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30 years of HER3: From basic biology to therapeutic interventions

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Abstract

HER3 is a pseudo-kinase member of the EGFR family having a role in both tumor progression and drug resistance. Although HER3 was discovered more than 30 years ago, no therapeutic interventions have reached clinical approval to date. Since the evidence of the importance of HER3 is accumulating, increased amount of preclinical and clinical trials with HER3 targeting agents are emerging. In this review article, we discuss the most recent HER3 biology in tumorigenic events and drug resistance, and overview the current and emerging strategies to target HER3.

Keywords

HER3; Cancer; Cell signaling/ protein tyrosine kinases; Drug targets/protein kinase & phosphatase drug targets

INTRODUCTION

The human epidermal growth factor receptor (HER) proteins are a family of receptor tyrosine kinases that play a role in both normal and tumor cell biology. The family consists of four highly homologous members epidermal growth factor receptor (EGFR [ERBB1/HER1]), HER2 (ERBB2), HER3 (ERBB3) and HER4 (ERBB4), consisting of a ligand-binding extracellular domain, a transmembrane domain, an intracellular kinase domain, and a C-terminal tail (1). The family members (except HER2) are generally activated through extracellular ligand binding inducing a conformational change, followed by homo- or heterodimerization among the family members, eventually leading to the activation of an intracellular signaling cascade (2). The cellular responses include increased cell survival and

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proliferation, explaining why aberrant EGFR family signaling is strongly connected with oncogenic events (1).

When inactive, the EGFR receptors exist in a monomeric tethered conformation, but upon ligand binding, the receptor changes into its extended form, exposing a dimerization arm (2,3). Contact with another open conformation receptor permits formation of a receptor dimer, inducing a further conformational change in the intracellular domain of the receptor complex. This conformational change leads to a transphosphorylation event, where the donor receptor introduces multiple phosphorylations into the C-terminal tail of the acceptor receptor, allowing attachment and activation of downstream signaling cascade (3). The paradigm of EGFR family receptors existing solely in a monomeric form prior to ligand binding has been challenged by suggesting that EGFR can be found in an inactive dimerized form before ligand stimulus (4). The signal inactivation happens via dephosphorylation, receptor internalization, and proteolysis or recycling of the receptor (5).

EGFR binds to at least seven ligands including EGF, transforming growth factor- α , heparin-binding EGF-like growth factor, betacellulin, amphiregulin, epiregulin, and epigen (6). Neuregulins (NRG) 1–4 are the ligands for HER3 and HER4 (7). Unlike the other three EGFR family members, HER2 has no known ligands and is found constitutively in an open conformation with exposed dimerization loop and needs a ligand-bound heterodimerization partner to signal (8). The variety in both ligands and dimerization partners provides diversity in the downstream signaling response (9).

HER3: The oddball of the EGFR family

HER3 is a unique EGFR family member with no or little intracellular tyrosine kinase activity. Compared with the other EGFR family members, HER3 diverges at critical residues in the kinase domain locking it in an inactive-like conformation (10). Although HER3 has been reported to have some kinase activity, it is suggested to be 1000-fold weaker than the kinase activity of the fully activated EGFR (10,11). Since HER3 is unable to form homodimers, its activation depends on heterodimerization with another receptor in order to induce the downstream C-terminal phosphorylation events (12).

The HER3 gene localizes in the long arm of chromosome 12 (12q13.2), encoding a 180 kDa protein (13,14). The extracellular domain of HER3 is divided into four subdomains (I–IV): subdomains I and III are leucine-rich β -helical areas responsible for the ligand binding, whereas subdomains II and IV are cysteine-rich regions (15). Subdomain II also contains a dimerization arm necessary for the interaction with other receptors. The transmembrane domain is followed by an intracellular domain enclosing a flexible juxtamembrane region, kinase domain, and the C-terminal tail. In absence of a ligand, binding between subdomains II and IV keeps HER3 in an inactive state (16). Upon ligand binding, the dimerization partner's kinase domain trans-phosphorylates the tyrosine residues in the C-terminal tail of HER3 (17).

The preferable dimerization partners for HER3 are EGFR and HER2, followed by lower affinity to HER4 (Figure 1). HER3 also dimerizes with some non-EGFR family receptors, including mesenchymal epithelial transition factor (MET) receptor and fibroblast growth

factor receptor 2 (FGFR2) (18,19). Six of 11 HER3 tyrosine phosphorylation sites are direct recruiters of phosphoinositide-3-kinase (PI3K), making HER3 a strong activator for PI3K / protein kinase B (AKT) signaling, important for cancer cell survival (20-22). HER3 also activates mitogen-activated protein kinase (MAPK) signaling, stimulating cell proliferation. Other suggested effectors of HER3 include Janus kinases (JAKs) and activators of transcription and proto-oncogene tyrosine-protein kinase SRC signaling pathways involved in signal transduction and increased cell proliferation (23,24).

HER3 SIGNALING IN CANCER DEVELOPMENT AND PROGRESSION

HER3 overexpression in cancer

In contrast to other EGFR family members, HER3 is not oncogenic when overexpressed alone (25). However, ubiquitous HER3 expression is detected in various cancers including breast, ovarian, colon, gastric, lung, cutaneous, and pancreatic cancers (26,27). High HER3 expression is also linked to disease progression and/or poor prognosis in many cancer types (28,29).

Although HER3 does not cause tumorigenesis on its own, HER2:HER3 heterodimers possess the highest transforming capability among all the possible EGFR family dimers (30,31). The superior oncogenic capability of the dimer pair makes HER3 critical for HER2-mediated tumorigenesis in multiple tumor types. HER3 overexpression is a frequent event, especially in HER2-positive breast cancers, and mice expressing *neu* (rodent HER2) transgene exhibit elevated HER3 expression (32,33). In breast cancer cell lines, HER3 was shown to be critical for maintaining cell viability, while EGFR was dispensable (34). In addition, inhibition of HER3 revokes HER2-dependent tumorigenesis in transgenic mammary tumor models (35). HER3 has also been implicated in the pathogenesis of non-small cell lung cancer (NSCLC), many of which have EGFR mutations (36-38).

Ovarian cancers often express high levels of HER3, and HER3 expression has been associated with poor survival (39,40). HER3 was deemed essential for ovarian cancer cell proliferation *in vitro* and *in vivo*, and the activation of HER3 was mediated by NRG1 autocrine signaling (41). NRG mRNA was detected in 83 % of ovarian carcinomas, and addition of ectopic NRG1 was stimulating the growth of several ovarian cancer cell lines (42). Additionally, NRG driven HER3 activation or NRG activating fusions have been reported in multiple other tumor types including pancreatic, head and neck, colorectal, lung, and prostate cancers (43-51), but NRG is also secreted into the tumor microenvironment by cancer-associated fibroblasts (CAFs) (51,52). Furthermore, NRG inhibition was suppressing tumor growth in preclinical models of pancreatic cancer (52), demonstrating the importance of NRG as a HER3 activating oncogenic factor.

Rare oncogenic HER3 mutations have been reported. Recurrent somatic *HER3* mutations are found in 11 % of colon and gastric cancers and are associated with malignant transformation (53). Although these mutations transform cells in a ligand-independent manner, the oncogenic activity is dependent on co-expression with HER2. shRNA mediated *HER3* knockdown delayed tumor growth in HER3 mutant tumors. Also in breast cancer several *HER3* mutations (F94L, G284R, D297Y, T355I, and E1261A) were shown to have

gain of function properties (54). *HER3* mutations caused increased HER2:HER3 heterodimerization and made the cells resistant to the HER2-targeting drug lapatinib. Overall, the prognostic value of the mutations and their role in tumor development or progression is still not well understood.

HER3 in cancer progression

HER3 expression is connected with disease progression and metastatic events in various cancer types. In breast cancer, HER3 expression is linked to increased intravasation and metastasis, and higher HER3 expression was found in metastatic breast cancer (MBC) samples compared with primary tumor samples (55). In another breast cancer study, 30% of the primary tumors were shown to express HER3, whereas the expression was 60% in the matched metastatic samples, suggesting that HER3 expression is linked to metastatic events (56). In a meta-analysis from multiple malignant tumor types it was confirmed, that HER3 expression led to worse overall survival and 1.6-fold higher death risk than in HER3 negative patients (57).

In NSCLC, *HER3* messenger RNA (mRNA) expression was associated with increased metastatic rate and decreased survival (58). In a more recent study, EGFR and HER3 protein levels were analyzed from primary tumors, brain metastases, and circulating tumor cells (CTCs) (27). Over 50% of the primary tumors had EGFR expression and ~80% expressed HER3; the numbers for brain metastases were 60% and 90%, again highlighting the importance of HER3 in the disease progression. Codetection with EGFR/HER3 was successful in CTCs from the blood of 67% of the patients.

HER2 and HER3 protein levels were evaluated in colorectal cancer patients with liver metastasis (59). Whereas high HER2 levels were found only from 8% of the primary liver tumors, high HER3 levels were found from 75% of the metastatic samples, again suggesting a role for HER3 in the metastatic process and cancer progression. HER3 is also connected to worse outcomes in pancreatic cancer (60). Furthermore, HER3 is highly expressed in cutaneous tumors and was reported to act as an indicator for poor prognosis in melanoma (61,62). In contrast to other tumor types, high HER3 expression was associated with better survival in bladder cancers (63). Researchers suggested that this could be explained by increased expression of soluble form of HER3 (sHER3), which is overexpressed in bladder cancer (63). sHER3 is a 85 kDa truncated and secreted form of HER3 (64), which is reported as a negative regulator of HER2, HER3, and HER4 (64,65).

Although classically HER3 signals from the membrane, occasional nuclear localization of the full-length HER3 has been reported and nuclear HER3 expression has been connected to better overall survival in uveal melanomas (66-68). Functionally nuclear HER3 increased the mRNA level expression of cyclin D1, suggesting it might act as a transcriptional activator (66). However, the mechanisms and role of nuclear HER3 in cancer remain to be studied further.

HER3 AS A DRIVER OF DRUG RESISTANCE

HER3 as a mediator of resistance to targeted therapies

HER3 expression acts as a bypass mechanism for various targeted therapies, and elevated HER3 signaling confers resistance to multiple therapeutic agents. Since HER3 dimerizes with receptors other than EGFR including HER2 and MET receptor, HER3 can confer resistance to EGFR-targeting therapies via dimerization with partners other than EGFR (69). Early on it was shown that HER2:HER3-mediated signaling associates with EGFR tyrosine kinase inhibitor (TKI) gefitinib resistance in head and neck cancer and in breast cancer (70,71). Later it was shown that HER3-ligand, NRG1, and the following increase in HER2:HER3 dimerization confers resistance to EGFR-directed antibody cetuximab in colorectal cancer (72). Similarly, an increase in EGFR:HER3 dimerisation was found in the majority of the residual cancer burden (RCB) of cetuximab/panitumumab resistant breast cancer patients (73). Other anti-HER TKIs such as osimertinib may also induce HER3 upregulation as part of the resistance mechanism (74,75). This NRG1 driven EGFR inhibitor resistance was reverted using HER3 selective antibody patritumab. Interestingly, circulating NRG1 levels were a better indicator for patritumab efficacy than HER3 mRNA expression (37). In another study, MET amplification caused gefitinib resistance via increased HER3/PI3K signaling, and MET amplification was detected in 22% of lung cancer patients bearing tumors resistant to gefitinib or erlotinib (18).

As with EGFR inhibitors, HER3 is known to confer resistance to HER2-targeted therapies. Trastuzumab (herceptin) is a monoclonal HER2-directed neutralizing antibody used mainly in HER2-positive breast cancer (76,77). Although several resistance mechanisms to trastuzumab exist, bypass activation of PI3K/AKT and SRC are the major molecular mechanisms behind therapy escape, and the bypass signaling can be driven by HER3 (78,79). It was suggested that heterotrimer formation between HER2, HER3, and insulin-growth factor receptor 1 (IGF1R) are the major inducer of AKT- and SRC-driven trastuzumab resistance in breast cancer cells (24). In the same study, knockdown of HER3 decreased the phosphorylation activity of AKT and SRC signaling and re-sensitized the cells to trastuzumab, suggesting that dual blocking of HER2 and HER3 is needed to prevent the survival signaling. Additionally, stimulation with NRG1 induced trastuzumab resistance in HER2 overexpressing breast cancer cells (80).

Lapatinib is a dual TKI of EGFR and HER2 used against HER2-positive MBC. Lapatinib treatment was shown to induce feedback upregulation of both mRNA and protein levels in breast cancer cell lines, and HER3 knockdown restored the drug sensitivity in lapatinib-resistant cells (81). Another study showed that lapatinib-resistant breast cancer cells were not dependent on HER2:HER3 signaling, but were relying on NRG1-driven HER3:EGFR dimerization (82). In fact, lapatinib can induce the symmetrical HER2:HER3 dimer which may have unexpected effects on tumor cell proliferation (83).

Since HER3 is a substantial activator of PI3K/AKT survival signaling, it confers resistance also to other targeted therapies. PI3K/AKT inhibitors are known to cause feedback upregulation of HER3 by relieving AKT/FoxO dependent suppression of HER3 (84), leading to reduced efficacy of PI3K/AKT inhibitors. NRG1 induces resistance to ALK

inhibitors and BRAF-V600E inhibitor, vemurafenib (85,86). Furthermore, transcriptional HER3 activation was connected to resistance to MAPK and RAF kinase inhibitors both in melanomas and thyroid cancer, and most recently HER3 amplification was described as a clinical bypass mechanism for MET inhibitors in NSCLC (87-89).

HER3 in resistance to hormonal therapy, chemotherapy, and radiation therapy

HER3 expression is also connected to resistance to hormonal therapies. HER3 plays a critical role in the phosphorylation of HER2 in breast cancer cells, and downregulation of HER3 reversed anti-estrogen receptor (ER) tamoxifen resistance in breast cancer cell lines (90). Furthermore, breast cancer patients bearing tumors coexpressing HER2 and HER3 are more prone to develop tamoxifen resistance measured by disease-free survival (91,92). Increased activity of EGFR, HER2, and HER3 was also connected to resistance to ER agonist fulvestrant (93). Fulvestrant treatment enhanced the HER3 expression and phosphorylation in breast cancer cells in an NRG1-dependent manner, and this was suggested as a resistance mechanism for fulvestrant in breast cancer (94). In triple-negative breast cancer (TNBC) patients, high HER3/EGFR protein expression (but not HER3 or EGFR alone) conferred worse 10-year survival after chemotherapy. Interestingly, high HER3/EGFR was associated with worse survival following adjuvant chemotherapy, when compared to patients who did not receive adjuvant chemotherapy (95).

In castration-resistant prostate cancer (CRPC), EGFR:HER3 dimers caused androgen receptor therapy resistance via increased PI3K/AKT signaling. Blocking HER3 with small interfering RNA abolished the growth of these cells, suggesting that HER3 was responsible for the increased PI3K/AKT expression (96). Recently it was also shown that NRG1 secreted by the stromal cells promotes antiandrogen resistance in CRPC (51). Autocrine NRG1/HER3 signaling, measured by NRG1 qPCR and HER3 phosphorylation status, was shown to induce therapy resistance in mouse models of prostate cancer. Blockade of NRG1/HER3 with monoclonal antibodies was re-sensitizing tumors to hormone deprivation *in vitro* and *in vivo*. Androgen deprivation therapy (ADT) was shown to increase the amount of NRG1 positive cancer associated fibroblasts also in prostate cancer patients, measured by immunohistochemistry and protein analysis. These studies in breast cancer and CRPC suggest that HER3 as well as NRG1 protein levels could be a useful biomarker for the use and withdrawal of hormonal therapies in cancer.

HER2/HER3 coexpression and PI3K/AKT signaling is connected to increased resistance for several chemotherapeutic agents including 5-fluorouracil, paclitaxel, camptothecin, and etoposide in breast cancer cells (97). HER3 expression was also reported to cause paclitaxel resistance in HER2 positive breast cancer cells by enhanced expression of AKT and survivin (98). Another DNA-damaging agent, doxorubicin, induced NRG upregulation and HER3-mediated AKT signaling in ovarian cancer cells and dual use of doxorubicin with HER3 inhibition increased apoptosis in the chemoresistant cells (99).

Additional studies link HER3 with resistance to radiation therapy. Ionizing radiation (IR) increases the phosphorylation of EGFR, HER2, HER3, and HER4, and silencing of HER3 reduced the cancer cell viability after treatment with IR *in vitro* and *in vivo* mouse models (100,101).

HER3-TARGETING THERAPIES AND CLINICAL TRIALS

Monoclonal antibodies (mAbs) and small molecule TKIs have been essential in targeting EGFR and HER2 in various tumor types; however, because of the impaired kinase activity, HER3 was long ignored as a therapeutic target. Recently, HER3 has come more into focus as the importance of HER3 in tumor progression and drug resistance has emerged (Figure 2).

From monoclonal antibodies to antibody-drug conjugates

Since HER3 has only minimal kinase activity, HER3-directed antibodies have been the most pursued strategy to target HER3 so far. Various HER3-directed mAbs have been under preclinical and clinical development (Table 1). Most of these agents have been tested in solid tumor types for safety, tolerability, and preliminary efficacy in phase 1 studies.

Seribantumab, lumertuzumab, and patritumab showed the most promise in clinical trials so far, progressing up to phase 2 and phase 3 studies. Although preclinical mouse studies demonstrate the importance of HER3 in cardiovascular development (102,103), no significant cardiovascular effects have been observed when anti-HER3 antibodies have been evaluated as single agents or in combination with erlotinib or trastuzumab (104-107). In the phase I trial of patritumab, no dose limiting toxicities were observed and no maximum tolerated dose was reached (104). The most common treatment related toxicities were mild and included fatigue, diarrhea and nausea. Although most of the mAbs demonstrated favorable toxicity profiles, the single agent activity of the HER3 mAbs has been limited, and development for most of the HER3 antibodies for clinical use has been discontinued.

However, recent advances in the development of bispecific (EGFR/HER3, HER3/IGF1, HER2/HER3) antibodies and antibody-drug conjugates (ADCs) have created new hope for HER3 targeting. Bispecific antibodies generally inhibit the kinase by blocking the ligand-binding site (108,109). ADCs are monoclonal antibodies conjugated to cytotoxic agents via synthetic linkers and have been shown to induce receptor endocytosis and degradation, as well as cancer cell death (110,111). Allosteric HER3 antibodies, which do not block NRG-1 binding, and can bind HER3 even in the presence of NRG-1, maybe more effective than antibodies that block NRG-1 binding, but have yet to enter clinical development (112).

Seribantumab (MM-121) is a fully human IgG2 monoclonal antibody binding to HER3 while blocking the NRG ligand binding and the ligand-dependent downstream activity of HER3 (113). In preclinical studies, seribantumab reduced HER3 activity and growth of xenograft tumors (41,113). Seribantumab reached several phase 1 and phase 2 studies and it was tried either as a single agent or in combination with EGFR-inhibiting antibodies, chemotherapies, or PI3K inhibitors (107,114). NRG ligand levels were shown to correlate with seribantumab response (107). The furthest phase 2 studies in combination with paclitaxel or exemestane (aromatase inhibitor) in ovarian cancer and breast cancer did not reach the clinical endpoint of progression-free survival (PFS); however, retrospective analysis showed that there was survival benefit in the NRG-high patient group (115,116). In EGFR-dependent tumors, there was a limited activity for combination of seribantumab and cetuximab with or without irinotecan chemotherapy (117). Similarly, HER3-specific mAb lumretuzumab was combined in a phase 1b study with EGFR-inhibiting cetuximab or erlotinib, and even though the toxicity was acceptable, clinical activity was modest in

HER3-positive solid tumors (118). Lumretuzumab was evaluated in MBC together with paclitaxel and pertuzumab, but the combination was associated with high incidence of diarrhea and narrow therapeutic window, and the clinical trial was discontinued (119). Recently a phase 2 clinical trial with single agent seribantumab was initiated in solid tumors with NRG1 fusions ([NCT04383210](#)).

Patritumab (U3-1287) is a fully humanized HER3-targeting antibody targeted toward the extracellular domain of HER3, which blocks HER3 ligand binding (104). Patritumab suppressed proliferation and survival of cancer cells in *in vitro* and *in vivo* xenograft models (120). It was also effective as a combination with anti-EGFR-targeting antibodies in both wild-type EGFR tumor models and models resistant to the first-generation EGFR inhibitors. Circulating NRG ligand was a predictive biomarker for patritumab efficacy in NSCLC patients (121,122). In HER2-positive breast cancer, patritumab together with trastuzumab and paclitaxel was reported to have an overall response rate (ORR) of 39 % (105). In the further clinical studies assessing the efficacy of patritumab (including a phase 3 study in NSCLC together with erlotinib) the drug failed to meet the efficacy criteria ([NCT02134015](#)). However, as a continuation, the novel HER3 antibody-drug conjugate U3-1402 was constructed using patritumab as the antibody component (110).

Patritumab deruxtecan (HER3-DXd; U3-1402) is a HER3-directed antibody-drug conjugate composed of patritumab, a cleavable tetrapeptide-based linker, and a topoisomerase 1 inhibitor (exatecan derivative, DXd) payload (123). Patritumab deruxtecan was shown to have preclinical efficacy in NSCLC cells resistant to EGFR inhibitors, as well as colorectal cancer xenografts, and it was shown to have superior efficacy compared with patritumab alone (110,123). Patritumab deruxtecan efficacy is associated with high baseline HER3 expression (110). It was recently reported that Patritumab deruxtecan induces antitumor immune response through DXd-induced cell damage and immune activation. Patritumab deruxtecan sensitizes HER3 expressing tumors for anti-PD-1 checkpoint blockade *in vitro* and *in vivo*, suggesting that it could be beneficial to combine Patritumab deruxtecan with immunotherapy agents (124). Preliminary results from a phase 1/2 study in MBC showed that Patritumab deruxtecan has a manageable safety profile and there was an ORR of 42.9% in heavily pretreated patients (125,126). In another phase 1 study in metastatic *EGFR*-mutant and EGFR TKI-resistant NSCLC, Patritumab deruxtecan led to a response rate of 25% (127). Importantly, clinical efficacy was observed in cancers with diverse EGFR TKI resistance mechanisms as HER3 is not a known resistance mechanism to EGFR TKIS. Additionally, two EV20 derived HER3-specific ADCs, EV20-Sap and EV20/MMAF, recently reported (128,129). EV20-Sap was shown to be effective in preclinical models of melanoma, whereas EV20/MMAF showed preclinical activity in melanoma and breast cancer (130). Also 9F7-F11 derived HER3-ADC was recently reported (131). So far, no clinical studies with these agents have been reported.

Pan-HER strategies

Since tumors often express more than one EGFR family member and the family members are known to induce resistance to single-HER strategies, pan-HER therapies have been developed to overcome compensation mechanisms. Pan-HER therapies are either antibody

mixtures, bispecific antibodies directed to multiple antigens, or TKIs targeting more than one EGFR family member. Although most of the pan-HER strategies have focused on co-targeting EGFR and HER2, some strategies attempting to co-target HER3 have recently emerged.

Pan-HER (Sym013) is a mixture of six antibodies targeting EGFR, HER2, and HER3, and it was shown to reduce cancer cell growth *in vitro* and *in vivo* (132). Interestingly, pan-HER was effective even in cells with acquired resistance to cetuximab, trastuzumab, or pertuzumab, or in cells additionally stimulated with EGFR family ligands (132). In a mechanistic study, pan-HER prevented the EGFR family dimer formation and blocked the switch in HER dependencies (133). A phase 1/2 study with Sym013 was initially launched, but clinical development was subsequently discontinued so the toxicity profile remains unknown (NCT02906670).

Bispecific antibodies can target two distinct tumor-associated antigens and could thus overcome some of the problems of redundant kinase activity. Bispecific antibodies have been developed to simultaneously block either EGFR/HER3, HER2/HER3, or HER3/IGF-1R signaling. Duligotuzumab (MEDH7945A) is an EGFR/HER3-directed bispecific antibody that has two identical binding sites binding to the extracellular domain of either EGFR or HER3 (134). Duligotuzumab exhibited antitumor activity in both *in vitro* and *in vivo* models and overcame EGFR inhibitors and radiation resistance in preclinical models (135,136). Although duligotuzumab demonstrated an acceptable safety profile and it showed some clinical activity together with cisplatin/5-fluorouracil in a phase 2b study in head and neck cancers, it failed to provide clinical benefit in another study in metastatic colorectal cancer (137,138). No further clinical activity with the compound has been reported. Recently, a pharmacokinetic predictive study with another EGFR/HER3-bispecific antibody SI-B001 was reported (139). Bispecific antibody IgG3-43 was shown to prevent the growth and cancer stem cell expansion in TNBC cells, demonstrating that some preclinical activities in the field of EGFR/HER3 bispecifics are still ongoing (109).

Pertuzumab is a HER2-targeting monoclonal antibody that blocks HER2/HER3 heterodimerization (34,140). In a phase 1 study of 21 patients with solid tumors, pertuzumab was well tolerated with a pharmacokinetic profile supporting 3-week dosing (141). Patients with HER2-positive breast cancer treated with combination therapy of pertuzumab with chemotherapy and trastuzumab had improved disease-free survival (142). In first-line patients with HER3-positive, HER2-low MBC, ORR was 56% after administration of lumretuzumab (500 mg) every 3 weeks, in combination with pertuzumab (840 mg loading dose [LD] followed by 420 mg) every 3 weeks, and paclitaxel (80 mg/m²) weekly (119). When the patients were given the same combination therapy without the LD of pertuzumab, ORR was 39% (119). However, this therapy demonstrated a small therapeutic range, with a high proportion of patients in the study experiencing Grade 3 diarrhea (119).

MM-111 is a bispecific antibody for HER2/HER3 that inhibits heregulin-induced HER3 activation and slows down the tumor growth in HER2-dependent preclinical models (108). The combination of MM-111 and trastuzumab or lapatinib further inhibits growth of HER2 overexpressing cells. MM-111 was tested in clinical trials as a single agent, together with

chemotherapies, or together with other HER2-targeting therapies (143). MM-141 (istiratumab) was designed to target HER3 and IGF-1R, but it failed to show clinical benefit (144). Zenocutuzumab (MCLA-128) is a HER2/HER3 targeting antibody that showed the most promise in the clinical setting. It is currently being evaluated in solid tumors with NRG1 fusions in phase 1 studies, and promising interim results were recently published ([NCT02912949](#)).

Sapitinib (AZD8931) is a pan-EGFR-targeting inhibitor that inhibits the activation of EGFR, HER2, and HER3 (145). A phase 1/2 study in advanced breast cancer failed to reach the clinical endpoint (146). Sapitinib was tested in breast cancer together with hormonal therapy but there was increased toxicity with no additional benefit (147). Sapitinib led to a worse PFS compared to placebo in metastatic colorectal cancer, and no further clinical activities with sapitinib have been reported (148).

It is important to mention that also indirect targeting of HER3 through its dimerization partners can be considered as HER3 targeting strategies, but those approaches are outside the scope of this review.

Emerging treatment approaches

In addition to direct therapeutic strategies to target HER3, some approaches inhibit HER3 indirectly.

Proteasomal degradation has emerged as a new therapeutic modality, including proteolysis targeting chimera (PROTAC) inhibitors linked to a warhead that directs the drug target into cellular degradation (149). Although PROTAC for HER3 has not been reported, at least partial HER3 degradation can be achieved with monoclonal antibodies. The HER3-directed antibody NG33 was shown to induce HER3 degradation and inhibit the growth of HER2-driven cancer cells (150). HER3 was also degraded by a crosslinked form of trastuzumab binding to HER2. Only HER2 and HER3, but not EGFR, were pulled into degradation (111). Another unique approach to inhibit and degrade HER3 is TX2-121-1, a covalent ligand that binds to HER3 receptor and induces partial HER3 degradation by interfering with HER3 dimerization with HER2 and MET (151). HER3 mRNA degradation can be induced by antisense oligonucleotides or micro-RNAs, but this concept has not been tested in clinical trials to date (152).

Recently, a HER3-targeting vaccine (Ad-HER3-FL) was created. Ad-HER3-FL stimulates the production of HER3-specific T cells and antibodies in mouse models, suggesting that HER3 might be a good target for antitumor vaccines (153). In the same study, Ad-HER3-FL was also combined with anti-PD1, showing enhanced response compared to the vaccine alone. Along the same lines, an earlier study described an immunoreacting HER3 epitope (HER-3872-868), and this peptide was used to provoke antitumor immune responses in preclinical models of lung cancer and head and neck cancer (154). Although these new therapies modalities to target HER3 are promising, further preclinical and clinical evaluation is required.

CONCLUSIONS

HER3 is an exceptional EGFR family member that is not oncogenic alone, but can cooperate with other receptors to induce tumorigenesis, metastatic events, and drug resistance. HER3 is a compelling cancer therapeutic target, but so far, no HER3-directed therapies have been approved for clinical use. In contrast to EGFR and HER2, which have been broadly targeted with TKIs, HER3 has been mainly targeted with monoclonal or bispecific antibodies due to the minimal kinase activity, either blocking the ligand binding or heterodimerization with other receptors. In clinical trials, the safety profile of these antibodies has been acceptable, but the efficacy has been disappointing. It is unclear if the failure of the antibody therapies has been due to the use of wrong antibody epitopes, pharmacokinetic problems, or lack of biomarkers, but with some exceptions the clinical development of most of these agents has been discontinued. However, retrospective studies and a meta-analysis from HER3 mAbs in various tumor types suggest that NRG expression could be used as a predictor for HER3 mAb response in the future (37,122,155). It has also been suggested, that HER3 antibodies that don't compete with the NRG binding site could be more effective in tumors with high NRG1 expression before antibody treatment.

The interest in targeting HER3 has persisted and new mechanisms to target HER3 have constantly emerged. New therapeutic strategies, including HER3 directed ADCs, are being investigated in a broad range of cancers. The potential advantage of ADCs over monoclonal antibodies could be that the cancer cells need to express HER3, but do not have to be fully dependent on HER3 to induce cell death. Other novel strategies to target HER3 include proteasomal degradation, antisense oligos, and most recently a HER3-targeted peptide vaccine. So far, these agents have shown efficacy in preclinical models, but the clinical safety and efficacy remains to be determined. The winning strategy to therapeutically target HER3 remains to be seen, but HER3 is as a promising drug target and the era of drugging the “undruggables” has already started.

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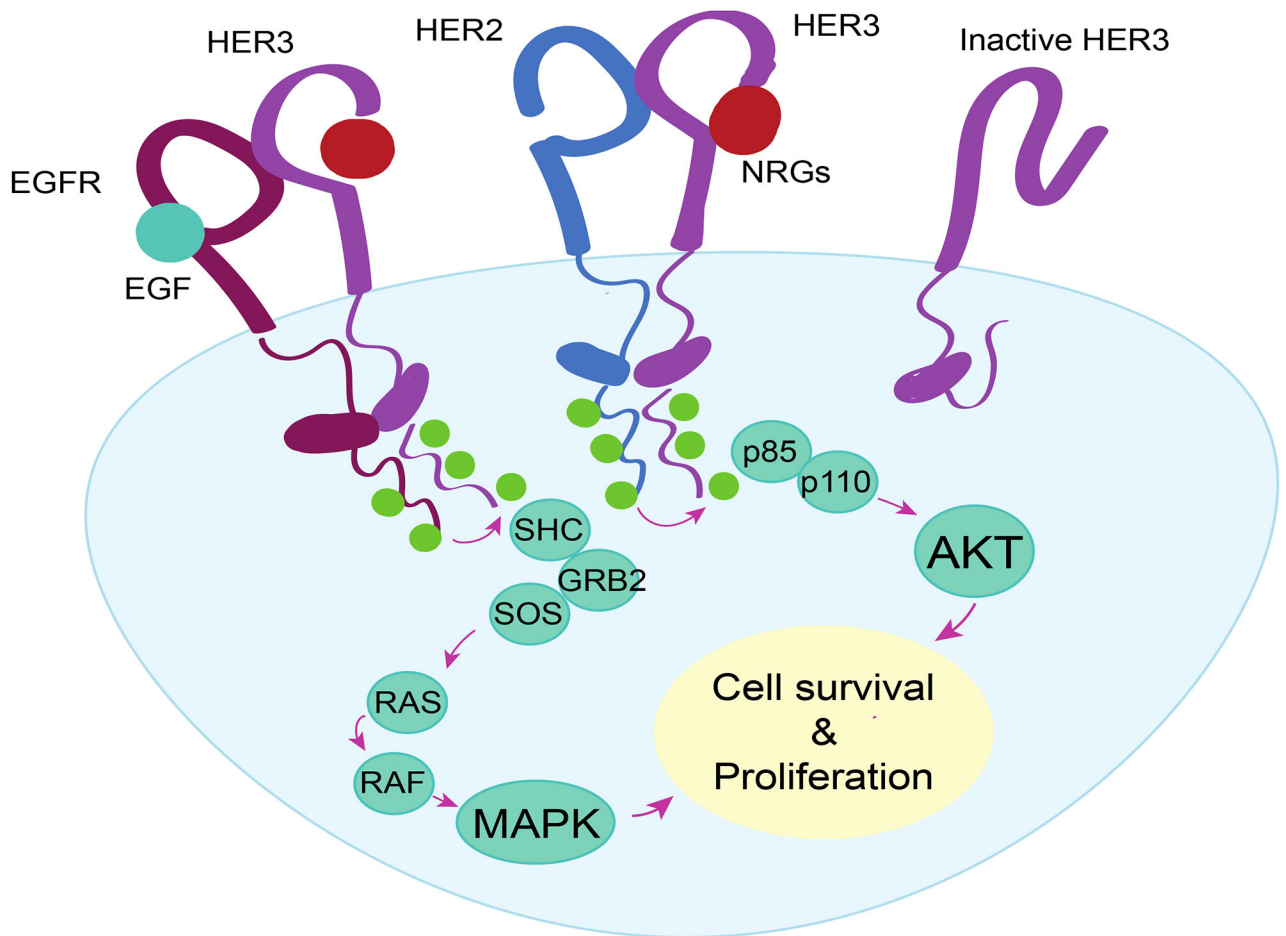


Figure 1: HER3 dimerization and signaling cascade.

Upon ligand binding, HER3 preferentially dimerizes with EGFR or HER2 inducing a conformational change in the receptor pair. The conformational change leads into transphosphorylation event in the intracellular kinase tail, where the C-terminal tail of HER3 acts as an acceptor for multiple phosphorylations. This induces activation of signaling cascades promoting cell survival and proliferation. EGFR: Epidermal growth factor receptor, EGF: Epidermal growth factor, HER2: Human epidermal growth factor receptor 2, HER3: Human epidermal growth factor receptor 3, NRG: Neuregulin, p85: 85kDa regulator subunit of phosphoinositide 3-kinase, p110: 110kDa catalytic subunit of phosphoinositide 3-kinase, AKT: protein kinase B, SHC: SHC-transforming protein 1, GRB2: growth factor receptor bound protein 2, SOS: Son of sevenless, RAS: RAS GTPase, RAF: Raf kinase, MAPK: Mitogen-activated protein kinase.

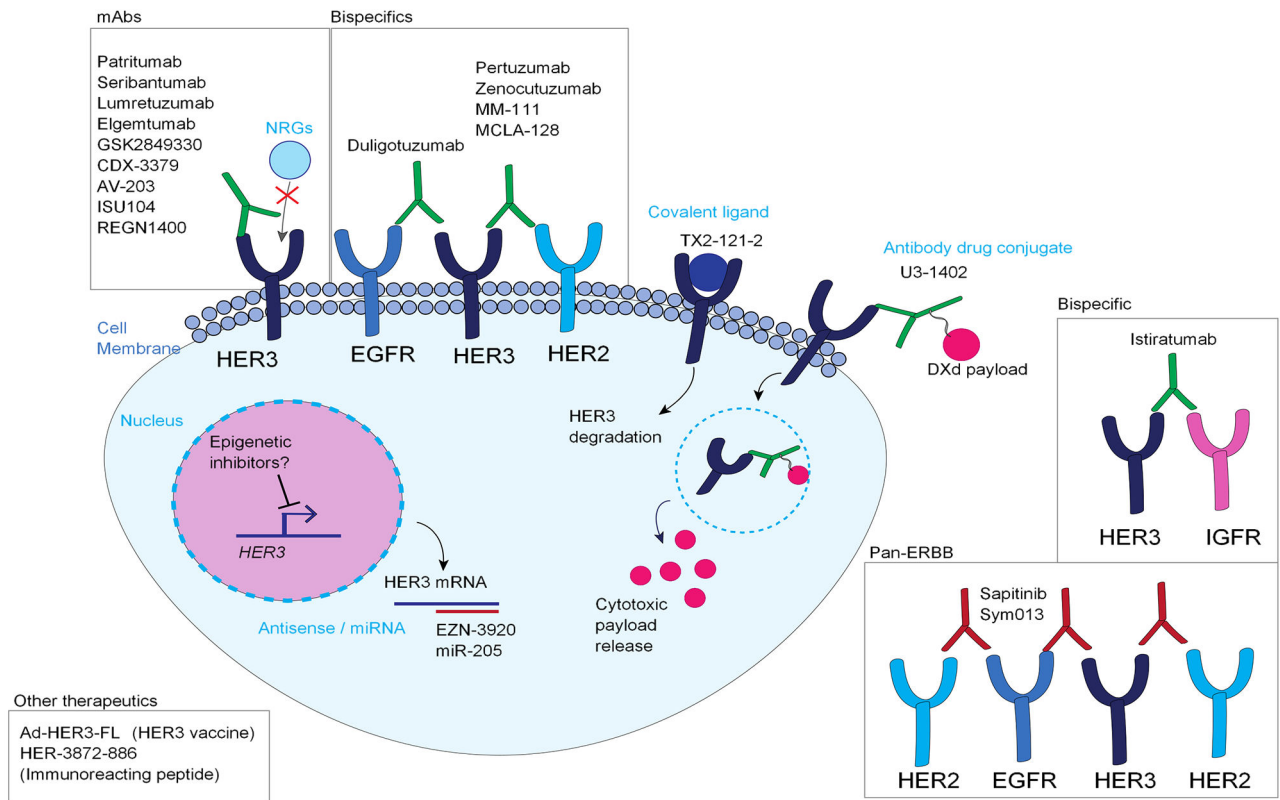


Figure 2: Therapeutic strategies to target HER3.

The most popular strategies to target HER3 have been monoclonal and bispecific antibodies, as well as pan-HER strategies. Emerging strategies to target HER3 include antibody drug conjugates, HER3-targeting vaccines, and different ways to affect HER3 degradation either in mRNA or protein level. Epigenetic inhibitors could potentially be useful for inhibiting HER3 gene expression, although the mechanisms and feasibility of these strategies will have to be further validated. EGFR: Epidermal growth factor receptor, HER2: Human epidermal growth factor receptor 2, HER3: Human epidermal growth factor receptor 3, NRG: Neuregulin, mAbs: Monoclonal antibodies, IGFR: Insulin-like growth factor receptor. DXd: DX-8951 derivative.

Table 1:

Status of HER3-targeting agents in preclinical and clinical trials.

Drug type	Drug name	Mechanism of Action	Developer	Highest clinical trial phase	Indication (cancer type)	Key trial numbers	References
	Patritumab (U3-1287)	HER3 mAb	Daiichi Sankyo	Phase III	NSCLC, breast, head & neck	NCT02134015 NCT02134015 NCT01211483	(104,120)
	Seribantumab (MIM-121)	HER3 mAb	Merrimack Pharmaceuticals / Elevation Oncology	Phase II	NSCLC, breast, ovarian, advanced	NCT00994123 NCT01209195 NCT01451632 NCT04383210	(156)
	Lumretuzumab (RO5479599, RG7116)	HER3 mAb	Genentech/Roche	Phase Ib/II	NSCLC, breast solid tumors	NCT01918254 NCT02204345 NCT01482377	(157)
	Elgertumab (LJM716)	HER3 mAb	Morphosys/Novartis	Phase I/II	Breast, gastric, head & neck, solid	NCT02143622 NCT01602406 NCT02167854	(158)
	GSK2849330	HER3 mAb	GlaxoSmithKline	Phase I	Solid tumors	NCT01966445	(159)
	CDX-3379 (KTN3379)	HER3 mAb	Celldex Therapeutics	Phase II	Head & neck, advanced tumors	NCT02473731 NCT02014909	(160)
Antibodies	AV-203	HER3 mAb	Aveo Oncology	Phase I	Solid tumors	NCT01603979	(161)
	ISU104	HER3 mAb	ISU Abxis	Phase I	Solid tumors	NCT03552406	(162)
	REGN1400	HER3 mAb	Regeneron Pharmaceuticals	Phase I	Metastatic cancers	NCT01727869	(163)
	TK-A3, TK-A4	HER3 mAb	Takis Biotech	Preclinical			(164)
	MP-EV20	HER3 mAb	Mediapharma	Preclinical			(165)
	IA5-3D4	HER3 mAb		Preclinical			(131)
	9F7-F11, 16D3-C1	HER3 mAb	GamaMabs Pharma	Preclinical			(150)
	NG33	HER3 mAb		Preclinical			(150)
	A5, F4	HER3 mAb		Preclinical			(166)
	HMBD-001 (10D1F)	HER3 mAb	Hummingbird Bioscience	Preclinical			(167)
	huHER3-8	HER3 mAb		Preclinical			
	U3-1402	HER3-ADC	Daiichi Sankyo	Phase II	Breast, NSCLC, colorectal	NCT04479436 NCT03260491 NCT02980341	(123,168)
ADCs	EV20/MMAF, EV20-Sap	HER3-ADC	Mediapharma	Preclinical			(128,129)
	HER3-ADC 9F7-F11	HER3-ADC		Preclinical			(169)

Drug type	Drug name	Mechanism of Action	Developer	Highest clinical trial phase	Indication (cancer type)	Key trial numbers	References	
Bi-specific antibodies	Zenocutuzumab (MCLA-128)	HER2/HER3 bispecific	Merus	Phase I/II	Solid tumors	NCT02912949	(170)	
	Sym013	EGFR/HER2/HER3 mAb mixture	Symphogen	Phase I/II	Advanced epithelial malignancies	NCT02906670		
	Duligotuzumab (MEHD7954A)	EGFR/HER3 bispecific	Genentech/Roche	Phase II	Head & neck, advanced tumors	NCT01911598 NCT01986166	(137)	
	Istiratumab (MM-141)	HER3/IGF1R bispecific	Merrimack Pharmaceuticals	Phase II	Advanced solid, colorectal, Pancreatic, head & neck	NCT01733004 NCT02538627 NCT02399137	(171)	
	SI-B001	EGFR/HER3 bispecific	Biokin Pharma	Phase I	Locally advanced or metastatic epithelial tumors	NCT04603287	(172)	
	MM-111	HER2/HER3 bispecific	Merrimack Pharmaceuticals	Phase I	HER2 / heregulin positive, breast	NCT01097460 NCT00911898 NCT01304784	(108)	
	scDb Fc (scDb hu225x3-43-Fc)	EGFR/HER3 bispecific		Preclinical			(109)	
	Antisense oligonucleotide	EZN-3920	HER3 mRNA antagonist	Enzon Pharmaceuticals	Preclinical			(152)
		miR-450b-3p	Inhibits HER3 expression		Preclinical			(173)
	micro-RNAs	miR-205	Inhibits HER3 expression		Preclinical			(174)

ADC, antibody drug conjugate; EGFR, epidermal growth factor receptor; HER, human epidermal growth factor receptor; IGF1R, insulin-like growth factor receptor; mAb, monoclonal antibody; miR, micro-RNA; NSCLC, non-small cell lung cancer.