

HHS Public Access

Author manuscript Gastroenterology. Author manuscript; available in PMC 2021 September 01.

Published in final edited form as: Gastroenterology. 2021 January ; 160(2): 600–613. doi:10.1053/j.gastro.2020.11.041.

Cancer and the Microbiome—Influence of the Commensal Microbiota on Cancer, Immune Responses, and Immunotherapy

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Abstract

The commensal microbiota has been implicated in the regulation of a diverse array of physiological processes, both within the gastrointestinal tract and at distant tissue sites. Cancer is no exception, and distinct aspects of the microbiota have been reported to have either pro- or anti-tumor effects. The functional role of the microbiota in regulating not only mucosal but also systemic immune responses has led to investigations into the impact on cancer immunotherapies, particularly with agents targeting the immunologic checkpoints PD-1 and CTLA-4. Microbial sequencing and reconstitution of germ-free mice have indicated both positive and negative regulatory bacteria likely exist, which either promote or interfere with immunotherapy efficacy. These collective findings have led to the development of clinical trials pursuing microbiomebased therapeutic interventions, with the hope of expanding immunotherapy efficacy. This review summarizes recent knowledge about the relationship between the host microbiota and cancer and anti-tumor immune response, with implications for cancer therapy.

Graphical Abstract

Keywords

Cancer Immunotherapy; Checkpoint Blockade Therapy; Anti–PD-1; Gut Microbiome; Tumor Microbiome

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The surface barriers of the human body are inhabited by complex communities of bacteria, yeast, fungi, protozoa, archaea, and viruses. Collectively, these microorganisms make up the human microbiota, and the collection of genomes of these microorganisms make up the human microbiome. The functions encoded in the human microbiome play an important role in various aspects of human physiology. For instance, the gut microbiota plays a central role in regulating host metabolism, and also guides the proper development and function of the immune system. $1-4$

The bacterial component of the microbiome is the most abundant, and its deeper study in recent years has been enabled by advancements in next-generation DNA and RNA sequencing methods, improvements in bacterial culture techniques, and specialized animal models. The majority of gut bacteria are anaerobic, and improvements in the methods for anaerobic culture have made it feasible to isolate pure cultures of many species that were previously considered unculturable in laboratory conditions.^{5–9} This has allowed the wide use of gnotobiotic animals (usually mice) as models in microbiome research.¹⁰ These are animals harboring a defined microbiota and housed in isolation from environmental microbes. The term *gnotobiotic* also encompasses germ-free (GF, also called axenic) animals that are completely devoid of microorganisms. GF mice have severely underdeveloped immune system, but these defects are largely corrected by colonization with microbiota from conventional specific pathogen–free (SPF) mice, exemplifying the profound role of the microbiota in guiding immune system maturation.¹¹ The use of gnotobiotic mice has enabled deeper studies of the mechanisms of interaction between specific microbes and both a developing cancer and the host immune system, which, in turn, can influence cancer response to therapy.¹⁰ The composition of the gut microbiome in healthy individuals gradually shifts throughout life, which implies that adults vary widely in the microbial communities with which they are colonized. This phenomenon brings into consideration a widely varying commensal microbiota composition as a potential source of phenotypic variation in disease development and/or therapeutic efficacy among individuals. In the cancer context, this variation has implications for carcinogenesis, response and toxicity to therapy, characteristics of anti-tumor immunity, and clinical response to immunotherapy.

Evidence Towards a Functional Role of the Gut Microbiota in Tumor Development, Anti-Tumor Immunity, and Response to Therapy

Local Effects of the Gut Microbiota on Tumor Development in Tissues of the Gastrointestinal Tract

Certain bacterial components of the gut microbiota can drive tumorigenesis in tissues of the gastrointestinal tract (Figure 1). For instance, experimental evidence supports a strong link between Helicobacter pylori and development of atrophic gastritis, metaplasia, dysplasia, and progression to gastric cancer.^{12,13} Its tumorigenic role is further supported by data showing that eradication of H pylori is an important method to reduce the risk of developing H pylori–driven gastric cancer, including a risk reduction of developing metachronous cancer in patients with endoscopically resected early gastric cancer.^{14,15} H pylori infection can contribute to development of gastric cancer by various proposed mechanisms, many of which involve release of virulence factors (eg, CagA and VacA) that cause endoplasmic

reticulum stress, autophagy, and oxidative stress in gastric epithelium.¹⁶ Despite the wellaccepted link between H pylori and gastric cancer, other studies have indicated an inverse correlation between H *pylori* and risk for development of esophageal adenocarcinoma, hypothesizing a protective role of this bacterium in certain contexts.17 Emerging data from high-throughput sequencing techniques have uncovered non– H pylori gastric microbial communities associated with gastric cancer.18–20

Another example of a bacterial driver of tumorigenesis in the gut is Fusobacterium nucleatum, which has been studied extensively in the setting of colorectal cancer (CRC). An investigation of 3 European cohorts found an increased level of this species in diseased tissue compared with matched normal tissue. In addition, enrichment of F nucleatum in CRC tumors was linked to the malignant transformation of adenomas to carcinomas.²¹ In the same study, patients with high levels of intratumoral F nucleatum showed decreased survival compared with those whose tumors had low levels (2 years vs 3 years, respectively). This is consistent with other studies correlating levels of F nucleatum DNA found in CRC tumors and survival.^{22,23} F nucleatum, and also certain strains of Bacteroides fragilis, have been mechanistically linked to the development of CRC by activating β -catenin signaling and by driving inflammatory responses.^{24–27} Intratumoral F nucleatum can also promote immune evasion of colon cancer due to its ability to bind inhibitory receptor TIGIT on human natural killer (NK) cells and T cells.²⁸ F nucleatum has also been implicated in resistance to chemotherapy in the setting of CRC and its higher abundance was predictive of disease recurrence.29 In vitro co-culture experiments, xenograft CRC models in immunodeficient mice, and real-time polymerase chain reaction analyses of CRC biopsies from patients pointed toward a Toll-like receptor (TLR) 4/MyD88–driven activation of autophagy in tumor cells as a mechanism of *Fusobacterium*-mediated chemoresistance.²⁹ Fusobacterium has also been found in tumors of the larynx, esophagus, pancreas, breast, and bladder, suggesting a possible role in modulating tumor progression and response to therapy in these cancers.^{30–34} However, the route of *Fusobacterium* colonization of tumors outside of the gastrointestinal tract and the possible contribution of the gut microbiota in this process are not well understood.

In some instances, enrichment of *Fusobacterium* in the gut microbiome or within tumor tissues has also been observed to be accompanied by increased abundance of *Campylobacter*.³⁴⁻³⁷ Some invasive *Campylobacter* species have been suggested to contribute to tumor progression by inducing a pro-inflammatory response driven by IL-18.36,38 Another bacteria-driven process promoting CRC progression is proposed to be the activation of senescence-associated secretory phenotype in malignant or premalignant epithelial cells by the genotoxic metabolite colibactin produced by some Proteobacteria, such as *Escherichia coli*.³⁹ Senescence-associated secretory phenotype is associated with secretion of various growth factors, cytokines, chemokines, and enzymes. Some of these factors could be protective by contributing to immune-mediated tumor control, but prolonged senescence-associated secretory phenotype could cause immunosuppression.⁴⁰ In addition, enzymes secreted by senescent tumor cells, such as matrix metalloproteinases, could promote tumor invasion and metastasis.⁴⁰

Distant Effects of the Gut Microbiota on Tumor Development in Tissues Outside of the Gastrointestinal Tract

Translocation of gut bacteria to pancreatic tumors.—Bacteria from the gut can translocate to other closely associated tissues and affect tumor progression (Figure 1). For instance, bacterial translocation from the gut luminal compartment to the pancreas has been demonstrated by gavaging mice with fluorescently labeled commensal bacteria.⁴¹ Gammaproteobacteria have been suggested to translocate from the gut to pancreatic tumors, where they metabolized the active form of the drug gemcitabine, thus decreasing its efficacy.⁴² The most likely route for this translocation has been suggested to be via the pancreatic duct, which communicates with the duodenum.⁴²

In a genetically engineered mouse model of pancreatic ductal adenocarcinoma (PDAC), the growth of Kras-driven tumors was accelerated by the presence of commensal microbiota, as evidenced by comparing SPF with GF animals, as well as bacterial ablation with oral antibiotics.41 Antibiotic treatment resulted in improved spontaneous anti-tumor immunity and also enabled the efficacy of anti–PD-1 therapy. Interestingly, in this genetic model, Kras expression in the pancreas seemed to result over time not only in the development of pancreatic tumors, but also in a divergence of gut microbiome composition compared with wild-type littermates. This microbiome alteration likely involved enrichment in tumorpromoting bacteria; recolonization of antibiotic-treated or GF mice before tumor onset with fecal microbiota from genetically engineered mice with late-stage tumors, but not from their tumor-free wild-type littermates, resulted in accelerated tumor progression in the recipient mice.⁴¹

Although these data demonstrated that a cross-talk with the gut microbiome modulated progression of pancreatic cancer in a preclinical model, another study by Riquelme et $al⁴³$ found that the composition and diversity of the tumor microbiome were also associated with improved CD8+ T cell response and prolonged survival in patients with PDAC. Sequencing of 16S rDNA revealed that the tumor microbiome composition was distinct from that of adjacent healthy pancreatic tissue and only a fraction of the bacteria detected in the tumors were also detectable in the stool. Specifically, enrichment of Sachharopolyspora, Pseudoxanthomonas, Streptomyces, and Bacillus clausii within the tumor was strongly predictive of a prolonged survival. Building on their findings, the authors explored whether the gut microbiome could modify the intratumoral microbiome and tumor growth using fecal microbial transplantation (FMT) from long-term PDAC survivors (ie, tumors resected at least 5 years prior with no apparent disease at present), short-term PDAC survivors, and healthy controls into mice challenged with syngeneic tumors. Indeed, gut microbiota modification via FMT modulated the composition of the tumor microbiome, anti-tumor immune responses, and tumor growth kinetics in the recipient mice. Intratumoral bacterial composition in the recipient mice mimicked gut signatures from the 3 different patient groups. Mice that received FMT from long-term survivors showed increased tumor infiltration and activation of $CD8^+$ T cells, higher levels of serum interferon (IFN) gamma and IL-2, and improved tumor control, and mice that received FMT from short-term survivors had increased tumor infiltration of regulatory T (Treg) cells and myeloid-derived suppressor cells and faster tumor growth.⁴³

Together, these studies suggest a cross-talk among the gut microbiota, tumor microbiota, and tumor progression in the setting of pancreatic cancer. On the one hand, tumor progression might influence tumor and gut microbiota composition through mechanisms that remain to be determined. On the other hand, the gut microbiome could also shape the tumor microbiome and the tumor microenvironment, thus modulating the quality of anti-tumor immune responses. These findings open avenues for using the gut and PDAC microbiota composition as a biomarker predictive of survival or for selection of therapeutic approaches. In addition, modification of gut microbiota can be envisioned as a potential therapeutic

Effects of the gut microbiota on liver cancer.—Metabolites, pathogen-associated molecular patterns, and antigens derived from gut bacteria can be transported to the liver via the hepatic portal vein. Approximately 70% of the blood in the liver is contributed by the intestinal circulation. This organ is heavily populated by immune cells, which can make it an important site of interaction between gut microbiota– derived signals and the immune system. Among the gut bacteria–derived molecules that have been shown to either drive carcinogenesis or to suppress anti-tumor immunity in the liver are secondary bile acids (BAs); lipopolysaccharide (LPS), a component of the cell wall of gram-negative bacteria, which can signal via TLR4; and lipoteichoic acid (LTA), a component of gram-positive bacteria, which can signal via TLR2 (Figure 1). $44-48$

approach to improve chemotherapy or immunotherapy efficacy in PDAC patients.

Primary BAs are synthesized from cholesterol in the liver, where they undergo conjugation to amino acids, such as taurine and glycine, and are secreted from the gall bladder into the duodenum to aid in lipid absorption. Gut bacteria in the distal small intestine and colon can metabolize BA conjugates to various secondary BAs and the composition of gut bacteria shapes the secondary BA profile in the host. Secondary BAs can be passively absorbed in the colon and returned to the liver.47 This recirculation of BAs from the intestines back to the liver allows for their reuse, but additionally, the secondary BAs can exert immunoregulatory functions. It has been suggested that primary and secondary BAs could, in some instances, carry out opposing functions within the host.44 The majority of secondary BAs are derived via a $7a$ -dehydroxylation reaction carried out by gram-positive Clostridium cluster XVI .^{47,49} Indeed, the production of secondary BAs, such as lithocholic acid or the murinespecific ω -muricholic acid, by *Clostridium* species has been shown to contribute to tumor progression in different mouse models of primary or metastatic liver cancer.44 The pro-tumor effect was carried out by secondary BA-driven down-regulation of CXCL16 in liver sinusoidal endothelial cells, which resulted in reduced recruitment of NK T cells to the liver.⁴⁴ Depletion of *Clostridium* by oral vancomycin or dietary administration of primary BAs increased CXCL16 expression in liver sinusoidal endothelial cells and led to increased accumulation and IFN- γ production by NK T cells, increased numbers of $CXCR6+CD62L^{\text{low}}CD44^{\text{hi}}$ effector memory $CD4^+$ and $CD8^+$ T cells, and improved tumor control.⁴⁴

In another study, certain Clostridium species became enriched in the murine gut in response to a high-fat diet, leading to overproduction of the secondary BA deoxycholic acid. Accumulation of deoxycholic acid and LTA in the liver accelerated the progression of carcinogen-induced liver cancer.45 The mechanism included a cooperative stimulation of the

TLR2 pathway by LTA and deoxycholic acid, causing induction of senescence in hepatic stellate cells and overexpression of COX2.45 COX2 is the rate-limiting enzyme in the prostaglandin cascade and its accumulation resulted in overproduction of prostaglandin E_2 , which in turn augmented carcinogen-induced tumor development by inhibition of antitumor immunity. This effect was mediated by engagement of the prostaglandin E receptor 4 within the tumor microenvironment, which was expressed primarily by CD8+ T cells. Blockade of prostaglandin E receptor 4 resulted in increased infiltration of CD103+ dendritic cells and a decrease in regulatory CD4+FoxP3+ T cells. These effects were accompanied by an increase in the number of $CD8⁺$ T cells expressing the activation marker CD69, reduction of those expressing the inhibitory receptor PD-1, and ultimately improved tumor control.⁴⁵

Another mechanism of microbiota-driven tumorigenesis in the liver has been shown to be mediated by LPS. TLR4 stimulation up-regulated the expression of the hepatomitogen epiregulin in stellate cells and had a pro-tumorigenic effect in a model of chronic injuryinduced liver cancer.⁴⁸

Systemic effects of the gut microbiota on cancer biology.—The gut microbiota can affect functions and processes in virtually all organs and systems in the host via a multitude of signaling mechanisms that are just beginning to be understood. For instance, the gut microbiota can regulate estrogen levels in the circulation, thereby affecting the risk for development of sex hormone–driven cancers, such as endometrial, ovarian, prostate, and breast cancer.50–52 Other products of bacterial metabolism that can access the host circulation and affect cancer progression include short-chain fatty acids (SCFAs), secondary BAs, cadaverine, and enterolignans.53,54

The gut microbiota is intimately linked with the central nervous system through a reciprocal circuitry called the gut–brain axis.4,55 Bacteria can signal to the central nervous system directly by producing a variety of hormones, but also indirectly through the activation of immune-mediated signals, such as inflammasome activation and induction of type I interferons. These signals constitute an important aspect of the gut–brain axis and have been implicated in the pathogenesis of various central nervous system disorders.^{4,55} A clear mechanistic link between gut microbiota and brain tumor development has not been established; however, it could be envisioned that neuroinflammation driven by the gut microbiota could be a contributing factor. Interestingly, it has been suggested that the gut– brain axis could also constitute a route through which the gut microbiota can regulate cancer progression systemically.56 This provocative idea is supported by a study demonstrating that activation of the reward system of the brain inhibited the growth of lung tumors in mice by alleviating the immunosuppressive phenotype of myeloid-derived suppressor cells.⁵⁷ Although this study did not include investigating the effects of the gut microbiota on the elements of the reward system, other investigations have pointed toward such a link.^{58,59}

Impact of the gut microbiota on anti-tumor immunity and immunotherapy

efficacy.—Tumor development is intricately linked with the immune system⁶⁰ and it follows that notable systemic effects of the gut microbiota on tumor progression and therapy would be mediated via modulation of the immune system. Indeed, preclinical and clinical evidence supports a role for gut bacteria in modulating the efficacy

of chemotherapy and immunotherapy in various cancers. $41,42,61-75$ Initial studies in mouse models established a role of the gut microbiota in supporting the efficacy of CpG-oligonucleotide immunotherapy 64 and of immune-stimulatory cyclophosphamide chemotherapy.62 An immunostimulatory role was further demonstrated for specific bacteria, such as *Bifidobacterium* and *B fragilis*, which were shown to augment the efficacy of checkpoint blockade immunotherapy (anti–PD-L1 and anti–CTLA-4, respectively) in mouse models.67,68 Specifically, oral administration of Bifidobacterium increased dendritic cell activation and improved the tumor-specific $CD8^+$ T cell response,⁶⁸ whereas *B fragilis* activated anti-tumor T_H1 cells with suspected cross-reactivity to bacterial antigens and tumor neoantigens.67 Another mouse study using adoptive T cell therapy linked an increase in $CD8a⁺$ dendritic cells, up-regulation of IL-12, and improved anti-tumor immunity to a higher abundance of the *Bacteroidales S24–7* family.⁷⁶

These mouse studies motivated analogous pursuits for identifying mechanistic links between microbiota composition and anti–PD-1 immunotherapy efficacy in cancer patients. $69-73$ Analyses of fecal DNA by 16S and shotgun sequencing revealed differences in microbiota composition between responder and nonresponder patients, and reconstitution of GF mice with patient microbiota confirmed a mechanistic link between microbiota composition and anti-tumor immunity.^{71–73} Clinical studies have also confirmed an impact of the gut microbiota in patients after hematopoietic stem cell transplantation.^{77,78} A higher diversity in gut bacterial populations were associated with lower risk of transplantation-related death. Further analysis revealed that an abundance of Proteobacteria was associated with higher mortality, and abundance of *Enterococcus* was associated with higher risk of graft-vs-host disease.

A common concept in the majority of the studies mentioned is that the gut microbiota can exert systemic effects on the immune system that would shape therapeutic outcomes. Delineating the mechanisms of the gut microbiota–mediated immunomodulation is an active area of research and requires understanding of the pathways of communication between the gut microbiota and systemic regulation of the immune system (Figure 2).

The gut microbiota and the host immune system constantly interact and influence each other in order to prevent infection and maintain immune homeostasis. Gut commensals can signal to immune cells within the gut-associated lymphoid tissue and mesenteric lymph nodes by engaging pattern recognition receptors, which can sense a wide variety of microbial components (microbe-associated molecular patterns), and also host-derived molecules from damaged cells (damage-associated molecular patterns).79 Pattern recognition receptors are a large group of receptors that are expressed on the cell surface or intracellularly, including TLRs, RIG-I–like receptors, NOD-like receptors, C-type lectin receptors, AIM2 like receptors.79–81 They can recognize microbe-associated molecular pattern signatures characteristic of bacteria, fungi, viruses, and protozoa and initiate inflammatory cytokine signaling aimed at recruitment of additional immune cell subsets and elimination of infection. However, prolonged pattern recognition receptor signaling can result in chronic inflammation and tissue damage that could promote tumor development.

Gut commensals are also a source of antigens that can be sampled by M cells and transported into Peyer's patches, where they initiate antigen-specific B cell responses leading to the expansion of IgA-secreting plasma cells.⁸² Goblet cells, the primary function of which is mucus secretion, have also been shown to channel bacterial antigens from the lumen to antigen-presenting cells, such as dendritic cells and macrophages in the lamina propria.83 Dendritic cells can also directly sample bacterial antigens via transepithelial dendrites projecting into the intestinal lumen.⁸⁴ Antigen-loaded antigen-presenting cells can then transport the antigens to lymphoid follicles within the lamina propria or to the mesenteric lymph nodes to activate antigen-specific T cell responses. Antigen-presenting cells under homeostatic conditions are capable of exiting the gut-associated lymphoid tissue and entering the circulation⁸⁵ and, therefore, in theory, are capable of transporting bacterial antigens systemically. The significance of microbial antigens on tumor progression and therapy is exemplified in the context of cycloheximide chemotherapy, which can induce translocation of Enterococcus hirae from the gut to the mesenteric lymph nodes and spleen, which improved anti-tumor immune responses in mice.^{61,62} Recently, a follow-up study demonstrated that this antitumor effect could be mediated by a bacteriophage antigen carried by E hirae, which was cross-reactive to a tumor-expressed antigen.⁶³ The concept of antigen cross-reactivity as a factor augmenting anti-tumor immunity could have wider implications beyond the context of cycloheximide therapy. Indeed, expression of tumor neoantigens homologous to infectious disease–derived peptides was one of the factors predictive of long-term survival of pancreatic cancer patients.⁸⁶

The gut microbiota can also influence the immune system by releasing various metabolites that can enter the circulation. A prominent example is the effect of SCFAs, which are produced by fermentation of dietary fiber and can signal via G-protein–coupled receptors or act as histone deacetylase inhibitors and activate gene expression. SCFAs have versatile local effects on the differentiation and activation of anti-inflammatory Treg cells or proinflammatory T_H1 and T_H17 cells, differentiation and IgA secretion by plasma cells, and polarization of proinflammatory M1 vs anti-inflammatory M2 macrophages.87 Other examples of microbial metabolites with immunomodulatory roles include some bacterial amino acid derivatives and secondary BAs.

An active area of interest is the identification of bacterial factors that might be involved in modulating the clinical outcome of immune checkpoint blockade therapy. Recent work by McCoy and colleagues⁷⁵ identified a role for the metabolite inosine in altering the effectiveness of immunotherapy in a mouse model of CRC by focusing on the bacterium Bifidobacterium pseudolongum. Inosine alone induced expression of T_H1 regulating genes in CD4+ T cells, and the addition of immune checkpoint inhibitors caused a concomitant increase in IFN-γ production. Interestingly, in vivo anti-tumor activity of checkpoint blockade therapy and inosine required co-stimulation, delivered in this form by CpG administration, as well as IL-12 from dendritic cells. Another bacterium identified in their initial screen, Akkermansia muciniphila, produced the same metabolite, which had the same anti-tumor effect, possibly providing an explanation for the number of differing bacteria identified as having a positive effect on immunotherapy, that is, common immunemodulating metabolites.

It has been known that bacterial metabolites can alter the inflammatory landscape of the host in the absence of immunotherapy. SCFAs such as butyrate and propionate can induce peripheral Treg differentiation through epigenetic modification of the FoxP3 locus,88 and others have shown butyrate's effect on increasing IFN-γ and granzyme B expression in $CD8⁺$ T cells, $8⁹$ as well as inducing the transition of an effector to memory phenotype for $CD8^+$ T cells after butyrate exposure.⁹⁰ The differential effects of butyrate could be concentration-dependent, that is, lower levels induce differentiation of FoxP3 Treg cells, and higher levels increase CD8+ T cell effector functions and phenotypes. Indeed, a recent study of PD-1–responsive vs nonresponsive patients with solid tumors showed higher SCFA, including butyrate, in responsive patients.⁹¹

Therapeutic Strategies for Microbiome Modulation in the Treatment of

Cancer

Largely based on the identified modulatory role of the gut microbiota on anti-tumor immunity and immunotherapy efficacy, clinical trials have been initiated that are attempting to manipulate the microbiota with therapeutic intent. The overall goal is to augment the effect of immune-potentiating bacteria, while decreasing the effects of immune-regulatory bacteria. Multiple studies have been initiated using either fecal microbial transplantation or defined bacterial isolates, and a major focus is on improving the efficacy of checkpoint blockade immunotherapy.

Fecal Microbiota Transplantation

One strategy for manipulating the gut microbiome involves FMT. This process, whereby fecal material from a given donor is transferred to a recipient, has been used to treat several clinical indications, including Clostridium difficile infection, ulcerative colitis, and other gastrointestinal conditions.^{92–98} FMT has been well studied in *C difficile* and is indicated for recurrent C difficile infections, having been shown to improve patient status and resolve clinical symptoms.99–102

More recently, FMT has begun to be investigated in combination with checkpoint blockade therapy. The rationale is based on preclinical studies in which FMT from human cancer patients into GF mice was able to recapitulate the responder/nonresponder phenotype. In the majority of cases, when GF mice were reconstituted using fecal material from patients who responded to anti–PD-1 therapy, the corresponding mice also were responders to PD-1 blockade. In contrast, GF mice reconstituted with nonresponder fecal material failed to respond to PD-1 blockade.^{71–73} This nonresponder phenotype in mice could be reversed by additional FMT from responder patients. Another clinical correlation is that anti–PD-1 efficacy appeared to be reduced in patients who received broad-spectrum antibiotics.⁷¹ With these observations as a foundation, clinical interventions to restore favorable microbiota are underway.

Several clinical studies, mostly in patients with metastatic melanoma, are underway evaluating the potential for FMT to enhance immune checkpoint blockade therapy (Table 1). Trials are also underway in prostate and gastrointestinal cancer and in mesothelioma.

A general strategy in these clinical protocols is to identify candidate fecal donors among patients who had experienced a complete response to anti–PD-1, and who have stool samples and a microbial composition that pass defined quality control testing. Preliminary readouts from these trials have been described, and although the studies are early and with small sample sizes, the preliminary data are provocative. Early data from a trial at the University of Pittsburgh evaluating FMT in combination with pembrolizumab in melanoma patients refractory to anti–PD-1 treatment reported stable disease or tumor regression in 2 of 3 patients [\(ClinicalTrials.gov](http://ClinicalTrials.gov), number [NCT 03341143\)](https://clinicaltrials.gov/ct2/show/NCT03341143).¹⁰³ Another melanoma trial out of Sheba Medical Center in Israel, evaluating FMT from responder patients followed by anti–PD-1 treatment in patients already resistant to PD-1 inhibitor therapy, reported disease regression in 1 patient at the time of first scan, but progression on follow-up monitoring. A second patient had a marked decrease in disease burden (45%), with continued survival after 8 months. Tumor biopsies from these patients revealed an increase in immune cell infiltrate, commensurate with a change in their gut microbiome reflected by repeat bacterial sequencing ([ClinicalTrials.gov,](http://ClinicalTrials.gov) number [NCT03353402\)](https://clinicaltrials.gov/ct2/show/NCT03353402).¹⁰⁴

Although early results from FMT-treated patients receiving immunotherapy have shown promise, investigators need to be cautious when using FMT. Pathogenic bacteria, parasites, bacteriophage, and multidrug-resistant bacteria can be unwittingly transferred within the fecal material. Two patients receiving FMT outside of these studies, one for hepatic encephalopathy and the other for myelodysplastic syndrome, were reported to develop severe bacterial infections and died as a consequence of their treatment.¹⁰⁵ This observation led to a safety bulletin issued by the US Food and Drug Administration warning of the risk of infections from FMT therapy.106 Future protocols using FMT would ideally disqualify donors harboring these pathogenic organisms. A recent study evaluating the stool of candidate FMT donors to determine their fitness for clinical use by several criteria, including detection of pathogens and antibiotic-resistant bacteria, suggest that only 3% of donors would pass such quality control assessments.¹⁰⁷ An additional concern with FMT involves identification of which patients fail anti–PD-1 therapy specifically because of microbiota defects. Primary resistance to anti–PD-1 can be impacted not only by the composition of the gut microbiota, but also by the involvement of tumor cell–intrinsic oncogenic events that mediate immune cell exclusion and also by germline polymorphisms in immune regulatory genes that impact the magnitude of the endogenous immune response.^{108–115} In addition, a given FMT donor might have the necessary microbial composition to correct a microbiota defect in one patient but not another patient. As the biochemical and cellular mechanisms by which the gut microbiota regulate host anti-tumor immunity become better defined, and as the identity of functionally relevant bacteria (both positive and negative) becomes better understood, the ideal selection of FMT donor for a given patient should become facilitated.

Bacterial Isolates and Consortia

Additional therapeutic efforts are centered on the administration of defined bacterial species that have been selected based on experimental evidence for augmenting anti-tumor immunity and immunotherapy efficacy preclinically. Focusing on defined bacteria has the potential to mitigate the concerns of transferring pathogens using whole FMT, and also can serve to deliver a consistent therapeutic product with less variability compared with

different donor gut microbiota. Based on preclinical evidence as well as clinical correlative data indicating that Bifidobacteria species have the potential to facilitate anti-tumor T cell responses and anti–PD-1 efficacy, a strain of Bifidobacterium animalis lactis has been developed for clinical testing (called EDP1503).¹¹⁶ When administered to mice, this strain acts at the level of the small intestine, does not have to colonize to have immune-potentiating activity, and induces a broad immune response that includes induction of inflammatory cytokines, T cell responses, and NK cell activation. Early data from a phase 1/2 study were recently reported in 29 patients with solid tumors, using a 2-week run-in of EDP1503 followed by combination treatment with pembrolizumab.116 A cohort of patients with triple negative breast cancer showed interesting preliminary results, with 2 responders seen among 6 evaluable patients, which is encouraging, given that response with single-agent anti–PD-1 therapy in this patient group ranges between 5% and 10%. Preliminary biomarker analysis after the 2-week course of EDP1503 revealed increases in CD8+ T cells, consistent with the expected immunologic mechanism of action. This and other clinical trials are continuing with this agent ([ClinicalTrials.gov,](http://ClinicalTrials.gov) numbers [NCT03775850](https://clinicaltrials.gov/ct2/show/NCT03775850) and [NCT03775850](https://clinicaltrials.gov/ct2/show/NCT03775850)).

In a separate clinical development, a combination of 7 Bacteroidales and 4 non-Bacteroidales strains from healthy individuals are being explored, which have been shown preclinically to increase the number of cytotoxic CD8⁺ T cells and to enhance the anti-PD1 response in mouse tumor models.117 Further analysis of these 11 strains showed a true consortium effect; the 7 Bacteroidales strains had no effect on enhancement of CD8+ T cell response and the 4 non-Bacteroidales did, however, the effect was much greater when the 11 strains were combined. These encouraging preclinical data have led to a clinical study with this specific bacterial consortium.¹¹⁸

Probiotics

Altering the microbiota using over-the-counter probiotics or empirically determined clinical probiotic candidates is another strategy that is being investigated in the context of tumor therapy using a combination of retrospective studies and prospective clinical trials. Preliminary data from retrospective analysis of melanoma patient's lifestyle surveys show over-the-counter probiotics negatively impact the response to immune checkpoint inhibitor therapy.119 A clinical trial evaluating an over-the-counter probiotic is underway in breast cancer—it remains to be seen whether the therapeutic effect of over-the-counter probiotics is dependent on tumor indication, as well as the makeup of the specific probiotic [\(ClinicalTrials.gov](http://ClinicalTrials.gov), number [NCT03358511](https://clinicaltrials.gov/ct2/show/NCT03358511)). In colorectal cancer, probiotics have been shown to modulate tumor microbiota, as well as alter the inflammatory cytokine profile found in tumors, and there are other trials underway evaluating specific probiotic mixtures in the setting of immunotherapy for melanoma and other solid indications.^{120,121}

Intratumoral Bacteria: The Microbiome of Other Tissues Could Modulate Local Tumor Progression Independent of the Gut Microbiome

The microbiome of other mucosal sites can also play a role in local tumor development independently of the gut microbiota. In a genetically engineered mouse model of inducible lung adenocarcinoma, conventional SPF mice developed higher lung tumor burden than

GF mice, and experimental evidence suggested that this effect was specifically driven by the local effect of the lung microbiota.122 The lung microbiome of tumor-bearing mice was characterized by a higher bacterial load, distinct taxonomic composition, and a lower diversity compared with non–tumor-bearing mice. Intratracheal administration of a bacterial consortium isolated from late-stage lung tumors accelerated tumor progression.¹²² Mechanistically, this effect was attributed to the expansion of tissue-resident $\gamma \delta$ T cells, which produced IL-17 and drove neutrophil recruitment. These lung $\gamma \delta$ T cells might also be able to directly increase tumor cell proliferation by secretion of IL-22 and amphiregulin, a ligand for the epidermal growth factor receptor.¹²²

Breast tissue, originally thought to be sterile, also harbors its own microbiota.53,54,123–125 A number of clinical studies have found that breast cancer biopsies have a distinct bacterial composition compared with healthy breast tissue, although there is no clear agreement on the bacterial taxa associated with breast cancer.54 Some bacteria within the breast microbiota, such as E coli and Staphylococcus epidermidis, have been hypothesized to contribute to breast cancer initiation in susceptible individuals by causing double-stranded DNA breaks in host cells, whereas others, such as *Fusobacterium* genus could contribute to tumor development by creating a chronic pro-inflammatory environment.^{33,126}

Additional studies have also suggested that bacteria are present in more types of tumor tissue than appreciated previously, where they can play a role in tumor progression and immunity. Analysis of whole-genome sequencing data from The Cancer Genome Atlas¹²⁷ revealed that microbial gene signatures in cancer tissues and in the blood of cancer patients were associated with various cancer types, including cancer tissues in body sites previously considered to be sterile.124 By using multiple methods for detection of bacteria, Nejman et al^{125} demonstrated the presence of bacteria within tumor cells and tumor-infiltrating immune cells in various cancer settings, including breast, bone, lung, ovary, brain, pancreas, and melanoma. Although the taxonomic composition of the tumor microbiome largely reflected that of adjacent normal tissues, there were instances of enrichment of total bacterial load and of certain taxa and bacterial metabolic pathways within the tumor tissues, suggesting that the tumor microenvironment could constitute a unique niche for their growth. Breast tumors had the most diverse microbiome and at least a fraction of the bacteria detected within breast tumors were viable and culturable.125 Interestingly, electron microscopy revealed that these intracellular bacteria were largely devoid of cell walls, 125 which is indicative of an L-form–like state.^{125,128} Various bacterial species are known to be able to switch to cell wall–free L-forms in certain conditions. This switch can render them resistant to antibiotics targeting cell wall synthesis and it has been suggested that inefficient clearance of pathogens in their L-form state could be the cause of recurring infections.¹²⁸ What the original source of these intratumoral bacteria is, and whether or which of them are involved in tumorigenesis, tumor progression, or response to therapy remains to be determined.

Conclusions

The commensal microbiota has a profound impact on the host immune system and is being recognized as one of the factors that can influence anti-tumor immunity and therapeutic

outcomes. Clinical efforts to augment the efficacy of cancer immunotherapy are based primarily on administration of microbial preparations with immunostimulatory properties (such as FMT, more defined bacterial consortia, or probiotic bacterial strains) and are still in their infancy. Deeper understanding of the mechanisms of microbiota-mediated immunomodulation and identification of precise immunostimulatory and immune-inhibiting bacterial strains or pathways could lead to increased precision in therapeutic approaches that could help avoid undesirable outcomes, such as the infection risk associated with FMT. In addition to administration of immunostimulatory microbial preparations or metabolites, it is conceivable that targeted depletion of immune-inhibiting bacteria could also augment immunotherapeutic outcomes. In a more personalized approach, better characterization of the recipient patient microbiota by sequencing, quantitative polymerase chain reaction, or functional screens could help select the optimal therapy. The commensal microbiota also impacts tumor development, which suggests that microbiota composition screens could identify individuals with high risk for developing cancer, and that microbiota modulation in these individuals could also have implications for cancer prevention. Toward this objective, recent studies have shown that commensal bacteria can be found in tissues that were previously considered to be sterile, and much remains to be understood about the sources of microbial colonization and the microbiota composition and function at these sites.

Funding

This work was supported by NIH grant R35 CA210098, a Team Science Award from the Melanoma Research Alliance, the American Cancer Society -Jules L. Plangere Jr. Family Foundation Professorship in Cancer Immunotherapy (T.F.G), University of Chicago Basic Medical Research Training in Oncology T32CA009566 (C.S.F.), and NIH Postdoctoral Fellowship Award F32CA236296 (V.M.).

Conflicts of interest

T.F.G. is an advisory board member for Roche-Genentech, Merck, Abbvie, Bayer, Aduro, and Fog Pharma. T.F.G. receives research support from Roche-Genentech, BMS, Merck, Incyte, Seattle Genetics, and Ono. T.F.G. is a shareholder/cofounder of Jounce Therapeutics. The University of Chicago holds a licensing arrangement with Evelo. T.F.G. and V.M. are inventors on U.S. patent US20160354416 A1 submitted by the University of Chicago that covers the use the microbiota to improve cancer immunotherapy.

Biographies

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Abbreviations used in this paper:

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Figure 1.

Local effects of the gut microbiota on tumor development. Gastric cancer: H pylori release virulence factors (eg, CagA, VacA) causing endoplasmic reticulum (ER) stress, autophagy, and oxidative stress in gastric epithelial cells, which collectively contribute to cancer development. RNS, reactive nitrogen species; ROS, reactive oxygen species. Colorectal cancer: F nucleatum contributes to tumor development and progression via several mechanisms. The virulence factor FadA can signal through E-cadherin and lead to an increase in annexin A1 expression, activation Wnt/β-catenin signaling, and up-regulation oncogenes c-Myc and cyclin D1. Signaling through TLR4 activates of NF-κB and upregulation of microRNA-21 (miRNA-21), which also has oncogene functions. Signaling through TLR4 also induces MyD88-driven autophagy in cancer cells, thus aiding in chemoresistance. The outer membrane protein Fap2 binds to inhibitory TIGIT receptor on tumor-infiltrating NK cells and T cells, thus aiding in cancer immune evasion. Other gut bacteria, such as B fragilis, Campylobacter, and Proteobacteria, have also been associated with the development of CRC. Liver cancer: Gut bacterial metabolites (eg, secondary BAs) and microbe-associated molecular patterns, e.g., LTA and LPS) enter the liver via the hepatic portal vein and exert diverse effects on various cells in the liver that collectively contribute to cancer development and immune evasion. LPS-driven TLR4 signaling up-regulates the hepatomitogen epiregulin in hepatic stellate cells (HSCs), which can contribute to cancer

development. Enrichment of *Clostridium* can result in accumulation of LTA and of the secondary BA deoxycholine, which collectively signal via TLR2 and up-regulate COX2, causing increase in prostaglandin E_2 (PGE₂), which in turn inhibits tumor cell killing by infiltrating CD8+ T cells, thus contributing to cancer immune evasion. Secondary BAs can also inhibit secretion of CXCL16 by liver sinusoidal endothelial cells (LSECs) required for recruitment of NKT cells, thus further contributing to cancer immune evasion. Pancreatic cancer: Gut bacteria found in pancreatic tumors, such as *Bacillus clausii*, Sachharopolyspora, Streptomyces, and Pseudoxanthomonas, are associated with improved antitumor immunity in pancreatic cancer, and Gammaproteobacteria contribute to resistance to gemcitabine chemotherapy by metabolizing the active form of the drug. The route of translocation from the gut to the pancreas is likely via the pancreatic duct, which opens into the duodenum. MDSC, myeloid-derived suppressor cells.

Figure 2.

Systemic effects of the gut microbiota on antitumor immunity and immunotherapy. The gut microbiota could modulate immunotherapy outcomes by stimulating or inhibiting antitumor immunity. The messengers that could carry signals from the gut and/or gut-associated lymphoid tissues (GALT) to a distant tumor site include (1) bacterial metabolites that enter the circulation and regulate gene expression in various cells; (2) microbe-associated molecular patterns (MAMPs), which can modulate innate immunity by signaling through pattern recognition receptors, such as TLRs; (3) whole viable bacteria could potentially translocate and affect immune responses or drug activity in distant tumor tissues; (4) immune cells conditioned by sensing microbiota signals in the GALT could migrate and carry out immune-stimulatory or -inhibitory functions in distant tumors; and (5) cytokines could be released in the GALT in response to microbial stimuli and potentially enter the circulation and modulate downstream immune functions systemically. APC, antigen presenting cell; MDSC, myeloid-derived suppressor cell; MLN, mesenteric lymph node.

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Table 1.

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Gastroenterology. Author manuscript; available in PMC 2021 September 01.

COVID-19, coronavirus 2019; NSCLC, non-small cell lung cancer; UPMC, University of Pittsburgh Medical Center; VA, Veterans Affair. COVID-19, coronavirus 2019; NSCLC, non–small cell lung cancer; UPMC, University of Pittsburgh Medical Center; VA, Veterans Affair.