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Application of a combined Aggregate Exposure Pathway and Adverse Outcome Pathway (AEP-AOP) Approach to Inform a Cumulative Risk Assessment: A Case Study with Phthalates

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Abstract

Advancements in measurement and modeling capabilities are providing unprecedented access to estimates of chemical exposure and bioactivity. With this influx of new data, there is a need for frameworks that help organize and disseminate information on chemical hazard and exposure in a manner that is accessible and transparent. A case study approach was used to demonstrate integration of the Adverse Outcome Pathway (AOP) and Aggregate Exposure Pathway (AEP) frameworks to support cumulative risk assessment of co-exposure to two phthalate esters that are ubiquitous in the environment and that are associated with disruption of male sexual development in the rat: di(2-ethylhexyl) phthalate (DEHP) and di-n-butyl phthalate (DnBP). A putative AOP was developed to guide selection of an *in vitro* assay for derivation of bioactivity values for DEHP and DnBP and their metabolites. AEPs for DEHP and DnBP were used to extract key exposure data as inputs for a physiologically based pharmacokinetic (PBPK) model to predict internal metabolite concentrations. These metabolite concentrations were then combined using in vitrobased relative potency factors for comparison with an internal dose metric, resulting in an estimated margin of safety of ~13,000. This case study provides an adaptable workflow for integrating exposure and toxicity data by coupling AEP and AOP frameworks and using in vitro and in silico methodologies for cumulative risk assessment.

Declaration of interests

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Keywords

DEHP; DnBP; high throughput; environmental chemicals

2 INTRODUCTION

Adverse outcome pathways **(**AOPs) represent compound-independent motifs of biological responses initiated by the interaction of a chemical with a biological target (i.e., molecular initiating event; MIE) within an organism that, when sufficiently perturbed, may lead to adverse outcomes (AOs) at the organism or population level (Edwards et al., 2016). Globally, AOPs are being developed to provide a toxicological knowledge framework to support chemical safety assessment, such as grouping chemicals for read-across and cumulative risk assessments and mapping/organizing mechanistic data for the development of alternative testing strategies. For example, the AOP for skin sensitization is the foundation of the development of an integrated approach to testing and assessment (NICEATM, 2016) for chemical sensitizers (Patlewicz et al., 2016; Patlewicz et al., 2007).

Just as the AOP framework that describes the underlying biological processes between a molecular initiating event and an adverse outcome can facilitate more efficient organization and evaluation of mechanistic information in the toxicological sciences, a similar framework has been proposed to organize exposure information. The field of exposure science faces the challenge of accessing and integrating exposure data that exists across a wide variety of resources and repositories, in addition to new data that are rapidly being generated through advances in computational approaches, biomonitoring, and analytical methods (Egeghy et al., 2011; Egeghy et al., 2012; Egeghy and Lorber, 2011). As a result, the Aggregate Exposure Pathway (AEP) framework was introduced to advance the application of systemsbased approaches for more efficient and meaningful integration of exposure measurements and predictions (ICF International, 2016; Tan et al., 2018a; Tan et al., 2018b; Teeguarden et al., 2016).

The AEP framework mirrors the general scheme of the AOP framework in that it seeks to organize exposure information generated across a wide and fragmented landscape of subdisciplines in exposure science, in order to follow a chemical from its source (i.e., its state at the site of origination) to a target site(s) exposure (TSE; its state at a site of action). The AEP framework consists of AOP-like nodes (key exposure states) connected by key transitional relationships. The key exposure state is defined as the state of a stressor in time and space (e.g., the presence or concentration of a chemical in a particular medium). A key transitional relationship represents a transition in the stressor's transport to a different medium within the same AEP (e.g., from sediment to overlying surface water in a stream) or its transformation (e.g., degradation in soil or metabolism). AEP networks can also be established for different chemicals that are known to act on the same target site, which is critical knowledge that can aid in better cumulative risk assessments based on realistic exposures.

The AEP framework purposely includes a target site exposure (TSE), which is an estimate of the concentration of a chemical at a site of action, to ensure that exposure-relevant

concentrations can be integrated with the AOP framework when assessing health outcomes from real-world exposures to multiple chemicals. An integrated AEP-AOP framework has recently been demonstrated for cumulative risk assessment of the perchlorate ion, by focusing on aggregate exposure and resulting adverse outcomes across different species (Hines et al., 2018). In the current study, a similar approach has been conducted to investigate cumulative risk assessments for multiple chemical entities (phthalates) within a single species (humans). Here, a case study with two phthalates, di(2-ethylhexyl) phthalate (DEHP) and di-n-butyl phthalate (DnBP), is used to demonstrate the utility of the AEP and AOP frameworks in developing a comprehensive cumulative risk assessment strategy (Figure 1). DEHP and DnBP, which are both ubiquitous in the environment and also two of the more potent phthalates associated with disruption of testosterone-mediated fetal development in the male rat, provide a convenient case study for several reasons. First, the phthalate family is a focus of many ongoing risk assessment efforts. Several global regulatory agencies are already working to develop cumulative risk assessment methods that account for combined exposure to multiple members of the phthalate family (Health Canada, 2015b; National Research Council Committee on the Health Risks of Phthalates, 2008; U.S. CPSC, 2014). Second, as the phthalate esters are a well-studied class of chemicals, there are substantial published data, including exposure, dosimetry, and toxicological effects that can be used to populate AEP and AOP frameworks (Centers for Disease Control and Prevention, 2014; Chang et al., 2017; Christen et al., 2012; Clewell and Clewell, 2008; Ferrara et al., 2006; Gentry et al., 2011; Health Canada, 2015a; Howdeshell et al., 2017; Howdeshell et al., 2008a; Howdeshell et al., 2008b; Pan et al., 2006; Rider et al., 2010; Rider et al., 2009b; U.S. CPSC, 2014).

3 MATERIALS AND METHODS

3.1 Developing the AEP

In order to develop examples of AEPs for DEHP, DnBP, and their metabolites, we searched the following databases: PubMed, ProQuest Environmental Science Collection, and Science Direct. The search terms used were (["substance"] OR ["synonym"] OR ["synonym] …), where substance referred to the phthalate of interest, "diethylhexyl phthalate" and "dibutyl" phthalate". The synonyms used were "bis(2-ethylhexl) phthalate", "Di(2-ethylhexyl) phthalate", and "DEHP" for the former substance and "Di-n-butyl phthalate" and "DnBP" for the latter substance. In addition, because dibutyl phthalate can have multiple isomers (e.g., diisobutyl phthalate or DiBP), care was taken during literature review to ensure that only elements related to DnBP were taken into account. Finally, each of the strings stated above for substance or synonym was added to the following terms to search for exposure information:

- **1.** "…AND (air OR water OR soil OR dust OR dirt OR sediment OR atmosphere OR plants OR vegetation)" for environmental media
- **2.** "…AND (consumer OR products OR toy OR "building materials" OR "personal care" OR cosmetics OR "medical devices" OR PVC OR food OR beverages OR water OR vegetables)" for consumer and personal care products

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3. "…AND (blood OR urine OR feces OR tissue OR bone OR hair OR "breast milk" OR semen OR biomarker OR bioaccumulation OR bioconcentration OR bioavailability)" for biological media.

The DEHP and DnBP diesters are readily metabolized to toxicologically active constitutive monoesters in vivo and collection of these metabolites is possible in the urine. As such, the same database keyword search was conducted for the metabolite monoesters of DEHP and DnBP and included the abbreviation for the respective metabolite monoester as well. The metabolites of DEHP included mono(2-ethylhexyl) phthalate (MEHP) and its three oxidative metabolites: mono-(2-ethyl-5-hydroxyhexyl) phthalate (MEHHP), mono-(2-ethyl-5 oxohexyl) phthalate (MEOHP), and mono-(2-ethyl-5-carboxy-pentyl) phthalate (MECPP). The metabolite of DnBP was mono-n-butyl phthalate (MBP). See supplemental text for additional detail on the queries used.

Key exposure information extracted from each reference included the medium in which the chemical was found (e.g., dust, surface water, body fluid), any specific information related to the medium (e.g., daycare centers, rivers, breast milk), the method of instrumental analysis conducted and limits of detection or quantification for these instruments, the concentrations with their respective statistical metric (e.g., mean, median, range), and any additional statistical metrics or information describing the exposure information provided in a given reference (see Supplemental Tables S1–S4 for details). Upon completion, each dataset was checked for accuracy by a separate investigator in the laboratory. Exposure information comprising a visual example of a phthalate AEP is shown in Figure 2. All environmental and biological media found during the literature search are represented in the figure, as are likely, but hypothetical, organisms associated with those media. Information from different resources (e.g., different papers in the primary literature, database resources, epidemiological surveys) is encoded in Figure 2 as depth (e.g., stacked boxes). For simplicity, the individual concentrations found in a given medium are not presented, as these differed across those reviewed resources. For the purposes of this case study, only the media most relevant to human exposure, as determined by results of the literature search, are focused upon (Fig. 2, boxes labeled with asterisks).

3.2 Identifying a mode of action for phthalate-mediated toxicity

The International Programme on Chemical Safety mode of action (MOA) evaluation framework (Sonich-Mullin et al., 2001), which modified the Bradford Hill criteria (Hill, 1965), recommends a formal process that should be applied to evaluate the evidence for toxicological endpoints of interest. The process of building the weight of evidence for a chemical's MOA and associated key biological events helps to ensure that the regulatory decisions are based on appropriate toxicological endpoints. Further, by establishing that the chemical's MOA is relevant to humans, we ensure that the endpoint used as the point of departure is appropriate for regulatory decisions concerning human health. We evaluated the literature to determine the toxicological endpoints for the phthalates, and present here the best-described toxicological responses that would be suitable for a cumulative risk assessment (i.e., those responses that are shared amongst multiple phthalates). The two most extensively documented effects of phthalates in mammals are liver tumors and disruption of

male sexual development observed during fetal and neonatal exposures in rats. Here, we consider the relevance of these endpoints to human health to inform a suitable MOA.

One of the primary toxicological effects observed in response to phthalate exposure in rodent studies is liver hypertrophy, hyperplasia and tumor induction in the adult rat as a direct result of peroxisome proliferator activated receptor α (PPARα) agonism. The association of rodent liver toxicity with binding and activation of PPARα has been clearly established in rodents for both DEHP and DBP, as well as a number of other PPARα agonists (Cattley, 2004; Cattley et al., 1998; Klaunig et al., 2003). However, acute and chronic exposures to PPARα agonists are not associated with tumors in humans or nonhuman primates (Cattley et al., 1998). The weight of evidence indicates that the PPARα MOA for rodent tumors is not relevant to humans (Felter et al., 2018). Because the human relevance of phthalate-mediated liver effects is not established, we would not recommend the use of liver carcinogenicity as the critical effect in risk assessment efforts. However, it should be noted that a similar approach to that described here could easily be undertaken to consider the impact of liver effects, should they be determined to be relevant to humans.

The other toxicological endpoint that has been extensively documented in rats for several phthalates is disruption of male rat sexual development in utero (Gray et al., 2009; Gray et al., 2000; Mylchreest et al., 1999). High doses in late gestation cause a number of effects related to reduced testosterone production in the Leydig cell in the testis of the male fetal rat. These effects include reduced anogenital distance (AGD), nipple retention, hypospadias (malformed penis), and other malformations of the genital tract. Additional effects have also been observed that are either partially related to testosterone disruption or entirely independent of testosterone. Cryptorchidism (undescended testes), for example, results from simultaneous disruption of testosterone and insulin-like 3 (INSL3) production (Bay and Anand-Ivell, 2014). Multinucleated germ cells, increased seminiferous tubule diameter, and Sertoli-germ cell detachment are also observed in rodents following perinatal phthalate exposure, and while the mode of action is unknown, the majority of evidence indicates that these effects are not causally related to testosterone disruption (Chang et al., 2005; Fisher, 2004; Fisher et al., 2003; Gaido et al., 2007). Human relevance of the steroidogenic endpoints, however, is still a matter of debate in the scientific community: studies with xenograft transplant models using human fetal testes have shown little testosterone response to phthalates (Heger et al., 2012), while epidemiological data and some ex vivo studies focusing on testosterone effects indicate similarity in human and rat responses (French, 2013; Swan et al., 2005). Currently, there is substantial public and regulatory concern that the steroidogenic effects may be relevant to human fetal development based on similarity between the steroidogenic pathway in rats (where toxicity has been observed) and humans (Foster, 2006)⁻ (Foster, 2005), and observation of similar pathologies in the human (e.g., testicular dysgenesis syndrome) (Skakkebaek et al., 2001).

Based on our review of the literature, we determined that the testosterone-mediated male reproductive tract effects are the most appropriate endpoints of concern for our cumulative risk assessment case study because they are: 1) potentially relevant to humans, 2) causally associated with adverse outcomes, 3) well described in terms of possible mode of action, with sufficient data to support development of an AOP, and 4) observed with both DEHP and

DnBP administration. The mode of action of the two phthalates in this case involves their transformation to their respective metabolite monoesters, which are then responsible for disruption of testosterone homeostasis. The choice of this endpoint as the basis for a risk assessment is supported by its use in ongoing regulatory efforts by the United States Environmental Protection Agency, Health Canada, and the Consumer Product Safety Commission, among other agencies (Health Canada, 2015b; Schoeny, 2014; U.S. CPSC, 2014).

3.3 Developing an AOP for testosterone reduction leading to disruption of male sexual development

An AOP based on PPARα inhibition has been proposed for the antisteroidogenic effects in rodents (AOPWiki), based primarily on the coincidence of testicular Leydig cells (the testosterone producing cell) and liver cancer in PPARα inducers (Corton and Lapinskas, 2005; Gazouli et al., 2002). However, over the last few decades, evaluation of the relationship between fetal testis/Leydig cell response and PPARα agonism do not support the hypothesized link between PPARα interaction and testosterone inhibition in the fetal Leydig cell (Clewell et al., 2009; Gazouli et al., 2002). Studies in PPARα knockout mice indicate that PPARα alone cannot account for the full range of steroidogenic effects (Gazouli et al., 2002). Further, the trend in potency is not consistent between PPARα agonism and testosterone inhibition; while MBP is slightly more potent inhibitor of testosterone than MEHP (Balbuena et al., 2013; Clewell et al., 2010), MEHP is a much more potent PPARα agonist than MBP (Hurst and Waxman, 2003; Seo et al., 2004). Here, we propose a novel AOP (Figure 3) based on a comprehensive review of literature for the testosterone-mediated sexual development. While AOPs are chemical independent, their development necessarily depends on studies using specific compounds and case examples. We therefore used some phthalate-related literature to support the key events (KEs) and key event relationships (KERs) (Table 1). The weight of evidence for the proposed key events varies widely across the pathway. For example, while disruption of testosterone production independent of the androgen receptor (KER3) and a resulting feminization of male rats (KER4), are well established, the inhibition of transporter and metabolism genes along the arachidonic acid pathway (KER2) have less literature support. The AOP diagram (Figure 3) is color coded to portray the different level of confidence in the proposed key events.

3.4 Using the AOP framework to define an appropriate in vitro assay

We next asked whether the putative AOP framework could inform an *in vitro* testing strategy for defining chemical dose-response. An individual AOP describes a hypothesized series of key events that are causally related to the apical outcome of interest. A quantitative description of the key events and associated transitions would ideally allow mathematical modeling of the progression between initiating event and adverse outcome; however, in general this quantitative description is not sufficiently well-understood for all KERs and for many cases even the qualitative aspects of the AOP are contentious. However, where the in vitro concentration-response for a key event has been appropriately demonstrated to be consistent with the in vivo dose-response for the apical outcome, the key event assay can provide a means of performing quantitative assessment in vitro. Indeed, one of the great benefits of building AOPs is that they inherently provide a map for a successful in vitro

testing strategy. Key elements to a successful, predictive assay are (1) consistency with key biological processes (i.e., the AOP), (2) a design based on current understanding of biological signaling networks, and (3) the capability of returning robust information on the dose-response for chemical perturbation. Ideally, an appropriate *in vitro* fit-for-purpose assay coupled with an appropriately quantitative AOP would suffice to determine the effect of a candidate chemical, thus eliminating the need for further animal testing.

We interrogated the key events of the AOP for testosterone disruption and feminization to determine whether a suitable *in vitro* assay existed, and found that an *in vitro* assay was available for recapitulating the effect of phthalate compounds on testosterone production in the rat Leydig cell (KE3) (Balbuena et al., 2013). The R2C rat Leydig tumor cell line demonstrates robust dose-response behavior, with inhibition of testosterone at biologically relevant doses and relative potency estimates consistent with *in vivo* data. (Balbuena et al., 2013) Monoester concentrations causing 50% inhibition of testosterone production in the R2C cells were 3 and 6 μM for MBP and MEHP vs. 3 and 7 μM *in vivo*. (Balbuena et al., 2013) The inactive phthalates, such as mono-ethyl phthalate or mono-methyl phthalate, did not affect testosterone synthesis in vitro at non-cytotoxic concentrations ($> 100 \mu M$) (Balbuena et al., 2013). Because this assay recapitulates in vivo dose-response, we concluded that this testosterone inhibition assay could be used to predict relative potencies for the different phthalates and to derive points of departure for DEHP, DnBP, and their metabolites (Figure 4).

3.5 Cumulative Risk Assessment

For this case study, we first reviewed exposure data taken from literature in order to determine reasonable estimates of exposures for DEHP and DnBP under real world conditions. DEHP and DnBP have been measured in indoor and outdoor air, indoor sources such as dust and vinyl flooring, food, and personal care products. From this literature review, we identified the article(s) best incorporating these major exposure routes that are relevant to humans and focus on plasma metabolites as shown in Figure 2, in order to derive predicted daily intake estimates. These predicted values, derived from a combination of sources that were considered to be most relevant to human health (see below results), were then used as input for a previously published human PBPK model for DEHP, DnBP, and their metabolites (Gentry et al., 2011; Moreau et al., 2017) to estimate the plasma concentrations of phthalate parents and their metabolite(s) at steady-state, assuming an average body weight of 70 kg. For DEHP, the concentrations of the 3 oxidative metabolites of MEHP were explicitly simulated along with DEHP and MEHP, whereas for DnBP, only DnBP and MBP concentrations were simulated. Due to the lack of distribution data in the human fetus, maternal plasma concentrations were used as a surrogate for target tissue concentrations in the fetus based on the fact that the monoesters are water soluble small molecules, and the observation of rapid equilibration of MBP between the dam and fetus in rat studies (Clewell et al., 2009). The adequacy of the in vitro assay to predict in vivo activity was evaluated previously (Balbuena et al., 2013). In that study, published dose–response data for the reduction of fetal testis testosterone for the MBP and MEHP parent chemicals DBP and DEHP (Clewell et al., 2009; Kurata et al., 2012) were analyzed to estimate the administered dose associated with 50% reduction in testosterone. Existing PBPK models (Clewell et al.,

2009; Gentry et al., 2011) were used to calculate the average fetal testes concentrations associated with the ED50s. As shown in Table 2, the *in vitro* IC50 values were remarkably similar to the *in vivo* IC50s for the two active phthalates, supporting the use of nominal concentrations in the *in vitro* assay as a surrogate for *in vivo* target tissue concentrations.

We used the toxic equivalency (TEQ) approach popularized for estimating the potency of mixtures of dioxins, furans, and polychlorobiphenyls to characterize mixtures of the phthalates and their monoesters (Van den Berg et al., 1998; Van den Berg et al., 2006). Published in vitro data were available for the metabolites of DEHP and DnBP (Balbuena et al., 2013), and the in vitro assay has also been run with the parent compounds (unpublished data). We used IC ς_0 (concentrations resulting in 50% inhibition of testosterone synthesis) to develop relative potency factors for DEHP and DnBP and their respective monoesters. Because MBP is the most potent of the metabolites measured, it was used as the reference compound. Thus, the Relative Potency Factor for MBP was 1, and all other Relative Potency Factors were a value between 0 and 1 depending on their relative potency. MBP, MEHP, and the oxidative metabolites of MEHP demonstrated in vitro activity, while DEHP and DnBP did not demonstrate any activity in the *in vitro* assay. As such, the Relative Potency Factors for DEHP and DnBP were given values of zero. A combined internal exposure estimate was obtained by converting the PBPK-predicted plasma concentrations of parent and metabolite compounds to "MBP equivalents". A MBP equivalent concentration was calculated by multiplying steady-state plasma concentration of each chemical species by its Relative Potency Factor. The sum of these MBP equivalent concentrations provided an estimate of total target site exposure normalized by the potency of each species for testosterone inhibition. Finally, the margin of safety (MoS) for cumulative DEHP and DnBP exposure was calculated by dividing the estimated point of departure from the *in vitro* testosterone assay by the estimated total phthalate concentration in plasma (in MBP equivalents) at the total phthalate intake estimated for real-world conditions. In this case, the MoS essentially represents a margin of exposure based on internal dosimetry, where the exposure is represented by the steady-state plasma concentration in MBP equivalents, and the dose associated with a particular effect is represented by the media concentration of the in vitro assay. The point of departure was estimated based on the *in vitro* IC₅₀ for MBP (3 μ M). The detailed formula and spreadsheet is provided in the Supplemental Materials.

4 RESULTS

4.1 Using the AEP framework to estimate exposure to DEHP and DnBP

Supplemental tables S1 and S2 provide AEPs for DEHP and DnBP, respectively, which were obtained from over 100 references describing studies conducted in over 25 countries from 2004–2016. Nearly half of the references described studies conducted in Indo-Asian countries, followed by Europe with 20–25% and the United States with 10%, with the remaining coming from other locales throughout the world. At least 10 unique types of environmental or biological media were found to contain DEHP and DnBP. Most media types pertained to food and beverage items (22% for DEHP and 18% for DnBP), followed by dust (17% for DEHP and 18% for DnBP), soil and sediment (15% for DEHP and 17% for DnBP), and air (12% for DEHP and 16% for DnBP). Municipal waste and water

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concentrations comprised 8 to 10% of the total number of media types for both phthalates, and only 4 to 6% were related to concentrations in articles or products for both. The media most relevant to human health are outdoor and indoor air, indoor dust, numerous food items (e.g., dairy, fish, vegetables), articles and consumer products. Further details of key exposure states for DEHP and DnBP can be found in the supplemental materials (Aragon et al., 2012; Bu, 2016; Jeon et al., 2016; Ji et al., 2014; Kim et al., 2013; Pei et al., 2013; Rakkestad et al., 2007; Wang et al., 2015b; Xie, 2006; Xie et al., 2007; Zhu et al., 2012).

Supplemental tables S3 and S4 provide AEPs for DEHP and DnBP metabolites, respectively, taken from studies conducted in nearly 20 countries from 2000–2016, with almost half conducted in the United States. All but one of the 124 DEHP metabolite-related references and all but one of the 70 MBP-related related references described concentrations in body fluids or tissues, such as breast milk, amniotic fluid, and urine (Choi et al., 2012; Choi et al., 2014; Hait et al., 2014; Hines et al., 2009; Huang et al., 2009; Kim et al., 2015; La Rocca et al., 2014; Liou et al., 2014; Main et al., 2006; McConnell, 2007; Minatoya et al., 2016; Wang et al., 2015a; Wittassek et al., 2009; Yan et al., 2009; Zhang et al., 2015; Zhao et al., 2014; Ziv-Gal et al., 2016).

For our purpose, the ideal TSE would be the toxic metabolites (MEHP and MBP) in human plasma, as a surrogate to the target tissue dose. Since such data do not currently exist in our AEPs, we extracted an upstream key exposure state that is closest to the target site exposure from one existing manuscript listed within the AEPs for both phthalate diesters (See Supplemental Materials), the 2014 article by Shin and colleagues (Shin et al., 2014), which provides a quantitative daily intake estimate. A PBPK model can take such a daily intake rate as an input to predict TSE. One major reason for selecting that particular research article was that it provided a convenient key exposure state, which integrated exposures from several major sources most relevant to humans. Within that article, daily intake amounts of DEHP and DnBP were predicted based on the following parameters: 1) total production volume (i.e., manufacture) and outdoor emissions, as determined by the United States Environmental Protection Agency's Inventory Update Reporting system and the National-Scale Air Toxics Assessments database; 2) outdoor air releases, as determined by the multimedia fate and transport model created by the California Department of Toxic Substances Control (CalTOX) (McKone and Enoch, 1993); 3) indoor air releases, dust ingestion, dermal uptake, and exposure to building materials like vinyl flooring, as determined using a fugacity-based indoor exposure model; 4) food ingestion, also determined by application of the CalTOX model; and 5) direct dermal exposure to cosmetic or consumer products, as determined by extrapolation from absorption measurements in rat skin to those in humans. The predicted daily intake rates were 16.1 μg/d and 64.5 μg/d for DnBP and DEHP, respectively (Supplemental Table A12 of Shin et al. (Shin et al., 2014)).

4.2 Evaluating the proposed use of the PBPK models to predict human biomarker concentrations

To ground-truth the prediction of metabolite concentrations in humans using the PBPK model, we used the estimated daily intake values described above for DEHP and DnBP to predict urinary concentrations of the four DEHP metabolites (MEHP, MEHHP, MEOHP,

MECPP) assuming an average adult body weight of 70 kg. These values were then compared to several key exposure states, specifically, the measured urinary concentrations of those metabolites from the reported NHANES 2013–2014 (Centers for Disease Control and Prevention, 2014). While there are other urinary data in the AEPs, the NHANES 2013–2014 data were used because this study period corresponded to the same time period as the exposure studies used to generate the daily intakes of DEHP and DnBP in the Shin et al. study. In addition, as women of reproductive age represent the exposure population of interest for the adverse outcome used in the current case study, the reported NHANES 2013– 2014 (Centers for Disease Control and Prevention, 2014) had data specific for in this subpopulation. In general, predicted urinary concentrations were within the 25th and 75th percentile of the NHANES data and were within a factor of 2 of median urinary concentrations for MEHP (2.3 vs. 1.3 μ g/L), MEHHP (3.7 vs. 7.2 μ g/L), and MEOHP (3.7 vs. 5 μg/L). The model prediction of MECPP was equivalent to the $17th$ percentile of the NHANES data and was slightly more than 2-fold higher than the median of measured values in the NHANES study group (4.93 vs. 11.25 μg/L). In general, the PBPK model predicted urinary metabolite concentrations based on the AEP estimated daily intake values for DEHP and DnBP were consistent with measured concentrations in human biomonitoring studies. Thus, the model appears to be a useful tool for predicting metabolite distribution for use in the cumulative risk assessment.

4.3 Using the AOP-defined in vitro test system

The available in vitro assay for testosterone production (Balbuena et al., 2013) was used to predict relative potency of the phthalates for inhibition of testosterone synthesis as described in the Methods. The predicted in vitro IC_{50} 's for MBP, MEHP, MEHHP, MEOHP, and MECPP are 3, 6, 9, 37, and 122 μM, respectively. The parent compounds, DEHP and DnBP, were assumed to have Relative Potency Factor values of zero based on a lack of activity in *vitro*. Corresponding *in vivo* IC_{50} 's and Relative Potency Factor are summarized in Table 2.

4.4 Calculating a combined exposure for phthalates

Defining the combined exposure for compounds with different potencies is the first step in estimating cumulative risk from exposures to multiple chemicals that cause the same adverse outcome. In this case, we simplified the task of comparing potencies by choosing compounds with a shared AOP. Summing MBP equivalents allowed for estimating an aggregate phthalate plasma concentration, while accounting for the different potencies of the various metabolites. The combined phthalate exposure, accounting for relative potency of the different chemical species, was equivalent to 2.17×10^{-4} µM MBP in plasma, or a 0.66 μg/kg/day DnBP external exposure (Table 3). The detailed calculation is provided in Supplemental Table S5.

4.5 Estimating the margin of safety for combined DEHP/DnBP exposure

We calculated a point of departure (PoD) by estimating the IC₅₀ for MBP (3 μ M) with the *in* vitro assay for testosterone production. Assuming the media concentration is equivalent to the blood concentration in vivo, the IC_{50} can be compared to the cumulative MBP internal dose (2.17×10⁻⁴ μM). Thus, the margin of safety (MoS) for the combined DEHP and DnBP exposure using this in vitro toxic equivalency approach was calculated to be 13,000.

A scheme for the determination of a MoS (Figure 4) was adapted for combined DEHP and DnBP exposure and is depicted in Figure 5. It should be noted that this MoS is a point estimate and does not take into account uncertainty in the estimates of exposure or PoD. One approach to incorporating uncertainty would be to apply a probabilistic approach to exposure estimation, though this would not account for uncertainty in the PoD. Ultimately, primary cell-based assays may allow for in vitro based determination of pharmacodynamic susceptibility and interindividual variability, though such models do not yet exist for this particular endpoint. A more traditional approach could also be adopted to deal with uncertainty, i.e., applying traditional uncertainty factors for interspecies and intraspecies variability in pharmacokinetics and pharmacodynamics to ensure health protection. An argument can be made for eliminating interspecies uncertainty factors because (1) ex vivo studies indicate the rat is more sensitive than the human to testosterone inhibition and rodent cells were used for PoD determination, and (2) the cross-species dosimetry was compared based on internal dose. If a standard 10-fold uncertainty factor for human interindividual variability (3 for intraspecies pharmacokinetics, 3 for intraspecies pharmacokinetics) was applied, the MoS would become 1,300.

5 DISCUSSION

The case study in this current work focused on conducting a safety assessment for combined exposures to the phthalate esters DEHP and DnBP. A putative AOP was developed for disruption of male sexual development using the framework established by OECD and the EPA (AOPWiki, 2016), based on knowledge of the MOA for the two phthalates. In turn, knowledge of the key events (i.e., decreased testosterone production) facilitates development of in vitro assays relevant to an AOP. By establishing a dose-response relationship and invoking appropriate *in vitro-to-in vivo* extrapolation techniques, these *in vitro* assays could inform PoD estimates for phthalates, as an alternative to animal testing. These PoD estimates then can be compared to internal concentrations related to real-world exposures, which are informed by AEPs or other exposure frameworks, as appropriate. In this case study, the closest key exposure state to the TSE, which were estimated daily intake rates (Shin et al., 2014), were selected as inputs to a published PBPK model (Gentry et al., 2011) to estimate the TSEs of both parent chemicals and their metabolites. These steady state plasma concentrations then act as the dose metric for the adverse outcome (fetal testosterone inhibition). In this manner, our study involved coverage of two AEP networks: 1) DEHP, its metabolite MEHP, and the three oxidative metabolites of MEHP, and 2) DnBP and its metabolite MBP. The testosterone inhibition AOP framework allowed us to identify a relevant *in vitro* assay for dose-response assessments. Combining the dose-response data from the AOP with expected blood concentrations in representative populations, as determined from a quantitative estimate of intake extracted from two AEP networks and inputted into a PBPK model, allowed us to estimate the MoS for combined DEHP and DnBP exposure.

This study follows on a related work by Hines et al. that paired AEP and AOP networks to assess human health and ecotoxicological effects from perchlorate exposure (Hines et al., 2018). While conceptually similar, our work builds on the foundation of this work with perchlorate while differing in several respects. First, our study was designed in part to show

the utility of AOP framework to drive selection of *in vitro* endpoints relevant to the adverse outcome. We demonstrated how pharmacokinetic modeling can be used to translate a PoD derived from an appropriate *in vitro* assay to a context relevant to human exposure. Phthalates, in addition to arising from a number of sources that can be captured by the AEP framework, are metabolized into a series of active metabolites that all act via the same TSE. As such, the phthalate case study provided the opportunity to model multiple stressors. Lastly, the quantitative characterization of both exposure and toxicity allowed an estimation of risk (via a MoS) in our work. Hines et al. considered an extensive network of AOPs covering a variety of endpoints in several species relevant to the importance of perchlorate contamination to ecotoxicity. This integration across species demonstrates another advantage of the AEP-AOP framework that our case study has not directly considered, and may provide an opportunity for additional exploration for phthalates.

Throughout this case study, decisions were made that would affect the estimated MoS. For example, the assumption that the media concentration of the metabolites could be directly related to the in vivo blood levels and external exposure via a PBPK model (Figure 5), assumes that no significant binding, degradation or metabolism occurs within the in vitro system. If this assumption did not hold true, the prediction of risk would likely be underestimated due to a comparatively lower concentration of the phthalate causing the observed response. This and other assumptions that could affect the MoS (choice of exposure scenarios, choice of adverse effect, use of toxic equivalence approach and assumption of dose-additivity) are discussed further below.

5.1 Determining confidence in the AOP.

There is much debate regarding the human relevance of testosterone-mediated effects caused by phthalates based on studies with human fetal testis xenograft and in vitro models (Heger et al., 2012; Swan et al., 2005). We used disruption of testosterone-mediated development as the toxicity endpoint of interest, assuming that this particular endpoint would be conservative (i.e., rat tissues are more sensitive than human). The choice of this endpoint is also consistent with its use in current ongoing regulatory assessment efforts by EPA, Consumer Product Safety Commission, and Health Canada, among others (National Research Council, 2009). An AOP describing the phthalate toxicological outcome of interest was developed by defining the key biological events first arising from the chemicalmolecular interaction at the target site and ending at the adverse outcome. It should be noted that a proposed AOP for phthalate-induced disruption of male sexual development, mediated through PPARα, currently exists and is available on AOPWiki (AOPWiki), though it has not yet undergone peer review. The publicly available AOP (AOPWiki) proposes a MIE that involves binding of the phthalate monoester to PPARα, that then leads to disruption of testosterone. However, the current literature has largely disproved that hypothesis (Clewell et al., 2009; Gazouli et al., 2002), as the weight of evidence demonstrates that PPARα is not associated with testosterone reduction in the fetal testes (Clewell et al., 2009; Gazouli et al., 2002). Based on available literature and in-house studies, we have proposed an alternative AOP, wherein the phthalate ester inhibits phospholipase A2 release of arachidonic acid, leading to a reduction in steroidogenic gene expression. This hypothesis is consistent with the current literature, though other mechanisms have also been proposed (Main et al., 2006;

van den Driesche et al., 2015; van den Driesche et al., 2012). The efforts by EPA and OECD to use crowd-sourcing and peer review via AOPWiki (AOPWiki), may help to identify data gaps and reduce uncertainty (AOPWiki). However, this peer review mechanism does not avoid the issues of 1) human relevance, which is poorly addressed by the wealth of AOPs developed for animal-based endpoints, 2) differing scientific opinions on the relevant key events, and 3) the lack of mechanistic data for many reported chemical toxicities.

To deal with the variability in the data available to support key events within the AOP in this case study, rather than omitting key events with small bodies of evidence, we took the approach of providing the evidence for the proposed AOP and ranking confidence of each key event. While the early key events, particularly the molecular initiating event, are yet unproven, the cellular and tissue-level key events have substantial support and are widely accepted among the scientific and regulatory community. Fortunately, the *in vitro* assay that was used to derive the point of departure for the cumulative risk assessment coincides with a key event that is particularly well established based on *in vivo, ex vivo*, and *in vitro* studies and the in vitro testosterone reduction has been shown to quantitatively predict in vivo dose response when compared based on internal dose (Balbuena et al., 2013). Certainly, if the points of departure were derived using an *in vitro* model for a less established key event, the uncertainty around the points of departure would be much greater. Moving towards AOPbased risk assessments, we face significant challenges in identifying the appropriate nonanimal models for use in deriving estimates of safety given the lack of mechanistic data for most regulated compounds. An alternative approach may be the use of broad coverage, high throughput in vitro based screens, such as the Toxicity Forecaster (ToxCast) (Judson et al., 2014), or high throughput transcriptomics. However, the utility of these screens for defining MOA, let alone developing AOPs, has yet to be demonstrated.

5.2 Determining confidence in the AEP

We note than in this case study daily intake rates predicted for DEHP and DnBP were obtained from a published study (Shin et al., 2014), rather than building new predictive models to assemble KESs and KTRs for our purpose. Only a fraction of the media types (i.e., KESs) was included in the Shin et al. study for predicting daily intake rates, compared to the number of KESs determined through our literature search and development of the phthalate AEP visual construct (Figure 2). Additionally, the examples of the phthalate AEPs we assembled (Supplemental Tables S1 and S2) indicate that consumer products comprise only a small number of total references related to DEHP and DnBP exposure, especially compared to those references for soil, sediment, and water to a lesser degree. Using exposure estimates that are aggregated from a variety of sources, as opposed to just a given external exposure concentration, allows consideration of values that might not otherwise be included in a single external exposure estimate. Thus, greater confidence is provided through an aggregate exposure estimate, based on the weight of evidence that all exposure sources considered relevant to a given target are considered for that estimate. While it is acknowledged that the number of references for a given medium by no means indicates its importance relative to others, and that the selected media used within the Shin et al. models are likely the most relevant to human exposures, it is worth considering the potential of these other media to represent substantial sources of exposure. This is especially the case for

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individuals continuously exposed to aquatic environments or soil, in which case, exclusion of predicted intake values derived from other immediate sources may significantly underestimate exposure.

A primary reason for which an AEP is developed is to provide a means for disseminating exposure information for a given chemical so that users of that AEP can conduct their studies on a fit-for-purpose basis, by selecting the KESs and KTRs most relevant to them at their discretion. While under the recognition that we could include KESs and KTRs other than those found in the models developed by Shin et al. (2014) into our own exposure model to predict daily intakes of the two phthalate compounds, the estimates we obtained from Shin et al. (2014) are sufficient for our purpose for the following reasons. Total production volume was provided in the article by Shin et al. (2014), with values of 100,000 metric tons for DEHP and 10,000 metric tons for DBP. While environmental media concentrations were not provided in the selected article, the authors referenced models such as the fugacity-based indoor exposure model (Bennett and Furtaw, 2004; Shin et al., 2012) and the multimedia fate, transport, and exposure model CalTOX (McKone and Enoch, 1993), with which they used to estimate intake fractions based on measured concentrations found in the literature. It is worth noting that predicted rate of food intake using the CalTOX model was similar to measured concentrations reported by (Schecter et al., 2013), at 0.138 μg/kg/d compared to 0.184 μg/kg/d for DBP and 0.712 μg/kg/d compared to 0.673 μg/kg/d for DEHP, indicating the accuracy of the CalTOX model. Daily intake rates calculated by Shin et al. (2014) from NHANES biomarkers resulted in a nearly one-to-one ratio with exposure model-based predictions, with the former being 14.2 μg/d for DBP and 57.5 μg/d for DEHP. Thus, we contend that even though our selected intake values of 16.1 and 64.5 μg/d are point estimates, they are appropriate for use as input into the PBPK model. That three of the four metabolites of DEHP and MBP exhibited similar concentrations as measured NHANES biomarker values, indicates the PBPK model performed in a reasonable manner. It is unclear why MCPP would be predicted at a value 2–3-fold lower than measured concentrations when this is not the case for the other three DEHP metabolites, and so rates involved in its metabolism or in its transfer from blood to urine could be looked at further to improve the model's performance in regards to this particular metabolite.

5.3 Considerations for a cumulative risk assessment.

DEHP and DnBP demonstrate substantial differences in their kinetic profiles and in their potency for inducing in vivo toxicological outcomes. Both diesters are rapidly hydrolyzed to their monoester metabolites in vivo. However, while MEHP undergoes extensive secondary metabolism, MBP does not. The metabolites of DEHP and DnBP also differ in potency for in vivo effects by as much as 50-fold. In order to develop an estimate of cumulative risk, the external doses of the two phthalates require normalization through a toxic equivalency approach to account for both differences in pharmacokinetics and pharmacodynamics. In this case study, published PBPK models were available (i.e., the AEP) to translate external dose to internal blood concentrations. We used a fit-for-purpose in vitro assay for testosterone inhibition to directly measure potency for a widely-accepted key event. This assay was shown previously to quantitatively predict in vivo activity. However, as we move forward into assessments of less well-studied compounds, we will likely use methods that

are not as extensively validated to obtain such estimates. This case study with phthalates demonstrates the urgent need to develop better fit for purpose *in vitro* assays for specific responses and computational approaches (Yoon et al., 2016).

The toxic equivalency approach used here to account for pharmacokinetic and pharmacodynamic differences in the phthalate diesters depends on a number of assumptions that combine to fulfill the principles of dose additivity (Safe, 1998). First, the relevant chemical species operate via the same adverse outcome pathway. Transcriptomics experiments have shown consistency in the mode of action between for the phthalates that result in sexual dysregulation in rodents (Liu et al., 2005). We have demonstrated here and in previous studies (Balbuena et al., 2013; Clewell et al., 2010) that the relevant monoester metabolic products of DEHP (MEHP, MEHHP, MEOHP, and MECPP) and DnBP (MBP) are active in the testosterone inhibition assay, suggesting that they have a consistent mode of action. Second, dose additivity assumes a quantitative concordance between the testosterone inhibition assay and the apical effect. We have demonstrated this previously for the two most potent metabolite products, MBP and MEHP (Table 2), as well as for two other monoesters (monoethyl phthalate and monomethyl phthalate) for which in vivo data existed (Balbuena et al., 2013). Additionally, the dose additivity assumption requires that the concentrationresponse curves for the species considered are similarly shaped, allowing for variation of the potency. This has been demonstrated in vivo (Rider et al., 2009a) for the developmental effects of several phthalates including DEHP and DBP, and has been demonstrated in vitro for the testosterone inhibition key event for the active metabolites of DEHP and DBP, as well as several other phthalates. Several studies (Balbuena et al., 2013; Clewell et al., 2010) showed that concentration-response curves were parallel. Lastly, dose additivity assumes that concentrations of components in the mixture are well below saturation of the concentration response curve. For each monoester predicted in plasma via the AEP, the predicted plasma concentration (Table 4) was at least 1000-fold lower than the IC_{50} in the testosterone inhibition assay (Table 3). Together, these data indicate that the assumption of dose additivity, and therefore the toxic equivalence approach, is appropriately used in this case study.

As mentioned previously, an assumption was made that in vitro nominal concentrations could be used as a surrogate for in vivo blood levels. This assumption assumes negligible binding, degradation, or metabolism of the chemical in vitro. Ideally, measured free concentrations in the media would be available. However, this data rarely exists for in vitro studies and was not available here. Nonetheless, in this case data is available that directly compares in vitro nominal concentration-response to in vivo concentration response (Balbuena et al., 2013). The *in vitro* IC_{50} values were remarkably similar to the in vivo IC_{50} s for the two active phthalates, supporting the use of nominal concentrations in the *in vitro* assay as a surrogate for in vivo target tissue concentrations.

5.4 Advantages to an AEP-AOP cumulative risk assessment approach

The main advantage using frameworks such as AEPs and AOPs is the built-in transparency and explicit evaluation of the uncertainties in the decision-making process involved in cumulative risk assessment. The structure of AEPs, regarding the organization of exposure

information for chemicals from their source to the target site exposures, supports cumulative risk assessments for multiple chemicals with a common mechanism. In the current case study, the two phthalates are often found in the same media due to their similar physicochemical properties and functional use, but at different concentrations. Cooccurrence data, such as concentrations for multiple chemicals that are measured within the same medium, are readily captured as AEP networks to enable predictions of target site exposures. Here we have shown that in some cases these networks may suitably simplify into exposure estimates that can be related to in vitro measures of activity. To estimate the cumulative risk resulting from such combined exposures, chemical-specific target site exposures were normalized based on their relative potencies determined from dose-response analysis conducted in an *in vitro* system. As a result, it can be predicted whether the combined concentrations of additional chemicals are likely to lead to an adverse health outcome even if the concentration of any one chemical is found to be lower than that required for triggering a response.

Much like has been implemented for AOPs, we envision the creation of a public repository for AEPs and their composite key exposure states and key transitional relationships. This would provide an extensible database of elements that could be easily reused or adapted to different target substances or exposure routes. Furthermore, organization of AEP elements in this manner allows sharing of information across multiple disciplines and for a variety of investigator needs, in addition to allowing generation of computational models that can be customized when appropriate and sufficient exposure data are available. For example, if bioaccumulation is observed in a target species, a database of AEPs could identify what other human and ecological health effects are possible concerns. Lastly, this resource would provide a forum for aggregating and sharing relevant exposure data as it becomes available.

Explicitly defining an AOP provides a framework that can be systematically evaluated for error and implicit or explicit bias. This systematic evaluation of the framework, supplemented by comprehensive literature review and peer-review of mechanisms such as the AOPWiki approach (AOPWiki), increases confidence in the basis of the choice of toxicological endpoints. Further, as the AOP is comprised of events that are causal, not merely associated with an effect, it explicitly defines biological endpoints that may be tested for chemical effect, and ultimately used for point of departure estimate. Moving forward in a public health landscape that is looking to incorporate in vitro based assays into chemical safety assessment, AOPs will be invaluable in defining the characteristics of *in vitro* models necessary for predicting in vivo dose-response and for deriving points of departure to support public health decision making. Finally, the ability to combine these concepts and the available 21st century technologies, including *in silico* and *in vitro* approaches, allows for more comprehensive evaluation of human risk than the traditional animal-based, single chemical assessments. In this case, we estimated a margin of safety for simultaneous exposure to DEHP and DnBP and found the current exposure to be lower than an in vitroestimated point of departure. Given that both phthalates are ubiquitous in the environment, a cumulative risk estimate might provide a more comprehensive evaluation of their potential to impact human health, rather than investigating the risk of each phthalate individually.

In general, a chemical or metabolite could be associated with different AOPs at different levels of exposure. For example, there is evidence that some of the developmental effects of DEHP reverse direction at low concentrations (Gentry et al., 2011). For this reason, a quantitative understanding of the relationship between key events and the adverse outcome is essential for matching the internal target site exposure with the response of the relevant AOP. In this case study, we have used an *in vitro* assay that coincides with a well-supported key event in the AOP to define the relationship of the concentration of a particular phthalate or metabolite with the expected adverse outcome. Significantly, the concentration response of the in vitro assay and the adverse outcome are concordant. Based on the internal PoD and the in vivo cumulative MBP dose derived through integration of predicted daily intake values with the PBPK model, the MoS was at least 10-fold above that generally considered to be of high concern. Therefore, it appears that the cumulative MBP-equivalent dose does not elicit a strong reduction in testosterone production. While the assay used here has some limitations (e.g., it assumes rodent responses are a reasonable proxy for the human), as knowledge of the AOP for human effects increases, new in vitro assays may be developed and used to improve the estimates of human risk. Thus, by explicitly defining the level of confidence in each underlying assumption for the AOP and AEP, we can identify key areas of uncertainty and focus ongoing research on the areas that would provide the most benefit to risk assessors.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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HIGHLIGHTS

- **•** Major exposure routes extracted from an AEP were used to estimate exposures to DEHP and DnBP.
- **•** A new AOP was developed for disruption of male development through reduced testosterone production via inhibition of c-PLA2.
- **•** A margin of safety was determined for aggregate exposures to DEHP and DnBP.
- **•** These AEP-AOP frameworks will inform decisions in cumulative risk assessment.

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Figure 1.

Adverse Outcome Pathway (AOP) and Aggregate Exposure Pathway (AEP) frameworks. The dotted line represents the target tissue dose calculated from AEP that interacts with the MIE of the AOP leading to cellular effects. (Figure is adapted from Teeguarden, Tan, et al., 2016 (Teeguarden et al., 2016)).

Figure 2.

A visual Aggregate Exposure Pathway for phthalates, as determined from information extracted from literature. Key exposure states (KESs) are represented as stacks of boxes, with each stack meant to describe temporal and spatial information (i.e., date and location recorded for the samples, as extracted from different literature resources) for that particular KES. Key transitional relationships (KTRs) are represented as arrows, and for the purpose of this figure, are only transport processes from one KES to another for a parent phthalate. The source is represented by orange stacks, while the target site exposure (TSE) is represented by green stacks. A blue-green box is meant to demonstrate that a TSE from one species can act as an intermediate KES for another species, such as consumption of contaminated fish tissue. Note that most TSEs unrelated to humans are inferred from laboratory studies artificially exposing the given species to the medium in question, under the assumption that that particular species is susceptible to exposure due to knowledge of its and the chemicals' presence in that medium. While multiple empirically-derived KESs are represented in this figure, for the purposes of our case study, only eight are of focus here (i.e., those boxes that include asterisks) due to their relative importance in regards to what was found during the literature review.

Figure 3.

Proposed AOP for testosterone-mediated male sexual development in the rat fetus: the target site chemical dose (stressor) is provided as input from the AEP. Strength of evidence for each key event is illustrated by color: red = low confidence and green = high confidence. cPLA2: calcium-dependent phospholipase A2; AA: arachidonic acid.

Figure 4.

Proposed general scheme for the determination of a cumulative margin of safety (MoS) for combined exposures.

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Figure 5.

Proposed method for determining cumulative margin of safety for phthalates, using DEHP and DnBP as a case study example.

Table 1.

Summary Table for key event relationships in the proposed AOP for disruption of testosterone-mediated male sexual development.

Table 2.

Comparison of IC₅₀ values in vivo (fetal rat testes) to IC₅₀ values in vitro (R2Cs) from Balbuena et al., 2013 (Balbuena et al., 2013).

Table 3.

Calculated parameters for estimated cumulative exposure with relative potency factors (RPFs) taken from Balbuena et al., 2013 (Balbuena et al., 2013).

