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# Antibiotics for asymptomatic bacteriuria (Review)

Zalmanovici Trestioreanu A, Lador A, Sauerbrun-Cutler MT, Leibovici L

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# [Intervention Review]

# Antibiotics for asymptomatic bacteriuria

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# ABSTRACT

#### Background

Asymptomatic bacteriuria is commonly detected in women aged up to 60 years, patients with diabetes, and the elderly. The benefit of antibiotic treatment for this condition is controversial.

# Objectives

To assess the effectiveness and safety of antibiotics treatment for asymptomatic bacteriuria in adults. Specific objectives were to assess 1) the effectiveness of antibiotics for preventing development of symptomatic UTI, UTI-related complications, overall mortality, UTI-related mortality, and resolution of bacteriuria; 2) the development of resistance to antibiotic treatment by comparing resistance of grown bacteria in urine before and after therapy; and 3) the frequency of adverse events.

#### Search methods

We searched the Cochrane Renal Group's Specialised Register up to 24 February 2015 through contact with the Trials' Search Co-ordinator using search terms relevant to this review.

#### **Selection criteria**

Randomised controlled trials (RCTs) and quasi-RCTs comparing antibiotics to placebo or no treatment for asymptomatic bacteriuria in adults were included. The outcomes of interest were the development of symptomatic urinary tract infection (UTI), complications, death, any adverse event, development of antibiotic resistance, bacteriological cure, and decline in kidney function.

#### Data collection and analysis

Two authors independently extracted the data and assessed study quality. Statistical analyses were performed using the random effects model and the results expressed as risk ratios (RR) with 95% confidence intervals (CI).

# **Main results**

We included nine studies (1614 participants) in this review. Symptomatic UTI (RR 1.11, 95% CI 0.51 to 2.43), complications (RR 0.78, 95% CI 0.35 to 1.74), and death (RR 0.99, 95% CI 0.70 to 1.41) were similar between the antibiotic and placebo or no treatment arms. Antibiotics were more effective for bacteriological cure (RR 2.67, 95% CI 1.85 to 3.85) but also more adverse events developed in this group (RR 3.77, 95% CI 1.40 to 10.15). No decline in the kidney function was observed across the studies; minimal data were available on the emergence of resistant strains after antimicrobial treatment.

The included studies were of medium and high quality, used different treatments for different durations of treatment and follow-up, different populations, but this did not appear to influence the results of review.

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#### Authors' conclusions

No differences were observed between antibiotics versus no treatment of asymptomatic bacteriuria for the development of symptomatic UTI, complications or death. Antibiotics were superior to no treatment for the bacteriological cure but with significantly more adverse events. There was no clinical benefit from treating asymptomatic bacteriuria in the studies included in this review.

# PLAIN LANGUAGE SUMMARY

# Antibiotic treatment for asymptomatic bacteriuria

Growth of bacteria in the urine without any complaints (asymptomatic bacteriuria) is commonly detected in women up to 60 years, people with diabetes and in the elderly. It is not clear whether antibiotic treatment for this condition is of benefit for non-pregnant adults.

Nine studies of medium to high quality, enrolling 1614 institutionalised participants or outpatients, assigned to antibiotics or placebo/ no treatment for treating asymptomatic bacteriuria for different durations of treatment and follow-up were included in this review. The evidence is current to February 2015. No clinical benefit was found for antibiotic treatment. Antibiotics eradicated the growth of bacteria in more participants but at the cost of more adverse events than in the no treatment groups.

# Antibiotics for asymptomatic bacteriuria (Review) Copyright © 2015 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd. SUMMARY OF FINDINGS

# Summary of findings for the main comparison.

Antibiotics versus placebo or no treatment for asymptomatic bacteriuria in adults

Patient or population: adults with asymptomatic bacteriuria

Settings: outpatients or geriatric centres

Intervention: antibiotics

**Comparison:** placebo or no treatment

Outcomes	Illustrative com	parative risks* (95% CI)	Relative effect (95% CI)	No of Partici- pants	Quality of the evidence	Comments
	Assumed risk	Corresponding risk		(studies)	(GRADE)	
	no treatment	antibiotics				
Number of subjects who de- veloped symptomatic UTI	Medium risk pop	oulation	<b>RR 1.11</b> (0.51 to 2.43)	1046 (5)	⊕⊕⊕⊝ moderate	blinding methods not reported or not adequate
(6 months to 1 year)	200 per 1000	<b>222 per 1000</b> (102 to 486)	- 2.43)		moderate	not adequate
Number of subjects who de- veloped complications	Medium risk pop	oulation	<b>RR 0.80</b> (0.36 to 1.75)	814 (3)	⊕⊕⊕⊝ moderate	blinding methods not reported or not adequate
(10 months to 3 years)	30 per 1000	<b>24 per 1000</b> (11 to 52)	1.10)		inouclute	liocusequate
Death	Medium risk population		<b>RR 0.99</b> (0.70 to 1.41)	761 (6) ⊕⊕⊕⊝ moderate	included quasi-randomised studies and studies with blinding method	
(6 months to 8 years)	140 per 1000	<b>138 per 1000</b> (98 to 197)	. 1.41)		moderate	not reported or not adequate
Number of subjects who de- velop any adverse event	Medium risk pop	oulation	<b>RR 3.77</b> (1.40 to 10.15)	248 (3)	⊕⊕⊕⊝ moderate	blinding method not reported or not adequate
(42 days to 10 months)	40 per 1000	<b>151 per 1000</b> (56 to 406)	10.15)		moderate	noradequate
Number of subjects with bacteriological cure	Medium risk population		· · · · · · · · · · · · · · · · · · ·	1154 (9)	⊕⊕⊕⊝ moderate	included quasi-randomised studies and studies with blinding method
(42 days to 4 years)	430 per 1000	<b>997 per 1000</b> (477 to 2077)	- 4.83)		mourrate	not reported or not adequate

\*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval; **RR:** Risk Ratio

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

The studies included mostly elderly men and women and one study included only diabetic patients

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# BACKGROUND

# **Description of the condition**

The prevalence of asymptomatic bacteriuria varies according to age, sex, sexual activity and the presence of genitourinary abnormalities. Asymptomatic bacteriuria is commonly detected in women aged up to 60 years at the rate of 3% to 5%. Asymptomatic bacteriuria is more common in patients with diabetes and the elderly (Lin 2008). As many as 25% to 50% of elderly women and 15% to 40% of elderly men in longterm care facilities are bacteriuric. Asymptomatic bacteriuria is rare in healthy young men, but its prevalence increases substantially after the age of 60 years. Men with diabetes do not appear to have an increased prevalence of bacteriuria compared with non-diabetic men (Nicolle 1997; Zhanel 1991). Causes of increased susceptibility to asymptomatic bacteriuria among older people can be attributed to declining cell-mediated immunity, increased bacterial receptivity of uroepithelial cells, neurogenic bladder dysfunction, changed bladder defences from obstructive uropathy, reduced prostatic and vaginal antibacterial factors, urinary and vaginal pH, hormones, and urinary and faecal incontinence that favour bacteriuria (Nicolle 1987a; Nicolle 1988; Reid 1984; Sant 1987). The association of asymptomatic bacteriuria with symptomatic urinary tract infection (UTI) is likely attributable to host factors that promote both symptomatic and asymptomatic urinary infection, rather than symptomatic infection being attributable to asymptomatic bacteriuria. The risk factors for developing symptomatic UTI have not been well defined and the consequences of asymptomatic bacteriuria in diabetic patients are controversial (Ribera 2006). Glucosuria enhances bacterial growth in vitro, but this finding could not be confirmed in vivo in diabetic patients (Geerlings 1999). It is also unknown if asymptomatic bacteriuria precedes symptomatic bacteriuria in these patients (Geerlings 2000). It appears that in patients with diabetes, asymptomatic bacteriuria does not lead to severe complications, and it has therefore been recommended that screening for asymptomatic bacteriuria is unnecessary in diabetic patients (Nicolle 2005). Some studies have reported increased mortality associated with asymptomatic bacteriuria in the elderly (Dontas 1981; Evans 1982), but other studies did not confirm this finding. Clinical studies of older residents in long-term care facilities have shown no benefits from screening or antimicrobial treatment for asymptomatic bacteriuria (Heinamaki 1986; Nicolle 1987a; Nordenstam 1986). Premenopausal, non-pregnant women with asymptomatic bacteriuria experience no adverse effects and usually clear bacteriuria spontaneously. However, these women are more likely to experience subsequent symptomatic UTI than women who do not have asymptomatic bacteriuria (Hooton 2000).

Asymptomatic bacteriuria is characterised by the presence of a significant quantity of bacteria in a urine specimen properly collected from a person without symptoms or signs of UTI. Quantitative criteria for identifying significant bacteriuria in an asymptomatic person are at least 100,000 colony-forming units (CFU)/mL of same species bacteria in midstream clean-catch urine specimens in a single specimen for men or in two consecutive specimens for women, and at least 100 CFU/mL of same species from single catheterised urine specimens in men or women (Nicolle 2005). The leukocyte esterase and nitrite tests are often used in primary care settings to evaluate urinary symptoms; however, these tests are not useful in diagnosing asymptomatic bacteriuria because pyuria detection is not specific for UTIs. Urinalysis by microscopic examination for bacteria remains a useful test for the identification of bacteriuria (Colgan 2006).

Escherichia coli (E. coli) remains the most common organism isolated from patients with asymptomatic bacteriuria; coagulasenegative staphylococci are common in men, as well as gramnegative bacilli and Enterococcus species (Mims 1990). Patients with abnormalities of the genitourinary tract, including elderly institutionalised people, can have a wide variety of organisms isolated. In uncomplicated UTI, infecting E. coli have a number of virulence factors that assist in their colonisation of the urinary tract, including a variety of adhesions, iron sequestration systems and toxins (Zhang 2003); these strains are less virulent in patients with asymptomatic bacteriuria (Holden 2004; Hull 1999). Recent molecular studies demonstrate that some asymptomatic bacteriuria-causing E. coli strains are non-virulent commensal strains, whereas others were originally virulent strains that have evolved to commensalism (Klemm 2007; Zdziarski 2008). This low prevalence of virulence characteristics is consistent with previous reports among otherwise healthy individuals and in diabetic women with asymptomatic bacteriuria (Geerlings 2001; Vranes 2003). Bacteria that normally inhabit the bowel but do not invade the urinary tract under usual circumstances may be capable of migration in diabetic women; these infections can be persistent (Dalal 2009). The increased adherence of *E. coli* with type 1 fimbriae to diabetic uroepithelial cells, with lower cytokine secretion and leucocyte number, can partially explain the increased incidence and prevalence of asymptomatic bacteriuria in diabetic patients (Geerlings 2008).

#### **Description of the intervention**

A common dilemma in clinical practice is whether to treat asymptomatic patients who present with bacteria in their urine. Increasing antimicrobial resistance among bacteria is a major concern, and rational use of these agents requires identification of clinical situations in which antimicrobial therapy is not indicated. No consensus exists about treatment of asymptomatic bacteriuria in patients with diabetes (Zhanel 1990).

The Infectious Diseases Society of America (IDSA) recommends screening and treatment of asymptomatic bacteriuria in adults for pregnant women, before urological procedures where mucosal bleeding is anticipated, and among women with catheter-acquired bacteriuria that persists 48 hours after removal of an indwelling catheter. No treatment is recommended for other groups of patients. No recommendations can be made for transplant recipients (Nicolle 2005).

# How the intervention might work

Benefits and harms of treating or not treating asymptomatic bacteriuria are not clear. Screening and treatment of asymptomatic bacteriuria is appropriate if bacteriuria has adverse outcomes that can be prevented by antimicrobial therapy. There are a few scenarios in which antibiotic treatment of asymptomatic bacteriuria has been shown to improve patient outcomes, mainly in pregnancy. It was reported that treatment of asymptomatic bacteriuria neither decreases the frequency of symptomatic infections nor prevents further episodes of asymptomatic bacteriuria (Nicolle 2005). The eradication of microorganisms that cause UTI has been reported to be more difficult in diabetic patients

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because of an increased frequency of multidrug resistance (Wright 2000).

# Why it is important to do this review

IDSA guidelines recommend further research and evaluation of asymptomatic bacteriuria in appropriately conducted clinical studies; the current guidelines were based on a review of published evidence that included studies of different qualities, with increased heterogeneity and controversial results (Nicolle 2005). No evidence based on a systematic review of randomised controlled trials (RCTs) exists to establish the need for screening and treatment of asymptomatic bacteriuria in adult non-pregnant patients. Issues relating to pregnant women have been included in separate Cochrane reviews (Guinto 2010; Smaill 2007; Widmer 2011).

# OBJECTIVES

To assess the effectiveness and safety of antibiotics treatment for asymptomatic bacteriuria in adults. Specific objectives were to assess the following.

- 1. The effectiveness of antibiotics for preventing development of symptomatic UTI, UTI-related complications, overall mortality, UTI-related mortality, overall and resolution of bacteriuria
- 2. The development of resistance to antibiotic treatment by comparing resistance of grown bacteria in urine before and after therapy
- 3. The frequency of adverse events.

# METHODS

# Criteria for considering studies for this review

## **Types of studies**

All RCTs and quasi-RCTs in which allocation to treatment was obtained by alternation, use of alternate medical records, date of birth or other predictable methods) looking at the use of antibiotics for the treatment of asymptomatic bacteriuria.

# **Types of participants**

# Inclusion criteria

Outpatients or institutionalised adults over 18 years of age with asymptomatic bacteriuria (no dysuria, suprapubic pain, frequency or urgency, fever, chills or flank pain) and with bacterial growth defined as at least 100,000 CFU/mL of same species bacteria in midstream clean-catch urine specimens in a single specimen for men, or in two consecutive specimens for women, and at least 100 CFU/mL of same species from single catheterised urine specimens in men or women will be included.

## **Exclusion criteria**

Pregnant women, catheterised participants (any type of catheter), patients with urinary stents, nephrostomy tubes, kidney or other transplant recipients, bacteriuria related to or close to urological procedures, spinal cord injury and hospitalised patients.

Studies were excluded if any of the following present: more than 10% participants were less than 18 years old, hospitalised, symptomatic UTI and no separate data for these groups will be available, a drop-out rate of more than 30%.

# **Types of interventions**

- 1. Antibiotic treatment of any type, dose or duration compared to placebo or no treatment.
- 2. Studies reporting combined interventions were included only if both treatment arms received the same co-intervention.

# Types of outcome measures

#### **Primary outcomes**

- 1. Proportion of patients who develop symptomatic UTI
- 2. Proportion of patients with complications: urosepsis, pyelonephritis
- 3. Death.

# Secondary outcomes

- 1. Proportion of patients who develop any adverse event during treatment
- 2. Proportion of patients who develop resistance (grown bacteria in urine) during the treatment period, by comparing resistance of grown bacteria in urine before and after therapy
- 3. Proportion of patients with bacteriological cure
- 4. Proportion of patients with sepsis-related mortality
- 5. Decline in kidney function as defined in the individual studies.

# Search methods for identification of studies

# **Electronic searches**

We searched the Cochrane Renal Group's Specialised Register up to 24 February 2015 through contact with the Trials' Search Coordinator using search terms relevant to this review. The Cochrane Renal Group's Specialised Register contains studies identified from the following sources.

- 1. Quarterly searches of the Cochrane Central Register of Controlled Trials CENTRAL
- 2. Weekly searches of MEDLINE OVID SP
- 3. Handsearching of renal-related journals and the proceedings of major renal conferences
- 4. Searching of the current year of EMBASE OVID SP
- 5. Weekly current awareness alerts for selected renal journals
- 6. Searches of the International Clinical Trials Register (ICTRP) Search Portal and ClinicalTrials.gov.

See Appendix 1 for search terms used.

#### Searching other resources

- 1. Reference lists of review articles and relevant studies.
- 2. Letters seeking information about unpublished or incomplete studies to investigators known to be involved in previous studies.

# Data collection and analysis

# Selection of studies

The search strategy described was used to obtain titles and abstracts of studies that may be relevant to the review. Titles and abstracts were screened independently by two authors, who discarded studies that are not applicable; however, studies and reviews that included relevant data or information on studies were

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retained initially. Two authors independently assessed retrieved abstracts and, if necessary the full text, of these studies to determine which satisfy the inclusion criteria.

# **Data extraction and management**

Data extraction was performed independently by two authors using standard data extraction forms. There were not studies reported in non-English language journals that had to be translated before assessment. Where more than one publication of one study exists, reports were grouped together and the publication with the most complete data was included. Where relevant outcomes are only published in earlier versions this data was used. Any discrepancy between published versions was highlighted. Any further information required from the original author was requested by written correspondence and any relevant information obtained in this manner was included in the review. Disagreements were resolved by consultation with all authors.

# Assessment of risk of bias in included studies

The following items were independently assessed by two authors using the risk of bias assessment tool (Higgins 2011) (Appendix 2).

- Was there adequate sequence generation (selection bias)?
- Was allocation adequately concealed (selection bias)?
- Was knowledge of the allocated interventions adequately prevented during the study (detection bias)?
  - Participants and personnel
  - Outcome assessors
- Were incomplete outcome data adequately addressed (attrition bias)?
- Are reports of the study free of suggestion of selective outcome reporting (reporting bias)?
- Was the study apparently free of other problems that could put it at a risk of bias?

#### **Measures of treatment effect**

For dichotomous outcomes (all outcomes considered in the review) results were expressed as risk ratio (RR) with 95% confidence intervals (CI). Where continuous scales of measurement are used to assess the effects of treatment, the mean difference (MD) was used, or the standardised mean difference (SMD) if different scales have been used.

#### Unit of analysis issues

For studies with multiple intervention groups, the numbers of participants of similar treatment groups were aggregated and considered as one treatment arm; the control group was considered only once in the analyses.

#### Dealing with missing data

We attempted to contact authors of the included studies to obtain missing data or for clarification if required.

# Assessment of heterogeneity

Heterogeneity was analysed using a Chi<sup>2</sup> test on N-1 degrees of freedom, with an alpha of 0.05 used for statistical significance and with the I<sup>2</sup> test (Higgins 2003). I<sup>2</sup> values of 25%, 50% and 75% correspond to low, medium and high levels of heterogeneity.

# **Assessment of reporting biases**

There were not sufficient data and studies for funnel plots to be constructed to estimate precision of studies (plots of RR for efficacy against the sample size) for potential asymmetry and publication bias.

# **Data synthesis**

Data were pooled using the random-effects model but the fixedeffect model was also used to ensure robustness of the model chosen and susceptibility to outliers.

# Subgroup analysis and investigation of heterogeneity

We anticipated heterogeneity between studies for different antibiotics, doses, qualities of studies, duration of treatment and follow-up, random sequence generation and types of participants included: young, elderly, diabetic, those presenting with urinary tract abnormalities, immunosuppressed people, and among patients after removal of urinary catheters. Subgroup analyses were planned for these populations but could not be performed given the small number of studies included in the review and no separate data for these subgroups available. Because of the likelihood of differences among the various agents used, adverse effects were tabulated and assessed using descriptive techniques (Table 1).

#### Sensitivity analysis

We conducted sensitivity analyses for studies that were found to include adequate concealment to allocation of treatment methodologies. We also compared high versus low risk random sequence generation.

# RESULTS

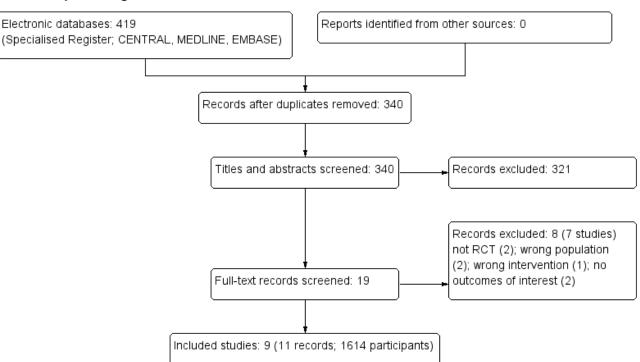
# **Description of studies**

#### **Results of the search**

We identified 340 unique references of which we excluded 321 after inspection of the abstracts for the following reasons: not asymptomatic bacteriuria, not randomised or quasi-randomised, observational studies, no intervention of interest or outcomes for our review, review articles, papers not fulfilling our inclusion criteria. We considered that 19 reports were potentially eligible for inclusion, but after inspection of the full papers, we excluded eight reports of seven studies (Figure 1).



# Figure 1. Study flow diagram



#### **Included studies**

Nine studies (11 reports) enrolling 1614 participants assigned to different antibiotics or placebo/no treatment met the pre-stated inclusion criteria for this review. The studies were conducted in Europe, USA, and Canada. Different inclusion criteria were used in the studies, still the thresholds for considering positive urine culture were similar across the studies; different definitions for the bacteriological cure were used in the studies (Characteristics of included studies). Duration of treatment varied from single-dose to up to six months treatment and follow-up was from six months up to eight years across the studies. One study had two treatment arms and the numbers of participants were aggregated and considered as one treatment arm, the control group was considered only once in the analysis (Giamarellou 1998).

# Participants

Participants included in the studies were men and women outpatient or from geriatric centres, independent or nursing home residents, with a diagnosis of asymptomatic bacteriuria. Four studies included participants younger than 65 years (Asscher 1969; Cai 2012; Harding 2002; Nicolle 1983); two of these studies gave no separate data for this group (Harding 2002; Nicolle 1983). One study included diabetic participants (Harding 2002).

# Interventions

Four studies including 607 subjects compared antibiotics to placebo (Abrutyn 1994; Abrutyn 1996; Asscher 1969; Harding 2002). Eight studies including 1520 subjects compared antibiotics to no treatment (Abrutyn 1994, Abrutyn 1996, Boscia 1987, Cai 2012, Giamarellou 1998, Harding 2002, Nicolle 1983, Nicolle 1987). Three studies used placebo for the first part and no treatment for the second part of the study in the control group (Abrutyn 1994, Abrutyn 1996, Harding 2002). No other concomitant therapies were used in the studies.

# Outcomes

All the studies reported at least one of the outcomes included in the review.

# **Excluded studies**

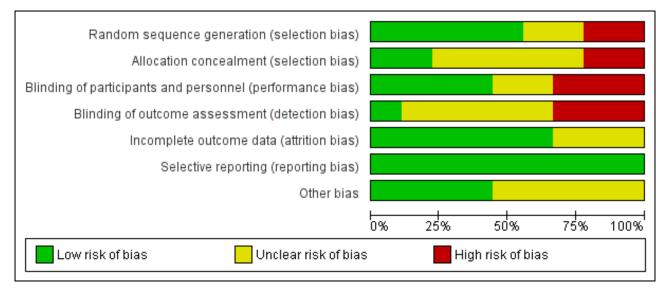
Seven studies were excluded after inspecting the full papers as they did not fulfil the inclusion criteria of the review; not randomised (2), wrong population (2); wrong intervention (1); outcomes not relevant to this review (2) (Characteristics of excluded studies).

# **Risk of bias in included studies**

See Characteristics of included studies, Figure 2 and Figure 3

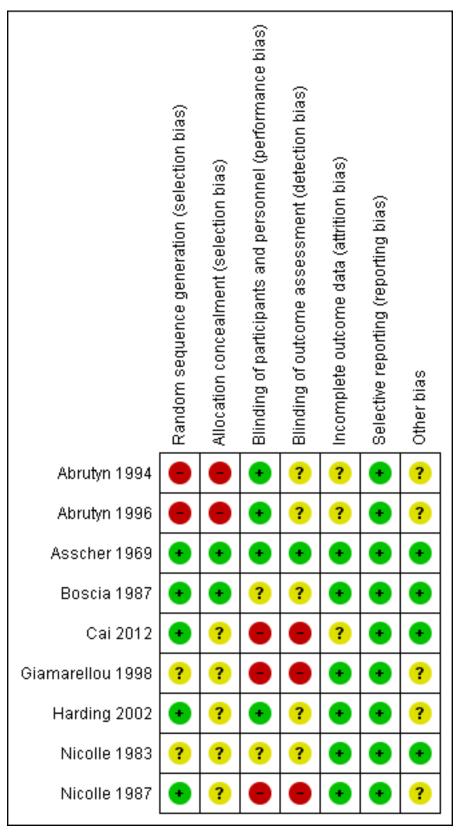


# Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies





# Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study



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# Allocation

Seven studies were RCTs and two were quasi-randomised (Abrutyn 1994; Abrutyn 1996); all used a parallel group design. Two studies described the randomisation process and allocation concealment was adequate (Asscher 1969, Boscia 1987), three described the randomisation generation but concealment to allocated treatment was unclear (Cai 2012; Harding 2002; Nicolle 1987). Two studies reported randomisation but the method of randomisation and concealment of allocation were not mentioned (Giamarellou 1998; Nicolle 1983). Two were quasi-randomised studies (Abrutyn 1994; Abrutyn 1996).

# Blinding

Four studies were double-blind (Abrutyn 1994; Abrutyn 1996; Asscher 1969; Harding 2002), one single-blind (Boscia 1987), and three were open-label studies (Cai 2012; Giamarellou 1998; Nicolle 1987). One study did not mention blinding (Nicolle 1983).

# Incomplete outcome data

One study did not describe loss to follow-up and performed intention to treat analyses (Abrutyn 1994). Loss to follow-up was described in the other studies.

# Selective reporting

No selective reporting was observed across the studies.

# Other potential sources of bias

No other possible sources of bias were observed in the included studies, except funding for some studies.

# **Effects of interventions**

See: Summary of findings for the main comparison

# Symptomatic urinary tract infection

There was no difference in the number of symptomatic UTI between the antibiotic treatment and the placebo or no treatment arms (Analysis 1.1 (5 studies, 1046 participants): RR 1.11, 95% CI 0.51 to 2.43;  $I^2 = 91\%$ ). Heterogeneity is attributed to the Cai 2012 study which included younger and higher risk patients for the development of symptomatic UTI (sexually active patients with recurrent symptomatic UTIs attending a STD clinic).

# Complications

There was no difference in the number of complications between the antibiotic and placebo or no treatment arms (Analysis 1.2 (3 studies, 814 participants): RR 0.78, 95% CI 0.35 to 1.74;  $l^2 = 0$ %).

# Death

There was no difference in the number of deaths between the antibiotic and placebo or no treatment arms (Analysis 1.3 (6 studies, 761 participants): RR 0.99, 95% CI 0.70 to 1.41;  $I^2 = 0\%$ ).

#### Any adverse event during treatment

Significantly more adverse events were observed in the antibiotic treatment group compared to the placebo or no treatment group (Analysis 1.4 (3 studies, 248 participants): RR 3.77, 95% CI 1.40 to 10.15;  $l^2 = 0\%$ ).

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# Developed resistance (grown bacteria in urine) during treatment

One study reported resistant strains in 16 participants from the treatment arm after treatment compared to one participant in the no treatment arm. The number of evaluated participants for this outcome was not reported (Giamarellou 1998).

# **Bacteriological cure**

Significantly more participants were cured in the antibiotic treatment arm compared to the placebo or no treatment arm (Analysis 1.5 (9 studies, 1154 participants): RR 2.67, 95% CI 1.85 to 3.85;  $I^2 = 67\%$ ). Heterogeneity could be attributed to the different definitions of bacteriological cure and study design across the studies.

# Sepsis-related mortality

One study reported 3.8% (1/26) and 4.1% (1/24) mortality in the treatment and no treatment arms respectively. Different pathogens were isolated from those causing bacteriuria in the control group; UTI may have contributed to one death due to hyperosmolar coma in the treatment group (Nicolle 1987).

# Decline in kidney function

The mean serum creatinine at the end of the study was similar to the initial value for both groups and the post-study creatinine concentration did not differ between groups in one study (Nicolle 1987a). There were non-statistically significant differences in the serum creatinine levels between the treatment and no treatment arms in one study by the end of the study (P = 0.23) (Harding 2002). No decline in the kidney function was found in one study from mean laboratory values for serum creatinine (Giamarellou 1998). No data were available for performing a meta-analysis for this outcome.

# Sensitivity analyses

Sensitivity analyses that were performed by allocation concealment or randomisation process did not change the results (Analysis 1.6; Analysis 1.7; Analysis 1.8; Analysis 1.9; Analysis 1.10; Analysis 1.11).

The results of the study that included only diabetic participants did not differ from the results of the other studies that included non-diabetic participants for the same outcomes by inspecting the graphs (Harding 2002).

# DISCUSSION

# Summary of main results

Asymptomatic bacteriuria is common and screening for this condition in pregnant women is a well-established, evidence-based standard of current medical practice. Screening other groups of adults has not been shown to improve outcomes (Lin 2008).

Nine studies with 1614 participants were included in this review. Overall there was no evidence of any clinical benefit from treating asymptomatic bacteriuria for the categories of participants included. No differences between antibiotic treatment versus no treatment were observed for the development of symptomatic UTI, complications, mortality, decline in kidney function. More participants who received antibiotics were bacteriologically cured, but more adverse events were reported in this group mostly

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minor; six participants from two studies discontinued treatment because of adverse events (Table 1). Only one study reported sepsis related mortality in 3.8% (1/26) and 4.1% (1/24) in the treatment and no treatment groups, respectively; different pathogens from those causing bacteriuria were isolated in the control group and urinary infection may have contributed to one death due to hyperosmolar coma in the treatment group (Nicolle 1987). Mortality was not related to the asymptomatic bacteriuria in the other studies. Development of resistant urinary strains after treatment was reported in one study (Giamarellou 1998).

# **Overall completeness and applicability of evidence**

The studies included young and elderly women and men outpatients or from geriatric centres. Overall, by inspecting the graphs, there were no significant differences between the results of the studies that included different populations, except for one study which included younger, sexually active women with recurrent UTI from a sexually transmitted disease centre; also, a definition for the bacteriological cure was not mentioned in this study (Cai 2012).

# **Quality of the evidence**

The included studies were of medium and high quality (Risk of bias in included studies), used different treatments for different durations of treatment and follow-up, different populations, but this did not seem to influence the results of the individual studies. Heterogeneity between the results of the studies was observed for the symptomatic cure cure, different populations, different durations of treatment and follow-up across the studies and different methodology may have contributed to this finding. Less heterogeneity was observed when considering studies only by concealment. In one study participants developed more symptomatic UTI in the antibiotic treatment arm than in the no treatment arm as opposed to the results in the other studies included in the review; this could be attributed to the specific population included in this study (Cai 2012). Excluding this study from the meta-analysis did not change the result.

#### Potential biases in the review process

Meta-analyses were performed by using the random-effects model and, for testing the robustness of the results the fixed-effects model was used; no different results were obtained by using the two methods. Sensitivity analyses by allocation concealment and by randomisation process did not change the results.

# Agreements and disagreements with other studies or reviews

Controversial results were found across different studies regarding the need for treatment of asymptomatic bacteriuria (Boscia 1986; Marketos 1969; Sourander 1972). The findings of our review are supported by current recommendations. Guidelines published by the IDSA in 2006 state that there is no measurable benefit to screen for or provide antibiotic treatment of asymptomatic bacteriuria in the following patients: premenopausal women who are not pregnant; patients with diabetes elderly patients living in the community and in long-term care facilities; and in patients with spinal cord injury or indwelling bladder catheter. Exceptions occur when the patient is pregnant or when the urinary tract will be surgically manipulated (Nicolle 2005). The US Preventive Services Task Force has published recommendations similar to those of the IDSA (Lin 2008), based on evidence from systematic reviews, meta-analyses, RCTs, cohort and case-control studies and case series of large multi-site databases. The incorrect management of asymptomatic bacteriuria is a worldwide problem. The Scottish Intercollegiate Guidelines Network, among others, has evaluated the issue thoroughly and has concluded that asymptomatic bacteriuria is a benign disorder for which treatment is not indicated (SIGN 2012). Reduction of indiscriminate use of antimicrobial therapy and of the appearance of multidrug-resistant organisms is therefore recommended (Gross 2007).

# AUTHORS' CONCLUSIONS

# **Implications for practice**

Treating asymptomatic bacteriuria with antibiotics did not show any clinical benefit in our review. More eradication of urinary pathogens was obtained but at the cost of significant more adverse events. Current recommendations for treating asymptomatic bacteriuria should be followed until proved otherwise.

# Implications for research

It is unlikely that more studies in the general population would change the results we show here. Studies on treatment of asymptomatic bacteriuria are needed in persons with diabetes.

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\* Indicates the major publication for the study

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# CHARACTERISTICS OF STUDIES

# **Characteristics of included studies** [ordered by study ID]

Abrutyn	1994
Abrutyn	1334

Methods	<ul> <li>Study design: parallel quasi-RCT</li> <li>Duration of study: October 1983 to February 1992</li> <li>Duration of follow-up: 100 months</li> </ul>
Participants	<ul> <li>Country: USA</li> <li>Setting: Philadelphia Geriatric Center and 21 continuing care retirement communities</li> <li>Inclusion criteria: women, ambulatory         <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL in 2 urine specimens within 2 weeks, same pathogen</li> <li>Number: treatment group (166); control group (192)</li> <li>Mean age ± SD (years): treatment group (81.8); control group (82.0)</li> <li>Sex (M/F): all female</li> <li>Exclusion criteria: indwelling urinary catheters; incapable of providing adequate urine specimen</li> </ul> </li> </ul>
Interventions	Treatment group
	<ul> <li>10 Oct 1983 to 10 Dec 1987</li> <li>Short-course therapy (single dose or 3 days) depending on susceptibility of pathogen</li> <li>TMP: 200 mg, single dose</li> <li>Cefaclor: 500 mg 3 times/d for 3 days</li> <li>Amoxicillin: 250 mg 3 times/d for 3 days</li> <li>Carbenicillin indanyl sodium: 4 times/d for 3 days</li> <li>Carbenicillin indanyl sodium: 4 times/d for 3 days</li> <li>Macrodantin: 100 mg twice/d for 3 days</li> <li>Retreatment (for failure)</li> <li>Same pathogen: treatment for 14 days</li> <li>Different pathogen: single dose or 3 days</li> <li>10 Dec 1987 to Feb 1992</li> <li>Single dose therapy depending on susceptibility of pathogen</li> <li>TMP: 200 mg</li> <li>Norfloxacin: 400 mg</li> <li>Retreatment (for failure)</li> <li>Same pathogen: TMP (100 mg twice/d for 14 days) or norfloxacin (400 mg twice/d for 14 days)</li> <li>Different pathogen: single dose</li> </ul> Control group <ul> <li>10 Oct 1983 to 10 Dec 1987</li> <li>No treatment</li> <li>10 Dec 1987 to Feb 1992</li> <li>Placebo</li> </ul>
Outcomes	<ul> <li>Mortality</li> <li>Overall cure rates         <ul> <li>Definition of bacteriological cure: &lt; 10,000 CFU/mL of infecting pathogen 5 to 10 days after treat ment or control, or next survey for the no treatment group</li> </ul> </li> </ul>
Notes	<ul> <li>Urine cultures every 6 months</li> <li>ITT used for analyses</li> <li>Serial cross-sectional surveys were done during the study to identify participants who developed bac teriuria; reports were on semi-annual/annual basis from participating institutions</li> <li>Grant support from the National Institutes of Health Teaching Nursing Home Award</li> </ul>

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# Abrutyn 1994 (Continued)

# **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Assigned to treatment by the last digit of a study number unrelated to the con- duct of the study, even numbers (treatment), odd numbers (control)
Allocation concealment (selection bias)	High risk	No allocation concealment
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Double-blind, identical placebo
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported; numbers evaluated same as numbers randomised by ITT analy- ses
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Unclear risk	Funding (grant support from the National Institutes of Health Teaching Nurs- ing Home Award)

# Abrutyn 1996

Methods	<ul> <li>Study design: parallel quasi-RCT</li> <li>Duration of study: October 1983 to February 1992</li> <li>Duration of follow-up: 100 months</li> </ul>		
Participants	<ul> <li>Country: USA</li> <li>Setting: Philadelphia Geriatric Center and 21 continuing care retirement communities</li> <li>Inclusion criteria: women, ambulatory         <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL in 2 urine specimens within 2 weeks, same pathogen</li> <li>Number: treatment group (23); control group (27)</li> </ul> </li> <li>Mean age, range (years): treatment group (82, 71 to 97); control group (83, 67 to 95)</li> <li>Sex (M/F): all women</li> <li>Exclusion criteria: not reported</li> </ul>		
Interventions	Same regimen as used in Abrutyn 1994		
Outcomes	<ul> <li>Development of symptoms</li> <li>Bacteriological cure         <ul> <li>Definition of bacteriological cure: &lt; 10,000 CFU/mL of infecting pathogen 5 to 10 days after ment of placebo or next survey for the no treatment group</li> </ul> </li> </ul>		
Notes	<ul> <li>Urine cultures every 6 months</li> <li>Questionnaire surveys at 0, 1, 3, 6 months for symptoms</li> </ul>		

Antibiotics for asymptomatic bacteriuria (Review)

# Abrutyn 1996 (Continued)

Cochrane

Librarv

- No more treatment after failure of a 14 days course or two re-infections after short courses of treatment
- Grant support from the National Institutes of Health Teaching Nursing Home Award

# Risk of bias

Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	High risk	Assigned to treatment by the last digit of a study number assigned before the study began	
Allocation concealment (selection bias)	High risk	No allocation concealment	
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Double-blind	
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	Not reported	
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported; number randomised same as number evaluated	
Selective reporting (re- porting bias)	Low risk	Not observed	
Other bias	Unclear risk	Funding, support from the National Institutes of Health Teaching Nursing Home Award	

# Asscher 1969

Methods	<ul> <li>Study design: parallel RCT</li> <li>Duration of study: September 1966 to January 1968</li> <li>Duration of follow-up: 1 year</li> </ul>
Participants	<ul> <li>Country: UK</li> <li>Setting: outpatients and casualty departments of the Cardiff Royal Infirmary</li> <li>Inclusion criteria: women with ASB         <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL in 2 consecutive urine specimens and identical pathogens and absence of symptoms</li> <li>Number: treatment group (49); control group (45)</li> <li>Age range: 20 to 65 years</li> <li>Sex (M/F): all women</li> <li>Exclusion criteria: urinary symptoms; pregnant; diabetic</li> </ul> </li> </ul>
Interventions	<ul> <li>Treatment group</li> <li>Initial treatment <ul> <li>Nitrofurantoin: 50 mg 4 times/d for 1 week</li> </ul> </li> <li>Retreatment (those who failed nitrofurantoin) <ul> <li>Ampicillin: 500 mg 4 times/d for 1 week</li> </ul> </li> </ul>

Antibiotics for asymptomatic bacteriuria (Review)

Asscher 1969 (Continued)	<ul><li>Control group</li><li>Placebo for 1 week</li></ul>
Outcomes	<ul> <li>Symptomatic UTI</li> <li>Bacteriological cure <ul> <li>Definition of bacteriological cure: not reported</li> </ul> </li> <li>Adverse events</li> </ul>
Notes	<ul> <li>90% <i>E. coli</i></li> <li>107 potential bacteriuric subjects: 5 refused to continue, 2 emigrated, 6 had symptoms before treatment, 94 completed treatment</li> <li>Urine specimens taken at each follow-up visit; 4 days after end of treatment and at 6 month intervals</li> <li>One pathogen was resistant to nitrofurantoin and accounted for treatment failure</li> </ul>

#### **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Randomised list of treatment to correspond to serial numbers on 1st atten- dance for each bacteriuric subject
Allocation concealment (selection bias)	Low risk	Hospital pharmacist provided with a randomised list
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	"The nature of the treatment was unknown to patients, bacteriologists, or clin- icians, and the code was not broken until after the conclusion of the whole tri- al."
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	"The nature of the treatment was unknown to patients, bacteriologists, or clin- icians, and the code was not broken until after the conclusion of the whole tri- al."
Incomplete outcome data (attrition bias) All outcomes	Low risk	Exclusions, drop-outs described
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Low risk	Not observed

# Boscia 1987

Methods	<ul> <li>Study design: parallel RCT</li> <li>Duration of study: July 1983 to July 1985</li> <li>Duration of follow-up: 6 months</li> </ul>
Participants	<ul> <li>Country: USA</li> <li>Setting: geriatric centre</li> <li>Inclusion criteria: elderly ambulatory women capable of giving a midstream clean-catch urine specimen         <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL urine specimens twice within one week, same pathogen</li> <li>Number: treatment group (63); control group (61)</li> </ul> </li> </ul>

Antibiotics for asymptomatic bacteriuria (Review)



Boscia 1987 (Continued)

<b>3oscia 1987</b> (Continued)	• Sex (M/F): all wome	s): treatment group (85.8 ± 0.9); control group (85.8 ± 0.7) n ndwelling catheter; unable to care for themselves
Interventions	<ul> <li>TMP: 200 mg sing</li> <li>Cefaclor 500 mg</li> <li>Retreatment (for fai</li> <li>TMP: 200 mg twide</li> </ul>	3 times/d for 3 days lure)
Outcomes	<ul> <li>Morbidity</li> <li>Mortality</li> <li>Bacteriological cure</li> <li>Definition of bact</li> </ul>	e teriological cure: < 10,000 CFU/mL
Notes	<ul> <li>Urine culture 2 weeks post treatment and at 6 months</li> <li>Most <i>E. coli</i></li> <li>Monitored for symptoms, mortality, adverse events, antibiotic treatment, bladder catheter</li> </ul>	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Randomised from code numbers prior to urine culture
Allocation concealment (selection bias)	Low risk	Assigned by an individual not associated with the study
Blinding of participants and personnel (perfor- mance bias) All outcomes	Unclear risk	Single blind
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	Exclusions, drop-out described: treatment group (died (2); incontinent (3); moved away (2); refused (1)); control group (3 died (3); incontinent (2); refused (1))
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Low risk	Not observed

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Cai 2012			
Methods	<ul> <li>Study design: parall</li> <li>Duration of study: J</li> <li>Duration of follow-u</li> </ul>	anuary 2005 to December 2009	
Participants	<ul> <li>Country: Italy</li> <li>Setting: STD clinic</li> <li>Inclusion criteria: women aged 18 to 40 years with at least one symptomatic UTI within previous months; were asymptomatic at enrolment and showing a urine culture with at least 105 CFU/m uropathogens         <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL in two consecutive midstream voided urine specimens, sa species</li> <li>Number: treatment group (369); control group (330)</li> <li>Median age ± SD (years): treatment group (38.7 ± 7.1); control group (39.1 ± 6.9)</li> <li>Sex (M/F): all women</li> </ul> </li> </ul>		
	<ul> <li>Sex (M/F): all women</li> <li>Exclusion criteria: pregnant or lactating; chronic diseases; neutropenia; antibiotic treatment within last 4 weeks; vaginitis; cervicitis; indwelling catheter; self-catheterised; tested positive for sexually transmitted diseases; urine culture with multiple pathogens; new method of contraception within last 4 weeks</li> </ul>		
Interventions	-	rantoin, cotrimoxazole, ciprofloxacin, levofloxacin of treatment in accordance with the type of antibiotic used	
	Control group <ul> <li>No treatment</li> </ul>		
Outcomes	<ul> <li>Quality of life</li> <li>Symptomatic UTI</li> <li>Pyelonephritis</li> <li>Bacteriological cure <ul> <li>Definition of bacteriological cure: not reported</li> </ul> </li> <li>Adverse events</li> </ul>		
Notes	• Follow-up: 3, 6, 12 months		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	Low risk	Randomly assigned, 1:1 simple randomisation, computer generated schedule	
Allocation concealment (selection bias)	Unclear risk	Not reported	
Blinding of participants and personnel (perfor- mance bias) All outcomes	High risk	Open-label study	
Blinding of outcome as- sessment (detection bias) All outcomes	High risk	Open-label study	

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# Cai 2012 (Continued)

Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Drop-outs described (treatment group (8), control group (18)); reasons not re- ported
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Low risk	Not observed

Methods	Study design: parallel, open-label RCT
	Duration of study:1992 to 1993
	Duration of follow-up: 6 months
Participants	Country: Greece
	Setting: aged care facility
	<ul> <li>Inclusion criteria: men and women ≥ 65 years; freely voiding; asymptomatic; strain susceptible to ofloxacin</li> </ul>
	<ul> <li>Definition of ASB: ≥ 100,000 CFU/mL urine specimens twice within 1 week, same pathogen</li> </ul>
	<ul> <li>Number: treatment group 1 (34); treatment group 2 (33); control group (29)</li> </ul>
	<ul> <li>Mean age, 95% CI (years): treatment group 1 (84.5, 72.2 to 96.8); treatment group 2 (82.8, 72.6 to 90.2); control group (82.9, 70.8 to 91.8)</li> </ul>
	<ul> <li>Sex (M/F): treatment group 1 (6/28); treatment group 2 (2/31); control group (7/22)</li> </ul>
	<ul> <li>Exclusion criteria: major musculoskeletal problems; incontinence; bladder catheter; recent manipulations of urinary tract; creatinine &gt; 2 mg%; antibiotics within the previous 3 months; subjects needing help for basic daily living activities</li> </ul>
Interventions	Treatment group 1
	• Ofloxacin: 200 mg twice/d for 3 days; 200 mg/d for a total of 3 months (87 tablets/person)
	Treatment group 2
	• Ofloxacin: 200 mg twice/d for 3 days fortnightly for a total of 3 months (36 tablets/person)
	Control group
	No treatment
Outcomes	Overall mortality
	Bacteriological cure at 3 and 6 months
	<ul> <li>Definition bacteriological cure: &lt; 1000 CFU/mL throughout treatment and after 3 months of fol- low-up (at 6 months) for those who completed treatment</li> </ul>
	Adverse events
	Development of resistance
	Physical impairment
	Kidney and hepatic status
Notes	Most <i>E. coli</i> in all groups
	<ul> <li>106 enrolled,16 men, 90 women, 10 did not accept programme, 96 randomised</li> </ul>
	Follow-up at 6 months: urinalysis and urine culture before treatment and once monthly for 6 months
	<ul> <li>Fourth group of randomly selected, age-matched individuals with repeatedly negative monthly cul- tures in the last year of the study was included as negative controls (40 people)</li> </ul>

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# Giamarellou 1998 (Continued)

# • Grants from Hoechst-Roussell Hellas and the Sandoz Foundation for Gerontological Research

Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomised, not described
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (perfor- mance bias) All outcomes	High risk	Open-label study
Blinding of outcome as- sessment (detection bias) All outcomes	High risk	Open-label study
Incomplete outcome data (attrition bias) All outcomes	Low risk	Loss to follow-up described; treatment groups (refused (3), adverse events (2)); control group (refused (1))
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Unclear risk	Funding

# Harding 2002

<ul> <li>Study design: parallel RCT</li> <li>Duration of study: February 1991 to April 1996</li> <li>Duration of follow-up: 3 years</li> </ul>		
<ul> <li>Country: Canada</li> <li>Setting: ambulatory endocrinology clinics and offices</li> <li>Inclusion criteria: women &gt; 16 years; diabetes; ASB <ul> <li>Definition of ASB: ≥ 100,000 CFU/mL on 2 consecutive urine specimens within 2 weeks, same pathogen in the absence of symptoms</li> <li>Number: treatment group (55); control group (50)</li> <li>Mean age ± SD (years): treatment group (53.7 ± 11.8); control group (57.0 ± 11.15)</li> </ul> </li> </ul>		
<ul> <li>Sex (M/F): all women</li> <li>Exclusion criteria: pregnant; creatinine &gt; 2.25 mg/dL, could not return for follow-up</li> </ul>		
<ul> <li>Treatment group <ul> <li>1st course</li> <li>TMP/SMX: 160/800 mg twice/d for 3 or 14 days</li> <li>Ciprofloxacin: 250 mg twice/d for 3 or 14 days</li> <li>2nd course (for failure)</li> <li>Same treatment for 3 days for reinfection or 4 weeks for relapse</li> <li>3rd course (for failure)</li> <li>Same treatment for 3 months</li> <li>4th course (for failure)</li> </ul> </li> </ul>		

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Harding 2002 (Continued)	<ul> <li>Same treatment for 6 month</li> </ul>
	Control group
	Placebo for the 1st 6 weeks
	No treatment from week 7 up to 36 months
Outcomes	Time to 1st episode of UTI
	Frequency of UTI
	Response to the initial course of antimicrobial treatment
	Total number of days of antimicrobial treatment
	Pyelonephritis
	Hospitalisations
	Adverse events
	Occurrence of new episodes of ASB
	<ul> <li>Definition of bacteriological cure: absence of the recurrence of the pre-therapy isolate 4 weeks after treatment</li> </ul>
Notes	<ul> <li>Follow-up: at 3, 14, 28, 42 days after enrolment, then every 3 months up to 3 years</li> <li>Grant from National Health Research and Development Program and in part by Bayer Healthcare Division</li> </ul>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Randomly assigned, computer generated list of random numbers
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Double-blind for the placebo-controlled period, matching placebo
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-outs described; treatment group (early relapse discontinued (6), reduced medical/functional status (7), moved (6), refused (9), lost to follow-up (4), death (1)); control group (reduced medical/ functional status (9), moved (3), refused (4), lost to follow-up (9), death (1), pregnancy (1))
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Unclear risk	Funding

# Nicolle 1983

Methods

Study design: parallel RCT

• Duration of study: January 1980 to December 1981

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Nicolle 1983 (Continued)	• Duration of follow- months)	up (mean $\pm$ SD): treatment group (10.5 $\pm$ 6.7 months); control group (10.7 $\pm$ 7	
Participants	<ul> <li>Definition of ASB with same patho</li> <li>Number: treatment</li> <li>Mean age ± SD (year</li> <li>Sex (M/F): all males</li> </ul>	symptomatic men with positive urine culture, non-catheterised :: asymptomatic, ± 100,000 CFU/mL on 2 consecutive urine cultures 1 week apart	
Interventions	<ul> <li>Treatment group</li> <li>1st course (depending on organism susceptibility) <ul> <li>TMP/SMX: 160\800 mg twice/d for 2 weeks</li> <li>Tobramycin 1.5 mg/kg three times/d for 2 weeks</li> </ul> </li> <li>2nd course (for failure) <ul> <li>TMP/SMX for susceptible pathogens for 6 weeks</li> </ul> </li> <li>3rd course (for failure)</li> </ul>		
	<ul> <li>TMP/SMX for susceptible pathogens for 3 months</li> <li>Control group</li> <li>No treatment</li> <li>Duration of treatment (mean ± SD): 7.1 ± 7.5 weeks</li> </ul>		
Outcomes	<ul> <li>Death</li> <li>Bacteriological cure</li> <li>Definition of bac rence during folle</li> <li>Adverse events</li> <li>Complications</li> </ul>	teriological cure: eradication of infecting organism with treatment and no recur-	
Notes	<ul> <li>36 men with relapse after single-dose treatment were randomised, 81% incontinent, 35% on long-term condom drainage, 30% had multiple pathogens mostly Proteus mirabilis and <i>E. coli</i></li> <li>Urine culture after 1 and 2 weeks of treatment then 1/week for one month after treatment and 2/week for the control group</li> <li>Author was contacted for supplemental information about previous instrumentation in participants</li> </ul>		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	Unclear risk	Randomly assigned, not described	
Allocation concealment (selection bias)	Unclear risk	Not reported	
Blinding of participants and personnel (perfor- mance bias) All outcomes	Unclear risk	Not reported	

Antibiotics for asymptomatic bacteriuria (Review)



Nicolle 1983 (C	ontinued)
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Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	No drop-outs
Selective reporting (re- porting bias)	Low risk	Not observed
Other bias	Low risk	Not observed

# Nicolle 1987

Methods	<ul> <li>Study design: parallel RCT</li> <li>Duration of study: not reported</li> <li>Duration of follow-up: 1 year</li> </ul>			
Participants	<ul><li>Country: Canada</li><li>Setting: nursing facility</li></ul>			
	<ul> <li>Inclusion criteria: elderly institutionalised women</li> <li>Definition of ASB: ≥ 100,000 CFU/mL on 2 consecutive urine cultures with same 1-2 pathogens When more than 2 pathogens, catheter specimens were compared to voided specimens for confirmation</li> </ul>			
	Number: treatment group (26); control group (26)			
	<ul> <li>Mean age ± SD (years): treatment group (83.3 ± 8.7); control group (83.6 ± 9.0)</li> </ul>			
	• Sex (M/F): all women			
	Exclusion criteria: long-term indwelling catheters; unable to provide reliable voided specimens			
Interventions	Treatment group			
	1st course			
	<ul> <li>TMP/SMX or ampicillin: single dose</li> </ul>			
	2nd course (for failure)			
	<ul> <li>An alternate oral agent for 2 weeks</li> </ul>			
	<ul> <li>3rd course (for failure)</li> <li>Aminoglycoside, indanyl carbenicillin nitrofurantoin, amikacin, cefaclor, TMP, cephalexin for 6 weeks</li> </ul>			
	Control group			
	No treatment			
Outcomes	• Morbidity			
	Mortality			
	Bacteriological cure			
	<ul> <li>Definition of bacteriological cure: no recurrence for the initial bacteriuria after single-dose or 2 weeks treatment</li> </ul>			
	Resistance development			
	Adverse events			
Notes	• Most <i>E. coli</i>			
	<ul> <li>Urine cultures at 1 and 4 weeks post-treatment and monthly for the control and treatment groups without post-treatment culture groups</li> </ul>			

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Nicolle 1987 (Continued)

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- Urine culture could not be obtained for at least 1 month from 12 in the treatment group and 9 in the control group
- Grant from Foothills Hospital Research and development fund and Alberta Heritage Foundation for Medical Research

#### **Risk of bias** Bias Authors' judgement Support for judgement Random sequence genera-Low risk Randomly assigned, random numbers table tion (selection bias) Allocation concealment Unclear risk Not reported (selection bias) Blinding of participants High risk Open-label study and personnel (performance bias) All outcomes Blinding of outcome as-High risk **Open-label study** sessment (detection bias) All outcomes Incomplete outcome data Low risk Loss to follow-up described; treatment group (discharged at 2 (1), 5 (1) and (attrition bias) 11 (1) months; died (9)); control group (uninterpretable urine specimens and All outcomes excluded post-randomisation (2); discharged at 10 months (1); long-term indwelling catheter at 4 months of study (1); died (4)) Selective reporting (re-Low risk Not observed porting bias) Other bias Unclear risk Funding

ADL- activities of daily living; ASB - asymptomatic bacteriuria; CFU - colony forming units; ITT - intention to treat; RCT - randomised controlled trial; TMP - trimethoprim; SMX - sulfamethoxazole; UTI - urinary tract infection

# Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion	
Butler 1995	No data for our outcomes	
Dalal 2009	Not our outcomes	
Freeman 1968	Only 11% asymptomatic, 82% had instrumentation, no separate data for asymptomatic group and without instrumentation	
Giamarellou 2007	Not randomised or quasi-randomised; author was sent e-mail for information, no reply	
Harding 1973	No placebo or no treatment group	
Nicolle 2006	Not randomised or quasi-randomised	
Renneberg 1984	Hospitalised participants	

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# DATA AND ANALYSES

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Symptomatic UTI	5	1046	Risk Ratio (M-H, Random, 95% CI)	1.11 [0.51, 2.43]
2 Complications	3	814	Risk Ratio (M-H, Random, 95% CI)	0.78 [0.35, 1.74]
3 Death	6	761	Risk Ratio (M-H, Random, 95% CI)	0.99 [0.70, 1.41]
4 Any adverse event	4	921	Risk Ratio (M-H, Random, 95% CI)	3.77 [1.40, 10.15]
5 Bacteriological cure	9	1154	Risk Ratio (M-H, Random, 95% CI)	2.67 [1.85, 3.85]
6 Symptomatic UTI: allocation concealment	2	218	Risk Ratio (M-H, Random, 95% CI)	0.80 [0.39, 1.63]
7 Death: allocation conceal- ment	5	637	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.70, 1.45]
8 Death: randomisation process	3	274	Risk Ratio (M-H, Random, 95% CI)	1.51 [0.65, 3.49]
9 Any adverse event: randomi- sation process	2	155	Risk Ratio (M-H, Random, 95% CI)	4.01 [1.41, 11.42]
10 Bacteriological cure: alloca- tion concealment	2	176	Risk Ratio (M-H, Random, 95% CI)	1.99 [1.14, 3.49]
11 Bacteriological cure: ran- domisation process	5	623	Risk Ratio (M-H, Random, 95% CI)	2.41 [1.73, 3.36]

# Comparison 1. Antibiotics versus placebo or no treatment

# Analysis 1.1. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 1 Symptomatic UTI.

Study or subgroup	Antibiotics	Placebo/no treatment	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Random, 95% Cl		M-H, Random, 95% CI
Asscher 1969	18/49	16/45	<b>_</b>	20.53%	1.03[0.6,1.77]
Boscia 1987	5/63	10/61		16.44%	0.48[0.18,1.33]
Cai 2012	169/361	41/312		21.98%	3.56[2.62,4.84]
Harding 2002	23/55	20/50		21.08%	1.05[0.66,1.66]
Nicolle 1987	10/26	13/24		19.98%	0.71[0.39,1.31]
Total (95% CI)	554	492		100%	1.11[0.51,2.43]
Total events: 225 (Antibiotics)	, 100 (Placebo/no treatmen	t)			
Heterogeneity: Tau <sup>2</sup> =0.7; Chi <sup>2</sup> =	=45.66, df=4(P<0.0001); I <sup>2</sup> =9	1.24%			
Test for overall effect: Z=0.27(I	P=0.79)				
	Fa	avours antibiotics	0.1 0.2 0.5 1 2 5	<sup>10</sup> Favours control	

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Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio		Weight	Risk Ratio
	n/N	n/N	M-I	l, Random, 95% Cl			M-H, Random, 95% Cl
Cai 2012	2/361	1/312		+		11.21%	1.73[0.16,18.97]
Harding 2002	6/55	9/50	_	<mark></mark>		69.91%	0.61[0.23,1.58]
Nicolle 1983	2/16	2/20			-	18.87%	1.25[0.2,7.92]
Total (95% CI)	432	382				100%	0.78[0.35,1.74]
Total events: 10 (Antibiotics), 1	2 (Placebo/no treatment)						
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0.9	94, df=2(P=0.62); I <sup>2</sup> =0%						
Test for overall effect: Z=0.6(P=	0.55)						
	Fa	vours antibiotics	0.05 0.2	1 5	20	Favours control	

# Analysis 1.2. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 2 Complications.

# Analysis 1.3. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 3 Death.

Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio				Weight	Risk Ratio
	n/N	n/N		м-н,	Random, 9	5% CI			M-H, Random, 95% CI
Abrutyn 1994	30/166	39/192			- <mark></mark>			67.77%	0.89[0.58,1.37]
Boscia 1987	2/63	3/61	-		+			4.04%	0.65[0.11,3.73]
Giamarellou 1998	2/64	2/29						3.41%	0.45[0.07,3.06]
Harding 2002	1/55	1/50						1.65%	0.91[0.06,14.15]
Nicolle 1983	5/16	5/20			+			11.25%	1.25[0.44,3.58]
Nicolle 1987	9/23	4/22			++			11.89%	2.15[0.77,5.98]
Total (95% CI)	387	374			•			100%	0.99[0.7,1.41]
Total events: 49 (Antibiotics), 54 (F	Placebo/no treatment)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =3.52,	df=5(P=0.62); I <sup>2</sup> =0%								
Test for overall effect: Z=0.05(P=0.	96)								
	Fa	avours antibiotics	0.05	0.2	1	5	20	Favours control	

# Analysis 1.4. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 4 Any adverse event.

Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H	, Random, 95% Cl		M-H, Random, 95% CI
Cai 2012	0/361	0/312				Not estimable
Giamarellou 1998	2/64	0/29		+	- 10.83%	2.31[0.11,46.6]
Harding 2002	10/55	3/50			64.46%	3.03[0.88,10.39]
Nicolle 1987	9/26	1/24			- 24.71%	8.31[1.14,60.78]
Total (95% CI)	506	415			100%	3.77[1.4,10.15]
Total events: 21 (Antibiotics),	4 (Placebo/no treatment)					
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	0.85, df=2(P=0.65); I <sup>2</sup> =0%					
Test for overall effect: Z=2.63(	P=0.01)					
	F	avours antibiotics	0.01 0.1	1 10	<sup>100</sup> Favours control	

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Study or subgroup	Antibiotics	Placebo/no treatment	Risk Ratio	Weight	Risk Ratio	
	n/N	n/N	M-H, Random, 95% Cl		M-H, Random, 95% Cl	
Abrutyn 1994	138/166	30/192	-	16.66%	5.32[3.8,7.44]	
Abrutyn 1996	14/23	9/27		12.4%	1.83[0.98,3.42]	
Asscher 1969	27/49	16/45	<b></b>	14.74%	1.55[0.97,2.47]	
Boscia 1987	30/45	9/37		12.7%	2.74[1.5,5.02]	
Cai 2012	19/62	31/236		14.28%	2.33[1.42,3.84]	
Giamarellou 1998	33/60	7/27	<b></b>	11.68%	2.12[1.08,4.18]	
Harding 2002	39/49	11/50		13.64%	3.62[2.11,6.21]	
Nicolle 1983	1/16	0/20		- 1.29%	3.71[0.16,85.29]	
Nicolle 1987	4/26	1/24		2.61%	3.69[0.44,30.76]	
Total (95% CI)	496	658	•	100%	2.67[1.85,3.85]	
Total events: 305 (Antibiotics)	), 114 (Placebo/no treatmen	t)				
Heterogeneity: Tau <sup>2</sup> =0.18; Chi	i <sup>2</sup> =24.52, df=8(P=0); l <sup>2</sup> =67.38	%				
Test for overall effect: Z=5.22(	(P<0.0001)					
		Favours control 0.0	01 0.1 1 10 10	<sup>00</sup> Favours antibiotics		

# Analysis 1.5. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 5 Bacteriological cure.

# Analysis 1.6. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 6 Symptomatic UTI: allocation concealment.

Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio					Weight	Risk Ratio
	n/N	n/N		M-H, Rar	ndom, 9	95% CI				M-H, Random, 95% Cl
Asscher 1969	18/49	16/45			-	_			66.18%	1.03[0.6,1.77]
Boscia 1987	5/63	10/61			+				33.82%	0.48[0.18,1.33]
Total (95% CI)	112	106							100%	0.8[0.39,1.63]
Total events: 23 (Antibiotics), 20	6 (Placebo/no treatment)									
Heterogeneity: Tau <sup>2</sup> =0.13; Chi <sup>2</sup> =	1.73, df=1(P=0.19); l <sup>2</sup> =42.2	5%								
Test for overall effect: Z=0.61(P	=0.54)									
	Fa	vours antibiotics	0.1 0.2	0.5	1	2	5	10	Favours control	

# Analysis 1.7. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 7 Death: allocation concealment.

Study or subgroup	Antibiotics	Placebo/no treatment	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Random, 95% Cl		M-H, Random, 95% CI
Abrutyn 1994	30/166	39/192		70.62%	0.89[0.58,1.37]
Giamarellou 1998	2/64	2/29	+	3.55%	0.45[0.07,3.06]
Harding 2002	1/55	1/50		- 1.72%	0.91[0.06,14.15]
Nicolle 1983	5/16	5/20	+	11.73%	1.25[0.44,3.58]
Nicolle 1987	9/23	4/22	+	12.39%	2.15[0.77,5.98]
Total (95% CI)	324	313	· · · · ·	100%	1.01[0.7,1.45]
	F	avours antibiotics	0.05 0.2 1 5	<sup>20</sup> Favours control	

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Study or subgroup	Antibiotics	Placebo/no treatment	Risk Ri		Risk Ratio			Weight	Risk Ratio
	n/N	n/N		м-н,	Random, 9	5% CI			M-H, Random, 95% CI
Total events: 47 (Antibiotics),	51 (Placebo/no treatment)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =3	3.28, df=4(P=0.51); I <sup>2</sup> =0%								
Test for overall effect: Z=0.05(	(P=0.96)								
	F	avours antibiotics	0.05	0.2	1	5	20	Favours control	

# Analysis 1.8. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 8 Death: randomisation process.

Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio				Weight	Risk Ratio
	n/N	n/N		M-H, R	andom, 95	% CI			M-H, Random, 95% Cl
Boscia 1987	2/63	3/61	-		•			22.98%	0.65[0.11,3.73]
Harding 2002	1/55	1/50			•			9.38%	0.91[0.06,14.15]
Nicolle 1987	9/23	4/22				<u> </u>		67.64%	2.15[0.77,5.98]
Total (95% CI)	141	133			-			100%	1.51[0.65,3.49]
Total events: 12 (Antibiotics), 8	8 (Placebo/no treatment)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1	.51, df=2(P=0.47); I <sup>2</sup> =0%								
Test for overall effect: Z=0.95(F	P=0.34)								
	Fa	avours antibiotics	0.05	0.2	1	5	20	Favours control	

# Analysis 1.9. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 9 Any adverse event: randomisation process.

Study or subgroup	Antibiotics	Placebo/no treatment		<b>Risk Ratio</b>		Weight	Risk Ratio
	n/N	n/N		M-H, Random, 95%	CI		M-H, Random, 95% CI
Harding 2002	10/55	3/50			_	72.29%	3.03[0.88,10.39]
Nicolle 1987	9/26	1/24			•	27.71%	8.31[1.14,60.78]
Total (95% CI)	81	74		-	•	100%	4.01[1.41,11.42]
Total events: 19 (Antibiotics),	4 (Placebo/no treatment)						
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	0.74, df=1(P=0.39); l <sup>2</sup> =0%						
Test for overall effect: Z=2.6(P	=0.01)						
	Fa	vours antibiotics	0.01	0.1 1	10 100	Favours control	

Analysis 1.10. Comparison 1 Antibiotics versus placebo or no

# treatment, Outcome 10 Bacteriological cure: allocation concealment.

Study or subgroup	Antibiotics	Placebo/no treatment	Risk Ratio						Weight	Risk Ratio	
	n/N	n/N			M-H, Ra	ndom	i, 95% Cl				M-H, Random, 95% CI
Asscher 1969	27/49	16/45				-	+			55.78%	1.55[0.97,2.47]
Boscia 1987	30/45	9/37								44.22%	2.74[1.5,5.02]
		Favours control	0.1	0.2	0.5	1	2	5	10	Favours antibiotics	

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Study or subgroup	Antibiotics	Placebo/no treatment			Ri	sk Ra	itio			Weight	Risk Ratio
	n/N	n/N			M-H, Ra	ndon	n, 95% Cl				M-H, Random, 95% Cl
Total (95% CI)	94	82				-		-		100%	1.99[1.14,3.49]
Total events: 57 (Antibiotics), 25 (Placebo/no treatment)											
Heterogeneity: Tau <sup>2</sup> =0.09; Chi <sup>2</sup> =2.18, df=1(P=0.14); l <sup>2</sup> =54.08%											
Test for overall effect: Z=2.41(	(P=0.02)										
		Favours control	0.1	0.2	0.5	1	2	5	10	Favours antibiotics	

# Analysis 1.11. Comparison 1 Antibiotics versus placebo or no treatment, Outcome 11 Bacteriological cure: randomisation process.

Study or subgroup	Antibiotics	Placebo/no treatment		Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H	l, Random, 95% Cl		M-H, Random, 95% CI
Asscher 1969	27/49	16/45			27.86%	1.55[0.97,2.47]
Boscia 1987	30/45	9/37			20.33%	2.74[1.5,5.02]
Cai 2012	19/62	31/236			25.95%	2.33[1.42,3.84]
Harding 2002	39/49	11/50			23.49%	3.62[2.11,6.21]
Nicolle 1987	4/26	1/24			2.37%	3.69[0.44,30.76]
Total (95% CI)	231	392		•	100%	2.41[1.73,3.36]
Total events: 119 (Antibiotics),	, 68 (Placebo/no treatment)					
Heterogeneity: Tau <sup>2</sup> =0.05; Chi <sup>4</sup>	<sup>2</sup> =6.01, df=4(P=0.2); l <sup>2</sup> =33.41	%				
Test for overall effect: Z=5.18(F	P<0.0001)					
		Favours control	0.01 0.1	1 10	<sup>100</sup> Favours antibiotics	

# ADDITIONAL TABLES

# Table 1. Adverse events

Study	Treatment	Control	Comments
Giamarellou 1998	2 (vertigo, upper gastrointestinal symp-	0	Both discontinued
	toms)		treatment
Harding 2002	10	3	No other
			information
Nicolle 1987a	9 (rash, candidiasis, diarrhoea, swollen	1 (dizziness)	4 in treatment group
	mouth)		discontinued
			treatment



# APPENDICES

# Appendix 1. Electronic search strategies

Database	Search terms				
CENTRAL	1. (urinary near/2 infection*):ti,ab,kw				
	2. bacteriuria*:ti,ab,kw				
	3. (uti or utis):ti,ab,kw				
	4. (#1 OR #2 OR #3)				
	5. (asymptomatic or covert):ti,ab,kw				
	6. (#4 AND #5)				
	7. (child* or pediatric* or boys or girls):ti				
	8. (#6 AND NOT #7)				
MEDLINE	1. Urinary Tract Infections/				
	2. Bacteriuria/				
	3. urinary tract infection*.tw.				
	4. (uti or utis).tw.				
	5. bacteriuria*.tw.				
	6. or/1-5				
	7. (asymptomatic or covert).tw.				
	8. 6 and 7				
	9. (exp Child/ or exp Infant/) not ((exp Child/ or exp Infant/) and exp Adult/)				
	10.8 not 9				
EMBASE	1. Urinary Tract Infection/				
	2. Bacteriuria/				
	3. urinary tract infection*.tw.				
	4. (uti or utis).tw.				
	5. bacteriuria*.tw.				
	6. or/1-5				
	7. (asymptomatic or covert).tw.				
	8. 6 and 7				
	9. Asymptomatic Bacteriuria/				
	10.8 or 9				
	11.(exp Child/ or exp Newborn/) not ((exp Child/ or exp Newborn/) and (Adult/ or Aged/))				
	12.10 not 11				

# Appendix 2. Risk of bias assessment tool

Potential source of bias	Assessment criteria
Random sequence genera- tion Selection bias (biased alloca-	<i>Low risk of bias:</i> Random number table; computer random number generator; coin tossing; shuf- fling cards or envelopes; throwing dice; drawing of lots; minimization (minimization may be imple- mented without a random element, and this is considered to be equivalent to being random).
tion to interventions) due to inadequate generation of a randomised sequence	<i>High risk of bias:</i> Sequence generated by odd or even date of birth; date (or day) of admission; sequence generated by hospital or clinic record number; allocation by judgement of the clinician; by

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Continued)	preference of the participant; based on the results of a laboratory test or a series of tests; by avail- ability of the intervention.			
	Unclear: Insufficient information about the sequence generation process to permit judgement.			
Allocation concealment Selection bias (biased alloca- tion to interventions) due to inadequate concealment of al- locations prior to assignment	<i>Low risk of bias:</i> Randomisation method described that would not allow investigator/participant to know or influence intervention group before eligible participant entered in the study (e.g. central allocation, including telephone, web-based, and pharmacy-controlled, randomisation; sequentially numbered drug containers of identical appearance; sequentially numbered, opaque, sealed envelopes).			
	<i>High risk of bias:</i> Using an open random allocation schedule (e.g. a list of random numbers); as- signment envelopes were used without appropriate safeguards (e.g. if envelopes were unsealed or non-opaque or not sequentially numbered); alternation or rotation; date of birth; case record num- ber; any other explicitly unconcealed procedure.			
	Unclear: Randomisation stated but no information on method used is available.			
<b>Blinding of participants and personnel</b> Performance bias due to	<i>Low risk of bias</i> : No blinding or incomplete blinding, but the review authors judge that the outcome is not likely to be influenced by lack of blinding; blinding of participants and key study personnel ensured, and unlikely that the blinding could have been broken.			
knowledge of the allocated interventions by participants and personnel during the study	<i>High risk of bias</i> : No blinding or incomplete blinding, and the outcome is likely to be influenced by lack of blinding; blinding of key study participants and personnel attempted, but likely that the blinding could have been broken, and the outcome is likely to be influenced by lack of blinding.			
5	Unclear: Insufficient information to permit judgement			
Blinding of outcome assess- ment	<i>Low risk of bias:</i> No blinding of outcome assessment, but the review authors judge that the out- come measurement is not likely to be influenced by lack of blinding; blinding of outcome assess- ment ensured, and unlikely that the blinding could have been broken.			
Detection bias due to knowl- edge of the allocated interven- tions by outcome assessors.	<i>High risk of bias:</i> No blinding of outcome assessment, and the outcome measurement is likely to be influenced by lack of blinding; blinding of outcome assessment, but likely that the blinding could have been broken, and the outcome measurement is likely to be influenced by lack of blinding.			
	Unclear: Insufficient information to permit judgement			
Incomplete outcome data Attrition bias due to amount, nature or handling of incom- plete outcome data.	<i>Low risk of bias:</i> No missing outcome data; reasons for missing outcome data unlikely to be related to true outcome (for survival data, censoring unlikely to be introducing bias); missing outcome data balanced in numbers across intervention groups, with similar reasons for missing data across groups; for dichotomous outcome data, the proportion of missing outcomes compared with observed event risk not enough to have a clinically relevant impact on the intervention effect estimate; for continuous outcome data, plausible effect size (difference in means or standardized difference in means) among missing outcomes not enough to have a clinically relevant impact on observed effect size; missing data have been imputed using appropriate methods.			
	<i>High risk of bias:</i> Reason for missing outcome data likely to be related to true outcome, with either imbalance in numbers or reasons for missing data across intervention groups; for dichotomous outcome data, the proportion of missing outcomes compared with observed event risk enough to induce clinically relevant bias in intervention effect estimate; for continuous outcome data, plausible effect size (difference in means or standardized difference in means) among missing outcomes enough to induce clinically relevant bias in observed effect size; 'as-treated' analysis done with substantial departure of the intervention received from that assigned at randomisation; potentially inappropriate application of simple imputation.			
	Unclear: Insufficient information to permit judgement			

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(Continued)				
Selective reporting	<i>Low risk of bias:</i> The study protocol is available and all of the study's pre-specified (primary and secondary) outcomes that are of interest in the review have been reported in the pre-specified way;			
Reporting bias due to selective outcome reporting	the study protocol is not available but it is clear that the published reports include all expected out- comes, including those that were pre-specified (convincing text of this nature may be uncommon).			
	<i>High risk of bias:</i> Not all of the study's pre-specified primary outcomes have been reported; one or more primary outcomes is reported using measurements, analysis methods or subsets of the data (e.g. subscales) that were not pre-specified; one or more reported primary outcomes were not pre-specified (unless clear justification for their reporting is provided, such as an unexpected adverse effect); one or more outcomes of interest in the review are reported incompletely so that they cannot be entered in a meta-analysis; the study report fails to include results for a key outcome that would be expected to have been reported for such a study.			
	Unclear: Insufficient information to permit judgement			
Other bias	Low risk of bias: The study appears to be free of other sources of bias.			
Bias due to problems not cov- ered elsewhere in the table	<i>High risk of bias:</i> Had a potential source of bias related to the specific study design used; stopped early due to some data-dependent process (including a formal-stopping rule); had extreme base-line imbalance; has been claimed to have been fraudulent; had some other problem.			
	<i>Unclear:</i> Insufficient information to assess whether an important risk of bias exists; insufficient ra- tionale or evidence that an identified problem will introduce bias.			

# FEEDBACK

# Reader comment, 22 April 2015

#### Summary

Thank you for your detailed systematic review and meta-analysis of antibiotic use for asymptomatic bacteriuria. We have reviewed your article with interest, and have identified a few issues that we hoped to bring to your attention. Specifically, we identified significant heterogeneity observed in Analysis 1.1 and Analysis 1.5 (symptomatic UTI and bacteriologic cure, respectively). Furthermore, we had some concerns regarding the assessment of attrition bias within the risk of bias analysis.

As described in your review, the heterogeneity in Analysis 1.1 is attributed to the Cai 2012 study. Indeed, we confirmed via sensitivity analysis that removal of the Cai 2012 study reduced I<sup>2</sup> to 0%. This result is unsurprising given the Cai 2012 study appears to be an outlier. Patients in the Cai 2012 study included younger and higher risk patients for the development of symptomatic UTI (sexually active patients with recurrent symptomatic UTIs attending a STD clinic) compared to the other studies in your analysis<sup>1</sup>. With these differences in the Cai 2012 study, we believe it is more important to discuss the heterogeneity in the analysis instead of drawing global conclusions on heterogeneous pooled data. We would suggest either further sensitivity analysis exploring the heterogeneity, or modifying your exclusion criteria to exclude patients with recurrent UTIs from your meta-analysis. Without the Cai 2012 study, the analysis would show a RR 0.88 (95% CI 0.65 to 1.17) for symptomatic UTI using a fixed-effect model. If a sensitivity analysis is done, we suggest having a statement that further large, well-designed studies may provide a more precise result as the sensitivity analysis shows the risk difference of symptomatic UTI could be either decreased by 13% or increased by 5% with antibiotics. The wide confidence interval suggests this decrease or increase is clinically meaningful and its discussion would be of benefit to the reader.

With regard to Analysis 1.5, we performed a sensitivity analysis to determine the source of heterogeneity: removing Abrutyn 1994 alone from the forest plot resulted in a reduction of I<sup>2</sup> to 89%, removing Cai 2012 alone resulted in a heterogeneity of 70%, while removal of both aforementioned studies drastically reduced the heterogeneity to 10%. In determining the reason for heterogeneity within these articles, we considered both the methodology and the population studies to deduce whether removal of these articles from the meta-analysis would be appropriate. Abrutyn 1994 may have suffered from significant selection bias in its quasi-RCT design nature, though Abrutyn 1996 possessed similar methodology despite having a significantly lesser impact on overall heterogeneity. However, Abrutyn 1994 appears to suffer from inconsistent data. In Analysis 1.5, the results from Abrutyn 1994 are 138 achieving bacteriological cure out of 166 patients in the treatment group versus 30 patients achieving bacteriological cure versus 192 patients in the placebo/no treatment group. Looking closer at the Abrutyn 1994 trial, there is a discrepancy in the reporting of their sample sizes. In the results section under the subheading "Controlled clinical trial", Abrutyn 1994 states 192 patients were treated and 166 patients served as controls. However, in Table 6, the opposite is stated based on "Mean age". Thus, there is uncertainty as to which values should be used as denominators in your analysis. Additional uncertainty exists for the numerator as well. The study does not report the numbers of patients achieving bacteriological cure from either group;

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instead, the study states that "overall cure rates during the placebo-controlled portion of the trial were 82.9% in those given antimicrobial agents and 15.6% in those not given antimicrobials in an intention-to-treat analysis". First, there is uncertainty whether these percentages should multiply 192 or 166 for either study group. Second, their statement describes overall cure rates during the placebo-controlled portion of the trial. As described in the trial, control patients were given no therapy between October 10, 1983 and December 10, 1987. Patients were only given placebo after December 10, 1987 until February 1992. Thus, the quoted percentages above used to calculate your numerators for Analysis 1.5 may be incorrect, as an unknown proportion of the 358 total patients included in the study and your analysis were enrolled after December 10, 1987. Based on the current version of your review, we are unclear as to whether the original authors provided any insight into the bacteriologic cure rate used in your meta-analysis: such clarification of author feedback could have some value in future revisions of this systematic review. With regards to the other outlying study (Cai 2012), the younger overall age of patients compared to the other trials as well as the history of recurrent UTIs makes this patient population quite different in terms of baseline characteristics. Likewise, this was the only study that showed a trend towards microbiological cure with placebo. It is our opinion that based on these findings, a meta-analysis containing these two studies may not be appropriate due to both incomplete data reporting and heterogeneity in the study population. Though a trend towards significant increase in bacteriological cure was maintained even with the removal of the outlying studies (Abrutyn 1994 and Cai 2012), a qualitative description of the results may have served a better purpose.

We found that several of the trials described as having a low or unclear risk of incomplete outcome data may have been better described as having a higher risk when considering Analysis 1.5: this included Abrutyn 1994, Boscia 1987, Cai 2012, Giamarellou 1998 and Nicolle 1987. The Abrutyn 1994 trial contained missing outcome reporting for the patients receiving no intervention (prior to implementation of a placebo) as mentioned previously. Similarly, the Cai 2012 study censored all patients who experienced a symptomatic UTI in terms of microbiological cure rather than assessing these patients as having persistent bacteriuria (i.e. microbiological failure). Sixty-two total patients were assessed for microbiological cure at the end of 12 months (of which 43 were described as being cured in the meta-analysis): had the total number of patients been assessed as the original number randomised instead of removing all censored patients (i.e. 361 vs. 62), the difference in effect size between intervention and control may have been significantly different. A more conservative approach might have been to use imputations for censored patients to observe the impact on the pooled effect size for the meta-analysis. For instance, one could either assess all censored patients either bacteriologically cured or having persistent bacteriuria, thus incorporating these missing outcomes into the overall analysis. Likewise, we noticed that the total number of patients in the Boscia 1987 trial assessed for bacteriological cure was less than the total number of patients followed-up to study completion. This appeared to be attributed to the fact that patients in either arm who received antibiotics outside of the study protocol were censored. One approach to rectifying this issue would be to assume bacteriuria persistence or apply the cure rate from those successfully followed-up to estimate outcomes for missing patients in the Boscia 1987 trial rather than excluding them from the statistical analysis. After studying Giamarellou 2007, we could not determine how the event rates of 33/60 in the antibiotic group and 7/27 in the control group were chosen in Analysis 1.5. As above, if authors were contacted for clarity surrounding event rates, further transparency would remove ambiguity. A brief comment on how these values were chosen in the Characteristics of included studies section may be useful to the reader. Finally, the Nicolle 1987 study suffered from 18 and 8 lost to follow-up in the antibiotic and control groups respectively, which may have significantly influenced the data given the low event rate in the study. If it were not possible to mitigate the attrition seen in the identified trials, we think the high or unclear risk of attrition bias may not be appropriate for meta-analysis. A more conservative approach might be to state that there is uncertainty as to whether antibiotics lead to greater microbiological cure rather than the current conclusion of superiority of antibiotics for bacteriological cure. We thank you for the opportunity to provide feedback on this very relevant and interesting topic. Should you have any questions or comments regarding any of our analysis, we welcome you to contact us for further discussion.

#### Reference:

<sup>1</sup> Hooton TM, Scholes D, Hughes JP, Winter C, Roberts PL, Stapleton a E, et al. A prospective study of risk factors for symptomatic urinary tract infection in young women. New England Journal of Medicine 1996;335(7):468–74.

I agree with the conflict of interest statement below:

I certify that I have no affiliations with or involvement in any organization or entity with a financial interest in the subject matter of my feedback.

# Reply

ANALYSIS 1.1 – changes have been made for bacteriological cure in the Cai 2012 study in the analysis and text and abstract. This did not change the conclusions for this outcome and thus heterogeneity between the studies was reduced. Risk difference could be considered in a future update.

ANALYSIS 1.5 – In the results section the reason for heterogeneity was mentioned. Also here there was an error when inserting the denominators for the bacteriological cure in the table for the Cai 2012 study. Numbers for the bacteriological failure were inserted instead of numbers for the bacteriological cure. The denominators should be 19 instead of 43 in the treatment group and 31 instead of 205 in the control group. This will be changed and then, when considering the per analysis numerator in this study, the results will not be different from the other studies, thus reducing heterogeneity. Heterogeneity will be maintained only when performing the ITT analysis, but even then this will not change the overall conclusion. As mentioned in the table of included studies this study did not report a definition for the bacteriological cure.



We noticed the errors on numbers in the text of Abrutyn 1994 study in the "Controlled clinical trial" section, but considered the similarity of the numbers in the abstract, table and also calculated the numbers by using the percentages reported in the text in the results section under the heading "Controlled clinical trial" (following the numbers 192 and 166 are mentioned percentages 18.1% and 20.3%). So the right numbers are 166 for the treatment group and 192 for the control group as we considered in the analyses. We calculated the denominators for the bacteriological cure from the percentages reported in the text (82.9% and 15%). Also for this study and this outcome it is mentioned in the text that ITT analysis was performed and these numbers were used for the numerators (all randomized patients). It is reported in the text that two separate analyses were done for the two study periods of treatment versus no treatment respectively placebo, results were very similar and this was the reason why why the two study periods were combined into an analysis of active treatment compared with a single control group.

Boscia 1987 – No data were reported in the text for the control group for the short-term follow-up period. For the long-term follow-up we considered the data as reported in the study in the table for patients that did not receive interim antimicrobial therapy and had no bladder catheterizations during the follow-up.

Giamarellou 1998 – This study had three groups. We considered the two treatment groups (continuous and pulse treatment) as one group and used only one control group. An explanation can be added in Notes in the table.

Nicolle 1987 – During the copy editing of the review when moving data between the tables, 18 lost to follow-up was inserted instead of 12 in the antibiotic treatment group. The numbers should be 12 lost to follow-up in the treatment group (3 discharged at 2,5 and 11 months and 9 dies – total 12) and 8 in the control group as we reported originally. When copy-editing and moving data to another table 3 patients were considered by mistake for each time point.

# Contributors

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# WHAT'S NEW

Date	Event	Description
18 June 2015	Feedback has been incorporated	Minor amendments based on feedback - no change to results
16 June 2015	Amended	Numbers for the bacteriological cure were changed as inserted by error for the bacteriological failure instead of cure in the origi- nal review

# CONTRIBUTIONS OF AUTHORS

- 1. Draft the protocol: AZ, MS, LL
- 2. Study selection: AZ, AL, MS
- 3. Extract data from studies: AZ, AL
- 4. Enter data into RevMan: AZ
- 5. Carry out the analysis: AZ
- 6. Interpret the analysis: AZ, AL, LL
- 7. Draft the final review: AZ, MS, LL
- 8. Disagreement resolution: LL
- 9. Update the review: AZ, AL

# DECLARATIONS OF INTEREST

None known.