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# Regulation of opioid receptors by their endogenous opioid peptides

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# Abstract

Activation of  $\mu$ ,  $\delta$ , and  $\kappa$  opioid receptors by endogenous opioid peptides leads to the regulation of many emotional and physiological responses. The three major endogenous opioid peptides,  $\beta$ -endorphin, enkephalins and dynorphins result from the processing of three main precursors, proopiomelanocortin, proenkephalin and prodynorphin. Using a knockout approach, we sought to determine whether the absence of endogenous opioid peptides would affect the expression or activity of opioid receptors in mice lacking either proenkephalin,  $\beta$ -endorphin or both. Since gene knockout can lead to changes in the levels of peptides generated from related precursors by compensatory mechanisms, we directly measured the levels of Leu-enkephalin and dynorphin-

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Declarations:

**Ethics approval:** All procedures involving the animals were approved by the Institutional Animal Care and Use Committee at Vollum Institute, Oregon Health and Science University and at Robert Wood Johnson Medical School, and followed the guidelines of the Public Health Service Policy on Humane Care and Use of Laboratory Animals.

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derived peptides in the brain of animals lacking proenkephalin,  $\beta$ -endorphin or both. We find that whereas the levels of dynorphin-derived peptides were relatively unaltered, the levels of Leuenkephalin were substantially decreased compared to wild-type mice suggesting that preproenkephalin is the major source of Leu-enkephalin. This data also suggests that the lack of  $\beta$ endorphin and/or proenkephalin does not lead to a compensatory change in prodynorphin processing. Next, we examined the effect of loss of the endogenous peptides on the regulation of opioid receptor levels and activity in specific regions of the brain. We also compared the receptor levels and activity in males and females and show that the lack of  $\beta$ -endorphin and/or proenkephalin leads to differential modulation of the three opioid receptors in a region- and gender-specific manner. These results suggest that endogenous opioid peptides are important modulators of the expression and activity of opioid receptors in the brain.

#### Keywords

Opioid receptors; enkephalins; endorphins; dynorphins; GPCR

### Introduction

The endogenous opioid system, comprising of three major sets of endogenous peptide ligands,  $\beta$ -endorphin, enkephalins and dynorphins activating the three main types of opioid receptors ( $\mu$ OR,  $\delta$ OR, and  $\kappa$ OR aka MOPR, DOPR and KOPR), has been implicated in modulation of emotional and physiological responses (Toubia and Khalife 2019; Vaccarino and Kastin 2000). While the effects of exogenous opiates such as morphine and fentanyl are well-established and include antinociception, altered mood and modulation of reward, the roles of individual opioid receptors and their endogenous ligands in modulating these processes were difficult to interpret till the generation of knockout mice due to low receptor selectivity of most endogenous peptides (Gaveriaux-Ruff and Kieffer 2002). The generation of receptor types towards analgesia (Gaveriaux-Ruff and Kieffer 2002), and demonstrated opposing roles for  $\mu$  and  $\delta$  opioid receptors in the regulation of emotional responses (Filliol et al. 2000).

The endogenous opioid peptides,  $\beta$ -endorphin, enkephalins and dynorphins, are generated by differential post-translational processing of proopiomelanocortin (POMC), proenkephalin and prodynorphin respectively, at classical basic amino acid (Lys, Arg) processing sites by prohormone convertases (Day et al. 1998; Zhou et al. 1999; Hoshino and Lindberg 2012). While  $\beta$ -endorphin and dynorphins are solely derived from POMC and prodynorphin respectively, it was generally thought that Leu-enkephalin is derived from both proenkephalin and prodynorphin (Day et al. 1998; Zhou et al. 1999; Hoshino and Lindberg 2012). However, the relative contribution of each precursor to the endogenous pool of Leuenkephalin has been a matter of debate. To examine this, in this study we quantified the levels of Leu-enkephalin in animals lacking proenkephalin and find a significant reduction in levels of this peptide supporting the idea that the majority of Leu-enkephalin arises from proenkephalin.

For a number of years, it was generally thought that  $\beta$ -endorphin is a  $\mu$  opioid receptor ( $\mu$ OR) agonist while enkephalins are  $\delta$  opioid receptor ( $\delta$ OR) agonists and dynorphins are  $\kappa$ opioid receptor ((κOR) agonists (Hollt 1986; Schoffelmeer et al. 1991). However, studies have revealed that endogenous opioid peptides can bind to and signal through the 3 types of opioid receptors (Mansour et al. 1995; Gomes et al. 2020) and this makes it difficult to assign individual roles for these peptides in vivo. Genetic deletion of the peptide precursors has helped elucidate the physiological roles of peptides derived from these precursors; for example lack of proenkephalin leads to a decreased pain threshold, increased anxiety, and decreased morphine tolerance (Chen et al. 2008; Kung et al. 2010; Nitsche et al. 2002; Ragnauth et al. 2001), while lack of  $\beta$ -endorphin reduces stress-induced analgesia (Rubinstein et al. 1996), and selectively blocks the acute morphine tolerance observed following partial sciatic nerve ligation (Petraschka et al. 2007). Similarly, lack of prodynorphin has been shown to lead to mild hyperalgesia in the late phase of the formalin test (Wang et al. 2001), and a return to basal levels of thermal and mechanical sensitivities in a neuropathic pain model (Wang et al. 2001), implicating a complex role for prodynorphin peptides in nociception (being antinociceptor or pronociceptive depending on the pain model used). The roles of endogenous opioid peptides have been extensively examined using behavioral paradigms in which the levels of the peptides are likely increased (e.g., pain and anxiety); though less is known about the extent to which these peptides regulate opioid receptors in the absence of stress. Mice lacking opioid peptides can be useful tools to infer receptor-ligand interactions in vivo. For example, proenkephalin knockout mice show region-specific upregulation of  $\mu$ OR and  $\delta$ OR binding (Clarke et al. 2003; Brady et al. 1999); however the role of endogenous opioid peptides in regulating receptor protein levels (Mogil et al. 2000) or signaling activity has not been extensively characterized.

In this study we examined the roles of enkephalins and/or  $\beta$ -endorphin in the regulation of  $\mu$ OR,  $\delta$ OR and  $\kappa$ OR levels and activity in the brain by using mice lacking proenkephalin and/or  $\beta$ -endorphin. We examined this regulation in brain regions rich in opioid receptors: the midbrain which contains multiple opiate targets (important for descending pain modulation, reward, motivation, cognition and drug abuse), the cerebral cortex (important in behaviors/mood), and the striatum (important in motivation, reinforcement and reward). We also compared activity in males and females, since gender-specific effects of opioid agonists on opioid receptors have been reported (Kest et al. 2000; Zubieta et al. 1999; Cicero et al. 2000). We show that endogenous opioid peptides are involved in modulating not only the level of receptor protein but also the activity of the three opioid receptors in the various brain region examined.

#### Materials and Methods

#### Materials:

Superdex Peptide HR 10/30 gel exclusion columns were obtained from Amersham Bioscience, Piscataway, NJ, USA. [<sup>35</sup>S]GTPγS, [<sup>3</sup>H] DAMGO, [<sup>3</sup>H]Deltorphin II, and [<sup>3</sup>H]U69,593 were obtained from Perkin Elmer, Shelton, CT, USA. HEPES, MgCl<sub>2</sub>, NaCl, GDP, GTPγS, U69,593 were obtained from Sigma-Aldrich, St. Louis, MO, USA. DAMGO and Deltorphin II were obtained from Tocris Bioscience, Ellisville, MO, USA.

# Animals :

Mice lacking either enkephalins (Enk<sup>-/-</sup>),  $\beta$ -endorphin (End<sup>-/-</sup>) or both peptides (Enk  $^{-/-}$ /End $^{-/-}$ ) were generated as described previously (Hayward et al. 2002; Hayward et al. 2004). All three strains were backcrossed to C57BL/6J mice from Jackson Laboratories for at least 10 consecutive generations. End<sup>-/-</sup> mice were previously shown to lack  $\beta$ -endorphin but not adrenocorticotropin or a-melanocyte stimulating hormones (Rubinstein et al. 1996). The Enk<sup>-/-</sup> mice were previously shown to lack both enkephalin as well as BAM 18 immunoreactivity (Nitsche et al. 2002; Ragnauth et al. 2001; Konig et al. 1996). The four genotypes used in the present study were wild-type (WT), enkephalin-deficient (Enk<sup>-/-</sup>),  $\beta$ endorphin-deficient (End<sup>-/-</sup>) and double knockout mice (Enk<sup>-/-</sup>/End<sup>-/-</sup>). Genotyping was performed as previously described (Hayward et al. 2002). All subjects were housed in groups in a 12-h light/dark cycle with food (PicoLab Mouse Diet 20; PMI Feeds, Inc., St Louis, MO; composition: 5% fat, 19% protein, and 5% fiber; 3.4 kcal/g) and water available ad libitum. All procedures involving the animals were approved by the Institutional Animal Care and Use Committee at Vollum Institute, Oregon Health and Science University and at Robert Wood Johnson Medical School, and followed the guidelines of the Public Health Service Policy on Humane Care and Use of Laboratory Animals.

#### Brain extraction, gel filtration and radioimmunoassays:

Brains from age- and sex-matched Enk<sup>-/-</sup>, End<sup>-/-</sup>, Enk<sup>-/-</sup>/End<sup>-/-</sup> or congenic C57BL/6J (>10 backcross generations) control (WT) littermates were collected, frozen in liquid nitrogen and ground into a fine powder. Ten volumes of 0.1 M boiling acetic acid was added and samples were homogenized and incubated at 100°C for 15 min. After cooling on ice, the samples were centrifuged for 30 min at 12,000g at 4°C. The supernatants were transferred to fresh tubes, dried in a SpeedVac System and stored at -80°C until ready to use.

For gel filtration chromatography, dried samples were rehydrated in 100 mM sodium phosphate buffer (pH 7.4) containing 0.1% Triton X-100. The samples were adjusted to 30% acetonitrile and 0.1% trifluoroacetic acid (TFA), applied to a Superdex Peptide HR 10/30 gel exclusion column (Amersham Bioscience) and fractionated in 30% acetonitrile and 0.1% TFA at a flow rate of 0.5 ml/min. One min fractions were collected, dried, resuspended and subjected to radioimmunoassay (RIA).

RIAs for prodynorphin derived peptides were carried out essentially as previously described (Berman et al. 1994, 1995) using Dyn A8 antisera that is directed against the COOHterminal portion of Dyn A8 peptide and does not recognize COOH-terminal extensions (Cone and Goldstein 1982; Cone et al. 1983; Xie and Goldstein 1987). The antiserum to measure Leu-enkephalin that does not recognize C- or N-terminal extensions of Leuenkephalin (Weber et al. 1982) was used to measure immunoreactive Leu-enkephalin as previously described (Devi et al. 1989). Trypsin/CPB treatment to release Leu-enkephalin from enkephalin-containing peptides was carried out as described (Fricker et al. 1996).

#### Generation and characterization of monoclonal antibodies:

Monoclonal antibodies (mAb) to mouse  $\mu$ OR (1A4),  $\delta$ OR (2B1), and  $\kappa$ OR (7AG-9) were generated as described previously (Gupta et al. 2007; Gupta and Devi 2006). The  $\mu$ OR mAB

(1A4) was generated against the <sup>14</sup>SDPLAPASCSPA<sup>25</sup> sequence in mouse  $\mu$ OR, the  $\delta$ OR mAb (2B1) to the <sup>3</sup>LVPSARAELQSSPLV<sup>17</sup> sequence in mouse  $\delta$ OR, and the  $\kappa$ OR mAB (7AG-9) to the <sup>46</sup>DQQLEPAHISPA<sup>57</sup> sequence in rat  $\kappa$ OR. These antibodies were characterized for receptor selectivity by ELISA using CHO cells alone or expressing individual opioid receptors as well as membranes from wild-type mice or mice lacking  $\mu$ OR,  $\delta$ OR or  $\kappa$ OR as previously described (Gupta et al. 2007; Gupta and Devi 2006). These antibodies exhibit receptor selectivity since the 1A4 antibody recognizes an epitope only in cells expressing  $\mu$ OR and in wild-type,  $\delta$ OR knockout,  $\kappa$ OR knockout but not  $\mu$ OR knockout tissue; the 2B1 antibody recognizes an epitope only in cells expressing  $\delta$ OR and in wild-type,  $\mu$ OR knockout,  $\kappa$ OR knockout, but not  $\delta$ OR knockout tissue; the 7AG-9 antibody recognizes an epitope only in cells expressing  $\kappa$ OR and in wild-type,  $\mu$ OR knockout,  $\delta$ OR knockout, but not  $\kappa$ OR knockout,  $\delta$ OR knockout tissue; the 2B1 knockout tissue (Supl. Fig. S1).

# Enzyme-linked immunosorbent assay (ELISA):

Brains regions from age-matched  $\text{Enk}^{-/-}$ ,  $\text{Enk}^{-/-}/\text{End}^{-/-}$ , or control littermates were collected by gross dissection and membranes prepared as described previously (Gomes et al. 2004). For measuring the level of receptor recognition by  $\mu$ OR (1A4),  $\delta$ OR (2B1) or  $\kappa$ OR (7AG-9) monoclonal antibodies, ELISA was carried out with CHO cells alone or expressing either  $\mu$ OR,  $\delta$ OR or  $\kappa$ OR (2× 10<sup>5</sup> cells /well) or membranes (10  $\mu$ g) from the cortex, midbrain, or striatum using 1:500 dilution of primary antibodies, and 1:500 dilution of HRP-conjugated anti-mouse IgG (Vector Laboratories) as described previously (Gupta and Devi 2006; Gupta et al. 2010).

In order to correlate antibody recognition with receptor levels (Supl. Fig. S1), ELISA was carried out with a suspension of CHO cells expressing either  $\mu$ OR,  $\delta$ OR or  $\kappa$ OR (0–4×10<sup>6</sup> cells) as described previously (Gupta et al. 2008). Total cell number (4×10<sup>6</sup> cells) was kept constant using CHO cells. Cells were probed with 1:500 dilution of either  $\mu$ OR (1A4),  $\delta$ OR (2B1) or  $\kappa$ OR (7AG-9) monoclonal antibodies and 1:500 dilution of HRP-conjugated antimouse IgG. Binding assays were carried out in a parallel set of tubes using 10 nM [<sup>3</sup>H]DAMGO, [<sup>3</sup>H]Deltorphin II or [<sup>3</sup>H]U69,593 in 50 mM Tris-Cl buffer pH 7.4 containing 0.32 M sucrose as described previously (Gomes et al. 2004). Non-specific binding was determined in the presence of 1  $\mu$ M DAMGO, Deltorphin II, or U69,593 and was less than 10% of the total binding.

# $[^{35}S]GTP\gamma S$ binding assay:

Brain membranes from age-matched Enk<sup>-/-</sup>, End<sup>-/-</sup>, Enk<sup>-/-</sup>/End<sup>-/-</sup>, or control littermates were suspended in 50 mM HEPES pH 7.5 containing 5 mM MgCl<sub>2</sub>, 100 mM NaCl, 10  $\mu$ M GDP, 0.1 nM [<sup>35</sup>S]GTP $\gamma$ S, and the agonist 10  $\mu$ M DAMGO, Deltorphin II or U69,593 in a final volume of 500  $\mu$ l. Basal binding was determined in the presence of GDP and absence of agonist whereas nonspecific binding was determined in the presence of 10  $\mu$ M cold GTP $\gamma$ S. After 1 h at 30°C, membranes were filtered and washed three times with ice-cold 20 mM HEPES (pH 7.5) using a Brandel cell harvester. Bound radioactivity was determined following overnight incubation in scintillation fluid. Agonist stimulation of [<sup>35</sup>S]GTP $\gamma$ S binding was expressed as percent of basal values.

#### **Statistical Analysis:**

Data analyses was carried out using One way or Two way ANOVAs depending on a given experimental design, followed by appropriate post-hoc pair-wise tests adjusted for multiple comparisons using GraphPad prism version 8. Values p<0.05 were considered to be significant.

# Results

#### Characterization of endogenous peptide levels in knockout animals

In order to determine whether deletion of enkephalin encoding sequences from the preproenkephalin gene, or the targeted deletion of  $\beta$ -endorphin from the POMC gene led to compensatory changes in opioid peptide levels, we examined the levels of Leu-enkephalin and of the prodynorphin derived peptide, Dyn A8, in the whole brain of wild-type,  $Enk^{-/-}$ , End<sup>-/-</sup> or Enk<sup>-/-</sup>/End<sup>-/-</sup> mice of both sexes. For this, we extracted peptides from the brains using a hot acid extraction protocol, separated them by gel filtration and subjected aliquots to RIA using Leu-enkephalin or Dyn A8 antisera. We find that the levels of free Leuenkephalin peptide (M.W. 0.55 kDa) are substantially decreased to <10% in both Enk<sup>-/-</sup> and Enk<sup>-/-</sup>/End<sup>-/-</sup> mice as compared to wild-type controls (Fig. 1 and Supl. Fig. S2). The levels of Leu-enkephalin intermediates were not significantly altered (although a slight decrease was observed in the 1.7 kDa peak in male  $Enk^{-/-}$  and a slight increase in female mice). Also, the higher molecular weight forms (12.4–3.5 kDa) representing Dyn-containing intermediates were not significantly altered in any of the groups (Fig. 1A, B). Together, these results support the idea that the major source of fully processed Leu-enkephalin pentapeptide is proenkephalin (and not prodynorphin) and that in the absence of proenkephalin there is no substantial compensatory upregulation of Leu-enkephalin or Leuenkephalin containing dynorphin peptides.

Next we examined the extent of dynorphin processing by measuring the levels of processed dynorphin peptides in gel filtration fractions using an antiserum directed against the C-terminal portion of the Dyn A8 peptide that recognizes the fully processed form. There were no significant changes in Dyn A8 levels in any of the knockout animal groups compared to wild-type animals of either sex (Fig. 1, Supl. Fig. S2). The shift in the peak in male Enk<sup>/-</sup> mice is presumably due to a shift during fraction collection and does not represent a change in levels as evident from the area under the curve measurements (Supl. Fig. S2); hence the relative levels of Dyn A8 were unchanged across all study groups. Taken together, these results suggest that the lack of opioid peptides derived from POMC or proenkephalin does not lead to alterations in the levels and/or processing of prodynorphin.

#### Characterization of µOR levels and activity

Next we investigated  $\mu$ OR abundance and activity in Enk<sup>-/-</sup>, End<sup>-/-</sup>, and End<sup>-/-</sup>/Enk<sup>-/-</sup> mice of both sexes. First, we quantified the receptor abundance using  $\mu$ OR monoclonal antibodies; these antibodies are receptor selective and suitable for quantitation of receptor abundance (Supl. Fig.1). The enzyme based ELISA assay was used since it tends to be simple, straightforward and allows for a rapid quantitation of receptor levels when the amount of material is limiting. Also, we find that a linear relationship exists between

receptor recognition by these antibodies and receptor levels detected by radioligand binding studies (Supl. Fig. 1). Using the ELISA assay to measure receptor abundance, we find that the levels of  $\mu$ OR are significantly lower in the cortex, midbrain and striatum of all three genotypes as compared to wild-type mice (Fig. 2). Comparison of  $\mu$ OR levels between males and females in wild-type, Enk<sup>-/-</sup>, End<sup>-/-</sup> and End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice does not show significant differences between the sexes in the cortex and striatum (Fig. 2C, I) while a significant increase is seen in the midbrain of wild-type and End<sup>-/-</sup> female mice (Fig. 2F).

Next, we examined  $\mu$ OR signaling in the three brain regions using the [<sup>35</sup>S]GTP $\gamma$ S binding assay. First, we focused on basal levels of [<sup>35</sup>S]GTP $\gamma$ S binding (i.e., in the absence of the agonist). We find that compared to wild-type mice basal levels are significantly decreased in the cortex (Fig. 3A, B) of Enk<sup>-/-</sup>, End<sup>-/-</sup> and End<sup>-/-/</sup> Enk<sup>-/-</sup> mice of both sexes, and significantly increased in the midbrain (Fig. 3D, E). In the striatum a significant decrease in basal [<sup>35</sup>S]GTP $\gamma$ S binding is seen only in male End<sup>-/-</sup> (Fig. 3G) and in female Enk<sup>-/-</sup> mice while a significant increase is seen only in female End<sup>-/-</sup>, and End<sup>-/-/</sup> Enk<sup>-/-</sup> mice (Fig. 3H). Comparison of basal [<sup>35</sup>S]GTP $\gamma$ S binding between males and females in wild-type, Enk<sup>-/-</sup>, End<sup>-/-</sup> and End<sup>-/-/</sup>, End<sup>-/-</sup> mice (Fig. 3C), in the midbrain of female End<sup>-/-/</sup> and End<sup>-/-/</sup> Enk<sup>-/-</sup> mice (Fig. 3F) and in the striatum of female Enk<sup>-/-</sup> mice (Fig. 3I); the basal levels were found to be significantly higher in the cortex and striatum of female End<sup>-/-/</sup> Enk<sup>-/-</sup> mice (Fig. 3F).

Next, we examined the agonist (DAMGO)-mediated increase in [ $^{35}$ S]GTP $\gamma$ S binding (Fig. 4), and calculated the receptor signaling efficiency by determining the level of G-protein activity/unit of protein (% [ $^{35}$ S]GTP $\gamma$ S binding/fmol of  $\mu$ OR). We find that there is a significant increase in  $\mu$ OR signaling efficiency (p<0.05) for males and a trend towards increase in females in cortical membranes of End<sup>-/-</sup> mice (Fig. 4D, E). In Enk<sup>-/-</sup> mice there is a significant increase (p<0.001) in  $\mu$ OR signaling efficiency for males and a trend towards increase for females compared to wild-type controls (Fig. 4D, E). In End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice there an increase in  $\mu$ OR signaling efficiency for both sexes (p<0.0001 for males and p<0.05 for females) compared to wild-type controls (Fig. 4D, E). Comparison of DAMGO-mediated increases in [ $^{35}$ S]GTP $\gamma$ S binding between males and females shows that there are no significant differences between wild-type, Enk<sup>-/-</sup>, End<sup>-/-</sup> and End<sup>-/-</sup>/ Enk<sup>-/-</sup> (Fig. 4C) although the  $\mu$ OR signaling efficiency is significantly decreased in female Enk<sup>-/-</sup> (p<0.05), and End<sup>-/-/</sup> Enk<sup>-/-</sup> (p<0.001) mice (Fig. 4F).

In midbrain membranes from End<sup>-/-</sup> mice, we find a statistically significant decrease (p<0.01) in  $\mu$ OR signaling efficiency in males and a significant increase (p<0.05) in females compared to wild-type controls (Fig. 4J, K). In the Enk<sup>-/-</sup> mice the OR signaling efficiency in both genders is significantly higher (p<0.05) than in wild-type mice (Fig. 4J, K). In the End<sup>-/-</sup>/Enk<sup>-/-</sup> mice the  $\mu$ OR signaling efficiency is similar to that of wild-type mice (Fig. 4J, K). Comparison of DAMGO-mediated increases in [<sup>35</sup>S]GTP $\gamma$ S binding between males and females in the midbrain shows a significant increase (p<0.01) in female End<sup>-/-</sup> mice (Fig. 4I) and a significant decrease (p<0.05) in  $\mu$ OR signaling efficiency in female wild-type and End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice (Fig. 4L) compared to males.

In striatal membranes we find that the  $\mu$ OR signaling efficiency is significantly lower in Enk <sup>-/-</sup> and End<sup>-/-</sup>/Enk<sup>-/-</sup> mice of both sexes compared to wild-type controls (Fig. 4P, Q). Comparison of DAMGO-mediated increases in [<sup>35</sup>S]GTP $\gamma$ S binding between males and females in the striatum shows significant increases (p<0.01) in signaling (Fig. 4O) and in OR signaling efficiency (Fig. 4R) only in female Enk<sup>-/-</sup> mice compared to males. Together these results indicate that endogenous opioid peptides play a role in modulating  $\mu$ OR abundance and signaling.

#### Characterization of **&OR** levels and activity

Quantification of  $\delta$ OR abundance by ELISA detects significant decreases in cortical, midbrain and striatal membranes from End<sup>-/-</sup>, Enk<sup>-/-</sup> and End<sup>-/-/</sup> Enk<sup>-/-</sup> of both sexes compared to wild-type controls (Fig. 5). Comparison of  $\delta$ OR levels between males and females does not show significant differences between the sexes in the midbrain and striatum (Fig. 5F, I) while a significant decrease is seen only in the cortex of female wild-type (p<0.001) and Enk<sup>-/-</sup> (p<0.05) mice (Fig. 5C) compared to males.

Next we examined  $\delta OR$  activity using a  $\delta OR$  selective agonist, Deltorphin II (Fig. 6). In cortical membranes, the  $\delta OR$  signaling efficiency does not change from wild- type mice in End<sup>-/-</sup> and Enk<sup>-/-</sup> mice, but is significantly increased (p<0.001 to p<0.0001) in End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice of both sexes (Fig. 6D, E). Comparison of  $\delta OR$  signaling efficiency between males and females in cortical membranes from wild-type, Enk<sup>-/-</sup>, End<sup>-/-</sup> and End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice does not show significant differences between the sexes (Fig. 6F).

In midbrain membranes, we do not detect changes in  $\delta OR$  signaling efficiency in End<sup>-/-</sup> and Enk<sup>-/-</sup> of either sex compared to wild-type controls (Fig. 6 J, K). Midbrain membranes from male End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice exhibit no change in  $\delta OR$  signaling efficiency (Fig. 6J) while female mice show a statistically significant (p<0.0001) increase (Fig. 6K) compared to wild-type mice. Comparison of  $\delta OR$  signaling and  $\delta OR$  signaling efficiency between males and females in midbrain membranes show significant differences in signaling and efficiency only in female End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice compared to males of the same genotype (Fig. 6I, L).

In striatal membranes all genotypes show statistically significant (p<0.0001) decreases in  $\delta$ OR signaling efficiency compared to wild-type controls (Fig. 6P, Q). Comparison of  $\delta$ OR signaling efficiency between males and females in striatal membranes from wild-type, Enk  $^{-/-}$ , End $^{-/-}$  and End $^{-/-}$ / Enk $^{-/-}$  mice show no significant gender differences (Fig. 6O, R). Together these results indicate that endogenous opioid peptides play a role in modulating  $\delta$ OR levels and activity.

#### Characterization of rOR levels and activity

Quantification of  $\kappa OR$  abundance by ELISA detects significant decreases in cortical membranes from female End<sup>-/-</sup> mice (p<0.001) and in cortical and striatal membranes (p<0.001) from male and female End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice (Fig. 7A, B, G, H) compared to wild-type controls. Statistically significant decreases were also found in midbrain membranes from female End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice (p<0.0001) as compared to controls (Fig. 7E). A comparison of  $\kappa OR$  levels between males and females shows no significant genotype-specific differences in any of the regions tested (Fig. 7C, F, I).

Next we examined  $\kappa$ OR activity using a  $\kappa$ OR selective agonist, U69,593 (Fig. 8). In cortical membranes we detect a significant increase in  $\kappa$ OR signaling efficiency only in female End <sup>-/-</sup> and End<sup>-/-</sup>/Enk<sup>-/-</sup> mice (Fig. 8D, E). Comparison of  $\kappa$ OR signaling efficiency between males and females shows a statistically significant increase in female mice from the three knockout genotypes (Fig. 8F).

In midbrain membranes, we detect significant changes in  $\kappa$ OR signaling efficiency showing either a decrease (male End<sup>-/-</sup> mice, p<0.01; male End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice, p<0.00001) or an increase (male and female Enk<sup>-/-</sup> mice) (Fig. 8J, K). Comparison of  $\kappa$ OR signaling efficiency between males and females shows a statistically significant decrease only in female wild-type (p<0.0001) mice (Fig 8L).

In striatal membranes we find significant decreases (p<0.01) in  $\kappa$ OR signaling efficiency in End<sup>-/-</sup>, Enk<sup>-/-</sup> but not in End<sup>-/-</sup>/ Enk<sup>-/-</sup> mice compared to wild-type males and females (Fig. 8P, Q). Comparison of  $\kappa$ OR signaling efficiency between males and females does not show significant changes among the different genotypes (Fig. 8O, R). Together these results indicate that  $\kappa$ OR abundance and activity are modulated by endogenous opioid peptides.

# Discussion

Mouse strains lacking genes for the endogenous opioid system have been used to understand the role of the different components of this system in physiological and pathological states. Is this study we used animals lacking proenkephalin,  $\beta$ -endorphin or both to determine whether the absence of these endogenous opioid peptides has an effect on  $\mu$ OR,  $\delta$ OR and kOR levels and activity. It is possible that the lack of these peptides during development could lead to compensatory adaptations. For example, Leu-enkephalin sequences are also present in the preprodynorphin gene in addition to the preproenkephalin gene; therefore it is possible that in the absence of proenkephalin (in Enk<sup>-/-</sup> mice), the prodynorphin precursor could be extensively processed to Leu-enkephalin in order to compensate for the lack of enkephalins derived from preproenkephalin. However, we find no evidence for increased processing of prodynorphin in Enk<sup>-/-</sup> animals supporting the idea that most of the free Leuenkephalin in wild-type is derived from proenkephalin.

Although enkephalins and  $\beta$ -endorphin are generally regarded as endogenous agonists for  $\delta OR$  and  $\mu OR$  respectively, they have been shown to bind and signal through all 3 opioid receptors (Fricker et al. 2020; Gomes et al. 2020; Mansour et al. 1995). A recent study examining biased signaling by a panel of ~20 peptides derived from POMC, proenkephalin, and prodynorphin showed that the opioid peptides derived from these 3 precursors exhibited binding and signaling at all 3 opioid receptors (Gomes et al. 2020). Thus it is not surprising that we find that enkephalins and  $\beta$ -endorphin are required to maintain the normal levels and activity of opioid receptors. The fact that we observe a differential regulation of receptor activity in different brain regions suggests a region-specific modulation of opioid receptor activity by endogenous ligands.

In the present study, using receptor-selective antibodies to measure receptor abundance we detect decreased  $\mu OR$  and  $\delta OR$  in the cortex, midbrain, and striatum of Enk<sup>-/-</sup> mice. In

contrast, previous studies using quantitative autoradiography reported no changes in binding for opioid receptors in cortical structures and increases in  $\mu$ OR, and  $\delta$ OR in non-cortical regions of Enk<sup>-/-</sup> mice (Brady et al. 1999; Clarke et al. 2003). The differences seen between these studies could be due to the background of the mice (CD1 v/s C57BL/6J in our study) or the assay used to measure receptor levels (receptor autoradiography v/s ELISA). Moreover, the autoradiographic studies measured receptor binding in discrete sub-regions within the cortex, striatum and midbrain (with some showing either increase or decrease in binding) while we used total (not discrete sub-regions) cortex, midbrain or striatal membranes. Another possibility is that autoradiographic studies using radiolabeled agonists detect the functional receptor at agonist configuration while the antibodies used in this study detect active as well as inactive receptors (Gupta et al. 2007; Heimann et al. 2017).

It is not clear how endogenous opioid peptides modulate receptor levels. Their effects could be at the transcriptional level by regulating opioid receptor synthesis or at the posttranslational level by modulating opioid receptor maturation and trafficking. At the transcriptional level, previous studies have identified several transcription factors (activators/ repressors) that regulate opioid receptor expression (for review see (Wei and Loh 2011)). It is possible that in wild-type animals, endogenous opioid peptides maintain the tonic state of receptor levels by engaging appropriate transcription factors. This engagement of transcription factors may not occur in the absence of the opioid peptides leading to a decrease in receptor levels as seen in Enk<sup>-/-</sup>, End<sup>-/-</sup> and Enk<sup>-/-/</sup> End<sup>-/-</sup> mice. Another possibility is that the opioid peptide-mediated gene expression induces proteins (such as chaperones) that either stabilize and/or facilitate the maturation of the receptors. It is also possible that the endogenous opioid peptides themselves may function as chaperones and help in the proper folding and packaging of newly synthesized receptors in the endoplasmic reticulum, thus preventing receptor ubiquitination and degradation. Support for the role of an endogenous ligand as a chaperone for its cognate receptor comes from a study showing that dopamine could serve as a pharmacological chaperone and increase the surface expression of D4 Dopamine receptors (Van Craenenbroeck et al. 2011). In addition, a study demonstrated colocalization of 8OR with Met-enkephalin in dense core vesicles in the spinal cord (Cheng et al. 1995) suggesting an exciting possibility that the proenkephalin-derived peptides could serve as  $\delta OR$  chaperones or regulate their cell surface insertion. For example, several studies show that 8OR, localized to large peptide storing dense core vesicles, are inserted into the plasma membrane following a variety of stimuli including agonist treatment (Bao et al. 2003; Walwyn et al. 2005; Patwardhan et al. 2005; Zhang et al. 1998; Guan et al. 2005; Cheng et al. 1995; Zhao et al. 2011). It is possible that in wild-type animals enkephalins facilitate the exocytosis of 8OR containing dense core vesicles leading to receptor insertion at the cell surface.

A decrease in opioid receptor levels in knock-out animals would be expected to be accompanied by a decrease in opioid receptor activity compared to wild-type. However, in some instances we observe either an increase or no change in receptor signaling in mutant mice as compared to wild-type. This could be because the absence of the endogenous peptide leads to a compensatory increase in the activity of the target receptors. A possibility is that absence of the endogenous peptides leads to a decrease in the basal G protein activity of the target receptor (see Fig. 3A) and reveal an augmented agonist-mediated G protein

activity as a compensatory effect (e.g., Fig. 4A, B; Enk<sup>-/-</sup> mice). Another possibility is that the lack of endogenous opioid peptides could modulate the activity of receptor associated proteins. For example, studies show that RGS9–2, a protein that regulates the duration of G protein signaling by modulating the speed of GTP hydrolysis, negatively modulates  $\mu$ OR activity (Traynor et al. 2009). It is possible that enkephalins promote  $\mu$ OR association with RGS9–2 and set the basal receptor activity levels. The absence of the peptide could lead to a decrease in receptor association with RGS9–2 which would lead to increased receptor signaling efficacy as seen in Enk<sup>-/-</sup> mice. Alternatively, the absence of enkephalins would increase the association of the opioid receptor with other RGS proteins leading to increases in the functional activity of the receptor. Further studies are needed to evaluate how endogenous opioid peptides modulate the activity of their cognate receptors.

Another finding of this study is gender differences in the signaling efficiency of  $\mu$ OR,  $\delta$ OR,  $\kappa$ OR in some brain regions of Enk<sup>-/-</sup>, End<sup>-/-</sup> and Enk<sup>-/-</sup>/End<sup>-/-</sup> mice. This suggests that modulation of opioid receptor activity by endogenous ligands in these brain regions may be under the influence of sex hormones. Although a few studies have described region-specific modulation of opioid receptor levels and activity by estrogen and/or progesterone (Huhn et al. 2018) and of opioid peptide levels (Williams et al. 2011) very little is known about how individual opioid peptides contribute to these gender differences in signaling. Thus further studies are needed to elucidate the mechanisms by which sex hormones and endogenous opioid peptides contribute to the signaling efficacy of opioid receptors in specific brain regions.

In summary, our results show a decrease in protein levels of  $\mu OR$ ,  $\delta OR$ , and  $\kappa OR$  but a paradoxical increase in activity in some brain regions. This suggests that although the absence of enkephalins and/or  $\beta$ -endorphin decreases the expression of opioid receptors, it also leads to compensatory effects at the level of signaling as seen by increased functional activity. Taken together, these studies further extend current knowledge on the regulation of activity of opioid receptors. Although the molecular mechanisms of how endogenous opioid peptides regulate the expression and functional activity of opioid receptors is speculative at this point, results from the present study provide a foundation for future studies exploring the importance of the endogenous opioid system in the regulation of the steady-state activity of their target receptors. This, in turn, would impact the receptor activity under physiological and pathological conditions and may explain differences previously observed in opioid receptor stress.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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# Abbreviations:

Dyn A8	Dynorphin A8
ELISA	enzyme-linked immunosorbent assay
PAG	periaqueductal gray
POMC	proopiomelanocortin
RIA	radioimmunoassay
WT	wild-type

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**Figure 1.** Analysis of immunoreactive Leu-enkephalin and Dyn A8 in mouse brain. Extracts from the brains of 3 age- and sex-matched wild-type,  $Enk^{-/-}$ ,  $End^{-/-}$  and  $End^{-/-/}$  $Enk^{-/-}$  mice were pooled, and 100 µl was subjected to gel filtration chromatography on Superdex Peptide 10/30 column as described in Methods. (**A-B**) Gel filtration fractions from male (**A**) and female (**B**) mice were analyzed for immunoreactive Leu-enkephalin as described in Methods. (**C-D**) Gel filtration fractions from male (**C**) and female (**D**) mice were analyzed for immunoreactive Dyn A8 as described in Methods. Molecular mass calibration standards are as follows: cytochrome c, 12.4 kDa; ACTH, 4.6 kDa; β-endorphin, 3.5 kDa; α-MSH, 1.7 kDa; Dyn A8, 1.0 kDa, Leu-enkephalin, 0.55 kDa. ir, immunoreactive.

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Figure 2.  $\mu$ OR levels in the cortex, midbrain, and striatum of wild-type, End<sup>-/-</sup>, Enk<sup>-/-</sup>, and End<sup>-/-</sup>/Enk<sup>-/-</sup>mice.

Membranes (10 µg) from the cortex (**A-C**), midbrain (**D-F**), and striatum (**G-I**) from male (**A, D, G**) and female (**B, E, H**) wild-type (WT),  $\text{End}^{-/-}$ ,  $\text{Enk}^{-/-}$ ,  $\text{End}^{-/-}/\text{Enk}^{-/-}$  mice were subjected to ELISA using monoclonal antibodies selective for µOR (1A4). Values obtained with wild-type membranes were taken as 100 %. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. (**C, F, I**) Comparison of µOR levels between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*\*p<0.01; \*\*\*p<0.001, \*\*\*\*p<0.0001. Data represent Mean ± SE of 3–4 animals in triplicate.

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Membranes (10 µg) from the cortex (**A-C**), midbrain (**D-F**), and striatum (**G-I**) from male (**A, D, G**) and female (**B, E, H**) wild-type (WT),  $\text{End}^{-/-}$ ,  $\text{Enk}^{-/-}$ ,  $\text{End}^{-/-/}\text{Enk}^{-/-}$  mice were subjected to a [<sup>35</sup>S]GTP $\gamma$ S binding assay as described in Methods. Basal values were obtained in the absence of agonist treatment and in the presence of GDP. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. (**C, F, I**) Comparison of basal levels of

 $[^{35}S]GTP\gamma S$  binding between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.





Membranes (10 µg) from the cortex (**A-F**), midbrain (**G-L**), and striatum (**M-R**) from male (**A, D, G, J, M, P**) and female (**B, E, H, K, N, Q**) wild-type (WT), End<sup>-/-</sup>, Enk<sup>-/-</sup>, End <sup>-/-</sup>/Enk<sup>-/-</sup> mice were subjected to a [<sup>35</sup>S]GTP $\gamma$ S binding assay using a µOR agonist (DAMGO;10 µM) as described in Methods. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. Signaling efficiency in (**D-F; J-L; P-R**) is expressed as % [<sup>35</sup>S]GTP $\gamma$ S binding/fmol of opioid receptor. One-Way ANOVA with Dunnett's multiple

comparison tests v/s WT. (**C**, **F**, **I**, **L**, **O**, **R**) Comparison of signaling between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*p<0.05, \*\*p<0.01, \*\*\*\*p<0.001, \*\*\*\*p<0.0001.Data represent Mean  $\pm$  SE of 3-animals in triplicate.

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Figure 5.  $\delta$ OR levels in the cortex, midbrain, and striatum of wild-type, End<sup>-/-</sup>, Enk<sup>-/-</sup>, and End <sup>-/-</sup>/Enk<sup>-/-</sup>mice.

Membranes (10 µg) from the cortex (**A-C**), midbrain (**D-F**), and striatum (**G-I**) from male (**A, D, G**) and female (**B, E, H**) wild-type (WT),  $\text{End}^{-/-}$ ,  $\text{Enk}^{-/-}$ ,  $\text{End}^{-/-}/\text{Enk}^{-/-}$  mice were subjected to ELISA using monoclonal antibodies selective for  $\delta \text{OR}$  (2B1). Values obtained with wild-type membranes were taken as 100 %. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. (**C, F, I**) Comparison of  $\delta \text{OR}$  levels between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*\*p<0.01; \*\*\*p<0.001, \*\*\*\*p<0.0001. Data represent Mean ± SE of 3–4 animals in triplicate.





Membranes (10 µg) from the cortex (**A-F**), midbrain (**G-L**), and striatum (**M-R**) from male (**A, D, G, J, M, P**) and female (**B, E, H, K, N, Q**) wild-type (WT),  $\text{End}^{-/-}$ ,  $\text{Enk}^{-/-}$ , End  $^{-/-}/\text{Enk}^{-/-}$  mice were subjected to a [ $^{35}$ S]GTP $\gamma$ S binding assay using a  $\delta$ OR agonist ( Delt II;10 µM) as described in Methods. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. Signaling efficiency in (**D-F; J-L; P-R**) is expressed as % [ $^{35}$ S]GTP $\gamma$ S binding/fmol of opioid receptor. One-Way ANOVA with Dunnett's multiple comparison

tests v/s WT. (**C**, **F**, **I**, **L**, **O**, **R**) Comparison of signaling between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.Data represent Mean  $\pm$  SE of 3-animals in triplicate.

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Membranes (10 µg) from the cortex (**A-C**), midbrain (**D-F**), and striatum (**G-I**) from male (**A, D, G**) and female (**B, E, H**) wild-type (WT), End<sup>-/-</sup>, Enk<sup>-/-</sup>, End<sup>-/-</sup>/Enk<sup>-/-</sup> mice were subjected to ELISA using monoclonal antibodies selective for  $\kappa$ OR (7AG-9). Values obtained with wild-type membranes were taken as 100 %. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. (**C, F, I**) Comparison of  $\delta$ OR levels between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*\*p<0.01; \*\*\*p<0.001, \*\*\*\*p<0.0001. Data represent Mean  $\pm$  SE of 3–4 animals in triplicate.





Membranes (10 µg) from the cortex (**A-F**), midbrain (**G-L**), and striatum (**M-R**) from male (**A, D, G, J, M, P**) and female (**B, E, H, K, N, Q**) wild-type (WT), End<sup>-/-</sup>, Enk<sup>-/-</sup>, End <sup>-/-</sup>/Enk<sup>-/-</sup> mice were subjected to a [<sup>35</sup>S]GTP $\gamma$ S binding assay using a  $\kappa$ OR agonist (U69,593;10 µM) as described in Methods. One-Way ANOVA with Dunnett's multiple comparison tests v/s WT. Signaling efficiency in (**D-F; J-L; P-R**) is expressed as % [<sup>35</sup>S]GTP $\gamma$ S binding/fmol of opioid receptor. One-Way ANOVA with Dunnett's multiple

comparison tests v/s WT. (**C**, **F**, **I**, **L**, **O**, **R**) Comparison of signaling between males and females. Two-Way ANOVA with Sidak's multiple comparison tests; \*p<0.05, \*\*p<0.01, \*\*\*\*p<0.001, \*\*\*\*p<0.0001.Data represent Mean  $\pm$  SE of 3-animals in triplicate.