



Published in final edited form as:

Immunol Rev. 2021 September ; 303(1): 103–118. doi:10.1111/imr.12991.

Immunoregulation by Antibody Secreting Cells in Inflammation, Infection, and Cancer

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Summary

Antibody secreting cells (ASCs) are considered work horses of the humoral immune response for their tireless effort to produce large amounts of antibodies that fulfill an array of functions in host defense, inflammation, and maintenance of homeostasis. While traditionally considered largely senescent cells, surprising recent findings demonstrate that subsets of ASCs downmodulate ongoing immune responses independent of antibody formation. Such regulatory ASCs produce IL-10 or IL-35 and are implicated in maintaining tissue and immune homeostasis. They also serve to suppress pathogenic leukocytes in infection, allergy, and inflammatory diseases that affect tissues, such as the central nervous system and the respiratory tract. Additionally, regulatory ASCs infiltrate various cancer types and restrict effective anti-tumor T cell responses. While incompletely understood, there is significant overlap in factors that control ASC differentiation, IL-10 expression by B cells and the generation of ASCs that secrete both antibodies and IL-10. In this review, we will cover the biology, phenotype, generation, maintenance and function of regulatory ASCs in various tissues under pathological and steady states. An improved understanding of the development of regulatory ASCs and their biological roles will be critical for generating novel ASC-targeted therapies for the treatment of inflammatory diseases, infection, and cancer.

Keywords

antibody secreting cells; IL-10; immunosuppression; inflammation; cancer

1. Introduction

B cells and their terminally differentiated antibody-secreting stage are critical components of the immune response as they present antigens, secrete cytokines, and produce antibodies (reviewed in¹). Elimination or control of pathogens and foreign material is essential for maintenance of long-term health; however, overly strong immune responses can lead to

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Conflict of Interest Statement

The authors state no conflict of interest.

collateral tissue damage and disease. Therefore, mechanisms to suppress overt inflammation and maintain tissue homeostasis are necessary and are provided by various cell types. Regulatory B cells (Bregs) are subsets of B cells that are found among all main lineages of B cells and they are capable of suppressing immune responses through provision of anti-inflammatory cytokines, such as IL-10, their most well studied mechanism of action.^{2,3} B cells also regulate immune responses independent of IL-10 through expression of TGFβ, IL-35, IgM, PDL-1, FasL, and adenosine (reviewed in^{4,5}). Recently, it has been recognized that many of the suppressive functions of regulatory B lineage cells are exerted by antibody secreting cells (ASCs), plasmablasts and plasma cells, that secrete both antibodies and the immunosuppressive cytokines IL-10 or IL-35. Plasmablasts are still dividing, produce high amounts of antibody and can further mature into terminally differentiated plasma cells. In this review, we will refer to plasmablasts and plasma cells collectively as ASCs. These regulatory ASCs are implicated in maintaining tissue and immune homeostasis, and they are beneficial or detrimental depending on the disease context. For example, the presence of IL-10 secreting ASCs in multiple sclerosis (MS) central nervous system (CNS) lesions is associated with limited neuroinflammation and a better prognosis in patients and is associated with milder disease course in mice with experimental autoimmune encephalomyelitis (EAE), the mouse model of MS.^{6,7} In contrast, the regulatory ASCs in prostate and liver cancer limit CD8⁺ T cell anti-tumor responses and correlate with poor survival.^{8,9}

The signals and factors that control the generation of ASCs that secrete both antibodies and IL-10 are incompletely understood but there is significant overlap in factors that induce ASCs and IL-10 expression by B cells. Naïve B cells cannot secrete IL-10 without stimulation, but once activated by toll-like receptor (TLR) ligands, B cell receptor (BCR) antigens, CD40-ligand (CD40-L), co-stimulatory molecules (CD80, CD86) and inflammatory cytokines, B cells acquire the capacity to secrete IL-10 (reviewed in^{2,3}). IL-10 producing ASCs either differentiate from IL-10⁺ B cells into ASCs^{10,11} or differentiated ASCs acquire the competence to secrete IL-10 upon antigenic stimulation.¹² Such IL-10-inductive signals include IL-21,^{13–16} micro-RNAs (miRs) 21 and 155,^{17–19} and the transcription factors interferon regulatory factor 4 (IRF4) and B lymphocyte-induced maturation protein-1 (BLIMP-1).^{20–22} B cell activating factor (BAFF) and a proliferation-inducing ligand (APRIL) mediate the survival of ASCs in traditional niches of the bone marrow and spleen,^{23–25} support the development of IL-10⁺ regulatory B cells and are found in non-traditional ASC sites, such as the skin in both homeostasis and inflammation and the inflamed CNS.^{26–29} This review focuses on the development and phenotype of IL-10⁺ ASCs, their role in maintaining homeostasis, as well as their functions in lymphoid and non-lymphoid organs in various disease settings.

2. Regulatory ASCs in different tissue niches

2.1 Regulatory ASCs in lymphoid tissues and maintenance of immune homeostasis

ASCs are formed in secondary lymphoid organs, and many long-lived ASCs reside permanently in the bone marrow where they are a major source of circulating antibodies.³⁰ Long-lived ASCs also reside in the spleen, lung, and gut.^{31–35} In the spleen and

bone marrow, ASCs have been demonstrated to be the most frequent IL-10-producing population based on the finding that approximately 60% or more IL-10⁺ cells have an ASC phenotype under homeostatic conditions.^{36,37} IL-10 production by ASCs has been observed among the main isotype producing ASCs (IgM, IgA, IgG).^{6,11,36–38} Short term culture without BCR or TLR antigen stimulation of IL-10⁺ ASCs isolated from the bone marrow leads to significantly more IL-10 secretion compared with B cells or non-B cells, indicating constitutive and plentiful secretion of IL-10 by bone marrow ASCs *in vivo*.^{36,37} Experimental data support the conclusion that secretion of IL-10 by B lineage cells promotes antibody production of and skewing towards or survival of IgG ASCs.³⁶ Specifically, recombinant IL-10 supports, whereas blockade with anti-IL-10 significantly inhibits, ASC survival *in vitro*.³⁶ In addition, *in vivo*, IL-10 production by adoptively transferred B lineage cells assists in the development of antigen-specific isotype switched ASCs upon antigen challenge.³⁶ The authors also generated mixed bone marrow chimeras by reconstituting lethally irradiated recipient mice with bone marrow cells that were 90% derived from B-cell-deficient μ MT mice, 10% from IL-10^{-/-} mice or 10% from IL-10^{+/+} mice. This set-up resulted in chimeric mice, in which only the B lineage cells were IL-10-deficient. Following immunization, chimeric mice with IL-10^{-/-} B cells have significantly augmented serum IgM and lower levels of serum IgG1 and IgG3 antibodies.³⁶ However, further investigation is necessary to determine if IL-10 production by IgM⁺ ASCs supports the survival of class-switched ASCs and if there is an autocrine or paracrine mechanism by which IL-10 secretion supports IgM⁺ ASCs at steady state. (Figure 1A)

While IL-10 acts on ASCs in the bone marrow, it can also affect other hematopoietic cells, by promoting differentiation of dendritic cells and F4/80⁺ macrophages. (Figure 1A) Over 50% of the IL-10 receptor (IL-10R) expressing cells in the bone marrow are CD115 (CSF-1R)⁺ myeloid lineage cells, with the highest transcript for *Il10ra* found in CD11c⁺ dendritic cells (DCs) and Ly6C⁺ monocytes.³⁷ *In vitro* co-culture of IL-10⁺ bone marrow ASCs with purified monocytes promotes expansion of F4/80⁺ macrophages in an IL-10-signaling dependent manner.³⁷ IL-10⁺ ASCs also support expansion of CD11c⁺ DCs; however, IL-10R blockade does not reverse this effect, indicating an IL-10-independent expansion of CD11c⁺ DCs by ASCs.³⁷ Additionally, IL-10 production by ASCs suppresses the differentiation of osteoclast-like cells *in vitro*.³⁷ IL-10 producing ASCs in the bone marrow may serve in part to regulate immune homeostasis, and the loss of IL-10⁺ ASCs is potentially a contributing factor to “inflammaging.” “Inflammaging” is a growing field of research concerned with the aging process contributing to low-grade chronic inflammation and the failures of the immune system that contribute to many age-associated diseases.^{39–41} *In vivo* studies support the findings that IL-10⁺ ASCs modulate the myeloid lineage cells in the bone marrow, and that this changes with age: 7-month-old B cell-specific IL-10 knockout mice have an increase in CD11c⁺ DCs and CD115⁺ myeloid cells with reduced F4/80 expression in the bone marrow, indicating a role for ASC-derived IL-10 in modulating local myeloid differentiation that is non-redundant. However, such effects by IL-10 from ASCs are not seen in 4-month-old mice.³⁷ Through modulating myeloid cell differentiation in an age-dependent manner, IL-10 production by ASCs in the bone marrow promotes immune homeostasis. IL-10⁺ ASCs in the bone marrow as well as in other lymphoid tissues could be critical for maintaining the appropriate immune balance and response to aging

and damaged tissues, and their loss may help to accelerate “inflammaging”. It would be intriguing to analyze aged mice (16–18 months) or elderly patient bone marrow samples to determine if there is further loss of IL-10⁺ ASCs and worsening defects in the myeloid and ASC compartments.

2.2 Regulatory ASCs and the gut-CNS Axis

Long-lived ASCs reside primarily in the bone marrow and gut but are also found in inflamed non-lymphoid tissues. Recent works by several groups have focused on the role of IL-10 secreting ASCs in the CNS in the control of neuroinflammation in EAE models.^{6,38,42} Matsumoto *et al.* investigated the role of IL-10 producing ASCs in EAE using IL-10 reporter mice and demonstrate that IL-10⁺ ASCs produce IL-10 *in vivo*.³⁸ In this study, inflammation-limiting IL-10⁺ ASCs principally reside in the CNS-draining lymph nodes, but not in the spleen or spinal cords.³⁸ These regulatory ASCs colocalize primarily with CD11c⁺ dendritic cells (DCs) in the extrafollicular region of the draining lymph nodes and secrete IL-10, which in turn binds to IL-10 receptor (IL-10R) on DCs, thereby decreasing transcription of *Il6* and *Il12* mRNA in the DCs. (Figure 1B) As a consequence, Th1 differentiation of MOG-specific encephalitogenic T cells is reduced by the addition of supernatants from wildtype ASC and DC co-cultures, indicating that IL-10⁺ ASCs inhibit DC functions to generate autoreactive T cells and thereby contribute to milder disease.³⁸ (Figure 1B) Interestingly, Shen *et al.* generated mixed bone marrow chimeras by reconstituting lethally irradiated recipient mice with bone marrow cells that were 80% derived from B-cell-deficient JHT mice, 10% from IL-10^{-/-} mice, and 10% from p35^{-/-} mice. This set-up results in chimeric mice with 50% IL-10^{-/-} B cells and 50% IL-35^{-/-} B cells, in which the authors saw clinical symptoms in the EAE model that mirror chimeric mice reconstituted with wildtype bone marrow instead of JHT bone marrow cells.⁴² However, when the authors generated chimeric mice that were 100% IL-10^{-/-} B cells or 100% p35^{-/-} B cells (80% JHT bone marrow plus 20% IL-10^{-/-} or 20% p35^{-/-} bone marrow cells, respectively) those mice have a significantly exacerbated course of EAE, indicating that regulatory IL-10⁺ ASCs and IL-35⁺ ASCs act in parallel and are likely non-redundant.⁴² Future studies are required to dissect these intriguing results and reveal distinct tissue niches or cellular targets of IL-10 versus IL-35 expressing ASCs.

In neuroinflammation, both IgG⁺ and IgA⁺ ASCs localize to the brain and spinal cord of mice and humans.^{6,7,43} Rojas *et al.* demonstrated that at least a proportion of the IgA⁺ ASCs found in the CNS of mice with EAE originate from the gut and secrete IL-10 that ameliorates neuroinflammation.⁶ (Figure 1B) During the chronic phase of EAE, the authors have found a corresponding decrease in gut IgA⁺ ASCs, suggesting that the ASCs relocate from the gut into inflamed tissues.⁶ In line with this, during active relapse, MS patients have a significant reduction in IgA-bound gut bacteria from fecal samples, supporting the notion that IgA⁺ ASCs have relocated from the intestinal mucosa to the CNS.^{6,7} Expanding on the role of gut-microbiota specific IgA⁺ ASCs in regulating neuroinflammation, Pröbstel *et al.* recently published that clonally expanded IgA⁺ ASCs reside in the CNS of MS patients and accumulate adjacent to MS-associated demyelination.⁷ In mice, adoptive transfer of ASCs isolated from the small intestinal lamina propria reach the CNS of recipient mice and reduce symptoms of EAE.⁶ Trafficking of IgA⁺ ASCs from the gut is not restricted

to the inflamed CNS. Using an influenza virus infection model, Rojas *et al.* demonstrated that rotavirus-specific IgA⁺ ASCs migrate to the inflamed lung that was challenged with influenza virus and also engage in low level homeostatic recirculation in the absence of inflammation.⁶ However, IgA⁺ ASCs do not traffic to the uninflamed CNS, indicating that ASCs are generally restricted from entering the CNS except during inflammation.⁶ Importantly, the ASCs reaching the CNS during EAE are commensal-reactive IgA⁺ IL-10⁺ ASCs and their secretion of IL-10 is required for reduction of EAE symptoms.⁶

Once IL-10 secreting ASCs reach the CNS, the appropriate signals are necessary to support their continued survival and function and, as discussed below in *Maintenance and survival of regulatory ASCs*, BAFF and/or APRIL present in inflamed CNS tissue could fulfill such a role. (Figure 1B) BAFF-Tg mice harbor an increased number of IL-10⁺ IgA⁺ ASCs in the gut and CNS during steady state, and these mice are resistant to EAE.⁶ In the same mice, IgG⁺ ASCs, which are absent in the CNS without local inflammation, increase in numbers in the CNS during EAE⁶, suggesting different requirements for CNS accumulation of IgG⁺ versus IgA⁺ ASCs. BAFF-Tg mice are also highly resistant to both MOG₃₅₋₅₅ and rhMOG-induced models of EAE. Overexpression of BAFF affects the effector phase of EAE because adoptive transfer of pre-primed T cells into BAFF-Tg mice results in significantly attenuated disease compared with transfer into WT mice.⁶ Importantly, the authors demonstrate that IL-10 production by gut-derived ASCs is required for EAE resistance in BAFF-Tg mice.⁶ Contrasting the study by Rojas *et al.* showing increased resistance of BAFF-Tg mice to EAE, is a report by Zhou and colleagues that found that BAFF-Tg mice have exacerbated EAE symptoms and an increase in Th17 cells in the draining lymph nodes⁴⁴. However the Zhou study did not analyze IL-10⁺ ASCs or B cells, and it is unclear if all animal facilities support the gut microbiome that induces regulatory IL-10⁺ ASCs. Thus, the discrepancies for the role of BAFF in EAE could be due to differences in animal facility microbiomes given that IgA⁺ ASCs are trafficking from the gut to the CNS during EAE and MS.^{6,7} Pröbstel and colleagues sequenced the IgA-bound microbial taxa and found differences in the abundance of specific taxa between MS patients and control donors in addition to absolute IgA levels in the gut between relapse and remission stages.⁷ The most prominent operational taxonomic units (OTUs) bound by IgA in MS patients were *Akkermansia muciniphila*, *Eggerthella lenta*, *Bifidobacterium adolescentis*, and *Ruminococcus* with the first 3 OTUs previously reported to be increased in MS and to possess proinflammatory effects on T cells.^{7,45-47} In healthy controls, IgA preferentially bound to *Bacteroides* OTUs.⁷ These studies collectively indicate that the relative abundance of specific taxa in the gut microbiome of MS patients may contribute to MS development or exacerbation through the IL-10⁺ IgA⁺ ASCs that traffic from the gut to the CNS. Future research to harness this axis either through treatment that affects the gut microbiome or the ability of these cells to traffic to the brain will be critical for developing novel MS therapies.

Furthermore, mice deficient in TACI, a key receptor for BAFF and APRIL, develop exacerbated EAE symptoms.⁶ This result is in line with data from a clinical trial in which treatment of MS patients with atacicept (TACI-Ig), which blocks BAFF and APRIL, led to significant disease exacerbation that was accompanied by a significant reduction in serum IgM, IgA, and IgG levels suggestive of global ASC depletion.⁴⁸ Interestingly, MS

patients treated with anti-CD20 antibodies, which deplete B cells and spares ASCs, have an improvement in their clinical symptoms,^{49,50} demonstrating the unique role of ASCs in regulating symptoms of MS.

Cerebral spinal fluid levels of IgA increase significantly during active MS flares, whereas IgG levels, which are also higher in cerebrospinal fluid of MS patients than in that of healthy subjects,⁵¹ do not increase during relapse, indicating an activation of IgA⁺ ASCs during disease exacerbation.⁷ Oligoclonal bands or immunoglobulins are found in the cerebrospinal fluid of the majority of MS patients as well as in other chronic inflammatory CNS conditions.^{52,53} Some of these spinal fluid immunoglobulins of the IgG1 and IgG3 subclasses are suspected to contribute to pathogenesis of CNS inflammation; however, their contribution to disease pathogenesis is still controversial.⁵³ It is possible that IgA⁺ ASCs that infiltrate the CNS are protective through provision of IL-10 and potentially IgA, while some IgG⁺ ASCs are potentially pathogenic via the various IgG effector mechanisms, including antibody-dependent cellular cytotoxicity, complement dependent cytotoxicity, and antibody-dependent cellular phagocytosis (reviewed in⁵⁴). Based on the discovery that IL-10 production by IgA⁺ ASCs in mice with EAE is protective and the emerging presence of CNS IgA⁺ ASCs also in human MS, there is very likely a similar regulatory role for IL-10⁺ IgA⁺ ASCs in humans during MS relapse. However, future studies will need to investigate this in greater detail. Additional studies are also necessary to dissect which subclasses of CNS ASCs are protective vs. pathogenic, including the question of whether IgG⁺ ASCs may provide IL-10 to suppress inflammation in the context of MS or other neuroinflammatory conditions.

2.3 Regulatory ASCs of the respiratory tract.

Regulatory ASCs of the lung are discussed in detail below under *Regulatory ASCs in specific disease settings*.

2.4 The skin and other extralymphoid tissues: a potential residence for regulatory ASCs

The skin is a key barrier organ that provides protection from a variety of external insults including infections and allergens, in addition to mechanical, UV, thermal, and chemical damages. Our laboratory showed previously that B cells and ASCs constitutively recirculate through the unperturbed skin and that conventional B cells and IL-10⁺ innate like B cells reside in normal and inflamed skin of mice and humans.^{55,56} (Figure 1C) Supporting our findings, others reported the presence of B cells including IgG⁺ B cells in healthy and melanoma-associated human skin.⁵⁷ In more recent work, we were able to show that IgM⁺ ASCs reside in healthy skin of both mice and humans, independently of T cells and microbiota, and provide natural antibodies to support homeostasis in the skin.²⁷ Moreover, these ASCs increase significantly with chronic inflammation in mice and are found in human lesional skin from patients with the chronic inflammatory skin condition acne keloidalis.²⁷ Cutaneous IgM ASCs are completely dependent upon the survival factors BAFF and APRIL, which are constitutively expressed in skin and upregulated in chronic inflammation.²⁷ (Figure 1C) Treatment with anti-BAFF antibody during the course of inflammation also significantly reduces the accumulation of IgM ASCs in the skin, further demonstrating the continuous support that BAFF provides to cutaneous ASCs.²⁷ We found

that IL-10⁺ B cells migrate into the inflamed skin of mice and are critical for suppression of inflammation within the cutaneous environment.^{55,58} Positioning of natural antibody producing ASCs and IL-10⁺ B cells within the skin allows for appropriate defense and repair from insults while suppressing overt inflammation (Figure 1C) and it is likely that some proportion of the resident and infiltrating ASCs also produce IL-10 locally in the skin, which will be an interesting question to address in future work. Do the resident IgM⁺ ASCs in the skin constitutively produce IL-10? IgA⁺ ASCs are the second most common ASC found in mouse skin²⁷ and are well established residents of human skin.⁵⁹ Therefore, the questions arise whether skin ASCs produce IL-10 and what their relative contributions are in homeostasis and inflammation? Additional questions are whether inflammation induces IL-10 production by ASCs in distinct entities of skin inflammation, such as psoriasis or atopic dermatitis, and whether IL-10⁺ B cells that traffic into the skin during inflammation mature into IL-10⁺ ASCs that stay in the skin. If such IL-10⁺ ASCs were retained in the skin, would they be protective against future inflammatory insults from both external insults and new flare ups of an underlying inflammatory disease?

IL-10⁺ regulatory B cells (Bregs) play important roles in limiting local inflammation in extralymphoid tissue sites besides the skin, including joints and the colon; however, the role of IL-10⁺ ASCs in these sites is unknown. In joints, IL-10⁺ B cells suppress T-cell mediated inflammation in both collagen-induced arthritis⁶⁰ and antigen-induced arthritis,⁶¹ mouse models in which the IL-10⁺ Bregs from spleen or lymph nodes limit the production of inflammatory cytokines by T cells. In patients with osteoarthritis and rheumatoid arthritis, IL-10⁺IgM⁺CD27⁺ B cells are found directly in the synovial fluid of affected joints and their relative frequency is decreased with more severe osteoarthritis.⁶² In the colonic lamina propria, resident enteric bacteria induce the development of IL-10⁺ B cells, which regulate T cell activation and maintain colonic homeostasis.⁶³ IL-10⁺ Bregs from the peritoneal cavity also regulate colitis in both induced and spontaneous colitis mouse models by downregulating T cell activation.⁶⁴ These sites are infiltrated with IL-10⁺ Bregs but the potential role of IL-10⁺ ASCs has not been explored and regulatory ASCs may play an important role in mediating immune suppression and homeostasis in a number of extralymphoid tissues.

3. Regulatory ASCs in specific disease settings

3.1 Multiple Sclerosis and EAE

The role of regulatory ASCs in MS and EAE is discussed in detail above under *Regulatory ASCs in different tissue niches*.

3.2 Regulatory ASCs in cancer

Robust anti-cancer responses require surveillance and tumoricidal activity by the host immune system, in particular by effector T cells. When infiltrating effector T cells fail to control malignant cell growth or are prevented from entering tumors, tumor growth is allowed to proceed. The role of tumor-infiltrating B lineage cells is less well studied but the presence of B cells and ASCs within tumors can have positive or negative effects on tumor growth depending on the individual type of cancer and the specific B

lineage subset involved (reviewed in detail in^{65,66}). Even at low numbers, tumor-infiltrating ASCs produce significant amounts of antibody.^{67,68} If the antibody produced recognizes tumor antigens, this will have a myriad of effects on tumor growth, including promotion of anti-tumor activity through antibody-dependent cellular cytotoxicity and phagocytosis, activation of complement, and enhanced antigen presentation by dendritic cells (reviewed in⁶⁶). Tumor infiltrating B cells and ASCs can also suppress effective anti-tumor immune responses through secretion of cytokines, such as IL-10, IL-35, and TGF β , and promote immunosuppressive myeloid cell differentiation, Treg development, and suppress effector T cell responses.^{8,9,66,69–74} Additionally the expression of PD-L1 on ASCs can strengthen the immunosuppression of effector T cell responses.^{8,9} The antibody isotype also affects the type of immune response generated, and formation of immune complexes between antibodies and tumor or non-tumor antigens within the tumor has been postulated to sustain chronic inflammation that weakens the anti-tumor response (reviewed in⁶⁶). The Karin group convincingly showed that immunosuppressive IL-10-producing ASCs that also express both IgA and PD-L1 localize to prostate and liver cancers.^{8,9} (Figure 1D) The same authors go on to demonstrate that in a mouse model of prostate cancer, IL-10 producing PD-L1⁺ IgA⁺ ASCs impede T-cell dependent anti-tumor responses induced by oxaliplatin.⁸ Oxaliplatin is a type of immunogenic chemotherapy that causes a form of cell death that elicits both an innate and adaptive immune response.⁷⁵ The appearance of the immunosuppressive ASCs within the tumors was dependent on TGF β receptor signaling in the B lineage cells.⁸ Importantly, the tumor microenvironment frequently contains high levels of TGF β , a cytokine known to promote B-cell isotype switching to IgA.^{76,77} and thus TGF β -induced induction of immunosuppressive IgA ASCs appears as one of the many mechanisms by which tumors evade control by the host immune system. Loss of IgA⁺ ASCs in prostate tumors either through TGF β 2 knockout in B cells or ablation of IgA potentiates tumor control through enhanced CTL responses in response to oxaliplatin.⁸ Reconstitution of tumor-bearing B-cell-deficient Jh^{-/-} recipient mice with B cells from either PD-L1^{-/-} or IL-10^{-/-} donors does not inhibit the efficacy of oxaliplatin treatment; however, reconstitution with wildtype B cells does ablate the efficacy of oxaliplatin-induced tumor control, indicating that PD-L1 and IL-10 co-expression are key mechanisms of immunosuppression by IgA⁺ ASCs.⁸ (Figure 1D) Human prostate cancer also contains IL-10⁺ IgA⁺ ASCs with a portion located in close proximity to CD8⁺ T cells.⁸ Approximately a quarter of IgA⁺ ASCs produced IL-10 in fresh surgical specimens, and IL-10⁺ IgA⁺ ASCs were enriched in malignant prostate tissue samples.⁸

Akin to IgA⁺ ASCs in prostate cancer, their counterparts in murine hepatocellular carcinoma (HCC) also express high levels of PD-L1 and secrete IL-10, which in turn suppress cytotoxic CD8⁺ T cell responses.⁹ (Figure 1D) PD-L1 neutralization leads to clonal expansion of HCC CD8⁺ T cell diversity.⁹ Ablation of IgA in mice reduces HCC burden significantly as IgA⁺ ASCs directly suppress CTL activation *in vitro* and *in vivo* through induction of CD8⁺ T cell exhaustion.⁹ PD-L1 blockade induced tumor regression and significantly reduced the accumulation of IgA⁺ IL10⁺ ASCs in the liver,⁹ potentially due to disruption of PD-L1:PD-1-dependent interactions between B cells and Tfh cells that are known to induce ASC maturation.⁷⁸ Shalapour *et al.* additionally showed that PD-L1 neutralization does not decrease tumor burden in either IgA or CD8 α deficient animals, demonstrating

that immunosuppression requires both IgA⁺ ASCs and CD8⁺ T cells.⁹ It is possible that multiple tissues that turn malignant are promoted by IL-10⁺ IgA⁺ ASCs trafficking to the tissue and suppression of anti-tumor cytotoxic T cell responses. It would be interesting to study if mucosal or glandular tissues that have a high propensity to attract homing of IgA ASCs into the site⁷⁹ still do so when they become malignant.

Infiltration of IgA⁺ ASCs into tumors does not always correlate with poor prognosis. Analysis of high-grade serous ovarian cancers demonstrate that infiltration with T cells predicts improved survival when co-infiltrated with B cells and ASCs, and intracellular and surface staining of the ASCs revealed IgA is the dominant isotype infiltrating these tumors.⁸⁰ In these serous ovarian cancers, robust anti-tumor responses are mediated by tumor-antigen-specific and -nonspecific IgA secretion within the tumor.⁸⁰ Additionally, transcytosis of IgA by the polymeric Ig receptor (PIGR) on ovarian cancer cells leads to transcriptional changes in inflammatory pathways and sensitization of the tumor cells to T cell-mediated cytotoxicity.⁸⁰ However, the study did not assess IL-10, PD-L1, or LAG3 expression by the high-grade serous ovarian cancers-infiltrating IgA⁺ ASCs to determine whether these beneficial IgA⁺ ASCs express markers associated with regulatory or suppressive behaviors. Recent reviews on B cells and ASCs in cancer discuss in great detail the diverse roles B lineage cells play within tumor microenvironments.^{65,66} It will be necessary to investigate the functions of tumor-infiltrating ASCs, as well as specific ASC properties, within each cancer type to understand the outcomes associated with different types of infiltrating ASCs to design better therapies to enhance or restrict their activities.

3.3 Regulatory ASCs in infection

Studies in IL-10⁺ reporter mice revealed that under physiological conditions and after various immune challenges (i.e. lipopolysaccharide (LPS), CpG oligodeoxynucleotide, goat anti-IgD, and murine cytomegalovirus) the majority of IL-10⁺ lymphocytes in secondary lymphoid tissues of mice are B lineage cells.⁸¹ The role of IL-10⁺ B cells in suppressing immune responses to a multitude of infections is well established (reviewed in^{3,82}); however, the role of IL-10⁺ ASCs is less well studied. IL-10⁺ B cells are induced after various infections including *Listeria monocytogenes*, enteric bacteria, *Mycobacterium tuberculosis*, and *Leishmania spp.* and IL-10⁺ B cells are associated with exacerbation of infection and poor immune response to the invading pathogen.^{63,83–85} While induction of IL-10⁺ B cells can be seen as an escape mechanism by the microbe to evade protective immune responses, in some instances the development of IL-10⁺ B cells can be protective as it limits overzealous responses and immunopathology. For example, within 1–3 days after *S. typhimurium* infection, IL-10⁺ CD138⁺ B cells accumulate in the spleen.⁸⁶ CD138 expression alone does not define ASCs,^{87,88} therefore it is unclear if the described IL-10⁺ B lineage cells represent B cells or ASCs. These IL-10⁺ CD138⁺ B cells are dependent on TLR (MyD88) signaling, and suppress the immune response required to clear the infection.⁸⁶ Global deficiency in MyD88, an adaptor protein for TLRs, causes mice to succumb to *S. typhimurium* more rapidly relative to wildtype mice. In contrast, B-cell-specific lack of MyD88 or of TLR2 and TLR4 results in prolonged survival of mice infected with *S. typhimurium*.⁸⁶ Furthermore, mice with a B cell-specific deficiency in either IL-10 or Myd88 infected with *S. typhimurium* mount a more robust immune response in the

infected livers relative to control mice, indicating that microbial sensing by B cells through TLR and subsequent IL-10 production leads to suppression of an effective immune response in this infection.⁸⁶ The improved host survival in mice with B cell-specific MyD88 or IL-10 deficiency is characterized by increased neutrophil and NK responses early and a boost in IFN γ - and TNF α -producing CD4⁺ T cells 21 days post infection in the livers following *S. typhimurium* infection.⁸⁶ Additional studies by Shen and colleagues in the *S. typhimurium* infection model show that distinct populations of immunosuppressive IL-10 or IL-35 producing ASCs are generated during the infection.⁴² *Il10* mRNA and the subunits of IL-35, *Ebi3* and *p35*, are only expressed by mature ASCs (CD138^{hi}CD22⁻) that co-express *Blimp1*, while the less mature ASCs (CD138^{int}CD22⁺) express little *Il10* or *Ebi3* mRNA following *S. typhimurium* infection.⁴² The findings indicate that the ability to produce IL-10 or IL-35 is acquired during ASC maturation.⁴² Interestingly, the ASCs generated during *S. typhimurium* infection were all Blimp1⁺IgM⁺CD138^{hi}TACI⁺CXCR4⁺CD1d^{int}Tim1^{int}, and a single-cell PCR analysis revealed that *Il10* mRNA or *Ebi3* and *p35* mRNA were each expressed by subsets of 6–10% of these ASCs, but rarely did an individual cell express all three transcripts.⁴² It is an open question whether different signaling events upon B cell activation and differentiation into ASC or distinct B cell subsets give rise to the differentiation of IL-10 versus IL-35 producing ASCs. Shen *et al.* showed that, upon *ex vivo* stimulation, the regulatory ASCs generate significantly higher levels of IL-10 than B cells from the same mice.⁴² In addition, the regulatory ASCs are unable to produce IL-6, a pro-inflammatory cytokine that is expressed by B cells during Salmonella infection,⁸⁹ indicating that IL-10⁺ or IL-35⁺ ASCs are the key regulatory B lineage subset that controls inflammation during *Salmonella* infection.⁴²

3.4 Regulatory ASCs in allergic responses and allergen tolerance

As a key barrier organ, the lung is continuously exposed to microbes and allergens that the respiratory immune system must contain and clear without inducing significant airway inflammation. In a mouse model of ovalbumin(OVA)-driven allergic airway disease, IL-10-secreting CD138⁺ ASCs restrict pulmonary inflammation, eosinophilia, Th2-cytokine production (IL-4 and IL-5), and serum OVA-specific IgE levels.⁹⁰ (Figure 1E) The development of these IL-10⁺ ASCs is dependent on CD19⁺CD138⁺ cells expression of semaphorin 4C, an axonal guidance molecule with potential roles in B cell development.^{90,91} Loss of semaphorin 4C in B cells inhibits IL-10⁺ CD138⁺ ASC development, increases the presence of pro-inflammatory IL-4⁺ CD138⁺ ASCs in the spleen, and leads to augmented type 2-airway inflammation following OVA exposure.⁹⁰ (Figure 1E) The authors demonstrate a requirement for semaphorin 4C in IL-10⁺ ASC development and suppression of inflammation using mouse model with a B-cell specific deletion in *Sema4* as well as adoptive transfer experiments.⁹⁰ It would be critical to explore the antibody isotype of the IL-10⁺ ASCs that restrict allergic airway inflammation as well as their origin. Are they IgM⁺ and potentially come from the natural IgM B cell pool? Are they derived from IgA⁺ B cells educated within the respiratory tract, or do they represent IgA⁺ ASCs that relocated from the gut similar to rotavirus-specific IgA⁺ ASCs that were shown to traffic to the lung during influenza.⁶ Are they IgG⁺ ASCs specialized in restricting inflammation in the airways through both IL-10 and IgG-mediated antigen scavenging? Given the negative effects of IgE in allergic inflammation, it appears unlikely that the immunoregulatory

IL-10⁺ ASCs are IgE⁺, however, this has not been formally ruled out and could represent a mechanism of immunological “self-restraint” akin to IL-10⁺IFN γ ⁺ cytotoxic T lymphocytes that limit immunopathology in influenza.⁹²

IgG4-related disease is a multi-organ immune-mediated condition characterized by lymphoplasmacytic infiltration, fibrosis and phlebitis, and one manifestation involves allergic diseases (reviewed by⁹³). However, IgG₄ is generally not believed to be a driver of pathogenesis but rather a non-inflammatory antigen sink.⁹³ IgG₄ is a noninflammatory antibody with low affinity for Fc γ receptors, engages in Fab arm exchange to form bi-specific antibodies, rendering it essentially monovalent and unable to crosslink antigens preventing activation of the complement cascade (reviewed in^{93,94}). Peripheral allergen tolerance in individuals exposed to high-dose allergens is generated through multiple mechanisms, including allergen-specific IgG₄ B cell induction distinct from IgG4-related disease.^{95–97} In a study on allergen-tolerant beekeepers that harbor B cells specific for the bee venom allergen phospholipase A2 (PLA), antigen-specific IgG₄ production is significantly enhanced in the IL-10-producing B-cell subset.⁹⁸ Patients with bee venom allergies were treated with honeybee venom immunotherapy, which leads to significantly increased frequency of IL-10⁺ PLA specific B cells.⁹⁸ There is also a significant (100-fold) decrease in the anti-PLA IgE:IgG₄ ratio in the serum due to significantly increased PLA-specific IgG₄ levels compared to non-treated allergic controls.⁹⁸ IL-10 indirectly downregulates IgE production via monocytes and also drives IgG4 synthesis by memory B cells.^{99–101} IL-10 and IgG₄ co-expression by regulatory ASCs may be acting in concert to maintain immune tolerance in individuals exposed to high dose antigens, and this property may be utilized to provide relief to individuals with a variety of allergic diseases affecting the respiratory system.

Given the vast number of individuals with asthma or other airway inflammation – approximately 1 in 12 people or 25 million of the US population suffers from asthma alone,¹⁰² the role of IL-10⁺ ASCs in mediating suppression of allergen-specific T cell responses in the lung deserves further study as many open questions remain. For example, are individuals with asthma or chronic respiratory inflammation deficient in the generation of IL-10⁺ ASCs in the lung microenvironment?

4. The phenotype of regulatory ASCs

4.1 Surface markers

Thus far, little is known about the specific markers that distinguish immunomodulatory IL-10⁺ plasma cells and plasma blasts from their ‘regular’ non-IL-10-producing counterparts. In mice, ASCs are CD19^{lo/neg}CD138⁺B220^{lo/neg}IgD⁻CD93⁺CD44⁺VLA-4⁺IL6-R⁺BCMA⁺ and CXCR4⁺; in humans they are CD27^{hi}CD38^{hi}CD138⁺IL6-R⁺BCMA⁺ and CXCR4⁺ (reviewed in^{23,25,103}). Regulatory IL-10⁺ ASCs can be IgM or class-switched to IgA or IgG.^{6–9,36–38,42,66,81,86,90,98} The Fillatreu group recently described that expression of the inhibitory receptor LAG3 marks immunosuppressive natural regulatory ASCs that are poised to rapidly secrete IL-10 upon stimulation and subsequently suppress innate stimuli.¹⁰⁴ In addition to LAG3, these cells express PD-L1, PD-L2, and CD200.¹⁰⁴ LAG3, PD-L1, PD-L2, and CD200 are inhibitory

receptors frequently associated with T cell exhaustion in the literature that are upregulated upon activation, and recent novel therapies, including anti-PD-1, -PD-L1, and -LAG3, have been designed around blockade of these “checkpoints” to enhance anti-tumor T cell responses (reviewed in¹⁰⁵). Regulatory ASCs may express these inhibitory receptors as additional mechanisms to suppress an immune response in addition to secretion of IL-10 or IL-35.

5. Signals involved in the development of regulatory ASCs

Terminal differentiation of B cells into ASCs and the induction and maintenance of IL-10 expression by B lineage cells partially overlap. The transcription factors IRF4 and Blimp-1 as well as the cytokines IL-21 and IL-10 are associated with both induction of ASCs and IL-10 production in B cells and appear to support the development of IL-10 secreting ASCs. (Figure 2A) This section will cover the role of these factors in the differentiation of ASCs, IL-10⁺ B cells and IL-10⁺ ASCs.

5.1 IRF4 and Blimp-1

IRF4 is expressed by B cells at all developmental stages except during the germinal center reaction and is highly upregulated in ASCs (reviewed in¹⁰⁶). Blimp-1, encoded by *prdm1*, is expressed by ASCs and is required for ASC differentiation (reviewed in²³). IRF4 is a transcriptional activator that cooperates with multiple other transcription factors throughout B cell development in a dose-dependent manner to control B cell fates: low amounts of IRF4 promote germinal center fate and class switch recombination, whereas high amounts repress Bcl6 and activate Blimp-1 and Zbtb20, thereby inducing ASC differentiation.^{107,108} Blimp-1 is a transcriptional repressor that drives terminal differentiation of B cells into ASCs by an overall shift from B cell programming to immunoglobulin secreting status. Blimp-1 represses expression of molecules critical for B cell programming including SPIB, ID3, AID, Bcl6, and Pax5.^{23,109,110} Each of these transcription factors is also known for its role in promoting IL-10 production in lymphocytes. Specifically, IRF4 and Blimp-1 play a role in activating IL-10 expression in both T cells^{111–113} and B cells.^{20–22} Using IL-10 reporter mice, Maseda *et al.* demonstrated that IL-10⁺ B cells from LPS stimulated mice express higher levels of transcripts for ASC-associated transcription factors, *Prdm1*, *Xbp1*, and *Irf4*.¹¹⁴ This finding is supported by work demonstrating that IL-10⁺ human B cells also have transcriptomic changes associated with ASC differentiation, class switching, and immunoglobulin production.¹¹ IRF4 is essential for B-cell expression of IL-10 as *Irf4*^{-/-} B cells are impaired in their ability to secrete IL-10 after TLR and BCR ligation.³⁸ IRF4 binds to regulatory regions upstream of the IL10 transcription start site and controls NFAT-dependent IL-10 production.^{38,111} (Figure 2A) IRF4, in addition to IRF8 and/or BATF, is also recruited to regulatory motifs of the *Il10*, *Ebi3*, and *Il12a* promoter elements in activated B cells. Importantly, *Ebi3* and *Il12a* are the genes encoding the subunits of IL-35, IL-12p35 α and IL-27 β .¹¹⁵ Blimp-1 also binds to regulatory regions of the IL-10 transcription start site.²² (Figure 2A) Blimp-1 expression is enriched in IL-10⁺ B cells but, surprisingly, *Prdm1*-deficient mice have an increase in IL-10⁺ B cells at steady state and with LPS stimulation; however, the IL-10⁺ B cells that arise are incapable of efficiently suppressing T cell proliferation.²² Additionally, Blimp-1-deficient IL-10⁺ B cells when

stimulated with LPS fail to differentiate into IL-10⁺ ASCs.²² Wang *et al.* demonstrated that Blimp-1 represses *Il10* in wildtype IL10⁺ B cells but after stimulation Blimp-1 acts together with STAT3 downstream of IL-21 signaling to enhance IL-10 transcription in B cells.²² Loss of either IRF4 or Blimp-1 specifically in B cells leads to a loss in IL-10⁺ ASCs, and localization of these cells to the draining lymph node is critical for control of EAE.³⁸ TLR-mediated IL-10 production in B cells requires I κ B_{NS}, an inducible nuclear I κ B protein, and absence of I κ B_{NS} results in a reduction of *Irf4* and *Prdm1* expression and a corresponding decrease in IL-10⁺ plasmablasts.¹¹⁶

5.2 IL-21

IL-21, a member of the common γ chain receptor family of cytokines, is one of the most important B cell-tropic cytokines and has roles in apoptosis, class switching, and ASC development.^{117,118} IL-21 signaling induces expression of plasma-cell related cell-surface markers and transcription factors in mice and humans including upregulation of CD138 surface expression, *Prdm1*, and *Bcl6* mRNA transcripts and repression of *Pax5* mRNA transcript^{119,120} and also leads to increases in IgM⁺ and IgG⁺ ASCs.^{119,121} Secretion of IL-21 by CXCR5⁺ follicular helper T cells during T-B cell interactions directly contributes to ASC differentiation and is superior to differentiation induced by other known ASC-driving cytokines including IL-2, IL-4, and IL-10.^{122,123} IL-21 acts through pSTAT3 activation to induce IL-10 expression by B cells.^{13–16} (Figure 2A) IL-21 and CD40 cognate interactions between B cells and T cells are required for the immunosuppressive functions of IL-10⁺ Bregs in mice induced with EAE.¹³

Activation with IL-21 is important for the development of IL-10⁺ ASCs. Rheumatoid arthritis patients have fewer IL-10⁺ B cells than healthy donors do, but IL-21 drastically increases the differentiation of both IL-10⁺ B cells and IL-10⁺ ASCs in RA and healthy donor B cells.¹⁶ IL-21 signaling also plays a role in the generation of autoreactive ASCs in systemic lupus erythematosus, in which patient CD11c^{hi}T-bet⁺ B cells express high levels of IL-21R and are poised to differentiate into autoreactive ASCs upon IL-21 stimulation.¹²⁴ In contrast, ASCs differentiated from other B cell subsets in the same individuals are rarely autoreactive.¹²⁴ These CD11c^{hi} B cells express high density of BAFF receptor and intermediate levels of TACI and are similar in phenotype to reported age-associated B cells (ABCs).^{124,125} The authors compared the transcriptome of CD11c^{hi} B cells to naïve and memory B cells and determined that they expressed high levels of ASC-related factors in addition to high levels of *Il10* and low levels of *Il6* mRNA transcripts.¹²⁴ These cells correlate with specific disease subtype manifestations in systemic lupus erythematosus (*e.g.* malar rash and active nephritis) and localize to inflamed tissue lesions, indicating their direct pathogenic potential.¹²⁴ There is some debate about the prevalence of IL-10-producing B lineage cells in autoimmune diseases with some studies demonstrating elevated IL-10⁺ B lineage cells and others demonstrating a paucity in these cells. These discrepancies could reflect attempts to autoregulate self-reactive lymphocytes or failure to suppress, respectively (reviewed in^{82,126}) and could be dependent on the appropriate environmental signals such as IL-21 reaching the correct B cells to generate protection. Alternatively, the production of IL-10 could be a mechanism to autoregulate pathogenic ASCs.

5.3 IL-10-promoted differentiation of B cells into ASCs

In vitro and *in vivo* studies suggest a tight relationship between IL-10 and the differentiation into ASCs and *vice versa*. IL-10 acts in both a paracrine and autocrine manner to promote ASC differentiation (Figure 2A): *in vitro* addition of exogenous IL-10 induces differentiation of human B cells into ASCs of various isotypes, IgM, IgG, IgA and IgE.^{10,127,128} In addition to paracrine actions, activated B cells that secrete IL-10 signal in an autocrine fashion to enhance differentiation into ASCs *in vitro*, because blockade of IL-10R in cultures of purified IL-10⁺ B cells significantly reduces their differentiation to ASCs.¹¹ Furthermore, IL-10 addition to human B cell cultures arrests memory B cell proliferation and pushes B cell differentiation to CD20⁻CD38⁺ primarily IgG-secreting ASCs.¹²⁹ After treatment of IL-10 reporter mice with LPS, IL-10⁺ B cells transiently express IL-10 *in vivo* prior to differentiation to ASCs.¹¹⁴ IL-10⁺ B cells isolated from these reporter mice and stimulated *in vitro* with LPS, phorbol myristate acetate (PMA), and ionomycin then subjected to ELISPOT analyses revealed that many IL-10⁺ B cells differentiate into polyreactive or natural IgM, and antigen-specific IgG and IgM ASCs.¹¹⁴ Furthermore, adoptive transfer of IL-10⁺ B cells from naïve IL-10 reporter mice into Rag2^{-/-} hosts have a greater capacity to contribute to serum IgM and IgG levels than do IL-10⁻ B cells.¹¹⁴

5.4 ASCs acquire the ability to produce IL-10

While a subset of IL-10⁺ B cells differentiates into antibody-secreting cells upon stimulation, an unknown fraction of already existing ASCs acquires the ability to produce IL-10. It was previously accepted knowledge that ASCs lacked expression of surface immunoglobulin receptors. However, several independent studies demonstrated recently in both mice and humans that the vast majority of IgM and IgA ASCs express functional surface immunoglobulin receptors, whereas IgG ASCs do not.^{12,130,131} There is evidence that antigenic stimulation through surface BCRs on IgM and IgA ASCs leads to upregulation of activation markers and cytokine induction.^{12,130} Interestingly, upon antigenic stimulation of IgM⁺ ASCs, the top two gene ontology biological process terms defined are related to cytokine production, and the most highly differentially upregulated gene is for the chemokine *Ccl5*.¹² Investigating the mRNA transcripts related to cytokine production, Blanc and colleagues found that in addition to *Ccl5*, transcripts for *Il10* and *Lag3* (lymphocyte-activation gene 3) are significantly upregulated in ASCs upon antigenic stimulation.¹² The authors demonstrated that at steady state, there is constitutive transcription of IL-10 within polyclonal bone marrow ASCs,¹² consistent with work from other groups.^{37,81} IL-10 expression is largely restricted to the IgM⁺ ASCs and is upregulated approximately 2-fold upon BCR ligation, but the authors did not confirm the upregulation of *Lag3* or *Ccl5* mRNA transcripts in ASCs by either qPCR or protein expression.¹² CCL5 is a ligand for CCR1, CCR3, and CCR5 and attracts both innate immune cells, including NK cells and myeloid cells as well as activated T cells.¹³² While originally recognized as a T cell-secreted chemokine, other leukocytes, including B cells, also produce CCL5.¹³² B cells secrete CCL5 upon BCR activation and the chemokine acts in an autocrine fashion to support further B cell proliferation and antibody secretion^{133,134}. LAG3, an inhibitory receptor often co-expressed with other inhibitory receptors, such as PD-L1 and PD-L2, is highly expressed on Tregs and is also expressed on activated B cells, a subset of malignant B

cells, and on regulatory ASCs.^{104,135,136} Continued expression of functional BCR on ASCs may help their survival as well as mediate control of infections or inflammation in several ways through reprogramming ASCs towards a cytokine-producing population. We postulate that both IL-10 and CCL5 support ASC survival in limited niches in which secretion of CCL5 alerts other leukocytes to their location to control infection, but the co-secretion of IL-10 restricts overt inflammation induced by the infiltrating leukocytes. LAG3 may be co-induced to self-limit activation and could act in concert with IL-10 to restrict ASC activities. It will be interesting to further work out the mechanisms behind this axis of self-limiting antigen-specific immune responses by IL-10⁺ ASCs.

5.5 Epigenetic and miRNA regulation of IL-10 expression in B cells and ASCs

Epigenetic changes related to IL-10 expression include alterations in methylation status at regulatory regions of the *IL10* locus and changes in microRNAs (miRs) that modulate the translation of protein from *IL10* mRNA transcripts. Murine IL-10 expressing B cells have lower levels of CpG methylation at the conserved non-coding sequence-9, conserved non-coding sequence-4.5, and conserved non-coding sequence+1.65 regions of the *IL10* gene locus.¹³⁷ Demethylation at conserved non-coding sequence-4.5 and partial demethylation at conserved non-coding sequence-9 is related to the ability of B cells to secrete IL-10 upon activation.¹³⁷ In humans, demethylation at the human conserved non-coding sequence-12.5 region (evolutionarily conserved with murine conserved non-coding sequence-9) is associated with IL-10 competence.¹³⁷ This methylation signature is maintained in the ASCs of tonsil and bone marrow from humans and, interestingly, also in the plasma cell malignancy multiple myeloma.¹³⁷ Fillatreau's group demonstrated that IL-10⁺LAG3⁺CD138^{hi} ASCs in mice are hypomethylated at regions around the *IL10* gene in a similar manner as seen in B1a cells, which are enriched in IL-10⁺ expression relative to other B cells.^{104,138} The hypomethylated sites of the mouse *IL10* locus overlap with B cell-specific DNase hypersensitive sites, which is consistent with an open-chromatin state for the *IL10* locus and suggests that the cells are epigenetically poised or pre-programmed for IL-10 secretion.¹⁰⁴

MicroRNAs (miRNA) are small, ~22-nt non-coding RNAs that modulate expression of other messenger RNAs¹³⁹ and several miRNAs that regulate IL-10 expression¹⁹ also regulate ASC development and survival,¹⁴⁰ including miR-21 and miR-155. (Figure 2A) Thus, miRNAs affect both IL-10 expression in B lineage cells and ASC development and maintenance. miR-21 directly targets the 3' untranslated region of *IL10* mRNA, thereby inhibiting its expression.¹⁷ Direct antagonism of miR-21 by antisense oligonucleotides is associated with an increase in IL-10⁺ B cells that protect from severe disease in an EAE model.¹⁷ (Figure 2A) miR-21 is not essential for ASC development; however, miR-21 is repressed by BLIMP-1 during IL-21 mediated ASC differentiation.¹⁴¹ On the other hand, miR-155 indirectly affects IL-10 expression by B cells through Jarid-2, because increased miR-155 inhibits Jarid-2 expression, which normally represses H3K27me3 binding to the *IL10* promoter and expression of IL-10.¹⁸ (Figure 2A) miR-155 is also important in ASC differentiation by inhibiting PU.1 expression, which leads to Pax5 downregulation and initiation of ASC differentiation.¹⁴² In summary, decreased levels of miR-21 and increased levels of miR-155 each contribute to ASC development and also program IL-10 production

in B lineage cells, emphasizing their likely central role in the development and maintenance of IL-10⁺ ASCs. Future research should formally test the requirement for miR-21 and miR-155 in the development of IL-10⁺ ASCs and the maintenance of IL-10 secretory ability in ASCs.

6. Maintenance and survival of regulatory ASCs

The majority of long-lived ASCs localize to the bone marrow of healthy individuals, where CXCL12-expressing stromal cells and accessory cells that secrete the survival factors IL-6, BAFF, and APRIL support their long-term residence (reviewed in²³⁻²⁵). (Figure 1A) It was recently demonstrated that over 60% of the IL-10⁺ cells residing in the bone marrow under steady state conditions are ASCs, indicating that the bone marrow niche is also supportive of IL-10⁺ ASC survival.³⁷ In general, ASCs also take up residence in the spleen and other secondary lymphoid tissues, such as lymph nodes (reviewed in¹⁴³). Beyond these traditional ASC niches non-lymphoid tissues provide a residence for and support survival of ASCs, including skin,²⁷ CNS,^{6,7} lung,³² and the lamina propria of mucosal tissue in the gut.³³⁻³⁵ These extralymphoid tissues facilitate accumulation of ASCs particularly well during inflammation (reviewed in²⁵). Among the many extrinsic and intrinsic factors that enhance ASC survival, the major cytokines and chemokines include IL-6, CXCL12, BAFF, and APRIL²⁴⁻²⁶, and those that support IL-10⁺ B cells include IL-21, IL-6, IL-1 β , IFN α , IL-33, IL-35, BAFF, and APRIL (reviewed in detail in¹⁴⁴). (Figure 2B) There is some current debate about the niche requirements for ASC survival, and micro-niches potentially exist that support ASCs outside of the bone marrow and spleen (discussed in²⁶). The “physical niche model” proposes that specialized locations within the bone marrow contain accessory cells that provide the essential survival factors and appropriate cellular interactions for immature ASCs to mature and remain in the limited ASC niche long-term. However, it is possible that long-lived ASCs re-enter the circulation particularly during inflammation when bone marrow homeostasis is disrupted.²⁶ Of note, IgA⁺ ASCs migrate also into the mammary gland as it becomes ready for lactation, a process guided by the CCR10-CCL28, receptor-ligand axis,¹⁴⁵ and these ASC may also be recruited from existing survival niches rather than represent fresh ASCs generated from memory B cells. The “free access model” described by Wilmore and Allman proposes that ASCs are not limited to specialized physical niches and, instead, traffic freely to any CXCL12-rich tissues that support their survival through survival factors BAFF, APRIL, and IL-6 that are upregulated in inflamed sites.²⁶ (Figure 2B) CXCL12 is found in various inflamed and non-inflamed tissues¹³² and presumably attracts CXCR4⁺ regulatory ASCs to these tissues. IL-6 originally defined by its role as a B-cell stimulating factor for immunoglobulin production,¹⁴⁶ is a cytokine upregulated early in inflammation with critical roles in chronic inflammation, autoimmunity, and cancer (reviewed in¹⁴⁷) and binds to IL-6R on ASCs in the inflamed tissues, supporting their survival.

It is becoming evident that the CNS is not just a site at which IL-10⁺ ASCs limit neuroinflammation (see section Regulatory ASCs and the gut-CNS Axis above), it is also transformed into an ASC survival niche by inflammatory events. Specifically, in humans, the CXCR4 ligand CXCL12 is upregulated in blood vessels lining the blood-brain barrier in the inflamed CNS of MS patients.^{148,149} In inflammation, polarized CXCL12 expression

on the abluminal side of the blood vessels is lost and CXCL12 redistributes to the luminal side of vessels, allowing CXCR4⁺ leukocytes to migrate into the CNS.^{148,149} ASCs retain surface expression of CXCR4 and presumably use the CXCL12-CXCR4 axis to cross the blood-brain barrier in inflammation akin to their CXCR4-dependent trafficking into the bone marrow and secondary lymphoid organs.¹⁵⁰ In EAE, CXCL12 is also upregulated in inflamed mouse CNS at the peak of disease.²⁸ As discussed above, it was demonstrated that, IL-10⁺ IgA⁺ regulatory ASCs traffic from the gut into the inflamed CNS during EAE⁶ and human MS.⁷ In inflamed CNS tissue from EAE mice there is an increase in both APRIL and BAFF in the CNS at the peak of disease and ASCs are found to localize in the respective CNS areas.²⁸ In humans, BAFF is produced by astrocytes and upregulated in MS brain lesions and primary CNS lymphomas²⁹ and APRIL is secreted by a subset of macrophages infiltrating MS lesions.¹⁵¹ Thus, APRIL and BAFF expression in the CNS are well positioned to mediate the survival of regulatory ASCs *in situ*.

Overexpression of BAFF in transgenic mice using the liver-specific alpha-1 antitrypsin promoter with the ApoE enhancer¹⁵² generates mice with detectable BAFF in their serum¹⁵³ and leads to an increase in IgA⁺ ASCs in the small intestinal lamina propria during steady state.¹⁵⁴ These BAFF-Tg mice have an attenuated course of EAE that depends on IL-10 expression by ASCs and is correlated with increased infiltration of IgA⁺ ASCs into the CNS.⁶ The authors conclude that BAFF assists IL-10⁺ IgA⁺ ASCs during the effector phase of EAE to ameliorate EAE symptoms. In further support for BAFF in enhancing IL-10 expression in ASCs, are *in vitro* studies with recombinant BAFF, which augments both IL-10 and IgA2 production in B cells.¹⁵⁵ Additional *in vitro* studies by Saulep-Easton and colleagues demonstrated that inhibition of signaling through the TACI receptor abrogates BAFF-induced IL-10 production.¹⁵⁶ Furthermore TACI^{-/-} mice have severely decreased IL-10 serum levels compared with wildtype mice, and BAFF-R^{-/-} mice also have significantly reduced serum IL-10.¹⁵⁶ Together, these results support the notion that BAFF signaling through its receptors, particularly TACI, is required for IL-10 production in these B lineage cells.¹⁵⁶ However, a study by Matsushita and colleagues recently showed that BAFF neutralization in a scleroderma model in mice, abrogates IL-6 expressing pathogenic B cells while preserving IL-10⁺ Bregs that attenuate skin inflammation.¹⁵⁷ It is an open question whether BAFF supports IL-10⁺ ASCs but not IL-10⁺ B cells or whether the organ site (intestine and CNS versus skin), or the type of inflammation determines these differences in BAFF regulation of IL-10 expression in B lineage cells.

APRIL also supports the development of IL-10⁺ B cells,¹⁵⁸ and Fehres *et al.* demonstrated that APRIL induces a population of IgA⁺ PD-L1⁺ IL-10⁺ regulatory B cells, which suppress T cells and macrophage responses *in vitro* via IL-10 and PD-L1.¹⁵⁹ The authors correlate the induction of IL-10⁺ regulatory B cells to APRIL signaling as APRIL-Tg mice have increased IL-10⁺ B cells and ameliorated EAE and contact hypersensitivity responses.¹⁵⁹ Unfortunately, the authors did not assess antibody production, so it is unclear if the immunoregulatory role is exerted by IL-10⁺ ASCs or B cells. TACI is a receptor for both BAFF and APRIL and therefore either cytokine may support IL-10⁺ ASCs during CNS inflammation. Importantly, both BAFF and APRIL have known roles in the acquisition of IL-10 expression by B cells,¹⁴⁴ and it will be important to tease apart the exact mechanisms

and models in which diseases are controlled or exacerbated by IL-10⁺ B cells as compared to IL-10⁺ ASCs.

7. Conclusions and future directions

Recent findings have demonstrated that regulatory ASCs suppress immune responses in a number of tissue niches and disease states as described above. These studies expand the regulatory role of B lineage cells in infection, inflammation, and cancer, and it is likely that regulatory ASCs will be found to play critical immunosuppressive roles in additional diseases beyond what is discussed in this review. The particular microenvironmental signals that encourage the development and maintenance of regulatory ASCs as discussed above will demand additional study. Understanding the signals required for regulatory ASC development and function will allow us to harness their ability to provide antibodies, their capacity to secrete immunosuppressive cytokines, IL-10 and IL-35, as well as their provision of inhibitory checkpoint signals in various disease states and tissues. Co-secretion of anti-inflammatory antibodies, e.g., as is the case with natural IgM, and IL-10 or IL-35 may be two parallel mechanisms to suppress inflammation. Alternatively, these cytokines could serve a critical role in restricting inflammation generated by infiltrating immune cells as well as auto-regulating a pro-inflammatory ASC response. While evidence suggests that there is constitutive expression of IL-10 by ASCs in the bone marrow that maintains immune homeostasis, it is unclear if regulatory ASCs found in peripheral tissues constitutively express IL-10 or IL-35, or if these cytokines are only produced during the course of inflammation or infection. To enhance their study, future work is required to define cell surface markers in addition to LAG3 to easily identify regulatory ASCs. Additionally, are these cells long-lived residents within these tissues after resolution of disease, do they die, or do they return to the primary ASC niches? We predict that regulatory ASCs have continuous functions in barrier sites such as the skin, lung, and gut where antibodies are necessary to engage microbes and for the clearance of apoptotic cells, but overt inflammation needs to be restricted. It would be intriguing if any diseases mediated by pathogenic antibodies such as systemic lupus erythematosus or myasthenia gravis also contain a subset of IL-10 or IL-35 secreting ASCs that are antigen-specific, indicating an attempt at auto-restriction of an inflammatory response. Exploring the source of regulatory ASCs, whether they are generated within the target tissue or traffic into the tissues will provide avenues for targeting these cells therapeutically. In summary, regulatory ASCs is a growing research field that has widespread disease application therefore addressing many of the big and small open questions will provide multiple therapeutic avenues for harnessing the power of ASCs to regulate immune responses.

Acknowledgements

The authors were supported in part by NIH grants R01AR067751 and R01AI127389 (to GFD) and an Ethel Brown Foerderer Foundation Fellowship from Thomas Jefferson University and T32AI134646 (to SEM).

Data Availability Statement

Data sharing is not applicable to this article as no new data were generated or analyzed in this review.

Abbreviations:

APRIL	a proliferation-inducing ligand
ASCs	antibody secreting cells
BCR	B cell receptor
BAFF	B-cell-activating factor
BCMA	B-cell maturation antigen
BLIMP-1	B lymphocyte-induced maturation protein-1
Bregs	regulatory B cells
CNS	central nervous system
DC	dendritic cell
EAE	experimental autoimmune encephalomyelitis
ELISPOT	enzyme-linked immune absorbent spot
Ig	immunoglobulin
IRF4	interferon regulatory factor 4
LAG3	lymphocyte-activation gene 3
LPS	lipopolysaccharide
MiR	microRNA
MS	multiple sclerosis
OTU	operational taxonal unit
PD-L1	programmed death-ligand 1
PMA	phorbol myristate acetate
TACI	transmembrane activator and calcium-modulating cyclophilin ligand interactor
TLR	, toll-like receptor

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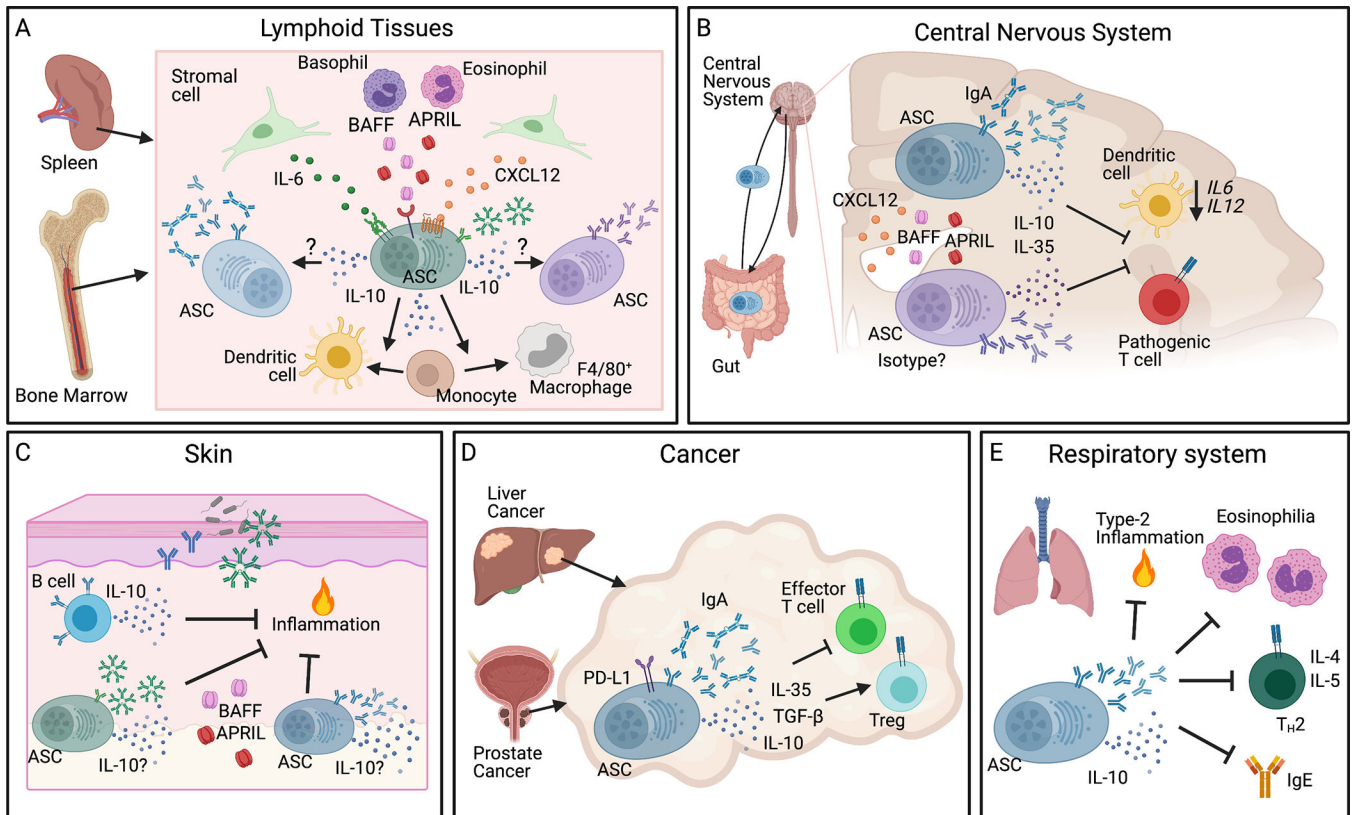


Figure 1. Regulatory ASCs in different tissue niches and disease settings.

(A) ASCs reside in traditional lymphoid tissue niches, such as bone marrow and spleen, where stromal cells and nurturing hematopoietic cells, including eosinophils and basophils, provide an environment rich in CXCL12, IL-6, BAFF, and APRIL, necessary for the long-term survival of ASCs. A majority of ASCs produce IL-10 which enhances the survival of and immunoglobulin production by other resident ASCs. IL-10⁺ ASCs also support differentiation of CD11c⁺ dendritic cells and macrophages. (B) IL-10 and IL-35 producing ASCs localize to the CNS in neuroinflammation where CXCL12, BAFF, and APRIL are enriched. IgA⁺ ASCs traffic from the gut to the CNS in EAE and MS and produce IL-10 that inhibits dendritic cell transcription of *IL6* and *IL12* thereby suppressing pathogenic Th cell differentiation. (C) ASCs and IL-10⁺ B cells reside in unperturbed skin and increase during inflammation. Skin-resident ASCs are dependent on BAFF and/or APRIL and produce immunoglobulins to regulate inflammation and microbes in the microenvironment. We postulate that the ASCs are an additional source of IL-10 to mediate homeostasis. (D) Regulatory IgA⁺ ASCs localize to liver and prostate tumors. They express PD-L1, IL-10, IL-35, and TGF- β , all of which support Tregs and suppress effector T cells to dampen the immune response to cancer. (E) IL-10⁺ ASCs traffic to the respiratory system to restrict pulmonary inflammation, eosinophilia, Th2-cytokine production (IL-4 and IL-5), and IgE production. Image created with [Biorender.com](https://www.biorender.com). APRIL, a proliferation-inducing ligand; ASCs, antibody secreting cells; BAFF, B-cell-activating factor; BLIMP-1, B lymphocyte-induced maturation protein-1; Bregs, regulatory B cells; EAE, experimental autoimmune

encephalomyelitis; Ig, immunoglobulin; MS, multiple sclerosis; PD-L1, programmed death-ligand 1; Th, T-helper.

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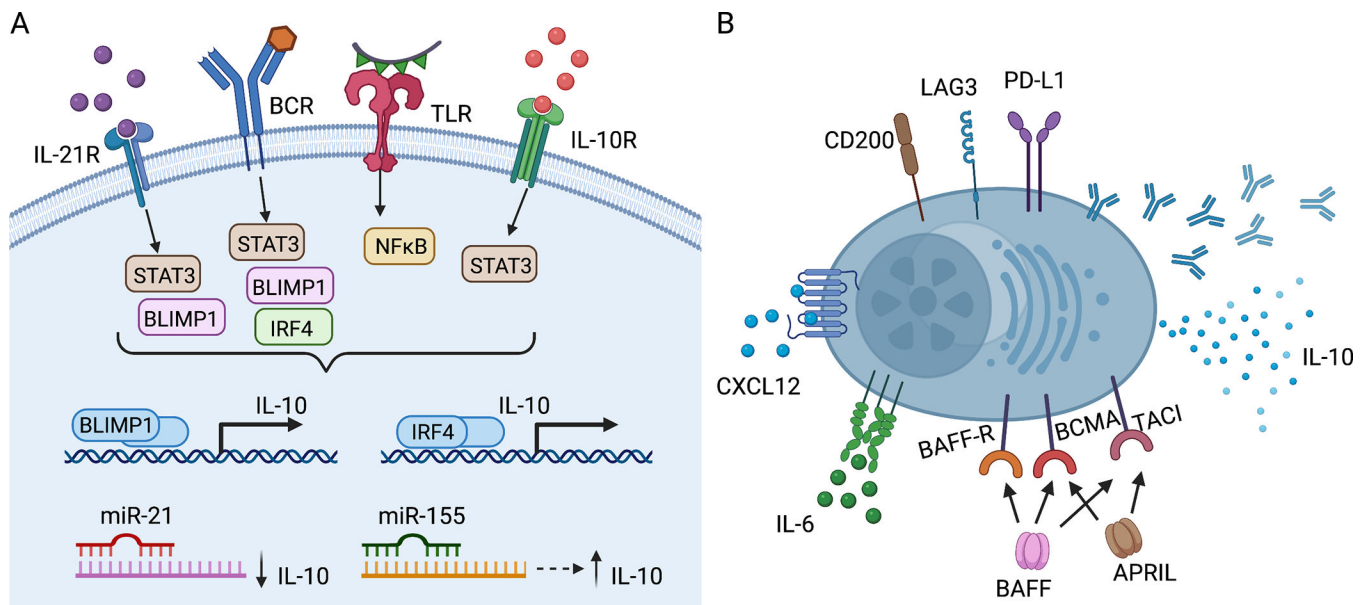


Figure 2. Regulatory ASCs: phenotype, developmental and survival signals.

(A) Signals that support the development of IL-10⁺ B cells and ASCs overlap. Signaling through IL-21-IL-21R, IL-10-IL-10R and engagement of BCR and TLR lead to the upregulation of BLIMP1 and IRF4, which bind to regulatory regions of the IL10 locus turning on expression of IL-10. MiR-21 directly binds to IL-10 mRNA transcripts decreasing IL-10 expression. miR-155 acts indirectly through Jarid-2, which upregulates IL-10 expression. (B) Many IL-10⁺ ASCs express the inhibitory receptors, PD-L1, LAG3, and CD200. They express the IL-6 receptor and CXCR4, the receptor for CXCL12. They also express BAFF-R, BCMA, and/or TACI, surface receptors for the cytokines BAFF and APRIL, which mediate ASC survival. Image created with [Biorender.com](https://www.biorender.com). APRIL, a proliferation-inducing ligand; ASCs, antibody secreting cells; BCR, B cell receptor; BAFF, B-cell-activating factor; BCMA, B-cell maturation antigen; BLIMP-1, B lymphocyte-induced maturation protein-1; IRF4, interferon regulatory factor 4; MiR, microRNA; LAG3, lymphocyte-activation gene 3; NFκB, nuclear factor kappa-light-chain-enhancer of activated B cells; PD-L1, programmed death-ligand 1; STAT3, Signal transducer and activator of transcription 3; TACI, transmembrane activator and calcium-modulating cyclophilin ligand interactor; TLR, toll-like receptor.