

p-cymene impairs SARS-CoV-2 and Influenza A (H1N1) viral replication: *In silico* predicted interaction with SARS-CoV-2 nucleocapsid protein and H1N1 nucleoprotein

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Abstract

Therapeutic regimens for the COVID-19 pandemics remain unmet. In this line, repurposing of existing drugs against known or predicted SARS-CoV-2 protein actions have been advanced, while natural products have also been tested. Here, we propose that p-cymene, a natural monoterpene, can act as a potential novel agent for the treatment of SARS-CoV-2-induced COVID-19 and other RNA-virus-induced diseases (influenza, rabies, Ebola). We show by extensive molecular simulations that SARS-CoV-2 C-terminal structured domain contains a nuclear localization signal (NLS), like SARS-CoV, on which p-cymene binds with low micromolar affinity, impairing nuclear translocation of this protein and inhibiting viral replication, as verified by preliminary *in vitro* experiments. A similar mechanism may occur in other RNA-viruses (influenza, rabies and Ebola), also verified *in vitro* for influenza, by interaction of p-cymene with viral nucleoproteins, and structural modification of their NLS site, weakening its interaction with importin A. This common mechanism of action renders therefore

Abbreviations: CPE, cytopathic effect; DMEM, Dulbecco's modified essential medium; GRAS, generally recognized as safe; MD, molecular dynamics; MDCK, Madin-Darby Canine Kidney cells; MEM, minimal essential medium; MSM, Markov state modeling; N, SARS-CoV-2 nucleocapsid protein; N-CTD, SARS-CoV-2 N protein C-terminal domain; NES, nuclear export signal; NLS, nuclear localization signal; N-NTD, SARS-CoV-2 N protein N-terminal domain; NP, nucleoprotein; PDB, protein database; Rg, radii of gyration; RMSD, root mean square deviation; RT-PCR, real-time quantitative PCR; Vero cells, Verdo reno cells.

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p-cymene as a possible antiviral, alone, or in combination with other agents, in a broad spectrum of RNA viruses, from SARS-CoV-2 to influenza A infections.

KEYWORDS

Ebola, importin A, influenza A, nucleocapsid protein, nucleoprotein, p-cymene, rabies, SARS-CoV-2

1 | INTRODUCTION

An unforeseen International effort led to the identification of the cause of the novel COVID-19 disease (the SARS-CoV-2 virus) and the detailed analysis of its genome,¹ a few months since its outbreak. Sustained academic and industrial effort led to the production of successful vaccines,²⁻⁴ or vaccine candidates,^{5,6} based on different technologies (see Ref. [7] for an exhaustive analysis of technologies and report of all candidate vaccines). However, an efficient dedicated therapy has not yet been advanced. Actual therapeutic approaches comprise antibodies or antibody cocktails against the spike protein of the virus, employed for host cell entry.^{8,9} In addition, a number of alternative viral targets are actually explored as potential drug candidates.¹⁰⁻¹³ Indeed, the viral genome, one of the longest found in RNA viruses, codes for a number of distinct proteins, comprising a small (pp1a) and large (pp1ab) polyprotein (gene ORF1ab), while other genes (S, E, M, and N) encode the structural proteins Spike, Envelope, Membrane, and Nucleocapsid, respectively. Ten open reading frames (ORF1-ORF10) encode accessory proteins with speculated functionality.¹⁴ A number of these proteins have been investigated as potential drug targets. Finally, the in-depth analysis of viral biology and its interaction with cellular mechanisms led to repurposing of a number of drugs, with the notable recent paradigm of colchicine.^{15,16}

The **nucleocapsid (N) protein** is one of the most important SARS-CoV-2 proteins.¹⁷ A detailed analysis of this protein has been recently published.¹⁸ The authors report that N-protein plays an important role in viral replication, assembly, and immune regulation. Although the full crystal structure of the protein has not yet been resolved, they report that SARS-CoV-2 N protein possesses a very high homology with the **SARS-CoV N protein**. Both contain two structural domains (N-Terminal Domain, NTD and C-Terminal Domain, CTD), linked by a non-structured protein part. Previous studies revealed that coronavirus N-NTD is the RNA-binding domain, while N-CTD is the dimerization domain, that also has a certain RNA-binding activity. This plurality of N actions makes it a good candidate for therapy. It is to note that, although N is an internal viral protein, the presence of IgA, IgM, and IgG antibodies against N antigen in the sera of COVID-19 infected patients has been reported by immunoblot assays, indicating its importance in host immunity.¹⁷ Interestingly, previous reports (see Ref. [19] and references therein) revealed the

Significance Statement

p-cymene inhibits SARS-CoV-2 and impairs Influenza H1N1 viral replication, *in vitro*, at non-toxic concentrations. This action is exerted by p-cymene interaction with SARS-CoV-2 nucleocapsid and influenza nucleoprotein, as revealed by extensive *in silico* molecular simulation and molecular dynamics. We propose p-cymene as a possible antiviral agent, alone or as an adjuvant therapeutic, in cases of COVID-19, or other diseases caused by RNA-viruses.

existence of nuclear localization signals (NLS), especially in the CTD part, as well as nuclear export signals (NES) in SARS-CoV virus N, suggesting that this RNA-binding protein may serve as a dynamic shuttle between the cytoplasm, nucleus, and nucleolus.

Among the multitude of products tested against the COVID-19 disease, a number of natural products have been assayed (critically reviewed in Ref. [20] and references therein), targeting mainly the viral proteases *in vitro*. However, no natural product has been proposed to target the N protein. Recently, we have reported that a combination of three aromatic plants (*Thymbra capitata* (L.) Cav., *Origanum dictamnus* L., *Salvia fruticosa* Mill.,²¹ and references therein) is efficient against upper respiratory tract viral infections. Further *in vitro* studies revealed that a primary target of this preparation is the viral nucleoprotein (NP), inhibiting its nuclear translocation,²² and impairing viral protein transcription, while a proof-of-concept clinical trial suggests a possible action of the preparation in mild, ambulatory, COVID-19 positive patients (Lionis et al.²³). Based on these data, we have analyzed, *in silico*, the different constituents of our preparation, against the SARS-CoV-2 N protein and other viral NPs (influenza, rabies, Ebola). Here, we report that p-cymene, a natural monoterpene, at non-toxic concentrations, impairs viral replication. *In silico* molecular simulation and molecular dynamics (MD) studies suggest that p-cymene can bind to the CTD part of SARS-CoV-2 N protein, as well as to influenza, rabies, Ebola NPs. We further report that p-cymene impairs viral infection *in vitro*. Therefore, p-cymene might represent a valid therapy, alone or in combination with other drugs, in cases of COVID-19, or other diseases caused by RNA-viruses.

2 | MATERIAL AND METHODS

2.1 | Docking simulations

The sequence of nucleocapsid proteins from SARS-CoV-2, influenza, Ebola and rabies viruses, in fasta format, was retrieved from the NCBI protein database (<https://www.ncbi.nlm.nih.gov/protein/>) and introduced to the GalaxyWeb server (<http://galaxy.seoklab.org/>), routine TMB.^{24–27} For SARS-CoV-2 CTD, we used a model based on the PDB 6WJI crystal,²⁸ while for influenza, rabies and Ebola NP, we have relied on the models from the GalaxyWeb, as these proteins have not yet been crystalized. p-cymene mol2 file format was prepared by the OpenBabel program (<http://openbabel.org>).²⁹

Each protein (in pdb format) and ligand (in mol2) files were uploaded to the GalaxyWeb server and a fully flexible docking (involving the receptor and the ligand) was performed, followed by optimization and subsequent refinement, through the GalaxyRefine algorithm.^{24,27} The best solution (denoted as “Model 1”) was retained. The corresponding pdb file (containing the protein–ligand complex) was retrieved. The 3D structures of the ligated and unligated N protein were compared and the root mean square deviation (RMSD) was calculated by UCSF Chimera 1.11.2 program.³⁰

The sequence of human coronavirus 229E nucleocapsid protein mRNA (GenBank: J04419.1), part of the whole SARS-CoV-2 mRNA, was used as a template, in order to simulate the interaction of SARS-CoV-2 N-protein-viral mRNA. It was introduced to the RNAfold web server (<http://rna.tbi.univie.ac.at/cgi-bin/RNAWebSuite/RNAfold.cgi>) to predict the secondary structure of the single-stranded RNA sequence, by using minimum free energy prediction.³¹ The resulting mRNA secondary structure was then introduced to the RNAComposer server (<http://rnacomposer.cs.put.poznan.pl/>),^{32,33} a fully automated modeling service, which returned a single 3D-RNA structure model of the viral mRNA.

For protein–protein and protein–RNA interactions, we have used the HEX 8.0.0 program (<http://hex.loria.fr/>).³⁴

2.2 | Molecular dynamics

The crystal structure of the SARS-CoV-2 nucleocapsid protein (C-terminal dimerization domain, residues 249–389, PDB entry: 6WJI²⁸) and human importin- α (residues 71–197) containing the interaction site with the NLS sequence of cargo proteins³⁵ were used as initial coordinates to build MD models. A nucleocapsid–importin complex was produced based on docking calculations with the HEX³⁴ program.

The AmberO3³⁶ protein force field was used for the residues and ions. The AmberO3 parameters for p-cymene were derived based on the ACPYPE algorithm.³⁷

Classical MD production trajectories were run with the leapfrog integrator in GROMACS 2020³⁸ for the nucleocapsid–importin complex with and without p-cymene. Seven replicas (trajectories)

were run per sample (with or without p-cymene) starting from seven different structures extracted at the equilibration process. The equations of motion were integrated for 2.0 μ s per replica, in a total simulation time of 28 μ s. The classical MD trajectories were analyzed by Markov state modeling (MSM).^{39–41} The classical MD runs were followed by the multiple walkers (MW) variant of the metadynamics method⁴² again with seven replicas per sample for 0.7 μ s each replica, with selected nucleocapsid–importing distances as collective variables to be biased in the enhanced sampling.

A detailed description of the MD/enhanced sampling implementation and data analysis are presented in Supporting Information, Material and Methods.

2.3 | Biochemical and cellular methods

2.3.1 | Cell culture, virus infections, and cell proliferation analysis

SARS-CoV-2 (isolate 30–287) was obtained through culture in Vero E6 cells (ATCC® CRL-1586), from an infected patient, in Alexandroupolis, Greece. Virus stock was prepared by infecting fully confluent Vero E6 cells in DMEM, 10% fetal bovine serum, with antibiotics, at 37°C, 5% CO₂. Four days after inoculation, the supernatant was frozen at –80°C until use. Infections were carried out in 96-well plates, using SARS-CoV-2 (m.o.i. of 0.1) on Vero E6 cells. Cells were treated with different concentrations of p-cymene, in a volume of 15 μ l, per 150 μ l of medium, for 48 h. Cell morphology was observed with phase contrast, in an inverted microscope, to record CPE. Culture supernatants were analyzed using real-time RT-PCR.

Madin-Darby Canine Kidney cells (MDCK; ATCC® CCL34™) cells were grown according to standard conditions, as described in detail in.⁴³ Human influenza virus strain A FM/1/47 (H1N1) was obtained from ATCC. Influenza virus strain was studied in MDCK cells in serum-free MEM, containing 1 μ g/ml trypsin TPCK-treated (Sciex), 2 mM L-glutamine, 100 U/ml penicillin, and 0.1 mg/ml streptomycin. Evaluation of virus titers and viral growth curves were carried, according to standard protocols.⁴⁴ In the present study, we have probed different concentrations of p-cymene (up to 2 mg/ml).

Analysis of the effects of p-cymene on the cell viability was performed in MDCK and Vero E6 cells using the tetrazolium MTT assay for 24, 48, and 72 h respectively.⁴³

2.3.2 | Titration assay

Titration of SARS-CoV-2 infected cells was carried in 96-well plates, using Vero E6 cells and TCID₅₀ was calculated according to the method of Reed and Muench⁴⁵ and by sigmoidal fitting. Plates were incubated at 37°C for 4 days, and the cytopathic effect (CPE) was scored by observation under an inverted phase-contrast microscope.

The antiviral activity of p-cymene on Influenza A virus was assayed in plaque-reduction assay (expressed in the number of

forming plaques), with Ribavirin as a positive control (25 µg/ml). After 3–4 days and upon plaque formation, cells were fixed with paraformaldehyde and cell monolayers were stained with crystal violet. Following staining the plaques that developed were counted, and the viral titer was evaluated by the formula: $X = (\# \text{ of plaques}) / (d \times V)$ where X = the titer, d = dilution factor and V = the volume of diluted virus instilled on the cells, as detailed previously.²²

2.3.3 | Real-time quantitative PCR

To determine the SARS-CoV-2 viral load, RNA was extracted from 96-well supernatants (100 µl) using NucleoSpin Dx Virus according to the manufacturer (Macherey Nagel). Multi-target real-time RT-PCR was performed using COVID-19 SARS-Cov-2 Real-TM according to the manufacturer (Sacace Biotechnologies).

For influenza experiments, MDCK cells (2×10^5) were plated in 12-well plates and after 24-h infected with influenza A FM/1/47/H1N1 or HRV14 for 2 h at 37°C. Subsequently, cells were incubated in the absence (control) or the presence of p-cymene for 12 h. Total RNA was extracted with NucleoSpin RNA kit (Macherey-Nagel). The *in vitro* quantification of influenza A genome was performed using the Techne qPCR human influenza A (M1) genome kit (Techne™), following the manufacturer's instructions, in a Stratagene Mx300 P qPCR System. Relative expression levels of target genes were calculated from Ct values.

2.3.4 | Immunofluorescence analysis

Madin-Darby Canine Kidney cells were plated on glass coverslips in 24-well plates. After 24 h, they were infected with influenza A FM/1/47/H1N1 for 1 h at 37°C. MEM supplemented or not with p-cymene was added, and cells were fixed 6 h after the infection with 4% PFA and permeabilized with 0.1% TritonX-100, for 10 min. Cells were stained with a mouse monoclonal anti-NP antibody (Santa Cruz), followed by a secondary FITC-labeled goat anti-mouse antibody (Santa Cruz). The nuclei were stained with DAPI. Fluorescent images were acquired with an epifluorescent Leica DMIRE2 microscope equipped with a Leica DFC300FX digital camera.

2.3.5 | Immunoblot assays

For the analysis of whole-cell extracts, cells were collected and pelleted at 2500 g for 10 min. The M-PER Mammalian Protein Extraction Reagent (Cat. No 78503; Thermo Scientific) along with protease inhibitors (Cat. No 78415; Thermo Scientific) was used. Samples were boiled in SDS gel-loading buffer, separated by electrophoresis and transferred on to PVDF membrane. Membrane was blocked with TBST buffer with 5% (w/vol) dried non-fat milk and incubated with primary antibody of NP (sc-80481; Santa Cruz). Following incubation with the primary antibody, membrane was incubated with secondary antibody (goat Anti-mouse IgG Antibody, Peroxidase Conjugated,

H+L [AP124P] Sigma). The membrane was developed using Luminata Forte Western HRP Substrate (Cat. No WBLUF0100; Millipore) by the ChemiDoc™ MP System (Cat. No 170-8280; Bio-Rad).

2.4 | Statistical analysis

Statistical analysis was performed in GraphPad Prisma V6.05 (GraphPad Software Inc.) and Origin 2018 (OriginLab Co.), with the tests described in Section 3. A threshold of $p < .05$ was retained for significance.

2.5 | Nomenclature of targets and ligands

Key protein targets in this article are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY,⁴⁶ and are permanently archived in the Concise Guide to PHARMACOLOGY 2019/20.⁴⁷ The ligand (p-cymene) is hyperlinked to the PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>).

3 | RESULTS

3.1 | In silico simulation reveals that p-cymene interacts with the Importin-binding domain of SARS-CoV-2 N protein and impairs its association with the IMP α -IMP β -RanGDP complex

Nucleocapsid SARS-CoV-2 is a large protein of 419 amino acids (NCBI Reference Sequence: YP_009724397.2). Until today, the crystal structure of the complete protein has not been resolved. By contrast, a number of crystals (PDB codes 6M3M, 6VYO, 6YI3) of the N-, RNA-binding, terminal part, and the C- dimerization part of the protein (PDB code 6WJI) have been reported (Figure S1). Previous reports suggest that SARS-CoV N protein (90% homolog to SARS-CoV-2) may quickly shuttle between the nucleus and the cytoplasm, a process regulated by N protein phosphorylation,⁴⁸ while the transfer of the viral RNA to the nucleus has also been suggested.¹⁹ Therefore, we have scanned the SARS-CoV-2 N protein for the existence of the prototype NLS α sequence PRQKRTATKAY.³⁵ It was identified in position 258–268 of the N protein, within its structured C-terminal part (Figure 1A). Simulation of N binding with the complex IMP α -IMP β -RanGDP and viral RNA (see Ref. [35] for methodological details) (Figure 1B) confirmed the high-affinity binding of Importin complex to N (ΔG -1000.5 kcal/mol for importins and -418.7 kcal/mol for RNA, localized at the structured N-terminal part of the protein, Figure 1B).

Molecular docking simulation of the p-cymene binding on SARS-CoV-2 N protein revealed a high-affinity association of the ligand in the structured C-terminal part of the molecule (ΔG = -5.6 kcal/mol, corresponding to an apparent affinity of 113 µM). p-Cymene binds within the NLS sequence of the protein (Figure 1C) and

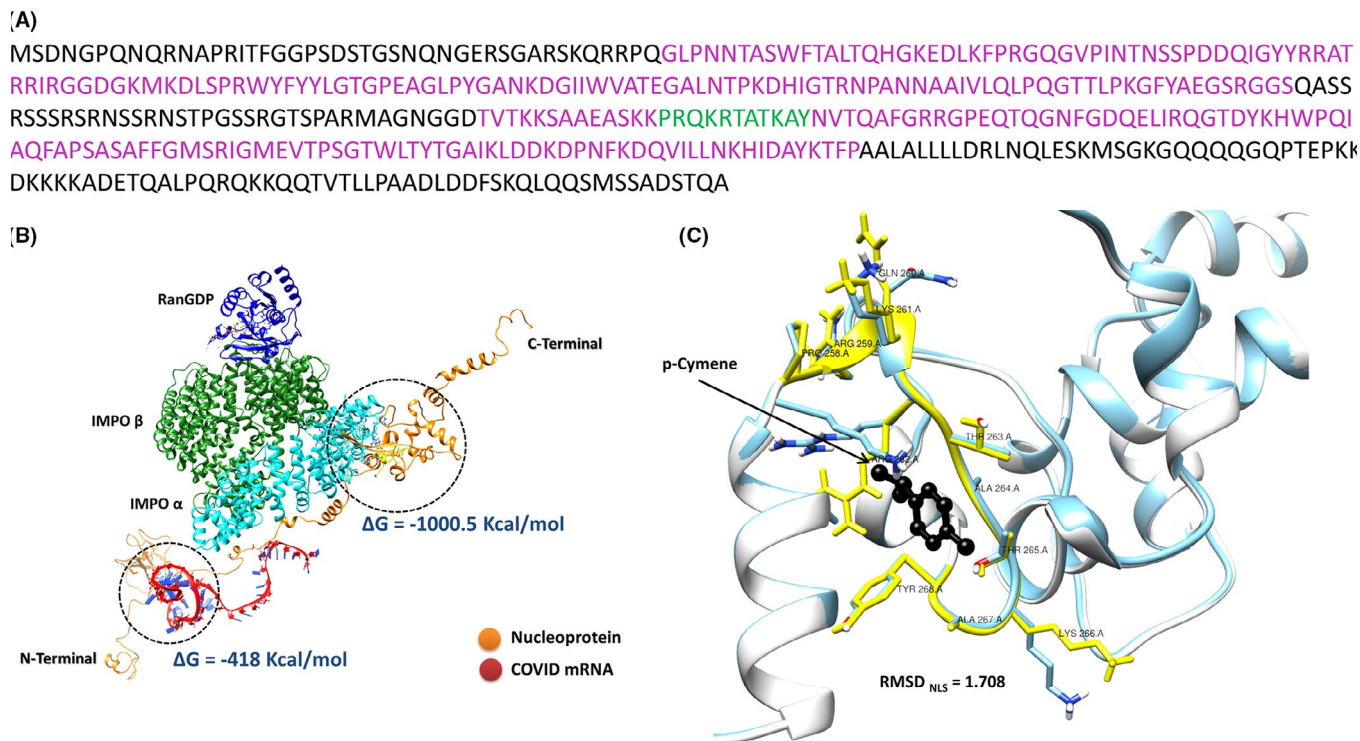


FIGURE 1 (A) Sequence of the SARS-CoV-2 N protein. In purple are shown the crystalized parts of the protein, while in green is presented the nuclear localization signal (NLS) sequence. (B) In silico simulation of the binding of the IMP α -IMP β -RanGDP complex and viral RNA with SARS-CoV-2 N protein. ΔG for the interaction of N protein with the IMP α -IMP β -RanGDP complex and with viral RNA are also shown. (C) Docking of p-cymene within the NLS sequence of N protein shown in yellow. As shown the ligand interacts preferentially with Arginine 262 and Threonine 265 at the center of the NLS sequence (aa 258–268), therefore impairing the interaction of N with importins

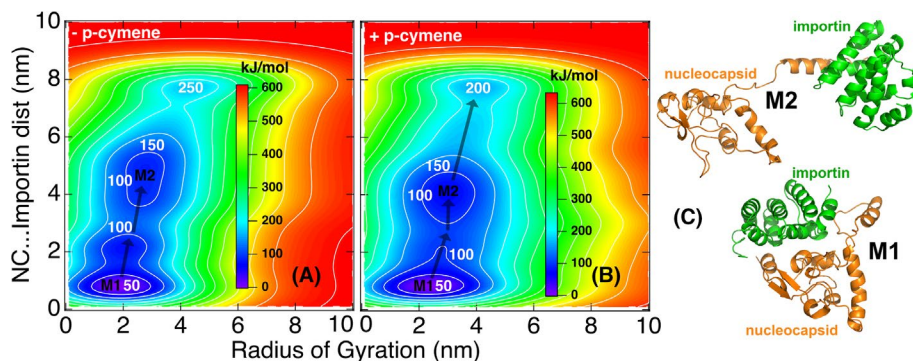


FIGURE 2 Free energy surfaces for the dissociation of the nucleocapsid-Importin α complex in the absence (A) and the presence of p-cymene (B). (C) The associated structures at the M1–M2 minima of the complex

interacts with amino acids Arg₂₆₂ and Thr₂₆₅. This interaction induces a significant conformational change of the NLS region of the N protein (RMSD = 1.708 Å), resulting in a re-orientation of amino acids Arg₂₆₂ (RMSD = 2.801 Å), Lys₂₆₆ (RMSD = 2.759 Å), and Glu₂₆₀ (RMSD = 2.650 Å) of the NLS α sequence (Figure 1C). These changes impair the interaction of N with the IMP α -IMP β -RanGDP complex. As expected, viral RNA-binding interaction with N protein remains unaltered (ΔG = -418.7 kcal/mol in the absence and -453.4 kcal/mol in the presence of p-cymene).

Molecular dynamics simulations of N protein complex with Importin A, in the absence or the presence of p-cymene (Figure 2),

revealed that p-cymene is able to destabilize the nucleocapsid-importin complex. The Free Energy Surfaces for the dissociation of the nucleocapsid-Importin complex in the absence or the presence of p-cymene respectively are reported herein. Two main minima are observed (M1, M2). The transition from M1 to M2 and beyond (larger distances and complex radii of Gyration) is happening on a shallower energy surface in the presence of p-cymene, compared with its absence, and a reduced energy barrier, suggestive of a weaker association of Importin A with N protein in the former case, verifying molecular docking data. The structures of the two complexes, at minima M1 and M2, are also given for reference. The

MSM analysis of the classical MD trajectories has indicated several important residues of the nucleocapsid protein that are involved in the dynamics of its interaction with importins (see Supporting Information). Interestingly enough, ten out of the most important residues of the SARS-CoV-2 N protein (83, 193, 256, 276, 280, 361, 369, 370, 374, 387) are associated with the formation of salt bridges between nucleocapsid and Importin- α in the absence of p-cymene. To the contrary, only five out of the most important residues of the nucleocapsid protein (193, 259, 276, 280, 361) are associated with the formation of salt bridges between nucleocapsid and Importin- α in the presence of p-cymene. This definitely indicates a weakening of the nucleocapsid-Importin-A association in the presence of p-cymene.

Previous reports suggest that SARS-CoV-2 protein dimerizes through an interaction of its N-CTD η 1 domain.⁴⁹ p-Cymene is predicted to bind at this region (amino acids Arg₂₆₂ and Thr₂₆₅), impairing the antiparallel dimer formation of the N-CTD protein (Figure S2).

3.2 | p-Cymene is predicted to bind to the NLS-domain of a number of other viral NP proteins and impairs importin binding

A number of RNA viruses contain NPs, which may shuttle between the cytoplasm to the nucleus. This transfer depends also on the binding of NPs to host importins and the subsequent nuclear

internalization, through nuclear pores. Here, we confirmed the presence of a NLS for Importin α (NLS α , Figure 3A) in a number of RNA viruses (Influenza A, Rabies, Ebola), employing the aforementioned methodology. p-Cymene docking simulation on these NPs revealed an interaction within their NLS region. In detail, p-cymene interacted with Influenza A NP at the region 169–177, with Rabies NP at the regions 241–250, 312–315, and 322–325 and with Ebola NP at the regions 162–163, 204–211, and 299–300 (Figure 3B–D). Interestingly, binding of p-cymene to the specific proteins inhibits (Influenza H1N1 and Ebola) or impairs significantly (Rabies) the interaction of NP with Importin α (Figure 3E).

p-Cymene interacted with Influenza A (H1N1) NP through binding with Thr₁₇₇, the first of amino acid of NLS of this NP (Figure S3). This binding induced a significant conformational change of the NLS region of the protein (1.252 Å). In addition, as shown in Figure S4A, the orientation of Arg₁₈₀ and Arg₁₈₁, necessary for importin recognition, is significantly modified after p-cymene binding (RMSD_{ARG180} = 2.969 Å and RMSD_{ARG181} = 1.831 Å), by adopting a reversion of their orientation axis, hiding the NLS sequence from the importin complex. A similar change of the orientation of NLS α amino acids occurred in rabies NP (RMSD of the NLS region after p-cymene binding = 2.090 Å). In addition, significant conformational changes of the amino acids Arg₄₁₈ and Arg₄₂₃ (RMSD changes after p-cymene binding = 2.043 and 3.576 Å respectively, Figure S4B) occurred after p-cymene binding. These conformational changes resulted in a significant modification of the NLS α region, partially impairing the binding of Importin A and subsequently the efficient

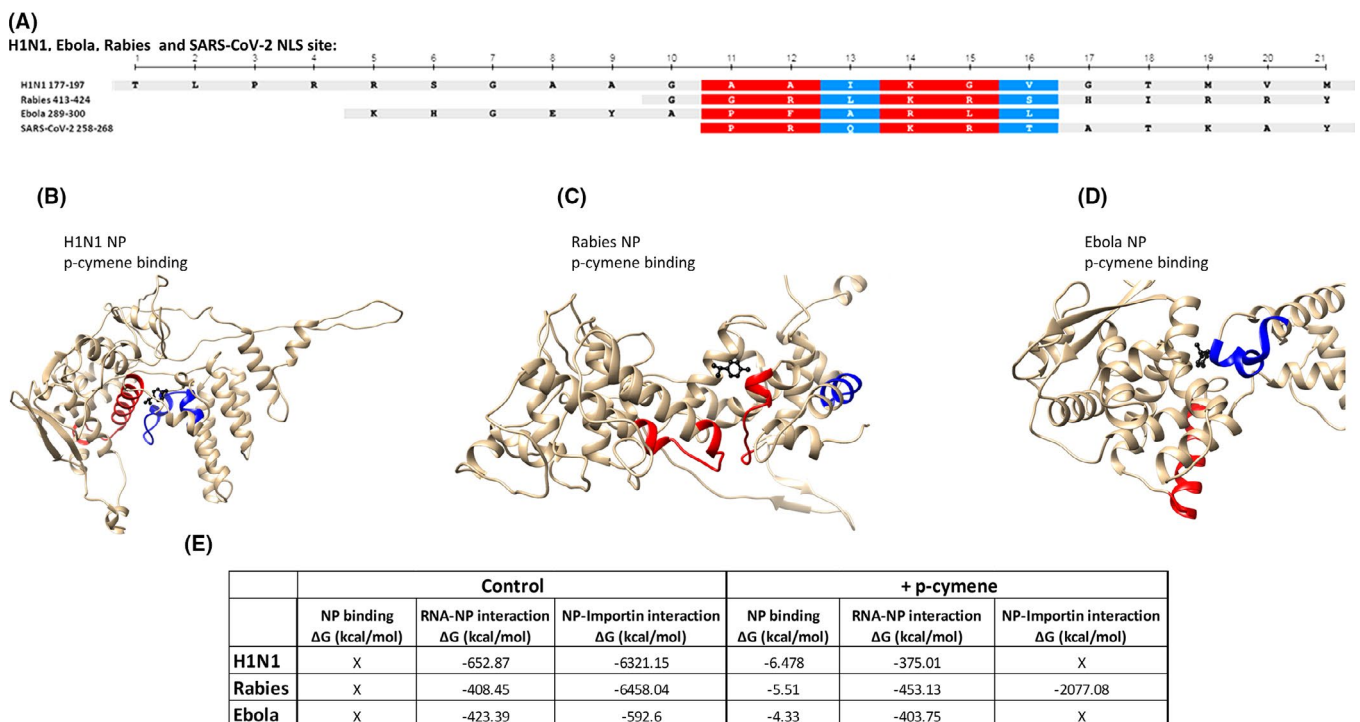


FIGURE 3 (A) Comparison of nuclear localization signal (NLS) sequences in Influenza H1N1, Ebola, Rabies, and SARS-CoV-2 viruses. (B–D) Simulation binding of p-cymene (red color) on Influenza H1N1, Rabies, and Ebola nucleoproteins (NPs). The NLS sequence of each protein is presented in blue color. (E) Table summarizing the RNA and Importin binding to Influenza H1N1, Rabies, and Ebola NPs in the absence or the presence of p-cymene

nuclear translocation of the NP. Finally, p-cymene binds to the Ebola NP (Figure 2D; Figure S4C). In particular, p-cymene binded to Leu₂₉₉ and Leu₃₀₀, two amino acids of the NLS of this NP. The RMSD of Ebola NP NLS α increases by 1.041 Å after p-cymene binding due mainly to Lys₂₈₁ and Arg_{inine} 298 conformational changes (t RMSD_{LYS281} = 1.591 Å and RMSD_{ARG298} = 1.609 Å, after p-cymene binding, respectively). These key amino acids for importin recognition rotated by almost 180°, and impair the recognition of the NLS sequence from the importin complex.

3.3 | In vitro validation of the inhibitory effect of p-cymene on SARS-CoV-2 and Influenza viruses

3.3.1 | SARS-CoV-2

Treatment of SARS-CoV-2 infected Vero cells with variable concentrations of p-cymene resulted in a significant decrease of plaque formation (Figure 4A) and viral titer in the culture supernatants (up to 90%, verified by Q-PCR), at concentrations ranging from 0.0125 to 200 µg/ml, after 2 days of incubation (Figure 4). Up to 95% reduced titer was also observed during pre-treatment of Vero cells, by Q-PCR, prior to infection with SARS-CoV-2 (Figure 4B). The IC₅₀ during co-treatment was 74.5 µg/ml, while pre-treatment IC₅₀ was reduced to 57 µg/ml, as calculated by sigmoidal fitting of data. Importantly, p-cymene at concentrations <100 µg/ml does not impair cell viability (Figure S5).

3.3.2 | Influenza A (H1N1)

Incubation of MDCK cells with variable concentrations of p-cymene for 72 h revealed a modest effect of plaque formation, much lower than that of ribavirin (25 µg/ml), used as a positive control (Figure 5A). However, p-cymene (20 µg/ml, as higher concentrations induced a decreased cell viability, Figure S5) significantly decreased the production of progeny virus (Figure 5B), and also decreased the genomic expression of viral proteins, as shown in Figure 5C for M1 matrix protein genome, assayed by Q-PCR and the expression of influenza NP protein levels (Figure 5D). Finally, in view of our *in silico* data on the impairment of Importin A binding and the subsequent reduction of viral RNA transport to the nucleus, we assayed by immunofluorescence the cellular distribution of influenza NP. As shown in Figure 5E, after a 6 h incubation of infected cells with 20 µg/ml of p-cymene, a reduced number of NP-positive stained cells and a decrease of nuclear translocation of NP were found.

4 | DISCUSSION

COVID-19 pandemics imposed a number of, not yet resolved, problems to the scientific community. In spite of the combined worldwide scientific effort and the analysis of SARS-CoV-2 virus,¹ neither a prophylactic or therapeutic regimen has been proposed, with the exception of monoclonal antibodies^{8,9} and dexamethasone,^{50,51} which target hospitalized patients, in intensive care units. In this

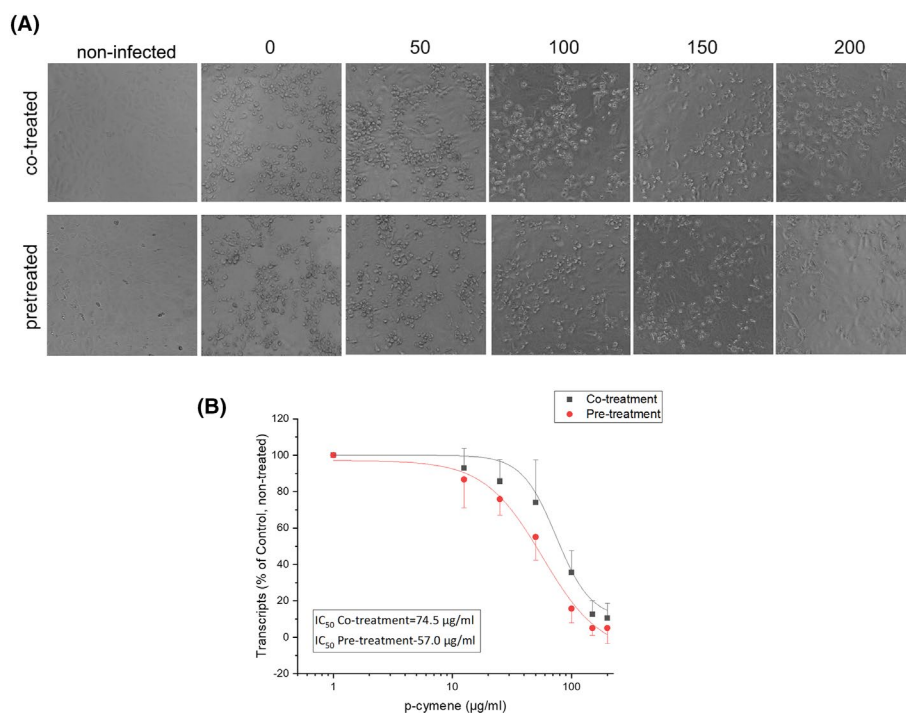


FIGURE 4 (A) Phase-contrast photographs of cells infected with SARS-CoV-2 and co-treated or pre-treated for 2 h with the indicated concentrations of p-cymene. (B) The inhibition of SARS-CoV-2 RNA in the supernatant of cell cultures is presented (mean \pm SD) of cells co-treated or pre-treated for 2 h with the indicated concentrations of p-cymene together with a sigmoidal fit of data. The obtained IC₅₀s are also presented

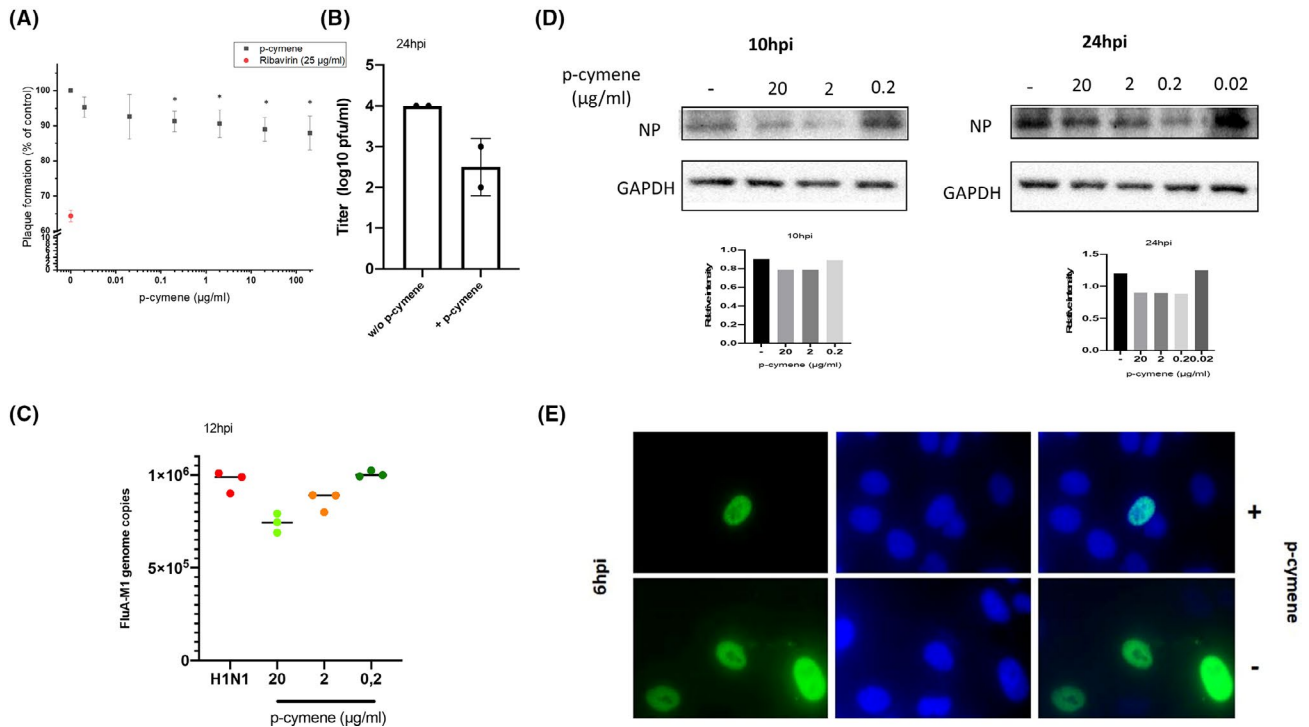


FIGURE 5 (A) Plaque reduction assay of Madin-Darby Canine Kidney (MDCK) cells infected with Influenza H1N1 virus (0.05 PFU/cell) and incubated with variable concentrations of p-cymene for 72 h. Figure shows mean \pm SD of two experiments in triplicates. Ribavirin (red dot) at 25 $\mu\text{g/ml}$ is presented as a positive control. $*p < .05$ as compared to non-treated cells. (B) p-cymene reduces the production of progeny virus, as assayed by quantitative PCR of the supernatants of MDCK cells were pretreated with p-cymene (20 $\mu\text{g/ml}$) and infected with influenza A/H1N1 virus (0.1 PFU per cell) for 24 h. (C) Quantification by qRT-PCR of FluA M1 genome copies in MDCK cells infected with FluA/H1N1 at MOI 0.5 PFU/cell. Data shown are means \pm SD of two independent experiments. (D) Immunoblot analysis of influenza nucleoprotein (NP) in total MDCK cell lysates incubated for 10 and 24 h post-infection with variable concentrations of p-cymene. (E) The role of p-cymene in the NP distribution. MDCK cells were infected with FluA/H1N1 (MOI 5) in the absence or presence of p-cymene. Six hours after the infection, cells were fixed and subsequently stained using influenza A anti-NP primary antibody followed by FITC secondary antibody (green). DAPI was used to visualize the nucleus area (blue)

respect, the search of small, non-expensive molecules, efficient in non-critically-ill patients, remains unmet. In this line, repurposing existing drugs against known or predicted SARS-CoV-2 protein actions have been documented (reviewed and discussed in Refs [52–54]), while natural products have also been tested (reviewed in Ref. [20]). Finally, quercetin has been proposed as an alternative for dexamethasone.⁵⁵

Here, we propose that p-cymene can act as a potential novel agent for the treatment of RNA viruses-induced diseases (influenza, rabies, Ebola), including SARS-CoV-2-induced COVID-19. In addition, our preliminary *in vitro* studies showed that the effect of p-cymene is exerted at the low micromolar range, an effect compatible with our simulation data and the reported change in Gibbs free energy (ΔG -5.6 kcal/mol for p-cymene interaction with SARS-CoV-2 N protein, and -6.5 , -5.5 , and -4.3 kcal/mol for influenza A, rabies, and Ebola NPs respectively). In addition, the decrease of the transcripts and the protein content of key viral proteins provides further evidence for the validity of the proposed mechanism. We further suggest as a possible mechanism of action its interaction with SARS-CoV-2 N-protein and viral NPs, impairing their cytoplasmic-nuclear shuttle, supported by extensive molecular docking and MD studies.

Our results on SARS-CoV-2 were performed in the African green monkey kidney Vero E6 cell line. These cells are the standard cell line used for SARS-CoV and SARS-CoV-2 antiviral screening, as they are highly permissive to virus infections and lack interferon production allowing for CPE observation. However, recent studies^{56–59} suggest that both infection and therapeutic responses might be cell line-dependent. Indeed, in an exhaustive study⁵⁹ it was reported that only few human cell lines (CaCo-2, Huh7, 293T, and Calu-3), derived from colorectal adenocarcinoma, hepatocellular carcinoma, embryonic kidney, and lung adenocarcinoma respectively, were susceptible to SARS-CoV-2 infection, together with a number of other animal cell lines. Interestingly, the susceptibility for SARS-CoV-2 infection was not observed in other cell lines from the same anatomical site. As pulmonary infections are one of the primary sites of SARS-CoV-2 symptom manifestation, Calu-3 cells were also extensively used for drug screening,^{56–58} with the authors suggesting that evaluation of novel antiviral candidate drugs should be performed in different cell lines to exclude potential cell-dependent artefacts. Interestingly, endosomal acidification was required for SARS-CoV-2 entry to maintain the low pH necessary for endosomal cysteine protease activity, required for priming Spike for membrane fusion in Vero and Huh7.5,

while the plasma membrane-associated serine protease TMPRSS2 is necessary for the viral glycoprotein entry priming in lung epithelial cells.⁶⁰ Although, here, we have not assayed the response of other cell lines to p-cymene, the proposed mechanism of action (binding to the SARS-CoV-2 N protein, modifying its trafficking and action) is beyond differences in viral entry mechanisms. However, a thorough determination of p-cymene effect in a number of SARS-CoV-2 human and animal cell lines is required, before its proposed use as a possible drug.

In contrast to SARS-CoV-2 infected cells, the effect of p-cymene did not induce a complete elimination of influenza viral infection, at non-toxic concentrations, suggesting that, this agent should be used in combination with other anti-viral compounds. A previous study²² revealed that a combination of plant essential oils, in which p-cymene is a major constituent,⁶¹ is by far more potent in inhibiting Influenza A (as well as Influenza B and rhinovirus RSV14) strains. Interestingly, molecular docking of all major constituents on Influenza A NP revealed that the majority of constituents bind at the same groove as p-cymene (Figure S6), suggesting an additive action of the different compounds.

p-Cymene is a naturally occurring organic compound that is classified as a hydrocarbon, related to a monoterpene. p-Cymene is an isoprenoid lipid molecule with one aromatic ring. It exists as a solid and is considered to be practically insoluble in water, with a molecular weight of 134.222 g/mol, water solubility 23.4 mg/L and boiling point 177.1°C. It is a constituent of the essential oils of more than 100 plant species, such as *T. vulgaris* and *O. vulgare* subsp *gladulosum*.^{62,63} According to the Code of Federal Regulations of the U.S. Food and Drug Administration (21CFR172.515) it is considered to be “Generally Recognized As Safe” and the EU (REACH, document Proposal for Harmonized classification and Labeling based on Regulation EC No 1272/2008, Annex VI, Part 2, Substance Name: 1-isopropyl-4-methylbenzene; p-cymene). A search in Pub-Chem revealed that the *in vitro* IC₅₀ of the agent is >1 mg/L tested in human monocytes,⁶⁴ while its LD₅₀ is 1125 mg/kg IP and 1695 mg/kg PO (<https://pubchem.ncbi.nlm.nih.gov/compound/7463#section=Toxicity>), much higher than the concentration impairing viral proliferation VERO E6 (50–70 µg/ml) or MDCK cells (20 µg/ml), reported here. In humans, p-cymene, at doses >3 g/kg induced only mild gastrointestinal symptoms (nausea, vomiting) or headache. The properties of p-cymene in humans have been recently reviewed.⁶⁵ According to the authors (and references therein), p-cymene possesses antibacterial, antifungal, and antiparasitic activities, combined with anti-inflammatory actions. However, as the authors discuss, p-cymene is not the main constituent in natural extracts, responsible for these actions, but it might act through synergism, antagonism, or additive effects. Here, we extend these actions, by reporting a proper antiviral effect, and suggest, by *in silico* studies, a novel mechanism of action through binding to NPs, including the nucleocapsid (N) protein of SARS-CoV-2, impairing the protein cytoplasmic-nuclear shuttle. It derives that p-cymene can be used as a safe agent in cases of COVID-19 positive patients, at the concentrations revealed from our study.

SARS-CoV-2 N protein is mainly cytoplasmic, with very rare reports suggesting a possible nuclear translocation. This 46-kDa protein presents a ~90% homology to the SARS-CoV N, and a major factor conferring the enhanced pathogenicity of SARS-CoV-2.⁶⁶ N represents the most abundant SARS-CoV-2 protein in the infected cell,^{67–69} while anti-N SARS-CoV-2 antibodies are the main humoral response of COVID-19 patients.⁷⁰ The N protein is the central component of SARS-CoV-2 virions. It forms the viral ribonucleoprotein (RNP) complex through binding to viral RNA; it has a primary role in viral mRNA transcription and replication, cytoskeleton organization, and immune regulation. In addition, it functions as a suppressor of cellular RNA transcription (Ref. [18] and references herein). Interestingly, SARS-CoV-2 has specific nuclear localization (NLS), as also reported here, and NES,⁷¹ suggesting a possible cytoplasmic-nuclear shuttle. However, in our analysis only one NLS α is found, contrasting the three NLS α signals reported previously.⁷¹ SARS-CoV-2 N protein is a major target of phosphorylation by host cell protein kinases, with 22 putative phosphorylation sites.⁶⁸ Simulations performed in this work show a possible association of SARS-CoV-2 N-protein with importin α , a process inhibited by p-cymene. In support of such a mechanism, previous work has revealed that nuclear SARS-CoV N protein (90% homolog to SARS-CoV-2) shuttles between the nucleus and the cytoplasm, a process regulated by N protein phosphorylation by several protein kinases, including glycogen synthase kinase-3, protein kinase A, casein kinase II, and cyclin-dependent kinase.⁴⁸ The authors suggest that nuclear localization of SARS-CoV N protein is very short, and that the phosphorylated protein is very quickly translocated to the cytoplasm after being bound to 14-3-3 protein isoforms. Interestingly, a very recent report has shown a similar interaction of phosphorylated SARS-CoV-2 N protein with all 14-3-3 isoforms,⁷² leading to a similar quick nucleo-cytoplasmic shuttling of SARS-CoV-2 protein. In this respect, our data suggesting an interaction of p-cymene with SARS-CoV-2 N protein, impairing its interaction with Importin α and subsequently inhibiting its cytoplasmic-nuclear shuttle, might represent a valid pharmaceutical intervention in the course of COVID-19 diseased patients.

Interestingly, p-cymene binds also in the vicinity of the NLS α sequence of NPs of other RNA viruses (influenza, rabies, and Ebola), as revealed by simulation, modifying significantly the 3-D conformation of the NLS site, and inhibiting its interaction with importin α , a mechanism known for influenza virus and suggested for Ebola, through an alternative O-glycosylation and O-phosphorylation,⁷³ a valid mechanism in a number of other proteins.⁷⁴ Finally, we suggest a similar mechanism for the rabies virus, although this should be confirmed by *in vitro* experiments. Therefore, this common mechanism of action renders p-cymene as a possible antiviral agent, in a broad spectrum of RNA viruses from influenza A to COVID-19, as verified by our *in vitro* studies of cells infected with influenza or SARS-CoV-2.

Is therefore p-cymene a potential anti-viral compound? p-Cymene's rapid absorption, leading to a time of maximum concentration of 0.33 h,⁷⁵ is in favor of its use. However, p-cymene is

also eliminated very rapidly ($T_{1/2}$ 0.44 h) from the plasma, although plasma concentration versus time profile of p-cymene shows a double-peak which might be due to distribution, reabsorption, or enterohepatic circulation.⁷⁵ Finally, taking into consideration the half-life of p-cymene, assuming an absorption of 50% after an oral dose, the effective concentration of 20–50 µg/ml in the interstitial fluid, a dose of 12 mg of p-cymene should be administered every 6 h for a 70 kg adult, in order to maintain an effective concentration. This dose is far below that reported to induce any side effect in animals or in humans (<https://pubchem.ncbi.nlm.nih.gov/compound/7463#section=Toxicity>).

In conclusion, data presented in this study suggest that p-cymene, a non-toxic natural compound, may be used alone or as a companion therapeutic for the control of RNA viral diseases, including COVID-19 and influenza. However, the *in silico* identified mechanism of action should be further verified by additional *in vitro* experiments.

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DISCLOSURE

AP, MT, CL, MK, SP, GS, and EC are inventors in a PCT patent application (priority # GR-is 20200100068, GB-2002141.6, PCT/EP2021/053389), related to the subject of this work. MK, GS, CL, SP, and EC are shareholders of the University of Crete spin-off company Nature Crete Pharmaceuticals PC.

AUTHOR CONTRIBUTION

Castanas, Sourvinos, Pирintsos, and Karakasiliotis participated in research design. Panagiotopoulos, Tseliou, Karakasiliotis, Kotzambasi, Daskalakis, and Kesidis, Kampa conducted experiments. Karakasiliotis, Daskalakis, Notas, Sourvinos, and Castanas performed data analysis. Karakasiliotis, Daskalakis, Lionis, Kampa, Pирintsos, Sourvinos, and Castanas wrote or contributed in the writing of the manuscript.

ETHICS

Ethics issues are not applicable to this work.

DATA AVAILABILITY STATEMENT

All data are included in the text, figures, and supporting information provided.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

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