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## Gene Expression Of Methylation Cycle And Related Genes In Lymphocytes And Brain Of Patients With Schizophrenia And Non-Psychotic Controls

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### Abstract

Some of the biochemical abnormalities underlying schizophrenia, involve differences in methylation and methylating enzymes, as well as other related target genes. We present results of a

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**Contributions:** Drs. Smith, Sershen, Guidotti and Davis primarily designed the study, as part of a grant proposal which Drs. Wu, Zhao, Lajtha, and Jin also participated in in the design. Dr. Sershen performed the assays. Drs. Auta and Drnevich performed the assays and analysis for the RNA seq study. Dr. Grayson performed the reelin assays and reviewed and made corrections to the specifications of the TaqMan probes. Mary Youseff and Jordan Meyers helped carry out the clinical aspects of the study and initial data organization. Dr. Smith and Dr. Davis statistically analyzed the results and Dr. Smith wrote the first draft of the paper. Dr. Furot assisted with the logistic regression analysis. All the authors reviewed the paper, made additions or corrections, and approved the final version.

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study of differences in mRNA expression in peripheral blood lymphocytes (PBLs) and post-mortem brains of chronic schizophrenics (CSZ) and non-psychotic controls (NPC), emphasizing the differential effects of sex and antipsychotic drug treatment on mRNA findings. We studied mRNA expression in lymphocytes of 61 CSZ and 49 NPC subjects using qPCR assays with TaqMan probes to assess levels of DNMT, TET, GABAergic, NR3C1, BDNF mRNAs, and several additional targets identified in a recent RNA sequence analysis. In parallel we studied DNMT1 and GAD67 in samples of brain tissues from 19 CSZ, 26 NPC. In PBLs DNMT1 and DNMT3A mRNA levels were significantly higher in male CSZ vs NPC. No significant differences were detected in females. The GAD1, NR3C1 and CNTNAP2 mRNA levels were significantly higher in CSZ than NPC. In CSZ patients treated with clozapine, GAD-1 related, CNTNAP2, and IMPA2 mRNAs were significantly higher than in CSZ subjects not treated with clozapine. Differences between CSZ vs NPC in these mRNAs was primarily attributable to the clozapine treatment. In the brain samples, DNMT1 was significantly higher and GAD67 was significantly lower in CSZ than in NPC, but there were no significant sex differences in diagnostic effects. These findings highlight the importance of considering sex and drug treatment effects in assessing the substantive significance of differences in mRNAs between CSZ and NPC.

### Keywords

schizophrenia; mRNA biomarkers; lymphocyte vs brain; epigenetics; DNMTs; GABAergic

### Introduction

Abnormalities in the DNA methylation/demethylation cycle and their effects on the transcriptional activity of genes heavily influenced by the extent of methylation have been reported in schizophrenia and related disorders. Our research group reported increased levels of DNMT1 and DNMT3A mRNAs (DNA writers) and of TET 1–3 (DNA erasers) in the brain and peripheral blood lymphocytes (PBLs) of patients with schizophrenia compared to non-psychotic controls (NPC) (Auta et al., 2013; Grayson & Guidotti, 2013; Zhubi et al., 2009). These changes are accompanied by decreased levels of the GAD67 mRNA in the brain, the enzyme which plays a central role in the production and tonic release of brain GABA (Guidotti et al., 2011a). Additional research also indicated the important role of reduced GABAergic function in schizophrenia pathophysiology (Bristow et al., 2015; Diemel & Lewis, 2019; Huang & Akbarian, 2007; Lewis & Hashimoto, 2007; Mitchell et al., 2015; Rocco et al., 2016). In PBLs from patients with schizophrenia we have previously reported decreases in glucocorticoid receptor (NR3C1) and BDNF mRNAs. These latter changes were seen in some of the same subjects exhibiting increased DNMT1 expression. Our findings suggested that some of the abnormalities in the brains of schizophrenic subjects are also present in PBLs. The extent to which dysfunction of the methylation-demethylation cycle genes and their putative corresponding targets detected in post-mortem brain samples from patients with schizophrenia also replicate in the PBLs of living schizophrenia subjects needs additional confirmation. In this report, we present results from a study of DNA methylation cycle related mRNAs and their targets in a larger cohort of patients with chronic schizophrenia (CSZ) and non-psychiatric control subjects (NPC). We also report qPCR analysis of mRNA's in PBLs which showed significant changes from a RNA-Seq analysis,

which was derived from a sub-sample of the same CSZ and NPC subjects. Finally, we present results of DNMT1 and GAD67 in a larger sample from brains of CSZ and NPC subjects. We examine effects of sex differences and treatment with antipsychotic drugs on the diagnostic differences in mRNA values in PBLs and brain. Ultimately, our goal is to determine the extent that abnormalities exist in the expression of the methylation/demethylation enzyme RNAs and their corresponding target genes in a larger sample of patients with CSZ and NPC and the extent that differences in PBLs and brain are similar.

## 2. Methods

### 2.1 Subjects

**2.21 Subjects for Lymphocyte Samples Analysis**—Subjects were 61 CSZ patients treated with antipsychotic medication, and 49 NPC. (Table 1). CSZ were recruited from the Nathan Kline Institute (NKI) or its associated state hospital, outpatient clinic, and residences. NPC subjects were recruited from NKI research clinic, or from the local community by advertisements. CSZ (35 outpatients, 26 inpatients) had a long history of illness with several hospitalizations and/or years of outpatient clinic treatment. Diagnoses of schizophrenia was made by review of hospital records, using checklists for DSM IV and later DSM V, and supplemented by SCID diagnostic interviews when these were available from other studies. NPC were subjects who never met criteria for schizophrenia, bipolar disorder, major depressive disorder, schizophreniform disorder, or brief or drug-induced psychosis and were not currently treated with antipsychotic or antidepressant medication (see supplement for additional details of selection criteria).

**2.12 Subjects For Post-Mortem Brain Samples Analysis.**—Post-mortem brain samples of prefrontal cortex, Brodmann area 9 were obtained from the Harvard-McLean brain resource center. There were 19 CSZ, and 26 NPC (Table 1). This represents a larger set of brain samples, and the full results of this enlarged sample have not been presented in our previous publications(Veldic et al., 2004; Veldic et al., 2005). The storage and preparation of brain samples and the diagnostic procedures were similar to those described in our previous publication(Veldic et al., 2004).

### 2.2 Clinical Assessments

Psychopathology in CSZ was assessed with the Positive and Negative Symptom Scale (PANSS) by interview by trained research psychiatrists, or research assistants who had achieved at least an ICC of .80 with total PANSS score rating agreement with psychiatrist's ratings.

### 2.3 Lymphocyte Sample Collection Extraction and qPCR Analysis

Subject's blood was collected in 4–8 10 ml EDTA tubes, put in an ice bucket, and rapidly processed. Lymphocyte pellets were extracted and frozen using Ficoll gradient procedures similar to that described previously (Auta et al 2013) (see supplement). RNA was extracted from lymphocyte pellets with a TRIzol procedure (see supplement). First strand cDNA with prepared using the Invitrogen SuperScript VILO cDNA Synthesis kit; up to 2.5 µg RNA was reacted with reagent mix, incubated at 42° C for 60 min, and terminated at 85° C for 5 min.

The mixture was frozen ( $-80^{\circ}\text{C}$ ). For qPCR, TaqMan Universal PCR Master Mix was used for target amplification using the cDNA template and using primer/probes from the TaqMan Gene Expression Assay mix (see Table 2 for probes). Samples were assayed in triplicate, normalized against  $\beta$ -actin as the housekeeping gene, and  $\Delta\Delta\text{Ct}=2^{-(\Delta\text{Ct})}$  values calculated. The quality of mRNA was measured for each sample determining RIN quality as previously reported (Gatta et al., 2019).

## 2.5 Lymphocyte Samples for RNA Seq Analysis

18 NPC and 19 CSZ subjects from the larger sample were used for RNA-Seq analysis (Gatta et al., 2021). Total RNA, including small RNAs, were purified from frozen lymphocyte pellets using miRNeasy Mini kit (QIAGEN) followed by 15 min DNase digestion. The quality of isolated RNAs, assessed by RNA integrity number (RIN) measurements, were between 7 and 9. Details of the methods of library preparation and RNA-Seq analysis of these samples are presented in a separate paper which also presents full results of the RNA-Seq analysis (Gatta et al., 2021). The expression values were analyzed using a statistical model that accounts for sex and age. Measurements of ACTB mRNA levels were performed and used as a normalizing standard. The current report presents results of qPCR analysis in the larger original sample, from which the RNA-Seq sub sample was derived, of a few selected genes which showed significant changes in the RNA-Seq analysis.

## 2.6 DNMT1 and GAD67 Analysis in Brain Samples

In these experiments, DNMT1 and GAD1 mRNA expression were measured by in situ hybridization. To visualize the DNMT1 mRNA signal, 40- $\mu\text{m}$ -thick free-floating sections were incubated with a mixture of two antisense oligonucleotide probes complementary to 1627–1650 and 4801–4824 bps of the human DNMT1 cDNA (accession no. NM001379). To detect GAD67 mRNAs, we hybridized the slices with antisense probes 1063–1086 and 2674–2697 of the human GAD67 cDNA (GenBank accession no. NM000817). The specificity of these probes was previously described in detail in Veldic et al. (Veldic et al., 2004). In situ hybridization was performed according to Rodriguez et al. (Rodriguez et al., 2002) and Veldic et al. (Veldic et al., 2004). The criteria used for unbiased, three dimensional counts and for determining the reproducibility of our measurements, are described in detail in the supplementary text which is published on the PNAS web site corresponding to Veldic et al. (Veldic et al., 2004). Cell counts were performed using confocal microscopy at a magnification of 40  $\mu\text{m}$  to obtain serial optical sections from each. This method allows counts of diaminobenzidine-positive cells in a counting box ( $100 \times 100 \times 20 \mu\text{m}$ ) by using the modified procedure by Veldic et al. (Veldic et al., 2004) of the three-dimensional cell-counting procedure described by Williams and Rakic (Williams & Rakic, 1988). The cells counted in each box were corrected for tissue shrinkage, which in our experimental conditions was between 30% and 35%. The thickness of each section was measured by confocal microscopy, focusing from the upper to the lower surface of the specimen on sections with a division spacing of 2  $\mu\text{m}$  according to the specifications of the manufacturer (Leica, Wetzlar, Germany). To count strongly stained cells and exclude weakly stained cells or nonspecifically labeled cells from the analysis, the threshold intensity of staining was established at 3X the background (measured by Leica Confocal Software). Final values are expressed as DNMT1 or GAD67 mRNA positive neurons/ $\text{mm}^3 \times 10^2$ .

## 2.7 Statistical Analysis

Statistical analysis was performed with SPSS 25, using parametric (t-tests, general linear model [GLM] Anova) and non-parametric (Mann-Whitney U [MWU], Chi-square) analyses. Statistical significance was set at  $P < .05$ , 2-tailed. We examined mRNA and other variables for normality, and where the distributions markedly deviated from normality we attempted transforms (log, Ln, square root) to normalize the distributions. Transforms were performed on original variables multiple by  $10^3$  or  $10^4$  where appropriate. Where the distributions remained markedly abnormal even after transformations, we used a non-parametric test (MWU, Kruskal-Wallis). To assess the relationship between mRNA variables or between other variables we used Pearson ( $r$ ) and/or Spearman ( $\rho$ ) correlation analysis and scatter plots. To assess corrected significance levels in multiple comparisons for a specific variable or correlations, we used BH procedures with protected significance level (at  $\alpha = .05$ ) (Benjamini & Hochberg, 1995; Hsueh et al., 2003). Logistic regression analysis was performed with programs in Stata 15 and SPSS.

## 3. Results

### 3.1 Subjects Characteristics

Subject characteristics in the CSZ and NPC lymphocyte and post-mortem brain groups are presented in Table 1. Although we had tried to match our PBL CSZ and NPC subjects on relevant background characteristics, our CSZ subjects were significantly older and had more males than our control subjects, and had a higher rate of cigarette smoking; 62% of our CSZ were current cigarette smokers, compared to the 20% of our NPC subjects. No CSZ subjects in this sample had very high levels of cigarette smoking (i.e.  $>20$  cigarettes/day), in contrast to our previously reported sample (Auta et al., 2013). PANSS scores varied from low and well stabilized to highly symptomatic (PANSS mean 73, range 32–102). 46% of the CSZ patients were treated with clozapine. Subject characteristics from whom brain samples were obtained were considerably older than the subjects in the PBL sample, and only 2 of the 19 (10.5%) CSZ were on clozapine.

### 3.2 mRNA Levels in PBLs of CSZ vs NPC

Table 3 shows the main results of the comparison between mRNA levels in PBLs of CSZ vs NPC subjects. DNMT3A was significantly higher in CSZ than NPC, and DNMT1 was higher in CSZ but only in male subjects. The GABAergic mRNA levels were much lower in PBLs than most of the mRNA of other genes. However, GAD1, which more broadly covers multiple GAD transcripts, showed significantly higher levels in CSZ than NPC. The more specific GAD67 or GAD25 mRNAs transcripts and the ratio of GAD25/GAD67 transcripts showed no statistical difference between CSZ and NPC; when an outlier in the NPC group was removed the GAD67 mRNA in male CSZ was higher than NPC ( $Z=2.09$ ,  $P=0.037$ ) (see figure S1). We also studied whether there were changes in the expression of various TET protein members that contribute to DNA demethylation (Dong et al., 2012). There were no significant differences in TET enzyme levels in CSZ vs NPC, although TET3 showed a trend ( $P=0.056$ ) for higher levels in CSZ than NPC. Results on PBLs from 12 CSZ and 12 NPC showed no statistical differences in MBD4 or APOBEC3A mRNA levels between the two groups (Table S1).

Among the genes which previous research has suggested are substantially influenced by level of methylation of their promoter genes, BDNF and glucocorticoid receptor, mRNA levels of the two BDNF transcripts (BDNF-bs and BDNFIX) were not significantly different in CSZ vs NPC. However, glucocorticoid receptor levels were higher in CSZ than NPC with the NR3C1-bc transcript showing a highly significant difference ( $P < .001$ ) and the custom transcript NR3C1-cus showing a trend in the same direction ( $P = .051$ ).

We did additional qPCR analysis on mRNA levels in the entire PBL samples on a few genes which came out as more significant hits in CSZ vs NPC from preliminary results of RNA sequence analysis in PBLs (see Table S2 for details). Of these genes only CNTNAP2 and FPRF3 showed a statistically significant difference between CSZ and NPC. CSZ had lower FPRF3 mRNA levels than NPC, and CSZ had higher levels of CNTNAP2 than NPC. Because the characteristics of the larger PBL sample might differ from the restricted sample we used for RNA-Seq, we also did a similar qPCR analysis in PBLs from those subjects used for RNA Seq. Results of qPCR analysis in this sub-sample were similar to that reported for the full sample in Table 3, but CD4 mRNA was also higher in CSZ than NPC at borderline significance (CSZ-  $152.2 \pm 128.6$ , NPC-  $81.8 \pm 51.9$ ,  $T^L = 2.00$ ,  $df = 24$ ,  $P = 0.057$ ).

### 3.3 Sex Effects On the Differences in mRNA Expression in Lymphocytes of CSZ and NPC Subjects

Sex appeared to be an important mediator of the extent of mRNA differences between CSZ and NPC. Whereas there were significant differences between CSZ and NPC for DNMTs and NR3C1 for male subjects, and strong trends for male subjects in several other mRNAs, there were no significant differences between CSZ and NPC for any mRNA for female subjects. Furthermore, for some of the mRNA comparisons (DNMT1, DNMT3A, GAD25, BDNFIX, CCR1) female CSZ vs NPC showed an opposite trend from males. In GLM analyses there was a statistically significant interaction effect of diagnosis\*sex for mRNAs DNMT1(or) ( $F = 5.144$ ,  $df = 1, 56$ ,  $P = 0.028$ ) and a trend for DNMT3A ( $F = 3.159$ ,  $df = 1, 63$ ,  $P = 0.080$ ). Furthermore, the male/female difference influencing the diagnostic difference between CSZ and NP was not limited to the current sample. Re-analysis of data from an earlier independent sample we published (Auta et al., 2013) revealed a significant difference between CSZ and NPC for DNMT1, TET1, and BDNF mRNA in the male subjects, but not in the female subjects (Table 4).

### 3.4 Potential Drug Effects on mRNAs-Clozapine Treatment

Studies suggest that the potential effects of antipsychotic or other psychotropic drugs on promoter methylation/demethylation or on histone acetylation or methylation processes may be relevant to explore whether drugs interacting with the epigenome contribute to any differences we detect between CSZ and NPC. Since all the CSZ were treated with antipsychotics, and some with other psychotropic medications, we were unable to compare results from drug free versus drug treated CSZ. However, we were able to compare the mRNA levels in CSZ treated with a few specific antipsychotics, clozapine, olanzapine, or haloperidol, to CSZ not treated with these antipsychotics when there were sufficient subjects to make comparisons. Since there is strong evidence from animal studies that valproate may affect methylation and methylation enzymes (Dong et al., 2010; Guidotti et al., 2011b), we



also compared mRNA in CSZ concurrently treated with valproate to those not treated with valproate.

There were no significant effects of concomitant treatment with valproate vs non-valproate on any of the mRNAs we assessed in PBLs. However, there were significant effects of clozapine on levels of some mRNA levels in CSZ (Table 5). In CSZ on clozapine, GABAergic (GAD1, GAD67, GAD25), CNTNAP2, and IMPA2 mRNAs were significantly higher and TET 1 significantly lower than in patients not on clozapine. When we analyzed differences between CSZ and NPC subjects, incorporating the clozapine treatment variable, it was clear that for the GABAergic mRNAs (GAD1, GAD67, GAD25), and for NR3C1-cus, CNTNAP2, and IMPA2, clozapine treatment was primarily responsible for the difference of CSZ vs. NPC, whereas non-clozapine treated CSZ had mRNA values more similar to NPC controls (Figure 1 and Table S4). For DNMT3A there was still a significant difference between CSZ and NPC in males when clozapine status was added as an additional factor in a complex GLM analysis (diagnosis effect  $F=9.16$ ,  $df=1,44$ ,  $P=0.004$ ), but those CSZ not on clozapine showed a larger difference from NPC. There was no effect of treatment vs non-treatment with olanzapine or haloperidol on mRNA values (see supplement).

### 3.6 Effects of Other Background Variables

Table 1 indicated that there were significant differences in age, and cigarette smoking between the CSZ and NPC subjects in the PBL sample, and we, therefore, investigated whether these differences significantly influenced the differences between mRNA levels between CSZ and NPC. Cigarette smoking modulated the effects of CSZ vs NPC diagnosis on differences in several mRNAs. There was a correlation between number of cigarettes smoked/wk and DNMT1-cus levels in patients with schizophrenia ( $r=0.389$   $p=0.016$ ), and GLM analysis showed a significant interaction of effects of diagnosis\*cigarette smoker status for the total sample ( $F=5.693$ ,  $df=,1,67$   $p=0.020$ ) and the male subjects ( $F=4.382$ ,  $df=1,49$ ,  $p=0.042$ ) with CSZ smokers showing a greater increase in DNMT1 compared to NPC than non-smokers. There were some small ( $r$ 's=.24–.30) but statistically significant correlations between smoking on some other mRNAs - GABAergic, NR3C1, FPRF3- but there were no statistically significant interactions of diagnosis x cigarette smoking status for these mRNAs (see supplement). There were modest ( $r$ 's=.20 –.30) statistically significant correlations between age and DNMT1(or) or NR3C1-bc, but age was not a significant effect when it was added as a covariate to the GLM analysis (see supplement).

### 3.7 Relationship Between DNMT, GABAergic, Glucocorticoid and BDNF mRNAs.

In post-mortem brain samples of CSZ, increased DNMT1 mRNA has been accompanied by decrease in GABAergic mRNA, specifically GAD67. In addition, control of the expression of glucocorticoid receptor and BDNF genes are thought to be heavily influenced by degree of methylation of their promotor genes. We had previously reported a decrease in glucocorticoid and BDNF mRNAs, in the same PBL samples in which we found an increase in DNMT1 and a negative correlation between higher levels of DNMT1 and BDNF mRNAs (Auta et al., 2013). On the basis of these prior results we hypothesized that there would be a negative correlation between DNMT1 or DNMT3A with the GABAergic, NR3C1 and BDNF mRNAs in PBLs. However, we found significant positive correlations between

DNMT1 or DNMT3A and the GABAergic, NR3C1, and BDNF mRNAs (Table 6, Figure S2).

### 3.8 Relationship Between mRNA Levels and Psychopathology Scores in CSZ

The only correlation between PANSS symptom scores and mRNA levels in PBLs, which survived BH corrected significance levels, was a positive correlation between FPLR3 and PANSS Positive symptoms ( $r_{FPLR3(L)} = +0.397$ ,  $P=0.016$ ,  $\rho_{FPLR3} = +0.449$ ,  $P=0.006$ ). There were two other nominally significant correlations (PANSS positive symptoms and CCR1 mRNA  $\rho = +0.392$ ,  $p=.018$ , PANSS Total score and GAD1  $\rho = +0.351$ ,  $P=0.036$ ).

### 3.9 DNMT1 and GAD67 mRNA in Post-Mortem Brain Samples

DNMT1 mRNA was significantly higher and GAD67 mRNA was significantly lower, in layers 1 and 2 of Brodmann's area 9 of frontal cortex, in CSZ subjects than NPC. However, there were no significant sex differences in the diagnostic difference effect between CSZ vs NPC (Table 7). DNMT1 was not significantly different in CSZ vs NPC in layer 5. Furthermore, logistic regression analysis showed that most of the difference between CSZ and NPC was explained by differences in the DNMT1 and GAD67 mRNA levels only in layer 2 of the frontal cortex. This analysis showed that GAD67 and DNMT1 levels in layer 2 resulted in correct classification of 17 or 19 schizophrenics and 24 of 26 of the controls (91.1% of subjects) with excellent discrimination ( $c$ -statistic = 0.97). Higher GAD67 in layer 2 was associated with a lower odds of schizophrenia (OR 0.95; 95% CI 0.92, 0.99) and higher DNMT1 in layer 2 was associated with a higher odds of schizophrenia (OR 1.05; 95% CI 1.01, 1.08) (see supplement for details of analysis). Reelin mRNA was significantly lower in CSZ vs NPC but there was no sex effect on brain reelin values (Table S5). In contrast to PBL results, there was a significant negative correlation between DNMT1 and GAD67 mRNA values in the same subjects for the total sample ( $r = -0.33$ ,  $P=.03$ ). There were not sufficient numbers of CSZ on a single antipsychotic to validly perform valid statistical comparisons involving potential antipsychotic drug effects on the brain DNMT1 or GAD67 values and there were no subjects who were drug free. Some trends were in the same direction as seen in the drug effects in PBLs (see supplement).

## 4. Discussion

Our study shows that the DNMT1 and DNMT3A abnormalities previously observed in post-mortem brain samples of schizophrenia patients may also exist in lymphocytes of these patients (Auta et al., 2013; Grayson & Guidotti, 2013; Guidotti et al., 2011a; Veldic et al., 2004; Zhubi et al., 2009) and further confirm DNMT1 and GAD67 changes in the frontal cortex of CSZ post-mortem brains. In addition, our results demonstrate that sex and antipsychotic drug treatment may be important variables to consider when interpreting the significance of gene expression in CSZ vs. NPC, especially in PBLs and the concordance of results in brain and PBLs.

Previous research has reported sex differences in the age-related incidence of schizophrenia and response to treatment, the latter especially in relation to adjunctive treatment with estradiol. Females show a lower incidence of schizophrenia compared to males in the



younger years, but show similar or increased incidence in older ages above 40 years (Abel et al., 2010). Several studies (Kulkarni et al., 2015; Weiser et al., 2019) have shown that the addition of estradiol to antipsychotic treatment of female schizophrenia improves clinical response, and the most recent study (Weiser et al., 2019) showed that this effect was much greater in female schizophrenics above the age of 38. Our study showed that significant differences between CSZ and NPC in levels of DNMT1, DNMT3A, GAD1, and NRC3C in PBLs were only found in males and not females. Although the smaller number of female subjects could have made finding a statistically significant difference in the female subsample more difficult, the pattern of the DNMT results in females showed an opposite direction to that found in males, making such an explanation less likely for these mRNAs. Furthermore, re-analysis of our earlier published data on DNMT1 (Table 4), which showed an effect in PBLs of male CSZ but not female CSZ, confirms this finding in an independent sample. The lower levels of DNMTs in lymphocytes of female schizophrenics may be related to an effect of female sex hormones on DNMT expression. This is supported by a study by Yamagata and associates (Yamagata et al., 2009) which suggested that estrogen and progesterone may down regulate DNMT1 and DNMT3a. The fact that we didn't find any sex difference in the diagnostic effects of DNMT1 in the post-mortem brain samples may be due to the much older age of females in the brain samples. None of the female controls, and only 1 of the female schizophrenics, was below age 50, suggesting most of these female subjects were likely past menopause and would have had much lower levels of serum estrogen and progesterone than premenopausal women. If lower levels of DNMTs in lymphocytes of younger females with schizophrenia is also reflected in brain levels of these enzymes, this could be one mechanism contributing to the lower incidence of schizophrenia in younger females vs males. Since higher DNMT levels could result in hypermethylation of the GAD67 promoter and consequently lead to lower synthesis of brain GABA which has been implicated as one of the biological mechanism underlying schizophrenia (Grayson & Guidotti, 2013), lower DNMT levels may reduce the level of GABA deficits in younger female schizophrenics and be a plausible explanation for the lower incidence of schizophrenia in younger females. However, an alternative explanation of the lack of sex differences in our brain data could be that DNMT and GAD67 are differentially regulated in brain and peripheral tissue.

The absence of significantly higher DNMT1 and DNMT3A mRNA expression in PBLs female CSZ vs controls, with a trend to lower DNMT levels in female CSZ, compared to the significantly higher level in male CSZ, is also consistent with some other clinical differences in response to antipsychotics in females, especially younger or premenopausal females. Several reviews indicate that women with schizophrenia often have better response to antipsychotics or better overall outcome than men; females often require lower doses to achieve clinical response, although dose differences are limited to certain antipsychotics (Lange et al., 2017; Seeman, 2020). One study showed that the lower doses for female patients may be limited to younger female patients (age 20–39) and older females may require equal or higher doses than men (Seeman, 1983). Another study reported that premenopausal females had a better response to haloperidol or olanzapine than postmenopausal females (Goldstein et al., 2002). If lower levels of DNMT in PBLs of younger females with schizophrenia were also found in their brains, and were associated

with less of a deficit in GAD67 and GABA in their brains, this may in part be a plausible explanation for achieving better clinical response using lower doses of antipsychotics. Clozapine is often utilized in patients with schizophrenia who have shown a poor response to several antipsychotics. In our current sample only 11% of female patients with schizophrenia were treated with clozapine whereas 52% of the male patients in the sample were treated with clozapine, which would be consistent with a better response first line antipsychotics in female patients.

Another major influence on the difference between CSZ and NPC in PBLs was the effect of clozapine treatment. This is also likely to involve epigenetic mechanisms. A previous study in mice demonstrated that chronic methionine-induced hypermethylation of reelin and GAD67 and other GABAergic promoters is reversed by clozapine-mediated DNA demethylation of these promoters (Dong et al., 2008). An in-vitro and clinical study by Swathy and associates (Swathy et al., 2018) present evidence that clozapine and several other antipsychotics may alter methylation and DNMT expression in cultured cells, as well as DNA extracted from whole peripheral blood. Another study (Kinoshita et al., 2017) showed both increases and decreases in DNA methylation of a large number of genes in leukocyte samples of patients on long-term clozapine treatment. Our study showed significant effects of clozapine treatment on several PBL mRNA levels in CSZ, and that the difference in GABAergic mRNAs between CSZ and NPC could be explained by clozapine treatments, since only the clozapine treated patients showed a significant increase in PBL mRNA expression. The differences in CNTNAP2 expression between CSZ and NPC was also due to clozapine treatment. In addition, the extent of the NR3C1-cis difference was influenced by clozapine treatment. Although the IMPA2 mRNA expression levels overall were not significantly different between CSZ and NPC in the total sample, those CSZ on clozapine did show a difference from NPC. We are uncertain whether or how these differences due to clozapine effects are related to any specific epigenetic effects of clozapine cited in the previous literature. Although we did not collect hemological data on our subjects, a previous study (Lee et al., 2015) suggests that clozapine does not affect lymphocyte levels, so differences in lymphocyte number are not a likely explanation of the clozapine drug effects. If the increase GAD1 and GAD67 expression observed in PBLs of CSZ on clozapine were indicative of similar changes occurring in brain, this could suggest improvement of GABAergic function in brains, and would be consistent with a GABAergic mediation of better clinical response in CSZ treated with clozapine vs. other antipsychotics. Although the data in our brain sample showed slightly higher GAD67 levels in the 2 CSZ on clozapine, this difference from other CSZ not on clozapine was not statistically significant ( $P > .10$ ). Furthermore, our data suggest that GAD levels in brain and PBLs may not be that closely related (see below) and, therefore, the clinical significance of increase GAD levels in PBLs of clozapine treated CSZ is less clear. Higher GAD1 or GAD67 mRNA levels in PBLs were not negatively correlated with (lower) PANSS scores, as might be expected if higher GAD brain levels were associated with lower psychotic symptoms.

However, our study's findings emphasize that it is important to consider sex and drug treatment effects in analyzing differences in mRNA and related epigenetic markers between patients with schizophrenia and controls, and that some of the differences in results from different studies may be explained by the differences in the number of patients on clozapine

treatment. A survey of some previous studies (Table S6), which focused on GABAergic or related methylation effects in schizophrenia vs controls, found that many studies have not considered these factors systematically (see supplement).

Our results also suggest that the concordance of differences between CSZ and NPC in both brain and PBLs may be limited. Although the increase in DNMT expression in PBLs of male CSZ were similar to the increase in DNMT1 in our brain samples, the changes in GABAergic and glucocorticoid mRNAs in PBLs in this sample of CSZ are not in agreement with some results of differences in CSZ vs NPC in brain. Whereas in the frontal cortex of brains of CSZ we found significantly decreased GAD67 mRNA compared to NPC, in PBLs our results showed significantly increased GAD1 mRNA in CSZ and a trend for increase of the more specific GAD67 which became significant ( $P=0.037$ ) when one outlier value in the NPC sample was removed. Increased DNMT expression could result in increased methylation of the GAD67 promoter and this epigenetic influence on GAD67 mRNA expression would be consistent with an expected negative correlation between DNMT and GAD67 mRNA. However, although there was a significant negative correlation between DNMT1 and GAD67 values in brain, there were positive correlations between DNMTs and GABAergic mRNAs in PBL samples. These results suggest that GABAergic markers may be differently regulated in PBLs than in brain. However, differences in antipsychotic drug treatment could influence some of the differences between brain and PBL, since 46% of our PBL CSZ were on clozapine compared to 10.5% in the brain sample, and clozapine treatment had a major effect of GABAergic levels in PBLs. Some researchers have also reported decreases in glucocorticoid receptor mRNAs in the frontal cortex of CSZ vs controls (Knable et al., 2002; Sinclair et al., 2012; Sinclair et al., 2011) whereas our results showed increased NR3C1 mRNAs in PBLs of CSZ vs NPC. There was also a positive correlation of DNMT mRNA and glucocorticoid receptor mRNA, which was contrary to our theoretical expectations of negative methylation effects since the glucocorticoid receptor mRNA is thought to be heavily influenced by the degree of methylation of its gene. These results also suggest that glucocorticoid receptor regulation in PBLs may be different than in brain. However, another recent study of CSZ in China using mixed PMCs did report decreased glucocorticoid receptor mRNA in CSZ not currently on antipsychotics vs controls (Liu et al., 2020). Differences in extent of clozapine drug treatment of the CSZ, sex differences in sample composition, as well as differences in assay techniques may contribute to these divergent results (see supplement for further discussion).

One reason we replicated only a few CSZ vs NPC differences in our qPCR analysis of mRNA levels from RNA sequence hits, may relate to important differences in the gene transcripts traditionally measured by qPCR vs RNA Seq analysis. The qPCR product is usually only 100–200 bp long, whereas RNA-Seq measures the entire length of the transcripts and combine multiple transcripts of a gene. So, it is possible that our qPCR assay with the TaqMan probes did not measure the most relevant portions of these genes as compared with the RNA-Seq results. .

## Conclusions

Our results show a sex difference in higher DNMT1 and DNMT3A mRNA expression in PBLs in male CSZ vs NPC, both in the current sample and in a re-analysis of those from a previous cohort (Auta et al., 2013) which showed similar sex difference effects. The higher DNMT1 expression in males is similar to the higher DNMT1 in CSZ detected in our post-mortem brain samples. There were also significant effects of clozapine treatment on the expression levels of several mRNAs in PBLs of CSZ, and the clozapine treatment effect was a major influence on the difference between CSZ and NPC in these mRNAs. These factors need further investigation in clinical studies, post-mortem brain analysis, and animal models. Most importantly, the impact of these two variables could also influence the apparent degree of concordance between brain and PBL potential markers in schizophrenia.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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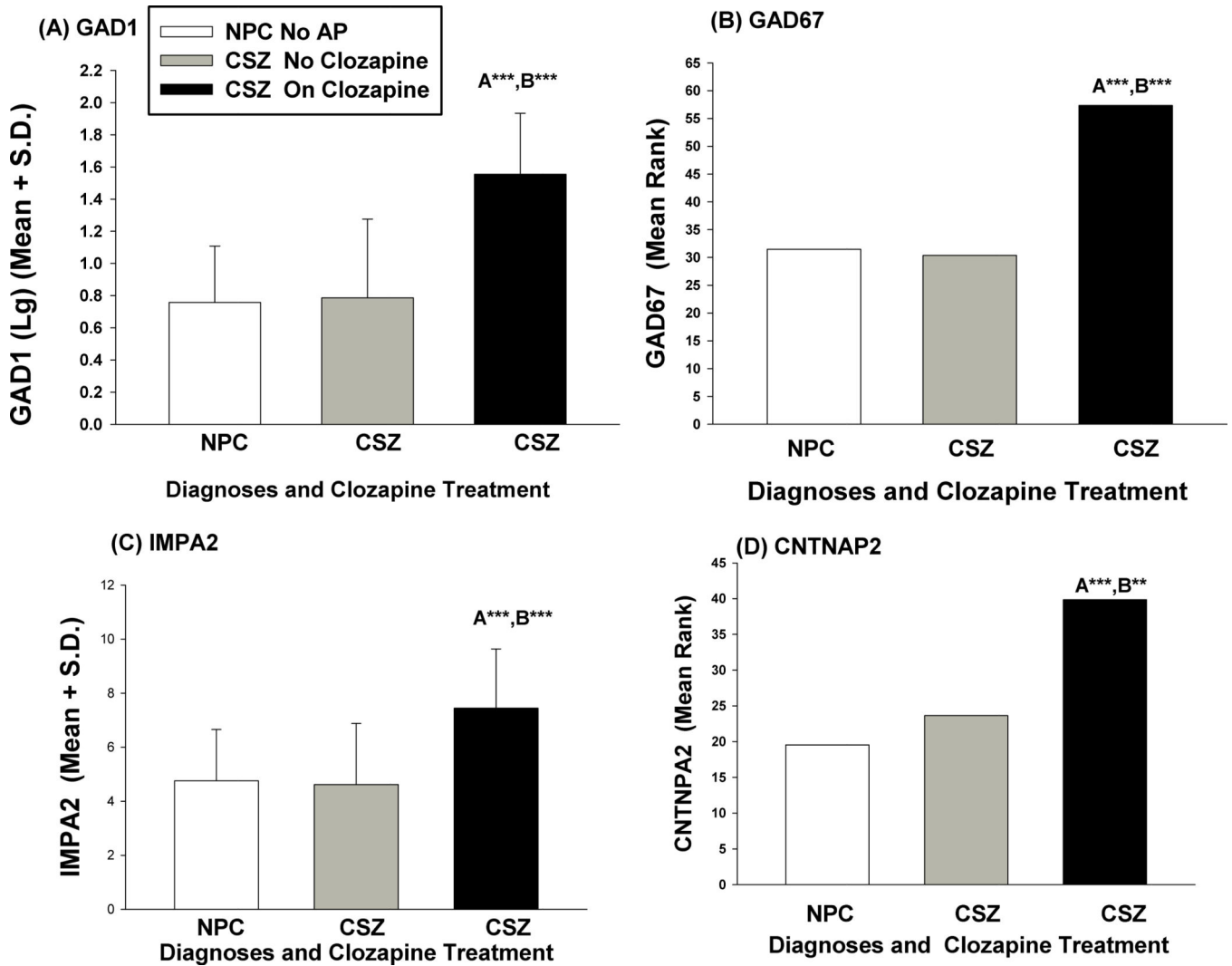
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**Figure 1. Effects of Clozapine on Difference Between Schizophrenics (CSZ) and Controls (NPC)** ‘A’ significance of difference CSZ On Clozapine vs. NPC, ‘B’ significance of difference CSZ On Clozapine vs CSZ No-Clozapine \*\*\* $P < .001$ , \*\*  $P < .01$ .

(A) **GAD1** (log), Univariate GLM- Overall Group Effect:  $F = 24.32$ ,  $df = 2, 64$ ,  $P < .001$

(B) **IMPA2** (square root), Univariate GLM Overall Group effect:  $F = 9.223$ ,  $df = 2, 66$ ,  $P < .001$

(C) **GAD67**, non-parametric Kruskal-Wallis test, Test Statistic 16.71,  $df = 2$ ,  $P < .001$ .

Pairwise Comparisons tested (with Bonferroni corrections) CSZ On Clozapine vs NPC standardized test statistic = 3.772,  $P < .001$ , CSZ On Clozapine vs CSZ No Clozapine standardized test statistic = 3.774,  $P < .001$ .

(D) **CNTNAP2**, non-parametric Kruskal-Wallis test, Test Statistic 18.06,  $df = 2$ ,  $P < .001$ .

Pairwise Comparisons tested (with Bonferroni corrections) CSZ On Clozapine vs NPC standardized test statistic = 4.218,  $P < .001$ , CSZ On Clozapine vs CSZ No Clozapine standardized test statistic = 3.240,  $P = .004$ .

No AP = No antipsychotic medication.

**Table 1**

## Characteristics of Subjects In Lymphocyte and Brain Samples

Characteristic	Schizophrenia - CSZ	Control - NPC	Test
<b>(A) LYMPHOCYTE SAMPLES</b>	<b>(n=60 –61)</b>	<b>(n= 49)</b>	
Age (m)	44.7± 9.7	35.6 ±10.8	T=4.64, df=108, P=<0.001
Sex (M/F) (n)	52/9	33/16	X <sup>2</sup> 4.96=, df=1 P=0.026
Race (W/B/H/A) (n)	17/39/3/2	13/32/2/2	FET= 1.000
Cigarette smoker (Y/N) (n)	38/23	10/39	X <sup>2</sup> =19.38,df=1,P<0.001
Cigarette smoked/wk (m)	34.6 ±44.2	13.0± 28.7	T=2.95, df=108,P=0.004
Antipsychotic Treatment (1st Gen/2nd gen/combined) (n)	4/38/19	NR	
On Clozapine (Y/N) (n)	28/33	NR	
On Antidepressant (Y/N) (n)	6/52	0/49	
On Mood stabilizer (Y/N) (n)	18/42	0/49	
On Valproate (Y/N) (n)	9/52	0/49	
On Benzodiazepine (Y/N) (n)	22/38	0/49	
PANSS Total (m)	72.0± 14.9	NR	
Urine Tox THC (P/N) (n)	1/25	5/28	FET=0.22
Urine Tox Cocaine (P/N) (n)	0/28	1/34	FET=1.00
<b>(B) BRAIN SAMPLES</b>	<b>CSZ (n=19)</b>	<b>NPC (n=26)</b>	
Age (m)	56.3± 18.4	57.6 ±18.1	T=0.23,df=32,P=0.819
Sex M/F (n)	12/7	19/7	χ <sup>2</sup> =0.504, df=1, P=0.478
Age of Onset of Illness (m)	22.6 ± 9.9	NR	
Type of Antipsychotic (not on antipsychotic, 1 <sup>st</sup> gen, 2 <sup>nd</sup> gen, combined 1 <sup>st</sup> and second gen) (n)	6/7/5/1	NR	
On Clozapine (Yes/No) (n)	2/17	NR	
On Haloperidol (Yes/No)(n)	5/14	NR	
On Valproate (Yes/No) (n)	3/16	NR	
On Mood Stabilizer (Yes/No) (n)	4/15	NR	

NR= not relevant; (n)=number of subjects, m= Mean ± S.D., (Y/N) = Yes/No. NR=Not relevant or not available (M/F) = male/female, Race/Ethnicity: W=Caucasian, B=black or African American H=Hispanic, A=Asian. Antipsychotic type: 1<sup>st</sup> Generation antipsychotic, 2<sup>nd</sup> generation antipsychotic, combined 1<sup>st</sup> and 2<sup>nd</sup> generation antipsychotic. Statistical tests: X<sup>2</sup>=chi-square, FET=Fishers' Exact Test. T= t-test.

**Table 2-**

## Gene Symbols and TaqMan Primers for mRNAs Assayed

Primer Probe Gene Symbol	Taqman Assay Gene Expression	Gene Name
ACTB	Hs01060665_g1	Actin beta
DNMT1(custom, cus)	Hs00945875_m1 AIFAT65	DNA (cytosine-5-)-methyltransferase 1 DNMT1 based on primer sequence F: 5'-CGTCTAGAAAACGGGAACCAAGCAAG-3' R: 5'-TCTAATCCAGTTACTTGGGAGGCTG-3'
DNMT1(original, or)	Hs00154749_m1	DNA (cytosine-5-)-methyltransferase 1 Transcript variant 1 (DNMT1b), 2 (DNMT1a), and variants 3,4
DNMT3A	Hs01027166_m1	DNA methyltransferase 3 alpha
GAD1	Hs01065893_m1	glutamate decarboxylase 1 (full length, multiple transcripts)
GAD1 (variant GAD67)	Hs01065886_m1	glutamate decarboxylase 1 (truncated form GAD67)
GAD1 (variant GAD25)	Hs00247564_m1	glutamate decarboxylase 1 (truncated form GAD25)
TET1	Hs00286756_m1	tet methylcytosine dioxygenase 1
TET2	Hs00325999_m1	tet methylcytosine dioxygenase 1
TET3	Hs00379125_m1	tet methylcytosine dioxygenase 1
BDNF (broad spectrum-bs)	Hs02718934_s1	brain derived neurotrophic factor (Taqman Best Coverage) BDNF transcript variants 1-11,12,13,14,17,16,18,x1
BDNFIX (variant 1)	Hs04186202_s1	brain derived neurotrophic factor BDNF, transcript variant 1 (BDNFIX)
Glucocorticoid (NR3C1- best coverage- bc)	Hs00353740_m1	nuclear receptor subfamily 3 group C member 1 (Taqman Best Coverage) Transcript Variants 1,2,3,4,5,6,7,8,x1,x2,x3,x5,x6,x7
Glucocorticoid (NR3C1)-(custom,cus)	AIY90ZY custom	nuclear receptor subfamily 3 group C member 1 (NR3C1)-based on primer sequence: F: 5'-CAGCTCCTCAACAGCAACAACA-3' R: 5'-GTGCTGTCTCCACTGCTCT-3 Transcript Variants 1,2,3,4,5,6, x5,x6,x7
MBD4	AID1VOX	methyl-CpG binding domain 4, DNA glycosylase
IMPA2	Hs00274110_m1	inositol monophosphatase 2
APBB2	Hs00921383_m1	amyloid beta precursor protein binding family B member 2
CPT1A	Hs00912671_m1	carnitine palmitoyltransferase 1A
APOBEC3A	AICXUP	apolipoprotein B mRNA editing enzyme catalytic subunit 3A
CCR1	Hs00928897_s1	C-C motif chemokine receptor 1
FPRL2	Hs00266666_s1	formyl peptide receptor 3
CNTNAP2	Hs04975510_cn	contactin associated protein-like 2
CD4	Hs01058407_m1	CD4 molecule

Some of the duplicate or custom made probes - DNMT1(cus), (NR3C1-cus)-were chosen so sequences would more closely resemble the primer sequences used in our previous published results (Auta et al, 2013) which used a different method than the TaqMan probes utilized in this report. The differing portions of the gene covered in the original and these duplicate TaqMan probes for the same main gene are further specified in the information under the Gene Name column in the table. The GAD1 full length TaqMan probe contains the transcripts for the variants GAD67, GAD25, and multiple other transcripts (see supplementary data for complete content of all variants).

**Table 3**

Comparisons of Lymphocyte mRNA Values in Schizophrenics and Controls

mRNA	Schizophrenics (CSZ)	Controls (NPC)	Test
<b>DNMT</b>			
DNMT1 (or)			
All Subjects	128.92 ± 53.17 (n=29)	115.21 ± 53.38 (n=31)	T <sup>L</sup> = -1.202, df=58, P=0.234
Males	136.65 ± 56.61 (n=22)	101.45 ± 25.49 (n=19)	T <sup>L</sup> = 2.544, df=39, P=0.015*
Females	104.61 ± 32.70 (n=7)	136.98 ± 76.57 (n=12)	T <sup>L</sup> = 1.001, df=17, P=0.331
DNMT1 (cus)			
All Subjects	13.69 ± 8.16 (n=38)	10.83 ± 5.02 (n=33)	T= 1.746, df= 69, P=0.085
Males	14.38 ± 8.66 (n=31)	10.05 ± 3.98 (n=22)	T <sup>U</sup> =2.446, df= 44.86, P=0.018
Females	10.65 ± 4.75 (n=7)	12.41 ± 6.56 (n=11)	T=0.611, df= 16, P=0.550
DNMT3A			
All Subjects	201.27 ± 83.28 (n=36)	162.27 ± 48.76 (n=31)	T <sup>U</sup> =2.376, df= 57.73, P=0.021 <sup>*A</sup>
Males	213.09 ± 86.81 (n=28)	157.17 ± 42.46 (n=19)	T <sup>U</sup> =2.931, df= 41.63, P=0.005 <sup>*A</sup>
Females	159.90 ± 55.69 (n=8)	170.35 ± 58.45 (n=12)	T= 0.399, df=18, P= 0.695
<b>GABAERGIC RELATED</b>			
GAD1			
All subjects	0.24 ± 0.28 (n=36)	0.083 ± 0.092 (n=31)	T <sup>U</sup> =2.965, df=60.56, P=0.004 <sup>*A</sup>
Males	0.28 ± 0.30 (n=28)	0.094 ± 0.11 (n=19)	T <sup>U</sup> =2.749, df=45.00, P=.009 <sup>*</sup>
Females	0.12 ± 0.15 (n=8)	0.065 ± 0.050 (n=12)	T <sup>L</sup> =0.700, df=18, P=0.493
GAD67			
All subjects	Median 0.024 (n=37)	Median 0.019 (n=33)	MWU Z= 1.571, P=0.116 <sup>b</sup>
Males	Median 0.035 (n=30)	Median 0.020 (n=22)	MWU Z= 1.741, P=0.082 <sup>b</sup>
Females	Median 0.018 (n=7)	Median 0.019 (n=11)	MWU Z= -0.556, P= 0.596 <sup>c</sup>
GAD25			
All subjects	0.164 ± 0.322 (n=37)	0.068 ± 0.106 (n=33)	T <sup>L</sup> = 1.623, df= 68, P= 0.109
Males	0.195 ± 0.351 (n=30)	0.066 ± 0.085 (n= 22)	T <sup>L</sup> = 1.813, df= 50, P= 0.076
Females	0.032 ± 0.025 (n=7)	0.074 ± 0.144 (n=11)	T <sup>L</sup> =0.718, df= 16, P= 0.483
GAD25/GAD67 Ratio			
All subjects	Median 1.65 (n=37)	Median 1.92 (n=33)	MWU Z= -1.171, P= 0.242 <sup>c</sup>
Males	Median 1.52 (n=30)	Median 2.18 (n=22)	MWU Z= -0.963, P=0.335 <sup>c</sup>
Females	Median 1.76 (n=7)	Median 1.79 (n=11)	MWU Z= -0.618, P= 0.659 <sup>c</sup>
TET			
TET1			
All subjects	28.26 ± 13.02 (n=36)	26.71 ± 12.84 (n=31)	T= 0.487, df=65, P=0.628

<b>mRNA</b>	<b>Schizophrenics (CSZ)</b>	<b>Controls (NPC)</b>	<b>Test</b>
Males	29.42 ± 13.75 (n=28)	28.76 ± 13.89 (n=19)	T= 0.161 df=45, P= 0.873
Females	24.18 ± 9.69 (n=8)	23.47 ± 10.72 (n=12)	T= 0.151, df= 18, P=0.882
<b>TET2</b>			
All subjects	327.90 ± 128.82 (n=36)	287.93 ± 145.45 (n=30)	T= 1.184, df= 64, P= 0.241
Males	327.87 ± 123.53(n=28)	286.88 ± 108.14 (n=19)	T= 1.17, df=45, P= 0.247
Females	328.01 ± 155.52 (n=8)	289.74 ± 200.74 (n=11)	T=-0.44, df=17, P=0.659
<b>TET3</b>			
All subjects	194.97 ± 67.74 (n=36)	164.45 ± 59.35 (n=31)	T=1.947, df= 65, P=0.056
Males	198.50 ± 66.67 (n=28)	176.80 ± 57.32 (n=19)	T=1.157, df= 45, P=0.253
Females	182.62 ± 74.63 (n=8)	144.88 ± 59.57 (n=12)	T= 0.449, df= 17, P=0.659
<i>Other Genes Expression Influenced by Methylation of CpG Targets of Promotor Gene</i>			
<b>BDNF</b>			
<b>BDNF (bs)</b>			
All subjects	20.62 ± 8.45 (n=36)	18.03 ± 11.67 (n=31)	T <sup>L</sup> = 1.593, df=65, P=0.116
Males	21.72 ± 9.10 (n=28)	19.82 ± 14.38 (n=19)	T <sup>L</sup> = -1.074, df=45, P=0.289
Females	16.77 ± 4.00 (n=8)	15.20 ± 4.36 (n=12)	T <sup>L</sup> = 0.887, df=18, P= 0.387
<b>BDNFIX</b>			
All subjects	3.52 ± 2.32 (n=38)	3.01 ± 2.22 (n=33)	T <sup>L</sup> = 1.373, df=69, P= 0.174
Males	3.79 ± 2.47 (n=31)	2.93 ± 2.12 (n=22)	T <sup>L</sup> = 1.637, df=51, P= 0.108
Females	2.32 ± 0.81 (n=7)	3.16 ± 2.51 (n=11)	T <sup>L</sup> = 0.52, df=16, P= 0.609
<b>GLUCOCORTICOID RECEPTOR</b>			
<b>NR3C1(bc)</b>			
All subjects	281.30 ± 117.50(n= 35)	175.45 ± 89.50 (n=31)	T <sup>SR</sup> = 4.393, df=64, P<0. 001 <sup>*A</sup>
Males	288.02 ± 116.54 (n=27)	168.61 ± 97.15 (n=19)	T <sup>SR</sup> = 4.157, df=44, P<0.001 <sup>*A</sup>
Females	258.6 ± 125.92(n=8)	186.28 ± 78.69 (n=12)	T <sup>SR</sup> = 1.461, df=18, P= 0.161
<b>NR3C1 (cus)</b>			
All subjects	144.26 ± 54.36 (n=38)	119.25 ± 51.13 (n=33)	T= 1.988, df=69, P= 0.051
Males	148.01 ± 58.24 (n=31)	119.31 ± 43.51 (n=22)	T= 1.954, df=51, P=0.056
Females	127.64 ± 29.49 (n=7)	119.11 ± 66.25 (n=11)	T= .318, df=16, P= 0.754
<b>mRNA's Which Were Preliminary Hits from RNA Sequence Analysis</b>			
<b>FPRF3</b>			
All subjects	20.45 ± 22.78 (n=36)	28.53 ± 20.97 (n=30)	T <sup>L</sup> = 2.276, df=64, P= 0.026
Males	20.29 ± 20.27 (n=28)	30.29 ± 23.41 (n=18)	T <sup>L</sup> = 1.964, df= 44, P= 0.056
Females	20.98 ± 31.78 (n=8)	25.88 ± 17.32 (n=12)	T <sup>L</sup> = 1.290, df=18, P= 0.213
<b>CD4</b>			
All subjects	139.22 ± 118.11 (n=35)	124.64 ± 113.89 (n=30)	T <sup>L</sup> = 0.824, df=63, P= 0.413
Males	137.08 ± 127.37 (n=27)	121.14 ± 89.48 (n=18)	T <sup>L</sup> = 0.402, df=44, P=0.689

mRNA	Schizophrenics (CSZ)	Controls (NPC)	Test
Females	146.44 ± 86.16 (n=8)	129.87 ± 147.56 (n=12)	T <sup>L</sup> =0.628, df=18, P= 0.435
CCR1			
All subjects	Median 4.27 (n=36)	Median 6.95 (n=29)	MWU Z= 0.132, P= 0.895 <sup>b</sup>
Males	Median 3.93 (n=28)	Median 6.61 (n=18)	MWU Z=-0.450, P= 0.653 <sup>c</sup>
Females	Median 11.84 (n=8)	Median 7.00 (n=11)	MWU Z= 1.239, P= 0.215 <sup>b</sup>
APPB2			
All subjects	8.13 ± 7.93 (n=38)	6.25 ± 5.30 (n=33)	T <sup>L</sup> =1.298, df=69, P=0.199
Males	8.22 ± 7.30 (n=31)	6.61 ± 5.76 (n=22)	T <sup>L</sup> =1.117, df=51, P= 0.269
Females	7.78 ± 11.01 (n=7)	5.52 ± 4.40 (n=11)	T <sup>L</sup> = 0.377, df= 16, P=0.711
CPT1			
All subjects	226.53 ± 174.22 (n=36)	281.15 ± 211.04 (n=33)	T=1.176, df=67, P=0.244
Males	229.64 ± 180.02 (n=33)	269.19 ± 229.24 (n=22)	T= 0.703, df=51, P=0. 485
Females	207.20 ± 148.33 (n=5)	305.06 ± 176.69 (n=11)	T= 1.073, df= 14, P= 0.301
CNTNAP2			
All subjects	0.37 ± 1.15 (n=36)	0.04 ± 0.05 (n=33)	T <sup>LU</sup> = 3.047, df= 59.10, P=0.003 <sup>*A</sup>
Males	0.44 ± 1.27 (n=29)	0.04 ± 0.05 (n=22)	T <sup>LU</sup> = 3.126, df= 47.19, P=0.003 <sup>*A</sup>
Females	0.06 ± 0.08 (n=7)	0.04 ± 0.07 (n=11)	T <sup>L</sup> =0.283, df= 16, P=0.781
IMPA2			
All subjects	38.38 ± 32.89 (n=36)	26.10 ± 18.76 (n=33)	T <sup>SR</sup> = 1.603, df=67, P=0.114
Males	38.63 ± 33.30 (n=29)	28.28 ± 18.92 (n=22)	T <sup>SR</sup> = 1.063, df= 49, P= 0.293
Females	37.37 ± 33.69 (n=7)	21.74 ± 18.52 (n=11)	T <sup>SR</sup> = 1.007, df= 16, P= 0.329

Each number presents Mean ± S.D. For non-normal distributions analyzed by MWU test Median values are presented. Values are ddCt=2<sup>-ΔΔCt</sup> \* 10<sup>4</sup>; B-Actin was used as housekeeping gene. Values reported in the table are the original values, although for some tests the analysis T-test was performed on the normalized transformed (log, sq root) values. T=independent sample T-test, T<sup>L</sup>=independent samples t-test based on log transformed values; T<sup>U</sup>= independent samples T-Test for unequal variances, T<sup>SR</sup>=independent samples T-test based on square root transformed values, MWU=non-parametric test based on Mann-Whitey U.

\* statistically significant at BH corrected significance levels (α=.05) using 3 test comparison =i.e. for all subjects, males, females.

<sup>A</sup> = statistically significant BH corrected significant levels (α=.05), when tests for 19 mRNAs were included in protected BH comparison test.

<sup>b</sup> In MWU test mean rank of CSZ higher than NPC.

<sup>c</sup> In MWU test mean rank of CSZ lower than NPC. For full picture of GAD67 mRNA values also see Figure S1 in supplement.



**Table 4**

Re-analysis of Additional Male Female Difference In Lymphocyte mRNA in Earlier Published Sample (Autal et al, 2013)

mRNA	Schizophrenics (CSZ)	Controls (NPC)	Test
<b>DNMT1</b>			
Total Sample	65.80 ± 24.43 (n=27)	49.65 ± 16.88 (n=20)	T <sup>U</sup> =2.68, df=44.8, P=0.01
Male	71.93 ± 23.73 (n=21)	54.60 ± 17.78 (n=10)	T=2.05 df=29, P=0.05
Female	44.33 ± 11.76 (n=6)	44.70 ± 15.20 (n=10)	T=.050, df=14, P=0.96
<b>TET1</b>			
Total Sample	2.73 ± 1.09 (n=25)	1.82 ± 0.79 (n=18)	T=3.00, df=41, <b>P=0.005</b>
Male	2.82 ± 1.17 (n=20)	1.76 ± 0.70 (n=7)	T=2.25, df=25, <b>P=0.034</b>
Female	2.35 ± 0.69 (n=5)	1.86 ± 0.87 (n=11)	T=1.110, df=14, P=0.29
<b>BDNF</b>			
Total Sample	0.26 ± 0.15 (n=18)	0.38 ± 0.16 (n=11)	T=2.01, df=27, <b>P=0.055</b>
Male	0.22 ± 0.10 (n=11)	0.44 ± 0.18 (n=5)	T=3.32, df=14, <b>P=0.005</b>
Female	0.34 ± 0.19 (n=7)	0.33 ± 0.13 (n=6)	T=0.11, df=11, P=0.91

Each value represents Mean ± S.D. T= independent sample T-test. T<sup>U</sup>= independent sample T-test for unequal variances.

**Table 5**

Effects Of Clozapine On mRNAs In Subjects With Schizophrenia

mRNA	On Clozapine	Not on Clozapine	Comparison Test
<b>DNMT3A(m)</b>	188.87±84.45 (n=13)	231.49±86.36 (n=15)	T=-1.36, df=1,26, P=.200
<b>GAD1</b>	0.469±0.296 (n=14)	0.102±0.156 (n=22)	T <sup>L</sup> =5.70, df=1,34, P<.001
<b>GAD67</b>	0.195± 0.148 (n=12)	0.035± 0.062 (n=25)	MWU Z=3.76, P<.001
<b>GAD25</b>	0.388±0.497 (n=12)	0.006±0.007 (n=25)	T <sup>L</sup> =4.01, df=1,35, P<.001
<b>TET1</b>	22.16 ±11.44 (n=14)	32.61±12.98 (n=22)	T=-2.46, df=1,34, P=.019
<b>NR3C1-cus</b>	170.50 ±73.00 (n=13)	130.61±36.40 (n=25)	T <sup>U</sup> =1.85, df=1,15.2, P=.083
<b>CNTNAP2</b>	0.80 ± 1.83 (n=13)	0.07 ± 0.11 (n=23)	T <sup>L</sup> = 4.12, df=34, P<.001
<b>IMPA2</b>	59.89 ± 36.73 (n=13)	26.23 ± 23.61 (n=23)	T <sup>SR</sup> = 3.640, df=34, P=.001

Each number represents Mean ± S.D. See legend to Table 4 for interpretation of symbols in comparison test results and interpretation of mean values. (m)=male subjects only.

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**Table 6**

Correlations Between DNMT mRNAs and GABAergic, BDNF and Glucocorticoid mRNAs.

mRNA	DNMT1(or) (L)			DNMT1-cus			DNMT3A		
	All Subjects	CSZ	NPC	All Subjects	CSZ	NPC	All Subjects	CSZ	NPC
GAD1(L)	+0.043	-0.058	+0.097	+0.177	+0.117	-0.074	+0.023	-0.010	-0.268
GAD67(Ln)	+0.282 *	+0.070	+0.492 **	+0.075	+0.052	+0.022	+0.201	+0.120	+0.079
BDNF (bc) (L)	+0.053	+0.270	-0.210	+0.156	+0.089	+0.009	+0.514 ***B	+0.600 ***B	+0.344
BDNFIX (L)	+0.352 ***B	+0.373	+0.296	+0.266 *B	+0.256	+0.253	+0.544 ***B	+0.589 ***B	+0.502 ***B
NR3C1 (bc) (SR)	+0.106	+0.319	+0.106	+0.537 ***B	+0.465 ***B	+0.504 ***B	+0.459 ***B	+0.394 *B	+0.437 *B
NR3C1-cus	+0.359 ***B	+0.451 *	+0.220	+0.560 ***B	+0.543 ***B	+0.561 ***B	+0.541 ***B	+0.518 ***B	0.490 ***B

Each number is Pearson (r) correlation between indicated mRNAs measured in lymphocytes, N's All subjects 52–71, Schizophrenics 25–38, NPC controls 27–33. Transformations: (L)=log10. (Ln)= Log2, SR= square root. Significance:

\* P<.05,

\*\* P .01,

\*\*\* P .001.

B = survived protected significance level with BH procedure ( $\alpha=.05$ ) using the 6 mRNA comparisons. Nonparametric correlations (rho) on non-transformed values were in the same range.

DNMT1 and GAD67 mRNA in Frontal Cortex in Brains of Subjects with Schizophrenia and Controls

Table 7

mRNA	Schizophrenia (CSZ)	Controls (NPC)	Analysis Of Variance or T-Test
<b>DNMT1 Layer 1</b>			$F_D = 27.453, df=1,41, P<.001$ $F_S = 0.308, df=1,41, P=0.582$ $F_{D,S} = 0.169, df=1,41, P=0.683$
All Subjects	233.11 ± 43.74 (n=19)	164.77 ± 34.70 (n=26)	
Males	237.67 ± 49.22 (n=12)	165.26 ± 39.160 (n=19)	$T = 4.540, df=29, P<0.001$
Females	225.29 ± 34.41 (n=7)	163.43 ± 20.354 (n=7)	$T = -4.094, df=12, P=0.001$
<b>DNMT1 Layer 2</b>			$F_D = 24.455, df=1,41, P<.001$ $F_S = .207, df=1,41, P=0.652$ $F_{D,S} = 563, df=1,41, P=0.458$
All Subjects	469.89 ± 67.59 (n=19)	363.85 ± 68.609 (n=26)	
Males	459.92 ± 50.61 (n=12)	365.63 ± 74.19 (n=19)	$T = 3.860, df=29, P=0.001$
Females	487.00 ± 92.04* (n=7)	359.00 ± 55.34 (n=7)	$T = 3.153, df=12, P=0.008$
<b>DNMT1 Layer 5</b>			$F_D = 0.007, df=1,41, P=0.936$ $F_S = 0.674, df=1,41, P=0.417$ $F_{D,S} = 0.707, df=1,41, P=0.405$
All Subjects	189.37 ± 38.24 (n=19)	185.08 ± 46.23 (n=26)	
Males	198.00 ± 32.91 (n=12)	185.00 ± 50.55 (n=19)	$T = 0.789, df=29, P=0.437$
Females	174.57 ± 44.68 (n=7)	185.29 ± 35.16 (n=7)	$T = 0.499, df=12, P=0.627$
<b>GAD67 Layer 1</b>			$F_D = 12.093, df=1,41, P=0.001$ $F_S = 2.577, df=1,41, P=0.116$ $F_{D,S} = 0.193, df=1,41, P=0.663$
All Subjects	160.79 ± 30.70 (n=19)	201.65 ± 35.37 (n=26)	
Males	165.42 ± 34.37 (n=12)	207.58 ± 35.97 (n=19)	$T = 3.233, df=29, P=0.003$
Females	152.86 ± 23.38 (n=7)	185.57 ± 30.33 (n=7)	$T = 2.260, df=12, P=0.043$
<b>GAD67 Layer 2</b>			$F_D = 24.452, df=1,41, P<.001$ $F_S = 0.146, df=1,41, P=0.704$ $F_{D,S} = 0.981, df=1,41, P=0.328$
All Subjects	355.15 ± 62.61 (n=19)	439.88 ± 52.28 (n=26)	
Males	359.33 ± 78.26 (n=12)	433.00 ± 48.64 (n=19)	$T = 3.245, df=29, P=0.003$
Females	348.00 ± 20.88 (n=7)	458.57 ± 61.11 (n=7)	$T_U = 4.530, df=7,382, P=0.002$

Values are Mean ± S.D. DNMT1 and GAD67 mRNA positive neurons/mm<sup>3</sup> × 10<sup>2</sup>

FD=F diagnosis effect; FS=F sex effect; FD\*S=F interaction-diagnosis

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\* sex effect. T= 2-sample t-test. T<sup>U</sup>= two sample  
t-test with unequal variances.

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