular morphological changes (periodic acid-Schiff staining) of different groups of mice (n=6). * P<0.05 vs. ND group. # P<0.05 vs. WT/WT group.