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Invited review

Heartworm disease – Overview, intervention, and industry perspective

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ABSTRACT

Dirofilaria immitis, also known as heartworm, is a major parasitic threat for dogs and cats around the world. Because of its impact on the health and welfare of companion animals, heartworm disease is of huge veterinary and economic importance especially in North America, Europe, Asia and Australia. Within the animal health market many different heartworm preventive products are available, all of which contain active components of the same drug class, the macrocyclic lactones. In addition to compliance issues, such as under-dosing or irregular treatment intervals, the occurrence of drug-resistant heartworms within the populations in the Mississippi River areas adds to the failure of preventive treatments. The objective of this review is to provide an overview of the disease, summarize the current disease control measures and highlight potential new avenues and best practices for treatment and prevention.

1. Introduction

Companion animals, specifically dogs and cats, are hosts to a variety of external and internal parasites (Selzer and Epe, 2021). One of the most important endoparasites in companion animal health, from both pathologic and an economic perspective, is *Dirofilaria immitis*, the filarial nematode parasite that causes heartworm disease. In dogs, the disease is caused by young adult and adult parasites provoking pathology in the pulmonary arteries. Canines act as the definitive host, so sexual reproduction occurs in the pulmonary arteries and microfilariae are released into the circulatory system (McCall et al., 2008b; Bowman and Atkins, 2009; Selzer and Epe, 2021). *D. immitis* infections also occur in cats, and the disease is usually more severe in this atypical host. In cats, severe disease, or even death, can be caused by just a few developing immature or adult filariae. The adult worms are often shorter than those found in dogs and rarely produce microfilariae (Venco et al., 2015). The life cycle of *D. immitis* is similar to the pathogenic filarial parasites of humans, *Onchocerca volvulus*, *Brugia malayi*, and *Wuchereria bancrofti*, in that they are all transmitted by arthropod vectors (Tahir et al., 2019). *D. immitis* is distributed across the globe, being endemic in countries on six continents (Simón et al., 2012). From an animal health perspective, dogs and to a lesser extent cats are the most important animals amongst the numerous mammalian hosts that can be infected by *D. immitis*

(Simón et al., 2009; Moroni et al., 2020; Selzer and Epe, 2021). Thus, this review will focus primarily on heartworm disease in dogs and include relevant background on cats where appropriate. Other filarial parasite species have also been reported in dogs including *Acanthocheilonema reconditum*, *Cercopithifilaria bairdii*, and *Onchocerca lupi*. Among these, *O. lupi* is of clinical significance, and has been reported not only in dogs, but also in cats and humans in North America (Dantas-Torres and Otranto, 2020).

Treatment of an established *D. immitis* infection in dogs requires a prolonged regimen of drug treatment, exercise restriction and sometimes even surgery (Bowman and Atkins, 2009; Carretón et al., 2019). Therefore, the current practice is to control heartworm disease through prevention, which currently utilizes a single class of drugs, the macrocyclic lactones (MLs), including e.g. ivermectin, milbemycin oxime and moxidectin (Wolstenholme et al., 2016). Ivermectin is considered an essential medicine by the World Health Organization (World Health Organization, 2019) based on its efficacy against human filarial parasites. The drug has been successfully applied in the Americas (Lakwo et al., 2020) and has led to the elimination of onchocerciasis in four out of six endemic countries (Sauerbrey et al., 2018). Ivermectin has and is still contributing substantially in mass drug administration campaigns in Africa to control human pathogenic filarial parasites (Kim et al., 2015; Lakwo et al., 2020). However, successful elimination of onchocerciasis might be endangered by

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ivermectin-resistant *O. volvulus* populations (Osei-Atweneboana et al., 2011; Nana-Djeunga et al., 2014). Similarly, successful prevention of heartworm disease in dogs may be compromised by ML-resistant *D. immitis* (Hampshire, 2005; Bourguinat et al., 2015).

In this review, we give an overview on heartworm diseases, outline the industry's perspective on its control, the currently available treatments, their potential mode of action and the issues involved that lead to selection of resistance. In addition to the general distribution of *D. immitis*, reasons for both the increasing and decreasing prevalence in certain geographic areas will be discussed. Advances in the diagnostic capabilities, as well as the potential for the discovery of novel treatments based on new technology platforms will also be addressed.

As a note for the reader and in accordance with the World Association for the Advancement of Veterinary Parasitology (WAAVP, <http://www.waavp.org>) we used the term “dirofilariosis” (Kassai et al., 1988). However, in many publications the disease is also referred to as “dirofilariasis” or occasionally also as “dirofilariosis”, which is important to consider when reviewing the literature (Ashford, 2001; Kassai, 2006).

2. Heartworm biology

2.1. Taxonomy and lifecycle

Within the phylum of Nematoda, *Dirofilaria immitis* (Figs. 1 and 2) belongs to the superfamily *Filarioidea*, commonly known as filarial parasites or filariae. The definite host of the filarial parasites are always vertebrates and the intermediate hosts are arthropods, often mosquitos. The *Filarioidea* are grouped into three families, the *Filariidae*, *Setariidae*, and *Onchocercidae*. The *Onchocercidae* include the human pathogenic species *O. volvulus*, causing onchocerciasis also known as river blindness, as well as *W. bancrofti* and *B. malayi*, both causative agents of lymphatic filariasis (Deplazes et al., 2016; Mehlhorn, 2016). The *Onchocercidae* also contain *D. immitis* and *Dirofilaria repens*, both causing

dirofilariosis in carnivores, a major global threat to companion animal health and welfare (Bowman and Atkins, 2009; Capelli et al., 2018). Other animal pathogenic species of the *Filarioidea* are *Parafilaria multipapillosa* (*Filariidae*) causing hemorrhagic subcutaneous nodules – equine summer bleeding – and *Setaria digitata* (*Setariidae*), a pathogenic parasite of cattle and water buffalo in Asia (Deplazes et al., 2016; Mehlhorn, 2016). The larval stage of *S. digitata* can cause fatal cerebrospinal nematodosis in goats, sheep and horses (Perumal et al., 2016) and infections in humans can cause abscesses, allergic reactions, enlarged lymph nodes, eye lesions, and lung inflammation (Rodrigo et al., 2014).

Like the majority of filariae, *D. immitis* has no free-living stages and exhibits a complex lifecycle involving multiple developmental stages in both, the definitive mammalian host and the mosquito vector (Fig. 2). The adult worms (macrofilariae) live as obligate endoparasites mainly in the lobar arteries and main pulmonary artery of the canine hosts. In dogs with high worm burden, adult *D. immitis* can also be found in the right ventricle. Females measure up to 30 cm and males around 18 cm. Females are ovoviviparous; they release sheathless microfilariae in the blood which are 250–300 µm in size. Various mosquito species can acquire the *D. immitis* microfilarial stage in a bloodmeal from an infected host. Once ingested by a mosquito, the microfilariae migrate within hours from the midgut to the Malpighian tubules where they will morphologically change into various “sausage” forms representing first stage larvae (Sawyer and Weinstein, 1963; Shang Kuan and Prichard, 2020). However, reports for *D. immitis* described these changes using *in vitro* cultivated microfilariae which were unable to develop in those systems beyond the L1 stage (Kuan and Prichard, 2020). Nevertheless, the principle development stages of *D. immitis* within the mosquitos are confirmed by observations on the related *B. malayi* (Erickson et al., 2009). Filariae harvested from infected mosquitos at various time intervals could be distinctly differentiated into microfilariae, which migrate and develop within hours into intracellular L1 stages. These

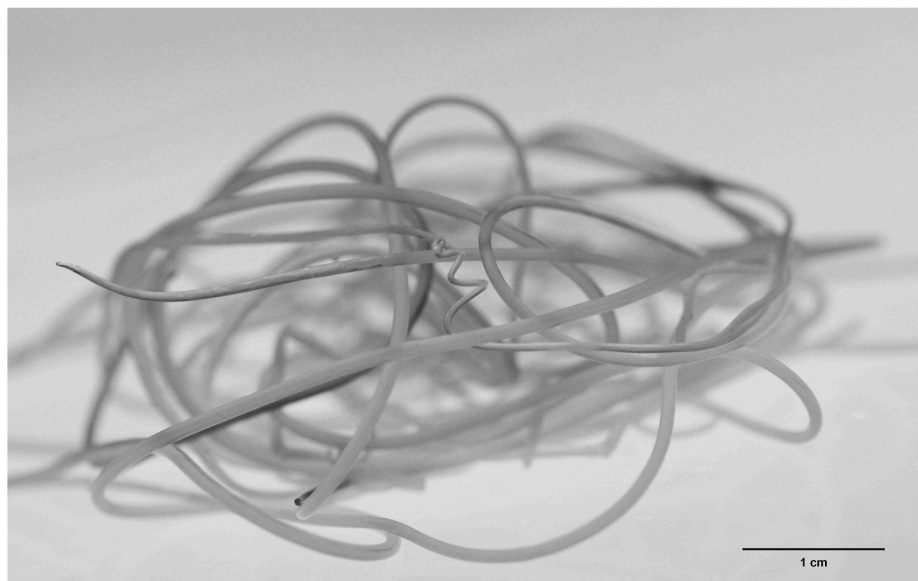


Fig. 1. Adult *D. immitis* parasite. Photograph of a mass of adult *D. immitis* worms removed from a dog at necropsy. Most are female worms, but the coiled posterior end of a male worm can be seen in the middle of the mass.

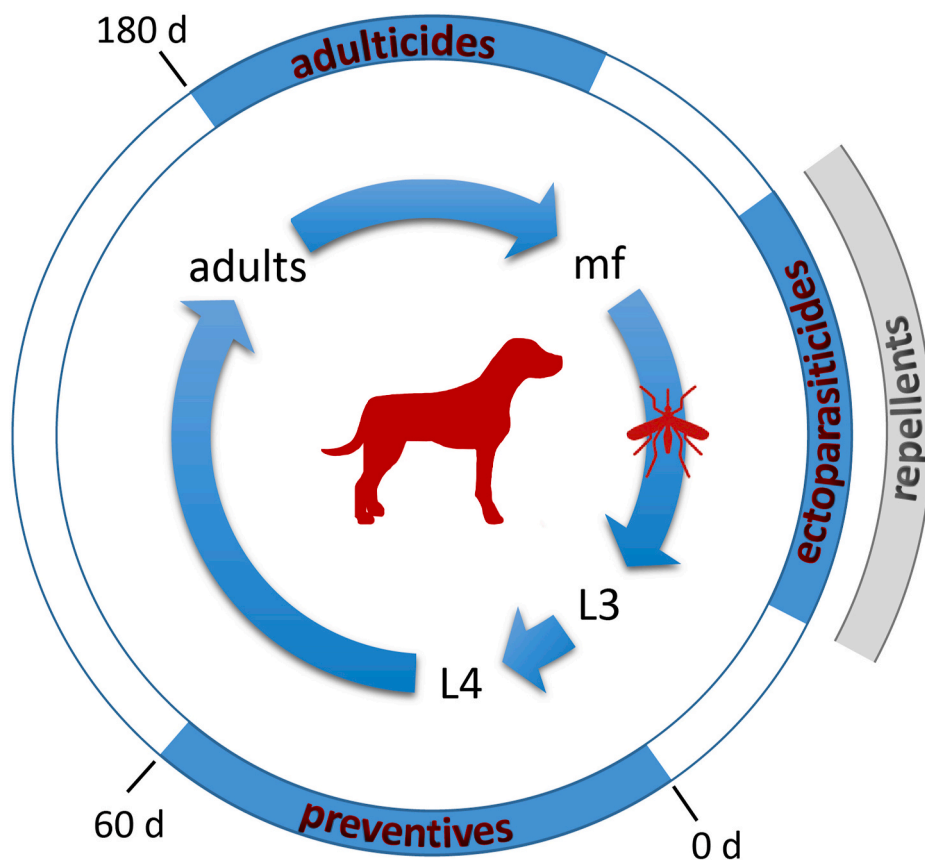


Fig. 2. *Dirofilaria immitis* life cycle and chemical intervention periods. The inner circle represents the life cycle of *D. immitis* within the mammalian host (dog) and the vector (mosquito). The length of the arrows approximately reflects the development time of each stage. During a blood meal on an infected dog, microfilariae (mf) circulating in the blood are ingested by a mosquito. In the vector they develop into the larval (L) stages from L1 to infective L3, which can be transmitted during another blood meal to a mammalian host. Within the host they develop rapidly into L4 and finally to adult female or male parasites, which reside and mate in the heart (vascular and cardio pulmonary system, right heart chamber). The outer circle shows prevention and treatment options depending on the stage of development of the parasite. MLs are used as preventive treatment up to 60 days (d) post infection (0 d) against *D. immitis* L3 and L4 larval stages. After that period, efficacy of the MLs is no longer 100% (Bowman and Drake, 2017). Melarsomine, the only registered heartworm adulticide, is efficacious against adult *D. immitis* which can be diagnosed around 180 days post infection. Melarsomine administered in 2 doses 24 h apart also has substantial efficacy against juveniles, as shown in controlled studies (2017). However, melarsomine is not recommended to be used as a preventive or prior to definitive diagnosis of heartworm infection, but only for treatment of adult heartworms (<https://capcvet.org/guidelines/heartworm/> accessed November 27th, 2020). Ectoparasiticides or repellents can be used to prevent mosquitos from feeding on dogs and cats, reducing the potential for infection.

shorter and non-feeding L1 stages undergo a first molt resulting in intracellular remaining L2 stages. They molt for a second time to become finally infective *B. malayi* L3 stages (Erickson et al., 2009), which can be transmitted to another vertebrate host. Development of *D. immitis* and migration in the canine host, as well as the host immune response, are largely uncharacterized until adults appear in the pulmonary arteries

approximately 6 months after infection (Bowman and Atkins, 2009; Simón et al., 2012; Deplazes et al., 2016; Mehlhorn, 2016).

Cats are less suitable hosts for *D. immitis* than dogs (McCall et al., 2008b) and most worms in cats do not develop to the adult stage. Those cats with adult *D. immitis* usually harbor 1–3 worms only. These worms are also smaller than those found in dogs and they rarely produce microfilariae

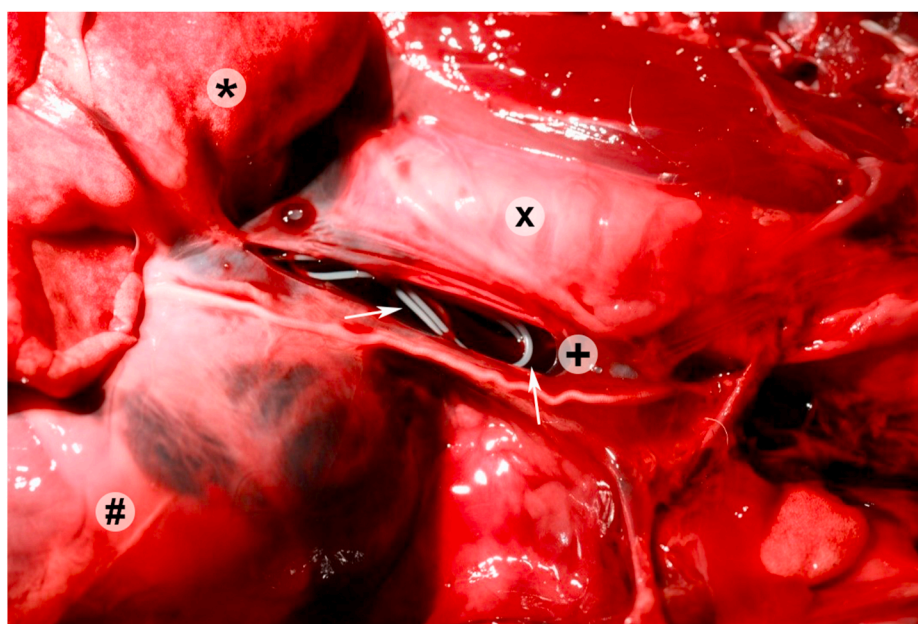


Fig. 3. Necropsy view of dog euthanized due to caval syndrome. *D. immitis* are indicated by arrows and clearly visible in the incised anterior vena cava (+). The lung lobe (*) is reflected back to the upper left, the trachea (x) is visible above the vena cava, and the pericardium and heart (#) are in the lower left of the image.

(Simón et al., 2012; Venco et al., 2015). The fact that cats rarely have infections that produce microfilariae also complicates diagnosis (Bowman et al., 2002), and therefore, cats are infected but remain often undiagnosed (American Heartworm Society Heartworm Basics <https://www.heartwormsociety.org/pet-owner-resources/heartworm-basics> accessed November 25th, 2020).

2.2. The disease

Young adult and adult *D. immitis* heartworms cause disease of dogs, initially a vascular disease that can progress to impaired blood flow, eventually affecting the vascular and pulmonary system, and in severe cases the right heart chambers. First symptoms include a mild persistent cough and reluctance to exercise. Dogs may manifest decreased appetite and become exercise intolerant. Eventually, the damage to the pulmonary endothelium and vascular occlusion from worm death will reduce cardiac output. The resulting pulmonary hypertension may lead to compensatory right-side heart enlargement and progress to right heart failure. A less common sequelae occurs when a sudden obstruction of blood flow through the lungs caused by large numbers of adults in the pulmonary arteries, reduces the flow to the point where worms migrate and become aberrantly located in the right atrium, ventricle and often in the vena cava (Fig. 3). This form of blockage is called caval syndrome and will cause a life-threatening form of heart failure (Bowman and Atkins, 2009; Simón et al., 2012; Ames and Atkins, 2020).

Cats are much less immunologically tolerant of heartworm infections, and as a result manifest clinical signs different from dogs. In cats, even the death of immature *D. immitis* in the pulmonary arteries can cause severe, pulmonary symptoms (Atkins and Litster, 2006). This condition has been named heartworm associated respiratory disease (HARD). Clinical signs manifest as chronic coughing, labored breathing, vomiting and even sudden death, with no other apparent clinical signs. It has been experimentally verified that as early as 70-90-day-old *D. immitis* infections resulted in induced severe pulmonary airway, interstitial, and arterial lung lesions (Dillon et al., 2017). In contrast to dogs, cats have pulmonary intravascular macrophages, which can be modulated by parasite products and may contribute to the different outcome of the disease in cats (Dillon et al., 2008). Many of these symptoms mimic those of asthma in cats, requiring differential diagnosis because treatment and prognosis of these two diseases is different (Garrity et al., 2019).

Dirofilaria immitis has zoonotic potential and thus could be considered a Public Health issue. Humans can be accidentally infected with *D. immitis*, and in many cases, these infections will progress, developing through the tissue stages, and reaching the pulmonary vasculature. In the pulmonary vasculature of humans the young adult worms will die, resulting in development of pulmonary nodules, but will remain asymptomatic. Thirty-three cases of such pulmonary dirofilariosis were reported in Europe (Simón et al., 2012). However, the exposure of humans to *D. immitis* is likely to be higher, as analysis of 250 serum samples from northern Spain for specific IgG antibodies against *D. immitis* revealed a seroprevalence of 11.6% (Morchón et al., 2010). Similarly, 6.1% of 668 investigated people in Portugal were found to be seropositive for *D. immitis* (Fontes-Sousa et al., 2019). Although *D. immitis* infections in humans are typically asymptomatic, they can cause great concern as radiographically, the resulting coin lesions are indistinguishable from lung cancer (Simón et al., 2012).

2.3. Vectors

Heartworm abundance and distribution are closely linked with mosquito vector biology and ecology. Any mosquito species that allows for the successful development of microfilariae into the infective L3 stage and subsequent migration to the proboscis can be a competent vector of *D. immitis* (Ledesma and Harrington, 2011). Over 60 species of mosquitoes are capable of supporting the development of L3 *D. immitis* (Ludlam et al.,

1970). More than 20 different species were detected with infective L3 in various field studies (Scoles, 1998; Ward, 2005; Bowman and Atkins, 2009; Ledesma and Harrington, 2011). Nine species have been identified as major potential vectors, all with well-known developmental and biological parameters allowing for the development of national forecast models for canine heartworm risk (Brown et al., 2012). These species are *Aedes aegypti*, *Ae. albopictus*, *Ae. canadensis*, *Ae. sierrensis*, *Ae. trivittatus*, *Ae. vexans*, *Anopheles punctipennis*, *A. quadrimaculatus*, and *Culex quinquefasciatus*. Mosquito interspecies competition, which depends on various factors such as humidity, vegetation, and urbanization, can lead to a distribution of transmission competent species. Vector and environmental maps have been investigated for the occurrence of these species, suggesting that presence of *C. quinquefasciatus*, *Ae. sierrensis*, *A. punctipennis*, *A. quadrimaculatus*, or *Ae. canadensis* is associated with higher heartworm prevalence while other mosquito species are estimated to decrease prevalence rates (Wang et al., 2014). Like many filariae, *D. immitis* microfilariae exhibit a circadian rhythm, which will have an impact on the vector capacity and thus, on the epidemiology of heartworm, because chance for transmission of parasites increases with higher overlap of the mosquito activity pattern and microfilariaemia peak in the host (Ionică et al., 2017; Evans et al., 2017a).

In Europe, several species of mosquitoes have been found infected with *D. immitis* including *C. pipiens* in Italy (Cancrini et al., 2006), Spain (Morchón et al., 2007), and Turkey (Yildirim et al., 2011); *C. theileri* on the island of Madeira, Portugal (Santa-Ana et al., 2006), and on the Canary Islands, Spain (Morchón et al., 2012); *Ae. vexans* in Turkey (Yildirim et al., 2011) and *Ae. albopictus*, *A. caspius*, *A. maculipennis*, and *Coquillettidia richiardii* in Italy (Cancrini et al., 2003, 2006). More recently, Montarsi et al. (2015) identified *Ae. (Finlaya) koreicus* as a new vector for *D. immitis* in Europe. In most areas of Europe, the activity of these species is limited to the period of time between spring and summer. An uptick of *D. immitis* infections in dogs has been projected into currently heartworm-free areas, as has already been observed for *D. repens*. This is possibly due to climatic changes favourable for survival and spread of *D. immitis* in mosquito vectors (Genchi et al., 2011).

While many mosquito species can transmit *D. immitis*, in Australia the primary vector is *Ae. notoscriptus* (Russell and Geary, 1996). In Japan, *C. pipiens pallens* and *C. tritaeniorhynchus* are the major vectors for *Dirofilaria* transmission. In all, at least 16 mosquito species are known to play a role in heartworm transmission in Japan (Akao, 2011). The primary vector species in Brazil are *Ae. taeniorhynchus* (73.9%), *Ae. scapularis* (20%) and *C. quinquefasciatus* (2.5%). However, it was suggested that in contrast to the analysis performed for the USA (Wang et al., 2014), the composition of the mosquito population in the investigated area is not such a critical factor in the distribution of heartworm infections in South America (Labarthe and Guerrero, 2005).

2.4. Wolbachia

Most filarial species harbor and depend on bacterial endosymbionts. This is also the case for *D. immitis* (Sironi et al., 1995; Bandi et al., 1999) and *D. repens* (Grandi et al., 2008) as both rely on the rickettsia-like endosymbiont *Wolbachia* for embryogenesis, development and survival (Ferri et al., 2011; Taylor et al., 2013). Genome analysis from *Brugia malayi* and their *Wolbachia* endosymbiont population showed that the *Wolbachia* genome encodes genes sufficient for the biosynthetic pathway of purines and pyrimidines, heme and riboflavin, none of which are completely encoded in the *Brugia* genome (Foster et al., 2005; Ghedin et al., 2007). Those findings were confirmed by genome analysis of the *Wolbachia* population of *D. immitis*. These *Wolbachia* also encode enzymes that are missing in the *D. immitis* genome like biosynthesis of heme, purine and pyrimidines. Additionally, the *Wolbachia* population from *B. malayi* contains genes necessary for folate synthesis (Godel et al., 2012). The essential metabolic contributions of *Wolbachia* renders them a valid drug target to control filariae (Slatko et al., 2010; McCall et al., 2014b; Landmann, 2019; Turner et al., 2020).

3. Prevalence and diagnosis

3.1. Prevalence

Dirofilaria immitis infections in dogs and cats have been identified throughout the world in tropical and temperate regions (Simón et al., 2012; Genchi and Kramer, 2019) while the occurrence of *D. repens* is restricted to the Old World (Fig. 4). A few anecdotal reports suggest the presence of *D. repens* in Mexico and Chile as well (López et al., 2012; Ramos-Lopez et al., 2016). Two opposing phenomena currently influence the prevalence and spreading of dirofilariosis. The prevalence of *Dirofilaria* infections appears to be increasing worldwide mainly due to climate changes and the accompanying spread of competent mosquito species such as *Ae. albopictus* and *Ae. koreicus* (Montarsi et al., 2015). In contrast, heartworm prevalence is decreasing in some regions including Japan (Oi et al., 2014) and Northern Italy, likely due to a higher awareness and intensified control of the disease (Genchi and Kramer, 2019; Mendoza-Roldan et al., 2020). The latter observation may indicate that the distribution and thus the risk of heartworm infection could be reduced by a higher awareness of veterinary practitioners and a concomitant increase in preventive treatment of dogs.

However, a decreasing heartworm prevalence, particularly in the Mediterranean, may also be due to the overall reduction of the mosquito population. The general correlation of mosquito abundance and risk of disease transmission is well established for malaria (Kitron and Spielman, 1989) and it was demonstrated that depending on local conditions for mosquito populations, there is less or more risk of malaria transmission (Parham and Michael, 2010). Efforts to eliminate malaria in Europe and the Mediterranean date back as far as the late 19th century with a widespread achievement of elimination in the 20th century (Feachem et al., 2010). Today, an additional important effect is the ongoing reduction of insect populations due to industrialization, urbanization and application of insecticides (Goulson et al., 2015). Thus, heartworm prevalence may continue to decline in some endemic areas because of reduction of vector populations in these regions. In contrast, climate changes will lead to a northward spread of mosquito vectors, leading to higher disease risk in presently non-endemic areas (Medlock et al., 2012; Cella et al., 2019; Hertig, 2019). This forecast spread of

Anopheles spp. and as a result malaria could also be applicable to the prevalence of dirofilariosis, assuming the mosquito migration includes species which are competent intermediate hosts for *Dirofilaria* spp.

The prevalence of *D. immitis* in cats is estimated to be 5–20 fold lower than in dogs (Montoya-Alonso et al., 2017; Garrity et al., 2019). In a heartworm endemic area in northern Italy, a prevalence in dogs of 29% and in cats of 4.7% was shown (Venco et al., 2011). A similar ratio of prevalence rates was detected in central Italy with 5.6% in dogs and 1.6% in cats (Traversa et al., 2010).

In dogs, *D. immitis* is prevalent in all the Americas with a few exceptions such as Chile where no heartworm cases were found in surveys (Labarthe and Guerrero, 2005; Simón et al., 2012; Maggi and Krämer, 2019; Dantas-Torres and Otranto, 2020). In the USA, mean prevalence rates are generally between 1% and 12% (Lee et al., 2010; Little et al., 2014, 2021), but can be locally quite high. Florida, the most south-eastern state in the USA, exhibits a 28% prevalence rate (Hays et al., 2020), and rates as high as 48% were observed in the Gulf Coast regions (McCall et al., 2008b; Bowman et al., 2009). These reports have been confirmed by more recent surveys of the American Heartworm Society (<https://www.heartwormsociety.org/in-the-news/558-ahs-announces-findings-of-2019-heartworm-incidence-survey>, accessed November 25th, 2020), which revealed that the top five states in heartworm incidence in 2019 were in the southeast (Mississippi, Louisiana, South Carolina, Arkansas and Alabama) (Fig. 5), similar to the report of Little et al. (2021), which showed highest incidence in Mississippi, Louisiana, Arkansas, Alabama, and Texas. The general distribution has not changed compared to 2016. No state is free of *D. immitis* infections (Little et al., 2021). Prevalence rates are much lower in regions with colder climates. In Canada, for example, a study conducted in 1993 determined the prevalence as 0.24% (Slocombe and Villeneuve, 1993). A more recent study revealed a prevalence of 3.9% in shelter dogs in Ontario, Canada (Jacobson et al., 2020). Climate change may also drive an increase in heartworm prevalence in previously preclusive cold regions (Bowman et al., 2016).

No detailed European surveys on the distribution of *D. immitis* have been reported, but surveys conducted at national or regional level are available. A few surveys have also focused on *D. repens* in Europe due to the zoonotic potential in humans, even though the infection in dogs is

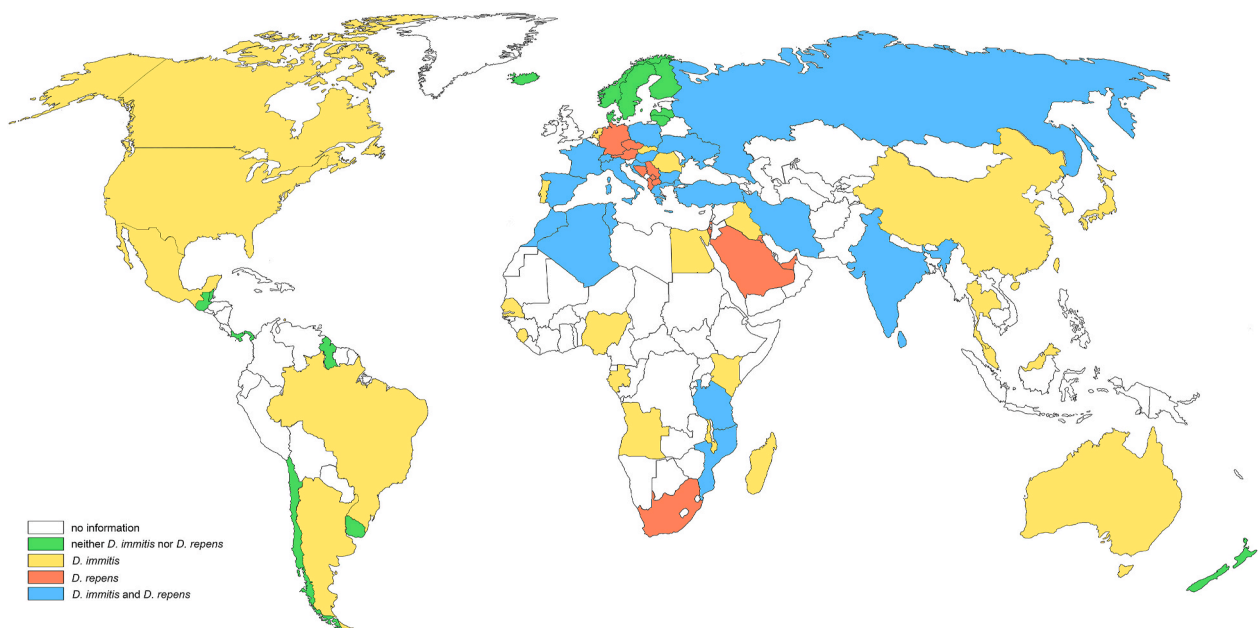


Fig. 4. Presence of *D. immitis* and *D. repens* infections throughout the world. Analyzing the number of dogs at risk for *Dirofilaria* infection, in Asia approx. 148 million dogs are at risk, in Latin America and Europe approx. 98 million dogs each, in North America approx. 80 million, in Africa approx. 50 million, and in Oceania approx. 6 million (López et al., 2012; Simón et al., 2012; Ramos-Lopez et al., 2016; Genchi and Kramer, 2019; Boehringer Ingelheim internal analysis).

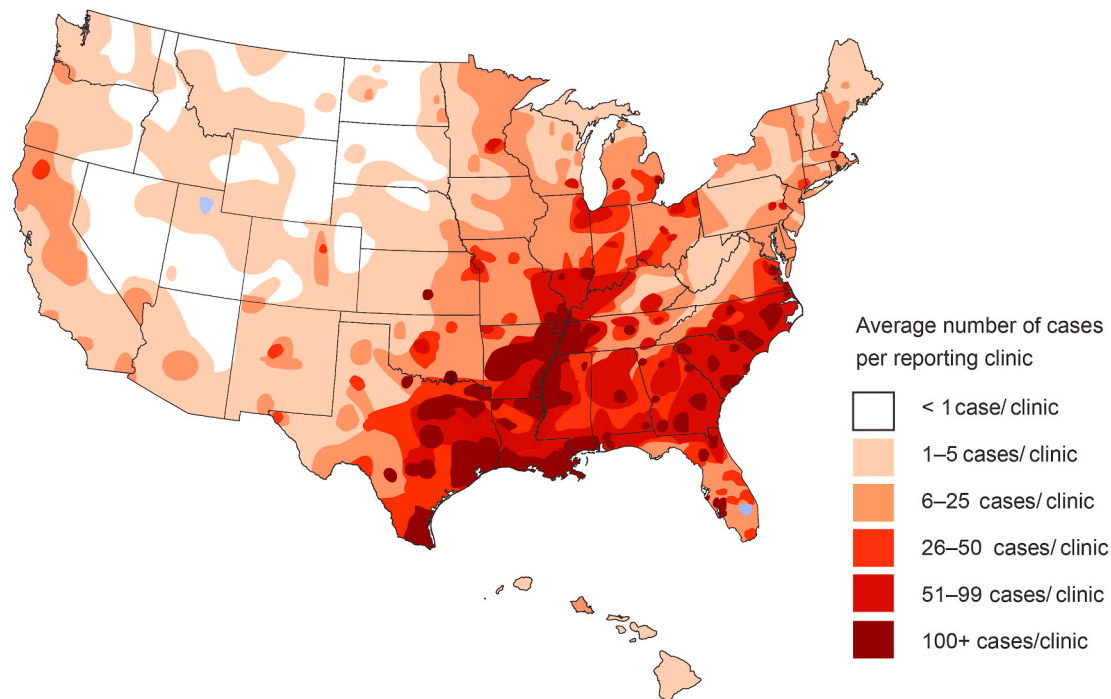


Fig. 5. 2019 heartworm incidence survey, American heartworm society. Heartworm incidence as shown in this map is based on the average number of cases per reporting clinic in 2019. Some remote regions of the United States lack veterinary clinics; therefore, no cases were reported from these areas. Used with permission from the American Heartworm Society <https://www.heartwormsociety.org/>.

often asymptomatic (Sałamatin et al., 2013; Moskvina and Ermolenko, 2018). Furthermore, a substantial decrease of *D. immitis* infections has been observed in some endemic areas such as Northern Italy and the Canary Islands (Spain) (Genchi and Kramer, 2019). In contrast to the reduction of prevalence in those areas, increased transmission in Central and Northern Europe has been observed and may be attributed to climate changes (Simón et al., 2012; Capelli et al., 2018; Széll et al., 2020). Even in areas as far north as Finland, Estonia and Siberia, autochthonous cases have been reported (Jokelainen et al., 2016; Pietikäinen et al., 2017; Genchi and Kramer, 2019). An additional factor contributing to the spread of dirofilariosis is the movement of positive dogs from endemic countries to formerly heartworm-free countries like Germany (Genchi et al., 2014). In addition, increasing occurrence and climate-change driven spread of reservoir hosts in wildlife, e.g. the golden jackal (*Canis aureus*), seem to play a significant role, too (Széll et al., 2020). A special case appears to be Austria, where only recently the introduction of *D. repens* was confirmed in mammals and in the mosquito vectors *A. algeriensis* and *A. maculipennis* (Fuehrer et al., 2016). Most cases of dirofilariosis were imported cases, but climate analysis indicates that *D. immitis* also has the capacity to establish itself in the lowland regions of Austria, given that the host and a number of competent culicid vectors are present (Fuehrer et al., 2016).

In Australia, *D. immitis* has been reported in all states with historical prevalence up to 100% in the Northern Territory (Welch et al., 1979). Today, prevalence is considered to be low throughout Australia (Nguyen et al., 2016). Dirofilariosis is also present in the near and far East and in Asia. In China prevalence ranges from 2% to 15% (Liu et al., 2013). Interestingly, a novel *Dirofilaria* species, *Candidatus D. hongkongensis*, was identified in Hong Kong (Yilmaz et al., 2016, 2019) which also occurs in India (Pradeep et al., 2019). In Japan, heartworm prevalence decreased within a decade by about half in shelter dogs, from 46% in 1999–2001 to 23% in 2009–2011 (Oi et al., 2014). Notably, no *D. immitis* was detected in Israel while it was observed in other Middle East countries (Genchi and Kramer, 2019). Information on the prevalence of dirofilariosis in Africa is limited (McCall et al., 2008b). However, reports on the presence of *D. immitis* and *D. repens* are increasing in

recent years. Dirofilariosis has been observed in Tunisia, Algeria, Tanzania and Mozambique, although the more dominant filarial species in dogs appears to be *Acanthocheilonema dracunculoides* (Genchi and Kramer, 2019).

There are more than 470 million dogs and 370 million cats worldwide (<https://www.statista.com/statistics/1044386/dog-and-cat-pet-population-worldwide/> accessed October 10th, 2020), and the populations continue growing. More than 200 million dogs live in North America, Europe, Australia and Japan where prophylaxis and treatment probability are expected to be high (Boehringer Ingelheim internal analysis), making heartworm prevention a highly attractive market segment.

3.2. Diagnosis

The Companion Animal Parasite Council (CAPC, <https://capcvet.org/>) and the American Heartworm Society (<https://heartwormsociety.org/>) recommend that all dogs, including those on heartworm prevention, should be tested annually using both antigen and microfilarial tests. Different parasitological, serological or molecular tests are available to detect different life stages of heartworm taking into account that not all life stages may be present in an infected dog at any given time point (Little et al., 2018). Microscopic diagnosis for microfilariae can be performed utilizing direct blood smears or from concentrated blood (modified Knott's test) and enables differential diagnosis to other filariae, particularly *Acanthocheilonema* spp and *D. repens* (Magnis et al., 2013). However, this technique may not be suitable for mixed filarial infections, and is, compared to other diagnostic tests, rather insensitive, and a test should not be defined as negative unless at least 1 ml of blood has been investigated (American Heartworm Society, 2020; Panarese et al., 2020).

The knowledge of any circadian rhythm can have an impact on diagnostic reliability when diagnosis is based on identification of microfilariae. However, *D. immitis* microfilaraemia rhythm does not show a clear pattern. While in Romania microfilaraemia peaks during night (Ionică et al., 2017), another study could not detect any consistent pattern even under standardized environmental conditions (Lovis et al.,

2017). In a smaller study with experimentally infected dogs, a 24-h periodicity that decreased in magnitude as the dog and infection aged was apparent, adding the age of the infection(s) as another factor contributing to the complexity of interpreting potential circadian rhythms (Evans et al., 2017a).

Several serological test based on enzyme-linked immunosorbent assays (ELISA) or immunochromatographic (ICT) tests have been developed for the detection of *D. immitis* adult antigens for in-clinic use (Barr et al., 2011; Lee et al., 2011; Henry et al., 2018; Little et al., 2018). The available highly specific antigen tests (98%–100%) detect only mature infections about 7 months post infection (McCall et al., 2001; Carmichael et al., 2017; Henry et al., 2018). At least one female *D. immitis* is needed and infections with very low worm burden may not be detected (Courtney and Zeng, 2001; Atkins, 2003). However, current commercial antigen tests were found to reliably detect infections in which more than one female adult *D. immitis* was present (Genchi et al., 2018). Furthermore, antigens may not be detected in some dogs, unless the samples are heat pretreated to release antigens from immune complexes (Little et al., 2018). Heat pretreatment is generally not recommended, with the notable exception of patients manifesting clinical signs and living in endemic areas which have not been under consistent preventive use (Little et al., 2018). Further development of assays resulted in tests

suitable for diagnosis of multiple infections at the same time. Two of such rapid in-clinic tests, the FLEX4 assay (Abaxis, Union City, CA) and the SNAP assay (IDEXX Laboratories, Inc., Westbrook, ME) were recently evaluated for the detection of various *Anaplasma*, *Borrelia* and *Ehrlichia* species, and for *D. immitis* (Liu et al., 2018). While specificities for both rapid assays ranged from 98% to 100%, their sensitivities differed substantially for various pathogens and were 88.2% (FLEX4) versus 94.1% (SNAP) for *D. immitis* (Liu et al., 2018).

Molecular diagnosis is particularly appropriate for dogs suspected of being infected, but with microfilaria-negative results. It was demonstrated that in samples with only four microfilariae per ml, a multiplex PCR assay was able to give reliable positive results and to distinguish between *D. immitis* and *D. repens* (Gioia et al., 2010; Ferreira et al., 2017). Radiography and echocardiography are additional test methods for confirming the diagnosis and moreover, to assess the severity of heartworm disease (American Heartworm Society, 2020), particularly in cats (Berdoulay et al., 2004; Garrity et al., 2019).

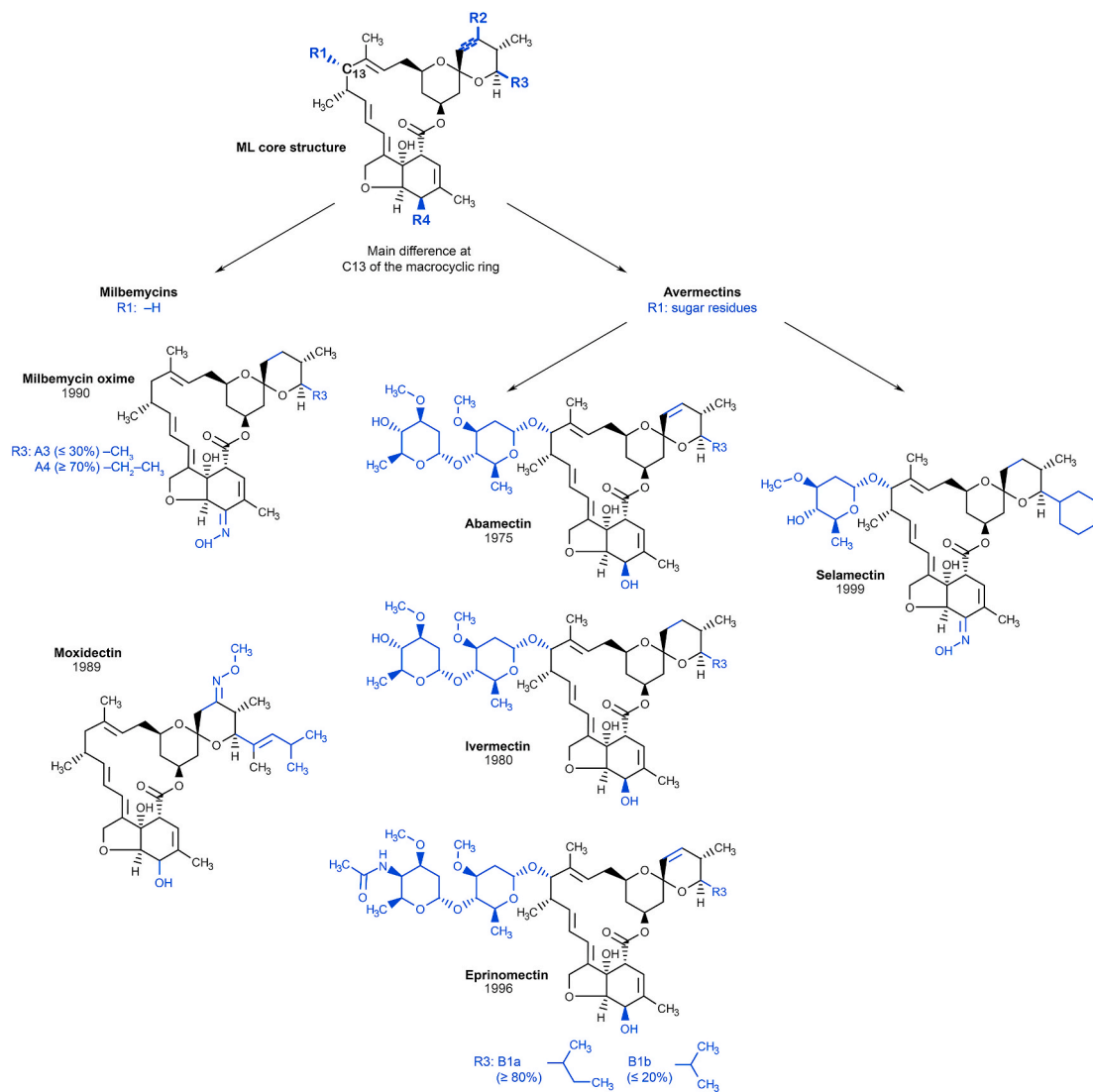


Fig. 6. Structure of MLs marketed against heartworm infections. The macrocyclic core ring structure (top) indicates the regions where the MLs differ from each other. C13 is marked and highlighted in bold, where the main difference between the two major classes of MLs resides. Residues specific for each individual ML are visualized in blue. Modified following Prichard and Geary (2019).

4. Disease control

4.1. Macrocyclic lactones

Starting with the introduction of ivermectin in the canine market in 1987 (Heartgard®), until today, heartworm prevention is achieved almost solely through regular administration of active pharmaceutical ingredients (APIs) from the same chemical class, the macrocyclic lactones (MLs). The first MLs active against parasites – the avermectins, fermentation products of *Streptomyces avermitilis* – were discovered in 1975 from a soil sample collected in Japan (Burg et al., 1979; Campbell, 2012). Subsequently, in 2015, half of the Nobel Prize in Physiology or Medicine was awarded jointly to Campbell and Ōmura for their outstanding contribution to the discovery of the avermectins (Van Voorhis et al., 2015).

The MLs can be divided into two groups, the avermectins (abamectin, ivermectin, eprinomectin, and selamectin) and the milbemycins (milbemycin oxime and moxidectin) (Shoop et al., 1995; Vercruyse and Rew, 2002). All contain a common 16-member ML ring. The main structural difference between both classes resides at C13 of the macrocyclic ring: avermectins contain sugar residues, whereas milbemycins are protonated (Fig. 6). For further details on classification of the different MLs, for example the differences between avermectin 1- and 2-subsets or A and B series, please refer to Shoop et al. (1995) and Prichard and Geary (2019).

4.1.1. Ivermectin

The soil-dwelling bacterium *Streptomyces avermitilis* was first discovered by Satoshi Ōmura in a soil sample from Kawana on the southeast coast of Honshu, Japan in 1973. As anecdotes are told, Ōmura always carried plastic bags with him to collect specimen and found his most promising sample in the woods next to a golf course (Van Voorhis et al., 2015). Extracts from cultures from this strain were sent to Merck laboratories to be tested in anthelmintic screening in 1974, where it showed promising activity against nematodes and many ectoparasites (Burg et al., 1979; Chabala et al., 1980; Ōmura, 2008; Campbell, 2012). William C. Campbell had the active components purified and identified the avermectins in 1975. The more effective chemical derivative ivermectin was subsequently commercialized, entering the Animal Health market in 1981 initially for livestock (Ōmura and Crump, 2014; Van Voorhis et al., 2015; Laing et al., 2017). The drug's potential in human health to fight onchocerciasis was confirmed a few years later and it was registered in 1987 and immediately provided free of charge for control of river blindness (branded as Mectizan®) (Molyneux and Ward, 2015; Ashour, 2019; <http://www.mectizan.org/resources/2014-annual-high-lights> accessed November 27th, 2020). The World Health Organization lists ivermectin amongst the essential medicines (World Health Organization, 2019), and mass drug administration campaigns in Africa rely on its efficacy to control human filarial parasites (Kim et al., 2015).

Ivermectin is a chemically modified, dihydro derivative of naturally produced avermectin B1, composed of >80% 22,23-dihydro-avermectin B1a and <20% 22,23-dihydro-avermectin B1b at initial launch (Fig. 6) (Campbell, 1981; Campbell et al., 1983), whereas today's ratio is 90 to 10% (<https://online.uspnf.com> DocID: GUID-2506E-E29-023C-4689-BE0C-392C296F1803_4_en-US). It shows activity against a broad spectrum of parasitic nematodes after both oral and parenteral administration, but not against cestodes or trematodes. In addition, it has activity against different arthropods like fleas, lice, mites and some tick species (McKellar and Benchaoui, 1996; Martin et al., 2020). While it is effective against microfilariae, L3 and L4 stages, it is not efficacious against adult but does reduce fertility (Martin et al., 2020). Ivermectin is marketed as oral, topical and injectable formulations, including long-acting injectables and boluses against endo- and ectoparasites of animals (Soll et al., 1988; Prichard et al., 2012).

While the antiparasitic activity of ivermectin is dependent on glutamate-gated chloride channels of endo- as well as ectoparasites

(Arena et al., 1995; Wolstenholme and Rogers, 2005; Wolstenholme, 2012; Weber and Selzer, 2016), this API may target many more processes within different organisms. This includes modulation of other types of ligand-gated channels (Wolstenholme and Rogers, 2005), diverse modes of action in cancer treatment (e.g. Sharmeen et al., 2010; Yin et al., 2015; Nambara et al., 2017; Wang et al., 2018; Intuyod et al., 2019; Jiang et al., 2019; Zhang et al., 2019; Tang et al., 2020), inhibition of viral replication in several flaviviruses (Mastrangelo et al., 2012), regulation of metabolism through the farnesoid receptor in diabetic mice (Jin et al., 2013), and improvement of allergic skin inflammation by reducing activation of allergen-specific T cells (Ventre et al., 2017). Very recently, activity against SARS-CoV-2, the causative virus for COVID-19, has also been hypothesized for ivermectin based on observations in *in vitro* assays (Caly et al., 2020) and in hospitalized patients (Rajter et al., 2020). Although ivermectin is very safe, it is not without toxicity in mammals. While filariae and other nematodes are exquisitely sensitive to the drug, micromolar doses are often associated with activity in mammalian cell culture experiments. Therefore, it seems unlikely to reach effective and safe doses for antiviral therapy in humans (Schmith et al., 2020).

4.1.2. Eprinomectin

Eprinomectin or 4''-epi-acetyl-amino-4''-deoxy-avermectin B1 was developed exclusively for veterinary medicine use as the first topical endectocide for all cattle, including lactating animals (Shoop et al., 1996a, 1996b). It is a semi-synthetic derivative of avermectin B1 or abamectin, consisting of two homologs, B1a (not less than 90%) and B1b (not more than 10%), which differ by a methylene group. Eprinomectin first entered the market in a topical formulation against internal and external parasites of cattle including lactating cows (Shoop et al., 1996b; Holste et al., 1997, 1998; Pitt et al., 1997; Williams et al., 1997; Rehbein et al., 2005). As it showed good bioavailability and systemic activity also in cats following topical application (Kvaternick et al., 2014), it was included in a topical endectoparasiticide combination product together with fipronil, (S)-methoprene, and praziquantel for cats (Broadline®) (Baker et al., 2014; Rehbein et al., 2014).

4.1.3. Abamectin

Abamectin remains the only ML that is used in both animal health and crop protection (Bai and Ogbourne, 2016). It consists of avermectin B1a (>90%) and avermectin B1b (<10%). Abamectin is approved in Australia for preventive use against heartworm in dogs, however only in endoparasiticide combination products that include oxibendazole and praziquantel (<https://portal.apvma.gov.au/pubcris> accessed November 27th, 2020).

4.1.4. Selamectin

Selamectin is a semisynthetic monosaccharide oxime derivative of doramectin (25-cyclohexyl-25-de(1-methylpropyl)-5-deoxy-22,23-dihydro-5-(hydroxyimino)-avermectin B1 monosaccharide). Doramectin has been identified as the most potent nematicide in a series of new avermectins prepared by mutational biosynthesis, having a cyclohexyl group in the C25 position of the avermectin ring (Dutton et al., 1991; Goudie et al., 1993). Selamectin was selected for its efficacy against *D. immitis*, gastrointestinal nematodes, fleas and ticks in 1999 (Banks et al., 2000; Bishop et al., 2000; Prichard and Geary, 2019). It is available as topical formulation for dogs and cats, while doramectin is marketed for ruminants and swine only.

4.1.5. Milbemycin oxime

The milbemycins were initially isolated in 1967 as fermentation products from *Streptomyces hygroscopicus*, and subsequently from *Streptomyces cyaneogriseus* in 1983, that displayed very high acaricidal activity. (Prichard et al., 2012; Prichard and Geary, 2019). Structure elucidation, in 1972 by Sankyo scientists, revealed the 16-membered ML structure of the active compound family of milbemycins, from which the anthelmintic milbemycin oxime (6R, 25R)-5-demethoxy-28-deoxy-6,

28-epoxy-5-hydroxyimino-25-ethyl/methyl milbemycin) was derived (Takiguchi et al., 1980, 1983; Prichard et al., 2012). Milbemycin oxime is available in an oral formulation, consisting of a mixture of 70–80% milbemycin A4 oxime and 30–20% milbemycin A3 oxime, for heartworm prevention in dogs and cats. In addition, milbemycin oxime shows efficacy against immature and adult stages of other parasitic roundworms, hookworms, whipworms, and lungworms, and mites (Garfield and Reedy, 1992; Holm, 2003; Prichard et al., 2012).

4.1.6. Moxidectin

Exploration of fermentation products from *S. cyaneogriseus* in 1983 revealed not only a new source of milbemycin, but also the new ML nemadectin (F-29249α) (Carter et al., 1987, 1988). Addition of a methoxime moiety at C-23 and a substituted olefinic side chain at the 25-position to nemadectin yields moxidectin (Ranjan et al., 1992). Heartworm prophylaxis products administer moxidectin orally, topically, or as injectable. Moxidectin has been approved for human use against river blindness (<https://www.fda.gov/drugs/drug-approvals-and-databases/drug-trials-snapshots-moxidectin> accessed November 25th, 2020).

Compared to the avermectins, moxidectin inhibits Pgp-mediated rhodamine123 transport with 10 times lower potency (Lespine et al., 2007). Moxidectin is very lipophilic and has a long half-life, which makes it particularly suitable for long-acting injectable formulations, e.g., ProHeart-6® and ProHeart-12® preventives in canines, and Cydectin® LA for prevention and treatment of gastrointestinal nematodes in cattle (Prichard et al., 2012; Prichard and Geary, 2019). Topical moxidectin products obtained FDA approval for elimination of microfilariae in heartworm-positive dogs, diminishing adverse reactions, which occur normally due to high microfilarial counts in infected dogs (McCall et al., 2014a). A combination product containing moxidectin, sarolaner and pyrantel to obtain protection against endo- and ectoparasites has been marketed recently (Simparica® Trio) (Kryda et al., 2019; Becskei et al., 2020).

4.2. Non-macrocyclic lactone treatments

4.2.1. Diethylcarbamazine citrate

Diethylcarbamazine citrate (DEC) (Fig. 7) is the oldest heartworm preventive, discovered in 1947 as a derivative of piperazine. It shows both microfilaricidal and adulticidal activity, presumably by increasing filarial susceptibility to innate immune attack (Sutton et al., 1985; El-Shahawi et al., 2010). It was first used to control human filariasis around the world (Hawking, 1962), and made it to the animal health market in products for heartworm prophylaxis in the 1960s (Paillet et al., 1968; Prescott et al., 1978). In contrast to other preventives, it has to be given daily (<https://apvma.gov.au> accessed December 2nd, 2020).

As diethylcarbamazine citrate is on the World Health Organization's List of Essential Medicines (World Health Organization, 2019) for treatment of filariasis including lymphatic filariasis, tropical pulmonary eosinophilia, and loiosis (Chitkara and Sarinas, 1997), its use in animal health has been limited, with only a few products still marketed.

4.2.2. Adulticide treatment using arsenamide sodium and melarsomine dihydrochloride

The adulticide arsenamide (thiacetarsamide) sodium (Caparsolate®) (Fig. 7) was used for treatment of adult *D. immitis* since the 1940s. Treatment needed to be administered intravenously, and dogs had to be hospitalized during initial treatment to handle possible hepatotoxic and nephrotoxic side effects (Raynaud, 1992). In the 1990s, melarsomine dihydrochloride (Immiticide®) (Fig. 7) supplanted thiacetarsamide as an adulticide, as it provided easier administration as well as increased safety and efficacy (Raynaud, 1992; Rawlings et al., 1993a; McTier et al., 1994; Maksimowich et al., 1997). Still today, melarsomine dihydrochloride is the first line adulticide treatment for heartworm infections. Even though this therapy reduces the need for hospitalization of dogs, strict exercise restriction is required to limit thromboembolic effects (Raynaud, 1992; Rawlings et al., 1993b; Bowman and Drake, 2017; American Heartworm Society, 2020). Treated dogs should be carefully monitored for adverse effects such as increase in pulmonary pressure due to dying or dead worms, as well as intense inflammatory reactions against the parasite or its *Wolbachia* endosymbionts (Kramer et al., 2008; Ames et al., 2020).

To achieve complete elimination of adult heartworm infections, both the American Heartworm Society and the European Society of Dirofilariosis and Angiostrongylosis propose protocols with 2–3 month pre-treatment with an ML combined with an antibiotic against *Wolbachia* (such as doxycycline, see below) prior to the administration of three doses of Immiticide® (European Society of Dirofilariosis and Angiostrongylosis, 2017; American Heartworm Society, 2020). The reason for this pre-treatment is to help close the susceptibility gap in the efficacy of MLs and Immiticide® against some heartworm stages (Bowman and Drake, 2017). The combined delayed treatment provides efficacy by initially using MLs to eliminate susceptible larvae and prevent new infections, while allowing older worms to develop further and become susceptible to melarsomine dihydrochloride. In addition, the risk of severe pulmonary thromboembolism is reduced due to the staged killing of the adult parasites (Carretón et al., 2014; American Heartworm Society, 2020). As some studies provided evidence that melarsomine dihydrochloride may be effective already against worms from two to four months of age, the adulticidal treatment protocol might be improved further (McCall, 2005; McCall et al., 2010; Bowman and Drake, 2017; American Heartworm Society, 2020; Carretón et al., 2019).

Adulticide therapy using melarsomine is not considered safe for cats, as worm death in cats is associated with a high risk of pulmonary thromboembolism and anaphylactic reactions (Pennisi et al., 2020). Surgery known as worm embolectomy is an alternative to relying on self-cure, which can occur within 18–48 months, and carefully monitoring disease progression (European Society of Dirofilariosis and Angiostrongylosis, 2017; Pennisi et al., 2020). Surgical extraction of adult heartworms in dogs remains the only solution for heavily infected dogs manifesting clinical signs of caval syndrome, as dying or dead adult heartworms obstruct blood flow and degrading worms cause inflammatory reactions (Glaus et al., 1995; Lee et al., 2008; Bové et al., 2010).

4.2.3. Doxycycline for supportive treatment

Doxycycline-mediated clearance of *Wolbachia* in *Onchocerca* and *Dirofilaria* infections demonstrated that *Wolbachia* are required for

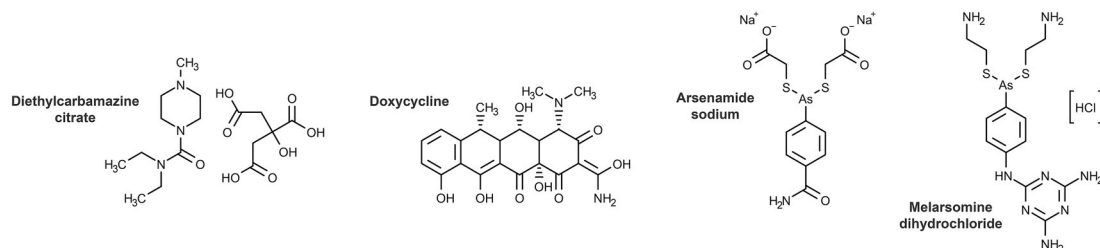


Fig. 7. Structures of Non-ML heartworm APIs.

filial larval development, embryogenesis and long-term viability (Turner et al., 2020). Treatment with doxycycline (Fig. 7) successfully killed third- and fourth-stage heartworm larvae in experimentally infected dogs (McCall et al., 2011). However, a major draw-back of doxycycline is the long treatment duration needed to eliminate the required 90% of *Wolbachia* for a sustainable effect (Turner et al., 2020). In addition, long-term application of doxycycline in dogs is often associated with low tolerability and severe gastro-intestinal side effects (Savadelis et al., 2018). Nevertheless, for adulticidal treatment, a combination of doxycycline with monthly doses of ivermectin showed a superior microfilaricidal and adulticidal efficacy compared to the drugs given alone (Bazzocchi et al., 2008; McCall et al., 2008a). Moreover, doxycycline seems to enable a shorter treatment regimen by eliminating *Wolbachia* prior to the first adulticidal dose of melarsomine dihydrochloride (Carretón et al., 2019). Reducing the burden of *Wolbachia* in *D. immitis* prior to adulticide treatment proved to be more efficacious with fewer inflammatory reactions and lower risk of fatal pulmonary thromboembolisms (Bazzocchi et al., 2008; Kramer et al., 2008; Nelson et al., 2017). The combination of doxycycline, ivermectin and melarsomine significantly reduced the severity of arterial lesions and thrombi (Kramer et al., 2008). The American Heartworm Society (2020) recommends a therapy including ivermectin or moxidectin, doxycycline and melarsomine.

4.3. The mode of action of macrocyclic lactones

At a biochemical level it is well established that MLs are potent allosteric agonists of some nematode glutamate gated chloride channels (GluCl, Fig. 8) (Duce and Scott, 1985; Scott and Duce, 1986; Arena et al., 1992; Cully et al., 1994; Yates and Wolstenholme, 2004), with GluCl sequence diversity within nematode genomes providing both sensitive

and insensitive subunits (Wolstenholme 2012). These channels belong to a large superfamily of cys-loop ligand gated ion channels characterized by a conserved extracellular region of amino acids that form a loop, closed by disulfide bonded cysteine residues (Connolly and Wafford, 2004). Genetic analysis has revealed that GluCl occur in many nematodes and arthropods including filariae but the size and composition vary between species (Williamson et al., 2007). While GluCl are limited to invertebrates (Wolstenholme, 2012; Buckingham et al., 2020), members of this superfamily span vertebrate and invertebrate lineages and include diverse receptors with distinct ligand specificity, such as the vertebrate glycine- and 5-HT-receptors (Lynch 2004; Barnes et al., 2009). MLs are promiscuous allosteric modulators of these related channels, for example ML can act as agonist on human glycine receptors (Shan et al., 2001) and both as agonist and inhibitor on various insect and human gamma-amino-butyric acid gated channels (Lees et al., 2014; Estrada-Mondragon and Lynch, 2015). However, because of GluCl's exquisite ML sensitivity, therapeutic relevance of other channels is most likely irrelevant for heartworm disease therapy. Nicotinic acetylcholine receptors as well may be potentiated or attenuated by MLs (Raymond et al., 2000). Despite the channel promiscuity of MLs, a strong line of evidence from multiple experimental systems and species implicate GluCl as the relevant nematode targets, perhaps the most compelling data coming from resistance mutagenesis studies in *Caenorhabditis elegans* (Dent et al., 2000). Indeed, the pentameric ligand gated ion channels are well-established molecular targets for nematodes and arthropods that have provided for a spectrum of veterinary parasiticides that act at distinct binding sites (Weber and Selzer, 2016).

Observations in a homopentameric GluCl from *C. elegans* indicate the allosteric signal to adopt an open channel conformation is induced when MLs bind to a site created by the interface of the first (M1) and third (M3) transmembrane helices of adjacent subunits (Hibbs and Gouaux,

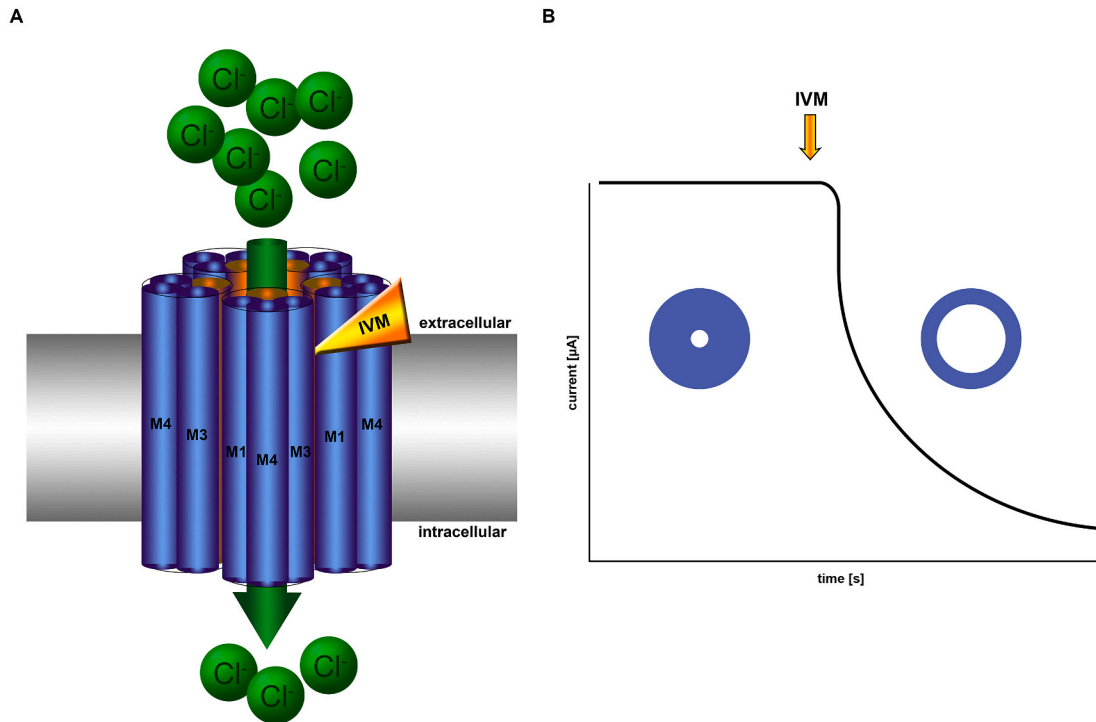


Fig. 8. Illustration of the binding site and opening of LGCC in response to IVM. (A) Five GluCl subunits, each consisting of four alpha helical structures (M1-M4) and an extracellular domain not shown here, adopt a pentameric tertiary structure. The transmembrane region is arranged with each subunit perpendicular to the plane of the membrane and the M2 helices (orange cylinders) of each subunit lining the interior channel. Chloride ions (green circles) flow down the concentration gradient (indicated by the green arrow) when IVM (yellow/orange wedge) binds at the interface of two GluCl subunits, inducing a shift in the helices and tilting of the M2 helices away from the center of the channel, effectively widening the extracellular portion of the channel. (B) An illustration of the electrophysiological response of GluCl to IVM. The closed state is represented by a static electrical potential (flat line) and circle with narrow pore, precluding chloride ion flow. Addition of IVM (yellow/orange arrow) induces an irreversible open channel conformation, illustrated by the right part of the trace and the circle with a large pore.

2011) (Fig. 8). Subunit heterogeneity can create structural diversity in the interfacial ML-binding site that can, in turn, result in differential GluCl sensitivity, as well as differential agonized or inhibited response of the ligand-gated chloride channel (LGCC) to ML (Estrada-Mondragon and Lynch, 2015; Atif et al., 2019). Indeed, within parasitic nematodes, GluCl sequences can be divided into alpha- and beta-subunits, with alpha-subunits generally displaying sensitivity to IVM and beta-subunits presenting glutamate but not IVM-gated channels (Wolstenholme and Rogers 2005). With respect to ML structure, the benzofuran group fused to the 16-membered macrocyclic lactone ring participates directly in binding at the subunit interfaces (Hibbs and Gouaux, 2011). The structurally variable spiroketal group may mediate ML-affinity by applying spatial constraints on site occupation, providing a plausible explanation for the different potencies displayed by structurally variable MLs (Martin et al., 2020). The binding site is buried in the hydrophobic region of the phospholipid bilayer and is in fact normally occupied by phospholipids (Althoff et al., 2014). Accordingly, it has been demonstrated that ivermectin first partitions into the phospholipid bilayer and diffuses laterally in the membrane before displacing lipids from and binding to GluCl (Atif et al., 2019). Closed channels adopt a structure in which the second transmembrane helix (M2) of each subunit lines the pore and aligns parallel to other subunit M2 helices and perpendicular to the plane of the membrane (Althoff et al., 2014). In the ML-bound state

the M2 helices tilt away from the center of the pore resulting in a larger diameter opening at the extracellular membrane surface (Hibbs and Gouaux, 2011; Althoff et al., 2014). Prolonged opening of GluCl results in neuronal hyperpolarization, which precludes action potential propagation essentially silencing the associated neuron.

MLs evoke an array of phenotypes from various nematode species. Inhibition of pharyngeal pumping, reduction of oviposition, and decreased motility are all well characterized outcomes of treating nematodes *in vitro* (Wolstenholme and Rogers, 2005). In alignment with these observations, ML-sensitive GluCl localize to tissues and cells that mediate the respective phenotypes. For example, GluCl-subunits localize to the pharynx in *C. elegans*, *Haemonchus contortus* and *Ascaris suum*, others are expressed in motor neurons and motor neuron commissures in *C. elegans* and *H. contortus*, and the amphids in *H. contortus* (Wolstenholme and Rogers, 2005). However, a direct link between these phenotypes and the *in vivo* mode of action in ML-based prevention of heartworm disease remains hypothetical. In some cases, evidence suggests that such phenotypes as motility are not relevant to the *in vivo* MoA for heartworm disease prevention (Wolstenholme et al., 2016; Evans et al., 2017b). Indeed, the concentration of ML required to elicit paralysis *in vitro* (4.6 μ M) (Evans et al., 2013) is several orders of magnitude higher than an extrapolated tissue concentration sufficient to provide 100% protection against heartworm disease (3.4 nM) (Daurio et al.,

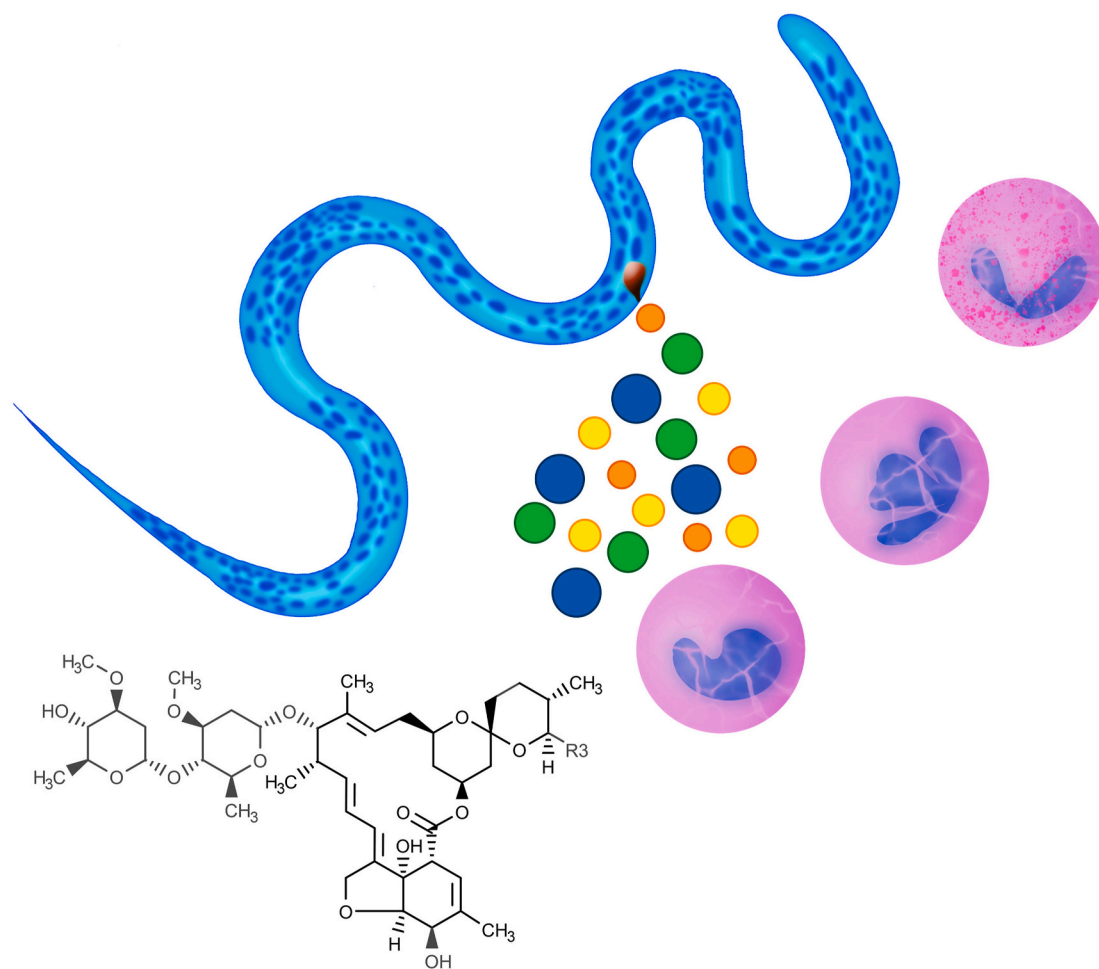


Fig. 9. Illustration of the putative components of *D. immitis* host pathogen interactions. A testable model for the ML *in vivo* mode of action can be constructed from the hypothetical interaction of ML, *D. immitis*, ES (variously colored circles), and the canine immune system (illustrated as various peripheral circulating morphonuclear cells). Microfilariae, and potentially L3 and L4 stages, broadcast a milieu of bioactive molecules that may specifically interact with host immune cells, abrogating a successful immune response that would clear the parasite. In the presence of MLs GluClS are engaged, neuronal signaling is silenced and the function of the ES apparatus (marked brown) shuts down. The resulting loss of ability to manipulate host immune signaling pathways results in clearance by a functional immune response.

1992). Moreover, the *in vitro* EC50 of eprinomectin and ivermectin against susceptible and resistant strains of *D. immitis* in motility-based assays are not significantly different (4.56 μ M susceptible versus 2.21 μ M resistant, p -value = 0.35) (Evans et al., 2017b), as would have been expected if motility inhibition played a role *in vivo*. These lines of evidence suggest that ML evoke phenotypes *in vitro* that are, particularly in the case of filarial parasites, incongruous with ML-mediated parasite neutralization *in vivo*.

In an effort to connect the biochemical, *in vitro* and *in vivo* data, for filarial parasites, Moreno et al. (2010) looked deeper into GluCl biology in *B. malayi*. Immunolocalization of GluCl subunits in *B. malayi* microfilariae revealed that the channel is associated with a specialized cellular apparatus at the excretory/secretory pore, that facilitates release of proteins, and presumably nucleic acids and other bioactive excretory/secretory products (ES), into the host environment (Fig. 9). Based upon localization to this apparatus, the authors reasoned that disrupting GluCl signaling with MLs should have a measurable effect on the function of this specialized region. Indeed, treatment of microfilariae with ivermectin resulted in significant decreases of secreted protein (Moreno et al., 2010). Importantly, the profile and relative abundance of proteins remains unchanged by ivermectin treatment, consistent with disruption of a ubiquitous mechanism underlying protein secretion. Postulating that ES play a critical role in immune evasion, a mechanism is proposed in which ML engage GluCl at the excretory/secretory apparatus, halting the cellular processes that mediate secretion, which in turn causes loss of ability to manipulate the host and ultimately neutralization of the parasite by the immune system (Moreno et al., 2010, 2021; Carithers, 2017). While *in vitro* evidence in support of this hypothesis has been generated (Tritten and Geary, 2018), including ivermectin-mediated inhibition of extracellular vesicle secretion (Harischandra et al., 2018), and ML-mediated peripheral blood immune cell adhesion to *D. immitis* larva (Berrafato et al., 2019), the effect of ML on ES inhibition in target L4 stages remains to be evaluated and *in vivo* experimental approaches remain to be conducted.

4.4. Drug resistance in canine filarial chemotherapy

Failure of preventive treatment with MLs may be due to lack of owner compliance – such as under-dosing or dosing at irregular treatment intervals – and/or due to drug-resistant heartworm populations. From 1998 onwards “Lack of Efficacy” (LoE) complaints have been reported, and in 2002 the volume of complaints exceeded 1000 (Hampshire, 2005). Failure of compliance has played a substantial role in a large number of LoE cases as elucidated by a review of medical records from 2004 to 2011 (Atkins et al., 2014). This analysis revealed that in 80.7% of LoE cases, insufficient heartworm preventive drugs were purchased, suggesting a period in which dogs were not protected. However, already then, in 1.7% of the LoE cases, drug-resistance was the most likely explanation (Atkins et al., 2014). Within the last decade studies have demonstrated that ML-resistant *D. immitis* populations have contributed to treatment failures. Several resistant *D. immitis* isolates were identified and characterized (Bourguinat et al., 2015; Pulaski et al., 2014; Ballesteros et al., 2018), and the occurrence of drug resistance in heartworm has been accepted by the American Heartworm Society (<https://www.heartwormsociety.org>) and CAPC (<https://capcvet.org>). The scientific characterization of those isolates started with an infected dog, which originated in New Orleans and was transferred to Canada after the Katrina hurricane (Bourguinat et al., 2011a). Microfilariae in that dog could not be eliminated with repeated treatments of ivermectin and milbemycin oxime, indicating that those parasites showed resistance to normally efficacious doses of MLs. Moreover, genetic differences were elucidated between *D. immitis* sensitive isolates and isolates expressing a substantially reduced sensitivity to MLs based on *in vitro* measurements (Bourguinat et al., 2011b). These initial findings were substantiated when the sensitivity of *D. immitis* isolates was determined in dogs applying more field related protocols of preventive treatment (Snyder et al., 2011; Blagburn et al., 2011; Pulaski et al., 2014; Bourguinat et al., 2015). All of these well characterized isolates, including

the MP3, Td2008 and Jd2009 isolate, were resistant to all tested MLs, particularly ivermectin and milbemycin oxime. The resistance pattern was demonstrated in dogs under various treatment protocols starting from one dose only (Snyder et al., 2011) up to monthly treatments (Bourguinat et al., 2015) and was independent of the application route (Pulaski et al., 2014). The Td2008 and Jd2009 *D. immitis* isolates were able to develop to adult heartworms in dogs despite of 5 or 9 monthly repeated ivermectin treatments following experimental infection (Bourguinat et al., 2015). Importantly, moxidectin still showed efficacy against strains that showed resistance to other MLs. The sensitivity of one of these drug-resistant *D. immitis* isolates, the MP3 isolate, was evaluated against various MLs in dogs with the result that only moxidectin was 100% effective (Blagburn et al., 2011). The reasons for this observation have not been elucidated yet but may be a higher intrinsic potency of moxidectin particularly against filariae, a significantly different pharmacokinetic profile, or a different mechanism of resistance (Prichard and Geary, 2019). However, moxidectin resistance was also reported to occur in four ML-resistant *D. immitis* isolates (JYD-34, ZoeMO, ZoeLA and AMAL) (McTier et al., 2017) which could be partially overcome by increasing dose and treatment frequency (McTier et al., 2019). With the documented evidence, there is no doubt that there is genuine ML resistance present in the field. Several important questions remain: How prevalent are such parasite populations, and what is the risk of further distribution of drug resistance in other areas? What are the mechanisms behind resistance, and could resistance be diagnosed on an epidemiological level? However, for the majority of heartworm prophylaxis, today's ML-based drugs are still of good value, because resistance appears to be present mainly in the Mississippi River areas.

4.5. *Mdr1* mutations in collies and related breeds

While in general MLs are considered to be safe for most mammals, some dog breeds including collies and shepherds are prone to moderate to severe neurological effects. The genetic reason underlying this susceptibility is a 4 base pair deletion mutation leading to a frameshift in the multi-drug resistant (*mdr1*) transporter gene (nt230 (del4) *mdr1* mutation; Fig. 10) (Mealey et al., 2001; Geyer et al., 2005). The *mdr1* (del4) mutation in these dogs can be traced back to a common ancestor in Great Britain around 1873, before formal breeds were registered and genetically isolated (Neff et al., 2004; Gramer et al., 2011).

The P-glycoprotein MDR1 belongs to a family of membrane-bound ATP-binding cassette transporters (ABC transporters) (Dean et al., 2001) and acts as a drug efflux pump across the blood-brain barrier. MDR1 plays an important role in elimination of many drugs from the mammalian central nervous system, including humans (Fig. 11) (Mealey et al., 2008). The channel was first isolated and characterized from Chinese hamster ovary cells that had developed resistance to chemotherapy drugs by overexpression of MDR1 (Juliano and Ling, 1976). While mice with a deficient *mdr1* gene showed no obvious phenotype in general, all mice of a colony infested with mites showed enhanced drug sensitivity and subsequently died after treatment with ivermectin (Schinkel et al., 1994). Not only MLs, but also many structurally unrelated drugs, toxins, and xenobiotics can also be substrates for MDR1, with distinct affinities and binding modes for different classes of substrates (Schinkel et al., 1996; Srikant and Gaudet, 2019).

Sensitivity to ivermectin is increased already for heterozygous *mdr1* (+/–) but especially for homozygous *mdr1* (–/–) dogs, lacking expression of functional MDR1 (Mealey et al., 2008; Merola and Eubig, 2012). Although all marketed products consider this fact and therefore provide ML doses for heartworm prevention that are well tolerated by *mdr1* (del4) deficient dogs, it is advised to genetically pre-test collies, shepherds and related breeds for *mdr1* (del4) mutations before treatment with MLs (Geyer and Janko, 2012; Stiedl and Weber, 2017). The prevalence of at least one *mdr1* (del4) allele, either as *mdr1* (+/–) or *mdr1* (–/–), can be as high as 75% for Collies (Table 1), but is almost nonexistent for other breeds, including breeds which share some history with the affected dog breeds (e.g., Bearded Collie, Anatolian Shepherd

Coding sequences	
mdr1 wt	199 CTCATGATGCTGGTTTTTGGAAACATGACAGATAGCTTTGCAAATGCAGGAATTTCAAGAAACAAAACCTTTTCCAGTTATAATT...
mdr1 del4	205 CTCATGATGCTGGTTTTTGGAAACATGACA---GCTTTGCAAATGCAGGAATTTCAAGAAACAAAACCTTTTCCAGTTA TAA
Protein transcripts	
MDR1 wt	67 L M M L V F G N M T D S F A N A G I S R N K T F P V I I...
MDR1 del4	67 L M M L V F G N M T A L Q M Q E F Q E T K L F Q L Stop

Fig. 10. Local alignment of *mdr1* wt and mutant *mdr1* del4. *Mdr1* wt from *Canis lupus familiaris* (Genebank accession number DQ068953.1) and *mdr1* nt230 (del4) (Genebank accession number AJ419568.1) coding sequences as well as their transcripts were aligned. The nt230(del4) *mdr1* deletion leads to a frame shift at amino acid position 75, resulting in a truncated, non-functional MDR1 protein due to the premature stop codon (TAA marked in red) after amino acid position 91.

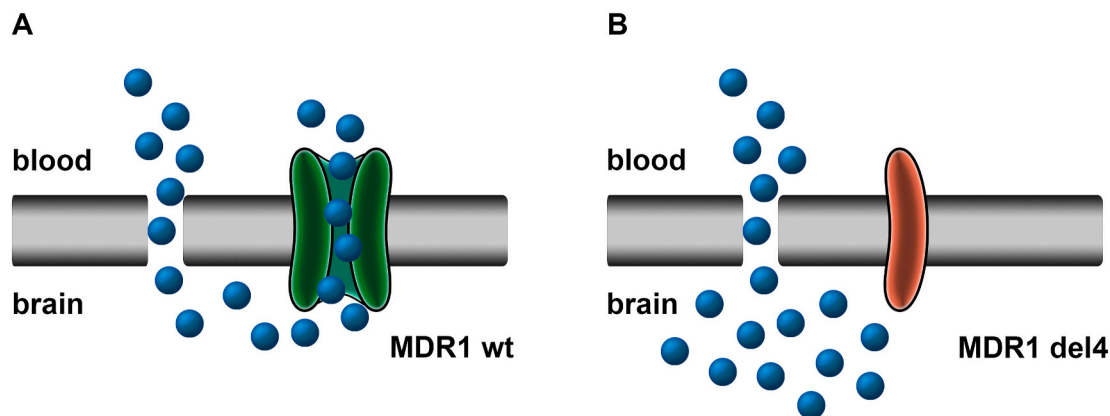


Fig. 11. Consequence of *mdr1* mutation for drug exposure in the central nervous system. (A) functional MDR1 receptor actively lowers concentration of APIs within the central nervous system, while (B) *mdr1* mutation nt230 (del4), leading to a non-functional, truncated MDR1 channel, results in accumulation of APIs within brain cells, thus increasing susceptibility to neurotoxic side effects.

Table 1

Allelic frequency of *mdr1* (del4) mutation in dog breeds worldwide.

Dog Breed	Range of <i>mdr1</i> (del4) allelic frequency (%)
Collie	48–75
Longhaired Whippet	24–45
Shetland Sheepdog	7–36
(Miniature) Australian Shepherd	16–54
Australian Shepherd	17–46
White Swiss Shepherd	7–16
Old English Sheepdog	0–11
English Shepherd	7
German Shepherd	0–6
Border Collie	0–4

Data retrieved from (Gramer et al., 2011; Geyer and Janko, 2012; Tappin et al., 2012; Monobe et al., 2015; Firdova et al., 2016; Marelli et al., 2020; Soussa et al., 2020). As data availability and sample size differ widely, frequencies have not been listed for all breeds.

Dog, Greyhound, Belgian Tervuren). It is estimated that about 1–2% of all dogs in the northern hemisphere carry such a mutation (Neff et al., 2004; Geyer et al., 2005; Mealey et al., 2005; Gramer et al., 2011; Tappin et al., 2012; Monobe et al., 2015; Mizukami et al., 2016; Dekel et al., 2017; Marelli et al., 2020). Across geographies, the prevalence of MDR1 deficiency in collies is comparable (Geyer and Janko, 2012).

Today, with further technological advancement and the rise of an integrated health management, it is rather straightforward to test dogs for this mutation using genetic tests on cells obtained by cheek swabbing or a blood sample (e.g. Stiedl and Weber, 2017; Lee et al., 2019; Silvestro

et al., 2019). It is not only reasonable to know the risk of one's own dog before treatment with MLs, but this information is also used by many dog breeders, selecting for *mdr1* wt dogs to increase the value of the pups and thus, hopefully outbreeding the *mdr1* (del4) mutation in the future.

In addition to the nt230 (del4) *mdr1* mutation, more than 30 single nucleotide polymorphisms have been identified in the canine *mdr1* gene which might affect the transport function or expression level (Geyer and Janko, 2012). One can speculate that these polymorphisms might be the reason for increased drug sensitivity of some dogs that lack the deletion.

4.6. Market products

Most heartworm preventives today are available as oral formulations, while only few topicals and two injectable formulations are marketed. To illustrate distinctions in differently regulated markets, we focus on marketed products in the USA, Europe, Japan and Australia. In these geographies, heartworm active APIs take different market shares – either based on local registrations, differences in marketing, or customer preferences (Fig. 12).

4.6.1. USA

International Cooperation on Harmonisation of Technical Requirements for Registration of Veterinary Medicinal Products (VICH) guidelines for the registration of anthelmintic products have been largely adopted by the U.S. Food & Drug Administration (FDA) in its Guidance for Industry (GFI) system, e.g., GFI #90 (VICH GL7) Efficacy of Anthelmintics: General Requirements, GFI #111 (VICH GL19) Efficacy of Anthelmintics: Specific Recommendations for Canine, and GFI #113 (VICH GL20) Efficacy of Anthelmintics: Specific Recommendations for Feline (<https://www.fda.gov/animal-veterinary/guidance-regulations/guidance-industry> accessed November 30th, 2020). At present, two laboratory dose confirmation studies and one multisite field safety and effectiveness study must be

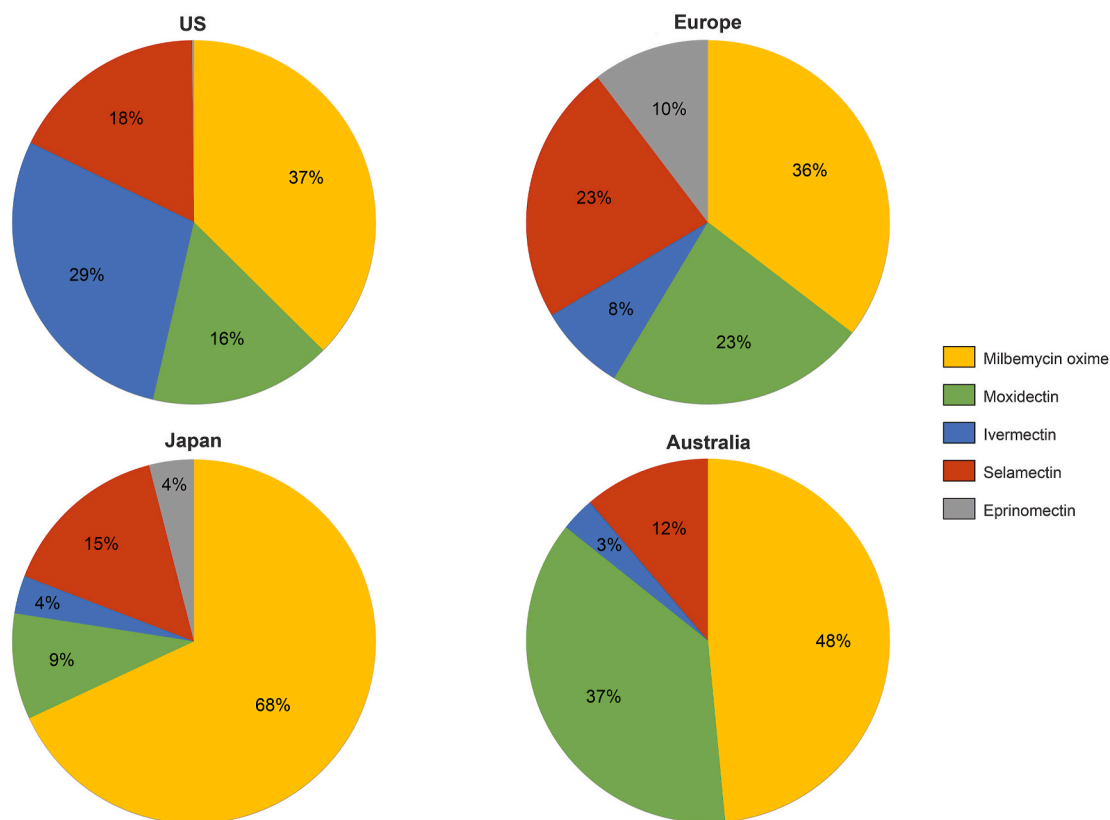


Fig. 12. Market shares of products based on specific APIs differ across geographies. As not all approved products are marketed anymore or in all geographies or might be marketed via channels not captured for this analysis, the API market analysis might be slightly skewed. One example are products containing besides MLs diethylcarbamazine citrate, a rather old API which has been replaced in more modern products. Data based on Boehringer Ingelheim internal market analysis, AH market 2019.

conducted to demonstrate heartworm preventive efficacy, following the principles of Good Clinical Practice (GCP) as described in GFI #85 (VICH GL9) “Good Clinical Practice.” The FDA has historically required 100% efficacy in these studies for registration. The Center for Veterinary Medicine (CVM) is currently evaluating alternative approaches for the design of studies conducted to show effectiveness (FDA, 2018).

While there are several approved heartworm preventives for dogs and cats, only one has been approved for ferrets to date (Advantage Multi for Cats). Table 2 summarizes the products approved for use in the USA.

4.6.2. European Union

EU Regulation 2019/6 currently governs the centralized marketing authorization procedure for both human and veterinary medicines (amending EU Regulation 726/2004 relating to authorization and supervision of veterinary medicines) (<https://eur-lex.europa.eu/eli/reg/2019/6/oj> accessed November 30th, 2020), while national registrations can be requested from the respective national authorities. In addition, the respective VICH guidelines have to be followed: VICH GL7 Efficacy of Anthelmintics: General Requirements, VICH GL19 Efficacy of Anthelmintics: Specific Recommendations for Canine, and VICH GL20 Efficacy of Anthelmintics: Specific Recommendations for Feline (<https://vichsec.org/en/guidelines/pharmaceuticals/pharma-efficacy/anthelmintics> accessed November 30th, 2020). In general, most new, innovative medicines are submitted to EMA for centralized authorization, while most generics and over-the-counter medicines use national marketing authorization. Expansion of marketing authorization to other EU member states can be obtained by either a mutual recognition procedure or a centralized procedure. Nevertheless, data requirements and standards for authorization of medicines in the EU are the same, irrespective of the authorization route.

Combination products dominate the European market for heartworm prevention (Table 3).

4.6.3. Japan

In Japan, the Ministry of Agriculture, Forestry and Fisheries (MAFF) holds jurisdiction over affairs concerning veterinary medicinal products. Regulations include the Law and the Enforcement Ordinance of the Law for Ensuring the Quality, Efficacy, and Safety of Drugs and Medical Devices, (Enforcement Ordinance No. 11, 1961), and the Control Regulations of Veterinary Medical Products (Control Regulations, Ministerial Ordinance No. 107, 2004). Besides local guidelines established for registration studies by MAFF, further globally harmonized VICH guidelines on quality, safety, and efficacy have to be considered for registration (<http://www.maff.go.jp/nval/> accessed November 30th, 2020). Preventive treatment using oral products containing only one API dominate the market, including many generics (Table 4). Adulticidal products based on melarsomine dihydrochloride (Immiticide and generics thereof) have been authorized, but are no longer available in Japan, as their production and sales have been discontinued.

4.6.4. Australia

All agricultural and veterinary chemical products sold in Australia have to be registered by the Australian Pesticides and Veterinary Medicines Authority (APVMA). The “Efficacy and target animal safety general guideline (Part 8)” in conjunction with the adopted VICH guidelines as well as the World Association for the Advancement of Veterinary Parasitology (WAAVP) guidelines have to be followed. More than 95% efficacy against *D. immitis* is required for registration.

While preventive products containing abamectin and diethylcarbamazine citrate as well as melarsomine treatment are available for dogs

Table 2

APIs and products approved in the USA for prevention of heartworm disease or treatment of heartworm infections.

Heartworm active API	Species	Route of application	Trade names	Combination product with	Company
Diethylcarbamazine citrate	dog, cat	oral	Carbam Diro-Form Dirocide/Filaribits/Pet-Dec Filban Nemacide		Bimeda AH Lloyd Zoetis Intervet Cronus Pharma
	dog	oral	Filaribits Plus	Oxibendazole	Zoetis
Eprinomectin	cat	topical	Centragard	Praziquantel	Boehringer Ingelheim AH
Ivermectin	dog, cat	oral	Heartgard generics thereof: Iverhart Ivermectin		Boehringer Ingelheim AH Virbac AH Cronus Pharma
	dog	topical	Advantage DUO	Imidacloprid	Elanco
	dog	oral	Heartgard Plus generics thereof: Iverhart Plus Tri-Heart Plus	Pyrantel Pamoate	Boehringer Ingelheim AH Virbac AH Heska
	dog	oral	Panacur Plus	Praziquantel, Fenbendazole,	Intervet
	dog	oral	Iverhart Max	Praziquantel, Pyrantel pamoate	Virbac AH
Milbemycin oxime	dog, cat	oral	Interceptor generic thereof: MilbeGuard		Elanco Ceva Sante Animale
	dog	oral	Sentinel	Lufenuron	Intervet
	dog	oral	Sentinel Spectrum	Lufenuron, Praziquantel	Intervet
	dog	oral	Interceptor Plus	Praziquantel	Elanco
	dog	oral	Trifexis	Spinosad	Elanco
Moxidectin	dog	oral s.c. topical	ProHeart Proheart 6/12 Coraxis		Zoetis Elanco
	dog, cat, ferret	topical	Advantage Multi generic thereof: Imoxi	Imidacloprid	Elanco Vetoquinol
	cat	topical	Bravecto Plus	Fluralaner	Intervet
	dog	oral	Simparica Trio	Sarolaner, Pyrantel pamoate	Zoetis
Selamectin	dog, cat	topical	Revolution generic thereof: Revolt, Selarid, Senergy		Zoetis Aurora Pharmaceutical, Norbrook Laboratories, Chanelle Pharmaceuticals
	cat	topical	Revolution Plus	Sarolaner	Zoetis
Arsenamide sodium	dog	i.v.	Caparsolate Sodium not marketed anymore		Boehringer Ingelheim AH
Melarsomine dihydrochloride	dog	i.m.	Immiticide generic thereof: Diroban		Boehringer Ingelheim AH Anzac AH

Preventives dominate the market; only three products are approved for adulticidal treatment (see last two rows of table). Data retrieved from: U.S. Food & Drug Administration <https://animaldrugatfda.fda.gov/adafda/views/#/search>, accessed November 30th, 2020; AH – Animal Health.

only, all other products are also approved for use in cats. Some moxidectin-based products are also approved for use in ferrets, while some selamectin-based products can be used in rabbits, too. For adulticide treatment, only melarsomine dihydrochloride as Immiticide is registered (Table 5).

5. The way forward

5.1. Drug discovery

The potential for an economic return on investment in the heartworm disease area will certainly continue to drive anti-filarial drug discovery and development. Novel non-ML compounds suitable for preventive treatment are needed in order to control or delay the development of ML-

resistant *D. immitis* populations. A comprehensive discovery approach includes phenotypic screening, mode of action and molecular target assessment, target based screening, medicinal chemistry, and advanced *in vitro* and *in vivo* profiling (Selzer and Epe, 2021). The availability of automated phenotypic screening assays with multiple endpoint readings enables a substantial increase of the number of compounds to be evaluated (Preston et al., 2015; Cornaglia et al., 2017; Partridge et al., 2018). In addition, rapid technological improvements in molecular biology, biochemistry, and related technologies allow detailed insight in the molecular mechanisms of drug action. The combination of phenotypic and molecular studies brings anti-filarial drug discovery to an innovative new level (Selzer and Epe, 2021). The introduction of advanced models to assess compounds against the larval stages of *Dirofilaria in vitro* and moreover *in vivo* will accelerate that approach and overcome the

Table 3
APIs and products approved in Europe for prevention of heartworm disease or treatment of heartworm infections.

Heartworm active API	Species	Route of application	Trade names	Combination product with	Company
Eprinomectin	cat	topical	NexGard Combo	Esafoxolaner, Praziquantel	Boehringer Ingelheim AH
	cat	topical	Broadline	Fipronil, Praziquantel, (S)-Methoprene	Boehringer Ingelheim AH
Ivermectin	dog	s.c.	Guardian inj.		Elanco
	dog	oral	Heartgard/Cardotek plus	Pyrantel	Boehringer Ingelheim AH
Milbemycin oxime	dog	oral	Program plus	Lufenuron	Elanco
	dog, cat	oral	Milbemax generics thereof: Milbactor, Milprazon, Milquantel Milpro	Praziquantel	Elanco Krka Virbac
	dog	oral	Nexgard Spectra	Afoxolaner	Boehringer Ingelheim AH
	dog	oral	Trifexis	Spinosad	Elanco
Moxidectin	dog	s.c.	Afilaria		Support Pharma, Fatro
	dog, cat, ferret	topical	Advocate/Prinovox	Imidacloprid	Bayer AH
	cat	topical	Bravecto Plus	Fluralaner	Intervet
	dog	oral	Simparica Trio	Sarolaner, Pyrantel embonate	Zoetis
Selamectin	dog, cat	topical	Stronghold generic thereof: Chanhhold, Evicto		Zoetis Chanelle Pharmaceuticals, Virbac AH
	cat	topical	Stronghold Plus Felisecto Plus	Sarolaner	Zoetis
Melarsomine dihydrochloride	dog	i.m.	Immiticide		Boehringer Ingelheim AH

Preventives dominate the market; only one product is approved for adulticidal treatment (see last row of table). Data retrieved from: EMA Europa Veterinary https://www.ema.europa.eu/en/medicines/field_ema_web_categories%253Aname_field/Veterinary, HMA Heads of Medicines Agencies <https://mri.cts-mrp.eu/veterinary/and> CIMAVET <https://cimavet.aemps.es/cimavet/publico/home.html> accessed November 30th, 2020; AH – Animal Health.

presently time-consuming study periods due to the long development cycle of *D. immitis*. Immunocompromised rodents have recently been employed to model the infection of *D. immitis* in canines (Abraham et al., 2018; Mills et al., 2020). Other qualities of these models include facilitating more routine access to the L4 stages from an *in vivo* environment. In addition to the discovery of novel actives, it may be worthwhile to revisit the mechanism of action and the potential of derivatives of known anthelmintics such as emodepside and monepantel (Harder and von Samson-Himmelstjerna, 2002; Hess et al., 2016; Kuesel, 2016). Beyond the scientific and technical challenges for a new heartworm preventive, FDA registration has traditionally required a new drug to reach 100% efficacy. However, it has been suggested that the statistical and scientific requirements for registration need to be re-evaluated (Vidyashankar et al., 2017).

5.2. Genomics

Technology advancements of the life sciences in the last three decades have been so innovative that personalized or precision human medicine is possible today (Selzer et al., 2018; Johnson et al., 2020). One example of this breakthrough technology is seen in human cancer treatment, where CRISPR-Cas has positively impacted genetic research and gene therapy (Uddin et al., 2020; Zhang, 2020). In strong contrast, genomics, transcriptomics or gene manipulation in helminths and

especially in filarial parasites is still in its infancy. The currently incomplete mapping of the *D. immitis* genome does not support rapid advancement of target-based approaches to drug discovery but applying advanced omics approaches may allow discovery of *D. immitis* or filarial specific drug targets in the coming years (Grote et al., 2017; Wheeler et al., 2020). The first draft genome sequence of a filarial nematode parasite – representing the first helminth parasite genome – was that of *B. malayi* in 2007 (Ghedini et al., 2007) nine years after the elucidation of the *C. elegans* genome (*C. elegans* Sequencing Consortium, 1998). Like many other parasites, *B. malayi* has undergone a genomic reduction in the course of evolution. While *C. elegans* has around 19,000 protein-coding genes (*C. elegans* Sequencing Consortium, 1998), *B. malayi* has only about 11,000 protein-coding genes in the draft genome (Ghedini et al., 2007), nearly completed by Tracey et al. (2020). Most interestingly, with the deciphering of the draft genome of *B. malayi* it became obvious that many filarial parasites harbor the endosymbiont *Wolbachia* (Scott et al., 2012). The first genome sequence of a filarial nematode important in animal health was that of *D. immitis* (Godel et al., 2012). As with most filarial parasites, *D. immitis* also harbors the endosymbiont *Wolbachia*, as analyzed throughout for the different life cycle stages and by tissue specific transcriptomics (Luck et al., 2014, 2015). Currently, many helminth genomes have been sequenced (Zarowiecki and Berriman, 2015) and most data are provided at the ‘WormBase ParaSite’ database (<http://parasite.wormbase.org>) (Howe et al., 2017).

More recently, genome sequencing and stage specific transcriptomic analysis of *D. repens* has been provided (Cafarelli et al., 2019). Additionally, extensive comparative genomics analyses have been performed for a total of 81 roundworms and flatworms, elucidating gene families relevant to parasitism including host parasite interaction, modulation of immune response or parasite migration, to name only a few (Coghlan et al., 2019). In this regard, the draft, unassembled state of the *D. immitis* genome has presented a major hurdle for target-based drug discovery. One particular approach that may offer the chance to accelerate maturation/assembly of the genome is long-read RNA sequencing technology (Doyle et al., 2020; Wheeler et al., 2020). Longer sequence reads offer the ability to better define the organization of the genome and illuminate isoform diversity (Doyle et al., 2020). The latter attribute in particular will greatly inform target-based drug discovery in *D. immitis* with high confidence gene models. Regardless of the genome assembly mechanism, better quality genomes will also facilitate identification and characterization of small RNAs that play a role in host-pathogen interactions. These interactions may offer new landscapes in which novel preventive targets present themselves.

5.3. Anti-Wolbachia drugs

As elucidated above, the symbiotic gram-negative *Wolbachia* is considered a valid drug target to control filariae due to the essential metabolic contributions of *Wolbachia* to *D. immitis* (Slatko et al., 2010; Landmann, 2019). The viability of that approach was shown by screening of the predicted *Wolbachia* proteome of *D. immitis* which

revealed antibiotic drug targets such as Fts proteins essential for cell division (Fts - filamentous temperature-sensitive mutant), and Sec proteins involved in directed transport of proteins across membranes (Sec - protein-secreting ATPase complex) (Godel et al., 2012). This was demonstrated experimentally in studies using the tetracycline antibiotic doxycycline, which cleared *Wolbachia* from *D. immitis* and led to gradual reduction of microfilariae and adult nematodes (Bandi et al., 1999; McCall et al., 2014b). Doxycycline was also successfully employed in humans as an anti-*Wolbachia* therapy against *O. volvulus* in combination with ivermectin (Hoerauf et al., 2003). However, the required long-treatment periods represent a major draw-back of this approach for veterinary filariasis (Savadelis et al., 2018). While the positive effects of anti-*Wolbachia* drugs in adulticidal therapy have been demonstrated, the necessity of a long administration period makes them unsuitable as preventive drugs for dogs. Novel anti-*Wolbachia* drugs with shorter treatment regimens would be desired as outlined by the “anti-*Wolbachia* (A-WOL) Consortium” (Taylor et al., 2014). More recently, other anti-*Wolbachia* drugs like minocycline (Papich, 2017) and next-generation anti-*Wolbachia* candidates discovered through phenotypic screening (Turner et al., 2020) were evaluated for efficacy against *D. immitis*. Various novel anti-*Wolbachia* candidates are currently under investigation. Advanced high throughput cell-based phenotypic screens have revealed a number of potent anti-*Wolbachia* small molecules with unknown mode of action (Bakowski and McNamara, 2019). Moreover, a tylosin analog microfilaricide showed a potent *in vitro* anti-*Wolbachia* activity in insect cells, performed well in preclinical safety studies, and showed efficacy in *in vivo* mouse and gerbil models (Taylor et al., 2019).

Table 4

APIs and products approved in Japan for prevention of heartworm disease or treatment of heartworm infections.

Heartworm active API	Species	Route of application	Trade name	Combination product with	Company
Eprinomectin	cat	topical	Broadline	Fipronil, Praziquantel, (S)-Methoprene	Boehringer Ingelheim AH
Ivermectin	dog	oral	Cardomec generics thereof: Azavasuca Heartmectin Panamectin		Boehringer Ingelheim AH Nissin Pharmaceutical ASKA AH Meiji Seika Pharma
	dog	oral	Cardomec P generics thereof: Iverguard P Ivermec DSP, PI Panamectin	Pyrantel pamoate	Boehringer Ingelheim AH Kyoritsu Seiyaku Fujita Pharmaceutical Meiji Seika Pharma
Milbemycin oxime	dog	oral	Milbemycin A generics thereof: Milbeguard Milbejelly Milbemycin		Elanco SAMPO Pharm Meiji Seika Pharma Fujita Pharmaceutical
	dog	oral	Interceptor S	Praziquantel	Elanco
	dog, cat	oral	Milbemax	Praziquantel	Elanco
	dog	oral	Nexgard Spectra	Afoxolaner	Boehringer Ingelheim AH
	dog	oral	Panoramis	Spinosad	Elanco
Moxidectin	dog	oral	Systec	Lufenuron	Elanco
	dog	oral	Moxidectin generics thereof: Moxiguard Moxiheart		Zoetis SAMPO Pharm Fujita Pharmaceutical
	dog	s.c.	Proheart-12		Zoetis
Selamectin	dog, cat	topical	Advocate	Imidacloprid	Bayer Yakuhiin
	dog, cat	topical	Revolution		Zoetis
Melarsomine dihydrochloride	cat	topical	Revolution plus	Sarolaner	Zoetis
	dog	i.m.	Immiticide		Boehringer Ingelheim AH Kyoritsu Pharmaceutical

Preventives dominate the market; only one product is approved for adulticidal treatment (see last row of table). Data retrieved from: MAFF National Veterinary Assay Laboratory <http://www.maff.go.jp/nval/> accessed November 30th, 2020; AH – Animal Health.

Table 5

APIs and products approved in Australia for prevention of heartworm disease or treatment of heartworm infections.

Heartworm active API	Species	Route of application	Trade names	Combination product with	Company
Abamectin	dog	oral	Virbac Canimax Purina Total Care Heartwormer and Allwormer	Praziquantel Oxibendazole	Virbac Nestle Purina Petcare
Diethylcarbamazine citrate	dog	oral	Aristopet/Vitapet Heartworm Dimmitrol		Aristopet Mavlab
Ivermectin	dog	oral	Exelpet EZY - Heartworm Heartgard 30 Heartworm Soluble I Love My Pet Heartworm Chewables Nuheart Saint Bernard Petcare Soluble Heartworm Valuheart Vetfarm Heart Gold		Exelpet Products/Mars Boehringer Ingelheim AH Arkolette My Pet Products Australia Bocko/Flexsky in partnership Australian Pharmavet Contract Manufacturing Jurox & Zoo Pets Vetfarm
			Exelpet EZY - Heartwormer + Intestinal All-Wormer Guardian Complete Popantel Allwormer Plus Heartworm	Oxantel embonate Pyrantel embonate Praziquantel	Exelpet Products/Mars Intervet Jurox
			Heartgard 30 Plus Startgard Plus for Puppies (Heartgard 30 Plus + Frontline Plus combi pack)	Pyrantel embonate	Boehringer Ingelheim AH
			Heartgard 30 FX Startgard Plus for Kittens (Heartgard 30 FX + Frontline plus combi pack)		Boehringer Ingelheim AH
	cat	oral			
Milbemycin oxime	dog	oral	NexGard Spectra	Afoxolaner	Boehringer Ingelheim AH
			Interceptor Spectrum, Purina Total Care Heartwormer & Allwormer	Praziquantel	Elanco
			Purina Total Care Heartwormer, Allwormer & Flea Control, Sentinel Spectrum	Praziquantel, Lufenuron,	Elanco
			Panoramis, Trifexis	Spinosad	Elanco
	dog, cat	oral	Milbemax Milpro	Praziquantel	Elanco Virbac
Moxidectin	dog	oral	Proheart		Zoetis
	dog	s.c.	Proheart SR-12 Injection		Zoetis
	dog	topical	Vets Choice for Fleas, Heartworm and Worms	Imidacloprid	Elanco
	dog, cat, ferret	topical	Advantage Advocate Exelpet Vet Series Flea, Intestinal & Heartworm Exi-Flea Plus Moxiclear	Imidacloprid	Elanco Abbey Laboratories Norbrook Laboratories
	dog, cat	topical	Aristopet AH fleas, heartworm and worms Neovet Wagg & Purr Fleas, Heartworm & Worms	Imidacloprid	Aristopet Shanghai Newway AH Avet Health
	cat	topical	Bravecto Plus	Fluralaner	Intervet
	dog	oral	Simparica Trio	Sarolaner, Pyrantel embonate	Zoetis
Selamectin	dog, cat, rabbit	topical	Evicto Neovela Purevet/Revolution Selapro Wagg & Purr Fleas & Heartworm		Virbac Shanghai Newway AH Zoetis Norbrook Laboratories Avet Health
	cat	topical	Revolution Plus	Sarolaner	Zoetis
Melarsomine dihydrochloride			Immiticide Canine Heartworm Treatment		Boehringer Ingelheim AH

Preventives dominate the market; only one product is approved for adulticidal treatment (see last row of table). Data retrieved from: Australian Pesticides and Veterinary Medicines Authority <https://apvma.gov.au> accessed November 30th, 2020; AH – Animal Health.

5.4. Other approaches

The application of insecticides to block transmission of *D. immitis* to dogs was demonstrated in a study with topically applied imidacloprid and permethrin (Hayasaki and Saeki, 2009). The principle of using insecticides

to prevent pathogen transmission including nematodes was reviewed by Beugnet and Franc (2012). More recently, dinotefuran-permethrin-pyriproxyfen (DPP) in a topical formulation was 95% effective in blocking transmission of *D. immitis* in two controlled laboratory studies (McCall et al., 2017a). If translatable to field conditions, that would

most likely lead to effective population control of the mosquitoes, resulting in a reduction of the infection pressure. In addition, it was demonstrated that a combination treatment with DPP and milbemycin oxime was 100% efficacious against the ML-resistant *Dirofilaria* JYD-34 isolate while neither the insecticide nor the milbemycin oxime alone showed a 100% efficacy (McCall et al., 2017b). Thus, the authors argued for a double defense protocol to provide effective prevention of heartworm disease in dogs. While repellents or insecticides would reduce transmission of *D. immitis*, they might not be completely effective as a monotherapy for prevention, but the synergistic activity in combination with a ML could provide a more complete prevention. However, these findings need to be verified under field conditions. Deltamethrin or imidacloprid and flumethrin containing collars (Scalibor®, Serestro®) claim to prevent predominantly ticks and fleas, and possibly also heartworm transmitting mosquitoes, but are not recommended for a monotherapy for prevention. The more recently introduced isoxazolines are not effective until ingested, thus do not act quickly enough to prevent transmission of *D. immitis* (Schorderet-Weber et al., 2017).

A safe and efficacious vaccine against *D. immitis* has the potential to substantially impact the established heartworm market. It would provide veterinarians and pet owners with an alternative to the current use of regularly administered MLs. However, at present there are only two anthelmintic vaccines commercialized: The lungworm vaccine Dictol® has been on the market for more than 50 years to protect cattle against *Dictyocaulus viviparus* infections (Jarrett et al., 1960). This attenuated vaccine is still used despite the threefold booster process and the requirement for a cold chain distribution process. More recently, a recombinant subunit vaccine demonstrated protective capability in cattle but does not provide a sterilizing efficacy (Strube et al., 2015). The Barbevax® vaccine for sheep against *H. contortus* (also known as barber-pole worm) utilizes biochemically purified gut proteins from harvested worms from infected sheep (Scarff et al., 2020). The vaccine lasts for only 6 weeks after the sheep have been primed by a series of 3–6 vaccinations but aids in the control of *H. contortus* under high infection pressure (Bassetto et al., 2018) and has been commercialized in Australia since 2014 (Maxwell, 2015).

A vaccine against heartworm would need to fulfill a number of stronger requirements than those necessary for vaccines against ruminant GI-nematodes. Because the FDA set efficacy requirements for chemical preventives to 100%, it can be assumed that the efficacy of a heartworm vaccine would also need to approach or be 100%, which would be difficult to achieve. Possible alternatives to a mono vaccine prevention approach could be a combination of a vaccine with a ML. The vaccine would add an alternative mode of prevention and thus, such combination may be superior to protect against ML resistant heartworm isolates than MLs alone. However, beside the difficulties to develop an effective vaccine, acceptance of a vaccine-drug combination by dog owners would depend on additional parameters like the frequency of immunization boosters and the period of protection. A vaccine would only provide an advantage over current preventives if it protects dogs and potentially cats for an entire heartworm season, which in many areas would mean year-round. A genetically or even biochemically engineered vaccine would be superior to an attenuated *D. immitis* based product. The further advancement of the ‘omics’, and together with the rise of deep data analyses in multiple fields and other technologically advanced tools like mRNA or microRNA technologies (Britton et al., 2014; Sahin et al., 2014; Kis et al., 2019; Tombácz et al., 2021), may enable next-generation vaccine development against *D. immitis* in the future. Current successful examples for an RNA-based vaccine approach are seen with the RNA vaccine candidates for global SARS-CoV-2 pandemic (Bloom et al., 2020).

6. Conclusion

Heartworm disease is a serious threat for dogs and cats in many parts of the world. Because it is unlikely that heartworm prevention can be achieved solely by improved vector control, preventive treatment based

on actives of the ML class remains the mainstay of control. However, ML-resistant populations have been reported from the Mississippi River areas in the USA and have been characterized for their sensitivity status. Fortunately, for the majority of regions, today's available drugs are still of high value. With confirmed resistance to all MLs it is evident that new control methods are urgently needed. Continuous progression in technology and science enables new innovative approaches to search for novel drugs affecting filarial-specific targets. For example, focused assays have been developed to discover anti-*Wolbachia* compounds with an indirect but finally lethal effect on *D. immitis*. Apart from the search for novel APIs, the time and technology seem also ripe to discover highly effective vaccines. Anti-filarial vaccines would have the potential to change heartworm control substantially. Such a vaccine may become part of a more holistic heartworm control when combined with preventive drugs like MLs or yet to be discovered actives. Finally, it is important to emphasize compliance with veterinarians and pet owners in order to provide sufficient protection of the animals and to delay development of drug resistant *D. immitis* populations. Therefore, ideal novel products should be sustainable and highly effective, and should possess a convenient route of administration to encourage owner compliance with required dosing regimens. Covering a broader range of endo- and ectoparasites within one product is a desired add-on.

Declaration of competing interest

SN, JH, DSC and PMS are employees of Boehringer Ingelheim Animal Health, an organization with commercial interest in the animal health market. RK is an independent consultant of Boehringer Ingelheim Animal Health.

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