

HHS Public Access

Author manuscript *Eur Respir J.* Author manuscript; available in PMC 2022 September 02.

Published in final edited form as:

Eur Respir J. 2021 September ; 58(3): . doi:10.1183/13993003.03957-2020.

Endothelial Cells in the Pathogenesis of Pulmonary Arterial Hypertension

Colin E. Evans^{1,2}, Nicholas D. Cober^{3,4}, Zhiyu Dai^{1,2,#}, Duncan J. Stewart^{3,4,*}, You-Yang Zhao^{1,2,5,6,7,*}

¹Program for Lung and Vascular Biology, Section of Injury Repair and Regeneration, Stanley Manne Children's Research Institute, Ann & Robert H. Lurie Children's Hospital of Chicago, Chicago, Illinois, USA.

²Department of Pediatrics, Division of Critical Care, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA;

³Regenerative Medicine Program, Ottawa Hospital Research Institute, Ottawa, Ontario, Canada;

⁴Department of Cellular and Molecular Medicine, Faculty of Medicine, University of Ottawa, Ottawa, Ontario, Canada;

⁵Department of Pharmacology, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA.

⁶Department of Medicine, Division of Pulmonary and Critical Care Medicine, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA.

⁷Feinberg Cardiovascular and Renal Research Institute, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA.

Abstract

Pulmonary arterial hypertension (PAH) is a devastating disease that involves pulmonary vasoconstriction, small vessel obliteration, large vessel thickening and obstruction, and development of plexiform lesions. PAH vasculopathy leads to progressive increases in pulmonary vascular resistance, right heart failure, and ultimately, premature death. Besides other cell types that are known to be involved in PAH pathogenesis (e.g. smooth muscle cells, fibroblasts, and leukocytes), recent studies demonstrate a crucial role of endothelial cells (ECs) in the initiation and progression of PAH. The EC-specific role in PAH is multi-faceted and impacts upon numerous pathophysiological processes including vasoconstriction, inflammation, coagulation, metabolism, and oxidative/nitrative stress, as well as cell viability, growth, and differentiation. In this review,

Conflicts of Interest None.

^{*}Correspondence, You-Yang Zhao, Program for Lung and Vascular Biology, Stanley Manne Children's Research Institute, Ann & Robert H. Lurie Children's Hospital of Chicago, Department of Pediatrics, Northwestern University Feinberg School of Medicine. 225 E. Chicago Avenue, Box#205, Chicago, IL 60611. Phone: (312) 503-7593; youyang.zhao@northwestern.edu, Duncan J. Stewart, djstewart@ohri.ca. #Current address: Department of Internal Medicine, College of Medicine-Phoenix, University of Arizona, Phoenix, Arizona.

[#]Current address: Department of Internal Medicine, College of Medicine-Phoenix, University of Arizona, Phoenix, Arizona. Author Contributions

C.E.E. wrote the manuscript; N.D.C., Z.D., and D. J. S. edited the manuscript; and Y.Y.Z. revised and finalized the manuscript. All authors approved the final version.

we describe how EC dysfunction and cell signaling regulate the pathogenesis of PAH. We also highlight areas of research that warrant attention in future studies, and discuss potential molecular signaling pathways in ECs that could be targeted therapeutically in the prevention and treatment of PAH.

Keywords

Endothelial cells; pulmonary arterial hypertension; pulmonary hypertension; vascular remodeling

1. Introduction

Pulmonary hypertension (PH) is defined as an increase in mean pulmonary arterial pressure of >20 mmHg from the normal range of 10 to 20 mmHg at rest, as assessed by right heart catheterization [1]. PH is a heterogenous cardiopulmonary disease, which is divided into five groups, including pulmonary arterial hypertension (PAH, group I), PH due to left heart disease, PH due to lung disease and/or hypoxia, chronic thromboembolic PH, and PH with unclear multifactorial mechanisms [2]. PAH, including idiopathic PAH (IPAH), is characterized by a progressive rise in pulmonary vascular resistance and occlusive vascular remodeling, which leads to right heart failure and premature death. The histopathological features of PAH include intima and media thickening, muscularization of distal pulmonary arteries, vascular occlusion, and complex plexiform lesions [3–5]. Some of these histological features are also present in other groups of PH, but to a lesser extent. Despite major advances in the field over recent years, the underlying molecular mechanisms of obliterative vascular remodeling remain largely unknown. Current therapies are based on concepts of endothelial dysfunction developed in almost 3 decades ago targeting the endothelin, nitric oxide (NO), and prostacyclin pathways, and do not address the fundamental diseasemodifying mechanisms. These have only resulted in a modest improvement in morbidity and mortality, and therefore, the ultimate treatment remains lung transplantation [6-8].

The healthy endothelial monolayer lining the inner wall of blood vessels regulates the flux of fluid, proteins and blood cells across the vessel wall into parenchymal tissue, maintains vascular tone and integrity as well as exerts anti-thrombotic and anti-inflammatory influences on the vascular bed [9]. However, endothelial cells (ECs) are damaged and/or dysfunctional in PAH patients [10–13]. Factors that can cause EC injury include hypoxia, toxins, inhibition of survival signaling (e.g. VEGF antagonists), recreational drug use, inflammatory cytokines, as well as pathological shear stress and fluid mechanics in the pulmonary circulation raised by left to right shunts in congenital heart disease. Shear stress is of particular importance in the pathogenesis of PAH, given the dramatic changes in arterial pressure and fluid dynamics that occur in the pulmonary circulation of PAH patients. Many characteristics of PAH are consequences of dysfunctional EC signaling; these characteristics include pulmonary inflammation and coagulation, oxidative/nitrative stress, altered vascular cell viability (e.g. apoptosis-resistance), proliferation, metabolic shift, and accumulations of inflammatory cells and fibroblasts [14–16]. Mice with Egln1 (encoding prolyl-4 hydroxylase-2, PHD2) deletion in ECs and bone marrow cells exhibit unprecedented severe PH recapitulating many features of clinical PAH including occlusive

vascular remodeling and right heart failure [17], supporting the critical role of EC dysfunction in the pathogenesis of PAH (Figure 1).). It has been proposed that EC phenotypic changes contribute to the onset of PAH, for example in the cases of smoking-induced lung EC apoptosis or inherited epigenetic EC dysfunction [18–20]. On the other hand, dysfunctional EC phenotypes can manifest in parallel with PAH or after the onset of PAH, for example in the instances of chronic vascular inflammation or proliferative vasculopathy following anti-angiogenic therapy [21, 22]. In other words, the precise timing of the phenotypic changes from healthy to dysfunctional endothelium during the pathogenesis of PAH is unclear. The evolution of PAH-associated EC phenotypes likely depends on multiple variables such as the EC phenotype and subpopulation being studied, the disease type and severity, and the patient's genetic inheritance and demographics including age, sex, and other co-existing PAH risk factors.

Although current treatments for PAH can reduce disease symptoms and delay clinical worsening in PAH patients, a therapy or combination of therapies that prevents the onset of PAH or completely alleviates the disease is lacking. This review will describe the abnormal endothelial signaling pathways that contribute to the initiation and development of PAH and describe how a dysfunctional endothelium regulates PAH pathogenesis and progression. We will also highlight areas of research that could ultimately support the development of EC-targeted therapies against PAH and identify future studies that could improve understanding of obliterative vascular remodeling and PAH pathogenesis.

2. Pulmonary EC Phenotypes

The early stage of PAH development involves EC injury and apoptosis, while apoptosisresistant ECs emerge later as PAH progresses [23-25]. In a transgenic mouse model with Fas-induced EC apoptosis, PH and pulmonary arteriopathy are observed, providing direct evidence that lung EC damage acts as a trigger to initiate PAH [26]. In the late stages of PAH, hyperproliferative and apoptosis-resistant ECs predominate, contributing to the formation of plexiform lesions [24, 25, 27, 28]. In distal pulmonary arteries of lungs from IPAH patients, there are increased numbers of proliferating ECs and decreased numbers of apoptotic ECs [29]. These observations are also seen in vitro, with pulmonary ECs from IPAH patients exhibiting increased proliferation and reduced sensitivity to apoptosis [29, 30]. In the end stage of PAH, there is evidence of endothelial senescence. A switch from proliferative to senescent vascular phenotype contributes to the loss of reversibility of PAH [31]. Dysfunctional EC signaling also results in increased coagulability and decreased EC integrity, which contribute to the development of PAH [32]. PAH pathogenesis is often associated with aberrant EC barrier integrity and IPAH patients commonly demonstrate a hypercoagulable phenotype [33]. Additionally, it is increasingly being recognized that alterations in multiple metabolic and epigenetic pathways are driving the development of PAH [34]. Survival and hyperproliferation of the PAH endothelium requires increased glutamine metabolism through the tricarboxylic acid cycle (TCA) and PAH patients exhibit systemic and lung-specific changes in glutamine metabolism, with PAH lung vasculature taking up more glutamine than healthy controls [35].

However, It is important to note here, that pulmonary ECs comprise of separate subpopulations of ECs, including proximal pulmonary artery ECs (PAECs) and distal microvascular ECs, which may be subject to different injurious stimuli and mechanical forces according to their position in the pulmonary vasculature [36, 37]. Moreover, the alveolar endothelium can be resolved by single cell transcriptomics into at least two specialized capillary EC phenotypes characterized by expression or apelin and its receptor, respectively, that play specialized role in gas exchange and repair[38]. This EC heterogeneity could therefore affect severity of aberrant EC phenotypes observed in PAH, including EC proliferative potential. This section provides an overview of EC-expressed factors that control the aberrant EC phenotypes seen in PAH (Figure 1).

2.1. Factors affecting EC survival

PAH is hereditable in about 10% of cases, and the vast majority of hereditary PAH patients harbor heterozygous mutations in *BMPR2* [39]. Loss of BMPR2 is an initiating factor for PAH [39], heterozygous Bmpr2 knockout causes EC injury and persistent PH in mice [40, 41], and genetic ablation of *Bmpr2* in pulmonary ECs predisposes to PH [42, 43]. BMPR2 mediates pro-survival signaling in pulmonary artery ECs (PAECs) [41, 44]. Overexpression of mutant BMPR2 in human PAECs increases susceptibility to apoptosis [39]. Thus, as in the experimental models [26], EC apoptosis appears to represent a potential initiating mechanism in the pathogenesis of human PAH as well. Meanwhile, the BMPR2 ligand, BMP9, prevents EC apoptosis and enhances EC monolayer integrity, and inhibits PH induced by BMPR2 mutations, monocrotaline (MCT)-, or Sugen/hypoxia (SuHx) [45]. Furthermore, the BMPR2 activator, FK506, improves endothelial function, inhibits apoptosis and reverses PH in hypoxic mice [46]. However, another study has demonstrated that inhibition of BMP9 signaling partially protects against experimental PH [47]. These data suggest that the TGF-beta/BMP pathway is highly complex and the effects of BMP9 may depend on other factors [48]. It has also been shown that BMPR2 mediates the transcriptional complex between PPAR γ and β -catenin in PAECs [49]. Apelin is a downstream target of this complex. Apelin-deficient PAECs are prone to apoptosis and promote PA smooth muscle cell (PASMC) proliferation [49]. Apelin treatment can increase CD39 ATPase enzymatic activity in PAECs [50] whereas repression of CD39 in vitro results in an ATP-enriched environment, that acts as a phenotypic switch promoting apoptosisresistance in PAECs via the P2Y11 receptor [50]. Indeed, genetic deletion of CD39 [51] and the apelin/APJ system [52] augments hypoxia-induced PH in mice. Other factors including CLIC4, PDGF-B and HIMF also regulate PAEC survival and PH development [53-57].

2.2. Factors affecting EC proliferation

In later stages of PAH, EC proliferation is a dominant feature leading to complex arterial remodeling. Several pathways have been shown involved in this transition. The loss of PPAR γ is associated with PAH development [58, 59]. Inhibition of PPAR γ in PAECs upregulates expression of cell cycle genes, worsens VEGF-induced EC barrier dysfunction [60], and attenuates the migration and angiogenic capacity of pulmonary microvascular ECs [61]. PPAR γ also maintains EC homeostasis via UBR5/ATMIN-mediated DNA repair [62]. Accordingly, endothelial deletion of PPAR γ induces spontaneous PH and impairs recovery from hypoxia-induced PH in mice [63]. The role of endothelial PHD2 in the development

of PAH has recently been studied [17, 64, 65]. Mice with *Tie2*Cre-mediated disruption of PHD2 in ECs and hematopoietic cells exhibit severe PH, and occlusive vascular remodeling [17]. Marked increases in EC proliferation are seen in the pulmonary vascular lesions of these mice. In IPAH patients, PHD2 expression is diminished in ECs of the occlusive vascular lesions. PHD2 deficiency-induced PAH is mediated by endothelial activation of HIF-2a [17, 64, 66], which alters the expression of many of the PAH-causing factors. Genetic deletion of endothelial HIF-2a inhibits PH development in hypoxic mice [66, 67]. Pharmacological inhibition of HIF-2a inhibits PH in experimental mouse and rat models and promotes survival [66, 68]. *HIF2A* mutation is identified in IPAH patients [69] and mice with the mutation exhibit PH [70], thus, HIF-2a is emerging as a promising target of PAH therapy.

Caveolin1 expression is markedly decreased in pulmonary vascular ECs of IPAH patients [71, 72]. Inheritable mutations have been reported in *CAV1* in PAH patients [73], and *Cav1^{-/-}* mice develop PH [74], while re-expression of Caveolin1 in endothelium rescues PH in *Cav1^{-/-}* mice [75]. Treatment with Cavtrin, a Caveolin1 mimic peptide, inhibits EC proliferation and promotes apoptosis [76] whereas Caveolin1 deficiency induces PAEC proliferation [72]. Consistently, disruption of *Cav1* in ECs augments hypoxia-induced PH [72]. mTOR [77] and Nur 77 [78] are also negative regulators of PAEC proliferation and protective against PH development.

A number of other factors are also involved in PAEC proliferation contributing to the pathogenesis of PAH. For example, Granzyme B cleaves intersectin-1s, generating a N-terminal fragment which enhances EC proliferation [79]. IL-6 stimulates EC proliferation and increases endothelin 1 expression in ECs [80, 81]. p130^{Cas} may modulate PAEC migration and proliferation by acting as an amplifier of receptor tyrosine kinase downstream signals [82]. Upregulation of GDF11 enhances the aberrant angiogenesis and proliferation in PAECs induced by hypoxia or VEGF treatment [83]. Endothelial dysfunction is strongly associated with oxidative and nitrative stress and the anti-oxidant, TEMPOL or MitoQ decreases migration and proliferation of ECs [84]. Inhibition of reactive oxygen species (ROS)-induced calcium entry also attenuates EC migration and proliferation [84].

Van der Feen et al showed that the loss of reversibility of the pulmonary arterial remodeling in a congenital heart disease PAH model induced by MCT and aortocaval shunt is related to an EC phenotypic switch from proliferation to senescence [31]. Cultured pulmonary ECs from PAH patients are more prone to becoming senescent in response to shear stress and the senescent cells are more sensitive to senolytic ABT263-induced apoptosis. Treatment of end-stage PH rats with ABT263 to target vascular cell senescence reversed the hemodynamic and structural changes. These studies demonstrate a new way to reverse end-stage PAH.

2.3. Factors affecting both EC survival and proliferation

Studies have also identified several factors that affect both EC proliferation and survival. For example, PAECs from IPAH patients exhibit increased FGF2 expression. Disruption of FGF2 signaling normalizes IPAH EC sensitivity to apoptosis and proliferation [29]. Apelin also regulates EC survival and proliferation [49]. Kim *et al.* described a miRNA-

dependent association between apelin and FGF2 in PAECs [85] in which Apelin deficiency in PAECs leads to increased expression of FGF2 as a result of decreased expression of miR-424 and miR-503 mediated by MEF2. MEF2 activity is impaired in PAECs from IPAH patients due to excessive nuclear accumulation of class IIa histone deacetylases, HDAC4 and HDAC5. Indeed, pharmacological inhibition of class IIa HDACs restored MEF2 activity, decreasing cell migration and proliferation in PAECs and rescued experimental PH. A recent study shows endostatin, a cleavage product of Col18A1, inhibits EC migration via ID1/TSP-1/CD36 signaling and proliferation and apoptosis through CD36 and CD47 [86]. Elevated serum endostatin is associated with increased mortality and disease severity in PAH and a *COL18A1* variant is associated with survival difference in PAH patients [87]. In a separate study, Notch1 is shown to increase PAEC proliferation and inhibit apoptosis, and pharmacological inhibition of Notch1 reduced PH in SuHx rats [88]. However, genetic deletion of endothelial Notch1 in mice worsens hypoxia-induced PH possibly by increasing EC monolayer vulnerability [89], demonstrating that the relationship between EC survival and proliferation in PAH is complex.

2.4. Factors affecting EC activation and thrombogenicity

P-selectin is a pro-coagulant factor that is present on pulmonary ECs and platelets, and its expression reflects the extent of pulmonary EC injury [90]. Increased levels of P-selectin appear in the plasma of PAH patients, which can be decreased by infusion of the vasodilator, prostacyclin [90]. Furthermore, soluble P-selectin levels in PAH patients are associated with EC dysfunction [91]. vWF (another pro-coagulant factor) levels are also increased in the plasma [92] and pulmonary ECs [93] of PAH patients correlating with risk of death [94, 95], as well as with EC damage and dysfunction [92]. These studies suggest that P-selectin and vWF could act as prognostic markers in PAH, for example to predict EC dysfunction and likelihood of disease onset or progression [96]. Intriguingly, the plasma levels of thrombomodulin, an anti-coagulant factor are decreased in PAH patients [90, 97], and could be restored by infusion of the vasodilators, prostacyclin [90] or tadalafil [97]. Thus, these reports suggest that the pulmonary vascular endothelium in PAH patients is prothrombogenic with increased expression of pro-coagulant molecules and decreased expression of anti-coagulant factor.

2.5. Factors affecting EC metabolism and epigenetics

Abnormal metabolism, especially aerobic glycolysis or the Warburg effect, has been proposed as an important pathogenic mechanism in the development of PAH. Pulmonary vascular ECs from PAH patients rely heavily on glycolysis (a shift from oxidative phosphorylation) for increased growth [98–101]. PFKFB is a key regulator of glycolysis. Mice with EC-targeted *Pfkfb3* deficiency exhibits attenuated PH or slowed PH progression with less EC inflammation and leukocyte recruitment to the lungs [102]. BMPR2-mediated Notch activation increases mitochondrial mass and expression of PFKFB3, which is necessary for citrate-dependent acetylation of H3K27 leading to expression of Notch1 target genes such as c-Myc and thus EC proliferation [89]. Overexpression of miR-124 or knockdown of PTBP1 restores normal levels of proliferation and glycolysis in ECs from PAH patients [103]. BMPR2 positively regulates miR-124 expression in ECs which targets PTBP1. Increased PTBP1 expression results in alternative splicing of pyruvate kinase

muscle isoforms 1 and 2 (PKM1 and 2) leading to increased PKM2 expression. Thus, BMPR2 mutation or deficiency increases EC glycolysis via the miR-124/PTBP1/PKM2 signaling [103]. Endothelin 1/eNOS signaling is also involved in the glycolytic shift [104]. Endothelin 1 disrupts carnitine homeostasis and mitochondrial bioenergetics which correlate with uncoupled eNOS redistribution from the plasma membrane to the mitochondria. The glycolytic switch appears to be dependent on mitochondrial-derived ROS that activates HIF signaling [104].

Studies also show that BOLA3 regulates glycolysis and mitochondrial respiration [105]. Bola3 knockdown in mice or BOLA3 mutations in human decreases glycine cleavage system protein H, and thus enhances intracellular glycine. Bola3 deficiency enhances EC proliferation, survival, and vasoconstriction leading to PH. Iron-sulfur deficiency and changes in electron transport/cellular respiration have also been demonstrated in PAH via deficiencies in ISCU signaling [106]. White et al showed in mouse and human vascular and endothelial tissues that miR-210 level was elevated in PAH samples, accompanied by reduced ISCU1/2 and iron-sulfur integrity [106]. In mice, miR-210 repressed ISCU1/2 and enhanced PH. Conversely, mice deficient in EC-specific miR-210 showed increased ISCU1/2 levels and were resistant to PH, while ISCU1/2 knockdown promoted PH. Thus, the miR-210-ISCU1/2 axis causes iron-sulfur deficiency and PH. [106]. Other miRNAs that have been shown to regulate PH-associated dysfunctional phenotypes in ECs include miR-126 and -140-5p [107, 108] Although the mechanisms through which each miRNA regulates PH remain incompletely understood, it is possible that miRNAs regulate EC PH phenotypes in an endocrine manner [109].

PGC1a is a master regulator of cellular metabolism and mitochondrial biogenesis [110]. Reduced PGC1a expression in PAECs by hypoxia leads to decreased oxidative metabolism, mitochondrial function, and ROS generation, as well as increased ATP formation and eNOS phosphorylation, while upregulated PGC1a restores mitochondria function. Another study demonstrates that Ucp2 is also involved in EC mitochondria function [111]. Cobalt chloride treatment (which mimics hypoxia) of *Ucp2*-deficient ECs increases mitophagy and decreases mitochondrial biogenesis. Thus, the loss of endothelial *Ucp2* leads to inadequate mitochondrial biosynthesis which may cause EC apoptosis.

Epigenetic mechanisms have also been shown to be important in the regulation of EC metabolism. Delivery of glutamine carbon into the TCA cycle is increased in ECs with BMPR2 mutations, which is required for endothelial survival in PAH, the maintenance of energetics, and the hyperproliferative phenotype [35]. The strict requirement for glutamine is driven by the loss of deacetylase sirtuin 3 activity. Preservation of sirtuin 3 function restores glutamine metabolism and prevents PH [35]. It has also been shown that vascular stiffness activates glutaminolysis to drive PH [112]. In the MCT-induced PH rat model, pharmacologic targeting of pulmonary vascular stiffness and YAP-dependent mechano-transduction modulated glutaminolysis, pulmonary vascular proliferation, and PH. Furthermore, pharmacologic targeting of glutaminase reduced MCT-induced PH progression [112].

Additionally, PAH ECs exhibit altered DNA methylation in many of the genes related to lipid metabolism including ABCA1 [113]. In rats, treatment with an agonist of ABCA1 reduces MCT-induced PH. Histone methylation in ECs is also involved in PH development [114]. MRTFA/MKL1 regulates expression of cell adhesion molecules including ICAM1 and VCAM1 through recruitment of H3K4 methyltransferase to the promoters and *Mrtfa*^{-/-} mice inhibits hypoxia-induced PH with decreased expression of cell adhesin molecules. Endothelial-specific knockdown of ASH2 and WDR5, 2 components of the H3K4 methyltransferase complex, reduces hypoxic PH in mice [114]. As described above, increased nuclear accumulation of HDAC4 and HDAC5 is also observed in PAH ECs, which impairs MEF2 activity leading to decreased miR-424 and miR-503 expression and increased EC proliferation [85, 115].

2.6. Factors affecting EC dedifferentiation

Under pathological conditions, ECs may undergo mesenchymal cell transition (EndoMT). Previous studies provide circumstantial evidence that EndoMT may contribute to PAH directly, by EC transformation into smooth muscle-like cells with higher proliferative and migratory potential or indirectly, through paracrine effects on vascular intimal and medial proliferation [116]. A recent study employing genetic lineage tracing demonstrates that EndoMT didn't contribute to neointimal formation in a chronic inflammatory PH mouse model, but rather this resulted from a subpopulation of Notch3-expressing SMCs, a finding which raises questions about the direct contribution of EndoMT to PAH pathogenesis[117]. EndoMT markers are observed in complex vascular lesions in PAH patients and rats with BMPR2 mutation [116]. In normal PAECs, BMPR2 knockdown leads to increased expression of HMGA1 and EndoMT markers. The expression of EndoMT markers can be largely reversed by double knockdown of BMPR2 and HMGA1 or slug [118]. Also, Rapamycin treatment inhibits expression of EndoMT markers, improves PH in BMPR2 mutant rats, and decreases human PAEC migration [116]. In lungs of Egln1^{Tie2Cre} mice, EndoMT marker expression is increased along with SNAI1/2 in a HIF2a-dependent manner [65]. In IPAH lung ECs, PHD2 is downregulated, HIF2a expression is increased, and expression of EndoMT markers is enhanced [65]. Future studies using genetic lineage tracing approaches in various animal models of severe PH, such as EgIn1^{Tie2Cre} mice and SuHx rats, are warrantied to investigate the role of EndoMT in occlusive vascular remodeling and the pathogenesis of severe PAH.

3. Pulmonary EC Crosstalk with SMCs

Heightened vasoconstrictor activity or reduced vasodilator activity contribute to PAH [119–122] and multiple EC-derived factors including endothelin 1, NO, and prostacyclins regulate vascular tone. A key early component of PAH pathogenesis involves SMC vasoconstriction in response to increased endothelin 1, reduced NO bioavailability, and low prostacyclins. Paracrine factors released from pulmonary ECs may also regulate SMC survival, proliferation, and their functional phenotype, i.e., contractile versus synthetic, possibly contributing to the emergence of apoptosis-resistant hyperproliferative SMCs as PAH progresses [23–25], and ultimately remodeling of the pulmonary vasculature. This

section provides an overview of EC-dependent mechanisms that control the aberrant SMC phenotypes seen in PAH.

3.1. EC regulation of SMC vasomotion

Endothelium-dependent pulmonary vasodilator signaling involves three main pathways: endothelium-derived hyperpolarizing factor (EDHF), NO, and prostacyclins. EDHF requires activation of calcium-sensitive potassium channels and cytochrome metabolites [123]. Impaired NO synthesis and bioavailability has been described in PH animal models and PAH patients [124-128]. In experimental studies, a wide variety of treatments that increase eNOS activity directly or indirectly have been shown to attenuate PH [129–134] and the evidence that NO signaling plays a crucial role in PAH is reviewed in detail elsewhere [135]. Prostacyclins are also potent vasodilators that are generated by vascular ECs as well as SMCs and EPCs. The efficacy of prostacyclins for the treatment of PAH patients is well established [136, 137]. Endothelin 1, predominantly expressed in ECs, is a potent vasoconstrictor that play an important role in the pathogenesis of PAH [138-140], as evidenced by its marked upregulation, particular associated with complex arterial lesions, in lungs from patients with PAH [140]. Hypoxia-induced PH, for example, is suppressed in EC-specific Edn1 knockout mice [141]. This and many other studies have led to the development of drugs that target the vasoconstrictive actions of endothelin 1 and this area of research has been thoroughly reviewed by others [142–144]. Endothelial-derived oxidative/nitrative stress, e.g., secondary to Caveolin1 deficiency in ECs [71, 127] is another vasoconstriction mechanism which induces PKG tyrosine nitration leading to impairment of NO signaling due to a reduction in PKG activity, thereby inducing vasoconstriction and vascular remodeling [127, 145, 146]. Accordingly, PKG nitration is a prominent feature of IPAH lungs [127, 147], and targeting endothelial nitrative stress-induced PKG dysfunction may represent a novel therapeutic strategy for PAH treatment.

3.2. EC regulation of SMC proliferation, migration, and survival

Culture of PASMCs in medium conditioned by IPAH ECs results in increased proliferation [148]. PAECs release a variety of growth factors and chemokines including PDGF-B, CXCL12, FGF2, MIF, and endothelin-1 that stimulate PASMC proliferation and pulmonary vascular remodeling [17, 63, 85, 149–153], likely through the transcription factor FoxM1 [154]. Genetic deletion of *Foxm1* in SMCs prevents hypoxia-induced PH in mice and pharmacological inhibition of FoxM1 inhibits severe PH in experimental PH models [154]. FoxO1 is a negative regulator of SMC proliferation in response to some of the angiocrine factors [155]. Apoptosis-resistant ECs from PAH patients also release miRNA1-95-5p to promote SMC proliferation via HIF1α and Smad7 [156]. AMPK expression is decreased in PAECs from PAH patients [157]. Endothelial AMPK deficiency augments hypoxia-induced PASMC proliferation through phosphorylation and stabilization of ACE2 which increases eNOS-derived NO bioavailability and reduces PH [158].

It has been shown that several factors released from pulmonary ECs can induce SMC migration. In IPAH patients, CC chemokine ligand (CCL) 2 release by pulmonary ECs is enhanced [159]. PASMCs from IPAH patients exhibit greater migratory and proliferative responses to CCL2. CXCL12 is another potent chemokine derived from ECs which may

play an important role in promoting SMC migration contributing to vascular remodeling [17].

EC-specific gene transfer of Indoleamine-2,3-dioxygenase attenuates PH in preclinical models [160]. Specifically, EC-derived Indoleamine-2,3-dioxygenase promotes PASMC apoptosis via depolarization of mitochondrial transmembrane potential and inhibits PASMC proliferation in a paracrine mechanism which remains to be elucidated [160]. In response to injury, apoptotic ECs release TGF β 1 and VEGF which induce SMC proliferation [161]. Thus, EC death induced by inflammation and proinflammatory cytokines could activate SMC proliferation leading to progression of pulmonary vascular remodeling and PAH. TPT1 (also called TCTP) is a potent anti-apoptotic factor that has been implicated in malignant cell transformation. TPT1 is released by ECs undergoing apoptosis in apoptotic nanovesicles, which are taken up by SMCs directly inducing SMC apoptosis-resistance and growth dysregulation [162–164].

3.3. SMC regulation of EC proliferation

Recent studies provide some intriguing findings about SMC regulation of EC proliferation. Activation of Notch1 by BMPR2 leads to EC proliferation in SMC-EC co-cultures that is mediated by direct SMC-EC contact [89]. BMPR2 is required by both cell types to produce collagen IV to activate integrin-linked kinase leading to stabilization of presenilin 1 and activation of Notch1 which maintains the EC proliferative capacity by increasing mitochondrial mass and inducing PFKFB3. EC-targeted deletion of *Notch1* in mice worsens hypoxia-induced PH in association with impaired EC proliferation and regeneration, and thus loss of precapillary arteries [89]. This study provides direct evidence that SMC promotes EC proliferation and regeneration to maintain monolayer integrity and vascular homeostasis in response to injury. miR-143–3p released from SMC exosomes is another mechanism promoting EC migration and proliferation [165]. However, in this case EC proliferation is pathological since inhibition of miR143–3p reduces hypoxic PH in mice [165].

4. Pulmonary EC Crosstalk with Non-SMCs

Besides the direct effects of EC injury and dysfunction in the pathogenesis of PAH, crosstalk of ECs with SMCs and non-SMCs is increasingly recognized to play an important role in PAH progression. PAH is characterized by fibro-proliferative changes in the adventitia and immune cell accumulation in pathologically remodeled pulmonary vessels [27, 166]. (Myo)fibroblasts and inflammatory leukocytes are recruited to the lung through EC-dependent signaling mechanisms [166]. Several proinflammatory adhesion molecules and proinflammatory cytokines are abundantly expressed in activated ECs in experimental PH models and in the lungs of IPAH patients, which leads to inflammatory cell binding and recruitment [167]. Infiltrating inflammatory cells release cytokines including IL-1 β and TNF- α , which activate ECs to express adhesion molecules, chemokines, and cytokines and promote EC proliferation and death. Furthermore, crosstalk between ECs and other non-SMCs such as pericytes or T-cells can contribute to the pathogenesis of PAH. In this

section, signaling mechanisms that occur in PAH pathogenesis between ECs and non-SMCs are described.

4.1. Inflammatory cells and immune (T-)cells

Accumulation of inflammatory cells in vascular lesions is a characteristic feature of clinical PAH. The expression levels of proinflammatory adhesion molecules such as ICAM1, VCAM1, and E-selectin, are markedly elevated in the pulmonary vascular endothelium of IPAH patients and in cultured ECs from IPAH patients [167]. Activated ECs release GM-CSF [168], CCL2 [159], CXCL12 [17, 169], CTGF [170], IL-6 [80], and leptin [171, 172] to promote leukocyte recruitment and accumulation. The accumulated leukocytes release other factors such as macrophage-derived LTB4 [173] to induce PAEC apoptosis and T-cell lymphocyte-derived MIF [167] to induce the proinflammatory phenotype of ECs and the further recruitment of inflammatory cells. In contrast, regulatory T cells function to limit endothelial injury and inflammation. VEGFR2 inhibition with SU5416 alone induces severe PH with pulmonary EC apoptosis in T-cell-deficient rats, and in a sub-strain of 'hyper-responder' Sprague-Dawley rats [174]. Immune reconstituted nude rats exhibit limited lung perivascular inflammation and EC apoptosis and attenuated PH [175].

4.2. Pericytes

Pericyte numbers are increased in PAH and pericyte-EC crosstalk also contributes to pulmonary vascular remodeling in PAH [176]. IPAH ECs promote pericyte migration via release of FGF2 and IL-6 and proliferation by FGF2 [176]. EC-specific disruption of PHD2 increases pericyte coverage of pulmonary arteries [177]. In contrast, pericytes induce the expression of Wnt5a in normal ECs which promotes the recruitment of pericytes thereby stabilizing the distal arteriolar bed, but not ECs derived from PAH patients [178]. Accordingly, pulmonary microvascular ECs from PAH patients have a reduced capacity to recruit pericytes. EC-targeted deletion of Wnt5a reduces microvessel pericyte coverage and induces vessel loss resulting in persistent PH and right heart failure after cessation of hypoxia. Thus, endothelium Wnt5a plays an important role in pericyte recruitment and microvessel stabilization [178]. Additionally, PAH pericytes have increased levels of pyruvate dehydrodenase kinase 4 (PDK4) [179], correlating with their reduced mitochondrial metabolism, higher rates of glycolysis, and hyperproliferation, while reducing PDK4 restores pericyte mitochondrial metabolism, and cell proliferation, and enhances ECpericyte interactions stabilizing small vessels [179]. Thus, genes that regulate pericyte-EC interactions could represent novel therapeutic targets to prevent small vessel loss in PAH.

4.3. Fibroblasts

EC-fibroblast crosstalk also plays a pathogenic role in PAH. As mentioned above, ECs may undergo EndoMT to become fibroblast-like cells. ECs also secrete factors such as Endothelin-1, PDGF and CXCL12 [17, 180] to induce fibroblast migration/recruitment, and proliferation. Furthermore, ECs can release factors such as Endothelin-1 and IL-6 to induce fibroblast differentiation to myofibroblasts [181, 182], which are highly proliferative, proinflammatory, invasive, and producing collagen and other extracellular matrix proteins and variety factors contributing to pulmonary vascular remodeling [166, 183]. Adventitial fibroblasts contribute to pulmonary vascular remodeling through several mechanisms. For

example, accumulation of myofibroblasts increases extracellular matrix stiffness which leads to activation of PAEC proliferation [183]. (Myo)fibroblasts-derived MMP2 and MMP9 and 15-hydroxyeicosatetraenoic acid (15-HETE) could induce EC proliferation [184]. Fibroblast-released thrombospondin-1 could destabilize EC-EC interaction [185] leading to injured endothelium which contributes pulmonary vascular remodeling.

4.4. Endothelial progenitor cells (EPCs)

EPC markers were markedly increased in remodeled arteries from PAH patients, particularly in plexiform lesions that display increased SDF1 expression [186]. Circulating angiogenic EPC numbers are also increased in PAH patients and EPCs from PAH patients with BMPR2 mutations have a hyperproliferative phenotype with impaired vascularization, suggesting that dysfunction of circulating EPCs contribute to PAH vascular remodeling [186]. Clinical studies provide evidence of beneficial effects of EPC transplantation to PAH patients [187–189]. EPC-conditioned medium inhibits EC apoptosis via VEGF-A or VEGF-B and EC proliferation by VEGF-A or IL-8 [180]. Treatment with EPCs or EPC-conditioned medium improves pulmonary artery relaxation suggesting paracrine mechanisms are promoting vasoprotection, such as through the release of prostacyclin and cAMP [190]. This is consistent with work showing that the therapeutic potential of EPCs can be enhanced by the transfection of eNOS, another important paracrine signaling pathway [134]. This study also provides evidence that eNOS-transfected EPCs can induce regeneration of lung microvasculature. Together, these studies demonstrate that EPCs can attenuate pulmonary vascular remodeling and PAH development through paracrine mechanisms.

5. Future Perspectives

Despite major advances in the understanding of the pathophysiology of PAH, these mechanistic insights have been translated into approved therapies for PAH patients in only a limited number of instances, mainly related to the three major endothelial vasoactive pathways, and although such therapies can reduce the symptoms of PAH, they do not prevent progression or cure the disease. The 5-year mortality of PAH are still as high as 40% [7, 191]. Here we summarize the recent findings on the role of ECs in the pathogenesis of PAH (Figure 2). Novel therapeutic advances could occur from an improved understanding of EC-mediated mechanisms that regulate PAH (Table 1, Table 2). In this regard, many of the EC signaling pathways described above now represent novel therapeutic targets for the prevention or treatment of PAH (Table 3). Novel PAH treatments could aim to: (a) inhibit EC injury/apoptosis in the early stages of disease and promote EC regeneration and repair; (b) inhibit apoptosis-resistant EC hyperproliferation, (c) target the EC secretome; (d) inhibit EndoMT; or (e) target EC-derived oxidative/nitrative stress. The ideal targets are those nodal signaling molecules regulating multiple pathways in the pathogenesis of PAH. For example, endothelial PHD2/HIF-2a regulates EC release of PDGF-B, SDF1, Endothelin-1, Apelin among others and affect BMPR2 signaling, Caveolin1 as well as PKG expression [17, 64– 68]. This option is particularly appealing given that HIF-2a inhibitors are already in clinical trials of renal cancer patients [192-194]. Similarly, targeting the mechanisms that regulate metabolic reprogramming of pulmonary ECs may represent a novel therapeutic approach [35, 102, 105]. Likewise, the epigenetic manipulation of key pathways and miRNAs [85,

103, 113] could also represent a new therapeutic strategy. In terms of specifically targeting lung ECs in the treatment of PAH, several therapeutic options deserve attention in future experimental and clinical studies. It may be possible to deliver PAH treatments in nanoscale delivery vehicles that target the lung endothelium through coating with antibodies or receptors that enhance EC uptake and retention. For example, small molecule inhibitors or other pharmacological agents could be encapsulated in nanoparticles that have been coated with anti-vWF or anti-CD31 antibodies. Endothelial-enriched nanoparticles can be employed to deliver siRNA oligoes to disrupt gene expression in vascular ECs [195]. Our unpublished data (manuscript under revision) show a novel nanoparticle can efficiently deliver plasmid DNA targeting the vascular ECs with high genome editing efficiency, which holds great potential for non-viral gene therapy in PAH by genome-editing-mediated gene disruption and correction of genetic mutations, etc.

Given the heterogeneity in EC phenotypes [196], future studies should define the subpopulations of ECs in the pathogenesis of PAH employing single cell RNA sequencing analysis coupled with genetic lineage tracing and depletion studies. Future research could also employ, for instance, computational modeling techniques to improve understanding of the relationships between these heterogeneous EC subpopulations and their interaction with neighboring cell types. Similarly, the potential role of EndoMT in the mechanisms of obliterative vascular remodeling shall also be defined with similar genetic lineage tracing approaches. Although PAH has an inflammatory component, it is unclear whether inflammation is a cause or consequence of this disease. Future studies should aim to determine whether and how inflammation triggers EC dysfunction contributing to vascular remodeling. Future studies could assess the timing of the EC phenotypic changes in relation to PAH pathogenesis and progression by employing extensive time-course experiments or longitudinal experiments of labeled ECs from healthy to diseased states. Our knowledge about the mechanisms of vascular fibrosis in PAH is also limited; thus, studying the role of EC dysfunction in vascular fibrosis is another important research direction. Moreover, targeting EC-derived oxidative/nitrative stress may provide a novel therapeutic approach for treatment of PAH [132, 145].

6. Conclusions

Dysfunctional EC signaling pathways tightly regulate multiple aspects of PAH, including pulmonary vascular tone, inflammation, coagulation, metabolism, and remodeling. Given the increasingly large body of evidence demonstrating that ECs are crucial mediators of PAH initiation and progression, novel therapies for PAH could aim to target multiple aspects of EC dysfunction and EC signaling, especially those nodal signaling molecules regulating multiple pathways in the pathogenesis of PAH. Improved understanding of the EC signaling pathways responsible for the initiation and progression of PAH will facilitate the development of effective treatments for PAH.

Funding

This work was supported in part by NIH grants R01HL123957, R01HL133951, R01HL140409, and R01HL148810 to Y.Y.Z and by an American Heart Association Career Development Award (19CDA34500000) to C.E.E.

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Figure 1.

(A) PHD2 deficiency in endothelial cells and hematopoietic cells induces obliterative vascular remodeling recapitulating the histopathological features of clinical PAH. Representative micrographs of Russel-Movat pentachrome staining demonstrating thickening of the intima, medial, and adventitial, and occlusion of the large and small vessels (black arrowheads) in 3.5 mo. old Egln1Tie2Cre mice (Middle 2). Br, bronchus; V, vessel. Scale bar: 50 µm. Anti-CD31 immunohistochemistry showing multiple-channel lesions positive for the endothelial marker CD31 (red arrows) (Right). Scale bar: 50 µm. Figure adapted with permission from Dai, et al. [17]. (B-E) Factors regulating endothelial cell functions contributing to pulmonary vascular remodeling and PAH. (B) Factors regulating pulmonary EC apoptosis and survival in the pathogenesis of PAH. (C) Factors regulating pulmonary EC proliferation and migration contributing to PAH. (D) Factors affecting pulmonary EC metabolism (glycolysis switch) and epigenetic regulation. (E) Factors regulating EndoMT contributing to PAH. Abbreviations: AMPK, AMP-activated protein kinase; BMPR2, bone morphogenic protein receptor 2; Cav1, caveolin 1; CLIC4, chloride intracellular channel 4; FGF2, fibroblast growth factor 2; GDF11, growth differentiation factor 11; GrzB, granzyme B; HIF2a, hypoxia-inducible factor 2a; HIMF, hypoxia-induced mitogenic factor; IL, interleukin; ITSN 1s, intersectin 1 short; MEF2, myocyte enhancer factor 2; miRNA, micro RNA; mTOR, mammalian target of rapamycin; Nep, neprilysin; PCD4, programmed cell death 4; PDGFB, platelet-derived growth factor-BB; PHD2, prolyl hydroxylase 2; PI3K, phosphoinositide 3-kinase; PPAR γ ,

peroxisome proliferator-activated receptor γ ; PTPL1, protein tyrosine phosphatase; TGF β , transforming growth factor β ; VEGF, vascular endothelial growth factor.



Figure 2: Cross-talk between pulmonary endothelial cells and other cells leads to obliterative pulmonary vascular remodeling and progressive vasoconstriction and thereby PAH. Various environmental factors, mechanical damage, and genetic predisposition converge on pulmonary vascular ECs leading to EC injury and dysfunction which affect EC activation, survival, proliferation, migration, metabolic and epigenetic status resulting in EC-apoptosis-resistant hyperproliferation, EndoMT, and releases of vascular tone modulators, angiocrine factors, cytokine and chemokines which mediate crosstalk between ECs and SMCs, leukocytes, (myo)fibroblasts. Together, EC dysfunction induces obliterative pulmonary vascular remodeling and vasoconstriction resulting in PAH. Thus, targeting altered EC signalings will provide novel effective therapeutic approaches for inhibiting/reversing obliterative vascular remodeling and PAH. Abbreviations: EC, endothelial cell; EndoMT, endothelial-to-mesenchymal transition; PH, pulmonary hypertension; SMC, smooth muscle cell.

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Table 1:

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pathways
signaling
cell
endothelial
regulating
Genes

Gene (Pro + or anti – PH)		Txpression C	hange in l	Η			44 Hd	enotypes		
	Rat	Mu	Hu	man	R	at			Mu	
	LEC	LEC	ML	LEC	MCT	SuHx	Basal	MCT	Hx	SuHx
ABCA1 (–)				↓ [113]	Agonist \downarrow [113]					
AMPK (-)		↓ [157]		↓ [157]					EC KO † [157]	
									Agonist↓ [157]	
BMPR2 (-)		↓ [41, 42]		↓ [43]			LEC KO ↑ [42]	Het KO † [40]	EC KO † [41]	
							Het Mut † [45]			
Apelin (–)		↓ [49, 52]		↓ [49]			Admin↓ [49]		Hom KO † [52]	
BOLA3 (–)		↓ [105]		↓ [105]			LEC KO † [105]		LEC OE ↓ [105]	
Cav1 (–)		↓ [75]		↓ [71, 72]			Hom KO \uparrow [74]		EC KO \uparrow [72]	
CCL2 (+)				† [159]						
CD74 (+)				† [167]	Inhib \downarrow [167]					
CD39 (–)				↓ [51]					Hom KO \uparrow [51]	
CLIC4 (+)	† [53]			† [53]					Hom KO \downarrow [53]	
CTGF (+)		↑ [170]							EC KO ↓ [170]	
CXCL12 (+)		↑ [154]							EC KO ↓ [154]	
CypA (+)		↑ [172]		† [172]			EC OE † [172]			
ET-1(+)			† [140]				OE↑[139]	Inhib ↓ [138]	OE↑[139]	OE↑ [139]
FGF2 (+)				† [153]	Inhib \downarrow [153]					
HIF2a (+)		↑ [67]		† [68]	Inhib ↓ [68]	Inhib ↓ [68]			LEC KO ↓ [67]	
									EC KO ↓ [65, 66]	
IDO (-)		↓ [160]							EC KO † [160]	
									LEC OE ↓ [160]	
MRTFA (+)		† [114]							Hom KO \downarrow [114]	
mTOR (–)			[<i>1</i> 7] ↓						Admin \downarrow [77]	
MEF2 (-)				↓ [115]	Agonist $\downarrow [115]$	Agonist \downarrow [115]				
Notch1 (+)		† [89]		† [88]		Inhib ↓ [88]			EC KO † [89]	

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Rat LEC							end hor		
LEC	Mu	Hun	ıan		Rat		W	ľu	
	LEC	ML	LEC	MCT	SuHx	Basal	MCT	Hx	SuHx
Nur77 (–)		↓ [78]	t [78]		Agonist↓ [78]				
P130Cas (+) † [82] †	[82]		↑ [82]	Inhib ↓ [82]				Inhib↓ [82]	
PCD4 (+)			† [54]						Hom KO↓ [54]
PFKFB3 (+) ↑ [102] ↑	[102]		↑ [102]		Inhib \downarrow [102]			Het / EC KO↓ [102]	
PHD2 (−) ↓	[17, 64]		[17]			EC & HC KO † [17]			
						EC KO † [64, 65]			
PKG (–)						Hom KO↑ [146]			
PPARg (-)		↓ [58]				EC KO † [63]			
TCTP (+) † [163]			↑ [163]						
VEGFR (–)									Inhib ↑ [80]

chloride intracellular channel; CM, conditioned media; CTGF, connective tissue growth factor; CXCL, C-X-C motif chemokine; CypA, cyclophilin A; EC, endothelial cell; Exp, expression; FGF, fibroblast growth factor; HC, hematopoietic cell; Het, heterozygous; HIF, hypoxia-inducible factor; Hom, homozygous; Hx, hypoxia; Inhib, inhibitor; IDO, indoleamine 2,3-dioxygenase; IPAH, idiopathic pulmonary prolyl hydroxylase; PKG, protein kinase G; PPAR, peroxisome proliferator-activated receptor; SuHx, sugen/hypoxia; TCTP, translationally controlled tumor protein; VEGFR, vascular endothelial growth arterial hypertension; KO, knockout; LEC, lung endothelial cells; MCT, monocrotaline; MEF, myocyte enhancer factor; MRTFA, myocardin-related transcription factor A, mTOR, mammalian target of subfamily A member; Admin, administration; AMPK, AMP-activated protein kinase; BMPR, bone morphogenic protein receptor; BOLA, bolA family member; Cav, caveolin; CCL, CC ligand; CLJC, rapamycin; Mu, mouse; Mut, mutation; OE, overexpression; PAH, pulmonary arterial hypertension; PFKFB, 6-phosphofructo-2-kinase/fructose-2,6-biphosphatase; PH, pulmonary hypertension; PHD, レ う factor receptor; WL, whole lung. s S

Table 2:

Targeting endothelial signaling pathways to reduce PH in experimental studies

EC Phenotype targeted	Therapy	Mechanism of Action	Species	Model	Ref
Vasoconstriction	eNOS gene transfer	eNOS upregulation	Rabbit	Flow	[130]
	Fluvastatin	eNOS uncoupling	Rat	Hypoxia	[133]
	LU135252	Endothelin A receptor inhibition	Rat	МСТ	[138]
Inflammation	PDTC	NF _K B inhibition	Rat	МСТ	[197]
	MnTMPyP	Superoxide scavenging	Mouse	Cav1 loss	[127]
	Leptin receptor	Leptin neutralization	Mouse	Hypoxia	[171]
	ISO-1	MIF inhibition	Rat	МСТ	[167]
	Anti-CD74 antibody	CD74 inhibition	Rat	МСТ	[167]
	Anti-GMCSF antibody	GM-CSF neutralization	Mouse	Hypoxia	[168]
Coagulation	Thrombomodulin	Thrombin binding	Rat	МСТ	[198]
Acute EC Apoptosis	BMP9 protein	BMP signaling agonist	Mouse	MCT, Sugen/hypoxia, BMPR2 loss	[45]
	CAG-miRNA-21	PCD4 downregulation	Mouse	Sugen/hypoxia	[54]
	SD-208	TGFβ inhibition	Rat	МСТ	[199]
EC Survival	Simvastatin	HMG-CoA reductase inhibition	Rat	Sugen/hypoxia	[30]
EC Proliferation	mTOR adenovirus	mTOR overexpression	Mouse	Hypoxia	[77]
	MC1568	MEF2 restoration	Rat	MCT, Sugen	[115]
SMC Proliferation	IDO gene transfer	SMC apoptosis inducer	Mouse	Hypoxia	[160]
	FGF2 siRNA or SU5402	FGF2 inhibition	Rat	МСТ	[153]
EC Dysfunction	C76	HIF2a inhibition	Rat, mouse	MCT, Sugen/hypoxia, PHD2 loss	[68]
	PT2567	HIF2a inhibition	rat	Hypoxia rats MCT, Sugen/Hypoxia	[58] [196]
EC Dedifferentiation	R05–3335	Runx1 inhibition	Mouse	MCT, Sugen/hypoxia	[200]
Altered EC metabolism	2-hydroxy-benzylamine	Lipid peroxidation product scavenger	Mouse	BMP2 loss	[35]
EC Cross-talk	Thiostrepton	FoxM1 inhibition in SMCs	Rat, mouse	MCT, Sugen/hypoxia, PHD2 loss	[154]
	Bestatin	LTA4H inhibition in macrophages	Rat	Sugen/hypoxia	[173]

Multiple EC signaling pathways have been targeted to reduce PH in preclinical studies. Abbreviations: BMP, bone morphogenic protein; Cav, caveolin; EC, endothelial cell; eNOS, endothelial nitric oxide synthase; FGF, fibroblast growth factor; FoxM1, forkhead box M1; GM-CSF, granulocyte macrophage colony-stimulating factor; HIF, hypoxia-inducible factor; HMG-CoA, β -hydroxy β -methylglutaryl-CoA; IDO, indoleamine-2,3-dioxygenase; LTA4H, leukotriene A4 hydrolase; MCT, monocrotaline; MEF, myocyte enhancer factor; MIF, macrophage migration inhibitory factor; mTOR, mammalian target of rapamycin; NF κ B, nuclear factor κ B; PCD, programmed cell death; PDTC, pyrrolidine dithiocarbamate PH, pulmonary hypertension; SMC, smooth muscle cell; TGF, transforming growth factor.

Table 3:

Recent PAH clinical trials targeting endothelial signaling pathways

EC Phenotype targeted	Therapy	Mechanism of Action	Design	Duration	Identifier(s)
Altered EC metabolism	Dichloroacetate	Inhibits PDK	Phase I	16weeks	NCT01083524
	Metformin	Increases glucose uptake	Phase I	12weeks	NCT03349775
	Ranolazine	Reduces intracellular calcium	Phase I-IV RCTs	12-26weeks	NCT02829034
					NCT01839110
					NCT02133352
	Trimetazidine	Inhibits oxidation of free fatty acids	Phase II/III	12weeks	NCT03273387
Altered EC metabolism,	Bardoxolone methyl	Nrf2/NFkB pathway	Phase II/III RCTs	16weeks-5years	NCT02036970
mnammauon					NCT02657356
					NCT03068130
Inflammation	Anakinra	Inhibits IL-1 receptor	Phase I/II	14days-4weeks	NCT01479010
					NCT03057028
	Tocilizumab	Inhibits IL-6 binding	Phase II	24weeks	NCT02676947
	Ubenimex	Inhibits aminopeptidases	Phase II	24weeks-1year	NCT02736149
					NCT02664558
Vasoconstriction	EPC-induced eNOS gene transfer	eNOS gene transfer	Phase II	24weeks	NCT03001414

Multiple EC signaling pathways are being targeted by therapies that are currently in clinical trials of PAH. Abbreviations: EC, endothelial cell; eNOS, endothelial nitric oxide synthase; EPC, endothelial progenitor cell; IL, interleukin; NF κ B, nuclear factor κ B; Nrf, nuclear factor erythroid 2–related factor; PDK, pyruvate dehydrogenase kinase; RCT, randomized controlled trials.