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Senescent neurophysiology: Ca²⁺ signaling from the membrane to the nucleus

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Abstract

The current review provides a historical perspective on the evolution of hypothesized mechanisms for senescent neurophysiology, focused on the CA1 region of the hippocampus, and the relationship of senescent neurophysiology to impaired hippocampal-dependent memory. Senescent neurophysiology involves processes linked to calcium (Ca²⁺) signaling including an increase in the Ca²⁺-dependent afterhyperpolarization (AHP), decreasing pyramidal cell excitability, hyporesponsiveness of N-methyl-D-aspartate (NMDA) receptor function, and a shift in Ca²⁺-dependent synaptic plasticity. Dysregulation of intracellular Ca²⁺ and downstream signaling of kinase and phosphatase activity lies at the core of senescent neurophysiology. Ca²⁺-dysregulation involves a decrease in Ca²⁺ influx through NMDA receptors and an increase release of Ca²⁺ from internal Ca²⁺ stores. Recent work has identified changes in redox signaling, arising in middle-age, as an initiating factor for senescent neurophysiology. The shift in redox state links processes of aging, oxidative stress and inflammation, with functional changes in mechanisms required for episodic memory. The link between age-related changes in Ca²⁺ signaling, epigenetics and gene expression is an exciting area of research. Pharmacological and behavioral intervention, initiated in middle-age, can promote memory function by initiating transcription of neuroprotective genes and rejuvenating neurophysiology. However, with more advanced age, or under conditions of neurodegenerative disease, epigenetic changes may weaken the link between environmental influences and transcription, decreasing resilience of memory function.

Keywords

Aging; Hippocampus; Afterhyperpolarization; Synaptic plasticity; N-methyl-D-aspartate receptor; Transcription; Epigenetics

1. Introduction

Aging is associated with a weakening of executive function, and processing speed; however, the most notable decline is observed as impaired episodic memory, including spatial memory (Foster, Defazio, & Bizon, 2012; Hughes, Agrigoroaei, Jeon, Bruzese, & Lachman, 2018; Roberson et al., 2012). Episodic memories are flexible and rapidly acquired

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such that episodic information can be updated from moment to moment over the course of training. Impairment in flexible memory processes that depend on the hippocampus are a common complaint of aging, partly due to the emergence of deficits in middle-age. Thus, much of the research on neural mechanisms of cognitive aging has concentrated on the hippocampus and hippocampal-dependent episodic memory (Foster et al., 2012; Foster, 1999, 2012).

During the 1980s, fundamental research characterized hippocampal senescent neurophysiology, including decreased CA1 pyramidal cell excitability and altered synaptic plasticity (Barnes & McNaughton, 1985; Barnes, 1979; Disterhoft, Thompson, Moyer, & Mogul, 1996; Landfield & Pitler, 1984; Pitler & Landfield, 1990), processes linked to calcium (Ca^{2+}) signaling. The results provided a foundation for the Ca^{2+} hypothesis of aging and Alzheimer's disease, which suggested that long-term Ca^{2+} dysregulation and oxidative stress would, over time, result in neuronal death (Harman, 1981; Khachaturian, 1989, 1994; Siesjo, 1981). However, the revelation that normal aging is not associated with a loss of hippocampal neurons (West, Coleman, Flood, & Troncoso, 1994) and the accumulation of research demonstrating that age-related cognitive decline is less severe than that of patients with neurodegenerative disease that damage the hippocampus (Foster, 1999), prompted a reconsideration of the link between Ca^{2+} dysregulation and memory impairment. Similarly, ideas about the role of oxidative stress in brain aging have evolved over the past forty years to suggest that, rather than oxidative damage observed for neurodegenerative diseases, aging is associated with a shift in redox signaling involved in Ca^{2+} regulation (Kumar, Yegla, & Foster, 2017). This review is centered on neurons, although age-related changes have been noted for other senescent cell types (Yeoman, Scutt, & Faragher, 2012). The review describes Ca^{2+} -dependent hippocampal senescent physiology, specifically an increase in the afterhyperpolarization (AHP) and hypofunction of N-methyl-D-aspartate (NMDA) glutamate receptors. Furthermore, these processes interact to alter synaptic plasticity. In addition, the review covers recent research that defines a role for redox state as a mechanism for Ca^{2+} dysregulation. Finally, with the development of molecular techniques, current research suggests that epigenetic mechanisms could provide the link between environmental influences on senescent physiology and variability in the trajectory of cognitive decline.

2. An increase in the AHP during aging

A major line of evidence for the original Ca^{2+} hypothesis of brain aging came from intracellular recordings of CA1 pyramidal cells by Landfield and associates (Landfield & Pitler, 1984; Thibault, Gant, & Landfield, 2007). These recordings revealed an age-related increase in the Ca^{2+} activated, and K^{+} -mediated, AHP that follows a burst of action potentials (Fig. 1A). An increase in the amplitude of the AHP is now a well-established marker of aging in CA1 pyramidal neurons and has been observed in rabbits, mice, and rats, both male and female (Disterhoft et al., 1996; Kaczorowski & Disterhoft, 2009; Kumar and Foster, 2002, 2004; Landfield & Pitler, 1984; Murphy, Shah, Hell, & Silva, 2006; Power, Wu, Sametsky, Oh, & Disterhoft, 2002; Tombaugh, Rowe, & Rose, 2005). The larger hyperpolarization influences the relative refractory period of the action potential, reducing the number of action potentials evoked during depolarization (spike frequency accommodation) and shifts the discharge activity evoked by distinct patterns of afferent

stimulation (Gant & Thibault, 2009). Reduced cell excitability may influence signal processing and input-output relationships, contributing to age-related differences in the stability or modifiability of environmentally evoked and behaviorally relevant hippocampal cell discharge activity (Barnes, Suster et al., 1997; Shen, Barnes, McNaughton, Skaggs, & Weaver, 1997; McEchron, Weible, & Disterhoft, 2001; Yan, Zhang, Roder, & McDonald, 2003).

Importantly, the age-related increase in the AHP is specific to distinct neuronal populations. In the prefrontal cortex of aged monkeys, an increase in the AHP is observed, mainly in layer 3 relative to layer 5 pyramidal cells (Luebke & Amatrudo, 2012; Luebke & Chang, 2007) and in layer 3 neurons relative to layer 2 neurons of the medial entorhinal cortex of the aging rat (Gant, Kadish et al., 2018). In the hippocampus, an age-related increase in the AHP is unique to CA1 pyramidal cells, and is not observed in CA3 pyramidal cells (Simkin et al., 2015) or dentate gyrus granule cells (Baskys, Niesen, & Carlen, 1987). While the mechanism for neuronal specificity is unclear, several groups have suggested that specificity arises due to differences in vulnerability to oxidative stress, Ca^{2+} dysregulation, and excitotoxicity of the different regions (Du, Eid, Lothman, Kohler, & Schwarcz, 1995; Jackson, Rani, Kumar, & Foster, 2009; Burger, 2010; Wang & Michaelis, 2010; Zeier et al., 2011; Ianov, De Both et al., 2017; Datta & Arnsten, 2018).

In order to understand the role of an increase in the AHP amplitude in age-related memory impairment, it is important to revisit ideas about the role of the AHP in hippocampal-dependent learning and memory. From a scientific and historical perspective, it is interesting to note that around the time that the AHP was reported to increase in region CA1 with age, Disterhoft and colleagues demonstrated an increase in cell excitability and decrease in the amplitude of the AHP in CA1 pyramidal cells, associated with behavioral conditioning (Coulter et al., 1989; de Jonge, Black, Deyo, & Disterhoft, 1990; Disterhoft, Coulter, & Alkon, 1986; Moyer, Thompson, & Disterhoft, 1996; Thompson, Moyer, & Disterhoft, 1996). The time course for the reduction in the AHP, which lasts several days following learning, suggested that increased excitability might enhance correlated neuronal activity, promoting the transfer of information from the hippocampus to the cortex during memory consolidation (Oh, Oliveira, & Disterhoft, 2010). In this case, it would be important to demonstrate that only those neurons involved in encoding the memory are the neurons that exhibit a decrease in the AHP and increase activity during consolidation. Alternatively, a generalized increase in cell excitability can contribute to learning. For example, learning and memory are facilitated by pharmacological treatments that reduce the AHP amplitude including neuromodulators (e.g. acetylcholine and norepinephrine), hormones (e.g. insulin and estrogen), and Ca^{2+} and K^{+} channel blockers (Disterhoft et al., 1999; Kumar & Foster, 2002; Maimaiti et al., 2017; Messier et al., 1991; Thomas, 2015; Thompson, Deyo, & Disterhoft, 1990).

Another indication that the AHP regulates learning comes from studies demonstrating that prior training on tasks that increase CA1 cell excitability can facilitate acquisition of other hippocampal-dependent behaviors (Kuo, Lee, & Disterhoft, 2006; Zelcer et al., 2006). Together, the data point to the AHP amplitude as a critical factor for successful learning. In the case of aged animals, the baseline AHP amplitude is larger; however, treatments to

reduce the AHP also facilitate learning in older animals (Deyo, Straube, & Disterhoft, 1989; Oh et al., 2010). Similarly, genetic knockout of the potassium channel, $K_v\beta 1.1$, reduces the AHP of old animals to a level similar to that observed in young animals and improves learning (Giese, Peters, & Vernon, 2001). Thus, the larger AHP with advanced age likely contributes to impaired learning.

3. NMDA receptor hypofunction and synaptic plasticity during aging

One proposed mechanism for AHP involvement in memory involves the regulation of neuronal depolarization required for Ca^{2+} -dependent synaptic plasticity, which is altered during aging (Fig. 1C) (Foster & Norris, 1997). Long-term potentiation (LTP) and long-term depression (LTD), two major forms of activity-dependent synaptic plasticity, are considered cellular correlates of learning and memory, and are studied extensively across various brain regions (Foster, 1999, 2012; Rosenzweig & Barnes, 2003). LTP is expressed as an increase in synaptic transmission mediated via α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) glutamate receptors. LTP is induced by a large rise in intracellular Ca^{2+} , mainly due to Ca^{2+} influx through NMDA receptor activation. In contrast, LTD is a decrease in AMPA receptor-mediated synaptic transmission and requires a modest rise in intracellular Ca^{2+} . Carol Barnes first demonstrated that induction of LTP in aging rats was problematic, requiring an increase in the number of bouts of patterned stimulation in order to obtain the same level of LTP as that observed in young animals. Furthermore, the fast rate at which LTP decayed back to baseline correlated with increased forgetting of older animals (Barnes & McNaughton, 1985; Barnes, 1979). Later studies indicated that an age-related increase in susceptibility to induction of LTD and reversal of LTP contributed to the decay of LTP and rapid forgetting (Foster & Kumar, 2007; Kumar & Foster, 2005; Norris, Korol, & Foster, 1996). The results are consistent with the idea that LTP represents a memory mechanism, while LTD may contribute to increased forgetting and suggests that age-related impairment in learning and memory are due to decreased propensity for induction of LTP and increased susceptibility to induction of LTD (Foster, 2012).

An age-related decrease in the NMDA receptor component of synaptic transmission is another consistent marker of senescent neurophysiology (Barnes, Rao et al., 1997; Bodhinathan, Kumar, & Foster, 2010b; Kumar & Foster, 2013; Lee, Kumar, Rani, & Foster, 2014; Guidi, Kumar, & Foster, 2015; Kumar, Rani, Scheinert, Ormerod, & Foster, 2018) (Fig. 1B). Activation of postsynaptic NMDA receptors requires the binding of glutamate in conjunction with postsynaptic depolarization. Thus, NMDA receptor hypofunction and hyperpolarization due to the larger AHP, likely contribute to a shift in synaptic plasticity (Foster & Norris, 1997; Foster, 1999, 2007, 2012; Norris et al., 1996). Consequently, it may be no coincidence that these three characteristics of senescent neurophysiology, an increase in AHP, a decrease in NMDA receptor synaptic transmission, and altered synaptic plasticity, emerge at approximately the same time, in middle-age (Gant, Sama, Landfield, & Thibault, 2006; Guidi et al., 2015; Kaczorowski & Disterhoft, 2009; Kumar & Foster, 2013). Moreover, these senescent physiology characteristics correlate with the extent of memory impairment (Barnes, 1979; Foster & Kumar, 2007; Kaczorowski & Disterhoft, 2009; Kumar & Foster, 2013; Kumar, Rani, Tchigranova, Lee, & Foster, 2012; Tombaugh et al., 2005).

The amplitude of the AHP provides a constraint on spike generation, postsynaptic depolarization required for NMDA receptor activation, and may determine the threshold for induction of LTP. The larger AHP can inhibit action potential generation and reduces the time window for spike-timing-dependent plasticity (Fuenzalida, Fernandez de Sevilla, & Buno, 2007; Gant & Thibault, 2009). In their commentary on hippocampal synaptic senescence, Foster and Norris (1997) noted that an age-related impairment in the induction of LTP is particularly apparent for afferent stimulation that approximates the endogenous theta rhythm (~3–15 Hz) and the burst pattern of hippocampal neurons (i.e. prime burst or theta burst stimulation) observed in the rodent hippocampus. For aged animals, the interval between a pair of theta burst episodes would result in synaptic activity for the second burst occurring near the peak hyperpolarization initiated from the previous burst of action potentials (Foster & Norris, 1997). The model for the interaction of LTPAHP predicted that the window of the AHP would shift the threshold stimulation frequency for induction of LTP (Foster, 1999). Construction of frequency-response curves confirmed that the threshold frequency for induction of LTP was ~3–15 Hz for young animals. For aged animals, the threshold frequency was shifted, such that stimulation in the theta range resulted in a plateau region of no synaptic plasticity or induction of LTD (Hsu et al., 2002; Kumar and Foster, 2007a). The importance of the AHP window for synaptic plasticity is emphasized by studies that demonstrate that treatments to reduce the AHP enabled the induction of a robust LTP following 5 Hz stimulation (5 Hz-LTP), specifically for aged animals (Kumar & Foster, 2004; Norris et al., 1998b). Interestingly, impairment in low frequency induction of LTP is associated with unstable hippocampal place cells (Rotenberg, Mayford, Hawkins, Kandel, & Muller, 1996), possibly due to weaker synaptic modifications during processes for establishing the place field.

4. Dysregulation of Ca²⁺ signaling and redox state

The regulation of intracellular Ca²⁺ and downstream signaling through kinase and phosphatase activity lies at the core of altered cell excitability and synaptic function associated with memory and with senescent physiology. During aging, the hippocampus exhibits a shift in the balance of kinase/phosphatase activity, favoring activation of the protein phosphatases, protein phosphatase 1 and the Ca²⁺-dependent phosphatase, calcineurin (Foster, Sharrow, Masse, Norris, & Kumar, 2001; Jouvenceau & Dutar, 2006; Kumar, Bodhinathan, & Foster, 2009; Monti, Berteotti, & Contestabile, 2005; Norris et al., 1998a). This shift, with higher phosphatase activity, contributes to an age-related decrease in synaptic transmission (Bodhinathan et al., 2010b; Norris et al., 1998a). In addition, the balance of kinase/phosphatase activity may contribute to the larger AHP and an inability of behavioral training to reduce the AHP in aged animals (Oh, McKay, Power, & Disterhoft, 2009; Zhang, Ouyang, Ganellin, & Thomas, 2013). The amplitude of the AHP is reduced by activation of protein kinase A (PKA) (Madison & Nicoll, 1982; Pedarzani & Storm, 1993) or inhibition of the phosphatase, calcineurin (Pedarzani, Krause, Haug, Storm, & Stuhmer, 1998; Vogalis, Harvey, & Furness, 2004). Interestingly, PKA activation does not reduce the AHP in animals that exhibit learning on hippocampal-dependent tasks suggesting that kinase activity contributes to the maintenance of the decrease in the AHP amplitude (Oh et al.,

2010). In this case, an increase in basal phosphatase activity during aging could preclude kinase activation, preventing a sustained decrease in the AHP.

The next question to address concerns the source of Ca^{2+} dysregulation. Ca^{2+} dysregulation may involve altered metabolism of aging (i.e. increased oxidative stress) and changes in the expression of genes/proteins involved in Ca^{2+} signaling. The major sources of the intracellular Ca^{2+} that contributes to the AHP is through influx from voltage gated Ca^{2+} channels and release of Ca^{2+} from intracellular Ca^{2+} stores (ICS). Initial evidence indicated involvement of L-type voltage gated channels, possibly due to increased expression of L-type channels near the site of the AHP generation (Nunez-Santana et al., 2014; Thibault & Landfield, 1996; Veng & Browning, 2002). Pharmacological blockade of L-channels reduces the AHP and promotes LTP in aged animals (Norris et al., 1998b). However, several studies suggest that the effects of L-channel antagonists are not age specific. First, L-channel antagonists enhance learning and memory in young and aged subjects (Foster, 2012). In addition, L-channel blockade decreases the AHP to the same extent (~30%) in young and aged animals (Power et al., 2002). The results suggest that other Ca^{2+} sources may underlie the age-related increase in the AHP.

Kumar, Foster, and associates established that the larger amplitude AHP involves an increase in release of Ca^{2+} from ICS. In this case, a small influx of Ca^{2+} is magnified through ryanodine receptor activation in a process known as Ca^{2+} induced Ca^{2+} release. The initial report demonstrated a greater reduction in the AHP amplitude in aged animals relative to young following ryanodine receptor blockade or depletion of Ca^{2+} from ICS (Kumar & Foster, 2004). Subsequent studies confirmed that removal of ICS as a source of Ca^{2+} reduced the AHP to a greater extent in aged animals (Bodhinathan et al., 2010a; Gant et al., 2006). Furthermore, the reduction in AHP amplitude permitted induction of 5 Hz-LTP (Kumar & Foster, 2004). The significance of ICS as a source for Ca^{2+} -dysregulation for senescent physiology is emphasized by the fact that, LTP, a process that depends on a large rise in intracellular Ca^{2+} , is facilitated in aged animals by decreasing intracellular Ca^{2+} coming from ICS.

The increase in Ca^{2+} from ICS likely involves altered function of ryanodine receptors. An age-related change in the expression of the ryanodine receptor regulatory protein, FK506-binding protein 1b, has been reported (Gant et al., 2011; Gant et al., 2015; Gant, Blalock et al., 2018). In addition, the function of the ryanodine receptor is redox sensitive (Bull et al., 2008; Kumar et al., 2017). The role of redox state in regulating the AHP through ryanodine receptor function and ICS was demonstrated by application of the reducing agent, dithiothreitol (DTT), which age-dependently decreased the AHP amplitude (Bodhinathan et al., 2010a) (Fig. 2A and B). For aged animals, the magnitude decrease (~50%) in the AHP was similar to that observed following ryanodine receptor blockade or depletion of Ca^{2+} from ICS. In fact, decreasing Ca^{2+} release from intracellular stores by application of thapsigargin or ryanodine prevented the DTT-mediated reduction of AHP (Fig. 2C). In contrast, blockade of L-type channels did not occlude the ability of DTT to reduce the AHP, indicating an explicit role for ICS in mediating DTT-effects. Further evidence for the idea that redox state underlies age-differences came from studies examining the effects of oxidizing agents, which mimicked the effects of aging, increasing AHP, specifically in

young animals (Bodhinathan et al., 2010a) (Fig. 2D). Thus, the effects of redox manipulations on the AHP are age specific and suggest that aged animals are in a more oxidized redox state.

In contrast to ICS, Ca^{2+} influx through NMDA receptors decreases with advancing age. However, like the AHP, NMDA receptor function is redox sensitive in an age-dependent manner. The initial study comparing age-dependent effects of oxidizing and reducing agents on the NMDA receptor synaptic response confirmed a more oxidized intracellular redox state during aging (Bodhinathan et al., 2010b). Thus, reducing agents produce a robust enhancement of NMDA receptor synaptic responses in older animals and oxidizing agents decrease the NMDA receptor synaptic response, specifically in young animals (Bodhinathan et al., 2010b; Guidi et al., 2015; Kumar & Foster, 2013; Kumar et al., 2018) (Fig. 3). The increase in NMDA receptor synaptic response following application of DTT is dependent on Ca^{2+} -calmodulin-dependent kinase II (CaMKII), such that blockade of CaMKII prevents the DTT-mediated NMDA receptor potentiation (Bodhinathan et al., 2010b).

The redox regulation of CaMKII and NMDA receptor function likely contributes to impaired LTP of NMDA receptor synaptic transmission in older animals (Clayton, Grosshans, & Browning, 2002) and impaired LTP of NMDA receptor synaptic transmission under oxidizing conditions in young animals (Bernard, Hirsch, Khazipov, Ben-Ari, & Gozlan, 1997). Similar to LTP of NMDA receptors in young animals (Aniksztejn & Ben-Ari, 1995; Bashir, Alford, Davies, Randall, & Collingridge, 1991; Berretta et al., 1991; Muller & Lynch, 1988; Xie, Berger, & Barrionuevo, 1992), the DTT-mediate increase in NMDA receptor function in aged animals requires NMDA receptor activity and Ca^{2+} influx to initiate trafficking of NMDA receptors to the synapse (Kumar, Thinschmidt, & Foster, 2019). In young animals, NMDA receptor trafficking is mediated by CaMKII binding to the GluN2B NMDA receptor subunit, increasing the contribution of GluN2B to the synaptic response (Barcomb, Hell, Benke, & Bayer, 2016; Barria & Malinow, 2002; Yan et al., 2011). Likewise, the DTT-mediated NMDA receptor potentiation in aged animals involves an increased contribution of GluN2B to the synaptic response (Fig. 4). The ratio of GluN2A/GluN2B determines the decay of the synaptic response with increasing duration of the response as the contribution of GluN2B increases (Flint, Maisch, Weishaupt, Kriegstein, & Monyer, 1997; Stocca & Vicini, 1998). DTT increased the half time of the decay of excitatory postsynaptic current (EPSC) ~2 fold in young and ~4 fold in aged animals (Fig. 4A and B). The increased contribution of GluN2B to the synaptic response was also evident in the effectiveness of selective GluN2 antagonists in reducing the peak response under control conditions and following DTT application (Fig. 4C). These results suggest that redox state influences the contribution of GluN2B to the synaptic response (Kumar et al., 2019). The redox-mediated decline in the ability to traffic GluN2B to the synaptic may be critical for understanding how aging contributes to age-related neurodegenerative diseases. Specifically, the balance of synaptic and extrasynaptic GluN2B subunit activity is thought to contribute to amyloid beta-mediated toxicity (Hardingham & Bading, 2010; Karpova et al., 2013; Mota, Ferreira, Pereira, Oliveira, & Rego, 2012; Ronicke et al., 2011). Moreover, a shift in synaptic and extrasynaptic GluN2B activity can disrupt transcriptional signaling from the synapse to the nucleus, altering the expression of genes for neuroprotection and maintenance of synaptic connectivity (Bading, 2017).

5. Signaling to the nucleus and epigenetics

Senescent physiology is expected to involve altered gene expression. For example, the AHP is increased several hours after glucocorticoid treatment, suggesting a role for gene transcription (Joels & de Kloet, 1989; Kerr, Campbell, Hao, & Landfield, 1989; Pillai, Henckens, Fernandez, & Joels, 2014). Similarly, estrogen can have rapid and long-term effects that mitigate senescent neurophysiology (Foster, 2005). Ca^{2+} influx through synaptic NMDA receptors and due to neuronal activity induces the expression of pro-survival genes, transcription factors, and synaptic component genes (Hardingham & Bading, 2010; Papadia, Stevenson, Hardingham, Bading, & Hardingham, 2005; Tan, Zhang, Hoffmann, & Bading, 2012). Examination of age-related changes in transcription in region CA1 indicates altered expression of genes for Ca^{2+} signaling, ion channels, and synaptic plasticity (Blalock et al., 2003; Ianov, Rani, Beas, Kumar, & Foster, 2016; Ianov, De Both et al., 2017). In the case of Ca^{2+} signaling, the direction of altered transcription and protein expression suggests that, rather than acting as the cause of Ca^{2+} -dysregulation, expression represents an attempt by CA1 neurons to compensate for a basal increase in intracellular Ca^{2+} (Ianov, De Both et al., 2017). Genes for proteins that facilitate Ca^{2+} entry or release from Ca^{2+} stores, as well as downstream Ca^{2+} signaling genes are decreased in animals that exhibit impaired episodic memory. For example, hippocalcin acts as Ca^{2+} sensors for the AHP, such that Ca^{2+} binding increases the AHP amplitude (Tzingounis, Kobayashi, Takamatsu, & Nicoll, 2007). Interestingly, decreased hippocalcin protein and mRNA has been reported in region CA1 during aging (Furuta, Kobayashi, Masaki, & Takamatsu, 1999; Ianov, De Both et al., 2017). A decrease in hippocalcin should decrease the AHP amplitude. Thus, while some transcriptional changes may contribute to senescent physiology, other modifications, such as the reduction in hippocalcin in memory-impaired animals, may represent a failed attempt to compensate for Ca^{2+} -dysregulation and senescent physiology.

One mechanism for influencing transcription to promote cell excitability involves the activity of the cAMP-responsive element-binding protein (CREB) transcription factor. The shift in kinase/phosphatase activity during aging, favoring phosphatase activity, results in a decrease in CREB phosphorylation, which correlates with impaired memory (Foster et al., 2001). Overexpression of CREB decreases the AHP amplitude indicating that CREB activity can regulate cell excitability (Lopez de Armentia et al., 2007; Viosca, Lopez de Armentia, Jancic, & Barco, 2009; Zhou et al., 2009). Interestingly, overexpression of CREB had no apparent effect on the acquisition of a spatial reference memory; however, increasing CREB levels improved retention in older animals (Yu, Curlik, Oh, & Yin, 2017). In addition, enhanced expression of constitutively active CREB facilitates induction and maintenance of LTP induced by threshold stimulation (Barco, Alarcon, & Kandel, 2002). The molecular mechanism for CREB effects is unknown, but may involve the expression of brain derived neurotrophic factor (BDNF) (Finkbeiner et al., 1997), which also acts to decrease the AHP (Kramar et al., 2004) and increase NMDA receptor function (Caldeira et al., 2007; Levine, Crozier, Black, & Plummer, 1998; Marie, Morishita, Yu, Calakos, & Malenka, 2005). Moreover, CREB is involved in the transcriptional regulation of genes that are neuroprotective against oxidative stress (Lee et al., 2009; St-Pierre et al., 2006; Tan et al., 2012).

6. Treatments to rejuvenate senescent neurophysiology and improve cognition

In considering possible treatment for an age-related decline in episodic memory, pharmacological treatments that reduce the AHP (Disterhoft et al., 1999; Kumar & Foster, 2002; Maimaiti et al., 2017; Messier et al., 1991; Thomas, 2015; Thompson et al., 1990) or enhance NMDA receptor function (Burgdorf et al., 2011; Portero-Tresserra et al., 2018; Thompson & Disterhoft, 1997) can improve cognitive function. However, it is currently unclear whether adverse reactions might also occur from long-term treatments.

The increase in AHP amplitude and NMDA receptor hypofunction emerge in middle-age as a component of reversible redox signaling rather than irreversible oxidative damage, which may occur with more advanced age or in neurodegenerative disease (Kumar et al., 2017). Thus, it may be possible to prevent or reverse senescent physiology by approaches that reduce redox stress. It is important to emphasize that treatments may want to focus on redox signaling rather than oxidative damage. Indeed, increasing the activity of the antioxidant enzyme, superoxide dismutase 1 (SOD1), decreases oxidative damage by converting the damaging molecule, superoxide, to the redox-signaling molecule, hydrogen peroxide. In this case, the excess hydrogen peroxide promotes senescent neurophysiology (Lee et al., 2012, 2014). In contrast, treatments to decrease hydrogen peroxide, by increasing activity of catalase, glutathione peroxidase, or increasing the level of redox buffers may ameliorate senescent physiology (Billard, 2015; Bodhinathan et al., 2010b; Braidy et al., 2014; Clausen, Xu, Bi, & Baudry, 2012; Haxaire et al., 2012; Lee et al., 2012, 2014; Liu et al., 2003; Martin et al., 2016; More et al., 2018; Parihar, Kunz, & Brewer, 2008; Robillard, Gordon, Choi, Christie, & MacVicar, 2011).

Inflammation is a source of redox stress and anti-inflammatory treatments have been reported to decrease the AHP (Blalock et al., 2010), diminish the age-related and redox-mediated NMDA receptor hypofunction, and improve memory, suggesting that inflammation contributes to cognitive impairment through an increase in redox stress (Kumar et al., 2018; Mesches et al., 2004). However, older individuals may have problems with efficacy and adverse effects of anti-inflammatory drugs (Barkin et al., 2010). Alternatively, behavioral modification of diet, exercise, or cognitive stimulation can promote successful aging, reducing inflammation and oxidative stress, possibly regulating senescent physiology (Bettio, Rajendran, & Gil-Mohapel, 2017; Rowe & Kahn, 1987). For example, cognitive stimulation through environmental enrichment or physical activity rejuvenates the AHP and synaptic plasticity in older animals (Kumar and Foster, 2007b; Kumar et al., 2012; Bettio et al., 2017; Di Benedetto, Muller, Wenger, Duzel, & Pawelec, 2017).

The mechanism for the effects of exercise and environmental enrichment are far from clear. One proposed mechanism involves feedback due to coordinated hippocampal neural activity associated with locomotion or environmental stimulation, which regulates gene expression possibly through epigenetic mechanisms, including DNA methylation (Barter & Foster, 2018; Kumar et al., 2012). In general, DNA methylation is associated with decreased transcription and aging is associated increase DNA methylation for genes normally activated during learning and by environmental stimulation (Ianov, Riva et al., 2017; Barter & Foster,

2018). The DNA methylation marks may be reversible due to behavioral training, inducing neural activity, and activation of signaling cascades (Barter & Foster, 2018; Penner et al., 2011, 2016). However, with advanced age, senescent physiology may result in a prolonged decrease in activation of transcription factors that support synaptic plasticity and neural activity. For genes that exhibit reduced transcriptional activity, passive DNA methylation may increase within the promoter and the gene body (Barter & Foster, 2018; Thurman, 2012). In turn, the increase in DNA methylation could reduce neuronal resiliency to behavioral stimulation, inhibiting or delaying transcription in response to transcriptional signals. Thus, cognitively impaired animals are characterized by decreased transcription and increased DNA methylation of genes involved in synaptic plasticity and ion channel signaling (Blalock et al., 2003; Ianov et al., 2016; Ianov, De Both et al., 2017; Rani et al., 2017).

In conclusion, in the CA1 region of the hippocampus, senescent neurophysiology is well-characterized and associated with impaired cognition. In particular, considerable research indicates that the larger AHP and hypofunction of NMDA receptors underlie a shift in synaptic plasticity, impairing the rate or extent of learning and increasing forgetting or impairing consolidation of episodic memory. We are at the early stages of understanding the molecular mechanisms for senescent physiology. Redox state provides a link between mechanisms of aging (oxidative stress and inflammation) and disruption of memory mechanisms (synaptic plasticity and NMDA receptor trafficking). Redox mediated senescent neurophysiology emerges in middle-age and may be rejuvenated by pharmacological or behavioral interventions. However, problems may compound with advanced aging due to the interaction of senescent physiology signaling to the nucleus and epigenetic mechanisms for the regulation of transcription. In addition, an understanding of how senescent physiology interacts with epigenetics and the environment to regulate neurodegenerative diseases of aging will be required in order to obtain optimal treatment plans.

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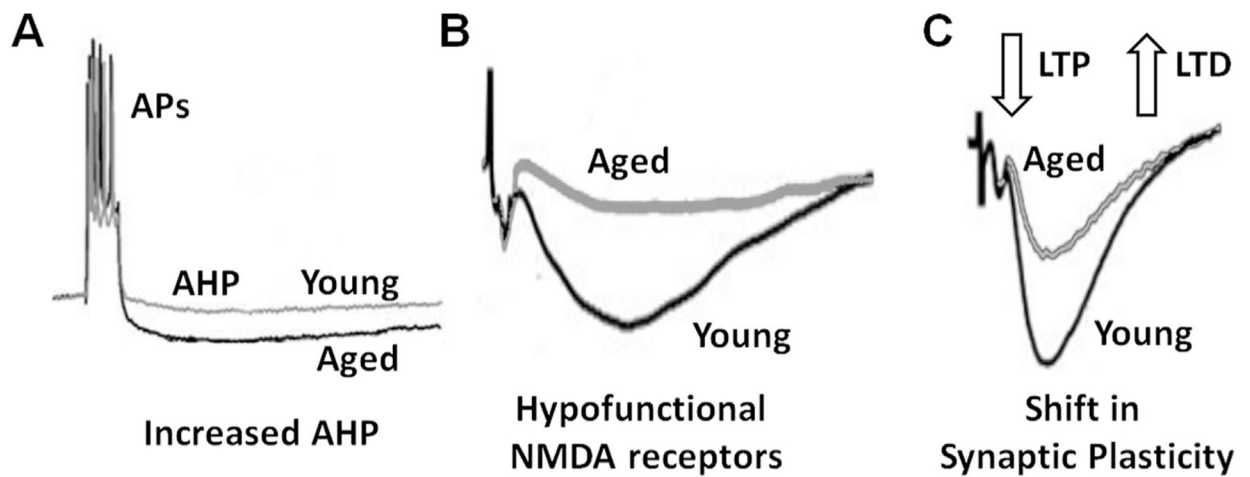


Fig. 1. Senescent neurophysiology. Senescent neurophysiology in the CA1 region of the hippocampus includes an increase in the afterhyperpolarization (AHP), a decrease in the NMDA receptor component of synaptic transmission, and a shift in synaptic plasticity. (A) A burst of action potentials (APs) initiates Ca^{2+} -dependent activation of K^+ channels resulting in a subsequent AHP. The amplitude of the AHP increases during aging. (B) Illustration of isolated NMDA receptor synaptic transmission. The NMDA receptor component of synaptic transmission decreases during aging. (C) The larger AHP and decrease in NMDA receptor function underlie a shift in synaptic plasticity, decreasing the probability or amplitude of LTP and increasing susceptibility for LTD.

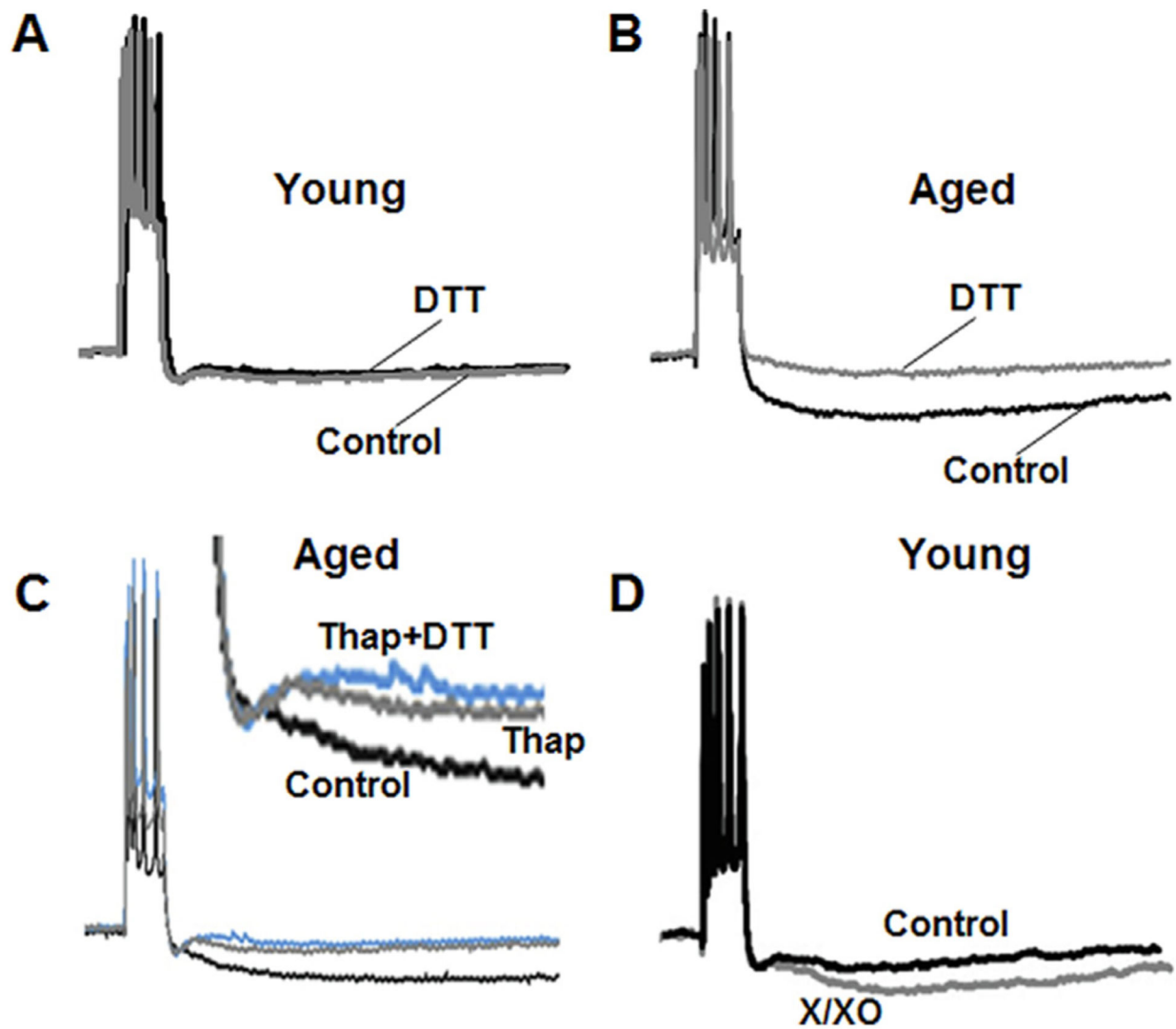


Fig. 2. Age-dependent redox regulation of the AHP through intracellular Ca^{2+} stores (ICS). Representative traces illustrating the change in the AHP of (A) young and (B) aged animals under control conditions (black line) and following application of the reducing agent, DTT (gray line). (C) The large AHP of older animals under control condition (black line) is reduced by depletion of Ca^{2+} from ICS by thapsigargin (gray line). Following depletion of ICS, DTT no longer reduces the AHP (blue line). (D) In young animals, the smaller AHP recorded under control conditions (black line) increases under oxidizing conditions following application xanthine/xanthine oxidase (X/XO) (gray line). Figure adapted from Bodhinathan et al. (2010a).

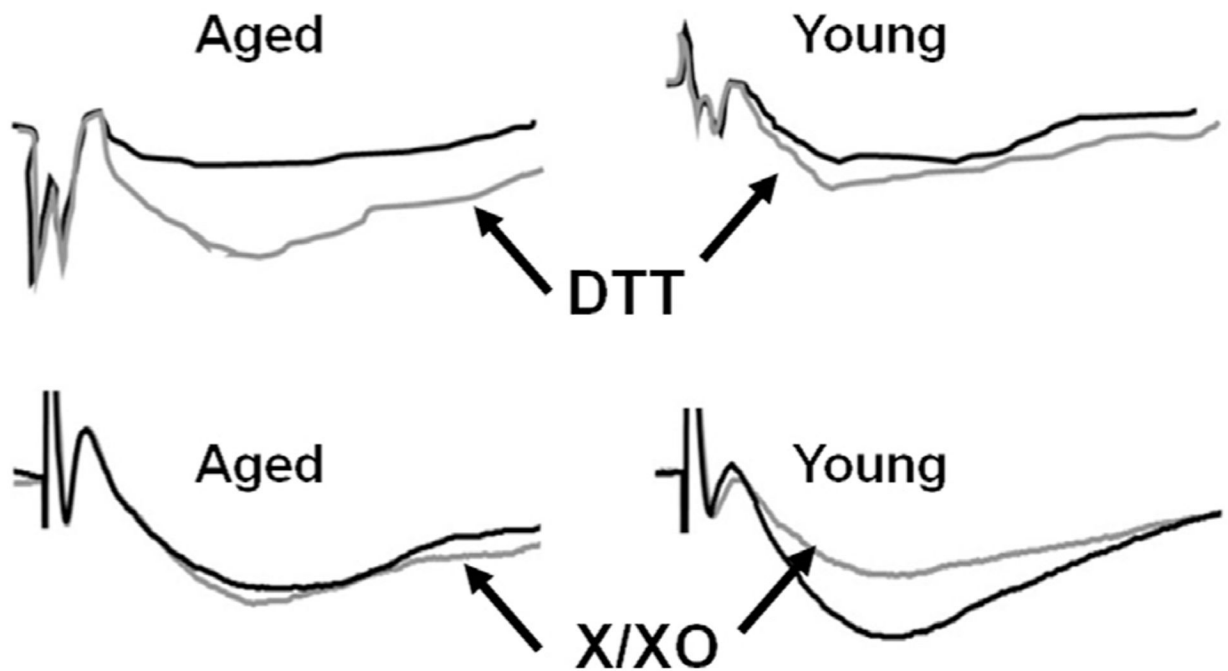


Fig. 3. Age-dependent redox regulation of the NMDA receptor component of synaptic transmission. The top panels illustrate the response under control conditions (black line) for aged (left) and young (right) and following application of the reducing agent, DTT (gray line). DTT induces a large increase in the NMDA receptor response in older animals. The bottom panel illustrates the response under control conditions (black line) for aged (left) and young (right) and following application of the oxidizing agents, X/XO (gray line). Oxidizing conditions decrease the NMDA receptor response in young animals. Figure adapted from Bodhinathan et al. (2010b).

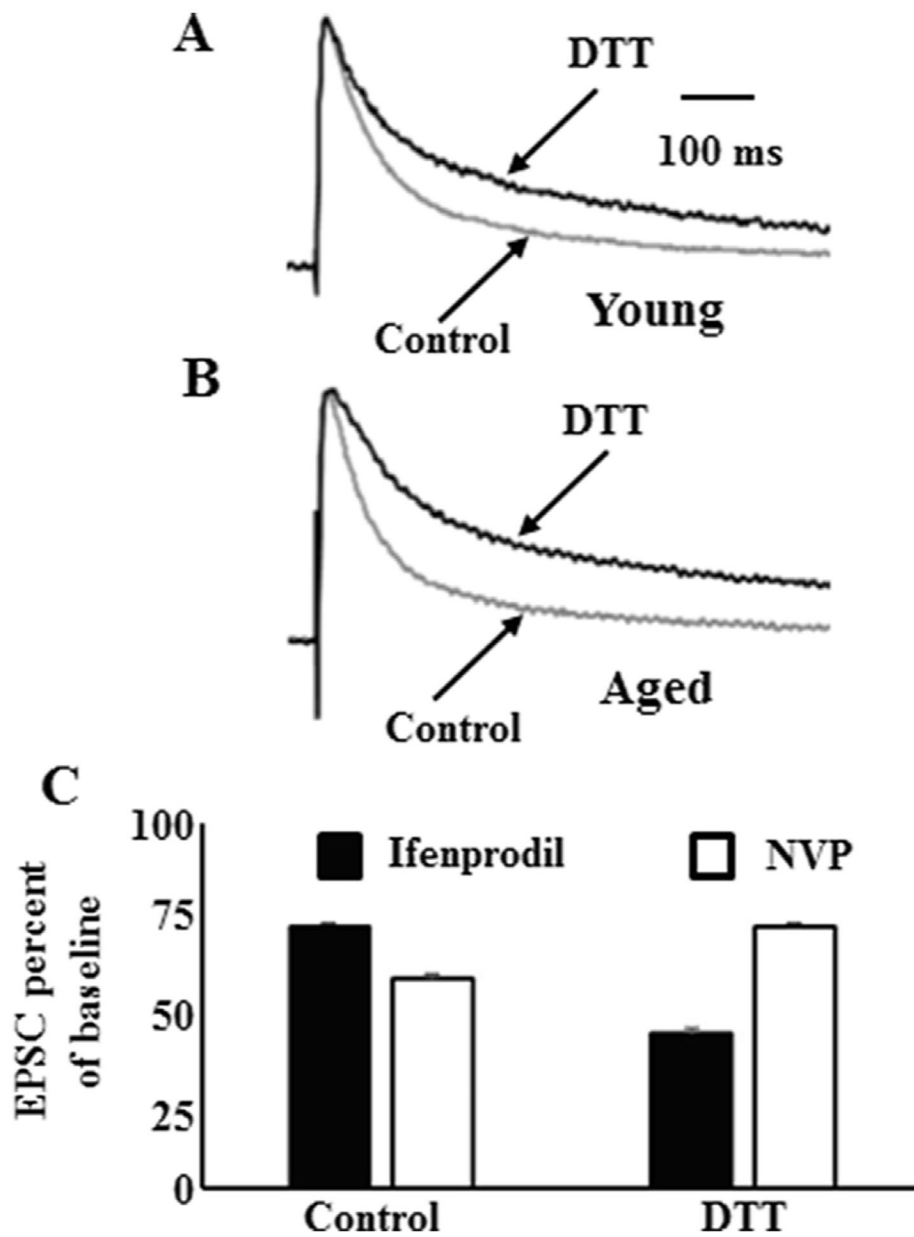


Fig. 4. Redox state regulates the contribution of GluN2B to the synaptic response. Time course of EPSC response amplitude normalized to the peak of the response and averaged across all CA1 pyramidal cells in the control condition (gray trace) and in the presence of DTT (black trace). Recordings from (A) young animals and (B) aged animals. DTT increased the time to half decay ~ 2 fold in young and ~ 4 fold in aged animals. (C) Effect of subunit selective antagonists on the peak NMDA receptor EPSC in aged animals. In the control condition, the GluN2A selective antagonist, NVP, decreased the response more than the GluN2B selective antagonist, ifenprodil. In contrast, following the DTT mediated growth of the NMDA

receptor synaptic response; ifenprodil decreased the response more than NVP. Figure adapted from Kumar et al. (2019).

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