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## **Chemical exchange saturation transfer for detection of antiretroviral drugs in brain tissue**

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## **Abstract**

**Objective:** Antiretroviral drug (ARV) theranostics facilitates the monitoring of biodistribution and efficacy of therapies designed to target human immunodeficiency virus type-1 (HIV-1) reservoirs. To this end, we have now deployed intrinsic drug chemical exchange saturation transfer (CEST) contrasts to detect ARVs within the central nervous system (CNS).

**Design and Methods:** CEST effects for lamivudine (3TC) and emtricitabine (FTC) were measured by asymmetric magnetization transfer ratio analyses. The biodistribution of 3TC in different brain sub-regions of C57BL/6 mice treated with lipopolysaccharides was determined using magnetic resonance imaging (MRI). CEST effects of 3TC protons were quantitated by Lorentzian fitting analysis. 3TC levels in plasma and brain regions were measured using ultraperformance liquid chromatography tandem mass spectrometry to affirm the CEST test results.

**Results:** CEST effects of the hydroxyl and amino protons in 3TC and FTC linearly correlated to drug concentrations. 3TC was successfully detected *in vivo* in brain sub-regions by MRI. The imaging results were validated by measurements of CNS drug concentrations.

**Conclusion:** CEST contrasts can be used to detect ARVs using MRI. Such detection can be used to assess spatial-temporal drug biodistribution. This is most notable within the CNS where drug biodistribution may be more limited with the final goal of better understanding ARV-associated efficacy and potential toxicity.

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A.N.B.: designed the study, performed antiretroviral and animals experiments, collected and analyzed data, and wrote and edited the manuscript.

H.E.G.: provided guidance in study design and manuscript writing-editing.

J.M.M.: analyzed UPLC/MS-MS data sets.

Y.L.: conceived project and central hypothesis, designed the study, developed scientific approach for CEST MRI data acquisition and analysis methods, collected, analyzed and interpreted data sets, and wrote and edited the manuscript. All authors critically evaluated the manuscript prior to submission.

**Conflicts of Interest:** Dr. Howard E. Gendelman is Co-founder of Exavir Therapeutics, Inc., a biotechnology company focused on the development of long acting antiretroviral medicines. For the remaining authors none were declared.

## **Keywords**

CEST; Theranostics; HIV-1; 3TC; Antiretroviral

## **Introduction**

Although antiretroviral therapy (ART) can prolong the life of human immunodeficiency virus type-1 (HIV-1) infected patients<sup>[1-4]</sup>, neurocognitive disorders persist and occur in up to 50% of infected patients<sup>[5, 6]</sup>. Disease ranges from asymptomatic neurocognitive impairment (ANI) to mild neurocognitive disorder (MND) and to the most severe form HIV-associated dementia (HAD)<sup>[6]</sup>. Persistent viral replication in the central nervous system (CNS) elicits neuroimmune activation and is associated with cognitive decline  $[5, 7, 8]$ . Thus, it is imperative to begin ART early after infection to slow disease progression and attenuate mental health deficits that are associated with advanced disease <sup>[9–13]</sup>. ART can be a double edge sword by reversing cognitive decline while in select instances speeding adverse clinical outcomes [14, 15]. The latter include neuropsychiatric, motor and behavioral events  $[16, 17]$ . Therefore, the ability to follow drug pharmacokinetics (PK) and biodistribution (BD) could serve as a powerful tool to suppress or perhaps limit the establishment of viral CNS reservoirs and minimize off-target ART effects within the CNS.

Chemical exchange saturation transfer (CEST) as a contrast mechanism was employed previously for drug detection [21]. It arises when an exchangeable proton of a macromolecule is magnetically saturated and transferred to water by chemical exchange causing water MRI signal reduction that reflects macromolecule concentrations. Continuous proton exchanges between the macromolecule and water leading to the buildup of the signal reduction, and the large number of water molecules in tissue amplify detection [18-22]. Compared to traditional drug detection systems that tag medicines with an imaging agent or load drugs and imaging agents into a nanoparticle, CEST-based imaging does not require extrinsic imaging agents. This eliminates the limitations associated with therapeutic efficacy by reduced loading capacity  $[23]$  and toxicity  $[24, 25]$ . Herein, we developed HIV theranostics based on the CEST contrasts of ARVs. CEST effects of nucleoside reverse transcriptase inhibitors (NRTIs) including lamivudine (3TC) and emtricitabine (FTC) were characterized. Proof-of-concept for CEST-based ARV theranostics was developed for 3TC and drug biodistribution in brain sub-regions of mice was traced using MRI.

## **Materials and Methods**

#### **Study approvals**

All animal studies were approved by the University of Nebraska Medical Center Institutional Animal Care and Use Committee (IACUC) in accordance with the standards incorporated in the Guide for the Care and Use of Laboratory Animals (National Research Council of the National Academies, 2011).

## **Reagents**

Lamivudine (3TC) was purchased from BOC Sciences (Shirley, NY). Emtricitabine (FTC) was purchased from HBCChem (Union City, CA). (Hydroxypropyl)methyl cellulose (HPMC), polysorbate 80 (TWEEN® 80), and lipopolysaccharide (LPS) were purchased from Sigma-Aldrich (St. Louis, MO). Gibco™ DPBS, LC-MS grade water and methanol were purchased from Fisher Scientific (Waltham, MA). 0.9% Sodium Chloride Injection, USP was purchased from Hospira (Lake Forest, IL).

## **CEST contrasts of 3TC and FTC**

CEST contrasts of 3TC and FTC were measured in phosphate buffered saline (PBS) at 37 °C on a 7 Tesla scanner (Bruker PharmaScan 70/16, Billerica, MA) using a Bruker quadrature RF coil. CEST data were acquired using a Rapid Imaging with Refocused Echoes (RARE) sequence with TR/TE = 4000/42 ms, RARE factor = 16, saturation RF power = 3.6  $\mu$ T, and duration = 3 s. To construct Z-spectra, saturation frequencies were set from  $-8$  to  $+8$  ppm, step = 0.2 ppm. A second RARE data with saturation RF power = 0.5  $\mu$ T, and frequencies  $= -1$  to +1 ppm were acquired for B0 correction using WASSR <sup>[26]</sup>. An image of RF power = 0  $\mu$ T was acquired as baseline (S<sub>0</sub>) for the normalization of CEST images. Following B0 correction and normalization, Z-spectra were constructed. A Z-spectrum is the water signal as a function of saturation frequency, and asymmetric magnetism transfer ratio  $(MTR<sub>asvm</sub>)$ was calculated from the Z-spectrum:

$$
MTR_{asym} = \frac{S(-\Delta\omega) - S(+\Delta\omega)}{S(-\Delta\omega)}
$$
 [1]

where  $\omega$  is the frequency offset between the saturation frequency and the water frequency (0 ppm), and  $S(-\omega)$  and  $S(+\omega)$  are the water signal intensities at the offset frequency lower than water (upfield) and higher than water (downfield), respectively.

## **3TC administration to mice**

Male C57BL/6 mice  $(14 – 16$  weeks old) were purchased from the Jackson Laboratory (Bar Harbor, ME). Mice were randomly distributed in two groups, control and 3TC-treated. First, to mimic the inflammatory response of HIV-1 infected patients, mice from both groups (3TC and control) were administered daily 1 mg/kg of LPS by intraperitoneal injection in 100 μL sterile saline  $[27-29]$  for five days, starting at 24 hours before the first dose of 3TC. The last dose (5<sup>th</sup> dose) of LPS was administered at 24 hours before MRI at day 5. Second, 3TC solution prepared in a vehicle (0.2% hydroxypropylmethyl cellulose and 0.1% Tween 80 in sterile water) was administered to mice (3TC group) daily by oral gavage for 5 days at a dose of 250 mg/kg. Six hours post-final 3TC dose administration at day 5, mice were scanned for CEST imaging. Control mice were given vehicle alone.

#### **Animal CEST MRI**

CEST imaging was performed on controls  $(n = 8)$  and 3TC-treated mice  $(n = 7)$  on a 7 Tesla MRI scanner (Bruker BioSpec 70/20, Billerica, MA). A Bruker-made volume quadrature RF coil was employed for signal transmission and a Bruker 4-element coil array was used for signal reception. Respiration and body temperature were monitored during scanning. CEST

data were acquired using a RARE sequence (TR/TE =  $1600/16$  ms, RARE factor = 8) with a continuous RF for saturation with the power =  $2 \mu$ T, duration = 1 s, saturation frequencies  $= -5$  to 5 ppm in steps of 0.2 ppm. A second CEST data with saturation RF power  $=$ 0.5  $\mu$ T, and frequencies = −1 to +1 ppm were acquired for B0 inhomogeneity correction using WASSR <sup>[26]</sup>. An image of RF power = 0  $\mu$ T was acquired as baseline ( $S_0$ ) for the normalization of CEST images.

Based on the CEST effects of 3TC shown in Figure 1, the in vivo Z-spectra were first normalized using  $S_0$  (baseline image of RF power = 0  $\mu$ T) and then fitted using a five-pool Lorentzian model of bulk water, aliphatic nuclear Overhauser effect (NOE), magnetization transfer (MT) contrast, amide and amino CEST effects:

$$
L_i(\Delta \omega) = \frac{A_i}{1 + 4\left(\frac{\Delta \omega - \omega_i}{\Gamma_i}\right)^2} \tag{2}
$$

where  $\omega$  is the saturation frequency related to water at 0 ppm;  $A_i$ ,  $\omega_i$ , and  $\Gamma_i$  are respectively the amplitude, chemical shift and full width at half maximum (FWHM) of the *i*th CEST peak. The initial values of  $A_i$ ,  $\omega_i$  and  $\Gamma_I$  of NOE, amide and MT were set according to previous brain CEST studies <sup>[30–36]</sup>. The initial values of amino effect were set at  $\omega = 2$  ppm,  $\Gamma = 1.5$  ppm based on the measurements of 3TC shown in Figure 1. A number of amplitudes ( $A = 0.05 \sim 0.2$ ) were tried and the fitting results were similar. The integral under each Lorentzian line was calculated pixel by pixel.

#### **PK and BD of 3TC in mice**

 $3TC$  concentrations in plasma and brain tissue samples of  $3TC$ -treated mice (n = 5) were measured by ultraperformance tandem mass spectrometry (UPLC-MS/MS) using a Waters ACQUITY H-class UPLC (Waters, Milford, MA) connected to a Xevo TQ-S micro mass spectrometer <sup>[37–39]</sup>. All solvents for sample processing and UPLC-MS/MS analysis were LC-MS-grade (Fisher Scientific). 3TC levels in plasma were measured at 6 hours and day 5 time points. Blood samples were collected into heparinized tubes by cheek puncture (submandibular vein) using a 5 mm lancet (MEDIpoint, Inc., Mineola, NY). Collected blood samples were centrifuged at  $2,000 \times g$  for 8 minutes to collect plasma. Plasma samples were stored at −80 °C for further quantitation of 3TC levels. At day 5 following MRI, animals were humanely euthanized; and brain regions (hippocampus, cortex, and mid-brain) were isolated for quantitation of 3TC concentrations. For plasma drug quantitation 25 μl of plasma was added to 1 ml of ice-cold acetonitrile. Tissue samples were weighed and homogenized in a solution of 90% methanol/10% water. 100 μL of each tissue homogenate was then added to 1 mL of ice-cold methanol. For plasma and tissue drug analysis, acetonitrile-precipitated plasma and methanol-precipitated brain tissue were vortexed for 3 minutes, followed by 10-minute centrifugation at  $16000 \times g$ . The resulting supernatant was collected into a new tube and dried down using a SpeedVac (Savant SPD1010, Thermo Scientific). Samples were reconstituted in 80% methanol and 3TC levels were quantitated using UPLC-MS/MS as described [37].

## **Statistics**

Statistical analyses were conducted using GraphPad Prism 7.0 software (La Jolla, CA). Results from *in vivo* studies were expressed as mean  $\pm$  standard error of the mean (SEM). Student's t tests were performed to compare *in vivo* CEST imaging results from the control and 3TC groups. Pearson's correlation was used to determine the association between 3TC imaging results and brain tissue drug levels measured by UPLC-MS/MS.

## **Results**

## **CEST contrasts of 3TC and FTC**

The CEST contrasts of 3TC and FTC are shown in Figure 1. 3TC is a cytidine analog, and its chemical structure includes a hydroxyl proton and an amino proton (Figure 1A). The CEST contrasts of these protons were assessed using 3TC solutions at 10, 20, 50, and 100 mM. The  $MTR_{asym}$  plots of 3TC and PBS are shown in Figure 1B. The CEST effects of the hydroxyl and amino protons were observed at 1 and 2 ppm on the  $MTR_{asym}$  plots. The CEST effects were increased with the concentration of 3TC. PBS did not show any CEST effect (Figure 1B). The CEST effect of the amino proton (at 2 ppm on  $MTR_{asvm}$ ) was linearly proportional to the 3TC concentration with a correlation coefficient  $R^2 = 0.95$ (Figure 1C). The amino effects of 3TC samples are presented in heatmaps in Figure 1D. The color intensity increased with the concentration of 3TC. Concentration-dependent CEST analysis was also performed for the hydroxyl proton (at 1 ppm on  $MTR_{asym}$ ). Similarly, the CEST effect of hydroxyl proton was linearly increased with 3TC concentration ( $R^2$ )  $= 0.94$ ; Supplementary Figure S1A – B). Further, the CEST effects of cytidine analogs were validated using another ARV – FTC (Figure 1E to 1H). Similar to 3TC, concentration dependent CEST effects of the hydroxyl and amino protons of FTC (10, 20, 50 or 100 mM) were observed at 1 and 2.4 ppm, respectively, on the *MTRasym* plots (Figure 1F). However, the CEST effect of FTC amino proton shifted to 2.4 ppm and its magnitude was higher compared to 3TC (Figure 1B vs. Figure 1F). The CEST effect of the amino proton (at 2.4 ppm on  $MTR_{asym}$ ) was linearly proportional to the FTC concentration with a correlation coefficient  $R^2 = 0.90$  (Figure 1G). Increase in color intensity with FTC concentration compared to control (PBS) confirmed the CEST contrast generated by the amino group of FTC (Figure 1H). The CEST effect of the hydroxyl (at 1 ppm on  $MTR_{asym}$ ) of FTC also linearly increased with the drug concentration ( $R^2 = 0.89$ ; Supplementary Figure S1C – D).

#### **CEST in 3TC-treated mice**

CEST effects of 3TC were measured on brain sub-regions in C57BL/6 male mice following daily oral drug administration for 5 days at a dose of 250 mg/kg. This dose was about five times of human dosage after animal equivalent dose (AED) calculation [40]. Vehicle to dissolve  $3TC$  was used as control to avoid any confounders.  $T_2$ -weighted images were used as an anatomical reference for brain region-of-interest (ROI) analysis (Figure 2A). The CEST 3TC effect was measured in five sub-regions of the CNS - hippocampus (HIP), cortex (CTX), piriform cortex (PIR), thalamus (TH) and hypothalamus (HY). The Z-spectra of brain regions were built from CEST MRI data. Figure 2B shows representative Z-spectra on HIP of a control and a 3TC-treated mouse. Z-spectra on other brain regions (CTX, TH, PIR, and HY) are shown in Supplementary Figure S2. In a Z-spectrum, the water proton signal

is plotted as a function of saturation frequency, and a CEST effect is represented as a signal drop on the Z-spectrum at certain saturation frequency. The evident signal drop from the direct saturation of the bulk water occurred at 0 ppm (Figure 2B). Signal drops at  $\sim$  2 ppm and 3.5 ppm resulted from amino and amide protons, respectively (Figure 2B). The signal at 2 ppm in the 3TC mouse was larger than in the control mouse, indicating the CEST effect of the 3TC amino proton. The signal drop within  $-1.0 \sim -4.0$  ppm resulted from aliphatic NOE (Figure 2B), which is a type of cross-relaxation pathway where spin polarization exchange takes place. A five-pool Lorentzian function was used to fit the bulk water, aliphatic NOE, MT, amino and amide protons. MT contrast is a broad, non-specific signal drop in the Z-spectrum from semi-solid macromolecules  $[31, 36, 41-44]$ . Representative fitting results in the control and the 3TC-treated mouse on HIP are shown in Figure 2C and 2D, respectively. The fitting results on CTX, PIR, TH and HY are demonstrated in Supplementary Figure S3. For better visualization, fitted bulk water and MT were removed and fitted functions of NOE, amino and amide protons are shown in Figure 2E and Supplementary Figure S3. Compared to the controls, increase (in both amplitude and linewidth) in amino proton effect (at about 2 ppm) was observed on all brain sub-regions of the 3TC group (Figure 2E and Supplementary Figure S3). The amide proton effects (at about 3.5 ppm) were comparable between the control and the 3TC groups (Figure 2E and Supplementary Figure S3). NOE was reduced in 3TC-treated mice compared to in controls. Pixel-by-pixel heatmaps of the integrals of the fitted amino Lorentzian line on brain sub-regions were shown in Figure  $3A-3D$ . T<sub>2</sub>-weighted images were used as an anatomical reference (Figure 3A and 3C). Higher color intensity of the amino CEST effect compared to controls is seen on all brain sub-regions of the 3TC group (Figure 3B and 3D). The 3TC group had a significant increase of amino CEST effect compared to the controls on CTX ( $p = 0.028$ ), HIP ( $p = 0.047$ ), TH ( $p$  $= 0.039$ ), PIR (p = 0.044) and HY (p = 0.024) (Figure 3E). No significant differences were found in amide effects between the control and 3TC groups (Supplementary Figure S4A – E). A trend of decrease was observed for NOE in 3TC mice on HIP ( $p = 0.099$ ) and TH ( $p$ )  $= 0.082$ ) compared to controls (Supplementary Figure S4F – J). This change indicated that 3TC induced biochemical changes in brain.

Further, 3TC levels were measured in plasma and brain sub-regions using UPLC-MS/MS and were correlated to CEST MRI results (Figure 4A and 4B). An average of  $1009 \pm 154.6$ ng/mL and  $2819.1 \pm 880.1$  ng/mL of 3TC was measured in plasma at 6 hours and day 5, respectively. In addition, 3TC levels were  $473.3 \pm 199.6$  ng/g in HIP,  $532.6 \pm 192$  ng/g in CTX and  $614.5 \pm 227.2$  ng/g in mid-brain at day 5. The correlation coefficients of 3TC CEST and UPLC-MS/MS data were  $R^2 = 0.62$  on CTX, and  $R^2 = 0.20$  on HIP (Figure 4C) and 4D). The correlation of CEST contrasts on CTX and HIP together with 3TC levels in both regions was  $R^2 = 0.37$  (Figure 4E).

## **Discussion**

CEST contrasts of ARVs can be characterized and utilized for the measurement of biodistribution in brain sub-regions using MRI. In traditional theranostic technologies, drug molecules are tagged with imaging agents or loaded with imaging agents into one nanoparticle. Paramagnetic metals are commonly used for MRI [45–47] and radioactive materials used for positron emission tomography (PET) and single photon emission

computed tomography (SPECT)  $[48-51]$ . The limitations of the methods are obvious. First, the loading rate of nanoparticles are usually limited to achieve effective therapy and/or imaging sensitivity <sup>[23]</sup>. Second, toxicity associated with imaging agents and nanoparticles has to be addressed [52-54]. Third, blood brain barrier penetration needs to be considered when designing traditional theranostic methods for the CNS. Unlike the traditional methods, CEST contrasts emerge from the exchangeable protons of drug molecules, and therefore no extrinsic chemical agent is needed for drug imaging. This eliminates the limitations associated with imaging agents used in traditional techniques. Thus, theranostics based on CEST is promising tool for basic and clinical investigations [55] .

The development of CEST drug evaluation is possible for drugs that contain slow to intermediate exchanging protons  $[22, 56, 57]$ . In the current study, we focused on the assessment of CEST contrasts of 3TC and FTC. Both ARVs are cytidine analogs and possess a hydroxyl proton and an amino proton in the chemical structure. We posit that other NRTIs can be detected using parallel CEST MRI methods as they also contain hydroxyl and amino protons. For example, tenofovir is an adenosine analog that has an amino group and two hydroxyl groups and abacavir (ABC) is a guanosine analog that has an amino group, an amide group and a hydroxyl group. Notably, CEST also has the potential to image other classes of ARVs such as integrase strand transfer inhibitors (INSTIs), non-nucleoside reverse transcriptase inhibitors (NNRTIs) and protease inhibitors provided that have slow to intermediate exchanging protons. For ARVs from these classes, characterization of CEST effects can be completed by structural evaluation and exchange rate calculations [58, 59].

Although we tested the CEST-based brain imaging, the method with a few modifications in the Lorentzian fitting algorithm can be utilized on other tissues such as liver, kidney and spleen. This significantly expands the applications of the CEST-based detection techniques. Moreover, direct in vivo imaging of ARVs could enable long term PK and BD studies, which is critical for the development of long-acting injectables of ARVs. It is now well accepted that long-acting ARVs could affect drug adherence and as such reduce viral transmission, prevent new infections, and limit the emergence of viral drug resistance [60–63]. There is an increasing need for personalized ARV regimens to provide efficient treatment while minimizing toxicity and decreasing the risk of viral resistance developing [64–66]. ARV theranostics that measures real-time tissue drug levels will help the design of personalized treatments tailored for individual patients.

A successful bioimaging technique measures the biodistribution of an ARV with sensitivity and specificity. In this study, the relatively high correlations between imaging results and UPLC-MS/MS measurements of 3TC were observed. This showed that CEST imaging is sensitive to drug levels in CNS. Although the current proof-of-concept study successfully measured the biodistribution of 3TC in brain sub-regions *in vivo*, the test limitations are recognized. First, only one dosage of 3TC was utilized that was five times higher than the currently used clinical dose. Second, mice were treated with LPS to induce neuroinflammation. Such inflammatory responses are more limited in HIV-1 infected patients with ARV-induced undetectable viral loads and the treatments could enhance brain drug penetration. Such technical limitations will be addressed in future research by using CEST methods to evaluate various ARV dose concentrations independently or in

combination. These studies are now being implemented in HIV-1 infected humanized mice who maintain undetectable viral loads with ARV treatment. Such approach will help to determine and improve the sensitivity of the CEST contrasts. The saturation RF power and duration in the current study was selected based on previous *in vivo* CEST studies  $[42, 67]$ . RF parameters will be further optimized in the future using ARVs in cells as suggested in [41] to improve sensitivity for *in vivo* environments.

The major challenge for sufficient specificity for *in vivo* ARV measurements is the contaminations by protons from background biomolecules including proteins and metabolites. Additionally, the MT contrasts from semisolid macromolecules and NOE also confound the ARV CEST contrasts  $[68]$ . Simple asymmetric  $MTR$  analysis, usually, fails for in vivo CEST data analysis. Thus, more advanced data analysis methods like the Lorentzian line-shape fitting needs be used to improve the analysis outcome<sup>[19, 43, 69–72]</sup>. This study demonstrated that Lorentzian functions successfully detected 3TC in vivo by fitting the amino proton CEST effect. We posit that the specificity of 3TC detection can be further improved by fitting the combined CEST effects of the amino and hydroxyl protons. Based on this idea, we are extending the Lorentzian method to a multiple-peak algorithm that fits CEST effects of different protons simultaneously in an ARV using Lorentzian functions and polynomials. The method can be further expanded to include values from amide and aliphatic nuclear Overhauser effect (NOE) effects. Algorithms are being developed that utilizes unique "CEST score" that is generated from different CEST values representing different protons, amide and NOE of an ARV. These refinements will certainly improve the assay sensitivity and specificity. This method is inspired by previous work $[30, 42, 73]$ , and can be used to identify different ARVs used in combined ARV regimens.

In conclusion, we demonstrated that the CEST effects of cytidine analogs (3TC and FTC) can be characterized. These characterized properties can be harnessed for in vivo drug detection and quantification using MRI and advanced data analysis algorithms like Lorentzian line-shape fitting. ARV theranostics based on intrinsic CEST effects will advance the field in evaluating the spatial-temporal biodistribution of drugs and in understanding ARV-associated efficacy and toxicity.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

## **Acknowledgements**

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## **Figure 1.**

Chemical exchange saturation transfer (CEST) effects of 3TC and FTC. (**A**) Chemical structure of 3TC. The hydroxyl group is enclosed in red circle, and the amino group is enclosed in blue circle. (**B**) MTR plots of 3TC and PBS (control) at 37°C. MTR increases at 1 ppm and 2 ppm with the 3TC concentration. PBS did not show CEST effect. (**C**) 3TC amino proton CEST effect (MTR@2ppm) increases linearly with 3TC concentration  $(R^2 = 0.95)$ . (**D**) Pixel-by-pixel heatmaps of 3TC samples. Color intensity increases with 3TC concentration. The color bar for the heatmaps is at the side of the figure represents MTR values. (**E**) Chemical structure of FTC. The hydroxyl group is enclosed in red circle, and the amino group is enclosed in blue circle. (**F**) MTR plots of FTC and PBS (control) at 37°C. MTR increases at 1 ppm and 2 ppm with the FTC concentration. PBS did not show CEST effect. (**G**) FTC amino proton CEST effect (MTR@2ppm) increases linearly with FTC concentration  $(R^2 = 0.90)$ . (**H**) Pixel-by-pixel heatmaps of FTC samples. Color intensity increases with FTC concentration. The color bar for the heatmaps is at the side of the figure represents MTR values.



## **Figure 2.**

In vivo chemical exchange saturation transfer (CEST) effects of 3TC. (**A**) Regional CEST effects were measured on hippocampus (HIP), cortex (CTX), piriform cortex (PIR), thalamus (TH) and hypothalamus (HY) (**B**) Representative Z-spectra on HIP of a control and a 3TC-treated mouse. (**C**) and (**D**) Representative fitted five Lorentzian functions of bulk water, aliphatic NOE, MT, amino and amide protons on HIP from a control and a 3TC-treated mouse. The sum of the fitted functions is also shown as fitted Z-spectrum. The Lorentzian functions are shown upside down. (E) The fitted NOE, amino and amide protons are shown for better visualization.



## **Figure 3.**

(A and B) T<sub>2</sub>-weighted image of a control mouse, and pixel-by-pixel Lorentzian line integral heatmaps of fitted amino proton effect superimposed on the respective  $T_2$ -weighted image. (**C** and **D**) T<sub>2</sub>-weighted image of a 3TC-treated mouse, and pixel-by-pixel Lorentzian line integral heatmaps of fitted amino protons superimposed on the respective  $T_2$ -weighted image. (**E**) Group comparisons of fitted integrals of amino proton chemical exchange saturation transfer (CEST) effect. Student's t test (two-tailed) was used to compare in vivo CEST imaging results from the control and 3TC groups, \*: p < 0.05. Data are expressed as mean  $\pm$  standard error of the mean (SEM); N = 8 (Control) and N = 7 (3TC)

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#### **Figure 4.**

(**A**) Plasma 3TC levels. (B) 3TC concentrations in hippocampus (HIP), cortex (CTX), and mid-brain (MB) at day 5. For both plasma and brain tissue, 3TC concentrations are expressed as mean ± standard error of the mean (SEM); N = 5/group. (**C**) Correlations of amino proton integrals and tissue 3TC concentrations on CTX. (**D**) Correlations of amino proton integrals and tissue 3TC concentrations on HIP. (**E**) Correlations of amino proton integrals and tissue 3TC concentrations on CTX and HIP combined.