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## Imaging brain fatty acid amide hydrolase in untreated patients with psychosis

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### Abstract

**Background:** The brain's endocannabinoid system, the primary target of cannabis, has been implicated in psychosis. The endocannabinoid, anandamide, is elevated in cerebrospinal fluid of patients with schizophrenia. Fatty acid amide hydrolase (FAAH) controls brain anandamide levels, however, it is unknown if FAAH is altered in vivo in psychosis or related to positive psychotic symptoms.

**Methods:** Twenty-seven patients with schizophrenia-spectrum disorders and 36 healthy control participants completed high-resolution positron emission tomography (PET) scans with the novel FAAH radioligand, [<sup>11</sup>C]CURB, and structural MRI. Data were analyzed using the validated irreversible two-tissue compartment model with a metabolite-corrected arterial input function.

**Results:** FAAH did not differ significantly between patients with psychotic disorders and healthy controls ( $F_{1,62.85}=0.48$ ,  $p=.49$ ). In contrast, lower FAAH predicted greater positive psychotic symptom severity, with the strongest effect observed for the positive symptom dimension, which includes suspiciousness, delusions, unusual thought content, and hallucinations ( $F_{1,26.69}=12.42$ ,  $p=.002$ ; Cohen's  $f=0.42$ , large effect). Shorter duration of illness ( $F_{1,26.95}=13.78$ ,  $p=.001$ ; Cohen's  $f=0.39$ ; medium-to-large effect) and duration of untreated psychosis predicted lower FAAH ( $F_{1,26.95}=6.03$ ,  $p=.021$ , Cohen's  $f=0.27$ , medium effect). These results were not explained by past cannabis exposure or current intake of antipsychotic medications. FAAH exhibited marked differences across brain regions ( $F_{7,112.62}=175.85$ ,  $p<1\times 10^{-56}$ ; Cohen's  $f>1$ ). Overall, FAAH was higher in females than in males ( $F_{1,62.84}=10.05$ ,  $p=.002$ ; Cohen's  $f=0.37$ ).

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**Conclusions:** This first study of brain FAAH in psychosis indicates that FAAH may represent a biomarker of disease state of potential utility for clinical studies targeting psychotic symptoms or as a novel target for interventions to treat psychotic symptoms.

### Keywords

imaging; schizophrenia; endocannabinoid; positron emission tomography; psychosis; fatty acid amide hydrolase

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### Introduction

Evidence from in vivo brain imaging, post-mortem studies, and physiological measures support a role of the endocannabinoid system in schizophrenia and other psychotic disorders (1).

The endocannabinoid system plays important roles in motivation, learning and stress responses, primarily by modulation of neurotransmitters including glutamate, GABA, and dopamine (2). The endocannabinoid system consists of the CB1 and CB2 receptors, endogenous ligands anandamide and 2-arachidonoyl glycerol (2-AG) and their respective biosynthetic and catabolic enzymes. Brain levels of anandamide are governed primarily by fatty acid amide hydrolase (FAAH; 3), which has a distinct distribution including dense expression in striatum (4) - the major site of dopaminergic abnormalities in schizophrenia (5). Circuit-level alterations present in schizophrenia, including at cortico-striatal and corticolimbic circuits, suggest a pivotal role of the endocannabinoid system given its primary role in regulating neurotransmitter function across the brain (6–9).

In vivo imaging of brain cannabinoid CB1 receptors and elevations of anandamide, an endogenous cannabinoid CB1 receptor agonist, in cerebrospinal fluid and peripheral blood in patients with psychosis provide evidence of endocannabinoid system disturbances that appear to be independent of exposure to cannabis (10). In vivo imaging of brain cannabinoid CB1 receptors has revealed alterations in schizophrenia, with the largest effects observed in first-episode or unmedicated individuals (table S1; 11–14). Beyond the CB1 receptor, no other major endocannabinoid system target has ever been quantified in vivo in the brains of patients with psychotic disorders.

Dramatic elevations of anandamide levels were observed in multiple cohorts of patients with psychosis (10, 15–18; table S2). Cerebrospinal fluid anandamide levels were associated with psychotic symptoms in patients with schizophrenia or schizophreniform disorder (10). The same association between cerebrospinal fluid anandamide and persistent psychosis-like symptoms was observed in otherwise healthy cannabis users (18), suggesting the endocannabinoid system may be more broadly linked with psychosis-spectrum experiences. Lower baseline anandamide was associated with lower rates of conversion to psychosis in psychosis-risk in non-affected twins who later converted to psychosis, suggesting that such changes in anandamide may reflect an adaptive response during disease progression (15, 17, 19, 20).

Despite two decades of attention to anandamide in psychosis (10, 15) to-date there is no report of brain FAAH, its primary regulatory enzyme, in vivo in psychotic disorders.

[<sup>11</sup>C]CURB is the carbon-11 labeled form of a FAAH inhibitor with high selectivity and specificity for FAAH (21). [<sup>11</sup>C]CURB has good brain penetration in humans (21), high test-retest reproducibility (<10% variability between scans) and high within-subject reliability (22). High specificity for FAAH was demonstrated by a 95% reduction in [<sup>11</sup>C]CURB binding ([<sup>11</sup>C]CURB  $\lambda_{k_3}$ ) following pre-treatment with the selective FAAH inhibitor PF-04457845 (1 mg, p.o.; 22). [<sup>11</sup>C]CURB is sensitive to physiologically relevant changes in levels of FAAH protein, as observed in individuals heterozygous or homozygous for the *FAAH*rs324420 (C385A) variant A-allele that is associated with reduced levels of FAAH protein (23).

We hypothesized that lower FAAH, as measured by [<sup>11</sup>C]CURB  $\lambda_{k_3}$ , will be related to a diagnosis of a psychotic disorder and positive psychotic symptom severity. Brain regions were selected based on their relevance for schizophrenia and the endocannabinoid system. We also explored whether duration of untreated psychosis, duration of illness, sex or brain region predict FAAH levels.

## Methods and Materials

### Participants

In total 63 [<sup>11</sup>C]CURB PET scans were analyzed, including 27 participants with a psychotic disorder and 36 age-matched healthy controls between 18 and 40 years-old. Participants with psychotic disorders were recruited from a tertiary care psychiatric hospital (Centre for Addiction and Mental Health, CAMH) and healthy control participants were recruited from the Toronto-area community. Recruitment and data collection were conducted between April 2013 and December 2018. Psychosis participants met DSM-IV criteria for schizophrenia, schizophreniform disorder, delusional disorder, schizoaffective disorder, or psychosis not otherwise specified, as determined with the Structured Clinical Interview for DSM-IV Axis I Disorders and confirmed by a psychiatrist (RM). Healthy control participants had no history of DSM-IV axis I disorders or substance use, no family history of psychotic disorders, and were medication-free except for oral contraceptives. All participants screened negative for drugs of abuse and did not meet criteria for a substance use disorder at the time of the study. Participants were excluded if they had unstable medical or neurological illness, history of severe head trauma, metal implants precluding an MRI scan or were pregnant or breastfeeding. Psychotic symptom severity was determined by the Positive and Negative Syndrome Scale (PANSS), and duration of illness was calculated from the onset of frank psychotic symptoms. Duration of untreated psychosis was calculated per participants' own recollection and clinical notes when available of commencement of symptoms until first antipsychotic exposure. The present analysis includes twenty-seven healthy control participants that have been reported in prior publications (22–25).

This study was approved by the Research Ethics Board at CAMH. All psychosis patients demonstrated capacity to provide informed consent as assessed by the MacArthur

competence assessment tool. All participants provided written informed consent, in accordance with the Declaration of Helsinki, after procedures were explained thoroughly.

### Positron Emission Tomography

PET scans were performed using a 3D high resolution research tomograph (HRRT) brain tomograph (CPS/Siemens, Knoxville, TN, USA), which measures radioactivity in 207 slices with an interslice distance of 1.22 mm. An intravenous line was inserted into the participant's antecubital vein for tracer injection and an arterial cannula was inserted into the radial artery of their opposite arm for arterial blood sampling. To reduce head movement, each participant was fitted with a custom thermoplastic mask used with a head-fixation system. A transmission scan using a single photon point source,  $^{137}\text{Cs}$  ( $t_{1/2}=30.2$  years,  $E\gamma = 662$  keV), was acquired to correct the emission data for the attenuation of the emission photons through the head and support. Following the transmission scan, [ $^{11}\text{C}$ ]CURB ( $357.27 \pm 25.28$  MBq) was infused over 1 minute at a constant rate (Harvard Apparatus, Holliston, MA, USA) and data were acquired in list mode for 60 minutes following injection.

### Arterial Sampling of [ $^{11}\text{C}$ ]CURB in Plasma

Arterial samples were taken continuously for the first 22.5 minutes after [ $^{11}\text{C}$ ]CURB injection with an automatic blood sampling system (ABSS; Model PBS-101, Veenstra Instruments, Joure, The Netherlands). Manual samples were taken 3, 7, 12, 15, 20, 30, 45, and 60 minutes after injection. Radioactivity in whole blood and plasma (1,500 RCF, 5 minutes) was counted using a Packard Cobra II or Wizard 2480  $\gamma$ -counter (Packard Instrument Co., Meridian, CT) cross-calibrated with the PET system. Concentration of parent radioligand and its metabolites was determined in each manual sample (except the one at 15 minutes) as previously validated (21). Blood-to-plasma radioactivity ratios were fitted using a biexponential function and parent plasma fraction using a Hill function. A dispersion- and metabolite-corrected arterial plasma input function was generated as previously described (21).

### Kinetic analysis

A two-tissue-compartment model with irreversible binding was used to quantify binding of [ $^{11}\text{C}$ ]CURB to FAAH. The validated outcome measure for [ $^{11}\text{C}$ ]CURB, the composite parameter  $\lambda k_3$ , is independent of blood flow, a common limitation of irreversible radioligands (21).

### Region of interest analysis

Proton density (PD)-weighted brain MR images required for the delineation of each region of interest were obtained for each subject using a 3T MR-750 scanner (General Electric Medical Systems, Milwaukee, WI). Time-activity curves were extracted for the regions of interest using a validated and reproducible in-house imaging pipeline (21).

### FAAH rs324420 polymorphism genotyping

The FAAH rs324420 polymorphism affects FAAH protein levels (26), therefore rs324420 genotype was determined as described previously (23). Participants were categorized

according to their alleles (C/C, A/C, or A/A). Out of 65 participants who completed PET and MRI scans, two exhibited the A/A genotype, both in the healthy control group. Therefore, in order to better match genotypes across groups, these two A/A participants are excluded from the primary analysis. Including the A/A participants does not change the outcome of the analysis, and results including the A/A participants are presented in the supplement.

## Statistical Analysis

Statistical analysis was conducted using SPSS 25 (IBM Corp). For the purpose of mixed-model figure generation, mixed model fit, residuals, and 95% confidence intervals were generated with lme4 (27) and visreg (28) for R. All figures were created using GraphPad Prism.

Demographics were examined for any group differences using independent-samples t-tests or chi-square tests. The relationship between [<sup>11</sup>C]CURB  $\lambda_{k3}$  and schizophrenia diagnosis, psychotic symptoms, sex, duration of illness and duration of untreated psychosis, were tested using a random effects linear mixed model with group and genotype as fixed factors, region of interest as a repeated within-subject fixed factor with a diagonal covariance structure, participant identification number as a random effect (including intercept), and regional [<sup>11</sup>C]CURB  $\lambda_{k3}$  as the dependent variable. Linear mixed models are robust to missing data and do not assume sphericity or compound symmetry (29). Effect sizes (Cohen's  $f$ ) were calculated using estimated marginal means, sum of squares, or  $R^2$  from SPSS 25. As described by Cohen (30), effect sizes were interpreted as follows, Cohen's  $f = 0.1$  a small effect, Cohen's  $f=0.25$  a medium effect, and Cohen's  $f=0.40$  a large effect. All statistical tests were two-tailed, with  $\alpha=0.05$ .

Non-significant interactions were removed from the model. Sex was not balanced across groups, and in light of evidence that brain levels of endocannabinoid proteins including FAAH differ by sex (31, 32), analyses were conducted with sex included in the model. Analyses including common sources of confounding as covariates (age, antipsychotic medication use, and self-reported use of tobacco or cannabis) are presented after reporting results without these variables.

All analyses included hippocampus, amygdala, limbic striatum (LST), associative striatum (AST), sensorimotor striatum (SMST; 33), anterior cingulate cortex, medial prefrontal cortex, and dorsolateral prefrontal cortex. In the present analyses (mixed effects model) a significant main effect – in the absence of a significant interaction with region of interest – indicates that the main effect is controlled for all regions studied.

## Results

### Sample characteristics

In total, 63 [<sup>11</sup>C]CURB PET scans were analyzed, including 27 participants with a psychotic disorder and 36 healthy control participants. Sample characteristics are presented in table 1. One psychosis participant who completed PET and MRI scans had an incidental finding, identified during the MRI scan, that compromised region of interest delineation for the

amygdala, hippocampus and limbic striatum in the affected hemisphere, therefore for this participant [ $^{11}\text{C}$ ]CURB  $\lambda_{k3}$  values for these regions were excluded from the statistical analysis.

Eight of 27 psychosis participants were antipsychotic-naïve at the time of the PET scan, 16 were antipsychotic-free (including antipsychotic-naïve participants), seven were receiving sub-therapeutic doses and only four were taking therapeutic doses (table 1 and table S3; chlorpromazine equivalent doses were calculated per Andreasen et al., 2010, 34). Four patients had a history of cannabis abuse or dependence but did not meet criteria within the six months preceding the PET scan. The patient group had a higher proportion of males, more smokers, and more participants with a history of cannabis use than the healthy control group (table 1).

### [ $^{11}\text{C}$ ]CURB PET imaging results

**Psychotic symptom severity and diagnosis**—FAAH did not differ significantly between healthy control participants and patients with psychosis ( $F_{1,62.85}=0.48$ ,  $p=.49$ ; Cohen's  $f=0.08$ ; figure 1), or patients with a diagnosis of schizophrenia ( $F_{1,53.87}=0.37$ ,  $p=.55$ ; figure 1). This outcome was not altered by controlling for past-year cannabis exposure ( $F_{1,62.86}=0.85$ ,  $p=.36$ ; schizophrenia:  $F_{1,53.87}=0.43$ ,  $p=.52$ ), cigarettes-per-day ( $F_{1,62.82}=0.75$ ,  $p=.39$ ; schizophrenia:  $F_{1,53.82}=0.75$ ,  $p=.39$ ) or antipsychotic dose ( $F_{1,62.84}=0.14$ ,  $p=.71$ ; schizophrenia:  $F_{1,53.87}=0.09$ ,  $p=.76$ ).

**Sample characteristics**—Across the combined patient sample, PANSS positive score was significantly associated with FAAH, such that lower FAAH predicted higher PANSS positive score ( $F_{1,26.92}=4.46$ ,  $p=.044$ ; Cohen's  $f=0.31$ ; medium-to-large effect; figure S2). This effect was not altered after controlling for antipsychotic dose ( $F_{1,26.91}=5.73$ ,  $p=.024$ ), cigarettes-per-day ( $F_{1,26.91}=5.18$ ,  $p=.031$ ) or past-year cannabis exposure ( $F_{1,26.9}=4.33$ ,  $p=.047$ ).

It is well-recognized that the PANSS positive scale reflects several distinct clinical dimensions, and items on the full PANSS scale are well described by a 5-factor model (35, 36). Therefore, we investigated whether individual clinical dimensions were specifically associated with FAAH. Here, we report that FAAH was significantly associated with the positive symptom dimension ( $F_{1,26.69}=12.42$ ,  $p=.002$ ; Cohen's  $f=0.42$ , large effect; figure 2), and this effect was not altered after controlling for antipsychotic dose ( $F_{1,26.66}=15.19$ ,  $p=.001$ ), cigarettes-per-day ( $F_{1,26.90}=13.85$ ,  $p=.001$ ) or past-year cannabis use ( $F_{1,26.71}=12.20$ ,  $p=.002$ ).

While our study was powered to only test FAAH with positive psychotic symptoms, the other four psychotic symptom dimensions were not associated with FAAH (negative:  $F_{1,26.91}=0.19$ ,  $p=.66$ ; disorganization:  $F_{1,26.90}=1.16$ ,  $p=.29$ ; excitability:  $F_{1,26.94}=0.53$ ,  $p=.47$ ; depression/anxiety:  $F_{1,26.91}=0.86$ ,  $p=.36$ ). Similarly, FAAH was not associated with PANSS total score ( $F_{1,29.04}=0.96$ ,  $p=.34$ ) or PANSS negative score ( $F_{1,26.92}=0.22$ ,  $p=.64$ ).

**Duration of illness and duration of untreated psychosis**—Duration of illness was significantly associated with FAAH ( $F_{1,26.95}=13.78$ ,  $p=.001$ ; Cohen's  $f=0.39$ ; medium-to-

large effect; figure S3) such that FAAH was higher with longer duration of illness, and this result was not affected by controlling for age ( $F_{1,26.94}=13.50$ ,  $p=.001$ ). The association of duration of illness with FAAH remained significant even after removing the two patients with the longest duration of illness ( $F_{1,24.95}=12.97$ ,  $p=.001$ ). Further, longer duration of untreated psychosis was associated with higher FAAH ( $F_{1,26.95}=6.03$ ,  $p=.021$ ; Cohen's  $f=0.27$ ; medium effect; figure S4), and the result held after controlling for age ( $F_{1,26.96}=5.96$ ,  $p=.022$ ). Controlling for antipsychotic dose did not meaningfully alter the associations of FAAH with duration of illness ( $F_{1,26.95}=13.30$ ,  $p=.001$ ) or duration of untreated psychosis ( $F_{1,26.95}=5.63$ ,  $p=.025$ ).

**Impact of sex on FAAH**—Given the imbalance of sex across groups, and in light of evidence that brain levels of endocannabinoid proteins including FAAH differ by sex (31, 32), we investigated the impact of sex on FAAH across the combined study sample. Females had higher FAAH across the combined study sample such that FAAH was 9-12% higher in females than in males ( $F_{1,62.84}=10.05$ ,  $p=.002$ ; Cohen's  $f=0.37$ , medium-to-large effect; figure 3).

**Regional organization of FAAH in brain**—Brain region significantly predicted FAAH ( $F_{7,112.62}=175.85$ ,  $p<1\times 10^{-56}$ ; Cohen's  $f>1$ , large effect), such that the highest FAAH was observed in the LST and SMST across the whole sample. Compared to the LST, FAAH was 4-6% lower in AST ( $p<1\times 10^{-8}$ ) and hippocampus ( $p=.006$ ), 14-17% lower in ACC ( $p<1\times 10^{-27}$ ), mPFC ( $p<1\times 10^{-34}$ ) and DLPFC ( $p<1\times 10^{-30}$ ) and 21% lower in the amygdala ( $p<1\times 10^{-33}$ ;  $p$ -values Bonferroni corrected).

## Discussion

To our knowledge, this is the first in vivo quantification of brain FAAH in patients with psychotic disorders. Lower FAAH was associated with greater positive psychotic symptoms, independent of diagnosis of a psychotic disorder, including schizophrenia. Shorter duration of illness and duration of untreated psychosis was associated with lower brain FAAH. We demonstrated a robust effect of brain region on FAAH and observed higher FAAH in females relative to males in the combined sample.

Across diagnoses, patients with greater symptom severity had lower FAAH, in agreement with a previous observations linking anandamide levels to disease state (37). The strongest effect was seen with the positive symptom dimension, which includes suspiciousness, delusions, unusual thought content, and hallucinations (36). The 20-25% variation in FAAH, as observed across patients from low to high symptom severity (figure 2), is of plausible functional significance. This change in FAAH is of comparable magnitude to the *FAAH* rs324420 (C385A) genotype variant (23), which exhibits a documented behavioural phenotype accompanied by changes to fronto-limbic functional connectivity (38). Greater positive psychotic symptom severity was associated with lower FAAH (figures 2 and supplementary figure S2), replicating the same relationship observed with symptoms and FAAH measured in peripheral blood mononuclear cells in a mixed sample of first-episode patients with affective or non-affective psychosis (39). Biological markers linked to behavioural presentations are complementary to, and may in some cases be more

informative than a categorical diagnosis for elucidating the neurobiology underlying clinical state (40–43). Only one CB1 PET study explored associations with PANSS 5-factor dimensions, and observed associations with negative factor items in a subgroup of untreated and first-episode patients (12).

Associations between psychotic symptoms and endocannabinoid system disturbances vary across studies (supplementary tables S1 and S2), however most studies in brain reported greater symptom severity with larger deviations of cannabinoid CB1 receptors from the levels of healthy controls (11, 12, 14; but see 13). Although some studies reported that higher anandamide levels were related to lower symptoms, treatment and/or symptom remission was nevertheless accompanied by normalization of anandamide toward the levels of healthy controls (16, 19). Taken together, the present results along with studies of brain CB1 receptors, cerebrospinal fluid and peripheral blood all support an association of endocannabinoid state with psychosis state as measured by symptom severity (37).

Furthermore, the present results provide preliminary evidence that FAAH may change with disease progression (supplementary figures S3 and S4), potentially providing a biomarker of disease stage. To our knowledge, PET studies of the cannabinoid CB1 receptor have not reported whether brain CB1 receptors are associated with illness course, although the largest effects in CB1 receptor PET studies were observed in untreated and antipsychotic-naïve patients (12, 13). As most patients in the present study have a duration of illness below 18 months ( $n=20$ ; supplementary figure S3), future studies should examine FAAH before illness onset (e.g., clinical high risk) and in chronic patients, to better understand the role of FAAH in illness stage.

Across all regions examined and controlling for diagnostic group, FAAH was higher in females than in males in agreement with wider reports of sex differences in the endocannabinoid system of humans and animals (31, 44–47). Similarly, women had higher platelet FAAH activity than men (44), although in peripheral blood mononuclear cells FAAH levels were lower in women than in men (39). Sex hormones and their targets affect FAAH activity in human leukocytes (48), and thus may likewise contribute to sex differences in brain. The functional relevance of higher FAAH in females is not known, but in line with differences in CB1 receptors (31), sex is an important variable to be considered in clinical trials and future investigations of the endocannabinoid system, and is particularly relevant in studies with psychosis patients.

The present results should be interpreted in light of the following considerations. In the present study, patients had low total antipsychotic exposure. Although results did not change after controlling for antipsychotic dose and groups did not differ in FAAH according to past or current antipsychotic exposure (Supplemental Results), it is unknown whether the same results would be observed following chronic antipsychotic use or higher doses. Patient medication use did not meaningfully affect results as psychotic symptoms were related to FAAH even when controlling for the use of anti-depressants, stimulants, or benzodiazepines (Supplemental Results). The present study did not measure anandamide levels, however the only study published to-date reporting brain FAAH and peripheral blood *N*-acylethanolamines observed higher anandamide with lower [ $^{11}\text{C}$ ]CURB  $\lambda_{k3}$  in abstinent



patients with alcohol use disorder (49). Although not all participants were subjected to urine toxicology on the day of the PET scan, whenever urine toxicology was repeated on the scan day the results matched the negative drug screen results observed at study baseline.

Patients in the present study varied in symptom severity from mild to moderately severe. Considering the results of the present study, it might be expected that a sample of patients with high positive symptom severity – such as chronic or treatment-resistant patients – would exhibit reduced FAAH relative to healthy controls or patients in remission. Estimates of duration of untreated psychosis relied on retrospective patient self-report and clinical notes when available, however, the short period of illness in this primarily first-episode sample (48% within 1 year, 78% with 2 years of symptom onset) minimizes the likelihood of unreliability of this information.

As in previous clinical studies with [<sup>11</sup>C]CURB, we did not measure the plasma free fraction; therefore a possible contribution of the radioligand protein binding to the results of the present study cannot be ruled out.

Finally, as with other endocannabinoid PET studies in this population (11, 13, 14) the patient sample in the present study consisted primarily of males. We observed lower FAAH in males relative to females and although the sex-by-group interaction was not significant, the primarily male composition of the patient group limits our ability to make group-specific conclusions. Restricting the analysis to a male-only sample did not reveal significant differences in FAAH between patients and healthy control participants (Supplemental Results). The contribution of sex to FAAH must therefore be explored in large samples of both patients and healthy controls with an equal number of females and males within each clinical group.

This research is particularly timely in light of global trends toward cannabis legalization. Epidemiological studies link cannabis use with increased risk of psychosis (50, 51), and early initiation with a younger age of psychosis onset (52, 53). No biological mechanism for these associations has been identified. Prior reports showing significantly lower brain FAAH in cannabis use disorders (24, 25) position FAAH as a potential molecular link between cannabis use and psychosis.

## Conclusions

To our knowledge, this is the first in vivo quantification of brain FAAH in patients with psychotic disorders, showing no significant difference between patients and healthy controls. Lower FAAH activity predicted greater positive psychotic symptom severity, with the strongest effect observed for the positive symptom dimension. Lower FAAH was also associated with shorter duration of illness and duration of untreated psychosis. We also observed higher FAAH in females relative to males in the combined sample.

Future studies should investigate whether FAAH changes with symptom remission, and from the prodromal stages to psychosis onset and chronic psychosis. This study opens up opportunities to better understand the molecular underpinnings of cannabis-induced psychosis and perhaps offers a novel target for interventions to treat psychotic symptoms.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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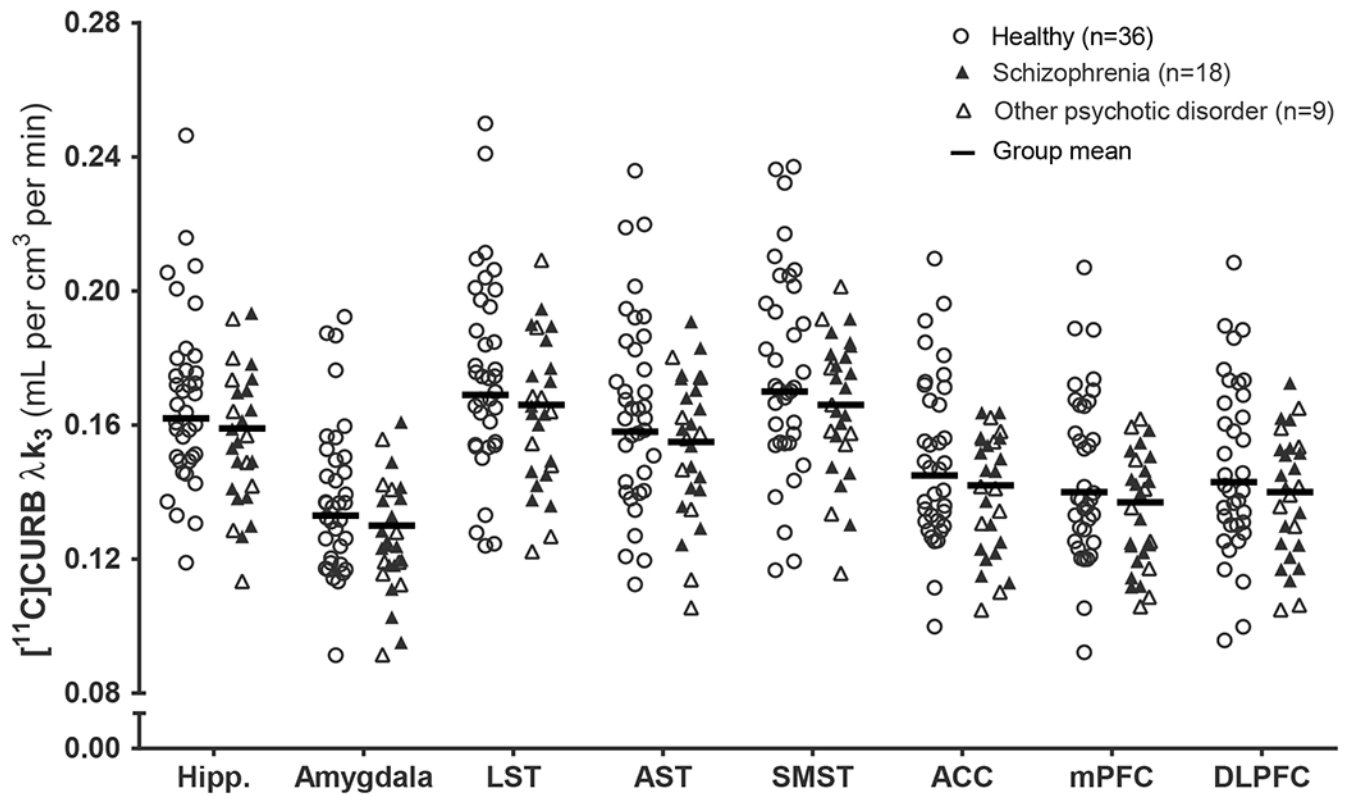
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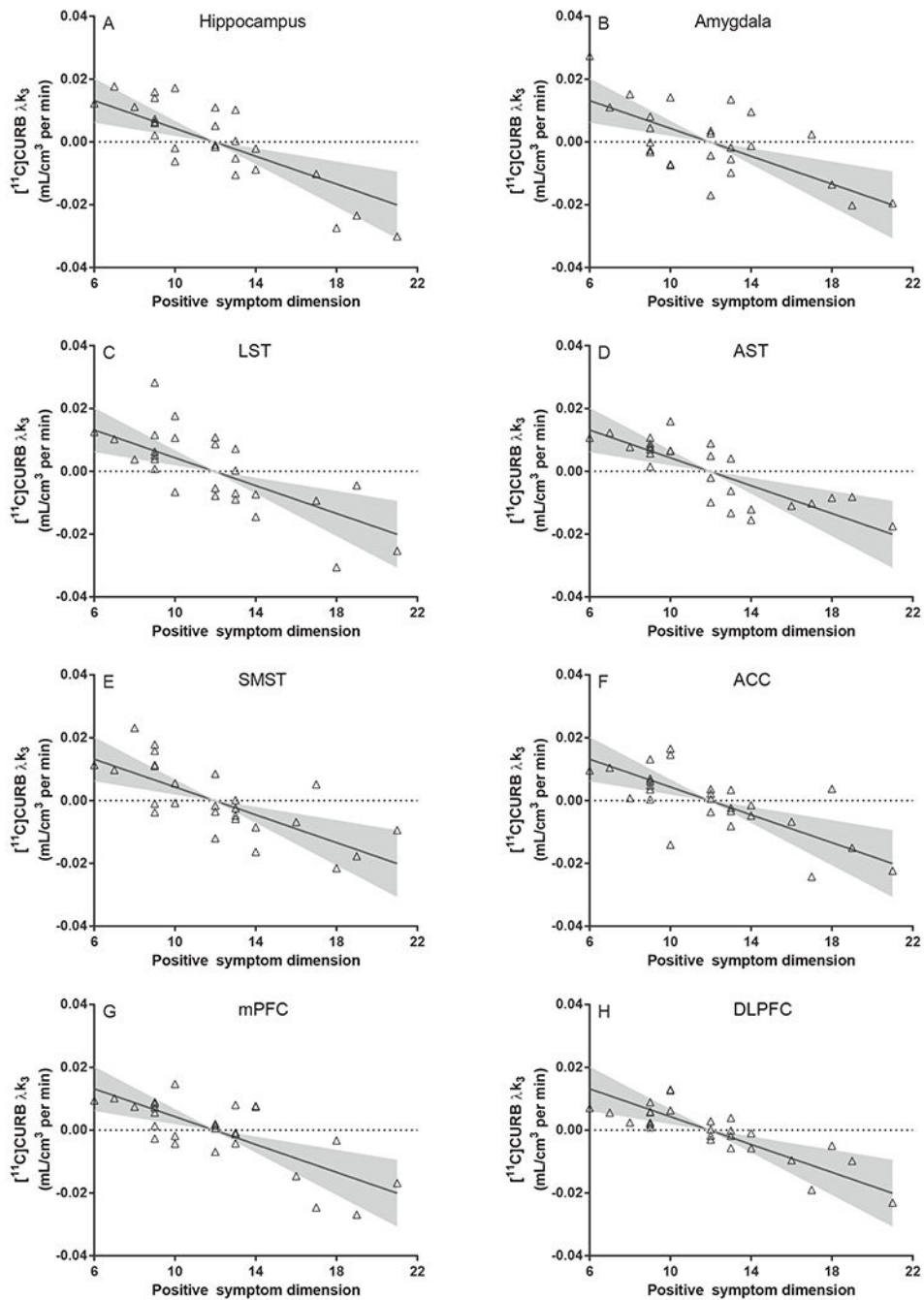
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**Figure 1:**

$[^{11}\text{C}]\text{CURB } \lambda k_3$  in healthy controls and patients with psychotic disorders. Means are adjusted for sex and *FAAH* rs324420 genotype.

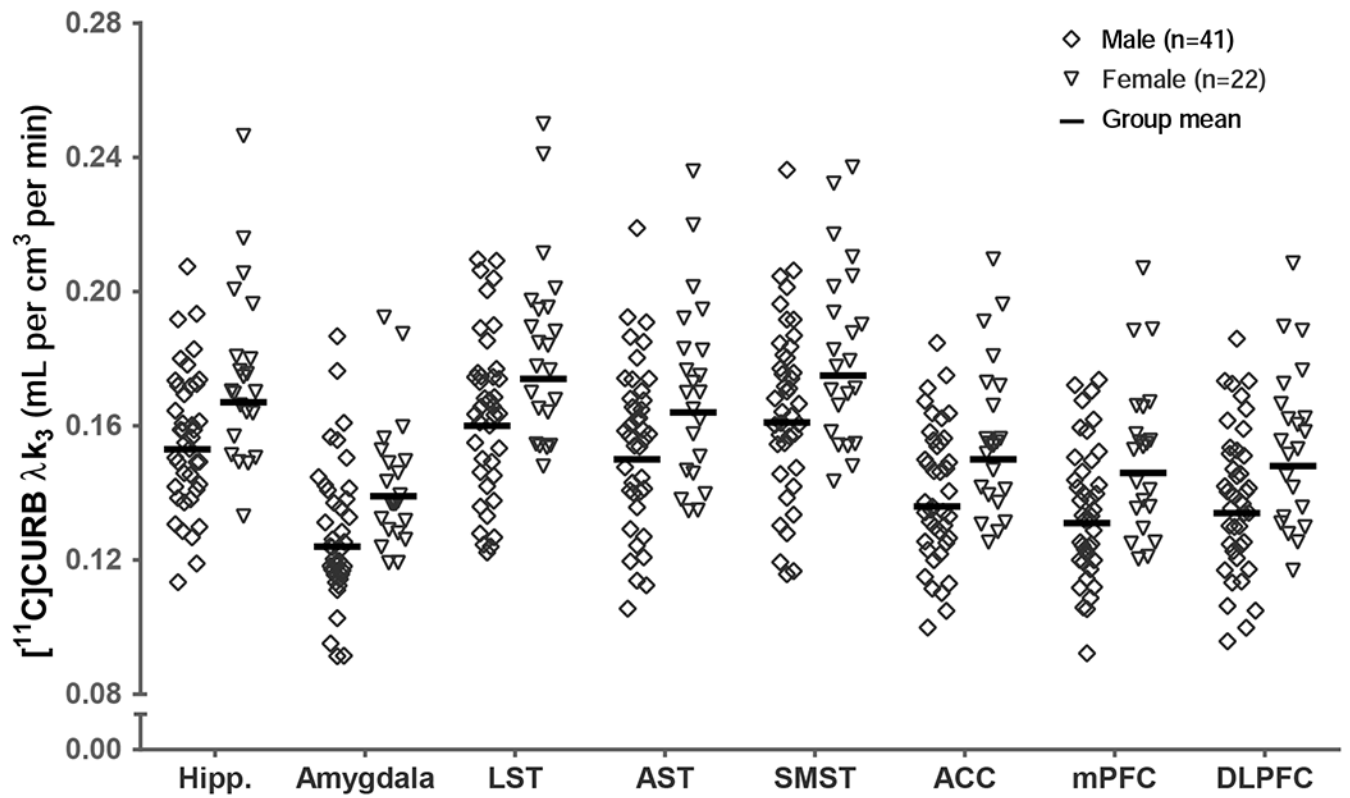
Hipp: hippocampus; LST: limbic striatum; AST: associative striatum; SMST: sensorimotor striatum; ACC: anterior cingulate cortex; mPFC: medial prefrontal cortex; DLPFC: dorsolateral prefrontal cortex.



**Figure 2:**

Partial residuals plots of  $[^{11}\text{C}]\text{CURB } \lambda k_3$  and the positive symptom dimension in psychosis patients ( $n=27$ ). Fit line and shaded areas reflect the model fit and 95% confidence interval of the overall random effects linear mixed model, controlling for *FAAH*rs324420 genotype, sex and including all brain regions ( $n=8$ ).

LST: limbic striatum; AST: associative striatum; SMST: sensorimotor striatum; ACC: anterior cingulate cortex; mPFC: medial prefrontal cortex; DLPFC: dorsolateral prefrontal cortex.



**Figure 3:**

$[^{11}\text{C}]\text{CURB } \lambda k_3$  in males and females in the entire sample (n=63). Group means are adjusted for diagnostic group and *FAAH* rs324420 genotype.

Hipp: hippocampus; LST: limbic striatum; AST: associative striatum; SMST: sensorimotor striatum; ACC: anterior cingulate cortex; mPFC: medial prefrontal cortex; DLPFC: dorsolateral prefrontal cortex.



**Table 1.**Demographics and clinical measures (mean  $\pm$  SD)

	Healthy control	Psychotic disorder	F/chi <sup>2</sup>	p
<i>n</i>	36	27		
<i>Age (years)</i>	24.32 $\pm$ 5.17	25.10 $\pm$ 5.34	0.347	.56
<i>BMI</i>	23.73 $\pm$ 3.62	25.09 $\pm$ 4.54	1.745	.19
<i>male/female</i>	19/17	22/5	5.59	.018
<i>Tobacco non-smoker/smoker<sup>a</sup></i>	35/1	22/5	4.44	.035
<i>Cigarettes per day (in smokers)</i>	17.5	14.81 $\pm$ 8.34	0.087	.78
<i>Cannabis exposures</i>				
<i>&gt;10 lifetime</i>	1	16		
<i>&gt;100 lifetime</i>	0	12		
<i>&gt;10 in past year</i>	0	6		
<i>FAAH genotype CC/AC</i>	25/11	16/11	0.704	.40
<i>Medications</i>				
<i>Antidepressant</i>	-	9		
<i>Benzodiazepine</i>	-	2		
<i>Stimulant</i>	-	3		
<i>Antipsychotics: AP-free/AP-current</i>	-	16/11		
<i>Mean antipsychotic dose (chlorpromazine-equivalent)<sup>b</sup> Sub-therapeutic dose<sup>c</sup> (n=7)</i>		70 $\pm$ 42 mg/day		
<i>Therapeutic dose (n=4)</i>		446 $\pm$ 313 mg/day		
<i>PANSS Positive Score (SD)</i>	-	16.26 $\pm$ 3.57		
<i>PANSS Total Score (SD)</i>	-	56.81 $\pm$ 11.04		
<i>Diagnosis</i>				
<i>SZ/SF/SA/DD/NOS</i>	-	18/6/1/1/1		
<i>[<sup>11</sup>C]CURB PET Scan</i>				
<i>Amount injected (MBq)</i>	361.10 $\pm$ 22.57	352.16 $\pm$ 28.12	1.96	.17
<i>Mass (<math>\mu</math>g)</i>	1.63 $\pm$ 0.92	1.97 $\pm$ 1.37	1.39	.24
<i>Specific activity (GBq/pmol)</i>	91.13 $\pm$ 46.30	81.47 $\pm$ 53.52	0.59	.45

SZ: schizophrenia SF: schizophreniform disorder; SA: schizoaffective disorder; DD: delusional disorder; NOS: Psychotic disorder not otherwise specified;

<sup>a</sup>Tobacco smoking status determined using the Fagerstrom Test for Nicotine Dependence

<sup>b</sup>Mean dose for those taking antipsychotics; chlorpromazine equivalent doses calculated per Andreasen et al. (34). Lurasidone was first converted to an equivalent olanzapine dose (42) before following the method of (40).

<sup>c</sup>Sub-therapeutic defined as doses below the equivalent starting dose of chlorpromazine (~200 mg/day)