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Expression of CD40L on CD4⁺ T Cells Distinguishes Active versus Inactive HIV-associated Kaposi's Sarcoma

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Abstract

Kaposi's sarcoma (KS) is a malignancy of vascular origin. It is caused by the Kaposi's sarcoma-associated herpes virus (KSHV). Immune dysregulation is a key feature in the development and progression of KS. The main aim of this study was to determine and compare circulating CD4⁺ and CD8⁺ T cell subsets including their expression of CD40 ligand (CD40L) and programmed cell death protein 1 (PD1), natural killer (NK) cells, and NK T cells between individuals with active HIV-associated KS versus those in remission.

We found that the proportion of CD4⁺ T cells was significantly higher in individuals in remission compared to those with active KS (26.3% vs 13.9%; p=0.01). We also observed that the proportion of CD4⁺ T cells and central memory CD4⁺ T cells expressing CD40L was significantly higher in individuals with active KS versus those in remission, (10.6% vs 5.4%; p=0.03) and (14.8% vs 5.9%; p=0.01) respectively. There was no significant difference in proportion of CD4⁺ and CD8⁺ naïve, central memory, effector memory, and terminal effector cells between the two groups. In addition, there was no difference in expression of PD1 on the T cell subsets between the two groups. Furthermore, the proportion of NK cells and NK T cells were not differential between individuals with active disease versus those in remission. CD40L expression is higher in individuals with active HIV-associated KS compared to those in remission. The proportion of CD4⁺ T cells is higher in individuals in remission compared to those with active HIV-associated KS.

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Author's Contributions

ON conceptualized the work. ON, MCM, and MK were involved in data curation. ON was responsible for formal analysis and funding acquisition. ON, MCM, and MK did the investigation. ON was responsible for methodology, project administration, resources, supervision, and writing the original draft. All the authors reviewed and edited the final draft.

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Declaration of Competing Interest

The authors have no conflicts of interest to disclose.

Ethics Statement

All study participants gave informed consent before recruitment into the study. Ethical approval was obtained from the University of Zambia Biomedical Research Ethics Committee (Ref. No. 019-07-18).

Keywords

Kaposi's sarcoma; HIV; T cell subsets; CD40L; PD1; Natural killer cells

Introduction

The vascular malignancy Kaposi's sarcoma (KS) is highly prevalent among HIV-infected individuals [1]. It is caused by the Kaposi's sarcoma-associated herpesvirus (KSHV), also known as human herpes virus type 8 [2]. There are 4 major types of KS including endemic KS, epidemic (HIV-associated) KS, classical KS, and iatrogenic KS. Epidemic KS is by far the most common type of KS. Epidemic KS incidence dramatically increased during the early years of the HIV pandemic. With the introduction and wide-availability of antiretroviral therapy, there was a dramatic decrease in the incidence of epidemic KS, especially in developed countries [3]. However, in some low and middle-income settings including ours, there is still a high prevalence of HIV-associated KS in the ART era [4, 5].

Immune dysregulation and immunosuppression appear to be key in the development of most types of KS. For instance, iatrogenic KS is a result of immunosuppressive therapy, while epidemic KS results from HIV-induced immunosuppression [6, 7]. For epidemic KS, low CD4 count and high HIV viral loads are associated with a high risk of KS tumorigenesis [8]. Subsets of CD4 and CD8 T cells have significance in predicting the development and/or progression of diseases including cancer [9]. In addition, these cells can express molecules such as PD1 that can inhibit T cells from identifying and killing tumor cells, and CD40L which is a co-stimulatory glycoprotein that may have pro-apoptotic or anti-apoptotic effects [10]. Also, natural killer (NK) cells are important in killing tumor cells and viral-infected cells [7]. Whether T cell subsets, PD1 and CD40L expression, and/or NK cells are differential in individuals with active KS versus KS in remission has not been extensively studied.

The main objective of this study was to determine and compare CD4 and CD8 T cell subsets and markers including programmed death ligand 1 (PD1) and CD40 ligand (CD40L) on these subsets, Natural Killer (NK) cells, and Natural Killer T (NK T) cells between individuals in remission versus those who had active KS disease.

Materials and Methods

This was a cross-sectional study. We compared individuals with active HIV-associated KS to those in remission for HIV-associated KS. Individuals with active KS disease were chemotherapy-naïve and newly-diagnosed with KS. Individuals in remission for KS had been treated previously with chemotherapy (Doxorubicin, Bleomycin, and Vincristine) and were in complete remission. At the time of recruitment, individuals in remission had been off chemotherapy for at least one month or more. All the study participants in both groups were on ART.

This study compared T cell subsets, NK cells, and NK T cells between individuals that had active HIV-associated KS versus those who were in remission. We stained whole blood for

30 minutes with the following antibodies: CD3 APC-H7, CD4 PE, CD8 PE-Cy7, CD45RO APC, CCR7 BB515, CD40L BB700, PD1 BB700, CD16 APC, and CD56 BB515. The antibodies were obtained from BD Biosciences (Belgium). Flow cytometry was performed on a 6-color BD FACSVerse instrument. Fluorescence-minus-one (FMO) controls were used to identify and gate cell populations. Analysis of the flow data was done using Flow Jo version 10. The gating strategies used are shown on S1 Fig.

The Wilcoxon Rank-sum test was used to compare differences in T cell subsets, NK cells, and NK T cells between individuals in remission compared to those with active KS disease.

Results

We recruited and compared 10 individuals who were in remission to 8 individuals that had active HIV-associated KS disease [Table 1]. The proportion of CD4⁺ T cells was significantly higher among individuals who were in remission compared to those with active KS disease. The proportion of CD4⁺ T cells expressing CD40L was significantly lower in individuals who were in remission compared to those with active KS disease. CD4⁺ T cell subsets including naïve, central memory, effector memory, and terminal effector cells were not significantly different between individuals in remission versus those with active KS disease. Expression of CD40L on these subsets was only significantly different for central memory cells where it was significantly higher among those with active disease than individuals in remission (Figure 1). The expression of PD1 on CD4⁺ T cells and all the subsets was not significantly different between individuals in remission versus those with active disease (Table 2). There was no difference in proportion of CD8⁺ T cells, their subsets, and expression of CD40L or PD1 between individuals in remission versus those with active disease (Table 3). In addition, there was no difference in NK cells or NK T cells in individuals in remission versus those with active disease (Table 4).

Discussion

This was a study on immunophenotyping T and NK cells in individuals with active HIV-associated KS versus those in remission. When we compared individuals in remission to those with active KS disease, the proportion of CD4 T cells was significantly higher among those in remission than those with active KS disease. Previous studies have also observed that CD4 percentage is a better predictor of the occurrence of AIDS-related events than CD4 counts [11]. This suggests that proportion of CD4 T cells is a better predictor of KS disease status than absolute CD4 T cell counts.

The CD4 and CD8 T cell subsets including naïve, central memory, effector memory, and effector cells were not differential between individuals with active disease versus those in remission. Expression of the immune checkpoint PD1 on these subsets was also not significantly different between individuals with active disease and those in remission. However, expression of CD40L was significantly higher among all CD4 T cells and among the central memory CD4 T cells in individuals with active HIV-associated KS compared to those who were in remission. CD40 ligand is a co-stimulatory glycoprotein that is predominantly and transiently expressed on activated CD4⁺ T cells, and binds to CD40

which is expressed by antigen presenting cells and tumors [12]. When expressed by a subset of CD4⁺ T cells called T follicular helper cells (T_{FH}), CD40L binds to CD40 expressed on B cells and promotes B cell maturation, and thereby promotes immunoglobulin class switching and affinity maturation [13]. In cancer, CD40 is known to be expressed in many types of malignancies, and the CD40-CD40L interaction can lead to expression of pro-apoptotic or anti-apoptotic proteins which can result in either regression or proliferation of malignancies [10, 14]. In KS, the CD40 expression on tumor cells and its interaction with CD40L has been observed to promote the growth, survival, and neovascularization of KS tumors [15, 16]. In addition, CD40L has been shown to activate KSHV-infected B cells which leads to replication of KSHV in B cells [17, 18]. These observations may partly explain the activation and anti-KSHV antibody production of KSHV-infected B cells in individuals with active KS as has been observed previously [7, 19]. Hence, CD40L expression by CD4⁺ T cells in KS patients may have more of a tumor-promoting effect and may be a potential therapeutic target for HIV-associated KS.

Conclusion

Major subsets of CD4 and CD8 T cells, NK cells, and NK T cells are not significantly different between individuals with active versus inactive HIV-associated KS. CD40 ligand expression is higher on CD4⁺ T cells of individuals with active HIV-associated KS compared to those in remission. The proportion of CD4⁺ T cells is higher in individuals in remission than those with active KS.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights

- The proportion of CD4⁺ T cells expressing CD40L is significantly higher in individuals with active HIV-associated KS versus in remission.
- The proportion of CD4⁺ T cells is significantly higher in individuals in remission for HIV-associated KS compared to those with active disease.
- There is no significant difference in naïve, central memory, effector memory, and/or terminal effector cells between individuals with active HIV-associated KS compared to those in remission.
- There is no significant difference in natural killer and/or natural killer T cells between individuals with active HIV-associated KS compared to those in remission.

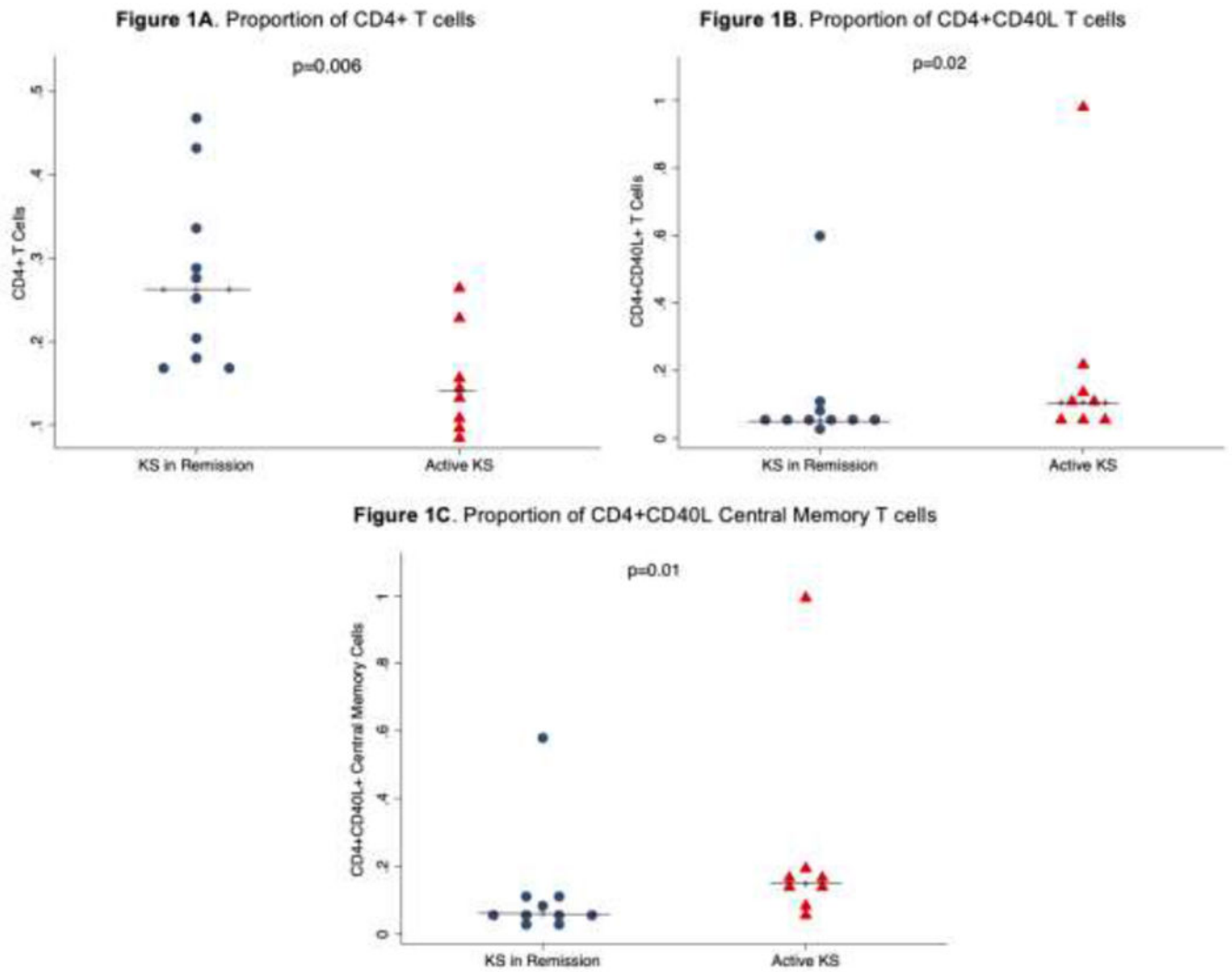


Figure 1.
 A) The proportion of CD4+ T cells was higher in individuals in KS remission compared to those with active KS; B) The proportion of CD4+ T cells expressing CD40L was significantly higher in individuals with active KS compared to those in remission; C) The proportion of central memory CD4+ T cells expressing was significantly higher in individuals with active KS compared to those in remission.

Table 1.

Characteristics of Study Participants by Disease Status

| | KS in Remission (N=10) | Active KS (N=8) |
|----------------------------|-----------------------------------|----------------------------|
| Age in Years | 40 [29-43] | 38 [30.5-41.5] |
| Males | 6 (60%) | 5 (62.5%) |
| Smoking | 1 (10%) | 1 (12.5%) |
| Alcohol | 4 (40%) | 0 (0%) |
| HIV Positive | 10 (100%) | 8 (100%) |
| CD4 Count (cells/ μ l) | 275 [223-422] | 305 [172-377] |

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Table 2.

CD4 T cell subsets in Active KS versus KS in Remission

| | KS in Remission | Active KS | P value |
|-------------------------|------------------------|-------------------|----------------|
| All CD4 T cells | 26.3% [18-33.3] | 13.9% [10.2-19.1] | 0.01 |
| <i>CD40 Ligand</i> | 5.4% [4.4-7.2] | 10.6% [6.5-17.8] | 0.03 |
| <i>PD1</i> | 27.2% [22.2-35] | 28.1% [20.2-49.8] | 0.79 |
| Naïve T cells | 30.5% [18.6-39.9] | 27.3% [10.3-45.5] | 1.00 |
| <i>CD40 Ligand</i> | 3.3% [2.9-4.0] | 7.1% [4.8-18.1] | 0.05 |
| <i>PD1</i> | 2.1% [1.1-3.6] | 1.8% [1-3.4] | 0.89 |
| Central Memory Cells | 37.7% [35.1-42.9] | 41.5% [32.5-45.6] | 0.86 |
| <i>CD40 Ligand</i> | 5.9% [4.5-11.4] | 14.8% [11.4-18] | 0.01 |
| <i>PD1</i> | 31.8% [26-35.3] | 40.8% [22.8-60] | 0.53 |
| Effector Memory Cells | 27.9% [16.8-30.1] | 27.7% [20.8-43.1] | 0.53 |
| <i>CD40 Ligand</i> | 5.3% [4-7.7] | 6.7% [4.4-12.2] | 0.72 |
| <i>PD1</i> | 56.2% [44.7-63.1] | 77.4% [57.4-85.7] | 0.06 |
| Terminal Effector Cells | 1.2% [0.8-2.4] | 0.6% [0.3-1.5] | 0.18 |
| <i>CD40 Ligand</i> | 8.4% [0-25%] | 5% [0-18.8] | 0.68 |
| <i>PD1</i> | 27.9% [16.7-45] | 30% [0-72] | 0.69 |

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Table 3.

CD8 T cell subsets in Active KS versus KS in Remission

| | KS in Remission | Active KS | P value |
|-------------------------|------------------------|-------------------|----------------|
| All CD8 T cells | 21% [14.2-26.7] | 21.9% [12.2-26.8] | 0.79 |
| <i>CD40 Ligand</i> | 1.9% [1.1-6.2] | 4.9% [3.4-8.6] | 0.25 |
| <i>PD1</i> | 23.4% [12.6-30.3] | 23.6% [11.9-33.2] | 0.76 |
| Naïve T cells | 24.1% [7.3-32.6] | 12.3% [11.1-24] | 0.72 |
| <i>CD40 Ligand</i> | 3.1% [1.8-5.9] | 9.2% [2.4-14.5] | 0.40 |
| <i>PD1</i> | 6.8% [2.4-8.9] | 13% [4.7-18.9] | 0.16 |
| Central Memory Cells | 1.6% [0.9-2.2] | 1.1% [0.8-2.6] | 0.72 |
| <i>CD40 Ligand</i> | 7% [0-12.5] | 11.3% [0-22.7] | 0.52 |
| <i>PD1</i> | 28.1% [11.1-33.3] | 26.1% [8.6-48.9] | 0.62 |
| Effector Memory Cells | 10.7% [9.7-12] | 13.8% [9.2-21.3] | 0.72 |
| <i>CD40 Ligand</i> | 1.8% [0.2-7.8] | 5.8% [1.3-11.3] | 0.42 |
| <i>PD1</i> | 44.3% [24.7-50.9] | 38% [22.1-53.5] | 0.93 |
| Terminal Effector Cells | 62.8% [56.3-70.4] | 64.8% [56.5-73.1] | 0.86 |
| <i>CD40 Ligand</i> | 1% [0.5-4.1] | 3.8% [2.3-4.8] | 0.21 |
| <i>PD1</i> | 25.7% [16.7-38.1] | 18.9% [8.5-36.1] | 0.93 |

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Table 4.

NK and NK T cells in Active KS versus KS in Remission

| | KS in Remission | Active KS | P value |
|--------------------------|------------------------|------------------|----------------|
| CD3-CD16+ Cells | 9.6% [4.7-16.8] | 11.1% [8.1-13.9] | 0.66 |
| CD3-CD56+ Cells | 5.5% [3.0-8.7] | 4.2% [1.2-6.6] | 0.33 |
| CD3-CD16+CD56+ Cells | 16.1% [11.2-23.8] | 12.4% [2.6-17.8] | 0.25 |
| CD3+CD8+CD16+ Cells | 0.7% [0.5-0.8] | 1.5% [0.7-3.8] | 0.10 |
| CD3+CD8+CD56+ Cells | 7.8% [3.9-10.7] | 11.8% [5.7-19.6] | 0.13 |
| CD3+CD8+CD16+CD56+ Cells | 0.1% [0.0-0.2] | 0.1% [0.0-0.5] | 0.89 |

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