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## Reproductive Coercion, Intimate Partner Violence and Unintended Pregnancy Among Latina Women

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## Abstract

Reproductive coercion (RC) describes a range of behaviors that restrict reproductive autonomy including pregnancy coercion, birth control sabotage, and controlling the outcome of a pregnancy. RC is associated with pregnancies that are mistimed and unwanted (i.e. unintended). Past research demonstrates that Latina women have higher risk for RC and for unintended pregnancy. This cross-sectional descriptive study with Latina women (n=482) examined prevalence and risk factors for RC, evaluated the association of RC and unintended pregnancy among women with a past-year pregnancy, and explored use of safety and harm reduction strategies. A tablet survey was administered to women attending a community health center, between the ages of 15 and 45, who self-identified as Latina and who had a dating or sexual partner in the past year. Approximately 1 in 6 (16.8%) experienced past-year RC and risk factors included younger age (AOR 0.95, 95% CI 0.91–1.00, p=0.038) and concurrent intimate partner violence (IPV; AOR 4.47, 95% CI 2.06–9.70, p<0.001). IPV questions were specific to the partner involved with RC behaviors. For the 185 participants who reported a past-year pregnancy, RC was associated with lower pregnancy planning scores ( $\beta$  -0.27, 95% CI -0.41 -0.13, p<0.001). The combination of experiencing RC and IPV appeared particularly potent in lowering pregnancy planning scores (β -0.15, 95% CI -0.29 - 0.00, p=0.052). Approximately 10.6% of participants engaged in harm reduction strategies, most commonly ending an unhealthy or abusive relationship (6.1%) and using less detectable methods of contraception so that partners would not find out (3.4%). The study articulates the risk of RC and its intersection with IPV and unintended pregnancy for Latina women. Providers working with racially and ethnically marginalized women have an important role in promoting safety and harm reduction strategies that include offering less detectable methods of contraception and support in leaving unhealthy and abusive relationships.

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#### Keywords

Coercion; Marginalized Populations; Hispanic Americans; Intimate Partner Violence; Unplanned Pregnancy; Quantitative Research; Reproductive Health; Health Inequities

### Introduction

Reproductive coercion (RC) describes a range of behaviors that restrict reproductive autonomy including coercion to get pregnant, sabotaging contraception, and controlling the outcome of a pregnancy. It is a critical area of research in women's health because of its association with intimate partner violence (IPV; Clark et al., 2014) and with health outcomes such as unintended pregnancy (Decker et al., 2017; Holliday et al., 2017; McCauley et al., 2017; E. Miller et al., 2014; Paterno et al., 2018). IPV and unintended pregnancy have associated negative health outcomes (Campbell, 2002; Campbell et al., 2018; Hall et al., 2017; Kost & Lindberg, 2015; Massetti et al., 2018) and unintended pregnancy is an area of health inequities for marginalized populations such as Latina and African American women (Finer & Zolna, 2011; Kim et al., 2016).

Women who resist RC and preserve their autonomous reproductive decision-making use a variety of safety and harm reduction strategies (Allsworth et al., 2013; McCauley et al., 2018; Paterno et al., 2017). Guidelines for providers who encounter women experiencing RC include recommending less detectable methods of contraception and abortion and social services referral (American College of Obstetricians & Gynecologists, 2013; Chamberlain & Levenson, 2012).

Demographic risk factors for RC have been identified in some studies, including younger age (Center for Impact Research, 2000; Rosenfeld et al., 2017), less education (E. Miller et al., 2014; E. Miller, Decker, et al., 2010; Upadhyay et al., 2014), higher religious activity (Wright et al., 2018), non-Hispanic Black, multiracial or Latina, or women born in the United States when compared to those born elsewhere (Clark et al., 2014; Hess & Del Rosario, 2018; Holliday et al., 2017; E. Miller, Decker, et al., 2010; E. Miller et al., 2014; Rosenfeld et al., 2017; Sutherland et al., 2015; Upadhyay et al., 2014). Relationship factors have also been examined, revealing greater age discrepancy with partner (Center for Impact Research, 2000; Rosenbaum et al., 2016), not being married (Clark et al., 2014; E. Miller et al., 2017; Paterno et al., 2017), and multiple sex/dating partners (Fasula et al., 2018; Katz et al., 2017; Paterno et al., 2019; Holliday et al., 2017; Willie et al., 2019) but questions remain about the nature of this association and whether RC is a type of IPV or a distinct phenomenon.

RC behaviors are associated with numerous health outcomes (in addition to unintended pregnancy) including PTSD and depression (Alexander et al., 2016; Anderson et al., 2017; Fasula et al., 2018; McCauley, Falb, et al., 2014), abortion (Cha et al., 2016), sexually transmitted infection (Fasula et al., 2018; Jones et al., 2016; Northridge et al., 2017), preterm birth (Liu et al., 2016), and decreased breastfeeding (Wallenborn et al., 2018).

RC has been studied in diverse populations of women, but not in Latina women specifically, despite evidence that Latina women have higher risk for RC (Clark et al., 2014; E. Miller et al., 2014; Sutherland et al., 2015) as well as for unintended pregnancy (Finer & Zolna, 2016; Kim et al., 2016). Prevalence of RC in community samples of Latina women ranges from 14 (Clark et al., 2014) to 17 percent (E. Miller, Decker, et al., 2010; Sutherland et al., 2015). Latina women are noted in some studies to be less likely to seek help or report IPV to police due to concerns about their own or other family members' legal immigration status (Pitts, 2014; Reina et al., 2014), and it may be that help-seeking for RC is similarly limited.

The purpose of this study was to explore demographic and partner-related risk factors for RC, association of RC with unintended pregnancy and IPV, and the use of RC safety and harm reduction strategies among Latina women attending an urban health center.

#### Methods

#### Design & Sample

We conducted a cross-sectional survey with Latina women presenting for care at three locations of a Federally Qualified Health Center (FQHC) serving low-income, primarily immigrant residents of a mid-Atlantic metropolitan area, between January and August 2018. The development of the survey was informed by qualitative research (Grace et al., 2020). The study survey was field-tested with 11 Latina women, including cognitive interviewing to identify unexpected issues with wording and interpretation. Eligible women were between the ages of 15 and 45, self-identified as Latina, Hispanic or Spanish, and had a dating or sexual partner in the past year. Research assistants who were fluent in Spanish and English distributed flyers in clinic waiting rooms and interested women were screened for eligibility and completed the survey in Spanish or English on a tablet computer with audio-assistance capability. The survey was also available to complete from home using a web link (6 women (1.2%) chose this option). Eligibility screening was completed 771 times, 123 women were ineligible (16.0%; no dating/sexual partner in past year, under 15 or over 45 years of age, did not identify as Latina/Hispanic/Spanish). A total of 648 eligible women provided consent and began the survey; of them, 148 women (22.8%) did not complete it either due to inadequate time or loss of interest, and 18 women (2.8%) did not have complete data for the key variables of RC and/or IPV, generating a final sample of 482 women. We analyzed differences between those who did and did not complete the survey, among the 648 women who began the survey. Non-completers were significantly more likely to have never had an abortion (98.6% vs. 92.4%, p=0.007), to be not married (58.8% vs. 32.1%, p<0.001), to have more than one past year sexual partner (21.6% vs. 11.2%, p=0.005) to have a partner who used drugs (16.7% vs 5.4%, p=0.013) and to not be currently pregnant (82.4% vs. 72.8%, p=0.018). Power analysis indicated a sample size of 500 was sufficient to detect statistically significant differences in key outcomes.

#### Measures

Potential correlates were suggested by existing literature, and included demographics, such as age, education, race, nativity, employment, parity, relationship status, years in the United States and partner demographics and characteristics, such as age, length of relationship, and

substance use. The measures were translated, back-translated and field-tested. The primary outcome of interest was RC; RC was also examined as a predictor for the other outcome of interest, unintended pregnancy.

**Reproductive coercion.**—Past-year RC was measured with 13 yes/no questions derived from adaptations of existing RC measures which have been tested in observational and intervention RC research, including substantial numbers of Latina participants (Clark et al., 2014; Dick et al., 2014; Kazmerski et al., 2015; McCauley, Dick, et al., 2014; E. Miller et al., 2011, 2014; E. Miller, Decker, et al., 2010). Additional questions on abortion coercion were added, and questions were adapted to isolate pregnancy-promoting intent from coercive behaviors, based on recent literature (Katz et al., 2017; Katz & Sutherland, 2017). Five questions assessed pregnancy coercion, four questions assessed birth control sabotage, and four questions assessed controlling the outcome of a pregnancy. RC was defined as a positive response to any item.

**Unintended pregnancy.**—The 6-item London Measure of Unplanned Pregnancy (LMUP; Barrett et al., 2004) was used with slight adaptations based on interview data from the earlier phase of the study. The LMUP assesses planning, wantedness and timing of pregnancy. Participants were asked about any pregnancy that occurred in the past year. Responses were scored from zero to two, resulting in a pregnancy planning score of zero to twelve, with a higher score indicating greater planning, and interpretation categories of "planned" (10–12), "ambivalent" (4–9), and "unplanned" (0–3) (Cronbach alpha .70 in this sample).

**Partner substance abuse.**—The Alcohol Use Disorder Identification Test (AUDIT) and Drug Abuse Screening Tool (DAST-10) were re-worded to assess partner substance use. Alcohol use was measured with five questions on frequency of alcohol use behaviors (Cronbach alpha .70). Binge drinking, considered 5 or more drinks in 2 hours (Centers for Disease Control & Prevention (CDC), 2018), was scored as a response of anything greater than "3 or 4" in response to the question "How many drinks containing alcohol does your partner have on a typical day when they are drinking?", or a response of anything greater than "Never" in response to the question "How often does your partner have six or more drinks on one occasion?". Drug use was measured with six yes/no questions from the DAST-10 Scale (Yudko et al., 2007; Cronbach alpha .70). A "yes" response to any question was scored as "partner drug use". These items referred specifically to the partner who was asked about in RC questions.

**IPV.**—The 4-item HARK scale (Sohal et al., 2007) assesses physical violence, sexual violence and controlling behaviors and was used to measure past-year IPV. We used a cutoff score of 1 which has 81% sensitivity and 95% specificity when compared to the 30 items of the Composite Abuse Scale (CAS; Sohal et al., 2007). These items referred specifically to the partner who was asked about in RC questions.

**Acculturation.**—The 4-item Brief Acculturation Scale for Hispanics (BASH) assessed what language the participant uses to read, speak and think (Cronbach alpha .88). Responses ranging from 1 for "Spanish only" to 5 for "English only" were summed and divided by the

number of completed items. A score of 3 or less was considered "low" acculturation and greater than 3 was considered "high" acculturation.

**Safety and Harm Reduction Strategies**—Actions taken by women to stay safe in coercive relationships or to maintain their autonomous reproductive decision-making when faced with coercive behaviors were assessed with 6 investigator-developed yes/no questions based on qualitative data from the study (Grace et al., 2020) and questions from current IPV (Glass et al., 2015) and RC studies (Tancredi et al., 2015). Examples of questions included "Did you change your method of birth control so your partner could not tamper with (mess with) it?" and "In the past year, have you hidden a method of birth control from your partner?"

#### **Data Analysis**

Descriptive statistics (means, standard deviations, and frequencies) were used to describe the sample, the prevalence of types of RC behaviors and the prevalence of safety and harm reduction strategies used. Chi square and t-tests were used to examine differences between those who had and had not experienced RC on risk factors and covariates. To account for possible multicollinearity, variables that were significantly related (p < 0.05) to RC in the bivariate analyses (with the exception of one variable, current pregnancy, which was believed to have a spurious association) were entered into an adjusted logistic regression model with RC as the outcome, to determine the independent effects of the predictor variables with RC. For participants who reported a past-year pregnancy (n=185), unintended pregnancy score was handled continuously for analysis, following a categorization for illustrative purposes. T-tests and ANOVA were used to examine differences in mean unintended pregnancy scores by covariates. Multiple linear regression was used to examine the relationship between RC and unintended pregnancy score for these participants. In adjusted models, variables that were significantly related to unintended pregnancy in the bivariate analysis were entered into a linear regression with unintended pregnancy score as the outcome. The first adjusted model predicting unintended pregnancy focused on RC as a primary exposure. In the second model IPV, which is known to co-occur with RC, was added. The third model explored combinations of RC and IPV through a categorical variable (RC only, IPV only, both IPV and RC, and none) to clarify these distinct experiences in isolation and in combination. Mean imputation was conducted for individual missing items in the unintended pregnancy score (n=5 participants, 1.0% of full sample). Thereafter, the sample size floated to accommodate small amounts of missing data in other variables. The direction and significance of results using the floating sample size approach was confirmed by sensitivity analyses using mean imputation and missing indicator method; all results presented use the floating sample method for precision. Analyses were conducted in SPSS Statistics 25.0 (IBM Corp., 2017).

#### Ethics/IRB

The study was approved by the Johns Hopkins Medicine Institutional Review Board (IRB00129418). Research Assistants received standardized human subjects research ethics training as well as IPV advocacy training including safety assessment, technology safety, IPV resource referrals, and suicidality protocols. Participants reviewed tablet-based survey/

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questionnaire informed consent covering the nature of the questions, information about confidentiality, and the voluntary nature of the study including that they can refuse to answer any question. To thank them for their time, participants had the opportunity to enter a raffle for one of twenty \$50 retail gift cards.

## Results

The mean age of the study sample was 30.48 (SD 6.86; Table 1). Most participants were from the Central American countries of El Salvador (49.8%), Guatemala (12.4%) and Honduras (11.2%); just over 9 percent of the sample was born in the United States (US). The majority of participants who were not born in the US had lived there for more than 5 years (71.0%), but the majority of participants had low levels of acculturation (96.0%, not presented in table). Twenty-one percent of the full sample were missing at least one item of data. The majority of key variables were missing data from fewer than 5 percent of the sample, with the exception of length of time lived in the US (5.0%) in which most missing data (4.6%) was due to participants indicating "don't know" or "refuse to answer" as a response, ever had an abortion (missing 7.7%) and partner age (missing 6.0%).

#### **Reproductive coercion**

Approximately 1 in 6 (16.8%; n=81) women in the sample experienced one or more forms of RC in the past year, and 10.2% (n=49) experienced IPV in the past year (Table 1). Of those who experienced RC, 67.9% (n=55/81) did *not* also experience IPV (Figure 1). Just over 5 percent of the sample experienced both RC and IPV (5.4%), roughly the same proportion that experienced IPV without RC (4.8%), and about half as many as experienced RC without IPV (11.4%). Types of RC behaviors experienced were grouped into three main categories according to RC literature: pregnancy coercion, birth control sabotage, and controlling the outcome of a pregnancy (Table 2). The most commonly experienced RC behavior was telling a woman not to use birth control (43.2% of those who experienced RC), followed by taking off the condom while having sex (38.2% of those who experienced RC). Other more commonly reported RC behaviors were making a woman have sex without a condom (21.0% of those who experienced RC) and forcing or pressuring a woman to become pregnant (19.8% of those who experienced RC).

#### **Risk factors for RC**

Participants who experienced RC were younger than those who did not experience RC (27.60 vs. 31.06, p<0.001; Table 1) and more likely to be born in the United States (18.8% vs. 7.1%, p=0.001) and also to experience IPV (32.1% vs. 5.7%, p<0.001). RC was also significantly associated with not currently being pregnant at the time of the survey (82.7% vs. 70.8% p=0.028), and with having had one or more abortions (16.7% vs. 5.7%, p=0.001). Relationship status was associated with RC; participants who experienced RC were significantly less likely to be married (legally or common-law; 48.1% vs. 71.9%, p<0.001) than those who did not experience RC, and more likely to have had more than one past-year partner (23.5% vs. 8.7%, p<0.001). RC was significantly associated with having a partner who binge drinks (48.8% vs. 24.6%, p<0.001) and who uses drugs (17.5% vs. 3.0%,

p<0.001). In an adjusted model, RC was significantly associated with IPV (AOR 4.47, 95% CI 2.06–9.70, p<0.001) and younger age (AOR 0.95, 95% CI 0.91–1.00, p=0.038).

#### RC, IPV, and unintended pregnancy

One hundred eighty-five women (38.4% of the full sample) reported a pregnancy in the past year (Table 3). The average unintended pregnancy score was 8.29; when unintended pregnancy score was categorized, 48.1% (n=89) of pregnancies were planned, 40.5% (n=75) were ambivalent, and 11.4% (n=21) were unplanned (data not shown). When unintended pregnancy was handled categorically, those who experienced past-year RC were more likely to have an unplanned pregnancy than those who did not experience RC (34.3% vs. 6.0%, p<0.001; data not shown).

The mean pregnancy planning score was lower for women who experienced RC (6.46 vs. 8.72, p<0.001), indicating less planning. In bivariate analysis, additional factors significantly associated with lower pregnancy planning scores were experiencing past-year IPV, younger age, being born in the US, lower importance of religion, not being currently married to partner, and partner drug use. In adjusted models, RC remained significantly associated with lower pregnancy planning scores ( $\beta$  –0.154, 95% CI –0.301, –0.007, p=0.038), as did age ( $\beta$  0.197, 95% CI 0.050, 0.344, p=0.008) and partner drug use ( $\beta$  –0.153, 95% CI –0.300, –0.006, p=0.040). In the second model which examined both RC and IPV in the presence of covariates, RC attenuated to non-significance ( $\beta$  –0.122, 95% CI –0.269, 0.025, p=0.116) as did IPV ( $\beta$  –0.101, 95% CI –0.248, 0.046, p=0.204). When RC and IPV experiences were explored as mutually exclusive categories, the combination of past-year IPV and RC was associated with unintended pregnancy with borderline statistical significance ( $\beta$  –0.147, p=0.052). RC in isolation demonstrated a nonsignificant trend ( $\beta$  –0.115, p=0.113).

#### Safety and harm reduction strategies for RC

The most common safety strategy used by the full sample of women in the study was ending a relationship because it felt unhealthy, unsafe or abusive (6.1% of all women; 27.9% of women who had experienced IPV and/or RC; out of all those who ended relationships in the past year, this was the reason given by 42.6%). This was followed by use of a less detectable method of contraception so that a partner would not find out (3.4% of women, 10.1% of women who used specified methods did so for this reason; Table 4). Other safety or harm reduction strategies that were used are presented in Table 4. In total, 10.6% (n=49) of participants used a safety or harm reduction strategy to prevent an RC behavior or minimize the risk of pregnancy from RC in the previous year. Two-thirds (66.7%, n=54) of those who experienced RC used one of these strategies regardless of whether it was specifically used to prevent RC (for example, reported they used an IUD in the past year), and nearly one-quarter (24.7%, n=20) used one of these strategies specifically to prevent RC (for example, reported they used an IUD in the past year *so that a partner would not find out they were using contraception*).

## **Discussion and Implications**

In this sample of Latina women seeking services at a community health center, prevalence of RC was 16.8%, and significant risk factors in adjusted models included IPV and younger age. Supporting the notion of the *healthy immigrant effect* (the idea that residents of a country who are foreign-born have improved health outcomes over their native-born counterparts; L. S. Miller et al., 2016; Urquia et al., 2012), this study found that participants who immigrated to the United States had significantly lower rates of RC than those who were born in the US, however, time lived in the US was not associated with RC. The most common types of RC experienced, telling a woman not to use birth control and removing a condom while having sex, highlight the importance of less detectable methods of contraception for women who wish to control their fertility while negotiating or escaping these coercive aspects of their relationships.

Findings on prevalence and correlates of RC among this sample of Latina women were aligned with existing literature in many areas. However, unlike other studies which found age discrepancy with partner to be a significant risk factor for RC (Center for Impact Research, 2000; Rosenbaum et al., 2016), age discrepancy was not a significant risk factor in our sample of Latina women. Using violence or threats of violence to prevent a woman from having an abortion was not experienced by any women in this study, in contrast with qualitative research reports on behaviors to sabotage abortion including violence (Hathaway et al., 2005; Moore et al., 2010; Nikolajski et al., 2015; Thiel de Bocanegra et al., 2010; Tsui et al., 2011). Evidence linking abortion history with RC in this sample is consistent with other studies (Sutherland et al., 2015) and may be explained by the strong association between RC and unintended pregnancy (p<0.001).

Evidence linking partner substance use with RC is consistent with research demonstrating the connection between sexual assault and binge drinking (Abbey et al., 2014), as well as research with Latina women showing IPV to be associated with partner substance abuse (Hazen & Soriano, 2007), and also may reflect the strong association between IPV and RC (p<0.001). Overall, rates of alcohol use and abuse in Latino populations are noted to be lower than in non-Hispanic White populations (Chartier & Caetano, 2010; Lipsky & Caetano, 2009). Women who reported more than one sexual or romantic partner in the past year were also more likely to experience RC. This is consistent with other RC studies (Fasula et al., 2018; Katz & Sutherland, 2017), and additionally, multiple sexual partners may reflect relationship instability, which has been found to increase risk for RC (Paterno et al., 2018). While past qualitative evidence shows some perpetrators of RC using violence to control the outcome of a pregnancy by causing a miscarriage (Coggins & Bullock, 2003; Grace et al., 2020; Moore et al., 2010), this study did not find any significant association between RC and miscarriage, likely because a large number of pregnancies end in miscarriage irrespective of violence or coercion (American College of Obstetricians & Gynecologists (ACOG), 2018). More research may be needed to understand the relationship between pregnancy and not experiencing RC; the relationship may reflect the complexity of feelings about the pregnancy by the woman, leading to altered perceptions of pregnancy intention or circumstances under which it occurred (Rocca et al., 2019), or it may be that an existing pregnancy eliminates the necessity for RC by the abusive partner.

The association between RC and unintended pregnancy was supported in our sample of Latina women. The first regression model which examines only the effect of RC on unintended pregnancy (without controlling for IPV), shows RC having a significant effect on pregnancy planning score similar to the strength of partner substance abuse. When adding IPV to the model, the effect of RC on unintended pregnancy attenuated to non-significance. When examined as mutually exclusive exposure combinations, only the combination of RC and IPV had a borderline effect on pregnancy intention, while each of IPV and RC in isolation were not significantly associated. Previous research has wrestled with the question of whether it is RC, IPV or the combination that impacts unintended pregnancy (Hill et al., 2019; E. Miller et al., 2012, 2014; E. Miller & Silverman, 2010). Pregnancy intention is affected by a complex array of motivations in all relationships, including those that are non-violent (Ajzen & Klobas, 2013; Alexander et al., 2019; Carter et al., 2013; Rocca et al., 2010). In this study, RC and IPV had a synergistic effect on unintended pregnancy, which may reflect the combined impact of an abuser's desire for power and control with the focus on pregnancy-related outcomes. It may be that women who experience RC behaviors without accompanying violence or abuse are better able to resist attempts to control their fertility, and that the impact of IPV on unintended pregnancy is due primarily to overlap with RC behaviors.

RC was strongly associated with IPV in this study, and findings are strengthened by the measuring of past year experiences of RC and IPV with the same partner. This advances prior research that asks about past year RC and IPV, which may have been experienced from different partners. Despite this strong association, the majority of those who experienced RC did not also experience any other form of IPV, lending support to the proposition that RC and IPV are distinct but related phenomena in this sample of primarily Central American women, as suggested by other researchers (Fay & Yee, 2018; E. Miller, Jordan, et al., 2010). The categorical exploratory analysis of the influence of RC and IPV experiences (as mutually exclusive or combined experiences) was underpowered but suggests that RC has a unique role in unintended pregnancy either with or without IPV, and a synergistic effect when both are present. This points to the critical importance of assessing for RC whenever IPV is reported and offering less detectable methods of contraception to anyone who reports RC. It also illuminates the need to further address these relationships in future research.

Some women did use the recommended less-detectable methods of contraception in order to maintain reproductive autonomy, but more women separated from their partners due to the relationship being unhealthy, unsafe or abusive. Qualitative research findings offer caution that even less-detectable methods of birth control may be detected by a coercive partner (Dasari et al., 2015; Grace et al., 2020), which may account for the low utilization of these methods among women experiencing RC. Providers should fully inform women of the limits of non-detectability of these methods, when following guidelines to offer them to women experiencing RC. Women with low levels of acculturation, like the majority of women in this study, are found to less frequently use these less detectable methods in at least one other study (Roncancio et al., 2012). This highlights the salience of this study's focus on Latina women and the critical need for continued work to identify and support recommendations for women seeking to protect themselves from RC. Overall, the small number of participants

using safety and harm reduction strategies points to the need for information, resources, and a healthcare and policy response to this challenge to women's health.

#### Limitations and Strengths

Findings should be considered in light of several limitations. Survey noncompletion was more common among women who also had risk factors for RC; it is possible that data were biased in favor of those with lower risk, and therefore RC may be underreported. Two key variables had more than 5 percent missing data: history of abortion, which women in this sample may have been reluctant to report, and partner age, which women in this sample may not have known. These are significant factors in other RC literature, and this data absence may have biased the results, but sensitivity analysis confirmed the direction and significance of findings. Cross-sectional design precludes conclusions about temporality of RC relative to unintended pregnancy. Results are most relevant to the low-income Latina women receiving or accompanying someone receiving health services in this urban area, the majority of whom were from four Central American countries. Findings may not be generalizable to women from other countries or living in rural areas or from higher income groups. Retrospective data may have recall or social desirability bias. Despite the large sample size of 482, analyses exploring the relationship between RC and unintended pregnancy were restricted to a smaller subset of women who had a past-year pregnancy and were not sufficiently powered to detect more modest effect estimates. Study strengths include use of a continuous measure of unintended pregnancy, cognitive interviewing to field-test the survey prior to data collection, and availability of survey audio-assistance for participants with limited or reduced literacy.

## Conclusion

This study adds to the growing body of literature on RC by identifying risk factors and outcomes of RC specific to a population of Latina women. Findings support the risk factors identified in other studies as also being relevant in this population and highlight areas for providers to have heightened suspicion for RC, such as when working with women experiencing unintended pregnancy, seeking abortion, or who are suspected or confirmed to be experiencing IPV. This study points to the importance of addressing RC in unintended pregnancy interventions for Latina women. Providers may also have increased vigilance for RC among Latina women who are younger, were born in the United States, who are single, who report partners who binge drink or use drugs, or who report more than one sexual partner in the prior year. In any woman who reports RC, especially those with other risk factors for unintended pregnancy such as younger age and being single, the use of existing provider guidelines for RC is supported in Latina women, with perhaps the greatest benefit to be gained from offering support services to plan for safety and harm reduction when making decisions about leaving unhealthy and unsafe relationships.

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#### Figure 1.

Experiences of past-year reproductive coercion and intimate partner violence among sample (N=482)

Note: Circles represent mutually exclusive categories.

#### Table 1

Characteristics of the Study Population and Distribution of Reproductive Coercion (N=482)

Characteristic	Prevalence $\%^{I}$ (N)	Experienced RC N=81 <sup>2</sup> % <sup>1</sup> (n)	Did not experience RC N=401 $^2$ % $^1$ (n)	p-value <sup>3</sup>	Adjusted Multiple Regression N=431 <sup>2</sup> ß (95% CI) p-value <sup>4</sup>
Coercive/violent behaviors				-	
Experienced RC in past year					
Yes	16.8 (81)				
No	83.2 (401)				
Experienced IPV in past year				<0.001	4.47 (2.06, 9.70)
Yes	10.2 (49)	32.1 (26)	5.7 (23)		p<0.001
No	89.8 (433)	67.9 (55)	94.3 (378)		
Combinations of past year IPV/RC					
Neither	78.4 (378)				
RC and IPV	5.4 (26)				
RC only	11.4 (55)				
IPV only	4.8 (23)				
Demographics		•			
Age (mean, SD)	30.48, 6.86	27.60, 7.08	31.06, 6.68	<0.001	0.95 (0.91, 1.00) p=0.038
Born in the US				0.001	1.14 (0.49, 2.64)
Yes	9.1 (43)	18.8 (15)	7.1 (28)		p=0.769
No	90.9 (432)	81.3 (65)	92.9 (367)		
Country of Birth					
United States	9.1 (43)				
El Salvador	49.8 (236)				
Guatemala	12.4 (59)				
Honduras	11.2 (53)		N7/4		
Mexico	9.7 (46)		IVA		
Other Caribbean or Central					
American country	3.8 (18)				
South America	1.9 (9)				
Other	2.1 (10)			-	
Currently employed				0.711	
Yes	43.1 (204)	45.0 (36)	42.7 (168)		
No	56.9 (269)	55.0 (44)	57.3 (225)		
Education				0.932	
Less than high school diploma or GED	40.1 (192)	38.3 (31)	40.5 (161)		
High school diploma, GED or some college	43.4 (208)	44.4 (36)	43.2 (172)		
Associates degree or higher	16.5 (79)	17.3 (14)	16.3 (63)		

		Experienced RC	Did not experience		Adjusted Multiple Regression N=431 <sup>2</sup> ß (95%
Characteristic	Prevalence % <sup>1</sup> (N)	N=81 $^{2}$ % $^{I}$ (n)	RC N= $401^2 \%^I$ (n)	p-value <sup>3</sup>	CI) p-value <sup>4</sup>
Importance of religion in daily life				0.122	
Very important	71.3 (340)	64.2 (52)	72.7 (288)		
Somewhat or not important	28.7 (137)	35.8 (29)	27.3 (108)		
Years living in the US				0.516	
5 years or less	29.0 (133)	26.0 (20)	29.7 (113)		
More than 5 years	71.0 (325)	74.0 (57)	70.3 (268)		
Sexual, reproductive and relation	nship history				
Currently pregnant				0.028	
Yes	27.2 (131)	17.3 (14)	29.2 (117)		
No	72.8 (351)	82.7 (67)	70.8 (284)		
Ever had a miscarriage				0.922	
Yes	23.9 (112)	23.5 (19)	24.0 (93)		
No	76.1 (357)	76.5 (62)	76.0 (295)		
Ever had an abortion				0.001	2.25 (0.93, 5.47)
Yes	7.6 (34)	16.7 (13)	5.7 (21)		p=0.073
No	92.4 (411)	83.3 (65)	94.3 (346)		
Currently married to partner (includes common-law marriage)				<0.001	0.73 (0.40, 1.33) p=0.305
Yes	67.9 (326)	48.1 (39)	71.9 (287)		
No	32.1 (154)	51.9 (42)	28.1 (112)		
Number of sexual partners in past year				<0.001	1.905 (0.92, 3.97) p=0.085
1	88.8 (428)	76.5 (62)	91.3 (366)		
More than 1	11.2 (54)	23.5 (19)	8.7 (35)		
Partner factors					
Age discrepancy with partner ( <i>mean, SD</i> )	2.50, 5.75 (n=453)	3.13, 6.00	2.38, 5.69	0.299	
Partner binge drinking				<0.001	1.71 (0.95, 3.07)
Yes	28.7 (136)	48.8 (39)	24.6 (97)		p=0.075
No	71.3 (338)	51.2 (41)	75.4 (297)		
Partner drug use				<0.001	1.61 (0.58, 4.48)
Yes	5.4 (26)	17.5 (14)	3.0 (12)		p=0.501
No	94.6 (453)	82.5 (66)	97.0 (387)		

<sup>1</sup>Column percents.

 $^{2}$ Sample size floats to accommodate small amounts of missing data

 $\mathcal{B}_{\text{Based on t-test or chi-square.}}^{\mathcal{B}}$ 

<sup>4</sup>Based on logistic regression.

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#### Table 2

## Types of RC Experienced<sup>1</sup> in the Past Year

		Sample prevalence	Prevalence in Women who Experienced RC			
Behavior	Ν	(n=482) %	(n=81) %			
Pregnancy Coercion						
Told you not to use any birth control	35	7.4	43.2			
Tried to force or pressure you to become pregnant	16	3.3	19.8			
Said they would leave you if you did not get pregnant	7	1.5	8.6			
Told you they would have a baby with someone else if you did not get pregnant	7	1.5	8.6			
Hurt you physically because you did not agree to get pregnant	3	0.6	3.7			
Birth Control Sabotage	-	-	-			
Taken off the condom while having sex	31	6.5	38.2			
Made you have sex without a condom	17	3.6	21.0			
Taken your birth control away or kept you from going to clinic to get birth control	5	1.0	6.2			
Put holes in condom or broken condom on purpose while having sex	1	0.2	1.2			
Controlling the Outcome of Pregnancy						
Tried to MAKE you get an abortion	7	1.5	8.6			
Tried to STOP you from getting an abortion	5	1.1	6.2			
Violence or threats to try to MAKE you get an abortion	4	0.8	4.9			
Violence or threats of violence to try to STOP you from getting an abortion	0	0.0	0.0			

 $^{I}\mathrm{Not}$  mutually exclusive, i.e., women can experience more than one type of RC

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Associations of Unintended Pregnancy with RC, IPV, and Covariates, Among Participants with a Past-Year Pregnancy (N=185)

				Adjusted Multiple Regres	sion (n=177) ß (95% CI) p-val	lue
Characteristic	п	UIP Score (SD)	Standardized Regression Coefficient ß (95% CI) p-value	Model 1 (RC and covariates)	Model 2 (RC, IPV and covariates)	Model 3 (RC/IPV categories and covariates)
Coercive/violent behaviors						
Experienced RC in past year			-0.27 (-0.41, -0.12) p < 0.001	-0.15 (-0.30, -0.00)	-0.12(9-0.27, 0.03)	
Yes	35	6.46 (4.05)		p=0.038	p=0.116	:
No	150	8.72 (2.96)				
Experienced IPV in past year			-0.25 (-0.40, -0.11) p=0.001		-0.1 (-0.25, 0.05) p=0.204	
Yes	19	5.84 (3.17)		I		1
No	166	8.57 (3.21)				
Combinations of past year IPV/RC			0.26 (0.12, 0.41) p<0.001			
Neither	143	8.82 (2.94)				ref
RC and IPV	12	5.42 (3.42)				-0.15 (-0.29, 0.00) p=0.052
RC only	23	7.00 (4.31)				-0.12 (-0.26, 0.03) p=0.113
IPV only	7	6.57 (2.76)				-0.08 (-0.23, 0.06) p=0.239
Demographics						
Age (mean, SD)	185	:	0.27 (0.12, 0.41) p<0.001	<b>0.20 (0.05,</b> 0.34) <b>p=0.008</b>	0.20 (0.05, 0.35) p=0.007	0.20 (0.05, 0.35) p=0.007
Born in the US			$-0.20\;(-0.35,-0.06)\;\mathrm{p}{=}0.006$	-0.07 ( $-0.21$ , $0.08$ )	-0.06(-0.20, 0.09)	-0.06(-0.21, 0.09)
Yes	17	6.18 (3.49)		p=0.5.0=q	c0+.0=q	p=0.445
No	164	8.50 (3.22)				
Currently employed			-0.08 (-0.22, 0.07) p=0.307			
Yes	53	7.91 (2.95)		I	I	ł
No	129	8.45 (3.39)				
Education			0.05 (-0.09, 0.20) p=0.478			
Less than high school diploma or GED	65	8.26 (3.07)		1	;	:
High school diploma, GED or some college	84	8.01 (3.51)				

				Adjusted Multiple Regres	sion (n=177) ß (95% CI) p-va	lue
Characteristic	a	UIP Score (SD)	Standardized Regression Coefficient B (95% CI) p-value	Model 1 (RC and covariates)	Model 2 (RC, IPV and covariates)	Model 3 (RC/IPV categories and covariates)
Associates degree or higher	35	8.91 (3.21)				
Importance of religion in daily life			-0.15 (-0.29, 0.00) p=0.049	-0.04(-0.19, 0.11)	-0.04(-0.19, 0.11)	-0.04(-0.18, 0.11)
Very important	133	8.60 (3.13)		p=0.597	p=0.593	p=0.608
Somewhat or not important	49	7.51 (3.67)				
Length of time lived in the US			0.13 (-0.01, 0.28) p=0.076			
5 years or less	63	7.68 (3.44)		ł	:	:
More than 5 years	112	8.61 (3.24)				
Sexual, reproductive and relationship	p histor	, r				
Currently pregnant			0.03 (-0.11, 0.18) p=0.657			
Yes	104	8.39 (3.08)		;	:	:
No	81	8.17 (3.59)				
Ever had an miscarriage			0.13 (-0.02, 0.27) p=0.088			
Yes	50	8.98 (3.15)		;	:	:
No	134	8.05 (3.34)				
Ever had an abortion			-0.13 (-0.28, 0.02) p=0.090			
Yes	12	6.67 (4.25)		ł	:	:
No	161	8.37 (3.27)				
Currently married to partner (includes common-law marriage)			0.29 (0.14, 0.43) p<0.001	$\begin{array}{c} 0.13 \ (-0.02, \ 0.28) \\ p=0.101 \end{array}$	0.12 (-0.02, 0.27) p=0.112	0.12 (-0.03, 0.27) p=0.121
Yes	142	8.81 (3.02)				
No	43	6.57 (3.63)				
Number of sexual partners in past year			-0.01 (-0.16, 0.13) p=0.852			
-	175	8.30 (3.31)		I	:	:
More than 1	10	8.10 (3.38)				
Partner Factors						
Age discrepancy with partner (mean, SD)	171	:	-0.14 (-0.29, 0.01) p=0.073	:		:
Partner binge drinking			-0.11 (-0.25, 0.04) p=0.158			
Yes	46	7.72 (3.40)				

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				Adinsted Multinle Regress	sion (n–177) ß (05%, CT) n <u>-va</u>	9
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			Standardized Regression Coefficient B	Model 1 (RC and	Model 2 (RC, IPV and	Model 3 (RC/IPV categories and
Characteristic	u	UIP Score (SD)	(95% CI) p-value	covariates)	covariates)	covariates)
No	136	8.52 (3.27)				
Partner drug use			-0.27 (-0.41, -0.13) p<0.001	-0.15(-0.30, -0.01)	-0.13 ( $-0.27$ , $0.02$ )	-0.13 (-0.27, 0.02)
Yes	11	4.82 (2.93)		p=0.040	p=0.101	p=0.102
No	173	8.54 (3.19)				
<i>I</i> Based on t-test or ANOVA.						

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 $^2$ Based on linear regression.

#### Table 4

#### Use of Safety/Harm Reduction Strategies in the Sample and Within Subgroups, by Domain

	Full sample % (n/n)	% (n/n) within relevant subgroup
Safety in Contraception		
Used less detectable method of contraception in past year (IUD, implant, injectable) so partner would not find out about use	3.4% (16/471)	10.1% (16/158) of participants who used less detectable methods
Changed method of contraception in past year so that partner would not tamper with it	0.6% (3/478)	5.1% (3/59) of those who changed method at all
Hidden a method of contraception from partner in past year due to fear partner would be upset with you for using it	0.4% (2/480)	50% (2/4) of those who hid a method at all
Abortion-related safety		
Had an abortion in past year in order to keep partner from controlling you	0.2% (1/480)	8.3% (1/12) of participants who had abortions
Did not tell partner about abortion you had in the past year due to fear of partner or thinking partner would be upset/angry	0.4% (2/480)	16.7% (2/12) of people who had abortions
Relationship Change		
Ended a relationship in the past year because it felt unhealthy, unsafe or abusive	6.1% (29/473)	42.6% (29/68) of those who ended relationships27.9% (29/104) of those who experienced RC and/or IPV
Any Safety Strategy		
Used any safety strategy in past year	10.6% (49/463)	
Experienced RC and used any safety strategy	4.1% (20/482)	