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ORIGINAL ARTICLE

Chronic demodicosis in patients with immune dysregulation: An unexpected infectious manifestation of *Signal transducer and activator of transcription (STAT)1* **gain-of-function**

Oded Shamriz [1](https://orcid.org/0000-0003-3188-2707),2 | **Atar Lev3,4** | **Amos J Simon4,5** | **Ortal Barel5,6,7** | **Elisheva Javasky**^{5,6,7} | Sigal Matza-Porges^{8,9} | Adir Shaulov¹⁰ | Zev Davidovics¹¹ | **Ori Toker**¹² | Raz Somech^{3,4} | Abraham Zlotogorski¹³ | Vered Molho-Pessach¹³ | **Yuval Tal¹**

2 The Lautenberg Center for Immunology and Cancer Research, Institute of Medical Research Israel-Canada, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

³Pediatric Department A and Immunology Service, Jeffrey Modell Foundation Center, Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

4 Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

5 Sheba Cancer Research Center and Institute of Hematology, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel

6 The Genomic Unit, Sheba Cancer Research Center, Sheba Medical Center, Ramat Gan, Israel

⁷Sheba Medical Center, Wohl Institute of Translational Medicine, Ramat Gan, Israel

8 Department of Human Genetics, Institute for Medical Research the Hebrew University of Jerusalem,, Jerusalem, Israel

9 Department of Biotechnology, Hadassah Academic College, Jerusalem, Israel

¹⁰Department of Hematology, Hadassah Medical Organization, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

¹¹Gastroenterology Unit, Department of Pediatrics, Hadassah Medical Organization, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

¹²Allergy and Clinical Immunology Unit, Shaare Zedek Medical Center, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

¹³Pediatric Dermatology Service, Department of Dermatology, Hadassah Medical Organization, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

Correspondence

Oded Shamriz and Yuval Tal, Allergy and Clinical Immunology Unit, Department of Medicine, Hadassah Medical Organization, Faculty of Medicine, Hebrew University of Jerusalem, POB 12000, 91120, Jerusalem, Israel. Emails: [oded.shamriz@mail.huji.ac.il;](mailto:oded.shamriz@mail.huji.ac.il) Yuvalt@hadassah.org.il

Abstract

Signal transducer and activator of transcription (STAT)1 heterozygous gain-of-function (GOF) mutations are known to induce immune dysregulation and chronic mucocutaneous candidiasis (CMCC). Previous reports suggest an association between demodicosis and *STAT1* GOF. However, immune characterization of these patients is lacking. Here, we present a retrospective analysis of patients with immune dysregulation and *STAT1* GOF who presented with facial and ocular demodicosis. In-depth immune phenotyping and functional studies were used to characterize the patients. We identified five patients (three males) from two non-consanguineous Jewish families. The mean age at presentation was 11.11 (range $= 0.58 - 24$) years. Clinical presentation included CMCC, chronic demodicosis and immune dysregulation in all patients. Whole-exome and Sanger sequencing revealed a novel heterozygous c.1386C>A; p.S462R *STAT1* GOF mutation

Oded Shamriz and Atar Lev contributed equally and should be considered as first authors. Vered Molho-Pessach and Yuval Tal contributed equally and should be considered as last authors.

¹Allergy and Clinical Immunology Unit, Department of Medicine, Hadassah Medical Organization, Faculty of Medicine, Hebrew University of Jerusalem, Jerusalem, Israel

in four of the five patients. Immunophenotyping demonstrated increased phosphorylated signal transducer and activator of transcription in response to interferon- α stimuli in all patients. The patients also exhibited decreased T cell proliferation capacity and low counts of interleukin-17-producing T cells, as well as low forkhead box protein 3^+ regulatory T cells. Specific antibody deficiency was noted in one patient. Treatment for demodicosis included topical ivermectin and metronidazole. Demodicosis may indicate an underlying primary immune deficiency and can be found in patients with *STAT1* GOF. Thus, the management of patients with chronic demodicosis should include an immunogenetic evaluation.

KEYWORDS

demodex, demodicosis, gain-of-function, immune dysregulation, STAT-1

INTRODUCTION

Signal transducer and activator of transcription (STAT)1 gain-of-function (GOF) heterozygous mutations are known to induce immune dysregulation and increased susceptibility to infections [1]. Over-expression of phosphorylated signal transducer and activator of transcription (pSTAT)-1 results in exaggerated interferon (IFN)-γ reaction and eventually impaired T helper (Th) type 17 differentiation [2].

Various reports demonstrate a wide clinical spectrum consisting of chronic mucocutaneous candidiasis (CMCC), immune dysregulation, poly-autoimmunity such as autoimmune thyroiditis and cytopenia and increased susceptibility to viral, mycobacterial and bacterial infections. Infections vary in severity, ranging from mild infections to severe John Cunningham virus-induced progressive multi-focal leukoencephalopathy [1,3–7].

Demodex is a parasitic mite that affects humans and dogs. In humans, infections with *Demodex folliculorum* and *Demodex brevis* are reported to induce chronic blepharitis and facial eruptions in both immune-competent and immunedeficient patients [8]. The immune mechanism underlying demodicosis is not completely understood. Pathways induced by *Demodex* spp. involve activation of regulatory T cells (T_{reex}) , Th9 and cytotoxic T cells (CTL) via human leukocyte antigen (HLA) class I. Down-regulation of Toll-like receptor (TLR)-2 is also reported, suggesting that there are joint adaptive and innate immune responses against the mite [9].

Recent reports of patients with *STAT1* GOF mutations detailed a dermatological phenotype of chronic demodicosis [10–13]. However, in-depth immune characterization of these patients is lacking.

In this study, we present our experience with a cohort of five patients from two different pedigrees presenting with facial and ocular demodicosis. These patients were found to have *STAT1* GOF mutations and exhibited a complex phenotype consisting of immune dysregulation, CMCC and

demodicosis. We summarize our experience and review the corresponding literature.

MATERIALS AND METHODS

Patients

This is a retrospective analysis of patients with immune dysregulation who presented with infections with *Demodex* spp. Patients were treated from 2018 to 2020 at Hadassah-Hebrew University Medical Center, Jerusalem, Israel. All patients were diagnosed with *STAT1* GOF by genetic analysis and functional immune studies.

Immune phenotyping

Lymphocyte subpopulation analysis

Standard-of-care immune work-up was clinically guided and conducted at the Sheba Tel-Hashomer primary immune deficiency (PID) Laboratory, Ramat-Gan, Israel. For analysis of cell surface markers, whole blood in ethylenediamine tetraacetic acid (EDTA) was lysed using red blood cell lysis buffer (BD Pharm Lyse; BD Biosciences, San Jose, California, USA). Cell-surface staining was then conducted using antibodies against CD3, CD4, CD8, CD19 and CD56 (Beckman Coulter, Brea, California, USA). Measurement and analysis were performed using flow cytometry (NAVIOS; Beckman Coulter) and Kaluza software (Beckman Coulter).

Quantification of regulatory T cells

For the detection of forkhead box protein 3 (FoxP3), the cells were fixed/permeabilized using a FoxP3 staining buffer set, according to the manufacturer's protocol (Invitrogen, eBioscience, San Diego, California, USA). The antibodies used were CD4-VioBlue, CD25-antigen-presenting cells (APC) (both from Miltenyi Biotec, Auburn, California, USA) and FoxP3-fluorescein isothiocyanate (FITC) (Invitrogen, Carlsbad, California, USA).

Phosphorylated STAT-1 and IL-17 analyses

Peripheral blood mononuclear cells (PBMCs) from the patients and healthy controls were either left untreated or stimulated with interferon (IFN)- α (40 000 unit/ml; PBL Assay Science, Piscataway, New Jersey, USA) for 15 min at 37ºC. Cells were then fixed and permeabilized with PerFix-EXPOSE reagents (Beckman Coulter) according to the manufacturer's protocol and stained with anti-CD3-phycoerythrin-cyanin (PC7), anti-CD4-APC, anti-CD8-Pacific Blue, anti-CD45- Krome orange (all from Beckman Coulter) and anti-STAT-1-Alexa Fluor 488 (BD Biosciences) antibodies.

For the expression of interleukin (IL)-17, PBMCs from the patients and healthy controls were stimulated for 12 h with 40 ng/ml phorbol myristate acetate (PMA; Sigma, St Louis, Missouri, USA) and 10^{-5} M ionomycin (Sigma) in the presence of 1μg/mL GolgiPlug (BD Biosciences). Cells were then fixed and permeabilized with PerFix-nc reagents (Beckman Coulter) according to the manufacturer's protocol and stained with anti-CD3-PC7 and anti-IL-17-Pacific Blue antibodies (Beckman Coulter). The measurement and analysis were carried out using flow cytometry (NAVIOS; Beckman Coulter) and Kaluza software (Beckman Coulter).

T cell proliferation and TCR V-β repertoire

T cell proliferation was tested by standard $[^{3}H]$ -thymidine uptake assays (1 μ Ci/well) by culturing 10⁵ PBMCs with phytohemagglutinin (PHA = $5 \mu g/ml$; Sigma-Aldrich, St Louis, Missouri, USA) or plastic bound anti-CD3 (5 µg/mL OKT3; eBioscience, San Jose, California, USA) for 72 h. Sample radioactivity was measured using a liquid scintillation counter and the results were calculated as a percentage of normal controls. The analysis of T cell receptor (TCR) $V\beta$ expression was determined according to the manufacturer's manual (Beta Mark TCR Vβ Repertoire Kit; Beckman Coulter).

Genetic analysis

Whole-exome sequencing (WES) was performed on genomic DNA samples from patient (P)1. Coding regions were enriched using the Twist Human Core Exome Plus Kit (Twist Bioscience, San Francisco, California, USA) on a

NovaSeq 6000 sequencing machine (Illumina, San Diego, CA, USA). The Illumina Dragen Bio-IT Platform version 3.4.9 was used to align reads to the human reference genome (hg19) based on the Smith–Waterman algorithm [14], as well as to call variants based on the GATK variant caller version 3.7 [15]. Variant annotation was performed using KGG-Seq version 1.1 [16]. Further annotation and filtration steps were performed by in-house scripts using various additional data sets. The mutations found in *STAT1* were validated by dideoxy Sanger sequencing, and familial segregation using genomic DNA of the patients and their firstdegree relatives was confirmed. Data were evaluated using Sequencer version 5.0 software (Gene Codes Corporation). P5 genetic diagnosis was previously reported by Molho-Pessach *et al* [11].

RESULTS

Clinical characteristics of the patients

Clinical features of the patients are detailed in Table 1. The patient cohort includes five patients (three males and two females) from two non-consanguineous Jewish families. P5 was previously reported by Molho-Pessach *et al* [11]. The family pedigree of P1–P4 is presented in Figure 1a. The mean age at presentation was 11.11 (0.58–24) years.

Facial infections with *Demodex* spp. were noted in all patients on physical and dermoscopic examinations (Figure 1b,d, respectively). Chronic blepharitis was seen in P1 and P5 (Figure 1c). All patients had CMCC, including candida vulvovaginitis (P1 and P4) and severe esophageal candidiasis (P2). Nail dystrophy and onychomycosis were noted in P2 (Figure 1e). Other infectious manifestations consisted of urinary tract infections in three patients (P1, P3 and P4) and pleural infection with *Mycobacterium tuberculosis* in one (P5).

Four patients (P1–P4) had manifestations of immune dysregulation, including chronic colitis (P2), seborrheic dermatitis and atopic dermatitis (P1), autoimmune cytopenia (P1), Hashimoto's thyroiditis (P1) and recurrent aphthous stomatitis (P3, P4 and P5; Figure 1f).

P1 suffered from iron deficiency anemia and more than 1 year of intermittent epigastric pain with associated nausea and reflux. Her pain was exacerbated by eating. She had periods of intermittent diarrhea, with up to four loose stools daily, without blood or mucous. Work-up included celiac serology in the presence of normal immunoglobulin (Ig)A levels and stool for infectious organisms and stool calprotectin, which were normal. She underwent endoscopy and colonoscopy for further evaluation. Visually, the mucosa appeared normal throughout. The gastric mucosa, however, was extremely friable and minimal manipulation with the endoscope caused

FIGURE 1 Clinical characteristics of the patients. (a) Family pedigree of patients P1–P4. The family is non-consanguineous. An autosomal dominant heterozygous mutation is noted in the father and his three children. (b) Facial erythematous papules and pustules, consistent with demodicosis, as well as erythematous scaly patches characteristic of seborrheic dermatitis in P1. (c) Chronic blepharitis in P1. (d) Dermoscopic examination of the facial skin of P1 showing *Demodex* 'tails' (arrows) and *Demodex* follicular openings (stars), as well as non-specific scales. (e) Nail dystrophy and onychomycosis in P2. (f) Aphthous stomatitis in P3

diffuse gastric bleeding. Histology showed duodenal mucosa with disrupted villous architecture, marked active and chronic inflammation and cryptitis and gastric mucosa with erosions, severe chronic and active inflammation, cryptitis and disrupted glandular architecture. No infectious organisms or granulomas were present. Cytomegalovirus immunostaining was negative, as were silver and Ziehl–Neelsen staining.

P5 was recently found to have lymphadenopathy above and beneath the diaphragm with splenic involvement on positron emission tomography following presentation with constitutional symptoms. Pathology from the large retroperitoneal node demonstrated large atypical lymphoid cells, some of which have a prominent nucleolus. These stained strongly for CD20, paired box protein (PAX5) and multiple myeloma antigen 1 (MUM-1) and weakly for B cell lymphoma 6 (Bcl-6). He was diagnosed with stage III diffuse large B cell lymphoma (DLBCL), non-germinal center type.

Genetic work-up

An underlying primary immune deficiency (PID) in P1–4 was suspected due to the combined presentation of chronic demodicosis, CMCC and immune dysregulation. Indeed, WES analysis revealed a novel GOF mutation in *STAT1* (Figure 2a). A heterozygous missense mutation was noted in Chr2: 191848428 (Hg19), NM_007315.3, c.1386C>A; p.S462R. Serine 462 is evolutionarily conserved from man to frog (Figure 2b) and its substitution by arginine is rare and classified as probably pathogenic, based on the American College of Medical Genetics (ACMG) guidelines. P5 was previously reported to have a heterozygous *STAT1* GOF-inducing missense mutation (c.821G > A, R274Q) [11].

Immune analysis and confirmation of STAT-1 GOF

Following the genetic findings, an in-depth immune investigation was conducted. Absolute $CD4^+$ and $CD8^+$ T cell lymphopenia were noted in P1. T cell subset phenotyping yielded normal $CD4^+$ and $CD8^+$ populations in all other patients. Natural killer (NK) cell numbers were reduced in P2.

Decreased absolute B cell counts were seen in P1, P2 and P3. P1 also displayed an absence of specific antibody production to protein and polysaccharide vaccines, although the total IgG level was in the lower limit of the normal range. Anti-thyroid peroxidase (TPO) autoantibody levels were increased in two patients (P1 and P5), further supporting immune dysregulation.

FIGURE 2 Confirmation of *STAT1* gain-of-function (GOF) in the patient cohort. (a) Whole-exome sequencing analysis of patient 1 (P1) revealed a novel heterozygous *STAT1* GOF-causing missense mutation in Chr2: 191848428, NM_007315.3, c.1386C>A p.Ser462Arg, exons 17/25. (b) *STAT1* GOF mutation is seen at a conserved site. (c) Flow cytometry analysis of CD3+ T cells representing levels of phosphorylated signal transducer and activator of transcription (pSTAT-1) following interferon (IFN)-α stimulation. A significantly increased expression of pSTAT-1 in CD4⁺ T cells of the patients, compared to healthy controls (HC), is compatible with *STAT1* GOF ($p = 0.0008$). (d) Similar statistically significant over-expression of pSTAT-1 following IFN- α stimulation is noted when gating on CD8⁺ T cells ($p = 0.018$). (e) Flow cytometry of interleukin-17-producing T cells demonstrating reduced levels in the patients compared to HC, although not statistically significant ($p = 0.113$). (f) Flow cytometry quantification of $CD4^+CD25^+$ forkhead box protein 3 (FoxP3)⁺ regulatory T cells (T_{regs}) identifying significantly low numbers in the patients compared to HC, correlating with immune dysregulation features seen in the cohort ($p = 0.0001$)

T cell proliferation was quantified by the use of a $[{}^{3}H]$ thymidine incorporation assay in response to CD3 stimuli and revealed reduced proliferation capacity in P2, P4 and P5.

Levels of pSTAT-1 following interferon (IFN)- α stimulation were significantly increased in all the patients compared with healthy controls (HC), both in $CD4^+$ and $CD8^+$ T cells (Figure 2c,d; $p = 0.0008$ and 0.018, respectively), thus confirming the diagnosis of *STAT1* GOF. IL-17-producing T cells were also reduced in the patients, although not statistically significant (Figure 2e; $p = 0.113$). T_{rees} were significantly low in the patients, compared with HC (Table 2; Figure 2f, $p = 0.0001$), compatible with the features of immune dysregulation seen in the cohort.

Examination of the TCR v-β repertoire in the patient cohort demonstrated a normal polyclonal picture in P1, P3, P4 and P5 (Figure 3a,c–e, respectively*)*. In P2, a single clonal expansion was notable ($v\beta$ 20), suggestive of the proliferation of an autoreactive T cell clone (Figure 3b).

Treatment and outcome

All patients are currently alive, with a mean age of 25.4 (7–47) years. P5 was treated with prophylactic itraconazole; the others were prescribed fluconazole. Intravenous immunoglobulins replacement therapy and prophylactic trimethoprim–sulfamethoxazole were commenced in P1, who displayed a combined immune phenotype of specific antibody deficiency and T cell lymphopenia. P1 was also treated with high-dose omeprazole for her epigastric pain, with symptomatic improvement. Treatment with ruxolitinib was not approved by the patients' respective medical insurance policies. P5 is currently completing treatment with rituximab, cyclophosphamide, doxorubicin, vincristine and prednisone (R-CHOP) chemotherapy for stage III diffuse large B cell lymphoma [17].

Facial demodicosis was treated with topical ivermectin 1% cream (P1–P3) and topical metronidazole 0.75% gel (P1

TABLE 2 Immune work-up of patients with $STATI$ gain-of-function mutation **TABLE 2** Immune work-up of patients with *STAT1* gain-of-function mutation

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immunology

FIGURE 3 T cell receptor (TCR) V-β repertoire of the patient cohort. (a,c–e) Examination of TCR v-β repertoire in the patient cohort demonstrates a normal polyclonal phenotype in patients P1, 3, 4 and 5, respectively. (b) In P2, a single clone expansion is notable (vβ 20), suggestive of an autoreactive T cell clone proliferation

and P2). P2 was also treated with oral tetracyclines. P5 was treated with oral ivermectin for chronic blepharitis. All patients responded well to the above-mentioned treatments, but the following cessation of treatment the findings reappeared.

DISCUSSION

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STAT1 GOF is known to induce immune dysregulation, recurrent bacterial, viral and mycobacterial infections, as well as CMCC [3]. This study describes the functional immune characterization of five patients with *STAT1* GOF mutations and demodicosis.

STAT1 GOF mutations are considered to have high penetration with a reported median age of disease onset of 1 year [3]. Although P3 from our study presented at the age of 7 months, median age at the onset of our cohort is 11.11 years. This discrepancy can be related to underdiagnosed and overlooked symptoms and reduced awareness of the possible diagnosis of *STAT1* GOF. Moreover, although the disease onset of patients with *STAT1* GOF appears to be at infancy and early childhood, there are some reports of patients presenting at an older age, such as 14 [18] and 24 years [3].

Immune dysregulation is evident in our patients. Autoimmune manifestations, such as cytopenia and thyroiditis, correlated well with increased anti-TPO autoantibody levels, the expansion of a single autoreactive T cell clone seen in P2 and low counts of T_{regs} . DLBCL in P5 and history of atopic dermatitis and seborrheic dermatitis in P1 further strengthen the immune dysregulation features of our cohort. Interestingly, our patients had polyclonal TCR v-β repertoires. However, the previously published report of nine patients with *STAT1* GOF from China described a different phenotype with a skewed TCR diversity in most patients [19].

In addition to immune dysregulation, low IL-17 production seen in our cohort is a known characteristic of *STAT1* GOF and constitutes the underlying immune mechanism for CMCC via impaired STAT3-dependent Th17 differentiation [2,20–22].

P5 from our cohort was diagnosed with DLBCL. This is, to the best of our knowledge, the first description of DLBCL in *STAT1* GOF. Patients with *STAT1* GOF were previously reported to have increased rates of malignancy, including squamous and gastrointestinal carcinomas [3]. However, the review of the literature yielded only one report of lymphoma in *STAT1* GOF. Patients described were two family members with a T437N *STAT1* GOF mutation presenting with Hodgkin's lymphoma [23]. Thus, our study further emphasizes the unpredicted diversity of manifestations and disease course of *STAT1* GOF.

Chronic demodicosis was not initially reported as a typical manifestation of *STAT1* GOF in a large cohort of patients having this disorder [1]. Recently, four dermatological reports described chronic demodicosis in patients with *STAT1* GOF mutations [10–13]. Second *et al*. reported three family members with *STAT1* GOF who presented with CMCC, chronic demodicosis, recurrent viral infections and poly-autoimmunity, including hypothyroidism, type 1 diabetes mellitus, Sjögren's syndrome and celiac disease. One of the patients had $CD4^+$ and NK cell lymphopenia, as well as low IgM and IgG4 levels [12]. Studies by Sáez-de-Ocariz [13] and Baghad *et al*. [10] have described similar cohorts with prominent immune dysregulation, CMCC, rosacea, chronic demodicosis and blepharitis. However, none of the reports have shown an in-depth immune characterization of the patients.

The T cell response appears to play a pivotal role in the immune defense against *Demodex* [9]. Indeed, a previous report of demodicosis in patients with *STAT1* GOF suggested a plausible mechanism of reduced T cell function and subsequent *Demodex* proliferation [11]. Our study supports this assumption, with reduced T cell proliferation capacity seen in three patients in response to anti-CD3 stimuli.

Interestingly, demodicosis was previously shown to induce Th17-mediated inflammation. This was noted in patients with ocular demodicosis, who had increased levels of tear IL-17 and IL-12 [24]. Therefore, it appears that Th17 may play a role in the host-defense response and also explain the increased susceptibility to demodicosis in *STAT1* GOF.

P1 in our cohort demonstrated specific antibody deficiency. Hypogammaglobulinemia and impaired specific IgG production are not common in *STAT1* GOF. However, there are several reports of patients with *STAT1* GOF and humoral immune deficiency [25–27]. Suggested mechanisms include abnormal B cell differentiation [26] and reduced expression of CD25 on the B cell surface [27]. Although the exact role of humoral response in humans against *Demodex* is not entirely clear, high IgG-secreting plasma cells were found in canine skin samples with demodicosis [9]. Therefore, it appears that the adaptive immune defense against demodicosis may consist of both humoral and cellular responses.

Our study is the first immune description of patients with *STAT1* GOF who presented with chronic demodicosis. Chronic demodicosis may constitute a 'red flag' for an underlying PID. As shown in our report, demodicosis is probably an under-recognized and overlooked manifestation of *STAT1* GOF. Therefore, we propose that the diagnosis of demodicosis, specifically in the context of immune dysregulation and CMCC, should stimulate prompt immune and genetic work-ups. These will allow early diagnosis and better genetic counseling to the patient's family and facilitate treatment with ruxolitinib, which has been shown to have efficacy in *STAT1* GOF [22,28–33].

This study has several limitations. The cohort is small and the study is retrospective in design. Furthermore, demodicosis appears to modulate the innate immune system and specifically decrease TLR-2 expression [34]. Our study is lacking in that it did not evaluate the innate immune systems of the patients. In addition, we did not have sufficient data in order to compare patients with *STAT1* GOF with demodicosis with those without demodicosis. All the immune features presented in our cohort were previously described for patients with *STAT1* GOF presenting without demodicosis [1,6,25,35–39]. Moreover, due to the wide clinical spectrum of *STAT1* GOF, we were not able to pinpoint specific immune characteristics that increase susceptibility to *Demodex* infections. Therefore, further studies of human cohorts, as well as murine models of *STAT1* GOF, should be conducted in order to elucidate the specific immune pathways involved in the host defense against *Demodex* spp.

In conclusion, demodicosis is often overlooked by physicians, who treat the infection but fail to diagnose the underlying PID. We hope in this report to increase awareness of the association between *STAT1* GOF and demodicosis. A collaborative effort between clinical immunologists and dermatologists is required in managing these patients. Prompt immune and genetic work-up is essential and can facilitate better patient care and genetic counseling.

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CONFLICTS OF INTEREST

The authors declare no conflicts of interest.

AUTHOR CONTRIBUTIONS

Oded Shamriz: treatment of patients, study design, immune work-up and writing of the manuscript; Atar Lev and Raz Somech: immune work-up and manuscript revisions; Amos J. Simon: immune and genetic work-ups and manuscript revisions; Ortal Barel and Sigal Matza-Porges: genetic workup; Adir Shaulov, Zev Davidovics, Ori Toker and Abraham Zlotogorski: treatment of patients and manuscript revisions; Vered Molho-Pessach and Yuval Tal: treatment of patients, study design and supervision.

ETHICAL REVIEW

This study was approved by the Institutional Review Board of Hadassah Medical Center (number: HMO-0370-20).

DATA AVAILABILITY STATEMENT

Data are available on request from the authors.

ORCID

Oded Shamriz D<https://orcid.org/0000-0003-3188-2707>

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