

ORIGINAL ARTICLE

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# Formation of Osteochondral Organoids from Murine Induced Pluripotent Stem Cells

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Osteoarthritis is a debilitating joint disease that is characterized by pathologic changes in both cartilage and bone, potentially involving cross talk between these tissues that is complicated by extraneous factors that are difficult to study *in vivo*. To create a model system of these cartilage–bone interactions, we developed an osteochondral organoid from murine induced pluripotent stem cells (iPSCs). Using this approach, we grew organoids from a single cell type through time-dependent sequential exposure of growth factors, namely transforming growth factor  $\beta$ -3 and bone morphogenic protein 2, to mirror bone development through endochondral ossification. The result is a cartilaginous region and a calcified bony region comprising an organoid with the potential for joint disease drug screening and investigation of genetic risk in a patient or disease-specific manner. Furthermore, we also investigated the possibility of the differentiated cells within the organoid to revert to a pluripotent state. It was found that while the cells themselves maintain the capacity for reinduction of pluripotency, encapsulation in the newly formed 3D matrix prevents this process from occurring, which could have implications for future clinical use of iPSCs.

**Keywords:** chondrogenic, osteogenic, iPSC, tissue engineering, organoid, scaffold-free, osteoarthritis

## Impact Statement

The regeneration of integrated articular cartilage and bone tissues from a single cell source has been a challenge in the field of osteochondral tissue engineering and osteoarthritis disease modeling. The goal of this study was to develop an osteochondral organoid system using a single murine induced pluripotent stem cell (iPSC) source in a scaffold-free system and to determine whether differentiated iPSCs retain the potential to undergo reinduction of pluripotency. Our findings indicate that sequential differentiation into chondrogenic and osteogenic lineages can be used to develop osteochondral organoids, and encapsulation within a cartilaginous matrix prevents the reinduction of pluripotency in differentiated iPSCs.

## Introduction

**O**STEARTHRTIS (OA) IS A whole joint disease characterized by the degradation of articular cartilage with changes also occurring in the subchondral bone, including osteophyte formation and increased bone remodeling.<sup>1-3</sup> *In vitro* systems consisting of chondrocytes or tissue explants provide important model systems for studying cartilage biology and often serve as the initial basis for screening of disease-modifying OA drugs (DMOADs). However, the joint is increasingly viewed as a complex organ, with diseases impacting multiple tissues on many levels. To focus on the

cross talk between cartilage and bone, the development of a model system that consists of these two tissues could provide additional insight into osteochondral biology and drug development.<sup>2,4-6</sup> In this regard, “organoids” are an emerging field that could present a platform for studying interactions of multiple tissues *in vitro*, as well as being a model for testing of DMOADs.<sup>7-10</sup>

Several tissue engineering approaches have been developed for the creation of an osteochondral construct that is designed for implantation as a means of replacing or repairing injured or diseased tissues in the joint.<sup>7,11</sup> The strategies used for creating these constructs generally rely on the use of a variety

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of cell sources, scaffold materials, or geometries to create a bilayer or gradient from cartilage to bone or bioreactors to spatially deliver different media and growth factors to create the different tissues.<sup>7,11–14</sup> Instead, as a construct design strategy, bone development can be taken into consideration: long bones are formed when cartilage anlagen are subsequently converted to bone through endochondral ossification.<sup>15</sup> The cells that contribute to this osseous tissue formation may be either osteogenic cells that replace the hypertrophic chondrogenic cells or chondrocyte-like cells that transdifferentiate directly to osteogenic cells.<sup>16–18</sup> Indeed, several tissue engineering approaches have attempted to enhance osteogenesis of mesenchymal stem cells (MSCs) by differentiating them through an initial chondrogenic precursor phase.<sup>19,20</sup>

Induced pluripotent stem cells (iPSCs) provide a highly expandable and genetically-defined source of pluripotent cells for organoid tissue engineering: they exhibit pluripotency, allowing for multiple tissue types to be differentiated from a single cell source.<sup>21</sup> In addition, iPSCs are a powerful tool for investigation of genetic diseases, as they can be reprogrammed from the tissue of a patient with that disease<sup>22</sup> or genetically modified using genome-editing methods to develop disease-specific organoid models.<sup>23</sup> Subsequently, drug screening can be accomplished in a patient or disease-specific manner.<sup>24</sup>

In osteochondral tissue engineering, previous work has determined differentiation protocols of murine iPSCs (miPSCs) to both chondrogenic and osteogenic lineages individually, utilizing transforming growth factor  $\beta$  (TGF- $\beta$ ) and bone morphogenic protein 2 (BMP2) to drive the specific differentiation.<sup>25,26</sup> Additional previous work has demonstrated bone-like and cartilage-like composites from miPSCs.<sup>27</sup> However, recapitulation of endochondral ossification in miPSCs to create an osteochondral organoid has not previously been done. By synthesis of these separate differentiation protocols, iPSCs enable investigation not only of the endochondral ossification pathway but also the potential for transdifferentiation of chondrocytes in the development of osseous tissue.

This study demonstrates a time-dependent method for the creation of tissue-engineered osteochondral organoids for use in osteochondral research as a step toward future clinical applications. To create an osteochondral organoid, we differentiated iPSCs down a chondrogenic lineage using TGF- $\beta$ 3 and subsequently induced osseous tissue formation by utilizing BMP2. We characterized this osteochondral organoid to verify both chondrogenesis and osteogenesis. We also examined the hypothesis that re-exposure of the cells to the Yamanaka factors used to initially induce pluripotency in the mouse tail fibroblast (*Oct4*, *Sox2*, *Klf4*, and *cMyc*) would revert the cells back to a pluripotent state following terminal chondrogenic differentiation.<sup>28</sup> This would allow for subsequent differentiation to a different cell lineage.

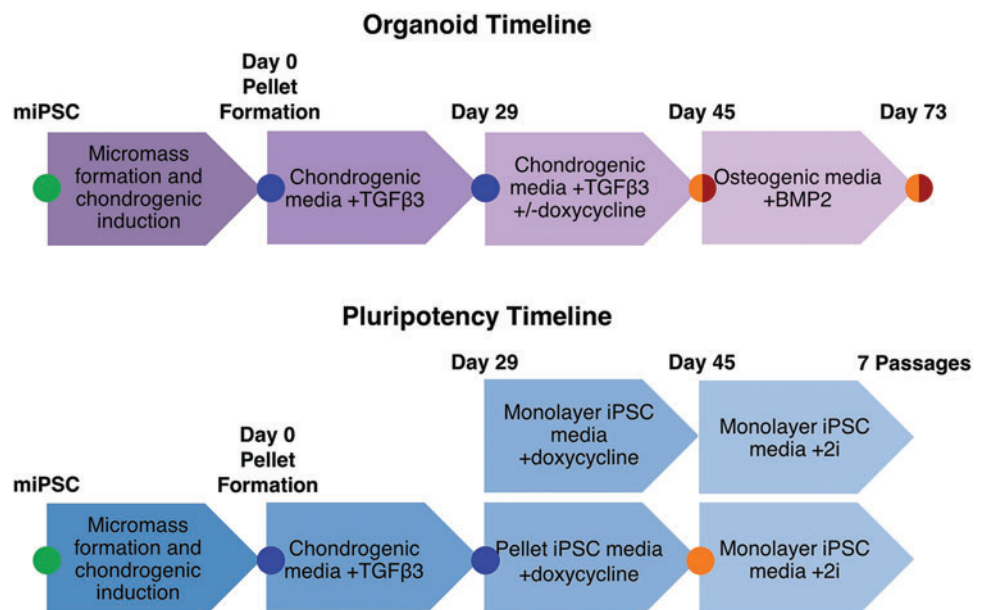
The iPSCs used in this study were initially induced using a doxycycline-inducible lentiviral vector for the pluripotency factors. Therefore, it was hypothesized that adding doxycycline to the culture media would reactivate this vector and result in expression of the Yamanaka factors. This approach would allow us to test whether reinduction of pluripotency in chondrogenically-differentiated cells would facilitate the sequential induction of osteogenesis, in comparison to osteogenic induction through direct transdifferentiation of the chondrocyte-like cells to osteogenic cells. In addition, further elucidation of the functionality of the doxycycline-inducible vector on terminally-differentiated cells is vital for the safety of future iPSC-derived engineered constructs for clinical applications.<sup>29–31</sup>

## Method

### Prechondrogenic differentiation and sorting of miPSCs

The timeline for experimental methods is shown in Figure 1. miPSCs were induced, cultured, and sorted for chondrogenic potential as previously described.<sup>25</sup> Briefly, a previously-derived iPSC line was created from mouse tail fibroblasts that were transduced with a doxycycline-inducible lentiviral vector for the expression of Sox2, Oct4 (*pou5f1*), Klf4, and c-Myc and cultured in iPSC media containing

**FIG. 1.** Timelines for organoid formation and pluripotency testing. Data collection points shown for miPSCs (green), pellets in chondrogenesis (blue), and samples with or without doxycycline (dox) treatment (yellow/red). iPSC, induced pluripotent stem cell; miPSC, murine iPSC. Color images are available online.



dulbecco's modified eagle's medium - high glucose (DMEM-HG) (Gibco), 20% lot-selected fetal bovine serum (FBS; Atlanta Biologicals), MEM nonessential amino acids (NEAA; Gibco),  $\beta$ -mercaptoethanol (Gibco), gentamicin (Gibco), and mouse leukemia inhibitory factor (LIF; Millipore ESGRO). miPSCs were nucleofected with a linearized pCOL2-EGFP-SV40-NEO reporter plasmid (kindly provided by Dr. William Horton, Shriners Hospitals for Children - Portland).<sup>32</sup> Cells were then expanded between days 2 and 12 post-transfection with G418 (200  $\mu$ g/mL; Invitrogen) as previously described.<sup>25</sup> G418-resistant clones were individually expanded and differentiated in micromass culture in chondrogenic media containing DMEM-HG (Gibco), NEAA (Gibco),  $\beta$ -mercaptoethanol (Gibco), ITS+ (BD), penicillin-streptomycin (Gibco), 50  $\mu$ g/mL L-ascorbic acid 2-phosphate (Sigma), and 40  $\mu$ g/mL L-proline (Sigma). Micromasses were treated with 50 ng/mL mBMP-4 (R&D Systems) and 100 nM dexamethasone on days 3–5 of culture.

Post micromass culture, the micromasses were digested for 1 h at 37°C using 0.4% collagenase type II (Worthington), 1320 PKU/mL pronase (Calbiochem), and 10  $\mu$ g/mL DNase I (Worthington) and pipetted every 15 min during incubation. Cells were centrifuged, incubated with 0.25% trypsin-ethylenediaminetetraacetic acid (EDTA) for 5 min, and resuspended in sort medium containing DMEM-HG, 2% FBS, DNase I, 10 mM Hepes (Gibco), 2 $\times$  penicillin-streptomycin-fungizone, and 5  $\mu$ M propidium iodide (BioLegend). Cells were sorted based on GFP expression using the 100  $\mu$ M nozzle of an Aria II flow sorter (BD BioSciences). Approximately 10–20% of cells were GFP+ and therefore collagen II positive.

#### *Pellet culture for chondrogenesis, osteogenesis, and pluripotency reinduction*

After sorting, cells were expanded on gelatin-coated plates at  $1 \times 10^4$  cells/cm<sup>2</sup> in chondrogenic differentiation media with 4 ng/mL human basic fibroblast growth factor (hbFGF) (Roche) and 10% FBS. Cells were passaged every 3 days for two passages using 0.05% trypsin-EDTA for 5 min. After the second passage, cells were resuspended in chondrogenic media with 10 ng/mL TGF- $\beta$ 3 and pelleted by centrifugation at  $2.5 \times 10^5$  cells/pellet, 200 g for 5 min in 15 mL conical tubes.

Pellets were cultured in chondrogenic media for 29 days, with media changes every 3 days. For osteochondral organoids, pellets continued to be cultured with 10 ng/mL TGF- $\beta$ 3 in chondrogenic media for 16 additional days with or without the addition of 10  $\mu$ g/mL doxycycline (Sigma) followed by 28 days in osteogenic media containing 12.5 ng/mL BMP2 (RnD), 10% FBS, DMEM-HG (Gibco), NEAA (Gibco),  $\beta$ -mercaptoethanol (Gibco), penicillin-streptomycin (Gibco), 50  $\mu$ g/mL L-ascorbic acid 2-phosphate (Sigma), dexamethasone, and 10 mM  $\beta$ -glycerophosphate (Sigma).

Mycoplasma testing was performed regularly by a core facility at Washington University. Additional DAPI staining further demonstrated negative mycoplasma results.

#### *Gene expression by qRT-PCR*

Pellets were homogenized in lysis buffer in a bead beater. RNA isolation was performed according to manufacturer's instructions (Total RNA Purification Plus Micro Kit, Norgen). cDNA synthesis was performed using SuperScript IV First-Strand Synthesis System (Thermo Fisher), in parallel

with a No Template Control (NTC). PCR was performed with TaqMan Gene Expression Assay probes (Thermo Fisher) (Table 1) and TaqMan Fast Advanced Master Mix. Data analysis was performed with the  $\Delta\Delta$ CT method. GAPDH was used as the endogenous control gene. All samples were compared to miPSCs.

#### *Histology and immunohistochemistry*

Pellets were fixed in 10% Neutral Buffered Formalin for 16 h and dehydrated, paraffin embedded, and sectioned at 8  $\mu$ m thickness. Safranin-O/fast green/hematoxylin staining was performed under standard protocols using osteochondral sections from mouse knee joints as controls. Von Kossa staining was performed according to manufacturer's instructions (Abcam), with a knee joint dissected from an 11-day-old mouse as control.

For immunohistochemistry, sections were treated with xylene and ethanol in decreasing concentrations. For type II collagen (Iowa II-II6B3, 1:1 in 10% goat serum), type VI collagen (Fitzgerald 70R-CR009 $\times$ , 1:1000 in 1% BSA), and type X collagen (Sigma c7974, 1:400), epitope retrieval was performed with Digest-All 3 Pepsin (Invitrogen) at room temperature for 5 min, treated with a methanol-peroxidase solution, blocked for 30 min (goat serum for type X collagen, goat serum with the addition of cold fish gelatin for type II collagen, and for type VI collagen, 2% goat serum, 1% BSA, 0.1% Triton X-100, 0.05% Tween 20, 0.01 M PBS (pH 7.2)), then incubated for an hour at room temperature in primary antibody. Secondary antibody incubation was performed for 30 min at room temperature (ab97021 for type II collagen and type X collagen and ab6720 for type VI collagen, 1:500), followed by HRP Streptavidin treatment and

TABLE 1. QUANTITATIVE POLYMERASE CHAIN REACTION PRIMER PROBES

<i>Gene</i>	<i>Name</i>	<i>Probe</i>
<i>Acan</i>	Aggrecan	Mm00545794_m1
<i>Alpl</i>	Alkaline phosphatase	Mm00475834_m1
<i>Bglap</i>	Osteocalcin	Mm03413826_mH
<i>Col1a2</i>	Type I collagen	Mm00483888_m1
<i>Col2a1</i>	Type II collagen	Mm01309565_m1
<i>Col10a1</i>	Type 10 collagen	Mm00487041_m1
<i>Gapdh</i>	Glyceraldehyde 3-phosphate dehydrogenase	Mm99999915_g1
<i>Hprt</i>	hypoxanthine guanine phosphoribosyl transferase	Mm00446968_m1
<i>Ibsp</i>	Bone sialoprotein	Mm00492555_m1
<i>Nanog</i>	Nanog homeobox	Mm01617762_g1
<i>Oct4/Pou5F1</i>	Octamer-binding transcription factor 4	Mm03053917_g1
<i>Prg4</i>	Lubricin	Mm01284582_m1
<i>Runx2</i>	Runt-related transcription factor 2	Mm00501584_m1
<i>Sox2</i>	sex determining region Y-box 2	Mm03053810_s1
<i>Sox9</i>	sex determining region Y-box 9	Mm00448840_m1
<i>Sp7</i>	Osterix	Mm04209856_m1

AEC Red Single (Histostain Plus; Invitrogen), counterstained with hematoxylin, and mounted with VectaMount (Vector Labs). For type I collagen (8D4A1, Chondrex, 1:200, biotinylated), epitope retrieval was performed with proteinase K diluted in TE buffer and incubated at 37°C for 20 min, then treated with methanol-peroxidase solution, and blocked for 30 min (goat serum) before primary incubation. Type I collagen slides were not counterstained. Osteochondral sections from mouse knee joints were used as controls. Final histology images were taken on a VS120 microscope imaging system (Olympus) at 20× magnification, with consistent brightfield settings for each stain.

#### MicroCT analysis

Pellets were serially dehydrated to 70% ethanol for microCT imaging (SkyScan1176; Bruker) at 40 kV and 600  $\mu$ A with no filter at a resolution of 8.75  $\mu$ m. Images were reconstructed at dynamic range 0 to 0.16, beam hardening 20, ring artifact correction 10. Total pellet tissue volume (TV), calcified bone volume (BV), and bone mineral density (BMD) values were calculated based on comparison to hydroxyapatite phantoms using CTAnalyser software (Bruker). Images were generated in CTvox software (Bruker).

#### Biochemical analysis

Pellets were digested in papain at 65°C for 16 h. dsDNA was measured with PicoGreen dsDNA Quantitation Kit (Invitrogen), sulfated glycosaminoglycans (s-GAGs) were measured with the DMMB assay, and total collagen was measured with the hydroxyproline assay. To quantify calcium content, pellets were decalcified by incubating in 5% formic acid for 30 min. Calcium concentration was measured using the Calcium Colorimetric Assay Kit (Fisher).

#### Pluripotency testing

To test pluripotent potential, pellets were cultured up to day 29 as described above and then divided into two groups (Fig. 1). One group of pellets was cultured for 16 days in iPSC media containing 20% FBS, DMEM-HG (Gibco), NEAA (Gibco),  $\beta$ -mercaptoethanol (Gibco), gentamicin (Gibco), and mouse LIF (EMD Millipore), with 10  $\mu$ g/mL doxycycline. The other group of pellets was dissociated using 0.4% collagenase type II (Worthington), 1320 PKU/mL pronase (Calbiochem), and 10  $\mu$ g/mL DNase I (Worthington) and plated in monolayer on laminin-coated (Sigma L2020) plates in iPSC media with 10  $\mu$ g/mL doxycycline, 1  $\mu$ M PD0325901 (Cayman Chemical), and 3  $\mu$ M CHIR99021 (Cayman Chemical) for feeder-free culture utilizing the 2i system for 16 days. The 2i-laminin system is used in place of using a feeder layer of cells to support pluripotency. It has been well established in the stem cell literature that this system does not induce pluripotency, but rather helps prevent differentiation in pluripotent cells. The maintenance of pluripotency by the laminin-2i system has been shown to last for eight passages.<sup>33–35</sup> After 16 days, the remaining pellets were also dissociated and plated in monolayer. Both monolayer iPSC groups were passaged seven additional times in iPSC media without doxycycline before staining for pluripotency markers.<sup>33</sup>

For imaging,  $5 \times 10^4$  cells were plated into each well of a four-well chambered culture slide (Falcon/Corning) precoated with laminin. After culturing for 5 days, wells were rinsed

3× in phosphate-buffered saline (PBS), fixed in 4% paraformaldehyde in PBS with 0.1% Tween for 20 min at room temperature, rinsed 3× in PBS, permeabilized for 20 min at room temperature in 0.1% Triton X-100 in PBS, rinsed 4× in PBS with 0.1% Triton-X, and incubated in Blocking Buffer (10% FCS in PBS) for 40 min at room temperature. Primary antibodies were incubated overnight at 4°C in precooled Blocking Buffer (Abcam 1:100 for each: Nanog 80892, Oct4 27985, SSEA-1 16285). Wells were rinsed 4× in PBS with 0.1% Triton-X. Secondary antibodies were incubated for 75 min at 4°C in the dark in Blocking Buffer (all Invitrogen, for Nanog, 1:1000 Alexa Fluor Plus 488 (GFP) A-32731, for Oct4, 1:600 Alexa Fluor 568 (RFP) A-11057, and for SSEA-1, 1:1000, Alexa Fluor 647 (Cy5) A-32728). Wells were rinsed 2× in PBS with 0.1% Triton-X and mounted in Prolong Gold with DAPI (Invitrogen). Slides were imaged at 10× and 40× using the Cytation 5 system (Agilent Technologies).

#### Statistical analysis

Experimental data reported as mean  $\pm$  SEM were compared using a Student's *t*-test, a one-way ANOVA followed by a *post hoc* Tukey's test, or a two-way ANOVA. Data were analyzed with JMP statistical software with a significance level set to  $\alpha = 0.05$ .

## Experiment

### Chondrogenic outcomes

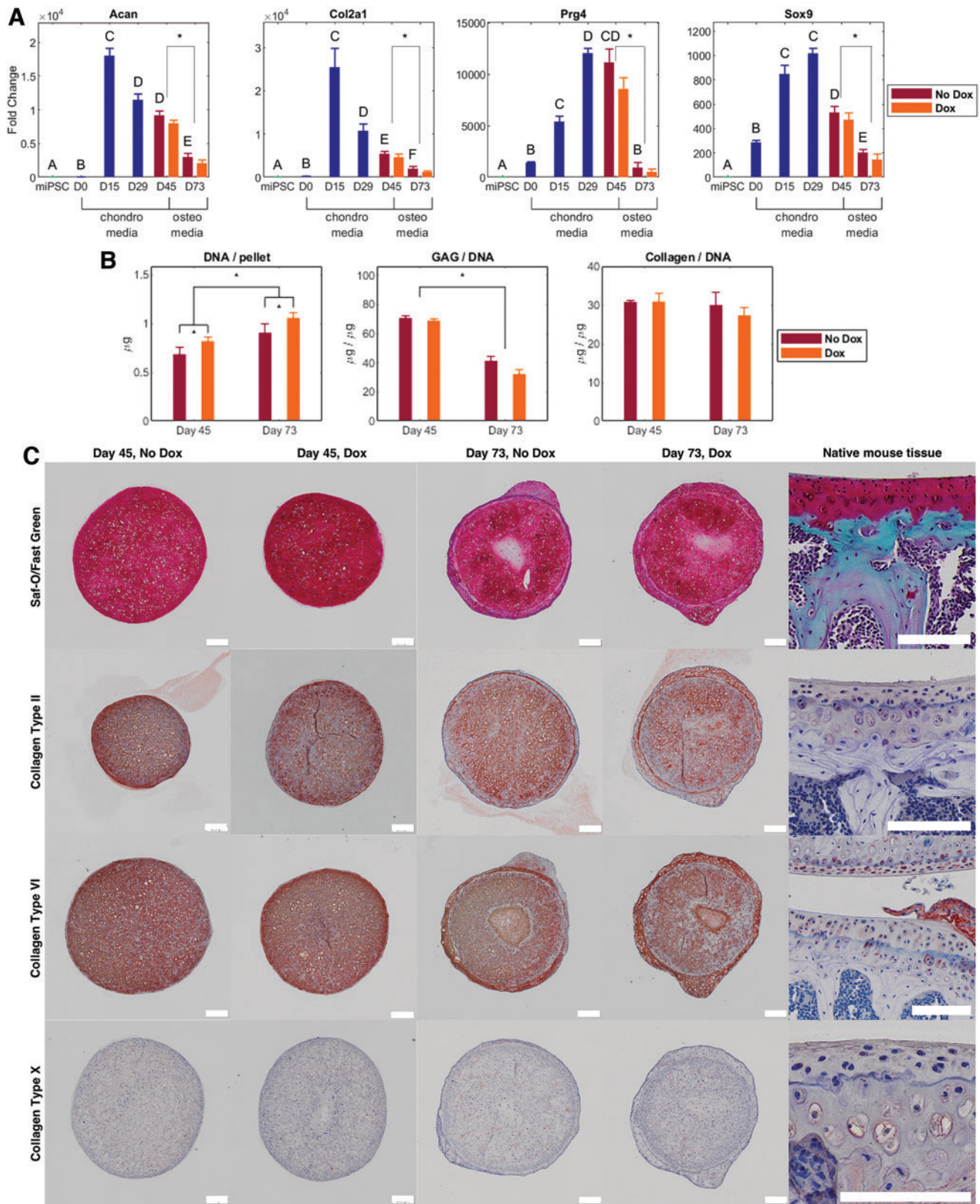
After 15, 29, and 45 days of chondrogenic culture, expression of chondrogenic genes *Acan*, *Col2a1*, *Prg4*, and *Sox9* was significantly upregulated compared to original miPSCs or day 0 pellets (Fig. 2A). Chondrogenic gene expression decreased during the osteogenic phase from day 45 through day 73 but maintained expression levels significantly above miPSC levels. Doxycycline treatment had no statistically significant effect on gene expression at either day 45 or day 73.

DNA content in the pellets increased from day 45 to day 73 (Fig. 2B). Doxycycline treatment also increased DNA content compared to no treatment. Sulfated GAG content decreased after osteogenesis independent of doxycycline treatment. Total collagen between pre- and postosteogenesis groups was maintained, independent of doxycycline treatment.

Pellets cultured under chondrogenic conditions showed rich Safranin-O staining throughout the specimens at 45 days of culture (Fig. 2C). Collagen type II and type VI were confirmed to be present throughout the pellet by immunohistochemistry (IHC), while collagen type X was minimally present. No differences were noted between pellets with or without doxycycline treatment. Following osteogenic induction at day 73, s-GAGs, collagen type II, and collagen type VI were maintained in the pellet extracellular matrix (ECM) inside the constructs, with new tissue growth on the outside less rich in s-GAGs and collagen type II. This new tissue growth was rich in type VI collagen. Collagen type X was minimally present. These chondrogenic ECM components were present independent of treatment with doxycycline.

### Osteogenic outcomes

After osteogenic induction, gene expression of *Alpl*, *Bglap*, *Col1a2*, *Ibsp*, *Runx2*, and *Sp7* were all significantly increased compared to miPSC levels (Fig. 3A). *Col10a1*, a



**FIG. 2.** Organoid chondrogenesis. **(A)** Gene expression of chondrogenic genes at days 0, 15, 29, 45, and 73 of culture compared to miPSCs. Reference gene is GAPDH. Data points and error bars demonstrate mean  $\pm$  SEM. Groups not labeled with the same letter are significantly different by one-way ANOVA with *post hoc* Tukey–Kramer analysis with  $p < 0.05$  (nondox groups only). Significance of two-way ANOVA for days 45 and 73 with and without dox denoted by *brackets* and *asterisks*.  $n = 3$  for miPSC control,  $n = 6–8$  for experimental groups. **(B)** Biochemical analysis of DNA and ECM components of pellets at days 45 and 73 with and without doxycycline treatment. Data points and error bars demonstrate mean  $\pm$  SEM. Significance determined by two-way ANOVA with  $p < 0.05$ . Significance denoted by *brackets* and *asterisks*.  $n = 4$ . **(C)** Histologic analysis of pellets at days 45 and 73, with or without doxycycline treatment. *Top to bottom*: Safranin-O/fast green/hematoxylin staining, immunohistochemical probing of collagen type II, VI, and X (with mouse joint controls). Scale bars: 200  $\mu\text{m}$  in pellet samples, 100  $\mu\text{m}$  in mouse tissue controls. ECM, extracellular matrix. Color images are available online.

hypertrophy gene, was found to be highest at day 45, the end of the chondrogenic phase, and declined during the osteogenic phase. Doxycycline treatment had no statistically significant effect on gene expression.

Histologic analysis of organoids after a total of 73 days of culture showed osteogenic tissue formation in the outer region of the organoids, which were rich in collagen and mineralized tissue, as evidenced by IHC for collagen type I, Von Kossa staining, and Masson's Trichrome staining (Fig. 3B). MicroCT analysis of organoids at day 73 further confirmed the presence of a dense outer calcified region (Fig. 3C). Quantitative analysis of microCT images revealed similar BMD, BV, and the ratio of calcified bone volume to total tissue volume (BV/TV) between pellets with or without doxycycline treatment, although there was an increase in total TV in the constructs treated with doxycycline (Fig. 3D). A calcium assay of these organoids showed no calcification after the chondrogenic growth phase at day 45. After osteogenic induction, calcium per pellet increased to about 35  $\mu\text{g}$  independent of prior doxycycline treatment (Fig. 3E).

#### Reinduction of pluripotency

To confirm the reactivation potential of the doxycycline-inducible lentiviral vector to express the Yamanaka factors and induce pluripotency, doxycycline was administered again after chondrogenesis to cultures either in monolayer or in pellet form. After doxycycline withdrawal, these cultures were maintained in a 2i-laminin system for seven passages before performing colony pluripotency assays. Cells were treated with doxycycline in monolayer formed colonies and showed positive staining for alkaline phosphatase, Nanog, Oct4, and SSEA-1, consistent with a pluripotent phenotype (Fig. 4A). However, cells from pellets exposed to doxycycline did not form colonies nor demonstrate expression of Nanog, Oct4, or SSEA-1. Some of these cells did stain positive for alkaline phosphatase, but the morphology of these cells was inconsistent with pluripotent stem cells.

Gene expression was assessed on days 0, 15, and 29 of chondrogenic culture and on day 45 after 16 days of doxycycline treatment in iPSC media: all groups demonstrated significantly lower levels of expression of *Alpl*, *Nanog*, *Oct4*, and *Sox2* compared to the miPSCs (Fig. 4B). *Alpl*, a complicated gene expressed not only in a pluripotent state but also in multiple other tissue types did increase after doxycycline exposure, but remained significantly lower than the miPSC group.

Together, these results demonstrate the potential for reactivation of the Yamanaka factors and de-differentiation to

pluripotency in these cells after monolayer induction, but a resistance to de-differentiation within chondrogenic tissue.

#### Discussion

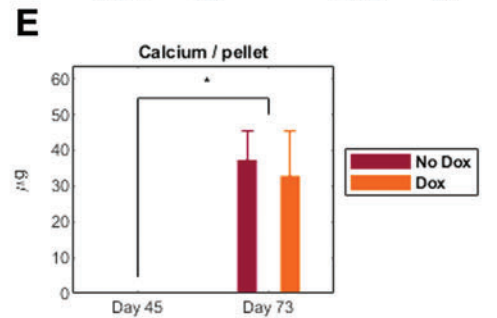
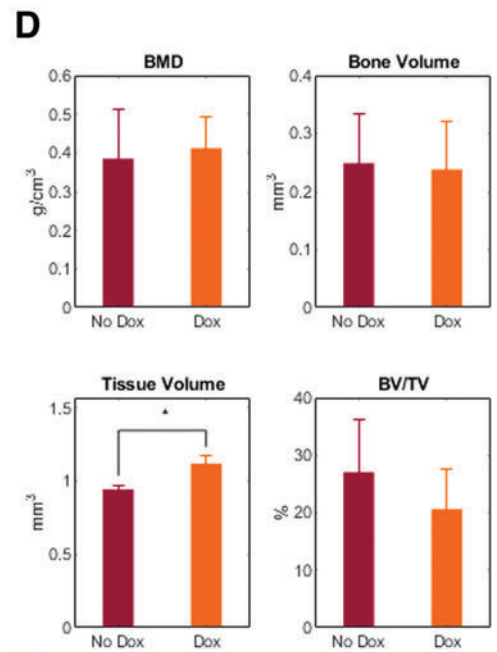
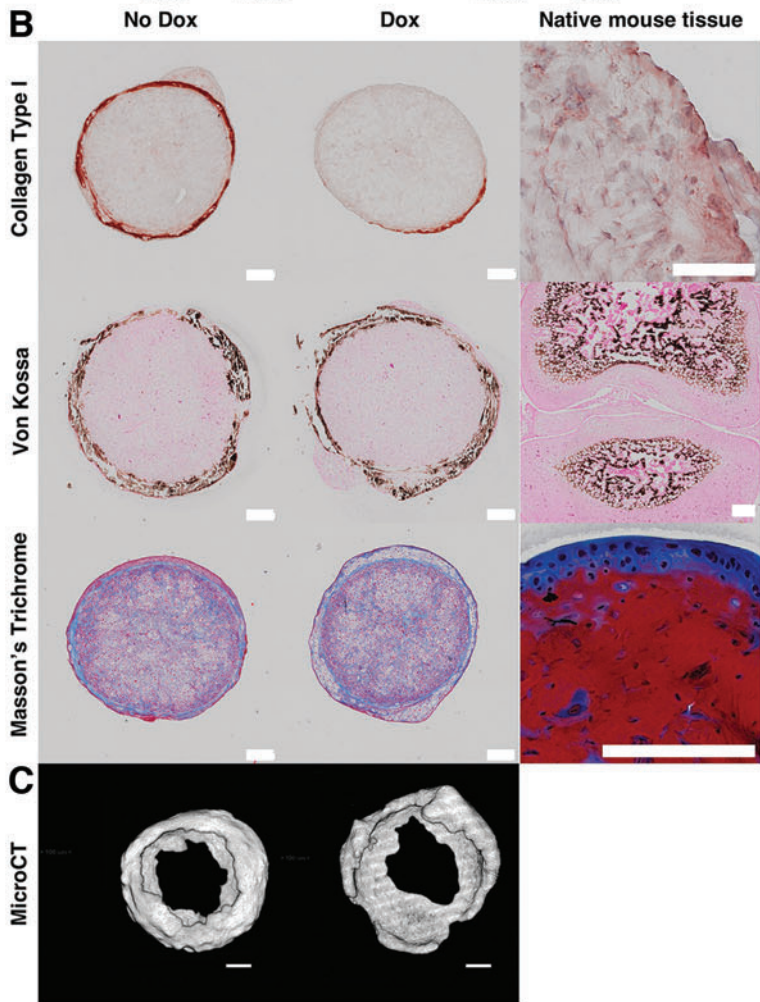
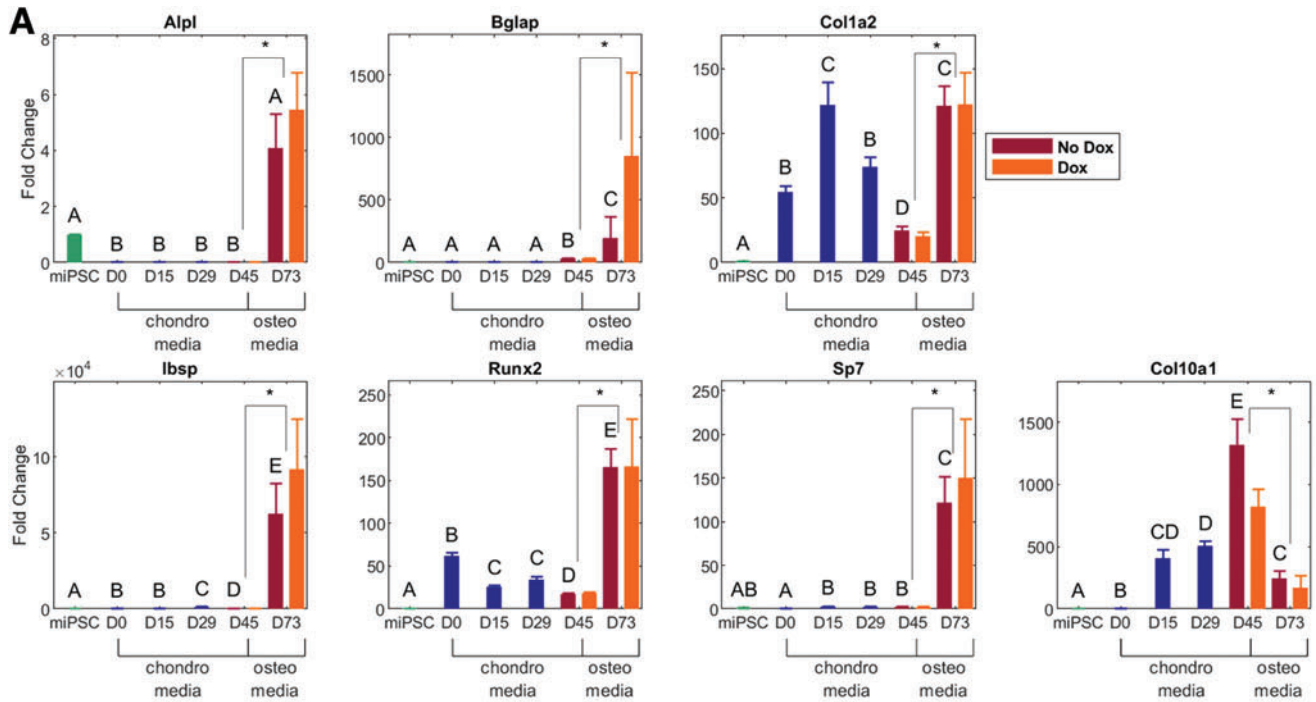
We have developed a scaffold and bioreactor-free method of creating osteochondral organoids *in vitro* through sequential exposure of iPSCs to chondrogenic and osteogenic growth factors, mimicking the process of endochondral ossification. Endochondral ossification has been studied for decades but remains incompletely understood. There are two main theories thought to govern this process: (1) chondrocytes create an articular cartilage matrix, calcify, die, and are replaced by new cells that migrate in from bone marrow that become osteocytes to complete the process of bone formation or (2) mature chondrocytes directly differentiate into osteocytes and osteoblasts to form bone tissue. There are many publications supporting both theories<sup>15–18</sup>; our findings support the latter theory, as there is no source of exogenous cells to repopulate the cartilaginous matrix.

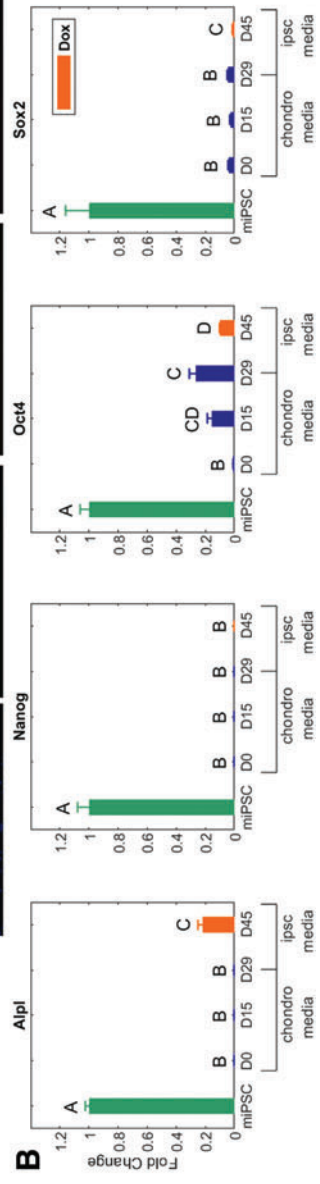
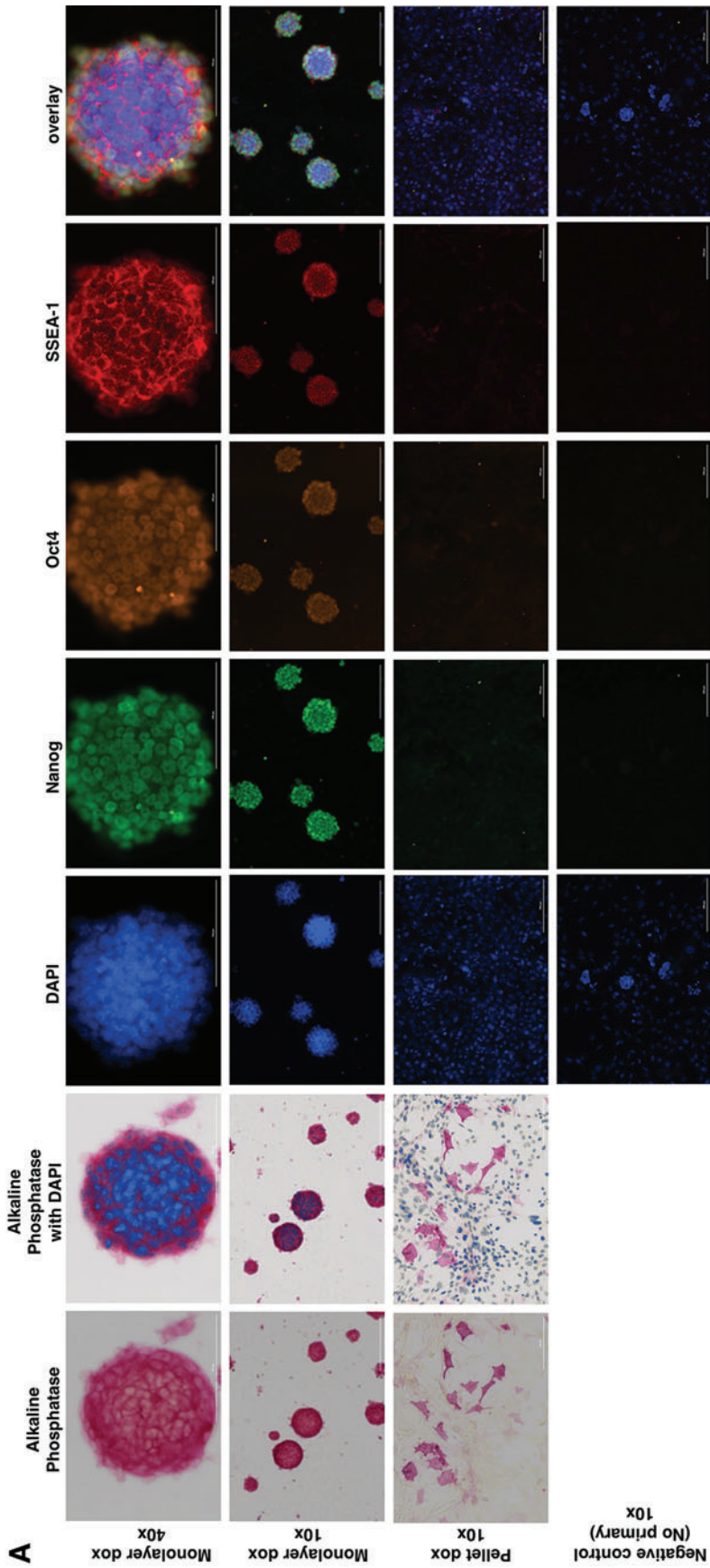
Gene expression, histology, biochemical, and microCT analysis characterized the chondrogenic and osteogenic aspects of our osteochondral constructs. Given their pluripotent capabilities, as well as the ability to re-express the Yamanaka factors following differentiation, iPSCs also provide a defined system that allows us to examine their potential to revert once again to a pluripotent state after differentiation. Surprisingly, however, we found that chondrogenically differentiated cells within a cartilage pellet did not revert to a pluripotent state upon reinduction of the doxycycline-inducible pluripotency vector, although this vector was found to be both functional and capable of inducing pluripotency in cells isolated from pellets and grown in monolayer.

Previous *in vitro* osteochondral systems generally have utilized either terminally differentiated adult osteoblasts and chondrocytes or adult stem cells such as MSCs, to create the different tissue types necessary for organoid creation.<sup>13,36–39</sup> The utility of these terminally differentiated cells is limited by the relatively low number of cells that are able to be harvested. In addition, to create osteochondral organoids in a patient-specific manner, donor-site morbidity is an unwelcome side effect of cell harvest.<sup>40</sup> Furthermore, collection from diseased joints may further limit *in vitro* tissue synthesis in this manner. In contrast, iPSCs can be patient specific, readily expanded in culture while retaining their potential for differentiation, and harvested from a healthy tissue source.

Throughout 45 days of chondrogenic pellet culture, we found that gene expression for chondrogenic markers *Acan*, *Col2a1*, *Prg4*, and *Sox9* was upregulated over time. These

**FIG. 3.** Organoid osteogenesis. (A) Gene expression of osteogenic and hypertrophic genes at days 0, 15, 29, 45, and 73 of culture compared to miPSCs. Reference gene is GAPDH. Data points and error bars demonstrate mean  $\pm$  SEM. Groups not labeled with the same letter are significantly different by one-way ANOVA with *post hoc* Tukey–Kramer analysis with  $p < 0.05$  (nondox groups only). Significance of two-way ANOVA for days 45 and 73 with and without dox denoted by brackets and asterisks.  $n = 3$  for miPSC control,  $n = 6–8$  for experimental groups. (B) Histologic analysis of pellets at day 73 with and without doxycycline treatment. Top to bottom: Immunohistochemical probing of osteogenic protein collagen type I (with native mouse tendon control), Von Kossa staining (with noncalcified young mouse knee control), and Masson's Trichrome staining (with adult mouse shoulder joint control). Scale bars: 200  $\mu\text{m}$  in pellet samples, 100  $\mu\text{m}$  in mouse tissue controls. (C) MicroCT images of pellets at day 73 with and without doxycycline treatment. Scale bars: 100  $\mu\text{m}$ . (D) Quantification of MicroCT data for day 73 pellets with and without doxycycline treatment: BMD, calculated bone volume, total pellet tissue volume, and ratio of BV/TV. Significance of Student's *t*-test,  $p < 0.05$ , denoted by brackets and asterisks.  $n = 4$ . (E) Calcium content of pellet groups with and without doxycycline treatment at days 45 and 73. Data points and error bars demonstrate mean  $\pm$  SEM. Significance of two-way ANOVA,  $p < 0.05$ , denoted by brackets and asterisks.  $n = 4$ . BMD, bone mineral density; BV/TV, bone volume to tissue volume. Color images are available online.





**FIG. 4.** Pluripotency outcomes. (A) Colony pluripotency assay. Groups from *top* to *bottom*: 40× images of doxycycline treatment in monolayer group, 10× images of doxycycline treatment in monolayer group, 10× images of doxycycline treatment in pellet group, 10× images of doxycycline treatment in pellet group, 10× images of no primary antibody control. Positive alkaline phosphatase staining shown in *red*, with DAPI overlay in next *column*. Immunocytochemistry completed with fluorescent probes. Scale bars: 100 μm in 40× images, 200 μm in 10× images. (B) mRNA expression (qRT-PCR) of pluripotency genes at days 0, 15, and 29 of chondrogenic induction, as well as day 45 after replacing chondrogenic media with iPSC media with doxycycline. Control is initial miPSCs, and reference gene is GAPDH. Data points and error bars demonstrate mean ± SEM. Groups not labeled with the same letter are significantly different by one-way ANOVA with *post hoc* Tukey–Kramer analysis with  $p < 0.05$ .  $n = 3$  for miPSC control,  $n = 6–8$  for experimental groups. Color images are available online.



constructs showed a robust cartilaginous matrix with strong staining for s-GAGs and collagens type II and type VI and little staining for collagens type I and X. In addition, the cartilaginous matrix, which demonstrated strong staining for s-GAGs and type II collagen, remained in the center of the organoids even after culture in osteogenic media containing BMP2, for a total of 73 days in 3D culture. Our results provide further support of the long-term chondrogenic potential of iPSCs compared to MSCs, which tend to express higher levels of collagen types I and X and undergo hypertrophy relatively quickly, preventing stable cartilage formation.<sup>41-44</sup>

In addition, our organoid was created through a timed delivery of growth factors, whereas many previous MSC-derived osteochondral organoids have been created using different scaffold properties, creating a complex bioreactor, or by mixing MSCs with already differentiated cells.<sup>7,11-13</sup> Instead, we recapitulated endochondral ossification through a stepwise exposure of growth factors, namely TGF- $\beta$ 3 and BMP2, which resulted in organoids with a center of cartilaginous tissue and an outer region of bony calcified tissue. A stepwise strategy for bone formation through endochondral ossification has been previously used with ASC-derived chondrogenic pellets that were implanted *in vivo*.<sup>19</sup> Similar to our results, this process resulted in the formation of a cartilaginous pellet with a calcified outer region. It is interesting that we were able to achieve this result with only BMP2 instead of all the factors the pellet would have been exposed to *in vivo*, such as various matrix metalloproteinases, growth factors, and cytokines. The BMP2 induction of endochondral ossification aligns with previous research in development, injury repair, and regeneration in which BMP2 was found to be vital for chondrocyte maturation and to induce a center of endochondral ossification.<sup>45-47</sup> However, unlike our data, the center of the implanted ASC pellets did not retain their cartilage phenotype.

A similar stepwise strategy has been used with MSCs in which a chondrogenic pellet was subsequently cultured in media containing  $\beta$ -glycerophosphate which resulted in a region of bony tissue surrounding a chondrogenic pellet, similar to the data presented here.<sup>37</sup> However, this group found significant type I collagen present in the chondrogenic area of their organoid, which increased over their 35 days of culture. As iPSCs tend to show little or no hypertrophic differentiation under chondrogenic conditions, the chondrogenic area of the organoids in our present study was not positive for type I collagen. Instead, type I collagen was isolated to the bony exterior regions of the organoids in this study. In addition in our study, we found many bone-specific genes to be upregulated at the final time point, postosteogenesis, including *Alpl*, *Bglap*, *Runx2*, *Ibsp*, *Colla2*, and *Sp7*.

Surprisingly, no differences were detected between the constructs treated with doxycycline compared to the ones not treated with doxycycline, except for the increase in total DNA content. Although doxycycline has been shown to inhibit cell growth in many human cell types, it actually has a slight protective effect in articular cartilage by helping to inhibit cell death and decreasing degradation of cartilage matrix proteins. This effect likely accounts for the small percentage increase in DNA content in pellets that had doxycycline exposure.<sup>48</sup>

Because no differences in osteogenesis between the dox and no dox groups were detected, we were compelled to further study of the potential of these cells to revert to a pluripotent

state. The potential for dedifferentiation and tumorigenesis of cells derived from iPSCs poses a large hurdle for clinical use of these cells.<sup>29,49</sup> Our study provides evidence that differentiated iPSCs may be resistant to reinduction of pluripotency while maintained within an ECM. We found that the addition of doxycycline to the media after chondrogenic differentiation did not cause our iPSC chondrocytes within the 3D cartilaginous matrix to revert to a pluripotent state, as evidenced by the lack of expression of pluripotency factors, as well as colony formation and Nanog, Oct4, and SSEA-1 staining. However, when isolated from the matrix, plated in monolayer, and then treated with doxycycline, we showed the development of colony forming units that were positive for these pluripotency markers. Previous research has demonstrated that doxycycline is readily able to diffuse into a cartilage matrix and activate a doxycycline-inducible vector, even in significantly larger engineered constructs,<sup>50,51</sup> suggesting that our findings were not due to a lack of activation of the vector but rather were likely due to altered behavior of the cells due to interactions with the ECM. In addition, had doxycycline induction only been able to induce pluripotency in the outer layers of our pellets due to limited diffusion into the tissue, pluripotent cells would have been detected in the colony pluripotency assay, which were not.

While a number of previous studies have investigated the influence of matrix properties on the differentiation of stem cells and iPSCs, there is little known regarding the influence of a 3D ECM on maintaining cell phenotype and potentially inhibiting pluripotency.<sup>52-55</sup> *In vivo*, tissue-resident stem cells reside in a 3D niche with mechanical and secreted cues that help them maintain pluripotency.<sup>56,57</sup> When the cells leave the niche, they differentiate, losing their stemness. The cells in our study were encapsulated in an articular cartilage-like matrix, which is unlikely to have the characteristics of a stem cell niche present to aid the cells in reverting to a pluripotent state. It is possible that the cells digested from the matrix and plated in monolayer were primed for reversion, as chondrocytes plated in monolayer tend to dedifferentiate, which changes their gene and protein expression and may allow for greater plasticity of the cells.<sup>56-58</sup> Therefore, it may have been the presence of a 3D matrix that maintained cell shape, rather than specific proteins in the matrix, that prevented reversion to a pluripotent state. In addition, while no true stem cell "niche" is present in articular cartilage, the superficial surface of articular cartilage does contain a population of chondroprogenitor cells.<sup>59</sup> Unlike the chondrocytes in the middle and deep zones of the cartilage, cells in the superficial zone are flat, similar to cells in monolayer culture. Although it is clear that the chondrogenic 3D matrix prevented de-differentiation of our cells despite externally providing the otherwise necessary and sufficient factors of pluripotency induction, it is unclear whether a specific matrix protein or the mechanical forces provided by the matrix inhibited de-differentiation. Further research will be necessary to answer this question, which could provide additional insights into future clinical utilization of iPSC-derived tissues.

## Conclusion

This study provides a strategy for creation of an osteochondral organoid without the need for multiple cell types, scaffolds, or bioreactors. The creation of this novel iPSC-derived osteochondral organoid provides a platform for

studying normal and pathologic interactions between bone and cartilage at the osteochondral junction.<sup>60</sup> An osteochondral organoid system could provide unique opportunities to study the process of endochondral ossification and hypertrophy *in vitro*, as well as basic biologic interactions at the bone-cartilage interface. These constructs were grown from iPSCs, opening the possibility for *in vitro* modeling of the effects of specific genetic variants as risk factors for OA, skeletal dysplasia, or other musculoskeletal diseases, as well as the possibility for testing drugs in a disease-specific or patient-specific manner.<sup>22,61</sup> Furthermore, while creating these osteochondral organoids, we discovered that the 3D cartilaginous matrix in which the cells were encapsulated prevented reinduction of pluripotency in the cells, a critical finding for the future clinical usability of iPSC-derived tissues.

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