



Hepatic trauma

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Abstract: Management of trauma-related liver injury has undergone a paradigm shift over the past four decades. In hemodynamically stable patients, the standard of care in the majority of level-one trauma centers has shifted to nonoperative management with high success rates, especially with low-grade liver injuries (i.e., grade I and II liver injuries). Advances in critical care medicine, cross-sectional imaging, and transarterial embolization techniques have led to the improvement of patient outcomes and decreased mortality rates in patients with arterial injuries. Currently, no consensus guidelines on appropriate patient selection criteria have been published by the Society of Interventional Radiology (SIR) or the American Association for the Surgery of Trauma (AAST). Based off the current literature, nonoperative management with hepatic angiography and transarterial embolization (TAE) should be the treatment of choice in hemodynamically stable patients with clinical suspicion of arterial injury. TAE has been shown to improve success rates of nonoperative management and is well tolerated by most patients with low complication rates. Hepatic necrosis is the most common and concerning reported complication but can be reduced with selective approach and choice of embolic agent. The majority of literature supporting the use of TAE for trauma-related liver injury consists of retrospective case series and additional larger scale studies are needed to determine the efficacy of TAE in this setting. However, it is clear from the current literature that hepatic TAE is an effective and safer option to operative management in treating arterial hemorrhage in the setting of traumatic hepatic injury.

Keywords: Transarterial embolization (TAE); hepatic trauma; emergency interventions

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Introduction

The liver is one of the most commonly injured organs in blunt and penetrating abdominal trauma (1). Motor vehicle collision is the most common mechanism of trauma in blunt injuries, typically resulting in injury within the left hepatic lobe (2). Penetrating liver injuries can range from simple parenchymal to major vascular insults in a random pattern

depending on the path of the penetrating object.

The management of trauma-related liver injury has evolved since the early 1990s, transitioning from a predominantly surgical approach to a nonoperative multidisciplinary approach where surgeons, intensivists and interventional radiologists work together to manage the patient. Advances in critical care and minimally invasive procedures

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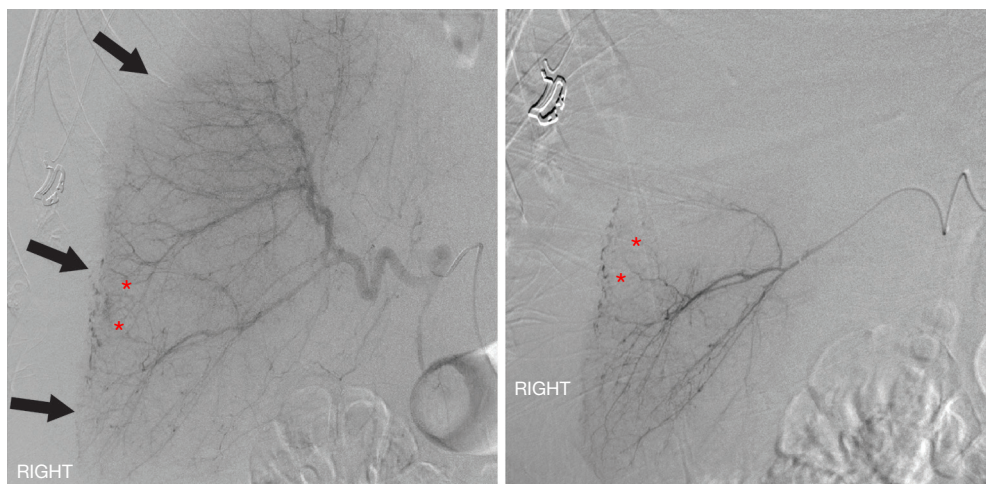


Figure 1 Digital subtraction angiography in a patient status post rollover all-terrain vehicle accident. Selective common hepatic (left) and superselective right hepatic (right) angiography demonstrate multifocal areas of arterial extravasation from the liver (asterisks). Note the displacement of the liver capsule from the chest and abdominal wall, indicating the presence of a large perihepatic hematoma (arrows). Images courtesy of Dr. Keith Quencer.

have facilitated a paradigm shift, with nonoperative management serving as the current standard of care for the hemodynamically stable patient, even in the most severe form with venous injury (3,4). The results have led to a decrease in abdominal infections, decreased transfusions, and decreased length of hospital stay (5,6). In addition, advances in imaging have allowed the treatment teams to quickly identify hepatic injury and formulate an approach to the management of the patient. The rapid identification of injury grade, arterial hemorrhage and/or juxtahepatic venous injury is critical in the management algorithm.

Transarterial embolization (TAE) has emerged as an invaluable adjunct to the successful nonoperative management of hepatic trauma patients with reported success rates as high as 93% in stopping arterial hemorrhage (6). Hepatic TAE can also be used to treat patients who have failed observational management or patients that have ongoing bleeding or rebleeding after surgical management (7,8). Generally, hepatic TAE is well-tolerated with low rates of associated complications (6,9). Major hepatic necrosis is the most commonly reported and concerning complication occurring in approximately 16% of patients (6,10). Although the exact mechanism is unknown, it appears the combination of hepatic injury and ischemia induced by TAE may predispose to hepatic necrosis. Prior studies have shown increased rates of major hepatic necrosis with higher liver injury grade and nonselective embolization (3,6,7,10-12).

Decreased rates of major hepatic necrosis have been reported through the use of microcatheter systems with superselective embolization (10,13) (*Figure 1*).

The majority of literature supporting the use of TAE for trauma-related liver injury consists of retrospective case series (6,10). Additional, larger scale studies are needed to determine the efficacy of TAE in the setting of hepatic hemorrhage secondary to trauma and well as the complication rates following embolization of the liver. Based on the current published data, the Society of Interventional Radiology (SIR) has released some general parameters and recommendations for practicing interventionalists in the use of TAE for hepatic trauma (10). In this review, we present the contemporary approach to liver trauma evaluation and management, with an emphasis on transarterial embolization therapies.

Trauma evaluation and diagnosis

Most trauma centers have standardized protocols for the initial resuscitation, diagnostic evaluation, and management of the trauma patient. Trauma protocols are predominantly based upon the Advanced Trauma Life Support (ATLS) program, established by the American College of Surgeons Committee on Trauma.

Hemodynamically unstable patients should immediately undergo surgical evaluation. If the patient is clinically

Table 1 Classification according to the American Association for the Surgery of Trauma (AAST) Liver Injury Scale-2018 Revision (16)

AAST grade	CT imaging findings
I	<ul style="list-style-type: none"> - Subcapsular hematoma <10% surface area - Parenchymal laceration <1 cm in depth
II	<ul style="list-style-type: none"> - Subcapsular hematoma 10–50% surface area; intraparenchymal hematoma <10 cm in diameter - Laceration 1–3 cm in depth and ≤10 cm length
III	<ul style="list-style-type: none"> - Subcapsular hematoma >50% surface area; ruptured subcapsular or parenchymal hematoma - Intraparenchymal hematoma >10 cm - Laceration >3 cm depth - Any injury in the presence of a liver vascular injury or active bleeding contained within the liver parenchyma
IV	<ul style="list-style-type: none"> - Parenchymal disruption involving 25–75% of a hepatic lobe - Active bleeding extending beyond the liver parenchyma into the peritoneum
V	<ul style="list-style-type: none"> - Parenchymal disruption >75% of hepatic lobe - Juxtahepatic venous injury to include retrohepatic vena cava and central major hepatic veins

Vascular injury defined as a pseudoaneurysm or arteriovenous fistula and appears as a focal collection of vascular contrast that decreases in attenuation with delayed imaging.

stable, a Focused Assessment with Sonography for Trauma (FAST) exam or computed tomography (CT) scan should be performed to evaluate for injury. Signs of liver injury on FAST examination include subcapsular fluid, perihepatic fluid or fluid within the hepatorenal space. A negative FAST examination, however, does not completely exclude liver injury.

CT is now widely used in the management of the acute trauma patient, proving to be invaluable in the evaluation of patients as it allows for complete imaging of multiple regions of the body and organ systems in a single examination (2). Contrast-enhanced CT of the abdomen can not only detect the presence and extent of hepatic parenchymal injury with high accuracy, it can also be used to monitor the course of healing and detect vascular or biliary complications that may go undetected clinically (2). The introduction of multiphasic imaging has added additional value in classifying injuries. Arterial phase imaging is obviously the most important phase for accurate detection of arterial injury, however, venous and delayed phase imaging plays an important role in the detection of vascular shunts and pseudoaneurysms (14,15).

Hepatic injury grading

The American Association for the Surgery of Trauma

(AAST) classification system is the most widely accepted and used injury grading scale, *Table 1* (1,16). This was most revised in 2018 to include updates to the CT diagnosis of vascular injury, defined as either a pseudoaneurysm or arteriovenous fistula. The National Trauma Data Bank reports the majority of hepatic injuries are low grade, with Grades I–III making up 67% of all hepatic injuries (1). The AAST grading system is an important and useful tool for predicting the likelihood of success with nonoperative management, which is higher for Grade I–III injuries as opposed to Grade IV–V injuries.

Approach to management

Advancements in the speed and sensitivity of computed tomography (CT) scanning along with advances in critical care monitoring have resulted in a paradigm shift from operative to nonoperative management for most hemodynamically stable patients with hepatic injury.

After initial clinical evaluation, the management strategy of the patient depends most importantly on the hemodynamic status, followed by grade of liver injury and presence of other associated injuries or medical comorbidities. Once all these factors have been determined the decision can then be made to proceed with nonoperative or operative management.

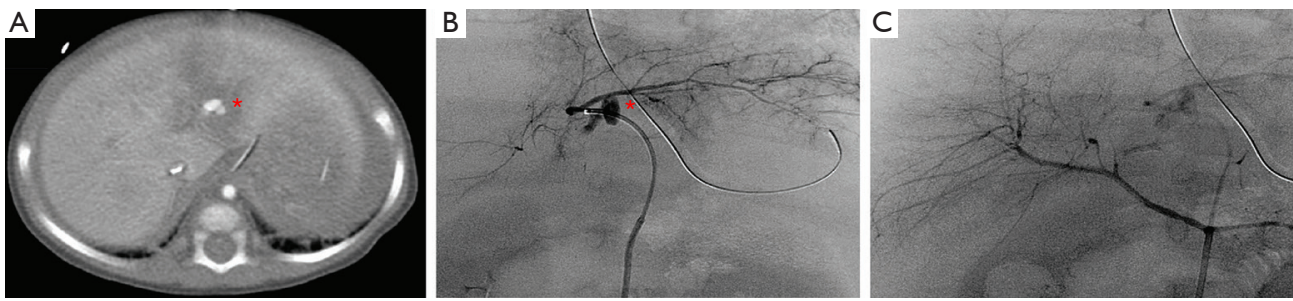


Figure 2 TAE for non-penetrating trauma. (A) Contrast enhanced CT done in an 8 month old victim of non-accidental trauma showed arterial extravasation/pseudoaneurysm formation in the left lobe of the liver (asterisk). (B) Common hepatic angiogram failed to show the extravasation/pseudoaneurysm. (C) Selective left hepatic artery injection via cannulation of an accessory left hepatic artery arising from the left gastric artery showed the site of extravasation(asterisk). This was treated with gelatin sponge slurry embolization to good angiographic effect (not shown). Care was withdrawn due to significant intracranial injuries and the patient unfortunately passed shortly thereafter. Images courtesy of Dr. Keith Quencer. TAE, transarterial embolization.

Nonoperative management

Currently, nonoperative management of blunt hepatic injuries is the treatment modality of choice in hemodynamically stable patients, irrespective of the grade of injury or patient age (17). Nonoperative management consists of observation with supportive care and if clinically indicated with the adjunctive use of arteriography and hepatic embolization.

Contraindications to nonoperative management of liver injury include hemodynamic instability after initial resuscitation, other indication for abdominal surgery (e.g., peritonitis), gunshot injury (relative contraindication if extrahepatic injury is suspected), and absence of an appropriate clinical environment to provide serial monitoring or availability of facilities and personnel for hepatic embolization or urgent surgery (5,18,19). Nonoperative management of penetrating injuries, such as, gunshot wounds remains controversial (20). Nonoperative management fails in up to one-third of patients due to ongoing bleeding, missed injuries to the gastrointestinal tract or the development of abdominal compartment syndrome (20-22).

Indications for embolization and patient selection

Despite the current lack of consensus guidelines on patient selection and indications for embolization, hepatic TAE can be utilized to improve success rates of nonoperative management. Successful management with embolization varies depending upon institution, embolization technique, arterial accessibility, operator skill, and the type of

embolization material used (18,23,24).

In one systematic review, the overall efficacy in controlling arterial hemorrhage with the use of TAE in hepatic trauma was 93% (6). Hepatic TAE appears to be most successful when used preemptively in hemodynamic stable patients with a suspected arterial liver injury based on imaging and/or mechanism. A recent retrospective study evaluated 746 patients over a 7 year period and found a reduced failure rate of nonoperative management when hepatic TAE was used in patients with grade III or IV injuries and concomitant contrast extravasation visualized on CT scan (25).

Unfortunately, the literature has yet to answer the ideal timing of TAE in the setting of hepatic trauma. There is currently no standardization for patient selection or reporting, which results in heterogeneity in the published data (6). General recommendations based on the current published literature were recently released by the Society for Interventional Radiology (SIR) to help guide practicing clinicians when determining to intervene with embolization. SIR recommends that nonoperative management should be the treatment of choice in hemodynamically stable patients, embolization can be considered in patients with clinical evidence of ongoing bleeding, identification of an arterial source of bleeding on imaging, or suspicion of arterial bleeding despite operative intervention (10).

Embolization techniques

Hepatic TAE requires access to imaging facilities with the equipment necessary for rapid catheterization, staff experienced in the management of trauma patients and a

vascular interventionalist that is skilled with mesenteric catheterization and embolization techniques. Comprehensive diagnostic angiography typically includes selective mesenteric angiography of the celiac, hepatic, and superior mesenteric arteries. Operators must be aware of variant hepatic arterial anatomy and intrahepatic collaterals (*Figure 2*). Multiple selective and superselective catheter injections and projections may be required to optimally demonstrate the source of bleeding and plan for the optimal embolization approach (26).

Parenchymal liver injuries tend to involve the small and/or medium sized arteries. Extensive collateral circulation of the liver can provide distal circulation to areas of vascular injury resulting in continuous bleeding. Operators must be aware of this phenomenon and make every effort to embolize distal and proximal to the lesion. This technique requires crossing the area of injury, which is possible with pseudoaneurysms, but may not be in cases of vessel transection. If this approach is not possible, the general recommendation is to perform Gelfoam embolization to achieve distal control followed by proximal coil embolization (27,28).

The reported use of liquid agents in trauma is limited. Absolute alcohol or other sclerosing agents are not generally used in trauma due to the potential for tissue necrosis. N-butyl cyanoacrylate (Trufull NBCA, Cordis Neurovascular) and ethylene vinyl alcohol copolymer (Onyx, Mico Therapeutics, Inc.) have however been used successfully in the treatment of selected trauma patients with coagulopathy and may play a role in successful embolization independent of the patient's coagulation status. The disadvantages include the high cost of these agents and the need for extensive experience by the operator to prevent serious complications (27,28).

Intrahepatic vascular fistulas are another complication encountered in traumatic hepatic injury. These fistulas are abnormal communications that can form between intrahepatic vasculature and can involve the arterial, portal, or hepatic venous systems. Traumatic hepatic arteriportal fistulas are much more common than hepatic arterial to hepatic venous fistulas, which is likely due to the larger distance between the hepatic arteries and hepatic veins (29-31). Arteriportal vascular fistulas are generally managed with coil or microcoil embolization. Similarly, two case reports detailed the treatment of the rarer hepatic arterial to hepatic venous fistula with microcoil embolization of the arterial feeding vessel with good angiographic result (29,31). Although the data is currently limited

on the indications for treatment of intrahepatic shunts. Dessouky *et al.* (30), proposed a strategy for management by categorizing patients based on both imaging and clinical findings. Group I included asymptomatic patients with small non-neoplastic fistulas (3–6 mm) and with shunt ratios (total blood volume in the shunt compared to inflow of the vessel) <30%. Patients that fell into this group were monitored conservatively with follow up Doppler and clinical exam. Patients in group II were recommended to undergo angiographic intervention for management. Patients who fell into this group were identified by development of either a symptomatic large fistula (15–23 mm), aneurysmal fistula (28–45 mm) or a shunt ratio >30%. Group III patients had diffuse fistulas or a shunt ratio >60% and were recommended for surgical treatment.

Similar to the treatment of intrahepatic fistulas, pseudoaneurysms can usually be managed with coil embolization of both the distal and the proximal portions of the injured vessel. Packing the pseudoaneurysm sac with coils is not advisable given the risk of rupture secondary to increased pressure. Coil embolization is generally acceptable in the management of small and/or medium sized vessels, however, pseudoaneurysms that have developed in larger more proximal vessels such as the right hepatic, proper, or common hepatic arteries can be treated with stent graft placement with high success rates (32-34).

Occasionally angiography fails to show a discrete bleeding site in spite of evidence of contrast extravasation on the initial contrast-enhanced abdominal CT scan. A previous study found that out of 143 patients with blunt abdominal injuries and concern for vascular injury on contrast-enhanced abdominal CT, 24 of those patients showed no evidence of arterial extravasation or contrast blush on angiography. Approximately, 7 of the 24 patients in that study developed rebleeding (35). The results of this study pose a significant clinical dilemma, given the significant risk for recurrent hemorrhage. Although empiric embolization can be considered such as in cases with splenic trauma, however, more studies are needed to validate this consideration as empiric embolization of the liver is ostensibly more difficult and poses a much greater risk for major hepatic necrosis (35).

Morbidity and mortality

Mortality rates are generally low for grade I and II hepatic injuries with nonoperative management. The greatest reduction in mortality has occurred for higher grade liver

injuries (Grades III–V) (7,11,36). Due to the advancements in critical care and embolization techniques many of the higher-grade liver injuries can be successfully managed nonoperatively with overall low mortality rates. Higher mortality rates are seen in those patients with high-grade liver injuries who require surgical management either upon presentation or with failed nonoperative management (4). A systematic review investigating higher grade injuries (Grades III–V), found mortality rates as low as 5% (range, 0–8%) with nonoperative management and 51% (range, 30–68%) after surgery (4) and a separate review found a mortality rate of 9.6% among patients undergoing embolization (range, 0–27%) (6).

The incidence of complications increases with the grade of liver injury (3,21). Among those reported, biliary tree disruption with persistent bile leak was found to have an incidence ranging from 0.5% to 21% and was predominantly managed with endoscopic retrograde cholangiopancreatography (ERCP) and stent placement (37,38). Perihepatic abscesses was another common complication reported with an incidence of 7.5% (6). Management with antibiotics and percutaneous drainage is usually sufficient, however, surgery may be required if interventional techniques fail to provide adequate drainage (3).

The most commonly reported complication following TAE is major hepatic necrosis (6,7,11,12). Prior studies have shown that hepatic necrosis developed more commonly in cases with nonselective proper hepatic artery embolization in the setting of patient decompensation or in cases with multiple sites of bleeding requiring numerous embolizations (12). Higher liver injury grading, not surprisingly has been shown to be directly related to the increased complication rates, in particular hepatic necrosis (3,6,12). Despite the liver's protective dual arterial and portal venous blood supply, it appears the combination of major liver devascularization through traumatic insult and ischemia induced by therapeutic embolization may predispose to major hepatic necrosis (6,12). The use of microcatheter systems to obtain superselective positioning prior to embolization is critical in the prevention or mitigation of hepatic necrosis. Although at times superselective approach is nonfeasible, such as with massive bleeds, multiple sites of extravasation and/or patient instability, superselective technique has been linked to decreased rates of hepatic necrosis (10,13). In cases of severe hepatic necrosis, patients may require laparotomy with debridement of necrotic tissue which may lead to prolonged hospital course. Although rare, non-target embolization of

the cystic artery has been reported, most commonly in cases where rapid embolization is needed and a superselective approach cannot be obtained (9).

Discussion

Over the past four decades there has been a significant paradigm shift in the management of trauma-related liver injury. In hemodynamically stable patients, the standard of care in the majority of level-one trauma centers has shifted to nonoperative management with high success rates and significant decreases in mortality rates, especially with low-grade liver injuries (i.e., grade I and II) (17,19). Operative management is reserved for patients that are hemodynamically unstable on presentation or do not respond to resuscitation efforts. Blunt hepatic injury makes up the majority of liver trauma with motor vehicle accidents serving as the most common injury mechanism.

Appropriate management of blunt hepatic injury is critical due to the high mortality rate associated with uncontrolled bleeding (10). Initial assessment by trauma teams and access to computed tomography (CT) imaging in hemodynamically stable patients allows for a rapid determination of clinical status and liver injury grade. AAST grade I–III injuries can usually be managed nonoperatively with serial monitoring in an intensive care unit (4,6). Patients with grade III–V liver injuries with evidence of contrast extravasation on CT or hemodynamic instability require the rapid efforts of a multidisciplinary team in management.

Interventionalists trained to manage traumatic arterial bleeding have become integral in the management of these patients. A recent systematic review reported a 93% effective rate in stopping arterial hemorrhage with hepatic TAE (6). Patients that had failed nonoperative management despite successful embolization were found to have significant juxtahepatic venous injuries (4,6). Venous injuries can be difficult to identify during angiography but should be suspected in patients with high-grade liver lacerations that require continued fluid resuscitation despite successful TAE (6,10).

Hepatic TAE is generally well tolerated by patients, even among those that are critically ill the overall mortality rate for embolized patients has been reported in the range of 10% (1,4,6). Complication rates related to TAE are generally low, with hepatic necrosis remaining the most common and concerning. However, this complication is not unique to TAE and can develop following laparotomy and

hepatorrhaphy (12). Hepatic necrosis can be associated with longer hospital stays, increased transfusion requirements, and the possibility for multiple additional operations (6). Most studies report a complication rate in the range of 16% of patients for developing hepatic necrosis. Hepatic necrosis following TAE can be decreased through appropriate choice of embolic agent, microcatheter systems and selective embolization (6,9,10,12). Abscess formation and bile leak are among the most commonly reported complications in high grade liver injuries (3,39). These complications if identified early can usually be managed by minimally invasive techniques without a significant impact on the hospital course of the patient.

A strict criteria for when to perform hepatic angiography has yet to be implemented. Several articles have suggested early angiography and embolization improve outcomes in patients with high grade injuries (7,28,40,41). Although, the data is limited with small and heterogenous patient samples, a recent study found a trend towards reduced transfusion requirements for those patients undergoing early TAE. However, the authors admit higher transfusion requirements in the late TAE group may have been confounded by greater severity of injury in this group (6).

Currently, retrospective case series constitute the majority of investigations on the use of nonoperative management in hepatic injury. The Society of Interventional Radiology (SIR) recently released the 2020 position statement on endovascular intervention for trauma which provides guidance for practicing clinicians to promote high quality outcomes and patient safety. Based on the current published data, the recommendations state nonoperative management should be the treatment of choice in patients with blunt hepatic injury who are in hemodynamically stable condition. Embolization should be considered in cases of ongoing bleeding, identification of an arterial source of bleeding on imaging, or suspicion of a persistent source of arterial bleeding despite operate intervention (6,10). Although no consensus guidelines on appropriate patient selection criteria for those who would benefit from angiography and embolization have been determined by the AAST and SIR, it is clear from the literature that hepatic TAE is an effective and safer option to operative management in stopping arterial hemorrhage in the setting of traumatic hepatic injury.

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Footnote

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