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Letter to the Editor

A genome-wide cross-trait analysis highlights the shared genetic structure between COVID-19 and Alzheimer's disease

Dear Editor,

We read with interest the recently published research in *Journal of Infection* by Yang et al. who reported the higher mortality of COVID-19 patients with dementia compared with COVID-19 patients without dementia (effect estimate = 1.84, 95% CI: 1.57–2.16).¹ Meanwhile, patients recovering from COVID-19 had a more severe burden of cognitive impairment, suggesting the potential risk of Alzheimer's disease.² Although growing evidences indicate the potential genetic overlap between Alzheimer's disease and COVID-19, the genetic association degree and the shared genetic structure region between the two diseases remain unknown.³ In this study, we aim to clarify the following three questions: (I) Does the genetic association exist between COVID-19 and Alzheimer's disease? (II) Where is the shared genetic region between COVID-19 and Alzheimer's disease? (III) Is there a causal relationship between COVID-19 and Alzheimer's disease?

In order to answer these questions, we obtained two large-scale genome-wide association studies (GWAS) summary statistics of Alzheimer's disease and COVID-19, respectively from International Genomics of Alzheimer's Project (IGAP) and COVID-19 Host Genetics Initiative.^{4,5} All the participants were of European descent. In stage 1, we evaluated genetic correlation between Alzheimer's disease and COVID-19 using linkage disequilibrium score (LDSC) regression analysis.⁶ From an overall point of view, the genetic association seemed to have only suggestive significance ($r_g = 0.1048$, $P = 0.0782$). In stage 2, We divided the gene components into 1703 LD-independent segments and calculated local genetic correlation of each segment, respectively using HESS (heritability estimation from summary statistics)¹. Chr19:44,744,108–46,102,697, containing several known Alzheimer's disease susceptibility loci, was the shared genetic region of Alzheimer's disease and COVID-19 ($P = 4.38E-04$). In chr19:44,744,108–46,102,697, *APOE* and *APOC1* have been proven to be enriched in certain immune cells or tissues of COVID-19 patients and mediate the infection of SARS-CoV2 in neurons and astrocytes.^{7,8} In stage 3, we performed a bidirectional two-sample Mendelian randomization (MR) analysis to reveal the causality between Alzheimer's disease and COVID-19.⁹ When Alzheimer's disease was used as exposure and COVID-19 as outcome, 18 genetic variants were used as instrumental variables to carry out MR analysis. Inverse variance weighted (IVW) method showed a higher risk of COVID-19 for Alzheimer's disease patients (OR = 1.06, 95% CI: 1.00–1.12, $P = 0.042$) (Table 1). However, re-

Table 1

Five main methods to perform MR analysis between Alzheimer's disease and COVID-19.

Method ^b	N _{SNP}	b ^a	se	P	OR
MR Egger	18	0.0665	0.029	0.038	1.069 (1.01–1.13)
Weighted median	18	0.0582	0.029	0.042	1.06 (1.00–1.12)
Inverse variance weighted	18	0.0174	0.023	0.459	1.02 (0.97–1.07)
Simple mode	18	0.0123	0.061	0.843	1.01 (0.90–1.14)
Weighted mode	18	0.0595	0.027	0.039	1.06 (1.01–1.12)

^a b→Beta, se→SE^b Method→MR methods

verse MR found no evidence that COVID-19 led to Alzheimer's disease ($P = 0.202$).

In conclusion, we supported the potential genetic association between Alzheimer's disease and COVID-19, which was mainly reflected in chr19:44,744,108–46,102,697 region. *APOE*, *APOC1* and other related genes might be an important reason why patients with Alzheimer's disease were more susceptible to COVID-19. Although Alzheimer's disease might increase the risk of COVID-19, the causality was not clear enough (Table 1). We recommend that our views should be further validated in future clinical and observational studies.

Declaration of Competing Interest

All the authors declare no conflicts of interest.

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