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# Topically Delivered Tumor Necrosis Factor- $\alpha$ -Targeted Gene Regulation for Psoriasis

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## To the Editor

Psoriasis is a highly visible, chronic, immune-mediated inflammatory skin disorder that affects 2–3% of the US population (Lowes et al., 2014). Tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and IL-17A synergistically up-regulate the production of other cytokines, chemokines, and antimicrobial peptides from keratinocytes and regional immune cells, initiating and perpetuating the immune activation of psoriasis (Chiricozzi et al., 2011, Di Cesare et al., 2009, Ettehadi et al., 1994, Harden et al., 2015, Lowes et al., 2005). Humanized antibodies and inhibitory fusion proteins inhibiting TNF- $\alpha$  are commercially available for treating moderate to severe psoriasis (Lowes et al., 2007). These systemically administered biologic agents are targeted to disease pathogenesis and have better efficacy and safety than broad immunosuppressants such as cyclosporine and methotrexate. Their high cost and potential adverse effects limit systemic administration for milder disease, but their high molecular weight precludes topical formulation.

We have generated a *TNF-a*–suppressing antisense spherical nucleic acid (SNA), a promising construct to emerge from the field of nanotechnology (Banga et al., 2014, Cutler et al., 2012, Giljohann et al., 2009, Zheng et al., 2012). These 3-dimensional (3D) arrangements of densely packed and radially oriented oligonucleotides (see Supplementary Figure S1 online) impart properties distinct from linear nucleic acids, especially skin penetration capability without physical or chemical skin disruptors and increased cellular uptake. SNAs use scavenger receptors to enter cells, whereas other oligonucleotide delivery systems (e.g., cationic lipids or polymers) often disrupt anionic cell membranes for delivery (Choi et al., 2013). Liposomal-cored SNAs (L-SNAs) are physiologically compatible but share characteristics of the early-generation trackable gold-cored SNAs (Banga et al., 2014, Randeria et al., 2015, Zheng et al., 2012). Using both a human 3D cytokine-induced raft model and the mouse imiquimod (IMQ)-generated psoriasis-like model, we found that

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Conflict of Interest

WD, RK, and DAG are employees of Exicure, Inc. ASP is a member of the Exicure Scientific Advisory Board and has received Exicure, Inc. stock options.

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*TNF*-targeting L-SNAs prevent the phenotype clinically, histologically, and transcriptionally, suggesting a topical treatment paradigm for psoriasis.

For L-SNA generation, oligonucleotides and 50-nm–diameter liposomes (100:1) were selfassembled to form L-SNAs (see Supplementary Figure S1 and Supplementary Materials online). mRNA expression was assessed by quantitative PCR (see Supplementary Table S1 online). In all studies, data were analyzed by analysis of variance (group) or paired *t* testing (individual comparisons), with *P* less than 0.05 considered significant.

Cyanine 5-labeled TNFL-SNAs were taken into normal human epidermal keratinocyte (NHEK) cytoplasm within 15 minutes (Figure 1a) of exposure (keratinocytes for NHEK studies were prepared from otherwise discarded unidentified foreskins, obtained through expedited institutional approval that required no written informed parental consent). TNF L-SNAs knocked down mRNA expression in TNF-a-induced NHEKs by 48 hours (TNF by 93%, *DEFB4* (encoding  $\beta$ -defensin 2A) by 62%, *S100A7* by 64%; all *P* < 0.001 vs. scrambled L-SNA control samples [Scr]) (Figure 1b). L-SNAs penetrated human abdominoplasty and psoriatic skin within 24 hours (Figure 1c), suggesting possible translation to human psoriasis. 3D human psoriatic rafts were generated by adding TNF-a, IL-17A, and IL-22 (each at a concentration of 10 ng/ml) to the medium beginning 6 days after NHEK lifting. Histologic (hematoxylin and eosin), immunologic (ELISA and Western blot), and transcriptional alterations in psoriasis markers were present within 3 days of cytokine initiation and were further increased by 6 days (see Supplementary Materials and Supplementary Figure S2a-d online). TNFL-SNAs at 50 nmol/L (Scr and phosphate buffered saline control samples) were applied to the raft center every other day using a ring to prevent leakage, beginning 3 days after cytokine initiation. The rafts were harvested at 7 days after cytokine initiation and 24 hours after the last L-SNA application. TNFL-SNAs improved differentiation (Figure 1d), reduced acanthosis (P < 0.05) (see Supplementary Figure S3a and b online), and normalized psoriatic marker mRNA expression (Figure 1e and f) of the psoriasis raft model to resemble rafts not exposed to cytokines.

The human TNF-targeted oligonucleotide sequence is 89% homologous with mouse Tnf and is able to knock down TNF-a-induced mouse fibroblast Tnf, Defb4, and S100a7a versus Scr by 84%, 56%, and 70%, respectively (all P < 0.001) (Figure 2a). The psoriasislike model was established in 6-week-old C57BL/6 male mice by daily application of 62.5 mg IMQ cream (5%) for 6 days (van der Fits et al., 2009). Although no ideal psoriasis mouse model exists and the IMQ model has limitations (Hawkes et al., 2016), its reproducible inflammatory skin response simulates psoriasis clinically, histologically, and transcriptionally. Every other day, mice were treated with a template-defined area with topical formulations of 50 µmol/L TNFL-SNA, 50 µmol/L Scr, Aquaphor (Beiersdorf, Wilton, CT)/phosphate buffered saline (1:1) vehicle, or nothing (untreated). On days with both therapy and IMQ application, the IMQ was applied 10 minutes after the L-SNA or vehicle formulations (Figure 2b). Preliminary studies confirmed that serial application of L-SNAs and IMQ did not alter the effect of either, regardless of the order applied, and showed 50 µmol/L to be the optimal TNFL-SNA dose (see Supplementary Figure S4a and b online). Erythema, scaling, and thickness were serially scored by blinded reviewers as 0 (none) to 4 (very severe) and added together for a modified Psoriasis Area Severity

Index score. The clinical (Figure 2c and d), histological/immunohistological (Figure 2e and f), and transcriptional (Figure 2g) profiles of IMQ-treated mouse skin treated with *TNF*L-SNA were indistinguishable from normal mouse skin without IMQ-induction of the psoriasiform phenotype. Vehicle/Scr-treated mice had improved erythema/scaling, although only on harvest day and not nearly to the extent of *TNF*L-SNA–treated mice (Figure 2c and d,and see Supplementary Figure S5 online); no histological or transcriptional improvement was noted in these control-treated, IMQ-induced mice versus IMQ-only–treated mice (Figure 2c-g). Histological sections of control-treated, IMQ-induced samples showed parakeratosis, hypogranulosis, acanthosis, increased Ki67 expression, and prominent T-cell infiltrates (Figure 2e and f). Control, but not *TNF*L-SNA–treated, mice had increased expression of *Krt16* (proliferation), *Tnf, S100a7a* and *Defb4* (T helper type 17 pathway), and *IvI* (encoding involucrin) and decreased *Lor* (loricrin) and *Flg* (filaggrin) (differentiation markers) (Figure 2g).

The ability of *TNF*L-SNA to penetrate human psoriatic skin and completely reverse the development of 3D human and IMQ-treated mouse model phenotypes suggests the therapeutic potential for topically applied SNA-mediated antisense therapy. Although TNFa was chosen for this proof-of-concept study, the ease of altering the molecular target by changing the oligonucleotide sequence emphasizes the broad potential applicability of SNA topical therapeutics.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Abbreviations

3D	three dimensional
IMQ	imiquimod
L-SNA	liposomal-cored spherical nucleic acid
NHEK	normal human epidermal keratinocyte
Scr	scrambled liposomal-cored spherical nucleic acid control sample
SNA	spherical nucleic acid
TNF-a	tumor necrosis factor-a

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#### Figure 1. *TNF* L-SNAs prevent the psoriatic phenotype in 3D raft models.

(a) Time-dependent uptake of 6 nmol/L cyanine 5-L-SNA in NHEKs. DAPI-stained nuclei. Scale bars =  $20 \mu m$ . (b) Quantitative PCR of NHEKs pretreated with 10 ng/ml human TNF-a or PBS for 24 hours and incubated with L-SNAs or PBS (0 nmol/L L-SNA) for 48 hours. (c) Cyanine 5–L-SNA (30 µmol/L) in Aquaphor/PBS (1:1) was applied to normal or psoriatic human skin explants in lifted cultures and imaged after 24 hours. Scale bars = 50  $\mu$ m. (d) Hematoxylin and eosin staining of untreated (NT) and cytokine-treated (cytomix) psoriasis-like rafts after two topical treatments with 50 nmol/L TNFL-SNAs or controls. Scale bars =  $50 \ \mu m$ . (e, f) Quantitative PCR analysis of NT or cytokine-treated rafts. Mean  $\pm$  standard error of the mean, n = 3/group, three runs. Asterisks over columns are in comparison with TNF/PBS (lilac) in b and versus cytomix/burgundy columns in e and f; other comparisons are defined by the ends of the horizontal bar with asterisks (\*\*P < 0.01, \*\*\*P < 0.001). 3D, three dimensional; Exp, expression; hr, hour; L-SNA, liposomal-cored spherical nucleic acid; M, mol/L; min, minute; NHEK, normal human epidermal keratinocyte; NT, not treated; PBS, phosphate buffered saline; Scr, scrambled liposomal-cored spherical nucleic acid control sample; SNA, spherical nucleic acid; TNF-a, tumor necrosis factor-a.

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Figure 2. Topically applied *TNF* L-SNAs prevent development of the imiquimod-induced psoriasis-like phenotype in mice.

(a) Mouse J2 fibroblasts were pretreated with or without 10 ng/ml mouse TNF for 24 hours and then with 1.5 nmol/L or 6 nmol/L *TNF*L-SNAs, 6 nmol/L Scr L-SNAs, or PBS for 48 hours. (b) Application schedule. (c, d) Skin was assessed clinically by modified Psoriasis Area Severity Index score; all data shown are with IMQ treatment, with modified Psoriasis Area Severity Index scores for untreated mice all equal to 0. (e) Hematoxylin and eosin and immunohistochemical staining was performed (scale bars = 50 µm), and (f) the extent of epidermal hyperplasia, hyperproliferation, and T-cell infiltration was quantified. (g) Real-time quantitative polymerase chain reaction analysis of mouse skin. Mean  $\pm$  standard error of the mean, n = 12 mice/group. Asterisks over columns are (a) versus TNF/0 nmol/L-treated NHEK or (f, g) IMQ-only–treated mice controls; others as indicated (\*\*\**P* < 0.001). Epi, epidermal; H&E, hematoxylin and eosin; IMQ, imiquimod; L-SNA, liposomal-cored spherical nucleic acid; M, mol/L; NT, not treated; PBS, phosphate buffered saline;

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Scr, scrambled liposomal-cored spherical nucleic acid control sample; TNF, tumor necrosis factor-a; Veh, vehicle.

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