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ENTEROTOXIN PRODUCTION AT 4, 22,
AND 37°C BY YERSINIA ENTEROCOLITICA AND
YERSINIA ENTEROCOLITICA-LIKE BACTERIA
ISOLATED FROM PORCINE TONSILS
AND PORK PRODUCTS

By
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NESBAKKEN, T.: *Enterotoxin production at 4, 22, and 37°C by Yersinia enterocolitica and Yersinia enterocolitica-like bacteria isolated from porcine tonsils and retail pork products.* Acta vet. scand. 1985, 26, 13—20. — Altogether, 71 strains of *Yersinia enterocolitica* and *Yersinia enterocolitica*-like bacteria from porcine tonsils and pork products were examined for their ability to produce enterotoxin using the infant mouse assay. Of these, 37 strains (52.1 %) produced enterotoxin at 22°C, 3 were positive at 4 and 22°C, and 1 was enterotoxigenic at 22 and 37°C. No strain was positive at all 3 temperatures. The highest prevalence of enterotoxin production at 22°C was detected in serotype O:11 (80.0 %), followed by O:3/biotype 4 (74.2 %), and O:12 (66.7 %). Enterotoxin production at 4°C was recorded in 2 (15.4 %) of the *Yersinia kristensenii* strains (O:11, O:12) and 1 of the *Yersinia enterocolitica* strains (O:3) examined. One *Yersinia kristensenii* strain (O:11) was enterotoxigenic at 37°C. The results indicate that enterotoxin production is a common feature of yersiniae isolated from porcine tonsils and pork products in Norway and may represent a possible source of food borne intoxication.

Yersiniae; enterotoxigenicity; serotype; biotype; food intoxication.

Many human and environmental isolates of *Yersinia enterocolitica* and *Yersinia enterocolitica*-like bacteria produce a heat-stable enterotoxin in vitro at 20 to 30°C (*Pai et al.* 1978, *Kapperud* 1980).

The highest prevalence of enterotoxin production has been reported among human clinical isolates (*Pai et al.* 1978, *Boyce et al.* 1979, *Kapperud* 1980, *Kapperud et al.* 1980). However, none of the clinical isolates has so far been shown to produce entero-

toxin at human body temperature (*Kapperud* 1982). On the other hand, enterotoxin production at 37°C as well as at 4 and 22°C seems to be quite common in *Yersinia kristensenii* (*Kapperud & Langeland* 1981, *Kapperud* 1982).

It has been suggested that pigs and food products of porcine origin are the most important sources of human *Yersinia enterocolitica* infections (*Mollaret et al.* 1979, *Hurvell* 1981). These bacteria are common among Norwegian slaughter pigs and in retail pork products (*Nesbakken & Kapperud*, *Nesbakken et al.* in press). However, no information on enterotoxin production by porcine *Yersinia* isolates in this country has been previously published. This investigation was therefore carried out to obtain relevant data.

MATERIAL AND METHODS

Bacterial strains

Two different groups of strains were selected: (i) 53 strains isolated from porcine tonsils (*Nesbakken & Kapperud* in press) and (ii) 18 strains isolated from retail pork products (minced pork, forcemeat, pork chops) (*Nesbakken et al.* in press). The strains were biotyped and serotyped according to the methods and criteria of *Wauters* (1970, 1981) as described by *Nesbakken & Kapperud* (in press).

Preparation of sterile culture filtrates

Strains were inoculated into 5 ml tryptic soy broth (TSB) (Difco laboratories Inc., Detroit, Michigan, USA) with 0.6 % yeast extract (Difco). Broths were incubated in a roller drum (60 rev./min) for 48 h at 22 and 37°C, and for 1 week at 4°C, as described by *Kapperud* (1982). The cultures were subsequently centrifuged, and the supernatants filtered through Millipore filters (0.45 µm) under sterile conditions.

Enterotoxin assay

Enterotoxin activity was tested using the infant mouse assay (*Dean et al.* 1972). Sterile culture filtrates (0.1 ml) were administered by gastric tube into the stomachs of three 2—5 day — old mice as described by *Okamoto et al.* (1982). After being kept at room temperature for 4 h, the mice were killed, and the ratio of intestine weight to remaining body weight was deter-

mined. Ratios of ≥ 0.083 were accepted as positive (*Sack et al.* 1975). Strains which produced enterotoxin at 22°C were further tested at 4 and 37°C except strains belonging to biotype 4, serotype O:3 (only 4°C). The prevalence of enterotoxigenity varied with the source of isolation and with serotype affiliation.

RESULTS

Of 71 isolates of *Yersinia enterocolitica* and *Yersinia enterocolitica*-like bacteria, 37 (52.1 %) produced enterotoxin at 22°C

Table 1. Relationship between enterotoxin production and biotypes/serotypes of *Y. enterocolitica* and *Y. enterocolitica*-like bacteria isolated from porcine tonsils and pork products.

Species/Serotype	Strains isolated from porcine tonsils				Strains isolated from pork products			
	No. tested	No. positive at (°C)			No. tested	No. positive at (°C)		
		22	4	37		22	4	37
<i>Y. enterocolitica</i> biotype 4								
O:3	34	25	1	—*	1	1	0	—
<i>Y. enterocolitica</i> biotype 2								
O:5, 27	1	0	—	—				
<i>Y. enterocolitica</i> biotype 1								
O:5	2	0	—	—	3	1	0	0
O:6	2	0	—	—	1	0	—	—
O:7, 8	3	1	0	0				
O:10	1	0	—	—	1	0	—	—
O:25					2	1	0	0
O:41					1	1	0	0
NAG**	1	0	—	—				
<i>Y. kristensenii</i>								
O:3					1	1	0	0
O:5	1	0	—	—				
O:11	4	3	0	1	1	1	1	0
O:12					3	2	1	0
NAG	3	0	—	—				
<i>Y. intermedia</i>								
O:4, 33	1	0	—	—				
O:17					2	0	—	—
O:21, 46					1	0	—	—
NAG					1	0	—	—
Total	53	29	1	1	18	8	2	0

* Not tested at 4 or 37°C.

** NAG; not agglutinable with available antisera.

Table 2. Production of heat-stable enterotoxin by different *Yersinia* spp. isolated from porcine tonsils and pork products.

Species	Total no. of strains tested	No. (%) of strains enterotoxigenic at (°C)		
		22	4	37
			22	22
<i>Y. enterocolitica</i> biotype 4 (O:3)	35	26 (74.2)	1 (2.9)	—*
<i>Y. enterocolitica</i> biotype 2 (O:5, 27)	1	0	—	—
<i>Y. enterocolitica</i> biotype 1	17	4 (23.5)	0	0
<i>Y. kristensenii</i>	13	7 (53.8)	2 (15.4)	1 (7.7)
<i>Y. intermedia</i>	5	0	—	—
Total	71	37 (52.1)	3 (4.2)	1 (1.4)

* Not tested at 4 or 37°C.

as indicated by the infant mouse assay. Of these 37 strains, 3 were also positive at 4°C, and 1 was enterotoxigenic at 37°C. No strain was positive at all 3 temperatures (Tables 1 and 2).

Serotypes

Altogether, enterotoxin production was recorded for 8 (61.5 %) of the 13 serotypes examined (Table 1). The highest prevalence of enterotoxigenic strains at 22°C was seen in serotype O:11 (80.0 %), followed by O:3/biotype 4 (74.2 %), and O:12 (66.7 %). Enterotoxin production at 4 and 22°C was recorded for 2 (15.4 %) of the *Yersinia kristensenii* strains (O:11, O:12) and 1 of the *Yersinia enterocolitica* strains (O:) examined. One *Yersinia kristensenii* strain (O:11) was enterotoxigenic at 37 and 22°C.

Source of isolation

Enterotoxin production at 22°C was indicated in 29 (54.7 %) of 53 strains from porcine tonsils. One of these strains was enterotoxigenic at 4°C and another at 37°C. Eight (44.4 %) out of 18 strains isolated from porcine products evoked a positive reaction at 22°C, and 2 of these were also positive at 4°C (Table 1). Nevertheless, there was no significant difference ($P > 0.05$) in the prevalence of enterotoxin production at 22°C among strains

isolated from these 2 sources ($\chi^2 = 0.57$). However, these groups were not strictly comparable since the spectrum of serotypes isolated was substantially different.

DISCUSSION

Strains belonging to serotype O:3/biotype 4 are by far the most frequent causal agents of human *Yersinia enterocolitica* enteritis in Europe (Mollaret *et al.* 1979, Hurvell 1981). In Norway, more than 99 % of recorded cases are due to this variant (J. Lassen, pers. comm. 1984). This bio-serotype is a common inhabitant of the intestinal tract and oral cavity of pigs in this part of the world (Mollaret *et al.* 1979, Wauters 1979, Christensen 1980, Hurvell 1981, Nesbakken & Kapperud in press).

The present study indicates that almost three-quarters (74.2 %) of the O:3/biotype 4 strains isolated from porcine tonsils and food products of porcine origin in Norway (Table 2) are able to produce enterotoxin at 22°C. In comparison, enterotoxin production was registered in 20 (91.0 %) of 22 strains belonging to biotype 4, serotype O:3 isolated from human patients in this country (Kapperud 1980). In a study of porcine O:3 isolates from Sweden, only 38 % of the strains were enterotoxigenic, whereas 83 % of the human O:3 isolates were positive (Olsson *et al.* 1980). Schiemann (1980) reported that 11 of 12 O:3 isolates from pork products in Canada were enterotoxigenic.

Enteropathogenic strains of *Yersinia enterocolitica* harbour a particular species of plasmid DNA which is essential for the expression of virulence (Gemski *et al.* 1980, Portnoy *et al.* 1981, Vesikari *et al.* 1981). Presence of this plasmid is correlated with the capability of spontaneous autoagglutination (Vesikari *et al.* 1981). Accordingly, an autoagglutination assay (Laird & Cavanaugh 1980) has been described which provides a rapid and reliable presumptive indication of the virulence of *Yersinia enterocolitica* isolates. The autoagglutination characteristics of the strains included in the present study will be reported elsewhere (Nesbakken & Kapperud, Nesbakken *et al.* in press). Seven out of 21 (33.3 %) of the presumptive virulent O:3/biotype 4 strains lacked the ability to produce enterotoxin. Furthermore, 8 (30.8 %) of the enterotoxigenic strains were avirulent as judged by the autoagglutination assay. These results strongly indicate that enterotoxin production is neither necessary nor sufficient for

the expression of virulence in *Yersinia enterocolitica*. This conclusion is in accord with the results of other investigators (*Vesikari et al.* 1981, *Schiemann & Devenish* 1982). This is further supported by the fact that enterotoxin production at human body temperature is only detected in *Yersinia kristensenii*, a species with uncertain clinical importance. However, although the pathogenic significance of the heat-stable enterotoxin is dubious, the possibility still remains that enterotoxigenic strains may provoke food borne intoxication involving preformed enterotoxins (*Kapperud & Langeland* 1981). This assumption is based on observation that this toxin is able to resist gastric acid as well as the temperatures used in food processing and storage (*Boyce et al.* 1979). Enterotoxin production at 4°C which is a common storage temperature for perishable foods, has been found to be prevalent in *Yersinia kristensenii* (*Kapperud* 1982). In the present study enterotoxin production at 4°C was recorded for 2 (15.4 %) of the *Yersinia kristensenii* strains.

In conclusion, the present study demonstrates that enterotoxin production is common among porcine isolates of *Yersinia* in Norway. The question whether such strains are capable of causing food borne intoxication remains unsettled.

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SAMMENDRAG

Enterotoksinproduksjon ved 4, 22 og 37°C hos Yersinia enterocolitica og Yersinia enterocolitica-lignende bakterier isolert fra tonsiller hos gris og matvarer med svinekjøtt som vesentlig bestanddel.

I alt ble 71 stammer av *Yersinia enterocolitica* og *Yersinia enterocolitica*-lignende bakterier undersøkt for enterotoksinproduksjon in vitro (infant mouse assay). Trettisju (52,1 %) av stammene produserte enterotoksin ved 22°C, og 3 av dem ved 4 og 22°C, mens 1 stamme var enterotoksinproduserende ved 22 og 37°C. Høyeste frekvens av enterotoksinproduserende stammer ved 22°C ble funnet innen serotype O:11 (80,0 %), etterfulgt av O:3/biotype 4 (74,2 %) og O:12 (66,7 %). Enterotoksinproduksjon ved 4°C ble funnet hos 2 av *Yersinia kristensenii* — stammene (O:11, O:12) og 1 av *Yersinia enterocolitica* — stammene (O:3) som ble undersøkt. En *Yersinia kristensenii* — stamme (O:11) var positiv ved 37°C. Resultatene viser at enterotoksinproduksjon er svært vanlig hos *Yersinia*-bakterier isolert fra svinetonsiller og matvarer med svinekjøtt som vesentlig bestanddel i Norge.

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