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# Assessing association between team structure and health outcome and cost by social network analysis

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### Abstract

**Objective:** To assess the impact of team structure composition and degree of collaboration among various providers on process and outcomes of primary care.

**Method:** We conducted social network analysis (SNA) using data from 20% randomly selected primary care service areas in the 2015 Medicare claims. We identified primary care practices and then selected patients with diabetes, heart failure, or chronic obstructive pulmonary disease cared for by these practices.

**Results:** When compared to practices with MDs and nurse practitioners (NPs) or/and physicians assistants (PAs), the practices with MDs only had lower degree of centralization and higher MD-to-MD connectedness. Within the primary care practices comprising MDs, NPs or/and PAs, the non-physician providers were more connected (measured as edge density) to all providers in the practice but with higher degree of centralization compared to the MDs in the practice. After adjusting for patient characteristics and type of practice, higher edge density was associated with lower odds of hospitalization (odds ratio [OR]: 0.89, 95% Confidence Interval [CI]: 0.79-0.99), emergency department (ER) admission (OR: 0.80, 95% CI: 0.70-0.92), and total spending (cost ratio [CR]: 0.86, standard error of the mean [SE]: 0.038). Conversely, higher degree centralization was associated with higher rates of hospitalization (OR: 1.15, 95% CI: 1.03-1.28), ER admission (OR: 1.23, 95% CI: 1.08-1.40), and total spending (CR: 1.14, SE: 0.037). However, higher degree centralization was associated with lower rates of potentially inappropriate medications (OR: 0.90, 95% CI: 0.81, 0.99). Team leadership by an NP versus an MD were similar in the rate of ER admissions, hospitalizations, or total spending.

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**Conclusion:** Our findings showed that highly connected primary care practices with high collaborative care and less top-down MD-centered authority have lower odds of hospitalization, fewer ER admissions, and less total spending; findings likely reflecting better communication and more coordinated care of older patients.

#### Keywords

Primary care; Medicare; Nurse practitioners; Social network analysis

#### Introduction

Several studies have found the team-based primary care model to be associated with improved health care outcomes, greater efficiency, and reduced patient health care utilization.<sup>1,2</sup> In a study of 312,377 patients discharged from the hospital, Riverin and colleagues showed that patients cared for under team-based primary care models were less likely to have an emergency department (ER) visit or death within 30 days of being discharged from the hospital, compared with patients cared for under traditional primary care models.<sup>3</sup> The 30-day post-discharge mortality difference varied by patient morbidity such that, the sicker the patient, the bigger the mortality advantage conferred by the team-based model.<sup>3</sup> A systematic review of 26 Randomized Controlled Trials (n=15,526 participants) showed an association of the team-based care model with significantly higher odds of high patient satisfaction compared with the traditional care model (odds ratio (OR), 2.09; 95% Confidence Interval [CI], 1.54-2.84).<sup>4</sup>

Nurse practitioners (NPs) and Physician assistants (PAs) have become increasingly important members of the primary care team model.<sup>5-6</sup> Team-based primary care delivered by a collaboration between primary care physicians and advanced practice providers (NPs or PAs) has been linked to better healthcare outcomes and lower cost of care compared with the traditional primary care model of physician-only practices (solo or group practice).<sup>7-10</sup> However, few studies have examined the degree of team collaboration, team-connectedness, and the dynamics of NP or PA interactions with other providers within the team, and how such interactions affect care outcomes. We hypothesized the high collaborative care provided by physicians and NPs/PAs will be associated with clinically relevant communication, effective coordination of care, and better health outcomes. Understanding the impact of team structure composition and degree of collaboration among various providers on the process and outcomes of primary care can guide the development of programs to improve care team dynamics and the quality of primary care delivery.

Social Network Analysis (SNA) is one method that can be used to understand the interaction dynamics and roles of NPs or PAs in a team-based care. SNA uses graph theory to visualize and quantify a network of participants (such as providers) through mapping information and communication pathways.<sup>11,12</sup> As a visualization example, figure 1 demonstrated the preliminary SNA results of 16 primary care teams identified in a county using Medicare data. SNA measures, such as edge density (degree of collaborative care or connectedness), degree centrality (degree to which decision-making process is centralized), and betweenness centralization (degree to which information sharing is centralized) have been used to

measure healthcare provider networks of patients with diabetes.<sup>13</sup> SNA has also previously been used to demonstrate a link between the characteristics of physicians' networks and overall spending on and utilization of health care services among Medicare beneficiaries,<sup>14</sup> and to identify the type and degree of collaboration between primary care providers, NPs, and PAs using Medicare data.<sup>15</sup> Two previous studies have examined physician collaboration using SNA.<sup>16,17</sup> However, these studies did not include NPs or PAs. A limited number of studies have examined the link between team-based primary care and specific outcomes using population-based data and SNA. Therefore, the purpose of our study was to examine how team-based primary care can impact patient outcomes, specifically hospitalizations, ER admissions, use of potentially inappropriate medications (PIMs), and Medicare cost using SNA.

#### Methods

#### Data Source

We first used Medicare outpatient claims from the 20% randomly selected primary care service areas (PCSAs, n=1,400) in 2015 to identify primary care practices. We choose 20% sample because researchers can only request samples including up to 20% of Medicare beneficiaries. A 100% data sample can only be requested if it is for beneficiaries within a certain geographic region or is for specific diseases<sup>18</sup>. We used PCSAs because they were developed for measuring primary care resources, utilization, and outcomes<sup>19</sup>. Beneficiaries' characteristics and outcome measurement were determined from 2015 Medicare claims for 100% Medicare beneficiaries with diabetes, heart failure (HF), or chronic obstructive pulmonary disease (COPD), from the Chronic Conditions Data Warehouse in the same year. We focused on older patients with these three common diseases because these conditions require higher levels of coordinated care and have established guidelines for health care. The data sources included Master Beneficiary Summary Files (MBSF) containing member demographics and enrollment information, Medicare Provider Analysis and Review (MedPAR) file containing claims for inpatient stay, Outpatient statistical analysis file (OutSAF) containing claims from outpatient facilities, Carrier file containing claims from professional services, and Prescription Drug Event (PDE) records. The aforementioned data files were located at the Centers for Medicare & Medicaid Services (CMS) Virtual Research Data Center (VRDC). The University of Texas Medical Branch Institutional Review Board approved this study.

#### **Study Population**

We first identified primary care practices within each PCSA via SNA. Primary care visits were determined by Current Procedural Terminology (CPT) code in outpatient claims and those visits billed by primary care providers (primary care physician [MD], NP, and PA) were selected to determine the number of shared patients for each provider pair (Supplementary Table S1). Only providers with at least 30 patients shared with another provider were included in SNA.<sup>15</sup> Using the Walktrap community finding algorithm, with four steps as the length of random walk and weighted by the number of patients shared between primary care providers, we identified primary care practices within each PCSA. <sup>20-22</sup> In this algorithm, random walks are used to compute distances between providers; then

providers are assigned to groups with small intra and larger inter-community distances. Five hundred fifty-nine PCSAs with a modularity 0.4, indicating well defined modules within the network of PCSAs, were selected.<sup>23</sup> We further limited analysis to four types of practice according to type of providers identified at each practice (MD only, MD-NP, MD-PA, or MD-NP-PA), resulting in 4,648 primary care practices (first step in Supplementary Table S2).

Among all patients with diabetes, HF, or COPD, there were 1,004,506 patients with at least two office visits to any of our studied primary care practices. After selecting patients aged 66 or above, who were continuously enrolled in Medicare in 2014 and 2015, and then excluding those cared for by multiple practices, residing in nursing homes, or having unknown residential information, there were 449,460 patients included in the study (second step in Supplementary Table S2). This study cohort was cared for by 17,185 primary care providers in 4,453 primary care practices in 556 PCSAs.

#### Patient characteristics and outcome

Demographic factors (age, gender, race/ethnicity), Medicare-Medicaid dual eligibility, Medicare original entitlement, and chronic conditions (hypertension, hyperlipidemia, ischemic heart disease, arthritis, atrial fibrillation, cancer, osteoporosis, chronic kidney disease, depression, asthma, Alzheimer's disease/dementia, and stroke) were obtained from MBSF. Beneficiary residence location was classified as metropolitan, urban, or rural, according to 2013 rural-urban continuum codes from the United States Department of Agriculture.

Hospitalizations were determined, for those with acute hospital and critical access hospital stays, from the MedPAR file. Emergency room (ER) admissions were identified as any positive ER charge amount in the MedPAR file, or any OutSAF claims with ER revenue center code (0450, 0451, 0452, 0456, 0459, 0981). The PDE report was used to identify any potentially inappropriate use of medication(s), and was determined using the algorithm proposed in the Healthcare Effectiveness Data and Information Set (HEDIS) 2016 measures on Use of High-Risk Medications in the Elderly.<sup>24</sup> Total Medicare costs were estimated by sum of the paid amount in MedPAR, OutSAF, and Carrier files.

#### Practice and provider measurement

For each practice, the number of providers, broken down by MD, NP, and PA, were reported and summarized by type of practice. SNA network measures were constructed to show how well each practice was connected, measured by edge density; how centralized the practice was, using degree centralization (degree to which decision-making process is centralized); and whether certain providers were more popular as conduits of information than others within the practice, using betweenness centralization (degree to which information sharing is centralized).<sup>25</sup> For each provider within the practice, both normalized degree centrality and normalized betweenness centrality were calculated to show whether connections and centrality differed between types of provider. Among practices with NP involvement, the average of provider's degree centralization and betweenness centralization measures were calculated for NP and MD separately within the practice, and then the provider type specific

averages were compared to determine the practice as MD-led (MD average > NP average), NP-led (NP average > MD average), or equal (MD average = NP average).

#### Statistical model:

Multi-level generalized linear models were constructed to account for the clustering effect of a practice. The estimation of the OR of hospitalization, ER admission, and PIM use was performed with binary distribution and logit link function. The estimation of cost ratio (CR) on Medicare cost was performed with the lognormal distribution. SNA was performed using the *igraph* package in R 3.4.4. All other analyses were performed using SAS Enterprise Guide version 7.15 at the CMS VRDC (SAS Inc., Cary, NC).

#### Results

Table 1 displays the number of primary care providers, census regions, and the SNA network measures of the practice (edge density, degree centralization, and betweenness centralization) by type of primary care practice. Overall, among 4,453 primary care practices included in this study, 40% were MD only, 34% were MD/NP, 11% were MD/NP/PA, and 15% were MD/PA. The median number of providers per practice was larger in MD/NP/PA practices, the same for MD/NP and MD/PA practices, and smallest in MD practices (6, 3, 3, and 2 providers per practice type, respectively). Among all types of practices, on average, MD practices had the highest edge density and the lowest degree centralization. Conversely, MD/NP/PA practices had higher degree centralization and lower edge density than others. The differences in betweenness centralization followed a similar pattern.

Figure 2 presents the SNA network analysis measures at the provider level (normalized degree centrality and normalized betweenness centrality) by type of primary care practice. In general, MD practices had the highest average degree centrality for all provider types in the practice, and MD/NP/PA practices had the lowest average betweenness centrality for all provider types in the practice. Comparing MD to NP (or PA) in the practices with NP (or PA) involvement, NPs (or PAs) tended to have both higher degree centrality and greater betweenness centrality than MDs. There were very few differences in patient characteristics including age, gender, Medicare original entitlement, or comorbidity across type of practices, except for a higher proportion of minority patients in MD practices and a higher proportion of MD/NP and MD/NP/PA practices located in non-metropolitan areas (Supplemental Table S3).

Table 2 presents the rates of hospitalization, ER visits, PIMs, and Medicare cost by type of practice. The rate of hospitalization varied from 21.8% in MD/PA practices to 23.2% in MD/NP practices; the rate of ER visits varied from 16.0% in MD/PA practices to 17.5% in MD practices; and the rate of PIMs varied from 16.5% in MD practices to 17.3% in MD/PA practices. Overall, the average total Medicare costs were lower in MD/NP practices and MD/NP/PA practices than in MD practices and MD/PA practices. None of the observed differences across types of practice were significantly different after adjusting for patient characteristics (Figure 3 Panel A and supplemental Table S4). However, we found significant associations between SNA network measures and outcomes. After adjusting for patient characteristics and type of practice, higher edge density (high collaborative care) was

associated with lower odds of hospitalization (OR: 0.89, 95% CI: 0.79-0.99), ER admission (OR: 0.80, 95% CI: 0.70-0.92), and total spending (CR: 0.86, 95% CI: 0.80-0.93). Conversely, higher degree centralization was associated with higher rates of hospitalization (OR: 1.15, 95% CI: 1.03-1.28), ER admission (OR: 1.23, 95% CI: 1.08-1.40), and total spending (CR: 1.14, 95% CI: 1.07-1.23). The results for PIMs were different. Higher edge density was associated with higher rates of PIMs (OR: 1.14, 95% CI: 1.03-1.26) and higher degree centralization was associated with lower rates of PIMs (OR: 0.90, 95% CI: 0.81, 0.99). Betweenness centralization (highly centralized information sharing) was associated only with increased total spending (CR: 1.10, SE: 0.037). When we compared the differences in SNA network measures between MD-led and NP-led practices, among practices with NP involvement, there were no significant differences in health outcomes or cost, regardless of whether the practices were led by an MD or an NP (Figure 3 Panel B).

#### Discussion

Using Medicare data and SNA measures, we examined the association of team structure and dynamics with health outcomes and cost in primary care. When compared to practices with NPs, PAs, or both, the practices with MDs only had higher connections between physicians (more shared patients among MDs) and lower degrees centralization. Within the practices with NPs, PAs, or both, NPs and PAs were more connected and central than MDs were. Previous studies have not used SNA measures to compare centrality and connectedness between practices with varying composition. However, one study found that physicians tend to share patients with other physicians who have similar personal traits, practice styles, and patient panels.<sup>26</sup> This association may explain the high level of connectivity in practices led by MDs vs others.

In the current study, higher edge density (or connectedness—degree of collaborative care) in any care team was associated with lower odds of hospitalization, ER admission, and total spending. Previous research has found similar results. For example, one study found that the density of physician collaboration networks was negatively correlated with hospitalization cost and readmission rate.<sup>17</sup> Another study reported an association of higher provider connectedness with better health outcomes, such as fewer hospital readmissions, among heart failure patients.<sup>27</sup> Various mechanisms may account for these results, such as better coordination of care, faster sharing of information, timely communication of and response to changes in patient clinical status, and effective delivery of services.<sup>28</sup> An unexpected finding is the association of higher edge density with higher rates of PIMs. Although increased connectedness enables faster sharing of data about patients' conditions and medications, it is possible that the increased number of prescribers involved in the patient's care may lead to increase in overall number of prescriptions medications and polypharmacy (using>4 drugs), a known risk for exposure to PIMs and adverse drug interactions<sup>29</sup>.

We also found that higher degree centralization was associated with lower rates of PIMs. Degree centralization indicates that the network is more centered at one provider, and that information and connection flow through that provider. One possible explanation for this phenomenon is that review and reconciliation of prescription medications might be easier to accomplish when one or two main prescribers (as opposed to several prescribers) are

centrally responsible for approval and oversight of patients' medication regimen, especially in older patients needing many drugs for multiple co-existing chronic conditions. One way to achieve the same lower rate of PIM use, even in the team model with less centralization and high connectedness, is to incorporate a process of reminders and warnings into the electronic medical record (EMR) system to reduce or prevent prescribing of PIMs or drugs with potential adverse drug-disease interactions. A randomized clinical trial (vs. usual care) of an EMR medication decision support tool "Tool to Reduce Inappropriate Medications (TRIM)" in persons 65 years old at VA taking 7 or more drugs was associated with more purposeful patient and clinician medication-related communication and a higher rate of correction of discrepancies in prescription medications, although there was no significant effect on PIM reduction.<sup>30</sup>

Though associated with lower PIMs, higher degree centralization was linked to higher rates of hospitalization, ER admission, and total spending. This result contrasts with a previous study which showed that a high performance network had greater centralization.<sup>31</sup> In addition, another prior study found that degree centralization was negatively correlated with both hospitalization cost and readmission rate.<sup>17</sup> However, a further study found that higher degree centralization with cost.<sup>16</sup> These studies examined only collaboration among physicians, and did not include NPs or PAs, which might explain the differences between our findings and prior studies.

We found practices with higher betweenness centralization (centralized and tight control of information sharing in team) had higher total cost, but there was no significant association of betweenness centralization with hospitalization, ER admission, or PIM. Previous studies have had inconsistent results. One study showed an association of higher betweenness centralization with greater hospitalization and more ER visits,<sup>32</sup> but another study found that betweenness centralization was negatively associated with readmission and cost.<sup>16</sup> Overall, the inconsistency of our findings with others can be attributed to type of providers studied (MD only vs. MD/NP/PA as in ours), different sources of data (single institution vs. national data), using different payers of claims, or setting in a different country.

Primary care team leadership by an NP versus an MD showed no significant differences in ER admissions, hospitalizations, or total spending. Previous systematic reviews have found similar results, with little to no difference in ER admissions and hospitalizations when comparing primary care led by NPs versus physicians.<sup>33,34</sup> Further, several studies have found no differences<sup>35</sup> or reduced costs with NP consultations as compared to those from general practitioners.<sup>36</sup> No studies to the authors' knowledge have examined differences in overall spending between NPs and MDs using Medicare data.

This study has several limitations. First, team-care practices were identified using fee-forservice claims from Medicare data, and thus the results may not be generalizable to younger patients, those under Medicare Advantage plans, or those with commercial insurance. Second, the identification of team-care practices by SNA is specific, but with low sensitivity. <sup>15</sup> Practices that were not tightly connected, or those located in areas with lower population and lower income, were likely under-identified.<sup>37</sup> Third, although we found NPs or PAs played a more central role than MDs in patient care, whether they substituted for MDs or

contributed their complementary skills to patient care cannot be distinguished. Lastly, the cross-sectional study design limits the ability to examine the causal relationship between, and temporal patterns within, team structure and health outcomes. Further longitudinal study will help to characterize these relationships.

Our findings suggest a need to incorporate various approaches to improve medical professional training in ways that emphasize the free flow and sharing of patient information across disciplines and providers, leading to efficient transition, integration, and coordination of care across different care sites. We found the benefits of high connectedness and low centrality are underscored in the efficiency in care and better patient outcomes attributed to daily team huddle, a system where team meets briefly before round or clinic to discuss care priorities, key patient data and updates, and any safety concerns without fear.<sup>38-39</sup> Highly centralized practices with concentrated and MD-centered authority may not be as efficient as a system of collaborative management with mutual and open information sharing.

Key strategies to improve safety, quality, and connectedness in team-based care practice include adoption of validated team communication tools<sup>39</sup>, engagement in daily interdisciplinary team huddles (with a representative from each discipline) before the clinic or work-day starts, and adoption of other communication initiatives that support openness and transparency in communication.<sup>38-42</sup> Such strategies would likely have the most impact in a team model, a decrease in centralized care decision making (less centrality) and high connectedness (more collaboration in care). Our study suggests that, as a team moves towards connectedness and away from top-down MD-focused centrality, there is substantial improvement in purposeful communication and in outcomes of care. Such improvement likely reflects timely communication of safety hazards, change in patient status and abnormal laboratory results, and an increase in shared use of best available evidence-based clinical care algorithms.<sup>41,43</sup>

In conclusion, our results demonstrate that a well-connected and highly collaborative practice with free flow of information and transparency in communication has lower odds of ER/hospital visits and lower cost-of-care than a highly centralized team. Future study of degree of connectedness and centrality of NP, PA, and MD teams in accountable care organizations (ACO), and how these affect process and outcome of care, can provide clinically relevant and policy information to improve the quality of inter-professional communication and interaction among ACO providers in a way that best serves the needs of patients.

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#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1:

Example on the Visualization of Primary Care Teams Identified through Social Network Analysis. Analysis based on Medicare Data at county in Texas



#### Figure 2.

Provider Network Measurement Stratified by Type of Practice for Each Type of Provider. Each box plot presents the interquartile range. The line inside the box represents the median, the large circle represents the mean, and the small circles represents those with value outside 3 times of IQR (interquartile range). The betweenness measurement is only eligible for a practice with at least 3 providers. Abbreviations: MD, primary care physician; NA, not applicable; NP, nurse practitioner; PA, physician assistant

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#### Hospitalization, OR (95% CI) Hospitalization, OR (95% CI) Type of Practice (reference: MD/NP) Type of Practice MD/NP/PA MD/NP Degree Centralization (reference: MD lead) MD/NP/PA MD/PA NP lead Edge Density Betweenness Centralization (reference: MD lead) Degree Centralization Equal Betweenness Centralization NP lead ER Admission, OR (95% CI) ER Admission, OR (95% CI) Type of Practice Type of Practice (reference: MD/NP) MD/NP/PA MD/NP Degree Centralization (reference: MD lead) MD/NP/PA Equal MD/PA NP lead Edge Density Betweenness Centralization (reference: MD lead) Degree Centralization Equal Betweenness Centralization NP lead High-Risk Medication, OR (95% CI) High-Risk Medication, OR (95% CI) Type of Practice (reference: MD/NP) Type of Practice MD/NP/PA MD/NP Degree Centralization (reference: MD lead) Equal MD/NP/PA MD/PA NP lead Edge Density Betweenness Centralization (reference: MD lead) Degree Centralization Equal NP lead Betweenness Centralization Total Cost, CR (95% CI) Total Cost, CR (95% CI) Type of Practice (reference: MD/NP) Type of Practice MD/NP/PA MD/NP Degree Centralization (reference: MD lead) MD/NP/PA MD/PA NP lead Edge Density Betweenness Centralization (reference: MD lead) Degree Centralization Equal Betweenness Centralization NP lead 0.6 0.8 12 1.4 0.8 14 1.0 0.6 1.0 1.2 Estimate (95% Confidence Interval) Estimate (95% Confidence Interval)

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#### Figure 3.

Association between Practice Network Structure and Health Outcome and Cost Panel A: For the entire study cohort (N=449,460). The results on type of practice with the reference group as MD only were estimated from the models with adjustment of subject characteristics listed in Supplemental Table S3, and region of practice. The results for edge density, degree centralization, and betweenness centralization were estimated from the models with adjustment of subject characteristics, type of practice and location of practice. The model for betweenness centralization only excluded subjects cared by practice with only 2 providers (N=348536). Abbreviations: CI, confidence interval; CR, cost ratio; ER, emergency department; MD, primary care physician; NP, nurse practitioner; OR, odds ratio; PA, physician assistant. Panel B: For the sub-cohort of patient cared under the practices with NP involvement to show the association between role of NP and health outcome and cost (N=232900). The results on type of practice with the reference group as MD only were estimated from the models with adjustment of subject characteristics listed in Supplemental Table S3, and region of practice. The results for edge density, degree centralization, and betweenness centralization were estimated from the models with adjustment of subject characteristics, type of practice and location of practice. The model for betweenness centralization only excluded subjects cared by practice with only 2 providers (N=205689). Abbreviations: CI, confidence interval; CR, cost ratio; ER, emergency department; MD, primary care physician; NP, nurse practitioner; OR, odds ratio; PA, physician assistant.

#### Table 1.

#### Practice Network Structure Measurement Stratified by Type of Practice

Variable	All	Type of Practice				
		MD only	MD/NP	MD/NP/PA	MD/PA	
Number of practice (N)	4453	1773	1513	495	672	
Edge Density						
Mean (SD)	0.40 (0.12)	0.44 (0.10)	0.40 (0.12)	0.29 (0.11)	0.41 (0.11)	
Median (Q1-Q3)	0.50 (0.33-0.50)	0.50 (0.33-0.50)	0.50 (0.33-0.50)	0.29 (0.20-0.36)	0.50 (0.33-0.50)	
Degree centralization						
Mean (SD)	0.10 (0.12)	0.07 (0.11)	0.11 (0.13)	0.19 (0.11)	0.10 (0.12)	
Median (Q1-Q3)	0.00 (0.00-0.22)	0.00 (0.00-0.13)	0.00 (0.00-0.25)	0.20 (0.12-0.25)	0.00 (0.00-0.23)	
Betweenness centralization <sup>a</sup>						
Ν	2565	735	934	495	401	
Mean (SD)	0.09 (0.14)	0.10 (0.16)	0.09 (0.14)	0.08 (0.11)	0.10 (0.15)	
Median (Q1-Q3)	0.00 (0.00-0.14)	0.00 (0.00-0.15)	0.00 (0.00-0.14)	0.06 (0.00-0.11)	0.00 (0.00-0.17)	
Number of providers						
Mean (SD)	3.9 (3.0)	3.0 (2.1)	3.9 (2.7)	7.2 (4.7)	3.6 (2.0)	
Median (Q1-Q3)	3.0 (2.0-4.0)	2.0 (2.0-3.0)	3.0 (2.0-5.0)	6.0 (4.0-9.0)	3.0 (2.0-4.0)	
Percent of provider as MD						
Mean (SD)	73 (25)	100 (0)	56.7 (15.1)	46.6 (17.0)	57.6 (14.9)	
Median (Q1-Q3)	72.7 (50-100)	100 (100-100)	50 (50-66.7)	46.2 (33.3-60.0)	50 (50-66.7)	
Percent of provider as NP						
Mean (SD)	39.6 (16.1)	NA	43.3 (15.1)	28.3 (13.7)	NA	
Median (Q1-Q3)	40 (25-50)	NA	50 (33.3-50)	25 (17.4-33.3)	NA	
Percent of provider as PA						
Mean (SD)	35.1 (15.9)	NA	NA	25.2 (11.2)	42.2 (14.9)	
Median (Q1-Q3)	33.3 (22.2-50)	NA	NA	25 (16.7-33.3)	50 (33.3-50)	
Region of the practice, n(%)						
Midwest	1210 (27.2)	461 (26.0)	465 (30.7)	111 (22.4)	173 (25.7)	
Northeast	890 (20.0)	318 (17.9)	319 (21.1)	115 (23.2)	138 (20.5)	
South	1568 (35.2)	587 (33.1)	566 (37.4)	184 (37.2)	231 (34.4)	
West	785 (17.6)	407 (23.0)	163 (10.8)	85 (17.2)	130 (19.3)	

Abbreviations: MD, primary care physician; NA, not applicable; NP, nurse practitioner; PA, physician assistant; Q1, quartile 1; Q3, quartile 3; SD: standard deviation

 $^{a}$ The measurement is only eligible for a practice with at least 3 providers

#### Table 2.

#### Health Outcomes and Cost Stratified by Type of Practice

Outcome	All	Type of Practice				
		MD only	MD/NP	MD/NP/PA	MD/PA	
Number of subject	449 460	155 565	144 300	88 600	60 995	
Health care, n(%)						
Hospitalization	102 361 (22.8)	35 394 (22.8)	33 471 (23.2)	20 200 (22.8)	13 296 (21.8)	
ER Admission	76 739 (17.1)	27 232 (17.5)	24 756 (17.2)	14 974 (16.9)	9 777 (16.0)	
PIMs, n(%)						
Criteria A <sup>§</sup>	56 976 (12.7)	19 186 (12.3)	18 789 (13.0)	11 096 (12.5)	7 905 (13.0)	
Criteria B <sup>§</sup>	17 139 (3.8)	5 972 (3.8)	5 416 (3.8)	3 318 (3.7)	2 433 (4.0)	
Criteria C <sup>§</sup>	7 230 (1.6)	2 336 (1.5)	2 364 (1.6)	1 585 (1.8)	945 (1.5)	
Any	75 989 (16.9)	25 680 (16.5)	24 810 (17.2)	14 961 (16.9)	10 538 (17.3)	
Medicare cost, mean(Sl median (Q1-Q3)	D)					
Professional service						
Primary care	768.1 (1065)	771.2 (1155)	755.8 (1002)	784.2 (962.9)	766.0 (1113)	
	560.1 (318.4-938.8)	549.6 (304.0-939.3)	551.4 (318.3-919.2)	582.2 (335.7-964.7)	573.9 (329.2-944.7)	
Specialists	2179 (4660)	2276 (4682)	2072 (4347)	2088 (4424)	2317 (5558)	
	1084 (386.8-2402)	1147 (406.5-2527)	1033 (369.5-2305)	1037 (372.1-2291)	1120 (404.3-2487)	
Other	751.6 (1486)	798.6 (1716)	721.2 (1440)	716.5 (1274)	754.2 (1224)	
	385.5 (121.4-944.5)	408.3 (133.0-996.1)	361.8 (107.9-903.1)	375.8 (119.2-911.3)	401.6 (133.4-962.7)	
Outpatient facilities	2639 (6860)	2566 (6718)	2678 (7065)	2697 (6581)	2649 (7119)	
	746.6 (153.9-2303)	697.6 (142.1-2193)	769.0 (168.8-2342)	812.9 (165.3-2456)	728.0 (135.8-2280)	
Hospitalization	3378 (10339)	3496 (10819)	3305 (9832)	3335 (10356)	3310 (10229)	
	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	
Other facilities	459.9 (3613)	455.0 (3682)	501.1 (3766)	422.1 (3360)	430.2 (3416)	
	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	
Total cost	10 176 (17 566)	10 363 (18 110)	10 033 (17 212)	10 043 (17 056)	10 227 (17 713)	
	3 988 (1 710-10 695)	4 034 (1 728-10 739)	3 906 (1 659-10 622)	4 019 (1 735-10 774)	4 024 (1 750-10 637)	

Abbreviations: MD, primary care physician; NP, nurse practitioner; PA, physician assistant; PIM: potentially inappropriate medication; Q1, quartile 1; Q3, quartile 3; SD: standard deviation

<sup>§</sup>Criteria A: high risk medication; Criteria B: high risk medication with days of supply > 90; Criteria C: high risk medication with dosage greater than average daily dose criteria