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Trichomonas vaginalis infection in symbiosis with Trichomonasvirus and *Mycoplasma*

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Abstract

Trichomonas vaginalis is a protozoan with an extracellular obligatory parasitic lifestyle exclusively adapted to the human urogenital tract and responsible for nearly a quarter billion sexually transmitted infections worldwide each year. This review focuses on symbiotic *Trichomonasvirus* and mycoplasmas carried by the protozoan, their molecular features and their role in altering the human vaginal microbiome and the immunopathogenicity of the parasite. Improved diagnostics and larger clinical interventional studies are needed to confirm the causative role of protozoan symbionts in the variable clinical presentation of trichomoniasis and its morbid sequelae, including adverse reproductive outcome, susceptibility to viral infections and cancer.

Keywords

Trichomoniasis; Endosymbionts; dsRNA viruses; *Mycoplasma hominis*; *Candidatus Mycoplasma girerdii*; Microbiome

1. Introduction

Protozoan genera known to carry endobiont viruses that can only propagate within the protozoan host include *Babesia*, *Cryptosporidum*, *Eimeria*, *Entamoeba*, *Giardia*, *Leishmania*, *Naegleria*, *Plasmodium* and *Trichomonas* [1]. While these viruses are presumably non-infectious to the human/animal host, recent evidence suggests some may significantly influence the outcome of parasitic disease by modifying immune responses to the protozoan parasite [2–4]. Protozoan parasites that carry symbiont microorganisms that are capable of multiplying in the vertebrate host and that cause an infectious disease are more rarely

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Conflicts of interest

The authors have no conflicts of interest.

described. *Trichomonas vaginalis* falls within both categories of protozoan pathogens. It has adapted to symbiosis with double-stranded RNA (dsRNA) endobiont viruses, recently classified by the International Committee on Taxonomy of Viruses as Trichomonasvirus genus within the Family *Totiviridae*, as well as with eubacterial *Mycoplasma* species, with *Mycoplasma hominis* as the best studied representative. This review will focus on *T. vaginalis* and its toolbox of symbionts as emerging key players in human disease. We believe that understanding the molecular features of the symbiont infections and their interactions with the human host is essential for improvement of the diagnostics and therapeutics of this parasitic disease.

T. vaginalis is an extracellular, obligatory sexually transmitted parasite, exclusively adapted to the epithelial lining of the human vagina, the uterine cervix and the male and female urethra. It causes over 220 million cases of trichomoniasis each year, which is more than the most prevalent bacterial sexually transmitted infections taken together [5]. The infection is often asymptomatic and, when present, symptoms range widely from itching to burning, dyspareunia and malodorous discharge [6]. Trichomoniasis is associated with persistence of most carcinogenic HPV types, cervical and prostate cancer and higher risk of HIV and HPV infection, and is especially damaging to reproductive health and pregnancy (reviewed in [6]).

In culture supernatant, the parasite is pear-shaped, measuring $7-23 \times 5-10$ microns, and in the trophozoite state it can be almost half the size of the host epithelial cells (Fig. 1). It swims using 5 flagella – four anterior and one embraced by an undulating membrane across its antero–posterior axis. It can survive on wet surfaces outside the human body for only a limited amount of time.

Symbiotic species prevalent among *T. vaginalis* isolates across the globe

2.1. Trichomonasvirus

The presence of long, linear dsRNA molecules in many strains of T. vaginalis was first reported in 1985, followed shortly by evidence of their association with virus-like particles and their recognition as T. vaginalis viruses (TVVs) [7]. Significant progress has been made since then, especially in establishing the molecular and structural characteristics of the virus. The genome is monosegmented, with plus-strand RNA (viral mRNA) containing two open reading frames encoding the coat protein (CP) and the RNA-dependent RNA polymerase (RdRp) [8]. Like most other members of *Totiviridae*, TVV is believed to lack virionassociated machinery for active cell entry and is transmitted from one parasite to another during cytokinesis and possibly sexual reproduction inferred from genetic evidence (reviewed in [9] and [10]). Thus far, four different TVV species (TVV1, 2, 3 and 4) have been identified in the genus Trichomonasvirus by phylogenetic and genomic sequence analysis, and complete genome sequences of all four species have been deposited in GenBank and assigned accession numbers as published [8,11,12]. Recently, Parent et al. described the 3D-structure of TVV-1, making it the fourth member of the Family Totiviridae with reported crystallographic structure, next to the prototype Totivirus Saccharomyces cerevisiae virus L-A (ScV-L-A), which encodes toxins in the killer yeast S. cervevisiae, the

Helminthosporium victoriae virus-190S (HvV190S), which inhabits a number of pathogenic fungi and protozoa in plants, and the infectious myonecrosis virus (IMNV), which inhabits the penaeid scrimp [9]. One of the most interesting features determined by cryo-transmission electron microscopy in this study was that the TVV-1 capsid has unusually large channels that may allow the dsRNA genome to escape the virions and interact directly with the human host as an immunity modifier once released from the protozoan host and taken up by the human cells, where they engage pathogen recognition receptors without causing a productive infection [3].

The reported infection rate of TVVs in different clinical isolates of T. vaginalis varies depending mostly on detection methods and limitations of small sample size (Table 1). A few studies reported low prevalence of T. vaginalis dsRNA virus (14-20%) in isolates from Korea, Iran, Egypt and the Philippines [13–16]; however, most other studies reported high infection rates of 40-100% around the globe [3,17-24], suggesting that variations among studies may be driven by technical factors and/or clinical and socio-economic covariates, rather than by geographic and racial/ethnic differences. In each of the listed studies in Table 1, TVV genomic RNA was detected by gel electrophoresis of total nucleic acid extracts, electrophoresis of RNA or dsRNA extracts and RTPCR. Other methods of TVV detection, still pending a broader validation, include immunodetection with TVV-specific antibodies [25] and nucleic acid microarrays to detect TVV RNAs [26]. None of these methods has yet been adapted as a standard clinical diagnostic test. Over 100 strains representing the four TVV species have been described to date, although not always fully characterized (Table 1). TVV purification techniques vary significantly between studies, and include filtration, CsCl density-gradient centrifugation, sucrose cushion and ultracentrifugation, which may contribute to variations in the identification of TVV-positive clinical isolates of T. vaginalis. Methods for TVV species identification also vary, and may account for failure to detect multiple species within a single isolate (Table 1). Those commonly used are reverse transcription-PCR (RT-PCR) with species-specific primers, analysis of the coding sequences of the capsid protein, viral RNA-dependent RNA polymerase (RdRp) or full-length sequencing of the dsRNA genome (Table 1). Early electron microscopy studies suggested that different types of virus-like particles can be concurrently detected in *T. vaginalis* [27]. Goodman et al. [12] reported for the first time that individual parasites can carry infection with all four known TVV species simultaneously. In the global characterization of over 100 strains of *T. vaginalis* from Brazil, China, Cuba, Iran, Korea, Philippines and the USA by multiple studies, the majority were infected with a single TVV species (Table 1). Among the isolates/strains that were characterized for mixed infections, 29.7% were positive for multiple TVV species. It is possible that, in some instances, the presence of multiple TVVs in a single 'isolate' of T. vaginalis was due to a mixture of parasites, each infected with a different TVV species; however, the presence of a stable co-infection with all four TVV species has been confirmed by cloning of the protozoan host [12]. TVV1 (44.5%) and TVV2 (31.4%) were the most prevalent viral species identified in *T. vaginalis* isolates, followed by TVV3 (13.1%) and, finally, TVV4 (10.9%), which may be least commonly detected because of its later discovery [12]. Future studies including isolates from different geographic origins with robust methods for TVV detection and identification are needed to determine the true prevalence of the *Trichomonasvirus* and the individual TVV species around the globe.

2.2. Mycoplasma

In 1975, Nielsen [28] showed, by transmission electron microscopy, the presence of apparently intact *Mollicutes* within the cytoplasm of *T. vaginalis* cells after 6 weeks of in vitro cultivation. In 1985, Scholtyseck et al. identified *Mycoplasma fermentans* in *T. vaginalis* based on morphologic criteria [29]. Twelve years later, a large clinical study showed an association of *T. vaginalis* infection with *M. hominis* [30]. That same year, Rappelli et al. isolated viable *M. hominis* identified by PCR from long-term in-vitro-cultivated *T. vaginalis* isolates [31].

M. hominis lives in the human urogenital tract and is like the other mycoplasmas, characterized by a small size $(0.2-0.3 \ \mu\text{m})$ and by the absence of a cell wall. Mycoplasmas are considered the smallest organisms capable of independent replication, with a small genome of about 650 kb. The small genome renders these bacteria strongly dependent on host cell metabolism. The energy metabolism of *M. hominis* is strictly dependent upon the fermentative degradation of free arginine. *M. hominis* has the ability to enter trichomonad cells by endocytosis and to multiply in coordination with the protozoan host.

Since the observations of Rappelli et al. [32,33], several groups used PCR to demonstrate the presence of *M. hominis* in trichomonad isolates of different geographic origin, with infection rates ranging from 5% to over 89% (Table 2). In addition, the intracytoplasmic location of *M. hominis* in *T. vaginalis* cells has been demonstrated by gentamicin protection assays and by confocal and electron microscopy [32,33].

Very recently, next-generation sequencing of the vaginal microbiome identified a new *Mycoplasma* species, initially named Mnol and later renamed *Candidatus Mycoplasma girerdii. C. M. girerdii*, which has been found almost exclusively in women positive for *T. vaginalis* with 63% prevalence of *T. vaginalis* and *C. M. girerdii* co-infections [34,35]. The bacterium is uncultivable in common mycoplasma media and thus had not been identified in past culture-based studies of the vaginal microbiota. Considering the strict association between *C. M. girerdii* and *T. vaginalis*, it may be that the bacterium is an obligate symbiont of *T. vaginalis*. *M. girerdii* shows a very small genome of 619 kb (with 28.6% GC content) and lacks gluconeogenesis, the tricarboxylic acid cycle (Krebs cycle) and enzymes for purine, pyrimidine and amino acid synthesis. In addition, arginine dihydrolase pathway (ADH) genes, essential for mycoplasma energy metabolism, are absent, which may explain the dependence on *T. vaginalis*. Interestingly, *M. girerdii* shows genes encoding proteins homologous to microbial virulence factors, such as collagenase, hemolysin and endopeptidase [34].

Further studies will better characterize the role of this new bacterial species in modulating the virulence of, and the host immune response to, *T. vaginalis* infection.

3. Molecular characteristics of symbiont infections associated with protozoan genomic features and virulence factors

3.1. Trichomonasvirus

Cytoadherence to vaginal epithelial cells is a critical step in pathogenesis and is essential for the colonization and the persistence of *T. vaginalis* infection [36]. The adhesion level is higher in virus-infected compared to non-infected parasites, and higher among TVV-2-infected versus TVV-1-infected parasites [37]. Given the advantage provided by the TVV infection, it can be hypothesized that the viral infection may upregulate virulence genes of the parasite and that, vice-versa, evolutionary preserved characteristics of the protozoan genome may favor the viral infection.

To identify genes and proteins involved in the parasite predisposition to symbiotic infection and its virulence to the human host, a correlation between TVV infection and the genetic polymorphism of the parasite has been investigated using a number of molecular tools. In contrast to a few small studies [38,39], larger studies using the RAPD or microsatellite techniques reported correlation a between the presence of TVV and protozoan genetic polymorphism. The correlation was shown in 109 isolates from the United States [40], in 37 Cuban isolates [19] and in 235 isolates from 10 regions in Mexico, Chile, India, Australia, Papua New Guinea, Italy, Africa and the United States [41]. These findings support the notion of a genetic protozoan predisposition to entry and/or survival of the virus in the protozoan host.

Fraga et al. [42] found a specific RAPD marker of 490 bp in all symptomatic, but not in asymptomatic, isolates using primer Tv-5. This genetic virulence marker exhibited significant sequence similarity to the *T. vaginalis* hypothetical G3 leucine-rich repeat (LRR) protein family and to *Giardia lamblia* LRR protein 1, which could mediate viral entry. Further studies should be conducted to confirm the precise role of this gene in protozoan susceptibility/resistance to TVV and in overall clinical phenotypes.

Several studies suggested a possible role of TVV in the virulence of the parasite via expression of protozoan immunogenic proteins and modulating the human host immune responses. The TVV infection upregulates synthesis and surface expression of a highly immunogenic protein, P270 [43]. Parasites infected with TVVs alternate expression of P270 to cytoplasmatic expression. This depends on protein phosphorylation, but also, iron plays a role in the modulation of the P270 localization in virus-harboring parasites [44], though the precise cellular function of P270 is still unknown.

Viral infection of trichomonads is also associated with differential qualitative and quantitative expression of cysteine proteinases (CPs) [45], which are important virulence factors linking cytoadherence to host vaginal cells and subsequent cytotoxity, and to degradation of basement membrane components [46]. Several CPs that are released from the parasite are implicated in pathogenesis, although their specific functions and targets remain unknown [47].

3.2. Mycoplasma

The infection of *T. vaginalis* by *M. hominis* has important implications for the biochemistry and physiopathology of the protozoon. Interestingly, *T. vaginalis* and *M. hominis* share a common biochemical pathway, i.e., the arginine dihydrolase (ADH) pathway [48]. The ADH pathway represents a major energetic source for mycoplasmas [49] and, under anaerobic conditions, *T. vaginalis* can exploit the ADH pathway to obtain up to 10% of its energy requirements [48]. In this pathway, arginine is converted to ornithine and ammonia through arginine deiminase (ADI), catabolic ornithine carbamyltransferase (OCT) and carbamate kinase (CK) resulting in ATP production. Details of these metabolic pathways were published by Margarita et al. [50]. This energy-producing pathway is particularly important under glucose restriction in that, in this condition, OCT and CK are both upregulated in the log growth phase of *T. vaginalis* and the ADH pathway provides an alternative energy source [51]. The protozoan and bacterial pathways compete for the same biochemical substrate (i.e. environmental free arginine) and, as a consequence, the *T. vaginalis-Mycoplasma* consortium consumes larger amounts of free arginine compared to the mycoplasma-free protozoa.

In addition, *M. hominis*-infected protozoa are able to produce a ~16-fold increase in intracellular ornithine and a threefold increase in putrescine [52]. Since *M. hominis* cannot synthesize putrescine [49], the additional supply of putrescine represents an important benefit for symbiotic bacteria.

In several bacterial species [53] and in the intestinal mucosal protist *Giardia intestinalis* [54], ADI is implicated in microbial mechanisms of pathogenicity. *M. hominis*-infected *T. vaginalis* shows higher production of ATP per cell as a consequence of the redundancy of the protozoan and bacterial ADH pathways [50]. The increase in ATP production is likely delivered by the *Mycoplasma* ADH pathway, since protozoan ADH genes are not upregulated by the symbionts [52]. Increasing the free arginine levels caused the *T. vaginalis-M. hominis* consortium to further increase ATP production per cell. Free arginine levels are high in the vaginal environment during infections, thus facilitating energy metabolism of both *T. vaginalis* and *M. hominis*.

It has been demonstrated that a higher intracellular ATP concentration is correlated with an increased growth rate of several parasites and, in fact, *M. hominis*-infected *T. vaginalis* are characterized by a $\sim 20\%$ faster growth rate than mycoplasma-free parasites, leading to $\sim 40\%$ higher cell densities during stationary phase [50].

While the intracellular location and the support of putrescine represent a major advantage for *M. hominis*, the faster growth rate, higher production of intracellular ATP, rapid depletion of free environmental arginine and subsequent reduced production of free NO by activated macrophages are important physiological benefits for *T. vaginalis*.

All of these biochemical aspects of symbiosis might be fundamental for the establishment and maintenance of the strict microbial association between *T. vaginalis* and *M. hominis*, and thus become an essential part of parasite physiopathology and the dynamics of host-microbe interactions.

4. Impact of *Trichomonas* symbionts on human host immunity and disease – therapeutic challenges

Several protozoan virulence factors have been identified, but it is unclear as to whether they can be therapeutic targets on their own without considering the pathogenic implications of the host immune response. For example, targeting *T. vaginalis* with antibiotics has negative implications for the human inflammatory response which, unless addressed by antiinflammatory treatment, may compromise the therapeutic outcome. As discussed below, both *Trichomonasvirus* and *Mycoplasma* symbionts can, when released by antibioticstressed parasites, induce antiviral and antibacterial types of innate immunity and inflammatory responses. These responses are unlikely to contribute to self-clearance of the protozoan infection, but rather, cause damage driven by heavy leukocyte infiltration and by high local concentrations of pro inflammatory cytokines and chemokines, which are frequently detected in trichomoniasis [6] and by the same mechanism of excessive inflammation, increasing the risk of invasive cervical cancer [6], prostate cancer [55] and HIV acquisition and shedding [56].

4.1. Trichomonasvirus

Studies meant to correlate Trichomonasvirus with severity of human disease have been hampered by the limited knowledge of TVV genetics, and hence, limited diagnostic and analytic tools [3]. Wendel et al. [24] were the first to focus on the prevalence and clinical features associated with infection by either dsRNA virus-negative or dsRNA virus-positive trichomonads. The study observed that patients with TVV infected isolates reported more genital irritation, odor, genital pruritus and discharge, and less dysuria, than patients with uninfected isolates; however, statistical significance could not be reached due to the small sample size (28 isolates). A Cuban study by Fraga et al. [37] reported the association of TVV infection with vaginal discharge, dysuria, dyspareunia and cervical, but not vaginal or vulvar erythema, and not with pruritus. A study in Egypt reported similar positive associations [16] and no association with burning and vaginal edema. Moreover, Fraga et al. [37] showed that the viral symbiont species can influence the severity of signs and symptoms, as the parasites isolated from patients with mild symptoms were only infected with TVV-1 whereas TVV-2 was present in isolates of patients with moderate or severe symptoms. It should be noted that TVV-3 and TVV-4 could not be evaluated, since only TVV-1 and -2 were detected in the Cuban isolates studied. Larger studies with improved diagnostics should be conducted in order to corroborate these results.

The association between TVV and more severe clinical features of trichomoniasis is indicative of a possible role of the virus in the pathogenesis of human trichomoniasis. Since observational clinical studies can only demonstrate associations, in order to study the causative effects of TVV on the human host responses, Fichorova et al. established an experimental in vitro cell culture model of the human vaginal mucosa to study *T. vaginalis* pathogenesis at the cellular and molecular level [2,3,57]. They showed for the first time that TVV dramatically upregulates human host pro-inflammatory responses, which are mediated by toll-like receptor (TLR)-3 and interferon regulatory factor (IRF)-3 signaling [3]. The findings corroborated the results from a mouse model of mucocutaneous leishmaniasis in

which another protozoan virus, Leishmania RNA virus, controls the severity of that parasitic disease [4]. The TVV virus was even more pro-inflammatory when the epithelial cells were colonized by pathogenic vaginal bacteria instead of with Lactobacillus species characteristic of the healthy vaginal environment [2]. Furthermore, Fichorova et al. [3] were the first to show that conventional antiparasitic drugs such as metronidazole can aggravate TVassociated inflammatory pathology by causing stressed or dying parasites to release TVV virions, which then utilize the endosomal signaling pathway to amplify the inflammatory response to the parasitic infection, including increased expression of interleukin (IL)-8, macrophage inflammatory protein (MIP)-3a, inter-cellular adhesion molecule (ICAM)-1, IL-1β, IL-6, interferon (IFN)-β and regulated on activation, normal T cell expressed and secreted (RANTES) and reduced levels of anti-inflammatory IL-1 receptor antagonist (RA) [3]. Such increased levels of inflammatory cytokines and chemokines have prognostic value in women with preterm delivery [6]. These findings implicate TVV in a mechanism that can explain why current antibiotic therapy fails to prevent preterm birth even when it achieves parasitic clearance, and can even worsen the inflammatory complications associated with TV infection [58].

The involvement of *Trichomonasvirus* in prostate and cervical cancer and the delayed clearance of oncogenic HPV infection associated with trichomoniasis are yet to be elucidated.

4.2. Mycoplasma

The association between *T. vaginalis* and *M. hominis* is the first symbiosis described, involving two obligate human mucosal pathogens, able to invade and infect the same anatomical region, with both agents capable of producing independent diseases as well as converging syndromes such as pelvic inflammatory disease and bacterial vaginosis [59]. Both infectious agents are associated with pregnancy and post-partum complications, including premature rupture of the placental membranes, preterm delivery and low-birthweight infants [6,60].

T. vaginalis isolates naturally harboring *M. hominis* are able to transmit the bacterium to a mycoplasma-free recipient *T. vaginalis*. Moreover, infected protozoa can transmit *M. hominis* to human epithelial cells in vitro, suggesting a potential role of the protozoon in transmitting the bacterial infection to the human host [61]. These in vitro findings are supported by clinical findings in symptomatic women. In a study conducted in The Netherlands [62], *M. hominis* could be detected in 79% of all samples positive for *T. vaginalis*, as compared to only 6% in negative samples. Similarly, in Italy, *M. hominis* was detected in 78.6% of samples from women positive for *T. vaginalis* and in only 4.8% of samples from *T. vaginalis*-negative patients [61].

T. vaginalis naturally infected by *M. hominis* shows a higher level of cytopathogenicity in vitro [33]. Margarita et al. [50] confirmed that mycoplasmas enhance the parasite's cytopathogenicity by showing that the hemolytic properties of *M. hominis*–infected protists were nearly double those of mycoplasma-free *T. vaginalis*.

It is well known that some surface *M. hominis* molecules are very efficient ligands for TLRs, and are able to stimulate a massive immune response mediated by production of proinflammatory cytokines. Mercer et al. [63] showed that the intracellular presence of *M. hominis* in *T. vaginalis* increased IL-1 β , IL-6 and IL-8 production by peripheral human macrophages. Fiori et al. [64] demonstrated that *M. hominis*-associated *T. vaginalis* upregulated IL-1 β , IL-8, IL-23 and tumor necrosis factor (TNF)- α secretion by human macrophage cell lines more than mycoplasma-free *T. vaginalis*. Interestingly, IL-23, which skews the adaptive immunity to a Th17 response, was secreted only by macrophages stimulated with *M. hominis*-infected *T. vaginalis*, but not with the protozoon alone, suggesting the ability of *M. hominis* symbionts to influence the fate of the infection. NF- κ B activation was also synergistically upregulated by the symbiotic association between *T. vaginalis* and *M. hominis*.

Depletion of free environmental arginine is considered to be an important microbial virulence strategy to escape from the toxic effects which follow from NO production by macrophages [53]. Since arginine is the exclusive substrate for the synthesis of NO by macrophages, *M. hominis* can be protective for *T. vaginalis* through the depletion of arginine by its ADH pathway enzymes, which leads to reduced NO production by macrophages [50].

T. vaginalis seems to be associated with malignant transformation and cancer maintenance and should be added to the list of potentially carcinogenic agents. *T. vaginalis* infection has, in fact, been implicated as a risk factor for cervical cancer [65], benign prostate hyperplasia [66] and also for aggressive prostate cancer on the basis of serological data from large caseecontrol studies [67,68]. Very recently, a direct molecular mechanism for potential *T. vaginalis* involvement in prostate tumor transformation and progression has been proposed, implicating a protozoan homologue of human macrophage migration inhibitory factor (MIF), a pleiotropic cytokine that mediates inflammation and promotes oncogenesis and prostate cancer [69].

In addition to massive local inflammation synergistically upregulated by *Trichomonasvirus* and *M. hominis* symbiosis, a possible direct role of *M. hominis* infection in prostate cancer has been proposed. *M. hominis* infection of the prostate is associated with malignant transformation and genomic instability [70]. A computational prediction has generated a list of *M. hominis* proteins putatively implicated in prostate cancer, able to interfere with growth of human host cells [71]. Additional experiments are needed to confirm the role of *M. hominis* in tumor transformation and development, and to better understand whether these symbiotic bacteria can modulate the cancer-promoting activities of protozoa.

5. Impact of the protozoan symbionts on the urogenital microbiome

Accumulating evidence points to polymicrobial *T. vaginalis* virulence factors as the cause of vaginal microbiome disturbance. *T. vaginalis* is a frequent companion of bacterial vaginosis (BV), which is the most common morbid micro-biological syndrome among women of childbearing age, characterized by a shift from a *Lactobacillus*-dominated bacteriome to more diverse polymicrobial states, with abundant *Prevotella, Atopobium, Gardnerella* and other anaerobes [72]. Fichorova et al. showed that TVV-infected *T. vaginalis* can

substantially reduce vaginal epithelial cell colonization by lactobacilli, including the pillars of the healthy vaginal microbiome L. crispatus, L. jensenii and L. gasseri, while at the same time favoring BV-associated bacteria such as P. bivia and A. vaginae. Moreover, TVV increased the epithelial colonization by the major BV biofilm forming pathogen G. vaginalis [2]. A genomic study by Martin et al. [35] showed that there are two entirely unique vaginal microbiome clusters that are exclusively associated with T. vaginalis infection. One of these had a high abundance of the uncultured C. M. girerdii and the other had a high abundance of *M. hominis.* Both of these microbiomes also had a high abundance of *Prevotella* spp. and a low abundance of *Lactobacillus* and were associated with severe inflammation, including vaginal erythema and cervical petechiae [35]. Despite the clinical significance of these findings, the knowledge and understanding of the role of the T. vaginalis symbionts in modifying the vaginal microbiome is lagging behind. The data presented above on the ability of both *Trichomonas* and *Mycoplasma* to change metabolic factors that may affect growth of other bacteria as well as host cells depicts a very complicated scenario, involving a number of multiple actors (cells and molecules) based on a fine-tuned equilibrium among host defenses, a range of microbial pathogens and the resident commensal microflora. A better understanding of all these complex interactions can help in designing effective pharmacological therapies to prevent and control acute disease and complications, avoiding tissue damage due to inflammatory processes following T. vaginalis infections.

6. Relevance to therapeutic challenges

6.1. Impact on protozoan resistance to antibiotics

The 5-nitroimidazole derivatives (metronidazole and tinidazole) are the only class of drugs known to be effective against *T. vaginalis* infections. The emergence of nitroimidazole-resistant trichomoniasis is of concern, because effective alternative therapies are not yet available.

A correlation between metronidazole resistance and *M. hominis* infection of *T. vaginalis* has been debated. In 2006, Xiao et al. reported a positive association between infection by *M. hominis* and resistance to metronidazole in *T. vaginalis* [73], but their results are in contrast with those described by other authors. Butler et al. analyzed 55 *T. vaginalis* isolates (51% were metronidazole-resistant) collected in the USA; 18% of the metronidazole-resistant and 22% of the metronidazole-susceptible *T. vaginalis* isolates were PCR-positive for *M. hominis*, suggesting no significant association (P = 0.746) [74]. Moreover, metronidazole sensitivity of two infected *T. vaginalis* isolates did not change after they were cleared of their *M. hominis* infection. Results obtained with Cuban and Brazilian strains seem to confirm the absence of a relationship between metronidazole susceptibility and *M. hominis* infection of the protozoon [17,75].

Although it has been argued that *M. hominis* parasitism may confer *T. vaginalis* drug resistance, we conclude that most data do not confirm such an association.

6.2. Futility of current antiparasitic therapy to prevent adverse reproductive outcome

The well-described intracellular localization of mycoplasmas can also explain some paradoxical data reporting the failure of metronidazole treatment of subclinical *T. vaginalis* infections in pregnancy [76]: it can be hypothesized that the administration of the drug, when effective against the protozoan infection, allows the massive release of *M. hominis*, that can subsequently invade membranes and amniotic fluid. Experimental in vitro evidence shows that the release of TVV by dying or stressed parasites can complicate the outcome in metronidazole-treated women, and may be harmful during pregnancy or when women are at increased risk of viral sexually transmitted infections, e.g. HIV which is facilitated by vaginal inflammation [3].

Outlook – future research and novel therapeutic strategies

The symbiotic relationship between *T. vaginalis* and its endobiont viruses and intracellular mycoplasmas could represent an interesting model to study basic biological mechanisms both of the evolutionary origin of intracellular organelles and the role of protozoa as reservoirs or vectors in the transmission of infections to human hosts. The ability of *Mycoplasma* species to invade, resist and multiply in the *T. vaginalis* cytoplasm demonstrates that the bacteria have evolved effective strategies to resist and adapt to intracellular hostile environments. The intracellular location of endosymbiotic bacteria can explain their ability to cope with the adverse environment of the vaginal tract and to resist clearance by the host and antimicrobial therapies. TVV infection, on the other hand, appears to aid the parasite by making it more competitive against bacterial inhabitants of the vaginal environment and by generating a peculiar mimicry by diverting the host towards an antiviral inflammatory response that is incapable of clearing protozoan infection. The inflammatory response to both TVV and *Mycoplasma* can harm vulnerable pregnant women; thus, new therapeutic strategies may employ a combination of anti-inflammatory modalities and target both the parasite and its symbionts.

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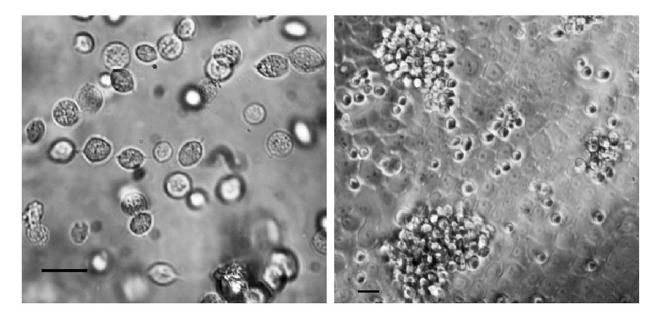


Fig. 1.

Light microscopic images of *T. vaginalis* taken by phase invert microscopy. Left image depicts free-swimming parasites isolated from a vaginal swab and placed into culture medium. Right image depicts in vitro infection of human vaginal epithelial cells with *T. vaginalis*. The epithelial cells are grown in a monolayer. The parasites appear over the vaginal epithelial surface as single organisms or in swarms of many closely assembled bodies. Size bars in each image represent 15 microns.

Study reference	Number of T. vaginalis isolates	Country	Detection rate of TVVs	TVV detection method	TVV species: number of isolates	Typing method
[18]	16	Czech Republic and Austria	50.0%	Electrophoresis of a total nucleic acid extract	pu	pu
[22]	28	Austria, Czech Republic and USA	50.0%	Electrophoresis of RNA	ри	ри
[77,78]	4	China	nd	ри	TVV1: 2 TVV2: 1 TVV3: 1	Sequencing, TVV viral genome and phylogenetic analyses
[38,39]	20	Austria, Brazil, China, Czech Republic, Estonia, Slovakia, Sweden and USA	44.0%	Electrophoresis of a total nucleic acid extract	рц	ри
[40]	109	USA	50.0%	Electrophoresis of a total nucleic acid extract	pu	ри
[24]	28	USA	72.0%	Electrophoresis of a total nucleic acid extract	pu	ри
[23]	72	South Africa	81.9%	Electrophoresis of a total nucleic acid extract	pu	ри
[19,20]	40	Cuba	55.0%	Electrophoresis of a total nucleic acid extract	TVV1: 9 TVV2: 16 co-infection: 3	RT-PCR and sequencing, TVV viral genome and phylogenetic analysis
[13]	22	Korea	14.0%	Electrophoresis of RNA	TVV1: 1	Sequencing, TVV viral genome and phylogenetic analyses
[21]	30	India	100%	Electrophoresis of a total nucleic acid extracts	nd	nd
[12]	Ś	USA	pu	Electrophoresis of dsRNA	TVVI: 1 TVV1 & 4: 1 TVV1, 2 & 3: 1 TVV1, 2, 3 & 4: 2	RT-PCR and sequencing, TVV viral genome and phylogenetic analyses
[3]	16	USA	81.3%	Electrophoresis of dsRNA	Co-infections: 11	RT-PCR and sequencing, TVV viral genome and phylogenetic analysis
[14]	46	Iran	17.4%	Electrophoresis of RNA	TVV1: 8	RT-PCR for TVV1
[15]	96	Philippines	19.0%	Electrophoresis of dsRNA	TVV1: 6 co-infection: 6	RT-PCR and sequencing, TVV viral genome and phylogenetic analysis
[17]	26	Brazil	90.0%	Electrophoresis of dsRNA	TVV1: 13 TVV2: 2 TVV3: 2 co-infections: 10	RT-PCR

Table 1

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Study reference	Number of <i>T. vaginalis</i> isolates	Country	Detection rate of TVVs	Detection rate TVV detection method of TVVs	TVV species: number of isolates	Typing method
[16]	40	Egypt	20.0%	Electrophoresis of dsRNA	TVV2: 5 TVV4: 3	RT-PCR

Fichorova et al.

nd: not determined; dsRNA: double stranded RNA; TVV: Trichomonasvirus; RT-PCR: reverse transcriptase PCR.

Table 2

Summary of studies on detection of M. hominis in T. vaginalis.

Study reference	Number of <i>T. vaginalis</i> isolates	Geographic origin	Detection rate of <i>M.</i> <i>hominis</i> (%)	Detection method
[31]	37	Italy, Mozambique, Angola	89.1	PCR, cultivation
[17]	30	Brazil	56.7	PCR
[75]	40	Cuba	5	PCR
[74]	55	USA	20	PCR
[73]	28	China	50	PCR
[79]	59	The Netherlands	69	PCR
[38]	20	Czech Republic, Estonia, Sweden, Austria, China, USA, Brazil	25	PCR