

## Minireview

# Post-Translational Modifications in Transcription Factors that Determine T Helper Cell Differentiation

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**CD4<sup>+</sup> T helper (Th) cells play a crucial role in the modulation of innate and adaptive immune responses through the differentiation of Th precursor cells into several subsets, including Th1, Th2, Th17, and regulatory T (Treg) cells. Effector Th and Treg cells are distinguished by the production of signature cytokines and are important for eliminating intracellular and extracellular pathogens and maintaining immune homeostasis. Stimulation of naïve Th cells by T cell receptor and specific cytokines activates master transcription factors and induces lineage specification during the differentiation of Th cells. The master transcription factors directly activate the transcription of signature cytokine genes and also undergo post-translational modifications to fine-tune cytokine production and maintain immune balance through cross-regulation with each other. This review highlights the post-translational modifications of master transcription factors that control the differentiation of effector Th and Treg cells and provides additional insights on the immune regulation mediated by protein arginine-modifying enzymes in effector Th cells.**

**Keywords:** arginine-modifying enzyme, CD4 T cell differentiation, effector Th and Treg cell, master regulatory transcription factor, post-translational modifications

## INTRODUCTION

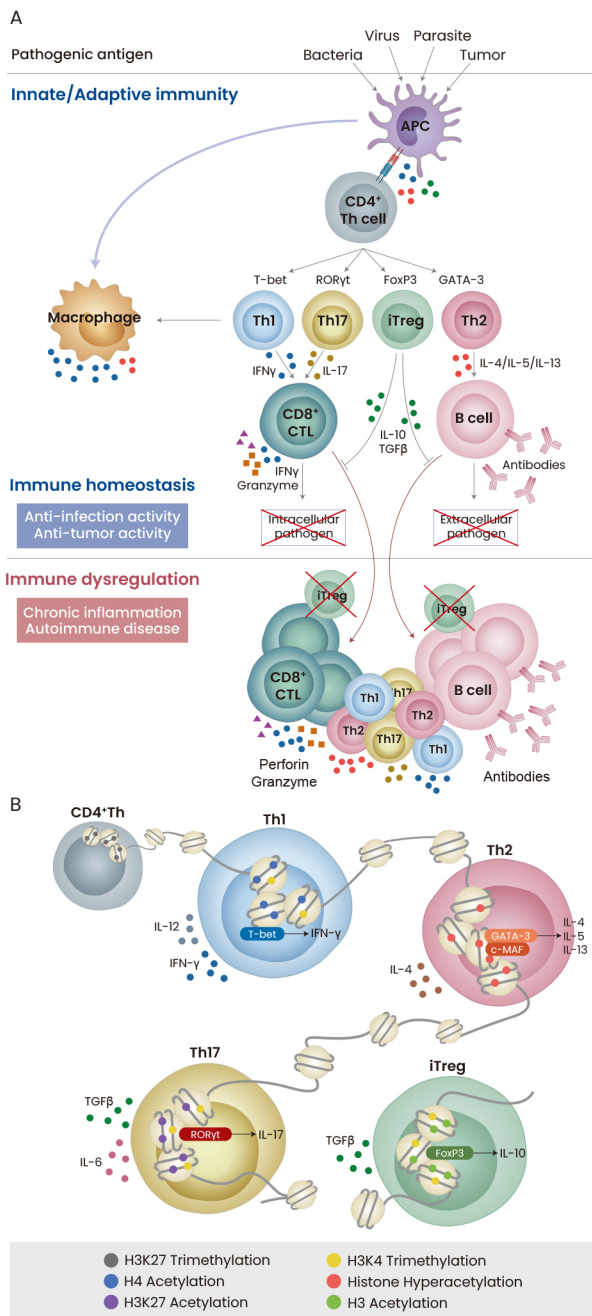
The immune system is important in defeating pathogenic antigens and preventing disease outbreaks. In particular, CD4<sup>+</sup> T helper (Th) cells play an essential role in immune modulation through timely activation and suppression of innate and adaptive immune responses (Chemin et al., 2019; DuPage and Bluestone, 2016). CD4<sup>+</sup> Th cells interact with other immune cells, including CD8<sup>+</sup> cytotoxic T cells, macrophages, and B cells, and augment the innate and adaptive immune responses, exerting protective effects against tumor growth and the development of rheumatoid arthritis and atherosclerosis (Ostroumov et al., 2018; Roberts et al., 2015; Tay et al., 2019). Naïve CD4<sup>+</sup> Th cells are generated and derived from the thymus and migrate to peripheral organs, including lymph nodes and the spleen, where they are activated by contact with antigens (Yan et al., 2017). Triggering of T cell receptor (TCR) transduces activation signals through the regulation of signaling mediators and induces the differentiation of naïve CD4<sup>+</sup> Th cells into various types of effector and regulatory cells (Hwang et al., 2020; Zhu et al., 2010). In addition, environmental cytokines are crucial for lineage specification through the activation of lineage-specific master regulatory transcription factors (Martinez-Sanchez et al., 2018; Pawlak et al., 2020) (Fig. 1A). While stimulation with interleukin (IL)-12 and blockade of IL-4 signaling induce the development of interferon- $\gamma$  (IFN $\gamma$ )-producing Th1 cells, inhibition of IFN $\gamma$

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**Fig. 1. Immune regulation by Th cell lineage specification.** (A) TCR triggering with pathogenic antigen provided by antigen-presenting cell (APC) induces activation and differentiation of CD4<sup>+</sup> Th cells, which subsequently boost the activity of cytotoxic T lymphocytes (CTL) and plasma B cells. Immune response properly coordinated by effector Th and Treg cells is important for eliminating intracellular and extracellular pathogens and maintaining immune homeostasis against disease. (B) Th cell specification is epigenetically and transcriptionally modulated in response to TCR and cytokines stimulation. Despite the importance of histone modifications, the quantitative increase and activation of master transcription factors determine Th cell fate specification.

receptor and activation of IL-4-mediated signaling lead to Th2 cell differentiation. Under conditions that block both Th1 and Th2 cell development, stimulation with additional tumor growth factor (TGF)-β induces peripheral regulatory T (Treg) cell development, and the addition of both TGFβ and IL-6 triggers the development of IL-17-producing Th17 cells (Ruterbusch et al., 2020) (Fig. 1B). During lineage commitment of naïve CD4<sup>+</sup> Th cells, master regulatory transcription factors such as T-box protein expressed in T cells (T-bet), GATA-binding protein 3 (GATA-3), retinoic acid-related orphan receptor gamma t (RORγt), and forkhead box P3 (FoxP3) are regulated at both the expression and activity level through post-translational modifications (PTMs), thereby producing signature cytokines. Therefore, timely and optimal regulation of the amount and activity of regulatory transcription factors in CD4<sup>+</sup> Th cells is critical for defense against pathogenic antigens and immune homeostasis maintenance (Hsu et al., 2020). This review focuses on the understanding of PTMs in master regulatory transcription factors for Th cell lineage specification and provides new insights on the immune function of additional PTMs in Th cells.

### CURRENT UNDERSTANDING OF GENERAL PTMs

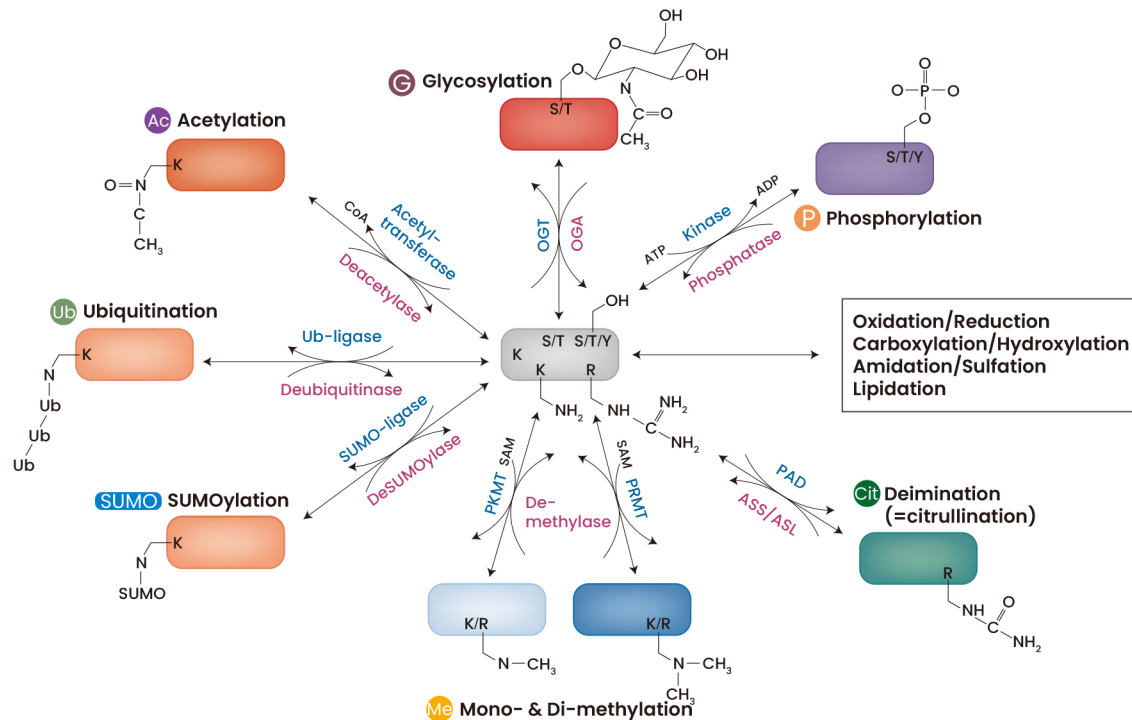
A large number of cellular processes and biological functions are controlled by PTMs that provide protein diversity and complexity through the addition of modifying groups. These modifications include the addition of hydroxyl groups on tyrosine, threonine, and serine, amino groups on arginine and lysine, and carboxyl groups on glutamate and aspartate (Duan and Walther, 2015). Over 200 PTMs have been identified by qualitative and quantitative analyses using mass spectrometry combined with chromatographic and other separation techniques. However, the physiological relevance of many PTMs remains largely unknown (Barber and Rinehart, 2018; Virág et al., 2020). Phosphorylation, acetylation, glycosylation, methylation, SUMOylation, and ubiquitination are the most common PTMs in regulatory proteins. They are mediated by the coordinated actions of kinases, phosphatases, transferases, and ligases and affect subcellular localization, DNA-binding activity, protein stability, and binding to partner proteins (Fig. 2). Phosphorylation is one of the most important PTMs in the regulation of cell cycle, growth, apoptosis, and signal transduction and requires kinases and phosphatases for the reversible modification of serine, threonine, or tyrosine residues. Acetylation of lysine residues, particularly in histones, is essential for the activation of gene transcription and is controlled by histone acetyltransferase (HAT) and histone deacetylase (HDAC) enzymes (Glozak et al., 2005; Young et al., 2010). Intracellular glycosylation is mediated by O-glycosyltransferase (OGT) (Marth and Grewal, 2008), and protein arginine methyltransferases (PRMTs) and protein lysine methyltransferases (PKMTs) contribute to protein methylation at arginine and lysine, respectively (Guccione and Richard, 2019; Lanouette et al., 2014). Protein SUMOylation and ubiquitination are mediated by the conjugation of small ubiquitin-like modifier (SUMO) and ubiquitin, respectively, to lysine. These modifications are known to mainly mediate protein degradation but also modulate other cellular events such

as subcellular localization and transcriptional activity (Wang et al., 2019; Yang et al., 2017). Additional PTMs such as oxidation, reduction, hydroxylation, carboxylation, sulfation, and lipidation have been identified to affect protein properties, but the structural and functional correlations resulting from these PTMs remain to be elucidated (Walsh and Jefferis, 2006).

## PTMs OF T-bet AND THEIR EFFECTS ON Th CELL DIFFERENTIATION

T-bet (also known as TBX21) is a master transcription factor that promotes the differentiation of naive CD4+ Th cells into Th1 cells by directly binding to the IFN $\gamma$  gene promoter and activating gene transcription (Szabo et al., 2000; 2002). T-bet expression is immediately increased upon TCR stimulation and is further upregulated by treatment with IL-12 and/or IFN $\gamma$  through activation of signal transducer and activator of transcription (STAT) 1 and STAT4 (Zhu et al., 2012). At the same time, a small amount of the T-bet protein is phosphorylated at Tyr525 through the activation of IL-2-inducible tyrosine kinase (ITK) and interacts with GATA-3, a Th2-specific transcription factor, leading to attenuation of GATA-3 activity and inhibition of Th2 cell development (Hwang et al., 2005b). T-bet also undergoes phosphorylation at Ser508 in Th1 cells and inhibits the transcriptional activity of nuclear

factor kappa B (NF- $\kappa$ B) by preventing its DNA-binding to the IL-2 gene promoter. This in turn allows the production of IL-2 to be fine-tuned during Th1 cell differentiation (Hwang et al., 2005a). In addition to modifications at the C-terminal domain of the T-bet protein, PTMs of the T-box domain also regulate the DNA-binding activity and protein stability of T-bet (Jang et al., 2013). Thr302 is an important phosphorylation site, and Thr302 phosphorylation of T-bet specifically and properly restrains the expression of IL-2 and Th2 cytokines through interaction with nuclear factor of activated T cells (NFAT) under conditions of Th1 cell differentiation conditions. Furthermore, Thr302 phosphorylation is closely associated with the control of T-bet stability mediated by polyubiquitination. T-bet undergoes proteasomal degradation through ubiquitination at Lys313, whose mutation enhances T-bet expression in the nucleus, but impairs the upregulation of IFN $\gamma$  due to a defect in DNA-binding activity. Mutation of Lys313 also leads to failure of Thr302 phosphorylation in T-bet, impairing the ability of T-bet to inhibit IL-2 and Th2 cytokines. In addition, multiple phosphorylation at the Tyr219, Tyr265, and Tyr304 residues in T-bet is mediated by c-Abl tyrosine kinase and is required for T-bet interaction with runt-related transcription factor 1 (RUNX1) and binding to the IFN $\gamma$  gene promoter (Chen et al., 2011). Tyr304 phosphorylation in T-bet is also essential for the suppression of RUNX1-induced Th17 cell development (Lazarevic et al., 2011) (Fig. 3A). These findings



**Fig. 2. General PTMs in proteins.** Specific amino acids such as Ser (S), Thr (T), Lys (K), Arg (R), and Tyr (Y) are reversibly changed by various modifying enzymes. Ser, Thr, and Tyr residues are commonly phosphorylated by kinase and dephosphorylated by phosphatase, and OGT glycosylation of Ser and Thr is induced by OGT but is reversibly removed by O-GlcNAcase (OGA). Both Lys and Arg are methylated by transferring methyl group from S-adenosylmethionine (SAM) and selectively acetylated. While Lys is conjugated with ubiquitin (ub) and SUMO by the action of ligases, Arg is converted to citrulline by PADs. Ac, acetylation; Cit, citrullination; G, glycosylation; Me, mono- & di-methylation; SUMO, SUMOylation; P, phosphorylation; ub, ubiquitination.

suggest that T-bet plays multiple regulatory roles in the development of not only Th1, but also Th2 and Th17 cells through the fine-tuning of cytokine production, which is mediated by various PTMs. It would be interesting to study the novel PTMs of T-bet in the regulation of FoxP3 expression and Treg cell development.

### PTMs OF GATA-3 AND c-MAF IN THE REGULATION OF Th CELL DIFFERENTIATION

GATA-3 is highly expressed in a wide variety of cells and tissues, including T cells, neuronal cells, and fetal liver tissues, and is crucial for T cell lineage commitment, neuronal development, and hematopoiesis (Celikkaya et al., 2019; Zaidan and Ottersbach, 2018; Zhu, 2017). It is a key Th2-specific transcription factor that is upregulated by IL-4-dependent activation of STAT6 (Kaplan et al., 1996; Pai et al., 2004). GATA-3 plays important roles in chromatin remodeling of the Th2 cytokine gene locus through the induction of histone lysine acetylation, continuous production of IL-4, IL-5, and IL-13 through KRR acetylation, and timely induction of Th2 cytokines (Jenner et al., 2009; Yamagata et al., 2000; Yamashita et al., 2004). It is also known to directly inhibit IFN $\gamma$  expression through repressive methylation of histone lysines at the IFN $\gamma$  locus (Chang and Aune, 2007), suggesting that PTMs of GATA-3 are involved. Indeed, GATA-3 undergoes phosphorylation at Ser308, Thr315, and Ser316 by activated Akt serine/threonine kinase, which results in derepression of IFN $\gamma$  expression in memory Th2 cells (Hosokawa et al., 2016). Furthermore, Arg261 methylation of GATA3 is selectively required to coordinate IL-5 gene transcription in resting Th2 cells through a specific association with heat shock protein 60 in the IL-5 gene promoter (Hosokawa et al., 2015). Not only the activity of GATA-3 in Th2 cells, but also its protein stability is regulated by PTMs. GATA-3 is ubiquitinated by interacting with F-box and WD repeat domain containing 7 (FBW7) in a phosphorylation-dependent manner at Thr156 (Kitagawa et al., 2014; Song et al., 2018). The protein inhibitor of activated STAT1 (PIAS1) is cloned as a GATA-3-interacting protein and promotes GATA-3-mediated Th2 cytokine production (Zhao et al., 2007). The GATA-3 and PIAS1 complex suggests the SUMOylation of GATA-3, but this has not yet been clarified (Fig. 3B). Identification of additional PTMs in GATA-3 would be helpful for elucidation of its functions in different types of cells, including Th17 and Treg cells and neuronal cells.

Another Th2-specific transcription factor, c-MAF, was originally identified as a cellular counterpart of a viral oncogene and has been shown to regulate cellular differentiation and developmental processes within tissues (Imbratta et al., 2020). The c-MAF protein specifically and strongly binds to the IL-4 gene promoter and induces the upregulation of IL-4 even in Th1 and B cells (Ho et al., 1996). It likely undergoes SUMOylation by directly interacting with ubc9 and PIAS1 and subsequently attenuates c-MAF-mediated IL-4 production (Leavenworth et al., 2009; Lin et al., 2010). Interestingly, SUMOylated c-MAF is essential for the suppression of IL-21 and the pathogenesis of autoimmune diabetes (Hsu et al., 2018). Unlike SUMOylation, phosphorylation of c-MAF at Tyr21,

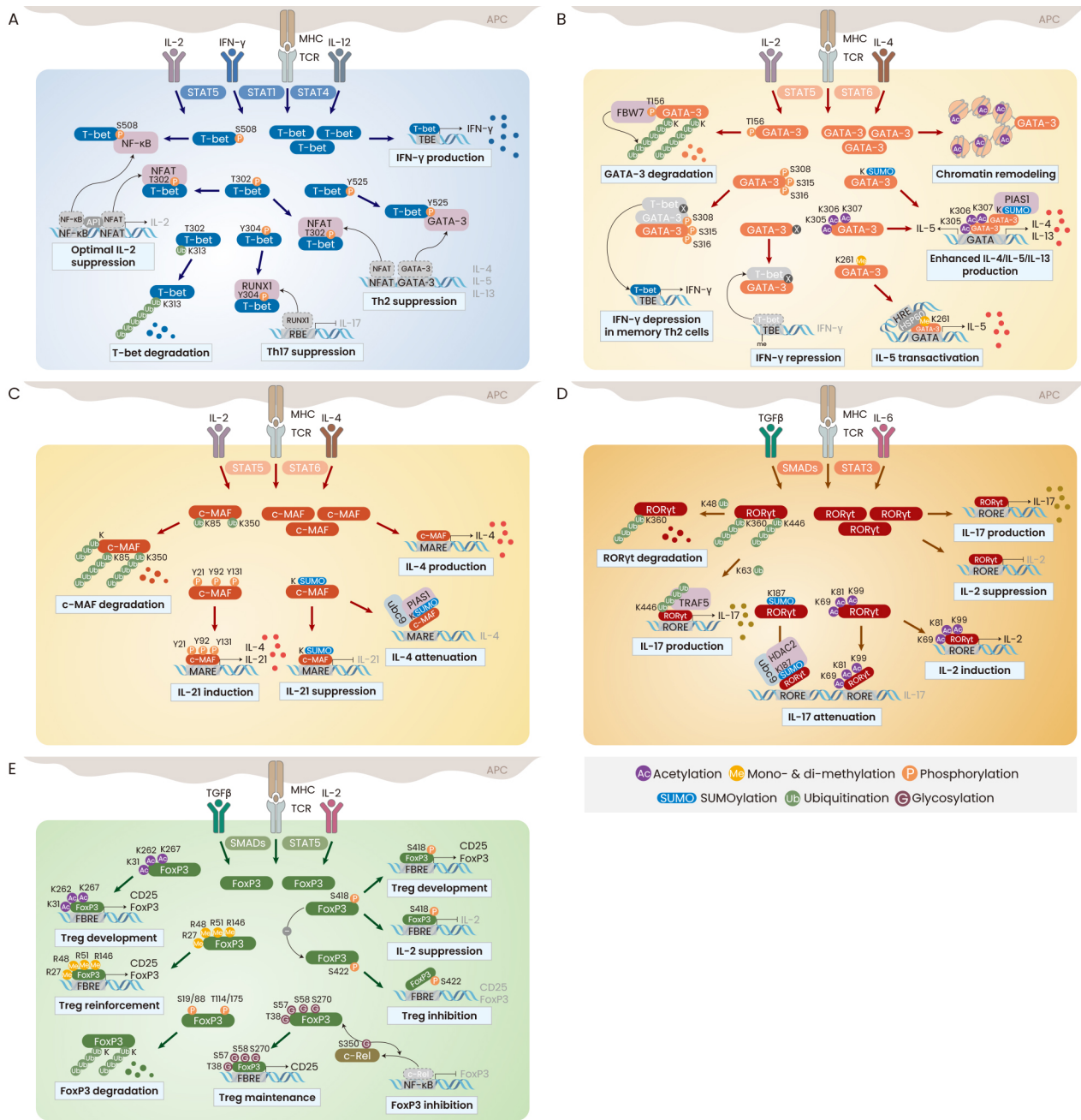
Tyr92, and Tyr131 potentiates both IL-4 production and IL-21 promoter activity, suggesting the potential role of c-MAF in the regulation of Th2- and Th17-mediated immune response (Liu et al., 2015). The protein stability of c-MAF is regulated by general ubiquitin-mediated proteasomal degradation (Zhang et al., 2016) (Fig. 3C).

### PTMs OF ROR $\gamma$ T FOR Th17 CELL DIFFERENTIATION

Although T-bet and GATA-3 are upregulated upon TCR stimulation, ROR $\gamma$ T is increased by additional stimulation with TGF $\beta$  and IL-6 in naïve Th cells and induces IL-17 production and subsequent Th17 cell development (Ivanov et al., 2006). ROR $\gamma$ T undergoes acetylation at Lys69, Lys81, Lys99, and Lys112 by exogenous p300 expression, but acetylated Lys69, Lys81, and Lys99 residues are deacetylated by histone deacetylase HDAC1 and lysine deacetylase sirtuin 1 (SIRT1) in Th17 cells (Lim et al., 2015; Wu et al., 2015). Deacetylated ROR $\gamma$ T is essential for IL-17 production and IL-2 suppression in Th17 cells. The absence of SIRT1 and mutation in ROR $\gamma$ T lysines fails to increase IL-17 production and suppress IL-2 production in Th17 cells (Lim et al., 2015). In addition, ROR $\gamma$ T undergoes ubiquitination, but the functions of polyubiquitinated ROR $\gamma$ T are contradictory. ROR $\gamma$ T undergoes proteasomal degradation through Lys48-linked polyubiquitination by the E3 ubiquitin ligase Itch, whereas Itch deficiency results in ROR $\gamma$ T accumulation and leads an increase in IL-17 level (Kathania et al., 2016; Rutz and Ouyang, 2016). However, Lys63-linked polyubiquitination stabilizes ROR $\gamma$ T through interaction with tumor necrosis factor (TNF) receptor-associated factor 5 (TRAF5), and is essential for promoting IL-17 expression (Wang et al., 2015). Moreover, the deubiquitinases DUBA and USP17 and the ubiquitin ligase UBR5 reciprocally modulate ROR $\gamma$ T protein stability by inducing and blocking degradation, respectively, indicating the importance of polyubiquitination of ROR $\gamma$ T in the regulation of IL-17 production by Th17 cells (Han et al., 2014; Rutz et al., 2015). It has recently been identified that ROR $\gamma$ T is SUMOylated at Lys187 by the function of ubc9, which inhibits IL-17 expression via recruitment of HDAC2 to the IL-17 gene promoter (Singh et al., 2018) (Fig. 3D).

### PTMs OF FoxP3 FOR Treg CELL DEVELOPMENT

Th1, Th2, and Th17 effector cells induce an active immune response to eliminate intracellular and extracellular pathogens, while Treg cells are essential to suppress enhanced immune response and maintain immune homeostasis (Asano et al., 1996; Shevryev and Tereshchenko, 2019). The transcription factor FoxP3 is a dominant regulator that induces Treg cell development and Treg-mediated immune suppression (Hori et al., 2003). Ablation or mutation of FoxP3 leads to the development of dysfunctional Treg cells and an X-linked recessive immune disorder (Bennett et al., 2000; d'Hennezel et al., 2012; Hori et al., 2003). The transcriptional activity of FoxP3 is modulated by its association with several transcription factors, including NF- $\kappa$ B, NFAT, Eos, and RUNX1, which can be mediated by various PTMs of FoxP3 (Bettelli et al., 2005; Ono et al., 2007; Pan et al., 2009; van Loosdregt et al., 2013b; Wu



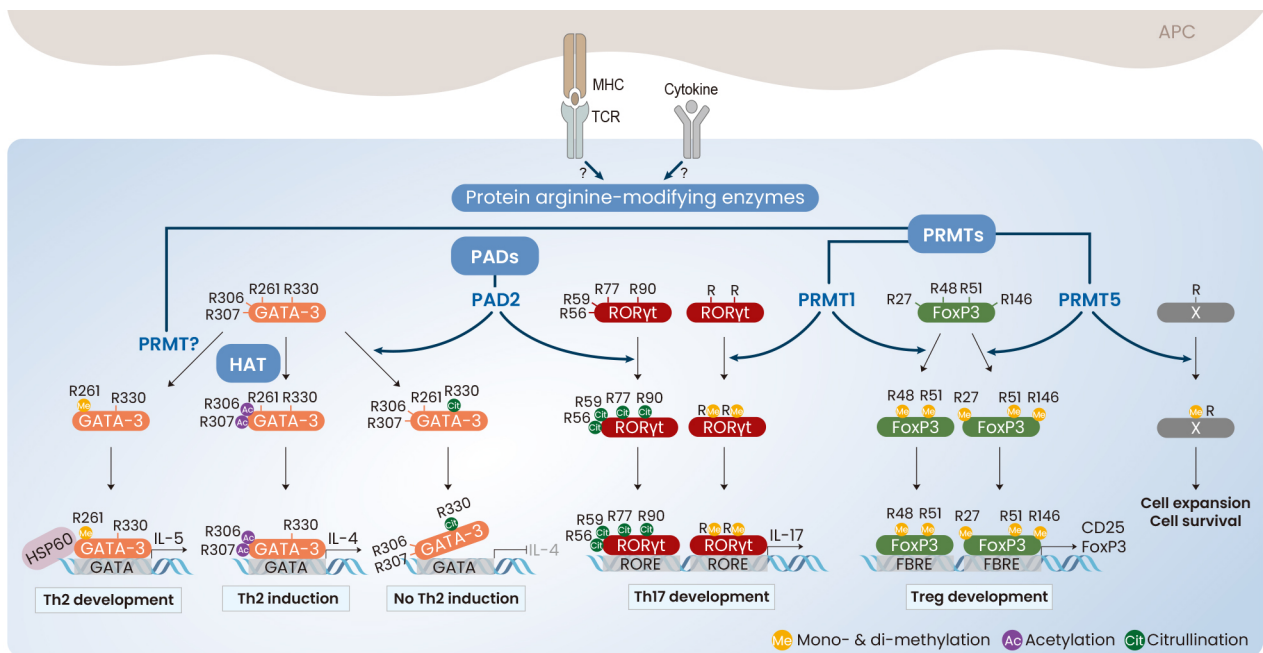
**Fig. 3. PTMs in master transcription factors.** (A) T-bet functions in the Th cell specification. Upon TCR and IL-12 stimulation, T-bet is subjected to PTMs, including phosphorylation at Ser, Thr, and Tyr for inducing optimal Th cell development. T-bet is also ubiquitinated at Lys and undergoes proteasomal degradation. (B) In the presence of IL-4, GATA-3 increases histone acetylation to open the chromatin structure and strongly binds to the promoter of IL-4/IL-5/IL-13 genes as a form with acetylation and SUMOylation. Methylated GATA-3 selectively promotes IL-5 and unknown modification of GATA-3 also represses IFN $\gamma$  gene transcription. IFN $\gamma$  repression is inhibited by multiple Ser phosphorylation, which allows partial production of IFN $\gamma$  in the memory Th2 cells. The GATA-3 protein stability is also regulated by ubiquitination. (C) Stimulation with TCR and IL-4 increases c-MAF expression and enhances c-MAF-mediated IL-4 production. While ubiquitination controls the protein stability of c-MAF, Tyr phosphorylation and SUMOylation are important in context-dependent modulation of IL-21 expression. (D) Blockade of IL-4 and IFN $\gamma$  signaling and stimulation with TGF $\beta$  and IL-6 induces the expression of ROR $\gamma$ t. For Th17 cell development, ROR $\gamma$ t enhances IL-17 transcription but inhibits IL-2 expression, whereas acetylation reverses these effects. SUMOylation and K63-linked polyubiquitination stabilize the ROR $\gamma$ t protein to elevate IL-17 production, while K48-linked polyubiquitination induces its proteasomal degradation. (E) Strong TGF $\beta$  stimulation in the absence of IL-4 and IFN $\gamma$  signaling increases various PTMs in FoxP3. Hyperacetylation, Arg methylation, O-GlcNAcylation, and Ser418 phosphorylation increase the FoxP3 stability to promote the Treg cell development. However, polyubiquitination and Ser422 phosphorylation reduce the amount and activity of FoxP3.

et al., 2006). FoxP3 is phosphorylated at multiple sites of the N- and C-terminal domains by the serine/threonine protein kinases Pim-1, Pim-2, and cyclin-dependent kinase-2 (cdk2). Its phosphorylation at Ser418 upon TCR stimulation allows its DNA-binding activity to be maintained and induces its target gene transcription in Treg cells (Nie et al., 2013). However, under inflammatory conditions, protein phosphatase-1 and Pim-1 kinase induced by TNF $\alpha$  and IL-6, respectively, promote the dephosphorylation of FoxP3 at Ser418. In addition, FoxP3 phosphorylation at Ser422 results in the inhibition of FoxP3 binding to the target gene promoter and the reversal of FoxP3-mediated gene expression (Li et al., 2014; Nie et al., 2013). Moreover, FoxP3 is phosphorylated at multiple sites in the N-terminal domain, including Ser19 and Ser175, by cdk2 and Pim-2, which negatively regulate FoxP3 protein stability and activity (Deng et al., 2015; Morawski et al., 2013). The protein stability of FoxP3 is additionally modulated by acetylation/deacetylation and ubiquitination (Beier et al., 2011; Li et al., 2007; van Loosdregt et al., 2013a). The HAT p300 and the HDAC SIRT1 reciprocally regulate the protein stability of FoxP3 through inhibition and induction of ubiquitin-proteasomal degradation, respectively (Kwon et al., 2012; van Loosdregt et al., 2010; 2011; Wang et al., 2009). FoxP3 undergoes protein degradation through the polyubiquitination of multiple lysines, which is suppressed by the deubiquitinases USP7 and USP21 (Li et al., 2016; van Loosdregt et al., 2013a). Interestingly, FoxP3 undergoes O-linked glycosylation (O-GlcNAcylation) via the addition of N-acetylglucosamine (GlcNAc), which contributes to the FoxP3 protein stability

and STAT5 activation in Treg cells (Liu et al., 2019). By contrast, O-GlcNAcylation of c-Rel at Ser350 suppresses FoxP3 gene transcription through repression of its binding to the FoxP3 gene promoter (de Jesus et al., 2021). Simultaneously, O-GlcNAcylation of c-Rel enhances the c-Rel-mediated expression of IL-2 and IFN $\gamma$  (Ramakrishnan et al., 2013). Further studies are required to identify the effect of O-GlcNAcylation on T cell transcription factors and their functions in immune response (Chang et al., 2020). Furthermore, FoxP3 is arginine mono- and di-methylated at Arg48 and Arg51 by PRMT1 and at Arg27, Arg51, and Arg146 by PRMT5, which are essential for enhancing FoxP3-mediated Treg cell function (Kagoya et al., 2019; Nagai et al., 2019) (Fig. 3E).

### NEW INSIGHTS INTO PROTEIN ARGININE MODIFICATIONS DURING Th CELL DIFFERENTIATION

Arginine and lysine are positively charged basic amino acids abundantly found in cellular proteins, and important for controlling protein stability by forming electrostatic interactions on the protein surfaces (Kumar et al., 2000). In particular, the arginine residue provides the protein structure with more stability than lysine due to three asymmetrical nitrogen atoms (Donald et al., 2011). While lysine modifications include acetylation, succinylation, methylation, and ubiquitination, arginine residues in many proteins limitedly undergo citrullination and methylation. Arginine modifications are commonly in histones and important for DNA replication, repair, and transcription. Defects in protein arginine-modifying enzymes



**Fig. 4. Protein arginine-modifications in CD4<sup>+</sup> Th cells.** Either TCR stimulation or cytokines may induce the expression and activity of protein arginine-modifying enzymes in CD4<sup>+</sup> Th cells. PADs induce the conversion of Arg to citrulline of GATA-3 and ROR $\gamma$ t and PRMTs integrate monomethyl and dimethyl group into Arg of GATA-3, ROR $\gamma$ t, and FoxP3. In addition to the methylation and citrullination, GATA-3 is additionally acetylated by p300 HAT and subsequently promotes the Th2 cell development. Ac, acetylation; Cit, citrullination; G, glycosylation; Me, mono- & di-methylation.

and wrongly modified arginine residues in histones are closely associated with the development of arthritis, cancer, heart disease, diabetes, and neurodegenerative diseases (Yang and Bedford, 2013). Arginine modifications in non-histone proteins has only recently emerged, and there is an increasing body of that arginine-modifying enzymes and arginine modifications in non-histone proteins are important for cellular signaling and immune regulation (Boisvert et al., 2005; Curran et al., 2020; Fuhrmann et al., 2015; Swiercz et al., 2007). Protein arginine residues are converted into citrulline via the action of protein arginine deiminases (PADs), which play an important role in the pathogenesis of Th cell-associated autoimmune diseases (Curran et al., 2020; Liu et al., 2018). PAD2 induces the citrullination of both GATA-3 and ROR $\gamma$ t. Although the methylation and acetylation of GATA-3 at the arginine residues enhance IL-4 and IL-5 production, citrullination of GATA-3 at Arg330 decreases GATA-3 binding to the promoter of Th2 cytokine genes. However, citrullination of ROR $\gamma$ t at 4 arginine residues (Arg56, Arg59, Arg77, and Arg90) strengthens its DNA-binding activity and IL-17 production (Sun et al., 2019). PAD4 expression is also associated with the severity of Th17-related rheumatoid arthritis, but the detailed molecular mechanisms have not yet been elucidated (Harris et al., 2008). Arginine conversion to citrullination seems to activate Th17 cell development but suppress Th2 cell differentiation (Fig. 4). In addition, monomethylation and asymmetric dimethylation of FoxP3, which are caused by PRMT1 at Arg48 and Arg51 enhance FoxP3 expression and promote the immune suppressive activity of Treg cells (Kagoya et al., 2019). PRMT1 directly associates with ROR $\gamma$ t and promotes Th17 cell development, whereas PRMT1 inhibition selectively decreases the number of Th17 cells but increases that of FoxP3+ Treg cells through reciprocal recruitment of STAT3 and STAT5 (Sen et al., 2018). In addition, PRMT5 is suggested to be a critical regulator of the expansion and survival of Th cells through monomethylation and asymmetric dimethylation (Snyder et al., 2020; Tanaka et al., 2020; Webb et al., 2017). However, the factors that are methylated by PRMTs during Th cell differentiation remain to be clarified. Therefore, we suggest that protein arginine modifications in transcription factors play positive roles in the activation of Th cell lineage specification and immune response via activation of their DNA-binding and transcriptional activities and suppression of inactivation by other PTMs.

## CONCLUSION

In this review, we summarized the current understandings of PTMs of several transcription factors that play crucial roles in the Th cell lineage specification and modulation of immune functions of effector Th (Th1/Th2/Th17) and Treg cells. PTMs, including phosphorylation, acetylation, methylation, O-GlcNAcylation, SUMOylation, and ubiquitination alter the DNA-binding activity of the transcription factors and regulate their interactions with other proteins, affecting subcellular localization, transcriptional activity, and protein stability. We additionally focused on immune regulation by protein arginine-modifying enzymes, particularly PADs and PRMTs, in Th cell differentiation. Despite the importance of PTMs in effec-

tor Th and Treg cells, several fundamental questions remain unanswered. Which of TCR stimulation and cytokine signaling induces and activates protein-modifying enzymes in Th cells? How do protein-modifying enzymes select target proteins among various transcription factors? Which protein-modifying enzymes play dominant roles in modifying transcription factors? What percentage of all proteins go through PTMs? It is unclear whether and how one type of PTM controls another in a single protein. Given the functional plasticity of Th cell subsets, further studies on the characterization and functional correlation of additional PTMs should be explored. A profound understanding of PTMs will clarify the correlation between protein structure and function and provide beneficial information for the development of preventive and therapeutic drugs based on the regulation of PTMs.

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## AUTHOR CONTRIBUTIONS

H.K.K. and M.G.J. summarized Th1-, Th2-, and Th17-specific transcription factors. E.S.H. summarized the outline and wrote the manuscript.

## CONFLICT OF INTEREST

The authors have no potential conflicts of interest to disclose.

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