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## Nanoparticles for co-delivery of Osimertinib and Selumetinib to Overcome Osimertinib-acquired Resistance in Non-small Cell Lung Cancer

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### Abstract

Osimertinib (OSI) is the first FDA-approved third-generation epidermal growth factor receptor (EGFR) tyrosine kinase inhibitor (TKI). It can be used for treating non-small cell lung cancer (NSCLC) patients with activating EGFR mutation and for patients who are resistant to first-generation EGFR TKIs due to T790M resistance mutation. However, patients treated with OSI ultimately develop acquired resistance, which prevents its long-term benefit for patients. Therefore, the development of effective strategies to overcome OSI resistance will address a significant clinical challenge and benefit patients by prolonging their survival time. Our previous studies indicated that combination therapy was a promising strategy for overcoming OSI resistance. In this study, we developed nanoparticle (NP) formulations for co-delivery of osimertinib (OSI) and selumetinib (SEL) to treat OSI-resistant NSCLC effectively. We conjugated SEL with PEG through a reactive oxygen species (ROS)-responsive linker to generate polyethylene glycol (PEG)-SEL conjugate prodrug (PEG-S-SEL). Due to the amphiphilic nature of PEG-S-SEL, it can self-assemble in an aqueous solution to form micelle NP and serve as a delivery carrier for OSI. The ROS-responsive linker can facilitate the release of drugs in the tumor microenvironment with elevated ROS levels. OSI and SEL combination NP can overcome OSI

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#### Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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resistance by simultaneously inhibiting both EGFR and mitogen-activated protein kinase (MEK), thus effectively inducing apoptosis in OSI-resistant NSCLC cells and inhibiting OSI-resistant tumors *in vivo*. In conclusion, the OSI+SEL NP combination therapy showed promising anticancer efficacy and demonstrated potential for treating NSCLC patients with OSI acquired resistance.

### Keywords

Osimertinib; Selumetinib; Reactive Oxygen Species; Prodrug; Non-small Cell Lung Cancer; Acquired resistance

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## 1. INTRODUCTION

Lung cancer is one of the leading causes of cancer death in both men and women in the USA, accounting for around 25% of all cancer-related deaths. The lung cancer-associated death exceeds that of breast, prostate, and colon cancers combined. The five-year survival rate for lung cancer patients has gone up to close 20% due to the advances in targeted therapies and immunotherapy. However, it is still much lower than patients with other cancers such as prostate cancer and breast cancer. More than 50% of patients with lung cancer die within one year after diagnosis [1]. Non-small cell lung cancer (NSCLC) is the most common lung cancer, which accounts for over 80% of lung cancers. For the past decades, small-molecule drugs targeting specific mutations have been developed to treat lung cancer patients effectively. Epidermal growth factor receptor tyrosine kinase inhibitors (EGFR-TKIs) belong to this group of drugs, which have excellent efficacy in lung cancer patients with activating EGFR mutations, including exon 19 deletion (19del) and exon 21 point mutation (L858R) in the receptor tyrosine kinase domain [2]. Currently, there are three generations of TKI, including first-generation TKIs (*e.g.*, erlotinib), second-generation TKIs (*e.g.*, afatinib), and third-generation TKIs (*e.g.*, osimertinib), respectively.[2] Osimertinib (OSI; AZD9291 or tagrisso) is the first FDA-approved third-generation EGFR-TKI for treating NSCLC patients with activating EGFR mutations and for patients who are resistant to first-generation EGFR TKIs due to T790M drug resistance mutation. OSI has potent activities in cancer cells with EFGR-TKI sensitizing mutation and EGFR T790M resistance mutation. It has only limited activity against wide-type EGFR and thus has less toxic side effects [3, 4]. Patients treated with OSI showed significantly longer progression-free survival than those treated with other EFGR-TKIs. OSI treatment improved the median overall survival of patients [5]. Despite the success in clinical application, patients often become resistant to OSI, resulting in the relapse of cancer and limited prognosis [6, 7]. The acquired resistance to OSI is a significant cause, which prevents its long-term benefit for patients. Therefore, the development of effective strategies to overcome OSI resistance will address a significant clinical challenge and benefit patients through prolonging their survival time.

The abnormal EGFR can activate multiple downstream signaling pathways, including Raf/MEK/ERK and PI3K/Akt pathways. Among these pathways, the MEK/ERK signaling pathway plays a critical role in regulating tumor cell proliferation and survival [8–10]. We previously demonstrated that suppression of the MEK/ERK signaling and subsequent modulation of Bim and Mcl-1 levels were critical mechanisms for OSI to trigger apoptosis

of EGFR-mutated NSCLC cells; these effects were lost once cells have become resistant to OSI. The inhibition of the MEK/ERK signaling with either a MEK inhibitor or an ERK inhibitor restored the sensitivity of OSI-resistant cells with different resistance mechanisms, including C797S mutation or MET amplification, as demonstrated in our *in vitro* and *in vivo* preclinical models [11, 12]. Impressively, this strategy also worked well to delay or abrogate the emergence of acquired resistance if we intervened at the early stage [13]. A recent clinical study reported that OSI-resistant NSCLC patients with BRAF fusion responded well to OSI and MEK inhibitor combination treatment [14]. Despite the promising activity of combination therapy, there is still a concern that this strategy may increase systemic toxicities or side effects since both drugs inhibit the same vertical pathway. Dose-limiting toxicities were observed in a phase Ib trial [15]. Targeting the MEK/ERK signaling pathway is an effective strategy for delaying and overcoming acquired resistance but with concern on potentially increased systemic toxicities.

In this study, we developed a novel combination nanomedicine to treat EGFR mutant NSCLC with acquired OSI resistance (Figure 1). (1) OSI and SEL combination therapy can overcome OSI resistance by simultaneously inhibiting both EGFR and MEK, and thus effectively inducing apoptosis in OSI-resistant NSCLC cells. (2) PEG-S-SEL conjugate will not only serve as a prodrug of SEL but also work as a delivery carrier for OSI. We will synthesize PEG-S-SEL conjugate as a prodrug of SEL. This conjugate prodrug is an amphiphilic macromolecule composed of a hydrophilic part (*i.e.*, PEG) and a hydrophobic part (*i.e.*, SEL). It forms micelle NPs through self-assembly. The PEG-S-SEL prodrug conjugate micelle can serve as a nanoscale delivery system and load the OSI drug through non-covalent interactions. (3) PEG-S-SEL conjugate will be synthesized with a tumor microenvironment ROS responsive linker to realize tumor-specific drug release. The high level of ROS in the tumor microenvironment can induce the cleavage of ROS responsive linker, promote the disassembly of NPs, and trigger the release of drugs. In contrast, the conjugate will be stable and have minimal drug leakage at normal tissues with a low ROS level. This feature will enhance tumor targeting specificity and reduce drug exposure in normal tissues. (4) Two drugs (*i.e.*, OSI and SEL) simultaneously delivered in a single NP formulation will synchronize their exposure in tumor cells and achieve better synergistic anticancer efficacy. Also, the use of optimized drug delivery systems will reduce the dose needed to effectively inhibit the tumor growth, thus prevent potential dose-limiting toxicities in the clinical application of SEL and OSI combination therapy [15].

## 2. MATERIAL AND METHODS

### 2.1 Materials

PEG<sub>2k</sub>-OH and 4-dimethylaminopyridine (DMAP) was from Tokyo Chemical Industry (TCI) America. PEG<sub>2K</sub>-1,2-distearoyl-sn-glycero-3-phosphoethanolamine (DSPE) was from Laysan Bio, Inc. SEL and OSI were purchased from LC laboratories. 1,4-oxathiane-2,6-dione was purchased from Enamine LLC. Glutaric anhydride and N,N'-Dicyclohexylcarbodiimide (DCC) were purchased from Alfa Aesar. 1-Hydroxybenzotriazole hydrate (HoBt) and D- $\alpha$ -Tocopherol polyethylene glycol 1000 succinate was (TPGS) were purchased from Sigma-Aldrich. 1-Ethyl-3-(3-

dimethylaminopropyl)carbodiimide (EDCI) was purchased from AK Scientific. 3-(4,5-dimethyl-thiazol-2-yl)-2, 5-diphenyl tetrazolium bromide (MTT) was purchased from Biosynth International Inc. Dialysis bag was purchased from Spectrum Labs. Calcein-AM was ordered from BD Biosciences, USA. Propidium iodide (PI) was ordered from Biotium. Annexin V-FITC/PI apoptosis detection kit was from Biolegend. Crystal violet was from Fisher Chemical. Dimethylformamide (DMF), methanol, and other reagents were ordered from VWR International.

## 2.2 Synthesis and characterization of PEG-SEL conjugates.

### (1) Synthesis procedure

**Synthesis of PEG-S-SEL:** SEL (50 mg), 1,4-oxathiane-2,6-dione (16 mg), EDCI (42 mg), and HoBt (25 mg) were dissolved in anhydrous DMF (5 ml). The mixture solution was stirred under N<sub>2</sub> protection at room temperature for overnight. Then, PEG<sub>2k</sub>-OH (103 mg), DCC (45 mg), and DMAP (26 mg) dissolved in anhydrous DMF were added into the reaction mixture and stirred under N<sub>2</sub> protection at room temperature for additional 48 hours. Then, the reaction mixture was transferred into a dialysis bag (MW 1,000 Da) and dialyzed against methanol and water. Finally, the sample was freeze-dried to obtain PEG-S-SEL (yield 47%). **PEG-C-SEL** was synthesized with a similar method by replacing 1,4-oxathiane-2,6-dione with glutaric anhydride in the reaction (yield 46%).

**(2) Characterization**—The PEG-S-SEL was characterized with the analytical thin-layer chromatography (TLC; chloroform/methanol, 9:1, vol/vol) and visualized by UV light at 254 nm and iodine staining, respectively. In addition, PEG-S-SEL and other controls were also characterized with H<sup>1</sup>-NMR (Bruker 600 MHz) using deuterated dimethyl sulfoxide as the solvent. The concentration of SEL conjugate was determined based on the UV absorption at 260 nm. To determine the ROS-responsive cleavage of PEG-S-SEL conjugate, it was dissolved in water containing 20% acetonitrile and 20% methanol or the same medium with H<sub>2</sub>O<sub>2</sub> (3mM). Samples were kept in a shaker incubator (37 °C, 200 rpm). At pre-determined time points, the concentration of released SEL was determined with reverse-phase high-performance liquid chromatography (RP-HPLC; Shimadzu) with a diode array detector based on the UV absorption at 260 nm. A C18 column (3 μm, 50 × 4.6 mm, Shimadzu) was used. The mobile phase was composed of 20% acetonitrile, 20% methanol, 60% water at a flow rate of 0.5 mL/min.

## 2.3 Preparation and characterization of OSI+SEL NPs

The amphiphilic nature of PEG-S-SEL will self-assemble in an aqueous solution to form micelle NPs. We used a film-dispersion method to prepare OSI+SEL NPs [16]. Briefly, OSI (2.2 mg), PEG-S-SEL (5.2 mg), and DSPE-PEG (12 mg) were dissolved in dichloromethane (1 mL). Then, dichloromethane was removed with a rotavapor, and the formed film was dispersed in phosphate-buffered saline (PBS) with sonication. A trace amount of aggregations was removed by centrifugation for 10 minutes at 6,700 g and followed by filtration with a 0.45 μm filter. OSI NPs and PEG-S-SEL NPs with a single drug were prepared with a similar method. The particle sizes of different NPs were determined with dynamic light scattering (DLS; Zetasizer, Malvern, UK). The morphology of NPs was

determined with atomic force microscopy (AFM, Anton Paar Tosca 400), operated in a constant tapping mode with silicon AFM probe (ARROW-NCR). The concentration of OSI in the NP formulations was determined with RP-HPLC with a diode array detector based on the UV absorption at 260 nm. A C18 column (3  $\mu$ m, 50  $\times$  4.6 mm, Shimadzu) was used. The mobile phase was composed of 20% acetonitrile, 20% methanol, 60% water with 0.5% trifluoroacetic acid (TFA) at the flow rate of 0.5 mL/min. The concentration of SEL in NP formulations was determined with the UV spectrometer based on the UV absorption at 260 nm. For SEL+OSI NP, the concentration of OSI was determined with the RP-HPLC method. The concentration of SEL was calculated based on its UV absorption at 260 nm. The drug loading efficiency was calculated with the following equation: Loading efficiency (%) = theoretical drug concentration/actual drug concentration  $\times$  100%. The drug loading (%) was calculated with the following equation: Drug loading (%) = amount of drug / amount of carrier  $\times$  100%. For *in vitro* drug release study, OSI+SEL NP in a dialysis bag (MW 2,000 Da) was incubated in phosphate-buffered saline (PBS, pH 7.4) containing 1% Tween 80 or same release medium with H<sub>2</sub>O<sub>2</sub> (5 mM) and kept in a shaker incubator (37 °C, 200 rpm). At pre-determined time points, the concentration of SEL and OSI in the release medium was determined with RP-HPLC as described above. The percentage of cumulative drug release was calculated with the following equation: Drug release (%) = Amount of released drug/ Total amount of drug  $\times$  100%.

## 2.4 *In vitro* anticancer efficacy

**(1) Cell lines and cell culture**—OSI-resistant PC-9/AR and PC-9/GR/AR cells were established by exposing PC-9 cells or PC-9/GR cells to OSI with increasing concentration. OSI-resistant HCC827/AR cell line was established in our laboratory as described previously [17]. The cells were cultured in Roswell Park Memorial Institute (RPMI) 1640 containing 5% fetal bovine serum (FBS) at 37°C in a humidified atmosphere of 95% air and 5% CO<sub>2</sub>.

**(2) MTT assay**—Cells were seeded into a 96-well plate (2000 cells/well) and incubated overnight. Then, cells were treated with different testing articles diluted in cell culture medium (100  $\mu$ L/well). After 48 hours, the anticancer efficacy was determined with the MTT assay as described in previous reports [18]. The cell viability was determined based on the absorbance at 570 nm and a reference wavelength of 670 nm. Cell viability was calculated using the following equation: Cell Viability (%) = ( $A_{\text{Test}}/A_{\text{control}}$ )  $\times$  100%. The combination index (CI) for combination therapy was calculated with CompuSyn software (ComboSyn, Inc). CI < 1, synergistic effects, CI =1, additive effects, and CI > 1, antagonistic effects. We also performed the MTT assay to compare the effects of PEG-S-SEL (with a ROS responsive linker) and PEG-C-SEL (with a non-ROS-responsive ester linker). In this case, cells were treated with PEG-S-SEL or PEG-C-SEL for 24 hours and followed by the treatment with OSI for additional 48 hours. Then, the cell viability was determined with the same approach.

**(3) Sulforhodamine B (SRB) assay**—Cells were seeded into a 96-well plate and incubated overnight. Then, cells were treated with different concentrations of OSI NP, SEL NP, and OSI+SEL NP for three days. The DSPE-PEG was substituted by TPGS in the

preparation of NPs in this study. At the end of treatment, the cell number and growth inhibition was determined and calculated as previously described [11, 19].

**(4) Calcein-AM/PI staining**—Cells were seeded into a 12-well plate with a density of 50,000 cells in each well and incubated overnight. Then cells were treated with different formulations for 48 hours. At the end of the treatment, cells were stained with Calcium-AM/PI and observed with a fluorescence microscope (CYTATION 5 Imaging Reader).

**(5) Colony-forming assay**—Cells were seeded into a 12-well plate at a density of 200 cells per well and incubated overnight. Then, cells were treated with different formulations diluted in cell culture medium for 24 hours and cultured for additional seven days in cell culture medium without drug. At the end of treatment, cell colonies were fixed with methanol and stained with crystal violet. After the cell colony photos were taken, the crystal violet in each well was dissolved in 10% acetate acid, and the absorbance at 560 nm was determined [20].

**(6) Determination of cell apoptosis with Annexin V-FITC/PI apoptosis detection kit**—Cells were seeded into a 12-well plate at a density of 50,000 cells per well and incubated overnight. Then, cells were treated with different formulations for 48 hours. Cells were collected at the end of treatment, stained using Annexin V-FITC/PI apoptosis detection kit, and analyzed by flow cytometry (BD Accuri C6 Plus).

**(7) Determination of cleavage of PARP and caspase-3 with Western blot.**—PC-9/AR cells were exposed to free drugs (0.25  $\mu$ M OSI or SEL) or NPs (0.25  $\mu$ M SEL, 0.25  $\mu$ M OSI, or SEL+OSI) for 48 hours. The DSPE-PEG was substituted by TPGS in the preparation of NPs in this study. At the end of treatment, whole-cell protein lysate was prepared. The cleavage of PARP and caspase-3 was determined with Western blot analysis as previously described [11, 21].

#### **(8) Cellular uptake studies**

**Flow cytometry:** cells were seeded into a 12-well plate at a density of 100,000 cells per well and incubated overnight. Then, cells were treated with coumarin-6 loaded NPs for 3 hours. At the end of treatment, cells were washed, collected, and analyzed by flow cytometry (BD Accuri C6 Plus).

**Fluorescence image:** Cells were seeded at a density of 20,000 cells per well into a 96-well plate and incubated overnight. Then, cells were treated with coumarin-6 loaded NPs for 3 hours. At the end of treatment, cells were washed with PBS, stained with DAPI, and fixed with methanol. The fluorescence images were acquired by CYTATION 5 Imaging Reader.

## **2.5 *In vivo* anticancer efficacy studies**

Animal experiments were approved by the Institutional Animal Care and Use Committee (IACUC) of Emory University. Five to 6 week old female athymic (nu/nu) mice obtained from Charles River Labs were used in our studies. One million PC-9/AR cells suspended in serum-free medium were injected subcutaneously into the flank of nude mice to establish



OSI-resistant xenograft tumor model [11]. When tumor sizes were close to 100 mm<sup>3</sup>, tumor-bearing mice were randomly divided into four groups and treated with different formulations via intravenous (IV) injection once every three days for six injections. Tumor size (mm<sup>3</sup>) = [width (mm)<sup>2</sup> × length (mm)] × 1/2. Bodyweight and tumor volume was monitored and recorded. At the end of the experiment, the mice were euthanized, and the weight of collected tumors was determined.

## 2.6 Statistical Analysis

Experiments were performed in triplicate or quadruplicate unless otherwise noted. Results were reported as mean ± standard deviation (SD). The difference between groups was analyzed with the unpaired t-test using GraphPad Prism 8.0 (GraphPad Software, Inc., San Diego, CA).

## 3. RESULTS

### Synthesis and Characterization of PEG-S-SEL conjugate.

The PEG-S-SEL with a ROS-responsive linker was synthesized as shown in Figure 1A. Briefly, SEL, 2,2'-thiobisacetic acid anhydride, EDCI and HOBt were dissolved in DMF. The mixture was stirred at room temperature for overnight. Then, PEG<sub>2k</sub>-OH, DCC, and DMAP were added, and the mixture was stirred for an additional 48 hours. Finally, the PEG-S-SEL was purified through dialysis against purified methanol and water. The conjugation efficiency was around 80%. The formation of PEG-S-SEL conjugate was confirmed with TLC Figure 1B. The conjugation of PEG increased the hydrophilicity of SEL. Due to the significantly different properties of PEG-S-SEL and SEL, they could be separated in the TLC showing different retention factor (Rf). In addition, the PEG-S-SEL can be visualized with both UV light and iodine staining. In contrast, the PEG can only be visualized with iodine staining due to the lack of UV absorption. We also characterized the PEG-S-SEL with <sup>1</sup>H-NMR (Figure 1C & Figure S1), which showed characteristic peaks from both SEL and PEG. The drug release study indicated that the PEG-S-SEL conjugate showed fast cleavage of the conjugate prodrug and release of SEL in the presence of H<sub>2</sub>O<sub>2</sub>. In contrast, the same conjugate was stable and showed significantly slower cleavage of conjugate and release of SEL in the absence of H<sub>2</sub>O<sub>2</sub> (Figure 1D). We also synthesized PEG-C-SEL with an ester linker, which is not responsive to ROS (Figure S2). The PEG-C-SEL showed similar drug release profiles in the presence and absence of H<sub>2</sub>O<sub>2</sub>. (Figure S3). The conjugation efficiency was around 97%. Although the PEG-C-SEL and PEG-S-SEL showed a similar release profile in medium without H<sub>2</sub>O<sub>2</sub>, the PEG-S-SEL had significantly fast drug release than PEG-C-SEL in medium with H<sub>2</sub>O<sub>2</sub>. The ROS responsive mechanism of PEG-S-SEL was indicated in Figure 1E. In the presence of ROS, the thioether was converted into hydrophilic sulfone through oxidation reaction to facilitate the hydrolysis of the ester bond. The hydrolysis of the ester bond will remove PEG and release free SEL molecules from the conjugate.

### Preparation and characterization of NPs.

A film dispersion method was used to prepare OSI+SEL NPs as well as NPs with a single drug (*i.e.*, OSI NP, SEL NP). We selected ROS responsive PEG-S-SEL to prepare NPs in our

study. Due to the amphiphilic nature of PEG-S-SEL, it will self-assemble in the aqueous solution to form micelle NPs. DSPE-PEG was used to prepare OSI NP; therefore it was also included in the SEL NP and OSI+SEL NP formulations for consistency. The optimized NP formulations have SEL concentration of around 1 mg/mL and OSI concentration of 2.3 mg/mL in both OSI+SEL NP or single drug-loaded NPs. The drug loading efficiencies were about 100% for the optimized NP formulations (Figure 2A). Our studies also demonstrated that the physical encapsulation of SEL free drug in DSPE-PEG micelle NP only achieved a relatively lower SEL drug concentration (0.6 mg/ml) and loading efficiency (about 60%). However, a significantly higher SEL drug concentration (1 mg/mL) and loading efficiency (around 100%) were achieved with the PEG-S-SEL conjugate NP formulation (Figure S4). The drug loading (%) of OSI and SEL in the optimized NP formulation was 13% and 6%, respectively. The particle sizes of different NPs were determined with DLS: SEL+SEL NP was 43 nm with PDI of 0.581; SEL NP was 77 nm with PDI of 0.413; and OSI NP was 17 nm with PDI of 0.595. These NPs were desirable for intravenous injection to enhance drug delivery into tumor tissues (Figure 2B) [22, 23]. The zeta potential for these NPs were  $-30$  mV (OSI+SEL NP),  $-55$  mV (SEL NP), and  $-41$  (OSI NP), respectively (Figure 2C). The morphology of NPs was analyzed with AFM. The results confirmed the spherical shape of these three NPs (Figure S5). We also determined the cellular uptake of NPs labeled with a green fluorescence dye, coumarin-6. Their particle size and zeta potential were included in Figure S6. The fluorescence image showed that all three NPs could be efficiently uptake by PC-9/AR NSCLC cells after three hours' incubation, and the green fluorescence signals were mainly located in the cytoplasm (Figure 2D). The cellular uptake efficiency was also determined quantitatively by flow cytometry, which demonstrated that these different NPs showed similar cellular uptake efficiency (Figure 2E). The *in vitro* drug release studies showed that the release of SEL was faster in the presence of H<sub>2</sub>O<sub>2</sub>, showing ROS-responsive release properties. However, the release of OSI was similar in medium with or without H<sub>2</sub>O<sub>2</sub> (Figure S7).

### ***In vitro* anticancer activities.**

Once the OSI+SEL NP formulation was developed, we tested the anticancer activities of NP formulation with an OSI-resistant NSCLC cell line (*i.e.*, PC-9/AR) with several *in vitro* assays (Figure 3). In addition, the free drug control groups were also included in selected representative experiments to test whether there was any significant difference between NPs and free drugs. As demonstrated in the MTT assay results (Figure 3A), PC-9/AR cells were resistant to the treatment of OSI or SEL monotherapy, while the OSI+SEL combination therapy showed significantly enhanced cytotoxicity. The IC<sub>50</sub> for OSI and OSI NP was  $2.95 \pm 0.11$  and  $2.94 \pm 0.56$   $\mu$ M, respectively. IC<sub>50</sub> for SEL free drug and SEL NP was not calculated due to their low toxicity at the tested range. The IC<sub>50</sub> for free drug and NP combination therapy was  $0.2 \pm 0.02 / 0.1 \pm 0.01$  and  $0.4 \pm 0.03 / 0.2 \pm 0.015$   $\mu$ M (OSI/SEL). The CI values for both free drug and combination therapy groups were smaller than 1 (ranges from 0.1 to 0.17 in at different concentrations), indicating the synergistic effects of combination therapy. We also compared the anticancer effects of PEG-S-SEL (with a ROS-responsive linker) and PEG-C-SEL (with a non-ROS-responsive ester linker) in combination with OSI. The PEG-S-SEL showed significantly better activities than PEG-C-SEL, due to the more efficient release of SEL from PGE-S-SEL (Figure S3 &S8). We also determined



the anticancer effects of OSI NP, SEL NP, and OSI+SEL NPs with SRB assay, which measures the cell numbers to determine the cell growth inhibition effects of different NP formulations. Three types of OSI-resistant cell lines were tested. The results indicated that the OSI+SEL NP combination therapy showed significantly improved anticancer effects than OSI NP or SEL NP monotherapy in all of these three cell lines, demonstrating the capability of OSI+SEL NP in overcoming OSI resistance (Figure S9). We also tested the free drug and NP either as monotherapy or combination therapy in OSI-sensitive PC9 cells. Since this cell is sensitive to OSI treatment, the OSI monotherapy effectively killed PC9 cancer cells and the OSI+SEL combination therapy did not enhance its efficacy. Further, there was no significant difference between free drug and NP treatment groups (Figure S10).

The anticancer effects were further confirmed with Calcein-AM/PI staining (Figure 3B). The treatment with OSI NP (1.25  $\mu\text{M}$ ) or SEL NP (0.625  $\mu\text{M}$ ) did not induce a significant change of living cells (green color) and dead cells (red color) when compared with the control group. In contrast, the OSI+SEL NP combination therapy group (OSI 1.25  $\mu\text{M}$  & SEL 0.625  $\mu\text{M}$ ) showed significantly reduced living cells and increased dead cells. We also determined the anticancer efficacy with the colony formation assay of NPs and free drugs (Figure 3C). After treating cells with different formulations for seven days, cell colonies were stained with crystal violet and photographed. SEL-NP (0.625  $\mu\text{M}$ ) showed no significant effects on colony formation, and treatment with OSI-NPs (1.25  $\mu\text{M}$ ) slightly reduced the colony number and size. In contrast, OSI+SEL NPs combination therapy at the same concentration showed significant inhibition of colony formation. The combination treatment with OSI +SEL free drugs also showed a similar effect as the NP combination therapy. We also dissolved the crystal violet with methanol and determined the absorption at 560nm, which further confirmed the inhibition of colony formation by the combination therapy.

We also determined the cell apoptosis with an Annexin V-FITC/PI apoptosis detection kit (Figure 4A) and western blot analysis of apoptotic proteins (Figure 4B). The monotherapy with OSI NP (1.25  $\mu\text{M}$ ) or SEL NP (0.625  $\mu\text{M}$ ) treatment did not induce significant cell apoptosis. OSI NP treatment group showed 5.7% early-stage apoptosis cells (Annexin V-FITC<sup>+</sup>/PI<sup>-</sup>) and 10 % late-stage apoptosis (Annexin V-FITC<sup>+</sup>/PI<sup>+</sup>), respectively. Similarly, SEL NP treatment group showed 4.3% early-stage apoptosis and 8.7% late-stage apoptosis, respectively. In contrast, the OSI+SEL NP combination therapy resulted in a substantial increase of early-stage apoptotic cells (23.4%) and late-stage apoptotic cells (41.4%), respectively. The total apoptotic cells in the combination group were around 65%. These results indicated that the OSI+SEL NP could effectively kill OSI-resistant PC-9/AR NSCLC cells by inducing cell apoptosis. The western blot results also confirmed the induction of cell apoptosis by OSI+SEL NP. The treatment of PC-9/AR cells with OSI+SEL NP (0.25  $\mu\text{M}$  OSI and 0.25  $\mu\text{M}$  SEL) resulted in a significant increase of cleaved form of PARP and caspase 3, indicating cell apoptosis. However, the treatment of OSI NP (0.25  $\mu\text{M}$ ) or SEL NP (0.25  $\mu\text{M}$ ) did not increase the level of cleaved form PARP or caspase 3. We also determined the effects of OSI, SEL, and SEL+OSI free drug treatment on the cleavage of PARP and caspase 3. It showed similar results as observed in cells treated with corresponding NP formulations (Figure 4B).

### **OSI+SEL NPs combination therapy effectively inhibited the growth of OSI-resistant NSCLC xenograft in nude mice.**

Encouraged by the promising anticancer effects of OSI+SEL NPs combination therapy observed with *in vitro* cell-based studies, we decided to further investigate the *in vivo* anticancer efficacy of NPs with an OSI-resistant xenograft tumor model established with PC-9/AR cells on nude mice. When tumor sizes were close to 100 mm<sup>3</sup>, tumor-bearing mice were treated with different formulations via intravenous (IV) injection once every three days for six injections. As shown in Figure 5A, the monotherapy with OSI NP (10 mg/kg) or SEL NP (4.3 mg/kg) showed almost no effects on tumor growth inhibition, while the OSI+SEL NP combination therapy (OSI 10 mg/kg & SEL 4.3 mg/kg) significantly suppressed the tumor growth. At the end of the study, tumors were collected and weighed (Figure 5B&C). The results further confirmed the potent anticancer efficacy of the OSI+SEL NP combination therapy. Although the tumor weight in OSI NP or SEL NP showed no significant difference compared with the control group, the tumor weight was significantly smaller in the OSI+SEL NP treatment group. The OSI+SEL NP and other NPs also demonstrated excellent safety profiles as measured by the change of body weight (Figure 5D). The body weight of mice in each group increased gradually during the course of *in vivo* studies, and no dramatic decrease in body weight was observed. Also, there was no significant difference in body weight between control groups and other treatment groups.

## **4. DISCUSSION**

The development of drug resistance is a significant issue in cancer therapy. The prolonged treatment with a single drug often resulted in the activation of alternative survival pathways [24], occurrence of second mutations in target proteins, or impaired cell apoptosis [25]. Also, the upregulation of drug-resistant transporters could contribute to drug resistance by actively eliminating drugs from cancer cells [26]. The re-programming of tumor micro-environment and metabolism is another factor leading to the development of resistance to treatment [27, 28]. Combination therapy is a commonly used strategy to overcome drug resistance. The combinational use of two or more drugs can significantly improve the therapeutic effects and effectively treat resistant cancer through either additive or synergistic effects. Previous studies have explored various combination therapy strategies, including chemotherapy drugs plus drug-resistant transporter inhibitors [29, 30], drugs targeting different signaling pathways or different proteins in the same signaling pathway [31], drugs targeting different cell subpopulations in heterogeneous cancers [32], and drugs with varying mechanisms of action.

In the current study, we developed NP formulations for co-delivery of OSI and SEL to effectively treat OSI-resistant NSCLC as a combination therapy. Combination therapies have been frequently used to overcome TKI resistance and improve the anticancer efficacy in NSCLC by synergistically inhibiting multiple receptor tyrosine kinases in the ErbB family or inhibiting downstream pathways [33]. The abnormal EGFR can activate multiple downstream signaling pathways, including MAPK (mitogen-activated protein kinase) and AKT/PI3K/mTOR pathways. Among these pathways, MAPK signaling pathway plays a critical role in the regulation of tumor cell proliferation and survival [8–10]. Previous studies

demonstrated that the combination therapies of OSI plus MEK inhibitors, ERK inhibitors, or other drugs could re-sensitize resistant NSCLC to OSI treatment in different preclinical models [11, 12, 34–37]. A clinical study reported that OSI-resistant NSCLC patients with BRAF fusion responded well to OSI and MEK inhibitor combination treatment [14]. These combinational therapies showed satisfactory performance in treating OSI-resistant NSCLC in preclinical studies, indicating their potential clinical use.

NPs are promising delivery systems for anticancer drugs [38]. NPs can deliver drugs into tumors through multiple mechanisms, including enhanced permeability and retention (EPR) effects [39] and transcytosis [40, 41]. NPs have also been used for co-delivering multiple drugs in combination cancer therapy and showed several benefits [42]. (1) NPs can alter the *in vivo* biodistribution and synchronize the pharmacokinetics profiles of co-delivered drugs; (2) NPs can be used to prepare formulations for drugs, which are otherwise unable to be used in patients due to low solubility, poor stability, or other formulation issues. Micelle-based NP is one of the most promising delivery systems. Micelle NPs are usually prepared with amphiphilic macromolecules having hydrophilic moieties (e.g., polyethylene glycol) and hydrophobic moieties. Amphiphilic macromolecules form NPs in an aqueous environment through self-assembly. Drugs are physically loaded into the hydrophobic core of micelle NPs. The hydrophilic shell of micelle NPs can improve the colloid stability and prevent NP aggregation during storage. The hydrophilic shell can also enhance the biocompatibility of NPs, reduce opsonization, and prolong NP circulation in the blood. Micelle NPs can be prepared with a simple process with high efficiency [16]. The simple formulation and straightforward preparation process make it possible to produce micelle NPs on a large scale and facilitate clinical translation and commercialization. In many studies, micelle NPs were often prepared with amphiphilic macromolecules as the delivery carriers. These macromolecule carriers usually were inert materials without any pharmacological activities. Recently, polymer-drug conjugate micelle NPs have been explored as a promising alternative [43–45]. In these systems, hydrophobic drug molecules were conjugated with hydrophilic polymers through covalent bonds to produce amphiphilic polymer-drug conjugates, which form NPs through self-assembly. The conjugated hydrophobic drugs functioned as the hydrophobic moiety to drive the self-assembly process and stabilize NPs through hydrophobic interactions. Since drug molecules are conjugated with polymers through covalent bonds, it can achieve high drug loading efficiency, have good drug loading stability, and minimize drug leakage or burst drug release. In the current study, we synthesized a PEG-SEL conjugate to prepare the NP formulation. This SEL conjugate NP showed significant higher drug concentration and loading efficiency than NPs prepared by physically encapsulation of SEL free drugs (Figure S4). In addition, the NP formulation prepared with PEG-SEL conjugate showed excellent colloid stability and could be stored as NP suspension for at least weeks with good stability. Furthermore, the PEG-SEL conjugate is an amphiphilic macromolecule and can also be used as the delivery carriers for co-delivering OSI and prepare “excipient-free or excipient-minimal” NP formulations [46, 47].

Conjugate prodrug is a promising drug delivery strategy to improve drug physicochemical properties, pharmacokinetics, biodistribution, metabolism, cellular uptake, and other properties [48–51]. Polymer-drug conjugate or other conjugate prodrugs can achieve

extended drug release. This property is beneficial for applications that require prolonged exposure of drugs at a low concentration [52]. However, insufficient drug release is a notorious challenge for their use in cancer therapy. Also, premature drug leakage outside of the tumor tissues should be minimized to avoid toxic side effects. The selection of suitable linkers is critical for tumor-specific drug release to achieve efficient anticancer activities and reduce toxic side effects [48]. In previous studies, different types of linkers were explored to synthesize tumor microenvironment stimuli-responsive conjugate prodrugs [53]. PEG-SEL conjugate synthesized in this study could be efficiently cleaved in response to elevated ROS level and release SEL drug. The increased production of ROS is one of the hallmarks of cancer. ROS has a critical role in cancer progression and resistance [53]. Compared to normal tissues, tumor tissues often have much higher levels of ROS, such as hydrogen peroxides (H<sub>2</sub>O<sub>2</sub>), hydroxyl radicals (•OH), peroxy nitrates (ONOO<sup>-</sup>), and superoxides (O<sub>2</sub><sup>-</sup>) [54, 55]. The use of ROS-responsive prodrug conjugate is a promising strategy in cancer therapy, which could trigger the drug release in tumor microenvironment with elevated ROS levels and minimize drug leakage in normal tissues with lower levels of ROS [56, 57]. We also found that the OSI-resistant PC9/AR cells showed significantly elevated ROS than parental OSI-sensitive PC9 cells (Figure S11), indicating the potential use of ROS-responsive prodrug in these cells. The cleavage of ROS-responsive prodrug in cancer cells with low ROS levels will be insufficient and limit its application in this type of cancer. However, we could combine ROS-responsive prodrug with a ROS-inducing agent (*e.g.*, lapachone) [58] which can bolster the ROS levels in the tumor microenvironment and enhance the efficacy of ROS prodrug. It will be helpful to develop a diagnostic tool to measure the ROS levels in tumors as a biomarker to assist in the selection of ROS-responsive drug formulations.

In the current study, the PEG-S-SEL conjugate was synthesized with a ROS-responsive thioether linker, with PEG 2000 as the polymer, and at the SEL/PEG ratio of 1:1. In future studies, it will be worthwhile to explore PEG-SEL conjugates with different linkers, drug/PEG ratios, and PEG molecular weights. These design parameters will have a significant impact on the properties of PEG-SEL NPs. The knowledge about the structure-performance relationship of PEG-S-SEL conjugate will assist us in optimizing the formulation for OSI and SEL combination therapy.

In conclusion, we developed a prototype NP formulation for OSI+SEL combination therapy and performed proof-of-concept studies to evaluate its anticancer efficacies with *in vitro* studies and an *in vivo* tumor model. Although the use of OSI+SEL free drug combination therapy also showed promising activities, the combination therapy with free drugs might increase systemic toxicities or side effects as dose-limiting toxicities were reported in a recent clinical trial [15]. The OSI+SEL NP developed in this study will have the promise to targetedly deliver OSI and SEL into tumor tissues and thus reduce the toxic side effects. The NP formulations will enhance the drug delivery into the tumor and minimize drug exposure in normal tissues. The use of ROS-responsive prodrug will further reduce the off-target drug exposure in the normal tissue with low ROS levels. Two drugs (*i.e.*, OSI and SEL) simultaneously delivered in a single NP formulation will also synchronize their exposure in tumor cells and achieve better synergistic anticancer efficacy. Furthermore, the OSI+SEL NP developed in our study can be further modified with targeting ligand (*e.g.*, transferrin

receptor-binding peptide) to facilitate the transport cross blood-brain barrier and effectively treat brain metastatic NSCLC cancer [59]. The current proof-of-concept study demonstrated the feasibility of using the OSI+SEL NP to treat OSI-resistant NSCLC. In the future, additional studies should be performed to further develop this formulation and facilitate the clinical translation. Additional preclinical animal studies should be performed to evaluate the *in vivo* pharmacokinetics and biodistribution. Also, the safety of this NP formulation should be assessed with comprehensive pathological histology analysis and other proper assays. In the current study, we evaluated the efficacy of NP formulation with a xenograft tumor model established with PC9-AR OSI-resistant NSCLC cells. It is critical to use additional tumor models established with other OSI-resistant cells (*e.g.*, HCC827/AR, PC-9/GR/AR) as well as NSCLC patient-derived xenografts (PDXs) to evaluate the anticancer efficacies of OSI+SEL NP formulation.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## ACKNOWLEDGEMENT

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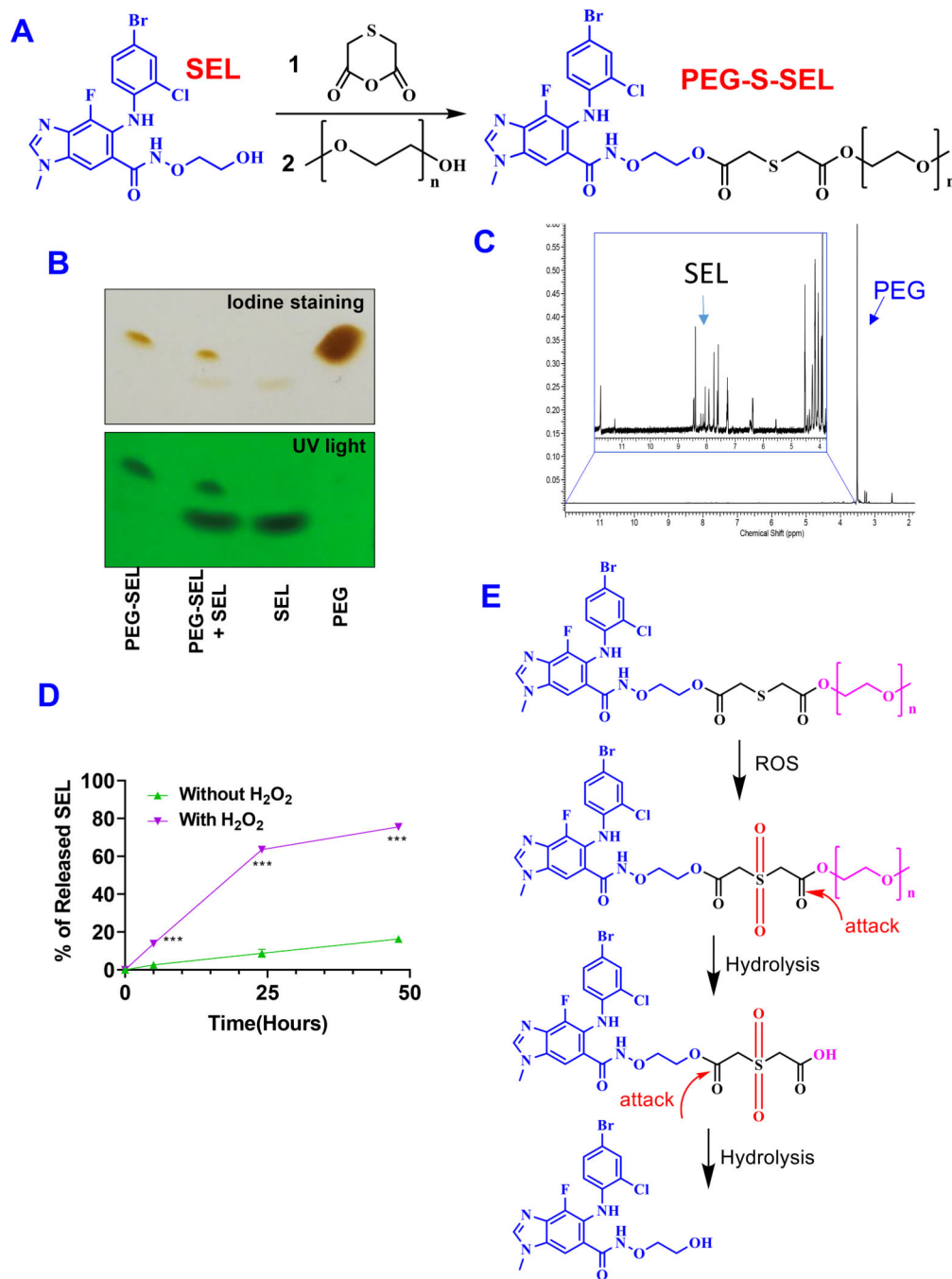
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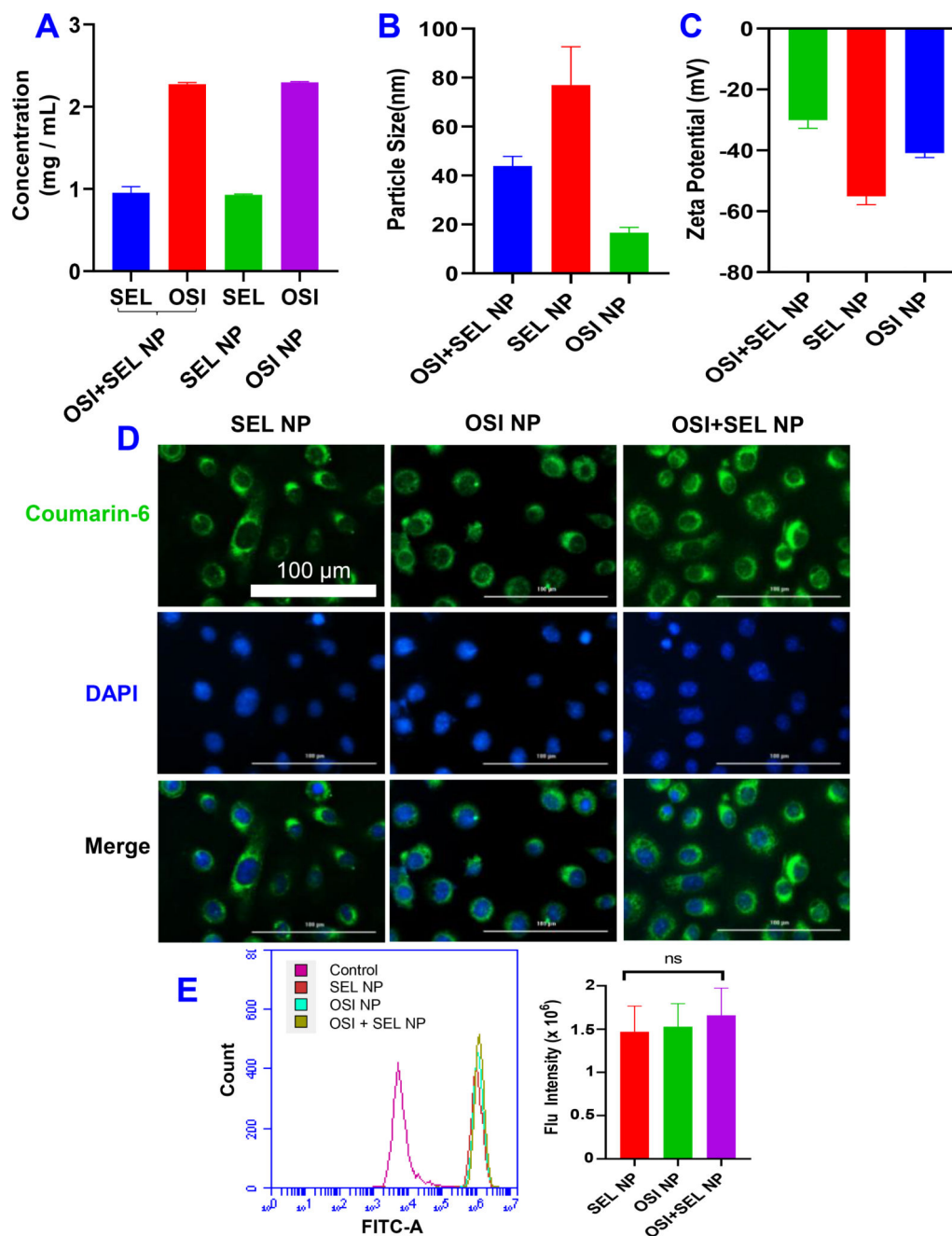
### Statement of Significance

Osimertinib (OSI) is the first FDA-approved third-generation epidermal growth factor receptor (EGFR) tyrosine kinase inhibitor. It has been successfully used for treating non-small cell lung cancer (NSCLC) patients with activating EGFR mutation. However, patients treated with OSI ultimately develop acquired resistance. This study developed OSI and selumetinib (SEL) co-delivering nanoparticles to overcome OSI-acquired resistance in NSCLC. PEG-SEL conjugate functions as reactive oxygen species (ROS)-responsive prodrug and forms micelle nanoparticles through self-assembly to deliver OSI. The combination NP can simultaneously inhibit EGFR and mitogen-activated protein kinase (MEK), thus effectively inducing apoptosis in OSI-resistant NSCLC cells. In summary, the OSI and SEL nanoparticle combination therapy showed promising anticancer efficacy and demonstrated potential for treating NSCLC patients with OSI acquired resistance.



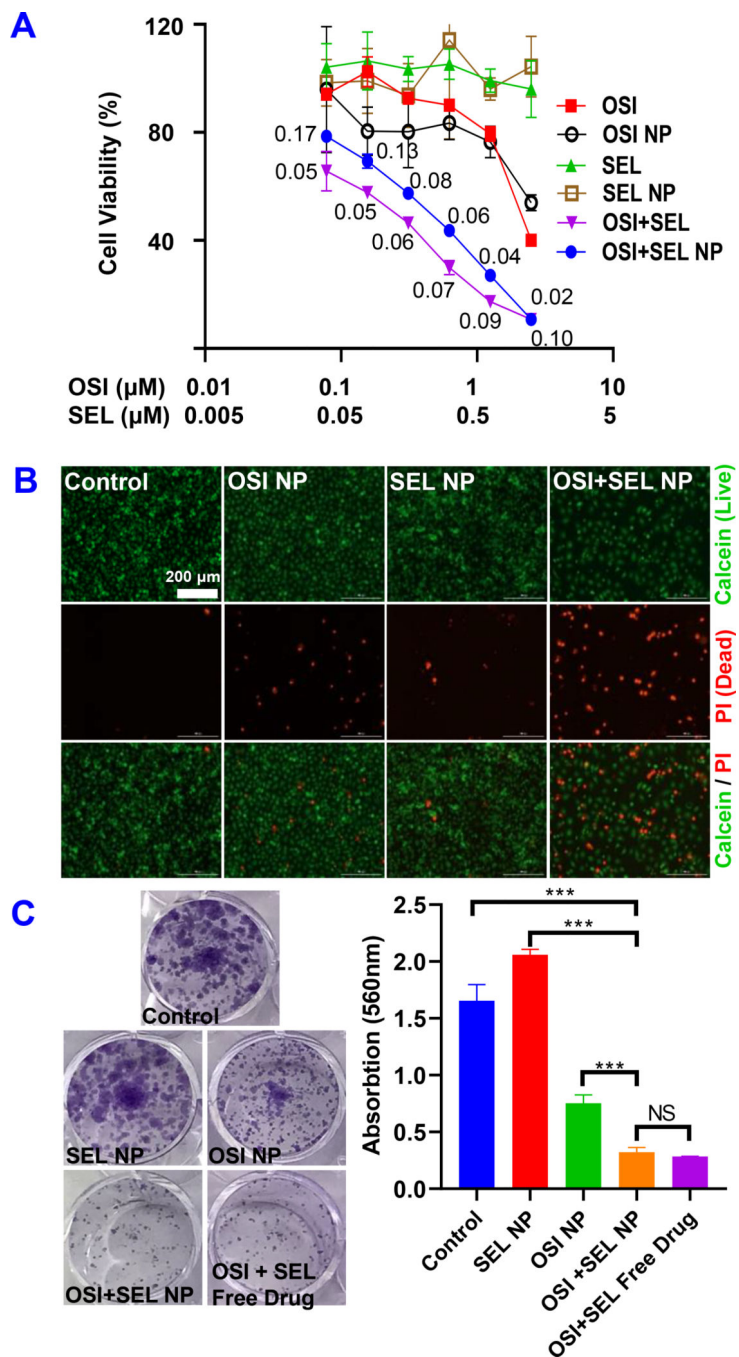
**Figure 1. Synthesis and characterization of PEG-S-SEL conjugate.**

(A) Synthesis procedure. 1. EDCl, HOBT, DMF; 2. DCC, DMAP, DMF (B) TLC and (C) <sup>1</sup>H-NMR characterization of PEG-S-SEL conjugate. (D) ROS triggered release of SEL from conjugate. Results are mean ± SD (n=3). \*\*\*, P < 0.001. (E) ROS-responsive drug release mechanism.



**Figure 2.** (A) Drug concentration, (B) Particle size, and (C) Zeta potential of different NPs. (D) Fluorescence image of PC-9/AR cells incubated with coumarin-6-labeled NPs for 3 hours. (E) Cellular uptake of NPs by PC-9/AR cells were determined by flow cytometry. Data are presented as the mean  $\pm$  SD, n=3.





**Figure 3. In vitro anticancer efficacy against OSI-resistant PC-9/AR NSCLC cells.** (A) Cell viability of PC-9/AR cells were determined with the MTT assay after treatment with different formulations for 48 hours. The numbers in the graphs are combination indices. (B) Calcein-AM/PI staining. Cells treated with different formulations for 48 hours and stained with Calcein-AM/PI to detect living (green) and dead (red) cells. (C) Inhibition of colony formation by OSI+SEL combination therapy. Cells were treated with different NP formulations and free drugs for a total of 7 days. Cell colonies were stained with crystal

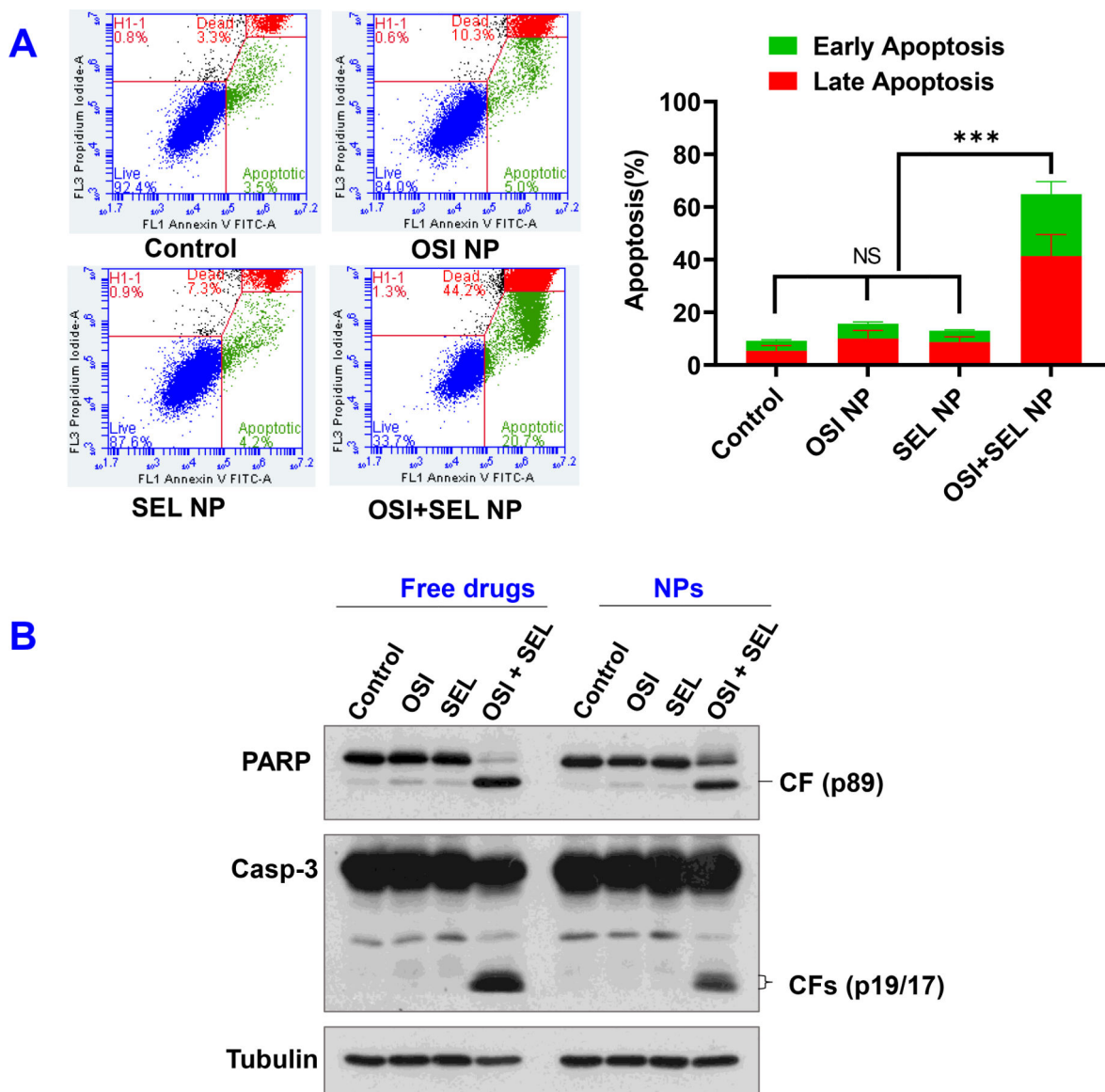
violet and photographed. Crystal violet in each groups were also dissolved by methanol and the absorption at 560 nm were determined. Results are mean  $\pm$  SD (n=3). \*\*\*, P < 0.001

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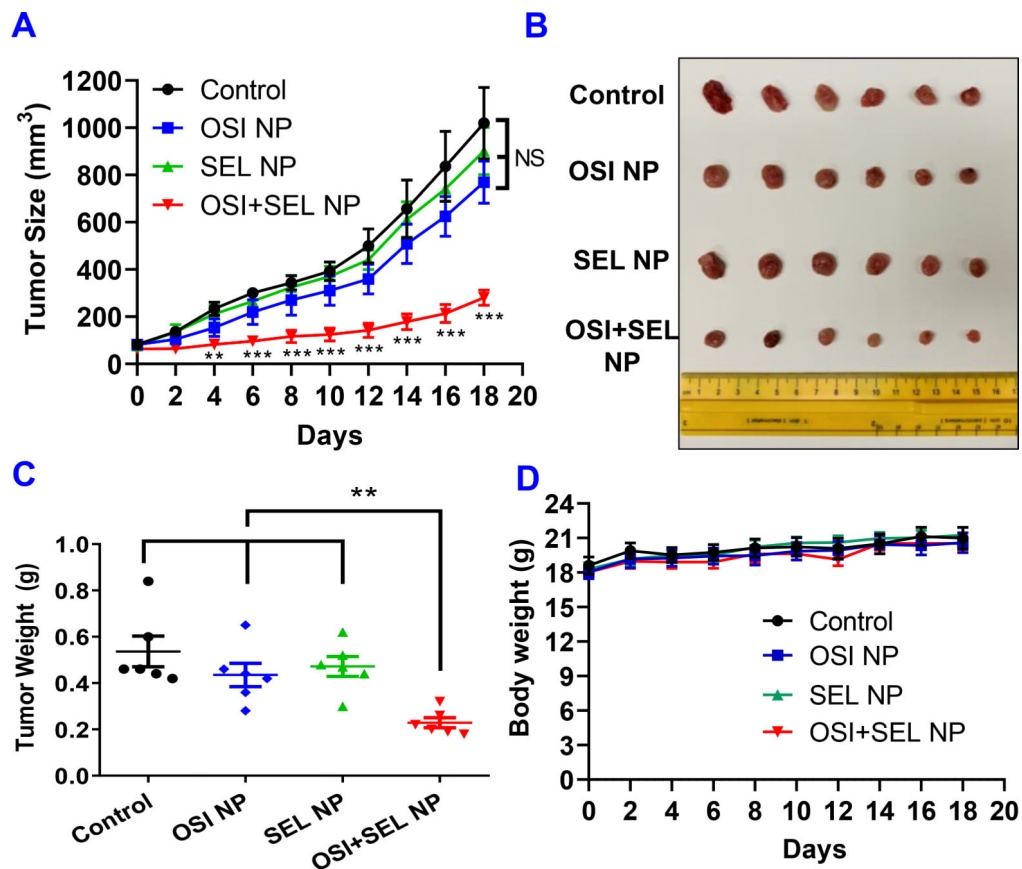
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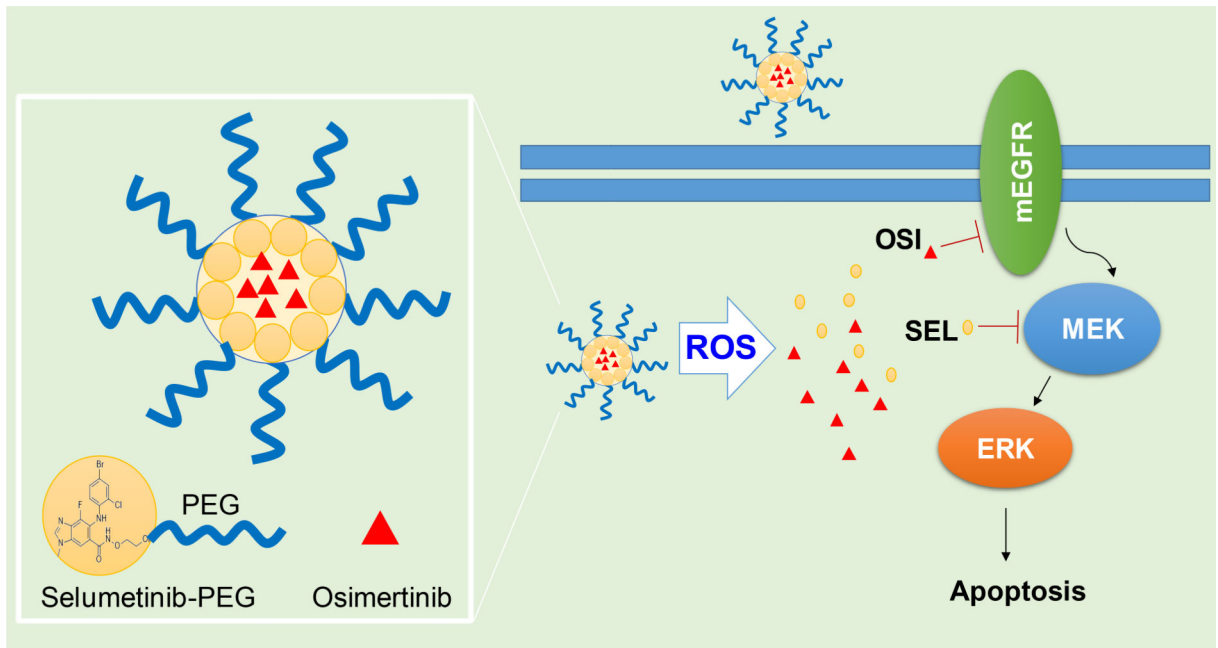


**Figure 4.** (A) Cell apoptosis was determined with flow cytometry. PC-9/AR were treated with OSI +SEL NP and other controls for 48 hours. The OSI +SEL NP induced significant increase of percentage of early apoptotic cells (Annexin V-FITC<sup>+</sup>/PI<sup>-</sup>) and late apoptotic cells (Annexin V-FITC<sup>+</sup>/PI<sup>+</sup>). Results are mean ± SD (n=3). \*\*\*, P < 0.001. (B) **Western Blotting.** PC-9/AR cells were exposed to the tested free drugs or NPs for 48 h and then harvested for Western blotting to detect cleavage of PARP and caspase-3. CF, cleaved form.



**Figure 5.** *In vivo* anticancer studies with PC-9/AR xenograft tumor model.

(A) Change of tumor size in tumor-bearing nude mice received intravenous injection of different formulations. At the end of the study, isolated tumors were photographed (B) and weighted (C). Body weight of PC-9/AR tumor-bearing mice during the course of study (D). Results are mean  $\pm$  SD (n=6). \*\*, P < 0.01; \*\*\*, P < 0.001, compared with control and monotherapy groups.

**Scheme 1.**

Nanoparticle for co-delivery of Selumetinib (SEL) and Osimertinib (OSI) to overcome drug resistance in NSCLC through synergistic effects on mEGFR and MEK.