Commentary: Anderson-Fabry Disease: A Rare Cause of Levodopa-Responsive Early Onset Parkinsonism

Kailash P. Bhatia, MD, FRCP^{1,*} loana Cociasu, MD, PhD,² lo Chiara Sorbera, MD, PhD,³ Antonino Tuttolomondo, MD, PhD,⁴ Francesca Morgante, MD, PhD,^{2,5} lo and Jennifer Friedman, MD^{6,7,8}

This case had young onset parkinsonism beginning at age 45 mainly affecting the right side with foot dystonia and limb pain as an early and prominent feature.¹ There was a family history of renal disease in one sister, stroke like episodes and dementia in another sister, and ischemic cardiac disease in the father. Single-photon emission computed tomography of the dopamine transporter showed bilateral reduced uptake and there was a good levodopa response and later development non-motor fluctuations. Although a number of parkinsonian conditions particularly genetic forms of young onset parkinsonism are in the differential, the patient also showed signs of renal (microalbuminuria) and cardiac (left ventricular hypertrophy) dysfunction which further narrowed the differential to conditions such as mitochondrial disease and neuronal inclusion body disease (though brain MRI did not show characteristic white matter changes). Given the severity of pain and renal involvement, Anderson-Fabry was considered as the most likely diagnosis. This xlinked lysosomal storage disease is caused by absent or minimal enzymatic activity of α-galactosidase and usually affects males in whom its fully penetrant but has been described rarely also to affect women.² It is important to recognize this condition given the availability of treatment with enzyme replacement therapy (agalsidase alfa). The list of genetic parkinsonian conditions is increasing.² Involvement of nonneurologic organ systems in patient or family members may offer clues to diagnosis. Anderson-Fabry disease specifically must be kept in mind in anyone with young onset parkinsonism with renal dysfunction and a pain (related to small fiber neuropathy).



Video 1. Full video from the 2020 Video Challenge discussion of this case. Video content can be viewed at https://onlinelibrary.wiley.com/ doi/10.1002/mdc3.13297

Author Roles

Research Project: A. Conception, B. Organization,
C. Execution; (2) Statistical Analysis: A. Design, B. Execution,
C. Review and Critique; (3) Manuscript Preparation: A. Writing of the first draft, B. Review and Critique.

KPB: 3A IC: 3B CS: 3B AT: 3B FM: 3B JF: 3B

¹Department of Clinical and Movement Neurosciences, UCL Queen Square Institute of Neurology, London, United Kingdom; ²Neurosciences Research Centre, Molecular and Clinical Sciences Research Institute, St George's University of London, London, United Kingdom; ³Neurorehabilitation Unit, IRCCS Centro Neurolesi "Bonino Pulejo,", Messina, Italy; ⁴Department of Promoting Health, Maternal-Infant, Excellence and Internal and Specialized Medicine (ProMISE) G. D'Alessandro, University of Palermo, Palermo, Italy; ⁵Department of Experimental and Clinical Medicine, University of Messina, Messina, Italy; ⁶Department of Neurosciences and Pediatrics, UCSD, San Diego, California, USA; ⁷Division of Neurology, Rady Children's Hospital, San Diego, California, USA; ⁸Rady Children's Institute of Genomic Medicine, San Diego, California, USA

*Correspondence to: Prof. Kailash P. Bhatia, Department of Clinical and Movement Neurosciences, UCL Queen Square Institute of Neurology, London, UK; E-mail: k.bhatia@ucl.ac.uk

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