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Spatial and temporal scales of dopamine transmission

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Abstract

Dopamine is a prototypical neuromodulator for the control of circuit function through G-protein coupled receptor signaling. Neuromodulators are volume transmitters with release followed by diffusion for widespread receptor activation on many target cells, but we are only beginning to understand the specific organization of dopamine transmission in space and time. While some roles of dopamine are mediated by slow and diffuse signaling, recent studies suggest that certain dopamine functions necessitate spatiotemporal precision. Here, we review the literature and develop a new model for dopamine transmission. We focus on dopamine signaling in the striatum and discuss release mechanisms and receptor organization. We then propose the domain-overlap model, in which release and receptors are arranged relative to one another in micrometer-scale structures. This architecture is different from point-to-point synaptic transmission or the widespread organization often proposed for neuromodulation. It enables activation of receptor subsets that are close to release sites during baseline activity, and overlap between these micrometer-scale domains with broader receptor activation when firing is synchronized across dopamine neuron populations. This signaling structure is matched to the properties of dopamine neurons, explaining how switches in firing modes support coding dynamics and may lead to distinct pathway modulation.

Introduction

Dopamine has multidimensional importance in the control of brain function and is associated with a broad spectrum of brain disorders including Parkinson's Disease and addiction. As an evolutionarily ancient neuromodulator, roles of dopamine are preserved from *C.elegans* to humans^{1,2}. In the mammalian brain, most dopamine neurons reside in two nuclei in the ventral midbrain: the pars compacta of the substantia nigra (SNc) and the ventral tegmental area (VTA). The SNc neurons project to the dorsal striatum, giving rise to the nigrostriatal pathway, important for motor control and action selection. VTA dopamine neurons predominantly project to the ventral striatum and the prefrontal cortex, forming the mesocorticolimbic pathway, and are responsible for reward processing and reinforcement learning^{3–6}.

A central unresolved question is how dopamine signaling is organized to mediate these broad functions^{6–8}. The classical view is that dopamine transmission lacks speed and

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accuracy, but recent studies have found hallmarks of precise signaling. Early work by Carlsson led to the discovery of dopamine as a neurotransmitter and suggested that dopamine functions are slow and imprecise^{9,10}. Rabbits treated with reserpine, a vesicular monoamine transporter (VMAT) blocker that depletes brain dopamine, were paralyzed. Upon injection of L-DOPA, a dopamine precursor, movement was restored under the continued presence of VMAT blockade. Hence, the brain was able to metabolize L-DOPA and use it to drive locomotion despite the absence of vesicular dopamine loading and of precise exocytotic release. Morphological studies support the hypothesis that spatial precision is not built into dopamine signaling, with receptors and transporters being predominantly extrasynaptic^{11–14}. Furthermore, the vertebrate dopamine receptors, which are all G-protein coupled receptors (GPCRs), operate at speeds that are orders of magnitude slower than ionotropic receptors¹⁵. These properties have led to the model that dopamine signals through volume transmission and does not rely on the high spatiotemporal precision that defines synaptic transmission (Fig. 1).

Striatal circuit function, however, is highly dynamic and relies on precise dopamine modulation. Important examples are that dopamine signals are local and short-lived^{16–18}, and that dopamine-mediated behaviors and target cell modulation can correlate with dopamine neuron firing on the order of tens to hundreds of milliseconds^{19–27}. Further supporting spatiotemporal precision, resupplying L-DOPA improves symptoms caused by dopamine decline, but learning defects are only partially alleviated^{28–31}, consistent with a need for precise signaling.

Based on these and other findings, the field has developed a compelling framework on the importance of dopamine dynamics in behavior^{4–6,32}, but it remains challenging to reconcile the physiology of dopamine transmission with the broad and sometimes rapid coding properties. Here, we review progress on the mechanisms of dopamine release and the functional organization of dopamine receptors to evaluate how the signaling architecture may support dopamine functions. We focus on the vertebrate striatum because of the well-established importance of dopamine in this circuit, and draw parallels to other dopamine systems when appropriate. We then develop a generalized framework for dopamine neurotransmission. We propose the domain-overlap model, which relies on rapid release followed by diffusion with micrometer-scale release-receptor organization. The presence of these signaling domains potentially explains how switches in firing modes can lead to distinct pathway modulation and broad coding dynamics.

Dopamine Release

Striatal dopamine levels are highly dynamic and fluctuate on different time scales, with sub-second transients, ramps that may last for several seconds, and oscillations on the timescale of hours^{20,33–37}. It has long remained uncertain where dopamine is released from the extensively branched striatal axons and how the secretory mechanisms can account for these dynamic signals^{7,38}. Because most dopamine transmission is not naturally associated with postsynaptic currents, many studies rely on electrochemical measurements that sample dopamine from a large area and either lack temporal resolution or dopamine selectivity. This has started to change with the development of fluorescent reporters and dopamine-sensitive

ion channels (Fig. 2). Accumulating evidence now indicates that dopamine signaling is not only temporally dynamic but also spatially organized^{16–18,22,39–41}.

Dopamine varicosities

Most dopamine terminals do not form classical synapses, but contain varicosities that are not associated with defined postsynaptic structures and are packed with small, clear vesicles^{42–44}. The findings that vesicular dopamine loading is essential^{45–47} and that quantal release events can be detected^{48–51}, established that most dopamine is released through vesicle fusion^{7,8}. Each varicosity could, in principle, embody a release site. However, a recent study suggested functional heterogeneity across varicosities, with only 20% of them secreting above detection threshold upon action potential firing¹⁸. Hence it is possible that not all varicosities are release-competent, or that there is strong heterogeneity in the release properties between varicosities.

Dopamine neurons co-release glutamate and GABA, and previous reviews provide in-depth discussions of co-release^{52,53}. In striatal dopamine axons, glutamate release is likely segregated from dopamine release^{13,54–56}. Symmetric synapses like the ones detected in the dopamine system^{43,57,58} are typically GABAergic, and optogenetic dopamine axon activation indeed robustly triggers dopamine and GABA release from the same vesicular compartment^{59,60}. While GABA receptors and associated proteins are present at the postsynaptic sites, morphological analyses suggest that most GABAergic markers are not detected in the subset of varicosities that form asymmetric contacts with target cells¹³. This makes it uncertain whether the synaptic structures of dopamine axons are the source of GABA and dopamine release. Studies in cultured midbrain dopamine neurons indicate that only a small proportion of dopamine terminals form synapses, but both synaptic and non-synaptic terminals can release dopamine irrespective of the target cell contact⁶¹. Together, these studies suggest that there are specific sites for exocytosis, but that the synapse-like morphology of a subset of the dopamine varicosities does not reliably identify these sites.

Active zone-like dopamine release sites

If the varicosities themselves do not define secretory hotspots, such sites may be accounted for by specific molecular machinery. Evoked exocytosis is triggered by Ca^{2+} entry through voltage-gated Ca^{2+} channels, and mediated by SNARE complexes that drive vesicle fusion. At conventional synapses, this process is triggered by vesicular Ca^{2+} sensors called synaptotagmins and restricted to active zones on the target membrane (Fig. 1)^{62,63}. Active zones are present at every synapse, they precisely target release towards postsynaptic receptors, their regulatory mechanisms shape the relationship between firing and release, and they contain the scaffolding proteins RIM, Munc13, Liprin- α , RIM-BP, ELKS and Piccolo/Bassoon^{62,64}. In contrast to synapses, exocytosis from other secretory cells, for example chromaffin cells, occurs across broad membrane domains and may not need active zone-like specializations (Fig. 1)^{63,65}. Until recently, it has remained unclear whether a central neuromodulator like dopamine relies on active zone machinery.

It is now established that evoked dopamine release requires active zone-like sites (Fig. 3). First, dopamine release occurs on a millisecond time scale and has a high release probability,

indicating that vesicles are rendered release-ready before action potential-arrival^{17,40}. Second, clustering of active zone proteins including Bassoon, RIM, ELKS, and Munc13 can be detected using confocal, superresolution and immuno-electron microscopy^{13,17,41,55,66,67}. Finally, evoked dopamine release is abolished upon dopamine neuron-specific knockout of RIM or Munc13, establishing their essential roles^{17,41,68}.

Interestingly, the frequency of active zone scaffolds in dopamine axons is much lower than that of varicosities^{17,41}. This result matches with the observation that only ~20% of varicosities have detectable release of false fluorescent neurotransmitters (FFNs), supporting the model that many varicosities are release-incompetent¹⁸. Examination of dopamine distribution using a fluorescent sensor further revealed that evoked dopamine release in the striatum is not widespread, but is concentrated around sparse hotspots²². Together, these findings have led to a model in which action potential-induced dopamine release occurs at a limited number of sites that are defined by RIM and Munc13 (Fig. 3). On average, there is one dopamine release site every ~4 μm of dopamine axon, which leads to an estimate of one site per 25 μm^3 of the striatum^{17,41}. Hence, the vast majority of striatal space is a few micrometers away from a release site (Fig. 3b). This sparsity of dopamine sources, together with the release properties discussed below, has important implications for dopamine coding and forms the foundation of the domain-overlap model that we propose.

Properties of dopamine release

The active zone of a synapse docks and primes synaptic vesicles to generate a readily releasable pool (RRP), and it positions those vesicles at defined distances of presynaptic Ca^{2+} channels to control their vesicular release probability (P)^{62,64,69–71}. RRP and P control the efficacy of release; the bigger they are, the more dopamine is released when an action potential arrives. High P also leads to rapid RRP depletion during repetitive firing⁷¹.

Measurements of RRP in dopamine neuron cultures and synaptosomes revealed that only a few percent of the vesicles are part of the RRP^{72,73}. This establishes that mechanisms to generate releasable vesicles must be present. We propose that this function is mediated by RIM and Munc13, similar to conventional synapses^{70,74–76}, given the strong dependence of dopamine release on these proteins and their presence in dopamine axons^{17,41,55,68}. One observation consistent across studies is that dopamine RRP replenishment is slow, with depletion of dopamine release lasting for tens of seconds after a single stimulus^{16,17,40,77–80}. This indicates that recovery from depression is one to two orders of magnitude slower than that of fast synapses^{71,80,81}. Since replenishment speed is critical for the frequency range at which a transmission system can operate, and since dopamine receptors are ‘slow’ GPCRs, the dopamine system is not well suited for high-frequency information transfer.

P is determined by the amount of Ca^{2+} entry, its localization relative to release-ready vesicles, and the Ca^{2+} -sensitivity of the release machinery. It is often estimated by assessing responses to paired stimuli (paired-pulse ratios)⁷¹. If P is high, release triggered by the first stimulus depletes the RRP and reduces the second response when the interstimulus-interval is short. Dopamine axons exhibit strong depression even at long intervals, with the first pulse depleting ~60% of the RRP^{17,40,41,55,80,81}, indicating that P is very high. Estimating P via paired-pulse stimulation necessitates detecting peak release, specific activation of dopamine

axons, and activation of the same axon population by both stimuli, requirements that are often not met. Peak release is best assessed by measuring peak dopamine levels, which are detected within <5 ms of stimulation if the sampling rate is fast^{17,49,80}. Hence, estimating P at short interstimulus intervals requires sampling at >400 Hz, which is typical for amperometry. Lower-frequency measurements, for example voltammetry (often performed at <10 Hz in vivo) or some imaging approaches, report dopamine levels at a specific point during the decay or average dopamine over the sampling time window, respectively. The detected dopamine amount highly depends on the exact sampling time point and on dopamine accumulation and clearance, and is not linearly correlated with release. During stimulus trains or burst firing, low sampling frequencies may further magnify apparent contributions of later responses because of prolonged dopamine decay, which has sometimes led to estimates of low P. We note, however, that when the sampling frequency is fast enough to capture the release peak, depression indicative of high P is also seen in vivo^{79,82,83}. Ultimately, approaches that are not fast enough to measure peak release are not well suited to determine P. A further confound in early studies is that electrical stimulation coactivates striatal cholinergic interneurons, which locally drive dopamine release and dominate the evoked response^{17,84–87}. This mechanism leads to complete depression after the first stimulus. It can be avoided through the use of pharmacology or by dopamine neuron-specific optogenetic activation. Optogenetic stimulation enables dopamine axon firing at frequencies of up to 10 Hz when a fast actuator is used¹⁷. Given the complexity of the dopamine axonal arbor and the distinct axonal vs. somatic properties, it is important that the reliability of activation is established in the area of stimulation in optogenetic experiments.

Dopamine release in the striatum is steeply dependent on extracellular Ca^{2+} ^{40,78,88}, establishing the reliance on plasma membrane Ca^{2+} channels (Fig. 3a). A recent study used optogenetics to stimulate dopamine axons and found that Ca_v1 (L-type), Ca_v2 (P/Q-, N- and R-type), and Ca_v3 (T-type) channels all contribute to dopamine release⁷⁸, different from classical synapses (which nearly exclusively rely on Ca_v2 s^{89,90}). In contrast to these mixed Ca^{2+} sources, synaptotagmin-1 is the single fast Ca^{2+} sensor for axonal dopamine release-triggering⁴⁰, bolstering the model of a fast, precise and high P release mode. Remarkably, although removal of synaptotagmin-1 eliminated synchronous dopamine release, KCl-induced depolarization still triggered release, suggesting that additional release modes and Ca^{2+} sensors exist.

In addition to axonal release, midbrain dopamine neurons also release dopamine through vesicular exocytosis from their somata and dendrites^{91–94}. Dopamine D2 autoreceptor activation, in turn, triggers inhibitory postsynaptic currents mediated by GIRK2 channels (D2-IPSCs), which can be measured by whole-cell recordings (Fig. 2c)⁹⁵. While we are only beginning to understand the somatodendritic release machinery, a recent study established that it relies on the release site organizer RIM⁶⁸, similar to axonal release¹⁷. D2-IPSCs can also be measured in the striatum when GIRK2 channels are virally expressed, and their characterization strongly supports a high P and strong depression^{16,55}. As further discussed below, this line of work has revealed important insight into dopamine receptor activation.

Tonic and Phasic Release

Switching between firing modes is a hallmark feature of dopamine neurons (Box 1)^{96,97}. Tonic firing at 0.2–10 Hz relies on cell-autonomous pacemaker currents^{98,99}, while burst (or phasic) firing at >10 Hz is driven by excitatory inputs^{100,101} and results in synchronized dopamine neuron activity. It has been proposed that tonic firing generates steady-state dopamine concentrations, or tonic release, and burst firing leads to phasic release^{101,102}. Switching between firing modes may account for dynamic dopamine signaling⁴. Somatic dopamine neuron firing rates, however, are not linearly translated into axonal dopamine release, but are subject to strong short-term depression as discussed above. Furthermore, a small amount of extracellular dopamine can be detected without somatic firing or when the protein machinery for action potential-triggered release is ablated^{17,33,86}. For these reasons, tonic and phasic firing are not equal to tonic and phasic release (Box 1)⁴.

The notion that dopamine release machinery responds robustly to the initial activity, but rapidly depresses for tens of seconds^{16,17,40,77–80}, makes important predictions (Fig. 4). First, tonic firing leads to depletion, and dopamine release in response to each action potential is largely determined by the recovery of these refractory sites. Therefore, neurons with lower spontaneous activity might contribute more during phasic release because their RRP is less depleted when the synchronizing stimulus arrives. Second, during burst firing, only the first few action potentials lead to significant dopamine release from a single axon. It is thus the synchrony of population firing, not the firing pattern of individual neurons, that dominates signaling during phasic release. In support of this view, burst firing is strongly impaired in mice that lack NMDA receptors, but phasic dopamine transients and behaviors mediated by them persist^{100,103}.

The terms phasic release and burst (or phasic) firing are widely and often interchangeably used (Box 1). We emphasize that even though they are correlated⁴, they represent very different aspects of dopamine coding. Phasic release depends on the simultaneous recruitment of a dopamine neuron population, which relies on synchrony across dopamine neurons and does not require burst firing^{33,100,103,104}. In contrast, burst firing is an activity pattern of a single dopamine neuron and does not strongly enhance dopamine release from that neuron due to the prominent use-dependent depression^{16,17,40,77–80}. In most cases, burst firing is synchronized across dopamine neurons and the first spike efficiently elevates dopamine levels, while the following activity releases less dopamine due to reduced synchrony and the presence of refractory sites^{79,83,105}. Thus, the later spikes during bursts are likely not efficient at increasing dopamine levels further, but help maintain elevated levels caused by the first spike to increase dopamine dwell times. While high-frequency sampling reveals high initial release rates, low-frequency release measurements may detect an apparent increase late in the burst because the slow sampling frequency reports increased average levels due to the prolonged dopamine decay^{17,79,82,83,106}.

Dopamine receptors

In the striatum, medium spiny neurons (MSNs) are the main output neurons, and they contain the majority of the dopamine receptors. The striatum displays significant regional heterogeneity and is subdivided into patches (or striosomes) and matrix¹⁰⁷. The MSNs are

localized in both areas, and we here focus on the nano- to micrometer scale organization of dopamine receptors on MSNs and how their organization could contribute to the control of dopamine signaling.

Cell-type specific dopamine receptor distribution

Dopamine receptors are large, seven-transmembrane containing GPCRs. In vertebrates, five genes encode for two major classes, the D1-like (D1, D5) and D2-like (D2, D3, and D4) receptors¹⁵. D1-like receptors are $G\alpha_s/olf$ coupled to activate adenylate cyclase and increase excitability. In contrast, D2-like receptors couple to $G\alpha_i/o$ reducing adenylate cyclase activity, having an overall inhibitory effect^{108–110}. In the brain, dopamine receptor expression levels are correlated with the density of dopamine innervation, D1 and D2 receptors are abundant, with estimates suggesting 3–5 fold more D1 than D2 receptors, and expression of the other receptors is generally low^{108,111–113}.

D1 and D2 receptors are most prominently found in the dorsal and ventral striata, where their presence defines MSN subtypes (D1- and D2-MSNs, respectively), and D2 receptors are also expressed on dopamine axons^{12,114,115} (Fig. 5). The distinct receptor localization on MSN subtypes forms the foundation of striatal dopamine regulation and defines functions of the classic model of direct and indirect pathways^{1,114–117}. Approximately half of the MSNs predominantly express D1 receptors and form the direct pathway, facilitating movement and reinforcement learning. The other half mostly express D2 receptors and give rise to the indirect pathway, which generally inhibits the same functions^{25,114,117–121}.

Receptor organization

The subcellular distribution of dopamine receptors remains largely unknown. However, their opposing functions in cell-excitability, their cell-type specific distribution, and their distinct behavioral functions revealed by pharmacological manipulations may suggest an organization for selective activation. A simple solution would be that a single dopamine axon specifically targets nearby receptors on a specific MSN. Surrounding organization for dopamine reuptake could be used to limit dopamine spread. This architecture would be similar to synapses (Fig. 1), for which a defining feature is receptor clustering within tens of nanometers of release sites^{62,64}, but fundamentally different from classical models of volume transmission.

Most morphological studies, however, are not easily compatible with such a synapse-like organization of dopamine transmission. Ultrastructural analyses revealed that most dopamine varicosities are not apposed to postsynaptic cells and densities^{42–44}. While antibody-labeling often suffers from unspecific signals, studies with several different dopamine receptor antibodies support one another to suggest a distributed localization. Light- and immunoelectron-microscopy revealed that D1 receptors are broadly localized on MSNs, with somatic, dendritic shaft and dendritic spine localizations, and they sometimes appear clustered^{13,14,122}. Similarly, D2 receptors appear broadly distributed within D2-MSNs, in some studies with enhanced presence in distal dendrites^{12–14}. A recent immunoelectron microscopy study focused on the subset of dopamine varicosities that make synaptic-like contacts¹³. There, D1 and D2 receptors were not commonly found in the

apposed postsynaptic membrane, but were distributed perisynaptically (within 100 nm of the edges of the synaptic-like apposition), or extrasynaptically (beyond 100 nm of the synaptic-like contact). Together, these morphological studies suggest that dopamine receptors are at least partially clustered on MSNs, but fail to detect a synapse-like apposition for most receptors (Fig. 5), and the term “dopamine synapse” should not be used to describe the general striatal dopamine signaling architecture.

Receptor activation

Receptor activation is a dynamic process, relying on ligand availability and receptor-binding properties. An early observation was that D2 receptors exhibit a high-affinity state ($K_d = \sim 25$ nM), while D1 receptors are mainly in a low-affinity state ($K_d = \sim 1 \mu\text{M}$)¹¹². This has led to a model in which tonic dopamine levels ($\sim 2\text{--}20$ nM) and phasic dopamine release activate D2 receptors and D1 receptors, respectively. Necessary release-receptor distances were estimated based on these affinities and corresponding models were proposed^{123–125}. However, the experimental conditions during affinity measurements may have confounded the initial results. GTP that is present within MSNs significantly reduces the affinity of D2 receptors to levels similar to D1 receptors¹¹², and the affinity-based models have been challenged^{113,126}. Most studies in brain slices find that the half-maximal effective dopamine concentration for activation of the two receptors is similar and in the micromolar range, suggesting that both dopamine receptors are mainly in a low-affinity state in vivo^{16,127–129}.

A single vesicular release event generates a spreading sphere of dopamine with a steep concentration gradient surrounding this point source, and the degree of receptor activation depends on release-receptor distances and on dopamine dwell times^{22,123,130}. In contrast to synapses, where cleft organization leads to transmitter concentrations above 1 mM ⁶⁴, dopamine is free to diffuse in the extracellular space and is quickly diluted upon release. If nanomolar dopamine is sufficient for receptor activation and a binding equilibrium is reached immediately, a release event might be able to recruit dopamine receptors as far as a few micrometers away. However, since dopamine transients from a single vesicle are brief (~ 3 ms before they are diluted to < 200 nM)^{113,123}, dopamine receptor activation necessitates micromolar dopamine^{16,127,128}, and dopamine receptors likely have relatively slow binding kinetics^{131,132}, it is improbable that receptors at micrometer distances are efficiently activated by a single vesicular release event. Instead, the effective distance of receptors to detect quantal release is probably below one micrometer^{22,113,123,130–132}. An important additional consideration is the relationship between diffusion and dopamine reuptake via the dopamine transporter (DAT). Experimental data and modeling suggest that diffusion dominates dopamine levels over distances of several micrometers from release sites, and the effects of DAT may only become significant beyond that distance^{105,123,133}. Since single release events generate a smaller receptor activation zone, this area is likely exempt from DAT regulation, but DAT activity may determine the degree of crosstalk of adjacent release sites and control spatiotemporal characteristics of phasic release^{22,123}.

Electrophysiological studies of D2 receptors further contrast affinity-based models. They have established that D2 receptor signaling relies on close-by low-affinity receptors that are rapidly activated. D2-IPSC can be measured as GIRK currents in midbrain dopamine

neurons and are triggered by somatodendritic release⁹⁵. Interestingly, fluorescently tagged endogenous D2 receptors are at least partially clustered on midbrain dopamine neurons¹³⁴. Somatodendritic transmission occurs in a rapid and localized manner, contrary to the classical view of tonic D2 receptor signaling. D2-IPSCs are readily evoked by a single stimulus and do not require repetitive stimulation, they have relatively fast kinetics with a lag of ~50 ms after stimulation, and they necessitate high dopamine concentrations^{95,135,136}. Quantal events are present in the absence of action potentials, establishing efficient receptor activation by exocytosis of a single vesicle⁴⁸. Together, these studies reveal that in the midbrain, release sites and receptors are organized such that individual secretory events effectively mediate somatodendritic transmission. Notably, many of these features are shared by striatal D2 transmission monitored via D2-IPSCs¹⁶. Most importantly, strong stimulation enhances D2-IPSCs over repetitive optogenetic stimulation and D2 receptors are only saturated by ~100 μ M dopamine, establishing that striatal D2 receptors respond to phasic release¹⁶.

Altogether, studies on release and receptors predict that there is a steep dopamine gradient originating from a point source, that receptors within ~one micrometer are rapidly activated, and dopamine dynamics and receptor states may strongly influence their activation. Large striatal areas appear to be out of reach of individual fusion events (Figs. 3, 5), and receptors in these farther-away areas necessitate dopamine spread and pooling of multiple sites for activation, as proposed with the domain-overlap model.

A micrometer-scale framework for dopamine signaling

The domain-overlap model

Baseline dopamine signaling is often considered to rely on uniform, steady-state dopamine concentrations^{101,102,137}, a view that arises from sampling of a large area at low frequency, for example with microdialysis or voltammetry (Fig. 2). As discussed above, most of the dopamine release sites are depleted during tonic firing. In consequence, uncoordinated tonic dopamine neuron activity leads to release from only a small and changing subset of release sites that are sparsely distributed in the striatum (Figs. 3, 4). Upon release, dopamine is diluted to sub-micromolar concentrations at micrometer distances within a matter of milliseconds^{50,123,138}, and overlap with dopamine from adjacent sites is unlikely. Since dopamine dwell times around these sparse events are short, release during tonic firing cannot maintain steady-state receptor activation¹¹³, but instead transiently activates a changing small subset of receptors (Fig. 6a). This dynamic process may appear as steady-state activation in measurements that lack spatiotemporal resolution.

In contrast, groups of dopamine neurons are activated synchronously by reward consumption or movement initiation^{6,20,21,139}. This simultaneous activity leads to phasic release and overlap of dopamine domains from multiple sites. As a result, more homogenous dopamine levels and receptor activation beyond the individual, micrometer-sized signaling domains are likely (Fig. 6b). Following this domain-overlap model, understanding whether there is differential dopamine receptor distribution at “long”, micrometer distances from release sites is critical as it would determine which receptors are activated during tonic vs. phasic firing. A dynamic activation mechanism combined with distinct distributions of receptor subtypes

at multi-micrometer scales might contribute to pathway selection and underly the diverse roles of dopamine.

Relationship to previous models

While dopamine release and diffusion occur within a few milliseconds, dopamine receptors, like other GPCRs, require ~100 ms or more to signal, limiting signaling speeds^{16,17,80}. The high release probability may not be necessary for rapid signaling, but instead generates fast, synchronous release needed for phasic signaling via activation of receptors beyond the individual signaling domains. Simultaneous release transiently overwhelms the DAT, leads to overall enhanced dopamine levels, and increases dopamine dwell times to reach activation thresholds of receptors residing farther away^{16,22,123,137}. This domain-overlap model reconciles features of D2-IPSCs with morphological studies^{13,16,95}. As long as receptors are reached within milliseconds by dopamine levels sufficient for their activation, they may not need to be precisely apposed to release sites. Localization within hundreds of nanometers may be sufficient for activation (Figs. 3, 5), and DAT blockade may enhance D2 activation because dopamine travels farther^{13,16,136}. Rapid release with sharp rises in extracellular neuromodulator concentration followed by diffusion over distance might represent a universal mechanism for modulatory systems in the brain.

D1- and D2 MSNs define the direct and indirect pathways^{114,117,118}, respectively, with the direct pathway facilitating movement and reinforcement learning and the indirect pathway inhibiting it^{25,116,119–121}. In a simplified view, the role of dopamine in these pathways is twofold^{6,20,21,25}. For movement control, dopamine modulates striatal moment-to-moment activity to mediate action selection. For learning, it couples to active ensembles of neurons to induce long-term synaptic changes and to enhance selected neural trajectories during task execution. Dopamine activates the direct and inhibits the indirect pathway, which changes the net output and triggers synaptic plasticity in this circuitry^{25,114,115,140,141}. We propose to reconsider the affinity-based model, in which extrasynaptic D2 receptors preferably sense baseline dopamine, and D1 receptors mostly respond to high amplitude phasic dopamine in a synaptic-like structure^{106,112,125,142}. These models assume a higher affinity of D2 receptors, do not consider receptor activation kinetics, and conclude that D2 receptors are widespread while D1 receptors are clustered in a synaptic-like fashion. As outlined throughout the review, many findings challenge these models. D2 receptors likely operate in a low-affinity state in vivo and are not efficiently activated by background dopamine levels (2–20 nM). Instead, they reliably detect phasic release and only saturate at 100 μ M dopamine¹⁶, and they are markedly clustered in the midbrain¹³⁴. The kinetics, affinity, abundance and distribution of D1 and D2 receptors make both receptors suited for tonic and phasic signaling^{13,113,126,131,132}. Furthermore, tonic release does not produce steady-state dopamine levels. Instead, it is a dynamic process that transiently activates nearby receptors, and both D1 and D2 receptors can be activated if they are close enough (Fig. 5). Finally, phasic release recruits farther away receptors and the degree of activation is determined by release-receptor topographies and dopamine dwell times.

Receptor clustering at micron-scale distances is well suited to reconcile these discrepancies. While some of the receptor clusters may be in a near-synaptic organization, they do not need

to be. Instead, receptor clustering is needed for compartmentalized and robust induction of intracellular signaling, and release-receptor distances that vary at a micrometer scale determine activation during tonic or phasic release (Fig. 6). Early studies likely overestimated functional dopamine release site density because varicosities instead of active zones were counted as the relevant sites (Fig. 3), and because it was not considered that spontaneous firing depresses most release sites (Fig. 4). This resulted in models in which release modes account for homogenous low concentrations of “tonic” dopamine and sharp, brief local rises of “phasic” dopamine. We propose that switches between firing modes can serve for select activation of receptor clusters through generation of separated vs. overlapping signaling domains, where the relevant parameter is not how much dopamine levels rise at release sites, but how far dopamine spreads. While isolated release events only activate close-by receptors, synchronizing firing across dopamine neuron populations recruits additional receptors due to crosstalk of active release sites (Fig. 6). If D1 and D2 receptors are distributed equally around the release sites, phasic dopamine release will not change their ratio of recruitment. Conversely, if the distances to release sites are different between receptor subtypes, distal receptors will be relatively more preferred during phasic release. The organization between dopamine release sites and its receptors not only allows a single release site to recruit multiple surrounding receptors, but may also enable receptors to receive input from distinct subsets of dopamine axons. There is currently no data on release site distribution within a single axon, but heterogeneity in their distribution within the extensively arborized axon may further impact dopamine signaling. Ultimately, the organization of dopamine release sites and distinct receptor subtypes remains an open question, but higher-order architecture on micrometer scales might be exceptionally well suited to control distinct output neuron populations with switches in firing modes.

Conclusions and outlook

With the domain-overlap model, we propose that dopamine signaling has evolved to control striatal output through the appearance of specialized architecture with relevant release-receptor assemblies at micrometer scales. This is different from synaptic transmission, and embodies a form of volume transmission that is more refined than the often proposed diffuse organization. A key feature of dopamine signaling is that tonic firing and synchronized burst firing encode distinct functions. The mesoscale signaling structure of the domain-overlap model permits differential coding. Tonic release activates variable subsets of nearby receptors through secretion from sparse sites. Burst firing triggers synchronized release from a population of neurons, which leads to overlap of the dopamine signaling domains (Fig. 6) and recruitment of additional distant receptors. The domain-overlap model, relying on fast release and diffusion to activate distant receptors, may represent a universal mechanism for volume transmission in the brain. Cholinergic transmission, for example, shares key morphological features, high P and pacemaker and burst firing modes^{44,143}.

Future work should aim at testing this model and at mechanistically dissecting four important points. First, a precise understanding of receptor distributions at micrometer distances from release sites is essential, including their clustering, their positioning relative to the secretory hotspots, and their activation profiles during firing. Second, a majority of varicosities may release little or no dopamine in response to action potentials^{17,18,41}. What is

the benefit of having them? Material storage in the extensive axonal arbor, a reservoir that can be activated during structural plasticity, and a source for action potential independent dopamine release are possibilities that should be investigated. Third, dopamine signaling in the striatum relies on extensive local regulation⁸, and a remarkable feature is the striatal dopamine release triggering by cholinergic interneurons independent of ascending action potentials^{17,84–87}. It will be important to assess how these regulatory mechanisms are embedded in the signaling architecture we describe here. Finally, at fast synapses, cell adhesion proteins are thought to provide critical signals for nanometer scale release-receptor apposition^{62,64}. How a micrometer scale architecture between release and receptors can be set up and modulated is unclear.

Similar to other areas in neuroscience, we are at an exciting stage in understanding dopamine as new technology is developed to drive progress. Important recent advances include the development of multiple dopamine sensors^{22,79,83}, the generation of genetic resources for inactivation of action potential-triggered dopamine release^{17,40,41}, and advances in superresolution microscopy that enable studies of the protein composition of brain circuits at nanometer resolution over large areas^{144,145}. We expect that these tools will enable mechanistic insight into the signaling networks of dopamine and other neuromodulatory systems with unprecedented precision.

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Display items

Tonic vs. phasic dopamine neuron activity

The terms “tonic” and “phasic” have been used for several features of dopamine neurons⁴. In the context of dopamine transmission, it is important to distinguish between firing, release, and signaling.

Firing:

Tonic firing refers to sustained activity at 0.2–10 Hz of a dopamine neuron, mediated by cell-autonomous pacemaker conductances^{98,99}. It is estimated that 50–98% of dopamine neurons exhibit tonic firing in vivo^{101,146}. *Burst firing* is characterized by short bursts of action potentials (3–10 spikes, >10 Hz) of a dopamine neuron. It is typically caused by activation of its NMDA receptors via excitatory inputs and embodies the response to environmental stimuli^{100,101}. Burst firing is sometimes called *phasic firing*, which highlights the synchrony of activity across dopamine neurons arising from shared inputs.

Release and signaling:

Tonic release generates short-lived dopamine transients of a few milliseconds at a small, variable subset of release sites. Dopamine is quickly diluted into the extracellular space, and the balance between tonic release and reuptake via DAT determines the measured baseline dopamine levels, which are ~2–20 nM^{123,124}. These are below the activation threshold of most dopamine receptors^{16,127–129}, but are likely composed of many short-lived dopamine peaks that are averaged over time. *Tonic signaling* is most likely caused by these short-lived dopamine signals close to release sites rather than the steady-state dopamine levels. Remarkably, only ~70% of the baseline dopamine measured in microdialysis is caused by action potential firing. The remaining ~30% are independent of action potentials and the active zone proteins RIM and Munc13^{17,41}, and may, for example, be accounted for by spontaneous vesicular fusion^{17,40,48,68}. *Phasic release* is an important form of dopamine coding, and it occurs when a large number of dopamine release sites are simultaneously activated. Dopamine reuptake mechanisms are transiently overpowered, resulting in significant crosstalk between dopamine signaling domains and prolonged dopamine dwell times (Fig. 6). For *phasic signaling*, the rapid dopamine elevation across multi-micron sized areas may lead to activation of dopamine receptors distant from release sites. Synchrony of release across dopamine neuron populations is a prerequisite of phasic release and signaling. In experimental paradigms, low-frequency stimulation is often used to mimic tonic release. However, this does not replicate the stochastic feature of release site activation that is typical for tonic release, but instead recruits many axons simultaneously and thus mimics the essential feature of phasic release.

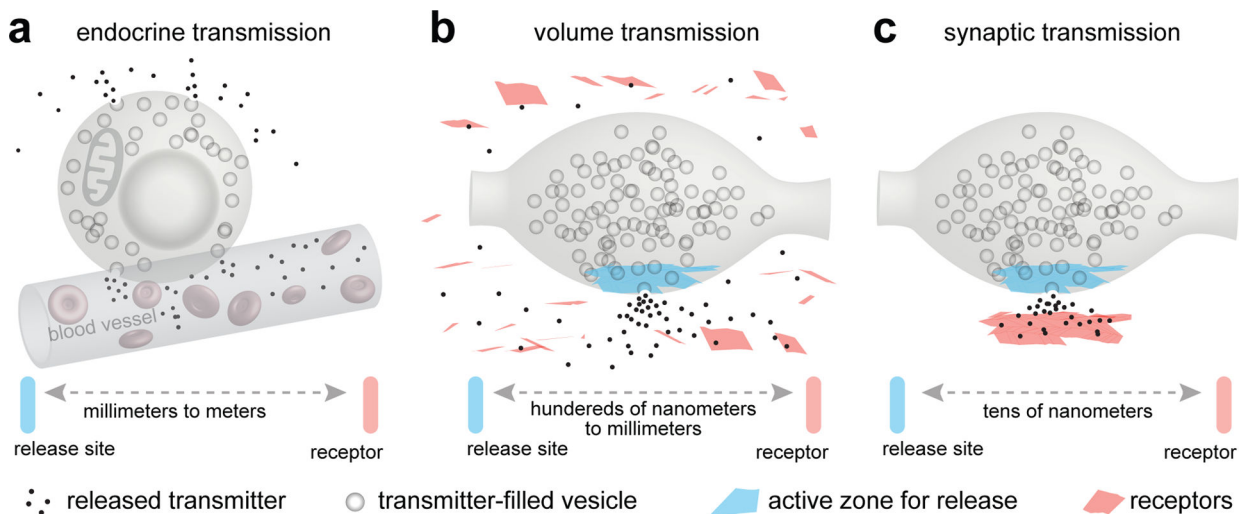


Figure 1. Modes of chemical transmission

Overview of the fundamental modes of chemical transmission differing in release precision and organization of receptors.

a. Endocrine cells release their transmitters, generally hormones, from the cell surface. The transmitters travel over long distances through the extracellular space and the blood stream to receptors residing far away from the release sites. Often, no specialized release site architecture is evident in these cells.

b. Volume transmission relies on diffusion of transmitter in the extracellular space, and the receptors are only loosely coupled with the release sites. Often, specialized active zone-like release sites mediate neuromodulator secretion. A steep transmitter concentration gradient is built upon release, and the degree of receptor activation depends on their distance to these release sites.

c. Synaptic transmission relies on tight spatial coupling between the active zone and receptor clusters, which are often aligned with one another at a subsynaptic scale. Signal transmission is confined to the synaptic cleft to ensure accuracy and efficient receptor activation.

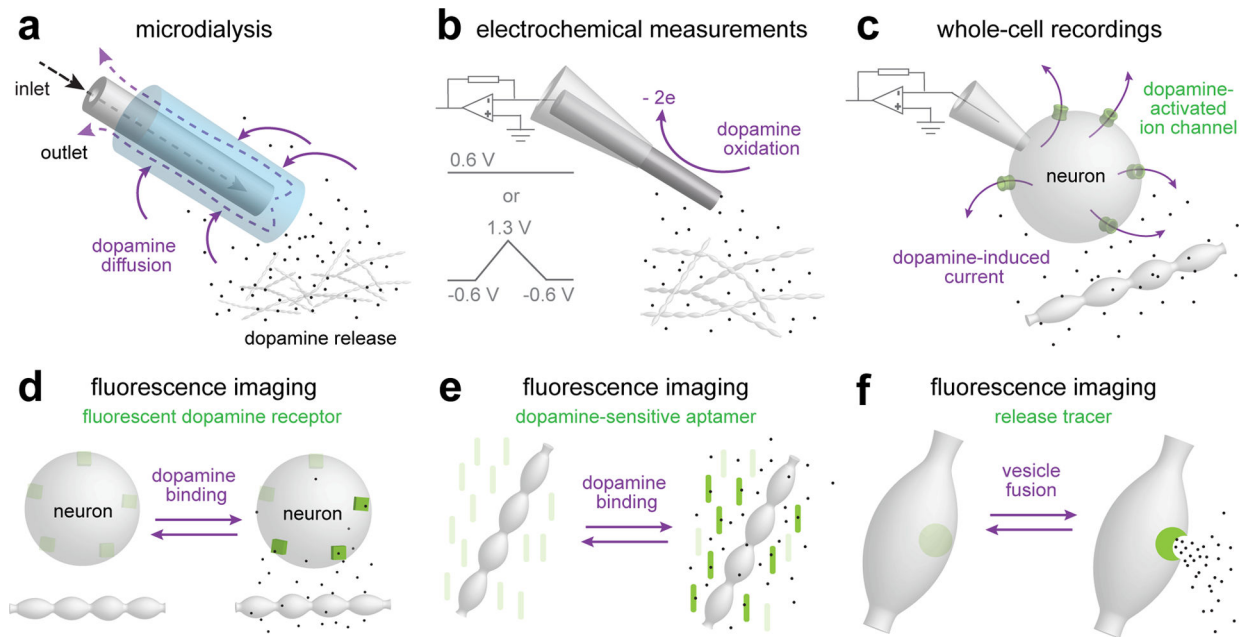


Figure 2. Measurements of dopamine transmission

a. Microdialysis enables sampling of the chemical environment in the brain¹²⁴. A semipermeable probe inserted into the brain is perfused to exchange solutes with the surrounding tissue. The method can be used to quantitatively measure multiple neurotransmitters and molecules in vivo, with a detection threshold lower than 50 fg for dopamine. Microdialysis provides the best measurement for tonic dopamine levels, but temporal (minutes) and spatial (several hundred μm) resolution are too low to report subcellular organization of dopamine transmission or to detect fast dopamine transients.

b. Electrochemical measurements rely on oxidation of dopamine at the surface of a carbon fiber electrode¹⁴⁷. Constant-potential amperometry, typically performed at 0.6 V for dopamine, provides the best temporal resolution (sub-millisecond, limited by the sampling frequency), but suffers from low chemical selectivity as any molecule that can be oxidized at the applied voltage will contribute to the signal. Fast-scan cyclic voltammetry (FSCV) improves chemical selectivity at the cost of temporal resolution (typically one data point per ~ 100 ms). Different molecules are oxidized at distinct voltages and can be distinguished by scanning across holding voltages (typically with a triangular wave ranging from -0.6 V to 1.3 V and a scan speed of 400–800 V/s). Because electrochemical measurements rely on subtraction of a reference current, they are suited to measure changes, but not for assessing baseline dopamine concentration.

c. Whole-cell electrophysiology can be used to measure currents mediated by ion channels that are activated by dopamine. This method relies on natural coupling of GIRK2-channels to D2 receptors for somatodendritic dopamine release in the midbrain⁹⁵, on exogenous expression of GIRK2 channels to report striatal D2 receptor activation¹⁶, or on introducing dopamine-sensitive ion channels called LGC-53⁴⁹. These whole-cell recordings have high temporal precision and report dopamine at the target cell.

d-f. A range of fluorescent imaging techniques can be used to assess dopamine release. GRAB_{DA} and dLight (d) are genetically engineered dopamine receptors in which a

circularly permuted GFP is inserted such that fluorescence increases upon dopamine binding^{79,83}. The sensors exhibit good spatiotemporal resolution and can be used in vivo and in vitro. Although the sensors are engineered dopamine receptors, their expression pattern may not mimic that of endogenous dopamine receptors, and hence the signal may not report the spatial organization of dopamine transmission. Synthetic optical probes (e) are made by conjugating oligonucleotides to single-wall carbon nanotubes to gain dopamine-selectivity and -sensitivity of the infrared properties of these nanotubes. Key advantages are their resistance to photobleaching and their ability to report dopamine release with very high spatiotemporal resolution^{22,148}. VMAT-pHluorin and FFNs (f) represent two tracing strategies for assessing vesicle fusion and content release, respectively, different from other methods that measure extracellular dopamine levels. VMAT-pHluorin contains a pH-sensitive fluorophore at the intraluminal side of the vesicular monoamine transporter 2 (VMAT2), and its fluorescence increases when the acidic vesicular lumen is neutralized upon fusion with the plasma membrane⁷². FFNs are VMAT2 and/or DAT substrates and can be used to monitor dopamine vesicle fusion via dye release^{18,149}. Both methods may permit detecting quantal events, but signal-to-noise ratios are in general relatively low, and translating the measurements to absolute dopamine levels is difficult.

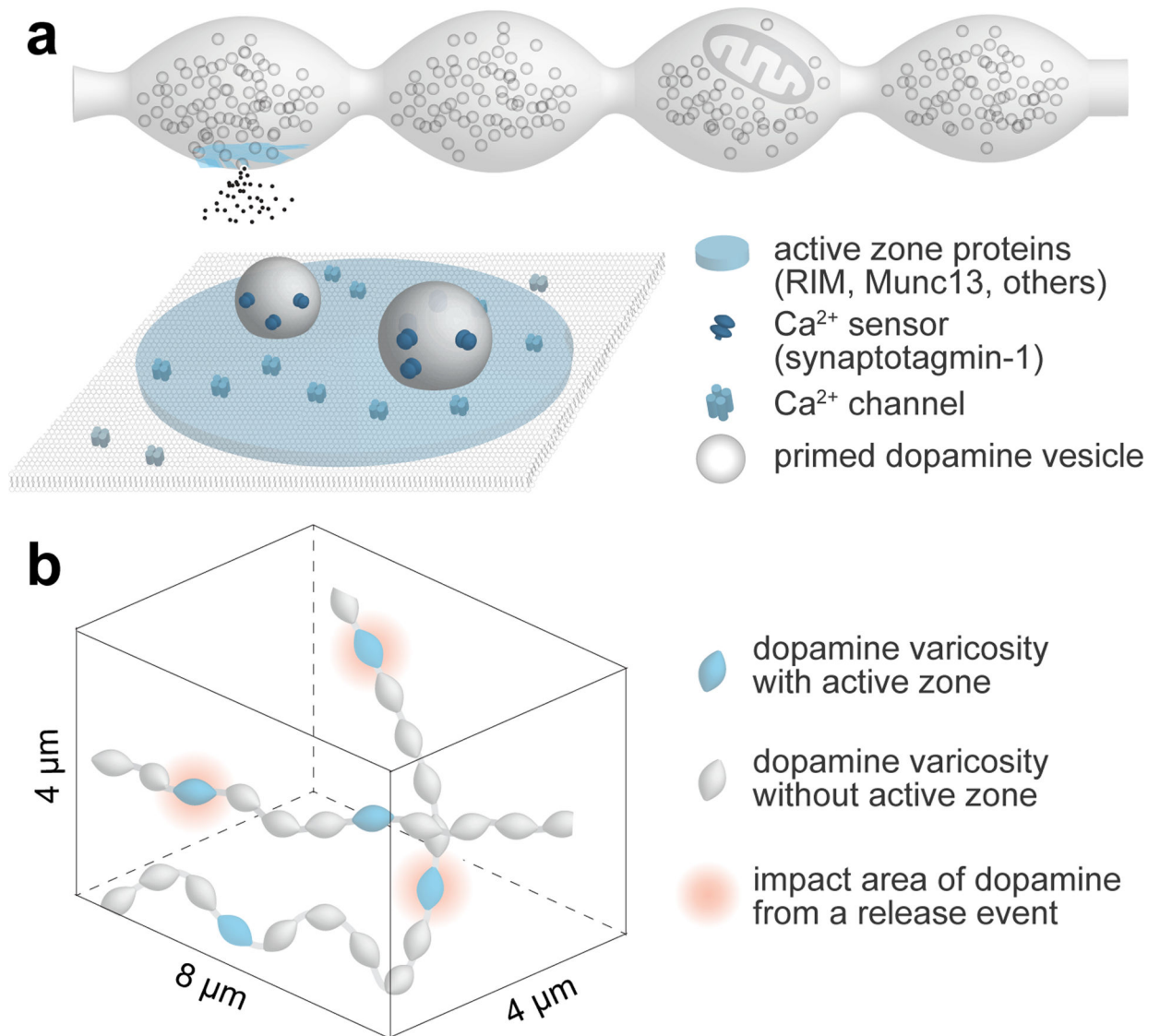


Figure 3. Sparse dopamine release sites

a. Cellular (top) and molecular (bottom) organization of dopamine release sites. ~25% of dopamine varicosities contain functional release sites composed of active zone proteins. RIM and Munc13 are essential for action potential-triggered dopamine release, and mediate the coupling of release-ready vesicles to Ca^{2+} entry for fast release triggered by the fast Ca^{2+} sensor synaptotagmin-1^{17,40,41,68}. The exact identities and distributions of Ca^{2+} channels in dopamine axons are not well understood, but they may be more broadly distributed than active zone proteins, and multiple different channel subtypes contribute to release^{18,78}. Similarly, additional Ca^{2+} sensors are likely present, but their identities and roles are not known⁴⁰.

b. Distribution of dopamine release sites and impact area of individual dopamine release events in the striatum. The sparsity of active zone-containing varicosities, the long-lasting depression of individual sites after a release event, and the rapid dilution of dopamine into the extracellular space suggest that, at any given time, only a small fraction of the space

reaches high-enough dopamine levels for a sufficient amount of time for efficient receptor activation, and large striatal areas are not within reach of these varicosities during baseline activity. If dopamine receptors reside in this distant space, they are unlikely to be activated by single vesicular release events.

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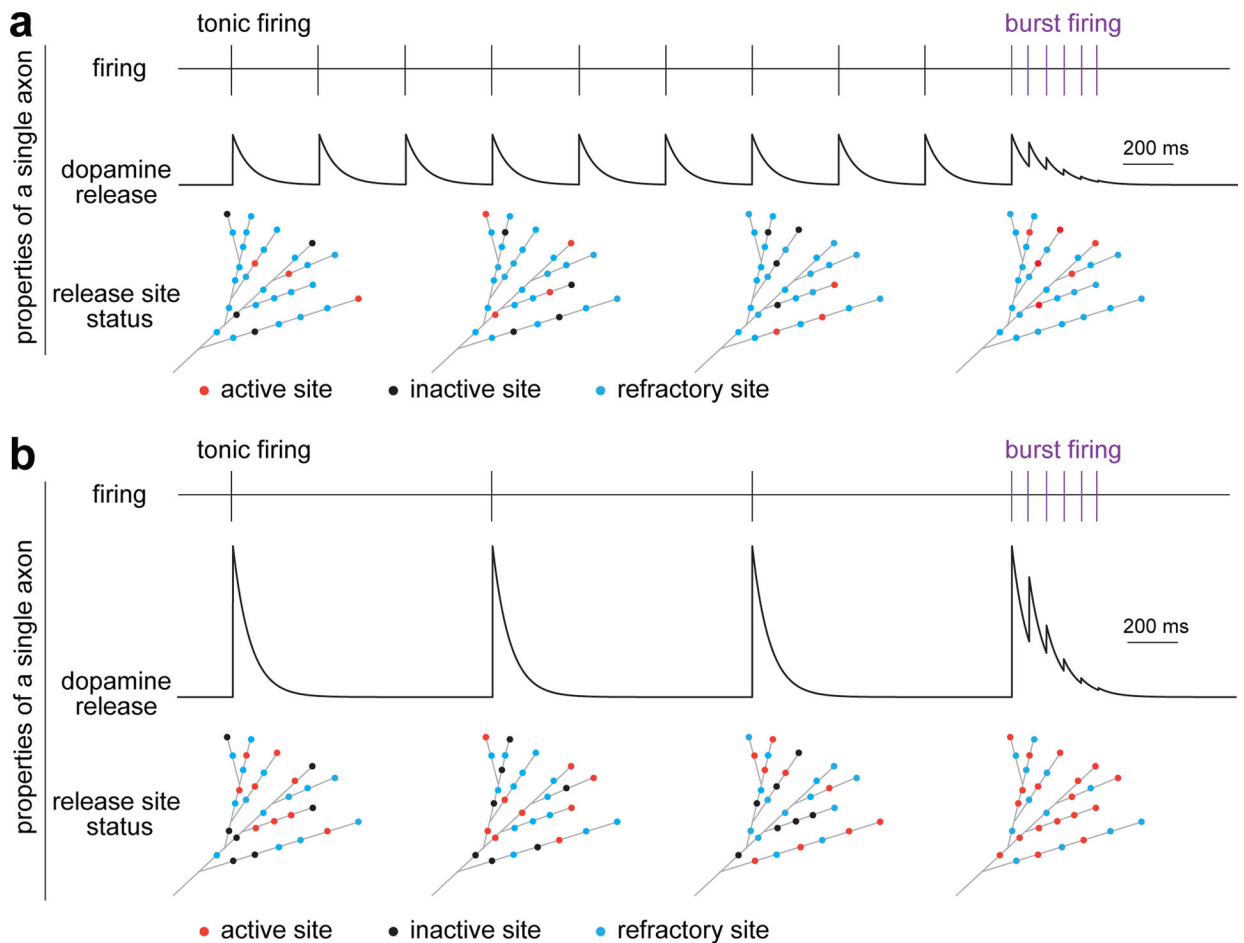


Figure 4. Dopamine neuron firing and release

a, b. Model of dopamine release of a single dopamine axon during tonic firing (black) and burst firing (purple). The amount of dopamine released from a single axon depends on how many sites release dopamine (red dots, active sites). Many sites do not release either because the initial release probability of the available sites is below 1 (black dots, inactive sites), or because sites are in a depressed state (blue dots, refractory sites). Neurons with a higher tonic firing frequency (a) will have more refractory sites and release less dopamine in response to each action potential. Neurons with a lower tonic firing frequency (b) will have less refractory sites and release more dopamine in response to each action potential. Burst firing leads to rapid depression of release from a single axon, with low-frequency neurons contributing more dopamine. Note that this speculative model presents the total amount of release from a single axon, which cannot currently be measured. Typical measurements using electrochemical methods (Fig. 2) reflect the average dopamine in a large area and from many neurons, not peak dopamine at release sites from a single axon. In addition, *in vivo* voltammetry may reveal a build-up of dopamine during rapid stimulation because dopamine reuptake is overwhelmed and because low frequency-measurements overestimate dopamine levels during the decay phase.

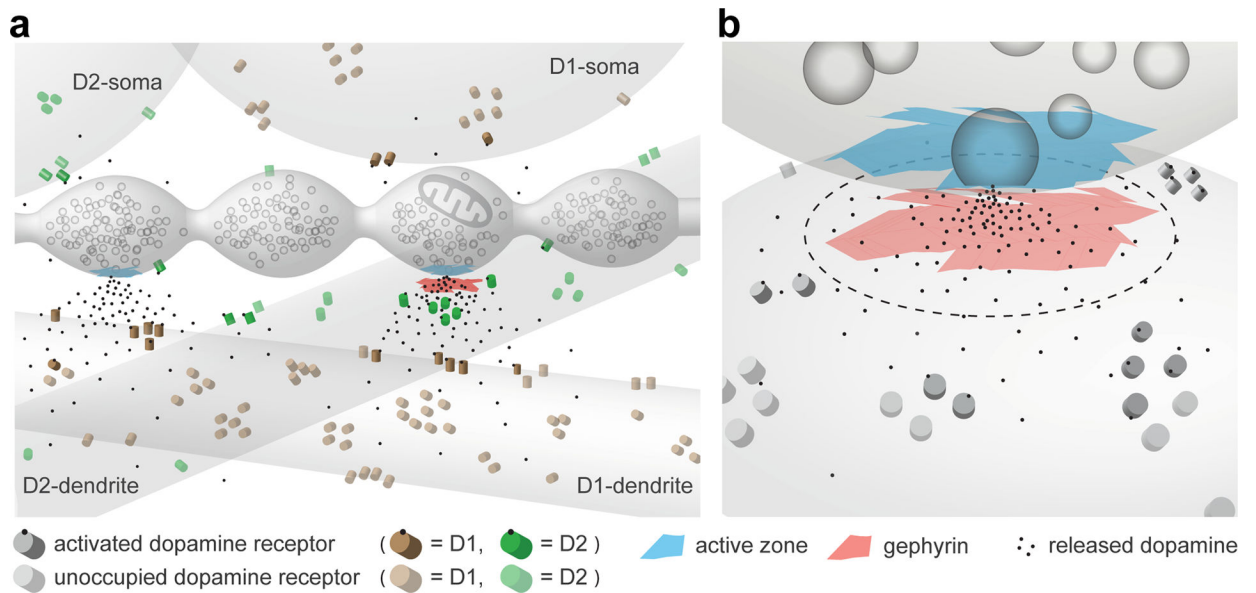


Figure 5. Dopamine receptor organization and activation

a, b. Working model of dopamine receptor organization with overview (a) and zoom-in on a varicosity that makes a synapse-like contact (b). Dopamine is released from non-synaptic and synaptic varicosities. The main dopamine receptors are segregated over two neuron subtypes, D1-MSNs and D2-MSNs. Both MSN types sense dopamine release from non-synaptic varicosities (a, left), and can receive synaptic-like inputs from dopamine axons with appositions between dopamine varicosities and GABAergic postsynaptic assemblies (a, right, and b). Dopamine receptors are widely distributed on MSNs, and may be present in clusters. Importantly, dopamine receptors are not found in the postsynaptic specializations with the currently available tools (b). Instead, these specializations may contain gephyrin and other proteins typically found at GABA-ergic synapses¹³. Individual vesicular fusion events may activate both D1 and D2 receptors, and close-by receptors are more likely to be activated by dopamine than those farther away. The exact organization of dopamine receptors relative release sites is not known, but may strongly impact dopamine functions.

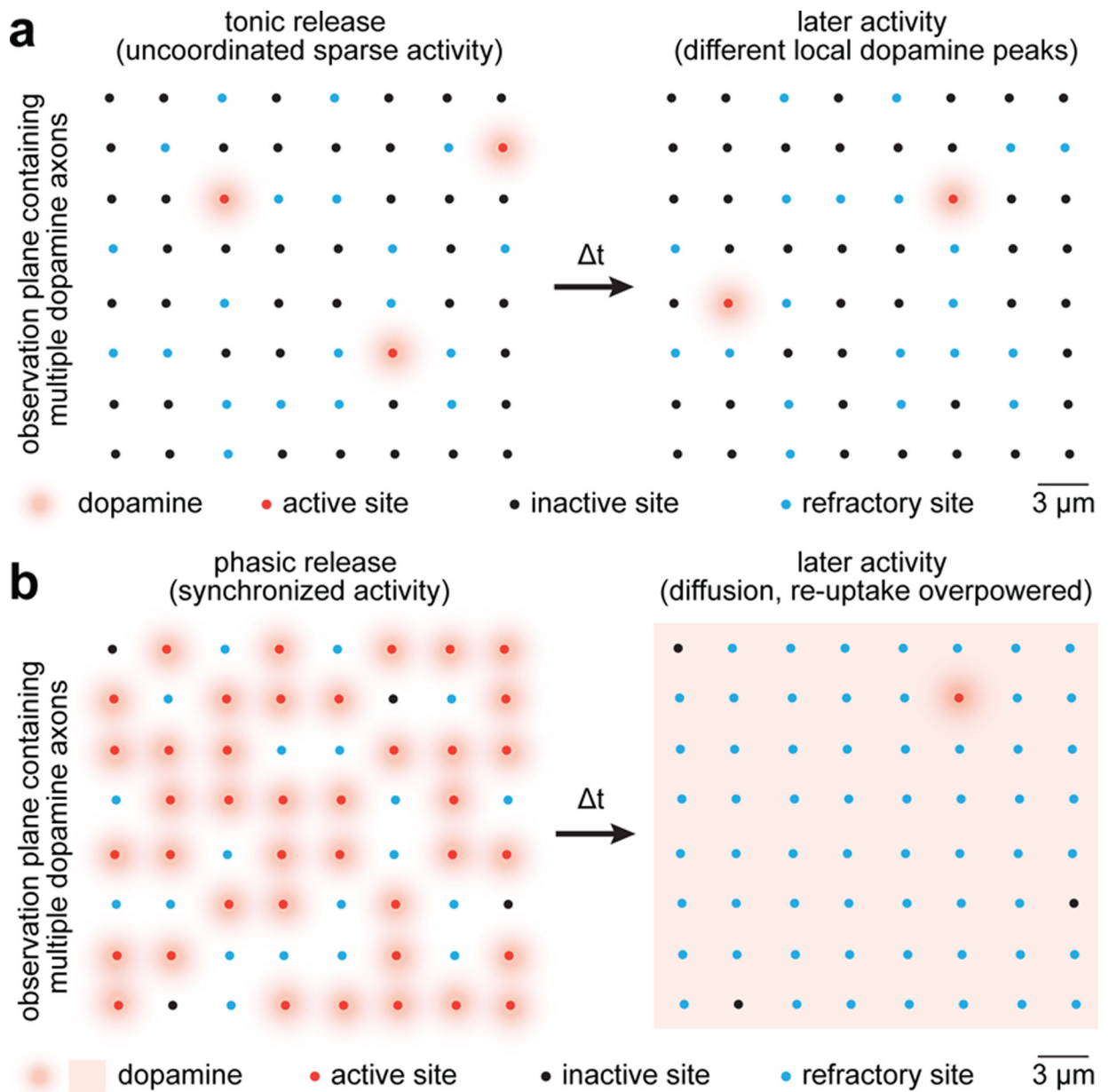


Figure 6. The domain-overlap model

a, b. Model of dopamine signaling domains during tonic and phasic release. In a given area of the striatum, tonic release (a) generates short-lived dopamine peaks that are confined to a small domain and only recruit proximal receptors (left). After a short time interval (Δt), a distinct set of release sites is active and targets a different subset of receptors (right). The synchrony of phasic release across many release sites in a given area (b) generates significant crosstalk between signaling domains. After a brief interval, dopamine spread overwhelms the DAT, and dopamine levels increase beyond the micrometer-sized domains of active sites. This leads to augmented dopamine dwell times and activation of new receptors residing farther away from release sites. This domain-overlap model may form a basis for recruiting small variable subsets of receptors during tonic activity (arising from

small dopamine domains), and recruitment of larger numbers of distant receptors during phasic activity (arising from overlap of dopamine domains). Regional heterogeneity in release site distribution within the complex dopamine axonal arbor may influence receptor activation domains, and co-release could further shape the signaling of dopamine neurons. Differential distribution of distinct dopamine receptors or cell types at micrometer-scale distances may lead to distinct pathway modulation during tonic and phasic release, respectively.

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