

Original Article

Increased apoptosis is associated with robust immune cell infiltration and cytolytic activity in breast cancer

Vijayashree Murthy^{1*}, Masanori Oshi^{1,2*}, Yoshihisa Tokumaru^{1,3}, Itaru Endo², Kazuaki Takabe^{1,2,3,4,5,6,7}

¹Breast Surgery, Department of Surgical Oncology, Roswell Park Comprehensive Cancer Center, Buffalo, New York 14263, USA; ²Department of Gastroenterological Surgery, Yokohama City University Graduate School of Medicine, Yokohama 236-0004, Japan; ³Department of Surgical Oncology, Graduate School of Medicine, Gifu University, 1-1 Yanagido, Gifu 501-1194, Japan; ⁴Department of Gastrointestinal Tract Surgery, Fukushima Medical University School of Medicine, Fukushima 960-1295, Japan; ⁵Department of Surgery, Jacobs School of Medicine and Biomedical Sciences, State University of New York, Buffalo, New York 14263, USA; ⁶Department of Surgery, Niigata University Graduate School of Medical and Dental Sciences, Niigata 951-8510, Japan; ⁷Department of Breast Surgery and Oncology, Tokyo Medical University, Tokyo 160-8402, Japan. *Equal contributors.

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Abstract: Tumor infiltrating immune cells plays a critical role in cancer progression. Apoptosis is an autonomous cell death that counteracts tumor growth. To this end, we hypothesized that increased apoptosis in breast cancer is associated with immune cell killing. Apoptosis score of MSigDB Hallmark collection was used to analyze METABRIC cohort (n=1904) and TCGA (n=1069) as validation cohort. High apoptosis tumors enriched cancer promoting signaling pathways; hypoxia, KRAS, TGF- β , PI3K signaling, and was associated with low MKI67 expression and less cell proliferation gene sets, less homologous recombination defects, and less altered fraction. High apoptosis tumors also enriched angiogenesis and high infiltration of vascular endothelial cells, pericytes and stromal cells and significantly enriched inflammation and immune response-related gene sets and high infiltration of CD8, CD4 memory, dendritic cells, M1 and M2 macrophages and significant elevation of cytolytic activity and immune checkpoint molecules, consistently in both cohorts. In conclusion, breast cancer patients with high apoptosis are associated with angiogenesis, immune response, high immune cell infiltration and cytolytic activity. To the best of our knowledge, this is the first study to utilize in silico translational approach to demonstrate the clinical relevance of apoptosis in breast cancer patients in large cohorts.

Keywords: Apoptosis, breast cancer, immune reaction, gene set, inflammatory response, cytolytic activity, tumor immune microenvironment

Introduction

Breast cancer (BC) is the most common cancer in women worldwide and the second leading cause of mortality due to cancer in women in the United States [1]. Despite the rapid advances in management of breast cancer, approximately 40,000 lives are lost every year to this disease in the United States. Thus, better understanding of the mechanisms how breast cancer worsens in patient population level, is essential to further improve clinical outcome. Apoptotic cell death is one of the most studied processes in biological research since its description in the 1970s [2].

Apoptosis is defined as programmed cell death which is finely regulated at the genetic level

causing orderly and efficient removal of damaged cells such as that occur after DNA damage or excessive cell proliferation [3]. Since evasion of apoptosis is counted as one of the Hallmarks of cancer, apoptosis is considered one of the key mechanisms to control cancer [4]. The apoptosis mechanism is not only highly selective but also complex and involves many pathways such as inflammation, immune response, reactive oxygen species and p53 signaling pathway and is mediated in a cell through caspase mediated pathways [5].

Chronic inflammation plays a critical role in tumor development through persistent damage to cells and their components such as DNA [6]. Apoptosis is one of the main processes that respond to the consequences of damage

caused by inflammation, through subsequent microenvironment stimulation [7]. Studies have shown that inflammation can evoke either favorable (such as high IFN- γ response and infiltration of CD8+ T cells as well as its cytolytic activity) or unfavorable immune reactions [8]. The inflammatory mediators directly affect both cancer and stromal cells and contribute to several hallmarks of cancer, such as promotion of the epithelial-to-mesenchymal transition (EMT) and metastasis of cancer cells. Its clinical impact depends on which immune reaction occurs in the tumor [8]. Localized inflammation and possibly hypoxia coincide to promote tumor angiogenesis. Angiogenesis (development of new blood vasculatures from preexisting ones) is considered as another hallmark of cancer, with blood vessels acting as a conduit not only for nutrient and oxygen supply to the cancer cells but also deliver cells to the tumor microenvironment (TME) [9]. Indeed, we have previously reported that intratumoral angiogenesis is associated with unfavorable inflammation but favorable immune response [10]. Studies have also demonstrated that high mutation tumors generate increased neoantigens and increased mutation burden evokes strong immunogenicity in TME [11] that recruits tumor infiltrating lymphocytes to attack the cancer cells. High mutation tumors also demonstrate high MKI67 gene expression and enriched cell cycle and cell proliferation pathways and hence more aggressive phenotypes [12]. Collectively all these studies have shown that altering components of the apoptosis machinery can affect the dynamics of not only tumor progression but also provide a rationale that inactivation of this machinery occurs during tumor development. Although theoretically, the above-mentioned studies do show an association between inflammation, immune response and apoptosis, whether it really is happening in patients remains unclear given that patient analyses with large cohorts are lacking.

Recently, our group has performed in silico translational research to identify biomarkers [13-15], clinically relevant immune cells [16-18], predictive genes [19], as well as microRNAs in breast cancers [20]. We employed computational algorithms, such as gene set enrichment analysis (GSEA), which enables us to simplify and understand the biological pathways between two distinct groups [21]. We also

utilized xCell [22], which uses transcriptomic data to estimate the composition of immune cells within human tumors. Given the role of TME in apoptosis, in this study, we hypothesized that increased apoptosis in breast cancer patients is associated with increased angiogenesis, enhanced inflammatory and immune response, high infiltration of anti-cancer immune cells and high cytolytic activity.

Materials and methods

Genetic profiling and clinical information of breast cancer cohorts

The Cancer Genome Atlas Breast Cancer cohort (TCGA-BRCA) clinical information and RNA-sequencing data of 1069 female patients with confirmed pathological breast cancer, were obtained from Pan-Cancer Clinical Data Resource [23] and through cBio Cancer Genomic Portal [24]. The data of 1903 cases in the Molecular Taxonomy of Breast Cancer International Consortium (METABRIC) cohort [25] was also obtained from the cBioPortal. We used normalized tumoral genomic and clinical data provided by the Gene Expression Omnibus (GEO) repository of the US National Institutes of Health (<http://www.ncbi.nlm.nih.gov/geo>, accessed on 19 October 2020). For genes having multiple probes, average value was used. Gene expression data were transformed for log₂ in all analyses. We used the study of Symmans et al. (GSE25066, n=467) [26].

Gene set expression analyses

Gene set variation analysis (GSVA) score of the “HALLMARK_APOPTOSIS” gene set of the MSigDB Hallmark [27] collection was used to measure apoptosis pathway score using the GSVA Bioconductor package (version 3.10) [28], similar to how we measured Angiogenesis signaling score [10], KRAS signaling score [29], G2M cell cycle pathway score [30] and E2F pathway score [31]. False discovery rate (FDR) of less than 0.25 was used for statistical significance in the GSEA analysis, as recommended by GSEA software (Lava version 4.0) as we previously reported [12, 13, 32-38].

Statistical analysis

The median value of the apoptosis pathway score was used to divide low and high apopto-

sis score groups in each cohort. Analysis of comparisons between groups used Mann-Whitney U test and Fischer's exact tests. The xCell algorithm (version 16 for Windows; Microsoft, Redmond, WA, USA) was used to estimate cell fraction of a tumor from its mRNA gene expression data [22]. P value <0.05 was taken as statistically significant for all tests. Turkey type boxplots show median and inter-quartile level values. R software (version 4.0.1, R Project for Statistical Computing) and Excel (version 16 for Windows, Redmond, WA, USA) were used for mRNA data analysis and figures construction.

Results

High apoptosis breast cancer significantly enriched cancer promoting signaling pathways whereas low tumors enriched cell proliferation and associated with increased MKI67 expression

In order to understand the role of apoptosis in the TME we utilized the apoptosis score defined by the Hallmark collection of Gene set variation analysis (GSVA) algorithm in molecular signatures database (MSigDB) [27] (included genes are presented in [Table S1](#)) as we have done with the other scores previously [8, 29, 31, 39-42]. We performed GSEA of Hallmark gene sets using apoptosis score in the TCGA and METABRIC cohorts to investigate what cancer biology is associated with apoptosis in TME. The median was used as cut-off to divide into high and low score groups within each cohort. We found that high apoptosis tumors significantly enriched cancer promoting signaling pathways-related Hallmark gene sets such as Hypoxia, KRAS signaling up, TGF β signaling and P13K-AKT-mTOR signaling, consistently in both cohorts (**Figure 1A**, all normalized enrichment score (NES) >1.44 with a false discovery rate (FDR) <0.25). Further, we found that low apoptosis tumors enriched multiple cell proliferation pathways such as E2F targets, MYC Targets V1 and MYC Targets V2, but significantly only in TCGA and not in METABRIC cohort (**Figure 1B**, NES >1.4 , FDR <0.25). In agreement, MKI67 expression, being a cellular marker for proliferation was also high in low apoptosis tumors consistently in both TCGA and METABRIC cohorts (**Figure 1C**, $P=0.034$ and $P<0.001$ respectively). Proliferation score determined by

Thorsson et al. [43] was also high in low apoptosis tumors in the TCGA cohort (**Figure 1D**, $P<0.001$). These results suggest that high apoptosis tumors are associated with cancer promoting signaling pathways, but less cell proliferation.

Low apoptosis tumor is associated with high homologous recombination deficiency (HRD) and altered fractions

Carcinogenesis is known to be driven by an accumulation of somatic mutations in cancer cells [44] and different cancers have varying degrees of mutations and this variability in mutation rate is likely due to differences in the etiology of mutagenesis [45]. Based upon previous reports that highly proliferative cancers are aggressive and highly mutative [12], we expected that low apoptosis tumors would have more mutations. We found that homologous recombination deficiency (HRD) and altered fractions were significantly elevated in low apoptosis tumors (both $P<0.001$) but there was no increase in silent and non-silent mutations, single nucleotide variant (SNV) and Insertion and deletion (Indel) neoantigens (**Figure 2**).

High apoptosis tumor significantly enriched angiogenesis and is associated with high infiltration of vascular cells (microvascular endothelial cells (mvE), lymphatic endothelial cells (lyE) and pericytes) and stromal cells (fibroblasts, endothelial cells, adipocytes)

Based upon our finding that high apoptosis tumors are associated with hypoxia, we expected high apoptosis tumors to be associated with enhanced angiogenesis. Indeed, high apoptosis tumors significantly enriched Angiogenesis gene set in GSEA consistently in both TCGA and METABRIC cohorts (**Figure 3A**, both NES >1.5 and FDR <0.25). Given that angiogenesis often results in generation of immature pathological vessels, it was somewhat surprising to find high apoptosis tumors were associated with high infiltration of microvascular endothelial cells (mvE), lymphatic endothelial cells (lyE) and pericytes, which are components of mature vessels, consistently in both cohorts (**Figure 3B**, all $P<0.001$ except mvE in METABRIC).

We also reported that highly proliferative tumors are associated with less adipocytes in TME using xCell computational algorithm [16].

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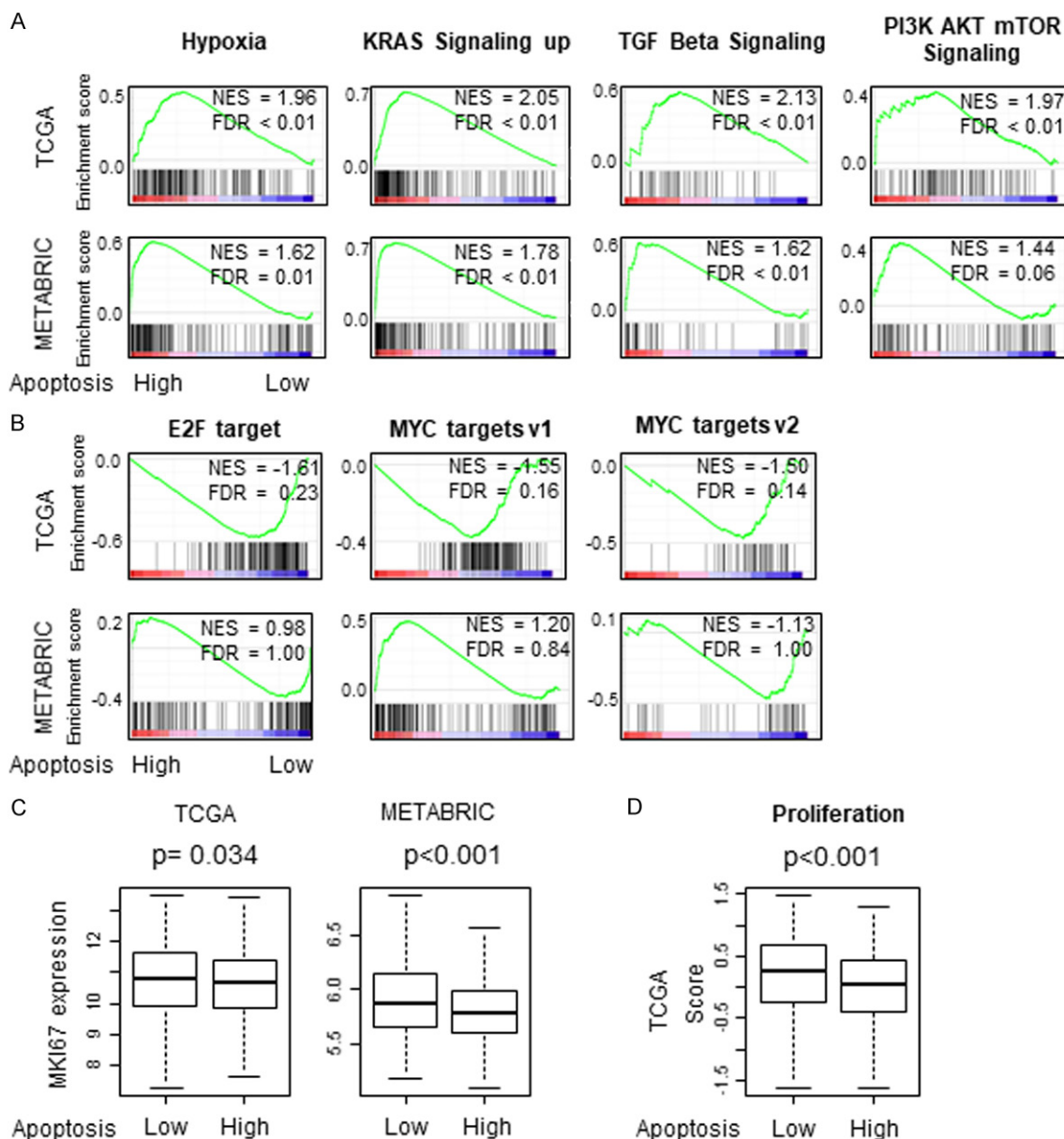


Figure 1. Gene Set Enrichment Assay (GSEA) of apoptosis score in TCGA and METABRIC cohorts, (A) High apoptosis tumors enrich Signaling pathway gene sets; Hypoxia, KRAS signaling up, TGF β signaling and P13K-AKT-mTOR signaling (B) low apoptosis tumors enrich E2F Targets, MYC Targets V1 and MYC Targets V2. (C) Boxplots of MKI67 expression of low and high apoptosis score groups in TCGA and METABRIC cohorts (D) Boxplot of Proliferation score of low and high apoptosis tumors in TCGA cohort. The median was used as cut-off to divide into high and low score groups within each cohort. Normalized enrichment score (NES) and false discovery rate (FDR) < 0.25 was considered significant following the definition by the developer. Mann-Whitney U test was used to calculate P values. Turkey type box plots show median and inter-quartile level values.

In agreement, we found that high apoptosis tumors which are less proliferative, are associated with high infiltration of stromal cells such as fibroblasts, endothelial cells and adipocytes in the TCGA cohort (all $P < 0.001$) and fibroblasts and adipocytes in the METABRIC cohort (Figure 3C).

High apoptosis tumor significantly enriched inflammation and immune response gene sets and increased immune response score

Inflammation and immune cell infiltration to the TME are known to play a critical role in cancer biology. It has been shown that local injury and

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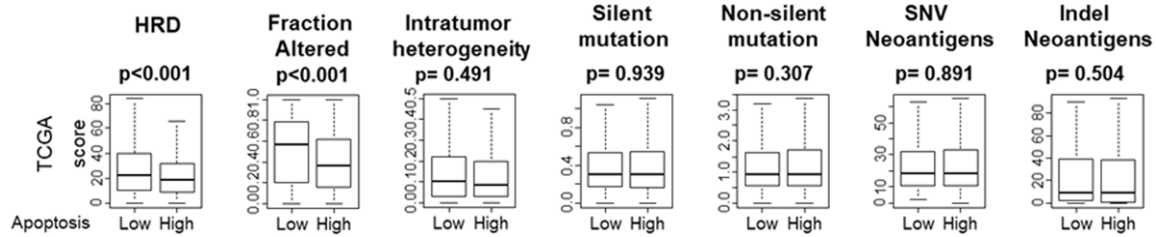


Figure 2. Association between mutation and tumor apoptosis score in TCGA breast cancer cohort. Boxplots of the apoptosis score by Homologous recombination defects (HRD), Fraction altered, Intratumor heterogeneity, silent mutation rate, Non-silent mutation rate, Single nucleotide variant (SNV) neoantigens and Indel neoantigens in the TCGA cohort. The median was used as a cut off to divide patients into high and low score groups within the cohort. Mann-Whitney U test was used to calculate *P* values. Turkey box plots show median and inter-quartile level values.

cell death induce inflammation and cytokine production and impact tumor promotion [46, 47]. To this end, it was of interest to see the association of apoptosis and immune response. As expected, high apoptosis tumors significantly enriched inflammatory response and IL6-JAK-STAT3 signaling gene sets consistently in both TCGA and METABRIC cohorts (**Figure 4A**). High apoptosis tumors also significantly enriched immune response related Hallmark gene sets, Allograft rejection, Complement, Interferon (IFN)- α response and Interferon (IFN)- γ response (**Figure 4B**). Furthermore among the scores reported in Thorsson's publication [43], we found that high apoptosis tumors are associated with high (IFN)- γ response, Tumor infiltrating lymphocyte (TIL) regional fraction, Lymphocyte infiltration signature, Leukocyte fraction, T cell receptor (TCR) richness and B cell receptor (BCR) richness in the TCGA cohort (**Figure 4C**).

High apoptosis tumor is associated with high infiltration of anti-cancer dominant immune cells and elevated cytolytic activity

Given that immune response was associated with high apoptosis in TME, we expected anti-cancer (favorable) immune cells to be infiltrated in high apoptosis tumors. To examine this, we estimated the abundance of different fractions of infiltrating immune cells using the xCell algorithm [22]. We found that high apoptosis tumors had significantly high infiltration of anti-cancer immune cells CD8, CD4 memory, T helper type 1 (Th1) cells, M1 macrophages and Dendritic cell (DC) uniformly in both TCGA and METABRIC cohorts (**Figure 5A**, all $P < 0.001$). High infiltration of pro-cancer immune cells, such as regulatory T cell (Treg), T helper type 2

(Th2) cells, M2 macrophage, B cell and Plasma cells were observed, however not consistently in the two cohorts (**Figure 5B**). Cytolytic activity that reflects the overall immune cell killing in the TME was significantly higher in high apoptosis tumors consistently in both cohorts (**Figure 5C**, all $P < 0.001$). These results demonstrate that high apoptosis in the TME is strongly associated with infiltration of immune cells and immune cell killing.

High apoptosis tumor is associated with uniformly elevated immune checkpoint molecules

We hypothesized that high apoptosis tumors would express major T cell exhaustion markers to counterbalance the enhanced immune reaction. As expected, gene expression of major T cell markers such as programmed cell death 1 (PD-1), programmed death ligand 1 (PD-L1), programmed death ligand 2 (PD-L2), indoleamine 2,3-dioxygenase 1 (IDO1), indoleamine 2,3-dioxygenase 2 (IDO2), cytotoxic T-lymphocyte associated antigen 4 (CTLA4), lymphocyte activating 3 (LAG3), B and T lymphocyte attenuator (BTLA), Human Leukocyte Antigen-A (HLA-A) and T-cell immunoglobulin and ITIM domain (TIGIT), was significantly elevated in high apoptosis tumors (**Figure 6A**). Further, high apoptosis tumors were associated with significantly high Tumor Immune Dysfunction and Exclusion (TIDE) scores and Immune checkpoint index (**Figure 6B**, both $P < 0.001$). With regards to checkpoint molecules, on further analysis we found that high Immune checkpoint molecule scores was associated with increased apoptosis except IDO2 in the METABRIC cohort where lower IDO2 score was associated with increased apoptosis (**Figure S2**).

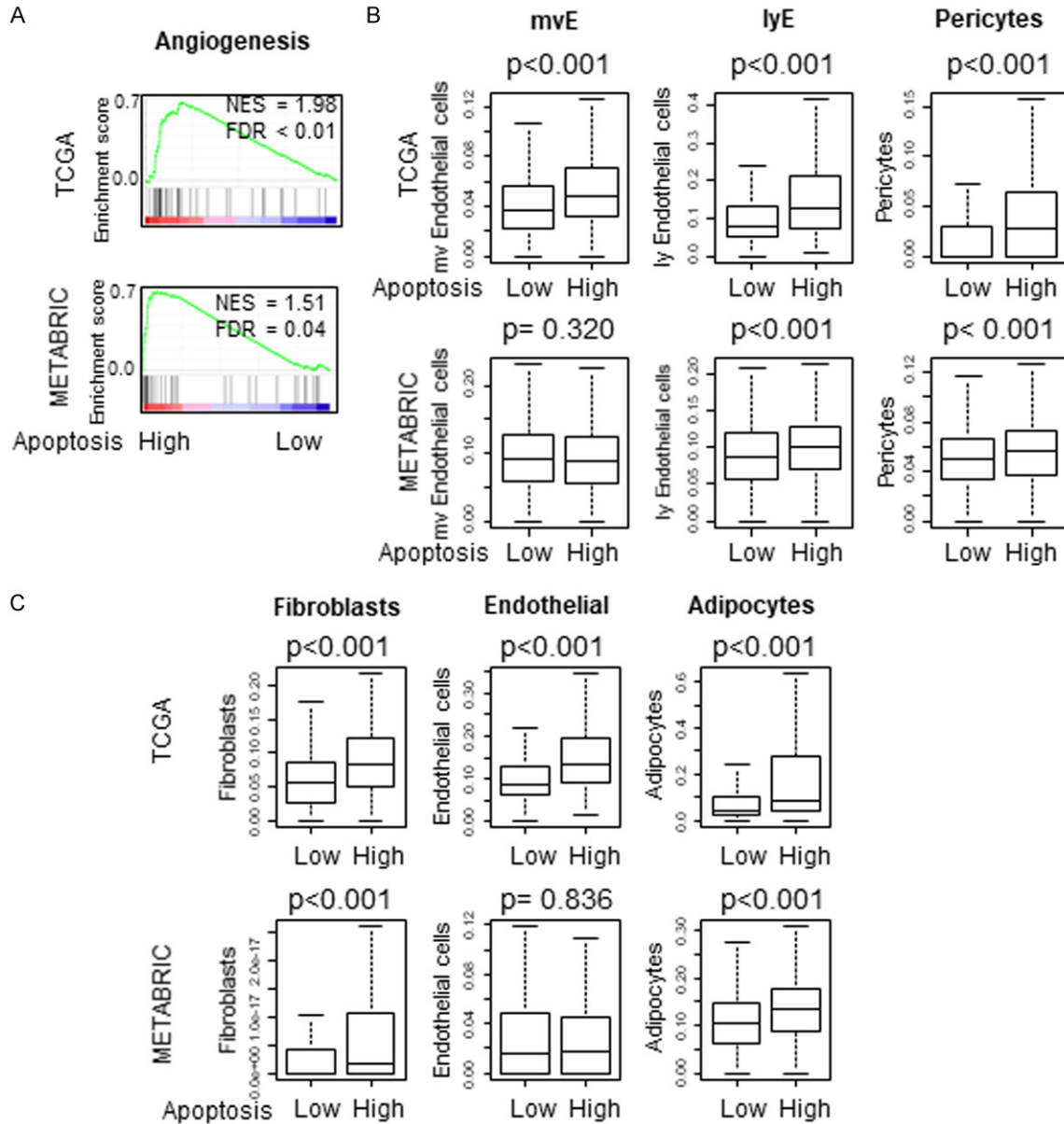


Figure 3. Association between tumor apoptosis and angiogenesis, cell infiltration of vascular and stromal cells (A) Gene Set Enrichment Assay (GSEA) of apoptosis score and angiogenesis pathway in TCGA and METABRIC cohorts (B) Vascular cells like microvascular endothelial cells (mvE), Lymphatic endothelial cells (lyE) and pericytes in TCGA and METABRIC cohorts. (C) Stromal infiltration of fibroblasts, endothelial cells and adipocytes. Normalized enrichment score (NES) and false discovery rate (FDR) are demonstrated. The median was used as cut-off to divide into high and low score groups within each cohort. Mann-Whitney U test was used to calculate P values. Turkey type box plots show median and inter-quartile level values.

Discussion

Apoptosis is a fundamental phenomenon that occurs in cancer. Cancer cells exhibit more apoptosis than normal cells because cancer cells being highly proliferative, that require more DNA repair, are more amenable to cell death. In the current study, we investigated the

clinical relevance of apoptosis in breast cancer patients. We found that high apoptosis tumors significantly enriched Hypoxia, KRAS signaling up, TGFβ signaling and P13K-AKT-mTOR signaling pathways. Low apoptosis tumors enriched cell proliferation pathways such as E2F targets, MYC Targets V1 and MYC Targets V2, as well as increased MKI67 expression and high prolifera-

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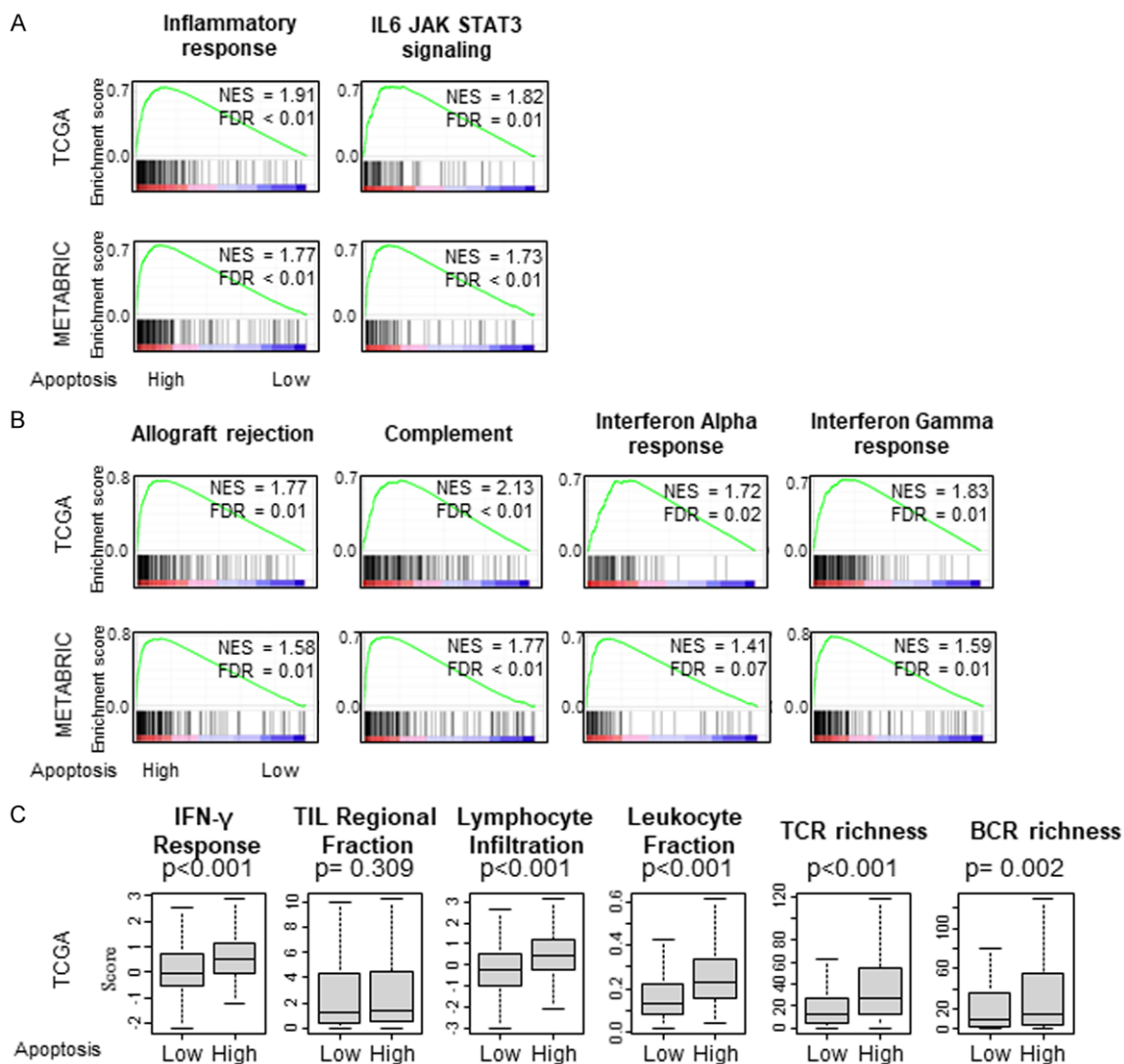


Figure 4. Gene Set Enrichment Assay (GSEA) apoptosis score in TCGA and METABRIC cohorts. Correlation plot of (A) Inflammation-related gene sets; Inflammatory response, IL6-JAK-STAT3 signaling, (B) Immune response gene sets; Allograft rejection, Complement, Interferon (IFN)- α response and Interferon (IFN)- γ response, with normalized enrichment score (NES) and false discovery rate (FDR). (C) Comparison of Thorsson's score between low and high apoptosis tumors in the TCGA cohort. Boxplots of the comparison with Interferon (IFN)- γ response, Tumor infiltrating lymphocyte (TIL) regional fraction, Lymphocyte infiltration signature, Leukocyte fraction, T cell receptor (TCR) richness and B cell receptor (BCR) richness. The median was used as cut-off to divide into high and low score groups within the TCGA cohort. Mann-Whitney U test was used to calculate *P* values. Turkey type box plots show median and inter-quartile level values.

tion score. Low apoptosis tumors were associated with a higher homologous recombination deficiency and Fraction altered but not with mutation rates. High apoptosis tumors enriched angiogenesis pathway and were associated with high infiltration of vascular cells (mvE, lyE and pericytes) and stromal cells (fibroblasts, endothelial cells, adipocytes). High apoptosis tumors significantly enriched Inflammation-related Hallmark gene sets, inflammatory response, IL6-JAK-STAT3 signaling, as well as immune response-related

Hallmark gene sets. High apoptosis tumors had significantly high infiltration of anti-cancer immune cells CD8, CD4 memory, Th1, M1 macrophages and DC uniformly, as well as high cytolytic activity that reflects immune cell killing. Lastly, gene expression of major T cell markers was significantly elevated in high apoptosis tumors; and expression of high TIDE scores and Checkpoint index. We found that although high apoptosis score was seen in HER2-overexpressing subtype, it was not statistically significant (Figure S1).

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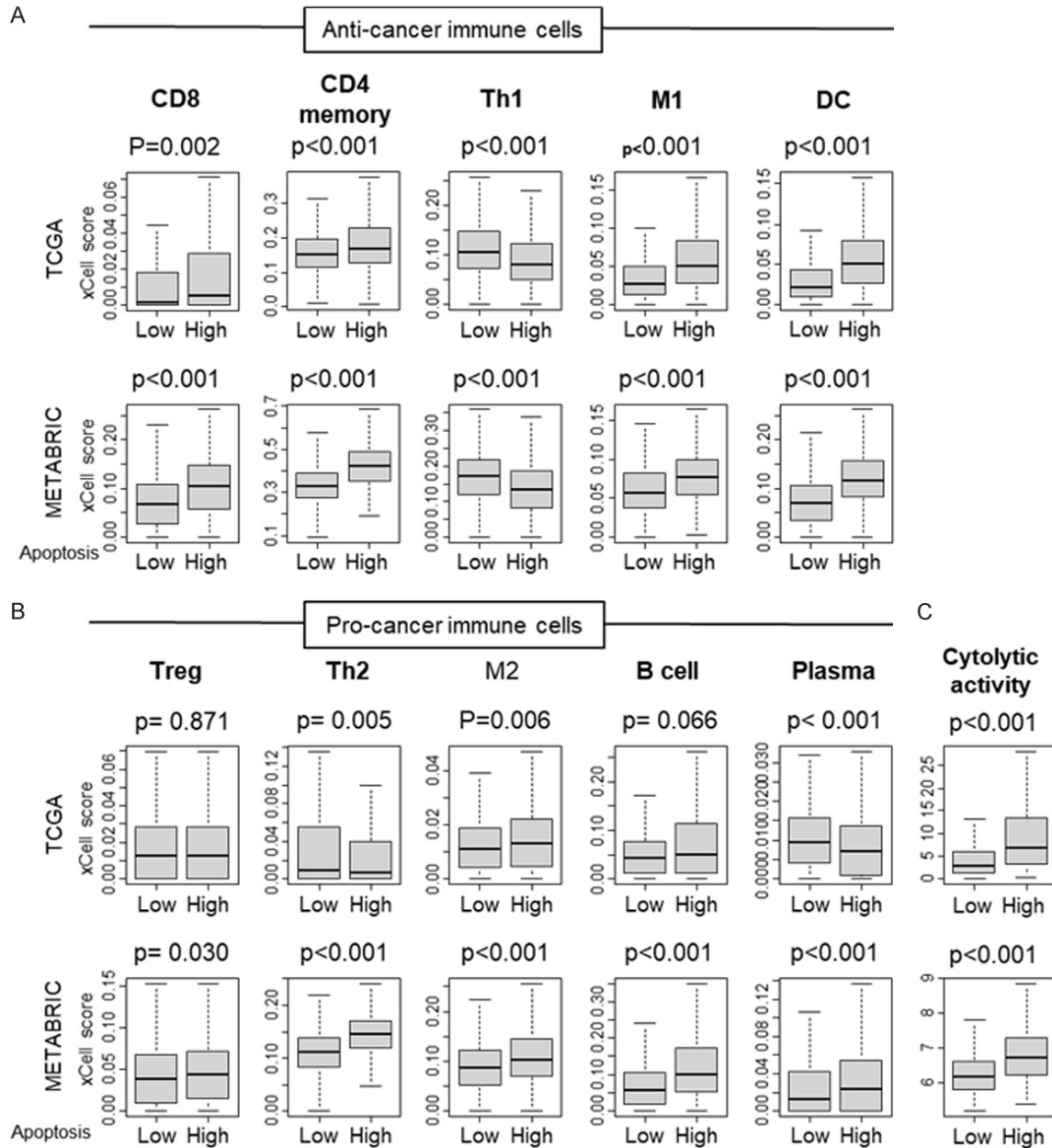


Figure 5. Comparison of tumor infiltrating immune cells between low and high apoptosis score tumors. Boxplots of comparison of Apoptosis score with (A) Anti-cancer immune cells: CD8, CD4 memory, T helper type 1 (Th1) cells, M1 macrophages and Dendritic cell (DC); and (B) Pro-cancer immune cells: regulatory T cell (Treg), T helper type 2 (Th2) cells, M2 macrophage, B cell and Plasma cells by low and high apoptosis score in the TCGA and METABRIC cohorts. (C) Comparison of low and high apoptosis scores with cytolytic activity in the TCGA and METABRIC cohorts. The median was used as cut-off to divide into high and low score groups within each cohort. Mann-Whitney U test was used to calculate *P* values. Turkey type box plots show median and inter-quartile level values.

Breast cancer is a complex multistage disease involving the deregulation of a number of different signaling cascades [48]. Despite improvements in breast cancer treatment, mortality is principally a result of distant metastases that has become resistant to treatment. Many studies have now implicated that apoptosis is a common mechanism through which chemo-

therapy agents exert their cytotoxicity [49]. Deregulation of the apoptosis process is considered one of the hallmarks of cancer and therapeutic strategies targeting molecules involved in apoptosis resistance represent a valid reason to investigate, in order to restore sensitivity of these tumor cells to apoptosis and overcome their resistance.

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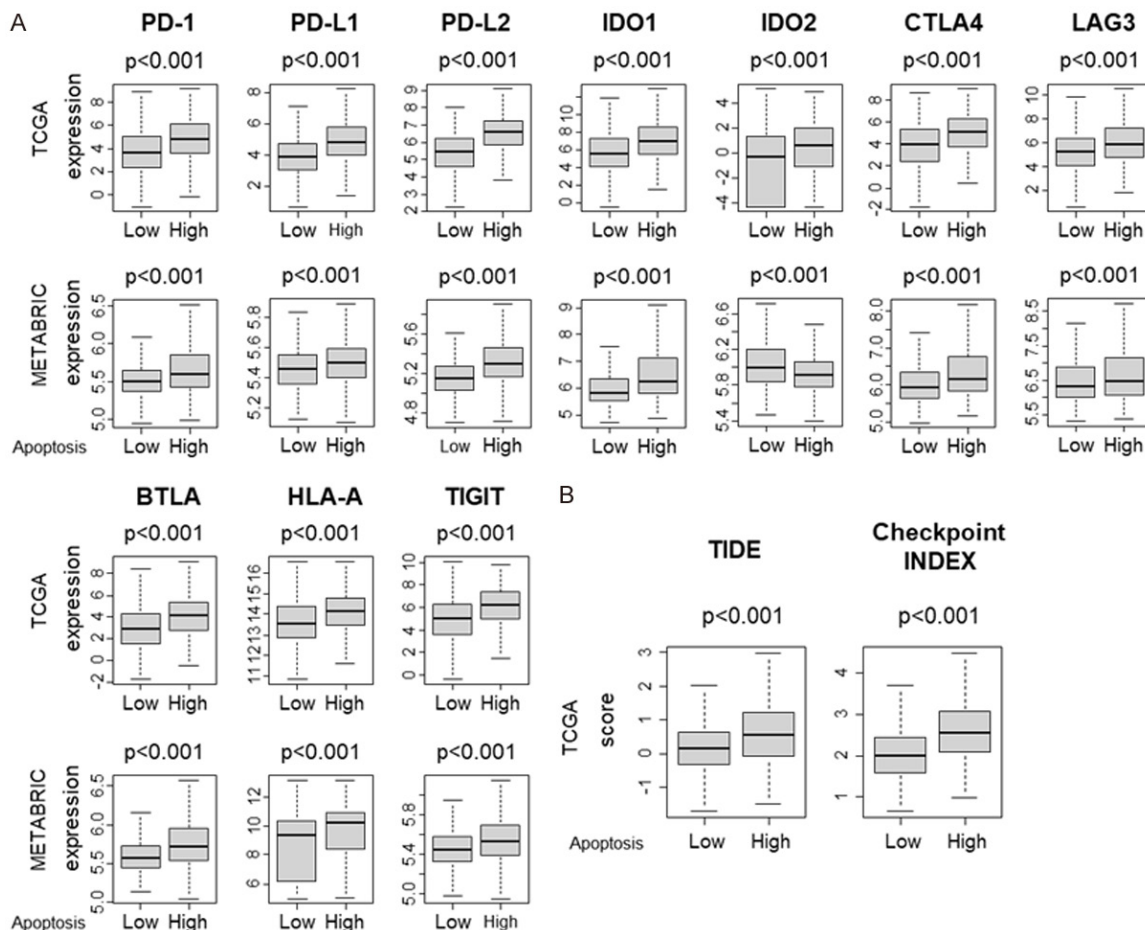


Figure 6. Comparison of immune checkpoint molecules between low and high apoptosis score tumors. Boxplots of the comparison with (A) T cell exhaustion markers; programmed cell death 1 (PD-1), programmed death ligand 1 (PD-L1), programmed death ligand 2 (PD-L2), indoleamine 2,3-dioxygenase 1 (IDO1), indoleamine 2,3-dioxygenase 2 (IDO2), cytotoxic T-lymphocyte associated antigen 4 (CTLA4), lymphocyte activating 3 (LAG3), B and T lymphocyte attenuator (BTLA), Human Leukocyte Antigen-A (HLA-A) and T-cell immunoglobulin and ITIM domain (TIGIT) in the TCGA and METABRIC cohorts. (B) Comparison of low and high apoptosis scores with Tumor Immune Dysfunction and Exclusion (TIDE) score and immune Checkpoint Index in the TCGA cohort. The median was used as a cut-off to divide into high and low groups within each cohort. Mann-Whitney U test was used to calculate *P* values. Turkey type box plots show median and inter-quartile level values.

Hypoxia is a result of worse circulation. Angiogenesis is neovascularization often with immature pathologic vessels. What we discovered was that high apoptosis was not only associated with enrichment of the angiogenesis pathway with increased immature cells (mvE, lyE) of neovascularization, but also exhibited elevation of mature cells (pericytes). These findings are important as pathologically determined higher angiogenesis state is known to associate with occurrence of metastasis and poorer breast cancer outcome [50, 51].

We utilized the apoptosis pathway score that analyzed 161 gene expressions to capture the

complex mechanism of apoptosis (Table S1) and using a similar approach, our lab has previously investigated an angiogenesis score, and our present findings are in agreement with our angiogenesis study which demonstrated that intra tumoral angiogenesis is associated with immune reaction, inflammation and metastasis related pathway in breast cancer [10]. Thus, there appears to be two different mechanisms here - first is that high apoptosis is associated with mature vessels that deliver immune cells and the second is - yet high apoptosis tumors are associated with more immature cells that cause hypoxia and thus both occurrences are true.

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It has been proven that increased tumor burden evokes strong immune reaction in TME [11]. We have previously analyzed tumors with high mutation rates and neoantigens and demonstrated aggressive clinical features, such as elevated *MKI-67* expression and enriched cell cycle and cell proliferation related gene sets on GSEA [12]. In agreement, in the present study we found that low apoptosis tumors were associated with increased mutations in HRD and Fraction altered. These findings are important as HRD status provides significant improvement over clinical parameters or BRCA mutations status in identifying tumors with TNBC who could potentially respond to platinum-based chemotherapy [52].

Our previous studies have reported that high inflammatory pathway tumors are associated with not only apoptosis enriched pathways but also favorable immune response with mainly favorable anti-cancer cell infiltration [8]. In agreement our present study found the high apoptosis tumors not only enriched inflammatory response but also other immune related scores such as TIL regional fraction, IFN- γ response, Lymphocyte infiltration and Leukocyte fraction as well as cytolytic scores and thus shows that inflammatory pathway is critical in breast cancer.

Immune check point inhibition constitutes a promising modality in the anticancer therapeutic approach. Immune checkpoint inhibitors such as anti-PD-1/PD-L1 and CTLA-4 antibodies have added significant elevation to the immunotherapy modality of breast cancer treatment armamentarium [53]. Patient selection is a big challenge in immunotherapy. Although we do not have data, given the high gene expression of all major T cell markers, we cannot help but speculate that high apoptosis breast cancer patients may be a candidate for immune check point inhibitors.

Several basic science papers have studied the mechanism of how apoptosis can drive immune cell infiltration and anti-cancer immunity. Wu et al. demonstrated that immunogenic tumor apoptosis enhanced antitumor immunity and increased IFN- γ and IL-12 levels in triple negative breast cancer [54]. Role of Sphingosine-1-phosphate (S1P) released from apoptotic cells cause migration and chemo-attraction of phagocytes as well as mitogens leading to apopto-

sis-induced compensatory proliferation and alteration of extracellular matrix and vascular network, was studied by Gadiyar V et al. [55]; while Horton BL et al. demonstrated that prevention of CD8+ TIL apoptosis by Bcl-xl overexpression resulted in improved tumor control [56] and Frank AC et al. demonstrated miR-375 transfer mechanism from apoptotic breast cancer cells to tumor associated macrophages involving CD36, which may pave the way for identifying new drug targets in breast cancer in the future [57]. However, these results are mainly highlighted in mouse tumor models and none of these papers have looked at patient samples. Using a similar gene expression approach, our lab studies have also demonstrated that a KRAS score high in TNBC is associated with favorable TME and better survival [29], G2M cell cycle pathway score is a prognostic biomarker for metastasis in ER positive tumors [30], and E2F pathway score is a predictive marker of neoadjuvant treatment response in ER positive/HER2 negative breast cancer [31]. Despite these strengths, our study is not free from limitations. First these cohorts are retrospective, and are limited by clinical parameters; however, our assessment is objective, and we understand our findings and conclusion would have been stronger with larger cohorts. Our study does not include *in vitro* or *in vivo* experiments and hence all our findings were observational associations and do not prove causal mechanisms. Our analyses are limited to measurement of gene expression whereas apoptosis is a process that is ongoing throughout the life of the tumor just like inflammation. Lastly, although we have validated the apoptosis score using the largest publicly available breast cancer cohorts, the apoptosis score should be used in a prospective cohort to be meaningfully utilized for clinical application.

Conclusions

High apoptosis in breast cancer patient is associated with decreased cell proliferation and increased angiogenesis, immune response, immune cell infiltrations, global cytolytic activity that reflect immune cell killing and elevated immune check point molecules.

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Disclosure of conflict of interest

None.

Abbreviations

AJCC, American Joint Committee on Cancer; ER, Estrogen receptor; FDR, False discovery rate; GSEA, Gene set variation analysis; HER2, Human Epidermal growth factor receptor 2; METABRIC, Molecular Taxonomy of Breast Cancer International Consortium; NES, Normalized enrichment score; TCGA, The Cancer Genome Atlas.

Address correspondence to: Dr. Kazuaki Takabe, Chair and Clinical Chief of Breast Surgery, Roswell Park Cancer Institute, Elm and Carlton Streets, Buffalo, New York 14623, USA. Tel: 1-716-845-5540; Fax: 1-716-845-1668; E-mail: kazuaki.takabe@roswellpark.org

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Table S1. Genes included in the Molecular Signatures Database (MSigDB) Hallmark Apoptosis gene set

Gene Symbol	Gene Name
ADD1	Alpha-adducin
AIFM3	Apoptosis-inducing factor 3
ANKH	Ankylosis protein homolog
ANXA1	Annexin A1
APP	Amyloid Beta Precursor Protein
ATF3	Activating transcription factor 3
AVPR1A	Arginine Vasopressin Receptor 1A
BAX	Bcl-2-associated X protein
BCAP31	B-cell receptor-associated protein 31
BCL10	B-cell lymphoma/leukemia 10
BCL2L1	BCL-2-like protein 1
BCL2L10	Bcl-2-like protein 10
BCL2L11	Bcl-2-like protein 11
BCL2L2	Bcl-2-like protein 2
BGN	Biglycan
BID	BH3 Interacting Domain Death Agonist
BIK	BCL2 Interacting Killer
BIRC3	Baculoviral IAP Repeat Containing 3
BMF	Bcl2 Modifying Factor
BMP2	Bone morphogenetic protein 2
BNIP3L	BCL2/adenovirus E1B 19 kDa protein-interacting protein 3-like
BRCA1	Breast cancer type 1
BTG2	BTG Anti-Proliferation Factor 2
BTG3	BTG Anti-Proliferation Factor 3
CASP1	Caspase1
CASP2	Caspase2
CASP3	Caspase3
CASP4	Caspase4
CASP6	Caspase6
CASP7	Caspase7
CASP8	Caspase8
CASP9	Caspase9
CAV1	Caveolin 1
CCNA1	Cyclin-A1
CCND1	Cyclin D1
CCND2	Cyclin D2
CD14	Cluster of differentiation 14
CD2	Cluster of differentiation 2
CD38	Cluster of differentiation 38
CD44	Cluster of differentiation 44
CD69	Cluster of Differentiation 69
CDC25B	Cell Division Cycle 25B
CDK2	Cyclin-dependent kinase 2
CDKN1A	Cyclin Dependent Kinase Inhibitor 1A
CDKN1B	Cyclin Dependent Kinase Inhibitor 1B
CFLAR	CASP8 And FADD Like Apoptosis Regulator

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CLU	Clusterin
CREBBP	CREB Binding Protein
CTH	Cystathione gamma lyase
CTNNB1	Catenin Beta 1
CYLD	CYLD lysine 63 deubiquitinase
DAP	Death-associated protein 1
DAP3	Death Associated Protein 3
DCN	Decorin
DDIT3	DNA Damage Inducible Transcript 3
DFFA	DNA Fragmentation Factor Subunit Alpha
DIABLO	Diablo IAP-binding mitochondrial protein
DNAJA1	DnaJ Heat Shock Protein Family (Hsp40) Member A1
DNAJC3	DnaJ Heat Shock Protein Family (Hsp40) Member A3
DNM1L	Dynamin 1 Like
DPYD	Dihydropyrimidine Dehydrogenase
EBP	Emopamil binding protein
EGR3	Early Growth Response 3
EMP1	Epithelial Membrane Protein 1
ENO2	Enolase 2
ERBB2	Erb-B2 Receptor Tyrosine Kinase 2
ERBB3	Erb-B2 Receptor Tyrosine Kinase 3
EREG	Epiregulin
ETF1	Eukaryotic Translation Termination Factor 1
F2	Coagulation Factor II
F2R	Coagulation Factor II Thrombin Receptor
FAS	Fas Cell Surface Death Receptor
FASLG	Fas Ligand
FDXR	Ferredoxin Reductase
FEZ1	Fasciculation and Elongation Protein Zeta 1
GADD45A	Growth Arrest and DNA Damage Inducible Alpha
GADD45B	Growth Arrest and DNA Damage Inducible Beta
GCH1	GTP Cyclohydrolase 1
GNA15	G Protein Subunit Alpha 15
GPX1	Glutathione Peroxidase 1
GPX3	Glutathione Peroxidase 3
GPX4	Glutathione Peroxidase 4
GSN	Gelsolin
GSR	Glutathione-Disulfide Reductase
GSTM1	Glutathione S-Transferase Mu 1
GUCY2D	Guanylate Cyclase 2D, Retinal
H1FO	H1 histone family, member 0
HGF	Hepatocyte Growth Factor
HMGB2	High Mobility Group Box 2
HMOX1	Heme Oxygenase 1
HSPB1	Heat Shock Protein Family B (Small) Member 1
IER3	Immediate Early Response 3
IFITM3	Interferon Induced Transmembrane Protein 3
IFNB1	Interferon Beta 1
IFNGR1	Interferon Gamma Receptor 1

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IGF2R	Insulin Like Growth Factor 2 Receptor
IGFBP6	Insulin Like Growth Factor Binding Protein 6
IL18	Interleukin 18
IL1A	Interleukin 1 Alpha
IL1B	Interleukin 1 Beta
IL6	Interleukin 6
IRF1	Interferon Regulatory Factor 1
ISG20	Interferon Stimulated Exonuclease Gene 20
JUN	jun proto-oncogene
KRT18	Keratin 18
LEF1	Lymphoid enhancer-binding factor-1
LGALS3	Galectin 3
LMNA	Lamin A/C
LUM	Lumican
MADD	MAP Kinase Activating Death Domain
MCL1	MCL1 Apoptosis Regulator, BCL2 Family Member
MGMT	O-6-Methylguanine-DNA Methyltransferase
MMP2	Matrix Metalloproteinase 2
NEDD9	Neural Precursor Cell Expressed, Developmentally Down-Regulated 9
NEFH	Neurofilament Heavy
PAK1	Serine/threonine-protein kinase PAK 1
PDCD4	Programmed Cell Death 4
PDGFRB	Programmed Cell Death 4
PEA15	Proliferation and Apoptosis Adaptor Protein 15
PLAT	Plasminogen Activator, Tissue Type
PLCB2	1-Phosphatidylinositol-4,5-bisphosphate phosphodiesterase beta-2
PLPPR4	Phospholipid Phosphatase Related 4
PMAIP1	Phorbol-12-Myristate-13-Acetate-Induced Protein 1
PPP2R5B	Protein Phosphatase 2 Regulatory Subunit B'Beta
PPP3R1	Protein Phosphatase 3 Regulatory Subunit B, Alpha
PPT1	Palmitoyl-Protein Thioesterase 1
PRF1	Pore Forming Protein
PSEN1	Presenilin 1
PSEN2	Presenilin 2
PTK2	Protein Tyrosine Kinase 2
RARA	Retinoic Acid Receptor Alpha
RELA	v-rel reticuloendotheliosis viral oncogene homolog A (avian)
RETSAT	Retinol Saturase
RHOB	Ras Homolog Family Member B
RHOT2	Ras Homolog Family Member T2
RNASEL	Ribonuclease L
ROCK1	Rho Associated Coiled-Coil Containing Protein Kinase 1
SAT1	Spermidine/Spermine N1-Acetyltransferase 1
SATB1	Special AT-rich sequence-binding protein-1
SC5D	Sterol-C5-Desaturase
SLC20A1	Solute Carrier Family 20 Member 1
SMAD7	SMAD Family Member 7
SOD1	Superoxide Dismutase 1
SOD2	Superoxide dismutase 2

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SPTAN1	Spectrin Alpha, Non-Erythrocytic 1
SQSTM1	Sequestosome 1
TAP1	Transporter 1, ATP Binding Cassette Subfamily B Member
TGFB2	Transforming Growth Factor Beta 2
TGFBR3	Transforming Growth Factor Beta Receptor 3
TIMP1	TIMP Metallopeptidase Inhibitor 1
TIMP2	Tissue inhibitor of metalloproteinases 2
TIMP3	TIMP Metallopeptidase Inhibitor 3
TNF	Tumor Necrosis Factor
TNFRSF12A	TNF Receptor Superfamily Member 12A
TNFSF10	TNF Superfamily Member 10
TOP2A	DNA Topoisomerase II Alpha
TSPO	Translocator protein
TXNIP	Thioredoxin-interacting protein
VDAC2	Voltage Dependent Anion Channel 2
WEE1	Wee1-Like Protein Kinase
XIAP	X-Linked Inhibitor of Apoptosis

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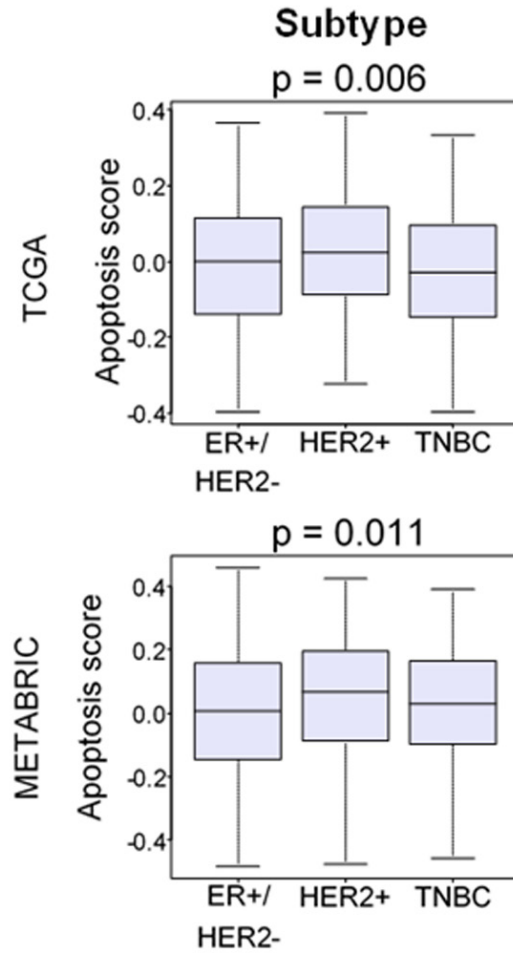


Figure S1. Comparison of low and high Apoptosis score among breast cancer subtypes ER+/HER2-, HER2+ (overexpressing) and TNBC (Triple negative breast cancer) in the TCGA and METABRIC cohorts. The median was used as a cut-off to divide into high and low groups within each cohort. Mann-Whitney U test was used to calculate *p* values. Turkey type box plots show inter-quartile level values.

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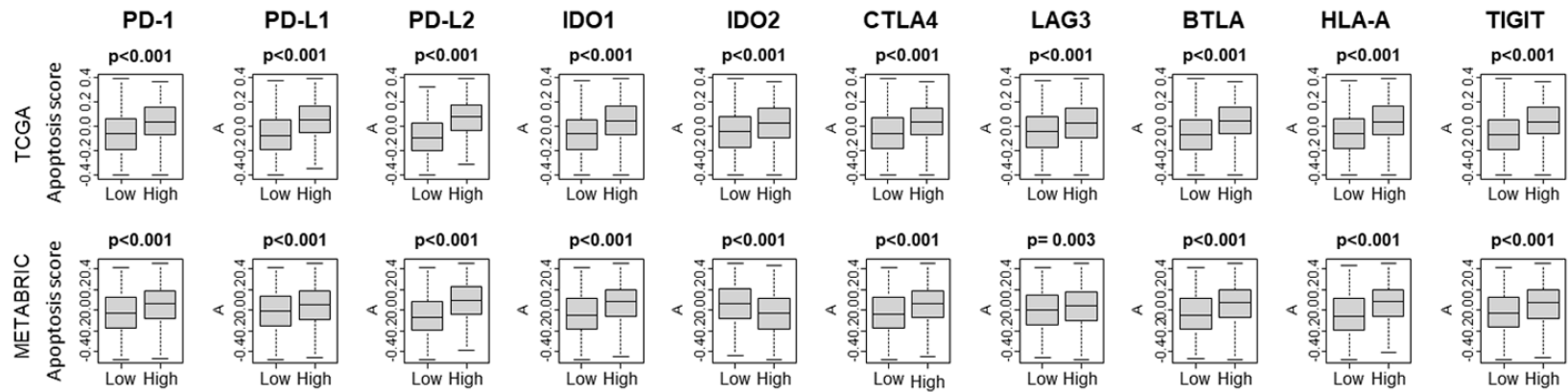


Figure S2. Comparison of tumor apoptosis and Immune check point molecules between low and high scores in the TCGA and METABRIC cohorts. T cell exhaustion markers; programmed cell death 1 (PD-1), programmed death ligand 1 (PD-L1), programmed death ligand 2 (PD-L2), indoleamine 2,3-dioxygenase 1 (IDO1), indoleamine 2,3-dioxygenase 2 (IDO2), cytotoxic T-lymphocyte associated antigen 4 (CTLA4), lymphocyte activating 3 (LAG3), B and T lymphocyte attenuator (BTLA), Human Leukocyte Antigen-A (HLA-A) and T-cell immunoglobulin and ITIM domain (TIGIT) in the TCGA and METABRIC cohorts. The median was used as a cut off to divide patients into high and low score groups within the cohort. Mann-Whitney U test was used to calculate p values. Turkey box plots show median and inter-quartile level values.