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## Modeling brain pathology of Niemann-Pick disease type C using patient-derived neurons

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### Abstract

**Background and Objectives:** Niemann-Pick disease type C (NPC) is a rare autosomal recessive lysosomal storage disease that is also associated with progressive neurodegeneration. NPC shares many pathological features with Alzheimer's disease including neurofibrillary tangles, axonal spheroids,  $\beta$ -amyloid deposition, and dystrophic neurites. Here, we examined if these pathological features could be detected in induced pluripotent stem cell (iPSC)-derived neurons from NPC patients.

**Methods:** Brain tissues from 8 NPC cases and 5 controls were analyzed for *histopathological and biochemical markers of pathology*. To model disease in culture, iPSCs from NPC patients and controls were differentiated into cortical neurons.

**Results:** We found hyperphosphorylated tau, altered processing of amyloid precursor protein and increased A $\beta$ 42 in NPC postmortem brains, and in iPSC-derived cortical neurons from NPC patients.

**Conclusion:** Our findings demonstrated that the main pathogenic phenotypes typically found in NPC brains were also observed in patient-derived neurons, providing a useful model for further mechanistic and therapeutic studies of NPC.

### Keywords

Niemann-Pick disease; iPSC; disease modeling; brain pathology

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#### Author Roles

D.K. was responsible for the overall direction of the project. L.F.B. was responsible for Figure 1E, and Figure 2.; J.M.D. for Figures 1A-D.; F.G. performed ELISA in Fig. 1E.; C.V. performed differentiation of iPSC-derived cortical neurons; E.H.B. performed immunohistochemical analysis of brain tissues. L.F.B. constructed the figures and analyzed the results. L.F.B. and D.K. wrote the manuscript.

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## Introduction

Niemann-Pick disease type C (NPC) is a rare autosomal-recessive storage disorder characterized by progressive neurological deterioration and premature death<sup>1</sup>. It is caused by mutations that lead to partial deficiency or complete loss of function of NPC1 (95% of NPC cases) or NPC2 (5%) that is believed to interact with NPC1<sup>2</sup>. Both NPC1 and NPC2 are lysosomal proteins that facilitate intracellular cholesterol trafficking<sup>3</sup>. Thus, one of the hallmarks of the disease is the intracellular accumulation of unesterified cholesterol and glycosphingolipids in many tissues including the brain. This is accompanied by gliosis and loss of neurons in selected brain regions triggering widespread neurological deficits such as ataxia, dystonia, seizures and dementia, with onset typically in childhood, but may also have late onset in adulthood<sup>4</sup>. Interestingly, although NPC differs in many aspects from Alzheimer's disease (AD), both diseases also share pathologic features<sup>5</sup>. NPC is one of the very few disorders in which hallmark pathologies of AD including neurofibrillary tangles (NFTs) develop in the absence of tau mutations. NFTs contain aberrantly hyperphosphorylated *tau as* paired helical filaments that contain a similar composition with equal ratio of isoforms found in AD (3R/4R)<sup>6</sup>. In addition, AD patients exhibit abnormal amyloid precursor protein (APP) metabolism, and have amyloid plaques composed of the APP metabolite, the amyloid  $\beta$ -protein (A $\beta$ )<sup>7</sup>. These pathological hallmarks of AD are also typical of NPC, especially in cases with a prolonged course of disease<sup>8</sup>.

Although much of our knowledge about NPC has been acquired using pharmacologically and genetically modified models, these systems do not accurately reproduce human pathology.<sup>9-12</sup> The analysis of disease-specific human neurons could significantly advance our understanding of how the pathologies develop and lead to neuronal dysfunction and death. Cell culture neuronal models of NPC patients have been previously developed,<sup>13-16</sup> but the hallmark pathologies found in NPC brains have not been reported in patient-derived neuronal models.

In this study, we investigated NPC cortical neurons generated through iPSCs from patients' somatic cells. We found pathological phenotypes, including tau and A $\beta$  pathology as well as altered APP processing, resembling patient brain pathology. We therefore propose that NPC patient-derived cortical neurons may serve a valuable model for studying mechanisms of NPC pathogenesis and may prove beneficial for development of novel therapies.

## Results

### Tau pathology, abnormal APP processing and A $\beta$ 42 accumulation in NPC patient brains

Cortical and cerebellar tissue samples from 8 NPC patients and 5 healthy controls were analyzed for histopathological and biochemical abnormalities using thioflavin-S, Hematoxylin and eosin (H and E) staining and tau immunostaining. NFTs' main constituent is hyperphosphorylated tau protein that can be visualized immunohistochemically using highly specific monoclonal antibodies such as RD3 (for 3R tau isoform), ET3 (for 4R tau isoform), and AT8 (for phospho-tau). Whereas in patients with prolonged disease course (4 subjects, age range 17–32) major pathological abnormalities, including NFTs (thioflavin-S

staining), tau pathology, ballooned neurons (H and E staining), and dystrophic neurites (Fig. 1A), were detected, those features were absent in cortices from younger subjects (4 subjects, age range 2–11) (Supplementary Table S1).

Reduced amounts of soluble tau were detected in NPC patient cortical tissue (Fig. 1B), but increased insoluble total tau (red signal, Fig. 1C) and phosphorylated tau (green signal, Fig. 1C) in 2 NPC cases with prolonged course of disease (arrows). Tau aggregation was not observed in the youngest NPC cases (asterisks, Fig. 1C). This heterogeneity, in particular when comparing older and younger NPC cases contributed to non-significant differences in ratios of phosphorylated and total tau. Among the fragments generated from APP processing, CTFs are of particular interest since they are direct precursors of A $\beta$  peptides<sup>17</sup>, a major constituent of senile plaques seen in AD and NPC. We detected increased ratios of CTFs over APP full-length protein in NPC cases compared to controls (Fig. 1D). CTFs are further cleaved generating various forms of A $\beta$  with different C-terminal lengths whereas the A $\beta$ 42 species is the most aggregation-prone and pathogenic species deposited in AD brains<sup>18</sup>. We therefore quantitatively analyzed A $\beta$ 40 and A $\beta$ 42 levels in soluble fractions of cortical tissue by ELISA and observed higher A $\beta$ 42/A $\beta$ 40 ratios in NPC compared to control samples (Fig. 1E).

### Modeling NPC brain pathology using iPSC-derived cortical neurons from NPC patients

iPSCs were generated from monozygotic twins with NPC (T1, T2), their maternal NPC carrier (P), and from unrelated control (Ctrl) (Supplementary Table 2). Skin fibroblasts, iPSC-derived hepatic and neural cells from these NPC patients, were characterized for reduced NPC1 protein, cholesterol accumulation, and autophagy defects elsewhere.<sup>16,19,20</sup> Here, we differentiated iPSCs into cortical glutamatergic neurons<sup>21</sup> (Supplementary Figure 1) and grew them in culture for 55 days. We found that neurons from NPC patients demonstrated lower levels of soluble tau protein (Fig. 2A) that inversely correlated with higher levels of insoluble phosphorylated tau (Fig. 2B). We further detected increased APP-CTF fragments in NPC neurons but not in neurons from the unaffected carrier or control (Fig. 2C). Using ELISA, we also found increased A $\beta$ 42/A $\beta$ 40 ratios in neurons from NPC patients (Fig. 2D). These results demonstrated that iPSC-derived cortical neurons from NPC patients faithfully recapitulate a majority of features of NPC pathology observed in patient brains (compare Fig. 1).

### Discussion

The ability to use iPSCs to model brain diseases is a powerful tool for unraveling mechanistic alterations<sup>22</sup>. Rodent models have advanced our understanding of brain pathology, but they do not always recapitulate the full spectrum of human neuropathology. For example, disease modeling using iPSCs has been most helpful in Parkinson's disease (PD) research, as currently available animal models do not fully recapitulate human pathology,<sup>23</sup> and recent work has highlighted some fundamental differences between human and rodent midbrain neurons that at least in part explain the preferential vulnerability of human dopaminergic neurons in PD.<sup>24</sup> Consistent with this notion and despite continued efforts, currently available NPC1 mouse models do not reflect the hallmark features of

the disease in their entirety.<sup>25-29</sup> The recent emergence of iPSC technology therefore offers an opportunity to study pathogenic phenotypes in a patient-specific manner with the endogenous expression of disease-linked mutations.

The clinical spectrum of NPC is heterogeneous and can vary depending on the age of onset and rate of clinical progression. For example, NFTs composed of aggregates of hyperphosphorylated tau have been most consistently reported in late-onset patients with a progressive chronic disease course but inconsistently in younger patients.<sup>8,30-32</sup> In line with these reports are our histopathological and immunocytochemical findings confirming NFTs and abnormal, phosphorylated tau only in older NPC cases (Figure 1C; Supplementary Table 1). However, a reduction of soluble tau protein was observed for all patients compared to controls (Figure 1B).

In this study, we generated a patient-derived neuronal model of NPC to examine whether iPSC-derived neurons from patients recapitulate typical features of NPC brain pathology. Previous studies reported lysosomal cholesterol accumulation, alterations in autophagic pathways and reduced viability in NPC neuronal models.<sup>13-16</sup> There is growing evidence that cholesterol accumulation contributes to the pathogenesis of AD by affecting APP processing and leading to increased amyloid plaque formation.<sup>33,34</sup> The link between cholesterol, altered APP processing and A $\beta$  has also been suggested in NPC,<sup>9-12</sup> yet the functional significance of A $\beta$  peptides in NPC pathology remains unclear.<sup>35</sup> However, these *in vitro* studies were mainly based on pharmacologically and genetically induced NPC cell models and may therefore not recapitulate the whole spectrum of disease mechanisms. Our results demonstrate that cortical neurons from NPC patients recapitulated a majority of typical features of patient brain pathology, i.e. hyperphosphorylated tau, altered processing of APP, and increased aggregation-prone A $\beta$ 42 peptide.

Whereas animals are indispensable to study pharmacokinetics and pharmacodynamics in drug trials, human neuronal cultures may serve as more appropriate models for testing neuroprotective compounds, in particular during the early development of therapeutic interventions. This has also been shown in a study that used iPSC-derived midbrain dopamine neurons to test the efficacy of small-molecule modulators as a potential therapeutic approach for treating multiple forms of PD.<sup>36</sup>

Although current treatment can alleviate some symptoms of NPC, there is an immediate need to identify neuroprotective therapies for this progressively debilitating neurodegenerative disorder. Patient-derived neuronal models therefore provide a useful platform for understanding the disease mechanisms underlying NPC pathophysiology and may be used for testing of novel therapies.

## MATERIALS AND METHODS

### Human post-mortem brain collection

Human tissue samples from 8 patients with clinical diagnosis of NPC (age range 2–32 years) and 5 controls (age range 6–80 years) were obtained from National Institute of Child Health and Human Development (NICHD).

## Human iPSC cultures and differentiation into cortical neurons

Skin fibroblasts from monozygotic twins (T1, T2) carrying a 1 bp deletion in exon 12 of the NPC1 gene (1920delG) and a missense mutation (IVS9-1009G>A), and one unaffected parent (P, heterozygous for 1920delG) were obtained from the NINDS Repository/Coriell Institute for Medical Research (T1, # GM22870; T2, #GM22871; P, #GM23151). Fibroblasts and a blood sample from an unrelated control were reprogrammed into iPSCs using Sendai Virus vectors and characterized for expression of pluripotency markers and genomic integrity as described previously.<sup>24</sup>

iPSCs were differentiated into cortical glutamatergic neurons using the NGN2 overexpression protocol<sup>21</sup> as previously described.<sup>37</sup>

## Sequential biochemical extraction

Sequential biochemical extraction of proteins from iPSC-derived neurons has been previously described.<sup>24</sup> Human brain extracts were prepared as described in Mc Donald et al.<sup>38</sup> to yield three biochemical fractions (TBS (soluble), TBS-TX (Triton-soluble) and FA (formic-acid soluble)).

## Antibodies

Primary antibodies used: tau (K9J8; Dako, Burlington, ON, Canada; cat. no. A002401-2, 1:1000), phospho-tau (AT8; Thermo Fisher Scientific, Cleveland, OH, USA; cat no. MN1020, 1:1000), APP (clone 22C11; Millipore, Burlington, MA, USA; cat. no. MAB348, 1:1000), vGlut1 (Synaptic Systems, Göttingen, Germany; cat. no. 135 303),  $\beta$ -III-tubulin (BioLegend, San Diego, CA, USA; cat. no. 801202, 1:5000) and Glyceraldehyde 3-phosphate dehydrogenase (Millipore, Burlington, MA, USA; cat. no. MAB374, 1:5000).

## ELISA

Brain tissue was homogenized in 1% Triton X-100 lysis buffer according to weight. A $\beta$ 40 ELISA (Invitrogen, Carlsbad, CA, USA; cat. no. KHB3481) and A $\beta$ 42 ELISA (Invitrogen, Carlsbad, CA, USA; cat. no. KHB3544) were done according to manufacturer's instructions.

## Immunohistochemistry procedure for paraffin-embedded brain tissue sections

Immunohistochemical analysis and microscopy was performed in standard fashion as previously reported.<sup>39,40</sup> Primary antibodies: RD3 antibody to 3R tau (Millipore, clone 8E6/C11, 05-803), ET3 antibody to 4R tau (from Dr. Peter Davies) and phosphorylated tau (AT8, Thermo Scientific, MN1020).

## Statistical Analysis

Student's *t*-test analysis and one-way analysis of variance followed by Tukey's post-hoc test were performed. *P*-values less than 0.05 were considered significant. All errors bars shown in the figures are standard error of the mean (SEM).

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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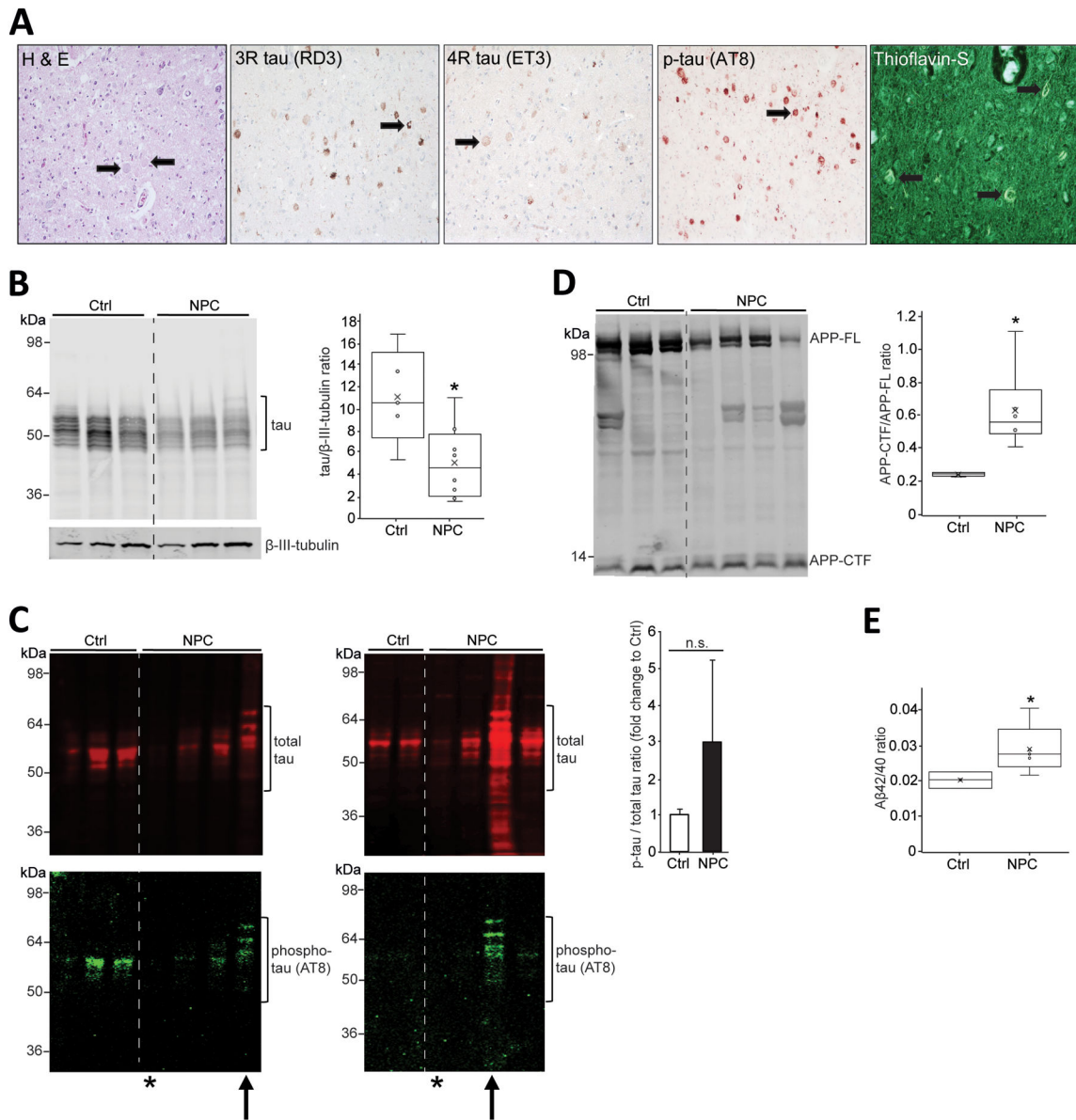
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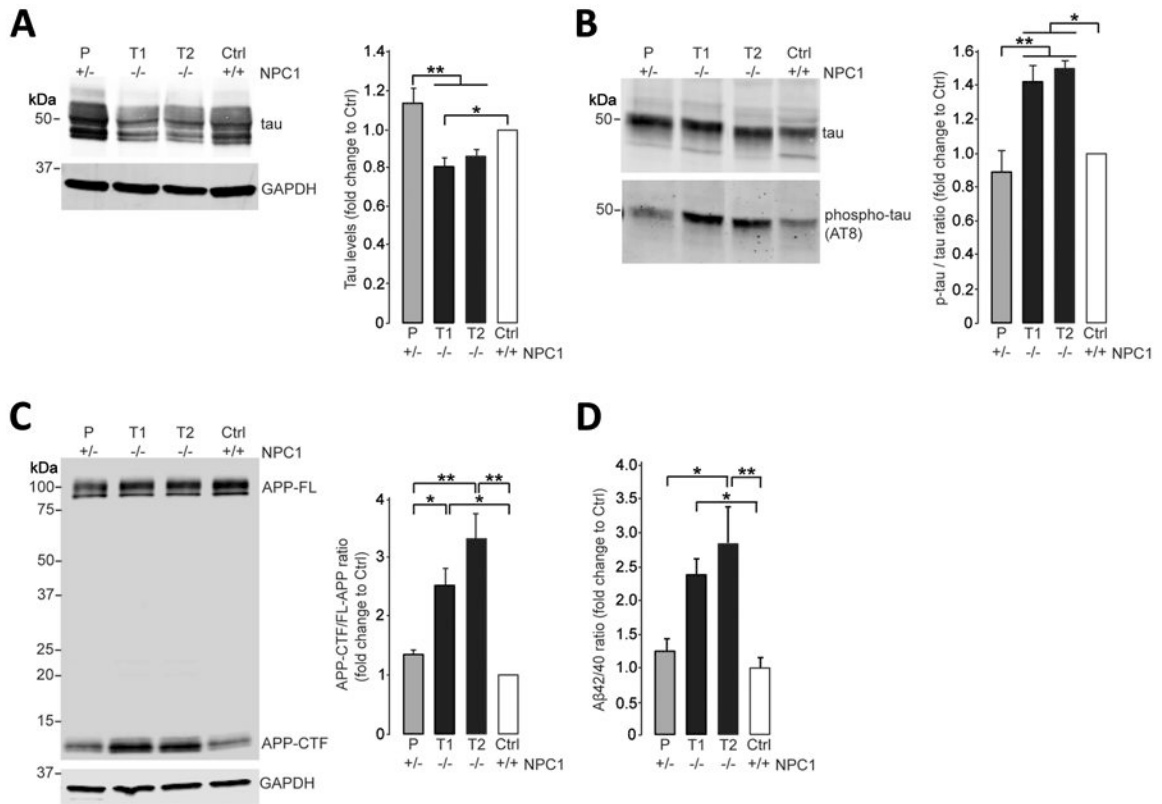




**Figure 1: Biochemical characterization of NPC (Niemann-Pick disease type C) pathology from human brain tissue.**

(A) Immunohistochemistry was conducted on sections of mid-frontal cortex of case 4237 (see Supplementary Table 1). Hematoxylin and eosin staining shows numerous ballooned neurons, magnification 200x. Thioflavin-S staining shows thioflavin-S positive tangles, magnification 400x. Tau pathology including dystrophic neurites was detected using anti-tau antibodies ET3 and RD3 as well as phospho-tau antibody AT8, magnification 200x. Arrows indicate histopathological abnormalities. (B) Representative Western blot showing Triton-soluble total tau in cortical brain tissue lysates from NPC patients (n = 3) and controls (n = 3). Statistical analysis represent n = 5 controls and n = 8 NPC patients. (C) Representative Western blots showing formic acid-soluble total tau (red) in cortical brain tissue lysates from controls (n = 5) and NPC patients (n = 8) (left: 3 controls, 4 NPC patients; right: 2 controls,

4 NPC patients) and corresponding phospho-tau (green). Arrows point to the most severe patients, 4237 (left) and M40002M (right). Asterisks mark the youngest patients, 4770 (left) and M4004M (right) (compare Supplementary Table S1). Equal volumes/tissue wet weight of each sample were loaded. Statistical analysis represent  $n = 5$  controls and  $n = 8$  NPC patients. **(D)** Representative Western blot showing Triton-soluble amyloid precursor protein (APP) in lysates of cerebellar tissue. APP-full length (APP-FL) protein and C-terminal fragments of APP (APP-CTF) protein are indicated. Statistical analysis represent  $n = 5$  controls and  $n = 6$  NPC patients. **(E)** A $\beta$ 42 and A $\beta$ 40 levels were quantified using enzyme-linked immunosorbent assay (ELISA) in Triton-soluble fractions from control ( $n=3$ ) and NPC ( $n=5$ ) cortical samples, and the A $\beta$ 42/40 ratio was determined. Error bars, mean  $\pm$  standard error of the mean. \* $P < 0.05$ , Student's  $t$  test; n.s., not significant.



**Figure 2: Cortical neurons from NPC (Niemann-Pick disease type C) patients recapitulate NPC brain pathology.**

(A) Immunoblot analysis of total tau in Triton-soluble lysates of iPSC-derived cortical neurons from NPC monozygotic twins (T1, T2), an unaffected parent (P) and a healthy control (Ctrl) at day 55 of differentiation. GAPDH was used as a loading control. Results are shown relative to the healthy control individual (N = 8 independent experiments).

(B) Immunoblot analysis of total tau and phospho-tau in Triton-insoluble lysates of iPSC-derived cortical neurons from NPC monozygotic twins (T1, T2), an unaffected parent (P), and a healthy control (Ctrl) at day 55 of differentiation. Results are shown relative to the healthy control (N = 3 independent experiments).

(C) Immunoblot analysis of APP (amyloid precursor protein)-full length (APP-FL) and C-terminal fragments (APP-CTF) in Triton-soluble lysates of iPSC-derived cortical neurons from NPC monozygotic twins (T1, T2), an unaffected parent (P), and a healthy control (Ctrl) at day 55 of differentiation. GAPDH was used as a loading control. Results are shown relative to the healthy control (N = 3 independent experiments).

(D) Aβ42 and Aβ40 levels were quantified by enzyme-linked immunosorbent assay in Triton-soluble lysates of iPSC-derived cortical neurons from NPC monozygotic twins (T1, T2), an unaffected parent (P), and a healthy control (Ctrl) at day 55 of differentiation (N = 4 independent experiments). Error bars, mean ± standard error of the mean. \**P* < 0.05 and \*\**P* < 0.01, one-way analysis of variance with Tukey's post hoc test.