



Case Report

Calvarial doughnut lesions with bone fragility in a French-Canadian family; case report and review of the literature

Shuaa Basalom^a, Mélissa Fiscoletti^b, Valancy Miranda^c, Céline Huber^d, Guillaume Couture^e, Régen Drouin^f, Élise Monceau^b, Sandrine Wavrant^g, Johanne Dubé^g, Outi Mäkitie^h, Valérie Cormier-Daire^{i,*}, Philippe M. Campeau^{c,*}

^a Division of Medical Genetics, Department of Specialized Medicine, McGill University Health Center, Montreal, QC H4A 3J1, Canada

^b Department of Pediatrics, CHU Sainte-Justine, Montreal, QC H3T 1C5, Canada

^c Medical Genetics Division, Department of Pediatrics, CHU Sainte-Justine, Montreal, QC H3T 1C5, Canada

^d Department of Medical Genetics, INSERM UMR 1163, Paris Descartes-Sorbonne Paris Cité University, IMAGINE Institute, Necker Enfants Malades Hospital, Paris, France

^e Centre de rhumatologie, CHU Purpan, 31300 Toulouse, France

^f Division of Medical Genetics, Department of Pediatrics, CHU de Québec – ULaval, Faculty of Medicine, Université Laval, Québec City, Canada

^g Department of Obstetrics and Gynecology, CHU Sainte-Justine, Montreal, QC H3T 1C5, Canada

^h Children's Hospital and Pediatric Research Center, University of Helsinki and Helsinki University Hospital, FI-00014 Helsinki, Finland

ⁱ Centre de référence MOC, hôpital Necker, 75015 Paris, France



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ABSTRACT

Calvarial Doughnut Lesions with Bone Fragility (CDL) is an autosomal dominant genetic disease, characterized by low bone mineral density, multiple fractures starting in childhood, and sclerotic doughnut-shaped lesions in the cranial bones. Aubé and colleagues described in 1988 a French-Canadian family of 12 affected members who had a clinical diagnosis of doughnut lesions of the skull, with pathological fractures, osteopenia, “bone in bone” in the vertebral bodies and squaring of metatarsal and metacarpal bones. Herein we study new members of this family. Sequential genetic testing identified a nonsense variant c.148C>T, p. Arg50* in *SGMS2* previously reported in other families. *SGMS2* encodes Sphingomyelin Synthase 2, which produces Sphingomyelin (SM), a major lipid component of the plasma membrane that plays a role in bone mineralization. The nonsense variant is associated with milder phenotype. The proband presents with bone in bone vertebral appearance that had been defined uniquely in the first cases described in the same family. The proband's son was identified to carry the same variant, which makes him the sixth generation with the diagnosis of CDL. We also report that the same pathogenic variant was identified in another previously described family, from France. These reports further confirm the genetic basis of CDL, the recurrence of the same variant (p.Arg50*) in individuals of the same ancestry, and the variable penetrance of some of the clinical findings.

1. Introduction

Calvarial Doughnut Lesions with Bone Fragility (CDL) (MIM 126550) is an autosomal dominant genetic disease, characterized by low bone mineral density, multiple fractures since childhood, and sclerotic doughnut-shaped lesions in the cranial bones. The Calvarial “Doughnut lesions” were first described in 1969 by Keats and Holt; two radiologist who described innocent and distinctive ring-like lesions of the calvarium

in a cohort of about 24 patients (Keats and Holt, 1969). This entity has been better understood in the literature with many published case reports and case series (Bartlett and Kishore, 1976; Nishimura et al., 1996). The clinical spectrum was expanded to include: low bone density, multiple fractures, “bone in bone appearance” of vertebrae, squaring of the metatarsal and metacarpal bones, abnormal and thin bone trabeculae and other clinical and radiological findings (Bartlett and Kishore, 1976; Nishimura et al., 1996; Colavita et al., 1984). Aubé and colleagues

* Corresponding authors.

E-mail addresses: Shuaa.basalom@mail.mcgill.ca (S. Basalom), melissa.fiscoletti@umontreal.ca (M. Fiscoletti), valancy.miranda.hsj@ssss.gouv.qc.ca (V. Miranda), celine.huber@inserm.fr (C. Huber), couture.g@chu-toulouse.fr (G. Couture), regen.drouin.1@ulaval.ca (R. Drouin), johanne.dube.hsj@ssss.gouv.qc.ca (J. Dubé), outi.makitie@helsinki.fi (O. Mäkitie), valerie.cormier-daire@inserm.fr (V. Cormier-Daire), p.campeau@umontreal.ca (P.M. Campeau).

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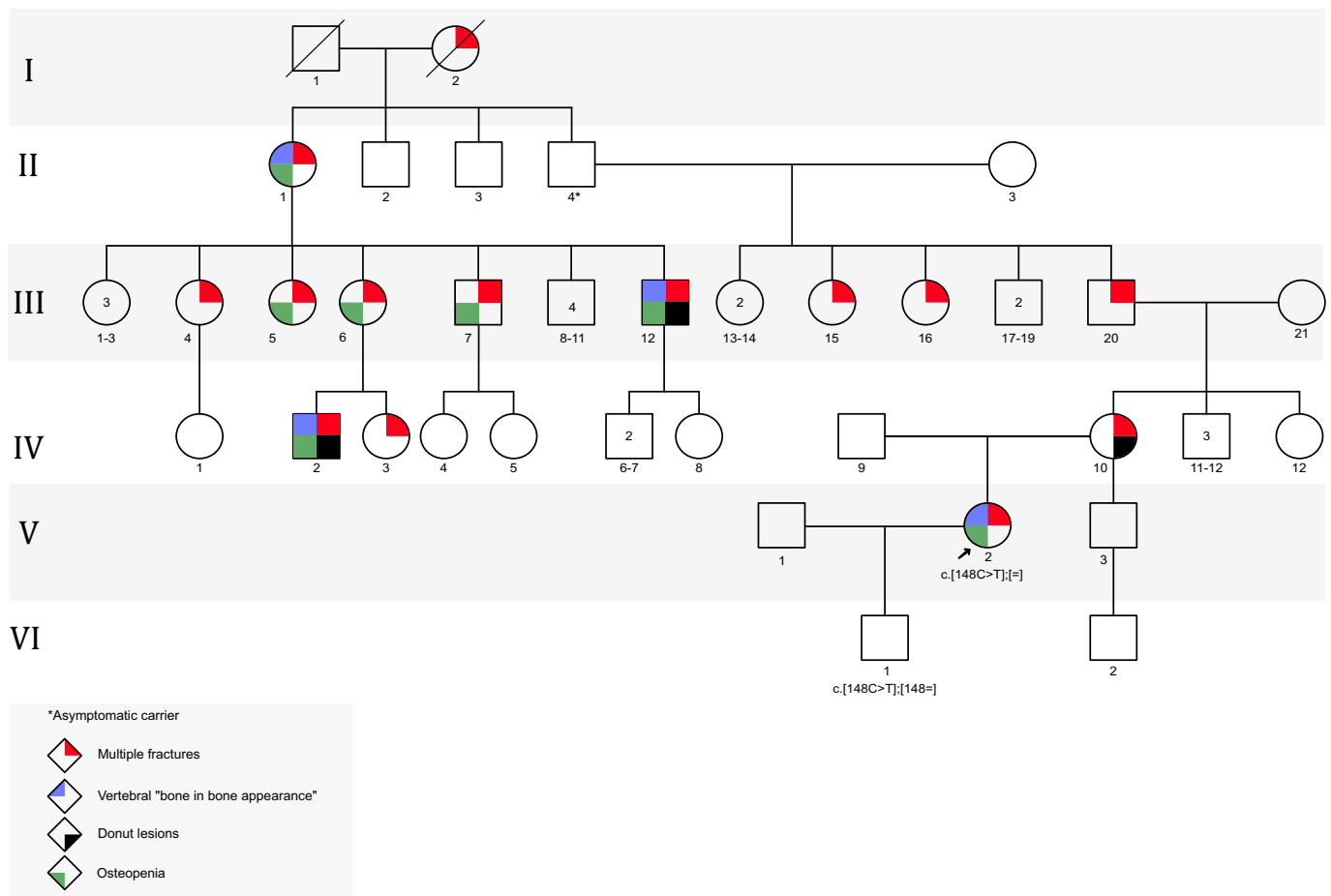


Fig. 1. Pedigree of family.

described in 1988 a French-Canadian family of 12 members spanning 4 generations (see Fig. 1) who had a clinical diagnosis of doughnut lesions of the skull, with pathological fractures, osteopenia, “bone in bone” appearance in the vertebral bodies and squaring of metatarsal and metacarpal bones (Aube et al., 1988). This has remained a clinical diagnosis until 2019, when Pekkinen and colleagues identified *SGMS2* as a causative gene for Calvarial Doughnut Lesions with Bone Fragility (Pekkinen et al., 2019). The *SGMS2* encodes Sphingomyelin Synthase 2, which produces Sphingomyelin (SM) a major lipid component of the plasma membrane (Sphingomyelin synthase 2; *SGMS2*, 2019). Herein we describe a French-Canadian family of three generations with CDL. The clinical features demonstrate variable expressivity among the family members and collectively included; low bone mineral density, recurrent fractures, calvarial doughnut lesions, and vertebral “bone in bone” appearance. Interestingly they belong to the same family that was first described by Aubé in 1988.

2. Case reports

2.1. The proband

The proband (V-2 in the pedigree) is the only child to a non-consanguineous French-Canadian couple. She has a half-brother from the maternal side who has a history of Bell's palsy at the age 35 years but no history of bone disease. There is a strong family history of calvarial bone lesions and bone fragility in the maternal side of the family (see pedigree-fig. 11q).

The proband was born term after uncomplicated pregnancy. The birth weight was 3400 g. The childhood past medical history is

remarkable only for milk intolerance. She had normal developmental history. At the age of 8 years and 4 months she underwent a clinical evaluation by pediatric endocrinologist for a history of recurrent fractures. She sustained multiple peripheral fractures starting at the age of 3 years, all fractures happened after low trauma. The physical exam showed normal height (120.5 cm; 10th percentile) and weight (2300 g; 25th percentile), she did not have blue sclera, and she had normal dentition. The spine and limbs were unremarkable. The working diagnosis was osteogenesis imperfecta type I. Bone mineral density of the lumbar spine was measured (Z-score: -2.98). She was prescribed vitamin D supplementation and started Pamidronate treatment (Aredia) until the age of 14 years, when she was switched to Alendronate (Fosamax) for 4–5 months. She went medication free from the age of 15–20 years. Since the age of 20 years, she received multiple types osteoporosis treatment including; Teriparatide (Forteo), Denosumab (Prolia) and Risedronate (Actonel). By the age of 29 years, she has sustained a total of about 40 fractures. Her adult height is 157.5 cm (16th percentile). When she presented for genetic counselling, she was offered four sequential genetic testing panels before identifying the right molecular diagnosis.

2.2. The proband's son

The proband son (VI-1 in the pedigree) was born at 36 + 1 weeks of gestation by vaginal delivery. The birth weight was 2580 g, the length was 46.5 cm and the head circumference was 32.8 cm. The Apgar scores were 8, 9 and 9 at 1, 5 and 10 min respectively. The clinical evaluation by a geneticist at three months of age revealed no history of fractures and no features of OI; physical examination was normal. The length (57

cm; 15-50th percentile), weight (4670 g; 15th percentile) and head circumference (39 cm; 50th percentile) were normal. He had a skeletal survey and DXA scan.

2.3. The proband's mother

The mother of the proband (IV-10 in the pedigree) is known to have osteoporosis and a total of about 19–30 fractures since the age of 4 months. Her height is 151 cm (2nd percentile, z-score of -2). She has a history of unilateral ocular paralysis. She had a skull x-ray.

3. Materials and methods

The clinical information was collected from the patients' charts. Consent was obtained to publish medical information. All the genetic tests were performed after obtaining an informed consent.

3.1. Radiology

Dual-energy X-ray absorptiometry (DXA) was performed at the lumbar spine (L1-L4) for the proband and her infant, and at the femoral neck for the proband. We used Hologic QDR 4500 Densitometer Machine for the proband (Hologic Inc., Waltham, MA, USA) and GE Lunar Prodigy Densitometer Machine (General Electric, Boston, MA, USA) for the proband's infant.

3.2. Genetic testing

The following tests were done for the proband; A connective tissue disease panel of 43 genes as well as an OI and decreased bone density panel of 32 genes (Fulgent Genetics, Temple city, CA, USA) and a Dominant OI comprehensive panel of 7 genes (Connective Tissue Gene Test, Allentown, PA, USA) were performed using Next Generation Sequencing at a minimal coverage of 96% at $20\times$. Following these, a customized panel for *CREB3L1*, *MBTPS2*, *P4HB*, *PLS3*, *SEC24D*, and *TENT5A* (Prevention Genetics, WI, USA) was performed using next generation sequencing to cover the coding regions of the targeted genes plus 10 bases of non-coding DNA flanking each exon. The DNA was sequenced using Illumina's Reversible Dye Terminator (RDT) platform NovaSeq 6000 using 150 by 150 bp paired end reads (Illumina, San Diego, CA, USA). $>98\%$ of target bases are covered. At $>20\times$, and mean coverage of target bases $>120\times$. Finally, *SGMS2* was sequenced as a single gene (Fulgent Genetics, Temple city, CA, USA) using Next Generation Sequencing with coverage at 100% of coding bases at $>20\times$. The variant was identified following alignment to the human genome reference sequence (assembly GRCh37/hg19). A chromosomal microarray was performed using array comparative genomic hybridization (aCGH) (CHU Sainte-Justine) by PerkinElmer (CGX™- HD 4x180K) containing about 180,000 oligonucleotides. For testing the familial variant in the proband's son, Sanger sequencing was performed; DNA was amplified for the target region and sequenced bi-directionally using an ABI 3730XL instrument. The data was analysed against the reference gene sequence and the known variant position. The proband's mother declined genetic testing.

For the patient from France, exome sequencing was performed as follows: Exome capture was performed at the genomic platform of the IMAGINE Institute (Paris, France) with the SureSelect Human All Exon kit (Agilent Technologies). Agilent SureSelect Human All Exon (V6) libraries were prepared from 3 μ g of genomic DNA sheared with ultrasonicator (Covaris). Barcoded exome libraries were pooled and sequenced using a HiSeq2500 (Illumina), generating paired-end reads. After demultiplexing, sequences were mapped on the human genome reference (NCBI build 37, hg19 version). After demultiplexing, sequences were aligned to the reference human genome hg19 using the Burrows-Wheeler Aligner. The mean depth of coverage per sample was approximately $\sim 98\times$ with 97,8% of the targeted exonic bases covered

Table 1
Bone mineral density of the proband.

Age of proband		Lumbar spine (L1-L4)	Left neck of femur
8y4m ^a	Bone density	N/A	
	Z-score	-2.98	
13 y	Bone density	0.906 g/cm ²	1.019 g/cm ²
	Z-score	+0.27	N/A
14 y	Bone density	0.937 g/cm ²	1.065 g/cm ²
	Z-score	+ 0.01	+ 0.98
21 y	Bone density	1.151 g/cm ²	1.317 g/cm ²
	Z-score	+0.2	+3

^a Age of diagnosis and start of bisphosphonate treatment.

by at least by 15 independent reads and 97.1% covered by at least 30 independent reads. Downstream processing was carried out with the Genome Analysis Toolkit (GATK), SAMtools, and Picard, following documented best practices (<http://www.broadinstitute.org/gatk/guide/topic?name=best-practices>). Variants were annotated and filtered using an inhouse annotation software system (Polyweb, unpublished).

4. Results

4.1. Radiology

As a part of clinical follow up of the proband by endocrinology she had multiple bone mineral density (BMD) measured by Dual-energy X-ray absorptiometry (Table 1). The baseline BMD at the time of diagnosis at the age of 8 years and 4 showed low bone density at the lumbar spine area (L1-L4) with a Z-score of -3 . Her bone mineral density scores increased significantly at the age of 13 years (Z-score of +0.27) and has remained in the normal range (Z-score of +0.01) (see Table 1).

The BMD of the lumbar spine (L1-L4) of the proband's son measured at the age of 4 months showed a density of 0.194 g/cm², which is within the normal range for age (as per Salle et al.1992)(Salle et al., 1992). X-rays of the skulls of the proband, the proband's mother and the proband's son identified doughnut lesions only in the skull x-ray of the proband's mother. X-ray of the proband's spine at the age of 30 years revealed "bone in bone" appearance of the vertebral bodies (see Fig. 1). The skeletal survey for the proband's son revealed diffuse osteopenia with linear osteocondensation of the tibial proximal epiphyses (data not shown).

4.2. Genetic testing

All the sequential genetic testing panels did not identify any pathogenic variants than could explain the clinical findings. Eventually after the publication implicating *SGMS2* in a human disorder consistent with the diagnosis, she was offered *SGMS2* (NM_001136258) gene sequencing (Pekkinen et al., 2019). The test identified the previously described recurrent heterozygous stop gain pathogenic variant, namely c.148C>T, p. Arg50*. This variant is predicted to introduce a stop codon with subsequent nonsense mediated decay at the level of the mRNA leading to presumptive haploinsufficiency. The chromosomal microarray showed normal female results. The proband's son had the same variant that was identified in the proband.

For the patient from France; exome sequencing identified the missense variant c.148C>T, p. Arg50*in *SGMS2*.

Table 2
Clinical features of the patients described by Aube et al.

Aube et al.									
I – 1 (Aube's pedigree)	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(I-2) (Basalom's pedigree)									
II-2	FC	N/A	N/A	Multiple fractures	No	Yes	Frontal hyperostosis	Osteopenia	N/A
(II-1)									
III-4	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(III-4)									
III-6	FC	N/A	N/A	Femur fracture	No	N/A	N/A	Osteopenia	N/A
(III-5)									
III-7	FC	42 years	Normal	Multiple fractures	No	N/A	N/A	Osteopenia	N/A
(III-6)									
III-9	FC	N/A	N/A	Femur fracture	No	N/A	N/A	Osteopenia	N/A
(III-7)									
III-15	FC	N/A	N/A	Femur fracture	No	Yes	Doughnut lesions	Osteopenia	N/A
(III-12)									
III-20	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(III-16)									
III-24	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(III-24)									
IV-2	FC	18 years	Normal	3 fractures	No	Yes	Doughnut lesions	Osteopenia	N/A
(IV-2)									
IV-4	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(IV-4)									
IV-9	FC	N/A	N/A	Multiple fractures	N/A	N/A	N/A	N/A	N/A
(IV-9)									

FC, French Canadian; N/A, not available.

5. Discussion

In this report we describe a French-Canadian family with CDL due to the recurrent stop variant in *SGMS2*; they belong to the same family that was described by Aubé and colleagues in 1988 (see Table 2). This diagnosis spans 6 generations of the family (Aube et al., 1988). At the moment, we haven't traced the French region of origin of this family's ancestors, but this could eventually be done with the BALSAC database (Nelson et al., 2018).

Both the proband (V-2) and her mother (IV-10) present with major bone fragility that is represented by low bone density and recurrent fractures. The proband (V-2) has a significant number of recurrent fractures that is more recurrent than the reported cases, this might be attributed to variable expressivity or to the influence of an active lifestyle. The osteopenia presents in the proband and her mother and it is a major symptom that presents in most of the reported cases (Jaakkola et al., 2009). Some of the other reported clinical features included migraines and facial nerve palsies; it is unclear if these symptoms are related to the skull findings or not.

Fortunately, the early diagnosis in the proband (V-2) with bone fragility at a young age and the start of bisphosphonate treatment significantly improved her bone density. Although vertebral compression fracture is a common feature in all previously reported cases, by the time the proband (V-2) presented to medical genetics, the spine x-ray did not show vertebral fractures, this could be due to real absence of vertebral fractures or most likely reshaping of the vertebrae after treatment. Even with the bisphosphonate treatment, the proband still developed multiple long bones fractures, our clinical experience, and the literature of bone fragility disorders, mainly osteogenesis imperfecta, favours giving the treatment. Mainly owing to its effect on bone mineral density, on reshaping of the vertebrae and outcomes of increased height. These clinical outcomes been proven by multiple studies including case controls studies with untreated patients (Palomo et al., 2015).

Interestingly, the vertebral bodies show the 'bone in bone' sign that was described by Aubé 32 years ago in the same French-Canadian family. The 'bone in bone' is a radiological sign that represents a thin vertebral body cortex and fine lines parallel to the cortex (Aube et al., 1988) (see Fig. 2-a). This feature has not been reported in any other cases in the literature including the 13 reported patients with the same nonsense variant in *SGMS2* (Pekkinen et al., 2019; Robinson et al.,

2020), which makes it a unique feature in this French-Canadian family. The proband's son was diagnosed based on the family history and by the time of our clinical evaluation at three months of age, he did not have any of the clinical features of CDL.

Despite the fact that the proband (V-2) had a clinical diagnosis in childhood and received the appropriate treatment and clinical follow up, it took many years and many rounds of genetic testing to identify the right gene through serial genetic panels testing, partly since whole exome sequencing is not covered by the health care system in our institution and that the responsible gene was only recently identified. Pathogenic variants in *SGMS2* were identified by Pekkinen (Pekkinen et al., 2019) and colleagues in 2019 by performing whole exome sequencing in six families with rare skeletal phenotypes and osteoporosis. 10 members of four families had the same nonsense variant in *SGMS2* like our French-Canadian family. Interestingly, the patients with the nonsense variant (p.Arg50*) in the Pekkinen study and our family have a milder phenotype than the other previously reported patients who have missense variants in *SMGS2* (Pekkinen et al., 2019). The other reported cases in the literature with confirmed genetic diagnoses of the recurrent nonsense variant are two unrelated probands who presented childhood osteoporosis and calvarial doughnut lesions. Interestingly, one of the proband's parent had a positive genetic test in the absence of any clinical features, a phenomenon known as incomplete penetrance; this also presented in a member of our family (II-4) where the individual had no symptoms, but he transmitted the condition to his offspring.

We also report here that a patient previously reported by Couture et al., with a similar presentation of bone fragility and calvarial doughnut lesions with no reported "bone in bone" vertebral appearance and no neurological symptom, was recently found to have the same *SGMS2* variant (Couture et al., 2020). (see Table 3).

Huitema and colleagues identified a novel family of integral membrane proteins that exhibit all the enzymatic activities previously known to animal sphingomyelin synthase. Humans have two different types of sphingomyelin synthase (SMS); SMS1 which is localized in the Golgi, and SMS2 also known as *SGMS2* which resides in the plasma membrane (Huitema et al., 2004). *SGMS2* synthesizes Sphingomyelin (SM) from ceramide and phosphatidylcholine, forming diacylglycerol as a by-product (Taniguchi and Okazaki, 2014). Sphingomyelin is a major lipid component of plasma membrane. *SGMS2* is cleaved by sphingomyelin phosphodiesterase 3 (SMPD3) to generate ceramide and

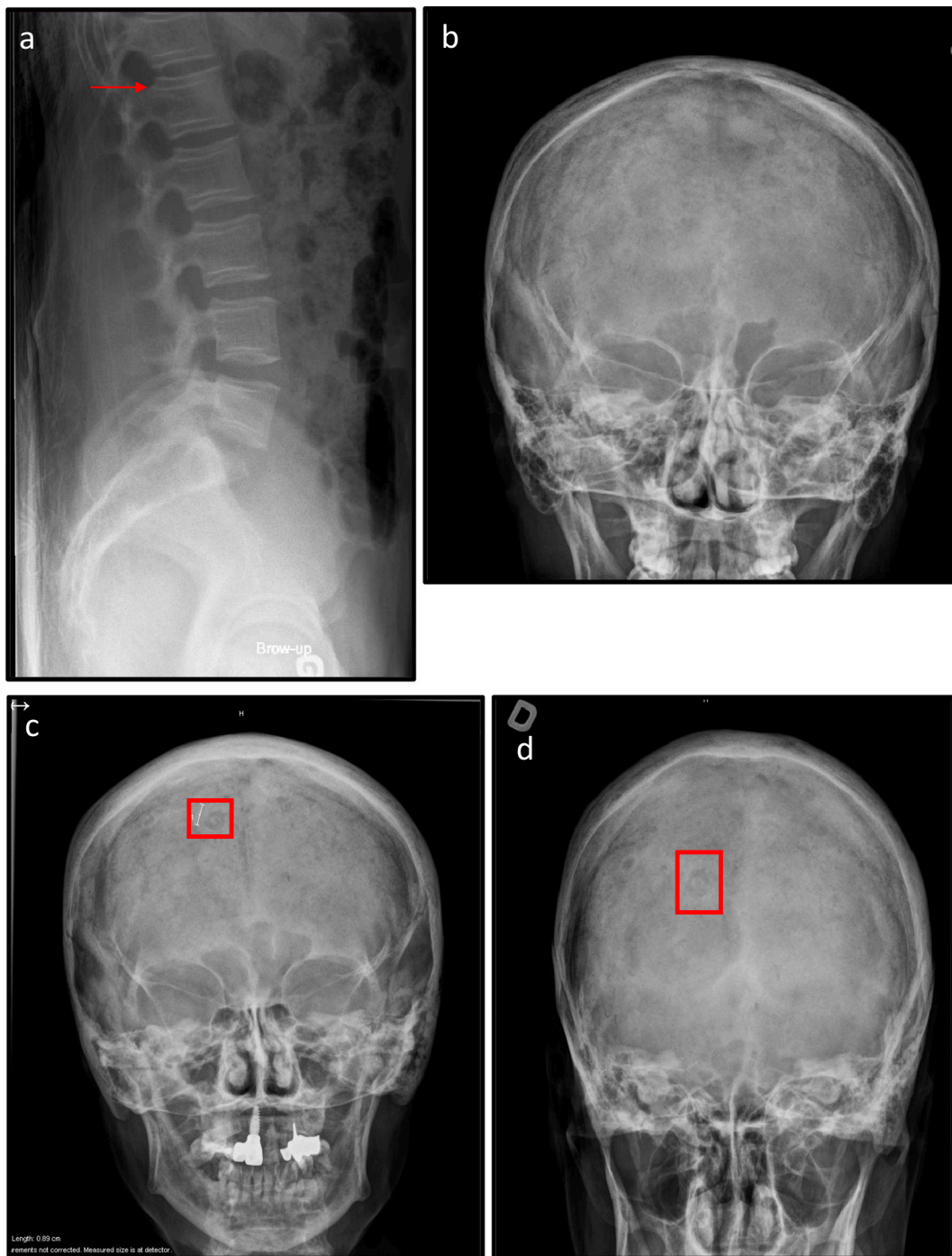


Fig. 2. a: Lateral view x-ray of the lumbar spine of the proband showing the vertebral bone in bone appearance.
 b: AP skull X-ray of the proband, normal.
 c: AP skull X-ray of the proband's mother showing the doughnut lesions.
 d: PA skull X-ray of the proband's mother showing the doughnut lesions.

phosphocholine, which provides continuous supply of phosphocholine required for normal bone mineralization (Pekkinen et al., 2019). The SGMS2 protein is composed of 366-amino acid protein contains 5 membrane-spanning alpha helices connected by hydrophilic extramembrane loops in addition to 4 highly conserved motifs, designated D1 to D4 (Sphingomyelin synthase 2; SGMS2, 2019). The nonsense variant c.148C>T, p.Arg50*, is predicted to produce a truncated protein that lacks entire membrane-spanning core domain, including the active sites. In cell studies of HeLa cells, heterologous expression of SGMS2, p.Arg50*, nonsense variant produces a protein that is completely

mislocalized in the cytosolic and nuclear compartment (Pekkinen et al., 2019). SMPD3 homozygous knockout mice are found to have severe bone deformities, fractures and abnormal bone mineralization (Aubin et al., 2005). The knockdown of SGMS2 expression in mice osteoblast suggests that SGMS2 regulates osteoclast differentiation by inducing receptor activator of nuclear factor κ B ligand (RANKL) (Yoshikawa et al., 2019). SGMS2 is expressed the highest in cortical bone, followed by vertebrae, kidney and liver in mouse tissue (Pekkinen et al., 2019). This is consistent in humans with the findings of thin and porous cortical bone which is more affected than the trabecular bone (Robinson et al.,

Table 3
Clinical features of all reported cases of CDL with the nonsense variant c.148C > T, p. Arg 50*.

	Ethnicity	Age	Height (SD)	Peripheral Fractures (n)	Vertebral fracture	Vertebral bone in bone	Skull finding	BMD Z-score (L1-L4)	Others
Present report									
Proband	FC	29 years	-1	~ 40	Not seen on x-ray	yes	None	-3 (at age 8 yrs., before treatment)	
Proband's Son	FC	3 months		0	No	No	None	-1	
Proband's mother	FC	63 years	-2.3	19	No	N/A	Doughnut lesions	N/A	Unilateral ocular palsies
Couture et al.		16 years	-1.5	>4	Yes	N/A	Doughnut lesions	-2 (at age 16, before treatment)	
Robinson et al.									
I-1	FC	22 years	154 cm -1.4	1	yes	No	N/A	-4 (at age 5, before treatment)	Migraines
I-2	French, Swedish, English & FC	12.2 years	156 cm +0.8	3	yes	No	Cobble stone appearance (at 6 years X-ray)	-3.1 (at age 8.7, before treatment)	Delayed loss of primary teeth, myopia
Father of I-2		N/A	N/A	0	No	No	N/A	N/A	myopia
Pekkinen et al.									
F1-1	Finnish	22 years	+0.4	6	yes		Few sclerotic lesions	-1.4 (at age 12 yrs., before treatment)	Migraine, transient facial nerve palsy, right hand tremor, dystonia
F1-2	Finnish	59 years	-0.1	>9	yes		Multiple sclerotic lesions	-1.9 (at age 48 before treatment)	Facial nerve palsies, depression
F1-3	Finnish	85 years (deceased)	N/A	>14	yes		Irregular diffuse thickening	N/A	Facial nerve palsies, depression, Alzheimer's disease, TIA, subdural hematoma
F2-1	Finnish	27 years	-1.1	9	yes		One sclerotic lesion	-3.4 (at age 15 yrs., before treatment)	Mild facial dysmorphism
F3-1	Caucasian (USA)	9 years	-2.7	0	yes		Normal	-5.3 (at age 5, no treatment)	Asymptomatic syringohydromyelia
F3-2	Caucasian (USA)	12 years	-2	1	yes		Few sclerotic lesions	-5.2 (at age 8 yrs)	
F3-3	Caucasian (USA)	4 years	-3.2	0	yes		Normal	-5.8 (at age 4, no treatment)	
F3-4	Caucasian (USA)	37 years	-1.6	2	yes		Normal	-3.8 (at age 34 yrs., no treatment)	
F3-5	Caucasian (USA)	60 years	-0.2	15	No		sclerotic lesions	N/A	Migraines, transient facial nerve palsies
F4-1	Northern European	6 years	-0.8	6	yes		Normal	-15.5 (at age 5 yrs., before treatment)	

SD, Standard deviation; FC, French Canadian; N/A, not available; TIA, transient ischemic attack; yrs., years.

2020).

6. Conclusion

In conclusion, we describe a French-Canadian family with the recurrent p.Arg50*, nonsense variant in *SGMS2*, the clinical diagnosis of CDL spans 6 generations and encompasses bone fragility, calvarial doughnut lesions and the unique findings of vertebral bone in bone appearance. These reports further confirm the genetic basis of CDL, the recurrence of the same variant (p.Arg50*) in individuals of the same ancestry, and the variable penetrance of some of the clinical findings. Although the genetic diagnosis is recent, the clinical diagnosis in this family makes it one of the first reported families in the literature.

Authors statement

Shuaa Basalom: writing – original draft preparation. Melissa

Fiscaletti: review and editing. Valancy Miranda: review and editing. Céline Huber: review and editing. Guillaume Couture: review and editing. Régen Drouin review and editing. Élise Marie Monceau: review and editing, Sandrine Wavrant; data curation. Johanne Dubé: review and editing. Outi Mäkitie: review, editing and supervision, Valérie Cormier-Daire: review, editing and supervision and Philippe Campeau: review, editing and supervision.

Declaration of competing interest

The authors declare no conflict of interest.

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