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## Quantification of creatine kinase reaction rate in mouse hindlimb using phosphorus-31 magnetic resonance spectroscopic fingerprinting

Kihwan Kim<sup>1</sup>, Yuning Gu<sup>1</sup>, Charlie Y. Wang<sup>1</sup>, Bryan Clifford<sup>2</sup>, Sherry Huang<sup>1</sup>, Zhi-Pei Liang<sup>2</sup>, Xin Yu<sup>1</sup>

<sup>1</sup>Department of Biomedical Engineering and Case Center for Imaging Research, Case Western Reserve University, Cleveland, Ohio

<sup>2</sup>Department of Electrical and Computer Engineering and Beckman Institute for Advanced Science and Technology, University of Illinois at Urbana-Champaign, Urbana, Illinois

## Abstract

The goal of this study was to evaluate the accuracy, reproducibility, and efficiency of a <sup>31</sup>P magnetic resonance spectroscopic fingerprinting (<sup>31</sup>P-MRSF) method for fast quantification of the forward rate constant of creatine kinase (CK) in mouse hindlimb. The <sup>31</sup>P-MRSF method acquired spectroscopic fingerprints using interleaved acquisition of phosphocreatine (PCr) and  $\gamma$ ATP with ramped flip angles and a saturation scheme sensitive to chemical exchange between PCr and  $\gamma$ ATP. Parameter estimation was performed by matching the acquired fingerprints to a dictionary of simulated fingerprints generated from the Bloch-McConnell model. The accuracy of <sup>31</sup>P-MRSF measurements was compared with the magnetization transfer (MT-MRS) method in mouse hindlimb at 9.4 T (n = 8). The reproducibility of <sup>31</sup>P-MRSF was also assessed by repeated measurements. Estimation of the CK rate constant using <sup>31</sup>P-MRSF (0.39  $\pm$  0.03 s<sup>-1</sup>) showed a strong agreement with that using MT-MRS measurements  $(0.40 \pm 0.05 \text{ s}^{-1})$ . Variations less than 10% were achieved with 2 min acquisition of <sup>31</sup>P-MRSF data. Application of the <sup>31</sup>P-MRSF method to mice subjected to an electrical stimulation protocol detected an increase in CK rate constant in response to stimulation-induced muscle contraction. These results demonstrated the potential of the <sup>31</sup>P-MRSF framework for rapid, accurate, and reproducible quantification of the chemical exchange rate of CK in vivo.

## Keywords

 $^{31}\mathrm{P}$  spectroscopy; creatine kinase activity; magnetic resonance fingerprinting; magnetization transfer

**Correspondence:** Xin Yu, ScD, Department of Biomedical Engineering and Case Center for Imaging Research, Case Western Reserve University, Wickenden 430, 10900 Euclid Avenue, Cleveland, OH 44124, USA. xin.yu@case.edu. SUPPORTING INFORMATION

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## 1 | INTRODUCTION

Creatine kinase (CK) is expressed at a high level in the heart, skeletal muscle, and brain.<sup>1,2</sup> It catalyzes the exchange of a phosphate group between phosphocreatine (PCr) and adenosine triphosphate (ATP). In tissues with high and fluctuating metabolic demands, the CK system provides short-term ATP buffering when ATP demand exceeds mitochondria's capacity of ATP generation via oxidative phosphorylation. This misbalance between ATP utilization and production may occur during normal physical activities such as exercise, or under pathological conditions such as ischemia and hypoxia. Hence, the CK system plays an important role in cellular metabolic perturbations. In addition, CK may act as an intracellular pH regulator by consuming protons produced in ATP hydrolysis.<sup>3</sup> Mitochondrial CK located in the intermembrane space also plays a role in metabolic regulation by transporting adenosine diphosphate (ADP), a potent allosteric activator of glycolytic flux, from the cytosol into the mitochondria.<sup>4</sup>

Abnormal CK activity can disrupt the constant flow of energy and adversely impact tissue function. A decrease of ATP synthesis through CK was observed in patients with heart failure.<sup>5</sup> Studies employing mouse models with CK gene deletion showed that CK knockout mice were more likely to develop left ventricular hypertrophy and dilatation.<sup>6</sup> Impaired post-ischemic recovery of calcium homeostasis and contractile function were also observed in mouse hearts with CK knockout.<sup>7</sup> On the other hand, mice overexpressing CK showed improved functional recovery after ischemia,<sup>8</sup> as well as increased survival after aortic constriction surgery.<sup>9</sup> In the skeletal muscle, a reduction in ATP during ischemia and more pronounced acidification were observed in the hindlimb of CK knockout mice.<sup>10</sup> These studies provide direct evidence of the protective role of CK during metabolic perturbations and suggest CK as a promising therapeutic target.<sup>11</sup>

Phosphorus-31 (<sup>31</sup>P) magnetic resonance spectroscopy (MRS) employing magnetization transfer (MT) techniques provides the only methodology for in vivo quantification of CK activity.<sup>12–17</sup> The technique entails measuring changes in the PCr signal after the saturation or inversion of the  $\gamma$ ATP signal. The forward rate constant of ATP synthesis via CK is determined by fitting the Bloch-McConnell model to the measured PCr signal as a function of the saturation or inversion time.<sup>18–20</sup> Typically, a range of saturation or inversion times covering the entire dynamics of PCr signal changes is sampled to accurately measure the rate constant, thus leading to prolonged acquisition time. The small sizes of tissue masses in mice present additional challenges for quantifying CK activity because the signal-to-noise ratio (SNR) can be orders of magnitude lower.

Magnetic resonance fingerprinting (MRF) is a new framework of data acquisition that enables accurate parameter estimation at low SNR.<sup>21</sup> In conjunction with model simulation and dictionary matching, MRF extracts a set of tissue parameters, e.g., relaxation times, from signals acquired at non-steady-state by constantly varying the sequence parameters. This approach offers significantly improved data acquisition efficiency, enabling accurate parameter estimation with drastically reduced scan time.<sup>21</sup> Various MRF methods have been developed for fast and robust measurement of proton relaxation times in the brain,<sup>22–24</sup>

abdomen,<sup>25</sup> heart,<sup>26</sup> prostate,<sup>23</sup> cartilage and bone,<sup>27</sup> and cerebral vasculature.<sup>28</sup> Highresolution MRF methods for preclinical applications in small animals are also emerging. <sup>29–31</sup> Further, Kulpanovich and Tal have developed proton spectroscopic MRF (MRSF) methods for fast quantification of  $T_1$  and  $T_2$  relaxation times of several neural metabolites. <sup>32,33</sup> The feasibility of MRF for fast quantification of chemical exchange saturation transfer (CEST) has also been explored.<sup>34,35</sup>

We recently explored the potential of using the MRF framework for rapid quantification of CK activity in vivo.<sup>36</sup> A <sup>31</sup>P-MRSF method was developed for measuring the CK rate constant in the skeletal muscle of rat hindlimb. The method is based on the balanced steady-state free precession (bSSFP) sequence with varying flip angles (FAs) for data acquisition. Frequency selective saturation pulses were interleaved with data acquisition to encode chemical exchange via CK. The method enabled accurate measurement of the CK rate constant in rat hindlimb with less than 5% variation in 20 s acquisition time. In the current study, we evaluated the utility of the <sup>31</sup>P-MRSF method for rapid quantification of the CK rate constant in mouse hindlimb, which requires prohibitively longer acquisition time to gain adequate SNR by conventional MT-MRS methods. Measurement accuracy was validated using a conventional <sup>31</sup>P MT-MRS method. Measurement efficiency was also compared between <sup>31</sup>P-MRSF and the conventional MT-MRS method. Our results showed that <sup>31</sup>P-MRSF achieved a measurement accuracy of less than 10% variation in 2 min acquisition time. Finally, the <sup>31</sup>P-MRSF technique was applied to quantify changes in CK rate constant in response to muscle contraction induced by electrical stimulation.

## 2 | MATERIALS AND METHODS

## 2.1 | <sup>31</sup>P-MRSF sequence and parameter matching

The <sup>31</sup>P-MRSF method has been described in detail previously.<sup>36</sup> A schematic diagram of the pulse sequence is shown in Figure 1. After a non-selective adiabatic inversion pulse, the sequence is followed by interleaved acquisition of PCr and  $\gamma$ ATP signals in 32 acquisition blocks (Figure 1A). In our current implementation, each block consisted of a train of 10 excitation pulses with alternating phase and a constant repetition time (*TR*) of 12.8 ms. A 4 ms frequency selective Gaussian pulse was used for spectrally selective excitation. The FA in each block was linearly ramped up and ramped down. The entire acquisition was organized into two 16-block segments with the maximal FA in each block varied sinusoidally (Figure 1B). Following each excitation, 7.7 ms of the free induction decay (FID) signal was collected with 256 data points, yielding a spectral resolution of 130 Hz. A 490 ms spectrally selective saturation block was applied between every two acquisition blocks. The saturation frequency was set at the resonant frequency of  $\gamma$ ATP in the second acquisition segment and at the frequency contralateral to  $\gamma$ ATP in the first segment. A total of 320 FID signals were collected in one fingerprint. The acquisition time of one fingerprint was 20 s.

A dictionary of fingerprints was constructed using an in-house-developed MATLAB-based simulator. The fingerprints were simulated by solving the modified Bloch-McConnell equation as described previously.<sup>36</sup> A total of nine parameters were used in <sup>31</sup>P-MRSF simulations (Table 1). To circumvent the computational challenge of matching all nine

parameters, the <sup>31</sup>P-MRSF sequence was designed to be relatively insensitive to the  $T_1$  relaxation time of  $\gamma$ ATP ( $T_1^{\gamma ATP}$ ), the  $T_2$  relaxation time of both PCr and  $\gamma$ ATP ( $T_2^{PCr}$  and  $T_2^{\gamma ATP}$ ), and the linewidth (LW). Further, the resonant frequency of  $\gamma$ ATP ( $\omega^{\gamma ATP}$ ) was constrained by the chemical shift difference between PCr and  $\gamma$ ATP (2.4 ppm). Hence, only four parameters were estimated from dictionary matching, including the forward CK rate constant ( $k_f^{CK}$ ), the  $T_1$  relaxation time of PCr ( $T_1^{PCr}$ ), the resonance frequency of PCr ( $\omega^{PCr}$ ), and the PCr-to-ATP ratio ( $M_R^{PCr}$ ). Table 1 also lists the parameter ranges and resolutions used for the current study on normal adult mice, as well as the values of the fixed parameters, which were obtained from pilot studies.

Figure 1C–E shows simulated fingerprints with one of the matching parameters varied. The impact of CK rate constant on signal evolution can be appreciated in Figures 1C, where the saturation of  $\gamma$ ATP in the second half of data acquisition induced more pronounced attenuation of the PCr signal with a larger CK rate constant (blue). Figure 1D shows the impact of  $T_1^{PCr}$  on signal evolution. As expected, a shorter  $T_1^{PCr}$  gave rise to faster signal recovery after the inversion pulse (red). Comparing Figure 1C and 1D, it can be appreciated that the first half of signal evolution encoded predominantly  $T_1$  relaxation time. However, the effect of inversion transfer was evident in Figure 1E, where chemical exchange between PCr and  $\gamma$ ATP accelerated the recovery of PCr signal when  $T_1^{\gamma ATP}$  was shorter (red). These differential signal evolutions in a fingerprint enabled more robust estimation of the CK rate constant.

#### 2.2 | Conventional MT-MRS method

Parameter estimation using the conventional <sup>31</sup>P MT-MRS method was also performed for validation and comparison. Specifically, nine spectra were acquired, including seven spectra acquired after  $\gamma$ ATP saturation with the saturation time varying from 0.4 to 7 s, a control spectrum acquired with 7 s contralateral saturation to correct for the spillover effects, and a conventional spectrum acquired without saturation. Acquisition of each spectrum used a *TR* of 16 s and a 90° hard pulse. The total acquisition time of a single dataset without signal averaging was approximately 150 s.

Post-processing of the MT-MRS data consisted of 15 Hz line broadening, Fourier transform, and phase and baseline correction as described previously.<sup>36</sup> The PCr and  $\gamma$ ATP signals were quantified by fitting each peak to a Lorentzian curve and calculating the integral under the curve. Subsequently, the CK rate constant,  $T_1$  of PCr, and the steady-state magnetization of PCr were determined by fitting the experimental data to the explicit solution of the Bloch-McConnell equation. The spillover effects of  $\gamma$ ATP saturation were corrected using the method outlined by Kingsley and Monahan.<sup>37</sup> The PCr-to-ATP ratio was calculated from the conventional spectrum.

#### 2.3 | In vivo study protocol

In vivo studies were performed on a horizontal 9.4 T preclinical scanner (Bruker BioSpin, Billerica, MA) to evaluate the accuracy and precision of <sup>31</sup>P-MRSF measurements in mouse

hindlimb. Male C57BL/6 mice 10–12 weeks of age (n = 8) were anesthetized with 1.5% isofluorane delivered via a nose cone. The mouse hindlimb was secured in a 10 mm <sup>31</sup>P saddle coil (Figure 2A). The mouse cradle and the <sup>31</sup>P coil were placed within a <sup>1</sup>H volume coil at the isocenter of the scanner. The respiratory rate was maintained between 75 and 110 breaths per minute by manually adjusting the anesthesia level. Body temperature was maintained at above 35 °C via a feedback control system (SA Instruments, Stony Brook, NY). The animal protocol was approved by the Institutional Animal Care and Use Committee of Case Western Reserve University.

Following localized shimming and  $B_1$  power calibration, <sup>31</sup>P-MRSF and MT-MRS datasets were acquired alternatingly in 10 min acquisition blocks (Figure 2B). In each acquisition block, 30 <sup>31</sup>P-MRSF fingerprints or 4 MT-MRS datasets were acquired. These acquisition blocks were repeated four times for <sup>31</sup>P-MRSF and five times for MT-MRS. A total of 120 <sup>31</sup>P-MRSF fingerprints and 20 MT-MRS datasets were acquired in 90 min.

An additional seven C57BL/6 mice underwent an electrical stimulation protocol for evaluation of changes in CK activity after stimulation-induced muscle contraction. Two needle electrodes were inserted subcutaneously over the third lumbar vertebra and the greater trochanter, respectively. The electrodes were connected to a Grass stimulator (Grass Technologies, Warwick, RI). Muscle contraction was induced for 4 min by applying 3 Hz square wave pulses with 2 V amplitude and 1 ms pulse duration.<sup>38 31</sup>P-MRSF data were acquired before and 16 min after the stimulation.

#### 2.4 | Data analyses

All results are presented as mean  $\pm$  standard deviation. The accuracy of parameter estimation by <sup>31</sup>P-MRSF was evaluated by comparing <sup>31</sup>P-MRSF measurements with MT-MRS, using data with different numbers of averages. The coefficient of variation (CV) was used to assess the precision of the estimated parameters. 1/(CV $\sqrt{\text{acq.time}}$ ) was used as an index of measurement efficiency. A two-tailed paired Student *t*-test was used to determine the significance of differences between the <sup>31</sup>P-MRSF and the MT-MRS methods, as well as to compare estimated parameters before and after electrical stimulation. A *p*-value of less than 0.05 was considered statistically significant.

## 3 | RESULTS

## 3.1 | Fingerprint variations and matching residuals

Figure 3 shows representative <sup>31</sup>P-MRSF fingerprints acquired with a single, 6, and 120 average(s), corresponding to acquisition times of 20 s, 2 min, and 40 min, respectively. The corresponding matched dictionary entries are also shown. Both the PCr and the ATP signals showed 16 lobes acquired in an alternating manner, with each lobe comprised of 10 data points acquired with ramped-up and ramped-down FAs. The amplitude of the first lobe in the PCr signal was negative due to the inversion preparation at the beginning of the pulse sequence. Because of  $\gamma$ ATP saturation during the second part of data acquisition, the last eight lobes of PCr signal showed a reduced amplitude compared with the first eight lobes,

and the last eight lobes of the  $\gamma$ ATP signal were below the detection level, although simulated fingerprints showed a slight signal recovery during data acquisition.

The ranges of fingerprint variations with a single, 6, and 120 signal average(s), as well as the matching residuals calculated as the difference between the acquired and matched fingerprints, are shown in Figure 4. As expected, signal averaging improved the SNR of the acquired fingerprints, leading to reduced signal variations (Figure 4A) and decreased deviations from the matched dictionary entry (Figure 4B). Matching residuals for single-, 6-, and 120-average fingerprints were 975, 297, and 50, respectively. In general, performing six averages reduced signal variations and the matching residual by about 70%.

## 3.2 | Accuracy of parameter estimation by <sup>31</sup>P-MRSF

Figure 5 shows a comparison of parameter estimation by <sup>31</sup>P-MRSF and MT-MRS obtained by averaging all the signals acquired during a scan session. Representative <sup>31</sup>P spectra from the MT-MRS acquisition are shown in Supplementary Figure S1. The two methods yielded similar measurements for the CK rate constant ( $0.39 \pm 0.03 \text{ s}^{-1}$  by <sup>31</sup>P-MRSF versus  $0.40 \pm$  $0.05 \text{ s}^{-1}$  by MT-MRS),  $T_1$  of PCr ( $3.27 \pm 0.24$  s versus  $3.57 \pm 0.43$  s), and PCr-to-ATP ratio ( $3.69 \pm 0.41$  versus  $3.86 \pm 0.25$ ). No statistically significant differences were detected by paired Student *t*-tests, suggesting unbiased parameter estimation by <sup>31</sup>P-MRSF compared with the conventional MT-MRS method.

Figure 6 shows matched parameters and their ranges of variation as a function of signal averages. Although variations in matched parameters were larger with fewer signal averages due to the reduced SNR, the mean values of the estimated parameters showed minimal deviation from the estimated parameters obtained using more averages. For estimation of the CK rate constant, the average CV using a single average acquisition was  $19.30 \pm 4.68\%$ , which decreased to  $8.4 \pm 2.7\%$  with six averages. In general, less than 10% variation was achieved with six signal averages, corresponding to a 2 min acquisition time. These results suggest that unbiased parameter estimation can be achieved with relatively few signal averages.

#### 3.3 | Measurement efficiency

Figure 7A shows the time course of repeated measurements of the CK rate constant using MT-MRS and <sup>31</sup>P-MRSF during a 90 min scan session. <sup>31</sup>P-MRSF had higher measurement density than MT-MRS due to the difference in acquisition time of a single-average dataset (20 versus 150 s). Nevertheless, the <sup>31</sup>P-MRSF measurements showed smaller variations compared with those of MT-MRS. The standard deviation of the CK rate constant measured by <sup>31</sup>P-MRSF was in the range of 0.05 to  $0.10 \text{ s}^{-1}$  for all the animal subjects, while it varied from 0.10 to 0.98 s<sup>-1</sup> in MT-MRS measurements. The mean CV of the CK rate constant estimated from single-average <sup>31</sup>P-MRSF acquisition was about 60% lower than that from MT-MRS (19.30 ± 4.68% versus 49.09 ± 11.51%, *p* < 0.05, Figure 7B). Taking into account the more than 80% reduction in acquisition time, the acquisition efficiency of <sup>31</sup>P-MRSF was six times higher than that of MT-MRS (Figure 7C).

#### 3.4 | CK change induced by electrical stimulation

Table 2 shows estimated parameters from the <sup>31</sup>P-MRSF fingerprints acquired before and after 4 min of electrical stimulation. The post-stimulation data were acquired 16 min after the stimulation to ensure that a new steady state was established. CK rate constant increased significantly after the electrical stimulation (p < 0.05). There was also a trend of decreased PCr-to-ATP ratio; however, no statistical difference was detected.  $T_1$  of PCr remained unaltered after the stimulation.

## 4 | DISCUSSION

The role of CK in energy metabolism has long been recognized, particularly in organs with high and fluctuating energy requirements such as the heart, brain, and skeletal muscle.<sup>1–4</sup> Mouse models with a gene knockout of either the cytosolic isoform or mitochondrial isoform of CK, or a combination of both, have been developed to investigate the consequences of loss in CK function.<sup>39–41</sup> In skeletal muscle, it was shown that CK deficiency led to altered calcium handling, reduced muscle force development, slower relaxation, and impaired voluntary running capacity.<sup>41–43</sup> On the other hand, mice overexpressing CK showed a faster force development and a trend of faster relaxation.<sup>44,45</sup> Parallel to the effort of creating transgenic mouse models for investigating the CK system, MT-MRS methods were developed to quantify CK activity both in perfused organs and in vivo.<sup>12,46</sup> With simultaneous recording of physiological functions during data acquisition, MT-MRS has greatly enhanced our understanding of the role of the CK system in regulating cellular metabolism and physiological responses. However, due to the small size of tissue masses in mice, very few MT-MRS studies have been performed on mice in vivo. 8,9,39,40,44,47,48

In this study, we evaluated the utility of a novel <sup>31</sup>P-MRSF method to quantify the CK rate constant in mouse hindlimb. The <sup>31</sup>P-MRSF sequence used in the current study was modified from the sequence that has been validated in rat hindlimb previously.<sup>36</sup> It was shown that a CV of less than 5% can be achieved in rat hindlimb with a single-average acquisition (20 s acquisition time). Similar to conventional MT-MRS methods, the <sup>31</sup>P-MRSF method used spectrally selective saturation of  $\gamma$ ATP to encode chemical exchange via CK. The interleave of  $\gamma$ ATP saturation with a bSSFP-like acquisition further enhanced the MT effects by preserving the history of signal evolution throughout the data acquisition. <sup>49</sup> In addition, the inversion recovery preparation at the beginning of fingerprint acquisition reduced the coupling of the CK rate constant and the  $T_1$  of PCr. These sequence design considerations enabled parameter estimation with improved reproducibility and accuracy. While both <sup>31</sup>P-MRSF and conventional MT-MRS methods yielded similar measurements of the CK rate constant,  $T_1$  of PCr, and PCr-to-ATP ratio, the reproducibility of the parameters estimated using <sup>31</sup>P-MRSF was significantly improved, with a 60% reduction in CV of single-average acquisitions. Combined with shortened acquisition time, the <sup>31</sup>P-MRSF method led to a sixfold improvement in measurement efficiency.

Unlike conventional MT-MRS methods that use relatively long TR (>1 s) to acquire spectra with high spectral resolution (<5 Hz), the <sup>31</sup>P-MRSF sequence used short TR (12.8 ms) to gain acquisition efficiency. As a result, only 7.7 ms of the FID signal was acquired, leading

to a low spectral resolution of 130 Hz. Hence, the resonance peaks were largely compressed into a single spectral bin, which significantly simplified spectral quantification. While signal leakage to the neighboring spectral bins may occur in regions with poor  $B_0$  homogeneity (>50 Hz linewidth for PCr), this is unlikely to happen in mouse studies because of the small size of the tissue or organ to be characterized. However, spectral quantification may need to include more spectral bins when translating this technique to clinical applications on human subjects.

For the purposes of reducing matching time and computer memory requirements, only four out of nine parameters in the Bloch-McConnell model were matched. The values of  $T_1$  of  $\gamma$ ATP,  $T_2$  of both PCr and  $\gamma$ ATP, and linewidth were fixed in dictionary generation. Previously, we have performed simulation studies to evaluate the sensitivity of matched parameters to these fixed parameters.<sup>36</sup> Our results indicated that quantification of the CK rate constant was insensitive to the linewidth and the  $T_2$  of both PCr and  $\gamma$ ATP, such that varying these parameters by 50% would lead to less than 5% deviation from its true value. While insensitivity to  $T_1$  of  $\gamma$ ATP is less ideal, a 25% variation will still give rise to only 5% matching error in the CK rate constant. On the other hand, the  $T_1$  of  $\gamma$ ATP is affected by multiple physical and chemical processes such as the cross-relaxation between  $\gamma$ ATP and  $\beta$ ATP, and the chemical exchanges among ATP, PCr, and inorganic phosphate (P<sub>1</sub>).<sup>20</sup> As such, there may be physiological significance in measuring the  $T_1$  of  $\gamma$ ATP. In this case, expanding parameter matching to include the  $T_1$  of  $\gamma$ ATP may be considered. This will require adding another dimension to the current dictionary, which will significantly increase its size.

While our study demonstrated improved parameter estimation accuracy and efficiency of the <sup>31</sup>P-MRSF method over the conventional MT-MRS method, the chosen sequence parameters are by no means optimized. Due to the large number of acquisition parameters used in the sequence, a theoretic framework and a computationally feasible method of sequence optimization are lacking. This is a major limitation of the current study, which needs to be addressed in the future. Another limitation of the current <sup>31</sup>P-MRSF method is that the interleaved data acquisition scheme only acquires signal from PCr and  $\gamma$ ATP; signal evolution from P<sub>i</sub> was not acquired. Fingerprint simulation used a two-compartment model that only involved exchange between PCr and ATP. As a result, Pi-to-ATP exchange was not evaluated in the current study, although  $\gamma$ ATP saturation also provides the opportunity of quantifying the P<sub>i</sub>-to-ATP exchange rate.<sup>19</sup> The low concentration of P<sub>i</sub> is a significant challenge for quantitative assessment of the Pi-to-ATP exchange. Besides the need for acquiring the P<sub>i</sub> signal with an adequate SNR, the expansion of a two-compartment model to a three-compartment model in dictionary generation and parameter matching also presents a computational challenge. How to improve the acquisition and computation efficiency for accurate assessment of the Pi-to-ATP exchange rate should be an important direction for future development of the <sup>31</sup>P-MRSF technology. On the other hand, it is worth noting that the low concentration of Pi also enabled the use of a two-compartment model in the current study without compromising the accuracy of the estimated CK rate constant.<sup>36</sup>

Using the current <sup>31</sup>P-MRSF method, we observed a significant increase in CK rate constant after stimulation-induced muscle contraction. Previously, we also observed an increased in

CK rate constant in rats after an ischemia-reperfusion protocol.<sup>36</sup> These results suggest a positive response of the CK system to metabolic perturbations that give rise to a transient misbalance between ATP production and demand. The strenuous muscle contraction induced by electrical stimulation elicits responses similar to that of acute exercise.<sup>50</sup> The <sup>31</sup>P-MRSF method provides an in vivo tool for investigating exercise physiology in widely used laboratory animals. The noninvasive nature of the <sup>31</sup>P-MRSF method also enables the effects of chronic exercise to be monitored longitudinally.

In conclusion, the current study has demonstrated that <sup>31</sup>P-MRSF allowed significantly increased accuracy and efficiency in measuring the CK rate constant in mouse hindlimb in vivo. It has paved the way for characterizing the CK system and energy metabolism in widely used laboratory animal models. Application of this technique to a large number of understudied mouse models of skeletal myopathies, such as muscular dystrophy,<sup>51</sup> nemaline myopathy,<sup>52</sup> and mitochondrial myopathy,<sup>53</sup> will enhance our understanding of the role of the CK system in metabolic regulation and the pathogenesis of these diseases. The noninvasive nature of the technique and its high acquisition efficiency also provide potential for its clinical translation.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations:

<sup>31</sup> P	phosphorus-31		
ADP	adenosine diphosphate		
АТР	adenosine triphosphate		
bSSFP	balanced steady-state free precession		
CEST	chemical exchange saturation transfer		
СК	creatine kinase		
CV	coefficient of variation		
FA	flip angle		
FID	free induction decay		
LW	linewidth		
MRF	magnetic resonance fingerprinting		

MRS	magnetic resonance spectroscopy		
MRSF	magnetic resonance spectroscopic fingerprinting		
МТ	magnetization transfer		
PCr	phosphocreatine		
P <sub>i</sub>	inorganic phosphate		
SNR	signal-to-noise ratio		
TR	repetition time		

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#### FIGURE 1.

31P-MRSF pulse sequence. A, Schematic diagram of the pulse sequence. Blue and red insets show a single acquisition block of PCr and  $\gamma$ ATP, respectively. INV PREP, inversion preparation; ACQ (PCr) and ACQ ( $\gamma$ ATP), acquisition blocks for PCr and  $\gamma$ ATP, respectively; SAT (CNTL) and SAT ( $\gamma$ ATP), contralateral and  $\gamma$ ATP saturation blocks, respectively. B, Timing and nominal FAs of all excitation pulses. Blue and red colors indicate PCr and  $\gamma$ ATP excitation, respectively. Red and grey shaded boxes indicate  $\gamma$ ATP and contralateral saturation blocks, respectively. C-E. Simulated fingerprints with one of the matching parameters (from C to E:  $k_{f}^{CK}$ ,  $T_{1}^{PCr}$ , and  $T_{1}^{\gamma ATP}$ , respectively) varied

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(A)





## FIGURE 2.

In vivo experimental settings. A, <sup>31</sup>P coil and a sagittal view of mouse hindlimb. Two 1 cm segments of water-filled tubing placed on the edges of the cradle serve as the landmarks to demarcate the location of the <sup>31</sup>P coil. The yellow box indicates the shimming volume. B, Data acquisition protocol. MT-MRS and <sup>31</sup>P-MRSF data were acquired alternatingly in 10 min acquisition blocks



## FIGURE 3.

<sup>31</sup>P-MRSF fingerprints. Representative fingerprints (red) and the corresponding dictionary matches (black) from mouse hindlimb acquired with a single (A), 6 (B), and 120 (C) signal average(s), corresponding to acquisition times of 20 s, 2 min, and 40 min, respectively

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#### FIGURE 4.

Fingerprint variations and matching residuals. A, Fingerprint acquired with 120 averages and the range of signal variations in fingerprints acquired with a single and six average(s), respectively. B, Matching residual of the 120-average fingerprint and the variations in matching residuals of single- and six-average fingerprints. Red curves represent the average fingerprint and the corresponding matching residual of all 120 fingerprints acquired during a scan session. Blue and green colors indicate fingerprints and matching residuals from a single and six signal average(s), respectively



#### FIGURE 5.

Comparison of parameter estimation by <sup>31</sup>P-MRSF and MT-MRS. A, CK rate constant. B,  $T_1$  of PCr. C, PCr-to-ATP ratio

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## FIGURE 6.

Comparison of parameter estimation using different numbers of signal averages. A, Parameter estimation in a single subject. B, Parameter estimation in all eight subjects using single (red), 6 (blue) and 120 (black) signal average(s)

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## FIGURE 7.

Reproducibility and efficiency. A, Repeated measurements of CK rate constant using MT-MRS and <sup>31</sup>P-MRSF. B, Average CV. C, Average measurement efficiency. \*p < 0.05

#### TABLE 1

## Parameters in fingerprint simulation

Symbols	Unit	Parameter description	Range of simulation	Dictionary resolution
$k_{\rm f}^{\rm CK}$	$s^{-1}$	forward CK rate constant	0.2–0.6	0.005
$T_1^{\text{PCr}}$	ms	$T_1$ relaxation time of PCr	2000–5000	200
$T_1^{\gamma ATP}$	ms	$T_1$ relaxation time of $\gamma$ ATP	800*	n.a.
$T_2^{\text{PCr}}$	ms	$T_2$ relaxation time of PCr	120*	n.a.
$T_2^{\gamma ATP}$	ms	$T_2$ relaxation time of $\gamma$ ATP	16*	n.a.
$\omega^{ m PCr}$	Hz	chemical shift of PCr	-15 to 15	3
$\omega^{\gamma \mathrm{ATP}}$	Hz	chemical shift of $\gamma ATP$	2.4 ppm from PCr	n.a.
$M_{\rm R}^{\rm PCr}$	n.a.	PCr-to-ATP ratio	2.0-6.0	0.2
LW	Hz	linewidth	15*	n.a.

\* Fixed parameter values obtained from pilot studies.

\*

#### TABLE 2

Estimated parameters before and after electrical stimulation

	$k_f^{\mathrm{CK}}(\mathrm{s}^{-1})$	$M_R^{\rm PCr}$	$T_1^{\text{PCr}}(s)$
Pre-stimulation	$0.32\pm0.05$	$3.86 \pm 0.22$	$3.51\pm0.28$
Post-stimulation	$0.36 \pm 0.05  {}^{\ast}$	$3.69 \pm 0.16$	$3.49\pm0.20$

 $p^* < 0.05$ , pre-stimulation versus post-stimulation.