



## Practical Guidance for Clinical Microbiology Laboratories: Diagnosis of Ocular Infections

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**SUMMARY** The variety and complexity of ocular infections have increased significantly in the last decade since the publication of *Cumitech 13B, Laboratory Diagnosis* of *Ocular Infections* (L. D. Gray, P. H. Gilligan, and W. C. Fowler, *Cumitech 13B, Laboratory Diagnosis of Ocular Infections*, 2010). The purpose of this practical guidance document is to review, for individuals working in clinical microbiology laboratories, current tools used in the laboratory diagnosis of ocular infections. This document begins by describing the complex, delicate anatomy of the eye, which often leads to limitations in specimen quantity, requiring a close working bond between laboratorians and ophthalmologists to ensure high-quality diagnostic care. Descriptions are provided of common ocular infections in developed nations and neglected ocular infections seen in developing nations. Subsequently, preanalytic, analytic, and postanalytic aspects of laboratory diagnosis and antimicrobial susceptibility testing are explored in depth.

**KEYWORDS** endophthalmitis, eye infection, keratitis, ocular infection, retinitis, uveitis, Cumitech 13

### **INTRODUCTION**

The diagnosis of many ocular infections is made clinically on the basis of ocular examination. Prior to topical and/or systemic treatment, small irreplaceable specimens are obtained and either inoculated at the bedside or transported to the microbiology laboratory. Because of the potentially major adverse effects of significant infections, including vision loss, blindness, eye evisceration, or enucleation, it is essential that the microbiology laboratory and treating clinicians work closely to ensure that optimal methodologies are used to establish the etiology of infection so that appropriate interventions are taken. In particular, the laboratory needs to clearly communicate the specimen requirements for the diagnosis of a wide array of pathogens that may be found in the eye and the clinical settings in which they will likely be found. In this document, we provide a brief primer on the anatomy of the eye so that the reader will understand the sites or regions from which different specimens are collected. Second, we review the different types of eye infections that are likely to be encountered and the organisms most likely to be associated with them. Third, we discuss specific testing approaches that have been successfully used to detect the wide array of infectious agents that cause ocular infections and the role of susceptibility testing in guiding topical/systemic treatment options.

#### **ANATOMY OF THE EYE**

The complex anatomy of the eye presents important challenges to the diagnosis of ocular infections (Fig. 1). A brief overview of ocular anatomy is provided below. When thinking about laboratory diagnosis of ocular infections, it is helpful to distinguish the following groups of infections:

- 1. Group 1—outer eye: nonsterile outer eye structures, including conjunctivitis, dacryocystitis, blepharitis, canaliculitis, and preseptal and septal cellulitis
- Group 2—inner eye: sterile inner eye structures, including keratitis, endophthalmitis, uveitis, and retinitis

The main advantage of this dichotomous classification is to clearly identify ocular sites in which the isolation of commensal flora (*Cutibacterium acnes* and *Staphylococcus epidermidis*, etc.) may represent normal flora (group 1 [outer eye]) from tissues in which the isolation of these organisms is more likely to represent true infection (group 2 [inner eye]). Although the cornea is exposed to the environment and is anatomically considered part of the external eye, keratitis caused by various pathogens, including commensal flora, can lead to rapid loss of visual acuity and blindness. To simplify laboratory workflows and mitigate errors, cornea cultures are worked up as sterile sites and considered group 2 (inner eye) specimens.

# Group 1—Outer Eye: the Eyelids, Conjunctiva, Lacrimal System, and Orbital and Periorbital Tissues

**Eyelids.** The eyelids are delicate movable folds of skin overlying muscle (orbicularis), a firm plate (tarsus), and the membrane that limits the anterior extent of the orbit (orbital septum) and are lined with a mucous membrane (conjunctiva). Three main types of glands are present in the margins (edges) of the eyelids and empty on the border margins where the eyelashes emerge. Meibomian glands (which secrete lipids) are specialized sebaceous glands with ducts that empty at orifices, which can be seen as a line of  $\sim$ 25 to 30 white dots along the inner margins of the eyelids. Lipids secreted by Meibomian and Zeis glands float on the surface of the cornea within the tear film and reduce its tendency to evaporate and avert "dry eye" surface breakdown.

**Conjunctiva.** The conjunctiva is the thin, translucent, mucous membrane lining of the inner surfaces of the upper and lower eyelids (tarsal conjunctiva) and the surface of the anterior sclera (bulbar conjunctiva). The conjunctiva is continuous and essentially unchanging over the surfaces of the sclera and the inner surfaces of the upper and lower eyelids.

Lacrimal system. Lacrimal glands are located within the bony orbit that surrounds the eyeball and produce tears, the aqueous-proteinaceous component of the tear film.



**FIG 1** Anatomy of the eye and surrounding tissues. (Licensed from https://www.carlsonstockart.com/photo/human-eye-anatomy-illustration-1/.)

Tears are secreted in the superior fornix onto the upper tarsal and bulbar conjunctiva, flow over and coat the cornea and sclera, and exit into the lacrimal puncta. The puncta (two per eye; one per eyelid) are two tiny openings close to the inner canthal regions on the eyelid margins nearest the nose. Tears flow into the puncta and drain through tiny ducts (canaliculi) and into the lacrimal sac, from which the tears eventually exit into the nasal cavity.

**Orbital and periorbital soft tissue.** Fat, connective tissue, and muscle are contiguous with the eyeball both within (orbital) and outside (periorbital) the bony orbit that contains the eyeball.

#### Group 2—Inner Eye

**Cornea.** The cornea is the transparent, central, anterior portion of the eyeball, with a shiny, convex surface that acts to refract (i.e., bend) light rays as they enter the eye. The regularly spaced and layered lamellar collagen fibers, which make up the bulk of the cornea, are responsible for the cornea's transparency.

**Iris.** The iris is the thin, colored, contractile diaphragm behind the cornea and is situated directly in front of the lens that dilates and constricts to appropriately regulate the amount of light entering the eye.

Anterior and posterior chambers. The anterior chamber is the wider fluid-filled space between the cornea and the iris; the posterior chamber is the narrower fluid-filled space between the iris and the lens. Both chambers are filled with aqueous humor (or aqueous fluid), a colorless, watery, salty, low-protein-content, glucose-rich solution produced by the nonpigmented epithelium of the ciliary body. Its total volume is ~250  $\mu$ l, and it is replenished roughly every 2 h.

Lens. The crystalline lens is a biconvex, avascular structure located directly behind the iris and pupil. It is held in place by ligamentous fibrils of the ciliary body, which contracts and relaxes to adjust the lens thickness to refract light rays precisely onto the retina.

Vitreous humor. Most of the volume of the eyeball and the large space occupied between the lens and the retina is filled with approximately 4 ml of a transparent, viscous, jellylike structure called the vitreous humor.

**Retina.** The retina is the neurosensory inner lining of the posterior of the eye and contains  $\sim$ 120 million light-sensitive rods and cones (i.e., photoreceptors) along with

neuroglial cells and neural tissues that function much like the film in a film camera or the charge-coupled-device (CCD) image sensor in a digital camera.

**Macula.** The macula is a central 5- to 6-mm area of the posterior retina responsible for all of our central vision, most of our color vision, and visualization of fine details.

**Fovea.** The fovea is a small central depression ( $\sim$ 1.5 mm) in the center of the macula. Its central foveola is  $\sim$ 350  $\mu$ m in diameter and has the highest concentration of cones corresponding to central fixation and our most acute vision.

**Choroid.** The choroid is the highly vascular, pigmented inner layer of the eye located between the neurosensory retina and sclera.

**Uvea.** The uveal tract refers to the combination of the choroid, iris, and ciliary body. All of these pigmented structures are continuous with one another.

**Optic nerve.** The optic nerve is composed of  $\sim$  1.2 million nerve fibers, which transmit visual stimuli from the neurosensory retina to the brain.

#### **CLINICAL DESCRIPTION OF OCULAR INFECTIONS**

Ocular infections can be divided conveniently into two groups: those that occur in outer eye structures exposed to the environment (group 1) and those that occur in the inner eye structures (group 2) (1). An easy way to explain what ocular structures are associated with type 1 infections is that the structure can be touched with a finger or, for diagnostic purposes, with a swab. Structures associated with type 2 infections cannot be touched by a swab. Organisms causing group 1 outer eye infections may be introduced into the surface structure of the eye either from the environment or from the patient's microbiome. Group 2 infection may also arise from the environment or the patient's microbiome (exogenous infection) or as a result of systemic infection (endogenous infection). Clinical microbiology laboratory personnel should be familiar with the terminology that physicians use to describe ocular infections and inflammatory conditions. The following terms are often submitted as specimen descriptions. Knowledge of these terms could be helpful in determining the source of specimens, culture media to be used, usual organisms and potential pathogens, and the extent of identification (ID) and antimicrobial susceptibility testing (AST).

## Group 1—Outer Eye

**Blepharitis.** Blepharitis is characterized by erythema of the lid margin, fibrinous scale accumulation on eyelashes, and recurrent mild conjunctivitis leading to eye irritation and a foreign-body sensation (2). *Staphylococcus aureus, C. acnes,* and coagulase-negative *Staphylococcus* species (CNS) have been found in conjunction with blepharitis, with *S. aureus* being the most common and the target of antimicrobial therapy (3, 4).

Anterior blepharitis is usually seborrheic or staphylococcal in etiology (2). Posterior blepharitis (meibomitis) is characterized by thick, yellow or gray, turbid, cloudy secretory material that clogs the Meibomian gland orifices along the posterior lid margin, resulting in impaction, inflammation, and/or infection (2). A chalazion is a chronic lipogranulomatous inflammation of a Meibomian gland. A stye (hordeolum) is a painful nodule or pustule of the eyelid usually caused by staphylococcal infection of a sebaceous gland.

Anterior blepharitis requires lid scrubs and, if chronic, can require cultures and antimicrobial treatment. Meibomitis is treated by regular warm compresses to help liquefy viscous secretory material. When severe and/or chronic, oral antibiotics such as tetracyclines and azithromycin may be used for weeks, with treatment courses being repeated if patients do not respond adequately. In this setting, cycling of antimicrobials is recommended even though rigorous supporting clinical data are not available (2). When sizable chalazia result, steroid injections and/or surgical removal may be indicated.

The role of *Demodex* species (a type of mite) in blepharitis is uncertain since control populations often have a similar prevalence, although one recent study suggests that this mite is found more frequently and at higher numbers in older patients with blepharitis. These data contradict previous studies that did not see differences in *Demodex* species detection rates in individuals with and those without blepharitis (5).

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More data are needed to clarify whether *Demodex* spp. play a substantive role in blepharitis.

Lice (*Phthirus pubis*) have also been associated with blepharitis (2). Identification of nits and crusts on eyelashes is consistent with louse infection caused by either *Pediculus humanus* (body louse) or *Phthirus pubis* (pubic lice) (6, 7). Distinguishing the two is of great importance in children given that pubic lice are primarily sexually transmitted and may be representative of ongoing child abuse (6–8).

**Myiasis.** The eye is involved in ~5% of cases of human myiasis, which is caused by several fly genera, including *Dermatobia* species (human bot fly) (6). Larvae are deposited on the ocular surface, resulting in abrupt itching, pain, hyperemia, edema, soreness, lacrimation, and sensation of movement (6). Readers desiring more information on myiasis are referred to an excellent review by Francesconi and Lupi (9).

**Canaliculitis.** Canaliculitis is low-level chronic inflammation of short channels (canaliculi) draining tears into the lacrimal sac. It is characterized by mucopurulent discharge and/or concretions from the punctum, tearing, eyelid erythema, and recurrent conjunctivitis. Primary infection is due to Gram-positive skin flora, including coagulase-negative staphylococci, streptococci, *C. acnes*, and *Actinomyces* species. Secondary infection of punctal plugs used to treat dry eye disease is additionally associated with environmental Gram-negative rods like *Pseudomonas aeruginosa* and rapidly growing mycobacteria (RGM) (10–12).

**Dacryocystitis.** Dacryocystitis is inflammation of the lacrimal sac and is usually related to nasolacrimal duct obstruction (13, 14). Findings include tearing, redness, pain, tense and tender erythematous swelling over the lacrimal sac, expressible mucoid or purulent drainage from the punctum, and, in rare cases, periorbital cellulitis (14, 15). When expressible, the mucopurulent discharge can aid microbiological investigation, with *S. aureus* and CNS being the most common, followed by *Streptococcus pneumoniae*, *C. acnes*, *P. aeruginosa*, *Haemophilus influenzae*, and RGM (16–19).

**Preseptal cellulitis.** Preseptal cellulitis is characterized by inflammation of the eyelids, conjunctiva, and surrounding skin without the involvement of deeper tissues and no pain with eye movements. Symptoms include eyelid erythema, warmth, tenderness, and fluctuant lymphedema or swelling that can extend over the nasal bridge to the opposite eyelids, usually accompanied by a low-grade fever and an elevated white blood cell (WBC) count. Often, there is a history of sinusitis, insect bite, dacryocystitis, local skin abrasion, laceration, dental abscess, or puncture wound (20). Culture of open wounds, weeping vesicles, purulent nasal drainage, and conjunctival discharge often yield *S. aureus*, beta-hemolytic streptococci, *S. pneumoniae*, *H. influenzae*, and/or *P. aeruginosa*, with rapid treatment often yielding a good outcome (21–23).

**Orbital cellulitis.** All cases of orbital cellulitis should be considered potentially sight-threatening medical emergencies that require prompt diagnostic workup and treatment.

Orbital cellulitis is characterized by inflammation of deep periocular tissues resulting in severe clinical features like conjunctival edema and injection, restricted ocular motility, and pain on attempted eye movement that differentiate this condition from preseptal cellulitis. Additional symptoms include blurred vision, headache, double vision, eyelid edema, eyelid erythema, eyelid warmth, eyelid tenderness, and proptosis. Fever, purulent discharge, decreased periorbital sensation, decreased vision, retinal venous congestion, and optic neuropathy are worrisome signs that can also be present (21). Prevailing etiologies include direct extension from a paranasal sinus infection, focal periorbital infection, extension of a dental infection, sequelae of paranasal sinus surgery or orbital surgery, sequelae of trauma, seeding from systemic infection, facial cellulitis with vascular extension, or secondary inflammation and orbital venous stasis from a septic cavernous sinus thrombosis (15, 20, 22, 23).

Treatment of orbital cellulitis includes hospitalization, imaging studies, and broad-spectrum intravenous (i.v.) antibiotics. An immediate ophthalmology and/or otolaryngology, neurosurgery, or infectious disease consultation is indicated. If the

orbit is taut and cramped, optic neuropathy is present, or the intraocular pressure is dangerously increased, then immediate surgical intervention may be needed. Bacterial causes include *Staphylococcus* species, *Streptococcus* species, *H. influenzae*, *P. aeruginosa*, *Bacteroides* species, and other environmental Gram-negative rods (14, 15, 24, 25). Failure to respond to i.v. antimicrobials and the formation of a subperiosteal abscess may necessitate surgical intervention to clear bacterial infection. Surgical intervention is also indicated for invasive mold infections such as sinonasal mucormycosis. This rapidly progressive and potentially fatal infection is a medical emergency and must be ruled out in patients with poorly controlled diabetes, high levels of comorbid conditions, and/or immunosuppression (23). All patients with orbital cellulitis must be monitored for complications, including cavernous sinus thrombosis, meningitis, and extension into the brain parenchyma (24).

**Conjunctivitis.** Conjunctivitis can occur as an isolated condition or be a secondary finding in association with any type of ocular inflammation (26). A key clinical symptom and/or sign of infectious conjunctivitis is "red eye" (i.e., significant conjunctival hyperemia) over the bulbar conjunctiva and/or palpebral/tarsal conjunctiva often associated with irritation and discharge (26, 27). Diagnostic testing is rarely indicated since the usual clinical presentations are characteristic and fairly straightforward (26). Viral conjunctivitis is most commonly bilateral with serous, watery discharge and known sick contacts. Allergic conjunctivitis is uniformly bilateral with watery discharge and gray-ish, scant, stringy mucus with an associated situational exposure history. In contrast, bacterial conjunctivitis is typically unilateral with more purulent discharge, matting, and adherence of eyelids upon waking.

(i) Viral. Adenovirus is the most common cause of viral conjunctivitis (34 to 80%) (27, 28). Epidemic keratoconjunctivitis outbreaks of adenovirus conjunctivitis due particularly to human adenovirus serotype 8 are well described in the literature and associated with ophthalmology clinics (29, 30). Risk factors include recent upper respiratory infection or direct contact with someone with respiratory illness or red eye in the previous 5 to 14 days. Both eyes can be affected simultaneously or in sequence up to 3 days apart, with infection progressing for the first 4 to 7 days and persisting for 2 to 3 weeks. Symptoms include eye irritation, watery discharge, conjunctival injection, preauricular adenopathy, and follicular inflammation. Pseudomembranes (inflammatory debris and fibrin) and subconjunctival hemorrhages indicate more severe disease. Inflammation can spread to the cornea, resulting in punctate keratitis leading to decreased vision, reduced contrast sensitivity, photosensitivity, and glare or haloes around bright lights (31, 32). Treatment of adenovirus conjunctivitis includes symptomatic relief and prevention of further transmission with avoidance of personal contacts, washing hands, and avoidance of sharing of personal items (31). Severe infections with membrane formation or cornea involvement may merit topical corticosteroids (31). Corticosteroids enhance viral replication, promote superinfection, delay viral clearance, and can facilitate higher numbers of community epidemics of viral conjunctivitis.

A less severe form of acute hemorrhagic viral conjunctivitis is due to two enterovirus serotypes, coxsackievirus type 24 and enterovirus 70 (33, 34). These viruses are highly contagious, and outbreaks in tropical countries in excess of 100,000 cases have been reported (33, 34). Patients present with red eyes and are treated symptomatically with eye drops, with spontaneous resolution (33, 34). Less commonly, herpes simplex virus (HSV) and varicella-zoster virus (VZV) reactivation can involve the conjunctiva, with severe infection meriting the use of systemic antiviral agents (32).

(ii) Bacterial. Nongonococcal bacterial conjunctivitis is characterized by mild to moderate purulent discharge. Infections are often mild and self-limited. Only severe or recalcitrant infections are treated with topical antimicrobials (27). In adults, *S. aureus*, *S. pneumoniae*, and *H. influenzae* are the most frequent causes of bacterial conjunctivitis, while *H. influenzae*, *S. pneumoniae*, and *Moraxella* spp. are most common in children (27). Lack of vaccination for *H. influenzae* and *S. pneumoniae* in particular increases susceptibility to these infections. *Chlamydia trachomatis* is associated with neonatal and

sexually transmitted conjunctivitis in developed nations and is the leading cause of infectious blindness (trachoma) in developing nations (35). Rare infections with *Chlamydia pneumoniae* and *Chlamydia psittaci* have also been reported (36, 37).

*Neisseria gonorrhoeae* conjunctivitis is a rapidly progressive medical emergency. Highrisk individuals include neonates, infants, and sexually active adults with purulent conjunctivitis. Stat Gram stains accompanied by culture to determine if Gram-negative diplococci are present are essential to rapidly identify and treat this infection. Although in the United States, rates of neonatal *N. gonorrhoeae* ocular infections are low (estimated at 0.2/ 100,000), perinatal ocular antimicrobial prophylaxis has been abandoned in some industrialized countries, worldwide rates of *N. gonorrhoeae* infection are increasing, and strains have emerged that are resistant to all standard antimicrobial therapies (38–40).

**Trachoma keratoconjunctivitis.** The leading infectious cause of blindness globally (~2.2 million people) is keratoconjunctivitis due to *C. trachomatis* (35). Repeat infections lead to conjunctival scarring and abnormally positioned eyelids (trichiasis) that abrade the cornea, leading to scar formation and blindness. A global strategy to limit trachoma called SAFE focuses efforts on surgery to correct trichiasis, antibiotics to treat infection, facial cleanliness to decrease the risk of trachoma, and environmental improvements, including improved sanitation to reduce fly populations, which may act as a vector for trachoma (35). This meaningful approach has led to the elimination of trachoma in 4 countries: Laos, Cambodia, Morocco, and Mexico (41, 42). However, other populations have been more refractory to its elimination (43). In the industrialized world, vertical transmission of *C. trachomatis* from an infected mother to her infant may result in neonatal conjunctivitis (44). Infection may also occur through autoinoculation or sexual contact with individuals with genital tract infections (27).

**Microsporidial keratoconjunctivitis.** Microsporidia are spore-like intracellular fungi that infect the conjunctiva and cornea in immunosuppressed individuals, causing a clinical presentation similar to that of viral keratoconjunctivitis. First reported in HIV-infected individuals, outbreaks in immunocompetent individuals have been associated with exposure to the pathogen in hot springs, swimming pools, soil, and contact sports (45–47).

#### **Group 2—Inner Eye Infections**

**Keratitis.** All corneal inflammatory and infectious conditions should be considered potentially sight-threatening medical emergencies. All patients with suspected infectious keratitis should be referred to an ophthalmologist immediately for diagnosis and treatment.

Keratitis is characterized by inflammation of the cornea (48). It is the fourth leading cause of blindness globally and is associated with improper contact lens (CL) use, trauma, dry eye, chronic ocular surface disease, the use of topical corticosteroids, lid abnormalities, corneal hypesthesia, and iatrogenic postsurgical infection (49, 50). Symptoms of keratitis include redness with mild to severe pain, photophobia, decreased vision, and purulent discharge. If allowed to progress, severe scarring, thinning, perforation, or endophthalmitis may develop and progress to irreversible blindness and/or rupture of the globe resulting in evisceration or enucleation.

In the industrialized world, the most common predisposing factor for the development of infectious keratitis is the improper use or contamination of CL systems (50). Common risk factors include sleeping and swimming with CLs, poor hygiene, and using extended-wear lenses beyond the recommended time intervals (51, 52). Lens care solutions and cases exhibit transient colonization by environmental bacteria, commensal yeasts, molds, mycobacteria, and amoebae, but only a subset of these microbes cause keratitis.

(i) Posttrauma. Trauma is a major route of cornea infection in agricultural settings within industrialized nations and a significant cause of blindness in developing nations. Disruption of the cornea epithelium enables access of commensal and environmental microbes to the cornea stroma and initiation of infection. Environmental bacteria and mold spores inoculated into the cornea stroma via trauma enable many different

bacterial and fungal pathogens to cause significant destruction and vision loss in immunocompetent individuals (48).

(ii) Postsurgical. Infectious keratitis is an infrequent complication of the most common corneal surgeries, keratoplasty (corneal transplants) and laser-assisted *in situ* keratomileusis (LASIK) surgery. Infection rates are relatively low following LASIK surgery (0.1%) and keratoplasty (1%), but the outcome can be devastating, with significant permanent vision loss (53, 54). Commonly encountered organisms in this setting include *S. aureus, S. pneumoniae, C. acnes,* coagulase-negative staphylococci, viridans group streptococci, beta-hemolytic streptococci, coryneform bacteria/diphtheroids, *P. aeruginosa, Moraxella* spp., *Candida albicans,* and *Aspergillus* spp. (49, 54–56). Two outbreaks of *Mycobacterium chelonae* have been described in the literature and are associated with contaminated water sources (57, 58).

(iii) Bacterial. Bacterial keratitis is most frequently due to organisms that are part of the conjunctival microbiota, including CNS, *S. aureus, S. pneumoniae*, and *C. acnes*. Non-*anthracis Bacillus* spp. can be associated with the inoculation of organic matter into the eye (59). *Moraxella catarrhalis* infection can be severe, with reports of 5% of all *M. catarrhalis*-infected patients having evisceration or enucleation (60). Major bacterial pathogens in the setting of poor contact lens hygiene include *P. aeruginosa* and other enteric Gram-negative bacilli recoverable from water, such as *Serratia marcescens* (61–64).

(iv) Yeast. Candida species, most commonly *C. albicans*, infect the corneas of individuals with preexisting ocular surface abnormalities or corticosteroid use (65). Cases of keratitis due to *Cryptococcus neoformans* (66), *Cryptococcus laurentii* (67), *Cryptococcus albidus* (68), and the dimorphic fungus *Blastomyces dermatitidis* (69) have been reported but are extremely rare.

Prior to transplantation, explanted donor corneas are stored in special media containing antibacterial agents but not antifungals. Bacterial growth in the storage solution is significantly mitigated such that when bacteria are identified as the cause of posttransplant infection, the same organism is isolated from solution in only 55% of cases, compared to >99% for *Candida* spp. (70). Despite infection occurring in up to 3 to 14% of patients receiving donor corneas with fungal contamination that had poor clinical outcomes, there are no consistent recommendations for routine fungal cultures on donor corneal rims (71, 72).

Although the addition of voriconazole to holding media reduces yeast growth and infection rates, high costs currently limit its widespread utilization (73). Amphotericin B is contraindicated given its significant endothelial cell toxicity (73, 74). Although research is ongoing, the utility of echinocandins may be limited by economic factors and poor activity against basidiomycetous yeasts, some *Candida* spp., and molds (75). As drug prices drop, economic analyses are needed to determine the cost/benefit ratio of supplementing media with antifungal agents.

(v) Mold. Filamentous fungal keratitis is often associated with contact lenses in developed nations and trauma in developing nations (64). Although many molds are isolated from contact lens solutions, the most frequent cause of clinically significant infection are species in the *Fusarium solani* species complex (76–81). In the context of trauma, the most commonly isolated molds include *Fusarium* spp., *Aspergillus* spp., *Scedosporium apiospermum*, *Paecilomyces* spp., and *Curvularia* spp. (65). For a comprehensive list of other molds causing fungal keratitis, readers are referred to excellent reviews by Thomas and Kaliamurthy (65) and Kredics and colleagues (82).

(vi) Microsporidia. Microsporidial (protozoon-like unicellular fungi) keratitis occurs worldwide in immunosuppressed individuals and immunocompetent individuals most often associated with trauma (45–47). Intractable *Prototheca* species keratitis (algae) has also been described in the literature, with variable treatment success with antifungal and antibacterial agents (83).

(vii) Acanthamoeba. Acanthamoeba keratitis is associated with poor contact lens hygiene, soft contact lens use, and/or a history of trauma or exposure to water while wearing contact lenses. There are 20 different species of Acanthamoeba, with

*A. castellanii* and *A. polyphaga* being the most frequently detected species in ocular infections (84). Notably, coinfections with bacteria have been reported. Treatment is difficult, and the long-term outcome is frequently severe, requiring transplantation. Fortunately, contact lens-associated *Acanthamoeba* keratitis is infrequent and is estimated to occur in approximately 1 to 2 contact lens wearers/100,000 in the United States, but infection rates are increasing and associated with deteriorating water pipe infrastructure in large cities (85, 86). Other free-living amoebae, including *Hartmannella* and vahlkamphid amoebae, are also associated with CL-associated keratitis (87).

(viii) Viral. Viral infection of the cornea can be due to direct contact with virions or hematogenous dissemination (88). Due to the proximity of the cornea and conjunctiva, viral conjunctivitis caused by adenovirus serotypes 8 and 19 (89), coxsackievirus A24 (33), enterovirus 70 (90), and rubeola virus (91, 92) often leads to self-limited superficial keratitis (88). Mild keratitis in the setting of conjunctivitis has also been reported for Ebola virus (93) and arboviral infections, including Zika, dengue, and chikungunya viruses (94). In contrast, direct inoculation of the cornea with viral particles of HSV (95, 96), VZV (97), and vaccinia virus (cowpox) (98) results in more severe focal disease. Immunosuppression enhances susceptibility to certain viruses, including cytomegalovirus (CMV) (99), Epstein-Barr virus (EBV) (100), and human herpesvirus 6 (HHV6) (101, 102) and promotes the cyclic recurrence of latent viral infections involving HSV-1, HSV-2, and VZV resulting in progressive scarring and blindness (88).

HSV-1 infection is more common in adults due to proximity to the oral mucosa; however, neonatal infection is most often due to HSV-2 inoculated at the time of birth (103). After initial infection of the highly innervated cornea, HSV and VZV undergo retrograde axonal transport to neuronal cell bodies in the trigeminal nerve ganglion and lie dormant until reactivation (103). Triggers for reactivation include immunosuppression (iatrogenic, stress, HIV, or diabetes), altered homeostasis (fever, advancing age, or menses), radiation exposure (sunlight), and ocular irritants (contact lens wear or foreign body) (103, 104). Anterograde transport of HSV or VZV along arborizing nerves in the ophthalmic branch of the trigeminal nerve results in a characteristic neurotrophic ulcer, which can spread to involve neighboring epithelial cells forming a larger geographic ulcer with irregular angulated borders (95, 96). Severe cases can result in corneal perforation or spread to posterior segments of the eye (95, 96). Recurrent ulcerations lead to corneal scarring and vision loss requiring transplantation, and graft failure is common due to immunological rejection of the inflamed donor cornea and/or herpetic disease recurrence (95, 96, 105).

Recurrent VZV infection exhibits a dermatomal distribution affecting multiple tissues innervated by the ophthalmic branch of the trigeminal nerve (97, 106). This syndrome, known as herpes zoster ophthalmicus, often begins with a prodrome of unilateral pain or hypesthesia followed by vesicular eruptions of the skin, corneal ulceration, uveitis, and/or acute retinal necrosis (97, 107). Cornea involvement is seen in two-thirds of affected patients, yielding a punctate or dendritic appearance resembling that with HSV infection (97, 108).

Individuals receiving smallpox vaccinations (live nonattenuated vaccinia virus [cowpox]) develop an infectious blister at the inoculation site with viable virions that can spread by contact to other body sites, including the cornea (98). Corneal pathology is dependent on the dose and ranges from mild superficial keratitis to perforation (98). Although uncommon, molluscum contagiosum infection of the palpebral conjunctiva results in nodular lesions that may rarely abrade the corneal epithelium, similar to trachoma, resulting in keratitis, progressive scarring, and vision loss (109, 110). Finally, there is growing evidence that human papillomavirus infection of corneal epithelial cells can cause ocular surface papillomas or squamous cell carcinoma, particularly in immunosuppressed individuals (111, 112).

**Endophthalmitis.** All cases of endophthalmitis should be considered potentially sight-threatening medical emergencies and require prompt diagnostic workup and treatment.

Endophthalmitis is characterized by inflammation within the vitreous (113) and is remarkable for its severity. The etiology of endophthalmitis can be infectious or noninfectious, but most cases are due to infection (113, 114). Symptoms include pain, decreased vision, eyelid and/or corneal edema, conjunctival chemosis, severe anterior chamber reaction, intense conjunctival injection, vitritis, and/or hypopyon (a microscopic, but sometimes grossly visible, inferiorly layered pool of inflammatory white blood cells settled in the inferior aspect of the anterior chamber behind the cornea). Endophthalmitis can be caused by a direct extension of a local infection (exogenous) or seeding from the bloodstream (endogenous).

(i) Exogenous. Exogenous endophthalmitis is due to penetrating trauma to the eye either due to injury caused by foreign objects or secondary to surgical procedures or intravitreal injection (113, 115). Most exogenous cases (70%) are associated with recent eye surgery, including cataract surgery, LASIK, keratoplasty, trabeculectomy, and glaucoma drainage implant surgery (115). Fortunately, these infections are uncommon but, because of the high rates of blindness associated with them, are particularly devastating (113).

Endophthalmitis caused by foreign objects is typically due to endogenous microflora of the skin such as CNS, *Streptococcus* spp., *S. aureus*, and *Bacillus* spp. and environmental organisms such as *P. aeruginosa* and *Nocardia* spp. (113, 116, 117). Trauma with plant material increases the likelihood of inoculating fungal spores with frequent progression to endophthalmitis (65, 113, 118, 119).

Cataract surgery is the most widely performed ocular surgery globally. In the United States, approximately 1.5 million surgeries are performed annually, with an  $\sim$ 0.04% infection rate (120). The most common causes of infection are indigenous Gram-positive cocci: coagulase-negative staphylococci, streptococci, enterococci, and *S. aureus*. *P. aeruginosa*, *Stenotrophomonas maltophilia*, and the *Burkholderia cepacia* complex are less common (120–122). *Candida* species, *Nocardia* species, RGM, and mold infections have also been reported but are fortunately rare (117, 122–124).

Intravitreal drug injections, such as humanized monoclonal antibodies to treat macular degeneration and diabetic retinopathy, are increasingly more common. They are associated with a low infection rate of 0.013%, with staphylococci and streptococci accounting for over 90% of infections (124, 125). However, *Pseudomonas, Acinetobacter, Stenotrophomonas, Burkholderia, Enterobacterales, Fusarium* spp., and *Bipolaris* spp. have all been associated with outbreaks caused by contaminated drug solutions (126–132).

Approximately 20% of corneal transplants (keratoplasty) are performed in patients with corneal damage due to infectious keratitis (133). In North America, donor corneas are typically stored in a preservative medium solution such as Optisol-GS, which contains both gentamicin and streptomycin but no antifungals, and are typically held in storage at 2°C to 8°C for up to 1 week prior to transplant. Although posttransplant infection rates are low, with endophthalmitis occurring in 0.028% and keratitis occurring in 0.019%, infection progression and/or organ rejection can be severe, often requiring a second transplant (115). In endophthalmitis, *Candida* species was recovered in 65% of cases, *Enterococcus* was recovered in 13%, and *Streptococcus* spp. were recovered in 11% (115). In keratitis, *Candida* spp. are recovered in 81% of cases (115).

Surgical procedures to drain aqueous humor and alleviate intraocular pressure in patients with glaucoma are associated with a 0.4% to 1.2% prevalence of endophthalmitis. Trabeculectomy procedures involve the creation of a small outflow chamber space or "bleb" between the anterior chamber and the subconjunctiva to alleviate pressure, increasing the risk of infection with skin flora, particularly CNS and streptococci (134, 135). Placement of an intraocular tube or shunt is associated with biofilm formation with *C. acnes* and RGM (123, 134).

(ii) Endogenous. Endogenous endophthalmitis is a rare condition and is the result of hematogenous spread to the eye during disseminated infection (136). Risk factors include indwelling venous catheters, immunosuppression, intravenous drug use, diabetes, and liver abscesses (136, 137). *Candida* species, particularly *C. albicans*, are the most common cause of endogenous endophthalmitis in intravenous drug users (137). Infections with echinocandin-resistant *Rhodotorula* spp. (138); *Cryptococcus* spp. (139, 140) and other yeasts, including *Geotrichum* spp. (141), *Malassezia* spp. (142), *Sporobolomyces* spp. (143), and *Saccharomyces* spp. (144); *Trichosporon* spp. (145–147); and algae like *Prototheca* spp. have been implicated (83, 148, 149).

Endogenous endophthalmitis due to molds is rare, occurring in immunosuppressed individuals in the setting of disseminated infections due to *Aspergillus* spp., *Fusarium* spp., *Scedosporium* spp. (rarely other molds), and dimorphic fungi including *Histoplasma capsulatum* (150–152), *Coccidioides* spp. (153–155), *B. dermatitidis* (156), *Paracoccidioides* spp. (157), and the *Sporothrix schenckii* complex (158, 159). Diagnosis is based on the detection of fluffy white chorioretinal lesions with or without vitritis in the setting of systemic infection with a known pathogen and does not require ocular sampling prior to treatment initiation (113).

Bacterial causes of endogenous endophthalmitis include oral cavity and skin commensals such as staphylococci, particularly methicillin-resistant *S. aureus* (MRSA) and oral streptococci such as *Streptococcus mitis*. Less frequent bacterial causes include *Bacillus cereus*, *S. pneumoniae*, *Neisseria meningitidis*, *P. aeruginosa*, and *Escherichia coli* (137, 160). Hyperviscous *Klebsiella pneumoniae*, known for its rich capsule production and liver abscess formation, is also a frequent cause of endogenous endophthalmitis in Southeast Asia (137, 161, 162).

**Uveitis.** Uveitis is inflammation of any portion of the uveal tract composed of the choroid, iris, and ciliary body and is categorized anatomically as follows: anterior uveitis, where the anterior chamber is the primary site of inflammation; intermediate uveitis, involving primarily the peripheral retina with overlying vitreous inflammation; and posterior uveitis, which principally involves the posterior retina, vitreous body, and/or choroid. In panuveitis, all uveal structures are involved. Symptoms include eye redness, pain, photophobia, blurred vision, and floaters (163).

Uveitis can be caused by trauma, autoimmune disorders, neoplasia, idiopathic inflammation, and infection (163). Infectious uveitis due to microbial seeding from the bloodstream is most commonly caused by *Toxoplasma gondii*, CMV, HSV, or VZV (163). Other less commonly encountered viruses include West Nile, dengue, chikungunya, Rift Valley fever, Zika, and Ebola viruses (164–166). Tick-borne pathogens, including *Borrelia burgdorferi* and *Rickettsia rickettsii*, are unusual causes of uveitis (167). Ocular syphilis rates are increasing in men who have sex with men (168–171), and although infrequent, *Mycobacterium tuberculosis* complex (TB) uveitis remains a global health issue (172, 173).

**Retinitis.** Retinitis is inflammation of the neurosensory retina. Symptoms include photophobia, blurred vision, ocular pain, and floaters. *T. gondii* and CMV are the most common etiological agents of infectious retinitis (174–176). Toxoplasmosis accounts for roughly 90% of all cases of focal necrotizing retinitis. Fundoscopic identification of focal retinal necrosis surrounded by choroidal edema and vitritis yielding a characteristic "headlight in the fog" appearance with a favorable therapeutic response is diagnostic for ocular toxoplasmosis without the need for additional tests. *T. gondii* infection occurs via ingestion of oocysts in contaminated products, tissue cysts in undercooked meats, blood products, and *in utero* vertical transmission (176).

**Panophthalmitis.** Panophthalmitis is a medical emergency and can involve *N. meningitidis*, *S. pneumoniae*, *Streptococcus* species, *B. cereus*, and *Clostridium* species (59, 177–179).

Panophthalmitis is inflammation of the entire eye, including the sclera and the adjacent extraocular tissues (177). Infection is due to direct extension from a periocular focus or seeding from the bloodstream. Beta-hemolytic streptococci, *S. aureus*, *P. aeruginosa*, and *K. pneumoniae*, particularly hyperviscous strains, are the most common causes (59, 177–179). Symptoms include severe eyelid edema, conjunctival chemosis, proptosis, fixed pupil, and limited ocular movement. If scleral involvement is substantial, thinning and perforation may occur, resulting in loss of the eye. Although enucleation or evisceration may be prevented with prompt initiation of antimicrobials and steroids, the prognosis for recovery of sight is dismal (177).

**Ocular parasitic infections.** Many nematodes can reside intraocularly or subconjunctivally, including *Acanthocheilonema* spp., *Angiostrongylus* spp., *Baylisascaris* spp., *Dirofilaria* spp., *Gnathostoma* spp., *Loaina* spp., and *Trichinella* spp., but only adult worms of *Ancylostoma* spp. *Toxocara* spp., and zoonotic *Onchocerca* spp. (*O. cervicalis* and *O. gutturosa*) have been reported within the cornea stroma (6, 180–182). In contrast to adult worms, the microfilariae from *Onchocerca volvulus* (6) and *Mansonella ozzardi* (183) migrate from the skin throughout the body and can lodge within the cornea. Interestingly, *O. volvulus* keratitis develops when the helminths die and release endosymbiotic *Wolbachia* species bacteria, leading to corneal inflammation and scar formation (184, 185). Some nematodes like *Thelazia* spp. (the eye worm) reside on the surface of the eye and physically abrade the corneal epithelium, resulting in secondary infection and scarring (186). Likewise, although *Loa loa* can reside in the subconjunctiva or within the eye, it does not penetrate the cornea to cause keratitis (6, 182).

The cornea stroma is a dense collagenous matrix not readily invaded by large helminths. However, intraocular cysticerci and hydatid cysts from *Taenia solium* and echinococci, respectively, cause proptosis, exposure keratitis, and secondary infection (6, 182, 187, 188). Although flukes, including *Fasciola hepatica* and *Alaria* spp., have been identified in ocular compartments, their large size, soft bodies, and inability to penetrate collagenous tissues limit their ability to access the cornea stroma (6). Likewise, although adult schistosomes may reside in limbal venules, the avascular cornea limits access for the deposition of eggs (187). Schistosome cercariae have been experimentally shown to penetrate the cornea stroma, with self-limited resolution and subclinical illness (189).

### LABORATORY DIAGNOSIS

#### **Specimen Collection and Transport**

Challenges associated with the diagnosis of ocular infections include the following:

- Limited sample volume
- Irreplaceable specimens
- Bedside specimen inoculation
- Frequent antimicrobial exposure prior to sample collection
- Diverse pathogens requiring specific collection and transport conditions
- Logistics solutions required for prompt sample transport from remote sites
- Limited ocular anatomy/pathophysiology training in clinical microbiology laboratories

Frequent interaction of the microbiology laboratory with ophthalmology clinics is essential to address these challenges. Implementation of the following recommendations may enable streamlined communication and optimize ocular diagnostic approaches:

- Annual ophthalmology resident education focused on explaining the test menu, proper specimen collection, detailed labeling, medium inoculation, and specimen transport
- Establishment of an ophthalmology clinic contact and system to restock media
- Implementation of a courier service to ensure prompt delivery of specimens
- Development of an ophthalmology-specific order requisition to capture unique data associated with ocular specimens and reduce the need to contact providers after-hours
- Availability of consultative services to advise physicians on special diagnostic testing

**Specimen collection.** Methods for collecting ocular specimens are straightforward and have not changed appreciably in the last 50 years. Table 1 lists the recommended collection method and transport device based on ocular anatomy. Clinicians should be

#### TABLE 1 Ocular sample collection

Group	Sample site(s)	Disease(s)	Specimen collection method	Specimen transport device(s) <sup>a</sup>
1—outer eye	Eyelid, lid margin, conjunctiva, lacrimal system	Blepharitis, canaliculitis, conjunctivitis, dacryoadenitis	Collect swab of discharge/ purulent material <sup>b</sup>	Culturette, manufacturer- provided collection device <sup>c</sup>
	Periorbital tissue	Dacryocystitis, preseptal cellulitis	Collect tissue and/or discharge/purulent material <sup>b</sup>	Sterile container, syringe with needle removed
2—inner eye	Orbital cavity	Orbital cellulitis	Collect tissue and/or discharge/purulent material <sup>6</sup>	Sterile container, syringe with needle removed
	Cornea	Keratitis	Collect scrapings with a blade or spatula <sup>b,d</sup>	Sterile container
	Anterior chamber, vitreous humor, iris, uvea, sclera, lens	Endophthalmitis, uveitis, retinitis, panophthalmitis	Collect ocular fluid <sup>e</sup>	Original collection device (needle removed), sterile container
	Eye	Foreign object, helminth infection, arthropod	Collect foreign object, helminth, arthropod	Sterile container

<sup>a</sup>Swabs are acceptable only for the eyelids, lid margin, conjunctiva, and samples from the superficial lacrimal system. Specimens should be transported to the laboratory immediately at room temperature, <2 h after collection. If this cannot be achieved, specimens may need to be placed into transport media or refrigerated, dependent upon the desired testing.

<sup>b</sup>If sufficient material is available, providers should consider bedside inoculation; stain upon request.

<sup>c</sup>Contact the testing laboratory for the most appropriate collection and transport media.

<sup>d</sup>Blades or spatulas are preferred for the collection of tissue to isolate viruses, fungi, *Chlamydia*, and free-living amoebae.

<sup>e</sup>Ocular fluids from large-volume washes require cytocentrifugation in the laboratory; stain upon request.

aware of the potential for ocular dyes and anesthetics to inhibit viral culture (190–192). Prior to sample collection, the eye should be thoroughly rinsed with sterile, nonbacteriostatic saline or water when dyes and anesthetics are used to ensure the optimal detection of ocular pathogens. Physicians should also be encouraged to collect comparable lid and conjunctival specimens from both eyes, even if only one eye is affected. Comparison of microbial growth from the nonaffected eye with that from the affected eye may allow the determination of the etiology of infection.

(i) Group 1—outer eye. The use of a Kimura/platinum spatula with a gentle scraping motion is most helpful for trying to detect intracellular organisms, fungi, and amoebae. Platinum spatulas are preferable because of their rapid heating and cooling capabilities when flame sterilized. However, swabs are much gentler on the patient, yield higher rates of bacterial recovery, and are typically preferred by ophthalmologists (193). Sterile swabs moistened with saline or laboratory-supplied broth enable optimal adsorption. Limited data exist on the use of flocked swabs for ocular cultures (194). The use of cotton and calcium alginate swabs is discouraged because the fatty acids in the cotton fibers and the glue in calcium alginate swabs may inhibit bacterial growth.

If a direct examination is indicated, physicians should place some of each specimen onto a 1-cm<sup>2</sup> outlined area on a glass slide. Such marked indications help the clinical microbiologist focus the microscopic examination, mitigating confusion with contaminating surface debris introduced during processing. One slide should be submitted for each requested stain.

All specimens should be inoculated immediately onto fresh solid medium and/or broth using a method that is mutually acceptable to both the physician and the testing laboratory. Table 2 lists the media commonly used for ocular cultures, which include blood, chocolate, fungal, and Centers for Disease Control and Prevention (CDC) anaerobic agars or thioglycolate broth (175, 195, 196). Traditionally, ophthalmologists have inoculated group 1 outer eye specimens onto single solid plate media in distinct patterns to indicate the source of the specimen: for right and left conjunctiva, horizontal and vertical streaks, respectively; for right and left lid margins, "R" and "L" patterns, respectively; and for cornea, "C" pattern. Alternatively, separate plates are inoculated for each tissue site. Clinical microbiologists should encourage the eye care specialist to be more concerned about accurate recovery than artistic inoculation.

TABLE 2 Primary culture media for ocular specimens<sup>o</sup>

Organism or type of infection	Primary culture medium or suggested combination of primary media
Organism(s)	
Bacteria	5% chocolate agar <sup>a</sup> 5% sheep blood agar <sup>a</sup> Brain heart infusion agar with 5% BA MacConkey agar <sup>b</sup> Thioglycolate broth <sup>a,c</sup>
Anaerobes	CDC anaerobic blood agar Thioglycolate broth <sup>a</sup>
Fungi	Brain heart infusion agar ± BA Sabouraud dextrose agar Inhibitory mold agar Potato dextrose agar Potato flake agar
Mycobacteria	Lowenstein-Jensen medium Middlebrook 7H10
Viruses	Universal transport media/cell culture NAAT <sup>d</sup>
<i>Acanthamoeba<sup>e</sup></i>	Nonnutritive medium with bacterial overlay NAAT <sup>d</sup>
Toxoplasma gondii	NAAT <sup>d</sup>
Chlamydia trachomatis	NAAT <sup>d,f</sup>
Neisseria gonorrhoeae	NAAT <sup>d,f</sup> 5% chocolate agar and/or <i>N. gonorrhoeae</i> media (e.g., Thayer-Martin agar, Martin-Lewis agar) <sup>g</sup>
Type(s) of infection Group 1 <sup>h</sup>	
Stye (hordeolum) Conjunctivitis, blepharitis Canaliculitis, dacryocystitis, dacryoadenitis Preseptal cellulitis	Not routinely cultured BA, CHOC, (MAC), <sup>b</sup> (TMA) <sup>g</sup> BA, CHOC, (MAC), <sup>m</sup> (CDC-ANA) <sup>n</sup> BA, CHOC, (FUNG), <sup>i</sup> (CDC-ANA) <sup>j</sup>
Group 2 <sup>h</sup> Orbital cellulitis Keratitis Contact lens-associated keratitis	BA, CHOC, FUNG, <sup>†</sup> MAC, CDC-ANA BA, CHOC, MAC, FUNG, <sup>†</sup> (MYCO), <sup>†</sup> (CDC-ANA) <sup>j</sup> BA, CHOC, FUNG, <sup>†</sup> (CDC-ANA) <sup>b</sup>
LASIK-associated keratitis Foreign object <sup>k</sup> Endophthalmitis	BA, CHOC, FUNG, <sup>7</sup> MYCO, <sup>7</sup> CDC-ANA <sup>b</sup> BA, CHOC, FUNG, <sup>7</sup> (CDC-ANA) <sup>7</sup> BA, CHOC, MAC, FUNG, <sup>7</sup> MYCO, <sup>7</sup> CDC-ANA <sup>b</sup>

<sup>a</sup>Medium is commonly supplied to ophthalmologists.

<sup>b</sup>Optional; should be considered for hospitalized patients.

<sup>c</sup>Thioglycolate broth or CDC anaerobic blood agar.

<sup>d</sup>Contact the testing laboratory for the most appropriate transport medium.

<sup>e</sup>Culture of nonclinical samples should be discouraged. However, if indicated, contact the reference laboratory for details regarding specimen type, transport, and testing method. <sup>f</sup>Manufacturer collection device may be needed. Contact the testing laboratory for the necessary collection kit.

<sup>h</sup>Gram staining should be performed if requested and if the specimen quantity is sufficient. Positive results from group 2 samples and conjunctival samples showing Gramnegative diplococci (suggestive of *N. gonorrhoeae*) should be handled as a critical value.

Direct fungal staining or examination should be performed if the quantity of the specimen is sufficient. Positive results should be handled as a critical value.

The anaerobic medium of choice, e.g., thioglycolate broth or CDC anaerobic medium, is not usually supplied to physicians. Perform anaerobic cultures only if the physician suspects an anaerobic infection, if the quantity of the specimen is sufficient, and if the specimen has been submitted in the original syringe, in an anaerobic transport device, or in another acceptable anaerobic manner.

<sup>k</sup>Culture only foreign objects if indicated. Most can be cultured in the original thioglycolate or an equivalent broth.

'Add media if mycobacteria are suspected, and stain (either auramine-rhodamine or Kinyoun stain) if the quantity of the specimen is sufficient. Positive results should be handled as a critical value.

<sup>m</sup>Add a MacConkey agar plate if infection is secondary to trauma.

<sup>n</sup>Add thioglycolate broth or CDC anaerobic medium if the infection is chronic.

•Abbreviations: BA, 5% sheep blood agar or brain heart infusion agar with 5% sheep blood; CHOC, 5% chocolate agar; FUNG, preferred fungal culture medium from the list above; THIO, thioglycolate broth; TMA, Thayer-Martin agar; CDC-ANA, CDC anaerobic blood agar; MYCO, preferred mycobacterial culture medium from the list above; NAAT, nucleic acid amplification test. Parentheses indicate optional media to include.

<sup>&</sup>lt;sup>g</sup>Thayer-Martin medium inoculated if *N. gonorrhoeae* is suspected. It must be at room temperature at the time of inoculation and placed immediately into a CO<sub>2</sub>-generating system or bag or a CO<sub>2</sub> incubator with moisture after inoculation.

Swabs for nucleic acid amplification tests (NAATs) can be submitted to the laboratory at room temperature if delivered within 2 h of collection. Dacron, rayon, and flocculated (but not cotton) swabs are acceptable for NAATs. If delays are anticipated, it is advisable to place dry swabs in universal transport media under refrigerated conditions for transport (175). If viral culture is indicated, samples should be submitted in universal transport media and transported at room temperature (175, 196). However, flocculated swabs are associated with increased cell cytotoxicity and should not be used for viral culture (197, 198).

(ii) Group 2—inner eye. Group 2 specimens are obtained via invasive methods and include tissues, biopsy specimens, scrapings, aspirates, ocular fluids, and surgical irrigation fluid. Scalpel blades, Kimura platinum spatulas, and 25-, 27-, or 30-gauge needles (sometimes bent at the tip) are often utilized and can be used to inoculate liquid or solid media directly. Although a recent study comparing cellulose impression disk culture with corneal scraping showed a high bacterial recovery rate of 40% versus 27%, it is not widely used (196). Depending on the patient presentation and relevant history, the potential etiology may include more diverse pathogens than group 1 outer eye specimens, including fungi, mycobacteria, and *Acanthamoeba*. The clinical microbiology laboratory and the ophthalmology practice should establish an institution-specific process for providing specialized media for near-patient plating within the expiration date. Factors to consider include the following. Should specialized media be provided routinely or only via special request? Can the quality of a broadened medium supply be maintained, and is there a system to prevent incorrect usage? Are there cultures or tests for which media will not be supplied and submission of the specimen to the laboratory will not be required?

Given limited ocular fluid volumes and an increasingly complex and expanding test menu, submitting the sample to the laboratory and triaging within the lab is the preferred option. In this approach, the clinical microbiology laboratory can triage the specimen to provide maximum diagnostic coverage. It can be helpful to prioritize testing in terms of drops, with  $\sim$ 50  $\mu$ l constituting one free-falling drop. Optimized utility can be achieved by limiting the number of solid-medium plates constituting a culture, discussing the need for smears (e.g., Gram staining may be of low priority given the limited expected utility and high likelihood of empirical antibiotic administration), and reducing the volume needed for molecular testing.

**Specimen transport.** Almost all ocular specimens submitted for culture are extremely small and can be hidden and easily lost in containers or moist gauze. Therefore, physicians should inform the testing laboratory exactly what is being submitted and the initial test prioritization. This can be accomplished by calling the laboratory or indicating on the requisition accompanying the specimen, but as electronic health records become more user-friendly, a standardized electronic solution is preferred. Given the irreplaceable nature of many ocular specimens, the laboratory should contact the ordering provider if the specimen does not appear as described, prior to canceling the test.

Table 1 includes details on the transport of ocular specimens. All specimens must be transported to the testing laboratory immediately (196). If a significant delay is anticipated, the laboratory should be contacted to determine the appropriate storage conditions. Swab specimens should be transported at room temperature in laboratorysupplied broth or in the original swab transport device. Fluids should be transported in their original containers (syringe with needles removed) or expressed into a sterile specimen container. Tissues should be transported intact and moistened with sterile saline. Foreign objects, artificial lenses, and specimens collected on filter paper should also be transported as if they were tissues. If anaerobic culture is desired, the tissue should be placed in an anaerobic transport device if transit will take >2 h. If viral culture is warranted, direct specimens, such as tissues and aspirates, should be transported at room temperature (1, 175).

#### **Organism Identification and Reporting**

The source of specimen, type of specimen, and suspected infection are essential to triage small-volume specimens to achieve clinically actionable results. If such detailed



**FIG 2** (A to C) Gram staining of cornea tissue infected with pathogens requiring rapid medical intervention. (A) *Neisseria gonorrhoeae;* (B) *Bacillus cereus* (note the iris melanin granules [reprinted from reference 394]); (C) hyaline septate mold (scopulariopsis). (D) Papanicolaou stain of HSV infection in the cornea.

information is not received, the ordering physician must be contacted immediately for additional clarification and relevant detailed information to allow optimal microbiological processing, preparation, examination, and culture of these often-irreplaceable specimens.

Approaches to detect ocular pathogens in the microbiology laboratory include the following:

- Direct examination
- Antigen tests
- Culture
- NAATs
- Serology

**Direct examination.** Glass slides prepared at the bedside or in the laboratory can be stained in the microbiology laboratory, enabling rapid microscopic identification of infectious agents to direct appropriate therapy. Bedside inoculation of glass slides is most commonly performed for cases of suspected conjunctivitis, keratitis, or cellulitis. Ocular fluids require cytocentrifugation in the laboratory and are not amenable to bedside inoculation. To optimize rapid diagnostic opportunities, communication between the clinical microbiology laboratory and the ophthalmologist is essential.

(i) Gram stain. Gram stain results from ocular specimens generally have a high positive predictive value but low sensitivity due to limited sample volume and prior antimicrobial treatment (199, 200). All conjunctival and lacrimal duct exudate specimens should be Gram stained to identify Gram-negative diplococci characteristic of *Neisseria* species as this medical emergency necessitates the addition of parenteral therapy (Fig. 2A) (201). In non-*N. gonorrhoeae* cases, the positive predictive value of conjunctival Gram stains is less certain (202). The detection of large, boxy Gram-positive rods (Fig. 2B) consistent with *Bacillus* or true hyphae consistent with molds (Fig. 2C) should raise



**FIG 3** Gram (A)- and hematoxylin and eosin (H&E) (B)-stained sections of cornea tissue with melanized granules from the iris mimicking bacterial cocci. Note the brownish pigmentation, irregular edges to some of the granules, and the lack of an appropriate host response.

concern for rapidly progressive infections. Corneal scrapings and vitreous biopsies/ aspirates are done at some risk to the patient with low specimen mass; therefore, Gram stains should be performed on these specimens only at a physician's request. Gram stain of corneal scraping and vitreous fluid is typically less sensitive (30 to 55%) than culture (203–205).

When a Gram stain is indicated, both the organism and the surrounding host inflammatory response should be reported. Morphological identification of large, boxy Gram-positive rods consistent with *Bacillus* species, ghost cells consistent with mycobacteria, Gram-negative diplococci consistent with *Neisseria* spp., filamentous bacteria, yeast/pseudohyphae consistent with *Candida* spp., and true hyphae consistent with mold infection may necessitate a prompt change in medical therapy. Semiquantitation of white blood cells helps inform decisions on true infection versus contamination. Further differentiation into granulocytes and lymphocytes may inform bacterial versus viral infection but is difficult to perform on a Gram stain. Upon request, Giemsa-stained slides may enable leukocyte differentiation, but the tissue quantity is often limited, and this staining is not routinely performed.

Small round pigmented melanin granules derived from the iris are frequently mistaken for bacterial cocci in ocular specimens (Fig. 3). Technologists should be aware of this entity and note the brownish tinge, irregular edges, lack of cluster/chain formation, and lack of an appropriate host response to identify this mimic.

(ii) Acid-fast stains. Acid-fast stains should be performed on ocular specimens only at a physician's request. Ziehl-Neelsen and Kinyoun stains yield equivalent detection of mycobacteria, but modified acid-fast stains are required for organisms like *Nocardia* with smaller amounts of mycolic acid in their cell wall. Situations in which this stain



**FIG 4** Calcofluor white-stained cornea scraping (A) and H&E-stained section (B) of cornea tissue showing *Acanthamoeba* cysts in a patient with contact lens-associated keratitis.

should be strongly considered include the presence of ghost cells upon Gram staining, samples from patients with active TB, and samples from patients with possible RGM infection such as post-LASIK surgery or traumatic keratitis unresponsive to standard antimicrobials (58, 172, 173, 206).

(iii) Calcofluor white. A Gram stain will reveal the presence of yeasts, hyphae, and amoebae. However, if there is high clinical suspicion, the high fluorescent signal-to-noise ratio of the calcofluor white stain significantly improves sensitivity for fungi, including microsporidia (207–212) and *Acanthamoeba* (Fig. 4A) (213, 214). Technologists should be aware that cotton fibers and any cellulose- or chitin-containing substance will also fluoresce with calcofluor white and may be confused with fungal elements. Additionally, the quality, performance, and specificity of commercially prepared formulations of calcofluor white can vary widely. Readers are advised to evaluate the product from more than a single supplier.

(iv) Giemsa and Papanicolaou stains. Viral cytopathic effect and intracellular inclusion bodies associated with *Chlamydia* infection are difficult to assess with stains commonly used in the microbiology laboratory. However, Giemsa and Papanicolaou stains enable the detection of multinucleation, molding, and margination consistent with HSV and VZV infection (Fig. 2D); smudgy nuclei associated with adenovirus; and intracellular inclusion bodies (215, 216). Given small tissue volumes, the routine use of Giemsa stains to evaluate host cells in ocular specimens is most often of limited clinical utility.

Antigen tests. Clinical Laboratory Improvement Amendments (CLIA)-waived enzyme immunoassays (EIAs) are available to detect adenovirus from ocular fluid (89, 217, 218). Although not often performed because of the self-limited nature of the disease, a rapid and accurate positive result restricts inappropriate antibiotic use and enables confident

	M	Land and the second
Disease(s)	More common pathogens	Less common pathogens
Group 1—outer eye		
Canaliculitis	S. pneumoniae, H. influenzae, Actinomyces spp.	RGM, P. aeruginosa
Dacryocystitis	S. aureus, S. pyogenes, C. albicans, S. pneumoniae, Actinomyces spp., P. aeruginosa, H. influenzae	KGM
Blepharitis	S. <i>aureus</i> , coagulase-negative staphylococci, C. <i>acnes</i> , HSV	Demodex folliculorum, Pthirus pubis
Conjunctivitis	S. pneumoniae, H. influenzae, S. aureus, S. pyogenes, Moraxella spp., C. trachomatis, adenovirus, coxsackievirus, enterovirus 70	Neisseria gonorrhoeae, Toxocara canis, microfilariae, microsporidia, Ebola virus, Zika virus, dengue virus, chikungunya virus
Preseptal cellulitis	S. aureus, beta-hemolytic streptococci, H. influenzae, S. pneumoniae	
Group 2—inner eye		
Keratitis	P. aeruginosa, S. aureus, coagulase-negative staphylococci, S. pneumoniae, viridans group streptococci, beta-hemolytic streptococci, Moraxella spp., S. marcescens, C. acnes, B. cereus, B. subtilis, Enterobacterales, Fusarium spp., Aspergillus spp., C. albicans, adenovirus, coxsackie virus, enterovirus, HSV-1 and -2, VZV, Acanthamoeba	N. gonorrhoeae, N. meningitidis, Nocardia spp., RGM, Exophiala spp., Scedosporium spp., Paecilomyces spp., Curvularia spp., Bipolaris spp., Acremonium spp., microsporidia, microfilaria, Hartmannella spp., vahlkamphid amoebae
Endophthalmitis, panophthalmitis	S. aureus, coagulase-negative staphylococci, S. pneumoniae, alpha-hemolytic streptococci, beta-hemolytic streptococci, Enterococcus spp., C. acnes, E. coli, Klebsiella pneumoniae, Enterobacterales, B. cereus, B. subtilis, P. aeruginosa, Acinetobacter, Bacillus spp., C. albicans, Aspergillus spp.	H. influenzae, Burkholderia cepacia complex, N. meningitidis, Nocardia spp., RGM, Exserohilum spp., Fusarium spp., Aspergillus spp., Acremonium spp., Paecilomyces spp., Scedosporium spp., HSV, VZV, CMV, T. gondii, Taenia solium, Echinococcus spp.
Infectious uveitis/retinitis	C. albicans, T. gondii, HSV, VZV, CMV	T. pallidum, M. tuberculosis, B. burgdorferi, West Nile virus, dengue virus, Rift Valley fever virus, Ebola virus, Zika virus, chikungunya virus
Orbital cellulitis	S. pyogenes, alpha-hemolytic streptococci, P. aeruginosa, Enterobacterales, H. influenzae, Bacteroides spp. Mucorales spp.	Aspergillus spp., Scedosporium spp.

**TABLE 3** Examples of more common and less common ocular pathogens<sup>a</sup>

<sup>a</sup>Abbreviations: CMV, cytomegalovirus; HSV, herpes simplex virus; VZV, varicella-zoster virus; RGM, rapidly growing mycobacteria.

utilization of topical steroids (89, 219). Additionally, a negative result prompts clinicians to seek alternative diagnoses and can clear patients to safely return to work (220).

The CLIA-waived AdenoPlus point-of-care (POC) test (Quidel) (formerly the RPS Adeno detector) is a single-use, handheld, membrane-based EIA that captures and detects adenovirus antigens within 10 min. This assay has undergone several upgrades, and two published studies have evaluated its test performance characteristics. A multicenter blind prospective trial (n = 128) detected a sensitivity of 85% and a specificity of 98% compared to PCR (217), and a subsequent smaller prospective study (n = 46) showed a sensitivity of 50% and a specificity of 92% (218). The results of both studies indicate that a positive result with the AdenoPlus POC assay should be acted upon and that a negative result should be reflexed to PCR, should clinical concern persist. The majority of adenovirus-negative keratoconjunctivitis cases caused by certain coxsackievirus and enterovirus serotypes are mild and self-limited and do not merit additional testing (220). However, in the setting of more severe disease, especially in the context of an ongoing epidemic of acute hemorrhagic conjunctivitis, testing for infectious agents like enterovirus 70 and coxsackievirus A24 may be indicated and available at regional public health laboratories and/or the CDC (221, 222).

**Culture.** Open communication with ocular health providers and flexibility in the microbiology laboratory are essential to obtain clinically relevant data from ocular cultures. Table 3 lists pathogens that infect ocular tissues. The laboratory should inform providers that it is their responsibility to alert the laboratory of any concern for organisms that might require extended incubation or unique culture conditions. Additionally, a

detailed clinical history of underlying clinical diseases, risk of sexually transmitted infection and TB, travel and immigration history, and vaccination status are essential for the laboratory to identify rare infectious etiologies. Preinoculated media should be incubated as received and should not be streaked. The remainder of the specimens should be processed as described below.

(i) Processing tissues. Corneal tissue and biopsy specimens should be minced using sterile scissors or a scalpel and inoculated on media appropriate for the organisms suspected. If unsure of how to proceed, clarification should be obtained from the ordering physician.

(ii) Processing fluid specimens. Most fluid specimens will be very small in quantity (usually 0.1 to 0.2 ml of fluid in a 1-ml syringe). Distribute the fluid evenly onto solid medium, and streak for isolation. If enough fluid is received (e.g., wash or irrigation fluid), centrifuge the fluid, and use the sediment to inoculate the medium.

Alternatively, some laboratories concentrate vitreous wash specimens by passing the specimen through a 0.45- or  $0.22-\mu$ m sterile membrane filter and collecting nonfilterable materials, including bacteria and fungi, on the surface of the membrane filter. The membrane filter is then aseptically divided using a sterile scalpel, placed on the agar surface, and incubated. Filtered vitreous wash fluids are more sensitive for the diagnosis of bacterial and fungal endophthalmitis than vitreous biopsy specimens, but the combination of both is the most sensitive diagnostic option (223).

Culture of vitreous fluid (0.1 to 3 ml) in blood culture bottles has an increased sensitivity compared to traditional culture (219, 224–228). Blood culture bottles were more likely to detect Gram-positive organisms, especially *C. acnes* (228). Although these data are promising, clinical validation of this off-label use is difficult given the limited access to appropriate clinical specimens.

Intraocular fluids destined for molecular or serological studies do not require additional processing and should be analyzed directly for the presence of infectious agents (1). Testing for emerging pathogens with serious public health implications, such as Ebola virus, requires special precautions (229, 230). Clinicians with suspected patients must communicate with the laboratory as early as possible, and notifications should be sent to regional public health centers within the laboratory response network (229). Samples should be handled by as few individuals as possible, labeled and triple packaged at the site of collection, transported with cold packs at 2°C to 8°C, and sent to the regional public health laboratory for analysis (230).

(iii) Inoculation and incubation. To simplify culture approaches, group 1 and 2 specimens should be inoculated onto blood agar, chocolate agar, fungal agar, and thioglycolate broth and incubated for the same length of time. Suitable options for fungal media are provided in Table 2. Most bacteria and yeasts associated with ocular infections (Table 3) will grow within 48 to 72 h. A 4-day incubation of bacterial cultures at 35°C to 37°C in 5 to 7%  $CO_2$ , a 7-day incubation in thioglycolate broth in ambient air, and a 3- to 4-week incubation of fungal cultures of group 1 and 2 specimens at 30°C meet the community standard of care (231). However, suspicion for slower-growing organisms, including *C. acnes* (10 to 14 days) and mycobacteria (7 to 14 days), and invasive surgically collected specimens may merit longer incubation of bacterial cultures (231). Likewise, if informed of a suspected iatrogenic infection from surgery or intravitreal injection, bacterial cultures should be extended for up to 14 days to isolate RGM and *C. acnes* (123, 134, 232).

(iv) Bacterial and yeast culture workup. Bacterial cultures should be examined daily, and technologists should be prepared to encounter the rare ocular pathogens shown in Table 3. The probable identity and relative quantity (rare, few, moderate, or many) of each morphotype should be determined. The isolation of the following ocular pathogens in any concentration should be reported: *N. gonorrhoeae*, *P. aeruginosa*, *B. cereus*, *S. aureus*, beta-hemolytic streptococci, RGM, and molds.

Group 1 outer eye specimens should be worked up similarly to specimens from other nonsterile tissues. It can be difficult to determine if isolations of commensal flora such as coagulase-negative staphylococci, viridans group streptococci, *Corynebacterium* species,

Actinomyces spp., and C. acnes are contaminants or the true cause of infection. The presence of organisms with the expected morphology and white cells on a direct Gram stain may be helpful in determining clinical significance (233). Pure culture of a single organism merits identification (ID) and antimicrobial susceptibility testing (AST), with the exception of coagulase-negative staphylococci (not *Staphylococcus lugdunensis*) and diphtheroids, which do not require AST unless requested. Full ID and AST are indicated for up to 2 predominant pathogens with minimal morphological ID for nonpredominant pathogens and flora. Importantly, S. aureus and P. aeruginosa merit ID and AST at any quantity. Likewise, B. cereus, beta-hemolytic streptococci, RGM, and molds merit ID at any quantity. If 3 or more potential pathogens are present with none predominating, ID and AST should be performed for up to 2 pathogens with minimal morphological ID (no AST) of other pathogens and flora.

In contrast, group 2 specimens should be treated as a sterile site with performance of ID and AST on any potential pathogen. The term "flora" should not be used for these specimen types. At a minimum, all growth should be quantitated, and minimal morphological ID should be reported.

The most commonly encountered bacterial and yeast pathogens in ocular infections, including RGM, are reliably identified by matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) (234). In contrast, the identification of *Bacillus* species by MALDI-TOF MS can be challenging. This has potential implications for the optimal treatment of endophthalmitis given the increased resistance in *B. cereus* compared to *Bacillus subtilis* (59, 235, 236). Other conventional methods, including biochemical kits, are also reliable for most ocular bacterial and yeast pathogens (237).

(v) Mold culture workup. Most molds that cause ocular infections, including *Fusarium* spp. and *Aspergillus* spp., will grow on bacterial cultures. Fungal cultures should be incubated for 4 weeks and evaluated with a standard mycology plate-reading schedule to identify slow-growing molds, dimorphic pathogens, filamentous bacteria, and rare algal and oomycete infections. For more information on mold ID by morphology, readers are referred to the excellent text *Medically Important Fungi: a Guide to Identification*, 6th ed., written by Davise Larone (238). Given the wide variety of molds that cause ocular infection, the isolation of any mold from an ocular culture should be reported unless clearly deemed a contaminant.

The Vitek MS and Bruker MALDI-TOF MS platforms exhibit similar accuracies (77% versus 79%) in identifying molds to the species level (239, 240) and readily detect the most common molds and rare pathogens present in the database. This technology is particularly powerful in enabling the early detection of molds lacking fruiting bodies (mycelia sterilia) and distinguishing between species with overlapping morphologies. However, rapid user-friendly extraction protocols and expansion of curated databases will likely be required prior to widespread implementation (241). The potential role for this technology in identifying ocular isolates is not clear given that a plethora of environmental molds cause infection (82); species-level identification is often not required to guide therapy (65); the identification of the most important pathogen group, *Fusarium* spp., can be problematic (240); and the majority of infections occur in settings without access to MALDI-TOF MS (82).

(vi) Corneal rim. There are no consistent recommendations for routine fungal cultures on donor corneal rims. The decision to culture corneal rims should be made in consultation with the ophthalmology groups serviced by the laboratory. The rationales for not performing them are the very low rate of postsurgical corneal transplant infections and the expense of culturing all donor rims estimated in the late 1990s as being between \$2 million and \$6 million (70). Updated economic analyses are needed to determine the current cost/benefit ratio of culturing transplanted corneal rims. Since endothelial keratoplasty is more closely associated with posttransplant fungal infections, some groups may wish to limit culture to this specific type of explanted tissue (71). If explanted tissue culture is indicated, the holding medium should be inoculated onto chocolate agar (4 days) and Sabouraud dextrose agar (4 weeks) and worked up as described above for group 2 specimens. Positive cultures should be reported immediately, enabling the judicious use of prophylactic antimicrobials in transplant recipients.

(vii) Contact lenses and foreign bodies. The accurate diagnosis of contact lensrelated infectious keratitis requires organism isolation from infected tissue. Culturing of accessory items should be discouraged given the high rates of transient colonization of lens care products (77, 242) and the potential to erroneously ascribe infection to an organism requiring a different therapy regimen. Although a discussion with the treating clinician is warranted, microbiologists must state that the standard of care is to culture clinical material and that culture of nonclinical material is not a surrogate for a clinical specimen. The same rationale should also be considered when requests are made for culture of foreign bodies associated with traumatic eye injuries such as pieces of wood or metal (243).

(viii) Acanthamoeba. Culturing specimens for Acanthamoeba species is technically complex and not commonly performed in clinical laboratories. Culture is available in select reference and public health laboratories, including the CDC. Corneal scrapings, corneal biopsy specimens, and vitreous fluid from individuals with protracted keratitis and documented vision loss can be cultured on nonnutritive solid media covered with a confluent lawn of dead Gram-negative rods such as E. coli or Enterobacter aerogenes (188, 244). Culture of nonclinical specimens such as contact lens solutions, lenses, and cases is controversial. Cultures should be incubated in a moist environment at 37°C for at least 10 days and examined daily under  $10 \times$  and  $40 \times$  objective light, phase, or interference microscopes. Acanthamoeba will feed on the bacteria, move over the surface of the medium, and produce irregular tracks that are visible under a dissecting microscope in only a day or so; after 2 or 3 days, the amoebae usually form visible cysts (87). Active trophozoites measuring 15 to  $40\,\mu m$  with a large contractile vacuole, a single nucleus, and fine tapering pseudopodia and double-walled cysts measuring 10 to 20 µm with a characteristic wrinkled outer wall are diagnostic (Fig. 4). Acanthamoeba amoebae and cysts are infectious, and cysts have been documented to remain viable for over 20 years (245, 246). Always wear gloves when performing Acanthamoeba cultures and wash hands thoroughly after such work.

(ix) Viral culture. Viral culture requires significant laboratory resources and specialized expertise and is not routinely performed on ocular specimens unless antiviral resistance is suspected in the setting of recurrent HSV infection (95). Most laboratories send this testing out to specialized referral centers. For detailed information on viral culture, consult the *Clinical Microbiology Procedures Handbook* (247).

Nucleic acid amplification tests. There are no FDA-approved NAATs for ocular specimens, and most clinical laboratories lack access to sufficient quantities of positive clinical samples to validate in-house or commercial assays. However, commercial reference laboratories and a subset of hospital-based laboratories servicing large ophthalmology practices offer molecular testing on ocular specimens utilizing validated laboratory-developed tests (LDTs) or modified commercial assays, some of which are FDA approved for other specimen types. Laboratories interested in this approach can find continuously updated information on FDA-approved diagnostic tests for infectious diseases on the FDA website. The modification of any FDA-approved commercial assay renders it an LDT, requiring thorough validation prior to implementation for patient care.

NAAT identification of ocular pathogens from conjunctival swabs, cornea scrapings, aqueous humor, and vitreous humor exhibits increased sensitivity compared to traditional culture (248–250). NAAT specificity for pathogens that are not a part of the normal ocular surface flora (for example, *C. trachomatis*) exceeds 99%. However, the molecular detection of a commensal organism from an inner or outer eye specimen (for example, *C. acnes*) may represent true infection or contamination during specimen collection (251). NAATs are particularly helpful in deciphering the etiology of culture-negative intraocular infections with fastidious organisms, and non-FDA-approved

singleplex assays for the following pathogens have been reported primarily in research settings: bacteria (*C. acnes* [251], *C. trachomatis* [252–258], *M. tuberculosis* complex [206, 259, 260], and *N. gonorrhoeae* [252]), fungi (*Candida* spp. [261], *Aspergillus* spp. [261], *Fusarium* spp. [261], and *Microsporidia* spp. [262]), parasites (*Acanthamoeba* spp. [263, 264] and *T. gondii* [265–267]), and viruses (adenovirus [222, 268], arboviruses [94], CMV [269], coxsackievirus [270], Ebola virus [229], EBV [269], enterovirus 70 [222], HHV6 [227], HSV-1 [269], HSV-2 [269], rubeola virus [271], vaccinia virus [272], and VZV [273]).

(i) Tuberculosis. In most clinical settings, the diagnosis of ocular TB, typically either uveitis or retinitis, is based on ophthalmological examination and evidence of pulmonary TB by standard methods, including a positive chest radiograph coupled with a positive skin tuberculin test or interferon gamma release assay (IGRA) or a positive acid-fast bacillus smear, culture, or NAAT on a nonocular specimen (172).

However, a significant number of patients with ocular TB do not have evidence of pulmonary disease (172). Current approaches to diagnose ocular TB rely on culture or NAATs on ocular fluid (172). Laboratory-developed NAATs for TB use different genes and amplification conditions, contributing to the high variability in test performance (274). In the largest study to date, NAATs were positive in only 56% (33/59) of specimens from individuals who met the study criteria for ocular TB. Particularly concerning is that NAATs were negative in 8 patients with disseminated TB (274). It is not clear if this insensitivity is due to the paucibacillary nature of ocular TB or the variability in NAAT performance.

A commercial PCR assay, Cepheid Xpert MTB/RIF, has been widely adopted globally for the diagnosis of TB from lung specimens but is not FDA approved for ocular specimens (275). For now, NAAT performance on ocular specimens cannot be recommended. Large centers are urged to freeze any excess ocular fluid specimens that could subsequently be used for NAAT validation studies not only for *M. tuberculosis* but also for other difficult-to-detect microbes.

(ii) Chlamydia trachomatis. Commercially available NAATs targeting *C. trachomatis* are highly sensitive and specific but are FDA approved only for screening genital tract specimens (35). In the United States, off-label use of commercial NAATs on ocular specimens requires access to appropriate samples in sufficient volumes for clinical validation. Combination tests that include gonococcus may enable cost-effective implementation at some large academic medical centers, but most testing is limited to reference laboratories.

Although potentially useful for global trachoma eradication efforts, most diagnoses are based on clinical findings, and macrolide treatment is initiated without laboratory diagnostics. NAATs requiring cold reagent storage and/or expensive and complex equipment are cold chain and cost prohibitive in geographic regions with a high trachoma burden. In contrast, the field-tested Cepheid Xpert *C. trachomatis* assay with >99% sensitivity bypasses cold chain issues and may prove more cost-effective, particularly in local laboratories already using Cepheid Xpert MTB/RIF PCR (253).

(iii) Treponema pallidum. A small series (n = 40) of a nested Treponema pallidum PCR assay performed on cerebrospinal fluid (CSF) from patients diagnosed with neurosyphilis showed a modest sensitivity of only 43%. Over half of the patients had physical findings on ocular examination consistent with ocular syphilis (276). Based on these very limited data, PCR assays currently do not have a role in the diagnosis of ocular syphilis.

(iv) Acanthamoeba. There are no FDA-approved commercial molecular diagnostic tests for Acanthamoeba. Laboratory-developed PCR assays targeting Acanthamoeba are significantly easier to perform than Acanthamoeba culture and are at a minimum as sensitive as culture (244, 277). Quantitative PCR may have prognostic significance (278). These assays are available at the CDC and select reference laboratories.

(v) Toxoplasma gondii. Serology coupled with clinical findings is the most widely used approach to diagnose *T. gondii* uveitis and retinitis (279). However, during early acute infection or in immunocompromised hosts when antibody levels are low and the

organism burden is high, NAATs exhibit higher sensitivity than serology (280–284). There are no currently available FDA-approved NAATs targeting *T. gondii*; however, commercial assays and LDTs are available. To optimize analytical sensitivity, these assays target repetitive gene sequences in the *T. gondii* genome, including the B1 gene (repeated ~30-fold) (284) and the 529-bp repeat element (~300-fold) (266, 284). Both assays are >99% specific for *T. gondii*; however, increased analytical sensitivity is observed for assays targeting the 529-bp repeat element (266, 284). Reported PCR sensitivities in the literature range from 28 to 57% in immunocompetent individuals (266, 282, 285, 286) to 72% in immunosuppressed hosts (281, 282). Multiplex PCR panels targeting multiple ocular pathogens, including *T. gondii*, have been developed, but comparative studies with intraocular serology and singleplex PCR assays are not currently available (287, 288).

(vi) Viruses. HSV and VZV are often not readily distinguished by direct examination; however, NAATs can differentiate them and exhibit higher sensitivity and specificity than ElAs (289, 290). There are many commercial HSV NAATs available (291), and most clinical laboratories using HSV PCR on tissue and cerebrospinal fluid may choose to additionally validate ocular specimens on these platforms. Both the Lyra direct PCR assay (Quidel) (292) and the Solana isothermal helicase-based amplification assay (Quidel) (293) target HSV-1, HSV-2, and VZV. The AmpliVue 1+2 assay (Quidel) is a disposable point-of-care lateral flow isothermal amplification assay targeting HSV-1 and HSV-2 with a reported sensitivity of 84% and a specificity of 100% on ocular specimens (294, 295). Recently, the CLIA moderate-complexity DiaSorin Simplexa HSV1 and -2 assay performed on the Liaison MDX platform gained FDA approval for the detection of HSV-1 and HSV-2 within 1 h from ocular swabs. To date, no studies evaluating its test performance characteristics have been published, but FDA submission data showed accurate detection of HSV-1 in two positive samples and no detection in nine negative ocular specimens.

The diagnosis of ocular infection caused by ubiquitous commensal viruses such as CMV, EBV, and HHV6 requires careful clinical correlation as their detection is expected in both active infection and latency (290, 296, 297). Acute visual changes and retinal lesions in the setting of documented viremia are often sufficient to diagnose ocular infection (296, 298–301). Should additional evidence be required, a quantitative NAAT on ocular fluids (aqueous or vitreous humor) is indicated and should be reported out with a quantitative value and/or statement to assist clinicians in determining whether findings are representative of active infection or commensal latency (296, 300). LDT cutoffs vary depending on the specific assay and lack interlaboratory standardization.

Ocular infection with measles (91, 92), Zika (302), dengue (94), chikungunya (94), and Ebola (93) viruses will most often present in the context of a characteristic clinical syndrome. In this setting, viral detection and/or serological confirmation in other specimen types (usually blood) is sufficient evidence for ocular involvement. However, if there is suspicion for persistent ocular involvement in the absence of systemic symptoms, such as with survivors of Ebola virus infection, serology should be performed to confirm exposure (if not already done), and positive results should be followed up with organism identification by NAATs on an ocular specimen (229, 230). Regional public health laboratories and/or the CDC offers PCR for all of these infectious agents. Any clinical suspicion for Ebola virus, measles virus, and other highly communicable pathogens should trigger rapid and open communication and appropriate infection prevention measures (230).

Multiplex assays that simultaneously target several ocular pathogens with overlapping clinical syndromes enable the optimized utilization of limited sample volumes with minimal loss in sensitivity (287, 303). Laboratory-developed (289, 304) and commercial (292) multiplex assays targeting recurrent ocular infections caused by HSV and VZV have been described. Multiplex PCR assays targeting coxsackievirus and enterovirus 70 have been used to identify the cause of acute hemorrhagic conjunctivitis (222). Multiplex assays additionally targeting adenovirus and *C. trachomatis* aim to cover the most common causes of ocular surface pathology (304). Nakano and colleagues recently developed a novel multiplex strip PCR assay targeting 24 common ocular pathogens with the incorporation of the 16S rRNA and 28S rRNA for panbacterial and panfungal detection (288). Other groups have utilized PCR amplification of 16S, 18S, or 28S rRNA genes to screen for organisms with subsequent identification by sequencing (305–307). Although complex and time-consuming, this approach works well on most ocular specimens given the high signal-to-noise ratio in sterile sites lacking commensal organisms. Comprehensive algorithmic approaches utilizing an initial multiplex PCR targeting HHV1 to -8 and *T. gondii* followed by reflex 16S rRNA and 28S rRNA gene PCR and Sanger sequencing exhibit high sensitivity (>90%) for all clinically relevant bacteria and fungi and the most common viral and parasitic pathogens (307).

Advances in precision medicine and mutation-specific drug therapy have ushered in the era of next-generation sequencing (NGS) in the molecular pathology laboratory (308-310). High costs and low test volumes limit implementation in most clinical microbiology laboratories; however, specialized laboratories associated with academic institutions and commercial reference laboratories have validated NGS for clinical use (310–313). To grasp the potential utility of NGS for infectious diseases, it is important to understand the two most common general approaches (314). Targeted amplicon sequencing requires preexisting knowledge of the target of interest (for example, the 16S rRNA gene) enabling primer-mediated PCR amplification or probe-specific selection prior to sequencing and the identification of suspected pathogens with a high signal-to-noise ratio (314). In contrast, shotgun metagenomic approaches sequence all nucleic acids in a sample without a selective amplification step, and bioinformatic analyses are used to match nonhuman sequences to curated databases for organism identification (314). Metagenomic data can be difficult to interpret in nonsterile sites (cornea and conjunctiva) due to background genomic material from commensal organisms; however, the relative abundance of reads can be used to ascertain the predominating species, and a minimal commensal burden would be expected for the majority of intraocular specimens (313, 314). Both approaches are therefore well suited for the detection of ocular pathogens given the wide array of infectious agents and the small sample size available to render a diagnosis (303). The literature exhibits several examples of the target-agnostic potential of NGS to identify unsuspected pathogens, including intraocular rubella virus infection in an individual with a >20-year history of chronic bilateral idiopathic uveitis (315).

**Serological tests.** Serological diagnosis of ocular infection is done primarily in patients who have retinitis or uveitis secondary to systemic infection. The main ocular pathogens diagnosed in this manner are *T. pallidum*, *T. gondii*, and *B. burgdorferi*.

(i) *Treponema pallidum*. The early diagnosis/prevention of ocular syphilis is dependent on screening patients at risk for syphilis infection, including men who have sex with men, commercial sex workers, and HIV-positive individuals, with testing every 3 months being optimal (316).

CDC diagnostic guidelines for neurosyphilis apply to ocular syphilis. Visual dysfunction in the context of a positive Venereal Disease Research Laboratory (VDRL) test from a nonbloody CSF specimen is 60% sensitive but highly specific and should be considered diagnostic of ocular syphilis (317, 318). When a CSF VDRL test is negative, reactive serological test results, abnormal CSF cell counts (>5 WBCs/µl [>20 more specific]), and/or elevated CSF protein levels should prompt a CSF fluorescent treponemal antibody absorption (FTA-ABS) test. If the test is negative, ocular syphilis can be ruled out. However, a positive CSF FTA-ABS test result may represent nothing more than a past infection and should be interpreted with caution (317, 318).

Unfortunately, a recent ocular syphilis series reported that only half of the patients had a lumbar puncture performed (318). In patients who do not have lumbar punctures, eye examinations and serum positive for *T. pallidum* antibodies are used to establish the diagnosis of ocular syphilis.

(ii) *Toxoplasma gondii*. In immunocompetent individuals, serology is the most widely used approach to diagnose *T. gondii* uveitis and retinitis (279). FDA-approved

assays are available on automated platforms and as manual enzyme-linked immunosorbent assays (ELISAs) (319–322). The use of FDA-approved kits is recommended given their high accuracy (323). Negative IgG serology rules out ocular infection in an immunocompetent host (324–327). However, serology in immunocompromised individuals is susceptible to false-negative results and should not be used to rule out infection (281, 327).

Clinicians seeking additional evidence to confidently render a diagnosis of ocular toxoplasmosis should obtain anterior chamber or vitreous fluid for additional testing (291). Unlike sera, diagnostic testing is limited to specialized reference laboratories that have validated the analysis of ocular specimens (280–282, 328). ELISAs are utilized to quantify *T. gondii*-specific antibody concentrations in ocular and serum specimens, with a ratio of intraocular/serum antibodies (Goldmann-Witmer coefficient [GWC]) of >3 considered diagnostic of ocular involvement (281). Alternatively, qualitative immunoblot (IB) assays are performed (329, 330). Rothova and colleagues identified variability in the sensitivity of the GWC for immunocompetent patients (93%) compared to immunosuppressed individuals (57%) (282). Fekkar and colleagues showed a sensitivity of 81% for both assays compared to a 38% sensitivity with PCR (329). The sensitivity increased to 92% if both GWC and IB were performed and 97% if PCR testing was added (329). Multiple studies confirm a specificity of >99% for the GWC, IB, and PCR (330, 331).

(iii) *Borrelia burgdorferi*. Confirmation of retinitis or uveitis due to *B. burgdorferi* is best accomplished by performing a two-tier antibody test similar to the approach used for HIV (332). The patient should have had prior tick exposure and an appropriate clinical course since *B. burgdorferi* antibodies may be seen in 10% of individuals (333).

Diagnosis of ocular helminth infections. (i) Nematodes. O. volvulus (cause of river blindness) is spread by the bite of the tsetse fly and resides subcutaneously in the skin, with the adult worm periodically releasing microfilariae that migrate through tissues (not seen in blood), including the cornea stroma, intraocular fluid, and retina (6, 334). Diagnosis is based on exposure history, characteristic ocular lesions, and microscopic identification of the adult worm with microfilaria upon skin histopathology (335, 336). Like O. volvulus, there are reports primarily in South America of Mansonella ozzardi (spread by biting midges) microfilariae inducing keratitis and conjunctivitis, with diagnosis requiring the identification of unsheathed microfilariae on a nocturnal blood smear (183, 335). Loa loa (African eye worm) is transmitted through the bite of the Chrysops deer fly, with adult worms migrating through the skin at a rate of 1 cm/min and occasionally traversing the conjunctiva or being suspended in intraocular fluid (6). Adult worms release sheathed microfilariae (characteristic nuclei extending to the end of the tail ["lower lower"]) into systemic circulation in the daytime, enabling optimal diagnosis on diurnal blood smears (334). Gross identification of any adult worm in the eye merits an attempt at in toto extraction to minimize subsequent inflammatory damage to delicate intraocular structures. Similarly, Thelazia spp. (oriental eye worms) (secretophagous flies) are commonly located on the conjunctival surface but do not penetrate tissue or produce microfilariae, are smaller than Loa loa, are confined to the ocular surface, and lack accompanying diagnostic tests (6, 182). Microfilariae of Dirofilaria spp. (Dirofilaria immitis, dog heartworm) are ingested by mosquitoes during a blood meal, which subsequently inject larvae into human skin (334). Few sterile larvae survive and migrate through various tissues (predominantly lung, heart, and subcutaneous tissue), including the conjunctiva and intraocular fluid (6, 334). Diagnosis entails gross identification of characteristic long (<30-cm) threadlike adult worms in the eye or histopathological identification of intact/degenerated parasitic tissue within excised nodules (334, 335). Although rare, adult worms of Wuchereria bancrofti and Brugia malayi have been isolated from conjunctival and intraocular fluids (6). In this setting, diagnosis requires the examination of nocturnal blood smears for sheathed microfilariae (W. bancrofti, nuclei do not extend into the tail; B. malayi, significant gap between the distal 2 nuclei [334]).

Toxocariasis (*Toxocara canis* [dogs] and *T. cati* [cats]) is acquired by the ingestion of embryonated eggs in the environment or encysted larvae in undercooked meat (336).

Larvae penetrate the small intestine and wander, depositing most commonly in the liver, lung, brain, and eye (6, 336). Unilateral chorioretinitis, granuloma formation, and vitritis in a patient with an exposure history and positive serology are diagnostic (6). High concentrations of infectious Baylisascaris (raccoon roundworm) eggs are located in communal raccoon defecation sites, resulting in the ingestion of a high inoculum and larval spread to the lungs, liver, central nervous system, and eye (337, 338). Visualization of migrating larvae ( $\sim 2 \text{ mm}$ ; 5-fold larger than *Toxocara* spp.) in the eye and serology (available at the CDC) may be useful for diagnosis (6). Angiostrongylus (rat lungworm) is acquired by ingesting vegetables contaminated with mollusk secretions or infected crustaceans (336). The infective larvae are neurotropic, residing within the subarachnoid space or brain parenchyma, and occasionally traverse the optic nerve to enter the posterior eye (6, 336, 339). Ocular involvement in the absence of central nervous system infection is extremely rare; therefore, PCR on cerebrospinal fluid (offered by the CDC) may be helpful in rendering a diagnosis (6, 336). Encysted Trichinella larvae are ingested in undercooked pork or game meat and excyst in the intestines, maturing into adults that release larvae for  $\sim$ 4 weeks before death (336). The larvae (approximately the size of hookworms) enter the systemic circulation and penetrate tissue (skeletal/cardiac muscle and central nervous system), including the posterior eye and conjunctiva, rendering conjunctivitis the presenting illness in a large percentage of patients (6, 336). Diagnosis of trichinellosis is aided by exposure history (hunters eating wild game), eosinophilia, elevated creatine kinase levels, and positive serology (6). Ocular gnathostomiasis (Gnathostoma spp.) occurs via the ingestion of infected copepods or undercooked meats with subsequent spread to the eye (182, 336). Gross and microscopic observation of a short, thick nematode with a characteristic hooked-radial head is diagnostic for this entity (182). Serology testing is not currently available in the United States, but specimens can be sent via the CDC to laboratories in countries where the disease is endemic (Thailand and Japan).

(ii) Cestodes. Ingestion of Taenia solium (pork tapeworm) eggs enables larvae to penetrate the gut wall and deposit in tissues (brain, muscles, eye, and subcutaneous tissue) as translucent masses with a single dense white spot (scolex) known as cysticerci (335, 340). Fundoscopic identification and extraction of cysticerci followed by histopathological examination of the characteristic 3-layered bladder wall, single scolex, and calcareous corpuscles (pathognomonic for cestodes) are diagnostic of ocular cysticercosis (6, 335). Additional diagnostic features include exposure history, positive serology, and characteristic ova in stool (if the adult worm is present in the gastrointestinal [GI] tract [taeniasis]) (7, 340). Early extraction of an intact organism (true for all ocular cestode infections) and imaging studies to rule out brain involvement (which necessitates hospitalization) prior to anthelminthic treatment are crucial to mitigate inflammatory damage to vital intraocular structures (6). Similarly, fundoscopic identification, extraction, and histopathological identification of a multiloculated cyst with multiple scoleces are diagnostic for coenurosis caused by Taenia multiceps (canine tapeworm) (335). Identification of single (Echinococcus granulosus) or multiloculated (Echinococcus multilocularis) cysts with debris (hydatid sand) upon imaging, positive serology, and multiple brood capsules and scoleces upon histopathological examination are diagnostic for ocular echinococcosis caused by the ingestion of eggs from infected canines (6, 335, 340). Snails release Spirometra species cercariae into water, enabling them to attach to aquatic vegetation or encyst within frogs and snakes, resulting in human infection (sparganosis) upon consumption (340). The identification of an intact flatworm (not cyst; measuring  $\sim$ 50 mm) in the conjunctiva or periorbital tissue (rarely intraocular) with an exposure history is diagnostic for this entity (335).

(iii) **Trematodes.** Ingestion of aquatic plants contaminated with snail-derived ciliated metacercariae from *Fasciola hepatica* and *Fasciola gigantica* results in fluke infection of the extrahepatic and intrahepatic bile ducts, chronic cholestasis, and hepatic injury (335). Occasionally, flukes disseminate via the systemic circulation into other

tissues, including intraocular/periorbital structures (6, 341). Identification, extraction, and gross examination of organisms with a characteristic broadly flattened disk-shaped morphology (<30 mm long); histopathological examination of internal structures; positive serology; and large operculated eggs in stool or tissue are diagnostic for ocular fascioliasis (7, 336, 342). Snail-derived Schistosoma species cercariae in contaminated water penetrate human epithelia, including periocular and conjunctival tissues (6, 182, 342). Schistosomula migrate through the skin to venules, with species-specific preferences for unique anatomic sites (Schistosoma haematobium, bladder; S. mansoni, distal mesentery; S. japonicum, proximal mesentery) (343, 344); however, localization is not absolute, resulting in the rare deposition of proinflammatory eggs in tissues including the conjunctiva, eyelids, posterior eye, and subretinal space (6, 182). Accessible granulomas can be surgically excised, and ocular schistosomiasis can be diagnosed by the identification of eggs with characteristic morphology in tissue or stool (6, 335, 340). Likewise, the identification of trematode tegument upon histopathology and sequencing can identify pathogens like Procerovum varium in conjunctival granulomas acquired by swimming in snail-infested waters (333, 343, 345-347).

(iv) Arthropods. The diagnosis of human myiasis caused by *Dermatobia* species (human bot fly) is rendered by direct observation of tiny translucent worms with dark heads crawling on the ocular surface or residing within chalazion-like lesions (ophthalmomyiasis externa) (6). Prompt removal is indicated to mitigate larval penetration into the eye (ophthalmomyiasis interna), orbital contents (orbital myiasis), or brain (6). Laboratory identification of larvae is based on characteristic morphological features and enables providers to choose optimal treatment approaches and understand how the infestation occurred to prevent reoccurrence (9).

Identification of nits and crusts on eyelashes followed by direct microscopic observation of a 2-mm-long broad crablike louse, *P. pubis* (pubic lice), is diagnostic for ocular phthiriasis (6, 7). Distinguishing this entity from eyebrow infestation by the more elongated body louse *P. humanus* is of great importance in children given that pubic lice are primarily sexually transmitted and may be representative of ongoing child abuse (6–8).

## **Antimicrobials and Susceptibility Testing**

**Ocular drug delivery.** Antimicrobials used to treat ocular infections can be administered via many routes, including topical, oral, intracameral, intrastromal/intracorneal, intravenous, subconjunctival, subretinal, periocular, and intraocular routes (among others). Topical agents are instilled directly onto the conjunctiva and corneal surface and are immediately available; however, they are rapidly diluted by tears and quickly drained away by the lacrimal system. Similarly, the anterior chamber's entire aqueous humor volume of  $\sim 250 \,\mu$ l is replaced roughly every 2 h. Hence, the retention time of topical agents on or within the anterior eye is relatively short, and frequent dosing is required for maximizing therapeutic management. Similarly, intravenous agents or oral therapeutics (which are less commonly used) must diffuse from scleral capillaries into the avascular cornea or from inner ocular capillaries into inner eye tissues. Alternatively, intraocular agents are injected intracamerally or surgically placed into the anterior or posterior chambers and are typically immediately available.

The most common ocular infections, bacterial keratitis and conjunctivitis, are typically treated with topical antimicrobial agents (348); important exceptions are *N. gonorrhoeae* and *C. trachomatis* ocular infections. Because the pharmacokinetic and pharmacodynamic factors of the topical delivery mode for antimicrobials are quite different than those of systematically delivered antimicrobials, defining antimicrobial interpretive breakpoints as susceptible, intermediate, or resistant needs to be done cautiously since susceptibility breakpoints are based on achievable serum concentrations (349–351). Fortunately, most topical agents for keratitis and conjunctivitis can be applied in concentrations considerably higher than achievable blood levels; however, such high concentrations are possible only after repeated and frequent administrations of the agents. As a result, the most likely susceptibility error in this setting is reporting an isolate to be resistant when it is actually susceptible rather than reporting an isolate as being susceptible when it is resistant. The result of these systematic errors in interpretation is that antimicrobials that might have activity will be precluded from clinical use because of medicolegal concerns despite the fact that antimicrobials applied topically can be active *in vivo* at ocular concentrations that are often some multiple higher than achievable serum concentrations (344, 348, 351).

For patients with bacterial endophthalmitis who are treated with systemic antimicrobials, achievable ocular drug concentrations will be only a fraction of those achieved in serum, thus making the use of intravitreal antimicrobial agents mandatory (352). The value of systemic antimicrobials in endophthalmitis is controversial because the very limited pharmacokinetic data that are available indicate that vitreal penetration mimics penetration across the blood-brain barrier, meaning that antimicrobials such as tobramycin and vancomycin penetrate poorly, while ceftriaxone, cefazolin, and carbapenems show better penetration and may be useful (352).

Antimicrobial formulations. Several classes of antibacterial agents are commercially available to treat patients with ocular infections: cephalosporins, sulfonamides, macrolides, aminoglycosides, carbapenems, linezolid, daptomycin, rifampicin, and fluoroquinolones (352). Many of these agents are specially formulated for ophthalmic use and have the appropriate pH, buffers, and preservatives required by the Food and Drug Administration. Because a consequence of ocular infection can be blindness, ophthalmologists typically choose the most potent antibiotic with the broadest spectrum of activity. At present, the fluoroquinolones, especially moxifloxacin, gatifloxacin, and besifloxacin, are among some of the more widely used ocular agents (344, 352–354). Ophthalmic surgeons rely on these agents for both prophylaxis and treatment of ocular infections.

Compounding pharmacists are invaluable in the preparation of many special and exotic drugs to treat serious ocular diseases. In the case of severe suppurative keratitis, specialist pharmacists will often compound "fortified" agents that are prepared from i.v. or intramuscular (i.m.) solutions and diluted with artificial tears. For example, gentamicin is used at 15 mg/ml instead of 3 mg/ml. The cephalosporins do not possess long-term stability in solution and are not commercially available; however, they are valuable in the treatment of Gram-positive ocular infections, and ophthalmologists will typically use compounded ceftazidime or cefazolin at 50 mg/ml as eye drops.

Compounding pharmacists often make preparations of special and exotic agents. There are several examples of such preparations. Baquacil, a swimming pool sanitizer, contains polyhexamethylene biguanide. It can be compounded with chlorhexidine for ocular use; together, the combination is a useful option for treating *Acanthamoeba* keratitis (355). Natamycin is the only FDA-approved antifungal agent for ocular use; however, many other antifungal agents can be compounded and formulated (for example, amphotericin B and voriconazole) (356, 357). Similarly, vancomycin can be specifically compounded for topical, subconjunctival, or intraocular use to treat MRSA (358); clarithromycin can be compounded for use to treat mycobacterial infections (359); and linezolid (0.2%) or fortified bacitracin (10,000 U/ml) can be specially formulated as alternative topical antimicrobial agents in challenging infections.

In a situation where drug choices can be limited, the treating clinician, supervisory clinical microbiologist(s), and participating pharmacy personnel can develop an "inhibitory quotient" for determining which agent(s) might potentially be most active against the infecting pathogen(s) (348, 351). The inhibitory quotient is the ratio of the achievable antimicrobial tissue concentration divided by the MIC<sub>90</sub> for the organism in question or, alternatively, the actual MIC of the infecting organism; the higher this quotient, the greater the potential potency of the particular antimicrobial against the infecting pathogen.

Important factors affecting the choice of antimicrobial agents include variability in ocular tissue penetration, the availability and stability of an ocular antimicrobial formulation, toxicity, and the likelihood of compliance with the treatment regimen (349–352). Emerging data support the observations that treatment of keratitis caused by *S. aureus, Pseudomonas,* and members of the *Enterobacterales* with low fluoroquinolone MIC values is associated with good clinical outcomes. No such correlation was seen with similar infections caused by *Streptococcus* spp. and coagulase-negative staphylococci (350, 351).

**Bacterial susceptibility testing.** In nonacademic settings and unless a patient has a sight-threatening infection, cultures are not routinely performed; patients are empirically given broad-spectrum agents either topically, subconjunctivally, or by injection directly into the anterior chamber, posterior chamber, or vitreous. However, when a definitive diagnosis is required, culturing the affected tissue or fluid is mandatory, and treatment is started immediately after appropriate specimens have been collected.

As ocular and nonocular isolates exhibit the same levels of antimicrobial resistance, local hospital antibiogram data can provide useful information on expected susceptibility patterns. However, it is essential to keep in mind that the breakpoints used to render interpretations of the antibiogram are exclusively based on the outcome of patients with nonocular infections and systemic drug administration. As topical and intraocular drug concentrations exceed achievable blood concentrations, many of the isolates reported as resistant on the antibiogram may be susceptible to higher local drug concentrations used to treat ocular infections.

Until guidelines for AST and ocular-specific interpretative breakpoints are developed for ocular isolates (not at all likely in the near future), clinical microbiology laboratories should consider testing ocular isolates and reporting MIC values and their interpretations as is done for nonocular isolates. A clinical comment should be included informing physicians that the reported interpretations are based on achievable blood levels and not on achievable ocular levels. Many drugs used to treat ocular infection, particularly topical agents, are not included on commercial susceptibility testing platforms, are not routinely tested in clinical laboratories, and lack interpretive breakpoints (360, 361).

Two recent multicenter national surveys of bacterial antimicrobial resistance, one of isolates from any ocular infection (362) and one of patients with conjunctivitis (363), indicate the following:

- 1. Oxacillin resistance was found in 34% and 43% of *S. aureus* isolates. Oxacillin resistance was higher in coagulase-negative staphylococci (50% and 49%), and there was significant azithromycin and fluoroquinolone resistance among those isolates; no vancomycin-resistant organisms were detected.
- There was significant azithromycin resistance among *S. pneumoniae* isolates (36% and 34%) but essentially no resistance to the fluoroquinolones (0 and 1%).
- 3. *H. influenzae* isolates were highly susceptible to azithromycin and fluoroquinolones.
- 4. Fewer than 10% of isolates were resistant to the tested fluoroquinolones (ciprofloxacin and levofloxacin), tobramycin, and carbapenems.

Antibiotic-resistant *N. gonorrhoeae* is also emerging as a potentially problematic organism in ocular infections, with recent studies showing 50% of isolates from a European survey being fluoroquinolone resistant and 7% being azithromycin resistant (38, 364).

Antifungal agents. The recommended empirical treatment for filamentous fungal keratitis is 5% natamycin topical eye drops (356, 365). Natamycin is the only FDA-approved drug to treat fungal keratitis with *in vitro* activity against the majority of frequently encountered molds (365). Mycotic Ulcer Treatment Trial 1 (MUTT-1) was a National Eye Institute-supported randomized, double-blind, multicenter clinical trial (n = 326) performed at the Aravind Eye Hospital in Madurai, Tamil Nadu, India, which showed the superiority (improved visual acuity and decreased perforation) of 5% natamycin compared to 1% voriconazole, particularly for infections with *Fusarium* spp. (356). Subsequent studies and meta-analyses confirmed these findings (357, 363). The MUTT-2 trial (n = 240) showed no additional advantage of

systemic voriconazole compared to placebo as an adjunct to topical natamycin for most fungi (366), except for a possible benefit in the treatment of *Fusarium* species infections (367). Similarly, adjunctive treatment strategies targeting fungal iron acquisition (368), antioxidant defenses (369), and zinc homeostasis (370) have shown efficacy in experimental models but are currently limited to the research setting.

**Fungal susceptibility testing.** CLSI documents M27 and M38 provide standardized broth microdilution and disk diffusion testing methodologies for yeasts and molds, respectively (371, 372). Likewise, CLSI document M60 contains several breakpoints for yeasts, whereas document M61 contains a single breakpoint for *Aspergillus fumigatus*: voriconazole. Epidemiological cutoff values (ECVs) for yeasts and molds can be found in CLSI document M59 (373).

Many laboratories perform yeast antimicrobial susceptibility testing. Similar to bacteria, yeast MIC values should be reported with a comment indicating that interpretations are based on achievable blood, not ocular, levels. In contrast to yeasts, mold susceptibility testing is limited to a few major academic medical centers and reference laboratories. Given the severe consequences (loss of visual acuity or enucleation) of failed therapy (65) and the relatively few cases at most institutions, laboratory directors should develop protocols for susceptibility testing on ocular isolates in conjunction with the ophthalmologist groups that they serve. At a minimum, susceptibility testing for natamycin, voriconazole, and relevant formulary antifungals should be made accessible via in-house or send-out testing at the request of the treating clinician with MIC values other than for *A. fumigatus*: voriconazole reported out with "no interpretation."

Utilizing CLSI methodologies, many investigators have reported MIC data on mold keratitis isolates (82, 332, 374, 395–398), which, as expected, show no difference in susceptibility patterns from organisms isolated from other tissue sites with no prior exposure to antifungals. However, as most infections worldwide are due to trauma, with vegetative material increasing, azole resistance associated with agricultural fungicides in environmental molds, including *Aspergillus* spp., is alarming (375). If available, mold isolates from individuals with a history of trauma in an agricultural setting merit an evaluation of azole resistance testing.

Although infection with species in the *F. solani* complex is associated with worse clinical outcomes and increased voriconazole resistance than infection with other *Fusarium* spp., identification to the species level is not reliable by morphology alone, requiring genetic analysis (238, 376). Compared to sequencing, it is often less expensive and of increased clinical relevance to report the organism to the genus level and perform susceptibility testing on that particular isolate.

Isolation of pathogens intrinsically resistant to voriconazole, such as all Mucorales, should trigger a report alerting ophthalmologists to this resistance pattern (377, 378). However, identifications of fungi known to harbor intrinsic resistance to the polyene amphotericin B are more likely to exhibit elevated MICs to natamycin due to decreased expression of ergosterol in the cell membrane (379). Therefore, the isolation of *Acremonium strictum, Aspergillus terreus, Lomentospora prolificans, Purpureocillium lilacinus, S. apiospermum*, and other fungi with intrinsic amphotericin B resistance merits susceptibility testing for natamycin, and clinicians should be alerted to the possibility of polyene resistance, enabling treatment modification (377–379). For example, a recent case series of *P. lilacinus* (a nematophagous fungus used as a "green" pesticide in the plant industry) keratitis identified *in vitro* natamycin resistance in all tested strains, with worse visual outcomes in patients treated with natamycin, prompting the authors to recommend topical voriconazole upon the isolation of this pathogen (378).

The increased incidence of infection with the fungus-like oomycete *Pythium* species (pythiosis [swamp cancer]) is of particular concern as this organism morphologically mimics filamentous fungi but exhibits diminished expression of ergosterol in the cell

membrane, resulting in resistance to most antifungal agents, including natamycin and voriconazole (380, 381).

Antiviral agents. Cases of HSV and VZV keratitis are treated with either a 3% topical acyclovir ointment, oral acyclovir, or oral valacyclovir until 1 week after symptom resolution. Intraocular HSV/VZV infections require hospitalization and i.v. dosing given the high risk of acute retinal necrosis. Sight-threatening intraocular CMV infections necessitate intraocular ganciclovir or foscarnet and either oral valganciclovir, i.v. ganciclovir, or i.v. foscarnet. Non-sight-threatening infections do not require intravitreal injection (296, 382).

**Viral susceptibility testing.** Antiviral susceptibility testing is limited to large academic medical centers and reference laboratories. Molecular detection of resistance mutations via viral genome sequencing is becoming increasingly more common. Identification of antiviral resistance can optimize therapeutic regimens in patients with recurrent HSV, VZV, and CMV ocular infections not responding to first-line therapy (97, 296, 383). Prior to testing, exclusion of clinical resistance due to other factors such as pharmacokinetics and missed doses is essential (382). If indicated, concurrent evaluation of second-line agents (foscarnet/cidofovir) is recommended given the long turnaround time and high complexity of test performance (382).

During HSV infection, acyclovir and ganciclovir are phosphorylated by HSV thymidine kinase (TK), forming guanosine analogues that inhibit nucleic acid synthesis, whereas foscarnet and cidofovir act directly on viral DNA polymerase (vDP) (103, 384). Mutations in the HSV TK gene (*UL23*) and vDP gene (*UL30*) are responsible for ~95% and ~5% of acyclovir resistance, respectively (103, 382). Mutations in these enzymes confer antiviral resistance and are detected either phenotypically via drug susceptibility testing or genotypically via sequencing (103, 382).

HSV strains with both TK and vDP mutations have been reported but have fitness costs and are extremely rare (385, 386). Sanger sequencing can identify these mutations from virus-infected tissue or culture isolates (382). NGS assays are available in the research setting (387).

HSV infection of a new host is most commonly but not always due to a strain lacking acyclovir resistance mutations (388–390). The acyclovir resistance rate of 0.11% for nonneonatal ocular infections is similar to rates for orofacial HSV (0.11%). In contrast, neonatal ocular HSV acyclovir resistance rates range from 3.5 to 8.6% (103). This difference is likely due to acyclovir exposure and selection for the development of resistance mutations in mothers previously treated with acyclovir. Likewise, individuals previously treated with acyclovir are more likely to develop infection with acyclovir-resistant HSV. Therefore, HSV susceptibility testing should be limited to neonates and individuals with refractory disease while on treatment (103, 382).

VZV acyclovir resistance is less common than HSV resistance and is associated with repeat drug exposure in immunosuppressed patients (107, 391). Although VZV is not easily cultured, specialized reference laboratories can perform susceptibility testing (97, 382), and sequencing of VZV TK and vDP is available in the research setting (392).

CMV molecular testing is indicated in an immunosuppressed patient with rising viremia on ganciclovir therapy (296, 393). Susceptibility testing via sequencing has a shorter turnaround time than AST, can be performed on blood, is the test of choice for systemic disease, and should be interpreted as representative of the ocular pathology (296, 382). Focal ocular involvement in the absence of systemic disease is an indication for invasive sampling (296). Detection of well-characterized mutations in the CMV phosphotransferase gene (*UL97*) and vDP gene (*UL54*) merits an empirical trial with second-line agents such as foscarnet or cidofovir and adjustment of the immunosuppressive regimen (296, 382).

#### **CONCLUSION**

The variety and complexity of ocular infections will no doubt continue to increase with the advancement of ophthalmological interventions, emerging ocular pathogens, increasing antimicrobial resistance, and novel antimicrobial agents. This document provides a foundation to understand the essential contributions of the modern clinical microbiology laboratory to the diagnosis and treatment of ocular infections. Despite all of the advancements, there remains significant work to be done, including the establishment of bacterial breakpoints relevant to ocular infection, standardization of molecular tests, economic impact studies on cornea rim cultures, expansion of mold susceptibility testing, investigation of neglected ocular infections such as fungal keratitis, and development and implementation of rapid diagnostics to aid in the elimination of trachoma. Of the utmost importance for the continued provision of high-quality ocular diagnostic care is communication, adaptation, development, and implementation of novel diagnostics to meet the growing demand and needs of our patients and ocular health colleagues.

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